

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 10:59 Tithi 16 - 17
Family Home Evening 26.3298578
 Creative Work Amrita Yoga
 Untill 12:04AM Tue
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Indu Vasara Yuktyam Vnr adhapura, Sri Lanka Sutra 364
 Svati Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau

Gulika 1:42PM - 3:14PM
Yama 10:37AM - 12:10PM
Rahu 7:33AM - 9:05AM

Svati Untill 12:04AM Tue
Vajra* Untill 10:37PM
 Tailita Untill 9:46PM
Prathama* Untill 8:29AM

Ganesh: Yellow
Muruga: Clear
Nataraja: Clear
 Moon - Green
Chaitra-Chaitra

Sunrise: 6:04AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 1st Phase

1**Tuesday, April 15, 2025**

Tula Rasi: 22:5 Tithi 17 - 18
 27.3298578
 Routine Work Marana Yoga
 Untill 3:10AM Wed
 Then Creative Work - Siddha Yoga

Gulika 12:09PM - 1:42PM
Yama 9:05AM - 10:37AM
Rahu 3:14PM - 4:46PM

Vishakha Untill 3:10AM Wed
 Siddhi Untill 11:31PM
 Vanija Untill 12:11AM Wed
Dvitiya Untill 10:58AM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra

Sunrise: 6:00AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 1st Phase
 Devaloka Time: 3PM to 6PM

2**Wednesday, April 16, 2025**

Vischika Rasi: 4:44 Tithi 18 - 19
 27.3298578
 Creative Work Siddha Yoga
 Untill 5:54AM Thu
 Then Routine Work - Prabarishtha Yoga

Gulika 10:37AM - 12:09PM
Yama 7:32AM - 9:04AM
Rahu 12:09PM - 1:41PM

Anuradha Untill 5:54AM Thu
 Vyatipata* Untill 12:17AM Thu
 Bava Untill 2:25AM Thu
Tritiya Untill 1:19PM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra

Sunrise: 6:00AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 2 1st Phase
 Devaloka Time: 3PM to 6PM

3**Thursday, April 17, 2025**

Vischika Rasi: 16:43 Tithi 19 - 20
 27.3298578
 Routine Work Prabarishtha Yoga
 Untill 8:10AM Fri
 Then Creative Work - Amrita Yoga

Gulika 9:04AM - 10:36AM
Yama 5:59AM - 7:32AM
Rahu 1:41PM - 3:14PM

Jyeshtha* Untill 8:10AM Fri
 Varjyan Untill 12:47AM Fri
 Kaulava Untill 4:21AM Fri
Chaturthi* Untill 3:24PM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra

Sunrise: 5:59AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 3 1st Phase
 Devaloka Time: 3PM to 6PM

4**Friday, April 18, 2025**

Vischika Rasi: 28:48 Tithi 20 - 21
 27.3298578
 Routine Work Marana Yoga
 Untill 8:10AM
 Then Creative Work - Amrita Yoga

Gulika 7:31AM - 9:04AM
Yama 5:59AM - 7:32AM
Rahu 10:36AM - 12:09PM

Jyeshtha* Untill 8:10AM
 Parigha* Untill 1:01AM Sat
 Gara Untill 5:52AM Sat
Panchami Untill 5:09PM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra

Sunrise: 5:59AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 4 1st Phase
 Devaloka Time: 3PM to 6PM

5**Saturday, April 19, 2025**

Dhanus Rasi: 11:04 Tithi 21
 28.3298578
 Creative Work Siddha Yoga

Gulika 5:59AM - 7:31AM
Yama 1:41PM - 3:13PM
Rahu 9:03AM - 10:36AM

Mula* Untill 10:21AM
 Shiva Untill 12:53AM Sun
 Vanija Untill 6:25PM
Shashthi* Untill 6:25PM

Ganesh: Red
Muruga: Clear
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra

Sunrise: 5:59AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 5 1st Phase

6**Sunday, April 20, 2025**

Dhanus Rasi: 23:34 Tithi 22
 28.3298578
 Creative Work Siddha Yoga
 Untill 11:50AM
 Then Creative Work - Amrita Yoga

Gulika 3:13PM - 4:46PM
Yama 12:08PM - 1:41PM
Rahu 4:46PM - 6:18PM

Purvashadha* Untill 11:50AM
 Siddha Untill 12:14AM Mon
 Visi Untill 6:52AM
Saptami Untill 7:06PM

Ganesh: Red
Muruga: Clear
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra

Sunrise: 5:58AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 6 1st Phase

D**Monday, April 21, 2025****Retreat Star**

Makara Rasi: 6:22 Tithi 23
Family Home Evening 28.3298578
 Routine Work Marana Yoga
 Untill 12:32PM
 Then Creative Work - Amrita Yoga

Gulika 1:41PM - 3:13PM
Yama 10:35AM - 12:08PM
Rahu 7:30AM - 9:03AM

Uttarashadha Untill 12:32PM
 Sadhya Untill 11:02PM
 Balava Untill 7:12AM
Ashlami* Untill 7:05PM

Ganesh: Red
Muruga: Clear
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra

Sunrise: 5:58AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 7 1st Phase
 Ashtami

Tuesday, April 22, 2025**Retreat Star**

Makara Rasi: 19:31 Tithi 24
 29.3298578
 Creative Work Siddha Yoga

Gulika 12:08PM - 1:40PM
Yama 9:03AM - 10:35AM
Rahu 3:13PM - 4:46PM

Shravana Untill 12:48PM
 Subha Untill 9:16PM
 Tailita Untill 6:49AM
Navam* Untill 6:19PM

Ganesh: Green
Muruga: Clear
Nataraja: Clear
 Moon - Purple
Chaitra-Chaitra

Sunrise: 5:57AM
Sunset: 6:18PM
Devaloka Day
 Moon 4 - Phase 1 - 8 1st Phase
 Navami
 Devaloka Time: 3PM to 6PM

Chidambaram Abhishekam

Navam* Untill 6:19PM

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

www.gurudeva.org/pancham

1		Wednesday, April 23, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше Баіша Весапа Уктыяям Vnu adbhapura, Sri Lanka Sun 9 Sutra 9	
Kumbha Rasi: 3.06	Tithi 25 – 26	Gulika	10:35AM – 12:08PM	Dhanishtu Until 12:10PM	Ganesh: Green Sunrise: 5:57AM
		Yama	7:30AM – 9:02AM	Sukla Until 6:51PM	Muruga: Clear Sunset: 6:18PM
Routine Work Prabalarishta Yoga		Rahu	12:08PM – 1:40PM	Bava Until 3:46AM Thu	Moon 4 - Phase 2 - 9 2nd Phase
Until 12:10PM		Dashedmi Until 4:47PM			Bhuloka Day
Then Creative Work - Siddha Yoga		Moon - Purple Chaitra-Chaitra			Devaloka Time: 3PM to 6PM

2		Thursday, April 24, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Guru Visara Yuktayam Vnu adbhapura, Sri Lanka Sun 10 Sutra 10	
Kumbha Rasi: 17.07	Tithi 26 – 27	Gulika	9:02AM – 10:35AM	Shalabhshak Until 10:40AM	Ganesh: Green Sunrise: 5:56AM
		Yama	5:56AM – 7:29AM	Brahma Until 3:53PM	Muruga: Clear Sunset: 6:18PM
Creative Work Siddha Yoga		Rahu	1:40PM – 3:13PM	Kaulava Until 1:13AM Fri	Moon 4 - Phase 2 - 10 2nd Phase
Until 6:22AM		Ekadashi* Until 2:33PM			Bhuloka Day
Then Routine Work - Prabalarishta Yoga		Moon - Purple Chaitra-Chaitra			Devaloka Time: 3PM to 6PM

3		Friday, April 25, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Sukla Visara Yuktayam Vnu adbhapura, Sri Lanka Sun 11 Sutra 11	
Meesha Rasi: 1.35	Tithi 27 – 28	Gulika	7:29AM – 9:02AM	Purvaproshtapada* Until 8:50AM	Ganesh: Purple Sunrise: 5:56AM
		Yama	3:13PM – 4:46PM	Indra Until 12:27PM	Muruga: Clear Sunset: 6:18PM
Creative Work Siddha Yoga		Rahu	10:34AM – 12:07PM	Gara Until 10:08PM	Moon 4 - Phase 2 - 11 2nd Phase
Until 6:22AM		Dvadashi* Until 11:43AM			Devaloka Day
Then Routine Work - Prabalarishta Yoga		Pradosha Vata (Fasting)			

4		Saturday, April 26, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Manta Visara Yuktayam Vnu adbhapura, Sri Lanka Sun 12 Sutra 12	
Meesha Rasi: 16.25	Tithi 28 – 29	Gulika	5:56AM – 7:29AM	Uttaraproshtapada Until 6:22AM	Ganesh: Purple Sunrise: 5:56AM
		Yama	1:40PM – 3:13PM	Vaidhiti* Until 8:36AM	Muruga: Clear Sunset: 6:18PM
Creative Work Siddha Yoga		Rahu	9:01AM – 10:34AM	Visti Until 6:38PM	Moon 4 - Phase 2 - 12 2nd Phase
Until 6:22AM		Trayodashi* Until 8:24AM			Devaloka Day
Then Routine Work - Prabalarishta Yoga		Chaitra-Chaitra			

●		Sunday, April 27, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Bhanu Visara Yuktayam Vnu adbhapura, Sri Lanka Sun 13 Sutra 13	
Retreat Star		Gulika	3:13PM – 4:46PM	Ashvini Until 12:35AM Mon	Ganesh: Orange Sunrise: 5:55AM
Meesha Rasi: 1.32	Tithi 30	Yama	12:07PM – 1:40PM	Prihi Until 12:15AM Mon	Muruga: Clear Sunset: 6:18PM
		Rahu	4:46PM – 6:18PM	Calspada Until 2:54PM	Moon 4 - Phase 2 - 13 Amavasya
Creative Work Siddha Yoga		Amavasya* Until 12:59AM Mon			Sivaloka Day
Until 9:36PM		Moon - White Chaitra-Chaitra			

Monday, April 28, 2025		Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Sukla Paikhe: Indu Visara Yuktayam Vnu adbhapura, Sri Lanka Sun 14 Sutra 14	
Meesha Rasi: 16.46	Tithi 1	Gulika	1:40PM – 3:13PM	Bharani Until 9:36PM	Ganesh: Orange Sunrise: 5:55AM
		Yama	10:34AM – 12:07PM	Ayushman Until 8:00PM	Muruga: Clear Sunset: 6:18PM
Family Home Evening		Rahu	7:28AM – 9:01AM	Kintughna Until 11:05AM	Moon 4 - Phase 2 - 14 Prathama
Creative Work Siddha Yoga		Prathama* Until 9:11PM			Sivaloka Day
Until 9:36PM		Moon - White Vaisaka-Chaitra			
Then Routine Work - Marana Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025

Wishabha Rasi: 1.58 Tithi 2 - 3
Creative Work Siddha Yoga
Until 6:40PM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam		Kritika Nakshatra Saubhagya/Sobhana Yoga Balava/Taila Karana Dvitiya/Tritiya/Tilau		Vnr adbhapura, Sri Lanka Sun 15 Sutra 15	
Gulika	12:07PM - 1:40PM	Kritika Until 6:40PM	Ganesh: Clear	Sunrise: 5:55AM	Vasavasu 5:17
Yama	9:01AM - 10:34AM	Saubhagya Until 3:53PM	Muruga: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 15
Rahu	3:13PM - 4:46PM	Balava Until 7:21AM	Nataraja: Purple		3rd Phase
		Dvitiya Until 5:33PM	Moon - White		Sivaloka Day
			Vaisaka-Chaitra		

2 Wednesday, April 30, 2025

Wishabha Rasi: 16.58 Tithi 3 - 4
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mocha Mase Sula Paksho Butha Vesara Yuktayam		Rohini Nakshatra Ahiganda/ Yaga Gar/Vanija Karana Tritiya/Chaturtham Tilau		Vnr adbhapura, Sri Lanka Sun 16 Sutra 16	
Gulika	10:33AM - 12:06PM	Rohini Until 4:20PM	Ganesh: Clear	Sunrise: 5:54AM	Vasavasu 5:17
Yama	7:27AM - 9:00AM	Sobhana Until 12:03PM	Muruga: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 16
Rahu	12:06PM - 1:39PM	Vanija Until 12:49AM Thu	Nataraja: Purple		3rd Phase
		Tritiya Until 2:16PM	Moon - Yellow		Sivaloka Day
			Vaisaka-Chaitra		

3 Thursday, May 1, 2025

Mithuna Rasi: 1.37 Tithi 4 - 5
Routine Work Marana Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mocha Mase Sula Paksho Guru Vesara Yuktayam		Migashira/Ardra Nakshatra Ahiganda/Sukama Yoga Vairi/Bava Karana Chaturthi/Panchamam Tilau		Vnr adbhapura, Sri Lanka Sun 17 Sutra 17	
Gulika	9:00AM - 10:33AM	Migashira Until 2:23PM	Ganesh: Purple	Sunrise: 5:54AM	Vasavasu 5:17
Yama	5:54AM - 7:27AM	Ahiganda/ Until 8:35AM	Muruga: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 17
Rahu	1:39PM - 3:12PM	Bava Until 10:19PM	Nataraja: Purple		3rd Phase
		Chaturthi/ Until 11:28AM	Moon - Yellow		Devaloka Day
			Vaisaka-Chaitra		

4 Friday, May 2, 2025

Mithuna Rasi: 15.52 Tithi 5 - 6
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam		Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Sashthiyam Tilau		Vnr adbhapura, Sri Lanka Sun 18 Sutra 18	
Gulika	7:27AM - 9:00AM	Ardra Until 12:57PM	Ganesh: Purple	Sunrise: 5:54AM	Vasavasu 5:17
Yama	3:12PM - 4:46PM	Dhriti Until 3:20AM Sat	Muruga: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 18
Rahu	10:33AM - 12:06PM	Kaulava Until 8:32PM	Nataraja: Purple		3rd Phase
		Panchami Until 9:19AM	Moon - Yellow		Devaloka Day
			Vaisaka-Chaitra		

5 Saturday, May 3, 2025

Mithuna Rasi: 29.38 Tithi 6 - 7
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Manta Vesara Yuktayam		Punarvasu/Pushya Nakshatra Shula/ Yaga Talila/Gara Karana Shashthi/Saptamam Tilau		Vnr adbhapura, Sri Lanka Sun 19 Sutra 19	
Gulika	5:53AM - 7:27AM	Punarvasu Until 12:34PM	Ganesh: Clear	Sunrise: 5:53AM	Vasavasu 5:17
Yama	1:39PM - 3:12PM	Shula/ Until 1:39AM Sun	Muruga: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 19
Rahu	9:00AM - 10:33AM	Gara Until 7:32PM	Nataraja: Purple		3rd Phase
		Shashthi/ Until 7:54AM	Moon - Blue		Sivaloka Day
			Vaisaka-Chaitra		

Sunday, May 4, 2025

Retreat Star
Kataka Rasi: 12.56 Tithi 7 - 8
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vesara Yuktayam		Pushya/Ashlesha/ Nakshatra Ganda/ Yaga Vanija/Visi/ Karana Saptami/Ashramam Tilau		Vnr adbhapura, Sri Lanka Sun 20 Sutra 20	
Gulika	3:12PM - 4:46PM	Pushya Until 12:52PM	Ganesh: Clear	Sunrise: 5:53AM	Vasavasu 5:17
Yama	12:06PM - 1:39PM	Ganda/ Until 12:39AM Mon	Muruga: Clear	Sunset: 6:18PM	Moon 4 - Phase 3 - 20
Rahu	4:46PM - 6:19PM	Visi Until 7:23PM	Nataraja: Purple		Ashtami
		Saptami Until 7:20AM	Moon - Blue		Sivaloka Day
			Vaisaka-Chaitra		

Monday, May 5, 2025

Retreat Star
Kataka Rasi: 25.47 Tithi 8 - 9
Family Home Evening
Creative Work Siddha Yoga
Until 1:50PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Indu Vesara Yuktayam		Ashlesha/Vidisha/ Nakshatra Viddhi Yoga Bava/Balava Karana Ashtami/Navamam Tilau		Vnr adbhapura, Sri Lanka Sun 21 Sutra 21	
Gulika	1:39PM - 3:12PM	Ashlesha/ Until 1:50PM	Ganesh: Clear	Sunrise: 5:53AM	Vasavasu 5:17
Yama	10:33AM - 12:06PM	Viddhi Until 12:18AM Tue	Muruga: Red	Sunset: 6:18PM	Moon 4 - Phase 3 - 21
Rahu	7:26AM - 8:59AM	Balava Until 8:03PM	Nataraja: Purple		Navami
		Ashtami/ Until 7:36AM	Moon - Blue		Sivaloka Day
			Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam 'nru adbhapura, Sri Lanka Sun 22 Sutra 22			
Simha Rasi: 8.17	Tithi 9 - 10	Gulika 254318579	Magha* Until 3:50PM Dhruva Until 12:27AM Wed Taitila Until 9:26PM Navami* Until 8:39AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Vaisaka-Chaitra	Sunrise: 5:53AM Sunset: 6:19PM Moon 4 - Phase 4 - 22 4th Phase
Creative Work	Siddha Yoga				Devaloka Day

2 Wednesday, May 7, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vesara Yuktayam 'nru adbhapura, Sri Lanka Sun 23 Sutra 23			
Simha Rasi: 20.3	Tithi 10 - 11	Gulika 254318579	Purvaphalguni Until 6:16PM Vyaghata* Until 1:03AM Thu Vanija Until 11:24PM Dashami Until 10:20AM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Vaisaka-Chaitra	Sunrise: 5:52AM Sunset: 6:19PM Moon 4 - Phase 4 - 23 4th Phase
Creative Work	Amrita Yoga				Devaloka Day

3 Thursday, May 8, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vesara Yuktayam 'nru adbhapura, Sri Lanka Sun 24 Sutra 24			
Kanya Rasi: 2.3	Tithi 11 - 12	Gulika 254318579	Uttaraphalguni Until 8:57PM Harshana Until 1:57AM Fri Bava Until 1:45AM Fri Ekadashi Until 12:31PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Vaisaka-Chaitra	Sunrise: 5:52AM Sunset: 6:19PM Moon 4 - Phase 4 - 24 4th Phase
Amrita Yoga					Devaloka Day
Until 8:57PM					
Then Routine Work - Marana Yoga					

4 Friday, May 9, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam 'nru adbhapura, Sri Lanka Sun 25 Sutra 25			
Kanya Rasi: 14.23	Tithi 12 - 13	Gulika 264318579	Hasla Until 12:10AM Sat Vajra* Until 2:58AM Sat Kaulava Until 4:18AM Sat Dvadashi Until 2:59PM	Ganesh: Yellow Muruga: Red Nataraja: Purple Moon - Green Vaisaka-Chaitra	Sunrise: 5:52AM Sunset: 6:19PM Moon 4 - Phase 4 - 25 4th Phase
Creative Work	Amrita Yoga				Sivaloka Day
Until 12:10AM Sat					
Then Routine Work - Marana Yoga					
<i>Pradosha Vata</i>					

5 Saturday, May 10, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vesara Yuktayam 'nru adbhapura, Sri Lanka Sun 26 Sutra 26			
Kanya Rasi: 26.11	Tithi 13 - 14	Gulika 265318579	Chitra Until 3:17AM Sun Siddhi Until 4:01AM Sun Gara Until 6:52AM Sun Trayodashi Until 5:34PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Green Vaisaka-Chaitra	Sunrise: 5:52AM Sunset: 6:20PM Moon 4 - Phase 4 - 26 4th Phase
Routine Work	Marana Yoga				Subha Sivaloka Day
Until 3:17AM Sun					
Then Creative Work - Siddha Yoga					

6 Sunday, May 11, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vesara Yuktayam 'nru adbhapura, Sri Lanka Sun 27 Sutra 27			
Tula Rasi: 7.59	Tithi 14	Gulika 265318579	Svati Until 6:09AM Mon Vyajipala* Until 5:02AM Mon Gara Until 6:52AM Chalurdashi* Until 8:06PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Green Vaisaka-Chaitra	Sunrise: 5:51AM Sunset: 6:20PM Moon 4 - Phase 4 - 27 4th Phase
Creative Work	Siddha Yoga				Subha Sivaloka Day
Until 6:09AM Mon					
Then Routine Work - Marana Yoga					

Monday, May 12, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vesara Yuktayam 'nru adbhapura, Sri Lanka Sun 28 Sutra 28			
Copper Retreat Star		Gulika 265318579	Svati Until 6:09AM Varjyan Until 5:52AM Tue Visi Until 9:20AM Purnima* Until 10:29PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Green Vaisaka-Chaitra	Sunrise: 5:51AM Sunset: 6:20PM Moon 4 - Phase 4 - Purnima
Tula Rasi: 19.5	Tithi 15				
Family Home Evening					Subha Sivaloka Day
Until 6:09AM					
Then Routine Work - Marana Yoga					

Tuesday, May 13, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Mangala Vesara Yuktayam 'nru adbhapura, Sri Lanka Sun 29 Sutra 29			
Silver Retreat Star		Gulika 275318579	Vishakha Until 9:10AM Parigaha* Until 6:33AM Wed Balava Until 11:37AM Prathama* Until 12:38AM Wed	Ganesh: Yellow Muruga: Red Nataraja: Purple Moon - Orange Vaisaka-Chaitra	Sunrise: 5:51AM Sunset: 6:20PM Moon 4 - Phase 4 - Prathama
Wishika Rasi: 1.44	Tithi 16				
Routine Work	Marana Yoga				Sivaloka Day
Until 9:10AM					
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Wednesday, May 14, 2025****Gold Retreat Star**

Wischika Rasi: 13.45 Tithi 17

Creative Work Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Будха Васара Yuktayam Anuradha/Jyeshtha* Nakshatra Parigha*Shiva Yoga Talilla/Gara Karana Dvityayam Tilau

Gulika 10:32AM - 12:05PM
Yama 7:24AM - 8:58AM
Rahu 12:05PM - 1:39PM

Anuradha Untill 11:47AM
Parigha* Untill 6:33AM
Talilla Untill 1:38PM
Dvitiya Untill 2:31AM Thu

Ganesha: Yellow
Muruga: Red
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Sunrise: 5:51AM
Sunset: 6:20PM

Moon 5 - Phase 5 - 1
1st Phase

Sivaloka Day

Anuradha, Sri Lanka

Sun 1 Sutra 30

Viswawasu 5:17

Moon 5 - Phase 5 - 1

1st Phase

Thursday, May 15, 2025

Wischika Rasi: 25.52 Tithi 18

Routine Work Prabalarishta Yoga

Untill 1:57PM

Then Creative Work - Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Гуну Васара Yuktayam Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Vanija/Visi* Karana Tritiyayam Tilau

Gulika 8:58AM - 10:32AM
Yama 5:51AM - 7:24AM
Rahu 1:39PM - 3:13PM

Jyeshtha* Untill 1:57PM
Shiva Untill 7:01AM
Vanija Untill 3:21PM
Tritiya Untill 4:04AM Fri

Ganesha: Yellow
Muruga: Red
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Sunrise: 5:51AM
Sunset: 6:20PM

Moon 5 - Phase 5 - 1
1st Phase

Sivaloka Day

Anuradha, Sri Lanka

Sun 2 Sutra 31

Viswawasu 5:17

Moon 5 - Phase 5 - 1

1st Phase

Friday, May 16, 2025

Dhanus Rasi: 8.07 Tithi 19

Creative Work Amrita Yoga

Untill 4:07PM

Then Routine Work - Prabalarishta Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha/Sadha Yoga Bava/Balava Karana Chaturthayam Tilau

Gulika 7:24AM - 8:58AM
Yama 3:13PM - 4:47PM
Rahu 10:32AM - 12:05PM

Mula* Untill 4:07PM
Siddha Untill 7:12AM
Bava Untill 4:44PM
Chaturthi* Untill 5:16AM Sat

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Sunrise: 5:50AM
Sunset: 6:20PM

Moon 5 - Phase 5 - 1
1st Phase

Subha Sivaloka Day

Anuradha, Sri Lanka

Sun 3 Sutra 32

Viswawasu 5:17

Moon 5 - Phase 5 - 1

1st Phase

Saturday, May 17, 2025

Dhanus Rasi: 20.31 Tithi 20

Creative Work Siddha Yoga

Untill 5:44PM

Then Routine Work - Marana Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sadha/Sadha Yoga Kaulava/Taila Karana Panchmayam Tilau

Gulika 5:50AM - 7:24AM
Yama 1:39PM - 3:13PM
Rahu 8:58AM - 10:32AM

Purvashadha* Untill 5:44PM
Sadha Untill 7:07AM
Kaulava Untill 5:43PM
Panchami Untill 6:01AM Sun

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Sunrise: 5:50AM
Sunset: 6:21PM

Moon 5 - Phase 5 - 4
1st Phase

Subha Sivaloka Day

Anuradha, Sri Lanka

Sun 4 Sutra 33

Viswawasu 5:17

Moon 5 - Phase 5 - 4

1st Phase

Sunday, May 18, 2025

Makara Rasi: 3.07 Tithi 20 - 21

Creative Work Amrita Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Bhanu Vasara Yuktayam Uttarashadha Nakshatra Subha/Sukla Yoga Talilla/Gara Karana Panchami/Shashthayam Tilau

Gulika 3:13PM - 4:47PM
Yama 12:06PM - 1:39PM
Rahu 4:47PM - 6:21PM

Uttarashadha Untill 6:45PM
Subha Untill 6:43AM
Gara Untill 6:15PM
Panchami Untill 6:01AM

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon - Light Blue
Vaisaka-Vaikasi

Sunrise: 5:50AM
Sunset: 6:21PM

Moon 5 - Phase 5 - 5
1st Phase

Subha Sivaloka Day

Anuradha, Sri Lanka

Sun 5 Sutra 34

Viswawasu 5:17

Moon 5 - Phase 5 - 5

1st Phase

Monday, May 19, 2025

Makara Rasi: 15.57 Tithi 21 - 22

Family Home Evening

Creative Work Amrita Yoga

Untill 7:33PM

Then Creative Work - Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Indu Vasara Yuktayam Shrawana Nakshatra Brahma Yoga Vanija/Visi* Karana Shashthi/Saptamayam Tilau

Gulika 1:39PM - 3:13PM
Yama 10:32AM - 12:05PM
Rahu 7:24AM - 8:58AM

Shrawana Untill 7:33PM
Brahma Untill 4:38AM Tue
Visi Untill 6:13PM
Shashthi* Untill 6:17AM

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Sunrise: 5:50AM
Sunset: 6:21PM

Moon 5 - Phase 5 - 6
1st Phase

Devaloka Day

Anuradha, Sri Lanka

Sun 6 Sutra 35

Viswawasu 5:17

Moon 5 - Phase 5 - 6

1st Phase

Tuesday, May 20, 2025

Retreat Star

Makara Rasi: 29.04 Tithi 23

Creative Work Siddha Yoga

Untill 7:36PM

Then Routine Work - Marana Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Mangala Vasara Yuktayam Dhanishtha Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamayam Tilau

Gulika 12:06PM - 1:39PM
Yama 8:58AM - 10:32AM
Rahu 3:13PM - 4:47PM

Dhanishtha Untill 7:36PM
Indra Untill 2:53AM Wed
Balava Untill 5:36PM
Ashtami* Untill 5:01AM Wed

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Sunrise: 5:50AM
Sunset: 6:21PM

Moon 5 - Phase 5 - 7
Ashtami

Devaloka Day

Anuradha, Sri Lanka

Sun 7 Sutra 36

Viswawasu 5:17

Moon 5 - Phase 5 - 7

Ashtami

Wednesday, May 21, 2025

Retreat Star

Kumbha Rasi: 12.32 Tithi 24

Creative Work Siddha Yoga

Untill 6:52PM

Then Creative Work - Amrita Yoga

Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабхе Масе Кгішна Пакше Budha Vasara Yuktayam Shatabhishak Nakshatra Vaidhriti* Karana Navamayam Tilau

Gulika 10:32AM - 12:05PM
Yama 7:24AM - 8:58AM
Rahu 12:06PM - 1:40PM

Shatabhishak Untill 6:52PM
Vaidhriti* Untill 12:35AM Thu
Talilla Untill 4:20PM
Navam* Untill 3:26AM Thu

Ganesha: Blue
Muruga: Red
Nataraja: Purple
Moon - Purple
Vaisaka-Vaikasi

Sunrise: 5:50AM
Sunset: 6:21PM

Moon 5 - Phase 5 - 8
Navami

Devaloka Day

Anuradha, Sri Lanka

Sun 8 Sutra 37

Viswawasu 5:17

Moon 5 - Phase 5 - 8

Navami

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Wednesday, May 28, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Budha Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 15 Sutra 44		
Wishabha Rasi: 25.17	Tilhi 2	Gulika 10:32AM - 12:06PM Yama 7:24AM - 8:58AM Rahu 12:06PM - 1:40PM	Mrigashira Until 12:31AM Thu Dhriti Until 7:10PM Balava Until 3:29PM Dvitiya Until 1:58AM Thu	Ganesh: Green Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Yellow Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga Until 12:31AM Thu Then Routine Work - Marana Yoga	337418579			
2 Thursday, May 29, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Guru Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 16 Sutra 45		
Mithuna Rasi: 9.59	Tilhi 3	Gulika 8:58AM - 10:32AM Yama 5:50AM - 7:24AM Rahu 1:41PM - 3:15PM	Ardra Until 10:33PM Shula* Until 3:48PM Taitila Until 12:37PM Tritiya Until 11:23PM	Ganesh: Green Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Yellow Moon 5 - Phase 7 - 12 3rd Phase Devaloka Day Jyeshtha-Vaikasi
Routine Work Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga	337418579			
3 Friday, May 30, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Sukra Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 17 Sutra 46		
Mithuna Rasi: 24.18	Tilhi 4	Gulika 7:24AM - 8:58AM Yama 3:15PM - 4:49PM Rahu 10:32AM - 12:07PM	Purnvasu Until 9:32PM Ganda* Until 12:58PM Vanija Until 10:20AM Chaturthi* Until 9:27PM	Ganesh: White Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Blue Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga Until 9:32PM Then Routine Work - Marana Yoga	347418579			
4 Saturday, May 31, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Marta Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 17 Sutra 47		
Kalka Rasi: 8.1	Tilhi 5	Gulika 5:50AM - 7:24AM Yama 1:41PM - 3:15PM Rahu 8:58AM - 10:32AM	Pushya Until 9:09PM Viddhi Until 10:45AM Bava Until 8:48AM Panchami Until 8:19PM	Ganesh: White Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Blue Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga Until 9:09PM Then Routine Work - Marana Yoga	347418579			
5 Sunday, June 1, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Bhanu Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 19 Sutra 48		
Kalka Rasi: 21.32	Tilhi 6	Gulika 3:15PM - 4:50PM Yama 12:07PM - 1:41PM Rahu 4:50PM - 6:24PM	Ashlesha* Until 9:28PM Dhruva Until 9:11AM Kaulava Until 8:05AM Shashthi* Until 8:02PM	Ganesh: White Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Blue Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga Until 9:28PM Then Routine Work - Marana Yoga	347418579			
6 Monday, June 2, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Indu Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 20 Sutra 49		
Simha Rasi: 4.27	Tilhi 7	Gulika 1:41PM - 3:16PM Yama 10:33AM - 12:07PM Rahu 7:24AM - 8:58AM	Magha* Until 10:56PM Vyaghala* Until 8:20AM Gara Until 8:15AM Saptami Until 8:38PM	Ganesh: White Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Red Moon 5 - Phase 7 - 20 3rd Phase Subha Sivaloka Day Jyeshtha-Vaikasi
Family Home Evening Routine Work Marana Yoga Until 10:56PM Then Creative Work - Siddha Yoga	358418579			
Retreat Star		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Mangala Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 21 Sutra 50		
Simha Rasi: 16.58	Tilhi 8	Gulika 12:07PM - 1:41PM Yama 8:59AM - 10:33AM Rahu 3:16PM - 4:50PM	Purvaphalguni Until 1:00AM Wed Harshana Until 8:09AM Visi Until 9:15AM Ashlami* Until 10:00PM	Ganesh: White Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Red Moon 5 - Phase 7 - 21 3rd Phase Subha Sivaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga Until 1:00AM Wed Then Creative Work - Amrita Yoga	358418579			
Wednesday, June 4, 2025		Vishvasu Nama Samvatsara Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Budha Vasara Yuktayam Inur adbhapura, Sri Lanka Sun 22 Sutra 51		
Simha Rasi: 29.31	Tilhi 9	Gulika 10:33AM - 12:07PM Yama 7:24AM - 8:59AM Rahu 12:07PM - 1:42PM	Uttaraphalguni Until 3:28AM Thu Vajra* Until 8:29AM Balava Until 10:56AM Navami* Until 11:58PM	Ganesh: White Sunrise: 5:50AM Muruga: Red Sunset: 6:29PM Nataraja: Purple Moon - Red Moon 5 - Phase 7 - 22 Navami Subha Sivaloka Day Jyeshtha-Vaikasi
Creative Work Amrita Yoga Until 3:28AM Thu Then Routine Work - Marana Yoga	358418579			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Thursday, June 5, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Guru Vasara Yuktayam Hasta Nakshatra Siddhi/Vyapata* Yoga Talila/Gara Karana Dashamyam Titau				Vnu adbhapura, Sri Lanka Sun 23 Sutra 52	
Kanya Rasi: 11.1	Tithi 10	Gulika 8:59AM - 10:33AM	Hasta Until 6:36AM Fri	Ganesh: Clear	Sunrise: 5:50AM	Vasavasu 5:17	
		Yama 5:50AM - 7:24AM	Siddhi Until 9:15AM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - 23	
		Rahu 1:42PM - 3:16PM	Tailila Until 1:09PM	Nataraja: Blue		4th Phase	
Routine Work - Marana Yoga			Dashami Until 2:21AM Fri	Yeshtha-Vaikasi		Sivaloka Day	
Until 6:36AM Fri							
Then Creative Work - Siddha Yoga							
2 Friday, June 6, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyapata* Varyan Yoga Vanija/Vesil* Karana Ekadashyam Titau				Vnu adbhapura, Sri Lanka Sun 24 Sutra 53	
Kanya Rasi: 23.01	Tithi 11	Gulika 7:25AM - 8:59AM	Hasta Until 6:36AM	Ganesh: Clear	Sunrise: 5:50AM	Vasavasu 5:17	
		Yama 3:16PM - 4:51PM	Vyapata* Until 10:15AM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - 24	
		Rahu 10:33AM - 12:08PM	Bava Until 3:38PM	Nataraja: Blue		4th Phase	
Creative Work - Amrita Yoga			Ekadashi Until 4:53AM Sat	Yeshtha-Vaikasi		Sivaloka Day	
Until 6:36AM							
Then Creative Work - Siddha Yoga							
3 Saturday, June 7, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Mania Vasara Yuktayam Chitra/Svali Nakshatra Varyan/Parigha* Yoga Bava Karana Dvadashyam Titau				Vnu adbhapura, Sri Lanka Sun 25 Sutra 54	
Tula Rasi: 4.5	Tithi 12	Gulika 5:50AM - 7:25AM	Chitra Until 9:42AM	Ganesh: Clear	Sunrise: 5:50AM	Vasavasu 5:17	
		Yama 1:42PM - 3:17PM	Varyan Until 11:18AM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - 25	
		Rahu 8:59AM - 10:33AM	Bava Until 6:10PM	Nataraja: Blue		4th Phase	
Routine Work - Marana Yoga			Dvadashi Until 7:22AM Sun	Yeshtha-Vaikasi		Sivaloka Day	
Until 9:42AM							
Then Creative Work - Siddha Yoga							
4 Sunday, June 8, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Bhru Vasara Yuktayam Svali/Vishakha Nakshatra Parigha* Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Vnu adbhapura, Sri Lanka Sun 26 Sutra 55	
Tula Rasi: 16.4	Tithi 12 - 13	Gulika 3:17PM - 4:51PM	Svali Until 12:34PM	Ganesh: Clear	Sunrise: 5:50AM	Vasavasu 5:17	
		Yama 1:42PM - 3:17PM	Parigha* Until 12:19PM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - 26	
		Rahu 4:51PM - 6:26PM	Kaulava Until 8:34PM	Nataraja: Blue		4th Phase	
Creative Work - Siddha Yoga			Dvadashi Until 7:22AM	Yeshtha-Vaikasi		Sivaloka Day	
Until 12:34PM		Vaikasi Visakam	Pradosha Vata				
Then Routine Work - Marana Yoga							
5 Monday, June 9, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Vnu adbhapura, Sri Lanka Sun 27 Sutra 56	
Tula Rasi: 28.34	Tithi 13 - 14	Gulika 1:43PM - 3:17PM	Vishakha Until 3:33PM	Ganesh: Clear	Sunrise: 5:51AM	Vasavasu 5:17	
		Yama 10:34AM - 12:08PM	Shiva Until 1:10PM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - 27	
		Rahu 7:25AM - 8:59AM	Gara Until 10:43PM	Nataraja: Blue		4th Phase	
Family Home Evening			Trayodashi Until 9:40AM	Yeshtha-Vaikasi		Sivaloka Day	
Routine Work - Marana Yoga							
Until 3:33PM							
Then Creative Work - Siddha Yoga							
○ Tuesday, June 10, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Mangala Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Vanija/Vesil* Karana Chaturdashi/Purnimayam Titau				Vnu adbhapura, Sri Lanka Sun 28 Sutra 57	
Copper Retreat Star		Gulika 12:08PM - 1:43PM	Anuradha Until 6:03PM	Ganesh: Clear	Sunrise: 5:51AM	Vasavasu 5:17	
Witschika Rasi: 10.34	Tithi 14 - 15	Yama 9:00AM - 10:34AM	Siddha Until 1:44PM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - Purnima	
		Rahu 3:17PM - 4:52PM	Vesil Until 12:31AM Wed	Nataraja: Blue			
Creative Work - Siddha Yoga			Chaturdash* Until 11:39AM	Yeshtha-Vaikasi		Sivaloka Day	
Until 6:03PM							
Then Routine Work - Marana Yoga							
Wednesday, June 11, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksha Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Vnu adbhapura, Sri Lanka Sun 28 Sutra 58	
Silver Retreat Star		Gulika 10:34AM - 12:09PM	Jyeshtha* Until 8:02PM	Ganesh: Clear	Sunrise: 5:51AM	Vasavasu 5:17	
Witschika Rasi: 22.44	Tithi 15 - 16	Yama 7:25AM - 9:00AM	Sadhya Until 2:03PM	Muruga: Red	Sunset: 6:29PM	Moon 5 - Phase 8 - Prathama	
		Rahu 12:09PM - 1:43PM	Balava Until 1:57AM Thu	Nataraja: Blue			
Creative Work - Siddha Yoga			Purnima* Until 1:16PM	Yeshtha-Vaikasi		Sivaloka Day	
Until 8:02PM							
Then Routine Work - Marana Yoga							

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Вішвэбха Масэ Крішна Пакоше Гурэ Васара Уктыягам Mula* Nakshatra Subha/Sukla Yoga Kaukava/Taila Karana Prathama/Dvityayam Tilau				Vnu adbhapura, Sri Lanka Sutra 59	
	Gulika	9:00AM - 10:34AM	Mula* Until 9:57PM	Ganesha: Purple	Sunrise: 5:51AM	Vasavasu 5:127	
Dhanus Rasi: 5.02	TITHI 16 - 17	Yama 5:51AM - 7:25AM	Subha Until 2:05PM	Muruga: Red	Sunset: 6:27PM	Moon 6 - Phase 9 - 1st Phase	
Creative Work	Siddha Yoga	389418571 Rahu 1:43PM - 3:18PM	Taila Until 3:39AM Fri	Nataraja: Blue			Devaloka Day
		Prathama* Until 2:30PM				Jyeshtha-Vaikasi	

Friday, June 13, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Вішвэбха Масэ Крішна Пакоше Сура Васара Уктыягам Purvashada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau				Vnu adbhapura, Sri Lanka Sun 1 Sutra 60	
	Gulika	7:26AM - 9:00AM	Purvashada* Until 11:21PM	Ganesha: Purple	Sunrise: 5:51AM	Vasavasu 5:127	
Dhanus Rasi: 17.31	TITHI 17 - 18	Yama 3:18PM - 4:52PM	Sukla Until 1:47PM	Muruga: Red	Sunset: 6:27PM	Moon 6 - Phase 9 - 1st Phase	
Routine Work	Prabalarishta Yoga	389418571 Rahu 10:35AM - 12:09PM	Vanija Until 3:39AM Sat	Nataraja: Blue			Devaloka Day
Then Routine Work	- Marana Yoga	Dvitiya Until 3:21PM				Jyeshtha-Vaikasi	

Saturday, June 14, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Вішвэбха Масэ Крішна Пакоше Манта Васара Уктыягам Uttarashada* Nakshatra Brahma/Indra Yoga Vasi* (Bava Karana Tritiya/Chaturthayam Tilau				Vnu adbhapura, Sri Lanka Sun 2 Sutra 61	
	Gulika	5:51AM - 7:26AM	Uttarashada Until 12:13AM Sun	Ganesha: Purple	Sunrise: 5:51AM	Vasavasu 5:127	
Makara Rasi: 0.11	TITHI 18 - 19	Yama 1:44PM - 3:18PM	Brahma Until 1:12PM	Muruga: Red	Sunset: 6:27PM	Moon 6 - Phase 9 - 2 1st Phase	
Routine Work	Marana Yoga	389418571 Rahu 9:00AM - 10:35AM	Bava Until 3:56AM Sun	Nataraja: Blue			Devaloka Day
Then Creative Work	- Amrita Yoga	Tritiya Until 3:49PM				Jyeshtha-Vaikasi	

Sunday, June 15, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Мілнана Масэ Крішна Пакоше Біхну Васара Уктыягам Shravana* Nakshatra Brahma/Indra Yoga Vasi* (Bava Karana Tritiya/Chaturthayam Tilau				Vnu adbhapura, Sri Lanka Sun 3 Sutra 62	
	Gulika	3:18PM - 4:53PM	Shravana Until 1:01AM Mon	Ganesha: Clear	Sunrise: 5:51AM	Vasavasu 5:127	
Makara Rasi: 13.01	TITHI 19 - 20	Yama 12:09PM - 1:44PM	Indra Until 12:20PM	Muruga: Red	Sunset: 6:27PM	Moon 6 - Phase 9 - 3 1st Phase	
Creative Work	Amrita Yoga	399418571 Rahu 4:53PM - 6:27PM	Kaulava Until 3:49AM Mon	Nataraja: Blue			Sivaloka Day
Then Routine Work	- Marana Yoga	Chaturthi* Until 3:54PM				Jyeshtha-Ani	

Monday, June 16, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Мілнана Масэ Крішна Пакоше Інду Васара Уктыягам Dhanishtha* Nakshatra Vaidhri* (Vishkambha* Yoga Taila/Gara Karana Panchnami/Shaasthanam Tilau				Vnu adbhapura, Sri Lanka Sun 4 Sutra 63	
	Gulika	1:44PM - 3:19PM	Dhanishtha Until 1:15AM Tue	Ganesha: Yellow	Sunrise: 5:50AM	Vasavasu 5:127	
Makara Rasi: 26.02	TITHI 20 - 21	Yama 10:35AM - 12:10PM	Vaidhri* Until 11:07AM	Muruga: Red	Sunset: 6:28PM	Moon 6 - Phase 9 - 4 1st Phase	
Family Home Evening	Siddha Yoga	391418571 Rahu 7:26AM - 9:01AM	Gara Until 3:17AM Tue	Nataraja: Blue			Sivaloka Day
Then Routine Work	- Marana Yoga	Panchami Until 3:35PM				Jyeshtha-Ani	

Tuesday, June 17, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Мілнана Масэ Крішна Пакоше Маргалэ Васара Уктыягам Shatabhishak* Nakshatra Vishkambha* (Pithi Yoga Varjya/Vasi* Karana Shashthi/Saptamyam Tilau				Vnu adbhapura, Sri Lanka Sun 5 Sutra 64	
	Gulika	12:10PM - 1:44PM	Shatabhishak Until 12:55AM Wed	Ganesha: Yellow	Sunrise: 5:50AM	Vasavasu 5:127	
Kumbha Rasi: 9.17	TITHI 21 - 22	Yama 9:01AM - 10:35AM	Vishkambha* Until 9:35AM	Muruga: Red	Sunset: 6:28PM	Moon 6 - Phase 9 - 5 1st Phase	
Routine Work	Marana Yoga	391418571 Rahu 3:19PM - 4:53PM	Vasi Until 2:19AM Wed	Nataraja: Blue			Sivaloka Day
Then Creative Work	- Amrita Yoga	Shashthi* Until 2:50PM				Jyeshtha-Ani	

Wednesday, June 18, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Мілнана Масэ Крішна Пакоше Бадха Васара Уктыягам Purvashrothapada* Nakshatra Pithi/Ajotman Yoga Bava/Balava Karana Saptami/Ashthamyam Tilau				Vnu adbhapura, Sri Lanka Sun 6 Sutra 65	
	Gulika	10:36AM - 12:10PM	Purvashrothapada* Until 12:24AM Thu	Ganesha: Clear	Sunrise: 5:50AM	Vasavasu 5:127	
Kumbha Rasi: 22.47	TITHI 22 - 23	Yama 7:27AM - 9:01AM	Pithi Until 7:42AM	Muruga: Red	Sunset: 6:28PM	Moon 6 - Phase 9 - 6 Ashtami	
Creative Work	Amrita Yoga	311418571 Rahu 12:10PM - 1:45PM	Balava Until 12:53AM Thu	Nataraja: Blue			Sivaloka Day
Then Creative Work	- Siddha Yoga	Saptami Until 1:38PM				Jyeshtha-Ani	

Thursday, June 19, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратна Рітау Мілнана Масэ Крішна Пакоше Гурэ Васара Уктыягам Uttarashrothapada* Nakshatra Saubhagya Yoga Kaukava/Taila Karana Ashtami/Navamam Tilau				Vnu adbhapura, Sri Lanka Sun 7 Sutra 66	
	Gulika	9:01AM - 10:36AM	Uttarashrothapada Until 11:17PM	Ganesha: Clear	Sunrise: 5:50AM	Vasavasu 5:127	
Meena Rasi: 6.34	TITHI 23 - 24	Yama 5:52AM - 7:27AM	Saubhagya Until 2:45AM Fri	Muruga: Red	Sunset: 6:28PM	Moon 6 - Phase 9 - 7 Navami	
Creative Work	Siddha Yoga	311418571 Rahu 1:45PM - 3:19PM	Taila Until 10:59PM	Nataraja: Blue			Sivaloka Day
		Ashlami* Until 11:58AM				Jyeshtha-Ani	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; no one other than Him can we know. Ajita Agama

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1 Friday, June 27, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Sukra Vasara Yuktayam Panarvasu/Pushya Nakshatra Vyagha' Yoga Kaulava/Saila Karana Dvitiya/Tritiyam Titau				Vnu adbhapura, Sri Lanka Sun 15 Sutra 74	
Kataka Rasi: 2.32	Tithi 2 - 3	Gulika 7:28AM - 9:03AM Yama 3:21PM - 4:55PM 342518571 Rahu 10:37AM - 12:12PM	Punarvasu Until 7:22AM Vyaghra' Until 9:09PM Taithila Until 10:34PM Dvitiya Until 11:21AM	Ganesha: White Murgu: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 5:54AM Sunset: 6:30PM	Vasavasu 5:17 Sutra 75 Moon 6 - Phase 11 - 15 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 7:22AM Then Routine Work - Marana Yoga							
2 Saturday, June 28, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Merita Vasara Yuktayam Pushya/Ashlesha' Nakshatra Harshana Yoga Gara/Vanija Karana Tridhya/Chaturtham Titau				Vnu adbhapura, Sri Lanka Sun 16 Sutra 75	
Kataka Rasi: 16.19	Tithi 3 - 4	Gulika 5:54AM - 7:29AM Yama 1:47PM - 3:21PM 342518571 Rahu 9:03AM - 10:38AM	Pushya Until 6:36AM Harshana Until 7:15PM Vanija Until 9:31PM Tridhya Until 9:55AM	Ganesha: White Murgu: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 5:54AM Sunset: 6:30PM	Vasavasu 5:17 Sutra 76 Moon 6 - Phase 11 - 16 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 6:36AM Then Routine Work - Marana Yoga							
3 Sunday, June 29, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Bharu Vasara Yuktayam Ashlesha' Magha' Nakshatra Vajra' Siddhi Yoga Vasi' Bava Karana Chaturthi/Panchamam Titau				Vnu adbhapura, Sri Lanka Sun 17 Sutra 76	
Kataka Rasi: 29.4	Tithi 4 - 5	Gulika 3:21PM - 4:56PM Yama 12:12PM - 1:47PM 342518571 Rahu 4:56PM - 6:30PM	Ashlesha' Until 6:25AM Vajra' Until 5:58PM Bava Until 9:16PM Chaturthi' Until 9:16AM	Ganesha: White Murgu: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 5:54AM Sunset: 6:30PM	Vasavasu 5:17 Sutra 77 Moon 6 - Phase 11 - 17 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 6:25AM Then Routine Work - Marana Yoga							
4 Monday, June 30, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Indu Vasara Yuktayam Magha' Purvaphalguni Nakshatra Siddhi/Vyalyapala' Yoga Batava/Kaulava Karana Panchami/Shashthiyam Titau				Vnu adbhapura, Sri Lanka Sun 18 Sutra 77	
Simha Rasi: 13	Tithi 5 - 6	Gulika 1:47PM - 3:22PM Yama 10:38AM - 12:13PM 352518571 Rahu 7:29AM - 9:04AM	Magha' Until 7:22AM Siddhi Until 5:21PM Kaulava Until 9:51PM Panchami Until 9:27AM	Ganesha: Clear Murgu: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 5:55AM Sunset: 6:30PM	Vasavasu 5:17 Sutra 78 Moon 6 - Phase 11 - 18 3rd Phase	Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 7:22AM Then Creative Work - Siddha Yoga							
5 Tuesday, July 1, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vyalyapala' Nanyan Yoga Taithila/Gara Karana Shashthi/Saptamam Titau				Vnu adbhapura, Sri Lanka Sun 19 Sutra 78	
Simha Rasi: 25.08	Tithi 6 - 7	Gulika 12:13PM - 1:47PM Yama 9:04AM - 10:38AM 352518571 Rahu 3:22PM - 4:56PM	Purvaphalguni Until 8:56AM Vyalyapala' Until 5:22PM Gara Until 11:11PM Shashthi' Until 10:25AM	Ganesha: Clear Murgu: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 5:55AM Sunset: 6:31PM	Vasavasu 5:17 Sutra 79 Moon 6 - Phase 11 - 19 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 8:56AM Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					
Wednesday, July 2, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanyan/Parigha' Yoga Vanija/Vasi' Karana Sapthami/Navamam Titau				Vnu adbhapura, Sri Lanka Sun 20 Sutra 79	
Retreat Star		Gulika 10:39AM - 12:13PM Yama 7:30AM - 9:04AM 352518571 Rahu 12:13PM - 1:47PM	Uttaraphalguni Until 11:01AM Varjan Until 5:00PM Vasi Until 1:07AM Thu Saplami Until 12:04PM	Ganesha: Clear Murgu: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 5:55AM Sunset: 6:31PM	Vasavasu 5:17 Sutra 80 Moon 6 - Phase 11 - 20 Ashtami	Sivaloka Day
Kanya Rasi: 7.23 Until 11:01AM Then Routine Work - Marana Yoga							
Thursday, July 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sulka Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha' Yoga Bava/Balava Karana Ashtami/Navamam Titau				Vnu adbhapura, Sri Lanka Sun 21 Sutra 80	
Retreat Star		Gulika 9:04AM - 10:39AM Yama 5:55AM - 7:30AM 362518571 Rahu 1:48PM - 3:22PM	Hasta Until 1:55PM Parigha' Until 6:39PM Balava Until 3:26AM Fri Ashtami' Until 2:13PM	Ganesha: Purple Murgu: Red Nataraja: Blue Moon - Green Ashada-Ani	Sunrise: 5:55AM Sunset: 6:31PM	Vasavasu 5:17 Sutra 81 Moon 6 - Phase 11 - 21 Navami	Devaloka Day
Kanya Rasi: 19.23 Routine Work Marana Yoga Until 1:55PM Then Creative Work - Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1 Friday, July 4, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sukra Vasara Yuktayam		Chitra Navami		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sukra Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Chitra/Svali Nakshatra Shiva Yoga		Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau				Sun 22 Sutra 81	
Gulika	7:30AM - 9:05AM	Chitra Until 4:54PM	Ganesha: Purple	Sunrise: 5:56AM	Vasavasu 5:127		
Yama	3:22PM - 4:57PM	Shiva Until 7:39PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 23	4th Phase	
362518571 Rahu	10:39AM - 12:13PM	Tailita Until 5:52AM Sat	Nataraja: Blue				
Creative Work	Siddha Yoga	Navami* Until 4:37PM	Moon - Green	Devaloka Day			
				Ashada-Ani			

2 Saturday, July 5, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Merita Vasara Yuktayam		Svali Karana		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Merita Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Svali Nakshatra Siddha Yoga		Yoga Gara Karana Dashamyam Tilau				Sun 23 Sutra 82	
Gulika	5:56AM - 7:30AM	Svali Until 7:44PM	Ganesha: Purple	Sunrise: 5:56AM	Vasavasu 5:127		
Yama	1:48PM - 3:22PM	Siddha Until 8:37PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 23	4th Phase	
362518571 Rahu	9:05AM - 10:39AM	Gara Until 7:03PM	Nataraja: Blue				
Creative Work	Siddha Yoga	Dashami Until 7:03PM	Moon - Green	Devaloka Day			
				Ashada-Ani			

3 Sunday, July 6, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bhanu Vasara Yuktayam		Vanija/Visli* Karana		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bhanu Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Vanija/Visli* Karana		Yoga Vanija/Visli* Karana Ekadashyam Tilau				Sun 24 Sutra 83	
Gulika	3:22PM - 4:57PM	Vishakha Until 10:43PM	Ganesha: Purple	Sunrise: 5:56AM	Vasavasu 5:127		
Yama	12:14PM - 1:48PM	Sadhya Until 9:27PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 24	4th Phase	
472518571 Rahu	4:57PM - 6:31PM	Vanija Until 8:14AM	Nataraja: Blue				
Routine Work	Marana Yoga	Ekadashi Until 9:17PM	Moon - Orange	Devaloka Day			
				Ashada-Ani			

4 Monday, July 7, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indru Vesara Yuktayam		Bava/Balava Karana		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indru Vesara Yuktayam		Vnu adbhapura, Sri Lanka	
Bava/Balava Karana		Yoga Bava/Balava Karana Dvadashyam Tilau				Sun 25 Sutra 84	
Gulika	1:48PM - 3:23PM	Anuradha Until 1:12AM Tue	Ganesha: Purple	Sunrise: 5:56AM	Vasavasu 5:127		
Yama	10:39AM - 12:14PM	Subha Until 10:03PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 25	4th Phase	
472518571 Rahu	7:31AM - 9:05AM	Bava Until 10:19AM	Nataraja: Blue				
Wisshika Rasi: 6:58	Tithi 12	Dvadashi Until 11:12PM	Moon - Orange	Devaloka Day			
Family Home Evening			Ashada-Ani				
Creative Work	Siddha Yoga						
Until 1:12AM Tue							
Then Routine Work - Marana Yoga							

5 Tuesday, July 8, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vesara Yuktayam		Kaulava/Tailita Karana		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vesara Yuktayam		Vnu adbhapura, Sri Lanka	
Kaulava/Tailita Karana		Yoga Kaulava/Tailita Karana Trayodashyam Tilau				Sun 26 Sutra 85	
Gulika	12:14PM - 1:48PM	Jyeshtha* Until 3:06AM Wed	Ganesha: Purple	Sunrise: 5:57AM	Vasavasu 5:127		
Yama	9:05AM - 10:40AM	Sukla Until 10:17PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 26	4th Phase	
472518571 Rahu	3:23PM - 4:57PM	Kaulava Until 12:01PM	Nataraja: Blue				
Routine Work	Marana Yoga	Trayodashi Until 12:40AM Wed	Moon - Orange	Devaloka Day			
				Ashada-Ani			
<i>Pradosha Vata</i>							

6 Wednesday, July 9, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam		Gara/Vanija Karana		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Gara/Vanija Karana		Yoga Gara/Vanija Karana Chaturdashyam Tilau				Sun 27 Sutra 86	
Gulika	10:40AM - 12:14PM	Mula* Until 4:51AM Thu	Ganesha: Clear	Sunrise: 5:57AM	Vasavasu 5:127		
Yama	7:31AM - 9:05AM	Brahma Until 10:09PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 27	4th Phase	
482518571 Rahu	12:14PM - 1:48PM	Gara Until 1:15PM	Nataraja: Blue				
Routine Work	Marana Yoga	Chaturdashi* Until 1:39AM Thu	Moon - Light Blue	Sivaloka Day			
Until 4:51AM Thu			Ashada-Ani				
Then Creative Work - Siddha Yoga							

○ Thursday, July 10, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vesara Yuktayam		Purvashadha* Karana		Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vesara Yuktayam		Vnu adbhapura, Sri Lanka	
Purvashadha* Karana		Yoga Purvashadha* Karana Purnimayam Tilau				Sun 27 Sutra 87	
Gulika	9:06AM - 10:40AM	Purvashadha* Until 5:58AM Fri	Ganesha: White	Sunrise: 5:57AM	Vasavasu 5:127		
Yama	5:57AM - 7:31AM	Indra Until 9:39PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 27	Purnima	
483518571 Rahu	1:49PM - 3:23PM	Visli Until 1:59PM	Nataraja: Blue				
Creative Work	Siddha Yoga	Purnima* Until 2:10AM Fri	Moon - Light Blue	Subha Sivaloka Day			
Until 5:58AM Fri			Ashada-Ani				
Then Routine Work - Marana Yoga	Satguru Purnima						

Friday, July 11, 2025

Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sukra Vesara Yuktayam		Uttarashadha* Karana		Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sukra Vesara Yuktayam		Vnu adbhapura, Sri Lanka	
Uttarashadha* Karana		Yoga Uttarashadha* Karana Prathamayam Tilau				Sun 28 Sutra 88	
Gulika	7:32AM - 9:06AM	Uttarashadha Until 6:29AM Sat	Ganesha: White	Sunrise: 5:57AM	Vasavasu 5:127		
Yama	3:23PM - 4:57PM	Vaidhriti* Until 8:45PM	Muruga: Red	Sunset: 6:31PM	Moon 6 - Phase 12 - 28	Prathama	
483518571 Rahu	10:40AM - 12:14PM	Balava Until 2:15PM	Nataraja: Blue				
Routine Work	Marana Yoga	Prathama* Until 2:12AM Sat	Moon - Light Blue	Subha Sivaloka Day			
Until 6:29AM Sat			Ashada-Ani				
Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mania Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Talila/Gara Karana Dvilyayam Titau				Vnurdhapura, Sri Lanka Sun 1 Sutra 89
Makara Rasi: 9.38	Tithi 17	Gulika	5:58AM - 7:32AM	Uttarashadha Until 6:29AM	Ganesha: White	Sunrise: 5:58AM
		Yama	1:49PM - 3:23PM	Vishkambha* Until 7:32PM	Muruga: Red	Sunset: 6:29PM
		Rahu	9:06AM - 10:40AM	Tailila Until 2:05PM	Nataraja: Blue	Moon 7 - Phase 13 - 1
Routine Work Marana Yoga						
Until 6:29AM		Dvitiya Until 1:49AM Sun				Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

1**Sunday, July 13, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bharu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Pithi Yoga Vanja/Visi* Karana Trilyayam Titau				Vnurdhapura, Sri Lanka Sun 2 Sutra 90
Makara Rasi: 22.49	Tithi 18	Gulika	3:23PM - 4:57PM	Shravana Until 6:54AM	Ganesha: Yellow	Sunrise: 5:58AM
		Yama	12:15PM - 1:49PM	Pithi Until 6:02PM	Muruga: Red	Sunset: 6:29PM
		Rahu	4:57PM - 6:32PM	Vanija Until 1:31PM	Nataraja: Blue	Moon 7 - Phase 13 - 2
Creative Work Amrita Yoga						
Until 6:54AM		Tritiya Until 1:05AM Mon				Sivaloka Day
Then Routine Work - Marana Yoga						

2**Monday, July 14, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktayam Shatbhishak/Purvashrothapada* Nakshatra Aajushman/Saubhaga Yoga Bava/Balava Karana Chaturthayam Titau				Vnurdhapura, Sri Lanka Sun 3 Sutra 91
Kumbha Rasi: 6.11	Tithi 19	Gulika	1:49PM - 3:23PM	Dhanishtha Until 6:49AM	Ganesha: Yellow	Sunrise: 5:58AM
Family Home Evening		Yama	10:41AM - 12:15PM	Ayushman Until 4:13PM	Muruga: Red	Sunset: 6:29PM
		Rahu	7:32AM - 9:06AM	Bava Until 12:36PM	Nataraja: Blue	Moon 7 - Phase 13 - 3
Creative Work Siddha Yoga						
		Chaturthi* Until 12:01AM Tue				Sivaloka Day

3**Tuesday, July 15, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktayam Shatbhishak/Purvashrothapada* Nakshatra Saubhaga/Sobhana Yoga Kaulasa/Balila Karana Panchmayam Titau				Vnurdhapura, Sri Lanka Sun 4 Sutra 92
Kumbha Rasi: 19.44	Tithi 20	Gulika	12:15PM - 1:49PM	Shatbhishak Until 6:17AM	Ganesha: Yellow	Sunrise: 5:58AM
		Yama	9:07AM - 10:41AM	Saubhaga Until 2:11PM	Muruga: Red	Sunset: 6:29PM
		Rahu	3:23PM - 4:57PM	Kaulava Until 11:23AM	Nataraja: Blue	Moon 7 - Phase 13 - 4
Routine Work Marana Yoga						
		Panchami Until 10:39PM				Sivaloka Day

4**Wednesday, July 16, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam Uttarashrothapada Nakshatra Sobhana/Aihiganda* Yoga Gara/Vanija Karana Shashthayam Titau				Vnurdhapura, Sri Lanka Sun 5 Sutra 93
Meena Rasi: 3.28	Tithi 21	Gulika	10:41AM - 12:15PM	Uttarashrothapada Until 4:49AM Thu	Ganesha: Purple	Sunrise: 5:58AM
		Yama	7:33AM - 9:07AM	Sobhana Until 11:56AM	Muruga: Red	Sunset: 6:29PM
		Rahu	12:15PM - 1:49PM	Gara Until 9:53AM	Nataraja: Blue	Moon 7 - Phase 13 - 5
Creative Work Siddha Yoga						
		Shashthi* Until 9:02PM				Devaloka Day

5**Thursday, July 17, 2025**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam Revati Nakshatra Aihiganda*/Sukarma Yoga Visi*/Bava Karana Sapthmayam Titau				Vnurdhapura, Sri Lanka Sun 6 Sutra 94
Meena Rasi: 17.21	Tithi 22	Gulika	9:07AM - 10:41AM	Revati Until 3:29AM Fri	Ganesha: Purple	Sunrise: 5:59AM
		Yama	5:59AM - 7:33AM	Aihiganda* Until 9:26AM	Muruga: Red	Sunset: 6:29PM
		Rahu	1:49PM - 3:23PM	Visi Until 8:08AM	Nataraja: Yellow	Moon 7 - Phase 13 - 6
Creative Work Siddha Yoga						
Until 3:29AM Fri		Saptami Until 7:09PM				Bhuloka Day
Then Creative Work - Amrita Yoga						Devaloka Time: 3PM to 6PM

6**Friday, July 18, 2025****Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Ashtami/Navamayam Titau				Vnurdhapura, Sri Lanka Sun 7 Sutra 95
Mesha Rasi: 1.23	Tithi 23 - 24	Gulika	7:33AM - 9:07AM	Ashvini Until 2:13AM Sat	Ganesha: Clear	Sunrise: 5:59AM
		Yama	3:23PM - 4:57PM	Sukarma Until 6:46AM	Muruga: Red	Sunset: 6:29PM
		Rahu	10:41AM - 12:15PM	Balava Until 6:08AM	Nataraja: Yellow	Moon 7 - Phase 13 - 7
Creative Work Amrita Yoga						
Until 2:13AM Sat		Ashtami* Until 5:02PM				Devaloka Day
Then Creative Work - Siddha Yoga						

Saturday, July 19, 2025**Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mania Vasara Yuktayam Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashmayam Titau				Vnurdhapura, Sri Lanka Sun 8 Sutra 96
Mesha Rasi: 15.34	Tithi 24 - 25	Gulika	5:59AM - 7:33AM	Bharani Until 12:37AM Sun	Ganesha: Clear	Sunrise: 5:59AM
		Yama	1:49PM - 3:23PM	Shula* Until 12:54AM Sun	Muruga: Red	Sunset: 6:29PM
		Rahu	9:07AM - 10:41AM	Vanija Until 1:31AM Sun	Nataraja: Yellow	Moon 7 - Phase 13 - 8
Creative Work Siddha Yoga						
		Navami* Until 2:43PM				Devaloka Day

1 Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Pakshhe Bhanu Vasara Yukitayam Kritika Nakshatra Ganda* Yoga Vasil* Bava Karana Dashami/Ekadashyam Titau				Vnu adbhapura, Sri Lanka Sun 9 Sutra 97
Mesha Rasi: 29:52	Tithi 25 – 26	Gulika 3:23PM – 4:57PM	Kritika Untill 10:45PM	Ganesh: Clear	Sunrise: 5:59AM	Vishvasu 5:127
		Yama 12:15PM – 1:49PM	Ganda* Untill 9:48PM	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 14 - 10
Creative Work	Siddha Yoga	Rahu 4:57PM – 6:31PM	Bava Untill 10:59PM	Nataraja: Yellow		2nd Phase
			Dashami Untill 12:15PM	Moon – White:		Devaloka Day
				Ashada-Adi		

2 Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Pakshhe Indu Vasara Yukitayam Rohini Nakshatra Middhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Vnu adbhapura, Sri Lanka Sun 10 Sutra 98
Wishabha Rasi: 14:15	Tithi 26 – 27	Gulika 1:49PM – 3:23PM	Rohini Untill 9:08PM	Ganesh: White	Sunrise: 5:59AM	Vishvasu 5:127
Family Home Evening		Yama 10:41AM – 12:15PM	Viddhi Untill 6:39PM	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 14 - 10
Creative Work	Amrita Yoga	Rahu 7:33AM – 9:07AM	Kaulava Untill 8:25PM	Nataraja: Yellow		2nd Phase
			Ekadashi* Untill 9:41AM	Moon – Yellow:		Bhuloka Day
				Ashada-Adi		Devaloka Time: 3PM to 6PM

3 Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Pakshhe Mangala Vasara Yukitayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Talilla/Vanija Karana Dvadashtitrayadshyam Titau				Vnu adbhapura, Sri Lanka Sun 11 Sutra 99
Wishabha Rasi: 28:38	Tithi 27 – 28	Gulika 12:15PM – 1:49PM	Mrigashira Untill 7:25PM	Ganesh: White	Sunrise: 6:00AM	Vishvasu 5:127
		Yama 9:08AM – 10:41AM	Dhruva Untill 3:32PM	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 14 - 11
Creative Work	Siddha Yoga	Rahu 3:23PM – 4:57PM	Vanija Untill 4:41AM Wed	Nataraja: Yellow		2nd Phase
Untill 7:25PM			Dvadasht* Untill 7:08AM	Moon – Yellow:		Bhuloka Day
Then Routine Work – Marana Yoga				Ashada-Adi		Devaloka Time: 3PM to 6PM
				Pradosha Vrata (Fasting)		

4 Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Pakshhe Budha Vasara Yukitayam Ardra Nakshatra Vjaghata/Harshana Yoga Vasil*Saluni* Karana Chaturdashyam Titau				Vnu adbhapura, Sri Lanka Sun 12 Sutra 100
Mithuna Rasi: 12:57	Tithi 29	Gulika 10:42AM – 12:15PM	Ardra Untill 5:45PM	Ganesh: White	Sunrise: 6:00AM	Vishvasu 5:127
		Yama 7:34AM – 9:08AM	Vjaghata* Untill 12:33PM	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 14 - 12
Creative Work	Siddha Yoga	Rahu 12:15PM – 1:49PM	Visli Untill 3:34PM	Nataraja: Yellow		2nd Phase
			Chaturdashit* Untill 2:29AM Thu	Moon – Yellow:		Bhuloka Day
				Ashada-Adi		Devaloka Time: 3PM to 6PM

Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Pakshhe Guru Vasara Yukitayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Cataspada/Raga* Karana Amavasyayam Titau				Vnu adbhapura, Sri Lanka Sun 13 Sutra 101
Retreat Star		Gulika 9:08AM – 10:42AM	Punarvasu Untill 4:42PM	Ganesh: Orange	Sunrise: 6:00AM	Vishvasu 5:127
Mithuna Rasi: 27:05	Tithi 30	Yama 6:00AM – 7:34AM	Harshana Untill 9:50AM	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 14 - 13
Creative Work	Amrita Yoga	Rahu 1:49PM – 3:23PM	Cataspada Untill 1:32PM	Nataraja: Yellow		Amavasya
			Amavasya* Untill 12:40AM Fri	Moon – Blue:		Devaloka Day
				Ashada-Adi		

Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Sukla Pakshhe Sukra Vasara Yukitayam Pushya/Ashlesha* Nakshatra Vajra/Siddhi* Yoga Kintughna*/Bava Karana Prathamayam Titau				Vnu adbhapura, Sri Lanka Sun 14 Sutra 102
Retreat Star		Gulika 7:34AM – 9:08AM	Pushya Untill 3:58PM	Ganesh: Orange	Sunrise: 6:00AM	Vishvasu 5:127
Kataka Rasi: 10:59	Tithi 1	Yama 3:23PM – 4:57PM	Vajra* Untill 7:25AM	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 14 - 14
Routine Work	Marana Yoga	Rahu 10:42AM – 12:16PM	Kintughna Untill 11:57AM	Nataraja: Yellow		Prathama
			Prathama* Untill 11:21PM	Moon – Blue:		Devaloka Day
				Sravana-Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Titau				Vnr adhpapura, Sri Lanka Sun 15 Sutra 103	
Kataka Rasi: 24.32	Tithi 2	Gulika 6:00AM - 7:34AM	Ashlesha* Untill 3:40PM	Ganesh: Orange	Sunrise: 6:00AM	Vasavasu 5:17	
		Yama 1:49PM - 3:23PM	Vyalipala* Untill 4:04AM Sun	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 15 - 12	
Routine Work	Marana Yoga	444618572	Balava Untill 10:57AM	Nataraja: Yellow		3rd Phase	
Untill 3:40PM			Dvitiya Untill 10:40PM	Moon - Blue		Devaloka Day	
Then Creative Work	- Amrita Yoga			Sravana-Adi			
2 Sunday, July 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tritiyayam Titau				Vnr adhpapura, Sri Lanka Sun 16 Sutra 104	
Simha Rasi: 7.44	Tithi 3	Gulika 3:23PM - 4:57PM	Magha* Untill 4:21PM	Ganesh: Clear	Sunrise: 6:00AM	Vasavasu 5:17	
		Yama 12:16PM - 1:49PM	Varyan Untill 3:12AM Mon	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 15 - 16	
Routine Work	Marana Yoga	454618572	Talilla Untill 10:36AM	Nataraja: Yellow		3rd Phase	
Untill 4:21PM			Tritiya Untill 10:41PM	Moon - Red		Devaloka Day	
Then Creative Work	- Siddha Yoga			Sravana-Adi			
3 Monday, July 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigra* Yoga Vanija/Visil* Karana Chaturthayam Titau				Vnr adhpapura, Sri Lanka Sun 17 Sutra 105	
Simha Rasi: 20.35	Tithi 4	Gulika 1:49PM - 3:23PM	Purvaphalguni Untill 5:35PM	Ganesh: Clear	Sunrise: 6:01AM	Vasavasu 5:17	
Family Home Evening		Yama 10:42AM - 12:16PM	Parigra* Untill 2:54AM Tue	Muruga: Red	Sunset: 6:31PM	Moon 7 - Phase 15 - 17	
Creative Work	Siddha Yoga	454618572	Vanija Untill 11:00AM	Nataraja: Yellow		3rd Phase	
Untill 7:20PM			Chaturthi* Untill 11:26PM	Moon - Red		Devaloka Day	
Then Creative Work	- Siddha Yoga			Sravana-Adi			
4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchmayam Titau				Vnr adhpapura, Sri Lanka Sun 18 Sutra 106	
Kanya Rasi: 3.05	Tithi 5	Gulika 12:15PM - 1:49PM	Uttaraphalguni Untill 7:20PM	Ganesh: Clear	Sunrise: 6:01AM	Vasavasu 5:17	
		Yama 9:08AM - 10:42AM	Shiva Untill 3:08AM Wed	Muruga: Red	Sunset: 6:30PM	Moon 7 - Phase 15 - 18	
Creative Work	Amrita Yoga	454618572	Bava Untill 12:05PM	Nataraja: Yellow		3rd Phase	
Untill 7:20PM			Panchami Untill 12:51AM Wed	Moon - Red		Devaloka Day	
Then Creative Work	- Siddha Yoga			Sravana-Adi			
5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashthiyam Titau				Vnr adhpapura, Sri Lanka Sun 19 Sutra 107	
Kanya Rasi: 15.19	Tithi 6	Gulika 10:42AM - 12:15PM	Hasta Untill 9:57PM	Ganesh: Purple	Sunrise: 6:01AM	Vasavasu 5:17	
		Yama 7:34AM - 9:08AM	Siddha Untill 3:44AM Thu	Muruga: Red	Sunset: 6:30PM	Moon 7 - Phase 15 - 19	
Routine Work	Marana Yoga	464618572	Kaulava Untill 1:47PM	Nataraja: Yellow		3rd Phase	
Untill 9:57PM			Shashthi* Untill 2:48AM Thu	Moon - Green		Sivaloka Day	
Then Creative Work	- Siddha Yoga			Sravana-Adi			
6 Thursday, July 31, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthmayam Titau				Vnr adhpapura, Sri Lanka Sun 20 Sutra 108	
Kanya Rasi: 27.2	Tithi 7	Gulika 9:08AM - 10:42AM	Chitra Untill 12:46AM Fri	Ganesh: Purple	Sunrise: 6:01AM	Vasavasu 5:17	
		Yama 6:01AM - 7:35AM	Sadya Untill 4:36AM Fri	Muruga: Red	Sunset: 6:30PM	Moon 7 - Phase 15 - 20	
Creative Work	Siddha Yoga	464618572	Gara Untill 3:56PM	Nataraja: Yellow		3rd Phase	
Untill 7:20PM			Sapthami Untill 5:04AM Fri	Moon - Green		Sivaloka Day	
Then Creative Work	- Siddha Yoga			Sravana-Adi			
Friday, August 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visil* Karana Ashtmayam Titau				Vnr adhpapura, Sri Lanka Sun 21 Sutra 109	
Retreat Star		Gulika 7:35AM - 9:08AM	Svati Untill 3:33AM Sat	Ganesh: Purple	Sunrise: 6:01AM	Vasavasu 5:17	
Tula Rasi: 9.14	Tithi 8	Yama 3:23PM - 4:57PM	Subha Untill 5:33AM Sat	Muruga: Red	Sunset: 6:30PM	Moon 7 - Phase 15 - 21	
Creative Work	Siddha Yoga	464618572	Visil Untill 6:17PM	Nataraja: Yellow		Ashtami	
Untill 7:20PM			Ashtami* Untill 7:27AM Sat	Moon - Green		Sivaloka Day	
Then Creative Work	- Siddha Yoga			Sravana-Adi			
Saturday, August 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Vnr adhpapura, Sri Lanka Sun 22 Sutra 110	
Retreat Star		Gulika 6:01AM - 7:35AM	Vishakha Untill 6:35AM Sun	Ganesh: Clear	Sunrise: 6:01AM	Vasavasu 5:17	
Tula Rasi: 21.07	Tithi 8 - 9	Yama 1:49PM - 3:23PM	Sukla Untill 6:24AM Sun	Muruga: Blue	Sunset: 6:30PM	Moon 7 - Phase 15 - 22	
Creative Work	Siddha Yoga	474628572	Balava Untill 8:38PM	Nataraja: Yellow		Navami	
Untill 6:35AM Sun			Ashtami* Untill 7:27AM	Moon - Orange		Sivaloka Day	
Then Routine Work	- Marana Yoga			Sravana-Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Sunday, August 3, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Suka Pakhe Bharu Vessara Yukityam Vishakha/Anuradha Nakshatra Saka/Brahma Yoga Kauava/Taila Karana Navami/Dashamya Titau				Vnu adbhapura, Sri Lanka Sun 23 Sutra 111	
Wischika Rasi: 3.02	TITHI 9 – 10	Gulika 3:22PM – 4:56PM	Vishakha Until 6:35AM	Ganesha: Clear	Sunrise: 6:01AM	Vivarasu 5:27	
		Yama 12:15PM – 1:49PM	Sukla Until 6:24AM	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - 23 4th Phase	
Routine Work	Marana Yoga	Rahu 4:56PM – 6:29PM	Taila Until 10:46PM	Nataraja: Yellow			
			Navami* Until 9:43AM	Moon - Orange		Sivaloka Day	
				Savana-Adi			

2 Monday, August 4, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Suka Pakhe Indru Vessara Yukityam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Vnu adbhapura, Sri Lanka Sun 24 Sutra 112	
Wischika Rasi: 15.03	TITHI 10 – 11	Gulika 1:49PM – 3:22PM	Anuradha Until 9:11AM	Ganesha: Clear	Sunrise: 6:01AM	Vivarasu 5:27	
Family Home Evening		Yama 10:42AM – 12:15PM	Brahma Until 7:03AM	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - 24 4th Phase	
Creative Work	Siddha Yoga	Rahu 7:35AM – 9:08AM	Vanija Until 12:31AM Tue	Nataraja: Yellow			
			Dashami Until 11:41AM	Moon - Orange		Sivaloka Day	
				Savana-Adi			

3 Tuesday, August 5, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Suka Pakhe Mangala Vessara Yukityam Jyeshtha*/Mula* Nakshatra Indra/Vaidhri* Yoga Vasi*/Bava Karana Ekadashi/Dwadashyam Titau				Vnu adbhapura, Sri Lanka Sun 25 Sutra 113	
Wischika Rasi: 27.14	TITHI 11 – 12	Gulika 12:15PM – 1:48PM	Jyeshtha* Until 11:11AM	Ganesha: Clear	Sunrise: 6:01AM	Vivarasu 5:27	
		Yama 9:08AM – 10:42AM	Indra Until 7:23AM	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - 25 4th Phase	
Routine Work	Marana Yoga	Rahu 3:22PM – 4:55PM	Bava Until 1:46AM Wed	Nataraja: Yellow			
Until 11:11AM			Ekadashi Until 1:11PM	Moon - Orange		Sivaloka Day	
Then Creative Work - Amrita Yoga				Savana-Adi			

4 Wednesday, August 6, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Suka Pakhe Budha Vessara Yukityam Mula*/Purvashadha* Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Kauava Karana Dvadashi/Troydashyam Titau				Vnu adbhapura, Sri Lanka Sun 26 Sutra 114	
Dhanus Rasi: 9.4	TITHI 12 – 13	Gulika 10:42AM – 12:15PM	Mula* Until 12:59PM	Ganesha: Yellow	Sunrise: 6:01AM	Vivarasu 5:27	
		Yama 7:35AM – 9:08AM	Vaidhri* Until 7:16AM	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - 26 4th Phase	
Routine Work	Marana Yoga	Rahu 12:15PM – 1:48PM	Kauava Until 2:25AM Thu	Nataraja: Yellow			
Until 12:59PM			Dvadashi Until 2:09PM	Moon - Light Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Savana-Adi			
				Pradosha Vata			

5 Thursday, August 7, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Suka Pakhe Guru Vessara Yukityam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Pini Yoga Taila/Gara Karana Troydashhi/Chaturdashyam Titau				Vnu adbhapura, Sri Lanka Sun 27 Sutra 115	
Dhanus Rasi: 22.2	TITHI 13 – 14	Gulika 9:08AM – 10:42AM	Purvashadha* Until 2:02PM	Ganesha: Yellow	Sunrise: 6:01AM	Vivarasu 5:27	
		Yama 6:02AM – 7:35AM	Vishkambha* Until 6:42AM	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - 27 4th Phase	
Creative Work	Siddha Yoga	Rahu 1:48PM – 3:21PM	Gara Until 2:28AM Fri	Nataraja: Yellow			
Until 2:02PM			Troydashhi Until 2:30PM	Moon - Light Blue		Sivaloka Day	
Then Routine Work - Marana Yoga				Savana-Adi			

Friday, August 8, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Suka Pakhe Salva Vessara Yukityam Uttarashadha*/Shravana Nakshatra Ayushman Yoga Vanija/Vasi* Karana Chaludashi/Purnimayam Titau				Vnu adbhapura, Sri Lanka Sun 28 Sutra 116	
Copper Retreat Star		Gulika 7:35AM – 9:08AM	Uttarashadha Until 2:21PM	Ganesha: Yellow	Sunrise: 6:01AM	Vivarasu 5:27	
Makara Rasi: 5.19	TITHI 14 – 15	Yama 3:21PM – 4:55PM	Ayushman Until 4:11AM Sat	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - Purnima	
Routine Work	Marana Yoga	Rahu 10:41AM – 12:15PM	Vasi Until 1:57AM Sat	Nataraja: Yellow			
		Varalakshmi Vratam	Chalurdashi* Until 2:16PM	Moon - Light Blue		Sivaloka Day	
				Savana-Adi			

Saturday, August 9, 2025		Vivarasu Nama Samvatsara Dakshinnya Naritara Ritau Kataka Mase Krishna Pakhe Manu Vessara Yukityam Shravana/Dhanushtha Nakshatra Soubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Vnu adbhapura, Sri Lanka Sun 29 Sutra 117	
Silver Retreat Star		Gulika 6:02AM – 7:35AM	Shravana Until 2:27PM	Ganesha: Blue	Sunrise: 6:01AM	Vivarasu 5:27	
Makara Rasi: 18.35	TITHI 15 – 16	Yama 1:48PM – 3:21PM	Soubhagya Until 2:17AM Sun	Muruga: Blue	Sunset: 6:29PM	Moon 7 - Phase 16 - Prathama	
Creative Work	Siddha Yoga	Rahu 9:08AM – 10:41AM	Balava Until 12:56AM Sun	Nataraja: Yellow			
			Purnima* Until 1:29PM	Moon - Purple		Devaloka Day	
				Savana-Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025

Gold Retreat Star

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Dhanishtha/Shabdhishtha Nakshatra Siddhana Yoga Kaulava/Taila Karana Prathamam/Dvityayam Titau

Nuradhapura, Sri Lanka

Sutra 118

Kumbha Rasi: 2.08 Tithi 16 - 17

Gulika

3:21PM - 4:54PM

Dhanishtha Untill 1:55PM

Ganesh: Yellow

Sunrise: 6:03AM

Vasavasau 5:127

Yama 12:14PM - 1:48PM

Rahu

4:54PM - 6:27PM

Sobhana Untill 12:04AM Mon

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 1st Phase

Routine Work Marana Yoga

Tailita Untill 11:28PM

Nataraja: Yellow

Sivaloka Day

Untill 1:55PM

Prathama* Untill 12:14PM

Moan - Purple

Sravana-Adi

Then Routine Work - Siddha Yoga

Monday, August 11, 2025

1 Kumbha Rasi: 15.55 Tithi 17 - 18

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Shalabhishak/Puravroshtapada* Nakshatra Aahganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nuradhapura, Sri Lanka

Sutra 119

Family Home Evening

Gulika

1:47PM - 3:21PM

Shalabhishak Untill 12:52PM

Ganesh: Yellow

Sunrise: 6:03AM

Vasavasau 5:127

Yama 10:41AM - 12:14PM

Rahu

7:35AM - 9:08AM

Ahnganda* Untill 9:33PM

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 1st Phase

Creative Work Siddha Yoga

Vanija Untill 9:41PM

Nataraja: Yellow

Sivaloka Day

Untill 12:52PM

Dvitiya Untill 10:36AM

Moan - Purple

Sravana-Adi

Then Routine Work - Marana Yoga

Tuesday, August 12, 2025

2 Kumbha Rasi: 29.53 Tithi 18 - 19

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam
Puravroshtapada*/Uttaravroshtapada Nakshatra Sukama Yoga Vasi*/Bava Karana Tritiya/Chaturthayam Titau

Nuradhapura, Sri Lanka

Sutra 120

Yama 10:41AM - 12:14PM

Gulika

12:14PM - 1:47PM

Puravroshtapada* Untill 11:51AM

Ganesh: Clear

Sunrise: 6:03AM

Vasavasau 5:127

Yama 9:08AM - 10:41AM

Rahu

3:20PM - 4:53PM

Sukama Untill 6:51PM

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 2 1st Phase

Routine Work Marana Yoga

Bava Untill 7:40PM

Nataraja: Yellow

Sivaloka Day

Untill 11:51AM

Tritiya Untill 8:41AM

Moan - Clear

Sravana-Adi

Then Creative Work - Amrita Yoga

Wednesday, August 13, 2025

3 Mesha Rasi: 14 Tithi 19 - 20

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam
Uttaravroshtapada Untill 10:30AM

Nuradhapura, Sri Lanka

Sutra 121

Yama 10:41AM - 12:14PM

Gulika

10:41AM - 12:14PM

Uttaravroshtapada Untill 10:30AM

Ganesh: Clear

Sunrise: 6:03AM

Vasavasau 5:127

Yama 9:08AM - 10:41AM

Rahu

12:14PM - 1:47PM

Dhriti Untill 4:03PM

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 3 1st Phase

Creative Work Siddha Yoga

Tailita Untill 4:21AM Thu

Nataraja: Yellow

Sivaloka Day

Untill 10:30AM

Chaturthi* Untill 6:34AM

Moan - Clear

Sravana-Adi

Then Routine Work - Marana Yoga

Thursday, August 14, 2025

4 Mesha Rasi: 28.11 Tithi 21

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Shula* Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Nuradhapura, Sri Lanka

Sutra 122

Yama 6:02AM - 7:35AM

Gulika

9:08AM - 10:41AM

Revati Untill 8:54AM

Ganesh: Clear

Sunrise: 6:03AM

Vasavasau 5:127

Yama 1:47PM - 3:20PM

Rahu

1:47PM - 3:20PM

Shula* Untill 1:08PM

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 4 1st Phase

Creative Work Siddha Yoga

Gara Untill 3:14PM

Nataraja: Yellow

Sivaloka Day

Untill 8:54AM

Shashthi* Untill 2:05AM Fri

Moan - Clear

Sravana-Adi

Then Creative Work - Amrita Yoga

Friday, August 15, 2025

5 Mesha Rasi: 12.25 Tithi 22

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vidhi* Yoga Vasi*/Bava Karana Sapthamam Titau

Nuradhapura, Sri Lanka

Sutra 123

Yama 7:35AM - 9:08AM

Gulika

7:35AM - 9:08AM

Ashvini Untill 7:33AM

Ganesh: Clear

Sunrise: 6:03AM

Vasavasau 5:127

Yama 3:19PM - 4:52PM

Rahu

10:41AM - 12:14PM

Ganda* Untill 10:13AM

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 5 1st Phase

Creative Work Amrita Yoga

Vasi Untill 12:57PM

Nataraja: Yellow

Sivaloka Day

Untill 7:33AM

Sapthami Untill 11:48PM

Moan - White

Sravana-Adi

Then Creative Work - Siddha Yoga

Saturday, August 16, 2025

Retreat Star

Mesha Rasi: 26.37 Tithi 23

Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

Nuradhapura, Sri Lanka

Sutra 124

Yama 1:46PM - 3:19PM

Gulika

6:02AM - 7:35AM

Bharani Untill 6:04AM

Ganesh: Clear

Sunrise: 6:03AM

Vasavasau 5:127

Yama 9:08AM - 10:40AM

Rahu

9:08AM - 10:40AM

Vridhhi Untill 7:20AM

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 6 Ashtami

Creative Work Siddha Yoga

Balava Untill 10:42AM

Nataraja: Yellow

Sivaloka Day

Untill 6:04AM

Krishna Janmashtami

Ashlami* Untill 9:35PM

Moan - White

Sravana-Adi

Then Creative Work - Amrita Yoga

Sunday, August 17, 2025

Retreat Star

Wishabha Rasi: 10.47 Tithi 24

Visvasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Tailita/Gara Karana Navamam Titau

Nuradhapura, Sri Lanka

Sutra 125

Yama 12:13PM - 1:46PM

Gulika

3:19PM - 4:52PM

Rohini Untill 3:19AM Mon

Ganesh: Clear

Sunrise: 6:03AM

Vasavasau 5:127

Yama 4:52PM - 6:25PM

Rahu

4:52PM - 6:25PM

Vyaghata* Untill 1:41AM Mon

Muruga: Blue

Sunset: 6:29PM

Moon 8 - Phase 17 - 7 Navami

Creative Work Siddha Yoga

Tailita Untill 8:31AM

Nataraja: Yellow

Sivaloka Day

Untill 3:19AM Mon

Navam* Untill 7:27PM

Moan - Yellow

Sravana-Avani

Then Creative Work - Amrita Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Monday, August 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Vanjira/Bava Karana Dashami/Ekadashtyam Tilau				Nur adbhapura, Sri Lanka Sun 8 Sutra 126
Wishabha Rasi: 24.53	TITHI 25 – 26	Gulika Yama 536728572	1:46PM – 3:19PM 10:40AM – 12:13PM Rahu 7:35AM – 9:07AM	Mrigashira Until 2:08AM Tue Harshana Until 11:02PM Vanjira Until 6:26AM Dashami Until 5:26PM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow Sravana-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 18 - 8 2nd Phase
Family Home Evening Creative Work - Amrita Yoga Until 2:08AM Tue Then Routine Work - Marana Yoga		Sivaloka Day				
2 Tuesday, August 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Mangala Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau				Nur adbhapura, Sri Lanka Sun 9 Sutra 127
Mithuna Rasi: 8.54	TITHI 26 – 27	Gulika Yama 536728572	12:13PM – 1:45PM 9:07AM – 10:40AM Rahu 3:18PM – 4:51PM	Ardra Until 1:01AM Wed Vajra* Until 8:31PM Kaulava Until 2:48AM Wed Ekadashi* Until 3:36PM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow Sravana-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 18 - 9 2nd Phase
Routine Work - Marana Yoga Until 1:01AM Wed Then Creative Work - Siddha Yoga		Sivaloka Day				
3 Wednesday, August 20, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau				Nur adbhapura, Sri Lanka Sun 10 Sutra 128
Mithuna Rasi: 22.46	TITHI 27 – 28	Gulika Yama 546728572	10:40AM – 12:13PM 7:34AM – 9:07AM Rahu 12:13PM – 1:45PM	Punarvasu Until 12:28AM Thu Siddhi Until 6:14PM Gara Until 1:22AM Thu Dvadashi* Until 2:01PM	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue Sravana-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 18 - 10 2nd Phase
Creative Work - Siddha Yoga Until 12:28AM Thu Then Creative Work - Amrita Yoga		Devaloka Day				
4 Thursday, August 21, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Guru Vasara Yuktayam Pushya Nakshatra Vyatipala*Varjyan Yoga Vanjira/Velil* Karana Trayodashi/Chaturdashyam Tilau				Nur adbhapura, Sri Lanka Sun 11 Sutra 129
Kalkata Rasi: 6.28	TITHI 28 – 29	Gulika Yama 546728572	9:07AM – 10:40AM 6:02AM – 7:34AM Rahu 1:45PM – 3:18PM	Pushya Until 12:07AM Fri Vyatipala* Until 4:14PM Vistil Until 12:18AM Fri Trayodashi* Until 12:45PM	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue Sravana-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 18 - 11 2nd Phase
Creative Work - Amrita Yoga Until 12:07AM Fri Then Routine Work - Marana Yoga		Devaloka Day				
Friday, August 22, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Sukra Vasara Yuktayam Ashlesha* Nakshatra Varjyan/Panigra* Yoga Sakuni/Catupada* Karana Chaturdashi/Amavasyayam Tilau				Nur adbhapura, Sri Lanka Sun 12 Sutra 130
Kalkata Rasi: 19.56	TITHI 29 – 30	Gulika Yama 546728572	7:34AM – 9:07AM 3:17PM – 4:50PM Rahu 10:39AM – 12:12PM	Ashlesha* Until 12:04AM Sat Varjyan Until 2:32PM Catupada Until 11:41PM Chaturdashi* Until 11:55AM	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue Sravana-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 18 - 12 Amavasya
Routine Work - Marana Yoga Until 12:04AM Sat Then Creative Work - Amrita Yoga		Devaloka Day				
Saturday, August 23, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukra Paksha Manu Vasara Yuktayam Magha* Nakshatra Parigra*Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Tilau				Nur adbhapura, Sri Lanka Sun 13 Sutra 131
Simha Rasi: 3.08	TITHI 30 – 1	Gulika Yama 557728572	6:02AM – 7:34AM 1:44PM – 3:17PM Rahu 9:07AM – 10:39AM	Magha* Until 12:51AM Sun Parigra* Until 1:16PM Kintughna Until 11:36PM Amavasya* Until 11:33AM	Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Red Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 18 - 13 Prathama
Creative Work - Amrita Yoga Until 12:51AM Sun Then Creative Work - Siddha Yoga		Devaloka Day				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktiyam Parvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvitiyayam Tilau			Vnr adbhapura, Sri Lanka Sun 14 Sutra 132	
Simha Rasi: 16.04	Tilthi 1 - 2	Gulika Yama 55772852	3:16PM - 4:49PM 12:12PM - 1:44PM Rahu 4:49PM - 6:21PM	Purvaphalguni Until 2:03AM Mon Shiva Until 12:27PM Balava Until 12:07AM Mon Prathama* Until 11:46AM	Ganesha: Purple Munaga: Blue Nataraja: Yellow Moon - Red Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day

2 Monday, August 25, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktiyam Uttaraphalguni Nakshatra Siddha/Sadhyha Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau			Vnr adbhapura, Sri Lanka Sun 15 Sutra 133	
Simha Rasi: 28.43	Tilthi 2 - 3	Gulika Yama 55772852	1:46PM - 3:16PM 10:39AM - 12:11PM Rahu 7:34AM - 9:06AM	Uttaraphalguni Until 3:40AM Tue Siddha Until 12:04PM Taila Until 1:12AM Tue Dvitiya Until 12:34PM	Ganesha: Purple Munaga: Blue Nataraja: Yellow Moon - Red Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 17 3rd Phase
Family Home Evening	Siddha Yoga					Devaloka Day

3 Tuesday, August 26, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktiyam Uttaraphalguni Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau			Vnr adbhapura, Sri Lanka Sun 16 Sutra 134	
Kanya Rasi: 11.06	Tilthi 3 - 4	Gulika Yama 56772852	12:11PM - 1:43PM 9:06AM - 10:39AM Rahu 3:16PM - 4:48PM	Hasla Until 6:07AM Wed Sadhyha Until 12:09PM Vanija Until 2:51AM Wed Tritiya Until 1:57PM	Ganesha: Light Blue Munaga: Blue Nataraja: Yellow Moon - Green Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day

4 Wednesday, August 27, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktiyam Hasta/Chitra Nakshatra Sukla/Sukla Yoga Vesi*/Bava Karana Chaturthi/Panchamiyam Tilau			Vnr adbhapura, Sri Lanka Sun 17 Sutra 135	
Kanya Rasi: 23.16	Tilthi 4 - 5	Gulika Yama 56772852	10:38AM - 12:11PM 7:34AM - 9:06AM Rahu 12:11PM - 1:43PM	Hasla Until 6:07AM Subha Until 12:38PM Bava Until 4:54AM Thu Chaturthi* Until 3:49PM	Ganesha: Light Blue Munaga: Blue Nataraja: Yellow Moon - Green Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 17 3rd Phase
Routine Work	Marana Yoga		Ganesha Chaturthi			Devaloka Day
Until 6:07AM						
Then Creative Work	Siddha Yoga					

5 Thursday, August 28, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktiyam Chitra/Svati Nakshatra Sukla/Brahma Yoga Balava Karana Panchamiyam Tilau			Vnr adbhapura, Sri Lanka Sun 18 Sutra 136	
Tula Rasi: 5.16	Tilthi 5	Gulika Yama 56772853	9:06AM - 10:38AM 6:01AM - 7:34AM Rahu 1:43PM - 3:15PM	Chitra Until 8:47AM Sukla Until 1:21PM Balava Until 6:02PM Panchami Until 6:02PM	Ganesha: Light Blue Munaga: Blue Nataraja: White Moon - Green Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day
Until 8:47AM						
Then Creative Work	Amrita Yoga					

6 Friday, August 29, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktiyam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Panchamiyam Tilau			Vnr adbhapura, Sri Lanka Sun 19 Sutra 137	
Tula Rasi: 17.1	Tilthi 6	Gulika Yama 56872853	7:33AM - 9:06AM 3:15PM - 4:47PM Rahu 10:38AM - 12:10PM	Svati Until 11:31AM Brahma Until 2:15PM Kaulava Until 7:14AM Shashthi* Until 8:25PM	Ganesha: Purple Munaga: Blue Nataraja: White Moon - Green Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day

Saturday, August 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktiyam Vishakha/Anuradha Nakshatra Indra/Vaidhili* Yoga Gara/Vanija Karana Sapthamiyam Tilau			Vnr adbhapura, Sri Lanka Sun 20 Sutra 138	
Tula Rasi: 29.02	Tilthi 7	Gulika Yama 57872853	6:01AM - 7:33AM 1:42PM - 3:14PM Rahu 9:05AM - 10:38AM	Vishakha Until 2:38PM Indra Until 3:11PM Gara Until 9:39AM Saptami Until 10:47PM	Ganesha: Clear Munaga: Blue Nataraja: White Moon - Orange Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 20 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day

Sunday, August 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktiyam Anuradha/Jyeshtha* Nakshatra Vaidhili*/Vishkambha* Yoga Vesi*/Bava Karana Ashtamiyam Tilau			Vnr adbhapura, Sri Lanka Sun 21 Sutra 139	
Wishika Rasi: 10.57	Tilthi 8	Gulika Yama 57872853	3:14PM - 4:46PM 12:09PM - 1:42PM Rahu 4:46PM - 6:18PM	Anuradha Until 5:25PM Vaidhili* Until 3:57PM Vesi Until 11:55AM Ashtami* Until 12:56AM Mon	Ganesha: Clear Munaga: Blue Nataraja: White Moon - Orange Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 21 Ashtami
Routine Work	Marana Yoga					Subha Sivaloka Day

Monday, September 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktiyam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Navamiyam Tilau			Vnr adbhapura, Sri Lanka Sun 22 Sutra 140	
Wishika Rasi: 22.58	Tilthi 9	Gulika Yama 57872853	1:41PM - 3:13PM 10:37AM - 12:09PM Rahu 7:33AM - 9:05AM	Jyeshtha* Until 7:42PM Vishkambha* Until 4:28PM Balava Until 1:53PM Navami* Until 2:40AM Tue	Ganesha: Clear Munaga: Blue Nataraja: White Moon - Orange Bhadrapada-Avani	Sunrise: 6:03AM Sunset: 6:29PM Moon 8 - Phase 19 - 22 Navami
Family Home Evening	Siddha Yoga					Subha Sivaloka Day
Creative Work						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1		Tuesday, September 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Mangala Vasara Yuktiyam Mula* Nakshatra Pihl/Ayushman Yoga Talilla/Gara Karana Dashamyam Tilau		nru adhapura, Sri Lanka Sun 23 Sutra 141	
Dhanus Rasi: 5.1	Tithi 10	Gulika 12:09PM - 1:41PM	Mula* Until 9:48PM	Ganesh: White	Sunrise: 6:01AM	Vasavasu:5127	
		Yama 9:05AM - 10:37AM	Pihl Until 4:37PM	Muruga: Blue	Sunset: 6:17PM	Moon 8 - Phase 20 - 32	
Creative Work	Amrita Yoga	Rahu 3:13PM - 4:45PM	Taililla Until 3:22PM	Nataraja: White		4th Phase	
Until 9:48PM			Dashami Until 3:51AM Wed	Moon - Light Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

2		Wednesday, September 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Bauha Vasara Yuktiyam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Tilau		nru adhapura, Sri Lanka Sun 24 Sutra 142	
Dhanus Rasi: 17.36	Tithi 11	Gulika 10:37AM - 12:09PM	Purvashadha* Until 11:07PM	Ganesh: White	Sunrise: 6:01AM	Vasavasu:5127	
		Yama 7:33AM - 9:05AM	Ayushman Until 4:15PM	Muruga: Blue	Sunset: 6:17PM	Moon 8 - Phase 20 - 25	
Creative Work	Amrita Yoga	Rahu 12:09PM - 1:40PM	Vanija Until 4:13PM	Nataraja: White		4th Phase	
			Ekadashi Until 4:22AM Thu	Moon - Light Blue		Sivaloka Day	
				Bhadrapada-Avani			

3		Thursday, September 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Guru Vasara Yuktiyam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Tilau		nru adhapura, Sri Lanka Sun 25 Sutra 143	
Makara Rasi: 0.2	Tithi 12	Gulika 9:04AM - 10:36AM	Uttarashadha Until 11:36PM	Ganesh: Green	Sunrise: 6:01AM	Vasavasu:5127	
		Yama 6:01AM - 7:33AM	Saubhagya Until 3:22PM	Muruga: Blue	Sunset: 6:17PM	Moon 8 - Phase 20 - 25	
Routine Work	Marana Yoga	Rahu 1:40PM - 3:12PM	Bava Until 4:23PM	Nataraja: White		4th Phase	
Until 11:36PM			Dvadashi Until 4:10AM Fri	Moon - Light Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

4		Friday, September 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taililla Karana Trayodashyam Tilau		nru adhapura, Sri Lanka Sun 26 Sutra 144	
Makara Rasi: 13.26	Tithi 13	Gulika 7:32AM - 9:04AM	Shravana Until 11:41PM	Ganesh: Yellow	Sunrise: 6:01AM	Vasavasu:5127	
		Yama 3:12PM - 4:43PM	Sobhana Until 1:55PM	Muruga: Blue	Sunset: 6:17PM	Moon 8 - Phase 20 - 26	
Routine Work	Marana Yoga	Rahu 10:36AM - 12:08PM	Kaulava Until 3:50PM	Nataraja: White		4th Phase	
Until 11:41PM			Trayodashi Until 3:17AM Sat	Moon - Purple		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

5		Saturday, September 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Manta Vasara Yuktiyam Dhanishtha Nakshatra Ahiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Tilau		nru adhapura, Sri Lanka Sun 27 Sutra 145	
Makara Rasi: 26.54	Tithi 14	Gulika 6:00AM - 7:32AM	Dhanishtha Until 10:59PM	Ganesh: Yellow	Sunrise: 6:00AM	Vasavasu:5127	
		Yama 1:39PM - 3:11PM	Ahiganda* Until 11:54AM	Muruga: Blue	Sunset: 6:15PM	Moon 8 - Phase 20 - 27	
Creative Work	Siddha Yoga	Rahu 9:04AM - 10:36AM	Gara Until 2:37PM	Nataraja: White		4th Phase	
Until 10:59PM		Chidambaram Abhishekam	Chaturdash* Until 1:45AM Sun	Moon - Purple		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Avani			

○		Sunday, September 7, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Bhanu Vasara Yuktiyam Shatabhishak Nakshatra Sukarma/Dhriil/Shula* Yoga Balava/Kaulava Karana Purnamam Tilau		nru adhapura, Sri Lanka Sun 28 Sutra 146	
Copper Retreat Star		Gulika 3:11PM - 4:42PM	Shatabhishak Until 9:36PM	Ganesh: Yellow	Sunrise: 6:00AM	Vasavasu:5127	
Kumbha Rasi: 10.44	Tithi 15	Yama 12:07PM - 1:39PM	Sukarma Until 9:25AM	Muruga: Blue	Sunset: 6:16PM	Moon 8 - Phase 20 - Purnima	
Creative Work	Siddha Yoga	Rahu 4:42PM - 6:14PM	Visi Until 12:48PM	Nataraja: White		4th Phase	
		Grandparent's Day	Purnima* Until 11:42PM	Moon - Purple		Subha Sivaloka Day	
				Bhadrapada-Avani			

Monday, September 8, 2025		Silver Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Indu Vasara Yuktiyam Purvashrothapada* Nakshatra Dhriil/Shula* Yoga Balava/Kaulava Karana Prathamam Tilau		nru adhapura, Sri Lanka Sun 29 Sutra 147	
Kumbha Rasi: 24.54	Tithi 16	Gulika 1:39PM - 3:10PM	Purvashrothapada* Until 8:04PM	Ganesh: Yellow	Sunrise: 6:00AM	Vasavasu:5127	
Family Home Evening		Yama 10:35AM - 12:07PM	Dhriil Until 6:33AM	Muruga: Blue	Sunset: 6:16PM	Moon 8 - Phase 20 - Prathama	
Routine Work	Marana Yoga	Rahu 7:32AM - 9:04AM	Balava Until 10:32AM	Nataraja: White		4th Phase	
Until 8:04PM			Prathama* Until 9:15PM	Moon - Clear		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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**Tuesday, September 9, 2025****Gold Retreat Star**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Mangala Vasara Yukityam nru adhpapura, Sri Lanka
 Utlaraprosnshpada Nakshatra Ganda* Yoga Talilla/Gara Karana Dvityayam Titau Sun 1 Sutra 148
 Vossasu 5127

Gulika 12:07PM - 1:38PM **Utlaraprosnshpada Until 6:08PM** **Ganesha:** Yellow **Sunrise:** 6:00AM
Yama 9:03AM - 10:35AM **Ganda* Until 11:58PM** **Muruga:** Blue **Sunset:** 6:18PM
Rahu 3:10PM - 4:41PM **Taililla Until 7:55AM** **Nataraja:** White **Moon 9 - Phase 21 - 1**
Dvitiya Until 6:30PM **Moon - Clear** **Subha Sivaloka Day**
Bhadrapada-Avani

Mesha Rasi: 9.19 Tithi 17
 Creative Work Amrita Yoga
 Until 6:08PM
 Then Creative Work - Siddha Yoga

**Wednesday, September 10, 2025**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Budha Vasara Yukityam nru adhpapura, Sri Lanka
 Revati/Ashvini Nakshatra Viddhi Vigha* Bava Karana Tritya/Chaturthayam Titau Sun 2 Sutra 149
 Vossasu 5127

Gulika 10:35AM - 12:06PM **Revati Until 3:54PM** **Ganesha:** Yellow **Sunrise:** 6:00AM
Yama 7:32AM - 9:03AM **Viddhi Until 8:31PM** **Muruga:** Blue **Sunset:** 6:18PM
Rahu 12:06PM - 1:38PM **Bava Until 2:12AM Thu** **Nataraja:** White **Moon 9 - Phase 21 - 2**
Tritya Until 3:38PM **Moon - Clear** **Subha Sivaloka Day**
Bhadrapada-Avani

Mesha Rasi: 23.52 Tithi 18 - 19
 Routine Work Marana Yoga

**Thursday, September 11, 2025**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Guru Vasara Yukityam nru adhpapura, Sri Lanka
 Ashvini/Bharani Nakshatra Dhruva/Vyagha* Yoga Balava/Kaulava Karana Chalurthi/Panchamyam Titau Sun 3 Sutra 150
 Vossasu 5127

Gulika 9:03AM - 10:34AM **Ashvini Until 1:56PM** **Ganesha:** White **Sunrise:** 6:00AM
Yama 6:00AM - 7:31AM **Dhruva Until 5:02PM** **Muruga:** Blue **Sunset:** 6:18PM
Rahu 1:37PM - 3:09PM **Kaulava Until 11:21PM** **Nataraja:** White **Moon 9 - Phase 21 - 3**
Chalurthi* Until 12:45PM **Moon - White** **Sivaloka Day**
Bhadrapada-Avani

Mesha Rasi: 8.29 Tithi 19 - 20
 Creative Work Amrita Yoga
 Until 1:56PM
 Then Creative Work - Siddha Yoga

**Friday, September 12, 2025**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Sukra Vasara Yukityam nru adhpapura, Sri Lanka
 Bharani/Kritika Nakshatra Vyagha*Harshana Yoga Talilla/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 151
 Vossasu 5127

Gulika 7:31AM - 9:03AM **Bharani Until 11:56AM** **Ganesha:** Blue **Sunrise:** 6:00AM
Yama 3:08PM - 4:40PM **Vyagha* Until 1:41PM** **Muruga:** Blue **Sunset:** 6:17PM
Rahu 10:34AM - 12:05PM **Gara Until 8:39PM** **Nataraja:** White **Moon 9 - Phase 21 - 4**
Panchami Until 9:57AM **Moon - White** **Sivaloka Day**
Bhadrapada-Avani

Mesha Rasi: 23.04 Tithi 20 - 21
 Creative Work Siddha Yoga

**Saturday, September 13, 2025**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Mani Vasara Yukityam nru adhpapura, Sri Lanka
 Kritika/Rohini Nakshatra Harshana/Vajra* Yoga Vanju/Vel* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 152
 Vossasu 5127

Gulika 6:00AM - 7:31AM **Kritika Until 10:01AM** **Ganesha:** Blue **Sunrise:** 6:00AM
Yama 1:36PM - 3:08PM **Harshana Until 10:31AM** **Muruga:** Blue **Sunset:** 6:17PM
Rahu 9:02AM - 10:34AM **Visli Until 6:12PM** **Nataraja:** White **Moon 9 - Phase 21 - 5**
Shashthi* Until 7:22AM **Moon - White** **Sivaloka Day**
Bhadrapada-Avani

Wishabha Rasi: 7.3 Tithi 21 - 22
 Creative Work Amrita Yoga

**Sunday, September 14, 2025****Retreat Star**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Bhanu Vasara Yukityam nru adhpapura, Sri Lanka
 Rohini/Mrigashira Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Achamyam Titau Sun 6 Sutra 153
 Vossasu 5127

Gulika 3:07PM - 4:39PM **Rohini Until 8:40AM** **Ganesha:** Red **Sunrise:** 5:59AM
Yama 12:05PM - 1:36PM **Vajra* Until 7:34AM** **Muruga:** Blue **Sunset:** 6:10PM
Rahu 4:39PM - 6:10PM **Balava Until 4:04PM** **Nataraja:** White **Moon 9 - Phase 21 - 6**
Ashtami* Until 3:07AM Mon **Moon - Yellow** **Subha Sivaloka Day**
Bhadrapada-Avani

Wishabha Rasi: 21.45 Tithi 23
 Creative Work Siddha Yoga

Monday, September 15, 2025**Retreat Star**

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Indu Vasara Yukityam nru adhpapura, Sri Lanka
 Mrigashira/Andra Nakshatra Vyalipala* Yoga Talilla/Gara Karana Navamyam Titau Sun 7 Sutra 154
 Vossasu 5127

Gulika 1:36PM - 3:07PM **Mrigashira Until 7:31AM** **Ganesha:** Red **Sunrise:** 5:59AM
Yama 10:33AM - 12:04PM **Vyalipala* Until 2:35AM Tue** **Muruga:** Blue **Sunset:** 6:09PM
Rahu 7:31AM - 9:02AM **Taililla Until 2:18PM** **Nataraja:** White **Moon 9 - Phase 21 - 7**
Navami* Until 1:33AM Tue **Moon - Yellow** **Subha Sivaloka Day**
Bhadrapada-Avani

Mithuna Rasi: 5.46 Tithi 24
 Family Home Evening
 Creative Work Amrita Yoga
 Until 7:31AM
 Then Creative Work - Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1

Tuesday, September 16, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Mangala Vasara Yukatayam
Anra/Punvasu Nakshatra Varjany Yoga Vanja/Visti/ Karana Dashantayam TitauVnu adbhapura, Sri Lanka
Sun 8 Sutra 155

Mithuna Rasi: 19.33 Tithi 25

Gulika 12:04PM - 1:35PM
Yama 9:02AM - 10:33AM
51828573 Rahu 3:06PM - 4:38PMArdra Until 6:38AM
Varjany Until 12:34AM Wed
Vanija Until 12:56PMGanesha: Red Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 8
2nd PhaseRoutine Work Marana Yoga
Until 6:38AM
Then Creative Work - Siddha YogaDashami Until 12:24AM Wed
Moon - Yellow
Bhadrapada-Avani

Subha Sivaloka Day

2

Wednesday, September 17, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Budha Vasara Yukatayam
Punavasu/Pushya Nakshatra Parigha Yoga Bava/Balava Karana Ekadashyam TitauVnu adbhapura, Sri Lanka
Sun 9 Sutra 156

Kalka Rasi: 3.05 Tithi 26

Gulika 10:33AM - 12:04PM
Yama 7:30AM - 9:01AM
541828573 Rahu 12:04PM - 1:35PMPunarvasu Until 6:26AM
Parigha* Until 10:54PM
Bava Until 12:00PMGanesha: Green Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

Ekadashi* Until 11:41PM
Moon - Blue
Bhadrapada-Puratasi

Sivaloka Day

3

Thursday, September 18, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Guru Vasara Yukatayam
Shiva Yoga Kaulava/Taila Karana Dvadashtyam TitauVnu adbhapura, Sri Lanka
Sun 10 Sutra 157

Kalka Rasi: 16.22 Tithi 27

Gulika 9:01AM - 10:32AM
Yama 5:59AM - 7:30AM
541828573 Rahu 1:34PM - 3:06PMPushya Until 6:32AM
Shiva Until 9:37PM
Kaulava Until 11:30AMGanesha: Green Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 10
2nd PhaseCreative Work Amrita Yoga
Until 6:32AM
Then Creative Work - Siddha YogaDvadashti* Until 11:24PM
Moon - Blue
Bhadrapada-Puratasi

Sivaloka Day

4

Friday, September 19, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Sukra Vasara Yukatayam
Siddha Yoga Gara/Vanja Karana Trayodashyam TitauVnu adbhapura, Sri Lanka
Sun 11 Sutra 158

Kalka Rasi: 29.25 Tithi 28

Gulika 7:30AM - 9:01AM
Yama 3:05PM - 4:36PM
541828573 Rahu 10:32AM - 12:03PMAshlesha* Until 6:55AM
Siddha Until 8:39PM
Gara Until 11:28AMGanesha: Green Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 11
2nd Phase

Routine Work Marana Yoga

Trayodashi* Until 11:36PM
Moon - Blue
Bhadrapada-Puratasi

Sivaloka Day

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Mani Vasara Yukatayam
Magha/Purvaphalguni Nakshatra Sadhya Yoga Visti/Sakuni/ Karana Chaturdashyam TitauVnu adbhapura, Sri Lanka
Sun 12 Sutra 159

Mithuna Rasi: 12.14 Tithi 29

Gulika 5:59AM - 7:30AM
Yama 1:34PM - 3:05PM
551828573 Rahu 9:01AM - 10:32AMMagha* Until 8:04AM
Sadya Until 8:04PM
Visti Until 11:54AMGanesha: White Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 12
2nd PhaseCreative Work Amrita Yoga
Until 8:04AM
Then Creative Work - Siddha YogaChaturdashi* Until 12:16AM Sun
Moon - Red
Bhadrapada-Puratasi

Sivaloka Day

●

Sunday, September 21, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Bharu Vasara Yukatayam
Uttaraphalguni/Hasta Nakshatra Subha Yoga Cataspada/Naga/ Karana Amavasyayam TitauVnu adbhapura, Sri Lanka
Sun 13 Sutra 160

Mithuna Rasi: 24.5 Tithi 30

Gulika 3:04PM - 4:35PM
Yama 12:02PM - 1:33PM
551828573 Rahu 4:35PM - 6:06PMPurvaphalguni Until 9:30AM
Subha Until 7:52PM
Cataspada Until 12:47PMGanesha: White Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 13
AmavasyaCreative Work Siddha Yoga
Until 9:30AM
Then Creative Work - Amrita Yoga

Mahalaya Amavasya (Tamil Nadu)

Amavasya* Until 1:23AM Mon
Moon - Red
Bhadrapada-Puratasi

Sivaloka Day

Monday, September 22, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Sukla Paksho Indu Vasara Yukatayam
Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam TitauVnu adbhapura, Sri Lanka
Sun 14 Sutra 161

Kanya Rasi: 7.14 Tithi 1

Gulika 1:33PM - 3:04PM
Yama 10:31AM - 12:02PM
551828573 Rahu 7:29AM - 9:00AMUttaraphalguni Until 11:14AM
Sukla Until 7:59PM
Kintughna Until 2:09PMGanesha: White Sunrise: 5:59AM
Muruga: Blue Sunset: 6:09PM
Nataraja: WhiteMoon 9 - Phase 22 - 14
Prathama

Creative Work Siddha Yoga

Navaratri Begins

Prathama* Until 2:58AM Tue
Moon - Red
Ashvina-Puratasi

Sivaloka Day

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1	Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Mangala Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Hasta/Chitra Nakshatra Brahma Yoga Balava/Kaulava Karana Dvilyayam Tilau		Sun 15		Sutra 162		
Kanya Rasi: 19.26	Tilthi 2	Gulika	12:02PM - 1:32PM	Hasla Until 1:41PM	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	9:00AM - 10:31AM	Brahma Until 8:24PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 15
Creative Work	Siddha Yoga	Rahu	3:03PM - 4:34PM	Balava Until 3:55PM	Nataraja: White		
		Dvitiya Until 4:55AM Wed			Moon - Green	Ashtina-Puratasi	Subha Sivaloka Day

2	Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Badha Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Chitra/Svali Nakshatra Indra Yoga Talila Karana Trilyayam Tilau		Sun 16		Sutra 163		
Tula Rasi: 1.31	Tilthi 3	Gulika	10:30AM - 12:01PM	Chitra Until 4:19PM	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	7:29AM - 9:00AM	Indra Until 9:06PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 16
Creative Work	Siddha Yoga	Rahu	12:01PM - 1:32PM	Talila Until 6:02PM	Nataraja: White		
		Trityiya Until 7:10AM Thu			Moon - Green	Ashtina-Puratasi	Subha Sivaloka Day

3	Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Guru Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Svali Nakshatra Vaidhili' Yoga Gara/Varija Karana Trilya/Chaturtham Tilau		Sun 17		Sutra 164		
Tula Rasi: 13.27	Tilthi 3 - 4	Gulika	8:59AM - 10:30AM	Svali Until 7:01PM	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	7:29AM - 9:00AM	Vaidhili' Until 9:56PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 17
Creative Work	Amrita Yoga	Rahu	1:32PM - 3:02PM	Varija Until 8:24PM	Nataraja: White		
		Trityiya Until 7:10AM			Moon - Green	Ashtina-Puratasi	Subha Sivaloka Day

4	Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Sukra Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Svali Nakshatra Vaidhili' Yoga Vadi' Bava Karana Chaturthi/Panchamam Tilau		Sun 18		Sutra 165		
Tula Rasi: 25.2	Tilthi 4 - 5	Gulika	7:29AM - 8:59AM	Vishakha Until 10:10PM	Ganesha: Blue	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	3:02PM - 4:32PM	Vishkambha" Until 10:51PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 18
Creative Work	Siddha Yoga	Rahu	10:30AM - 12:01PM	Bava Until 10:52PM	Nataraja: White		
		Chaturthi" Until 9:36AM			Moon - Orange	Ashtina-Puratasi	Subha Subha Sivaloka Day

5	Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Manva Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Anuradha Nakshatra Prili Yoga Balava/Kaulava Karana Panchami/Shashtham Tilau		Sun 19		Sutra 166		
Wischika Rasi: 7.11	Tilthi 5 - 6	Gulika	5:58AM - 7:28AM	Anuradha Until 1:07AM Sun	Ganesha: Blue	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	1:31PM - 3:01PM	Prili Until 11:46PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 19
Creative Work	Siddha Yoga	Rahu	8:59AM - 10:30AM	Kaulava Until 1:18AM Sun	Nataraja: White		
		Panchami Until 12:05PM			Moon - Orange	Ashtina-Puratasi	Subha Subha Sivaloka Day

6	Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Bhanu Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Jyeshtha" Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptamam Tilau		Sun 20		Sutra 167		
Wischika Rasi: 19.05	Tilthi 6 - 7	Gulika	3:01PM - 4:31PM	Jyeshtha" Until 3:42AM Mon	Ganesha: Green	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	12:00PM - 1:29PM	Ayushman Until 12:30AM Mon	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 20
Routine Work	Marana Yoga	Rahu	4:31PM - 6:02PM	Gara Until 3:32AM Mon	Nataraja: White		
		Shashthi" Until 2:26PM			Moon - Orange	Ashtina-Puratasi	Sivaloka Day

Monday, September 29, 2025	Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Mula" Nakshatra Aushman Yoga Talila/Saptami/Ashthamam Tilau		Sun 21		Sutra 168		
Dhanu Rasi: 1.03	Tilthi 7 - 8	Gulika	1:30PM - 3:00PM	Mula" Until 6:15AM Tue	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama	10:29AM - 12:00PM	Saubhagya Until 12:58AM Tue	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 21
Family Home Evening	Creative Work	Rahu	7:28AM - 8:59AM	Visi Until 5:22AM Tue	Nataraja: White		
		Saptami Until 4:30PM			Moon - Light Blue	Ashtina-Puratasi	Subha Sivaloka Day

Tuesday, September 30, 2025	Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Mangala Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Mula"/Purvashadha" Nakshatra Sobhana Yoga Bava Karana Navamam Tilau		Sun 22		Sutra 169		
Dhanu Rasi: 13.11	Tilthi 8	Gulika	11:59AM - 1:30PM	Mula" Until 6:15AM	Ganesha: Red	Sunrise: 5:57AM	Vasavasu: 5:17
		Yama	8:58AM - 10:29AM	Sobhana Until 1:02AM Wed	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 22
Creative Work	Amrita Yoga	Rahu	3:00PM - 4:30PM	Bava Until 6:04PM	Nataraja: White		
		Durga Ashtami	Ashlami" Until 6:04PM	Moon - Light Blue	Ashtina-Puratasi	Subha Sivaloka Day	

Wednesday, October 1, 2025	Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Badha Vasara Yuktyam Inru adbhapura, Sri Lanka				
	Purvashadha"/Uttarashadha Nakshatra Athiganda" Yoga Balava/Kaulava Karana Navamam Tilau		Sun 23		Sutra 170		
Dhanu Rasi: 25.34	Tilthi 9	Gulika	10:28AM - 11:59AM	Purvashadha" Until 8:05AM	Ganesha: Red	Sunrise: 5:57AM	Vasavasu: 5:17
		Yama	7:28AM - 8:58AM	Athiganda" Until 12:33AM Thu	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 23
Creative Work	Amrita Yoga	Rahu	11:59AM - 1:29PM	Balava Until 6:39AM	Nataraja: White		
		Saraswathi Puja (Tamil Nadu)	Navam" Until 7:01PM	Moon - Light Blue	Ashtina-Puratasi	Subha Sivaloka Day	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margo. Tirumantram 1502

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1 Thursday, October 2, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukama Yoga Talila/Gara Karana Dashayam Titau				Nur adbhapura, Sri Lanka Sun 24 Subra 171	
Makara Rasi: 8.16	Tithi 10	Gulika 8:58AM - 10:28AM	Uttarashadha Until 9:04AM	Ganesha: Red	Sunrise: 5:57AM	Vivavasu: 5:127	
		Yama 5:57AM - 7:28AM	Sukarma Until 11:29PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 24 - 22	4th Phase
		682928573 Rahu 1:29PM - 2:59PM	Tailita Until 7:14AM	Nataraja: White			
Routine Work Marana Yoga			Dashami Until 7:12PM	Moon - Light Blue			Subha Sivaloka Day
Until 9:04AM				Ashvina-Puratasi			
Then Creative Work - Siddha Yoga							

2 Friday, October 3, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanja/Vesil' Karana Ekadashyam Titau				Nur adbhapura, Sri Lanka Sun 25 Subra 172	
Makara Rasi: 21.2	Tithi 11	Gulika 7:27AM - 8:58AM	Shravana Until 9:35AM	Ganesha: Blue	Sunrise: 5:57AM	Vivavasu: 5:127	
		Yama 2:59PM - 4:29PM	Dhriti Until 9:48PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 25	4th Phase
		692928573 Rahu 10:28AM - 11:58AM	Vanija Until 7:01AM	Nataraja: White			
Routine Work Marana Yoga			Ekadashi Until 6:35PM	Moon - Purple			Sivaloka Day
Until 9:35AM				Ashvina-Puratasi			
Then Creative Work - Siddha Yoga							

3 Saturday, October 4, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shul' Yoga Bava/Kadava Karana Dvadashi/Trayodashyam Titau				Nur adbhapura, Sri Lanka Sun 26 Subra 173	
Kumbha Rasi: 4.5	Tithi 12 - 13	Gulika 5:57AM - 7:27AM	Dhanishtha Until 9:11AM	Ganesha: Blue	Sunrise: 5:57AM	Vivavasu: 5:127	
		Yama 1:28PM - 2:58PM	Shula* Until 7:28PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 26	4th Phase
		692928573 Rahu 8:57AM - 10:28AM	Bava Until 6:00AM	Nataraja: White			
Creative Work Siddha Yoga			Dvadashi Until 5:12PM	Moon - Purple			Sivaloka Day
Until 9:11AM		Kadaltsami Mahasamadi		Ashvina-Puratasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vata</i>				

4 Sunday, October 5, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Bharu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Ganda/Vidhih Yoga Talila/Gara Karana Trayodashi/Chaludashyam Titau				Nur adbhapura, Sri Lanka Sun 27 Subra 174	
Kumbha Rasi: 18.47	Tithi 13 - 14	Gulika 2:58PM - 4:28PM	Shatabhishak Until 7:54AM	Ganesha: Blue	Sunrise: 5:57AM	Vivavasu: 5:127	
		Yama 11:58AM - 1:28PM	Ganda* Until 4:35PM	Muruga: Blue	Sunset: 5:58PM	Moon 9 - Phase 24 - 27	4th Phase
		692928573 Rahu 4:28PM - 5:58PM	Gara Until 1:51AM Mon	Nataraja: White			
Creative Work Siddha Yoga			Trayodashi Until 3:06PM	Moon - Purple			Sivaloka Day
		Chidambaram Abhishekam		Ashvina-Puratasi			

O Monday, October 6, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Purvashrothapada*/Uttarprothapada Nakshatra Vidhih Dhruva Yoga Vanja/Vesil' Karana Chaturdashi/Purnimayam Titau				Nur adbhapura, Sri Lanka Sun 28 Subra 175	
Meena Rasi: 3.09	Tithi 14 - 15	Gulika 1:27PM - 2:57PM	Purvashrothapada* Until 6:17AM	Ganesha: Clear	Sunrise: 5:57AM	Vivavasu: 5:127	
Family Home Evening		Yama 10:27AM - 11:57AM	Vidhih Until 1:15PM	Muruga: Blue	Sunset: 5:58PM	Moon 9 - Phase 24 - 28	Purnima
613928573 Rahu 7:27AM - 8:57AM			Visil Until 10:56PM	Nataraja: White			
Routine Work Marana Yoga			Chaturdashi* Until 12:26PM	Moon - Clear			Subha Sivaloka Day
Until 6:17AM				Ashvina-Puratasi			
Then Creative Work - Siddha Yoga							

Tuesday, October 7, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nur adbhapura, Sri Lanka Sun 29 Subra 176	
Meena Rasi: 17.52	Tithi 15 - 16	Gulika 11:57AM - 1:27PM	Revati Until 1:22AM Wed	Ganesha: Clear	Sunrise: 5:57AM	Vivavasu: 5:127	
		Yama 8:57AM - 10:27AM	Dhruva Until 9:32AM	Muruga: Blue	Sunset: 5:57PM	Moon 9 - Phase 24 - 29	Prathama
		613928573 Rahu 2:57PM - 4:27PM	Balava Until 7:40PM	Nataraja: White			
Creative Work Siddha Yoga			Purnima* Until 9:19AM	Moon - Clear			Subha Sivaloka Day
Until 1:22AM Wed				Ashvina-Puratasi			
Then Routine Work - Marana Yoga							

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvityayam TitauVnur adhapura, Sri Lanka
Sutra 177Mesha Rasi: 2.49 Tithi 17
633928574Gulika 10:27AM - 11:57AM
Yama 7:27AM - 8:57AM
Rahu 11:57AM - 1:27PMAshvini Until 10:47PM
Harshana Until 1:35AM Thu
Talila Until 4:12PM
Dvitiya Until 2:26AM ThuGanesh: White Sunrise: 5:57AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - White
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 1st Phase
Subha Sivaloka DayRoutine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha Yoga**1 Thursday, October 9, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam
Bharani Nakshatra Vajra Yoga Vanji/Visi/ Karana Trityayam TitauVnur adhapura, Sri Lanka
Sun 1 Sutra 178Mesha Rasi: 17.5 Tithi 18
633928574Gulika 8:57AM - 10:27AM
Yama 5:57AM - 7:27AM
Rahu 1:26PM - 2:56PMBharani Until 8:05PM
Vajra Until 9:34PM
Vanija Until 12:42PM
Tritya Until 10:58PMGanesh: White Sunrise: 5:57AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - White
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 1st Phase
Subha Sivaloka DayCreative Work Siddha Yoga
Until 8:05PM
Then Routine Work - Marana Yoga**2 Friday, October 10, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sudra Vasara Yuktayam
Kritika/Rohini Nakshatra Siddhi/Vyolpata Yoga Bava/Balava Karana Chalurthyam TitauVnur adhapura, Sri Lanka
Sun 2 Sutra 179Vishabha Rasi: 2.5 Tithi 19
633928574Gulika 7:27AM - 8:56AM
Yama 2:56PM - 4:26PM
Rahu 10:26AM - 11:56AMKritika Until 5:25PM
Siddhi Until 5:43PM
Bava Until 9:19AM
Chalurthi Until 7:42PMGanesh: White Sunrise: 5:57AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - White
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 1st Phase
Subha Sivaloka DayCreative Work Siddha Yoga
Until 5:25PM
Then Routine Work - Marana Yoga**3 Saturday, October 11, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam
Rohini/Magshira Nakshatra Vyolpata/Variyan Yoga Kaulava/Gara Karana Panchami/Shashthyam TitauVnur adhapura, Sri Lanka
Sun 3 Sutra 180Vishabha Rasi: 17.38 Tithi 20 - 21
633928574Gulika 5:57AM - 7:26AM
Yama 1:26PM - 2:56PM
Rahu 8:56AM - 10:26AMRohini Until 3:21PM
Vyolpata Until 2:09PM
Kaulava Until 6:12AM
Panchami Until 4:46PMGanesh: Yellow Sunrise: 5:57AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Yellow
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 3 1st Phase
Sivaloka DayCreative Work Amrita Yoga
Until 3:21PM
Then Creative Work - Siddha Yoga**4 Sunday, October 12, 2025**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam
Magshira/Ardra Nakshatra Variyan/Parigha Yoga Vanji/Visi/ Karana Shashthi/Saptamyam TitauVnur adhapura, Sri Lanka
Sun 4 Sutra 181Mithuna Rasi: 2.08 Tithi 21 - 22
633928574Gulika 2:55PM - 4:25PM
Yama 11:56AM - 1:25PM
Rahu 4:25PM - 5:55PMMrigashira Until 1:37PM
Variyan Until 10:55AM
Visi Until 1:18AM Mon
Shashthi Until 2:18PMGanesh: Yellow Sunrise: 5:57AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Yellow
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 4 1st Phase
Sivaloka Day

Creative Work Siddha Yoga

Monday, October 13, 2025**Retreat Star**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam TitauVnur adhapura, Sri Lanka
Sun 5 Sutra 182Mithuna Rasi: 16.16 Tithi 22 - 23
633928574Gulika 1:25PM - 2:55PM
Yama 10:26AM - 11:55AM
Rahu 7:26AM - 8:56AMArdra Until 12:17PM
Parigha Until 8:09AM
Balava Until 11:42PM
Saptami Until 12:24PMGanesh: Yellow Sunrise: 5:57AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Yellow
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 5
AshtamiFamily Home Evening
Creative Work Siddha Yoga
Until 12:17PM
Then Creative Work - Amrita Yoga**Tuesday, October 14, 2025****Retreat Star**Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taila Karana Ashtami/Navamyam TitauVnur adhapura, Sri Lanka
Sun 6 Sutra 183Kataka Rasi: 0.01 Tithi 23 - 24
643928574Gulika 11:55AM - 1:25PM
Yama 8:56AM - 10:25AM
Rahu 2:54PM - 4:24PMPunarvasu Until 11:51AM
Siddha Until 4:07AM Wed
Taila Until 10:45PM
Ashtami Until 11:08AMGanesh: Blue Sunrise: 5:56AM
Muruga: Blue Sunset: 5:59PM
Nataraja: Clear
Moon - Blue
Ashvini-PuratasiVivavasu 5:127
Moon 10 - Phase 25 - 6
Navami
Subha Sivaloka Day

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1

Wednesday, October 15, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 7 Sutra 184	
		Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Titau			
Kataka Rasi: 13.24	TITHI 24 – 25	Gulika 10:25AM – 11:55AM	Pushya Until 11:56AM	Ganesh: Blue	Sunrise: 5:56AM
		Yama 7:26AM – 8:56AM	Sadhya Until 2:53AM Thu	Muruga: Blue	Sunset: 5:59PM
		Rahu 11:55AM – 1:25PM	Vanija Until 10:28PM	Nataraja: Clear	Moon 10 - Phase 26 - 12
Creative Work	Siddha Yoga		Navami* Until 10:31AM	Moon - Blue	Subha Sivaloka Day
				Ashvina-Puratasi	

2

Thursday, October 16, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 8 Sutra 185	
		Ashlesha*/Magha* Nakshatra Subha Yoga Vasil*/Bava Karana Dashami/Ekadasmyam Titau			
Kataka Rasi: 26.26	TITHI 25 – 26	Gulika 8:56AM – 10:25AM	Ashlesha* Until 12:29PM	Ganesh: Blue	Sunrise: 5:56AM
		Yama 5:56AM – 7:26AM	Subha Until 2:08AM Fri	Muruga: Blue	Sunset: 5:59PM
		Rahu 1:24PM – 2:54PM	Bava Until 10:49PM	Nataraja: Clear	Moon 10 - Phase 26 - 12
Creative Work	Siddha Yoga		Dashami Until 10:33AM	Moon - Blue	Subha Sivaloka Day
Until 12:29PM				Ashvina-Puratasi	
Then Creative Work - Amrita Yoga					

3

Friday, October 17, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Pakshi Sukra Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 9 Sutra 186	
		Magha*/Purvaphalguni Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dvadashmyam Titau			
Simha Rasi: 9.11	TITHI 26 – 27	Gulika 7:26AM – 8:55AM	Magha* Until 1:55PM	Ganesh: Red	Sunrise: 5:56AM
		Yama 2:54PM – 4:23PM	Sukla Until 1:46AM Sat	Muruga: Blue	Sunset: 5:59PM
		Rahu 10:25AM – 11:54AM	Kaulava Until 11:42PM	Nataraja: Clear	Moon 10 - Phase 26 - 12
Routine Work	Marana Yoga		Ekadashi* Until 11:10AM	Moon - Red	Sivaloka Day
Until 1:55PM				Ashvina-Alpasi	
Then Creative Work - Siddha Yoga					

4

Saturday, October 18, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Pakshi Manta Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 10 Sutra 187	
		Purvaphalguni Nakshatra Brahma Yoga Lalila/Gara Karana Dvadashi/Trayodshmyam Titau			
Kataka Rasi: 21.4	TITHI 27 – 28	Gulika 5:56AM – 7:26AM	Purvaphalguni Until 3:40PM	Ganesh: Red	Sunrise: 5:56AM
		Yama 1:24PM – 2:53PM	Brahma Until 1:47AM Sun	Muruga: Blue	Sunset: 5:59PM
		Rahu 8:55AM – 10:25AM	Gara Until 1:04AM Sun	Nataraja: Clear	Moon 10 - Phase 26 - 12
Creative Work	Siddha Yoga		Dvadashi* Until 12:19PM	Moon - Red	Sivaloka Day
Until 3:40PM				Ashvina-Alpasi	
Then Routine Work - Marana Yoga					

Pradosha Vata (Fasting)

5

Sunday, October 19, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Pakshi Shru Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 11 Sutra 188	
		Uttaraphalguni Nakshatra Indra Yoga Varjya/Vasil* Karana Trayodashi/Chaturdashmyam Titau			
Kanya Rasi: 3.59	TITHI 28 – 29	Gulika 2:53PM – 4:22PM	Uttaraphalguni Until 5:40PM	Ganesh: Red	Sunrise: 5:56AM
		Yama 11:54AM – 1:24PM	Indra Until 2:05AM Mon	Muruga: Blue	Sunset: 5:59PM
		Rahu 4:22PM – 5:52PM	Vasil Until 2:49AM Mon	Nataraja: Clear	Moon 10 - Phase 26 - 12
Creative Work	Amrita Yoga		Trayodashi* Until 1:53PM	Moon - Red	Sivaloka Day
		Deepavali Hindu Solidarity Day		Ashvina-Alpasi	

6

Monday, October 20, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Pakshi Indu Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 12 Sutra 189	
		Hashta Nakshatra Vaidhriti* Yoga Sakuni*/Catuspadi* Karana Chaturdashmi/Amavasyam Titau			
Kanya Rasi: 16.08	TITHI 29 – 30	Gulika 1:23PM – 2:53PM	Hashta Until 8:18PM	Ganesh: Blue	Sunrise: 5:57AM
Family Home Evening		Yama 10:25AM – 11:54AM	Vaidhriti* Until 2:36AM Tue	Muruga: Blue	Sunset: 5:59PM
		Rahu 7:26AM – 8:55AM	Catuspadi Until 4:52AM Tue	Nataraja: Clear	Moon 10 - Phase 26 - 12
Creative Work	Siddha Yoga		Chaturdashmi* Until 3:48PM	Moon - Green	Devaloka Day
Until 8:18PM				Ashvina-Alpasi	
Then Routine Work - Prabarashtha Yoga					

●

Tuesday, October 21, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Pakshi Mangala Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 13 Sutra 190	
		Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughni* Karana Amavasya/Prathamayam Titau			
Retreat Star		Gulika 11:54AM – 1:23PM	Chitra Until 11:01PM	Ganesh: Blue	Sunrise: 5:57AM
Kanya Rasi: 28.1	TITHI 30 – 1	Yama 8:55AM – 10:24AM	Vishkambha* Until 3:18AM Wed	Muruga: Blue	Sunset: 5:59PM
		Rahu 2:52PM – 4:22PM	Kintughna Until 7:09AM Wed	Nataraja: Clear	Moon 10 - Phase 26 - 12
Creative Work	Siddha Yoga		Amavasya* Until 5:58PM	Moon - Green	Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Alpasi	

Wednesday, October 22, 2025

		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Pakshi Budha Vasara Yuktiyam Nuru adbhapura, Sri Lanka		Sun 14 Sutra 191	
		Svati Nakshatra Pili Yoga Kintughna*/Bava Karana Prathamayam Titau			
Tula Rasi: 10.07	TITHI 1	Gulika 10:24AM – 11:54AM	Svati Until 1:44AM Thu	Ganesh: Blue	Sunrise: 5:57AM
		Yama 7:26AM – 8:55AM	Pili Until 4:08AM Thu	Muruga: Yellow	Sunset: 5:59PM
		Rahu 11:54AM – 1:23PM	Kintughna Until 7:09AM	Nataraja: Clear	Moon 10 - Phase 26 - 14
Creative Work	Siddha Yoga		Prathama* Until 8:20PM	Moon - Green	Bhuloka Day
		Skanda Shashi Begins		Kartika-Alpasi	Devaloka Time: 3PM to 6PM

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1		Thursday, October 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Aayushman Yoga Balava/Kaulava Karana Dvityayam Tilau	Vnr adhpapura, Sri Lanka Sun 15	Sutra 192
Tula Rasi: 22.01	Tithi 2	Gulika 8:55AM - 10:24AM	Vishakha Untill 4:52AM Fri	Ganesha: White	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 5:57AM - 7:26AM	Ayushman Untill 5:00AM Fri	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 15
Creative Work	Siddha Yoga	674138574 Rahu 1:23PM - 2:52PM	Balava Untill 9:35AM	Nataraja: Clear		3rd Phase
			Dvitiya Untill 10:49PM	Moon - Orange		
				Kartika-Alpasi		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

2		Friday, October 24, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Saubhaga Yoga Talila/Gara Karana Trityayam Tilau	Vnr adhpapura, Sri Lanka Sun 16	Sutra 193
Wisshika Rasi: 3.53	Tithi 3	Gulika 7:26AM - 8:55AM	Anuradha Untill 7:51AM Sat	Ganesha: White	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 1:22PM - 2:51PM	Saubhaga Untill 5:54AM Sat	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 16
Creative Work	Siddha Yoga	674138574 Rahu 10:24AM - 11:53AM	Talila Untill 12:06PM	Nataraja: Clear		3rd Phase
			Trityiya Untill 1:20AM Sat	Moon - Orange		
				Kartika-Alpasi		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

3		Saturday, October 25, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantra Vasara Yuktayam Anuradha Jyeshtha Nakshatra Sobhana Yoga Vanija/Visi Karana Chaturthiyam Tilau	Vnr adhpapura, Sri Lanka Sun 17	Sutra 194
Wisshika Rasi: 15.44	Tithi 4	Gulika 5:57AM - 7:26AM	Anuradha Untill 7:51AM	Ganesha: White	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 1:22PM - 2:51PM	Sobhana Untill 6:44AM Sun	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 17
Creative Work	Siddha Yoga	674138574 Rahu 8:55AM - 10:24AM	Vanija Untill 2:36PM	Nataraja: Clear		3rd Phase
			Chaturthi Untill 3:47AM Sun	Moon - Orange		
				Kartika-Alpasi		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

4		Sunday, October 26, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Jyeshtha/Mula Nakshatra Sobhana/Ahiganda Yoga Bava/Balava Karana Panchamam Tilau	Vnr adhpapura, Sri Lanka Sun 18	Sutra 195
Wisshika Rasi: 27.38	Tithi 5	Gulika 2:51PM - 4:20PM	Jyeshtha Untill 10:35AM	Ganesha: White	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 11:53AM - 1:22PM	Sobhana Untill 6:44AM	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 18
Routine Work	Marana Yoga	674138574 Rahu 4:20PM - 5:49PM	Bava Untill 4:59PM	Nataraja: Clear		3rd Phase
Untill 10:35AM			Panchami Untill 6:03AM Mon	Moon - Orange		
Then Creative Work - Amrita Yoga				Kartika-Alpasi		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

5		Monday, October 27, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula/Purvashada Nakshatra Ahiganda/Sakama Yoga Balava/Kaulava Karana Panchami/Sheshthiyam Tilau	Vnr adhpapura, Sri Lanka Sun 19	Sutra 196
Dhanus Rasi: 10	Tithi 5 - 6	Gulika 1:22PM - 2:51PM	Mula Untill 1:25PM	Ganesha: Clear	Sunrise: 5:57AM	Vasavasu 5:127
Family Home Evening		Yama 10:24AM - 11:53AM	Ahiganda Untill 7:24AM	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 19
Creative Work	Siddha Yoga	684138574 Rahu 7:26AM - 8:55AM	Kaulava Untill 7:06PM	Nataraja: Clear		3rd Phase
Untill 1:25PM			Panchami Untill 6:03AM	Moon - Light Blue		
Then Routine Work - Marana Yoga		Skanda Shasthi		Kartika-Alpasi		
					Devaloka Day	

6		Tuesday, October 28, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashada/Uttarashada Nakshatra Sakama/Dhriti Yoga Talila/Gara Karana Shashthi/Saptamam Tilau	Vnr adhpapura, Sri Lanka Sun 20	Sutra 197
Dhanus Rasi: 21.41	Tithi 6 - 7	Gulika 11:53AM - 1:22PM	Purvashada Untill 3:44PM	Ganesha: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 8:55AM - 10:24AM	Sakama Untill 7:49AM	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 20
Creative Work	Siddha Yoga	684138574 Rahu 2:51PM - 4:20PM	Gara Untill 8:47PM	Nataraja: Clear		3rd Phase
Untill 3:44PM			Shashthi Untill 7:59AM	Moon - Light Blue		
Then Routine Work - Prabarashtha Yoga				Kartika-Alpasi		
					Devaloka Day	

7		Wednesday, October 29, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Badha Vasara Yuktayam Uttarashada/Shravana Nakshatra Dhriti/Shula Yoga Vanija/Visi Karana Saptami/Akshayam Tilau	Vnr adhpapura, Sri Lanka Sun 21	Sutra 198
Retreat Star		Gulika 10:24AM - 11:53AM	Uttarashada Untill 5:21PM	Ganesha: Clear	Sunrise: 5:57AM	Vasavasu 5:127
Makara Rasi: 3.59	Tithi 7 - 8	Yama 7:26AM - 8:55AM	Dhriti Untill 7:52AM	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 21
Creative Work	Amrita Yoga	684138574 Rahu 11:53AM - 1:22PM	Visi Untill 9:54PM	Nataraja: Clear		Ashtami
Untill 5:21PM			Saptami Untill 9:24AM	Moon - Light Blue		
Then Creative Work - Siddha Yoga				Kartika-Alpasi		
					Devaloka Day	

8		Thursday, October 30, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Shravana Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamam Tilau	Vnr adhpapura, Sri Lanka Sun 22	Sutra 199
Retreat Star		Gulika 8:55AM - 10:24AM	Shravana Untill 6:36PM	Ganesha: Purple	Sunrise: 5:57AM	Vasavasu 5:127
Makara Rasi: 16.35	Tithi 8 - 9	Yama 5:57AM - 7:26AM	Shula Untill 7:22AM	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 22
Creative Work	Siddha Yoga	694138574 Rahu 1:22PM - 2:50PM	Balava Untill 10:15PM	Nataraja: Clear		Navami
			Ashtami Untill 10:09AM	Moon - Purple		
				Kartika-Alpasi		
					Bhuloka Day	
					Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sukra Vasara Yuktayam Rohini Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau			Vnr adbhapura, Sri Lanka Sun 1 Subra 207
Wishabha Rasi: 11.33	Tithi 17 - 18	Gulika 7:27AM - 8:56AM Yama 2:50PM - 4:18PM Rahu 10:24AM - 11:53AM	Rohini Until 12:39AM Sat Parigha* Until 10:32PM Vanija Until 9:24PM Dvitiya Until 11:12AM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - Yellow Kartika-Alpasi	Sunrise: 5:59AM Sunset: 5:07PM Moon 11 - Phase 29 - 1 1st Phase
Routine Work	Marana Yoga	75138574			Sivaloka Day
Until 12:39AM Sat					
Then Creative Work	Siddha Yoga				

1**Saturday, November 8, 2025**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mania Vasara Yuktayam Mrigashira Nakshatra Shiva Yoga Visi* Bava Karana Tritiya/Chaturthiyam Tilau			Vnr adbhapura, Sri Lanka Sun 2 Subra 208
Wishabha Rasi: 26.4	Tithi 18 - 19	Gulika 5:59AM - 7:27AM Yama 1:21PM - 2:50PM Rahu 8:56AM - 10:24AM	Mrigashira Until 10:08PM Shiva Until 6:37PM Bava Until 6:03PM Tritiya Until 7:40AM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - Yellow Kartika-Alpasi	Sunrise: 5:59AM Sunset: 5:07PM Moon 11 - Phase 29 - 2 1st Phase
Creative Work	Siddha Yoga	75138574			Sivaloka Day

2**Sunday, November 9, 2025**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam Arda Nakshatra Siddha/Sadhya Yoga Kaulava/Taila Karana Panchamyam Tilau			Vnr adbhapura, Sri Lanka Sun 3 Subra 209
Mihuna Rasi: 11.28	Tithi 20	Gulika 2:50PM - 4:18PM Yama 11:53AM - 1:21PM Rahu 4:18PM - 5:46PM	Arda Until 8:00PM Siddha Until 3:05PM Kaulava Until 3:12PM Panchami Until 1:59AM Mon	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - Yellow Kartika-Alpasi	Sunrise: 5:59AM Sunset: 5:07PM Moon 11 - Phase 29 - 3 1st Phase
Creative Work	Siddha Yoga	75138574			Sivaloka Day

3**Monday, November 10, 2025**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam Punarvasu Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthyam Tilau			Vnr adbhapura, Sri Lanka Sun 4 Subra 210
Mihuna Rasi: 25.5	Tithi 21	Gulika 1:21PM - 2:50PM Yama 10:25AM - 11:53AM Rahu 7:28AM - 8:56AM	Punarvasu Until 6:48PM Sadhya Until 12:05PM Gara Until 12:59PM Shashthi* Until 12:08AM Tue	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Blue Kartika-Alpasi	Sunrise: 6:00AM Sunset: 5:06PM Moon 11 - Phase 29 - 4 1st Phase
Creative Work	Amrita Yoga	745138574			Devaloka Day
Until 6:48PM					
Then Creative Work	Siddha Yoga				

4**Tuesday, November 11, 2025**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam Pushya Nakshatra Subha/Sukla Yoga Visi* Bava Karana Saptamyam Tilau			Vnr adbhapura, Sri Lanka Sun 5 Subra 211
Kataka Rasi: 9.45	Tithi 22	Gulika 11:53AM - 1:21PM Yama 8:56AM - 10:25AM Rahu 2:50PM - 4:18PM	Pushya Until 6:15PM Subha Until 9:43AM Visi Until 11:32AM Saptami Until 11:06PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Blue Kartika-Alpasi	Sunrise: 6:00AM Sunset: 5:06PM Moon 11 - Phase 29 - 5 1st Phase
Creative Work	Siddha Yoga	746138574			Bhuloka Day Devaloka Time: 3PM to 6PM

D**Wednesday, November 12, 2025****Retreat Star**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam Ashlesha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Tilau			Vnr adbhapura, Sri Lanka Sun 6 Subra 212
Kataka Rasi: 23.1	Tithi 23	Gulika 10:25AM - 11:53AM Yama 7:28AM - 8:57AM Rahu 11:53AM - 1:21PM	Ashlesha* Until 6:21PM Sukla Until 7:57AM Balava Until 10:55AM Ashlami* Until 10:54PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Blue Kartika-Alpasi	Sunrise: 6:00AM Sunset: 5:06PM Moon 11 - Phase 29 - 6 Ashtami
Creative Work	Siddha Yoga	746138574			Bhuloka Day Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

		Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam Magha* Nakshatra Brahma/Indra Yoga Taila/Gara Karana Navamyam Tilau			Vnr adbhapura, Sri Lanka Sun 7 Subra 213
Simha Rasi: 6.1	Tithi 24	Gulika 8:57AM - 10:25AM Yama 6:00AM - 7:29AM Rahu 1:22PM - 2:50PM	Magha* Until 7:33PM Brahma Until 6:52AM Taila Until 11:07AM Navami* Until 11:30PM	Ganesh: Yellow Muruga: Yellow Nataraja: Clear Moon - Red Kartika-Alpasi	Sunrise: 6:00AM Sunset: 5:06PM Moon 11 - Phase 29 - 7 Navami
Creative Work	Amrita Yoga	756138574			Devaloka Day
Until 7:33PM					
Then Creative Work	Siddha Yoga				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1 Friday, November 14, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam Purvaphalguni Nakshatra Indra/Vaidhiti* Yoga Vanja/Visti* Karana Dashamyam Titau			Nur adhpapura, Sri Lanka Sun 8 Subra 214	
		Gulika 7:29AM - 8:57AM	Purvaphalguni Until 9:17PM	Ganesha: Yellow	Sunrise: 6:01AM	Vasavasau 5127
Simha Rasi: 18.47	Tithi 25	Yama 2:50PM - 4:18PM	Indra Until 6:23AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 8
Creative Work	Siddha Yoga	Rahu 10:25AM - 11:53AM	Vanija Until 12:05PM	Nataraja: Clear		2nd Phase
			Dashami Until 12:47AM Sat	Moon - Red		Devaloka Day
				Kartika-Alpasi		

2 Saturday, November 15, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhiti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau			Nur adhpapura, Sri Lanka Sun 9 Subra 215	
		Gulika 6:01AM - 7:29AM	Uttaraphalguni Until 11:23PM	Ganesha: Yellow	Sunrise: 6:01AM	Vasavasau 5127
Kanya Rasi: 1.07	Tithi 26	Yama 1:22PM - 2:50PM	Vaidhiti* Until 6:22AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 9
Routine Work	Marana Yoga	Rahu 8:57AM - 10:25AM	Bava Until 1:40PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 2:38AM Sun	Moon - Green		Devaloka Day
				Kartika-Alpasi		

3 Sunday, November 16, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Bhamu Vasara Yuktayam Uttaraphalguni Nakshatra Priti/Yoga Kaulava/Talita Karana Dvadashyam Titau			Nur adhpapura, Sri Lanka Sun 10 Subra 216	
		Gulika 2:50PM - 4:18PM	Hasla Until 2:12AM Mon	Ganesha: Blue	Sunrise: 6:01AM	Vasavasau 5127
Kanya Rasi: 13.14	Tithi 27	Yama 11:54AM - 1:22PM	Vishkambha* Until 6:45AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 10
Creative Work	Amrita Yoga	Rahu 4:18PM - 5:46PM	Kaulava Until 3:43PM	Nataraja: Clear		2nd Phase
Until 2:12AM Mon			Dvadashi* Until 4:50AM Mon	Moon - Green		Bhuloka Day
Then Routine Work - Prabarashita Yoga				Kartika-Karttikai		Devaloka Time: 3PM to 6PM

4 Monday, November 17, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Indu Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Gara Karana Trayodashyam Titau			Nur adhpapura, Sri Lanka Sun 11 Subra 217	
		Gulika 1:22PM - 2:50PM	Chitra Until 5:04AM Tue	Ganesha: Yellow	Sunrise: 6:01AM	Vasavasau 5127
Kanya Rasi: 25.13	Tithi 28	Yama 10:26AM - 11:54AM	Priti Until 7:24AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 11
Family Home Evening		Rahu 7:30AM - 8:58AM	Gara Until 6:03PM	Nataraja: Purple		2nd Phase
Routine Work	Prabarashita Yoga		Trayodashi* Until 7:16AM Tue	Moon - Green		Sivaloka Day
Until 5:04AM Tue				Kartika-Karttikai		
Then Creative Work - Siddha Yoga				Pradosha Vata (Fasting)		

5 Tuesday, November 18, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Mangala Vasara Yuktayam Svali Nakshatra Ayushman/Saubhagya Yoga Vanja/Visti* Karana Trayodashi/Chatudashyam Titau			Nur adhpapura, Sri Lanka Sun 12 Subra 218	
		Gulika 11:54AM - 1:22PM	Svali Until 7:51AM Wed	Ganesha: Yellow	Sunrise: 6:01AM	Vasavasau 5127
Tula Rasi: 7.07	Tithi 28 - 29	Yama 8:58AM - 10:26AM	Ayushman Until 8:10AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 12
Creative Work	Siddha Yoga	Rahu 2:50PM - 4:18PM	Visti Until 8:32PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 7:16AM	Moon - Green		Sivaloka Day
				Kartika-Karttikai		

Wednesday, November 19, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Budha Vasara Yuktayam Svali/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakun*/Catuspada* Karana Chaturdashi/Amavasyam Titau			Nur adhpapura, Sri Lanka Sun 13 Subra 219	
Retreat Star		Gulika 10:26AM - 11:54AM	Svali Until 7:51AM	Ganesha: Blue	Sunrise: 6:01AM	Vasavasau 5127
Tula Rasi: 18.59	Tithi 29 - 30	Yama 7:30AM - 8:58AM	Saubhagya Until 9:01AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 13
Creative Work	Siddha Yoga	Rahu 11:54AM - 1:22PM	Catuspada Until 11:04PM	Nataraja: Purple		Amavasya
			Chaturdashi* Until 9:47AM	Moon - Green		Devaloka Day
				Kartika-Karttikai		

Thursday, November 20, 2025		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakra Pakche Guru Vasara Yuktayam Vishakha/Anusudha Nakshatra Sobhana/Ahigandha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau			Nur adhpapura, Sri Lanka Sun 14 Subra 220	
Retreat Star		Gulika 8:59AM - 10:27AM	Vishakha Until 10:59AM	Ganesha: Blue	Sunrise: 6:01AM	Vasavasau 5127
Vishchika Rasi: 0.51	Tithi 30 - 1	Yama 6:03AM - 7:31AM	Sobhana Until 9:54AM	Muruga: Yellow	Sunset: 5:46PM	Moon 11 - Phase 30 - 14
Creative Work	Siddha Yoga	Rahu 1:23PM - 2:50PM	Kintughna Until 1:35AM Fri	Nataraja: Purple		Prathama
			Amavasya* Until 12:18PM	Moon - Orange		Devaloka Day
				Margasira-Karttikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Sukra Vesara Yukatayam Anuradha/Jyestha/ Nakshatra Abhiganda/Sukama Yoga Bava/Balava Karana Prathamam/Dvityayam Titau			Inur adhappura, Sri Lanka Sun 15	Sutra 221
Wischika Rasi: 12.44	Tilthi 1 – 2	Gulika 7:31AM – 8:59AM Yama 2:51PM – 4:19PM 787238575	Anuradha Until 1:54PM Abhiganda/ Until 10:42AM Balava Until 4:00AM Sat Prathama* Until 2:47PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange Margarisa-Karttikai	Sunrise: 6:03AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-12 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 1:54PM						
Then Routine Work	Marana Yoga					

2 Saturday, November 22, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Manta Vesara Yukatayam Jyeshtha/Mula/ Nakshatra Sukama/Dhriti/Yoga Kaulava/Taila Karana Dvityayam Titau			Inur adhappura, Sri Lanka Sun 16	Sutra 222
Wischika Rasi: 24.39	Tilthi 2 – 3	Gulika 6:04AM – 7:31AM Yama 1:23PM – 2:51PM 787238575	Jyeshtha* Until 4:34PM Sukarma Until 11:27AM Taila Until 6:19AM Sun Dvitiya Until 5:09PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange Margarisa-Karttikai	Sunrise: 6:04AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-16 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day

3 Sunday, November 23, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Bharu Vesara Yukatayam Jyeshtha/Mula/ Nakshatra Dhriti/Shula* Yoga Taila/Gara Karana Trityayam Titau			Inur adhappura, Sri Lanka Sun 17	Sutra 223
Dhanus Rasi: 6.37	Tilthi 3	Gulika 2:51PM – 4:19PM Yama 11:55AM – 1:23PM 787238575	Mula* Until 7:25PM Dhriti Until 12:06PM Taila Until 6:19AM Tritya Until 7:22PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Margarisa-Karttikai	Sunrise: 6:04AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-17 3rd Phase
Creative Work	Amrita Yoga					Devaloka Day
Until 7:25PM						
Then Creative Work	Siddha Yoga					

4 Monday, November 24, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Indu Vesara Yukatayam Purvashadha/ Nakshatra Shula*Ganda* Yoga Vanija/Visi* Karana Chaturthayam Titau			Inur adhappura, Sri Lanka Sun 18	Sutra 224
Dhanus Rasi: 18.38	Tilthi 4	Gulika 1:23PM – 2:51PM Yama 10:28AM – 11:56AM 787238575	Purvashadha* Until 9:51PM Shula* Until 12:34PM Vanija Until 8:25AM Chaturthi* Until 9:21PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Margarisa-Karttikai	Sunrise: 6:04AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-18 3rd Phase
Family Home Evening						Devaloka Day
Routine Work	Marana Yoga					

5 Tuesday, November 25, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Mangala Vesara Yukatayam Utlarashadha Nakshatra Ganda*Widdhi* Yoga Bava/Balava Karana Panchayam Titau			Inur adhappura, Sri Lanka Sun 19	Sutra 225
Makara Rasi: 0.47	Tilthi 5	Gulika 11:56AM – 1:24PM Yama 9:00AM – 10:28AM 788238575	Utlarashadha Until 11:48PM Ganda* Until 12:48PM Bava Until 10:14AM Panchami Until 10:58PM	Ganesha: Red Muruga: Yellow Nataraja: Purple Moon – Light Blue Margarisa-Karttikai	Sunrise: 6:05AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-19 3rd Phase
Routine Work	Prabalarishtha Yoga					Sivaloka Day
Until 11:48PM						
Then Creative Work	Siddha Yoga					

6 Wednesday, November 26, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Butha Vesara Yukatayam Shravana Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Shashthayam Titau			Inur adhappura, Sri Lanka Sun 20	Sutra 226
Makara Rasi: 13.07	Tilthi 6	Gulika 10:28AM – 11:56AM Yama 7:33AM – 9:01AM 798238575	Shravana Until 1:35AM Thu Widdhi Until 12:44PM Kaulava Until 11:37AM Shashthi* Until 12:05AM Thu	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margarisa-Karttikai	Sunrise: 6:05AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-20 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day

Thursday, November 27, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Guru Vesara Yukatayam Dhanishtha Nakshatra Dhruva/Vyaghala* Yoga Gara/Vanija Karana Saptamam Titau			Inur adhappura, Sri Lanka Sun 21	Sutra 227
Retreat Star		Gulika 9:01AM – 10:29AM Yama 6:06AM – 7:33AM 798238575	Dhanishtha Until 2:35AM Fri Dhruva Until 12:11PM Gara Until 12:26PM Saptami Until 12:35AM Fri	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margarisa-Karttikai	Sunrise: 6:06AM Sunset: 5:47PM	Vasavasu 5:17 Moon 11 - Phase 31-21 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day

Friday, November 28, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Sukra Vesara Yukatayam Shatabhishak Nakshatra Vyaghala*/Harshana Yoga Visi*/Bava Karana Ashtamam Titau			Inur adhappura, Sri Lanka Sun 22	Sutra 228
Retreat Star		Gulika 7:34AM – 9:01AM Yama 2:52PM – 4:20PM 798238575	Shatabhishak Until 2:43AM Sat Vyaghala* Until 11:08AM Visi Until 12:34PM Ashlami* Until 12:19AM Sat	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margarisa-Karttikai	Sunrise: 6:06AM Sunset: 5:48PM	Vasavasu 5:17 Moon 11 - Phase 31-22 Ashtami
Creative Work	Siddha Yoga					Subha Sivaloka Day
Until 2:43AM Sat						
Then Routine Work	Marana Yoga					

Saturday, November 29, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase: Sulka Paksha: Manta Vesara Yukatayam Purvaproshtapada/ Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamam Titau			Inur adhappura, Sri Lanka Sun 23	Sutra 229
Retreat Star		Gulika 6:06AM – 7:34AM Yama 1:25PM – 2:53PM 718238575	Purvaproshtapada* Until 2:23AM Sun Harshana Until 9:29AM Balava Until 11:55AM Navam* Until 11:17PM	Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Clear Margarisa-Karttikai	Sunrise: 6:06AM Sunset: 5:48PM	Vasavasu 5:17 Moon 11 - Phase 31-23 Navami
Routine Work	Marana Yoga					Subha Sivaloka Day
Until 2:23AM Sun						
Then Creative Work	Amrita Yoga					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

1 Sunday, November 30, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mese Sukla Paksha Bhanu Vasara Yukitayam nru adbhapura, Sri Lanka Uttaraprosphhadapa Nakshatra Vaja*/Siddhi Yoga Talila/Gara Karana Dashamyam Titau Subra 230				
Mesha Rasi: 5.25	Tithi 10	Gulika 2:53PM - 4:21PM	Uttaraprosphhadapa Until 1:09AM Mon	Ganesha: Purple	Sunrise: 6:07AM	Vivavasu: 5:17
		Yama 11:58AM - 1:25PM	Vajra* Until 7:12AM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase: 32 - 4th Phase
Creative Work - Amrita Yoga	718238575	Rahu 4:21PM - 5:48PM	Tailila Until 10:29AM	Nataraja: Purple		
Until 1:09AM Mon			Dashami Until 9:28PM	Moon - Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		
2 Monday, December 1, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mese Sukla Paksha Indu Vasara Yukitayam nru adbhapura, Sri Lanka Ashvini Nakshatra Varayan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Subra 231				
Mesha Rasi: 19.33	Tithi 11	Gulika 1:26PM - 2:53PM	Revati Until 11:06PM	Ganesha: Purple	Sunrise: 6:07AM	Vivavasu: 5:17
Family Home Evening		Yama 10:30AM - 11:58AM	Vyatalpala* Until 12:55AM Tue	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase: 32 - 25 4th Phase
Creative Work - Siddha Yoga	718238575	Rahu 7:35AM - 9:03AM	Vanija Until 8:19AM	Nataraja: Purple		
			Ekadashi Until 6:58PM	Moon - Clear		Subha Sivaloka Day
		Gita Jayanthi		Margasira-Karttikai		
3 Tuesday, December 2, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mese Sukla Paksha Mangala Vasara Yukitayam nru adbhapura, Sri Lanka Ashvini Nakshatra Varayan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Subra 232				
Mesha Rasi: 4.08	Tithi 12 - 13	Gulika 11:58AM - 1:26PM	Ashvini Until 8:47PM	Ganesha: White	Sunrise: 6:08AM	Vivavasu: 5:17
		Yama 9:03AM - 10:31AM	Varayan Until 9:04PM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase: 32 - 26 4th Phase
Creative Work - Siddha Yoga	729238575	Rahu 2:54PM - 4:21PM	Kaulava Until 2:12AM Wed	Nataraja: Purple		
			Dvadashi Until 3:53PM	Moon - White		Devaloka Day
				Margasira-Karttikai		
			<i>Pradosha Vata</i>			
4 Wednesday, December 3, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mese Sukla Paksha Budha Vasara Yukitayam nru adbhapura, Sri Lanka Bharani/Kritika Nakshatra Parigha*/Shiva Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Subra 233				
Mesha Rasi: 19.06	Tithi 13 - 14	Gulika 10:31AM - 11:59AM	Bharani Until 5:57PM	Ganesha: White	Sunrise: 6:08AM	Vivavasu: 5:17
		Yama 7:36AM - 9:04AM	Parigha* Until 4:54PM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase: 32 - 12 4th Phase
Creative Work - Siddha Yoga	729238575	Rahu 11:59AM - 1:26PM	Gara Until 10:32PM	Nataraja: Purple		
Until 5:57PM			Trayodashi Until 12:23PM	Moon - White		Devaloka Day
Then Creative Work - Amrita Yoga				Margasira-Karttikai		
○ Thursday, December 4, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mese Sukla Paksha Guru Vasara Yukitayam nru adbhapura, Sri Lanka Kritika/Rohini Nakshatra Shiva/Siddha Yoga Vanija/Visli* Karana Chaturdashi/Purnamayam Titau Sun 28 Subra 234				
Copper Retreat Star		Gulika 9:04AM - 10:32AM	Kritika Until 2:46PM	Ganesha: White	Sunrise: 6:09AM	Vivavasu: 5:17
Wishabha Rasi: 4.19	Tithi 14 - 15	Yama 6:09AM - 7:36AM	Shiva Until 12:34PM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase: 32 - Purnima
Routine Work - Marana Yoga	729238575	Rahu 1:27PM - 2:54PM	Visli Until 6:43PM	Nataraja: Purple		
			Chaturdashi* Until 8:37AM	Moon - White		Devaloka Day
		Kritika Deepam		Margasira-Karttikai		
Friday, December 5, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mese Krishna Paksha Sukra Vasara Yukitayam nru adbhapura, Sri Lanka Rohini/Migashira Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamam Titau Sun 29 Subra 235				
Silver Retreat Star		Gulika 7:37AM - 9:04AM	Rohini Until 11:49AM	Ganesha: Yellow	Sunrise: 6:09AM	Vivavasu: 5:17
Wishabha Rasi: 19.37	Tithi 16	Yama 2:55PM - 4:22PM	Siddha Until 8:09AM	Muruga: Yellow	Sunset: 5:50PM	Moon 11 - Phase: 32 - Prathama
Routine Work - Marana Yoga	739238575	Rahu 10:32AM - 12:00PM	Balava Until 2:53PM	Nataraja: Purple		
Until 11:49AM			Prathama* Until 1:01AM Sat	Moon - Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins		Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Mania Vasara Yuktyam Nnuradhapura, Sri Lanka
Mrigashira/Ardra Nakshatra Subha Yoga Talika/Gara Karana Dvitiyayam Tilau

Mithuna Rasi: 4.5 Tithi 17

Gulika 6:10AM - 7:37AM
Yama 1:27PM - 2:55PMMrigashira **Until 8:53AM**
Subha Until 11:51PM
Talika Until 11:15AMGanesha: Yellow Sunrise: 6:10AM
Muruga: Yellow Sunset: 5:50PMVivasasu 5:127
Moon 12 - Phase 33 - 1st Phase

Creative Work Siddha Yoga

Moon - Yellow Sivaloka Day
Margasira-Karttikai**1****Sunday, December 7, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Bhamu Vasara Yuktyam Nnuradhapura, Sri Lanka
Ardra/Punarvasu Nakshatra Sukla Yoga Vanja/Visli* Karana Tritiyayam Tilau

Mithuna Rasi: 19.47 Tithi 18

Gulika 2:55PM - 4:23PM
Yama 12:00PM - 1:28PMArdra **Until 6:11AM**
Sukla Until 8:11PM
Vanija Until 7:59AMGanesha: Yellow Sunrise: 6:10AM
Muruga: Yellow Sunset: 5:50PMVivasasu 5:127
Moon 12 - Phase 33 - 1st Phase

Creative Work Siddha Yoga

Moon - Yellow Sivaloka Day
Margasira-Karttikai**2****Monday, December 8, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Indu Vasara Yuktyam Nnuradhapura, Sri Lanka
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurithi/Panchamyam Tilau

Kataka Rasi: 4.22 Tithi 19 - 20

Gulika 1:28PM - 2:56PM
Yama 10:33AM - 12:01PMPushya **Until 2:54AM Tue**
Brahma Until 5:03PM
Kaulava Until 3:13AM TueGanesha: Blue Sunrise: 6:17AM
Muruga: Yellow Sunset: 5:51PMVivasasu 5:127
Moon 12 - Phase 33 - 2 1st Phase

Family Home Evening 749238575

Rahu 7:38AM - 9:06AM

Nataraja: Purple Moon - Blue Devaloka Day
Margasira-Karttikai**3****Tuesday, December 9, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Mangala Vasara Yuktyam Nnuradhapura, Sri Lanka
Ashlesha* Nakshatra Indra/Vaidhiti* Yoga Talika/Gara Karana Panchami/Shabdhyam Tilau

Kataka Rasi: 18.27 Tithi 20 - 21

Gulika 12:01PM - 1:29PM
Yama 9:06AM - 10:34AMAshlesha* **Until 2:12AM Wed**
Indra Until 2:33PM
Gara Until 2:02AM WedGanesha: White Sunrise: 6:17AM
Muruga: Yellow Sunset: 5:51PMVivasasu 5:127
Moon 12 - Phase 33 - 3 1st Phase

Creative Work Siddha Yoga

Moon - Blue Devaloka Day
Margasira-Karttikai**4****Wednesday, December 10, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Budha Vasara Yuktyam Nnuradhapura, Sri Lanka
Magha* Nakshatra Vaidhiti*/Vishkambha* Yoga Vanja/Visli* Karana Shashthi/Saptamyam Tilau

Simha Rasi: 2.01 Tithi 21 - 22

Gulika 10:34AM - 12:02PM
Yama 7:39AM - 9:07AMMagha* **Until 2:40AM Thu**
Vaidhiti* Until 12:42PM
Visli Until 1:44AM ThuGanesha: Clear Sunrise: 6:12AM
Muruga: Yellow Sunset: 5:51PMVivasasu 5:127
Moon 12 - Phase 33 - 4 1st Phase

Creative Work Siddha Yoga

Moon - Red Sivaloka Day
Margasira-Karttikai**5****Thursday, December 11, 2025****Retreat Star**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Guru Vasara Yuktyam Nnuradhapura, Sri Lanka
Purvaphalguni Nakshatra Vishkambha* Prithi Yoga Bava/Balava Karana Saptami/Navamyam Tilau

Simha Rasi: 15.07 Tithi 22 - 23

Gulika 9:07AM - 10:35AM
Yama 6:12AM - 7:40AMPurvaphalguni **Until 3:52AM Fri**
Vishkambha* Until 11:35AM
Balava Until 2:20AM FriGanesha: Clear Sunrise: 6:12AM
Muruga: Yellow Sunset: 5:51PMVivasasu 5:127
Moon 12 - Phase 33 - 5 Ashtami

Creative Work Siddha Yoga

Moon - Red Sivaloka Day
Margasira-Karttikai**Friday, December 12, 2025****Retreat Star**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Sulea Vasara Yuktyam Nnuradhapura, Sri Lanka
Uttaraphalguni Nakshatra Prithi/Ajyotham Yoga Kaulava/Talika Karana Ashtami/Navamyam Tilau

Simha Rasi: 27.46 Tithi 23 - 24

Gulika 7:40AM - 9:08AM
Yama 2:57PM - 4:25PMUttaraphalguni **Until 3:58AM Sat**
Prithi Until 11:09AM
Talika Until 3:43AM SatGanesha: Purple Sunrise: 6:13AM
Muruga: Yellow Sunset: 5:51PMVivasasu 5:127
Moon 12 - Phase 33 - 6 Navami

Creative Work Siddha Yoga

Moon - Red Subha Sivaloka Day
Margasira-Karttikai

Until 5:38AM Sat

Then Routine Work - Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Manita Vesara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Nuradhapura, Sri Lanka Sun 7		Sutra 243	
Kanya Rasi: 10.05	Tithi 24 – 25	Gulika 6:13AM – 7:41AM	Hasla Until 8:19AM Sun	Ganesh: Clear	Sunrise: 6:13AM			Vasavasa:5127	
		Yama 1:30PM – 2:58PM	Ayushman Until 11:14AM	Muruga: Yellow	Samet: 5:53PM	Moon 12 - Phase 34 - 7		2nd Phase	
		Rahu 9:08AM – 10:36AM	Vanija Until 5:44AM Sun	Nataraja: Purple					
Routine Work Marana Yoga				Moon – Green				Sivaloka Day	
Then Creative Work – Siddha Yoga				Margasira-Kartikaki					

2		Sunday, December 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhamu Vesara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Vesil' Karana Dashmyam Titau		Nuradhapura, Sri Lanka Sun 8		Sutra 244	
Kanya Rasi: 22.1	Tithi 25	Gulika 2:58PM – 4:26PM	Hasla Until 8:19AM	Ganesh: Clear	Sunrise: 6:14AM			Vasavasa:5127	
		Yama 12:04PM – 1:31PM	Saubhagya Until 11:45AM	Muruga: Yellow	Samet: 5:53PM	Moon 12 - Phase 34 - 8		2nd Phase	
		Rahu 4:26PM – 5:53PM	Vesil Until 6:53PM	Nataraja: Purple					
Creative Work Amrita Yoga				Moon – Green				Sivaloka Day	
Then Routine Work – Siddha Yoga				Margasira-Kartikaki					

3		Monday, December 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Indu Vesara Yuktayam Svali/Vishaka Nakshatra Abhiganda' Yoga Bava/Balava Karana Ekadashyam Titau		Nuradhapura, Sri Lanka Sun 9		Sutra 245	
Tula Rasi: 4.06	Tithi 26	Gulika 1:31PM – 2:59PM	Chitra Until 11:10AM	Ganesh: Clear	Sunrise: 6:14AM			Vasavasa:5127	
Family Home Evening		Yama 10:37AM – 12:04PM	Sobhana Until 12:32PM	Muruga: Yellow	Samet: 5:54PM	Moon 12 - Phase 34 - 10		2nd Phase	
		Rahu 7:42AM – 9:09AM	Bava Until 8:08AM	Nataraja: Purple					
Routine Work Prabalarishta Yoga				Moon – Green				Sivaloka Day	
Then Creative Work – Amrita Yoga				Margasira-Kartikaki					

4		Tuesday, December 16, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam Svali/Vishaka Nakshatra Abhiganda'Sukama Yoga Kaulava/Tilla Karana Dvadashyam Titau		Nuradhapura, Sri Lanka Sun 10		Sutra 246	
Tula Rasi: 15.57	Tithi 27	Gulika 12:04PM – 1:32PM	Svali Until 2:01PM	Ganesh: Purple	Sunrise: 6:15AM			Vasavasa:5127	
		Yama 9:10AM – 10:37AM	Abhiganda' Until 1:24PM	Muruga: Yellow	Samet: 5:54PM	Moon 12 - Phase 34 - 10		2nd Phase	
		Rahu 2:59PM – 4:27PM	Kaulava Until 10:43AM	Nataraja: Purple					
Creative Work Siddha Yoga		Markali Pillayar		Moon – Green				Subha Sivaloka Day	
Then Routine Work – Marana Yoga				Margasira-Markali					

5		Wednesday, December 17, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam Vishaka/Anuradha Nakshatra Sukama/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Nuradhapura, Sri Lanka Sun 11		Sutra 247	
Tula Rasi: 27.47	Tithi 28	Gulika 10:38AM – 12:05PM	Vishaka Until 5:12PM	Ganesh: Clear	Sunrise: 6:15AM			Vasavasa:5127	
		Yama 7:43AM – 9:10AM	Sukama Until 2:16PM	Muruga: Yellow	Samet: 5:54PM	Moon 12 - Phase 34 - 11		2nd Phase	
		Rahu 12:05PM – 1:32PM	Gara Until 1:19PM	Nataraja: Purple					
Creative Work Siddha Yoga				Moon – Orange				Sivaloka Day	
Then Routine Work – Prabalarishta Yoga				Margasira-Markali					

Pradosha Vata (Fasting)

6		Thursday, December 18, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vesara Yuktayam Anuradha Nakshatra Dhriti/Shula' Yoga Vesil' Sakuni' Karana Chalurdashyam Titau		Nuradhapura, Sri Lanka Sun 12		Sutra 248	
Wischika Rasi: 9.4	Tithi 29	Gulika 9:11AM – 10:38AM	Anuradha Until 8:05PM	Ganesh: Clear	Sunrise: 6:16AM			Vasavasa:5127	
		Yama 6:16AM – 7:43AM	Dhriti Until 3:05PM	Muruga: Yellow	Samet: 5:55PM	Moon 12 - Phase 34 - 12		2nd Phase	
		Rahu 1:33PM – 3:00PM	Vesil Until 3:49PM	Nataraja: Purple					
Creative Work Siddha Yoga				Moon – Orange				Sivaloka Day	
Then Routine Work – Prabalarishta Yoga				Margasira-Markali					

●		Friday, December 19, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam Jyeshtha' Nakshatra Shula'Ganda' Yoga Catuspada' Karana Amavasyayam Titau		Nuradhapura, Sri Lanka Sun 13		Sutra 249	
Retreat Star		Gulika 7:44AM – 9:11AM	Jyeshtha' Until 10:38PM	Ganesh: Clear	Sunrise: 6:16AM			Vasavasa:5127	
Wischika Rasi: 21.35	Tithi 30	Yama 3:01PM – 4:28PM	Shula' Until 3:43PM	Muruga: Yellow	Samet: 5:55PM	Moon 12 - Phase 34 - 13		Amavasya	
		Rahu 10:39AM – 12:06PM	Catuspada Until 6:07PM	Nataraja: Purple					
Routine Work Marana Yoga		Hanumath Jayanthi (Tamil Nadu)		Moon – Orange				Sivaloka Day	
Then Creative Work – Amrita Yoga				Margasira-Markali					

Saturday, December 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Manita Vesara Yuktayam Mula' Nakshatra Ganda'Vidhhi Yoga Naga'Kintughna' Karana Amavasya/Prathamayam Titau		Nuradhapura, Sri Lanka Sun 14		Sutra 250	
Dhanus Rasi: 4	Tithi 30 – 1	Gulika 6:17AM – 7:44AM	Mula' Until 1:18AM Sun	Ganesh: Light Blue	Sunrise: 6:17AM			Vasavasa:5127	
		Yama 1:34PM – 3:01PM	Ganda' Until 4:13PM	Muruga: Yellow	Samet: 5:56PM	Moon 12 - Phase 34 - 14		Prathama	
		Rahu 9:12AM – 10:39AM	Kintughna Until 8:13PM	Nataraja: Purple					
Creative Work Siddha Yoga				Moon – Light Blue				Devaloka Day	
				Amavasya' Until 7:11AM		Pausha-Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Purvashada* Nakshatra Vaidhi/Dhruva Yoga Bava/Balava Karana Prathama/Dhivilyam Titau			Vnu adbhapura, Sri Lanka Sun 15 Suba 251
Dhanus Rasi: 15.42	Tithi 1 – 2	Gulika 3:02PM – 4:29PM Yama 12:07PM – 1:34PM Rahu 4:29PM – 5:56PM	Purvashada* Until 3:32AM Mon Vridhi Until 4:32PM Balava Until 10:02PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 6:17AM Sunset: 5:56PM Moon 12 - Phase 35 - 12 3rd Phase
Creative Work	Siddha Yoga	Day 1 of Pancha Ganapati		Prathama* Until 9:08AM	Devaloka Day
Until 3:32AM Mon	Then Routine Work – Marana Yoga				

2 Monday, December 22, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yukayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Kaulava Talila Karana Dhruva/Titayam Titau			Vnu adbhapura, Sri Lanka Sun 16 Suba 252
Dhanus Rasi: 27.55	Tithi 2 – 3	Gulika 1:35PM – 3:02PM Yama 10:40AM – 12:07PM Rahu 7:45AM – 9:13AM	Uttarashada Until 5:20AM Tue Dhruva Until 4:37PM Talila Until 11:34PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 6:18AM Sunset: 5:57PM Moon 12 - Phase 35 - 12 3rd Phase
Family Home Evening	Routine Work	Day 2 of Pancha Ganapati		Dvitiya Until 10:49AM	Devaloka Day
Until 5:20AM Tue	Then Creative Work – Siddha Yoga				

3 Tuesday, December 23, 2025		Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yukayam Uttarashada Nakshatra Dhruva/Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Vnu adbhapura, Sri Lanka Sun 17 Suba 253
Makara Rasi: 10.15	Tithi 3 – 4	Gulika 12:08PM – 1:35PM Yama 9:13AM – 10:41AM Rahu 3:03PM – 4:30PM	Shravana Until 7:07AM Wed Vyaghata* Until 4:28PM Vanija Until 12:46AM Wed	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 6:18AM Sunset: 5:57PM Moon 12 - Phase 35 - 12 3rd Phase
Creative Work	Siddha Yoga	Day 3 of Pancha Ganapati		Tritiya Until 12:12PM	Devaloka Day
Until 7:07AM Wed	Then Routine Work – Prabarashita Yoga				

4 Wednesday, December 24, 2025		Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Butha Vasara Yukayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vidi/Bava Karana Chaturthi/Panchamam Titau			Vnu adbhapura, Sri Lanka Sun 18 Suba 254
Makara Rasi: 22.44	Tithi 4 – 5	Gulika 10:41AM – 12:08PM Yama 7:46AM – 9:14AM Rahu 12:08PM – 1:36PM	Shravana Until 7:07AM Harshana Until 4:02PM Bava Until 1:33AM Thu	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 6:19AM Sunset: 5:58PM Moon 12 - Phase 35 - 12 3rd Phase
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Chaturthi* Until 1:12PM	Devaloka Day
Until 7:07AM	Then Routine Work – Prabarashita Yoga				

5 Thursday, December 25, 2025		Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yukayam Dhanishtha/Shatabhishak Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Panchmi/Shashtham Titau			Vnu adbhapura, Sri Lanka Sun 19 Suba 255
Kumbha Rasi: 5.25	Tithi 5 – 6	Gulika 9:14AM – 10:42AM Yama 6:19AM – 7:47AM Rahu 1:36PM – 3:04PM	Dhanishtha Until 8:19AM Vajra* Until 3:14PM Kaulava Until 1:51AM Fri	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 6:19AM Sunset: 5:58PM Moon 12 - Phase 35 - 12 3rd Phase
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Panchami Until 1:45PM	Devaloka Day
Until 7:07AM	Then Routine Work – Prabarashita Yoga				

6 Friday, December 26, 2025		Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Satva Vasara Yukayam Shatabhishak/Purvashrothapada* Nakshatra Siddhi/Vyalyapata* Yoga Talila/Gara Karana Shashthi/Saptamam Titau			Vnu adbhapura, Sri Lanka Sun 20 Suba 256
Kumbha Rasi: 18.2	Tithi 6 – 7	Gulika 7:47AM – 9:15AM Yama 3:04PM – 4:32PM Rahu 10:42AM – 12:09PM	Shatabhishak Until 8:53AM Siddhi Until 2:02PM Gara Until 1:35AM Sat	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple	Sunrise: 6:20AM Sunset: 5:59PM Moon 12 - Phase 35 - 20 3rd Phase
Creative Work	Siddha Yoga	Day 6 of Pancha Ganapati		Shashthi* Until 1:47PM	Bhuloka Day Devaloka Time: 3PM to 6PM
Until 7:07AM	Then Routine Work – Prabarashita Yoga				

7 Saturday, December 27, 2025		Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Mantva Vasara Yukayam Purvashrothapada/Uttarproshrothapada Nakshatra Vyalyapata* Varyan Yoga Vanija/Vidi* Karana Saptami/Ahtamam Titau			Vnu adbhapura, Sri Lanka Sun 21 Suba 257
Meena Rasi: 1.32	Tithi 7 – 8	Gulika 6:20AM – 7:48AM Yama 1:37PM – 3:05PM Rahu 9:15AM – 10:43AM	Purvashrothapada* Until 9:11AM Vyalyapata* Until 12:23PM Vidi Until 12:43AM Sun	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 6:20AM Sunset: 5:59PM Moon 12 - Phase 35 - 21 Ashtami
Routine Work	Marana Yoga	Day 7 of Pancha Ganapati		Saptami Until 1:13PM	Bhuloka Day Devaloka Time: 3PM to 6PM
Until 9:11AM	Then Creative Work – Siddha Yoga				

8 Sunday, December 28, 2025		Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Uttarproshrothapada/Revali Nakshatra Varyan/Parigra* Yoga Bava/Balava Karana Ashtami/Navamam Titau			Vnu adbhapura, Sri Lanka Sun 22 Suba 258
Meena Rasi: 15.05	Tithi 8 – 9	Gulika 3:05PM – 4:33PM Yama 12:10PM – 1:38PM Rahu 4:33PM – 6:00PM	Uttarproshrothapada Until 8:44AM Varyan Until 10:13AM Balava Until 11:12PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 6:21AM Sunset: 6:00PM Moon 12 - Phase 35 - 22 Navami
Creative Work	Amrita Yoga	Day 8 of Pancha Ganapati		Ashtami* Until 12:01PM	Bhuloka Day Devaloka Time: 3PM to 6PM
Until 9:11AM	Then Routine Work – Prabarashita Yoga				

In the gloom of fear, His six-fold face gleams. In perils unbanded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Revati/Ashvini Nakshatra Parigha/7Shiva Yoga Kaulava/Tailita Karana Navami/Dashayam Tilau				vnr adbhapura, Sri Lanka Sun 23 Subra 259	
Mesha Rasi: 29:01	Tithi 9 – 10	Gulika 1:38PM – 3:06PM	Revati Until 7:31AM	Ganesh: Green	Sunrise: 6:21AM	Vasavasu 5:27	
Family Home Evening	812338576	Yama 10:44AM – 12:11PM	Parigha* Until 7:35AM	Muruga: Yellow	Sunset: 6:09PM	Moon 12 - Phase 36 - 23	
Creative Work	Siddha Yoga	Rahu 7:49AM – 9:16AM	Tailita Until 9:06PM	Nataraja: Clear		4th Phase	
			Navami* Until 10:12AM	Pausha-Markali	Bhuloka Day Devaloka Time: 3PM to 6PM		

2 Tuesday, December 30, 2025		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vesara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadasayam Tilau				vnr adbhapura, Sri Lanka Sun 24 Subra 260	
Mesha Rasi: 13:18	Tithi 10 – 11	Gulika 12:11PM – 1:39PM	Ashvini Until 6:02AM	Ganesh: Red	Sunrise: 6:23AM	Vasavasu 5:27	
822338576		Yama 9:17AM – 10:44AM	Siddha Until 12:58AM Wed	Muruga: Yellow	Sunset: 6:09PM	Moon 12 - Phase 36 - 24	
Creative Work	Siddha Yoga	Rahu 3:06PM – 4:34PM	Vanija Until 6:28PM	Nataraja: Clear		4th Phase	
			Valkuntha Ekadasi	Dashami Until 7:50AM	Pausha-Markali	Devaloka Day	

3 Wednesday, December 31, 2025		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Budha Vesara Yuktayam Kritika Nakshatra Sadyha Yoga Bava/Balava Karana Dvadasayam Tilau				vnr adbhapura, Sri Lanka Sun 25 Subra 261	
Mesha Rasi: 27:56	Tithi 12	Gulika 10:44AM – 12:12PM	Kritika Until 1:19AM Thu	Ganesh: Red	Sunrise: 6:23AM	Vasavasu 5:27	
822338576		Yama 7:50AM – 9:17AM	Sadyha Until 9:10PM	Muruga: Yellow	Sunset: 6:09PM	Moon 12 - Phase 36 - 25	
Creative Work	Amrita Yoga	Rahu 12:12PM – 1:39PM	Bava Until 3:25PM	Nataraja: Clear		4th Phase	
Until 1:19AM Thu			Dvadashi Until 1:46AM Thu	Pausha-Markali	Devaloka Day		
Then Routine Work - Marana Yoga							

4 Thursday, January 1, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Kara/Vanija Karana Trayodshyam Tilau				vnr adbhapura, Sri Lanka Sun 26 Subra 262	
Wishabha Rasi: 12:49	Tithi 13	Gulika 9:18AM – 10:45AM	Rohini Until 10:47PM	Ganesh: Blue	Sunrise: 6:23AM	Vasavasu 5:27	
832338576		Yama 6:23AM – 7:50AM	Subha Until 5:11PM	Muruga: Yellow	Sunset: 6:09PM	Moon 12 - Phase 36 - 26	
Routine Work	Marana Yoga	Rahu 1:40PM – 3:07PM	Kaulava Until 12:06PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 10:22PM	Pausha-Markali	Bhuloka Day Devaloka Time: 3PM to 6PM		
<i>Pradosha Vata</i>							

5 Friday, January 2, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vesara Yuktayam Migashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Tilau				vnr adbhapura, Sri Lanka Sun 27 Subra 263	
Wishabha Rasi: 27:51	Tithi 14	Gulika 7:51AM – 9:18AM	Mrigashira Until 8:04PM	Ganesh: Blue	Sunrise: 6:23AM	Vasavasu 5:27	
833348576		Yama 3:08PM – 4:35PM	Sukla Until 1:06PM	Muruga: White	Sunset: 6:09PM	Moon 12 - Phase 36 - 27	
Creative Work	Siddha Yoga	Rahu 10:45AM – 12:13PM	Gara Until 8:39AM	Nataraja: Clear		4th Phase	
			Chaturdashi* Until 6:55PM	Pausha-Markali	Devaloka Day		

○ Saturday, January 3, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam Copper Retreat Star Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				vnr adbhapura, Sri Lanka Sun 28 Subra 264	
Mithuna Rasi: 12:52	Tithi 15 – 16	Gulika 6:23AM – 7:51AM	Ardra Until 5:21PM	Ganesh: Blue	Sunrise: 6:23AM	Vasavasu 5:27	
833348576		Yama 1:41PM – 3:08PM	Brahma Until 9:05AM	Muruga: White	Sunset: 6:09PM	Moon 12 - Phase 36 - Purnima	
Creative Work	Siddha Yoga	Rahu 9:18AM – 10:46AM	Balava Until 2:02AM Sun	Nataraja: Clear		4th Phase	
			Purnima* Until 3:35PM	Pausha-Markali	Devaloka Day		
Ardra Darshanam							

Sunday, January 4, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhava Vesara Yuktayam Silver Retreat Star Punarvasu/Pushya Nakshatra Vaidhiti* Yoga Kaulava/Tailita Karana Purnima/Prathamayam Tilau				vnr adbhapura, Sri Lanka Sun 29 Subra 265	
Mithuna Rasi: 27:42	Tithi 16 – 17	Gulika 3:09PM – 4:36PM	Punarvasu Until 3:13PM	Ganesh: Red	Sunrise: 6:24AM	Vasavasu 5:27	
843348576		Yama 12:14PM – 1:41PM	Vaidhiti* Until 1:48AM Mon	Muruga: White	Sunset: 6:09PM	Moon 12 - Phase 36 - Prathama	
Creative Work	Siddha Yoga	Rahu 4:36PM – 6:04PM	Tailita Until 11:13PM	Nataraja: Clear		4th Phase	
			Prathama* Until 12:33PM	Pausha-Markali	Sivaloka Day		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Monday, January 5, 2026****Gold Retreat Star**

Kataka Rasi: 12.14 TITHI 17 - 18

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Pushya/Ashlesha* Nakshatra		Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktyam		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Vishkambha* Yoga Gara/Venja Karana Dvitya/Trityayam Titau		Sun 1 Subra 266	
Gulika	1:42PM - 3:09PM	Pushya Until 1:25PM	Ganesh: Red	Sunrise: 6:24AM	Vasaxasu 5127
Yama	10:47AM - 12:14PM	Vishkambha* Until 10:46PM	Muruga: White	Sunset: 6:04PM	Moon 1 - Phase 37 - 1
Rahu	7:52AM - 9:19AM	Vanija Until 8:57PM	Nataraja: Clear		1st Phase
Subramuniyaswami Jayanti		Dvitiya Until 9:59AM	Moon - Blue		Sivaloka Day
			Pausha-Markali		

1 Tuesday, January 6, 2026

Kataka Rasi: 26.22 TITHI 18 - 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Utagayane Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktyam		Magha* Nakshatra		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Pitri Yoga Vesi/ Balava Karana Tritya/Chaturthayam Titau		Sun 2 Subra 267	
Gulika	12:15PM - 1:42PM	Ashlesha* Until 12:08PM	Ganesh: Yellow	Sunrise: 6:25AM	Vasaxasu 5127
Yama	9:20AM - 10:47AM	Pitri Until 8:20PM	Muruga: White	Sunset: 6:05PM	Moon 1 - Phase 37 - 2
Rahu	3:10PM - 4:37PM	Bava Until 7:22PM	Nataraja: Clear		1st Phase
		Tritya Until 8:03AM	Moon - Blue		Sivaloka Day
			Pausha-Markali		

2 Wednesday, January 7, 2026

Simha Rasi: 10.02 TITHI 19 - 20

Creative Work Siddha Yoga

Until 11:54AM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Utagayane Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktyam		Magha* Nakshatra		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Ajushman Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau		Sun 3 Subra 268	
Gulika	10:48AM - 12:15PM	Magha* Until 11:54AM	Ganesh: White	Sunrise: 6:25AM	Vasaxasu 5127
Yama	7:53AM - 9:20AM	Ajushman Until 6:31PM	Muruga: White	Sunset: 6:05PM	Moon 1 - Phase 37 - 3
Rahu	12:15PM - 1:43PM	Kaulava Until 6:37PM	Nataraja: Clear		1st Phase
		Chaturthi* Until 6:52AM	Moon - Red		Devaloka Day
			Pausha-Markali		

3 Thursday, January 8, 2026

Simha Rasi: 23.14 TITHI 20 - 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Utagayane Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktyam		Purvaphalguni Nakshatra		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Saubhagya/Sobhana Yoga Talila/Gara Karana Panchmi/Skashthayam Titau		Sun 4 Subra 269	
Gulika	9:20AM - 10:48AM	Purvaphalguni Until 12:22PM	Ganesh: White	Sunrise: 6:25AM	Vasaxasu 5127
Yama	6:25AM - 7:53AM	Saubhagya Until 5:23PM	Muruga: White	Sunset: 6:06PM	Moon 1 - Phase 37 - 4
Rahu	1:43PM - 3:11PM	Gara Until 6:44PM	Nataraja: Clear		1st Phase
		Panchami Until 6:33AM	Moon - Red		Devaloka Day
			Pausha-Markali		

4 Friday, January 9, 2026

Kanya Rasi: 5.59 TITHI 21 - 22

Creative Work Siddha Yoga

Until 1:30PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Utagayane Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktyam		Uttaraphalguni Nakshatra		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Sobhana/Ahiganda* Yoga Venja/Visi* Karana Shashthi/Saptamam Titau		Sun 5 Subra 270	
Gulika	7:53AM - 9:21AM	Uttaraphalguni Until 1:30PM	Ganesh: White	Sunrise: 6:26AM	Vasaxasu 5127
Yama	3:11PM - 4:39PM	Sobhana Until 4:54PM	Muruga: White	Sunset: 6:06PM	Moon 1 - Phase 37 - 5
Rahu	10:48AM - 12:16PM	Visi Until 7:41PM	Nataraja: Clear		1st Phase
		Shashthi* Until 7:05AM	Moon - Red		Devaloka Day
			Pausha-Markali		

Saturday, January 10, 2026

Kanya Rasi: 18.24 TITHI 22 - 23

Routine Work Marana Yoga

Viswasa Nama Samvatsara: Utagayane Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktyam		Hasta/Chitra Nakshatra		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Aihiganda* Sukarma/Sobhana Yoga Bava/Balava Karana Saptami/Ashramam Titau		Sun 6 Subra 271	
Gulika	6:26AM - 7:54AM	Hasta Until 3:40PM	Ganesh: Clear	Sunrise: 6:26AM	Vasaxasu 5127
Yama	1:44PM - 3:12PM	Aihiganda* Until 4:58PM	Muruga: White	Sunset: 6:07PM	Moon 1 - Phase 37 - 6
Rahu	9:21AM - 10:49AM	Balava Until 9:22PM	Nataraja: Clear		Ashtami
		Saptami Until 8:26AM	Moon - Green		Sivaloka Day
			Pausha-Markali		

Sunday, January 11, 2026

Tula Rasi: 0.32 TITHI 23 - 24

Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Utagayane Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktyam		Chitra Nakshatra		Vnu adbhapura, Sri Lanka	
Ashlesha* Nakshatra		Sukarma/Dhriti Yoga Kaulava/Talila Karana Ashtami/Navamam Titau		Sun 7 Subra 272	
Gulika	3:12PM - 4:40PM	Chitra Until 6:14PM	Ganesh: Clear	Sunrise: 6:26AM	Vasaxasu 5127
Yama	12:17PM - 1:44PM	Sukarma Until 5:27PM	Muruga: White	Sunset: 6:07PM	Moon 1 - Phase 37 - 7
Rahu	4:40PM - 6:07PM	Talila Until 11:34PM	Nataraja: Clear		Navami
		Ashtami* Until 10:24AM	Moon - Green		Sivaloka Day
			Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
 Mrigendra Agama Inana Pada

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1

Monday, January 12, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Kishna Paksho Indu Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 8		Sutra 273	
		Svali Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau						
		Gulika	1:45PM – 3:12PM	Svali Untili 8:57PM	Ganesh: Clear	Sunrise: 6:27AM	Vasarasu 5:127	
Tula Rasi: 12.3		Yama	10:50AM – 12:17PM	Dhriti Untili 6:14PM	Muruga: White	Sunset: 6:08PM	Moon 1 - Phase 38 - 8	
Family Home Evening		Rahu	7:54AM – 9:22AM	Vanija Untili 2:04AM Tue	Nataraja: Clear			
Creative Work Amrita Yoga					Moon - Green		Sivaloka Day	
Untili 8:57PM					Pausha-Markali			
Then Routine Work - Marana Yoga								

2

Tuesday, January 13, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Kishna Paksho Mangala Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 9		Sutra 274	
		Vishakha Nakshatra Shula* Yoga Visi*/Bava Karana Dashami/Edakdashyam Titau						
		Gulika	12:18PM – 1:45PM	Vishakha Untili 12:07AM Wed	Ganesh: Purple	Sunrise: 6:27AM	Vasarasu 5:127	
Tula Rasi: 24.23		Yama	9:22AM – 10:50AM	Shula* Until 7:04PM	Muruga: White	Sunset: 6:08PM	Moon 1 - Phase 38 - 9	
Routine Work		Rahu	3:13PM – 4:41PM	Bava Untili 4:39AM Wed	Nataraja: Clear			
Marana Yoga					Moon - Orange		Devalka Day	
Untili 12:07AM Wed					Pausha-Markali			
Then Creative Work - Siddha Yoga								

3

Wednesday, January 14, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Budha Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 10		Sutra 275	
		Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau						
		Gulika	10:50AM – 12:18PM	Anuradha Until 3:02AM Thu	Ganesh: Purple	Sunrise: 6:27AM	Vasarasu 5:127	
Mischika Rasi: 6.14		Yama	7:55AM – 9:23AM	Ganda* Until 7:54PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase 38 - 10	
Creative Work		Rahu	12:18PM – 1:46PM	Kaulava Until 7:08AM Thu	Nataraja: Clear			
Siddha Yoga					Moon - Orange		Devalka Day	
Until 3:02AM Thu					Pausha-Thai			
Then Routine Work - Prabarishtha Yoga								

4

Thursday, January 15, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Guru Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 11		Sutra 276	
		Jyeshtha* Nakshatra Viddhi Yoga Kaulava/Tailita Karana Dvadashtyam Titau						
		Gulika	9:23AM – 10:51AM	Jyeshtha* Until 5:35AM Fri	Ganesh: Purple	Sunrise: 6:27AM	Vasarasu 5:127	
Mischika Rasi: 18.08		Yama	6:27AM – 7:55AM	Viddhi Until 8:35PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase 38 - 11	
Routine Work		Rahu	1:46PM – 3:14PM	Kaulava Until 7:08AM	Nataraja: Clear			
Prabarishtha Yoga					Moon - Orange		Devalka Day	
Until 5:35AM Fri					Pausha-Thai			
Then Creative Work - Amrita Yoga								

5

Friday, January 16, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Sukra Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 12		Sutra 277	
		Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau						
		Gulika	7:55AM – 9:23AM	Mula* Until 8:09AM Sat	Ganesh: Purple	Sunrise: 6:28AM	Vasarasu 5:127	
Dhanus Rasi: 0.07		Yama	3:14PM – 4:42PM	Dhruva Until 9:02PM	Muruga: White	Sunset: 6:10PM	Moon 1 - Phase 38 - 12	
Creative Work		Rahu	10:51AM – 12:19PM	Gara Until 9:21AM	Nataraja: Clear			
Amrita Yoga					Moon - Light Blue		Devalka Day	
Until 8:09AM Sat					Pausha-Thai			
Then Creative Work - Siddha Yoga								

6

Saturday, January 17, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Merita Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 13		Sutra 278	
		Mula*Purvashadha* Nakshatra Vyaghala* Yoga Visi*/Sakuni* Karana Chaludashyam Titau						
		Gulika	6:28AM – 7:56AM	Mula* Until 8:09AM	Ganesh: Purple	Sunrise: 6:28AM	Vasarasu 5:127	
Dhanus Rasi: 12.14		Yama	1:47PM – 3:15PM	Vyaghala* Until 9:14PM	Muruga: White	Sunset: 6:10PM	Moon 1 - Phase 38 - 13	
Creative Work		Rahu	9:23AM – 10:51AM	Visi Until 11:15AM	Nataraja: Clear			
Siddha Yoga					Moon - Light Blue		Devalka Day	
Until 10:11AM					Pausha-Thai			
Then Creative Work - Amrita Yoga								

●

Sunday, January 18, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Bhava Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 14		Sutra 279	
		Purvashadha*Uttarashadha Nakshatra Harshana Yoga Caluspada*/Rigya* Karana Amavasyayam Titau						
		Gulika	3:15PM – 4:43PM	Purvashadha* Until 10:11AM	Ganesh: Purple	Sunrise: 6:28AM	Vasarasu 5:127	
Dhanus Rasi: 24.3		Yama	12:19PM – 1:47PM	Harshana Until 9:08PM	Muruga: White	Sunset: 6:11PM	Moon 1 - Phase 38 - 14	
Creative Work		Rahu	4:43PM – 6:11PM	Caluspada Until 12:46PM	Nataraja: Clear			
Siddha Yoga					Moon - Light Blue		Devalka Day	
Until 10:11AM					Pausha-Thai			
Then Creative Work - Amrita Yoga								

Monday, January 19, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Sukla Paksho Indu Vasara Yuktayam			Vnu adbhapura, Sri Lanka Sun 15		Sutra 280	
		Uttarashadha/Shravana Nakshatra Vajira* Yoga Kintughna*/Bava Karana Prathamayam Titau						
		Gulika	1:48PM – 3:15PM	Uttarashadha Until 11:40AM	Ganesh: Purple	Sunrise: 6:28AM	Vasarasu 5:127	
Makara Rasi: 6.56		Yama	10:52AM – 12:20PM	Vajira* Until 8:42PM	Muruga: White	Sunset: 6:11PM	Moon 1 - Phase 38 - 15	
Family Home Evening		Rahu	7:56AM – 9:24AM	Kintughna Until 1:51PM	Nataraja: Clear			
Marana Yoga					Moon - Light Blue		Devalka Day	
Until 11:40AM					Magha-Thai			
Then Creative Work - Amrita Yoga								

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1		Tuesday, January 20, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam Shravana Dhanishtha Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvilyayam Titau		Vnu adbhapura, Sri Lanka Sun 16 Subra 281	
Makara Rasi: 19.34	Tilthi 2	Gulika Yama Rahu	12:20PM - 1:48PM 9:24AM - 10:52AM 3:16PM - 4:44PM	Shravana Until 1:05PM Siddhi Until 7:58PM Balava Until 2:32PM Dvitiya Until 2:42AM Wed	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 6:28AM Sunset: 6:11PM	Vasavasau 5127 Moon 1 - Phase 39 - 17 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	

2		Wednesday, January 21, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Budha Vessara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vysitpata' Yoga Talilla/Gara Karana Tritrayam Titau		Vnu adbhapura, Sri Lanka Sun 17 Subra 282	
Kumbha Rasi: 2.22	Tilthi 3	Gulika Yama Rahu	10:52AM - 12:20PM 7:57AM - 9:24AM 12:20PM - 1:48PM	Dhanishtha Until 1:56PM Vyatipata' Until 6:57PM Talilla Until 2:49PM Tritiya Until 2:47AM Thu	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 6:29AM Sunset: 6:11PM	Vasavasau 5127 Moon 1 - Phase 39 - 17 3rd Phase
Routine Work	Prabalarishtha Yoga					Devaloka Day	
Until 1:56PM							
Then Creative Work - Siddha Yoga							

3		Thursday, January 22, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Guru Vasara Yuktayam Shatabhishak/Purushroshthapada' Nakshatra Varjyan/Parigtha' Yoga Vanija/Vist' Karana Chaturthyan Titau		Vnu adbhapura, Sri Lanka Sun 18 Subra 283	
Kumbha Rasi: 15.23	Tilthi 4	Gulika Yama Rahu	9:25AM - 10:53AM 6:29AM - 7:57AM 1:48PM - 3:16PM	Shatabhishak Until 2:16PM Varjyan Until 5:35PM Vanija Until 2:41PM Chaturthi' Until 2:28AM Fri	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 6:29AM Sunset: 6:12PM	Vasavasau 5127 Moon 1 - Phase 39 - 18 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	

4		Friday, January 23, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Sukra Vessara Yuktayam Uttarproshthapada'/Uttarproshthapada' Nakshatra Parigtha'/Shiva Yoga Bava/Balava Karana Panchmham Titau		Vnu adbhapura, Sri Lanka Sun 19 Subra 284	
Kumbha Rasi: 28.35	Tilthi 5	Gulika Yama Rahu	7:57AM - 9:25AM 6:29AM - 7:57AM 10:53AM - 12:21PM	Puravproshthapada' Until 2:31PM Parigtha' Until 3:56PM Bava Until 2:11PM Panchami Until 1:45AM Sat	Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 6:29AM Sunset: 6:13PM	Vasavasau 5127 Moon 1 - Phase 39 - 19 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	

5		Saturday, January 24, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Manu Vessara Yuktayam Uttarproshthapada'/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Talilla Karana Shashthyan Titau		Vnu adbhapura, Sri Lanka Sun 20 Subra 285	
Meena Rasi: 12	Tilthi 6	Gulika Yama Rahu	6:29AM - 7:57AM 1:49PM - 3:17PM 9:25AM - 10:53AM	Uttarproshthapada Until 2:14PM Shiva Until 2:00PM Kaulava Until 1:16PM Shashthi' Until 12:40AM Sun	Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 6:29AM Sunset: 6:13PM	Vasavasau 5127 Moon 1 - Phase 39 - 20 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	
Until 2:14PM							
Then Routine Work - Prabalarishtha Yoga							

6		Sunday, January 25, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Bhanu Vessara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamham Titau		Vnu adbhapura, Sri Lanka Sun 21 Subra 286	
Meena Rasi: 25.38	Tilthi 7	Gulika Yama Rahu	3:17PM - 4:45PM 12:21PM - 1:49PM 4:45PM - 6:13PM	Revati Until 1:26PM Siddha Until 11:44AM Gara Until 11:59AM Saptami Until 11:11PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 6:29AM Sunset: 6:14PM	Vasavasau 5127 Moon 1 - Phase 39 - 21 3rd Phase
Creative Work	Amrita Yoga					Sivaloka Day	
Until 1:26PM							
Then Creative Work - Siddha Yoga							

Monday, January 26, 2026		Retreat Star		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Indu Vessara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ashtamham Titau		Vnu adbhapura, Sri Lanka Sun 22 Subra 287	
Mesha Rasi: 9.3	Tilthi 8	Gulika Yama Rahu	1:50PM - 3:18PM 10:53AM - 12:22PM 7:57AM - 9:25AM	Ashvini Until 12:32PM Sadhya Until 9:10AM Visti Until 10:19AM Ashtami' Until 9:19PM	Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai	Sunrise: 6:29AM Sunset: 6:14PM	Vasavasau 5127 Moon 1 - Phase 39 - 22 Ashtami
Family Home Evening	Siddha Yoga					Devaloka Day	
Creative Work							

Tuesday, January 27, 2026		Retreat Star		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam Bharani/Kittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamham Titau		Vnu adbhapura, Sri Lanka Sun 23 Subra 288	
Mesha Rasi: 23.36	Tilthi 9	Gulika Yama Rahu	12:22PM - 1:50PM 9:26AM - 10:54AM 3:18PM - 4:46PM	Bharani Until 11:09AM Subha Until 6:20AM Balava Until 8:17AM Navami' Until 7:08PM	Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai	Sunrise: 6:29AM Sunset: 6:14PM	Vasavasau 5127 Moon 1 - Phase 39 - 23 Navami
Creative Work	Siddha Yoga					Devaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1 Wednesday, January 28, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suku Paksho Budha Vesara Yukhtayam				vnu adbhapura, Sri Lanka	
Kritika/Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau		vnu adbhapura, Sri Lanka		Sun 24		Sutra 289	
Wishabha Rasi: 7.54	Tithi 10 - 11	Gulika 10:54AM - 12:22PM	Kritika Until 9:20AM	Ganesha: White	Sunrise: 6:29AM	Vasavasru 5127	
		Yama 7:57AM - 9:26AM	Brahma Until 11:55PM	Muruga: White	Sunset: 6:15PM	Moon 1 - Phase 40 - 24	
Creative Work	Amrita Yoga	Rahu 12:22PM - 1:50PM	Vanija Until 3:21AM Thu	Nataraja: Clear		4th Phase	
Until 9:20AM			Dashami Until 4:39PM	Moon - White		Devaloka Day	
Then Creative Work	Siddha Yoga			Magha-Thai			

2 Thursday, January 29, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suku Paksho Guru Vesara Yukhtayam				vnu adbhapura, Sri Lanka	
Rohini/Mrigashira Nakshatra Indra Yoga Vasi/Bava Karana Ekadashi/Dwadashyam Titau		vnu adbhapura, Sri Lanka		Sun 25		Sutra 290	
Wishabha Rasi: 22.23	Tithi 11 - 12	Gulika 9:26AM - 10:54AM	Rohini Until 7:33AM	Ganesha: Red	Sunrise: 6:29AM	Vasavasru 5127	
		Yama 6:29AM - 7:58AM	Indra Until 8:29PM	Muruga: White	Sunset: 6:15PM	Moon 1 - Phase 40 - 25	
Routine Work	Marana Yoga	Rahu 1:50PM - 3:19PM	Bava Until 12:37AM Fri	Nataraja: Clear		4th Phase	
			Ekadashi Until 1:59PM	Moon - Yellow		Sivaloka Day	
				Magha-Thai			

3 Friday, January 30, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suku Paksho Sukra Vesara Yukhtayam				vnu adbhapura, Sri Lanka	
Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		vnu adbhapura, Sri Lanka		Sun 26		Sutra 291	
Mithuna Rasi: 6.57	Tithi 12 - 13	Gulika 7:58AM - 9:26AM	Ardra Until 3:20AM Sat	Ganesha: Red	Sunrise: 6:29AM	Vasavasru 5127	
		Yama 3:19PM - 4:47PM	Vaidhriti* Until 4:59PM	Muruga: White	Sunset: 6:15PM	Moon 1 - Phase 40 - 26	
Creative Work	Siddha Yoga	Rahu 10:54AM - 12:22PM	Kaulava Until 9:51PM	Nataraja: Clear		4th Phase	
			Dvadashi Until 11:12AM	Moon - Yellow		Sivaloka Day	
				Magha-Thai			
				<i>Pradosha Vata</i>			

4 Saturday, January 31, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suku Paksho Manu Vesara Yukhtayam				vnu adbhapura, Sri Lanka	
Punarvasu Nakshatra Vishkambha*Prithi Yoga Talala/Gara Karana Trayodashi/Chaturdashyam Titau		vnu adbhapura, Sri Lanka		Sun 27		Sutra 292	
Mithuna Rasi: 21.31	Tithi 13 - 14	Gulika 6:29AM - 7:58AM	Punarvasu Until 1:34AM Sun	Ganesha: Blue	Sunrise: 6:29AM	Vasavasru 5127	
		Yama 1:51PM - 3:19PM	Vishkambha* Until 1:33PM	Muruga: White	Sunset: 6:16PM	Moon 1 - Phase 40 - 27	
Creative Work	Siddha Yoga	Rahu 9:26AM - 10:54AM	Gara Until 7:10PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 8:28AM	Moon - Blue		Devaloka Day	
				Magha-Thai			

○ Sunday, February 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suku Paksho Shanu Vesara Yukhtayam				vnu adbhapura, Sri Lanka	
Copper Retreat Star		vnu adbhapura, Sri Lanka		Sun 28		Sutra 293	
Kataka Rasi: 5.58	Tithi 15	Gulika 3:19PM - 4:47PM	Pushya Until 11:57PM	Ganesha: Blue	Sunrise: 6:29AM	Vasavasru 5127	
		Yama 12:22PM - 1:51PM	Prithi Until 10:18AM	Muruga: White	Sunset: 6:16PM	Moon 1 - Phase 40 - Purnima	
Creative Work	Siddha Yoga	Rahu 4:47PM - 6:16PM	Visiti Until 4:45PM	Nataraja: Clear		4th Phase	
			Purnima* Until 3:39AM Mon	Moon - Blue		Devaloka Day	
		Thai Pusam		Magha-Thai			

Monday, February 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krtishna Paksho Indu Vesara Yukhtayam				vnu adbhapura, Sri Lanka	
Silver Retreat Star		vnu adbhapura, Sri Lanka		Sun 29		Sutra 294	
Kataka Rasi: 20.13	Tithi 16	Gulika 1:51PM - 3:19PM	Ashlesha* Until 10:37PM	Ganesha: Blue	Sunrise: 6:29AM	Vasavasru 5127	
		Yama 10:54AM - 12:23PM	Ayushman Until 7:18AM	Muruga: White	Sunset: 6:16PM	Moon 1 - Phase 40 - Prathama	
Family Home Evening	Siddha Yoga	Rahu 7:58AM - 9:26AM	Balava Until 2:42PM	Nataraja: Clear		4th Phase	
Until 10:37PM			Prathama* Until 1:51AM Tue	Moon - Blue		Devaloka Day	
Then Routine Work	Marana Yoga			Magha-Thai			

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam Vnr adhapura, Sri Lanka
Magha* Nakshatra Sobhana Yoga Talila/Gara Karana Dvityayam Tilau Sutra 295

Simha Rasi: 4.1

Tithi 17

Gulika 12:23PM - 1:51PM
Yama 9:26AM - 10:54AM
Rahu 3:20PM - 4:48PM

Magha* Until 10:07PM

Sobhana Until 2:36AM Wed

Tailila Until 1:11PM

Ganesh: Red

Muruga: White

Nataraja: Clear

Sunrise: 6:29AM

Sunset: 6:16PM

Vasavasu 5:127

Moon 2 - Phase 41 - 1st Phase

Creative Work Siddha Yoga

Dvitiya Until 12:39AM Wed

Magha-Thai

Sivaloka Day

1

Wednesday, February 4, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Butha Vasara Yuktayam Vnr adhapura, Sri Lanka
Purvaphalguni Nakshatra Athiganda* Yoga Vanja/Visi* Karana Trityayam Tilau Sutra 296

Simha Rasi: 17.44

Tithi 18

Gulika 10:54AM - 12:23PM
Yama 7:58AM - 9:26AM
Rahu 12:23PM - 1:51PM

Purvaphalguni Until 10:10PM

Athiganda* Until 1:01AM Thu

Vanija Until 12:19PM

Ganesh: Red

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:17PM

Vasavasu 5:127

Moon 2 - Phase 41 - 1st Phase

Creative Work Amrita Yoga

Trityiya Until 12:08AM Thu

Magha-Thai

Sivaloka Day

2

Thursday, February 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktayam Vnr adhapura, Sri Lanka
Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Tilau Sutra 297

Kanya Rasi: 0.55

Tithi 19

Gulika 9:26AM - 10:55AM
Yama 6:29AM - 7:58AM
Rahu 1:51PM - 3:20PM

Uttaraphalguni Until 10:46PM

Sukarna Until 12:01AM Fri

Bava Until 12:11PM

Ganesh: Red

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:17PM

Vasavasu 5:127

Moon 2 - Phase 41 - 2 1st Phase

Creative Work Amrita Yoga

Until 10:46PM

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Chaturthi* Until 12:22AM Fri

Magha-Thai

Sivaloka Day

3

Friday, February 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam Vnr adhapura, Sri Lanka
Hasta Nakshatra Dhriti Yoga Kaulava/Tailila Karana Panchamyam Tilau Sutra 298

Kanya Rasi: 13.44

Tithi 20

Gulika 7:58AM - 9:26AM
Yama 3:20PM - 4:49PM
Rahu 10:55AM - 12:23PM

Hasta Until 12:24AM Sat

Dhriti Until 11:37PM

Kaulava Until 12:48PM

Ganesh: Green

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:17PM

Vasavasu 5:127

Moon 2 - Phase 41 - 3 1st Phase

Creative Work Amrita Yoga

Until 12:24AM Sat

Then Routine Work - Marana Yoga

Panchami Until 1:21AM Sat

Magha-Thai

Devaloka Day

4

Saturday, February 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mania Vasara Yuktayam Vnr adhapura, Sri Lanka
Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthiyam Tilau Sutra 299

Kanya Rasi: 26.13

Tithi 21

Gulika 6:29AM - 7:58AM
Yama 1:52PM - 3:20PM
Rahu 9:26AM - 10:55AM

Chitra Until 2:30AM Sun

Shula* Until 11:40PM

Gara Until 2:06PM

Ganesh: White

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:17PM

Vasavasu 5:127

Moon 2 - Phase 41 - 4 1st Phase

Routine Work Marana Yoga

Until 2:30AM Sun

Then Creative Work - Siddha Yoga

Shashthi* Until 2:58AM Sun

Magha-Thai

Devaloka Day

5

Sunday, February 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Bhanu Vasara Yuktayam Vnr adhapura, Sri Lanka
Svali Nakshatra Ganda* Yoga Visi* Bava Karana Saplamyam Tilau Sutra 300

Tula Rasi: 8.25

Tithi 22

Gulika 3:20PM - 4:49PM
Yama 12:23PM - 1:51PM
Rahu 4:49PM - 6:18PM

Svali Until 4:54AM Mon

Ganda* Until 12:08AM Mon

Visi Until 4:00PM

Ganesh: White

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:18PM

Vasavasu 5:127

Moon 2 - Phase 41 - 5 1st Phase

Creative Work Siddha Yoga

Until 4:54AM Mon

Then Routine Work - Marana Yoga

Saplamyi Until 5:05AM Mon

Magha-Thai

Devaloka Day

Monday, February 9, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktayam Vnr adhapura, Sri Lanka
Vishakha Nakshatra Viddhi Yoga Balava Karana Ashtamyam Tilau Sutra 301

Tula Rasi: 20.27

Tithi 23

Gulika 1:52PM - 3:21PM
Yama 10:55AM - 12:23PM
Rahu 7:57AM - 9:26AM

Vishakha Until 7:55AM Tue

Viddhi Until 12:52AM Tue

Balava Until 6:17PM

Ganesh: Clear

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:18PM

Vasavasu 5:127

Moon 2 - Phase 41 - 6 Ashtami

Family Home Evening

Routine Work Marana Yoga

Until 7:55AM Tue

Then Creative Work - Siddha Yoga

Ashtami* Until 7:29AM Tue

Magha-Thai

Sivaloka Day

Tuesday, February 10, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam Vnr adhapura, Sri Lanka
Vishakha/Anuradha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Tilau Sutra 302

Vishkha Rasi: 2.22

Tithi 23 - 24

Gulika 12:23PM - 1:52PM
Yama 9:26AM - 10:55AM
Rahu 3:21PM - 4:49PM

Vishakha Until 7:55AM

Dhruva Until 1:39AM Wed

Tailila Until 8:45PM

Ganesh: Clear

Muruga: White

Nataraja: Orange

Sunrise: 6:29AM

Sunset: 6:18PM

Vasavasu 5:127

Moon 2 - Phase 41 - 7 Navami

Routine Work Marana Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

Ashtami* Until 7:29AM

Magha-Thai

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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1	Wednesday, February 11, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamam Titau			Vnr adhpapura, Sri Lanka Sun 8	Sutra 303
	Wischika Rasi: 14.16	Tithi 24 – 25	Gulika 10:55AM – 12:23PM Yama 7:57AM – 9:26AM Rahu 12:23PM – 1:52PM	Anuradha Untill 10:50AM Vyaghata* Untill 2:25AM Thu Vanija Untill 11:12PM Navami* Untill 9:58AM	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Magha-Thai	Sunrise: 6:28AM Sunset: 6:18PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 8 2nd Phase
Creative Work Siddha Yoga		Sivaloka Day					

2	Thursday, February 12, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Visi*/Bava Karana Dashami/Ekadashim Titau			Vnr adhpapura, Sri Lanka Sun 9	Sutra 304
	Wischika Rasi: 26.11	Tithi 25 – 26	Gulika 9:26AM – 10:55AM Yama 6:28AM – 7:57AM Rahu 1:52PM – 3:21PM	Jyeshtha* Untill 1:28PM Harshana Untill 3:02AM Fri Bava Untill 1:26AM Fri Dashami Untill 12:20PM	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Magha-Thai	Sunrise: 6:28AM Sunset: 6:18PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 9 2nd Phase
Routine Work Prabalarishta Yoga Untill 1:28PM Then Creative Work Siddha Yoga		Sivaloka Day					

3	Friday, February 13, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau			Vnr adhpapura, Sri Lanka Sun 10	Sutra 305
	Dhanus Rasi: 8.12	Tithi 26 – 27	Gulika 7:57AM – 9:26AM Yama 3:21PM – 4:50PM Rahu 10:55AM – 12:23PM	Mula* Untill 4:09PM Vajra* Untill 3:19AM Sat Kaulava Untill 3:17AM Sat Ekadashi* Untill 2:42PM	Ganesha: Purple Muruga: White Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:28AM Sunset: 6:18PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 10 2nd Phase
Creative Work Amrita Yoga Untill 4:09PM Then Routine Work Prabalarishta Yoga		Devaloka Day					

4	Saturday, February 14, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau			Vnr adhpapura, Sri Lanka Sun 10	Sutra 306
	Dhanus Rasi: 20.22	Tithi 27 – 28	Gulika 6:28AM – 7:57AM Yama 3:21PM – 4:50PM Rahu 9:26AM – 10:55AM	Purvashadha* Untill 6:13PM Siddhi Untill 3:15AM Sun Gara Untill 4:38AM Sun Dvadashi* Untill 4:00PM	Ganesha: Purple Muruga: White Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:28AM Sunset: 6:18PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 11 2nd Phase
Creative Work Siddha Yoga Untill 6:13PM Then Routine Work Marana Yoga		Devaloka Day					
<i>Pradosha Vata (Fasting)</i>							

5	Sunday, February 15, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bharu Vasara Yuktayam Uttarashadha Nakshatra Vyajipata* Yoga Vanja/Visi* Karana Trayodashi/Amavasyayam Titau			Vnr adhpapura, Sri Lanka Sun 12	Sutra 307
	Makara Rasi: 2.46	Tithi 28 – 29	Gulika 3:21PM – 4:50PM Yama 12:23PM – 1:52PM Rahu 4:50PM – 6:19PM	Uttarashadha Untill 7:38PM Vyajipata* Untill 2:46AM Mon Visi Untill 5:26AM Mon Trayodashi* Untill 5:05PM	Ganesha: Clear Muruga: White Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:28AM Sunset: 6:18PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 12 2nd Phase
Creative Work Amrita Yoga		Sivaloka Day					
			Mahasivaratri (Lunar)				
			Mahasivaratri (Solar)				

6	Monday, February 16, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam Shrivana Nakshatra Varjan Yoga Sakuni*/Catuspada* Karana Chalurdashi/Amavasyayam Titau			Vnr adhpapura, Sri Lanka Sun 13	Sutra 308
	Makara Rasi: 15.24	Tithi 29 – 30	Gulika 1:52PM – 3:21PM Yama 10:54AM – 12:23PM Rahu 7:56AM – 9:25AM	Shrivana Untill 8:48PM Varjan Untill 1:49AM Tue Catuspada Untill 5:39AM Tue Chalurdashi* Untill 5:36PM	Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:27AM Sunset: 6:19PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 13 2nd Phase
Family Home Evening Creative Work Amrita Yoga Untill 8:48PM Then Creative Work Siddha Yoga		Sivaloka Day					

●	Tuesday, February 17, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigtha* Yoga Niaga*/Kintughna* Karana Amavasya/Prathamayam Titau			Vnr adhpapura, Sri Lanka Sun 14	Sutra 309
	Makara Rasi: 28.18	Tithi 30 – 1	Gulika 12:23PM – 1:52PM Yama 9:25AM – 10:54AM Rahu 3:21PM – 4:50PM	Dhanishtha Untill 9:16PM Parigtha* Untill 12:28AM Wed Kintughna Untill 5:20AM Wed Amavasya* Untill 5:32PM	Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:27AM Sunset: 6:19PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 14 Amavasya
Creative Work Siddha Yoga Untill 9:16PM Then Routine Work Marana Yoga		Sivaloka Day					

●	Wednesday, February 18, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Budha Vasara Yuktayam Shalabhisak Nakshatra Shiva Yoga Bava/Balava Karana Prathama/Dvityayam Titau			Vnr adhpapura, Sri Lanka Sun 15	Sutra 310
	Kumbha Rasi: 11.29	Tithi 1 – 2	Gulika 10:54AM – 12:23PM Yama 7:56AM – 9:25AM Rahu 12:23PM – 1:52PM	Shalabhisak Untill 9:06PM Shiva Untill 10:44PM Balava Untill 4:32AM Thu Prathama* Untill 4:58PM	Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 6:27AM Sunset: 6:20PM	Vasaxasa 5:127 Moon 2 - Phase 42 - 15 Prathama
Creative Work Siddha Yoga Untill 9:06PM Then Creative Work Amrita Yoga		Sivaloka Day					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Thursday, February 19, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Puravproshthapada* Nakshatra Siddha Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Sun 16 Subra 311	
Kumbha Rasi: 24.55		Gulika	9:25AM - 10:54AM	Puravproshthapada* Until 8:49PM	Ganesha: Green	Sunrise: 6:27AM	Vasavasu 5:27
Tithi 2 - 3		Yama	6:27AM - 7:55AM	Siddha Until 8:39PM	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 16
Creative Work Siddha Yoga		Rahu	1:52PM - 3:21PM	Taila Until 3:20AM Fri	Nataraja: Orange		3rd Phase
				Dvitiya Until 3:58PM	Moon - Clear	Subha Sivaloka Day	
					Phalgunu-Masi		

2		Friday, February 20, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Sudra Vaisara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Uttaraproshtapada Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Sun 17 Subra 312	
Meesa Rasi: 8.34		Gulika	7:56AM - 9:25AM	Uttaraproshtapada Until 8:03PM	Ganesha: Green	Sunrise: 6:26AM	Vasavasu 5:27
Tithi 3 - 4		Yama	3:21PM - 4:51PM	Sadhya Until 6:19PM	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 17
Creative Work Siddha Yoga		Rahu	10:54AM - 12:23PM	Vanija Until 1:50AM Sat	Nataraja: Orange		3rd Phase
				Tritiya Until 2:36PM	Moon - Clear	Subha Sivaloka Day	
					Phalgunu-Masi		

3		Saturday, February 21, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Revati Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamyam Tilau				Sun 18 Subra 313	
Meesa Rasi: 22.25		Gulika	6:26AM - 7:55AM	Revati Until 6:54PM	Ganesha: Red	Sunrise: 6:26AM	Vasavasu 5:27
Tithi 4 - 5		Yama	1:52PM - 3:21PM	Subha Until 3:47PM	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 18
Routine Work Prabalarishta Yoga		Rahu	9:25AM - 10:54AM	Bava Until 12:05AM Sun	Nataraja: Orange		3rd Phase
Until 6:54PM				Chaturthi* Until 12:57PM	Moon - Clear	Sivaloka Day	
Then Creative Work - Siddha Yoga		Subramunyaswami Siva Vision Day			Phalgunu-Masi		

4		Sunday, February 22, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau				Sun 19 Subra 314	
Meesa Rasi: 6.23		Gulika	3:21PM - 4:51PM	Ashvini Until 5:51PM	Ganesha: Blue	Sunrise: 6:26AM	Vasavasu 5:27
Tithi 5 - 6		Yama	12:23PM - 1:52PM	Sukla Until 1:04PM	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 19
Creative Work Siddha Yoga		Rahu	4:51PM - 6:20PM	Kaulava Until 10:09PM	Nataraja: Orange		3rd Phase
Until 5:51PM				Panchami Until 11:07AM	Moon - White	Devaloka Day	
Then Routine Work - Prabalarishta Yoga					Phalgunu-Masi		

5		Monday, February 23, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Bharani/Kritika Nakshatra Brahma/Indra Yoga Taila/Gara Karana Shashthi/Saptamyam Tilau				Sun 20 Subra 315	
Meesa Rasi: 20.28		Gulika	1:52PM - 3:21PM	Bharani Until 4:31PM	Ganesha: Blue	Sunrise: 6:25AM	Vasavasu 5:27
Tithi 6 - 7		Yama	10:53AM - 12:23PM	Brahma Until 10:15AM	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 20
Family Home Evening		Rahu	7:55AM - 9:24AM	Gara Until 8:07PM	Nataraja: Orange		3rd Phase
Creative Work Siddha Yoga				Shashthi* Until 9:08AM	Moon - White	Devaloka Day	
Until 4:31PM					Phalgunu-Masi		
Then Routine Work - Marana Yoga							

6		Tuesday, February 24, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Kritika/Rohini Nakshatra Indra/Vaidhiti* Yoga Vanija/Visi* Karana Saptami/Ashthamyam Tilau				Sun 21 Subra 316	
Retreat Star		Gulika	12:23PM - 1:52PM	Kritika Until 2:59PM	Ganesha: Blue	Sunrise: 6:25AM	Vasavasu 5:27
Wishabha Rasi: 5		Yama	9:24AM - 10:53AM	Indra Until 7:23AM	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 21
Tithi 7 - 8		Rahu	3:21PM - 4:51PM	Visi Until 6:01PM	Nataraja: Orange		Ashtami
Creative Work Siddha Yoga				Saptami Until 7:03AM	Moon - White	Devaloka Day	
Until 2:59PM					Phalgunu-Masi		
Then Creative Work - Amrita Yoga							

7		Wednesday, February 25, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yukhtayam		Vnu adbhapura, Sri Lanka	
		Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Tilau				Sun 22 Subra 317	
Retreat Star		Gulika	10:53AM - 12:22PM	Rohini Until 1:42PM	Ganesha: Blue	Sunrise: 6:25AM	Vasavasu 5:27
Wishabha Rasi: 18.46		Yama	7:54AM - 9:24AM	Vishkambha* Until 1:32AM Thu	Muruga: White	Sunset: 6:20PM	Moon 2 - Phase 43 - 22
Tithi 9		Rahu	12:22PM - 1:52PM	Balava Until 3:52PM	Nataraja: Orange		Navami
Creative Work Siddha Yoga				Navami* Until 2:47AM Thu	Moon - Yellow	Subha Sivaloka Day	
					Phalgunu-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1		Thursday, February 26, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Суліа Пакше Guru Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Mithuna Rasi: 2:57		Tithi 10		Migashira/Ardra Nakshatra Prili Yaga Talilla/Gara Karana Dashamyam Tilau		Sun 23 Subra 318	
Routine Work		Marana Yoga		Gulika 9:23AM - 10:53AM Yama 6:21AM - 7:54AM Rahu 1:52PM - 3:21PM		Murgasha: Blue Murgu: White Nataraja: Orange Moon - Yellow Phalgun-Masi	
				Mrigashira Until 12:16PM Prili Until 10:38PM Talilla Until 1:45PM Dashami Until 12:41AM Fri		Sunrise: 6:24AM Sunset: 6:20PM Moon 2 - Phase 44 - 23 4th Phase	
						Subha Sivaloka Day	

2		Friday, February 27, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Суліа Пакше Sukra Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Mithuna Rasi: 17:06		Tithi 11		Ardra/Punarvasu Nakshatra Ajushman Yoga Vanja/Visi* Karana Ekadashyam Tilau		Sun 24 Subra 319	
Creative Work		Siddha Yoga		Gulika 7:54AM - 9:23AM Yama 3:21PM - 4:51PM Rahu 10:53AM - 12:22PM		Murgasha: Blue Murgu: White Nataraja: Orange Moon - Yellow Phalgun-Masi	
				Ardra Until 10:46AM Ajushman Until 7:47PM Vanija Until 11:40AM Ekadashi Until 10:40PM		Sunrise: 6:24AM Sunset: 6:20PM Moon 2 - Phase 44 - 24 4th Phase	
						Subha Sivaloka Day	

3		Saturday, February 28, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Суліа Пакше Manita Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Kalka Rasi: 1:11		Tithi 12		Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Tilau		Sun 25 Subra 320	
Creative Work		Siddha Yoga		Gulika 6:24AM - 7:53AM Yama 1:52PM - 3:21PM Rahu 9:23AM - 10:52AM		Murgasha: White Murgu: White Nataraja: Orange Moon - Blue Phalgun-Masi	
				Punarvasu Until 9:39AM Saubhagya Until 5:05PM Bava Until 9:44AM Dvadashi Until 8:49PM		Sunrise: 6:24AM Sunset: 6:20PM Moon 2 - Phase 44 - 25 4th Phase	
						Devaloka Day	

4		Sunday, March 1, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Суліа Пакше Bharu Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Kalka Rasi: 15:08		Tithi 13		Pushya/Ashlesha* Nakshatra Sobhana/Ahiganda* Yoga Kauava/Talilla Karana Trayodashyam Tilau		Sun 26 Subra 321	
Creative Work		Siddha Yoga		Gulika 3:21PM - 4:51PM Yama 12:22PM - 1:51PM Rahu 4:51PM - 6:20PM		Murgasha: White Murgu: White Nataraja: Orange Moon - Blue Phalgun-Masi	
				Pushya Until 8:37AM Sobhana Until 2:34PM Kauava Until 7:59AM Trayodashi Until 7:12PM		Sunrise: 6:23AM Sunset: 6:20PM Moon 2 - Phase 44 - 26 4th Phase	
						Devaloka Day	
						<i>Pradosha Vata</i>	

5		Monday, March 2, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Суліа Пакше Indu Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Kalka Rasi: 28:56		TITHI 14 - 15		Ashlesha/Magha* Nakshatra Ahiganda*/Sukarma Yoga Gara/Visi* Karana Chaturdashi/Purnimayam Tilau		Sun 27 Subra 322	
Family Home Evening		Siddha Yoga		Gulika 1:51PM - 3:21PM Yama 10:52AM - 12:21PM Rahu 7:52AM - 9:22AM		Murgasha: White Murgu: White Nataraja: Orange Moon - Blue Phalgun-Masi	
Until 7:43AM		Then Routine Work - Marana Yoga		Ashlesha* Until 7:43AM Ahiganda* Until 12:18PM Gara Until 6:33AM Chaturdashi* Until 5:57PM		Sunrise: 6:22AM Sunset: 6:20PM Moon 2 - Phase 44 - 27 4th Phase	
				Chidambaram Abhishekam		Devaloka Day	

○		Tuesday, March 3, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Кришна Пакше Mangala Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Simha Rasi: 12:29		TITHI 15 - 16		Magha*/Purvaphalguni Nakshatra Sukarma/Dhri/Sheha* Yoga Kauava/Talilla Karana Purnima/Prathamayam Tilau		Sun 28 Subra 323	
Creative Work		Siddha Yoga		Gulika 12:21PM - 1:51PM Yama 9:22AM - 10:51AM Rahu 3:21PM - 4:51PM		Murgasha: Clear Murgu: White Nataraja: Orange Moon - Red Phalgun-Masi	
				Magha* Until 7:30AM Sukarma Until 10:22AM Balava Until 4:55AM Wed Purnima* Until 5:07PM		Sunrise: 6:22AM Sunset: 6:21PM Moon 2 - Phase 44 - Purnima	
				Holi		Sivaloka Day	

Wednesday, March 4, 2026		Silver Retreat Star		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбіха Мазе Кришна Пакше Budha Vasara Yuktayam		Vnu adbhapura, Sri Lanka	
Simha Rasi: 25:46		TITHI 16 - 17		Purvaphalguni Nakshatra Dhri/Sheha* Yoga Kauava/Talilla Karana Prathama/Dhriyayam Tilau		Sun 29 Subra 324	
Creative Work		Amrita Yoga		Gulika 10:51AM - 12:21PM Yama 7:51AM - 9:21AM Rahu 12:21PM - 1:51PM		Murgasha: Clear Murgu: White Nataraja: Orange Moon - Red Phalgun-Masi	
				Purvaphalguni Until 7:36AM Dhri/Until 8:50AM Talilla Until 4:53AM Thu Prathama* Until 4:48PM		Sunrise: 6:22AM Sunset: 6:21PM Moon 2 - Phase 44 - Prathama	
						Sivaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to satva is Vishnu. Krishna Yajur Veda

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**Thursday, March 5, 2026****Gold Retreat Star**

Kanya Rasi: 8.47 Tithi 17 - 18

Amrita Yoga

Until 8:05AM

Then Routine Work - Marana Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
 Ultraphalguni/Hasta Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Tilau

Gulika 9:21AM - 10:51AM
 Yama 6:21AM - 7:51AM
 Rahu 1:51PM - 3:21PM

Ultraphalguni Until 8:06AM
 Shula* Until 7:42AM
 Vanija Until 5:26AM Fri
 Dvitiya Until 5:04PM

Ganesha: Clear
 Sunrise: 6:21AM
 Sunset: 6:29PM

Moon - 3 - Phase 45 - 1
 1st Phase

Vnu rdhapura, Sri Lanka
Sun 1 Sutra 325

Vvasvasu 5:127

Moon 3 - Phase 45 - 1

1st Phase

Sivaloka Day**Friday, March 6, 2026**

Kanya Rasi: 21.3 Tithi 18 - 19

Amrita Yoga

Creative Work

Until 9:29AM

Then Creative Work - Siddha Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
 Chitra/Svali Nakshatra Ganda/Widhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Tilau

Gulika 7:51AM - 9:21AM
 Yama 3:21PM - 3:20PM
 Rahu 10:51AM - 12:21PM

Hasla Until 9:29AM
 Ganda* Until 7:03AM
 Bava Until 6:35AM Sat
 Tritiya Until 5:55PM

Ganesha: White
 Sunrise: 6:21AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 2
 1st Phase

Vnu rdhapura, Sri Lanka

Sun 2 Sutra 326

Vvasvasu 5:127

Moon 3 - Phase 45 - 2

1st Phase

Devaloka Day**Saturday, March 7, 2026**

Tula Rasi: 3.57 Tithi 19

Marana Yoga

Routine Work

Until 11:16AM

Then Creative Work - Siddha Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Mania Vasara Yuktayam
 Chitra/Svali Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Tilau

Gulika 6:20AM - 7:50AM
 Yama 1:50PM - 3:20PM
 Rahu 9:20AM - 10:50AM

Chitra Until 11:16AM
 Viddhi Until 6:52AM
 Bava Until 6:35AM

Ganesha: Purple
 Sunrise: 6:20AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 3
 1st Phase

Vnu rdhapura, Sri Lanka

Sun 3 Sutra 327

Vvasvasu 5:127

Moon 3 - Phase 45 - 3

1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Sunday, March 8, 2026

Tula Rasi: 16.11 Tithi 20

Siddha Yoga

Creative Work

Until 1:22PM

Then Routine Work - Marana Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
 Svali/Wishaka Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamyam Tilau

Gulika 3:20PM - 4:50PM
 Yama 12:20PM - 1:50PM
 Rahu 4:50PM - 6:20PM

Svali Until 1:22PM
 Dhruva Until 7:03AM
 Kaulava Until 8:15AM
 Panchami Until 9:14PM

Ganesha: Purple
 Sunrise: 6:20AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 4
 1st Phase

Vnu rdhapura, Sri Lanka

Sun 4 Sutra 328

Vvasvasu 5:127

Moon 3 - Phase 45 - 4

1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Monday, March 9, 2026

Tula Rasi: 28.14 Tithi 21

Family Home Evening

Routine Work

Until 4:11PM

Then Creative Work - Siddha Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
 Vishaka/Anuradha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Tilau

Gulika 1:50PM - 3:20PM
 Yama 10:50AM - 12:20PM
 Rahu 7:49AM - 9:20AM

Vishaka Until 4:11PM
 Vyaghata* Until 7:34AM
 Gara Until 10:20AM
 Shashthi* Until 11:28PM

Ganesha: Clear
 Sunrise: 6:19AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 5
 1st Phase

Vnu rdhapura, Sri Lanka

Sun 5 Sutra 329

Vvasvasu 5:127

Moon 3 - Phase 45 - 5

1st Phase

Devaloka Day**Tuesday, March 10, 2026**

Wishika Rasi: 10.11 Tithi 22

Siddha Yoga

Creative Work

Until 7:02PM

Then Routine Work - Marana Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Mangala Vasara Yuktayam
 Anuradha Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Sapthamyam Tilau

Gulika 12:20PM - 1:50PM
 Yama 9:19AM - 10:49AM
 Rahu 3:20PM - 4:50PM

Anuradha Until 7:02PM
 Harshana Until 8:19AM
 Visi Until 12:41PM
 Sapthami Until 1:53AM Wed

Ganesha: Clear
 Sunrise: 6:19AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 6
 1st Phase

Vnu rdhapura, Sri Lanka

Sun 6 Sutra 330

Vvasvasu 5:127

Moon 3 - Phase 45 - 6

1st Phase

Devaloka Day**Wednesday, March 11, 2026****Retreat Star**

Wishika Rasi: 22.05 Tithi 23

Siddha Yoga

Creative Work

Until 9:45PM

Then Routine Work - Marana Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
 Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Tilau

Gulika 10:49AM - 12:19PM
 Yama 7:49AM - 9:19AM
 Rahu 12:19PM - 1:50PM

Jyeshtha* Until 9:45PM
 Vajra* Until 9:07AM
 Balava Until 3:07PM
 Ashtami* Until 4:16AM Thu

Ganesha: Clear
 Sunrise: 6:18AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 7
 Ashtami

Vnu rdhapura, Sri Lanka

Sun 7 Sutra 331

Vvasvasu 5:127

Moon 3 - Phase 45 - 7

Ashtami

Bhuloka Day

Devaloka Time: 6AM to 9AM

Thursday, March 12, 2026**Retreat Star**

Dhanu Rasi: 4.01 Tithi 24

Siddha Yoga

Creative Work

Until 12:38AM Fri

Then Routine Work - Prabarishtha Yoga

Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
 Mula* Nakshatra Siddhi/Vyalpata* Yoga Taila/Gara Karana Navamyam Tilau

Gulika 9:18AM - 10:49AM
 Yama 6:18AM - 7:48AM
 Rahu 1:49PM - 3:20PM

Mula* Until 12:38AM Fri
 Siddhi Until 9:52AM
 Taila Until 5:25PM
 Navami* Until 6:26AM Fri

Ganesha: White
 Sunrise: 6:18AM
 Sunset: 6:29PM

Moon 3 - Phase 45 - 8
 Navami

Vnu rdhapura, Sri Lanka

Sun 8 Sutra 332

Vvasvasu 5:127

Moon 3 - Phase 45 - 8

Navami

Bhuloka Day

Phalgunu-Masi

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam Puravashada* Nakshatra Vysjyapata*Varjanyam Yoga GaraVanjja Karana Navami/Dashmyam Titau				Vnu adbhapura, Sri Lanka Sun 9 Sutra 333	
Dhanus Rasi: 16.01	TITHI 24 – 25	Gulika 7:48AM – 9:18AM 3:20PM – 4:50PM	Purvashada* Until 2:59AM Sat Vyalipala* Until 10:26AM Vyanja Until 7:23PM	Ganesha: White Muruga: White Nataraja: Light Blue Moon - Light Blue	Sunrise: 6:17AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 9 2nd Phase	
Routine Work Prabalashita Yoga Until 2:59AM Sat Then Routine Work - Marana Yoga		181658677 Rahu 10:48AM – 12:19PM		Navami* Until 6:26AM Phalguna-Masi		Bhuloka Day	

2 Saturday, March 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marita Vasara Yuktayam Uttarashada Nakshatra Varjanyam Parigaha* Yoga Visi*/Bava Karana Dashami/Ekadasmyam Titau				Vnu adbhapura, Sri Lanka Sun 10 Sutra 334	
Dhanus Rasi: 28.12	TITHI 25 – 26	Gulika 6:17AM – 7:47AM 12:18PM – 1:49PM	Uttarashada Until 4:38AM Sun Varjanyam Until 10:38AM Bava Until 8:49PM	Ganesha: White Muruga: White Nataraja: Light Blue Moon - Light Blue	Sunrise: 6:17AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 10 2nd Phase	
Routine Work Marana Yoga Until 4:38AM Sun Then Creative Work - Amrita Yoga		181658677 Rahu 9:18AM – 10:48AM		Dashami Until 8:09AM Phalguna-Masi		Bhuloka Day	

3 Sunday, March 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Bharu Vasara Yuktayam Shravana Nakshatra Parigaha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashmyam Titau				Vnu adbhapura, Sri Lanka Sun 11 Sutra 335	
Makara Rasi: 10.37	TITHI 26 – 27	Gulika 3:19PM – 4:50PM 12:18PM – 1:49PM	Shravana Until 5:57AM Mon Parigah* Until 10:23AM Kaulava Until 9:37PM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 6:16AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 11 2nd Phase	
Creative Work Amrita Yoga Until 5:57AM Mon Then Creative Work - Siddha Yoga		191658678 Rahu 4:50PM – 6:20PM		Ekadashi* Until 9:17AM Phalguna-Panguni		Bhuloka Day Devaloka Time: 6AM to 9AM	
		Karadayam Nombu (Tamil Nadu)					

4 Monday, March 16, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashmyam Titau				Vnu adbhapura, Sri Lanka Sun 12 Sutra 336	
Makara Rasi: 23.21	TITHI 27 – 28	Gulika 1:49PM – 3:19PM 10:47AM – 12:18PM	Dhanishtha Until 6:24AM Tue Shiva Until 9:37AM Gara Until 9:42PM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 6:16AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 12 2nd Phase	
Family Home Evening Creative Work Siddha Yoga Until 6:24AM Tue Then Routine Work - Marana Yoga		191658678 Rahu 7:46AM – 9:17AM		Dvadashi* Until 9:44AM Phalguna-Panguni		Bhuloka Day Devaloka Time: 6AM to 9AM	
				Pradosha Vata (Fasting)			

5 Tuesday, March 17, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Vanja/Visi* Karana Trayodashi/Chaturdashmyam Titau				Vnu adbhapura, Sri Lanka Sun 13 Sutra 337	
Kumbha Rasi: 6.26	TITHI 28 – 29	Gulika 12:18PM – 1:48PM 9:17AM – 10:47AM	Dhanishtha Until 6:24AM Siddha Until 8:15AM Visi Until 9:03PM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 6:15AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 13 2nd Phase	
Creative Work Siddha Yoga Until 6:24AM Then Routine Work - Marana Yoga		191658678 Rahu 3:19PM – 4:50PM		Trayodashi* Until 9:27AM Phalguna-Panguni		Bhuloka Day Devaloka Time: 6AM to 9AM	

Wednesday, March 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Budha Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Vnu adbhapura, Sri Lanka Sun 14 Sutra 338	
Retreat Star		Gulika 10:47AM – 12:17PM 7:45AM – 9:16AM	Shatabhishak Until 6:01AM Sadhya Until 6:22AM Catuspada Until 7:47PM	Ganesha: Blue Muruga: White Nataraja: Purple Moon - Purple	Sunrise: 6:15AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 14 Amavasya	
Kumbha Rasi: 19.53		192658678 Rahu 12:17PM – 1:48PM		Chaturdashi* Until 8:28AM Phalguna-Panguni		Devaloka Day	
Creative Work Siddha Yoga Until 6:01AM Then Creative Work - Amrita Yoga							

Thursday, March 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Naja*/Bava Karana Amavasya/Prathamayam Titau				Vnu adbhapura, Sri Lanka Sun 15 Sutra 339	
Retreat Star		Gulika 9:16AM – 10:46AM 6:14AM – 7:45AM	Uttaraproshtapada Until 4:03AM Fri Sukla Until 1:14AM Fri Bava Until 4:52AM Fri	Ganesha: Red Muruga: White Nataraja: Purple Moon - Clear	Sunrise: 6:14AM Sunset: 6:20PM	Vasavasu 5:127 Moon 3 - Phase 46 - 15 Prathama	
Meena Rasi: 3.42		112658678 Rahu 1:48PM – 3:19PM		Chaturdashi* Until 8:28AM Phalguna-Panguni		Bhuloka Day Devaloka Time: 9AM to 12PM	
Creative Work Siddha Yoga		Yugadi					

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1 Friday, March 20, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktayam Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau			Inu adbhapura, Sri Lanka Sun 16 Sutra 340	
Gulika	7:45AM – 9:15AM	Revati Until 2:16AM Sat	Ganesh: Red	Sunrise: 6:14AM	Viswasa 5:17	
Yama	3:18PM – 4:49PM	Brahma Until 10:11PM	Muruga: White	Sunset: 6:20PM	Moon 3 - Phase 47 - 12	
Rahu	10:46AM – 12:17PM	Balava Until 3:44PM	Nataraja: Purple	Moon - Clear		
Mesha Rasi: 17.49 Tilhi 2		Dvitiya Until 2:29AM Sat		Chalra-Panguni		Bhuloka Day
Creative Work Siddha Yoga						Devaloka Time: 9AM to 12PM

2 Saturday, March 21, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Manu Vasara Yuktayam Ashvini Nakshatra Indra Yoga Talilla/Gara Karana Tritiyayam Tilau			Inu adbhapura, Sri Lanka Sun 17 Sutra 341	
Gulika	6:13AM – 7:44AM	Ashvini Until 12:34AM Sun	Ganesh: Yellow	Sunrise: 6:13AM	Viswasa 5:17	
Yama	1:47PM – 3:18PM	Indra Until 6:57PM	Muruga: White	Sunset: 6:20PM	Moon 3 - Phase 47 - 17	
Rahu	9:15AM – 10:46AM	Talilla Until 1:14PM	Nataraja: Purple	Moon - White		
Mesha Rasi: 2.08 Tilhi 3		Tritiya Until 11:54PM		Chalra-Panguni		Bhuloka Day
Creative Work Siddha Yoga						Devaloka Time: 9AM to 12PM
Until 12:34AM Sun		Chellappaswami Mahasamadi				
Then Routine Work - Prabalashta Yoga						

3 Sunday, March 22, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Bhanu Vasara Yuktayam Vaidhiti Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Chalrutiyam Tilau			Inu adbhapura, Sri Lanka Sun 18 Sutra 342	
Gulika	3:18PM – 4:49PM	Bharani Until 10:39PM	Ganesh: Blue	Sunrise: 6:13AM	Viswasa 5:17	
Yama	12:16PM – 1:47PM	Vaidhiti* Until 3:37PM	Muruga: White	Sunset: 6:20PM	Moon 3 - Phase 47 - 18	
Rahu	4:49PM – 6:20PM	Vanija Until 10:36AM	Nataraja: Purple	Moon - White		
Mesha Rasi: 16.36 Tilhi 4		Chalrutih* Until 9:15PM		Chalra-Panguni		Bhuloka Day
Routine Work Prabalashta Yoga						
Until 10:39PM						
Then Creative Work - Siddha Yoga						

4 Monday, March 23, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Indu Vasara Yuktayam Kritika Nakshatra Vishkambha* Priti Yoga Bava/Balava Karana Panchamyam Tilau			Inu adbhapura, Sri Lanka Sun 19 Sutra 343	
Gulika	1:47PM – 3:18PM	Kritika Until 8:39PM	Ganesh: Blue	Sunrise: 6:12AM	Viswasa 5:17	
Yama	10:45AM – 12:16PM	Vishkambha* Until 12:19PM	Muruga: White	Sunset: 6:20PM	Moon 3 - Phase 47 - 19	
Rahu	7:43AM – 9:14AM	Bava Until 7:57AM	Nataraja: Purple	Moon - White		
Wishabha Rasi: 1.05 Tilhi 5		Panchami Until 6:38PM		Chalra-Panguni		Bhuloka Day
Family Home Evening						
Routine Work Marana Yoga						
Until 8:39PM						
Then Creative Work - Amrita Yoga						

5 Tuesday, March 24, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Mangala Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau			Inu adbhapura, Sri Lanka Sun 20 Sutra 344	
Gulika	12:16PM – 1:47PM	Rohini Until 7:05PM	Ganesh: Yellow	Sunrise: 6:12AM	Viswasa 5:17	
Yama	9:14AM – 10:45AM	Priti Until 9:06AM	Muruga: White	Sunset: 6:20PM	Moon 3 - Phase 47 - 20	
Rahu	3:18PM – 4:49PM	Gara Until 3:01AM Wed	Nataraja: Purple	Moon - Yellow		
Wishabha Rasi: 15.31 Tilhi 6 – 7		Shashthi* Until 4:09PM		Chalra-Panguni		Bhuloka Day
Creative Work Amrita Yoga						Devaloka Time: 6AM to 9AM
Until 7:05PM						
Then Creative Work - Siddha Yoga						

Wednesday, March 25, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Butha Vasara Yuktayam Migashira/Andra Nakshatra Ajushman/Saubhagya Yoga Vanja/Visti* Karana Saptami/Ashamyam Tilau			Inu adbhapura, Sri Lanka Sun 21 Sutra 345	
Retreat Star		Gulika	10:44AM – 12:15PM	Mrigashira Until 5:35PM	Ganesh: Yellow	Sunrise: 6:11AM
Wishabha Rasi: 29.49 Tilhi 7 – 8		Yama	7:42AM – 9:13AM	Ayushman Until 6:02AM	Muruga: White	Sunset: 6:20PM
Creative Work Siddha Yoga		Rahu	12:15PM – 1:46PM	Visti Until 12:53AM Thu	Nataraja: Purple	Moon 3 - Phase 47 - 21
				Saptami Until 1:53PM	Moon - Yellow	
				Chalra-Panguni	Bhuloka Day	
					Devaloka Time: 6AM to 9AM	

Thursday, March 26, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam Andra/Punarsava Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Tilau			Inu adbhapura, Sri Lanka Sun 22 Sutra 346	
Retreat Star		Gulika	9:13AM – 10:44AM	Andra Until 4:14PM	Ganesh: Yellow	Sunrise: 6:11AM
Mithuna Rasi: 13.56 Tilhi 8 – 9		Yama	6:11AM – 7:42AM	Sobhana Until 12:35AM Fri	Muruga: White	Sunset: 6:19PM
Routine Work Marana Yoga		Rahu	1:46PM – 3:17PM	Balava Until 11:02PM	Nataraja: Purple	Moon 3 - Phase 47 - 22
Until 4:14PM		Sri Rama Navami		Ashtami* Until 11:54AM	Moon - Yellow	
Then Creative Work - Amrita Yoga				Chalra-Panguni	Bhuloka Day	
					Devaloka Time: 6AM to 9AM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1

Friday, March 27, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam	
Panaravasu/Pushya Nakshatra Aihiganda* Yoga Kaulava/Taila Karana Navami/Dishmayam Titau		Panaravasu/Pushya Nakshatra Aihiganda* Yoga Kaulava/Taila Karana Navami/Dishmayam Titau		Panaravasu/Pushya Nakshatra Aihiganda* Yoga Kaulava/Taila Karana Navami/Dishmayam Titau		Panaravasu/Pushya Nakshatra Aihiganda* Yoga Kaulava/Taila Karana Navami/Dishmayam Titau	
Gulika	7:41AM - 9:12AM	Punarvasu	Until 3:28PM	Ganesh:	White	Sunrise:	6:10AM
Yama	3:17PM - 4:48PM	Aihiganda*	Until 10:13PM	Muruga:	White	Sunset:	6:19PM
142758678	Rahu	10:44AM - 12:15PM	Taila	Nataraja:	Purple	Moon 3 - Phase 4B - 23 4th Phase	
Creative Work Siddha Yoga		Navami* Until 10:13AM		Moon - Blue		Bhuloka Day	
Until 3:28PM				Chaitra-Panguni			
Then Routine Work - Marana Yoga							

2

Saturday, March 28, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yukhtayam	
Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau		Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau		Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau		Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau	
Gulika	6:10AM - 7:41AM	Pushya	Until 2:54PM	Ganesh:	White	Sunrise:	6:10AM
Yama	1:46PM - 3:17PM	Sukarma	Until 8:08PM	Muruga:	White	Sunset:	6:19PM
142758678	Rahu	9:12AM - 10:43AM	Vanija	Nataraja:	Purple	Moon 3 - Phase 4B - 24 4th Phase	
Creative Work Siddha Yoga		Yogaswami Mahasamadi		Moon - Blue		Bhuloka Day	
Until 2:54PM		Dashami		Chaitra-Panguni			
Then Routine Work - Marana Yoga		Until 8:52AM					

3

Sunday, March 29, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yukhtayam	
Ashlesha*/Magha* Nakshatra Dhriti Yoga Visti*/Bava Karana Ekadashi/Dwadashyam Titau		Ashlesha*/Magha* Nakshatra Dhriti Yoga Visti*/Bava Karana Ekadashi/Dwadashyam Titau		Ashlesha*/Magha* Nakshatra Dhriti Yoga Visti*/Bava Karana Ekadashi/Dwadashyam Titau		Ashlesha*/Magha* Nakshatra Dhriti Yoga Visti*/Bava Karana Ekadashi/Dwadashyam Titau	
Gulika	3:17PM - 4:48PM	Ashlesha*	Until 2:31PM	Ganesh:	White	Sunrise:	6:09AM
Yama	12:14PM - 1:45PM	Dhriti	Until 6:21PM	Muruga:	White	Sunset:	6:19PM
142758678	Rahu	4:48PM - 6:19PM	Bava	Nataraja:	Purple	Moon 3 - Phase 4B - 25 4th Phase	
Creative Work Siddha Yoga		Ekadashi		Moon - Blue		Bhuloka Day	
Until 2:31PM		Until 7:51AM		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

4

Monday, March 30, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yukhtayam	
Magha*/Purvaphalguni Nakshatra Shukra*Gandi* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Magha*/Purvaphalguni Nakshatra Shukra*Gandi* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Magha*/Purvaphalguni Nakshatra Shukra*Gandi* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Magha*/Purvaphalguni Nakshatra Shukra*Gandi* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	
Gulika	1:45PM - 3:17PM	Magha*	Until 2:49PM	Ganesh:	Clear	Sunrise:	6:08AM
Yama	10:42AM - 12:14PM	Shukra*	Until 4:51PM	Muruga:	White	Sunset:	6:19PM
152758678	Rahu	7:40AM - 9:11AM	Kaulava	Nataraja:	Purple	Moon 3 - Phase 4B - 26 4th Phase	
Creative Work Siddha Yoga		Dvadashi		Moon - Red		Bhuloka Day	
Until 2:49PM		Until 7:13AM		Chaitra-Panguni		Devaloka Time: 6AM to 9-AM	
Then Creative Work - Marana Yoga							

5

Tuesday, March 31, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam	
Purvaphalguni/Uttaraphalguni Nakshatra Gandar*/Vidhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau		Purvaphalguni/Uttaraphalguni Nakshatra Gandar*/Vidhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau		Purvaphalguni/Uttaraphalguni Nakshatra Gandar*/Vidhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau		Purvaphalguni/Uttaraphalguni Nakshatra Gandar*/Vidhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau	
Gulika	12:14PM - 1:45PM	Purvaphalguni	Until 3:21PM	Ganesh:	Purple	Sunrise:	6:08AM
Yama	9:11AM - 10:42AM	Ganda*	Until 3:40PM	Muruga:	White	Sunset:	6:19PM
153758678	Rahu	3:16PM - 4:48PM	Gara	Nataraja:	Purple	Moon 3 - Phase 4B - 27 4th Phase	
Creative Work Siddha Yoga		Trayodashi		Moon - Red		Devaloka Day	
Until 3:21PM		Until 6:58AM		Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

O

Wednesday, April 1, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam	
Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Vanija/Visti*/ Karana Chaturdashi/Purnimayam Titau		Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Vanija/Visti*/ Karana Chaturdashi/Purnimayam Titau		Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Vanija/Visti*/ Karana Chaturdashi/Purnimayam Titau		Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Vanija/Visti*/ Karana Chaturdashi/Purnimayam Titau	
Gulika	10:42AM - 12:14PM	Uttaraphalguni	Until 4:08PM	Ganesh:	Purple	Sunrise:	6:08AM
Yama	7:39AM - 9:11AM	Vidhi	Until 2:50PM	Muruga:	White	Sunset:	6:19PM
153758678	Rahu	12:14PM - 1:45PM	Visti	Nataraja:	Purple	Moon 3 - Phase 4B - Purnima	
Creative Work Amrita Yoga		Chaturdashi		Moon - Red		Devaloka Day	
Until 4:08PM		Until 7:08AM		Chaitra-Panguni			
Then Routine Work - Marana Yoga							

Thursday, April 2, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yukhtayam		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yukhtayam	
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	
Gulika	9:10AM - 10:42AM	Hasta	Until 5:39PM	Ganesh:	Clear	Sunrise:	6:07AM
Yama	6:07AM - 7:39AM	Dhruva	Until 2:18PM	Muruga:	White	Sunset:	6:19PM
163758678	Rahu	1:45PM - 3:16PM	Balava	Nataraja:	Purple	Moon 3 - Phase 4B - Prathama	
Routine Work Marana Yoga		Purnima*		Moon - Green		Bhuloka Day	
Until 5:39PM		Until 7:43AM		Chaitra-Panguni		Devaloka Time: 9AM to 12-PM	
Then Creative Work - Siddha Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Chitra Nakshatra Vyaghras/Harshana Yoga Kaulava/Taila Karana Pratham/Dvityayam Titau

Sutra 354

Kanya Rasi: 29.44 Tithi 16 - 17

Gulika 7:38AM - 9:10AM
Yama 3:16PM - 4:47PM

Chitra Until 7:25PM
Vyaghra's Until 2:08PM

Ganesh: Clear
Muruga: White

Sunrise: 6:07AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase

Creative Work Siddha Yoga

Nataraja: Purple
Moon - Green
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

1

Saturday, April 4, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Svati Nakshatra Harshana/Vajra Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Sun 1 Sutra 355

Tula Rasi: 12.04 Tithi 17 - 18

Gulika 6:04AM - 7:38AM
Yama 1:44PM - 3:16PM

Svati Until 9:26PM
Harshana Until 2:17PM

Ganesh: Clear
Muruga: White

Sunrise: 6:06AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase

Creative Work Siddha Yoga

Nataraja: Purple
Moon - Green
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

2

Sunday, April 5, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Vishakha Nakshatra Vyaghras/Siddhi Yoga Vasil/Bava Karana Tritiya/Chaturtham Titau

Sun 2 Sutra 356

Tula Rasi: 24.14 Tithi 18 - 19

Gulika 3:16PM - 4:47PM
Yama 12:12PM - 1:44PM

Vishakha Until 12:07AM Mon
Vajra Until 2:42PM

Ganesh: White
Muruga: White

Sunrise: 6:06AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 2 1st Phase

Routine Work Marana Yoga

Bava Until 1:06AM Mon
Tritiya Until 12:02PM

Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Devaloka Day

Until 12:07AM Mon

Then Creative Work - Siddha Yoga

3

Monday, April 6, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Svati Nakshatra Vyaghras/Siddhi Yoga Balava/Kaulava Karana Chalurthi/Panchamam Titau

Sun 3 Sutra 357

Vischika Rasi: 6.16 Tithi 19 - 20

Gulika 1:44PM - 3:15PM
Yama 10:40AM - 12:12PM

Anuradha Until 2:54AM Tue
Siddhi Until 3:22PM

Ganesh: White
Muruga: White

Sunrise: 6:05AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 3 1st Phase

Creative Work Siddha Yoga

Kaulava Until 3:22AM Tue
Chalurthi Until 2:11PM

Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Devaloka Day

Until 2:54AM Tue

Then Routine Work - Marana Yoga

4

Tuesday, April 7, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Jyeshtha Nakshatra Vysipata/Variyan Yoga Talila/Gara Karana Panchami/Shesthyam Titau

Sun 4 Sutra 358

Vischika Rasi: 18.11 Tithi 20 - 21

Gulika 12:12PM - 1:43PM
Yama 9:08AM - 10:40AM

Jyeshtha Until 5:39AM Wed
Vysipata Until 4:12PM

Ganesh: White
Muruga: White

Sunrise: 6:05AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 4 1st Phase

Routine Work Marana Yoga

Gara Until 5:47AM Wed
Panchami Until 4:33PM

Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Devaloka Day

Until 8:42AM Thu

Then Creative Work - Siddha Yoga

5

Wednesday, April 8, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Mula Nakshatra Varayan/Parigraha Yoga Vanija Karana Shashthiyam Titau

Sun 5 Sutra 359

Dhanus Rasi: 0.05 Tithi 21

Gulika 10:40AM - 12:11PM
Yama 7:36AM - 9:08AM

Mula Until 8:42AM Thu
Varayan Until 5:03PM

Ganesh: Yellow
Muruga: White

Sunrise: 6:04AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 5 1st Phase

Routine Work Marana Yoga

Vanija Until 6:58PM
Shashthi Until 6:58PM

Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

Until 8:42AM Thu

Then Creative Work - Siddha Yoga

6

Thursday, April 9, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Mula/Purushadha Nakshatra Parigraha/Shiva Yoga Vasil/Bava Karana Septamyam Titau

Sun 6 Sutra 360

Dhanus Rasi: 11.59 Tithi 22

Gulika 9:07AM - 10:39AM
Yama 6:04AM - 7:36AM

Mula Until 8:42AM
Parigraha Until 5:51PM

Ganesh: Yellow
Muruga: White

Sunrise: 6:04AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 6 1st Phase

Creative Work Siddha Yoga

Vsiti Until 8:10AM
Saptami Until 9:16PM

Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

D

Friday, April 10, 2026

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Purushadha/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 7 Sutra 361

Dhanus Rasi: 23.57 Tithi 23

Gulika 7:35AM - 9:07AM
Yama 3:15PM - 4:47PM

Purushadha Until 11:23AM
Shiva Until 6:26PM

Ganesh: Yellow
Muruga: White

Sunrise: 6:03AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 7 Ashtami

Routine Work Prabalatarisha Yoga

Balava Until 10:19AM
Ashtami Until 11:13PM

Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

Until 11:23AM

Then Routine Work - Marana Yoga

Saturday, April 11, 2026

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam

Vnu rdhapura, Sri Lanka

Uttarashadha/Shravana Nakshatra Siddha Yoga Talila/Gara Karana Navamyam Titau

Sun 8 Sutra 362

Makara Rasi: 6.05 Tithi 24

Gulika 6:03AM - 7:35AM
Yama 1:43PM - 3:15PM

Uttarashadha Until 1:27PM
Siddha Until 6:35PM

Ganesh: Yellow
Muruga: White

Sunrise: 6:03AM
Sunset: 6:19PM

Vasavasa 5:17
Moon 4 - Phase 49 - 8 Navami

Routine Work Marana Yoga

Tailila Until 12:02PM
Navami Until 12:38AM Sun

Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

Until 1:27PM

Then Creative Work - Siddha Yoga

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Anuradhapura, Sri Lanka on 12/20/23

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Bharu Vesara Yuktiyam Shravana/Dhanishtha Nakshatra Sadhya Yoga Vanija/Visil* Karana Dashamyam Titau				Vnu adbhapura, Sri Lanka Sun 9 Sutra 363
Makara Rasi: 18.28	Tithi 25	Gulika 3:14PM - 4:46PM	Shravana Until 3:14PM	Ganesh: Blue	Sunrise: 6:03AM	Vishvasu 5:17
		Yama 12:10PM - 1:42PM	Sadhya Until 6:14PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 9
Creative Work Amrita Yoga		193758678 Rahu 4:46PM - 6:18PM	Vanija Until 1:06PM	Nataraja: Purple		2nd Phase
Until 3:14PM			Dashami Until 1:20AM Mon	Moon - Purple		Devaloka Day
Then Routine Work - Marana Yoga				Chaitra-Panguni		

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Indu Vesara Yuktiyam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Vnu adbhapura, Sri Lanka Sun 10 Sutra 364
Kumbha Rasi: 1.11	Tithi 26	Gulika 1:42PM - 3:14PM	Dhanishtha Until 4:05PM	Ganesh: Blue	Sunrise: 6:03AM	Vishvasu 5:17
Family Home Evening		Yama 10:38AM - 12:10PM	Subha Until 5:17PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 10
Creative Work Siddha Yoga		193758678 Rahu 7:34AM - 9:06AM	Bava Until 1:23PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 1:12AM Tue	Moon - Purple		Devaloka Day
				Chaitra-Panguni		

3 Tuesday, April 14, 2026		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Paksha Mangala Vesara Yuktiyam Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadasyam Titau				Vnu adbhapura, Sri Lanka Sun 11 Sutra 1
Kumbha Rasi: 14.19	Tithi 27	Gulika 12:10PM - 1:42PM	Shatabhishak Until 3:58PM	Ganesh: Red	Sunrise: 6:01AM	Vishvasu 5:17
		Yama 9:06AM - 10:38AM	Sukla Until 3:39PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 11
Routine Work Marana Yoga		194758678 Rahu 3:14PM - 4:46PM	Kaulava Until 12:51PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 12:15AM Wed	Moon - Purple		Bhuloka Day
				Chaitra-Chaitra		Devaloka Time: 6AM to 9AM

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Paksha Butha Vesara Yuktiyam Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Vnu adbhapura, Sri Lanka Sun 12 Sutra 2
Kumbha Rasi: 27.53	Tithi 28	Gulika 10:37AM - 12:10PM	Puravroshthapada* Until 3:23PM	Ganesh: White	Sunrise: 6:01AM	Parabhava 5:18
		Yama 7:33AM - 9:05AM	Brahma Until 1:24PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga		214758678 Rahu 12:10PM - 1:42PM	Gara Until 11:30AM	Nataraja: Purple		2nd Phase
Until 3:23PM			Trayodashi* Until 10:33PM	Moon - Clear		Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra-Chaitra		Devaloka Time: 9AM to 12PM
				Pradosha Vata (Fasting)		

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Paksha Guru Vesara Yuktiyam Uttarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Veth/Sakuni* Karana Chaturdashyam Titau				Vnu adbhapura, Sri Lanka Sun 13 Sutra 3
Meena Rasi: 11.55	Tithi 29	Gulika 9:05AM - 10:37AM	Uttarproshthapada Until 1:58PM	Ganesh: Yellow	Sunrise: 6:00AM	Parabhava 5:18
		Yama 6:00AM - 7:33AM	Indra Until 10:36AM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 13
Creative Work Siddha Yoga		214858678 Rahu 1:42PM - 3:14PM	Visil Until 9:28AM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 8:12PM	Moon - Clear		Bhuloka Day
				Chaitra-Chaitra		Devaloka Time: 9AM to 12PM

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Paksha Sukra Vesara Yuktiyam Revati/Ashvini Nakshatra Vaidhiti*/Mahaambha*/Yoga Calatpoda*/Kerilugha* Karana Amavasya/Prathamyam Titau				Vnu adbhapura, Sri Lanka Sun 14 Sutra 4
Meena Rasi: 26.2	Tithi 30 - 1	Gulika 7:32AM - 9:05AM	Revati Until 11:52AM	Ganesh: Yellow	Sunrise: 6:00AM	Parabhava 5:18
		Yama 3:14PM - 4:46PM	Vaidhiti* Until 7:19AM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 14
Creative Work Siddha Yoga		214858678 Rahu 10:37AM - 12:09PM	Calatpoda Until 6:51AM	Nataraja: Purple		Amavasya
Until 11:52AM			Amavasya* Until 5:21PM	Moon - Clear		Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra-Chaitra		Devaloka Time: 9AM to 12PM

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Paksha Manita Vesara Yuktiyam Ashvini/Bharani Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Vnu adbhapura, Sri Lanka Sun 15 Sutra 5
Mesha Rasi: 11.02	Tithi 1 - 2	Gulika 5:59AM - 7:32AM	Ashvini Until 9:41AM	Ganesh: Red	Sunrise: 5:59AM	Parabhava 5:18
		Yama 1:41PM - 3:14PM	Pili Until 11:55PM	Muruga: White	Sunset: 6:18PM	Moon 4 - Phase 50 - 15
Creative Work Siddha Yoga		224858678 Rahu 9:04AM - 10:36AM	Balava Until 12:32AM Sun	Nataraja: Purple		Prathama
			Prathama* Until 2:11PM	Moon - White		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1 Sunday, April 19, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Bhanu Vesara Yuktayam Bharani/Kritika Nakshatra Ayushman Yoga Kara/Visli* Karana Divlyaj/Tritiyayam Tilau			vnu rdhagura, Sri Lanka Sun 16 Sutra 6
Mesha Rasi: 25.56	Tilhi 2 - 3	Gulika 3:13PM - 4:46PM Yama 12:09PM - 1:41PM Rahu 4:46PM - 6:18PM	Bharani Until 7:09AM Ayushman Until 8:01PM Taitila Until 9:11PM Dvitiya Until 10:51AM	Ganesh: Red Muruga: White Nataraja: Purple Moon - White Vaisaka-Chaitra	Sunrise: 5:59AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 16 3rd Phase
Routine Work Prabalarishta Yoga Until 7:09AM Then Creative Work - Siddha Yoga					Bhuloka Day Devaloka Time: 9AM to12PM
2 Monday, April 20, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Indu Vesara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Visli* Karana Tritiya/Chaturthiyam Tilau			vnu rdhagura, Sri Lanka Sun 17 Sutra 7
Wishabha Rasi: 10.52	Tilhi 3 - 4	Gulika 1:41PM - 3:13PM Yama 10:36AM - 12:08PM Rahu 7:31AM - 9:03AM	Rohini Until 2:10AM Tue Saubhagya Until 4:11PM Visli Until 4:19AM Tue Tritiya Until 7:30AM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:59AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 17 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 2:10AM Tue Then Creative Work - Siddha Yoga					Bhuloka Day Devaloka Time: 9AM to12PM
3 Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Mangala Vesara Yuktayam Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchmyam Tilau			vnu rdhagura, Sri Lanka Sun 18 Sutra 8
Wishabha Rasi: 25.4	Tilhi 5	Gulika 12:08PM - 1:41PM Yama 9:03AM - 10:36AM Rahu 3:13PM - 4:46PM	Mrigashira Until 12:01AM Wed Sobhana Until 12:33PM Bava Until 2:50PM Panchami Until 1:24AM Wed	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:58AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 18 3rd Phase
Creative Work Siddha Yoga					Bhuloka Day Devaloka Time: 9AM to12PM
4 Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Budha Vesara Yuktayam Ardra Nakshatra Ahiganda*/Sukama Yoga Kaulava/Taitila Karana Shashthiyam Tilau			vnu rdhagura, Sri Lanka Sun 19 Sutra 9
Mithuna Rasi: 10.16	Tilhi 6	Gulika 10:35AM - 12:08PM Yama 7:30AM - 9:03AM Rahu 12:08PM - 1:41PM	Ardra Until 10:07PM Ahhiganda* Until 9:09AM Kaulava Until 12:06PM Shashthi* Until 10:53PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:58AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 19 3rd Phase
Creative Work Siddha Yoga					Bhuloka Day Devaloka Time: 9AM to12PM
5 Thursday, April 23, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Guru Vesara Yuktayam Punarvasu Nakshatra Sukama/Dhriti Yoga Gara/Vanija Karana Saptamyam Tilau			vnu rdhagura, Sri Lanka Sun 20 Sutra 10
Mithuna Rasi: 24.34	Tilhi 7	Gulika 9:03AM - 10:35AM Yama 5:57AM - 7:30AM Rahu 1:40PM - 3:13PM	Punarvasu Until 8:59PM Sukama Until 6:08AM Gara Until 9:50AM Saptami Until 8:52PM	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 5:57AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 20 3rd Phase
Creative Work Amrita Yoga					Devaloka Day
Friday, April 24, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Sukra Vesara Yuktayam Pushya Nakshatra Shula* Yoga Vosi*/Bava Karana Ashtamyam Tilau			vnu rdhagura, Sri Lanka Sun 21 Sutra 11
Kataka Rasi: 8.32	Tilhi 8	Gulika 7:30AM - 9:02AM Yama 3:13PM - 4:46PM Rahu 10:35AM - 12:08PM	Pushya Until 8:15PM Shula* Until 1:23AM Sat Visli Until 8:05AM Ashlami* Until 7:24PM	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 5:57AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 21 Ashtami
Routine Work Marana Yoga					Devaloka Day
Saturday, April 25, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mesha Mese Sakla Paksho Manta Vesara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Tilau			vnu rdhagura, Sri Lanka Sun 22 Sutra 12
Kataka Rasi: 22.09	Tilhi 9	Gulika 5:57AM - 7:29AM Yama 1:40PM - 3:13PM Rahu 9:02AM - 10:35AM	Ashlesha* Until 7:56PM Ganda* Until 11:42PM Balava Until 6:54AM Navami* Until 6:30PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 5:57AM Sunset: 6:18PM Parabhava 5128 Moon 4 - Phase 1 - 22 Navami
Routine Work Marana Yoga Until 7:56PM Then Creative Work - Amrita Yoga					Sivaloka Day

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Sunday, April 26, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Sakla Paksho Bhanu Vesara Yukhtayam Magha* Nakshatra Viddhi Yoga Talila/Gara Karana Dashmyam Tilau			Vnu adbhapura, Sri Lanka Sun 23 Sutra 13	
Simha Rasi: 5.27	Tithi 10	Gulika 3:13PM - 4:45PM Yama 12:07PM - 1:40PM 254858679 Rahu 4:45PM - 6:18PM	Magha* Until 8:27PM Viddhi Until 10:27PM Talila Until 6:16AM Dashami Until 6:09PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:56AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - 23 4th Phase
Routine Work - Marana Yoga Until 8:27PM Then Creative Work - Siddha Yoga				Devaloka Day		

2 Monday, April 27, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Sakla Paksho Indu Vesara Yukhtayam Purvaphalguni Nakshatra Dhruva Yoga Vanji/Visi* Karana Ekadashmyam Tilau			Vnu adbhapura, Sri Lanka Sun 24 Sutra 14	
Simha Rasi: 18.28	Tithi 11	Gulika 1:40PM - 3:13PM Yama 10:34AM - 12:07PM 255858679 Rahu 7:29AM - 9:01AM	Purvaphalguni Until 9:19PM Dhruva Until 9:34PM Vanija Until 6:11AM Ekadashi Until 6:18PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:56AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - 24 4th Phase
Family Home Evening Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 6 PM to 9 PM		

3 Tuesday, April 28, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Sakla Paksho Mangala Vasara Yukhtayam Uttaraphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Dvadashmyam Tilau			Vnu adbhapura, Sri Lanka Sun 25 Sutra 15	
Kanya Rasi: 1.16	Tithi 12	Gulika 12:07PM - 1:40PM Yama 9:01AM - 10:34AM 255858679 Rahu 3:13PM - 4:45PM	Uttaraphalguni Until 10:27PM Vyaghata* Until 9:03PM Bava Until 6:34AM Dvadashi Until 6:54PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:55AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - 25 4th Phase
Creative Work - Amrita Yoga Until 10:27PM Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 6 PM to 9 PM		

4 Wednesday, April 29, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Sakla Paksho Budha Vesara Yukhtayam Hashta Nakshatra Harshana Yoga Kalava/Talila Karana Trayodashmyam Tilau			Vnu adbhapura, Sri Lanka Sun 26 Sutra 16	
Kanya Rasi: 13.5	Tithi 13	Gulika 10:34AM - 12:07PM Yama 7:28AM - 9:01AM 265858679 Rahu 12:07PM - 1:40PM	Hashta Until 12:17AM Thu Harshana Until 8:52PM Kalava Until 7:23AM Trayodashi Until 7:55PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 5:55AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - 26 4th Phase
Routine Work - Marana Yoga Until 12:17AM Thu Then Creative Work - Siddha Yoga				Devaloka Day		
<i>Pradosha Vata</i>						

5 Thursday, April 30, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Sakla Paksho Guru Vesara Yukhtayam Chitra Nakshatra Vajra* Yoga Gara/Vanija Karana Chaturdashmyam Tilau			Vnu adbhapura, Sri Lanka Sun 27 Sutra 17	
Kanya Rasi: 26.16	Tithi 14	Gulika 9:01AM - 10:34AM Yama 5:55AM - 7:28AM 265858679 Rahu 1:39PM - 3:12PM	Chitra Until 2:18AM Fri Vajra* Until 8:55PM Gara Until 8:34AM Chaturdashi* Until 9:16PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 5:55AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - 27 4th Phase
Creative Work - Siddha Yoga				Devaloka Day		

Friday, May 1, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Sakla Paksho Sukra Vesara Yukhtayam Svali Nakshatra Siddhi Yoga Visi*/Bava Karana Punimayam Tilau			Vnu adbhapura, Sri Lanka Sun 28 Sutra 18	
Copper Retreat Star		Gulika 7:27AM - 9:00AM Yama 3:12PM - 4:45PM 265858679 Rahu 10:33AM - 12:06PM	Svali Until 4:26AM Sat Siddhi Until 9:13PM Visi Until 10:05AM Purnima* Until 10:56PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 5:54AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - Purnima
Tula Rasi: 8.32 Creative Work - Siddha Yoga		Budha Purnima (Tamil Nadu)		Devaloka Day		

Saturday, May 2, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritu Mecha Mese Krishna Paksho Mantra Vesara Yukhtayam Vishakha Nakshatra Vyajpata* Yoga Balava/Kalava Karana Prathamayam Tilau			Vnu adbhapura, Sri Lanka Sun 29 Sutra 19	
Silver Retreat Star		Gulika 5:54AM - 7:27AM Yama 1:39PM - 3:12PM 275858679 Rahu 9:00AM - 10:33AM	Vishakha Until 7:10AM Sun Vyajpata* Until 9:45PM Balava Until 11:54AM Prathama* Until 12:53AM Sun	Ganesh: White Muruga: White Nataraja: Clear Moon - Orange Vaisaka-Chaitra	Sunrise: 5:54AM Sunset: 6:18PM	Parabhava 5:18 Moon 4 - Phase 2 - Prathama
Tula Rasi: 20.41 Creative Work - Siddha Yoga Until 7:10AM Sun Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 6 PM to 9 PM		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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