

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 10:59 Tithi 16 - 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 12:04AM Tue
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Indu Vasara Yuktayam
 Svati Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau

Chennai, India
Sutra 364

Gulika 1:43PM - 3:16PM
Yama 10:37AM - 12:10PM
Rahu 7:31AM - 9:04AM
 Tamil New Year

Svati Until 12:04AM Tue
Vajra* Until 10:37PM
 Tailita Until 9:46PM
 Prathama* Until 8:29AM

Ganesh: Yellow
Muruga: Clear
Nataraja: Clear
 Moon - Green
Devaloka Day

1**Tuesday, April 15, 2025**

Tula Rasi: 22:5 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 3:10AM Wed
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Mangala Vasara Yuktayam
 Vishaka Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitya/Tritiyam Tilau

Chennai, India
Sutra 1

Gulika 12:10PM - 1:43PM
Yama 9:03AM - 10:36AM
Rahu 3:16PM - 4:49PM

Vishaka Until 3:10AM Wed
 Siddhi Until 11:31PM
 Vanija Until 12:11AM Wed
 Dvitya Until 10:58AM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Bhuloka Day
 Devaloka Time: 3PM to 6PM

2**Wednesday, April 16, 2025**

Vischika Rasi: 4:44 Tithi 18 - 19
 Creative Work Siddha Yoga
 Until 5:54AM Thu
 Then Routine Work - Prabarishtha Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Batha Vasara Yuktayam
 Anuradha Nakshatra Vyatipata* Yoga Visi* (Bava Karana Tritiya/Chaturtham Tilau

Chennai, India
Sutra 2

Gulika 10:36AM - 12:09PM
Yama 7:30AM - 9:03AM
Rahu 12:09PM - 1:43PM

Anuradha Until 5:54AM Thu
 Vyatipata* Until 12:17AM Thu
 Bava Until 2:25AM Thu
 Tritiya Until 1:19PM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Bhuloka Day
 Devaloka Time: 3PM to 6PM

3**Thursday, April 17, 2025**

Vischika Rasi: 16:43 Tithi 19 - 20
 Routine Work Prabarishtha Yoga
 Until 8:10AM Fri
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Guru Vasara Yuktayam
 Mula* Purvashada* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau

Chennai, India
Sutra 3

Gulika 9:03AM - 10:36AM
Yama 5:56AM - 7:29AM
Rahu 1:42PM - 3:16PM

Jyeshtha* Until 8:10AM Fri
 Varjyan Until 12:47AM Fri
 Kaulava Until 4:21AM Fri
 Chaturthi* Until 3:24PM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Bhuloka Day
 Devaloka Time: 3PM to 6PM

4**Friday, April 18, 2025**

Vischika Rasi: 28:48 Tithi 20 - 21
 Routine Work Marana Yoga
 Until 8:10AM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Sakra Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Parigha* Yoga Tailita/Gara Karana Panchami/Shashthiyam Tilau

Chennai, India
Sutra 4

Gulika 7:29AM - 9:02AM
Yama 3:16PM - 4:49PM
Rahu 10:36AM - 12:09PM

Jyeshtha* Until 8:10AM
 Parigha* Until 1:01AM Sat
 Gara Until 5:52AM Sat
 Panchami Until 5:09PM

Ganesh: Blue
Muruga: Clear
Nataraja: Clear
 Moon - Orange
Bhuloka Day
 Devaloka Time: 3PM to 6PM

5**Saturday, April 19, 2025**

Dhanus Rasi: 11:04 Tithi 21
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Mania Vasara Yuktayam
 Mula*/Purvashada* Nakshatra Shiva Yoga Vanija Karana Shashthiyam Tilau

Chennai, India
Sutra 5

Gulika 5:55AM - 7:28AM
Yama 1:42PM - 3:16PM
Rahu 9:02AM - 10:35AM

Mula* Until 10:21AM
 Shiva Until 12:53AM Sun
 Vanija Until 6:25PM
 Shashthi* Until 6:25PM

Ganesh: Red
Muruga: Clear
Nataraja: Clear
 Moon - Light Blue
Devaloka Day

6**Sunday, April 20, 2025**

Dhanus Rasi: 23:34 Tithi 22
 Creative Work Siddha Yoga
 Until 11:50AM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Bhanu Vasara Yuktayam
 Purvashada*/Uttarashada* Nakshatra Siddha Yoga Visi*/(Bava Karana Saptamam Tilau

Chennai, India
Sutra 6

Gulika 3:16PM - 4:49PM
Yama 12:08PM - 1:42PM
Rahu 4:49PM - 6:23PM

Purvashada* Until 11:50AM
 Siddha Until 12:14AM Mon
 Visi Until 6:52AM
 Saptami Until 7:06PM

Ganesh: Red
Muruga: Clear
Nataraja: Clear
 Moon - Light Blue
Devaloka Day

D**Monday, April 21, 2025****Retreat Star**

Makara Rasi: 6:22 Tithi 23
Family Home Evening
 Routine Work Marana Yoga
 Until 12:32PM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Indu Vasara Yuktayam
 Uttarashada/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashamam Tilau

Chennai, India
Sutra 7

Gulika 1:42PM - 3:16PM
Yama 10:35AM - 12:08PM
Rahu 7:27AM - 9:01AM

Uttarashada Until 12:32PM
 Sadhya Until 11:02PM
 Balava Until 7:12AM
 Ashlami* Until 7:05PM

Ganesh: Red
Muruga: Clear
Nataraja: Clear
 Moon - Light Blue
Devaloka Day

Tuesday, April 22, 2025**Retreat Star**

Makara Rasi: 19:31 Tithi 24
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Pakshi Mangala Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Subha Yoga Tailita/Gara Karana Navamam Tilau

Chennai, India
Sutra 8

Gulika 12:08PM - 1:42PM
Yama 9:01AM - 10:34AM
Rahu 3:15PM - 4:49PM

Shravana Until 12:48PM
 Subha Until 9:16PM
 Tailita Until 6:49AM
 Navam* Until 6:19PM

Ganesh: Green
Muruga: Clear
Nataraja: Clear
 Moon - Purple
Bhuloka Day
 Devaloka Time: 3PM to 6PM

Chidambaram Abhishekam

Navam* Until 6:19PM

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1		Wednesday, April 23, 2025				Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішпа Паіше Баіша Васара Үктыяям Chennai, India	
Kumbha Rasi: 3.06		Tithi 25 – 26		Dhanishtha Until 12:10PM		Sun 9 Sutra 9	
Routine Work		Gulika 10:34AM – 12:08PM	Yama 7:26AM – 9:00AM	Ganesh: Green	Sunrise: 5:53AM	Vasarasu 5:127	
Then Creative Work		Rahu 12:08PM – 1:42PM	Sukla Until 6:51PM	Muruga: Clear	Sunset: 6:29PM	Moon 4 - Phase 2 - 9	
Then Creative Work - Siddha Yoga			Bava Until 3:46AM Thu	Nataraja: Clear		2nd Phase	
			Dashami Until 4:47PM	Moon - Purple	Chaitra-Chaitra	Bhuloka Day	
						Devaloka Time: 3PM to 6PM	

2		Thursday, April 24, 2025				Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішпа Паіше: Guru Visara Yuktayam Chennai, India	
Kumbha Rasi: 17.07		Tithi 26 – 27		Shalabhshikha Until 10:40AM		Sun 10 Sutra 10	
Creative Work		Gulika 9:00AM – 10:34AM	Yama 5:52AM – 7:26AM	Ganesh: Green	Sunrise: 5:52AM	Vasarasu 5:127	
Then Creative Work - Siddha Yoga		Rahu 1:42PM – 3:15PM	Brahma Until 3:53PM	Muruga: Clear	Sunset: 6:29PM	Moon 4 - Phase 2 - 10	
			Kaulava Until 1:13AM Fri	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 2:33PM	Moon - Purple	Chaitra-Chaitra	Bhuloka Day	
						Devaloka Time: 3PM to 6PM	

3		Friday, April 25, 2025				Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішпа Паіше: Sukra Visara Yuktayam Chennai, India	
Meena Rasi: 1.35		Tithi 27 – 28		Purvaproshtapada* Until 8:50AM		Sun 11 Sutra 11	
Creative Work		Gulika 7:26AM – 9:00AM	Yama 3:15PM – 4:49PM	Ganesh: Purple	Sunrise: 5:52AM	Vasarasu 5:127	
Then Creative Work - Siddha Yoga		Rahu 10:34AM – 12:07PM	Indra Until 12:27PM	Muruga: Clear	Sunset: 6:29PM	Moon 4 - Phase 2 - 11	
			Gara Until 10:08PM	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 11:43AM	Moon - Clear	Chaitra-Chaitra	Devaloka Day	

Pradosha Vata (Fasting)

4		Saturday, April 26, 2025				Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішпа Паіше: Manta Visara Yuktayam Chennai, India	
Meena Rasi: 16.25		Tithi 28 – 29		Uttaraproshtapada Until 8:22AM		Sun 12 Sutra 12	
Creative Work		Gulika 5:51AM – 7:25AM	Yama 1:41PM – 3:15PM	Ganesh: Purple	Sunrise: 5:51AM	Vasarasu 5:127	
Until 6:22AM		Rahu 8:59AM – 10:33AM	Vaidhiti* Until 8:36AM	Muruga: Clear	Sunset: 6:29PM	Moon 4 - Phase 2 - 12	
Then Routine Work - Prabalashta Yoga			Visti Until 6:38PM	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 8:24AM	Moon - Clear	Chaitra-Chaitra	Devaloka Day	

Retreat Star		Sunday, April 27, 2025				Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішпа Паіше: Bhanu Visara Yuktayam Chennai, India	
Mesha Rasi: 1.32		Tithi 30		Ashvini Until 12:35AM Mon		Sun 13 Sutra 13	
Creative Work		Gulika 3:15PM – 4:50PM	Yama 12:07PM – 1:41PM	Ganesh: Orange	Sunrise: 5:51AM	Vasarasu 5:127	
Then Creative Work - Siddha Yoga		Rahu 4:50PM – 6:24PM	Prihi Until 12:15AM Mon	Muruga: Clear	Sunset: 6:29PM	Moon 4 - Phase 2 - 13	
			Catuspada Until 2:54PM	Nataraja: Purple		Amavasya	
			Amavasya* Until 12:59AM Mon	Moon - White	Chaitra-Chaitra	Sivaloka Day	

Retreat Star		Monday, April 28, 2025				Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Sukla Pakshi: Indu Visara Yuktayam Chennai, India	
Mesha Rasi: 16.46		Tithi 1		Bharani Until 9:36PM		Sun 14 Sutra 14	
Family Home Evening		Gulika 1:41PM – 3:15PM	Yama 10:33AM – 12:07PM	Ganesh: Orange	Sunrise: 5:50AM	Vasarasu 5:127	
Creative Work		Rahu 7:24AM – 8:59AM	Ayushman Until 8:00PM	Muruga: Clear	Sunset: 6:29PM	Moon 4 - Phase 2 - 14	
Until 9:36PM			Kintughna Until 11:05AM	Nataraja: Purple		Prathama	
Then Routine Work - Marana Yoga			Prathama* Until 9:11PM	Moon - White	Vaisaka-Chaitra	Sivaloka Day	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktayam Kritika Nakshatra Saubhagya/Sobhana Yoga Balava/Taila Karana Dvitiya/Tritiya/Tilau				Chennai, India Sun 15	Sufra 15 Vasvasu 5:17
Wishabha Rasi: 1.58	Tilthi 2 - 3	Gulika 12:07PM - 1:41PM	Kritika Until 6:40PM	Ganesh: Clear Muruga: Orange Nataraja: Purple	Sunrise: 5:50AM Sunset: 6:24PM	Moon 4 - Phase 3 - 15	3rd Phase
Yama	8:58AM - 10:33AM	Rahu 3:15PM - 4:50PM	Saubhagya Until 3:53PM Balava Until 7:21AM Dvitiya Until 5:33PM	Moons - White: Vaisaka-Chaitra			Sivaloka Day
Creative Work	Siddha Yoga						
Until 6:40PM							
Then Creative Work - Amrita Yoga							

2 Wednesday, April 30, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mocha Mase Siala Paksha Butha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau				Chennai, India Sun 16	Sufra 16 Vasvasu 5:17
Wishabha Rasi: 16.58	Tilthi 3 - 4	Gulika 10:32AM - 12:07PM	Rohini Until 4:20PM	Ganesh: Clear Muruga: Clear Nataraja: Purple	Sunrise: 5:49AM Sunset: 6:24PM	Moon 4 - Phase 3 - 16	3rd Phase
Yama	7:24AM - 8:58AM	Rahu 12:07PM - 1:41PM	Sobhana Until 12:03PM Vanija Until 12:49AM Thu	Moons - Yellow: Vaisaka-Chaitra			Sivaloka Day
Creative Work	Siddha Yoga		Akshaya Tritiya Tritiya Until 2:16PM				

3 Thursday, May 1, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mocha Mase Siala Paksha Guru Vasara Yuktayam Migashira/Ardra Nakshatra Ahiganda*/Sukama Yoga Vairi/Bava Karana Chaturthi/Panchamam Tilau				Chennai, India Sun 17	Sufra 17 Vasvasu 5:17
Mithuna Rasi: 1.37	Tilthi 4 - 5	Gulika 8:58AM - 10:32AM	Mrigashira Until 2:23PM	Ganesh: Purple Muruga: Clear Nataraja: Purple	Sunrise: 5:49AM Sunset: 6:24PM	Moon 4 - Phase 3 - 17	3rd Phase
Yama	5:49AM - 7:23AM	Rahu 1:41PM - 3:15PM	Ahiganda* Until 8:35AM Bava Until 10:19PM	Moons - Yellow: Vaisaka-Chaitra			Devaloka Day
Routine Work	Marana Yoga		Adi Sankara Jayanthi Chaturthi* Until 11:28AM				

4 Friday, May 2, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Sashthiyam Tilau				Chennai, India Sun 18	Sufra 18 Vasvasu 5:17
Mithuna Rasi: 15.52	Tilthi 5 - 6	Gulika 7:23AM - 8:57AM	Ardra Until 12:57PM	Ganesh: Purple Muruga: Clear Nataraja: Purple	Sunrise: 5:48AM Sunset: 6:25PM	Moon 4 - Phase 3 - 18	3rd Phase
Yama	3:15PM - 4:50PM	Rahu 10:32AM - 12:06PM	Dhriti Until 3:20AM Sat Kaulava Until 8:32PM	Moons - Yellow: Vaisaka-Chaitra			Devaloka Day
Creative Work	Siddha Yoga		Panchami Until 9:19AM				

5 Saturday, May 3, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Talila/Gara Karana Shashthi/Saptamam Tilau				Chennai, India Sun 19	Sufra 19 Vasvasu 5:17
Mithuna Rasi: 29.38	Tilthi 6 - 7	Gulika 5:48AM - 7:23AM	Punarvasu Until 12:34PM	Ganesh: Clear Muruga: Clear Nataraja: Purple	Sunrise: 5:48AM Sunset: 6:25PM	Moon 4 - Phase 3 - 19	3rd Phase
Yama	1:41PM - 3:16PM	Rahu 8:57AM - 10:32AM	Shula* Until 1:39AM Sun Gara Until 7:32PM	Moons - Blue: Vaisaka-Chaitra			Sivaloka Day
Creative Work	Siddha Yoga		Shashthi* Until 7:54AM				

Sunday, May 4, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visi* Karana Saptami/Ashamamam Tilau				Chennai, India Sun 20	Sufra 20 Vasvasu 5:17
Retreat Star		Gulika 3:16PM - 4:50PM	Pushya Until 12:52PM	Ganesh: Clear Muruga: Clear Nataraja: Purple	Sunrise: 5:48AM Sunset: 6:25PM	Moon 4 - Phase 3 - 20	Ashtami
Kataka Rasi: 12.56	Tilthi 7 - 8	Rahu 4:50PM - 6:25PM	Ganda* Until 12:39AM Mon Visi Until 7:23PM	Moons - Blue: Vaisaka-Chaitra			Sivaloka Day
Creative Work	Siddha Yoga		Saptami Until 7:20AM				

Monday, May 5, 2025		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yuktayam Ashlesha/Magha* Nakshatra Viddhi Yoga Bava/Balava Karana Ashtami/Navamam Tilau				Chennai, India Sun 21	Sufra 21 Vasvasu 5:17
Retreat Star		Gulika 1:41PM - 3:16PM	Ashlesha* Until 1:50PM	Ganesh: Clear Muruga: Red Nataraja: Purple	Sunrise: 5:47AM Sunset: 6:25PM	Moon 4 - Phase 3 - 21	Navami
Kataka Rasi: 25.47	Tilthi 8 - 9	Rahu 12:06PM - 1:41PM	Viddhi Until 12:18AM Tue Balava Until 8:03PM	Moons - Blue: Vaisaka-Chaitra			Sivaloka Day
Family Home Evening	Siddha Yoga		Ashlami* Until 7:36AM				
Until 1:50PM							
Then Routine Work - Marana Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1

Tuesday, May 6, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Mangala Vasara Yuktayam Chennai, India			
		Magha* Purvaphalguni Nakshatra Dhruva Yoga Kaulava/Tailita Karana Navami/Dashmynam Titau Sutra 22			
Simha Rasi: 8.17	Tithi 9 – 10	Gulika	12.06PM – 1.41PM	Magha* Until 3:50PM	Ganesh: White Sunrise: 5:47AM
		Yama	8:56AM – 10:31AM	Dhruva Until 12:27AM Wed	Muruga: Red Sunset: 6:29PM
Creative Work	Siddha Yoga	Rahu	3:16PM – 4:51PM	Tailita Until 9:26PM	Nataraja: Purple Moon 4 - Phase 4 - 22
				Navami* Until 8:39AM	Devaloka Day
				Vaisaka-Chaitra	

2

Wednesday, May 7, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Budha Vasara Yuktayam Chennai, India			
		Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sutra 23			
Simha Rasi: 20.3	Tithi 10 – 11	Gulika	10:31AM – 12:06PM	Purvaphalguni Until 6:16PM	Ganesh: White Sunrise: 5:46AM
		Yama	7:21AM – 8:56AM	Vyaghata* Until 1:03AM Thu	Muruga: Red Sunset: 6:29PM
Creative Work	Amrita Yoga	Rahu	12:06PM – 1:41PM	Vanija Until 11:24PM	Nataraja: Purple Moon 4 - Phase 4 - 23
				Dashami Until 10:20AM	Devaloka Day
				Vaisaka-Chaitra	

3

Thursday, May 8, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Guru Vasara Yuktayam Chennai, India			
		Uttaraphalguni Nakshatra Harshana Yoga Visi* Bava Karana Ekadashi/Dvadashtyam Titau Sutra 24			
Kanya Rasi: 2.3	Tithi 11 – 12	Gulika	8:56AM – 10:31AM	Uttaraphalguni Until 8:57PM	Ganesh: White Sunrise: 5:46AM
		Yama	5:46AM – 7:21AM	Harshana Until 1:57AM Fri	Muruga: Red Sunset: 6:29PM
	Amrita Yoga	Rahu	1:41PM – 3:16PM	Bava Until 1:45AM Fri	Nataraja: Purple Moon 4 - Phase 4 - 24
Until 8:57PM				Ekadashi Until 12:31PM	Devaloka Day
Then Routine Work	Marana Yoga			Vaisaka-Chaitra	

4

Friday, May 9, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Sukra Vasara Yuktayam Chennai, India			
		Kanya Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashty/Dvadashtyam Titau Sutra 25			
Kanya Rasi: 14.23	Tithi 12 – 13	Gulika	7:21AM – 8:56AM	Hasla Until 12:10AM Sat	Ganesh: Yellow Sunrise: 5:46AM
		Yama	5:46AM – 7:21AM	Vajra* Until 2:58AM Sat	Muruga: Red Sunset: 6:29PM
Creative Work	Amrita Yoga	Rahu	10:31AM – 12:06PM	Kaulava Until 4:18AM Sat	Nataraja: Purple Moon 4 - Phase 4 - 25
Until 12:10AM Sat				Dvadashty Until 2:59PM	Sivaloka Day
Then Routine Work	Marana Yoga			Vaisaka-Chaitra	
		<i>Pradosha Vata</i>			

5

Saturday, May 10, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Manta Vasara Yuktayam Chennai, India			
		Chitra Nakshatra Siddhi Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau Sutra 26			
Kanya Rasi: 26.11	Tithi 13 – 14	Gulika	5:45AM – 7:20AM	Chitra Until 3:17AM Sun	Ganesh: White Sunrise: 5:45AM
		Yama	1:41PM – 3:16PM	Siddhi Until 4:01AM Sun	Muruga: Red Sunset: 6:29PM
Routine Work	Marana Yoga	Rahu	8:56AM – 10:31AM	Gara Until 6:52AM Sun	Nataraja: Purple Moon 4 - Phase 4 - 26
Until 3:17AM Sun				Trayodashi Until 5:34PM	Subha Sivaloka Day
Then Creative Work	Siddha Yoga			Vaisaka-Chaitra	

6

Sunday, May 11, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Bhanu Vasara Yuktayam Chennai, India			
		Svati Nakshatra Vyagripata* Yoga Gara/Vanija Karana Chaturdashyam Titau Sutra 27			
Tula Rasi: 7.59	Tithi 14	Gulika	3:16PM – 4:51PM	Svati Until 6:09AM Mon	Ganesh: White Sunrise: 5:45AM
		Yama	12:06PM – 1:41PM	Vyagripata* Until 5:02AM Mon	Muruga: Red Sunset: 6:29PM
Creative Work	Siddha Yoga	Rahu	4:51PM – 6:26PM	Gara Until 6:52AM	Nataraja: Purple Moon 4 - Phase 4 - 27
Until 6:09AM Mon				Chaturdashy* Until 8:06PM	Subha Sivaloka Day
Then Routine Work	Marana Yoga			Vaisaka-Chaitra	
		Mother's Day			

O

Monday, May 12, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Sukla Paksha Indu Vasara Yuktayam Chennai, India			
		Svati/Vishakha Nakshatra Varjyan Yoga Visi* Bava Karana Purnimayam Titau Sutra 28			
Tula Rasi: 19.5	Tithi 15	Gulika	1:41PM – 3:16PM	Svati Until 6:09AM	Ganesh: White Sunrise: 5:45AM
		Yama	10:31AM – 12:06PM	Varjyan Until 5:52AM Tue	Muruga: Red Sunset: 6:29PM
Family Home Evening		Rahu	7:20AM – 8:55AM	Visi Until 9:20AM	Nataraja: Purple Moon 4 - Phase 4 - 28
Creative Work	Amrita Yoga			Purnima* Until 10:29PM	Subha Sivaloka Day
Until 6:09AM				Vaisaka-Chaitra	
Then Routine Work	Marana Yoga				

Tuesday, May 13, 2025

		Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mesha Mese Krishna Paksha Mangala Vasara Yuktayam Chennai, India			
		Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathimayam Titau Sutra 29			
Wishkha Rasi: 1.44	Tithi 16	Gulika	12:06PM – 1:41PM	Vishakha Until 9:10AM	Ganesh: Yellow Sunrise: 5:45AM
		Yama	8:55AM – 10:30AM	Parigha* Until 6:33AM Wed	Muruga: Red Sunset: 6:29PM
Routine Work	Marana Yoga	Rahu	3:16PM – 4:52PM	Balava Until 11:37AM	Nataraja: Purple Moon 4 - Phase 4 - 29
Until 9:10AM				Prathama* Until 12:38AM Wed	Sivaloka Day
Then Creative Work	Siddha Yoga			Vaisaka-Chaitra	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Chennai, India on 12/20/23

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**Wednesday, May 14, 2025****Gold Retreat Star**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Будха Васара Yuktayam Chennai, India			
		Anuradha/Jyeshtha* Nakshatra Parigha*Shiva Yoga Talila/Gara Karana Dvitiyayam Tilau Sun 1 Sufra 30			
Wischika Rasi: 13.45	Tithi 17	Gulika 10:30AM - 12:06PM	Anuradha Until 11:47AM	Ganesha: Yellow	Sunrise: 5:44AM
		Yama 7:20AM - 8:55AM	Parigha* Until 6:33AM	Muruga: Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	Rahu 12:06PM - 1:41PM	Tailila Until 1:38PM	Nataraja: Purple	Moon 5 - Phase 5 - 1
			Dvitiya Until 2:31AM Thu	Moan - Orange	1st Phase
				Vaisaka-Vaikasi	Sivaloka Day

1**Thursday, May 15, 2025**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Гуну Васара Yuktayam Chennai, India			
		Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Vanija/Visi* Karana Tritiyayam Tilau Sun 2 Sufra 31			
Wischika Rasi: 25.52	Tithi 18	Gulika 8:55AM - 10:30AM	Jyeshtha* Until 1:57PM	Ganesha: Yellow	Sunrise: 5:44AM
		Yama 5:44AM - 7:19AM	Shiva Until 7:01AM	Muruga: Red	Sunset: 6:29PM
Routine Work	Prabalarishta Yoga	Rahu 1:41PM - 3:17PM	Vanija Until 3:21PM	Nataraja: Purple	Moon 5 - Phase 5 - 2
			Tritiya Until 4:04AM Fri	Moan - Orange	1st Phase
				Vaisaka-Vaikasi	Sivaloka Day

2**Friday, May 16, 2025**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Sukra Vasara Yuktayam Chennai, India			
		Purvashada*/Uttarashada Nakshatra Siddha/Subha Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sufra 32			
Dhanus Rasi: 8.07	Tithi 19	Gulika 7:19AM - 8:55AM	Mula* Until 4:07PM	Ganesha: Blue	Sunrise: 5:44AM
		Yama 3:17PM - 4:52PM	Siddha Until 7:12AM	Muruga: Red	Sunset: 6:29PM
Creative Work	Amrita Yoga	Rahu 10:30AM - 12:06PM	Bava Until 4:44PM	Nataraja: Purple	Moon 5 - Phase 5 - 3
			Chaturthi* Until 5:16AM Sat	Moan - Light Blue	1st Phase
				Vaisaka-Vaikasi	Subha Sivaloka Day

3**Saturday, May 17, 2025**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Manta Vasara Yuktayam Chennai, India			
		Purvashada*/Uttarashada Nakshatra Sadha/Subha Yoga Kaulava/Taila Karana Panchmayam Tilau Sun 4 Sufra 33			
Dhanus Rasi: 20.31	Tithi 20	Gulika 5:44AM - 7:19AM	Purvashada* Until 5:44PM	Ganesha: Blue	Sunrise: 5:44AM
		Yama 1:41PM - 3:17PM	Sadha Until 7:07AM	Muruga: Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	Rahu 8:55AM - 10:30AM	Kaulava Until 5:43PM	Nataraja: Purple	Moon 5 - Phase 5 - 4
			Panchami Until 6:01AM Sun	Moan - Light Blue	1st Phase
				Vaisaka-Vaikasi	Subha Sivaloka Day

4**Sunday, May 18, 2025**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Bhanu Vasara Yuktayam Chennai, India			
		Uttarashada Nakshatra Subha/Sukla Yoga Talila/Gara Karana Panchami/Shashthiyam Tilau Sun 5 Sufra 34			
Makara Rasi: 3.07	Tithi 20 - 21	Gulika 3:17PM - 4:53PM	Uttarashada Until 6:45PM	Ganesha: Blue	Sunrise: 5:43AM
		Yama 12:06PM - 1:41PM	Subha Until 6:43AM	Muruga: Red	Sunset: 6:29PM
Creative Work	Amrita Yoga	Rahu 4:53PM - 6:28PM	Gara Until 6:15PM	Nataraja: Purple	Moon 5 - Phase 5 - 5
			Panchami Until 6:01AM	Moan - Light Blue	1st Phase
				Vaisaka-Vaikasi	Subha Sivaloka Day

5**Monday, May 19, 2025**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Indu Vasara Yuktayam Chennai, India			
		Shravana Nakshatra Brahma Yoga Vanija/Visi* Karana Shashthi/Saptamyam Tilau Sun 6 Sufra 35			
Makara Rasi: 15.57	Tithi 21 - 22	Gulika 1:41PM - 3:17PM	Shravana Until 7:33PM	Ganesha: Blue	Sunrise: 5:43AM
		Yama 10:30AM - 12:06PM	Brahma Until 4:38AM Tue	Muruga: Red	Sunset: 6:29PM
Family Home Evening	Amrita Yoga	Rahu 7:19AM - 8:54AM	Visi Until 6:13PM	Nataraja: Purple	Moon 5 - Phase 5 - 6
			Shashthi* Until 6:17AM	Moan - Purple	1st Phase
				Vaisaka-Vaikasi	Devaloka Day

D**Tuesday, May 20, 2025**

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Mangala Vasara Yuktayam Chennai, India			
		Dhanishtha Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Tilau Sun 7 Sufra 36			
Makara Rasi: 29.04	Tithi 23	Gulika 12:06PM - 1:42PM	Dhanishtha Until 7:36PM	Ganesha: Blue	Sunrise: 5:43AM
		Yama 8:54AM - 10:30AM	Indra Until 2:53AM Wed	Muruga: Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	Rahu 3:17PM - 4:53PM	Balava Until 5:36PM	Nataraja: Purple	Moon 5 - Phase 5 - 7
			Ashtami* Until 5:01AM Wed	Moan - Purple	Ashtami
				Vaisaka-Vaikasi	Devaloka Day

Wednesday, May 21, 2025

		Viswasa Nama Samvatsare Uтарыяне Нартаи Ритау Вишбаһе Массе Кришна Пахше Budha Vasara Yuktayam Chennai, India			
		Shalabhishak Nakshatra Vaidhriti* Karana Navamyam Tilau Sun 8 Sufra 37			
Kumbha Rasi: 12.32	Tithi 24	Gulika 10:30AM - 12:06PM	Shalabhishak Until 6:52PM	Ganesha: Blue	Sunrise: 5:43AM
		Yama 7:19AM - 8:54AM	Vaidhriti* Until 12:35AM Thu	Muruga: Red	Sunset: 6:29PM
Creative Work	Siddha Yoga	Rahu 12:06PM - 1:42PM	Tailila Until 4:20PM	Nataraja: Purple	Moon 5 - Phase 5 - 8
			Navami* Until 3:26AM Thu	Moan - Purple	Navami
				Vaisaka-Vaikasi	Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Budha Vasara Yuktayam Chennai, India Mrigashira Nakshatra Dhrivi Yoga Balava/Kaulava Karana Dvilyayam Titau Sun 15 Sutra 44			
Wishabha Rasi: 25.17	Tilthi 2	Gulika 10:30AM - 12:07PM Yama 7:18AM - 8:54AM Rahu 12:07PM - 1:43PM	Mrigashira Until 12:31AM Thu Dhrivi Until 7:10PM Balava Until 3:29PM Dvitiya Until 1:58AM Thu	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 15 3rd Phase
Creative Work Siddha Yoga Until 12:31AM Thu Then Routine Work - Marana Yoga		Devaloka Day			
2 Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Guru Vasara Yuktayam Chennai, India Andra Nakshatra Shula*Ganda* Yaga Talilla/Gara Karana Trilyayam Titau Sun 16 Sutra 45			
Mithuna Rasi: 9.59	Tilthi 3	Gulika 8:54AM - 10:30AM Yama 5:42AM - 7:18AM Rahu 1:43PM - 3:19PM	Andra Until 10:33PM Shula* Until 3:48PM Talilla Until 12:37PM Tritiya Until 11:23PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 16 3rd Phase
Routine Work Marana Yoga Until 10:33PM Then Creative Work - Amrita Yoga		Devaloka Day			
3 Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Sukra Vasara Yuktayam Chennai, India Punarvasu Nakshatra Ganda*/Middhi Yoga Vanja/Visli* Karana Chaturiyam Titau Sun 17 Sutra 46			
Mithuna Rasi: 24.18	Tilthi 4	Gulika 7:18AM - 8:54AM Yama 3:19PM - 4:56PM Rahu 10:31AM - 12:07PM	Punarvasu Until 9:32PM Ganda* Until 12:58PM Vanija Until 10:20AM Chaturthi* Until 9:27PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 17 3rd Phase
Creative Work Siddha Yoga Until 9:32PM Then Routine Work - Marana Yoga		Devaloka Day			
4 Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Marta Vasara Yuktayam Chennai, India Pushya Nakshatra Vridhdh/Dhruva Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 47			
Kalka Rasi: 8.1	Tilthi 5	Gulika 5:42AM - 7:18AM Yama 1:43PM - 3:19PM Rahu 8:54AM - 10:31AM	Pushya Until 9:09PM Vridhdhi Until 10:45AM Bava Until 8:48AM Panchami Until 8:19PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 18 3rd Phase
Creative Work Siddha Yoga Until 9:09PM Then Routine Work - Marana Yoga		Devaloka Day			
5 Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Bhanu Vasara Yuktayam Chennai, India Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Talilla Karana Shachityam Titau Sun 19 Sutra 48			
Kalka Rasi: 21.32	Tilthi 6	Gulika 3:20PM - 4:56PM Yama 12:07PM - 1:43PM Rahu 4:56PM - 6:32PM	Ashlesha* Until 9:28PM Dhruva Until 9:11AM Kaulava Until 8:05AM Shashthi* Until 8:02PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 19 3rd Phase
Creative Work Siddha Yoga Until 9:28PM Then Routine Work - Marana Yoga		Devaloka Day			
6 Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Indu Vasara Yuktayam Chennai, India Magha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Sapthamyam Titau Sun 20 Sutra 49			
Simha Rasi: 4.27	Tilthi 7	Gulika 1:44PM - 3:20PM Yama 10:31AM - 12:07PM Rahu 7:18AM - 8:55AM	Magha* Until 10:56PM Vyaghata* Until 8:20AM Gara Until 8:15AM Saptami Until 8:38PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 20 3rd Phase
Family Home Evening Routine Work Marana Yoga Until 10:56PM Then Creative Work - Siddha Yoga		Subha Sivaloka Day			
Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Mangala Vasara Yuktayam Chennai, India Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Ashtamyam Titau Sun 21 Sutra 50			
Simha Rasi: 16.58	Tilthi 8	Gulika 12:07PM - 1:44PM Yama 8:55AM - 10:31AM Rahu 3:20PM - 4:57PM	Purvaphalguni Until 1:00AM Wed Harshana Until 8:09AM Visli Until 9:15AM Ashtami* Until 10:00PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 21 Ashtami
Creative Work Siddha Yoga Until 1:00AM Wed Then Creative Work - Amrita Yoga		Subha Sivaloka Day			
Wednesday, June 4, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Vishabha Mase Sukta Paksho Budha Vasara Yuktayam Chennai, India Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 51			
Simha Rasi: 29.31	Tilthi 9	Gulika 10:31AM - 12:08PM Yama 7:18AM - 8:55AM Rahu 12:08PM - 1:44PM	Uttaraphalguni Until 3:28AM Thu Vajra* Until 8:29AM Balava Until 10:56AM Navami* Until 11:58PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:39PM Moon 5 - Phase 7 - 22 Navami
Creative Work Amrita Yoga Until 3:28AM Thu Then Routine Work - Marana Yoga		Subha Sivaloka Day			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Thursday, June 5, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Guru Vasara Yuktayam Hasla Nakshatra Siddhi/Vyapala* Yoga Talila/Gara Karana Dashamyam Titau				Chennai, India Sun 23	Sufra 52 Vasavas 5127
Kanya Rasi: 11.1	Tithi 10	Gulika 8:55AM - 10:31AM Yama 5:42AM - 7:18AM 368418571 Rahu 1:44PM - 3:21PM	Hasla Until 6:36AM Fri Siddhi Until 9:15AM Taitila Until 1:09PM Dashami Until 2:21AM Fri	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:34PM	Moon 5 - Phase 8 - 24 4th Phase	
Routine Work - Marana Yoga Until 6:36AM Fri Then Creative Work - Siddha Yoga		Sivaloka Day					
2 Friday, June 6, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Vyapala*/Varjaya Yoga Vanija/Vesil* Karana Ekadashyam Titau				Chennai, India Sun 24	Sufra 53 Vasavas 5127
Kanya Rasi: 23.01	Tithi 11	Gulika 7:18AM - 8:55AM Yama 3:21PM - 4:57PM 368418571 Rahu 10:31AM - 12:08PM	Hasla Until 6:36AM Vyatipala* Until 10:15AM Vanija Until 3:38PM Ekadashi Until 4:53AM Sat	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:34PM	Moon 5 - Phase 8 - 24 4th Phase	
Creative Work - Amrita Yoga Until 6:36AM Then Creative Work - Siddha Yoga		Sivaloka Day					
3 Saturday, June 7, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Mania Vasara Yuktayam Svali/Svali Nakshatra Varjayan/Parigha* Yoga Bava Karana Dvadashtyam Titau				Chennai, India Sun 25	Sufra 54 Vasavas 5127
Tula Rasi: 4.5	Tithi 12	Gulika 5:42AM - 7:19AM Yama 1:45PM - 3:21PM 368418571 Rahu 8:55AM - 10:32AM	Chitra Until 9:42AM Varjayan Until 11:18AM Bava Until 6:10PM Dvadashti Until 7:22AM Sun	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:34PM	Moon 5 - Phase 8 - 25 4th Phase	
Routine Work - Marana Yoga Until 9:42AM Then Creative Work - Siddha Yoga		Sivaloka Day					
4 Sunday, June 8, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Bhruu Vasara Yuktayam Svali/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Chennai, India Sun 26	Sufra 55 Vasavas 5127
Tula Rasi: 16.4	Tithi 12 - 13	Gulika 3:21PM - 4:58PM Yama 12:08PM - 1:45PM 368418571 Rahu 4:58PM - 6:34PM	Svali Until 12:34PM Parigha* Until 12:19PM Kaulava Until 8:34PM Dvadashti Until 7:22AM <i>Pradosha Vata</i>	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Green Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:34PM	Moon 5 - Phase 8 - 26 4th Phase	
Creative Work - Siddha Yoga Until 12:34PM Then Routine Work - Marana Yoga		Sivaloka Day					
5 Monday, June 9, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Chennai, India Sun 27	Sufra 56 Vasavas 5127
Tula Rasi: 28.34	Tithi 13 - 14	Gulika 1:45PM - 3:22PM Yama 10:32AM - 12:08PM 379418571 Rahu 7:19AM - 8:55AM	Vishakha Until 3:33PM Shiva Until 1:10PM Gara Until 10:43PM Trayodashi Until 9:40AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:35PM	Moon 5 - Phase 8 - 27 4th Phase	
Family Home Evening Routine Work - Marana Yoga Until 3:33PM Then Creative Work - Siddha Yoga		Sivaloka Day					
6 Tuesday, June 10, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Sukla Paksha Mangala Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Vanija/Vesil* Karana Chaturdash/Purnimayam Titau				Chennai, India Sun 28	Sufra 57 Vasavas 5127
Copper Retreat Star		Gulika 12:09PM - 1:45PM Yama 8:55AM - 10:32AM 379418571 Rahu 3:22PM - 4:58PM	Anuradha Until 6:03PM Siddha Until 1:44PM Vesil Until 12:31AM Wed Chaturdash* Until 11:39AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:35PM	Moon 5 - Phase 8 - Purnima	
Wishika Rasi: 10.34 Tithi 14 - 15 Creative Work - Siddha Yoga Until 6:03PM Then Routine Work - Marana Yoga		Sivaloka Day					
Wednesday, June 11, 2025		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksha Budha Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India Sun 29	Sufra 58 Vasavas 5127
Silver Retreat Star		Gulika 10:32AM - 12:09PM Yama 7:19AM - 8:55AM 379418571 Rahu 12:09PM - 1:45PM	Jyeshtha* Until 8:02PM Sadhya Until 2:03PM Balava Until 1:57AM Thu Purnima* Until 1:16PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Orange Jyeshtha-Vaikasi	Sunrise: 5:42AM Sunset: 6:35PM	Moon 5 - Phase 8 - Prathama	
Wishika Rasi: 22.44 Tithi 15 - 16 Creative Work - Siddha Yoga Until 8:02PM Then Routine Work - Marana Yoga		Sivaloka Day					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішвха Маса Крішна Пакоше Гору Васара Yuktyam				Chennai, India
		Mula' Nakshatra Subha/Sukla Yoga Kaulava/Taila Karana Prathama/Dvityayam Tilau				Sufra 59
Dhanus Rasi: 5.02	TITHI 16 - 17	Gulika 8:56AM - 10:32AM	Mula' Until 9:57PM	Ganesh: Purple	Sunrise: 5:43AM	Vasavasu 5:127
		Yama 5:43AM - 7:19AM	Subha Until 2:05PM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 1st Phase
Creative Work	Siddha Yoga	389418571 Rahu 1:46PM - 3:22PM	Taila Until 3:39AM Fri	Nataraja: Blue		
			Prathama' Until 2:30PM	Moon - Light Blue		Devaloka Day
				Jyeshtha-Vaikasi		

Friday, June 13, 2025

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішвха Маса Крішна Пакоше Сура Васара Yuktyam				Chennai, India
		Purvashada' Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau				Sufra 60
Dhanus Rasi: 17.31	TITHI 17 - 18	Gulika 7:19AM - 8:56AM	Purvashada' Until 11:21PM	Ganesh: Purple	Sunrise: 5:43AM	Vasavasu 5:127
		Yama 3:23PM - 4:59PM	Sukla Until 1:47PM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 1st Phase
Routine Work	Prabalaritha Yoga	389418571 Rahu 10:33AM - 12:09PM	Vanija Until 3:39AM Sat	Nataraja: Blue		
Until 11:21PM			Dvitiya Until 3:21PM	Moon - Light Blue		Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		

Saturday, June 14, 2025

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішвха Маса Крішна Пакоше Манта Васара Yuktyam				Chennai, India
		Uttarashada Nakshatra Brahma/Indra Yoga Vasi' (Bava Karana Tritiya/Chaturthayam Tilau				Sufra 61
Makara Rasi: 0.11	TITHI 18 - 19	Gulika 5:43AM - 7:19AM	Uttarashada Until 12:13AM Sun	Ganesh: Purple	Sunrise: 5:43AM	Vasavasu 5:127
		Yama 1:46PM - 3:23PM	Brahma Until 1:12PM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 2 1st Phase
Routine Work	Marana Yoga	389418571 Rahu 8:56AM - 10:33AM	Bava Until 3:56AM Sun	Nataraja: Blue		
Until 12:13AM Sun			Tritiya Until 3:49PM	Moon - Light Blue		Devaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi		

Sunday, June 15, 2025

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакоше Біхну Васара Yuktyam				Chennai, India
		Shravana Nakshatra Indra/Vaidhri' Yoga Balava/Kaulava Karana Chaturthi/Panchamjam Tilau				Sufra 62
Makara Rasi: 13.01	TITHI 19 - 20	Gulika 3:23PM - 5:00PM	Shravana Until 1:01AM Mon	Ganesh: Clear	Sunrise: 5:43AM	Vasavasu 5:127
		Yama 12:10PM - 1:46PM	Indra Until 12:20PM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 3 1st Phase
Creative Work	Amrita Yoga	399418571 Rahu 5:00PM - 6:36PM	Kaulava Until 3:49AM Mon	Nataraja: Blue		
Until 1:01AM Mon		Father's Day	Chaturthi' Until 3:54PM	Moon - Purple		Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		

Monday, June 16, 2025

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакоше Інду Васара Yuktyam				Chennai, India
		Dhanishtha Nakshatra Vaidhri' (Vishkambha' Yoga Taila/Gara Karana Panchmi/Shashthamjam Tilau				Sufra 63
Makara Rasi: 26.02	TITHI 20 - 21	Gulika 1:47PM - 3:23PM	Dhanishtha Until 1:15AM Tue	Ganesh: Yellow	Sunrise: 5:43AM	Vasavasu 5:127
Family Home Evening		Yama 10:33AM - 12:10PM	Vaidhri' Until 11:07AM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 4 1st Phase
Creative Work	Siddha Yoga	391418571 Rahu 7:20AM - 8:56AM	Gara Until 3:17AM Tue	Nataraja: Blue		
Until 1:15AM Tue			Panchami Until 3:35PM	Moon - Purple		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani		

Tuesday, June 17, 2025

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакоше Маргала Васара Yuktyam				Chennai, India
		Shatabhishak Nakshatra Vishkambha' (Pithi Yoga Varjya/Vasi' Karana Shashthi/Saptamjam Tilau				Sufra 64
Kumbha Rasi: 9.17	TITHI 21 - 22	Gulika 12:10PM - 1:47PM	Shatabhishak Until 12:55AM Wed	Ganesh: Yellow	Sunrise: 5:43AM	Vasavasu 5:127
		Yama 8:57AM - 10:33AM	Vishkambha' Until 9:35AM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 5 1st Phase
Routine Work	Marana Yoga	391418571 Rahu 3:23PM - 5:00PM	Vasi Until 2:19AM Wed	Nataraja: Blue		
Until 12:55AM Wed			Shashthi' Until 2:50PM	Moon - Purple		Sivaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		

Wednesday, June 18, 2025**Retreat Star**

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакоше Буधा Васара Yuktyam				Chennai, India
		Purvashrothapada' Nakshatra Pithi/Ajyotman Yoga Bava/Balava Karana Saptami/Ashthamjam Tilau				Sufra 65
Kumbha Rasi: 22.47	TITHI 22 - 23	Gulika 10:34AM - 12:10PM	Purvashrothapada' Until 12:24AM Thu	Ganesh: Clear	Sunrise: 5:43AM	Vasavasu 5:127
		Yama 7:20AM - 8:57AM	Pithi Until 7:42AM	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 6 1st Phase
Creative Work	Amrita Yoga	311418571 Rahu 12:10PM - 1:47PM	Balava Until 12:53AM Thu	Nataraja: Blue		
Until 12:24AM Thu			Saptami Until 1:38PM	Moon - Clear		Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		

Thursday, June 19, 2025**Retreat Star**

		Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакоше Гору Васара Yuktyam				Chennai, India
		Uttarashrothapada' Nakshatra Saubhagya Yoga Kaulava/Taila Karana Ashtami/Navamjam Tilau				Sufra 66
Meena Rasi: 6.34	TITHI 23 - 24	Gulika 8:57AM - 10:34AM	Uttarashrothapada Until 11:17PM	Ganesh: Clear	Sunrise: 5:44AM	Vasavasu 5:127
		Yama 5:44AM - 7:20AM	Saubhagya Until 2:45AM Fri	Muruga: Red	Sunset: 6:36PM	Moon 6 - Phase 9 - 7 1st Phase
Creative Work	Siddha Yoga	311418571 Rahu 1:47PM - 3:24PM	Taila Until 10:59PM	Nataraja: Blue		
			Ashlami' Until 11:58AM	Moon - Clear		Sivaloka Day
				Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Friday, June 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Sukra Vasara Yuktayam Panarvasu/Pushya Nakshatra Vyaghatu' Yoga Kaulava/Saila Karana Dvitiya/Tritiyayam Tilau				Chennai, India Sun 15 Sufra 74 Vasavas 5127
Kalkata Rasi: 2.32	Tithi 2 - 3	Gulika 7:22AM - 8:59AM Yama 3:26PM - 5:02PM 342518571 Rahu 10:36AM - 12:12PM	Punarvasu Until 7:22AM Vyaghra' Until 9:09PM Taitila Until 10:34PM Dvitiya Until 11:21AM	Ganesha: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 5:45AM Sunset: 6:39PM	Moon 6 - Phase 11 - 15 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 7:22AM						
Then Routine Work - Marana Yoga						
2 Saturday, June 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Merita Vasara Yuktayam Pushya/Ashlesha' Nakshatra Harshana Yoga Gara/Vanija Karana Tridhya/Chaturthiyam Tilau				Chennai, India Sun 16 Sufra 75 Vasavas 5127
Kalkata Rasi: 16.19	Tithi 3 - 4	Gulika 5:46AM - 7:22AM Yama 1:49PM - 3:26PM 342518571 Rahu 8:59AM - 10:36AM	Pushya Until 6:36AM Harshana Until 7:15PM Vanija Until 9:31PM Tridhya Until 9:55AM	Ganesha: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 5:46AM Sunset: 6:39PM	Moon 6 - Phase 11 - 16 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 6:36AM						
Then Routine Work - Marana Yoga						
3 Sunday, June 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Bharu Vasara Yuktayam Ashlesha/Magha' Nakshatra Vajra/Siddhi Yoga Vasi' Bava Karana Chalurthi/Panchamyam Tilau				Chennai, India Sun 17 Sufra 76 Vasavas 5127
Kalkata Rasi: 29.4	Tithi 4 - 5	Gulika 3:26PM - 5:03PM Yama 12:13PM - 1:49PM 342518571 Rahu 5:03PM - 6:39PM	Ashlesha' Until 6:25AM Vajra' Until 5:58PM Bava Until 9:16PM Chalurthi' Until 9:16AM	Ganesha: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 5:46AM Sunset: 6:39PM	Moon 6 - Phase 11 - 17 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 6:25AM						
Then Routine Work - Marana Yoga						
4 Monday, June 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Indu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Siddhi/Vyalyalpa' Yoga Batava/Kaulava Karana Panchara/Shashthiyam Tilau				Chennai, India Sun 18 Sufra 77 Vasavas 5127
Simha Rasi: 13	Tithi 5 - 6	Gulika 1:49PM - 3:26PM Yama 10:36AM - 12:13PM 352518571 Rahu 7:23AM - 9:00AM	Magha' Until 7:22AM Siddhi Until 5:21PM Kaulava Until 9:51PM Panchami Until 9:27AM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 5:46AM Sunset: 6:39PM	Moon 6 - Phase 11 - 18 3rd Phase
Family Home Evening						Sivaloka Day
Routine Work	Marana Yoga					
Until 7:22AM						
Then Creative Work - Siddha Yoga						
5 Tuesday, July 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalyalpa' Nanyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Tilau				Chennai, India Sun 19 Sufra 78 Vasavas 5127
Simha Rasi: 25.08	Tithi 6 - 7	Gulika 12:13PM - 1:50PM Yama 9:00AM - 10:36AM 352518571 Rahu 3:26PM - 5:03PM	Purvaphalguni Until 8:56AM Vyalyalpa' Until 5:22PM Gara Until 11:11PM Shashthi' Until 10:25AM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 5:47AM Sunset: 6:40PM	Moon 6 - Phase 11 - 19 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day
Until 8:56AM		Chidambaram Abhishekam				
Then Creative Work - Amrita Yoga						
Wednesday, July 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanijan/Parigha' Yoga Vanija/Vasi' Karana Sapthami/Astamyam Tilau				Chennai, India Sun 20 Sufra 79 Vasavas 5127
Kanya Rasi: 7.23	Tithi 7 - 8	Gulika 10:37AM - 12:13PM Yama 7:23AM - 9:00AM 352518571 Rahu 12:13PM - 1:50PM	Uttaraphalguni Until 11:01AM Vanijan Until 5:50PM Vasi Until 1:07AM Thu Sapthami Until 12:04PM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 5:47AM Sunset: 6:40PM	Moon 6 - Phase 11 - 20 Ashtami
Creative Work	Amrita Yoga					Sivaloka Day
Until 11:01AM						
Then Routine Work - Marana Yoga						
Thursday, July 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Maso Sulka Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha' Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Chennai, India Sun 21 Sufra 80 Vasavas 5127
Kanya Rasi: 19.23	Tithi 8 - 9	Gulika 9:00AM - 10:37AM Yama 5:47AM - 7:24AM 362518571 Rahu 1:50PM - 3:27PM	Hasta Until 1:55PM Parigha' Until 6:39PM Balava Until 3:26AM Fri Ashtami' Until 2:13PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon - Green Ashada-Ani	Sunrise: 5:47AM Sunset: 6:40PM	Moon 6 - Phase 11 - 21 Navami
Routine Work	Marana Yoga					Devaloka Day
Until 1:55PM						
Then Creative Work - Siddha Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Friday, July 4, 2025

		Visvavasu Nama Samvatsara Chitra/Svati Nakshatra Shiva	Dakshinaya Naritana Ritau Mihuna Mase Yoga Kaulava/Talita Karana Navami/Dashamyam Tilau	Sukla Pakshi Sukra Vasara Yuktayam	Chennai, India Sufra 81
Tula Rasi: 1.17	Tithi 9 - 10	Gulika 7:24AM - 9:00AM	Chitra Until 4:54PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 5:47AM Sunset: 6:40PM Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	362518571 Rahu 10:37AM - 12:14PM	Shiva Until 7:39PM Talita Until 5:52AM Sat Navami* Until 4:37PM	Devaloka Day	

2 Saturday, July 5, 2025

		Visvavasu Nama Samvatsara Svati Nakshatra Siddha Yoga	Dakshinaya Naritana Ritau Mihuna Mase Gara Karana Dashamyam Tilau	Sukla Pakshi Merita Vasara Yuktayam	Chennai, India Sufra 82
Tula Rasi: 13.07	Tithi 10	Gulika 5:48AM - 7:24AM	Svati Until 7:44PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Green	Sunrise: 5:48AM Sunset: 6:40PM Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	362518571 Rahu 9:01AM - 10:37AM	Siddha Until 8:37PM Gara Until 7:03PM Dashami Until 7:03PM	Devaloka Day	

3 Sunday, July 6, 2025

		Visvavasu Nama Samvatsara Svati Nakshatra Siddha Yoga	Dakshinaya Naritana Ritau Mihuna Mase Yoga Vanija/Visli* Karana Ekadashyam Tilau	Sukla Pakshi Bhanu Vasara Yuktayam	Chennai, India Sufra 83
Tula Rasi: 25	Tithi 11	Gulika 3:27PM - 5:03PM	Vishakha Until 10:43PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 5:48AM Sunset: 6:40PM Moon 6 - Phase 12 - 24 4th Phase
Routine Work	Marana Yoga	472518571 Rahu 5:03PM - 6:40PM	Sadhya Until 9:27PM Vanija Until 8:14AM Ekadashi Until 9:17PM	Devaloka Day	

4 Monday, July 7, 2025

		Visvavasu Nama Samvatsara Anuradha Nakshatra Subha Yoga	Dakshinaya Naritana Ritau Mihuna Mase Bava/Balava Karana Dvadashyam Tilau	Sukla Pakshi Indu Vesara Yuktayam	Chennai, India Sufra 84
Wischika Rasi: 6.58	Tithi 12	Gulika 1:51PM - 3:27PM	Anuradha Until 1:12AM Tue	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 5:48AM Sunset: 6:40PM Moon 6 - Phase 12 - 25 4th Phase
Family Home Evening	Siddha Yoga	472518571 Rahu 7:25AM - 9:01AM	Subha Until 10:03PM Bava Until 10:19AM Dvadashi Until 11:12PM	Devaloka Day	
Creative Work	Then Routine Work - Marana Yoga				

5 Tuesday, July 8, 2025

		Visvavasu Nama Samvatsara Jyeshtha* Nakshatra Brahma Yoga	Dakshinaya Naritana Ritau Mihuna Mase Yoga Kaulava/Talita Karana Trayodashyam Tilau	Sukla Pakshi Mangala Vesara Yuktayam	Chennai, India Sufra 85
Wischika Rasi: 19.05	Tithi 13	Gulika 12:14PM - 1:51PM	Jyeshtha* Until 3:06AM Wed	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Orange	Sunrise: 5:48AM Sunset: 6:40PM Moon 6 - Phase 12 - 26 4th Phase
Routine Work	Marana Yoga	472518571 Rahu 3:27PM - 5:04PM	Sukla Until 10:17PM Kaulava Until 12:01PM Trayodashi Until 12:40AM Wed	Devaloka Day	

Pradosha Vata

6 Wednesday, July 9, 2025

		Visvavasu Nama Samvatsara Mula* Nakshatra Brahma Yoga	Dakshinaya Naritana Ritau Mihuna Mase Yoga Gara/Vanija Karana Chaturdashyam Tilau	Sukla Pakshi Budha Vasara Yuktayam	Chennai, India Sufra 86
Dhanus Rasi: 1.24	Tithi 14	Gulika 10:38AM - 12:14PM	Mula* Until 4:51AM Thu	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 5:49AM Sunset: 6:40PM Moon 6 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	482518571 Rahu 12:14PM - 1:51PM	Brahma Until 10:09PM Gara Until 1:15PM Chaturdash* Until 1:39AM Thu	Sivaloka Day	
Until 4:51AM Thu	Then Creative Work - Siddha Yoga				

○ Thursday, July 10, 2025

		Visvavasu Nama Samvatsara Purvashadha* Nakshatra Indra Yoga	Dakshinaya Naritana Ritau Mihuna Mase Yoga Visli*/Bava Karana Purnimayam Tilau	Sukla Pakshi Guru Vesara Yuktayam	Chennai, India Sufra 87
Dhanus Rasi: 13.56	Tithi 15	Gulika 9:02AM - 10:38AM	Purvashadha* Until 5:58AM Fri	Ganesh: White Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 5:49AM Sunset: 6:40PM Moon 6 - Phase 12 - Purnima
Creative Work	Siddha Yoga	483518571 Rahu 1:51PM - 3:27PM	Indra Until 9:39PM Visli Until 1:59PM Purnima* Until 2:10AM Fri	Subha Sivaloka Day	
Until 5:58AM Fri	Then Routine Work - Marana Yoga	Satguru Purnima			

Friday, July 11, 2025

		Visvavasu Nama Samvatsara Uttarashadha Nakshatra Vaidhrili* Yoga	Dakshinaya Naritana Ritau Mihuna Mase Yoga Balava/Kaulava Karana Prathamayam Tilau	Sukla Pakshi Sukra Vesara Yuktayam	Chennai, India Sufra 88
Dhanus Rasi: 26.4	Tithi 16	Gulika 7:26AM - 9:02AM	Uttarashadha Until 6:29AM Sat	Ganesh: White Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 5:49AM Sunset: 6:40PM Moon 6 - Phase 12 - Prathama
Routine Work	Marana Yoga	483518571 Rahu 10:38AM - 12:15PM	Vaidhrili* Until 8:45PM Balava Until 2:15PM Prathama* Until 2:12AM Sat	Subha Sivaloka Day	
Until 6:29AM Sat	Then Creative Work - Siddha Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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**Saturday, July 12, 2025****Gold Retreat Star**

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mania Vasara Yukitayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Talila/Gara Karana Dvilyayam Titau			Chennai, India Sun 1 Sutra 89 Vasarasu 5:127
Makara Rasi: 9.38	Tithi 17	Gulika 5:50AM - 7:26AM	Uttarashadha Until 6:29AM	Ganesh: White Muruga: Red Nataraja: Blue Moon - Light Blue	Sunrise: 5:50AM Sunset: 6:40PM Moon 7 - Phase 13 - 1 1st Phase
Routine Work - Marana Yoga Until 6:29AM Then Creative Work - Siddha Yoga		Yama 1:51PM - 3:27PM Rahu 9:02AM - 10:38AM	Vishkambha* Until 7:32PM Tailila Until 2:05PM Dvitiya Until 1:49AM Sun	Ashada-Ani	Subha Sivaloka Day

Sunday, July 13, 2025**1**

Makara Rasi: 22.49 Tithi 18

Creative Work - Amrita Yoga
Until 6:54AM
Then Routine Work - Marana Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bharu Vasara Yukitayam Shravana/Dhanishtha Nakshatra Pithi Yoga Vanja/Visi* Karana Trilyayam Titau			Chennai, India Sun 2 Sutra 90 Vasarasu 5:127
		Gulika 3:27PM - 5:04PM	Shravana Until 6:54AM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon - Purple	Sunrise: 5:50AM Sunset: 6:40PM Moon 7 - Phase 13 - 2 1st Phase
		Yama 12:15PM - 1:51PM Rahu 5:04PM - 6:40PM	Pithi Until 6:02PM Vanija Until 1:31PM Tritiya Until 1:05AM Mon	Ashada-Ani	Sivaloka Day

Monday, July 14, 2025**2**

Kumbha Rasi: 6.11 Tithi 19

Family Home Evening
Creative Work - Siddha Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yukitayam Shatbhishak/Purvasproshadha* Nakshatra Aajushman/Saubhaga Yoga Bava/Balava Karana Chaturthiyam Titau			Chennai, India Sun 3 Sutra 91 Vasarasu 5:127
		Gulika 1:51PM - 3:28PM	Dhanishtha Until 6:49AM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon - Purple	Sunrise: 5:50AM Sunset: 6:40PM Moon 7 - Phase 13 - 3 1st Phase
		Yama 10:39AM - 12:15PM Rahu 7:26AM - 9:03AM	Ayushman Until 4:13PM Bava Until 12:36PM Chaturthi* Until 12:01AM Tue	Ashada-Ani	Sivaloka Day

Tuesday, July 15, 2025**3**

Kumbha Rasi: 19.44 Tithi 20

Routine Work - Marana Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yukitayam Shatbhishak/Purvasproshadha* Nakshatra Saubhaga/Sobhana Yoga Kaulasa/Balila Karana Panchamyam Titau			Chennai, India Sun 4 Sutra 92 Vasarasu 5:127
		Gulika 12:15PM - 1:51PM	Shatbhishak Until 6:17AM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon - Purple	Sunrise: 5:50AM Sunset: 6:40PM Moon 7 - Phase 13 - 4 1st Phase
		Yama 9:03AM - 10:39AM Rahu 3:28PM - 5:04PM	Saubhaga Until 2:11PM Kaulava Until 11:23AM Panchami Until 10:39PM	Ashada-Ani	Sivaloka Day

Wednesday, July 16, 2025**4**

Meena Rasi: 3.28 Tithi 21

Creative Work - Siddha Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yukitayam Uttarashroshadha Nakshatra Sobhana/Alhiganda* Yoga Gara/Vanija Karana Shashthiyam Titau			Chennai, India Sun 5 Sutra 93 Vasarasu 5:127
		Gulika 10:39AM - 12:15PM	Uttarashroshadha Until 4:49AM Thu	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Clear	Sunrise: 5:51AM Sunset: 6:40PM Moon 7 - Phase 13 - 5 1st Phase
		Yama 7:27AM - 9:03AM Rahu 12:15PM - 1:51PM	Sobhana Until 11:56AM Gara Until 9:53AM Shashthi* Until 9:02PM	Ashada-Adi	Devaloka Day

Thursday, July 17, 2025**5**

Meena Rasi: 17.21 Tithi 22

Creative Work - Siddha Yoga
Until 3:29AM Fri
Then Creative Work - Amrita Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yukitayam Revati Nakshatra Alhiganda*/Sukarma Yoga Vasi*/Bava Karana Sapthamyam Titau			Chennai, India Sun 6 Sutra 94 Vasarasu 5:127
		Gulika 9:03AM - 10:39AM	Revati Until 3:29AM Fri	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Clear	Sunrise: 5:51AM Sunset: 6:40PM Moon 7 - Phase 13 - 6 1st Phase
		Yama 5:51AM - 7:27AM Rahu 1:51PM - 3:28PM	Alhiganda* Until 9:26AM Vasi Until 8:08AM Saptami Until 7:09PM	Ashada-Adi	Bhuloka Day Devaloka Time: 3PM to 6PM

Friday, July 18, 2025**6**

Mesha Rasi: 1.23 Tithi 23 - 24

Creative Work - Amrita Yoga
Until 2:13AM Sat
Then Creative Work - Siddha Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yukitayam Ashvini Nakshatra Sukarma/Dhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Chennai, India Sun 7 Sutra 95 Vasarasu 5:127
		Gulika 7:27AM - 9:03AM	Ashvini Until 2:13AM Sat	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - White	Sunrise: 5:51AM Sunset: 6:40PM Moon 7 - Phase 13 - 7 Ashtami
		Yama 3:28PM - 5:04PM Rahu 10:39AM - 12:15PM	Sukarma Until 6:46AM Balava Until 6:08AM Ashtami* Until 5:02PM	Ashada-Adi	Devaloka Day

Saturday, July 19, 2025**7**

Mesha Rasi: 15.34 Tithi 24 - 25

Creative Work - Siddha Yoga

		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mania Vasara Yukitayam Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Chennai, India Sun 8 Sutra 96 Vasarasu 5:127
		Gulika 5:51AM - 7:27AM	Bharani Until 12:37AM Sun	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - White	Sunrise: 5:51AM Sunset: 6:40PM Moon 7 - Phase 13 - 8 Navami
		Yama 1:52PM - 3:28PM Rahu 9:03AM - 10:39AM	Shula* Until 12:54AM Sun Vanija Until 1:31AM Sun Navami* Until 2:43PM	Ashada-Adi	Devaloka Day

1	Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Bhanu Vasara Yukatayam Kritika Nakshatra Ganda* Yoga Velli* Bava Karana Dashami/Ekadashtyam Titau				Chennai, India Sun 9
	Mesha Rasi: 29:52	Tithi 25 – 26	Gulika 3:27PM – 5:03PM	Kritika Until 10:45PM	Ganesh: Clear	Sunrise: 5:50AM	Vasavasu 5:127
Creative Work	Siddha Yoga	433618572	Rahu 5:03PM – 6:39PM	Ganda* Until 9:48PM	Muruga: Red	Sunset: 6:39PM	Moon 7 - Phase 14 - 11 2nd Phase
				Bava Until 10:59PM	Nataraja: Yellow		
				Dashami Until 12:15PM	Moon – White		Devaloka Day
					Ashada-Adi		

2	Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Indu Vasara Yukatayam Rohini Nakshatra Widdhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Chennai, India Sun 10
	Wishabha Rasi: 14:15	Tithi 26 – 27	Gulika 1:52PM – 3:27PM	Rohini Until 9:08PM	Ganesh: White	Sunrise: 5:50AM	Vasavasu 5:127
Family Home Evening		433618572	Rahu 7:28AM – 9:04AM	Viddhi Until 6:39PM	Muruga: Red	Sunset: 6:39PM	Moon 7 - Phase 14 - 10 2nd Phase
Creative Work	Amrita Yoga			Kaulava Until 8:25PM	Nataraja: Yellow		
				Ekadashi* Until 9:41AM	Moon – Yellow		Bhuloka Day
					Ashada-Adi		Devaloka Time: 3PM to 6PM

3	Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Mangala Vasara Yukatayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 11
	Wishabha Rasi: 28:38	Tithi 27 – 28	Gulika 12:16PM – 1:52PM	Mrigashira Until 7:25PM	Ganesh: White	Sunrise: 5:50AM	Vasavasu 5:127
Creative Work	Siddha Yoga	433618572	Rahu 3:27PM – 5:03PM	Dhruva Until 3:32PM	Muruga: Red	Sunset: 6:39PM	Moon 7 - Phase 14 - 11 2nd Phase
Until 7:25PM				Vanija Until 4:41AM Wed	Nataraja: Yellow		
Then Routine Work – Marana Yoga				Dvadashi* Until 7:08AM	Moon – Yellow		Bhuloka Day
					Ashada-Adi		Devaloka Time: 3PM to 6PM
					Pradosha Vrata (Fasting)		

4	Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Budha Vasara Yukatayam Ardra Nakshatra Dhruva/Vyaghata* Harshana Yoga Velli*Saluni* Karana Chaturdashyam Titau				Chennai, India Sun 12
	Mithuna Rasi: 12:57	Tithi 29	Gulika 10:40AM – 12:16PM	Ardra Until 5:45PM	Ganesh: White	Sunrise: 5:50AM	Vasavasu 5:127
Creative Work	Siddha Yoga	433618572	Rahu 12:16PM – 1:51PM	Vyaghata* Until 12:33PM	Muruga: Red	Sunset: 6:39PM	Moon 7 - Phase 14 - 12 2nd Phase
				Velli Until 3:34PM	Nataraja: Yellow		
				Chaturdashi* Until 2:29AM Thu	Moon – Yellow		Bhuloka Day
					Ashada-Adi		Devaloka Time: 3PM to 6PM

●	Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Guru Vasara Yukatayam Punarvasu Nakshatra Harshana/Vajra* Yoga Cataspada*Raaga* Karana Amavasyayam Titau				Chennai, India Sun 13
	Retreat Star		Gulika 9:04AM – 10:40AM	Punarvasu Until 4:42PM	Ganesh: Orange	Sunrise: 5:50AM	Vasavasu 5:127
Mithuna Rasi: 27:05	Tithi 30	444618572	Rahu 1:51PM – 3:27PM	Harshana Until 9:50AM	Muruga: Red	Sunset: 6:39PM	Moon 7 - Phase 14 - 13 Amavasya
Creative Work	Amrita Yoga			Cataspada Until 1:32PM	Nataraja: Yellow		
				Amavasya* Until 12:40AM Fri	Moon – Blue		Devaloka Day
					Ashada-Adi		

●	Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Sukra Vasara Yukatayam Pushya/Ashlesha* Nakshatra Vajra/Siddhi*Yoga Kintughna* Bava Karana Prathamayam Titau				Chennai, India Sun 14
	Retreat Star		Gulika 7:29AM – 9:04AM	Pushya Until 3:58PM	Ganesh: Orange	Sunrise: 5:50AM	Vasavasu 5:127
Kataka Rasi: 10:59	Tithi 1	444618572	Rahu 10:40AM – 12:16PM	Vajra* Until 7:25AM	Muruga: Red	Sunset: 6:39PM	Moon 7 - Phase 14 - 14 Prathama
Routine Work	Marana Yoga			Kintughna Until 11:57AM	Nataraja: Yellow		
				Prathama* Until 11:21PM	Moon – Blue		Devaloka Day
					Sravana-Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha/Magha/Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Chennai, India Sutra 103
Kataka Rasi: 24.32	Tilthi 2	Gulika 5:53AM - 7:29AM	Ashlesha* Untill 3:40PM	Ganesha: Orange	Sunrise: 5:53AM	Vasavasru 5:17
		Yama 1:51PM - 3:27PM	Vyalipala* Untill 4:04AM Sun	Muruga: Red	Sunset: 6:38PM	Moon 7 - Phase 15 - 12
Routine Work Marana Yoga		444618572 Rahu 9:05AM - 10:40AM	Balava Untill 10:57AM	Nataraja: Yellow		3rd Phase
Untill 3:40PM			Dvitiya Untill 10:40PM	Moon - Blue		
Then Creative Work - Amrita Yoga				Savana-Adi		Devaloka Day
2 Sunday, July 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bharu Vesara Yuktayam Magha/Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tritiyayam Titau				Chennai, India Sutra 104
Simha Rasi: 7.44	Tilthi 3	Gulika 3:27PM - 5:02PM	Magha* Untill 4:21PM	Ganesha: Clear	Sunrise: 5:54AM	Vasavasru 5:17
		Yama 12:16PM - 1:51PM	Varyan Untill 3:12AM Mon	Muruga: Red	Sunset: 6:38PM	Moon 7 - Phase 15 - 16
Routine Work Marana Yoga		454618572 Rahu 5:02PM - 6:38PM	Talilla Untill 10:36AM	Nataraja: Yellow		3rd Phase
Untill 4:21PM			Tritiya Untill 10:41PM	Moon - Red		
Then Creative Work - Siddha Yoga				Savana-Adi		Devaloka Day
3 Monday, July 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni/Nakshatra Parigraha* Yoga Vanija/Visil* Karana Chaturthayam Titau				Chennai, India Sutra 105
Simha Rasi: 20.35	Tilthi 4	Gulika 1:51PM - 3:27PM	Purvaphalguni Untill 5:35PM	Ganesha: Clear	Sunrise: 5:54AM	Vasavasru 5:17
Family Home Evening		Yama 10:40AM - 12:16PM	Parigraha* Untill 2:54AM Tue	Muruga: Red	Sunset: 6:38PM	Moon 7 - Phase 15 - 17
Creative Work Siddha Yoga		454618572 Rahu 7:29AM - 9:05AM	Vanija Untill 11:00AM	Nataraja: Yellow		3rd Phase
			Chaturthi* Untill 11:26PM	Moon - Red		
				Savana-Adi		Devaloka Day
4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchmayam Titau				Chennai, India Sutra 106
Kanya Rasi: 3.05	Tilthi 5	Gulika 12:16PM - 1:51PM	Uttaraphalguni Untill 7:20PM	Ganesha: Clear	Sunrise: 5:54AM	Vasavasru 5:17
		Yama 9:05AM - 10:40AM	Shiva Untill 3:08AM Wed	Muruga: Red	Sunset: 6:37PM	Moon 7 - Phase 15 - 18
Creative Work Amrita Yoga		454618572 Rahu 3:27PM - 5:02PM	Bava Untill 12:05PM	Nataraja: Yellow		3rd Phase
Untill 7:20PM			Panchami Untill 12:51AM Wed	Moon - Red		
Then Creative Work - Siddha Yoga		Nag Panchami		Savana-Adi		Devaloka Day
5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashthiyam Titau				Chennai, India Sutra 107
Kanya Rasi: 15.19	Tilthi 6	Gulika 10:40AM - 12:16PM	Hasta Untill 9:57PM	Ganesha: Purple	Sunrise: 5:54AM	Vasavasru 5:17
		Yama 7:30AM - 9:05AM	Siddha Untill 3:44AM Thu	Muruga: Red	Sunset: 6:37PM	Moon 7 - Phase 15 - 19
Routine Work Marana Yoga		464618572 Rahu 12:16PM - 1:51PM	Kaulava Untill 1:47PM	Nataraja: Yellow		3rd Phase
Untill 9:57PM			Shashthi* Untill 2:48AM Thu	Moon - Green		
Then Creative Work - Siddha Yoga				Savana-Adi		Sivaloka Day
6 Thursday, July 31, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthamayam Titau				Chennai, India Sutra 108
Kanya Rasi: 27.2	Tilthi 7	Gulika 9:05AM - 10:40AM	Chitra Untill 12:46AM Fri	Ganesha: Purple	Sunrise: 5:54AM	Vasavasru 5:17
		Yama 5:54AM - 7:30AM	Sadya Untill 4:36AM Fri	Muruga: Red	Sunset: 6:37PM	Moon 7 - Phase 15 - 20
Creative Work Siddha Yoga		464618572 Rahu 1:51PM - 3:26PM	Gara Untill 3:56PM	Nataraja: Yellow		3rd Phase
			Sapthami Untill 5:04AM Fri	Moon - Green		
				Savana-Adi		Sivaloka Day
Friday, August 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visil* Karana Ashtamayam Titau				Chennai, India Sutra 109
Retreat Star		Gulika 7:30AM - 9:05AM	Svati Untill 3:33AM Sat	Ganesha: Purple	Sunrise: 5:55AM	Vasavasru 5:17
Tula Rasi: 9.14	Tilthi 8	Yama 3:26PM - 5:01PM	Subha Untill 5:33AM Sat	Muruga: Red	Sunset: 6:37PM	Moon 7 - Phase 15 - 21
Creative Work Siddha Yoga		464618572 Rahu 10:40AM - 12:16PM	Visil Untill 6:17PM	Nataraja: Yellow		Ashtami
			Ashtami* Untill 7:27AM Sat	Moon - Green		
				Savana-Adi		Sivaloka Day
Saturday, August 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamayam Titau				Chennai, India Sutra 110
Retreat Star		Gulika 5:55AM - 7:30AM	Vishakha Untill 6:35AM Sun	Ganesha: Clear	Sunrise: 5:55AM	Vasavasru 5:17
Tula Rasi: 21.07	Tilthi 8 - 9	Yama 1:51PM - 3:26PM	Sukla Untill 6:24AM Sun	Muruga: Blue	Sunset: 6:38PM	Moon 7 - Phase 15 - 22
Creative Work Siddha Yoga		474628572 Rahu 9:05AM - 10:40AM	Balava Untill 8:38PM	Nataraja: Yellow		Navami
Untill 6:35AM Sun			Ashtami* Untill 7:27AM	Moon - Orange		
Then Routine Work - Marana Yoga				Savana-Adi		Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Sunday, August 3, 2025

Wischika Rasi: 3.02 Tithi 9 - 10

Routine Work Marana Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Sula Pakhe Bharu Usara Yuktyam Vishaha/Anuradha Nakshatra Saka/Brahma Yoga Kauava/Taila Karana Navami/Dashmyam Titau
Gulika 3:26PM - 5:01PM
Yama 12:15PM - 1:51PM
Rahu 5:01PM - 6:36PM
Vishakha Until 6:35AM
Sukla Until 6:24AM
Taila Until 10:46PM
Navami* Until 9:43AM

Chennai, India
Sun 23
Sutra 111
Vishvasu 5:27
Moon 7 - Phase 16 - 23
4th Phase
Sunrise: 5:55AM
Sunset: 6:36PM
Sivaloka Day

2 Monday, August 4, 2025

Wischika Rasi: 15.03 Tithi 10 - 11
Family Home Evening
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Sula Pakhe Indru Usara Yuktyam Anuradha/Jyeshtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashmi/Ekadasmyam Titau
Gulika 1:50PM - 3:25PM
Yama 10:40AM - 12:15PM
Rahu 7:30AM - 9:05AM
Anuradha Until 9:11AM
Brahma Until 7:03AM
Vanija Until 12:31AM Tue
Dashmi Until 11:41AM

Chennai, India
Sun 24
Sutra 112
Vishvasu 5:27
Moon 7 - Phase 16 - 24
4th Phase
Sunrise: 5:55AM
Sunset: 6:36PM
Sivaloka Day

3 Tuesday, August 5, 2025

Wischika Rasi: 27.14 Tithi 11 - 12
Routine Work Marana Yoga
Until 11:11AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Sula Pakhe Mangala Usara Yuktyam Jyeshtha/Mula Nakshatra Indra/Vaidhri Yoga Vasi/Bava Karana Ekadashi/Dwadashmyam Titau
Gulika 12:15PM - 1:50PM
Yama 9:05AM - 10:40AM
Rahu 3:25PM - 5:00PM
Jyeshtha* Until 11:11AM
Indra Until 7:23AM
Bava Until 1:46AM Wed
Ekadashi Until 1:11PM

Chennai, India
Sun 25
Sutra 113
Vishvasu 5:27
Moon 7 - Phase 16 - 24
4th Phase
Sunrise: 5:55AM
Sunset: 6:36PM
Sivaloka Day

4 Wednesday, August 6, 2025

Dhanus Rasi: 9.4 Tithi 12 - 13
Routine Work Marana Yoga
Until 12:59PM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Sula Pakhe Budha Usara Yuktyam Mula/Purvashadha Nakshatra Vaidhri/Vishkambha Yoga Balava/Kauava Karana Dvadashi/Troydashmyam Titau
Gulika 10:40AM - 12:15PM
Yama 7:30AM - 9:05AM
Rahu 12:15PM - 1:50PM
Mula* Until 12:59PM
Vaidhri* Until 7:16AM
Kauava Until 2:25AM Thu
Dvadashi Until 2:09PM

Chennai, India
Sun 26
Sutra 114
Vishvasu 5:27
Moon 7 - Phase 16 - 26
4th Phase
Sunrise: 5:56AM
Sunset: 6:36PM
Sivaloka Day

5 Thursday, August 7, 2025

Dhanus Rasi: 22.2 Tithi 13 - 14
Creative Work Siddha Yoga
Until 2:02PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Sula Pakhe Gara Usara Yuktyam Purvashadha/Uttarashadha Nakshatra Vishkambha/Phal Yoga Taila/Gara Karana Troydashmi/Chaturdashmyam Titau
Gulika 9:05AM - 10:40AM
Yama 5:56AM - 7:31AM
Rahu 1:50PM - 3:25PM
Purvashadha* Until 2:02PM
Vishkambha* Until 6:42AM
Gara Until 2:28AM Fri
Troydashmi Until 2:30PM

Chennai, India
Sun 27
Sutra 115
Vishvasu 5:27
Moon 7 - Phase 16 - 27
4th Phase
Sunrise: 5:56AM
Sunset: 6:36PM
Sivaloka Day

Friday, August 8, 2025

Copper Retreat Star
Makara Rasi: 5.19 Tithi 14 - 15
Routine Work Marana Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Sula Pakhe Sula Usara Yuktyam Uttarashadha/Shravana Nakshatra Ayuchman Yoga Vanija/Vasi* Karana Chaludashi/Purnimayam Titau
Gulika 7:31AM - 9:05AM
Yama 3:24PM - 4:59PM
Rahu 10:40AM - 12:15PM
Uttarashadha Until 2:21PM
Ayuchman Until 4:11AM Sat
Vasi Until 1:57AM Sat
Chalurdashi* Until 2:16PM

Chennai, India
Sun 27
Sutra 116
Vishvasu 5:27
Moon 7 - Phase 16 - Purnima
Sunrise: 5:56AM
Sunset: 6:36PM
Sivaloka Day

Saturday, August 9, 2025

Silver Retreat Star
Makara Rasi: 18.35 Tithi 15 - 16
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naratara Ritau Kataka Mase Krishna Pakhe Mania Usara Yuktyam Shravana/Dhanushtha Nakshatra Saudhgya Yoga Bava/Balava Karana Purnima/Prathamayam Titau
Gulika 5:56AM - 7:31AM
Yama 1:49PM - 3:24PM
Rahu 9:05AM - 10:40AM
Shravana Until 2:27PM
Saudhgya Until 2:17AM Sun
Balava Until 12:56AM Sun
Purnima* Until 1:29PM

Chennai, India
Sun 28
Sutra 117
Vishvasu 5:27
Moon 7 - Phase 16 - Prathama
Sunrise: 5:56AM
Sunset: 6:36PM
Devaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yuktayam
Dhanishtha/Shabdhishtha Nakshatra Sobhana Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau

Chennai, India
Sutra 118

Kumbha Rasi: 2.08	Tithi 16 - 17	Gulika 3:24PM - 4:58PM	Dhanishtha Untill 1:55PM	Ganesh: Yellow	Sunrise: 5:56AM	Vasavasu 5:127
		Yama 12:15PM - 1:49PM	Sobhana Untill 12:04AM Mon	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 1st Phase
		Rahu 4:58PM - 6:33PM	Tailita Untill 11:28PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Prathama* Untill 12:14PM	Moon - Purple		Sivaloka Day
Untill 1:55PM				Sravana-Adi		
Then Routine Work	Siddha Yoga					

1

Monday, August 11, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam
Shalabhishak/Puravroshthapada Nakshatra Ahnganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chennai, India
Sutra 119

Kumbha Rasi: 15.55	Tithi 17 - 18	Gulika 1:49PM - 3:24PM	Shalabhishak Untill 12:52PM	Ganesh: Yellow	Sunrise: 5:56AM	Vasavasu 5:127
Family Home Evening		Yama 10:40AM - 12:14PM	Ahnganda* Untill 9:33PM	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 1st Phase
		Rahu 7:31AM - 9:05AM	Vanija Untill 9:41PM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Dvitiya Untill 10:36AM	Moon - Purple		Sivaloka Day
Untill 12:52PM				Sravana-Adi		
Then Routine Work	Marana Yoga					

2

Tuesday, August 12, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam
Puravroshthapada/Uttaravroshthapada Nakshatra Sukama Yoga Vasi/Bava Karana Tritiya/Chaturthayam Titau

Chennai, India
Sutra 120

Kumbha Rasi: 29.53	Tithi 18 - 19	Gulika 12:14PM - 1:49PM	Puravroshthapada* Untill 11:51AM	Ganesh: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 9:05AM - 10:40AM	Sukama Untill 6:51PM	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 2 1st Phase
		Rahu 3:23PM - 4:58PM	Bava Untill 7:40PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Tritiya Untill 8:41AM	Moon - Clear		Sivaloka Day
Untill 11:51AM				Sravana-Adi		
Then Creative Work	Amrita Yoga					

3

Wednesday, August 13, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam
Uttaravroshthapada/Uttaravroshthapada Nakshatra Dhriti/Shula* Yoga Balava/Tailita Karana Chaturthi/Panchamayam Titau

Chennai, India
Sutra 121

Mesha Rasi: 14	Tithi 19 - 20	Gulika 10:40AM - 12:14PM	Uttaravroshthapada Untill 10:30AM	Ganesh: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 9:05AM - 9:05AM	Dhriti Untill 4:03PM	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 3 1st Phase
		Rahu 12:14PM - 1:49PM	Tailita Untill 4:21AM Thu	Nataraja: Yellow		
Creative Work	Siddha Yoga		Chaturthi* Untill 6:34AM	Moon - Clear		Sivaloka Day
Untill 10:30AM				Sravana-Adi		
Then Routine Work	Marana Yoga					

4

Thursday, August 14, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Chennai, India
Sutra 122

Mesha Rasi: 28.11	Tithi 21	Gulika 9:05AM - 10:40AM	Revati Untill 8:54AM	Ganesh: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 5:57AM - 7:31AM	Shula* Untill 1:08PM	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 4 1st Phase
		Rahu 1:48PM - 3:23PM	Gara Untill 3:14PM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Shashthi* Untill 2:05AM Fri	Moon - Clear		Sivaloka Day
Untill 8:54AM				Sravana-Adi		
Then Creative Work	Amrita Yoga					

5

Friday, August 15, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*Vidhi/Yoga Vasi/Bava Karana Sapthamam Titau

Chennai, India
Sutra 123

Mesha Rasi: 12.25	Tithi 22	Gulika 7:31AM - 9:05AM	Ashvini Untill 7:33AM	Ganesh: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 3:22PM - 4:56PM	Ganda* Untill 10:13AM	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 5 1st Phase
		Rahu 10:40AM - 12:14PM	Vasi Untill 12:57PM	Nataraja: Yellow		
Creative Work	Amrita Yoga		Sapthami Untill 11:48PM	Moon - White		Sivaloka Day
Untill 7:33AM				Sravana-Adi		
Then Creative Work	Siddha Yoga					

6

Saturday, August 16, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

Chennai, India
Sutra 124

Mesha Rasi: 26.37	Tithi 23	Gulika 5:57AM - 7:31AM	Bharani Untill 6:04AM	Ganesh: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 1:48PM - 3:22PM	Vridhhi Untill 7:20AM	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 6 1st Phase
		Rahu 9:05AM - 10:39AM	Balava Untill 10:42AM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Ashtami* Untill 9:35PM	Moon - White		Sivaloka Day
Untill 6:04AM		Krishna Janmashtami		Sravana-Adi		
Then Creative Work	Amrita Yoga					

Sunday, August 17, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Tailita/Gara Karana Navamam Titau

Chennai, India
Sutra 125

Wishabha Rasi: 10.47	Tithi 24	Gulika 3:22PM - 4:56PM	Rohini Untill 3:19AM Mon	Ganesh: Clear	Sunrise: 5:57AM	Vasavasu 5:127
		Yama 12:13PM - 1:47PM	Vyaghata* Untill 1:41AM Mon	Muruga: Blue	Sunset: 6:39PM	Moon 8 - Phase 17 - 7 1st Phase
		Rahu 4:56PM - 6:30PM	Tailita Untill 8:31AM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Navam* Untill 7:27PM	Moon - Yellow		Sivaloka Day
Untill 3:19AM Mon				Sravana-Avani		
Then Creative Work	Amrita Yoga					

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1	Monday, August 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Vanija/Bava Karana Dashami/Ekadashtyam Tilau				Chennai, India Sun 8 Sutra 126
	Gulika	1:47PM – 3:21PM	Mrigashira Until 2:08AM Tue	Ganesh: Clear	Sunrise: 5:57AM		Vasavasa 5127
	Yama	10:39AM – 12:13PM	Harshana Until 11:02PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 18 - 8	2nd Phase
	Rahu	7:31AM – 9:05AM	Vanija Until 6:26AM	Nataraja: Yellow			
			Dashami Until 5:26PM	Moon – Yellow			Sivaloka Day
Wishabha Rasi: 24.53 Tithi 25 – 26							
Family Home Evening		536728572					
Creative Work – Amrita Yoga							
Until 2:08AM Tue							
Then Routine Work – Marana Yoga							

2	Tuesday, August 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Mangala Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau				Chennai, India Sun 9 Sutra 127
	Gulika	12:13PM – 1:47PM	Ardra Until 1:01AM Wed	Ganesh: Clear	Sunrise: 5:57AM		Vasavasa 5127
	Yama	9:05AM – 10:39AM	Vajra* Until 8:31PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 18 - 9	2nd Phase
	Rahu	3:21PM – 4:55PM	Kaulava Until 2:48AM Wed	Nataraja: Yellow			
			Ekadashi* Until 3:36PM	Moon – Yellow			Sivaloka Day
Mithuna Rasi: 8.54 Tithi 26 – 27							
Routine Work – Marana Yoga							
Until 1:01AM Wed							
Then Creative Work – Siddha Yoga							

3	Wednesday, August 20, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau				Chennai, India Sun 10 Sutra 128
	Gulika	10:39AM – 12:13PM	Punarvasu Until 12:28AM Thu	Ganesh: Purple	Sunrise: 5:57AM		Vasavasa 5127
	Yama	7:31AM – 9:05AM	Siddhi Until 6:14PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 18 - 10	2nd Phase
	Rahu	12:13PM – 1:47PM	Gara Until 1:22AM Thu	Nataraja: Yellow			
			Dvadashi* Until 2:01PM	Moon – Blue			Devaloka Day
Mithuna Rasi: 22.46 Tithi 27 – 28							
Creative Work – Siddha Yoga							
Until 12:28AM Thu							
Then Creative Work – Amrita Yoga							
<i>Pradosha Vata (Fasting)</i>							

4	Thursday, August 21, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Guru Vasara Yuktayam Pushya Nakshatra Vyatipala* Varyan Yoga Vanja/Vntil* Karana Trayodashi/Chaturdashyam Tilau				Chennai, India Sun 11 Sutra 129
	Gulika	9:05AM – 10:39AM	Pushya Until 12:07AM Fri	Ganesh: Purple	Sunrise: 5:58AM		Vasavasa 5127
	Yama	5:58AM – 7:31AM	Vyatipala* Until 4:14PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 18 - 11	2nd Phase
	Rahu	1:46PM – 3:20PM	Vistil Until 12:18AM Fri	Nataraja: Yellow			
			Trayodashi* Until 12:45PM	Moon – Blue			Devaloka Day
Kataka Rasi: 6.28 Tithi 28 – 29							
Creative Work – Amrita Yoga							
Until 12:07AM Fri							
Then Routine Work – Marana Yoga							

●	Friday, August 22, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Sukra Vasara Yuktayam Ashlesha* Nakshatra Varyan/Patnga* Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyayam Tilau				Chennai, India Sun 12 Sutra 130	
	Retreat Star		Gulika	7:31AM – 9:05AM	Ashlesha* Until 12:04AM Sat	Ganesh: Purple	Sunrise: 5:58AM	Vasavasa 5127
	Kataka Rasi: 19.56	Tithi 29 – 30	Yama	3:20PM – 4:53PM	Varyan Until 2:32PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 18 - 12
			Rahu	10:39AM – 12:12PM	Caluspada Until 11:41PM	Nataraja: Yellow		Amavasya
					Chaturdashi* Until 11:55AM	Moon – Blue		Devaloka Day
Routine Work – Marana Yoga								
Until 12:04AM Sat								
Then Creative Work – Amrita Yoga								

●	Saturday, August 23, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukra Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigtha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau				Chennai, India Sun 13 Sutra 131	
	Retreat Star		Gulika	5:58AM – 7:31AM	Magha* Until 12:51AM Sun	Ganesh: Purple	Sunrise: 5:58AM	Vasavasa 5127
	Simha Rasi: 3.08	Tithi 30 – 1	Yama	1:46PM – 3:19PM	Parigtha* Until 1:16PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 18 - 13
			Rahu	9:05AM – 10:38AM	Kintughna Until 11:36PM	Nataraja: Yellow		Prathama
					Amavasya* Until 11:33AM	Moon – Red		Devaloka Day
Creative Work – Amrita Yoga								
Until 12:51AM Sun								
Then Creative Work – Siddha Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Varsara Yuktayam Parvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau			Chennai, India Sutra 132	
Simha Rasi: 16.04	Tilthi 1 - 2	Gulika Yama 557728572	Rahu 3:19PM - 4:52PM 12:12PM - 1:45PM 4:52PM - 6:26PM	Purvaphalguni Until 2:03AM Mon Shiva Until 12:27PM Balava Until 12:07AM Mon Prathama* Until 11:46AM	Ganesha: Purple Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: Yellow Moon - Red Bhadrapada-Avani	Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day	

2 Monday, August 25, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Varsara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvityam/Tritayam Tilau			Chennai, India Sutra 133	
Simha Rasi: 28.43	Tilthi 2 - 3	Gulika Yama 557728572	Rahu 1:45PM - 3:18PM 7:31AM - 9:05AM	Uttaraphalguni Until 3:40AM Tue Siddha Until 12:04PM Taila Until 1:12AM Tue Dvitiya Until 12:34PM	Ganesha: Purple Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: Yellow Moon - Red Bhadrapada-Avani	Moon 8 - Phase 19 - 17 3rd Phase
Family Home Evening	Siddha Yoga				Devaloka Day	

3 Tuesday, August 26, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Varsara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Tilau			Chennai, India Sutra 134	
Kanya Rasi: 11.06	Tilthi 3 - 4	Gulika Yama 567728572	Rahu 12:11PM - 1:44PM 9:05AM - 10:38AM 3:18PM - 4:51PM	Hasla Until 6:07AM Wed Sadha Until 12:09PM Vanija Until 2:51AM Wed Tritiya Until 1:57PM	Ganesha: Light Blue Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: Yellow Moon - Green Bhadrapada-Avani	Moon 8 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day	

4 Wednesday, August 27, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Varsara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vasi/Vava Karana Chaturthi/Panchamayam Tilau			Chennai, India Sutra 135	
Kanya Rasi: 23.16	Tilthi 4 - 5	Gulika Yama 567728572	Rahu 10:38AM - 12:11PM 7:31AM - 9:04AM 12:11PM - 1:44PM	Hasla Until 6:07AM Subha Until 12:38PM Bava Until 4:54AM Thu Chaturthi* Until 3:49PM	Ganesha: Light Blue Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: Yellow Moon - Green Bhadrapada-Avani	Moon 8 - Phase 19 - 17 3rd Phase
Routine Work	Marana Yoga		Ganesha Chaturthi		Devaloka Day	
Until 6:07AM						
Then Creative Work	Siddha Yoga					

5 Thursday, August 28, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Varsara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Balava Karana Panchamayam Tilau			Chennai, India Sutra 136	
Tula Rasi: 5.16	Tilthi 5	Gulika Yama 567728573	Rahu 9:04AM - 10:37AM 5:58AM - 7:31AM 1:44PM - 3:17PM	Chitra Until 8:47AM Sukla Until 1:21PM Balava Until 6:02PM Panchami Until 6:02PM	Ganesha: Light Blue Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: White Moon - Green Bhadrapada-Avani	Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Siddha Yoga				Sivaloka Day	
Until 8:47AM						
Then Creative Work	Amrita Yoga					

6 Friday, August 29, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Varsara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Shashthiyam Tilau			Chennai, India Sutra 137	
Tula Rasi: 17.1	Tilthi 6	Gulika Yama 568728573	Rahu 7:31AM - 9:04AM 3:16PM - 4:49PM 10:37AM - 12:10PM	Svati Until 11:31AM Brahma Until 2:15PM Kaulava Until 7:14AM Shashthi* Until 8:25PM	Ganesha: Purple Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: White Moon - Green Bhadrapada-Avani	Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga				Sivaloka Day	

Saturday, August 30, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Varsara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhili* Yoga Gara/Vanija Karana Sapthamayam Tilau			Chennai, India Sutra 138	
Tula Rasi: 29.02	Tilthi 7	Gulika Yama 578728573	Rahu 5:58AM - 7:31AM 1:43PM - 3:16PM 9:04AM - 10:37AM	Vishakha Until 2:38PM Indra Until 3:11PM Gara Until 9:39AM Saptami Until 10:47PM	Ganesha: Clear Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: White Moon - Orange Bhadrapada-Avani	Moon 8 - Phase 19 - 20 3rd Phase
Creative Work	Siddha Yoga				Subha Sivaloka Day	

Sunday, August 31, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Varsara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhili/Vishkambha* Yoga Vasi/Vava Karana Ashtamayam Tilau			Chennai, India Sutra 139	
Vishkha Rasi: 10.57	Tilthi 8	Gulika Yama 578728573	Rahu 3:15PM - 4:48PM 12:10PM - 1:43PM 4:48PM - 6:21PM	Anuradha Until 5:25PM Vaidhili* Until 3:57PM Vasi Until 11:55AM Ashtami* Until 12:56AM Mon	Ganesha: Clear Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: White Moon - Orange Bhadrapada-Avani	Moon 8 - Phase 19 - 21 Ashtami
Routine Work	Marana Yoga				Subha Sivaloka Day	

Monday, September 1, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Varsara Yuktayam Jyeshtha* Nakshatra Vishkambha*Prithi Yoga Balava/Kaulava Karana Navamayam Tilau			Chennai, India Sutra 140	
Vishkha Rasi: 22.58	Tilthi 9	Gulika Yama 578728573	Rahu 1:42PM - 3:15PM 10:37AM - 12:09PM 7:31AM - 9:04AM	Jyeshtha* Until 7:42PM Vishkambha* Until 4:28PM Balava Until 1:53PM Navami* Until 2:40AM Tue	Ganesha: Clear Sunrise: 5:58AM Muruga: Blue Sunset: 6:29PM Nataraja: White Moon - Orange Bhadrapada-Avani	Moon 8 - Phase 19 - 22 Navami
Family Home Evening	Siddha Yoga				Subha Sivaloka Day	
Creative Work						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1 Tuesday, September 2, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Mangala Vasara Yuktiyam Mula* Nakshatra Pithi/Ayushman Yoga Talila/Gara Karana Dashamyam Tilau				Chennai, India Sutra 141
Dhanus Rasi: 5.1	Tithi 10	Gulika 12:09PM – 1:42PM	Mula* Until 9:48PM	Ganesh: White	Sunrise: 5:58AM	Vasavasu 5:27
		Yama 9:04AM – 10:36AM	Pithi Until 4:37PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 20 - 12
Creative Work Amrita Yoga	58872573	Rahu 3:14PM – 4:47PM	Tailila Until 3:22PM	Nataraja: White		4th Phase
Until 9:48PM				Moon - Light Blue		
Then Creative Work - Siddha Yoga			Dashami Until 3:51AM Wed	Bhadrapada-Avani		Sivaloka Day

2 Wednesday, September 3, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Baaha Vasara Yuktiyam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Tilau				Chennai, India Sutra 142
Dhanus Rasi: 17.36	Tithi 11	Gulika 10:36AM – 12:09PM	Purvashadha* Until 11:07PM	Ganesh: White	Sunrise: 5:58AM	Vasavasu 5:27
		Yama 7:31AM – 9:03AM	Ayushman Until 4:15PM	Muruga: Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 24
Creative Work Amrita Yoga	58872573	Rahu 12:09PM – 1:41PM	Vanija Until 4:13PM	Nataraja: White		4th Phase
				Moon - Light Blue		
			Ekadashi Until 4:22AM Thu	Bhadrapada-Avani		Sivaloka Day

3 Thursday, September 4, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Guru Vasara Yuktiyam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Tilau				Chennai, India Sutra 143
Makara Rasi: 0.2	Tithi 12	Gulika 9:03AM – 10:36AM	Uttarashadha Until 11:36PM	Ganesh: Green	Sunrise: 5:58AM	Vasavasu 5:27
		Yama 5:58AM – 7:31AM	Saubhagya Until 3:22PM	Muruga: Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 25
Routine Work Marana Yoga	58882573	Rahu 1:41PM – 3:13PM	Bava Until 4:23PM	Nataraja: White		4th Phase
Until 11:36PM				Moon - Light Blue		
Then Creative Work - Siddha Yoga			Dvadashti Until 4:10AM Fri	Bhadrapada-Avani		Sivaloka Day

4 Friday, September 5, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Tailila Karana Trayodashyam Tilau				Chennai, India Sutra 144
Makara Rasi: 13.26	Tithi 13	Gulika 7:31AM – 9:03AM	Shravana Until 11:41PM	Ganesh: Yellow	Sunrise: 5:58AM	Vasavasu 5:27
		Yama 3:13PM – 4:45PM	Sobhana Until 1:55PM	Muruga: Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 26
Routine Work Marana Yoga	59982573	Rahu 10:36AM – 12:08PM	Kaulava Until 3:50PM	Nataraja: White		4th Phase
Until 11:41PM				Moon - Purple		
Then Creative Work - Siddha Yoga			Trayodashi Until 3:17AM Sat	Bhadrapada-Avani		Subha Sivaloka Day
			<i>Pradosha Vata</i>			

5 Saturday, September 6, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Manta Vasara Yuktiyam Dhanishtha Nakshatra Atthiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Tilau				Chennai, India Sutra 145
Makara Rasi: 26.54	Tithi 14	Gulika 5:58AM – 7:31AM	Dhanishtha Until 10:59PM	Ganesh: Yellow	Sunrise: 5:58AM	Vasavasu 5:27
		Yama 1:40PM – 3:12PM	Atthiganda* Until 11:54AM	Muruga: Blue	Sunset: 6:17PM	Moon 8 - Phase 20 - 27
Creative Work Siddha Yoga	59982573	Rahu 9:03AM – 10:35AM	Gara Until 2:37PM	Nataraja: White		4th Phase
Until 10:59PM		Chidambaram Abhishekam		Moon - Purple		
Then Creative Work - Amrita Yoga			Chaturdashi* Until 1:45AM Sun	Bhadrapada-Avani		Subha Sivaloka Day

○ Sunday, September 7, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Bhanu Vasara Yuktiyam Shatabhishak Nakshatra Sukarma/Dhriti/Visi* Bava Karana Purnimayam Tilau				Chennai, India Sutra 146
Copper Retreat Star		Gulika 3:12PM – 4:44PM	Shatabhishak Until 9:36PM	Ganesh: Yellow	Sunrise: 5:58AM	Vasavasu 5:27
Kumbha Rasi: 10.44	Tithi 15	Yama 12:07PM – 1:40PM	Sukarma Until 9:25AM	Muruga: Blue	Sunset: 6:17PM	Moon 8 - Phase 20 - Purnima
Creative Work Siddha Yoga	59982573	Rahu 4:44PM – 6:17PM	Visi Until 12:48PM	Nataraja: White		
				Moon - Purple		
		Grandparent's Day	Purnima* Until 11:42PM	Bhadrapada-Avani		Subha Sivaloka Day

Monday, September 8, 2025		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Indu Vasara Yuktiyam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Prathamayam Tilau				Chennai, India Sutra 147
Silver Retreat Star		Gulika 1:39PM – 3:11PM	Purvaproshtapada* Until 8:04PM	Ganesh: Yellow	Sunrise: 5:58AM	Vasavasu 5:27
Kumbha Rasi: 24.54	Tithi 16	Yama 10:35AM – 12:07PM	Dhriti Until 6:33AM	Muruga: Blue	Sunset: 6:16PM	Moon 8 - Phase 20 - Prathama
Family Home Evening	51982573	Rahu 7:31AM – 9:03AM	Balava Until 10:32AM	Nataraja: White		
Routine Work Marana Yoga				Moon - Clear		
Until 8:04PM			Prathama* Until 9:15PM	Bhadrapada-Avani		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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**Tuesday, September 9, 2025****Gold Retreat Star**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Mangala Vasara Yukatayam Uttaraprosnhipada Nakshatra Ganda* Yoga Talila/Gara Karana Dvityayam Titau				Chennai, India Sun 1 Sutra 148 Vasavasu 5127
Mesha Rasi: 9.19	Tithi 17	Gulika	12:07PM - 1:39PM	Uttaraprosnhipada Until 6:08PM	Ganesha: Yellow Sunrise: 5:58AM	Moon 9 - Phase 21 - 1st Phase
		Yama	9:03AM - 10:35AM	Ganda* Until 11:58PM	Muruga: Blue	
		Rahu	3:11PM - 4:43PM	Tailila Until 7:55AM	Nataraja: White	
Creative Work	Amrita Yoga	519828573		Dvitiya Until 6:30PM	Moon - Clear	Subha Sivaloka Day
Until 6:08PM					Bhadrapada-Avani	
Then Creative Work	Siddha Yoga					

1**Wednesday, September 10, 2025**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Budha Vasara Yukatayam Revati/Ashvini Nakshatra Viddhi Yogi Visi*/Bava Karana Tritya/Chaturthayam Titau				Chennai, India Sun 2 Sutra 149 Vasavasu 5127
Mesha Rasi: 23.52	Tithi 18 - 19	Gulika	10:34AM - 12:06PM	Revati Until 3:54PM	Ganesha: Yellow Sunrise: 5:58AM	Moon 9 - Phase 21 - 2 1st Phase
		Yama	7:30AM - 9:02AM	Viddhi Until 8:31PM	Muruga: Blue	
		Rahu	12:06PM - 1:38PM	Bava Until 2:12AM Thu	Nataraja: White	
Routine Work	Marana Yoga	519828573		Tritiya Until 3:38PM	Moon - Clear	Subha Sivaloka Day
					Bhadrapada-Avani	

2**Thursday, September 11, 2025**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Guru Vasara Yukatayam Ashvini/Bharani Nakshatra Dhruva/Vyagata* Yoga Balava/Kaulava Karana Chalurthi/Panchamyam Titau				Chennai, India Sun 3 Sutra 150 Vasavasu 5127
Mesha Rasi: 8.29	Tithi 19 - 20	Gulika	9:02AM - 10:34AM	Ashvini Until 1:56PM	Ganesha: White Sunrise: 5:58AM	Moon 9 - Phase 21 - 3 1st Phase
		Yama	5:58AM - 7:30AM	Dhruva Until 5:02PM	Muruga: Blue	
		Rahu	1:38PM - 3:10PM	Kaulava Until 11:21PM	Nataraja: White	
Creative Work	Amrita Yoga	529828573		Chalurthi* Until 12:45PM	Moon - White	Sivaloka Day
Until 1:56PM					Bhadrapada-Avani	
Then Creative Work	Siddha Yoga					

3**Friday, September 12, 2025**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Sukra Vasara Yukatayam Bharani/Kritika Nakshatra Vyagata*/Kharshana Yoga Talila/Gara Karana Panchami/Shashthiyam Titau				Chennai, India Sun 4 Sutra 151 Vasavasu 5127
Mesha Rasi: 23.04	Tithi 20 - 21	Gulika	7:30AM - 9:02AM	Bharani Until 11:56AM	Ganesha: Blue Sunrise: 5:58AM	Moon 9 - Phase 21 - 4 1st Phase
		Yama	3:09PM - 4:41PM	Vyagata* Until 1:41PM	Muruga: Blue	
		Rahu	10:34AM - 12:06PM	Gara Until 8:39PM	Nataraja: White	
Creative Work	Siddha Yoga	521828573		Panchami Until 9:57AM	Moon - White	Sivaloka Day
					Bhadrapada-Avani	

4**Saturday, September 13, 2025**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Mani Vasara Yukatayam Kritika/Rohini Nakshatra Harshana/Vaja* Yoga Vanju/Vel* Karana Shashthi/Saptamyam Titau				Chennai, India Sun 5 Sutra 152 Vasavasu 5127
Wishabha Rasi: 7.3	Tithi 21 - 22	Gulika	5:58AM - 7:30AM	Kritika Until 10:01AM	Ganesha: Blue Sunrise: 5:58AM	Moon 9 - Phase 21 - 5 1st Phase
		Yama	1:37PM - 3:09PM	Harshana Until 10:31AM	Muruga: Blue	
		Rahu	9:02AM - 10:34AM	Visi Until 6:12PM	Nataraja: White	
Creative Work	Amrita Yoga	521828573		Shashthi* Until 7:22AM	Moon - White	Sivaloka Day
					Bhadrapada-Avani	

5**Sunday, September 14, 2025****Retreat Star**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yukatayam Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Aachamyam Titau				Chennai, India Sun 6 Sutra 153 Vasavasu 5127
Wishabha Rasi: 21.45	Tithi 23	Gulika	3:08PM - 4:40PM	Rohini Until 8:40AM	Ganesha: Red Sunrise: 5:58AM	Moon 9 - Phase 21 - 6 Ashtami
		Yama	12:05PM - 1:37PM	Vajra* Until 7:34AM	Muruga: Blue	
		Rahu	4:40PM - 6:12PM	Balava Until 4:04PM	Nataraja: White	
Creative Work	Siddha Yoga	531828573		Ashtami* Until 3:07AM Mon	Moon - Yellow	Subha Sivaloka Day
					Bhadrapada-Avani	

Monday, September 15, 2025**Retreat Star**

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Indu Vasara Yukatayam Mrigashira/Andra Nakshatra Vyalipala* Yoga Talila/Gara Karana Navamyam Titau				Chennai, India Sun 7 Sutra 154 Vasavasu 5127
Mithuna Rasi: 5.46	Tithi 24	Gulika	1:36PM - 3:08PM	Mrigashira Until 7:31AM	Ganesha: Red Sunrise: 5:58AM	Moon 9 - Phase 21 - 7 Navami
		Yama	10:33AM - 12:05PM	Vyalipala* Until 2:35AM Tue	Muruga: Blue	
		Rahu	7:30AM - 9:01AM	Tailila Until 2:18PM	Nataraja: White	
Creative Work	Amrita Yoga	531828573		Navami* Until 1:33AM Tue	Moon - Yellow	Subha Sivaloka Day
Until 7:31AM					Bhadrapada-Avani	
Then Creative Work	Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1

Tuesday, September 16, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksho Mangala Vasara Yukhtayam
Ardra/Purnvasu Nakshatra Varjyan Yoga Vanja/Visli* Karana Dashantayam TilauChennai, India
Sun 8 Sutra 155

Mithuna Rasi: 19.33

Tithi 25

Gulika 12:04PM - 1:36PM
Yama 9:01AM - 10:33AM
Rahu 3:07PM - 4:39PMArdra Until 6:38AM
Varjyan Until 12:34AM Wed
Vanija Until 12:56PMGanesha: Red Sunrise: 5:58AM
Muruga: Blue Sunset: 6:10PM
Nataraja: White
Moon - Yellow
Bhadrapada-AvaniVasavaasu 5:127
Moon 9 - Phase 22 - 8
2nd PhaseRoutine Work Marana Yoga
Until 6:38AM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

2

Wednesday, September 17, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Budha Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Parigha* Yoga Bava/Balava Karana Ekadashyam TilauChennai, India
Sun 9 Sutra 156

Kalkata Rasi: 3.05

Tithi 26

Gulika 10:33AM - 12:04PM
Yama 7:30AM - 9:01AM
Rahu 12:04PM - 1:35PMPunarvasu Until 6:26AM
Parigha* Until 10:54PM
Bava Until 12:00PM
Ekadashi* Until 11:41PMGanesha: Green Sunrise: 5:58AM
Muruga: Blue Sunset: 6:09PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVasavaasu 5:127
Moon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Thursday, September 18, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Guru Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Shiva Yoga Kaulava/Talila Karana Dvadashtyam TilauChennai, India
Sun 10 Sutra 157

Kalkata Rasi: 16.22

Tithi 27

Gulika 9:01AM - 10:32AM
Yama 5:58AM - 7:30AM
Rahu 1:35PM - 3:06PMPushya Until 6:32AM
Shiva Until 9:37PM
Kaulava Until 11:30AM
Dvadashti* Until 11:24PMGanesha: Green Sunrise: 5:58AM
Muruga: Blue Sunset: 6:09PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVasavaasu 5:127
Moon 9 - Phase 22 - 10
2nd PhaseCreative Work Amrita Yoga
Until 6:32AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Friday, September 19, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Sukra Vasara Yukhtayam
Ashlesha/Magha* Nakshatra Siddha Yoga Gara/Vanja Karana Trayodshyam TilauChennai, India
Sun 11 Sutra 158

Kalkata Rasi: 29.25

Tithi 28

Gulika 7:30AM - 9:01AM
Yama 3:06PM - 4:37PM
Rahu 10:32AM - 12:03PMAshlesha* Until 6:55AM
Siddha Until 8:39PM
Gara Until 11:28AM
Trayodashi* Until 11:36PMGanesha: Green Sunrise: 5:58AM
Muruga: Blue Sunset: 6:08PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVasavaasu 5:127
Moon 9 - Phase 22 - 11
2nd Phase

Routine Work Marana Yoga

Sivaloka Day

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Mania Vasara Yukhtayam
Magha/Purvaphalguni Nakshatra Sadhya Yoga Visli/Sakuni* Karana Chaludshyam TilauChennai, India
Sun 12 Sutra 159

Simha Rasi: 12.14

Tithi 29

Gulika 5:58AM - 7:29AM
Yama 1:34PM - 3:05PM
Rahu 9:01AM - 10:32AMMagha* Until 8:04AM
Sadhya Until 8:04PM
Visli Until 11:54AM
Chalurdashi* Until 12:16AM SunGanesha: White Sunrise: 5:58AM
Muruga: Blue Sunset: 6:07PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVasavaasu 5:127
Moon 9 - Phase 22 - 12
2nd PhaseCreative Work Amrita Yoga
Until 8:04AM
Then Creative Work - Siddha Yoga

Sivaloka Day

●

Sunday, September 21, 2025

Retreat Star

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Bharu Vasara Yukhtayam
Purvaphalguni/Hasta Nakshatra Subha Yoga Caluspada/Naga* Karana Amavasyayam TilauChennai, India
Sun 13 Sutra 160

Simha Rasi: 24.5

Tithi 30

Gulika 3:05PM - 4:36PM
Yama 12:02PM - 1:33PM
Rahu 4:36PM - 6:07PMPurvaphalguni Until 9:30AM
Subha Until 7:52PM
Caluspada Until 12:47PM
Amavasya* Until 1:23AM MonGanesha: White Sunrise: 5:58AM
Muruga: Blue Sunset: 6:07PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVasavaasu 5:127
Moon 9 - Phase 22 - 13
AmavasyaCreative Work Siddha Yoga
Until 9:30AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, September 22, 2025

Retreat Star

Vivasaasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Sukla Paksho Indu Vasara Yukhtayam
Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam TilauChennai, India
Sun 14 Sutra 161

Kanya Rasi: 7.14

Tithi 1

Gulika 1:33PM - 3:04PM
Yama 10:31AM - 12:02PM
Rahu 7:29AM - 9:00AMUttaraphalguni Until 11:14AM
Sukla Until 7:59PM
Kintughna Until 2:09PM
Prathama* Until 2:58AM TueGanesha: White Sunrise: 5:58AM
Muruga: Blue Sunset: 6:06PM
Nataraja: White
Moon - Red
Ashvina-PuratasiVasavaasu 5:127
Moon 9 - Phase 22 - 14
Prathama

Creative Work Siddha Yoga

Sivaloka Day

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsexed austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1

Tuesday, September 23, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Brahma Yoga Balava/Kaulava Karana Dvilyayam TilauChennai, India
Sun 15
Sutra 162

Kanya Rasi: 19.26	Tilthi 2	Gulika 12:02PM - 1:33PM	Hasla Until 1:41PM	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama 9:00AM - 10:31AM	Brahma Until 8:24PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 15
Creative Work	Siddha Yoga	562828573 Rahu 3:03PM - 4:34PM	Balava Until 3:55PM	Nataraja: White		3rd Phase
			Dvitiya Until 4:55AM Wed	Moon - Green		Subha Sivaloka Day
				Ashvina-Puratasi		

2

Wednesday, September 24, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Budha Vasara Yuktayam
Chitra/Svali Nakshatra Indra Yoga Talila Karana Trilyayam TilauChennai, India
Sun 16
Sutra 163

Tula Rasi: 1.31	Tilthi 3	Gulika 10:31AM - 12:01PM	Chitra Until 4:19PM	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama 7:29AM - 9:00AM	Indra Until 9:06PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 16
Creative Work	Siddha Yoga	562828573 Rahu 12:01PM - 1:32PM	Talila Until 6:02PM	Nataraja: White		3rd Phase
			Tritiya Until 7:10AM Thu	Moon - Green		Subha Sivaloka Day
				Ashvina-Puratasi		

3

Thursday, September 25, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Guru Vasara Yuktayam
Svali Nakshatra Vaidhili/ Yoga Gara/Varija Karana Trilya/Chaturthayam TilauChennai, India
Sun 17
Sutra 164

Tula Rasi: 13.27	Tilthi 3 - 4	Gulika 9:00AM - 10:30AM	Svali Until 7:01PM	Ganesha: Red	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama 5:58AM - 7:29AM	Vaidhili/ Until 9:56PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 17
Creative Work	Amrita Yoga	562828573 Rahu 1:32PM - 3:02PM	Varija Until 8:24PM	Nataraja: White		3rd Phase
Until 7:01PM			Tritiya Until 7:10AM	Moon - Green		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Puratasi		

4

Friday, September 26, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Sukra Vasara Yuktayam
Vishakha Nakshatra Vishkamba/ Yoga Visli/ Bava Karana Chaturthi/Panchayam TilauChennai, India
Sun 18
Sutra 165

Tula Rasi: 25.2	Tilthi 4 - 5	Gulika 7:29AM - 9:00AM	Vishakha Until 10:10PM	Ganesha: Blue	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama 3:02PM - 4:32PM	Vishkamba/ Until 10:51PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 18
Creative Work	Siddha Yoga	572828573 Rahu 10:30AM - 12:01PM	Bava Until 10:52PM	Nataraja: White		3rd Phase
			Chaturthi/ Until 9:36AM	Moon - Orange		Subha Subha Sivaloka Day
				Ashvina-Puratasi		

5

Saturday, September 27, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Manu Vasara Yuktayam
Anuradha Nakshatra Prili Yoga Balava/Kaulava Karana Panchami/Shashthayam TilauChennai, India
Sun 19
Sutra 166

Wishika Rasi: 7.11	Tilthi 5 - 6	Gulika 5:58AM - 7:29AM	Anuradha Until 1:07AM Sun	Ganesha: Blue	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama 1:31PM - 3:01PM	Prili Until 11:46PM	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 19
Creative Work	Siddha Yoga	572828573 Rahu 8:59AM - 10:30AM	Kaulava Until 1:18AM Sun	Nataraja: White		3rd Phase
Until 1:07AM Sun			Panchami Until 12:05PM	Moon - Orange		Subha Subha Sivaloka Day
Then Routine Work - Marana Yoga				Ashvina-Puratasi		

6

Sunday, September 28, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Bhanu Vasara Yuktayam
Jyeshtha/ Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptayam TilauChennai, India
Sun 20
Sutra 167

Wishika Rasi: 19.05	Tilthi 6 - 7	Gulika 3:01PM - 4:31PM	Jyeshtha/ Until 3:42AM Mon	Ganesha: Green	Sunrise: 5:58AM	Vasavasu: 5:17
		Yama 12:00PM - 1:30PM	Ayushman Until 12:30AM Mon	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 20
Routine Work	Marana Yoga	672928573 Rahu 4:31PM - 6:02PM	Gara Until 3:32AM Mon	Nataraja: White		3rd Phase
Until 3:42AM Mon			Shashthi/ Until 2:26PM	Moon - Orange		Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Puratasi		

Monday, September 29, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yuktayam
Mula/ Nakshatra Saubhagya Yoga Varija/Visli/ Karana Sapthami/Ashtayam TilauChennai, India
Sun 21
Sutra 168

Dhanu Rasi: 1.03	Tilthi 7 - 8	Gulika 1:30PM - 3:00PM	Mula/ Until 6:15AM Tue	Ganesha: Red	Sunrise: 5:59AM	Vasavasu: 5:17
Family Home Evening		Yama 10:29AM - 12:02PM	Saubhagya Until 12:58AM Tue	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 21
Creative Work	Siddha Yoga	682928573 Rahu 7:29AM - 8:59AM	Visli Until 5:22AM Tue	Nataraja: White		3rd Phase
			Sapthami Until 4:30PM	Moon - Light Blue		Subha Sivaloka Day
				Ashvina-Puratasi		

Tuesday, September 30, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Mangala Vasara Yuktayam
Mula/Purvashadha/ Nakshatra Sobhana Yoga Bava Karana Ashtayam TilauChennai, India
Sun 22
Sutra 169

Dhanu Rasi: 13.11	Tilthi 8	Gulika 11:59AM - 1:30PM	Mula/ Until 6:15AM	Ganesha: Red	Sunrise: 5:59AM	Vasavasu: 5:17
		Yama 8:59AM - 10:29AM	Sobhana Until 1:02AM Wed	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 22
Creative Work	Amrita Yoga	682928573 Rahu 3:00PM - 4:30PM	Bava Until 6:04PM	Nataraja: White		Ashtami
Until 6:15AM			Ashlami/ Until 6:04PM	Moon - Light Blue		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Durga Ashtami		Ashvina-Puratasi		

Wednesday, October 1, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Budha Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Athiganda/ Yoga Balava/Kaulava Karana Navayam TilauChennai, India
Sun 23
Sutra 170

Dhanu Rasi: 25.34	Tilthi 9	Gulika 10:29AM - 11:59AM	Purvashadha/ Until 8:05AM	Ganesha: Red	Sunrise: 5:59AM	Vasavasu: 5:17
		Yama 7:29AM - 8:59AM	Athiganda/ Until 12:33AM Thu	Muruga: Blue	Sunset: 6:09PM	Moon 9 - Phase 23 - 23
Creative Work	Amrita Yoga	682928573 Rahu 11:59AM - 1:29PM	Balava Until 6:39AM	Nataraja: White		Navami
			Navami/ Until 7:01PM	Moon - Light Blue		Subha Sivaloka Day
		Saraswathi Puja (Tamil Nadu)		Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margra. Tirumantiram 1502

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1 Thursday, October 2, 2025		Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukama Yoga Talila/Gara Karana Dashayam Titau				Chennai, India Sun 24 Sutra 171
Makara Rasi: 8.16	Tithi 10	Gulika 8:59AM - 10:29AM	Uttarashadha Until 9:04AM	Ganesh: Red	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 5:59AM - 7:29AM	Sukarma Until 11:29PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 24
		Rahu 1:29PM - 2:59PM	Tailita Until 7:14AM	Nataraj: White		4th Phase
Routine Work - Marana Yoga			Dashami Until 7:12PM	Moon - Light Blue		Subha Sivaloka Day
Until 9:04AM				Ashvini-Puratasi		
Then Creative Work - Siddha Yoga						

2 Friday, October 3, 2025		Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruvi Yoga Vanja/Visli* Karana Ekadashyam Titau				Chennai, India Sun 25 Sutra 172
Makara Rasi: 21.2	Tithi 11	Gulika 7:29AM - 8:59AM	Shravana Until 9:35AM	Ganesh: Blue	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 2:58PM - 4:28PM	Dhruvi Until 9:48PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 25
		Rahu 10:28AM - 11:58AM	Vanija Until 7:01AM	Nataraj: White		4th Phase
Routine Work - Marana Yoga			Ekadashi Until 6:35PM	Moon - Purple		Sivaloka Day
Until 9:35AM				Ashvini-Puratasi		
Then Creative Work - Siddha Yoga						

3 Saturday, October 4, 2025		Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shul* Yoga Bava/Kadava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26 Sutra 173
Kumbha Rasi: 4.5	Tithi 12 - 13	Gulika 5:59AM - 7:29AM	Dhanishtha Until 9:11AM	Ganesh: Blue	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 1:28PM - 2:58PM	Shula* Until 7:28PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 25
		Rahu 8:58AM - 10:28AM	Bava Until 6:00AM	Nataraj: White		4th Phase
Creative Work - Siddha Yoga			Dvadashi Until 5:12PM	Moon - Purple		Sivaloka Day
Until 9:11AM		Kadaltsami Mahasamadi		Ashvini-Puratasi		
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vata</i>		

4 Sunday, October 5, 2025		Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Bhava Vasara Yuktayam Shatabhishak/Puravproshthapada* Nakshatra Ganda/Vidishi Yoga Talila/Gara Karana Trayadashi/Chaladashyam Titau				Chennai, India Sun 27 Sutra 174
Makara Rasi: 18.47	Tithi 13 - 14	Gulika 2:57PM - 4:27PM	Shatabhishak Until 7:54AM	Ganesh: Blue	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 11:58AM - 1:28PM	Ganda* Until 4:35PM	Muruga: Blue	Sunset: 5:57PM	Moon 9 - Phase 24 - 27
		Rahu 4:27PM - 5:57PM	Gara Until 1:51AM Mon	Nataraj: White		4th Phase
Creative Work - Siddha Yoga			Trayadashi Until 3:06PM	Moon - Purple		Sivaloka Day
		Chidambaram Abhishekam		Ashvini-Puratasi		

Monday, October 6, 2025		Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Indu Vasara Yuktayam Puravproshthapada*/Uttarproshthapada Nakshatra Vidishi/Dhruva Yoga Vanja/Visli* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sun 28 Sutra 175
Meena Rasi: 3.09	Tithi 14 - 15	Gulika 1:27PM - 2:57PM	Puravproshthapada* Until 6:17AM	Ganesh: Clear	Sunrise: 5:59AM	Vasavasu 5:127
Family Home Evening		Yama 10:28AM - 11:58AM	Vridishi Until 1:15PM	Muruga: Blue	Sunset: 5:56PM	Moon 9 - Phase 24 - 24
		Rahu 7:28AM - 8:58AM	Visli Until 10:56PM	Nataraj: White		Purnima
Routine Work - Marana Yoga			Chaturdashi* Until 12:26PM	Moon - Clear		Subha Sivaloka Day
Until 6:17AM				Ashvini-Puratasi		
Then Creative Work - Siddha Yoga						

Tuesday, October 7, 2025		Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mangala Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India Sun 29 Sutra 176
Meena Rasi: 17.52	Tithi 15 - 16	Gulika 11:57AM - 1:27PM	Revati Until 1:22AM Wed	Ganesh: Clear	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 8:58AM - 10:28AM	Dhruva Until 9:32AM	Muruga: Blue	Sunset: 5:56PM	Moon 9 - Phase 24 - 24
		Rahu 2:56PM - 4:26PM	Balava Until 7:40PM	Nataraj: White		Prathama
Creative Work - Siddha Yoga			Purnima* Until 9:19AM	Moon - Clear		Subha Sivaloka Day
Until 1:22AM Wed				Ashvini-Puratasi		
Then Routine Work - Marana Yoga						

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time. Calculated for Chennai, India on 12/20/23

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvityayam TitauChennai, India
Sutra 177

Mesha Rasi: 2.49	Tithi 17	Gulika 10:27AM - 11:57AM	Ashvini Until 10:47PM	Ganesh: White	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 7:28AM - 8:58AM	Harshana Until 1:35AM Thu	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 -	1st Phase
		Rahu 11:57AM - 1:26PM	Tailila Until 4:12PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dvitiya Until 2:26AM Thu	Moon - White		Subha Sivaloka Day	
Until 10:47PM				Ashvini-Puratasi			
Then Creative Work	Siddha Yoga						

Thursday, October 9, 2025Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam
Rohini Nakshatra Vajra Yoga Vanji/Visi/ Karana Trityayam TitauChennai, India
Sutra 178

Mesha Rasi: 17.5	Tithi 18	Gulika 8:58AM - 10:27AM	Bharani Until 8:05PM	Ganesh: White	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 5:59AM - 7:28AM	Vajra Until 9:34PM	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 - 1	1st Phase
		Rahu 1:26PM - 2:55PM	Vanija Until 12:42PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 10:58PM	Moon - White		Subha Sivaloka Day	
Until 8:05PM				Ashvini-Puratasi			
Then Routine Work	Marana Yoga						

Friday, October 10, 2025Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sudra Vasara Yuktayam
Kritika/Rohini Nakshatra Siddhi/Vyolpata Yoga Bava/Balava Karana Chalurithi TitauChennai, India
Sutra 179

Wishabha Rasi: 2.5	Tithi 19	Gulika 7:28AM - 8:58AM	Kritika Until 5:25PM	Ganesh: White	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 2:55PM - 4:24PM	Siddhi Until 5:43PM	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 - 2	1st Phase
		Rahu 10:27AM - 11:56AM	Bava Until 9:19AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chalurithi Until 7:42PM	Moon - White		Subha Sivaloka Day	
Until 5:25PM				Ashvini-Puratasi			
Then Routine Work	Marana Yoga						

Saturday, October 11, 2025Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mania Vasara Yuktayam
Rohini/Magshira Nakshatra Vyolpata/Variyan Yoga Kaulava/Gara Karana Panchami/Shashthyan TitauChennai, India
Sutra 180

Wishabha Rasi: 17.38	Tithi 20 - 21	Gulika 5:59AM - 7:28AM	Rohini Until 3:21PM	Ganesh: Yellow	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 1:25PM - 2:55PM	Vyolpata Until 2:09PM	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 - 3	1st Phase
		Rahu 8:58AM - 10:27AM	Kaulava Until 6:12AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Panchami Until 4:46PM	Moon - Yellow		Sivaloka Day	
Until 3:21PM				Ashvini-Puratasi			
Then Creative Work	Siddha Yoga						

Sunday, October 12, 2025Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yuktayam
Magshira/Ardra Nakshatra Varjyan/Parigaha Yoga Vanji/Visi/ Karana Shashthi/Saptamyan TitauChennai, India
Sutra 181

Mithuna Rasi: 2.08	Tithi 21 - 22	Gulika 2:54PM - 4:23PM	Magshira Until 1:37PM	Ganesh: Yellow	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 11:56AM - 1:25PM	Varjyan Until 10:55AM	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 - 4	1st Phase
		Rahu 4:23PM - 5:52PM	Visi Until 1:18AM Mon	Nataraja: Clear			
Creative Work	Siddha Yoga		Shashthi Until 2:18PM	Moon - Yellow		Sivaloka Day	
Until 5:52PM				Ashvini-Puratasi			

Monday, October 13, 2025**Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigaha/Shiva Yoga Bava/Balava Karana Saptami/Ashtamyan TitauChennai, India
Sutra 182

Mithuna Rasi: 16.16	Tithi 22 - 23	Gulika 1:25PM - 2:54PM	Ardra Until 12:17PM	Ganesh: Yellow	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 10:27AM - 11:56AM	Parigaha Until 8:09AM	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 - 5	Ashtami
		Rahu 7:28AM - 8:57AM	Balava Until 11:42PM	Nataraja: Clear			
Family Home Evening			Saptami Until 12:24PM	Moon - Yellow		Sivaloka Day	
Creative Work	Siddha Yoga			Ashvini-Puratasi			
Until 12:17PM							
Then Creative Work	Amrita Yoga						

Tuesday, October 14, 2025**Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navamyan TitauChennai, India
Sutra 183

Kataka Rasi: 0.01	Tithi 23 - 24	Gulika 11:55AM - 1:24PM	Punarvasu Until 11:51AM	Ganesh: Blue	Sunrise: 5:59AM		Vasavasu 5:127
		Yama 8:57AM - 10:26AM	Siddha Until 4:07AM Wed	Muruga: Blue	Sunset: 5:59PM	Moon 10 - Phase 25 - 6	Navami
		Rahu 2:53PM - 4:22PM	Tailila Until 10:45PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ashtami Until 11:08AM	Moon - Blue		Subha Sivaloka Day	
Until 4:22PM				Ashvini-Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	Wednesday, October 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktyam Chennal, India			
	Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau		Sun 7		Sutra 184	
	Gulika	10:26AM – 11:55AM	Pushya Until 11:56AM	Ganesh: Blue	Sunrise: 6:00AM	Vasavasu: 5:127
	Kataka Rasi: 13.24	TITHI 24 – 25	Sadhya Until 2:53AM Thu	Muruga: Blue	Sunset: 5:51PM	Moon 10 - Phase 26 - 7
Creative Work	Siddha Yoga	Vanija Until 10:28PM	Nataraja: Clear		2nd Phase	
		Navami* Until 10:31AM	Moon – Blue	Subha Sivaloka Day		
			Ashvina-Puratasi			

2	Thursday, October 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktyam Chennal, India			
	Ashlesha*/Magha* Nakshatra Subha Yoga Vasil*/Bava Karana Dashami/Ekadasmyam Tilau		Sun 8		Sutra 185	
	Gulika	8:57AM – 10:26AM	Ashlesha* Until 12:29PM	Ganesh: Blue	Sunrise: 6:00AM	Vasavasu: 5:127
	Kataka Rasi: 26.26	TITHI 25 – 26	Subha Until 2:08AM Fri	Muruga: Blue	Sunset: 5:50PM	Moon 10 - Phase 26 - 8
Creative Work	Siddha Yoga	Bava Until 10:49PM	Nataraja: Clear		2nd Phase	
Until 12:29PM		Dashami Until 10:33AM	Moon – Blue	Subha Sivaloka Day		
Then Creative Work - Amrita Yoga			Ashvina-Puratasi			

3	Friday, October 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktyam Chennal, India			
	Magha*/Maha* Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dvadashmyam Tilau		Sun 9		Sutra 186	
	Gulika	7:29AM – 8:57AM	Magha* Until 1:55PM	Ganesh: Red	Sunrise: 6:00AM	Vasavasu: 5:127
	Simha Rasi: 9.11	TITHI 26 – 27	Sukla Until 1:46AM Sat	Muruga: Blue	Sunset: 5:50PM	Moon 10 - Phase 26 - 9
Routine Work	Marana Yoga	Kaulava Until 11:42PM	Nataraja: Clear		2nd Phase	
Until 1:55PM		Ekadashi* Until 11:10AM	Moon – Red	Sivaloka Day		
Then Creative Work - Siddha Yoga			Ashvina-Alpasi			

4	Saturday, October 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Manta Vasara Yuktyam Chennal, India			
	Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Lalila/Gara Karana Dvadashi/Trayodshyam Tilau		Sun 10		Sutra 187	
	Gulika	6:00AM – 7:29AM	Purvaphalguni Until 3:40PM	Ganesh: Red	Sunrise: 6:00AM	Vasavasu: 5:127
	Simha Rasi: 21.4	TITHI 27 – 28	Brahma Until 1:47AM Sun	Muruga: Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 10
Creative Work	Siddha Yoga	Gara Until 1:04AM Sun	Nataraja: Clear		2nd Phase	
Until 3:40PM		Dvadashi* Until 12:19PM	Moon – Red	Sivaloka Day		
Then Routine Work - Marana Yoga			Ashvina-Alpasi			
			<i>Pradosha Vata (Fasting)</i>			

5	Sunday, October 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Shru Vasara Yuktyam Chennal, India			
	Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Vasil* Karana Trayodashi/Chaturdashyam Tilau		Sun 11		Sutra 188	
	Gulika	2:51PM – 4:20PM	Uttaraphalguni Until 5:40PM	Ganesh: Red	Sunrise: 6:00AM	Vasavasu: 5:127
	Kanya Rasi: 3.59	TITHI 28 – 29	Indra Until 2:05AM Mon	Muruga: Blue	Sunset: 5:48PM	Moon 10 - Phase 26 - 11
Creative Work	Amrita Yoga	Vasil Until 2:49AM Mon	Nataraja: Clear		2nd Phase	
Until 3:40PM		Trayodashi* Until 1:53PM	Moon – Red	Sivaloka Day		
Then Routine Work - Marana Yoga			Ashvina-Alpasi			
		Deepavali Hindu Solidarity Day				

6	Monday, October 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktyam Chennal, India			
	Hasta Nakshatra Vaidhriti* Yoga Sakuni*/Catuspada* Karana Chaturdashmi/Amavasyayam Tilau		Sun 12		Sutra 189	
	Gulika	1:23PM – 2:51PM	Hasla Until 8:18PM	Ganesh: Blue	Sunrise: 6:00AM	Vasavasu: 5:127
	Kanya Rasi: 16.08	TITHI 29 – 30	Vaidhriti* Until 2:36AM Tue	Muruga: Blue	Sunset: 5:47PM	Moon 10 - Phase 26 - 12
Family Home Evening		Catuspada Until 4:52AM Tue	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga	Chaturdashmi* Until 3:48PM	Moon – Green	Devaloka Day		
Until 8:18PM			Ashvina-Alpasi			
Then Routine Work - Prabalarishtha Yoga						

●	Tuesday, October 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktyam Chennal, India			
	Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughni* Karana Amavasya/Prathamayam Tilau		Sun 13		Sutra 190	
	Gulika	11:54AM – 1:22PM	Chitra Until 11:01PM	Ganesh: Blue	Sunrise: 6:00AM	Vasavasu: 5:127
	Kanya Rasi: 28.1	TITHI 30 – 1	Vishkambha* Until 3:18AM Wed	Muruga: Blue	Sunset: 5:47PM	Moon 10 - Phase 26 - 13
Creative Work	Siddha Yoga	Kintughna Until 7:09AM Wed	Nataraja: Clear		Amavasya	
Until 8:18PM		Amavasya* Until 5:58PM	Moon – Green	Devaloka Day		
Then Routine Work - Subramuniyaswami Mahasamadhi			Ashvina-Alpasi			

	Wednesday, October 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Sukla Paksho Budha Vasara Yuktyam Chennal, India			
	Svali Nakshatra Pili Yoga Kintughna*/Bava Karana Prathamayam Tilau		Sun 14		Sutra 191	
	Gulika	10:26AM – 11:54AM	Svali Until 1:44AM Thu	Ganesh: Blue	Sunrise: 6:01AM	Vasavasu: 5:127
	Tula Rasi: 10.07	TITHI 1	Pili Until 4:08AM Thu	Muruga: Yellow	Sunset: 5:47PM	Moon 10 - Phase 26 - 14
Creative Work	Siddha Yoga	Kintughna Until 7:09AM	Nataraja: Clear		Prathama	
Until 8:18PM		Prathama* Until 8:20PM	Moon – Green	Bhuloka Day		
Then Routine Work - Skanda Shashi Begins			Kartika-Alpasi	Devaloka Time: 3PM to 6PM		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Thursday, October 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Aayushman Yoga Balava/Kaulava Karana Dvityayam Tilau				Chennai, India Sutra 192
	Tula Rasi: 22.01	Tilhi 2	Gulika 8:57AM - 10:25AM Yama 6:01AM - 7:29AM Rahu 1:22PM - 2:50PM	Vishakha Until 4:52AM Fri Ayushman Until 5:00AM Fri Balava Until 9:35AM Dvitiya Until 10:49PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 15 3rd Phase
	Creative Work	Siddha Yoga	674138574				Bhuloka Day Devaloka Time: 3PM to 6PM

2	Friday, October 24, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Saubhaga Yoga Talila/Gara Karana Trityayam Tilau				Chennai, India Sutra 193
	Wischika Rasi: 3.53	Tilhi 3	Gulika 7:29AM - 8:57AM Yama 2:50PM - 4:18PM Rahu 10:25AM - 11:54AM	Anuradha Until 7:51AM Sat Saubhaga Until 5:54AM Sat Talila Until 12:06PM Tritya Until 1:20AM Sat	Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 16 3rd Phase
	Creative Work	Siddha Yoga	674138574				Bhuloka Day Devaloka Time: 3PM to 6PM

3	Saturday, October 25, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Manita Vasara Yuktayam Anuradha Jyeshtha Nakshatra Sobhana Yoga Vanija/Visi Karana Chaturthayam Tilau				Chennai, India Sutra 194
	Wischika Rasi: 15.44	Tilhi 4	Gulika 6:01AM - 7:29AM Yama 1:21PM - 2:49PM Rahu 8:57AM - 10:25AM	Anuradha Until 7:51AM Sobhana Until 6:44AM Sun Vanija Until 2:36PM Chaturthi Until 3:47AM Sun	Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 17 3rd Phase
	Creative Work	Siddha Yoga	674138574				Bhuloka Day Devaloka Time: 3PM to 6PM

4	Sunday, October 26, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Jyeshtha/Mula Nakshatra Sobhana/Ahiganda Yoga Bava/Balava Karana Panchayam Tilau				Chennai, India Sutra 195
	Wischika Rasi: 27.38	Tilhi 5	Gulika 2:49PM - 4:17PM Yama 11:53AM - 1:21PM Rahu 4:17PM - 5:45PM	Jyeshtha Until 10:35AM Sobhana Until 6:44AM Bava Until 4:59PM Panchami Until 6:03AM Mon	Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 18 3rd Phase
	Routine Work	Marana Yoga	674138574				Bhuloka Day Devaloka Time: 3PM to 6PM

5	Monday, October 27, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula/Purvashada Nakshatra Ahiganda/Sakama Yoga Balava/Kaulava Karana Panchami/Shesthyam Tilau				Chennai, India Sutra 196
	Dhanus Rasi: 10	Tilhi 5 - 6	Gulika 1:21PM - 2:49PM Yama 10:25AM - 11:53AM Rahu 7:30AM - 8:57AM	Mula Until 1:25PM Ahiganda Until 7:24AM Kaulava Until 7:06PM Panchami Until 6:03AM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Light Blue Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 19 3rd Phase
	Family Home Evening	Siddha Yoga	684138574				Devaloka Day

6	Tuesday, October 28, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashada/Uttarashada Nakshatra Sakama/Dhriti Yoga Talila/Gara Karana Shashthi/Saptayam Tilau				Chennai, India Sutra 197
	Dhanus Rasi: 21.41	Tilhi 6 - 7	Gulika 11:53AM - 1:21PM Yama 8:57AM - 10:25AM Rahu 2:49PM - 4:16PM	Purvashada Until 3:44PM Sakama Until 7:49AM Gara Until 8:47PM Shashthi Until 7:59AM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Light Blue Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 20 3rd Phase
	Creative Work	Siddha Yoga	684138574				Devaloka Day

D	Wednesday, October 29, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Badha Vasara Yuktayam Uttarashada/Sharavana Nakshatra Dhriti/Shula Yoga Vanija/Visi Karana Saptami/Akshayam Tilau				Chennai, India Sutra 198
	Makara Rasi: 3.59	Tilhi 7 - 8	Gulika 10:25AM - 11:53AM Yama 7:30AM - 8:58AM Rahu 11:53AM - 1:21PM	Uttarashada Until 5:21PM Dhriti Until 7:52AM Visi Until 9:54PM Saptami Until 9:24AM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Light Blue Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 21 Ashtami
	Creative Work	Amrita Yoga	684138574				Devaloka Day

D	Thursday, October 30, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Sharavana Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Chennai, India Sutra 199
	Makara Rasi: 16.35	Tilhi 8 - 9	Gulika 8:58AM - 10:25AM Yama 6:02AM - 7:30AM Rahu 1:21PM - 2:48PM	Sharavana Until 6:36PM Shula Until 7:22AM Balava Until 10:15PM Ashtami Until 10:09AM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - Purple Kartika-Alpasi	Sunrise: 6:01AM Sunset: 5:46PM	Vasava: 5:17 Moon 10 - Phase 27 - 22 Navami
	Creative Work	Siddha Yoga	694138574				Bhuloka Day Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1 Friday, October 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sutra Vasara Yuktyayam Dhanishtha Nakshatra Ganda/Widdhi Yoga Kaulava/Taila Karana Navami/Dushyamam Titau				Chennai, India Sun 23	Sutra 200
Makara Rasi: 29.32	Tithi 9 - 10	Gulika 7:30AM - 8:58AM	Dhanishtha Untill 6:53PM	Ganesha: Purple	Sunrise: 6:03AM		Vasavasu 5:17
		Yama 2:48PM - 4:16PM	Ganda* Untill 6:17AM	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - 23	4th Phase
Creative Work	Siddha Yoga	694138574 Rahu 10:25AM - 11:53AM	Taila Untill 9:48PM	Nataraja: Clear			
			Navami* Untill 10:07AM	Moon - Purple		Bhuloka Day	
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM	

2 Saturday, November 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Maru Vasara Yuktyayam Shalabhshak Nakshatra Dhwana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Chennai, India Sun 24	Sutra 201
Kumbha Rasi: 12.55	Tithi 10 - 11	Gulika 6:03AM - 7:30AM	Shalabhshak Untill 6:12PM	Ganesha: Purple	Sunrise: 6:03AM		Vasavasu 5:17
		Yama 1:20PM - 2:48PM	Dhwana Untill 2:09AM Sun	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - 24	4th Phase
Creative Work	Amrita Yoga	694138574 Rahu 8:58AM - 10:25AM	Vanija Untill 8:30PM	Nataraja: Clear			
Untill 6:12PM			Dashami Untill 9:14AM	Moon - Purple		Bhuloka Day	
Then Routine Work - Marana Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM	

3 Sunday, November 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhara Vasara Yuktyayam Puravproshthapada/Uttarproshthapada Nakshatra Vyaghata* Yoga Vid*/Bava Karana Ekadashi/Dwadashyam Titau				Chennai, India Sun 25	Sutra 202
Kumbha Rasi: 26.47	Tithi 11 - 12	Gulika 2:48PM - 4:15PM	Puravproshthapada* Untill 5:03PM	Ganesha: Clear	Sunrise: 6:03AM		Vasavasu 5:17
		Yama 11:53AM - 1:20PM	Vyaghata* Untill 11:09PM	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - 25	4th Phase
Creative Work	Siddha Yoga	615138574 Rahu 4:15PM - 5:42PM	Bava Untill 6:25PM	Nataraja: Clear			
Untill 5:03PM			Ekadashi Untill 7:32AM	Moon - Clear		Devaloka Day	
Then Creative Work - Amrita Yoga				Kartika-Alpasi			

4 Monday, November 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktyayam Uttarproshthapada/Revati Nakshatra Harshana Yoga Kaulava/Taila Karana Trayodashyam Titau				Chennai, India Sun 26	Sutra 203
Meena Rasi: 11.07	Tithi 13	Gulika 1:20PM - 2:47PM	Uttarproshthapada Untill 3:04PM	Ganesha: Clear	Sunrise: 6:04AM		Vasavasu 5:17
Family Home Evening		Yama 10:26AM - 11:53AM	Harshana Untill 7:38PM	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - 26	4th Phase
Creative Work	Siddha Yoga	615138574 Rahu 7:31AM - 8:58AM	Kaulava Untill 3:40PM	Nataraja: Clear			
			Trayodashi Untill 2:04AM Tue	Moon - Clear		Devaloka Day	
				Kartika-Alpasi			
				<i>Pradosha Vata</i>			

5 Tuesday, November 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktyayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Chennai, India Sun 27	Sutra 204
Meena Rasi: 25.54	Tithi 14	Gulika 11:53AM - 1:20PM	Revati Untill 12:25PM	Ganesha: Clear	Sunrise: 6:04AM		Vasavasu 5:17
		Yama 8:58AM - 10:26AM	Vajra* Untill 3:41PM	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - 27	4th Phase
Creative Work	Siddha Yoga	615138574 Rahu 2:47PM - 4:15PM	Gara Untill 12:24PM	Nataraja: Clear			
			Chaturdash* Untill 10:36PM	Moon - Clear		Devaloka Day	
				Kartika-Alpasi			

Wednesday, November 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktyayam Ashvini/Bharani Nakshatra Siddhi/Vyalyalpa* Yoga Visi*/Bava Karana Punimayam Titau				Chennai, India Sun 27	Sutra 205
Copper Retreat Star		Gulika 10:26AM - 11:53AM	Ashvini Untill 9:40AM	Ganesha: Purple	Sunrise: 6:04AM		Vasavasu 5:17
Mesha Rasi: 10.59	Tithi 15	Yama 7:31AM - 8:58AM	Siddhi Untill 11:28AM	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - Punima	
Routine Work	Marana Yoga	625138574 Rahu 11:53AM - 1:20PM	Visi Untill 8:46AM	Nataraja: Clear			
Untill 9:40AM			Purnima* Untill 6:51PM	Moon - White		Sivaloka Day	
Then Creative Work - Siddha Yoga				Kartika-Alpasi			

Thursday, November 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Gara Vasara Yuktyayam Bharani/Kritika Nakshatra Vyalyalpa*/Vajrayan Yoga Kaulava/Taila Karana Prathama/Dvayayam Titau				Chennai, India Sun 28	Sutra 206
Silver Retreat Star		Gulika 8:59AM - 10:26AM	Bharani Untill 6:36AM	Ganesha: Purple	Sunrise: 6:04AM		Vasavasu 5:17
Mesha Rasi: 26.16	Tithi 16 - 17	Yama 6:04AM - 7:32AM	Vyalyalpa* Untill 7:07AM	Muruga: Yellow	Sunset: 5:49PM	Moon 10 - Phase 2B - Prathama	
Creative Work	Siddha Yoga	625138574 Rahu 1:20PM - 2:47PM	Taila Untill 1:05AM Fri	Nataraja: Clear			
Untill 6:36AM			Prathama* Untill 2:59PM	Moon - White		Sivaloka Day	
Then Routine Work - Marana Yoga				Kartika-Alpasi			

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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**Friday, November 7, 2025****Gold Retreat Star**

Wishabha Rasi: 11.33 Tithi 17 - 18

Routine Work Marana Yoga
Until 12:39AM Sat
Then Creative Work - Siddha Yoga

Gulika	7:32AM - 8:59AM	Rohini Until 12:39AM Sat	Ganesh: Purple	Sunrise: 6:05AM	Chennai, India
Yama	2:47PM - 4:14PM	Parigha* Until 10:32PM	Muruga: Yellow	Sunset: 5:41PM	Sun 1 Sutra 207
Rahu	10:26AM - 11:53AM	Vanija Until 9:24PM	Nataraja: Clear		Vasavasu 5127
		Dvitiya Until 11:12AM	Moon - Yellow		Moon 11 - Phase 29 - 1
			Kartika-Alpasi		1st Phase

Sivaloka Day**1****Saturday, November 8, 2025**

Wishabha Rasi: 26.4 Tithi 18 - 19

Creative Work Siddha Yoga

Gulika	6:05AM - 7:32AM	Mrigashira Until 10:08PM	Ganesh: Purple	Sunrise: 6:05AM	Chennai, India
Yama	1:20PM - 2:47PM	Shiva Until 6:37PM	Muruga: Yellow	Sunset: 5:41PM	Sun 2 Sutra 208
Rahu	8:59AM - 10:26AM	Bava Until 6:03PM	Nataraja: Clear		Vasavasu 5127
		Tritiya Until 7:40AM	Moon - Yellow		Moon 11 - Phase 29 - 2
			Kartika-Alpasi		1st Phase

Sivaloka Day**2****Sunday, November 9, 2025**

Mihuna Rasi: 11.28 Tithi 20

Creative Work Siddha Yoga

Gulika	2:47PM - 4:14PM	Ardra Until 8:00PM	Ganesh: Purple	Sunrise: 6:05AM	Chennai, India
Yama	11:53AM - 1:20PM	Siddha Until 3:05PM	Muruga: Yellow	Sunset: 5:41PM	Sun 3 Sutra 209
Rahu	4:14PM - 5:41PM	Kaulava Until 3:12PM	Nataraja: Clear		Vasavasu 5127
		Panchami Until 1:59AM Mon	Moon - Yellow		Moon 11 - Phase 29 - 3
			Kartika-Alpasi		1st Phase

Sivaloka Day**3****Monday, November 10, 2025**

Mihuna Rasi: 25.5 Tithi 21

Family Home Evening

Creative Work Amrita Yoga

Until 6:48PM

Then Creative Work - Siddha Yoga

Gulika	1:20PM - 2:47PM	Punarvasu Until 6:48PM	Ganesh: Clear	Sunrise: 6:06AM	Chennai, India
Yama	10:26AM - 11:53AM	Sadhya Until 12:05PM	Muruga: Yellow	Sunset: 5:40PM	Sun 4 Sutra 210
Rahu	7:33AM - 9:00AM	Gara Until 12:59PM	Nataraja: Clear		Vasavasu 5127
		Shashthi* Until 12:08AM Tue	Moon - Blue		Moon 11 - Phase 29 - 4
			Kartika-Alpasi		1st Phase

Devaloka Day**4****Tuesday, November 11, 2025**

Kataka Rasi: 9.45 Tithi 22

Creative Work Siddha Yoga

Gulika	11:53AM - 1:20PM	Pushya Until 6:15PM	Ganesh: White	Sunrise: 6:06AM	Chennai, India
Yama	9:00AM - 10:26AM	Subha Until 9:43AM	Muruga: Yellow	Sunset: 5:40PM	Sun 5 Sutra 211
Rahu	2:47PM - 4:14PM	Visli Until 11:32AM	Nataraja: Clear		Vasavasu 5127
		Saptami Until 11:06PM	Moon - Blue		Moon 11 - Phase 29 - 5
			Kartika-Alpasi		1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

D**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 23.1 Tithi 23

Creative Work Siddha Yoga

Gulika	10:27AM - 11:53AM	Ashlesha* Until 6:21PM	Ganesh: White	Sunrise: 6:07AM	Chennai, India
Yama	7:33AM - 9:00AM	Sukla Until 7:57AM	Muruga: Yellow	Sunset: 5:40PM	Sun 6 Sutra 212
Rahu	11:53AM - 1:20PM	Balava Until 10:55AM	Nataraja: Clear		Vasavasu 5127
		Ashlami* Until 10:54PM	Moon - Blue		Moon 11 - Phase 29 - 6
			Kartika-Alpasi		Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

Simha Rasi: 6.1 Tithi 24

Creative Work Amrita Yoga

Until 7:33PM

Then Creative Work - Siddha Yoga

Gulika	9:00AM - 10:27AM	Magha* Until 7:33PM	Ganesh: Yellow	Sunrise: 6:07AM	Chennai, India
Yama	6:07AM - 7:34AM	Brahma Until 6:52AM	Muruga: Yellow	Sunset: 5:40PM	Sun 7 Sutra 213
Rahu	1:20PM - 2:47PM	Taila Until 11:07AM	Nataraja: Clear		Vasavasu 5127
		Navami* Until 11:30PM	Moon - Red		Moon 11 - Phase 29 - 7
			Kartika-Alpasi		Navami

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1

Friday, November 14, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam Parvaphalguni Nakshatra Indra/Vaidhiti/ Yoga Vanja/Visi/ Karana Dashamyam Titau				Chennai, India Sun 8
	Gulika	7:34AM - 9:01AM	Purvaphalguni Until 9:17PM	Ganesha: Yellow	Sunrise: 6:07AM	Vasavasu 5127
Simha Rasi: 18.47	Yama	2:47PM - 4:13PM	Indra Until 6:23AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 214
	Rahu	10:27AM - 11:54AM	Vanija Until 12:05PM	Nataraja: Clear		Moon 11 - Phase 30 - 8 2nd Phase
Creative Work	Siddha Yoga	756138574	Dashami Until 12:47AM Sat	Moon - Red		Devaloka Day
				Kartika-Alpasi		

2

Saturday, November 15, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhiti/Vishkambha/ Yoga Bava/Balava Karana Ekadashyam Titau				Chennai, India Sun 9
	Gulika	6:08AM - 7:34AM	Uttaraphalguni Until 11:23PM	Ganesha: Yellow	Sunrise: 6:08AM	Vasavasu 5127
Kanya Rasi: 1.07	Yama	1:20PM - 2:47PM	Vaidhiti/ Until 6:22AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 215
	Rahu	9:01AM - 10:27AM	Bava Until 1:40PM	Nataraja: Clear		Moon 11 - Phase 30 - 9 2nd Phase
Routine Work	Marana Yoga	756138574	Ekadashi/ Until 2:38AM Sun	Moon - Green		Devaloka Day
				Kartika-Alpasi		

3

Sunday, November 16, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Pakche Bhamu Vasara Yuktayam Hasta Nakshatra Vishkambha/Prili Yoga Kaulava/Talita Karana Dvadashyam Titau				Chennai, India Sun 10
	Gulika	2:47PM - 4:13PM	Hasta Until 2:12AM Mon	Ganesha: Blue	Sunrise: 6:08AM	Vasavasu 5127
Kanya Rasi: 13.14	Yama	11:54AM - 1:20PM	Vishkambha/ Until 6:45AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 216
	Rahu	4:13PM - 5:40PM	Kaulava Until 3:43PM	Nataraja: Clear		Moon 11 - Phase 30 - 10 2nd Phase
Creative Work	Amrita Yoga	766138574	Dvadashi/ Until 4:50AM Mon	Moon - Green		Bhuloka Day
Until 2:12AM Mon				Kartika-Kartikai		Devaloka Time: 3PM to 6PM
Then Routine Work - Prabarashita Yoga						

4

Monday, November 17, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Pakche Indra Vasara Yuktayam Chitra Nakshatra Prili/Ayushman Yoga Gara Karana Trayodashyam Titau				Chennai, India Sun 11
	Gulika	1:21PM - 2:47PM	Chitra Until 5:04AM Tue	Ganesha: Yellow	Sunrise: 6:09AM	Vasavasu 5127
Kanya Rasi: 25.13	Yama	10:28AM - 11:54AM	Prili Until 7:24AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 217
	Rahu	7:35AM - 9:01AM	Gara Until 6:03PM	Nataraja: Purple		Moon 11 - Phase 30 - 11 2nd Phase
Family Home Evening			Trayodashi/ Until 7:16AM Tue	Moon - Green		Sivaloka Day
Routine Work - Prabarashita Yoga				Kartika-Kartikai		
Until 5:04AM Tue						
Then Creative Work - Siddha Yoga						

5

Tuesday, November 18, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Pakche Mangala Vasara Yuktayam Svali Nakshatra Ayushman/Saubhagya Yoga Vanja/Visi/ Karana Trayodashi/Chatudashyam Titau				Chennai, India Sun 12
	Gulika	11:54AM - 1:21PM	Svali Until 7:51AM Wed	Ganesha: Yellow	Sunrise: 6:09AM	Vasavasu 5127
Tula Rasi: 7.07	Yama	9:02AM - 10:28AM	Ayushman Until 8:10AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 218
	Rahu	2:47PM - 4:13PM	Visi Until 8:32PM	Nataraja: Purple		Moon 11 - Phase 30 - 12 2nd Phase
Creative Work	Siddha Yoga	766238575	Trayodashi/ Until 7:16AM	Moon - Green		Sivaloka Day
				Kartika-Kartikai		

●

Wednesday, November 19, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Pakche Budha Vasara Yuktayam Svali/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakun/Chatudashi/ Karana Chatudashi/Amavasyam Titau				Chennai, India Sun 13
	Gulika	10:28AM - 11:55AM	Svali Until 7:51AM	Ganesha: Blue	Sunrise: 6:10AM	Vasavasu 5127
Tula Rasi: 18.59	Yama	7:36AM - 9:02AM	Saubhagya Until 9:01AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 219
	Rahu	11:55AM - 1:21PM	Chatudashi Until 11:04PM	Nataraja: Purple		Moon 11 - Phase 30 - 13 Amavasya
Creative Work	Siddha Yoga	767238575	Chaturdashi/ Until 9:47AM	Moon - Green		Devaloka Day
				Kartika-Kartikai		

Thursday, November 20, 2025

		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Sakra Palche Guru Vasara Yuktayam Vishakha/Ausadhya Nakshatra Sobhana/Aksharanga/ Yoga Naga/ Kintughna/ Karana Amavasya/Prathamam Titau				Chennai, India Sun 14
	Gulika	9:02AM - 10:29AM	Vishakha Until 10:59AM	Ganesha: Blue	Sunrise: 6:10AM	Vasavasu 5127
Vishika Rasi: 0.51	Yama	6:10AM - 7:36AM	Sobhana Until 9:54AM	Muruga: Yellow	Sunset: 5:49PM	Sutra 220
	Rahu	1:21PM - 2:47PM	Kintughna Until 1:35AM Fri	Nataraja: Purple		Moon 11 - Phase 30 - 14 Prathama
Creative Work	Siddha Yoga	777238575	Amavasya/ Until 12:18PM	Moon - Orange		Devaloka Day
				Margasira-Kartikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Sukra Vesara Yuktayam Anuradha/Jyestha* Nakshatra Abhigandha/Sukama Yoga Bava/Balava Karana Prathamam/Dwipayam Titau				Chennai, India Sun 15 Subra 221
Wischika Rasi: 12.44	Tilthi 1 – 2	Gulika 7:37AM – 9:03AM Yama 2:47PM – 4:13PM 787238575	Anuradha Until 1:54PM Abhigandha* Until 10:42AM Balava Until 4:00AM Sat Prathama* Until 2:47PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Karttikai	Sunrise: 6:17AM Sunset: 5:49PM	Moon 11 - Phase 31 – 12 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 1:54PM						
Then Routine Work - Marana Yoga						

2 Saturday, November 22, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Manta Vesara Yuktayam Jyeshtha/Mula* Nakshatra Sukama/Uhrli* Yoga Kaulava/Taila Karana Dwilaya/Tritrayam Titau				Chennai, India Sun 16 Subra 222
Wischika Rasi: 24.39	Tilthi 2 – 3	Gulika 6:11AM – 7:37AM Yama 1:21PM – 2:47PM 787238575	Jyeshtha* Until 4:34PM Sukama Until 11:27AM Taila Until 6:19AM Sun Dvitiya Until 5:09PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Karttikai	Sunrise: 6:17AM Sunset: 5:49PM	Moon 11 - Phase 31 – 16 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day

3 Sunday, November 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Bharu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Taila/Gara Karana Tritrayam Titau				Chennai, India Sun 17 Subra 223
Dhanus Rasi: 6.37	Tilthi 3	Gulika 2:48PM – 4:14PM Yama 11:56AM – 1:22PM 787238575	Mula* Until 7:25PM Dhriti Until 12:06PM Taila Until 6:19AM Tritiya Until 7:22PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 6:17AM Sunset: 5:49PM	Moon 11 - Phase 31 – 17 3rd Phase
Creative Work	Amrita Yoga					Devaloka Day
Until 7:25PM						
Then Creative Work - Siddha Yoga						

4 Monday, November 24, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Indu Vesara Yuktayam Purvashadha* Nakshatra Shula*Ganda* Yoga Vanija/Visli* Karana Chaturtham Titau				Chennai, India Sun 18 Subra 224
Dhanus Rasi: 18.38	Tilthi 4	Gulika 1:22PM – 2:48PM Yama 10:30AM – 11:56AM 787238575	Purvashadha* Until 9:51PM Shula* Until 12:34PM Vanija Until 8:25AM Chaturthi* Until 9:21PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 6:12AM Sunset: 5:49PM	Moon 11 - Phase 31 – 18 3rd Phase
Family Home Evening						Devaloka Day
Routine Work	Marana Yoga					

5 Tuesday, November 25, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Mangala Vesara Yuktayam Utlarashadha Nakshatra Ganda*Widdhi* Yoga Bava/Balava Karana Panchamam Titau				Chennai, India Sun 19 Subra 225
Makara Rasi: 0.47	Tilthi 5	Gulika 11:56AM – 1:22PM Yama 9:04AM – 10:30AM 788238575	Utlarashadha Until 11:48PM Ganda* Until 12:48PM Bava Until 10:14AM Panchami Until 10:58PM	Ganesh: Red Muruga: Yellow Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 6:12AM Sunset: 5:49PM	Moon 11 - Phase 31 – 19 3rd Phase
Routine Work	Prabalarishya Yoga					Sivaloka Day
Until 11:48PM						
Then Creative Work - Siddha Yoga						

6 Wednesday, November 26, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Butha Vesara Yuktayam Shrawana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamam Titau				Chennai, India Sun 20 Subra 226
Makara Rasi: 13.07	Tilthi 6	Gulika 10:31AM – 11:56AM Yama 7:39AM – 9:05AM 798238575	Shrawana Until 1:35AM Thu Widdhi Until 12:44PM Kaulava Until 11:37AM Shashthi* Until 12:05AM Thu	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 6:13AM Sunset: 5:49PM	Moon 11 - Phase 31 – 20 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day

Thursday, November 27, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Guru Vesara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamam Titau				Chennai, India Sun 21 Subra 227
Retreat Star		Gulika 9:05AM – 10:31AM Yama 6:14AM – 7:39AM 798238575	Dhanishtha Until 2:35AM Fri Dhruva Until 12:11PM Gara Until 12:26PM Saptami Until 12:35AM Fri	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 6:14AM Sunset: 5:49PM	Moon 11 - Phase 31 – 21 3rd Phase
Makara Rasi: 25.39	Tilthi 7					Subha Sivaloka Day
Creative Work	Siddha Yoga					

Friday, November 28, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Sukra Vesara Yuktayam Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visli*/Bava Karana Ashtamam Titau				Chennai, India Sun 22 Subra 228
Retreat Star		Gulika 7:40AM – 9:06AM Yama 2:49PM – 4:14PM 798238575	Shatabhishak Until 2:43AM Sat Vyaghata* Until 11:08AM Visli Until 12:34PM Ashlami* Until 12:19AM Sat	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 6:14AM Sunset: 5:49PM	Moon 11 - Phase 31 – 22 Ashtami
Kumbha Rasi: 8.3	Tilthi 8					Subha Sivaloka Day
Creative Work	Siddha Yoga					
Until 2:43AM Sat						
Then Routine Work - Marana Yoga						

Saturday, November 29, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase: Sukla Paksha: Manta Vesara Yuktayam Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamam Titau				Chennai, India Sun 23 Subra 229
Retreat Star		Gulika 6:15AM – 7:40AM Yama 1:23PM – 2:49PM 718238575	Purvaproshtapada* Until 2:23AM Sun Harshana Until 9:29AM Balava Until 11:55AM Navam* Until 11:17PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear Margasira-Karttikai	Sunrise: 6:15AM Sunset: 5:49PM	Moon 11 - Phase 31 – 23 Navami
Kumbha Rasi: 21.44	Tilthi 9					Subha Sivaloka Day
Routine Work	Marana Yoga					
Until 2:23AM Sun						
Then Creative Work - Amrita Yoga						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1 Sunday, November 30, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Bhanu Vasara Yukitayam Uttaraprosphanpada Nakshatra Vajra/Siddhi Yoga Talila/Gara Karana Dashrayam Tilau				Chennai, India Sun 24
Mesha Rasi: 5.25	Tithi 10	Gulika 2:49PM – 4:15PM	Uttaraprosphanpada Until 1:09AM Mon	Ganesh: Purple	Sunrise: 6:15AM	Vasavasu 5:17
		Yama 11:58AM – 1:23PM	Vajra* Until 7:12AM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase 32 - 24
		Rahu 4:15PM – 5:41PM	Tailila Until 10:29AM	Nataraja: Purple		4th Phase
Creative Work - Amrita Yoga						Subha Sivaloka Day
Until 1:09AM Mon						
Then Creative Work - Siddha Yoga						

2 Monday, December 1, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Indu Vasara Yukitayam Revati Nakshatra Vyalipala* Yoga Vanija/Visli* Karana Ekadashyam Tilau				Chennai, India Sun 25
Mesha Rasi: 19.33	Tithi 11	Gulika 1:24PM – 2:49PM	Revati Until 11:06PM	Ganesh: Purple	Sunrise: 6:16AM	Vasavasu 5:17
		Yama 10:33AM – 11:58AM	Vyalipala* Until 12:55AM Tue	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase 32 - 25
		Rahu 7:41AM – 9:07AM	Vanija Until 8:19AM	Nataraja: Purple		4th Phase
Creative Work - Siddha Yoga						Subha Sivaloka Day
		Gita Jayanthi	Ekadashi Until 6:58PM	Moon - Clear		
				Margasira-Karttikai		

3 Tuesday, December 2, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Mangala Vasara Yukitayam Ashvini Nakshatra Varayan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Chennai, India Sun 26
Mesha Rasi: 4.08	Tithi 12 – 13	Gulika 11:59AM – 1:24PM	Ashvini Until 8:47PM	Ganesh: White	Sunrise: 6:16AM	Vasavasu 5:17
		Yama 10:33AM – 11:58AM	Varayan Until 9:04PM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase 32 - 26
		Rahu 2:50PM – 4:15PM	Kaulava Until 2:12AM Wed	Nataraja: Purple		4th Phase
Creative Work - Siddha Yoga						Devaloka Day
			Dvadashi Until 3:53PM	Moon - White		
				Margasira-Karttikai		
		<i>Pradosha Vata</i>				

4 Wednesday, December 3, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Budha Vasara Yukitayam Bharani/Kritika Nakshatra Parigha/Shiva Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Chennai, India Sun 27
Mesha Rasi: 19.06	Tithi 13 – 14	Gulika 10:33AM – 11:59AM	Bharani Until 5:57PM	Ganesh: White	Sunrise: 6:17AM	Vasavasu 5:17
		Yama 9:07AM – 10:33AM	Parigha* Until 4:54PM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase 32 - 27
		Rahu 11:59AM – 1:24PM	Gara Until 10:32PM	Nataraja: Purple		4th Phase
Creative Work - Siddha Yoga						Devaloka Day
Until 5:57PM						
Then Creative Work - Amrita Yoga						
			Trayodashi Until 12:23PM	Moon - White		
				Margasira-Karttikai		

Thursday, December 4, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Guru Vasara Yukitayam Kritika/Rohini Nakshatra Shiva/Siddha Yoga Vanija/Visli* Karana Chaturdashi/Purnamayam Tilau				Chennai, India Sun 28
Copper Retreat Star		Gulika 9:08AM – 10:34AM	Kritika Until 2:46PM	Ganesh: White	Sunrise: 6:17AM	Vasavasu 5:17
Wishabha Rasi: 4.19	Tithi 14 – 15	Yama 6:17AM – 7:43AM	Shiva Until 12:34PM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase 32 - 28
		Rahu 1:25PM – 2:50PM	Visli Until 6:43PM	Nataraja: Purple		Purnima
Routine Work - Marana Yoga						Devaloka Day
		Kritika Deepam	Chaturdashi* Until 8:37AM	Moon - White		
				Margasira-Karttikai		

Friday, December 5, 2025		Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Krishna Paksha Sukra Vasara Yukitayam Rohini/Migashira Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Tilau				Chennai, India Sun 29
Silver Retreat Star		Gulika 7:43AM – 9:09AM	Rohini Until 11:49AM	Ganesh: Yellow	Sunrise: 6:18AM	Vasavasu 5:17
Wishabha Rasi: 19.37	Tithi 16	Yama 2:51PM – 4:16PM	Siddha Until 8:09AM	Muruga: Yellow	Sunset: 5:49PM	Moon 11 - Phase 32 - 29
		Rahu 10:34AM – 12:00PM	Balava Until 2:53PM	Nataraja: Purple		Prathama
Routine Work - Marana Yoga						Sivaloka Day
Until 11:49AM						
Then Creative Work - Siddha Yoga						
		Vinayaga Viratam Begins	Prathama* Until 1:01AM Sat	Moon - Yellow		
				Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Mania Vasara Yuktyam
Mrigashira/Ardra Nakshatra Subha Yoga Talika/Gara Karana Dvitiyayam TilauChennai, India
Sutra 236

Mithuna Rasi: 4.5	Tithi 17	Gulika 6:18AM – 7:44AM	Mrigashira Until 8:53AM	Ganesh: Yellow	Sunrise: 6:08AM		Vasarasu 5127
		Yama 1:26PM – 2:51PM	Subha Until 11:51PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 1	Phase 33 - 1st Phase
		Rahu 9:09AM – 10:35AM	Tailika Until 11:15AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvitiya Until 9:33PM	Moon - Yellow			Sivaloka Day
				Margasira-Karttikai			

1**Sunday, December 7, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Bhamu Vasara Yuktyam
Ardra/Punarvasu Nakshatra Sukla Yoga Vanja/Visli' Karana Tritiyayam TilauChennai, India
Sutra 237

Mithuna Rasi: 19.47	Tithi 18	Gulika 2:51PM – 4:17PM	Ardra Until 6:11AM	Ganesh: Yellow	Sunrise: 6:09AM		Vasarasu 5127
		Yama 12:01PM – 1:26PM	Sukla Until 8:11PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 1	Phase 33 - 1st Phase
		Rahu 4:17PM – 5:42PM	Vanija Until 7:59AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Tritiya Until 6:31PM	Moon - Yellow			Sivaloka Day
				Margasira-Karttikai			

2**Monday, December 8, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Indu Vasara Yuktyam
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurithi/Panchamyam TilauChennai, India
Sutra 238

Kataka Rasi: 4.22	Tithi 19 – 20	Gulika 1:26PM – 2:52PM	Pushya Until 2:54AM Tue	Ganesh: Blue	Sunrise: 6:09AM		Vasarasu 5127
Family Home Evening		Yama 10:36AM – 12:01PM	Brahma Until 5:03PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 2	Phase 33 - 2 1st Phase
		Rahu 7:45AM – 9:10AM	Kaulava Until 3:13AM Tue	Nataraja: Purple			
Creative Work	Siddha Yoga		Chalurithi' Until 4:07PM	Moon - Blue			Devaloka Day
				Margasira-Karttikai			

3**Tuesday, December 9, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Mangala Vasara Yuktyam
Ashlesha' Nakshatra Indra/Vaidhiti' Yoga Talika/Gara Karana Panchami/Shabdhyam TilauChennai, India
Sutra 239

Kataka Rasi: 18.27	Tithi 20 – 21	Gulika 12:01PM – 1:27PM	Ashlesha' Until 2:12AM Wed	Ganesh: White	Sunrise: 6:20AM		Vasarasu 5127
		Yama 9:11AM – 10:36AM	Indra Until 2:33PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 3	Phase 33 - 3 1st Phase
		Rahu 2:52PM – 4:18PM	Gara Until 2:02AM Wed	Nataraja: Purple			
Creative Work	Siddha Yoga		Panchami Until 2:30PM	Moon - Blue			Devaloka Day
				Margasira-Karttikai			

4**Wednesday, December 10, 2025**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Budha Vasara Yuktyam
Magha' Nakshatra Vaidhiti'/Vishkambha' Yoga Vanja/Visli' Karana Shashthi/Saptamyam TilauChennai, India
Sutra 240

Simha Rasi: 2.01	Tithi 21 – 22	Gulika 10:37AM – 12:02PM	Magha' Until 2:40AM Thu	Ganesh: Clear	Sunrise: 6:21AM		Vasarasu 5127
		Yama 7:46AM – 9:11AM	Vaidhiti' Until 12:42PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 4	Phase 33 - 4 1st Phase
		Rahu 12:02PM – 1:27PM	Visli Until 1:44AM Thu	Nataraja: Purple			
Creative Work	Siddha Yoga		Shashthi' Until 1:45PM	Moon - Red			Sivaloka Day
				Margasira-Karttikai			

4**Thursday, December 11, 2025****Retreat Star**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Guru Vasara Yuktyam
Purvaphalguni Nakshatra Vishkambha' Prithi Yoga Bava/Balava Karana Saptami/Navamyam TilauChennai, India
Sutra 241

Simha Rasi: 15.07	Tithi 22 – 23	Gulika 9:12AM – 10:37AM	Purvaphalguni Until 3:52AM Fri	Ganesh: Clear	Sunrise: 6:21AM		Vasarasu 5127
		Yama 6:21AM – 7:46AM	Vishkambha' Until 11:35AM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 5	Phase 33 - 5 Ashtami
		Rahu 1:28PM – 2:53PM	Balava Until 2:20AM Fri	Nataraja: Purple			
Creative Work	Siddha Yoga		Saptami Until 1:54PM	Moon - Red			Sivaloka Day
				Margasira-Karttikai			

Friday, December 12, 2025**Retreat Star**Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Sulea Vasara Yuktyam
Uttaraphalguni Nakshatra Prithi/Ajyotham Yoga Kaulava/Tailika Karana Ashtami/Navamyam TilauChennai, India
Sutra 242

Simha Rasi: 27.46	Tithi 23 – 24	Gulika 7:47AM – 9:12AM	Uttaraphalguni Until 5:38AM Sat	Ganesh: Purple	Sunrise: 6:22AM		Vasarasu 5127
		Yama 2:53PM – 4:19PM	Prithi Until 11:09AM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 33 - 6	Phase 33 - 6 Navami
		Rahu 10:38AM – 12:03PM	Tailika Until 3:43AM Sat	Nataraja: Purple			
Creative Work	Siddha Yoga		Ashtami' Until 2:55PM	Moon - Red			Subha Sivaloka Day
Until 5:38AM Sat				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Manita Vesara Yuktiyam Hasta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Chennai, India Sun 7	Subra 243 Vasavasu 5127
Kanya Rasi: 10.05	Tithi 24 – 25	Gulika 6:22AM – 7:47AM	Hasla Until 8:19AM Sun	Ganesh: Clear	Sunrise: 6:23AM		Vasavasu 5127
		Yama 1:29PM – 2:54PM	Ayushman Until 11:14AM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 8	2nd Phase
		Rahu 9:13AM – 10:38AM	Vanija Until 5:44AM Sun	Nataraja: Purple			
Routine Work	Marana Yoga		Navami* Until 4:38PM	Moon - Green			
Then Creative Work	Siddha Yoga			Margasira-Karttikai			Sivaloka Day

2		Sunday, December 14, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktiyam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visi* Karana Dashmyam Titau		Chennai, India Sun 8	Subra 244 Vasavasu 5127
Kanya Rasi: 22.1	Tithi 25	Gulika 2:54PM – 4:20PM	Hasla Until 8:19AM	Ganesh: Clear	Sunrise: 6:23AM		Vasavasu 5127
		Yama 12:04PM – 1:29PM	Saubhagya Until 11:45AM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 8	2nd Phase
		Rahu 4:20PM – 5:45PM	Visi Until 6:53PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Dashami Until 6:53PM	Moon - Green			
Then Creative Work	Siddha Yoga			Margasira-Karttikai			Sivaloka Day

3		Monday, December 15, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Indu Vesara Yuktiyam Svali/Chitra Nakshatra Sobhana/Abhiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Chennai, India Sun 9	Subra 245 Vasavasu 5127
Tula Rasi: 4.06	Tithi 26	Gulika 1:29PM – 2:55PM	Chitra Until 11:10AM	Ganesh: Clear	Sunrise: 6:23AM		Vasavasu 5127
Family Home Evening		Yama 10:39AM – 12:04PM	Sobhana Until 12:32PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 10	2nd Phase
		Rahu 7:48AM – 9:14AM	Bava Until 8:08AM	Nataraja: Purple			
Routine Work	Prabalarishta Yoga		Ekadashi* Until 9:24PM	Moon - Green			
Then Creative Work	Amrita Yoga			Margasira-Karttikai			Sivaloka Day

4		Tuesday, December 16, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktiyam Svali/Vishakha Nakshatra Abhiganda* Sukarna Yoga Kaulava/Tilla Karana Dvadashyam Titau		Chennai, India Sun 10	Subra 246 Vasavasu 5127
Tula Rasi: 15.57	Tithi 27	Gulika 12:05PM – 1:30PM	Svali Until 2:01PM	Ganesh: Purple	Sunrise: 6:24AM		Vasavasu 5127
		Yama 10:39AM – 12:04PM	Abhiganda* Until 1:24PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 10	2nd Phase
		Rahu 2:55PM – 4:20PM	Kaulava Until 10:43AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvadashi* Until 12:00AM Wed	Moon - Green			
Then Routine Work	Marana Yoga	Markali Pillayar		Margasira-Markali			Subha Sivaloka Day

5		Wednesday, December 17, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktiyam Vishakha/Anuradha Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 11	Subra 247 Vasavasu 5127
Tula Rasi: 27.47	Tithi 28	Gulika 10:40AM – 12:05PM	Vishakha Until 5:12PM	Ganesh: Clear	Sunrise: 6:24AM		Vasavasu 5127
		Yama 7:50AM – 9:15AM	Sukarna Until 2:16PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 11	2nd Phase
		Rahu 12:05PM – 1:30PM	Gara Until 1:19PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Trayodashi* Until 2:34AM Thu	Moon - Orange			
Then Routine Work	Prabalarishta Yoga			Margasira-Markali			Sivaloka Day

Pradosha Vata (Fasting)

6		Thursday, December 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vesara Yuktiyam Anuradha Nakshatra Dhriti/Shula* Yoga Visi* Sakuni* Karana Chalurdashyam Titau		Chennai, India Sun 12	Subra 248 Vasavasu 5127
Vishika Rasi: 9.4	Tithi 29	Gulika 9:15AM – 10:40AM	Anuradha Until 8:05PM	Ganesh: Clear	Sunrise: 6:25AM		Vasavasu 5127
		Yama 6:25AM – 7:50AM	Dhriti Until 3:05PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 12	2nd Phase
		Rahu 1:31PM – 2:56PM	Visi Until 3:49PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Chalurdashi* Until 4:58AM Fri	Moon - Orange			
Then Routine Work	Prabalarishta Yoga			Margasira-Markali			Sivaloka Day

●		Friday, December 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktiyam Jyeshtha* Nakshatra Shula*Ganda* Yoga Catuspada* Karana Amavasyayam Titau		Chennai, India Sun 13	Subra 249 Vasavasu 5127
Retreat Star		Gulika 7:51AM – 9:16AM	Jyeshtha* Until 10:38PM	Ganesh: Clear	Sunrise: 6:25AM		Vasavasu 5127
Wischika Rasi: 21.35	Tithi 30	Yama 2:57PM – 4:22PM	Shula* Until 3:43PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 13	Amavasya
		Rahu 10:41AM – 12:06PM	Catuspada Until 6:07PM	Nataraja: Purple			
Routine Work	Marana Yoga		Amavasya* Until 7:11AM Sat	Moon - Orange			
Then Creative Work	Amrita Yoga	Hanumath Jayanthi (Tamil Nadu)		Margasira-Markali			Sivaloka Day

●		Saturday, December 20, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Manita Vesara Yuktiyam Mula* Nakshatra Ganda*Vidhi Yoga Naga*Kintughna* Karana Amavasya/Prathamayam Titau		Chennai, India Sun 14	Subra 250 Vasavasu 5127
Retreat Star		Gulika 6:26AM – 7:51AM	Mula* Until 1:18AM Sun	Ganesh: Light Blue	Sunrise: 6:26AM		Vasavasu 5127
Dhanus Rasi: 4	Tithi 30 – 1	Yama 1:32PM – 2:57PM	Ganda* Until 4:13PM	Muruga: Yellow	Sunset: 5:49PM	Moon 12 - Phase 34 - 14	Prathama
		Rahu 9:16AM – 10:41AM	Kintughna Until 8:13PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Amavasya* Until 7:11AM	Moon - Light Blue			
				Pausha-Markali			Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Purnashadha* Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Chennai, India Sun 15	Sutra 251 Vasavasu 517
Dhanus Rasi: 15.42	Tithi 1 – 2	Gulika 2:58PM – 4:23PM	Purvashadha* Until 3:32AM Mon	Ganesh: Light Blue	Sunrise: 6:26AM		
		Yama 12:07PM – 1:32PM	Viddhi Until 4:32PM	Muruga: Yellow	Sunset: 5:46PM	Moon 12 - Phase 35 - 15	3rd Phase
Creative Work	Siddha Yoga	Rahu 4:23PM – 5:46PM	Balava Until 10:02PM	Nataraja: Purple			
Until 3:32AM Mon			Day 1 of Pancha Ganapati	Prathama* Until 9:08AM		Devaloka Day	
Then Routine Work – Marana Yoga				Moon – Light Blue		Pausha-Markali	

2 Monday, December 22, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yukayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dvitya/Tritayam Titau				Chennai, India Sun 16	Sutra 252 Vasavasu 517
Dhanus Rasi: 27.55	Tithi 2 – 3	Gulika 1:33PM – 2:58PM	Uttarashadha Until 5:20AM Tue	Ganesh: Light Blue	Sunrise: 6:27AM		
Family Home Evening		Yama 10:42AM – 12:08PM	Dhruva Until 4:37PM	Muruga: Yellow	Sunset: 5:46PM	Moon 12 - Phase 35 - 12	3rd Phase
Routine Work	Marana Yoga	Rahu 7:52AM – 9:17AM	Taila Until 11:34PM	Nataraja: Purple			
Until 5:20AM Tue			Day 2 of Pancha Ganapati	Dvitiya Until 10:49AM		Devaloka Day	
Then Creative Work – Siddha Yoga				Moon – Light Blue		Pausha-Markali	

3 Tuesday, December 23, 2025		Vivavasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yukayam Uttarashadha Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Chennai, India Sun 17	Sutra 253 Vasavasu 517
Makara Rasi: 10.15	Tithi 3 – 4	Gulika 12:08PM – 1:33PM	Shravana Until 7:07AM Wed	Ganesh: Purple	Sunrise: 6:27AM		
		Yama 9:18AM – 10:43AM	Vyaghata* Until 4:28PM	Muruga: Yellow	Sunset: 5:46PM	Moon 12 - Phase 35 - 17	3rd Phase
Creative Work	Siddha Yoga	Rahu 2:59PM – 4:24PM	Vanija Until 12:46AM Wed	Nataraja: Purple			
Until 7:07AM Wed			Day 3 of Pancha Ganapati	Tritiya Until 12:12PM		Devaloka Day	
Then Routine Work – Prabharishta Yoga				Moon – Purple		Pausha-Markali	

4 Wednesday, December 24, 2025		Vivavasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Budha Vasara Yukayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vidi/Bava Karana Chaturthi/Panchamam Titau				Chennai, India Sun 18	Sutra 254 Vasavasu 517
Makara Rasi: 22.44	Tithi 4 – 5	Gulika 10:43AM – 12:09PM	Shravana Until 7:07AM	Ganesh: Purple	Sunrise: 6:28AM		
		Yama 7:53AM – 9:18AM	Harshana Until 4:02PM	Muruga: Yellow	Sunset: 5:50PM	Moon 12 - Phase 35 - 18	3rd Phase
Creative Work	Siddha Yoga	Rahu 12:09PM – 1:34PM	Bava Until 1:33AM Thu	Nataraja: Purple			
Until 7:07AM			Day 4 of Pancha Ganapati	Chaturthi* Until 1:12PM		Devaloka Day	
Then Routine Work – Prabharishta Yoga				Moon – Purple		Pausha-Markali	

5 Thursday, December 25, 2025		Vivavasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yukayam Dhanishtha/Shatabhishak Nakshatra Vajra* Siddhi Yoga Balava/Kaulava Karana Panchmi/Shadhyam Titau				Chennai, India Sun 19	Sutra 255 Vasavasu 517
Kumbha Rasi: 5.25	Tithi 5 – 6	Gulika 9:19AM – 10:44AM	Dhanishtha Until 8:19AM	Ganesh: Purple	Sunrise: 6:28AM		
		Yama 6:28AM – 7:54AM	Vajra* Until 3:14PM	Muruga: Yellow	Sunset: 5:50PM	Moon 12 - Phase 35 - 19	3rd Phase
Creative Work	Siddha Yoga	Rahu 1:34PM – 3:00PM	Kaulava Until 1:51AM Fri	Nataraja: Purple			
Until 7:07AM			Day 5 of Pancha Ganapati	Panchami Until 1:45PM		Devaloka Day	
Then Routine Work – Prabharishta Yoga			Vinayaga Viratam Ends	Moon – Purple		Pausha-Markali	

6 Friday, December 26, 2025		Vivavasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Satva Vasara Yukayam Shatabhishak/Purnavroshadha* Nakshatra Siddhi/Vyapata* Yoga Talika/Gara Karana Shashthi/Saptamam Titau				Chennai, India Sun 20	Sutra 256 Vasavasu 517
Kumbha Rasi: 18.2	Tithi 6 – 7	Gulika 7:54AM – 9:19AM	Shatabhishak Until 8:53AM	Ganesh: Purple	Sunrise: 6:29AM		
		Yama 3:00PM – 4:25PM	Siddhi Until 2:02PM	Muruga: Yellow	Sunset: 5:51PM	Moon 12 - Phase 35 - 20	3rd Phase
Creative Work	Siddha Yoga	Rahu 10:44AM – 12:10PM	Gara Until 1:35AM Sat	Nataraja: Clear			
Until 7:07AM			Day 6 of Pancha Ganapati	Shashthi* Until 1:47PM		Bhuloka Day	
Then Routine Work – Prabharishta Yoga				Moon – Purple		Pausha-Markali	
						Devaloka Time: 3PM to 6PM	

7 Saturday, December 27, 2025		Vivavasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Manta Vasara Yukayam Purnavroshadha*Uttaravroshadha Nakshatra Vyapata*Varjyan Yoga Vanija/Vidi* Karana Saptami/Ahtamam Titau				Chennai, India Sun 21	Sutra 257 Vasavasu 517
Retreat Star		Gulika 6:29AM – 7:55AM	Purnavroshadha* Until 9:11AM	Ganesh: Green	Sunrise: 6:29AM		
Meena Rasi: 1.32	Tithi 7 – 8	Yama 1:35PM – 3:01PM	Vyapata* Until 12:23PM	Muruga: Yellow	Sunset: 5:51PM	Moon 12 - Phase 35 - 21	Ashtami
Routine Work	Marana Yoga	Rahu 9:20AM – 10:45AM	Vidi Until 12:43AM Sun	Nataraja: Clear			
Until 9:11AM			Day 7 of Pancha Ganapati	Moon – Clear		Bhuloka Day	
Then Creative Work – Siddha Yoga			Saptami Until 1:13PM	Pausha-Markali		Devaloka Time: 3PM to 6PM	

8 Sunday, December 28, 2025		Vivavasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Uttaravroshadha*Revati Nakshatra Varjyan/Parigra* Yoga Bava/Balava Karana Ashtami/Navamam Titau				Chennai, India Sun 22	Sutra 258 Vasavasu 517
Retreat Star		Gulika 3:01PM – 4:26PM	Uttaravroshadha Until 8:44AM	Ganesh: Green	Sunrise: 6:30AM		
Meena Rasi: 15.05	Tithi 8 – 9	Yama 12:11PM – 1:36PM	Varjyan Until 10:13AM	Muruga: Yellow	Sunset: 5:52PM	Moon 12 - Phase 35 - 22	Navami
Creative Work	Amrita Yoga	Rahu 4:26PM – 5:52PM	Balava Until 11:12PM	Nataraja: Clear			
Until 9:11AM			Day 8 of Pancha Ganapati	Moon – Clear		Bhuloka Day	
Then Routine Work – Prabharishta Yoga			Ashtami* Until 12:01PM	Pausha-Markali		Devaloka Time: 3PM to 6PM	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Monday, December 29, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam Revati/Ashvini Nakshatra Parigha/7Shiva Yoga Kaulava/Tailita Karana Navami/Dashanyam Tilau				Chennai, India Sun 23	Sutra 259 Vasavasu 5127
Mesha Rasi: 29.01	Tithi 9 – 10	Gulika 1.36PM – 3.02PM	Revati Until 7:31AM	Ganesh: Green	Sunrise: 6:30AM		
Family Home Evening	812338576	Yama 10.46AM – 12.11PM	Parigha* Until 7:35AM	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 23	4th Phase
Creative Work	Siddha Yoga	Rahu 7.55AM – 9.21AM	Tailita Until 9:06PM	Nataraja: Clear			
			Navami* Until 10:12AM	Moon – Clear		Bhuloka Day	Devaloka Time: 3PM to 6PM
				Pausha-Markali			

2 Tuesday, December 30, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vesara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadasyam Tilau				Chennai, India Sun 24	Sutra 260 Vasavasu 5127
Mesha Rasi: 13.18	Tithi 10 – 11	Gulika 12.12PM – 1.37PM	Ashvini Until 6:02AM	Ganesh: Red	Sunrise: 6:31AM		
	822338576	Yama 9.21AM – 10.46AM	Siddha Until 12:58AM Wed	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 24	4th Phase
Creative Work	Siddha Yoga	Rahu 3.02PM – 4.27PM	Vanija Until 6:28PM	Nataraja: Clear			
		Valkuntha Ekadasi	Dashami Until 7:50AM	Moon – White		Devaloka Day	
				Pausha-Markali			

3 Wednesday, December 31, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vesara Yuktayam Kritika Nakshatra Sadyha Yoga Bava/Balava Karana Dvadasyam Tilau				Chennai, India Sun 25	Sutra 261 Vasavasu 5127
Mesha Rasi: 27.56	Tithi 12	Gulika 10.47AM – 12.12PM	Kritika Until 1:19AM Thu	Ganesh: Red	Sunrise: 6:31AM		
	822338576	Yama 7.56AM – 9.22AM	Sadyha Until 9:10PM	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 25	4th Phase
Creative Work	Amrita Yoga	Rahu 12.12PM – 1.37PM	Bava Until 3:25PM	Nataraja: Clear			
Until 1:19AM Thu			Dvadashi Until 1:46AM Thu	Moon – White		Devaloka Day	
Then Routine Work – Marana Yoga				Pausha-Markali			

4 Thursday, January 1, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Trayodshyam Tilau				Chennai, India Sun 26	Sutra 262 Vasavasu 5127
Wishabha Rasi: 12.49	Tithi 13	Gulika 9.22AM – 10.47AM	Rohini Until 10:47PM	Ganesh: Blue	Sunrise: 6:31AM		
	832338576	Yama 6.31AM – 7.57AM	Subha Until 5:11PM	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 26	4th Phase
Routine Work	Marana Yoga	Rahu 1.38PM – 3.03PM	Kaulava Until 12:06PM	Nataraja: Clear			
			Trayodashi Until 10:22PM	Moon – Yellow		Bhuloka Day	Devaloka Time: 3PM to 6PM
				Pausha-Markali			
				<i>Pradosha Vata</i>			

5 Friday, January 2, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vesara Yuktayam Migashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Tilau				Chennai, India Sun 27	Sutra 263 Vasavasu 5127
Wishabha Rasi: 27.51	Tithi 14	Gulika 7.57AM – 9.22AM	Mrigashira Until 8:04PM	Ganesh: Blue	Sunrise: 6:30AM		
	833348576	Yama 3.04PM – 4.29PM	Sukla Until 1.06PM	Muruga: White	Sunset: 5:59PM	Moon 12 - Phase 36 - 27	4th Phase
Creative Work	Siddha Yoga	Rahu 10.48AM – 12.13PM	Gara Until 8:39AM	Nataraja: Clear			
			Chaturdashi* Until 6:55PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			

○ Saturday, January 3, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Chennai, India Sun 28	Sutra 264 Vasavasu 5127
Copper Retreat Star		Gulika 6.32AM – 7.58AM	Ardra Until 5:21PM	Ganesh: Blue	Sunrise: 6:30AM		
Mithuna Rasi: 12.52	Tithi 15 – 16	Yama 1.39PM – 3.04PM	Brahma Until 9:05AM	Muruga: White	Sunset: 5:59PM	Moon 12 - Phase 36 - Purnima	
Creative Work	Siddha Yoga	Rahu 9.23AM – 10.48AM	Balava Until 2:02AM Sun	Nataraja: Clear			
			Purnima* Until 3:35PM	Moon – Yellow		Devaloka Day	
				Pausha-Markali			
				Ardra Darshanam			

Sunday, January 4, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhava Vesara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Purnima/Prathamayam Tilau				Chennai, India Sun 29	Sutra 265 Vasavasu 5127
Silver Retreat Star		Gulika 3.05PM – 4.30PM	Punarvasu Until 3:13PM	Ganesh: Red	Sunrise: 6:33AM		
Mithuna Rasi: 27.42	Tithi 16 – 17	Yama 12.14PM – 1.39PM	Vaidhriti* Until 1:48AM Mon	Muruga: White	Sunset: 5:59PM	Moon 12 - Phase 36 - Prathama	
Creative Work	Siddha Yoga	Rahu 4.30PM – 5.56PM	Tailita Until 11:13PM	Nataraja: Clear			
			Prathama* Until 12:33PM	Moon – Blue		Sivaloka Day	
				Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Monday, January 5, 2026****Gold Retreat Star**

Kataka Rasi: 12.14 TITHI 17 - 18

Family Home Evening

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktyam
Pushya/Ashleha* Nakshatra Vishkambha* Yoga Gara/Venja Karana Dvitya/Trityayam TilauChennai, India Sun 1
Sutra 266
Vasarasu 5127

Gulika

1:40PM - 3:05PM

Yama 10:49AM - 12:14PM

Rahu 7:58AM - 9:24AM

Pushya Until 1:25PM

Vishkambha* Until 10:46PM

Vanija Until 8:57PM

Dvitya Until 9:59AM

Ganesha: Red

Murgu: White

Nataraja: Clear

Moon - Blue

Sunrise: 6:23AM

Sunset: 5:56PM

Moon 1 - Phase 37 - 1

1st Phase

Sivaloka Day

Subramuniyaswamy Jayanti

Pausha-Markali

1 Tuesday, January 6, 2026

Kataka Rasi: 26.22 TITHI 18 - 19

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktyam
Magha*/Purvaphalguni Nakshatra Agushman Yoga Balava/Kaulava Karana Chaturthi/Chaturthayam TilauChennai, India Sun 2
Sutra 267
Vasarasu 5127

Gulika

12:15PM - 1:40PM

Yama 9:24AM - 10:49AM

Rahu 3:06PM - 4:31PM

Ashlesha* Until 12:08PM

Priti Until 8:20PM

Bava Until 7:22PM

Tritiya Until 8:03AM

Ganesha: Yellow

Murgu: White

Nataraja: Clear

Moon - Blue

Sunrise: 6:23AM

Sunset: 5:57PM

Moon 1 - Phase 37 - 2

1st Phase

Sivaloka Day

Pausha-Markali

2 Wednesday, January 7, 2026

Simha Rasi: 10.02 TITHI 19 - 20

Creative Work Siddha Yoga

Until 11:54AM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktyam
Magha*/Purvaphalguni Nakshatra Agushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TilauChennai, India Sun 3
Sutra 268
Vasarasu 5127

Gulika

10:50AM - 12:15PM

Yama 7:59AM - 9:24AM

Rahu 12:15PM - 1:41PM

Magha* Until 11:54AM

Ajushman Until 6:31PM

Kaulava Until 6:37PM

Chaturthi* Until 6:52AM

Ganesha: White

Murgu: White

Nataraja: Clear

Moon - Red

Sunrise: 6:24AM

Sunset: 5:57PM

Moon 1 - Phase 37 - 3

1st Phase

Devaloka Day

Pausha-Markali

3 Thursday, January 8, 2026

Simha Rasi: 23.14 TITHI 20 - 21

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktyam
Purvaphalguni/Ultaraphalguni Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Panchmi/Shashthiyam TilauChennai, India Sun 4
Sutra 269
Vasarasu 5127

Gulika

9:25AM - 10:50AM

Yama 6:34AM - 7:59AM

Rahu 1:41PM - 3:07PM

Purvaphalguni Until 12:22PM

Saubhagya Until 5:23PM

Gara Until 6:44PM

Panchami Until 6:33AM

Ganesha: White

Murgu: White

Nataraja: Clear

Moon - Red

Sunrise: 6:24AM

Sunset: 5:58PM

Moon 1 - Phase 37 - 4

1st Phase

Devaloka Day

Pausha-Markali

4 Friday, January 9, 2026

Kanya Rasi: 5.59 TITHI 21 - 22

Creative Work Siddha Yoga

Until 1:30PM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktyam
Utlaraphalguni/Hasta Nakshatra Ahiganda* Yoga Venja/Visti* Karana Shashthi/Saptamyam TilauChennai, India Sun 5
Sutra 270
Vasarasu 5127

Gulika

8:00AM - 9:25AM

Yama 3:07PM - 4:33PM

Rahu 10:51AM - 12:16PM

Utlaraphalguni Until 1:30PM

Sobhana Until 4:54PM

Visti Until 7:41PM

Shashthi* Until 7:05AM

Ganesha: White

Murgu: White

Nataraja: Clear

Moon - Red

Sunrise: 6:24AM

Sunset: 5:58PM

Moon 1 - Phase 37 - 5

1st Phase

Devaloka Day

Pausha-Markali

Saturday, January 10, 2026**Retreat Star**

Kanya Rasi: 18.24 TITHI 22 - 23

Routine Work Marana Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Marita Vasara Yuktyam
Hasta/Chitra Nakshatra Ahiganda*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam TilauChennai, India Sun 6
Sutra 271
Vasarasu 5127

Gulika

6:34AM - 8:00AM

Yama 1:42PM - 3:08PM

Rahu 9:26AM - 10:51AM

Hasta Until 3:40PM

Ahiganda* Until 4:58PM

Balava Until 9:22PM

Saptami Until 8:26AM

Ganesha: Clear

Murgu: White

Nataraja: Clear

Moon - Green

Sunrise: 6:24AM

Sunset: 5:59PM

Moon 1 - Phase 37 - 6

Ashtami

Sivaloka Day

Pausha-Markali

Sunday, January 11, 2026**Retreat Star**

Tula Rasi: 0.32 TITHI 23 - 24

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktyam
Chitra Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Ashtami/Navamyam TilauChennai, India Sun 7
Sutra 272
Vasarasu 5127

Gulika

3:08PM - 4:34PM

Yama 12:17PM - 1:43PM

Rahu 4:34PM - 5:59PM

Chitra Until 6:14PM

Sukarma Until 5:27PM

Tailila Until 11:34PM

Ashtami* Until 10:24AM

Ganesha: Clear

Murgu: White

Nataraja: Clear

Moon - Green

Sunrise: 6:25AM

Sunset: 5:59PM

Moon 1 - Phase 37 - 7

Navami

Sivaloka Day

Pausha-Markali

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

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1

Monday, January 12, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Kishna Paksho Indu Vasara Yuktayam Svali Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Chennai, India Sun 8 Sutra 273	
Gulika	1:43PM - 3:09PM	Svali Until 8:57PM	Ganesh: Clear Sunrise: 6:25AM
Yama	10:52AM - 12:17PM	Dhriti Until 6:14PM	Muruga: White Sunset: 6:09PM
Rahu	8:01AM - 9:26AM	Vanija Until 2:04AM Tue	Nataraja: Clear Moon 1 - Phase 38 - 10 Moon - Green
Tula Rasi: 12.3 Tithi 24 - 25		Navami* Until 12:47PM	Pausha-Markali
Family Home Evening	863448576		Sivaloka Day
Creative Work Amrita Yoga			
Until 8:57PM			
Then Routine Work - Marana Yoga			

2

Tuesday, January 13, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Kishna Paksho Mangala Vasara Yuktayam Vishakha Nakshatra Shula* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Chennai, India Sun 9 Sutra 274	
Gulika	12:18PM - 1:44PM	Vishakha Until 12:07AM Wed	Ganesh: Purple Sunrise: 6:25AM
Yama	9:26AM - 10:52AM	Shula* Until 7:04PM	Muruga: White Sunset: 6:09PM
Rahu	3:09PM - 4:35PM	Bava Until 4:39AM Wed	Nataraja: Clear Moon 1 - Phase 38 - 10 Moon - Orange
Tula Rasi: 24.23 Tithi 25 - 26	873448576	Dashami Until 3:21PM	Pausha-Markali
Routine Work Marana Yoga			Devalka Day
Until 12:07AM Wed			
Then Creative Work - Siddha Yoga			

3

Wednesday, January 14, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Budha Vasara Yuktayam Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Chennai, India Sun 10 Sutra 275	
Gulika	10:52AM - 12:18PM	Anuradha Until 3:02AM Thu	Ganesh: Purple Sunrise: 6:25AM
Yama	8:01AM - 9:27AM	Ganda* Until 7:54PM	Muruga: White Sunset: 6:09PM
Rahu	12:18PM - 1:44PM	Kaulava Until 7:08AM Thu	Nataraja: Clear Moon 1 - Phase 38 - 10 Moon - Orange
Vischika Rasi: 6.14 Tithi 26 - 27	873448576	Ekadashi* Until 5:53PM	Pausha-Thai
Creative Work Siddha Yoga			Devalka Day
Until 3:02AM Thu			
Then Routine Work - Prabarishtha Yoga			

4

Thursday, January 15, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Guru Vasara Yuktayam Jyeshtha* Nakshatra Vidhih Yoga Kaulava/Taila Karana Dvadashyam Titau		Chennai, India Sun 11 Sutra 276	
Gulika	9:27AM - 10:53AM	Jyeshtha* Until 5:35AM Fri	Ganesh: Purple Sunrise: 6:25AM
Yama	6:35AM - 8:01AM	Vidhih Until 8:35PM	Muruga: White Sunset: 6:09PM
Rahu	1:44PM - 3:10PM	Kaulava Until 7:08AM	Nataraja: Clear Moon 1 - Phase 38 - 11 Moon - Orange
Vischika Rasi: 18.08 Tithi 27	873448576	Dvadashi* Until 8:15PM	Pausha-Thai
Routine Work Prabarishtha Yoga			Devalka Day
Until 5:35AM Fri			
Then Creative Work - Amrita Yoga			

5

Friday, January 16, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Sukra Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau		Chennai, India Sun 12 Sutra 277	
Gulika	8:01AM - 9:27AM	Mula* Until 8:09AM Sat	Ganesh: Purple Sunrise: 6:26AM
Yama	3:11PM - 4:36PM	Dhruva Until 9:02PM	Muruga: White Sunset: 6:09PM
Rahu	10:53AM - 12:19PM	Gara Until 9:21AM	Nataraja: Clear Moon 1 - Phase 38 - 12 Moon - Light Blue
Dhanus Rasi: 0.07 Tithi 28	884448576	Trayodashi* Until 10:20PM	Pausha-Thai
Creative Work Amrita Yoga			Devalka Day
Until 8:09AM Sat			
Then Creative Work - Siddha Yoga			

6

Saturday, January 17, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Merita Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghala* Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Chennai, India Sun 13 Sutra 278	
Gulika	6:36AM - 8:02AM	Mula* Until 8:09AM	Ganesh: Purple Sunrise: 6:26AM
Yama	1:45PM - 3:11PM	Vyaghala* Until 9:14PM	Muruga: White Sunset: 6:09PM
Rahu	9:28AM - 10:53AM	Visi Until 11:15AM	Nataraja: Clear Moon 1 - Phase 38 - 13 Moon - Light Blue
Dhanus Rasi: 12.14 Tithi 29	884448576	Chaturdashi* Until 12:02AM Sun	Pausha-Thai
Creative Work Siddha Yoga			Devalka Day

●

Sunday, January 18, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Bhama Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Catuspada*/Rigya* Karana Amavasyayam Titau		Chennai, India Sun 14 Sutra 279	
Retreat Star		Gulika	3:11PM - 4:37PM
Dhanus Rasi: 24.3	Tithi 30	Yama	12:20PM - 1:46PM
		Rahu	4:37PM - 6:03PM
	884448576	Purvashadha* Until 10:11AM	Ganesh: Purple Sunrise: 6:26AM
Creative Work Siddha Yoga		Harshana Until 9:08PM	Muruga: White Sunset: 6:09PM
Until 10:11AM		Catuspada Until 12:46PM	Nataraja: Clear Moon 1 - Phase 38 - 14 Moon - Light Blue
Then Creative Work - Amrita Yoga		Amavasya* Until 1:20AM Mon	Pausha-Thai

Monday, January 19, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Sukla Paksho Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Chennai, India Sun 15 Sutra 280	
Retreat Star		Gulika	1:46PM - 3:12PM
Makara Rasi: 6.56	Tithi 1	Yama	10:54AM - 12:20PM
		Rahu	8:02AM - 9:28AM
	884448576	Uttarashadha Until 11:40AM	Ganesh: Purple Sunrise: 6:26AM
Family Home Evening		Vajra* Until 8:42PM	Muruga: White Sunset: 6:09PM
Routine Work Marana Yoga		Kintughna Until 1:51PM	Nataraja: Clear Moon 1 - Phase 38 - 15 Moon - Light Blue
Until 11:40AM		Prathama* Until 2:14AM Tue	Magha-Thai
Then Creative Work - Amrita Yoga			Devalka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1 Tuesday, January 20, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam ShravanaDhanishtha Nakshatra Siddhi Yoga Baleva/Kaulava Karana Dvityayam Titau				Chennai, India Sun 16 Sutra 281
Makara Rasi: 19.34	Tilthi 2	Gulika 12:20PM - 1:46PM	Shravana Until 1:05PM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple	Sunrise: 6:36AM Sunset: 6:04PM	Vasaxasa 5127 Moon 1 - Phase 39 - 16 3rd Phase
Creative Work	Siddha Yoga	894448576 Yama 9:28AM - 10:54AM Rahu 3:12PM - 4:38PM	Siddhi Until 7:58PM Balava Until 2:32PM Dvitiya Until 2:42AM Wed	Devaloka Day		

2 Wednesday, January 21, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Budha Vessara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Talilla/Gara Karana Tritiyayam Titau				Chennai, India Sun 17 Sutra 282
Kumbha Rasi: 2.22	Tilthi 3	Gulika 10:54AM - 12:21PM	Dhanishtha Until 1:56PM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple	Sunrise: 6:36AM Sunset: 6:05PM	Vasaxasa 5127 Moon 1 - Phase 39 - 17 3rd Phase
Routine Work	Prabalarishtha Yoga	894448576 Yama 8:02AM - 9:28AM Rahu 12:21PM - 1:47PM	Vyatipata* Until 6:57PM Talilla Until 2:49PM Tritiya Until 2:47AM Thu	Devaloka Day		

3 Thursday, January 22, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Guru Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Varjyan/Parigraha* Yoga Vanija/Vist* Karana Chaluriyam Titau				Chennai, India Sun 18 Sutra 283
Kumbha Rasi: 15.23	Tilthi 4	Gulika 9:29AM - 10:55AM	Shatabhishak Until 2:16PM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple	Sunrise: 6:36AM Sunset: 6:05PM	Vasaxasa 5127 Moon 1 - Phase 39 - 18 3rd Phase
Creative Work	Siddha Yoga	894448576 Yama 6:36AM - 8:02AM Rahu 1:47PM - 3:13PM	Varjyan Until 5:35PM Vanija Until 2:41PM Chalurithi* Until 2:28AM Fri	Devaloka Day		

4 Friday, January 23, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Sukra Vasara Yuktayam Puravroshthapada*/Utarproshthapada Nakshatra Parigraha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Chennai, India Sun 19 Sutra 284
Kumbha Rasi: 28.35	Tilthi 5	Gulika 8:02AM - 9:29AM	Puravroshthapada* Until 2:31PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Clear	Sunrise: 6:36AM Sunset: 6:06PM	Vasaxasa 5127 Moon 1 - Phase 39 - 19 3rd Phase
Creative Work	Siddha Yoga	814448576 Yama 3:13PM - 4:40PM Rahu 10:55AM - 12:21PM	Parigraha* Until 3:56PM Bava Until 2:11PM Panchami Until 1:45AM Sat	Devaloka Day		

5 Saturday, January 24, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Mania Vasara Yuktayam Utarproshthapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Talilla Karana Shashthiyam Titau				Chennai, India Sun 20 Sutra 285
Meena Rasi: 12	Tilthi 6	Gulika 6:36AM - 8:03AM	Utarproshthapada Until 2:14PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Clear	Sunrise: 6:36AM Sunset: 6:06PM	Vasaxasa 5127 Moon 1 - Phase 39 - 20 3rd Phase
Creative Work	Siddha Yoga	814448576 Yama 1:48PM - 3:14PM Rahu 9:29AM - 10:55AM	Shiva Until 2:00PM Kaulava Until 1:16PM Shashthi* Until 12:40AM Sun	Devaloka Day		

6 Sunday, January 25, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Bhanu Vessara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Chennai, India Sun 21 Sutra 286
Meena Rasi: 25.38	Tilthi 7	Gulika 3:14PM - 4:41PM	Revati Until 1:26PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Clear	Sunrise: 6:36AM Sunset: 6:07PM	Vasaxasa 5127 Moon 1 - Phase 39 - 21 3rd Phase
Creative Work	Amrita Yoga	914448576 Yama 12:22PM - 1:48PM Rahu 4:41PM - 6:07PM	Siddha Until 11:44AM Gara Until 11:59AM Saptami* Until 11:11PM	Sivaloka Day		

Monday, January 26, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Vishi*/Bava Karana Ashtamyam Titau				Chennai, India Sun 22 Sutra 287
Retreat Star		Gulika 1:48PM - 3:15PM	Ashvini Until 12:32PM	Ganesh: White Muruga: White Nataraja: Clear Moon - White	Sunrise: 6:36AM Sunset: 6:07PM	Vasaxasa 5127 Moon 1 - Phase 39 - 22 Ashtami
Mesha Rasi: 9.3	Tilthi 8	Yama 10:55AM - 12:22PM	Sadhya Until 9:10AM Vishi Until 10:19AM Ashtami* Until 9:19PM	Devaloka Day		

Tuesday, January 27, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam Bharani/Kittika Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 23 Sutra 288
Retreat Star		Gulika 12:22PM - 1:48PM	Bharani Until 11:09AM	Ganesh: White Muruga: White Nataraja: Clear Moon - White	Sunrise: 6:36AM Sunset: 6:08PM	Vasaxasa 5127 Moon 1 - Phase 39 - 23 Navami
Mesha Rasi: 23.36	Tilthi 9	Yama 9:29AM - 10:56AM	Subha Until 6:20AM Balava Until 8:17AM Navami* Until 7:08PM	Devaloka Day		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Wednesday, January 28, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suku Paksho Budha Vesara Yukhtayam Chennai, India				
Kritika/Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Ekadashi/Dvadashyam Titau Sun 24 Sutra 289		Gulika 10:56AM - 12:22PM	Kritika Until 9:20AM	Ganesh: White	Sunrise: 6:36AM	Vasavasu 5:17
Wishabha Rasi: 7.54	Tithi 10 - 11	Yama 8:03AM - 9:29AM	Brahma Until 11:55PM	Muruga: White	Sunset: 6:08PM	Moon 1 - Phase: 40 - 24
924448576	Rahu 12:22PM - 1:49PM		Vanija Until 3:21AM Thu	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 4:39PM	Moon - White		Devaloka Day
Until 9:20AM				Magha-Thai		
Then Creative Work - Siddha Yoga						

2 Thursday, January 29, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suku Paksho Guru Vesara Yukhtayam Chennai, India				
Rohini/Mrigashira Nakshatra Indra Yoga Vasi/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 290		Gulika 9:29AM - 10:56AM	Rohini Until 7:33AM	Ganesh: Red	Sunrise: 6:36AM	Vasavasu 5:17
Wishabha Rasi: 22.23	Tithi 11 - 12	Yama 6:36AM - 8:03AM	Indra Until 8:29PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - 25
935448576	Rahu 1:49PM - 3:16PM		Bava Until 12:37AM Fri	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 1:59PM	Moon - Yellow		Sivaloka Day
				Magha-Thai		

3 Friday, January 30, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suku Paksho Sukra Vesara Yukhtayam Chennai, India				
Ardra Nakshatra Vaidhri/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 291		Gulika 8:03AM - 9:29AM	Ardra Until 3:20AM Sat	Ganesh: Red	Sunrise: 6:36AM	Vasavasu 5:17
Mithuna Rasi: 6.57	Tithi 12 - 13	Yama 6:36AM - 8:03AM	Vaidhri* Until 4:59PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - 26
935448576	Rahu 10:56AM - 12:23PM		Kaulava Until 9:51PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:12AM	Moon - Yellow		Sivaloka Day
				Magha-Thai		

Pradosha Vata

4 Saturday, January 31, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suku Paksho Manu Vesara Yukhtayam Chennai, India				
Punarvasu Nakshatra Vishkambha*Prithi Yoga Talala/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 292		Gulika 6:36AM - 8:03AM	Punarvasu Until 1:34AM Sun	Ganesh: Blue	Sunrise: 6:36AM	Vasavasu 5:17
Mithuna Rasi: 21.31	Tithi 13 - 14	Yama 1:49PM - 3:16PM	Vishkambha* Until 1:33PM	Muruga: White	Sunset: 6:10PM	Moon 1 - Phase: 40 - 27
945548576	Rahu 9:29AM - 10:56AM		Gara Until 7:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:28AM	Moon - Blue		Devaloka Day
				Magha-Thai		

○ Sunday, February 1, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suku Paksho Shanu Vesara Yukhtayam Chennai, India				
Copper Retreat Star		Pushya Nakshatra Aayushman Yoga Vasi/Bava Karana Purnimayam Titau Sutra 293				
Kataka Rasi: 5.58	Tithi 15	Gulika 3:16PM - 4:43PM	Pushya Until 11:57PM	Ganesh: Blue	Sunrise: 6:36AM	Vasavasu 5:17
945548576	Rahu 4:43PM - 6:10PM		Prithi Until 10:18AM	Muruga: White	Sunset: 6:10PM	Moon 1 - Phase: 40 - Purnima
Creative Work	Siddha Yoga		Visiti Until 4:45PM	Nataraja: Clear		
		Thai Pusam	Purnima* Until 3:39AM Mon	Moon - Blue		Devaloka Day
				Magha-Thai		

Monday, February 2, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yukhtayam Chennai, India				
Silver Retreat Star		Ashlesha* Nakshatra Ayushman/Saulbhagya Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 294				
Kataka Rasi: 20.13	Tithi 16	Gulika 1:50PM - 3:16PM	Ashlesha* Until 10:37PM	Ganesh: Blue	Sunrise: 6:36AM	Vasavasu 5:17
945548576	Rahu 8:03AM - 9:29AM		Ayushman Until 7:18AM	Muruga: White	Sunset: 6:10PM	Moon 1 - Phase: 40 - Prathama
Creative Work	Siddha Yoga		Balava Until 2:42PM	Nataraja: Clear		
Until 10:37PM			Prathama* Until 1:51AM Tue	Moon - Blue		Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai		

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

		Viswasa Nama Samvatsara Magha Nakshatra Sobhana Yoga	Utarayane Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Tailla/Gara Karana Dvityayam Tilau		Chennai, India Sutra 295
Simha Rasi: 4.1	Tithi 17	Gulika 12:23PM - 1:50PM	Magha* Until 10:07PM	Ganesh: Red Muruga: White Nataraja: Clear	Sunrise: 6:36AM Sunset: 6:10PM Moon 2 - Phase 41 - 1st Phase
		Yama 9:29AM - 10:56AM	Sobhana Until 2:36AM Wed	Moan - Red	
		965548576 Rahu 3:17PM - 4:44PM	Tailla Until 1:11PM	Magha-Thai	Sivaloka Day
Creative Work	Siddha Yoga		Dvitiya Until 12:39AM Wed		

1

Wednesday, February 4, 2026

		Viswasa Nama Samvatsara Purvaphalguni Nakshatra Aihganda's Yoga	Utarayane Moksha Ritau Makara Mase Krishna Paksha Butha Vasara Yuktayam Vanja/Visi* Karana Trityayam Tilau		Chennai, India Sutra 296
Simha Rasi: 17.44	Tithi 18	Gulika 10:56AM - 12:23PM	Purvaphalguni Until 10:10PM	Ganesh: Red Muruga: White Nataraja: Orange	Sun 1 Sunrise: 6:25AM Sunset: 6:11PM Moon 2 - Phase 41 - 1st Phase
		Yama 8:02AM - 9:29AM	Aihganda's Until 1:01AM Thu	Van - Red	
		965548577 Rahu 12:23PM - 1:50PM	Vanija Until 12:19PM	Magha-Thai	Sivaloka Day
Creative Work	Amrita Yoga		Tritiya Until 12:08AM Thu		

2

Thursday, February 5, 2026

		Viswasa Nama Samvatsara Kanya Rasi 0.55	Utarayane Moksha Ritau Makara Mase Krishna Paksha Guru Visara Yuktayam Bava/Balava Karana Chaturtham Tilau		Chennai, India Sutra 297
	Tithi 19	Gulika 9:29AM - 10:56AM	Uttaraphalguni Until 10:46PM	Ganesh: Red Muruga: White Nataraja: Orange	Sun 2 Sunrise: 6:25AM Sunset: 6:11PM Moon 2 - Phase 41 - 2 1st Phase
		Yama 6:35AM - 8:02AM	Sukarma Until 12:01AM Fri	Moan - Red	
		965548577 Rahu 1:50PM - 3:17PM	Bava Until 12:11PM	Magha-Thai	Sivaloka Day
Until 10:46PM		Maha Sankatahara Chaturthi	Chaturthi* Until 12:22AM Fri		
Then Routine Work - Marana Yoga					

3

Friday, February 6, 2026

		Viswasa Nama Samvatsara Kanya Rasi: 13.44	Utarayane Moksha Ritau Makara Mase Krishna Paksha Sukra Vasara Yuktayam Kaulava/Tailla Karana Panchamam Tilau		Chennai, India Sutra 298
	Tithi 20	Gulika 8:02AM - 9:29AM	Hasla Until 12:24AM Sat	Ganesh: Green Muruga: White Nataraja: Orange	Sun 3 Sunrise: 6:25AM Sunset: 6:12PM Moon 2 - Phase 41 - 3 1st Phase
		Yama 3:18PM - 4:45PM	Dhriti Until 11:37PM	Moan - Green	
		965548577 Rahu 10:56AM - 12:23PM	Kaulava Until 12:48PM	Magha-Thai	Devaloka Day
Creative Work	Amrita Yoga		Panchami Until 1:21AM Sat		
Until 12:24AM Sat					
Then Routine Work - Marana Yoga					

4

Saturday, February 7, 2026

		Viswasa Nama Samvatsara Kanya Rasi: 26.13	Utarayane Moksha Ritau Makara Mase Krishna Paksha Mania Vasara Yuktayam Gara/Vanija Karana Shashtham Tilau		Chennai, India Sutra 299
	Tithi 21	Gulika 6:35AM - 8:02AM	Chitra Until 2:30AM Sun	Ganesh: White Muruga: White Nataraja: Orange	Sun 4 Sunrise: 6:25AM Sunset: 6:12PM Moon 2 - Phase 41 - 4 1st Phase
		Yama 1:51PM - 3:18PM	Shula* Until 11:40PM	Moan - Green	
		966548577 Rahu 9:29AM - 10:56AM	Gara Until 2:06PM	Magha-Thai	Devaloka Day
Routine Work	Marana Yoga		Shashthi* Until 2:58AM Sun		
Until 2:30AM Sun					
Then Creative Work - Siddha Yoga					

5

Sunday, February 8, 2026

		Viswasa Nama Samvatsara Tula Rasi: 8.25	Utarayane Moksha Ritau Makara Mase Krishna Paksha Bhanu Vasara Yuktayam Svali Nakshatra Ganda's Yoga Visi* Bava Karana Saplamyam Tilau		Chennai, India Sutra 300
	Tithi 22	Gulika 3:18PM - 4:45PM	Svali Until 4:54AM Mon	Ganesh: White Muruga: White Nataraja: Orange	Sun 5 Sunrise: 6:25AM Sunset: 6:12PM Moon 2 - Phase 41 - 5 1st Phase
		Yama 12:24PM - 1:51PM	Ganda* Until 12:08AM Mon	Moan - Green	
		966548577 Rahu 4:45PM - 6:12PM	Visi Until 4:00PM	Magha-Thai	Devaloka Day
Creative Work	Siddha Yoga		Saplami Until 5:05AM Mon		
Until 4:54AM Mon					
Then Routine Work - Marana Yoga					

Monday, February 9, 2026

Retreat Star

		Viswasa Nama Samvatsara Tula Rasi: 20.27	Utarayane Moksha Ritau Makara Mase Krishna Paksha Indu Visara Yuktayam Vishakha Nakshatra Viddhi Yoga Balava Karana Ashtamam Tilau		Chennai, India Sutra 301
	Tithi 23	Gulika 1:51PM - 3:18PM	Vishakha Until 7:55AM Tue	Ganesh: Clear Muruga: White Nataraja: Orange	Sun 6 Sunrise: 6:34AM Sunset: 6:13PM Moon 2 - Phase 41 - 6 Ashtami
		Yama 10:56AM - 12:24PM	Viddhi Until 12:52AM Tue	Moan - Orange	
		976548577 Rahu 8:02AM - 9:29AM	Balava Until 6:17PM	Magha-Thai	Sivaloka Day
Family Home Evening			Ashtami* Until 7:29AM Tue		
Routine Work	Marana Yoga				
Until 7:55AM Tue					
Then Creative Work - Siddha Yoga					

Tuesday, February 10, 2026

Retreat Star

		Viswasa Nama Samvatsara Mithchika Rasi: 2.22	Utarayane Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhruva Yoga Kaulava/Tailla Karana Ashtami/Navamam Tilau		Chennai, India Sutra 302
	Tithi 23 - 24	Gulika 12:24PM - 1:51PM	Vishakha Until 7:55AM	Ganesh: Clear Muruga: White Nataraja: Orange	Sun 7 Sunrise: 6:34AM Sunset: 6:13PM Moon 2 - Phase 41 - 7 Navami
		Yama 9:29AM - 10:56AM	Dhruva Until 1:39AM Wed	Moan - Orange	
		976548577 Rahu 3:18PM - 4:46PM	Tailla Until 8:45PM	Magha-Thai	Sivaloka Day
Routine Work	Marana Yoga		Ashtami* Until 7:29AM		
Until 7:55AM					
Then Creative Work - Siddha Yoga					

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for Chennai, India on 12/20/23

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1

Wednesday, February 11, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam				Chennai, India	
		Anuradha/Jyeshtha* Nakshatra Vyyaghal* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8	Sutra 303
Wischika Rasi: 14.16	Tithi 24 – 25	Gulika	10:56AM – 12:24PM	Anuradha Until 10:50AM	Ganesh: Clear	Sunrise: 6:34AM	Vasavasu 5:127
		Yama	8:01AM – 9:29AM	Vyaghal* Until 2:25AM Thu	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 8
		Rahu	12:24PM – 1:51PM	Vanija Until 11:12PM	Nataraja: Orange		2nd Phase
Creative Work Siddha Yoga		Navami* Until 9:58AM					Sivaloka Day

2

Thursday, February 12, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam				Chennai, India	
		Jyeshtha*/Mula* Nakshatra Harshana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau				Sun 9	Sutra 304
Wischika Rasi: 26.11	Tithi 25 – 26	Gulika	9:29AM – 10:56AM	Jyeshtha* Until 1:28PM	Ganesh: Clear	Sunrise: 6:34AM	Vasavasu 5:127
		Yama	6:34AM – 8:01AM	Harshana Until 3:02AM Fri	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 9
		Rahu	1:51PM – 3:19PM	Bava Until 1:26AM Fri	Nataraja: Orange		2nd Phase
Routine Work Prabalarishta Yoga		Dashami Until 12:20PM					Sivaloka Day
Then Creative Work - Siddha Yoga							

3

Friday, February 13, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam				Chennai, India	
		Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Sun 10	Sutra 305
Dhanus Rasi: 8.12	Tithi 26 – 27	Gulika	8:01AM – 9:28AM	Mula* Until 4:09PM	Ganesh: Purple	Sunrise: 6:33AM	Vasavasu 5:127
		Yama	3:19PM – 4:46PM	Vajra* Until 3:19AM Sat	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 10
		Rahu	10:56AM – 12:24PM	Kaulava Until 3:17AM Sat	Nataraja: Orange		2nd Phase
Creative Work Amrita Yoga		Ekadashi* Until 2:42PM					Devaloka Day
Then Routine Work - Prabalarishta Yoga							

4

Saturday, February 14, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam				Chennai, India	
		Puravashadha* Nakshatra Siddhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11	Sutra 306
Dhanus Rasi: 20.22	Tithi 27 – 28	Gulika	6:33AM – 8:01AM	Purvashadha* Until 6:13PM	Ganesh: Purple	Sunrise: 6:33AM	Vasavasu 5:127
		Yama	3:19PM – 4:46PM	Siddhi Until 3:15AM Sun	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 11
		Rahu	9:28AM – 10:56AM	Gara Until 4:38AM Sun	Nataraja: Orange		2nd Phase
Creative Work Siddha Yoga		Dvadashi* Until 4:00PM					Devaloka Day
Then Routine Work - Marana Yoga		Pradosha Vata (Fasting)					

5

Sunday, February 15, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bharu Vasara Yuktayam				Chennai, India	
		Uttarashadha Nakshatra Vyyaghal* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau				Sun 12	Sutra 307
Makara Rasi: 2.46	Tithi 28 – 29	Gulika	3:19PM – 4:47PM	Uttarashadha Until 7:38PM	Ganesh: Clear	Sunrise: 6:33AM	Vasavasu 5:127
		Yama	12:24PM – 1:51PM	Vyyaghal* Until 2:46AM Mon	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 12
		Rahu	4:47PM – 6:15PM	Visi Until 5:26AM Mon	Nataraja: Orange		2nd Phase
Creative Work Amrita Yoga		Trayodashi* Until 5:05PM					Sivaloka Day

6

Monday, February 16, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam				Chennai, India	
		Shravana Nakshatra Varjan Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13	Sutra 308
Makara Rasi: 15.24	Tithi 29 – 30	Gulika	1:51PM – 3:19PM	Shravana Until 8:48PM	Ganesh: Orange	Sunrise: 6:33AM	Vasavasu 5:127
		Yama	10:56AM – 12:24PM	Varjan Until 1:49AM Tue	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 13
		Rahu	8:00AM – 9:28AM	Catuspada Until 5:39AM Tue	Nataraja: Orange		2nd Phase
Creative Work Amrita Yoga		Chaturdashi* Until 5:36PM					Sivaloka Day
Then Creative Work - Siddha Yoga							

●

Tuesday, February 17, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktayam				Chennai, India	
		Dhanishtha Nakshatra Parigha* Yoga Niaga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14	Sutra 309
Makara Rasi: 28.18	Tithi 30 – 1	Gulika	12:24PM – 1:51PM	Dhanishtha Until 9:16PM	Ganesh: Orange	Sunrise: 6:33AM	Vasavasu 5:127
		Yama	9:28AM – 10:56AM	Parigha* Until 12:28AM Wed	Muruga: White	Sunset: 6:18PM	Moon 2 - Phase 42 - 14
		Rahu	3:19PM – 4:47PM	Kintughna Until 5:20AM Wed	Nataraja: Orange		Amavasya
Creative Work Siddha Yoga		Amavasya* Until 5:32PM					Sivaloka Day
Then Routine Work - Marana Yoga							

Wednesday, February 18, 2026

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Budha Vasara Yuktayam				Chennai, India	
		Shatabhishak Nakshatra Shiva Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Sun 15	Sutra 310
Kumbha Rasi: 11.29	Tithi 1 – 2	Gulika	10:55AM – 12:23PM	Shatabhishak Until 9:06PM	Ganesh: Orange	Sunrise: 6:31AM	Vasavasu 5:127
		Yama	7:59AM – 9:27AM	Shiva Until 10:44PM	Muruga: White	Sunset: 6:16PM	Moon 2 - Phase 42 - 15
		Rahu	12:23PM – 1:51PM	Balava Until 4:32AM Thu	Nataraja: Orange		Prathama
Creative Work Siddha Yoga		Prathama* Until 4:58PM					Sivaloka Day
Then Creative Work - Amrita Yoga		Phalgun-Masi					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1		Thursday, February 19, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktyayam Puravproshthapada* Nakshatra Siddha Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau		Chennai, India Sun 16 Subra 311
Kumbha Rasi: 24.55	Tithi 2 - 3	Gulika 9:27AM - 10:55AM	Puravproshthapada* Until 8:49PM	Ganesha: Green	Sunrise: 6:31AM	Vasavasru 5127
		Yama 6:31AM - 7:59AM	Siddha Until 8:39PM	Muruga: White	Sunset: 6:16PM	Moon 2 - Phase 43 - 16
Creative Work	Siddha Yoga	Rahu 1:52PM - 3:20PM	Taila Until 3:20AM Fri	Nataraja: Orange		3rd Phase
			Dvitiya Until 3:58PM	Moon - Clear		
				Phalgunu-Masi		Subha Sivaloka Day

2		Friday, February 20, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vaisara Yuktyayam Uttarproshthapada Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau		Chennai, India Sun 17 Vasavasru 5127
Mesha Rasi: 8.34	Tithi 3 - 4	Gulika 7:59AM - 9:27AM	Uttarproshthapada Until 8:03PM	Ganesha: Green	Sunrise: 6:31AM	Vasavasru 5127
		Yama 3:20PM - 4:48PM	Sadhya Until 6:19PM	Muruga: White	Sunset: 6:16PM	Moon 2 - Phase 43 - 17
Creative Work	Siddha Yoga	Rahu 10:55AM - 12:23PM	Vanija Until 1:50AM Sat	Nataraja: Orange		3rd Phase
			Tritiya Until 2:36PM	Moon - Clear		
				Phalgunu-Masi		Subha Sivaloka Day

3		Saturday, February 21, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yuktyayam Revati Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamyam Tilau		Chennai, India Sun 18 Vasavasru 5127
Mesha Rasi: 22.25	Tithi 4 - 5	Gulika 6:30AM - 7:58AM	Revati Until 6:54PM	Ganesha: Red	Sunrise: 6:30AM	Vasavasru 5127
		Yama 1:51PM - 3:20PM	Subha Until 3:47PM	Muruga: White	Sunset: 6:16PM	Moon 2 - Phase 43 - 18
Routine Work	Prabalarishta Yoga	Rahu 9:27AM - 10:55AM	Bava Until 12:05AM Sun	Nataraja: Orange		3rd Phase
Until 6:54PM			Chaturthi* Until 12:57PM	Moon - Clear		
Then Creative Work - Siddha Yoga				Phalgunu-Masi		Sivaloka Day
						Subramuniyaswami Siva Vision Day

4		Sunday, February 22, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktyayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau		Chennai, India Sun 19 Vasavasru 5127
Mesha Rasi: 6.23	Tithi 5 - 6	Gulika 3:20PM - 4:48PM	Ashvini Until 5:51PM	Ganesha: Blue	Sunrise: 6:30AM	Vasavasru 5127
		Yama 12:23PM - 1:51PM	Sukla Until 1:04PM	Muruga: White	Sunset: 6:17PM	Moon 2 - Phase 43 - 19
Creative Work	Siddha Yoga	Rahu 4:48PM - 6:17PM	Kaulava Until 10:09PM	Nataraja: Orange		3rd Phase
Until 5:51PM			Panchami Until 11:07AM	Moon - White		
Then Routine Work - Prabalarishta Yoga				Phalgunu-Masi		Devaloka Day

5		Monday, February 23, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktyayam Bharani/Kritika Nakshatra Brahma/Indra Yoga Taila/Gara Karana Shashthi/Saptamyam Tilau		Chennai, India Sun 20 Vasavasru 5127
Mesha Rasi: 20.28	Tithi 6 - 7	Gulika 1:51PM - 3:20PM	Bharani Until 4:31PM	Ganesha: Blue	Sunrise: 6:29AM	Vasavasru 5127
Family Home Evening		Yama 10:55AM - 12:23PM	Brahma Until 10:15AM	Muruga: White	Sunset: 6:17PM	Moon 2 - Phase 43 - 20
Creative Work	Siddha Yoga	Rahu 7:58AM - 9:26AM	Gara Until 8:07PM	Nataraja: Orange		3rd Phase
Until 4:31PM			Shashthi* Until 9:08AM	Moon - White		
Then Routine Work - Marana Yoga				Phalgunu-Masi		Devaloka Day

Retreat Star		Tuesday, February 24, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktyayam Kritika/Rohini Nakshatra Indra/Vaidhiti* Yoga Varja/Visi* Karana Saptami/Ashthamyam Tilau		Chennai, India Sun 21 Vasavasru 5127
Wisshaha Rasi: 5	Tithi 7 - 8	Gulika 12:23PM - 1:51PM	Kritika Until 2:59PM	Ganesha: Blue	Sunrise: 6:29AM	Vasavasru 5127
		Yama 9:26AM - 10:54AM	Indra Until 7:23AM	Muruga: White	Sunset: 6:17PM	Moon 2 - Phase 43 - 21
Creative Work	Siddha Yoga	Rahu 3:20PM - 4:48PM	Visi Until 6:01PM	Nataraja: Orange		Ashtami
Until 2:59PM			Saptami Until 7:03AM	Moon - White		
Then Creative Work - Amrita Yoga				Phalgunu-Masi		Devaloka Day

Retreat Star		Wednesday, February 25, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktyayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Tilau		Chennai, India Sun 22 Vasavasru 5127
Wisshaha Rasi: 18.46	Tithi 9	Gulika 10:54AM - 12:23PM	Rohini Until 1:42PM	Ganesha: Blue	Sunrise: 6:28AM	Vasavasru 5127
		Yama 7:57AM - 9:26AM	Vishkambha* Until 1:32AM Thu	Muruga: White	Sunset: 6:17PM	Moon 2 - Phase 43 - 22
Creative Work	Siddha Yoga	Rahu 12:23PM - 1:51PM	Balava Until 3:52PM	Nataraja: Orange		Navami
			Navami* Until 2:47AM Thu	Moon - Yellow		
				Phalgunu-Masi		Subha Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1

Thursday, February 26, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam

Chennai, India

Mithuna Rasi: 2:57 Tithi 10

Gulika

9:25AM - 10:54AM

Mrigashira Until 12:16PM

Ganesha: Blue
Muruga: WhiteSunrise: 6:26AM
Sunset: 6:17PMSun 23
Viswasa 5127
Moon 2 - Phase 44 - 23
4th Phase

Routine Work Marana Yoga

938648577 Rahu

1:51PM - 3:20PM

Taillia Until 1:45PM

Nataraja: Orange

Moon - Yellow

Subha Sivaloka Day

Dashami Until 12:41AM Fri

Phalgun-Masi

2

Friday, February 27, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam

Chennai, India

Mithuna Rasi: 17:06 Tithi 11

Gulika

7:56AM - 9:25AM

Ardra Until 10:46AM

Ganesha: Blue
Muruga: WhiteSunrise: 6:27AM
Sunset: 6:17PMSun 24
Viswasa 5127
Moon 2 - Phase 44 - 24
4th Phase

Creative Work Siddha Yoga

938648577 Rahu

10:54AM - 12:22PM

Ayushman Until 7:47PM

Nataraja: Orange

Moon - Yellow

Subha Sivaloka Day

Vanija Until 11:40AM

Phalgun-Masi

Ekadashi Until 10:40PM

3

Saturday, February 28, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam

Chennai, India

Kataka Rasi: 1:11 Tithi 12

Gulika

6:27AM - 7:56AM

Punarvasu Until 9:39AM

Ganesha: White
Muruga: WhiteSunrise: 6:27AM
Sunset: 6:18PMSun 25
Viswasa 5127
Moon 2 - Phase 44 - 25
4th Phase

Creative Work Siddha Yoga

949648577 Rahu

9:25AM - 10:53AM

Saubhagya Until 5:05PM

Nataraja: Orange

Moon - Blue

Devaloka Day

Bava Until 9:44AM

Phalgun-Masi

Dwadashi Until 8:49PM

4

Sunday, March 1, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Vasara Yuktayam

Chennai, India

Kataka Rasi: 15:08 Tithi 13

Gulika

3:20PM - 4:49PM

Pushya Until 8:37AM

Ganesha: White
Muruga: WhiteSunrise: 6:26AM
Sunset: 6:18PMSun 26
Viswasa 5127
Moon 2 - Phase 44 - 26
4th Phase

Creative Work Siddha Yoga

949648577 Rahu

4:49PM - 6:18PM

Sobhana Until 2:34PM

Nataraja: Orange

Moon - Blue

Devaloka Day

Kaulava Until 7:59AM

Phalgun-Masi

Trayodashi Until 7:12PM

Pradosha Vata

5

Monday, March 2, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam

Chennai, India

Kataka Rasi: 28:56 TITHI 14 - 15

Gulika

1:51PM - 3:20PM

Ashlesha* Until 7:43AM

Ganesha: White
Muruga: WhiteSunrise: 6:25AM
Sunset: 6:18PMSun 27
Viswasa 5127
Moon 2 - Phase 44 - 27
4th Phase

Family Home Evening

949648577 Rahu

7:54AM - 9:23AM

Ahhiganda* Until 12:18PM

Nataraja: Orange

Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Chidambaram Abhishekam

Gara Until 6:33AM

Phalgun-Masi

Chalurdashi* Until 5:57PM

O

Tuesday, March 3, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktayam

Chennai, India

Copper Retreat Star

Gulika

12:22PM - 1:51PM

Magha* Until 7:30AM

Ganesha: Clear
Muruga: WhiteSunrise: 6:25AM
Sunset: 6:18PMSun 28
Viswasa 5127
Moon 2 - Phase 44 -
Purnima

Simha Rasi: 12:29 TITHI 15 - 16

959648577 Rahu

9:23AM - 10:52AM

Sukarma Until 10:22AM

Nataraja: Orange

Moon - Red

Sivaloka Day

Creative Work Siddha Yoga

Balava Until 4:55AM Wed

Purnima* Until 5:07PM

Phalgun-Masi

Holi

Wednesday, March 4, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktayam

Chennai, India

Silver Retreat Star

Gulika

10:52AM - 12:21PM

Purvaphalguni Until 7:36AM

Ganesha: Clear
Muruga: WhiteSunrise: 6:24AM
Sunset: 6:19PMSun 29
Viswasa 5127
Moon 2 - Phase 44 -
Prathama

Simha Rasi: 25:46 TITHI 16 - 17

959648577 Rahu

7:53AM - 9:23AM

Dhriti Until 8:50AM

Nataraja: Orange

Moon - Red

Sivaloka Day

Creative Work Amrita Yoga

12:21PM - 1:51PM

Taillia Until 4:53AM Thu

Phalgun-Masi

Prathama* Until 4:48PM

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Thursday, March 5, 2026

Gold Retreat Star

Kanya Rasi: 8.47 Tithi 17 - 18
Amrita Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Ultraphalguni/Hasta Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Tilau
Gulika 9:22AM - 10:52AM
Yama 6:24AM - 7:53AM
Rahu 1:50PM - 3:20PM
Ultraphalguni Untill 8:06AM
Shula* Untill 7:42AM
Vanija Untill 5:26AM Fri
Dvitiya Untill 5:04PM
Ganesha: Clear
Munaga: White
Nataraja: Orange
Moon - Red
Phalguna-Masi

Chennai, India
Sutra 325
Visavasu 5:17
Moon 3 - Phase 45 - 1
1st Phase

Untill 8:06AM
Then Routine Work - Marana Yoga

Friday, March 6, 2026

1 Kanya Rasi: 21.3 Tithi 18 - 19

Amrita Yoga
Untill 9:29AM
Then Creative Work - Siddha Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda/Widhi/Yoga Visti/Bava Karana Tritiya/Chaturtham Tilau
Gulika 7:52AM - 9:22AM
Yama 3:20PM - 4:49PM
Rahu 10:51AM - 12:21PM
Hasla Untill 9:29AM
Ganda* Untill 7:03AM
Bava Untill 6:35AM Sat
Tritiya Untill 5:55PM
Ganesha: White
Munaga: White
Nataraja: Orange
Moon - Green
Phalguna-Masi

Chennai, India
Sutra 326
Visavasu 5:17
Moon 3 - Phase 45 - 2
1st Phase

Saturday, March 7, 2026

2 Tula Rasi: 3.57 Tithi 19

Marana Yoga
Untill 11:16AM
Then Creative Work - Siddha Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marita Vasara Yuktayam
Svali/Anuradha Nakshatra Dhruva/Yoga Bava/Balava Karana Chaturtham Tilau
Gulika 6:22AM - 7:52AM
Yama 1:50PM - 3:20PM
Rahu 9:21AM - 10:51AM
Chitra Untill 11:16AM
Vidhi/11:6:52AM
Bava Untill 6:35AM
Chaturthi* Untill 7:20PM
Ganesha: Purple
Munaga: Clear
Nataraja: Orange
Moon - Green
Phalguna-Masi

Chennai, India
Sutra 327
Visavasu 5:17
Moon 3 - Phase 45 - 3
1st Phase

Sunday, March 8, 2026

3 Tula Rasi: 16.11 Tithi 20

Siddha Yoga
Untill 1:22PM
Then Routine Work - Marana Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
Svali/Wishakha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamam Tilau
Gulika 3:20PM - 4:49PM
Yama 12:20PM - 1:50PM
Rahu 4:49PM - 6:19PM
Svali Untill 1:22PM
Dhruva Untill 7:03AM
Kaulava Untill 8:15AM
Panchami Untill 9:14PM
Ganesha: Purple
Munaga: Clear
Nataraja: Orange
Moon - Green
Phalguna-Masi

Chennai, India
Sutra 328
Visavasu 5:17
Moon 3 - Phase 45 - 4
1st Phase

Monday, March 9, 2026

4 Tula Rasi: 28.14 Tithi 21

Family Home Evening
Marana Yoga
Untill 4:11PM
Then Creative Work - Siddha Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthiyam Tilau
Gulika 1:50PM - 3:20PM
Yama 10:50AM - 12:20PM
Rahu 7:51AM - 9:21AM
Vishakha Untill 4:11PM
Vyaghata* Untill 7:34AM
Gara Untill 10:20AM
Shashthi* Untill 11:28PM
Ganesha: Clear
Munaga: Clear
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Chennai, India
Sutra 329
Visavasu 5:17
Moon 3 - Phase 45 - 5
1st Phase

Tuesday, March 10, 2026

5 Witschika Rasi: 10.11 Tithi 22

Siddha Yoga
Untill 7:02PM
Then Routine Work - Marana Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Sapthamam Tilau
Gulika 12:20PM - 1:50PM
Yama 9:20AM - 10:50AM
Rahu 3:20PM - 4:49PM
Anuradha Untill 7:02PM
Harshana Untill 8:19AM
Visti Untill 12:41PM
Sapthami Untill 1:53AM Wed
Ganesha: Clear
Munaga: Clear
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Chennai, India
Sutra 330
Visavasu 5:17
Moon 3 - Phase 45 - 6
1st Phase

Wednesday, March 11, 2026

Retreat Star

Witschika Rasi: 22.05 Tithi 23

Siddha Yoga
Untill 9:45PM
Then Routine Work - Marana Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamam Tilau
Gulika 10:50AM - 12:20PM
Yama 7:50AM - 9:20AM
Rahu 12:20PM - 1:50PM
Jyeshtha* Untill 9:45PM
Vajra* Untill 9:07AM
Balava Untill 3:07PM
Ashtami* Untill 4:16AM Thu
Ganesha: Clear
Munaga: White
Nataraja: Light Blue
Moon - Orange
Phalguna-Masi

Chennai, India
Sutra 331
Visavasu 5:17
Moon 3 - Phase 45 - 7
Ashtami

Thursday, March 12, 2026

Retreat Star

Dhanu Rasi: 4.01 Tithi 24

Siddha Yoga
Untill 12:38AM Fri
Then Routine Work - Prabarishtha Yoga

Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyalpata* Yoga Taila/Gara Karana Navamam Tilau
Gulika 9:19AM - 10:49AM
Yama 6:19AM - 7:49AM
Rahu 1:49PM - 3:19PM
Mula* Untill 12:38AM Fri
Siddhi Untill 9:52AM
Taila Untill 5:25PM
Navami* Untill 6:26AM Fri
Ganesha: White
Munaga: White
Nataraja: Light Blue
Moon - Light Blue
Phalguna-Masi

Chennai, India
Sutra 332
Visavasu 5:17
Moon 3 - Phase 45 - 8
Navami

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam Purvashadha* Nakshatra Vysilpata*Varjayan Yoga GaraVanija Karana Navami/Dashmyam Titau				Chennai, India Sun 9	Sutra 333 Vasavasu 5127 Moon 3 - Phase 46 - 9 2nd Phase
Dhanus Rasi: 16.01	TITHI 24 - 25	Gulika 7:49AM - 9:19AM Yama 3:19PM - 4:49PM 181658677 Rahu	Purvashadha* Until 2:59AM Sat Vyalipata* Until 10:26AM Vanija Until 7:23PM Navami* Until 6:26AM	Ganesha: White Sunrise: 6:19AM Muruga: White Sunset: 6:20PM Nataraja: Light Blue Moon - Light Blue Phalguna-Masi	Sunrise: 6:19AM Sunset: 6:20PM		Bhuloka Day
Routine Work Prabalashita Yoga Until 2:59AM Sat Then Routine Work - Marana Yoga							

2 Saturday, March 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marita Vasara Yuktayam Uttarashadha Nakshatra VarjayanParigaha* Yoga Visi*/Bava Karana Dashami/Ekadasmyam Titau				Chennai, India Sun 10	Sutra 334 Vasavasu 5127 Moon 3 - Phase 46 - 10 2nd Phase
Dhanus Rasi: 28.12	TITHI 25 - 26	Gulika 6:18AM - 7:48AM Yama 1:49PM - 3:19PM 181658677 Rahu	Uttarashadha Until 4:38AM Sun Varjayan Until 10:38AM Bava Until 8:49PM Dashami Until 8:09AM	Ganesha: White Sunrise: 6:18AM Muruga: White Sunset: 6:20PM Nataraja: Light Blue Moon - Light Blue Phalguna-Masi	Sunrise: 6:18AM Sunset: 6:20PM		Bhuloka Day
Routine Work Marana Yoga Until 4:38AM Sun Then Creative Work - Amrita Yoga							

3 Sunday, March 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Bharu Vasara Yuktayam Shravana Nakshatra Parigaha*Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashmyam Titau				Chennai, India Sun 11	Sutra 335 Vasavasu 5127 Moon 3 - Phase 46 - 11 2nd Phase
Makara Rasi: 10.37	TITHI 26 - 27	Gulika 3:19PM - 4:49PM Yama 12:19PM - 1:49PM 191658678 Rahu	Shravana Until 5:57AM Mon Parigah* Until 10:23AM Kaulava Until 9:37PM Ekadashi* Until 9:17AM	Ganesha: Yellow Sunrise: 6:17AM Muruga: White Sunset: 6:20PM Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:17AM Sunset: 6:20PM		Bhuloka Day Devaloka Time: 6AM to 9AM
Creative Work Amrita Yoga Until 5:57AM Mon Then Creative Work - Siddha Yoga		Karadayam Nombu (Tamil Nadu)					

4 Monday, March 16, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodshyam Titau				Chennai, India Sun 12	Sutra 336 Vasavasu 5127 Moon 3 - Phase 46 - 12 2nd Phase
Makara Rasi: 23.21	TITHI 27 - 28	Gulika 1:49PM - 3:19PM Yama 10:48AM - 12:18PM 191658678 Rahu	Dhanishtha Until 6:24AM Tue Shiva Until 9:37AM Gara Until 9:42PM Dvadashi* Until 9:44AM	Ganesha: Yellow Sunrise: 6:17AM Muruga: White Sunset: 6:20PM Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:17AM Sunset: 6:20PM		Bhuloka Day Devaloka Time: 6AM to 9AM
Family Home Evening Creative Work Siddha Yoga Until 6:24AM Tue Then Routine Work - Marana Yoga		Pradosha Vata (Fasting)					

5 Tuesday, March 17, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mangala Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Vanja/Visi* Karana Trayodashi/Chaturdashmyam Titau				Chennai, India Sun 13	Sutra 337 Vasavasu 5127 Moon 3 - Phase 46 - 13 2nd Phase
Kumbha Rasi: 6.26	TITHI 28 - 29	Gulika 12:18PM - 1:48PM Yama 9:17AM - 10:48AM 191658678 Rahu	Dhanishtha Until 6:24AM Siddha Until 8:15AM Visi Until 9:03PM Trayodashi* Until 9:27AM	Ganesha: Yellow Sunrise: 6:16AM Muruga: White Sunset: 6:20PM Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:16AM Sunset: 6:20PM		Bhuloka Day Devaloka Time: 6AM to 9AM
Creative Work Siddha Yoga Until 6:24AM Then Routine Work - Marana Yoga							

Wednesday, March 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Budha Vasara Yuktayam Shatabhishak/Parvashrothapada* Nakshatra Sadhya/Subha Yoga Sakuni*/Calapada* Karana Chaturdashi/Amavasyayam Titau				Chennai, India Sun 14	Sutra 338 Vasavasu 5127 Moon 3 - Phase 46 - 14 Amavasya
Retreat Star		Gulika 10:47AM - 12:18PM Yama 7:46AM - 9:17AM 192658678 Rahu	Shatabhishak Until 6:01AM Sadhya Until 6:22AM Calapada Until 7:47PM Chaturdashi* Until 8:28AM	Ganesha: Blue Sunrise: 6:15AM Muruga: White Sunset: 6:20PM Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:15AM Sunset: 6:20PM		Devaloka Day
Kumbha Rasi: 19.53		TITHI 29 - 30					
Creative Work Siddha Yoga Until 6:01AM Then Creative Work - Amrita Yoga							

Thursday, March 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Naja*/Bava Karana Amavasya/Prathamayam Titau				Chennai, India Sun 15	Sutra 339 Vasavasu 5127 Moon 3 - Phase 46 - 15 Prathama
Retreat Star		Gulika 9:16AM - 10:47AM Yama 6:15AM - 7:45AM 112658678 Rahu	Uttaraproshtapada Until 4:03AM Fri Sukla Until 1:14AM Fri Bava Until 4:52AM Fri Yugadi	Ganesha: Red Sunrise: 6:15AM Muruga: White Sunset: 6:20PM Nataraja: Purple Moon - Clear Chaitra-Panguni	Sunrise: 6:15AM Sunset: 6:20PM		Bhuloka Day Devaloka Time: 9AM to 12:PM
Meena Rasi: 3.42		TITHI 30 - 1					
Creative Work Siddha Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Chennai, India on 12/20/23

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1 Friday, March 20, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Chennai, India			
Revati Nakshatra Brahma Yoga		Revati Until 2:16AM Sat		Sun 16 Sutra 340	
Gulika	7:45AM – 9:16AM	Ganesh:	Red	Sunrise:	6:14AM
Yama	3:19PM – 4:49PM	Muruga:	White	Sunset:	6:20PM
12258678	Rahu 10:46AM – 12:17PM	Nataraja:	Purple	Moon 3 - Phase 47 - 17	
Creative Work Siddha Yoga		Balava Until 3:44PM		3rd Phase	
		Dvitiya Until 2:29AM Sat		Bhuloka Day	
		Moon - Clear		Devaloka Time: 9AM to 12PM	
		Chalra-Panguni			

2 Saturday, March 21, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manu Vasara Yuktayam Chennai, India			
Ashvini Nakshatra Indra Yoga		Ashvini Until 12:34AM Sun		Sun 17 Sutra 341	
Gulika	6:13AM – 7:44AM	Ganesh:	Yellow	Sunrise:	6:13AM
Yama	1:48PM – 3:19PM	Muruga:	White	Sunset:	6:20PM
12258678	Rahu 9:15AM – 10:46AM	Nataraja:	Purple	Moon 3 - Phase 47 - 17	
Creative Work Siddha Yoga		Indra Until 6:57PM		3rd Phase	
Untill 12:34AM Sun		Tallila Until 1:14PM		Bhuloka Day	
Then Routine Work - Prabalashta Yoga		Tritiya Until 11:54PM		Devaloka Time: 9AM to 12PM	
		Chellappaswami Mahasamadh			
		Moon - White			
		Chalra-Panguni			

3 Sunday, March 22, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Chennai, India			
Bharani Nakshatra Vishkambha* Yoga		Bharani Until 10:39PM		Sun 18 Sutra 342	
Gulika	3:18PM – 4:49PM	Ganesh:	Blue	Sunrise:	6:13AM
Yama	12:17PM – 1:47PM	Muruga:	White	Sunset:	6:20PM
12275878	Rahu 4:49PM – 6:20PM	Nataraja:	Purple	Moon 3 - Phase 47 - 18	
Routine Work Prabalashta Yoga		Vaichithi* Until 3:37PM		3rd Phase	
Untill 10:39PM		Vanija Until 10:36AM		Bhuloka Day	
Then Creative Work - Siddha Yoga		Chalurithi* Until 9:15PM		Devaloka Time: 9AM to 12PM	
		Moon - White			
		Chalra-Panguni			

4 Monday, March 23, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Chennai, India			
Kritika Nakshatra Vishkambha* Priti Yoga		Kritika Until 8:39PM		Sun 19 Sutra 343	
Gulika	1:47PM – 3:18PM	Ganesh:	Blue	Sunrise:	6:12AM
Yama	10:45AM – 12:16PM	Muruga:	White	Sunset:	6:20PM
122758678	Rahu 7:43AM – 9:14AM	Nataraja:	Purple	Moon 3 - Phase 47 - 19	
Wisshabha Rasi: 1.05 Tithi 5		Vishkambha* Until 12:19PM		3rd Phase	
Family Home Evening		Bava Until 7:57AM		Bhuloka Day	
Routine Work Marana Yoga		Panchami Until 6:38PM		Devaloka Time: 6AM to 9AM	
Untill 8:39PM		Chalra-Panguni			
Then Creative Work - Amrita Yoga					

5 Tuesday, March 24, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Chennai, India			
Rohini Nakshatra Priti/Ayushman Yoga		Rohini Until 7:05PM		Sun 20 Sutra 344	
Gulika	12:16PM – 1:47PM	Ganesh:	Yellow	Sunrise:	6:11AM
Yama	9:14AM – 10:45AM	Muruga:	White	Sunset:	6:20PM
132758678	Rahu 3:18PM – 4:49PM	Nataraja:	Purple	Moon 3 - Phase 47 - 20	
Creative Work Amrita Yoga		Prithi Until 9:06AM		3rd Phase	
Untill 7:05PM		Gara Until 3:01AM Wed		Bhuloka Day	
Then Creative Work - Siddha Yoga		Shashthi* Until 4:09PM		Devaloka Time: 6AM to 9AM	
		Chalra-Panguni			

Wednesday, March 25, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Butha Vasara Yuktayam Chennai, India			
Megashira/Andra Nakshatra Ajayaman/Saubhagya Yoga		Megashira Until 5:35PM		Sun 21 Sutra 345	
Gulika	10:44AM – 12:16PM	Ganesh:	Yellow	Sunrise:	6:11AM
Yama	7:42AM – 9:13AM	Muruga:	White	Sunset:	6:20PM
132758678	Rahu 12:16PM – 1:47PM	Nataraja:	Purple	Moon 3 - Phase 47 - 21	
Creative Work Siddha Yoga		Ayushman Until 6:02AM		3rd Phase	
		Visiti Until 12:53AM Thu		Bhuloka Day	
		Saptami Until 1:53PM		Devaloka Time: 6AM to 9AM	
		Chalra-Panguni			

Thursday, March 26, 2026		Viswaksu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Chennai, India			
Andra/Punarvasu Nakshatra Sobhana Yoga		Andra Until 4:14PM		Sun 22 Sutra 346	
Gulika	9:13AM – 10:44AM	Ganesh:	Yellow	Sunrise:	6:10AM
Yama	6:10AM – 7:41AM	Muruga:	White	Sunset:	6:21PM
132758678	Rahu 1:47PM – 3:18PM	Nataraja:	Purple	Moon 3 - Phase 47 - 22	
Routine Work Marana Yoga		Sobhana Until 12:35AM Fri		3rd Phase	
Untill 4:14PM		Balava Until 11:02PM		Bhuloka Day	
Then Creative Work - Amrita Yoga		Ashtami* Until 11:54AM		Devaloka Time: 6AM to 9AM	
		Sri Rama Navami			
		Chalra-Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Sukra Vasara Yukhtayam Panaravasu/Pushya Nakshatra Aihnganda* Yoga Kaulava/Tailita Karana Navami/Dishmayam Titau				Chennai, India Sun 23	Sutra 347 Vasavasu 5127
Mithuna Rasi: 27.53	Tithi 9 – 10	Gulika 7:41AM – 9:12AM Yama 3:18PM – 4:49PM 142758678 Rahu 10:44AM – 12:15PM	Punarvasu Untili 3:28PM Aihnganda* Untili 10:13PM Tailita Untili 9:31PM Navami* Untili 10:13AM	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalitra-Panguni	Sunrise: 6:09AM Sunset: 6:21PM	Moon 3 - Phase 4B - 23 4th Phase	
Creative Work	Siddha Yoga					Bhuloka Day	
Untili 3:28PM							
Then Routine Work	Marana Yoga						

2 Saturday, March 28, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Manta Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau				Chennai, India Sun 24	Sutra 348 Vasavasu 5127
Kalkata Rasi: 11.37	Tithi 10 – 11	Gulika 6:09AM – 7:40AM Yama 1:46PM – 3:18PM 142758678 Rahu 9:12AM – 10:43AM	Pushya Untili 2:54PM Sukarma Untili 8:08PM Vanija Untili 8:20PM Dashami Untili 8:52AM	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalitra-Panguni	Sunrise: 6:09AM Sunset: 6:21PM	Moon 3 - Phase 4B - 24 4th Phase	
Creative Work	Siddha Yoga					Bhuloka Day	
Untili 2:54PM							
Then Routine Work	Marana Yoga						

3 Sunday, March 29, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Bhanu Vasara Yukhtayam Ashlesha* Magha* Nakshatra Dhriti Yoga Visi* Bava Karana Ekadashi/Dwadashyam Titau				Chennai, India Sun 25	Sutra 349 Vasavasu 5127
Kalkata Rasi: 25.09	Tithi 11 – 12	Gulika 3:18PM – 4:49PM Yama 1:46PM – 3:18PM 142758678 Rahu 4:49PM – 6:21PM	Ashlesha* Untili 2:31PM Dhriti Untili 6:21PM Bava Untili 7:31PM Ekadashi Untili 7:51AM	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalitra-Panguni	Sunrise: 6:08AM Sunset: 6:21PM	Moon 3 - Phase 4B - 25 4th Phase	
Creative Work	Siddha Yoga					Bhuloka Day	
Untili 2:31PM							
Then Routine Work	Marana Yoga						

4 Monday, March 30, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Indra Vasara Yukhtayam Magha*Purvaphalguni Nakshatra Shuk*Gandi* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Chennai, India Sun 26	Sutra 350 Vasavasu 5127
Simha Rasi: 8.29	Tithi 12 – 13	Gulika 1:46PM – 3:17PM Yama 10:42AM – 12:14PM 152758678 Rahu 7:39AM – 9:11AM	Magha* Untili 2:49PM Shuka* Untili 4:51PM Kaulava Untili 7:04PM Dvadashi Untili 7:13AM <i>Pradosha Vata</i>	Ganesh: Clear Muruga: White Nataraja: Purple Moon – Red Chalitra-Panguni	Sunrise: 6:07AM Sunset: 6:21PM	Moon 3 - Phase 4B - 26 4th Phase	
Family Home Evening						Bhuloka Day	
Routine Work	Marana Yoga					Devaloka Time: 6AM to 9-AM	
Untili 2:49PM							
Then Creative Work	Siddha Yoga						

5 Tuesday, March 31, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Mangala Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Gandar*Vidhih Yoga Talita/Gara Karana Trayodashi/Chatudashyam Titau				Chennai, India Sun 27	Sutra 351 Vasavasu 5127
Simha Rasi: 21.36	Tithi 13 – 14	Gulika 12:14PM – 1:46PM Yama 9:10AM – 10:42AM 153758678 Rahu 3:17PM – 4:49PM	Purvaphalguni Untili 3:21PM Ganda* Untili 3:40PM Gara Untili 7:01PM Trayodashi Untili 6:58AM	Ganesh: Purple Muruga: White Nataraja: Purple Moon – Red Chalitra-Panguni	Sunrise: 6:07AM Sunset: 6:21PM	Moon 3 - Phase 4B - 27 4th Phase	
Creative Work	Siddha Yoga					Devaloka Day	
Untili 3:21PM							
Then Creative Work	Amrita Yoga						

Wednesday, April 1, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Budha Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Vidhih/Dhruva Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau				Chennai, India Sun 28	Sutra 352 Vasavasu 5127
Copper Retreat Star		Gulika 10:42AM – 12:14PM Yama 7:39AM – 9:10AM 153758678 Rahu 12:14PM – 1:46PM	Uttaraphalguni Untili 4:08PM Vidhih Untili 2:50PM Visi Untili 7:24PM Chaturdashi* Untili 7:08AM	Ganesh: Purple Muruga: White Nataraja: Purple Moon – Red Chalitra-Panguni	Sunrise: 6:07AM Sunset: 6:21PM	Moon 3 - Phase 4B - Purnima	
Creative Work	Amrita Yoga					Devaloka Day	
Untili 4:08PM							
Then Routine Work	Marana Yoga						
		Panguni Uttarim Hanuman Jayanti					

Thursday, April 2, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Suktia Paksha Guru Vasara Yukhtayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Chennai, India Sun 29	Sutra 353 Vasavasu 5127
Silver Retreat Star		Gulika 9:10AM – 10:42AM Yama 6:06AM – 7:38AM 163758678 Rahu 1:45PM – 3:17PM	Hasta Untili 5:39PM Dhruva Untili 2:18PM Balava Untili 8:12PM Purnima* Untili 7:43AM	Ganesh: Clear Muruga: White Nataraja: Purple Moon – Green Chalitra-Panguni	Sunrise: 6:06AM Sunset: 6:21PM	Moon 3 - Phase 4B - Prathama	
Routine Work	Marana Yoga					Bhuloka Day	
Untili 5:39PM						Devaloka Time: 9AM to 12-PM	
Then Creative Work	Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Chitra Nakshatra Vyaghata/Harshana Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau

Chennai, India
Sutra 354

Kanya Rasi: 29.44 Tithi 16 - 17

Gulika 7:37AM - 9:09AM
Yama 3:17PM - 4:49PM

Chitra Until 7:25PM
Vyaghata* Until 2:08PM

Ganesh: Clear Sunrise: 6:05AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 1st Phase

Creative Work Siddha Yoga

163758678

Rahu 10:41AM - 12:13PM

Vyaghata* Until 9:27PM

Nataraja: Purple
Moon - Green

Bhuloka Day
Devaloka Time: 9AM to 12PM

1 Saturday, April 4, 2026

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Chennai, India
Sutra 355

Tula Rasi: 12.04 Tithi 17 - 18

Gulika 6:05AM - 7:37AM
Yama 1:45PM - 3:17PM

Svati Until 9:26PM
Harshana Until 2:17PM

Ganesh: Clear Sunrise: 6:05AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 1st Phase

Creative Work Siddha Yoga

163758678

Rahu 9:09AM - 10:41AM

Vanija Until 11:06PM

Nataraja: Purple
Moon - Green

Bhuloka Day
Devaloka Time: 9AM to 12PM

2 Sunday, April 5, 2026

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Visi/Bava Karana Tritiya/Chaturtham Titau

Chennai, India
Sutra 356

Tula Rasi: 24.14 Tithi 18 - 19

Gulika 3:17PM - 4:49PM
Yama 12:13PM - 1:45PM

Vishakha Until 12:07AM Mon
Vajra* Until 2:42PM

Ganesh: White Sunrise: 6:04AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 2 1st Phase

Routine Work Marana Yoga

Until 12:07AM Mon

Then Creative Work - Siddha Yoga

173758678

Rahu 4:49PM - 6:21PM

Bava Until 1:06AM Mon

Nataraja: Purple
Moon - Orange

Devaloka Day
Chaitra-Panguni

3 Monday, April 6, 2026

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Svati Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Chennai, India
Sutra 357

Mithila Rasi: 6.16 Tithi 19 - 20

Gulika 1:45PM - 3:17PM
Yama 10:40AM - 12:12PM

Anuradha Until 2:54AM Tue
Siddhi Until 3:22PM

Ganesh: White Sunrise: 6:03AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 3 1st Phase

Creative Work Siddha Yoga

Until 2:54AM Tue

Then Routine Work - Marana Yoga

173758678

Rahu 7:36AM - 9:08AM

Kaulava Until 3:22AM Tue

Nataraja: Purple
Moon - Orange

Devaloka Day
Chaitra-Panguni

4 Tuesday, April 7, 2026

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vysipata/Variyan Yoga Taila/Gara Karana Panchami/Shashthiyam Titau

Chennai, India
Sutra 358

Mithila Rasi: 18.11 Tithi 20 - 21

Gulika 12:12PM - 1:44PM
Yama 9:07AM - 10:40AM

Jyeshtha* Until 5:39AM Wed
Vysipata* Until 4:12PM

Ganesh: White Sunrise: 6:03AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 4 1st Phase

Routine Work Marana Yoga

173758678

Rahu 3:17PM - 4:49PM

Gara Until 5:47AM Wed

Nataraja: Purple
Moon - Orange

Devaloka Day
Chaitra-Panguni

5 Wednesday, April 8, 2026

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Vanija Karana Shashthiyam Titau

Chennai, India
Sutra 359

Dhanu Rasi: 0.05 Tithi 21

Gulika 10:39AM - 12:12PM
Yama 7:35AM - 9:07AM

Mula* Until 8:42AM Thu
Variyan Until 5:03PM

Ganesh: Yellow Sunrise: 6:03AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 5 1st Phase

Routine Work Marana Yoga

Until 8:42AM Thu

Then Creative Work - Siddha Yoga

183758678

Rahu 12:12PM - 1:44PM

Vanija Until 6:58PM

Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9AM to 12PM

6 Thursday, April 9, 2026

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam
Mula* Purvashadha* Nakshatra Parigha* Shiva Yoga Visi/Bava Karana Saptamam Titau

Chennai, India
Sutra 360

Dhanu Rasi: 11.59 Tithi 22

Gulika 9:06AM - 10:39AM
Yama 6:02AM - 7:34AM

Mula* Until 8:42AM
Parigha* Until 5:51PM

Ganesh: Yellow Sunrise: 6:03AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 6 1st Phase

Creative Work Siddha Yoga

183758678

Rahu 1:44PM - 3:16PM

Visi Until 8:10AM

Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9AM to 12PM

Friday, April 10, 2026

Retreat Star

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamam Titau

Chennai, India
Sutra 361

Dhanu Rasi: 23.57 Tithi 23

Gulika 7:33AM - 9:06AM
Yama 3:16PM - 4:49PM

Purvashadha* Until 11:23AM
Shiva Until 6:26PM

Ganesh: Yellow Sunrise: 6:04AM
Muruga: White Sunset: 6:21PM

Moon 4 - Phase 49 - 7 Ashtami

Routine Work Prabalatarisha Yoga

Until 11:23AM

Then Routine Work - Marana Yoga

183758678

Rahu 10:39AM - 12:11PM

Balava Until 10:19AM

Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9AM to 12PM

Saturday, April 11, 2026

Retreat Star

Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha Yoga Taila/Gara Karana Navamam Titau

Chennai, India
Sutra 362

Makara Rasi: 6.05 Tithi 24

Gulika 6:00AM - 7:33AM
Yama 1:44PM - 3:16PM

Uttarashadha Until 1:27PM
Siddha Until 6:35PM

Ganesh: Yellow Sunrise: 6:00AM
Muruga: White Sunset: 6:22PM

Moon 4 - Phase 49 - 8 Navami

Routine Work Marana Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

183758678

Rahu 9:06AM - 10:38AM

Taila Until 12:02PM

Nataraja: Purple
Moon - Light Blue

Bhuloka Day
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Bharu Vesara Yuktiyam Shravana/Dhanishtha Nakshatra Sadhya Yoga Vanija/Visil* Karana Dashamyam Titau				Chennai, India
Makara Rasi: 18.28	Tithi 25	Gulika 3:16PM – 4:49PM	Shravana Until 3:14PM	Ganesh: Blue	Sunrise: 6:00AM	Sutra 363
		Yama 12:11PM – 1:43PM	Sadya Until 6:14PM	Muruga: White	Sunset: 6:29PM	Vesavasu 5:17
Creative Work	Amrita Yoga	Rahu 4:49PM – 6:22PM	Bava Until 1:23PM	Nataraja: Purple		Moon 4 - Phase 50 - 9
Until 3:14PM				Moon - Purple		2nd Phase
Then Routine Work - Marana Yoga			Dashami Until 1:20AM Mon	Chaitra-Panguni		Devaloka Day

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Indu Vesara Yuktiyam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dashamyam Titau				Chennai, India
Kumbha Rasi: 1.11	Tithi 26	Gulika 1:43PM – 3:16PM	Dhanishtha Until 4:05PM	Ganesh: Blue	Sunrise: 5:59AM	Sutra 364
Family Home Evening		Yama 10:38AM – 12:10PM	Subha Until 5:17PM	Muruga: White	Sunset: 6:29PM	Vesavasu 5:17
Creative Work	Siddha Yoga	Rahu 7:32AM – 9:05AM	Bava Until 1:23PM	Nataraja: Purple		Moon 4 - Phase 50 - 10
				Moon - Purple		2nd Phase
			Ekadashi* Until 1:12AM Tue	Chaitra-Panguni		Devaloka Day

3 Tuesday, April 14, 2026		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Paksha Mangala Vesara Yuktiyam Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashyam Titau				Chennai, India
Kumbha Rasi: 14.19	Tithi 27	Gulika 12:10PM – 1:43PM	Shatabhishak Until 3:58PM	Ganesh: Red	Sunrise: 5:58AM	Sutra 1
		Yama 9:04AM – 10:37AM	Sukla Until 3:39PM	Muruga: White	Sunset: 6:29PM	Vesavasu 5:17
Routine Work	Marana Yoga	Rahu 3:16PM – 4:49PM	Kaulava Until 12:51PM	Nataraja: Purple		Moon 4 - Phase 50 - 11
				Moon - Purple		2nd Phase
			Dvadashi* Until 12:15AM Wed	Chaitra-Chaitra		Bhuloka Day
						Devaloka Time: 6AM to 9AM

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Paksha Budha Vesara Yuktiyam Puravroshthapada*/Utaravroshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Chennai, India
Kumbha Rasi: 27.53	Tithi 28	Gulika 10:37AM – 12:10PM	Puravroshthapada* Until 3:23PM	Ganesh: White	Sunrise: 5:58AM	Sutra 2
		Yama 7:31AM – 9:04AM	Brahma Until 1:24PM	Muruga: White	Sunset: 6:29PM	Parabhava 5:18
Creative Work	Amrita Yoga	Rahu 12:10PM – 1:43PM	Gara Until 11:30AM	Nataraja: Purple		Moon 4 - Phase 50 - 12
Until 3:23PM				Moon - Clear		2nd Phase
Then Creative Work - Siddha Yoga		Tamil New Year	Trayodashi* Until 10:33PM	Chaitra-Chaitra		Bhuloka Day
						Devaloka Time: 9AM to 12PM

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Paksha Guru Vesara Yuktiyam Utaravroshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Veda/Sakuni* Karana Chaturdashyam Titau				Chennai, India
Meena Rasi: 11.55	Tithi 29	Gulika 9:03AM – 10:37AM	Utaravroshthapada Until 1:58PM	Ganesh: Yellow	Sunrise: 5:57AM	Sutra 3
		Yama 5:57AM – 7:30AM	Indra Until 10:36AM	Muruga: White	Sunset: 6:29PM	Parabhava 5:18
Creative Work	Siddha Yoga	Rahu 1:43PM – 3:16PM	Visil Until 9:28AM	Nataraja: Purple		Moon 4 - Phase 50 - 13
				Moon - Clear		2nd Phase
			Chaturdashi* Until 8:12PM	Chaitra-Chaitra		Bhuloka Day
						Devaloka Time: 9AM to 12PM

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Paksha Sukra Vesara Yuktiyam Revati/Ashvini Nakshatra Vaidhiti*/Mahaambha* Yoga Calatpada*/Kerilugha* Karana Amavasya/Prathamyam Titau				Chennai, India
Meena Rasi: 26.2	Tithi 30 - 1	Gulika 7:30AM – 9:03AM	Revati Until 11:52AM	Ganesh: Yellow	Sunrise: 5:57AM	Sutra 4
		Yama 3:16PM – 4:49PM	Vaidhiti* Until 7:19AM	Muruga: White	Sunset: 6:29PM	Parabhava 5:18
Creative Work	Siddha Yoga	Rahu 10:36AM – 12:09PM	Calatpada Until 6:51AM	Nataraja: Purple		Moon 4 - Phase 50 - 14
Until 11:52AM				Moon - Clear		Amavasya
Then Creative Work - Amrita Yoga			Amavasya* Until 5:21PM	Chaitra-Chaitra		Bhuloka Day
						Devaloka Time: 9AM to 12PM

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Paksha Manita Vesara Yuktiyam Ashvini/Bharani Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Chennai, India
Mesha Rasi: 11.02	Tithi 1 - 2	Gulika 5:56AM – 7:29AM	Ashvini Until 9:41AM	Ganesh: Red	Sunrise: 5:56AM	Sutra 5
		Yama 1:42PM – 3:16PM	Pili Until 11:55PM	Muruga: White	Sunset: 6:29PM	Parabhava 5:18
Creative Work	Siddha Yoga	Rahu 9:03AM – 10:36AM	Balava Until 12:32AM Sun	Nataraja: Purple		Moon 4 - Phase 50 - 15
				Moon - White		Prathama
			Prathama* Until 2:11PM	Vaisakha-Chaitra		Bhuloka Day
						Devaloka Time: 9AM to 12PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1	Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Bhanu Vesara Yukhtayam Bharani/Kittika Nakshatra Ayushman Yoga Kaulava/Taitla Karana Divlyaj/Tritiyayam Titau				Chennai, India Sun 16	Sutra 6 Parabhava 5128
	Mesha Rasi: 25.56	Tithi 2 - 3	Gulika 3:16PM - 4:49PM Yama 12:09PM - 1:42PM Rahu 4:49PM - 6:22PM	Bharani Until 7:01AM Ayushman Until 8:01PM Taitla Until 9:11PM Dvitiya Until 10:51AM	Ganesh: Red Muruga: White Nataraja: Purple Moon - White Vaisaka-Chaitra	Sunrise: 5:55AM Sunset: 6:29PM	Moon 4 - Phase 1 - 16 3rd Phase	Bhuloka Day Devaloka Time: 9AM to 12PM
Routine Work Prabalarisha Yoga Until 7:09AM Then Creative Work - Siddha Yoga								

2	Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Indu Vesara Yukhtayam Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Visli Karana Tritiya/Chaturthiyam Titau				Chennai, India Sun 17	Sutra 7 Parabhava 5128
	Wishabha Rasi: 10.52	Tithi 3 - 4	Gulika 1:42PM - 3:16PM Yama 10:35AM - 12:09PM Rahu 7:28AM - 9:02AM	Rohini Until 2:10AM Tue Saubhagya Until 4:11PM Visli Until 4:19AM Tue Tritiya Until 7:30AM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:55AM Sunset: 6:29PM	Moon 4 - Phase 1 - 17 3rd Phase	Bhuloka Day Devaloka Time: 9AM to 12PM
Creative Work Amrita Yoga Until 2:10AM Tue Then Creative Work - Siddha Yoga								

3	Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Mangala Vasara Yukhtayam Mrigashira Nakshatra Sobhana/Ahiganda Yoga Bava/Balava Karana Panchmyam Titau				Chennai, India Sun 18	Sutra 8 Parabhava 5128
	Wishabha Rasi: 25.4	Tithi 5	Gulika 12:08PM - 1:42PM Yama 9:01AM - 10:35AM Rahu 3:15PM - 4:49PM	Mrigashira Until 12:01AM Wed Sobhana Until 12:33PM Bava Until 2:50PM Panchami Until 1:24AM Wed	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:54AM Sunset: 6:29PM	Moon 4 - Phase 1 - 18 3rd Phase	Bhuloka Day Devaloka Time: 9AM to 12PM
Creative Work Siddha Yoga								

4	Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Budha Vesara Yukhtayam Ardra Nakshatra Ahiganda/Sukama Yoga Kaulava/Taitla Karana Panchmyam Titau				Chennai, India Sun 19	Sutra 9 Parabhava 5128
	Mithuna Rasi: 10.16	Tithi 6	Gulika 10:35AM - 12:08PM Yama 7:27AM - 9:01AM Rahu 12:08PM - 1:42PM	Ardra Until 10:07PM Ahiganda Until 9:09AM Kaulava Until 12:06PM Shashthi Until 10:53PM	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 5:54AM Sunset: 6:29PM	Moon 4 - Phase 1 - 19 3rd Phase	Bhuloka Day Devaloka Time: 9AM to 12PM
Creative Work Siddha Yoga								

5	Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Guru Vesara Yukhtayam Punarvasu Nakshatra Sukama/Dhrili Yoga Gara/Vanija Karana Saptmyam Titau				Chennai, India Sun 20	Sutra 10 Parabhava 5128
	Mithuna Rasi: 24.34	Tithi 7	Gulika 9:01AM - 10:34AM Yama 5:53AM - 7:27AM Rahu 1:42PM - 3:15PM	Punarvasu Until 8:59PM Sukama Until 6:08AM Gara Until 9:50AM Saptami Until 8:52PM	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 5:53AM Sunset: 6:29PM	Moon 4 - Phase 1 - 20 3rd Phase	Devaloka Day
Creative Work Amrita Yoga								

6	Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Sukra Vesara Yukhtayam Pushya Nakshatra Shula Yoga Vosi/Bava Karana Ashtmyam Titau				Chennai, India Sun 21	Sutra 11 Parabhava 5128
	Kataka Rasi: 8.32	Tithi 8	Gulika 7:26AM - 9:00AM Yama 3:15PM - 4:49PM Rahu 10:34AM - 12:08PM	Pushya Until 8:15PM Shula Until 1:23AM Sat Visli Until 8:05AM Ashlami Until 7:24PM	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 5:53AM Sunset: 6:29PM	Moon 4 - Phase 1 - 21 Ashtami	Devaloka Day
Routine Work Marana Yoga								

7	Saturday, April 25, 2026		Parabhava Nama Samvatsara Uttarayana: Nartana Rtau Metha Mese Sakla Paksho Manta Vesara Yukhtayam Ashlesha Nakshatra Ganda Yoga Balava/Kaulava Karana Navamyam Titau				Chennai, India Sun 22	Sutra 12 Parabhava 5128
	Kataka Rasi: 22.09	Tithi 9	Gulika 5:52AM - 7:26AM Yama 1:41PM - 3:15PM Rahu 9:00AM - 10:34AM	Ashlesha Until 7:56PM Ganda Until 11:42PM Balava Until 6:54AM Navami Until 6:30PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 5:50AM Sunset: 6:29PM	Moon 4 - Phase 1 - 22 Navami	Sivaloka Day
Routine Work Marana Yoga Until 7:56PM Then Creative Work - Amrita Yoga								

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Sunday, April 26, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vasara Yukhtayam Chennai, India Magha* Nakshatra Viddhi Yoga Talila/Gara Karana Dashamyam Tilau Sun 23 Subra 13			
Simha Rasi: 5.27	Tithi 10	Gulika 3:15PM - 4:49PM Yama 12:07PM - 1:41PM Rahu 4:49PM - 6:23PM	Magha* Until 8:27PM Viddhi Until 10:27PM Talila Until 6:16AM Dashami Until 6:09PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:50AM Sunset: 6:29PM Moon 4 - Phase 2 - 23 4th Phase
Routine Work - Marana Yoga Until 8:27PM Then Creative Work - Siddha Yoga		Devaloka Day			

2 Monday, April 27, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Indu Vasara Yukhtayam Chennai, India Purvaphalguni Nakshatra Dhruva Yoga Vanji/Visi* Karana Ekadashyam Tilau Sun 24 Subra 14			
Simha Rasi: 18.28	Tithi 11	Gulika 1:41PM - 3:15PM Yama 10:33AM - 12:07PM Rahu 7:25AM - 8:59AM	Purvaphalguni Until 9:19PM Dhruva Until 9:34PM Vanija Until 6:11AM Ekadashi Until 6:18PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:51AM Sunset: 6:29PM Moon 4 - Phase 2 - 24 4th Phase
Family Home Evening Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 6PM to 9PM			

3 Tuesday, April 28, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Mangala Vasara Yukhtayam Chennai, India Kanya Rasi Vajra* Nakshatra Vyaghata* Yoga Bava/Balava Karana Dvadashtyam Tilau Sun 25 Subra 15			
Kanya Rasi: 1.16	Tithi 12	Gulika 12:07PM - 1:41PM Yama 8:59AM - 10:33AM Rahu 3:15PM - 4:49PM	Uttaraphalguni Until 10:27PM Vyaghata* Until 9:03PM Bava Until 6:34AM Dvadashti Until 6:54PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 5:51AM Sunset: 6:29PM Moon 4 - Phase 2 - 25 4th Phase
Creative Work - Amrita Yoga Until 10:27PM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 6PM to 9PM			

4 Wednesday, April 29, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Budha Vasara Yukhtayam Chennai, India Kanya Rasi Hasta Nakshatra Harshana Yoga Kaulava/Talila Karana Trayodashyam Tilau Sun 26 Subra 16			
Kanya Rasi: 13.5	Tithi 13	Gulika 10:33AM - 12:07PM Yama 7:24AM - 8:59AM Rahu 12:07PM - 1:41PM	Hasta Until 12:17AM Thu Harshana Until 8:52PM Kaulava Until 7:23AM Trayodashi Until 7:55PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 5:50AM Sunset: 6:29PM Moon 4 - Phase 2 - 26 4th Phase
Routine Work - Marana Yoga Until 12:17AM Thu Then Creative Work - Siddha Yoga		Devaloka Day <i>Pradosha Vata</i>			

5 Thursday, April 30, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Guru Vasara Yukhtayam Chennai, India Kanya Rasi Chitra Nakshatra Vajra* Yoga Gara/Vanija Karana Chaturdashyam Tilau Sun 27 Subra 17			
Kanya Rasi: 26.16	Tithi 14	Gulika 8:58AM - 10:33AM Yama 5:50AM - 7:24AM Rahu 1:41PM - 3:15PM	Chitra Until 2:18AM Fri Vajra* Until 8:55PM Gara Until 8:34AM Chaturdash* Until 9:16PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 5:50AM Sunset: 6:29PM Moon 4 - Phase 2 - 27 4th Phase
Creative Work - Siddha Yoga		Devaloka Day			

Friday, May 1, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Sukra Vasara Yukhtayam Chennai, India Svali Nakshatra Siddhi Yoga Visi*/Bava Karana Punimayam Tilau Sun 27 Subra 18			
Copper Retreat Star		Gulika 7:23AM - 8:58AM Yama 3:15PM - 4:50PM Rahu 10:32AM - 12:07PM	Svali Until 4:26AM Sat Siddhi Until 9:13PM Visi Until 10:05AM Purnima* Until 10:56PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 5:49AM Sunset: 6:29PM Moon 4 - Phase 2 - Purnima
Tula Rasi: 8.32 Creative Work - Siddha Yoga		Devaloka Day Budha Purnima (Tamil Nadu)			

Saturday, May 2, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mecha Mese Sakla Paksho Mantva Vasara Yukhtayam Chennai, India Svali Nakshatra Yajlapata* Yoga Balava/Kaulava Karana Prathamayam Tilau Sun 28 Subra 19			
Silver Retreat Star		Gulika 5:48AM - 7:23AM Yama 1:41PM - 3:15PM Rahu 8:57AM - 10:32AM	Vishakha Until 7:10AM Sun Vyajlapata* Until 9:45PM Balava Until 11:54AM Prathama* Until 12:53AM Sun	Ganesh: White Muruga: White Nataraja: Clear Moon - Orange Vaisaka-Chaitra	Sunrise: 5:48AM Sunset: 6:29PM Moon 4 - Phase 2 - Prathama
Tula Rasi: 20.41 Creative Work - Siddha Yoga Until 7:10AM Sun Then Routine Work - Marana Yoga		Bhuloka Day Devaloka Time: 6PM to 9PM			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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