

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 1:34PM  
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Gatineau, Canada  
 Svali/Vishakha Nakshatra Vajra 7/Siddhi Yoga Talilla/Gara Karana Dvityayam Titau Sutra 364  
**Gulika** 1:43PM - 3:23PM **Svali Until 1:34PM** **Ganesh:** Yellow Sunrise: 5:20AM **Vasavasu 5:127**  
**Yama** 10:22AM - 12:02PM **Vajra\* Until 12:07PM** **Muruga:** Clear Sunset: 6:44PM **Moon 4 - Phase 1 - 1st Phase**  
**Rahu** 7:01AM - 8:41AM **Talilla Until 11:16AM** **Nataraja:** Clear  
**Tamil New Year** **Dvitiya Until 12:28AM Tue** **Moon - Green** **Devaloka Day**  
**Chaitra-Chaitra**

**1****Tuesday, April 15, 2025**

Tula Rasi: 28.02 Tithi 18  
**Routine Work** Marana Yoga  
 Until 4:40PM  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mangala Vasara Yukitayam Gatineau, Canada  
 Vishakha/Anuradha Nakshatra Siddhi/Vyaptara\* Yoga Vanja/Visi\* Karana Tritiyam Titau Sun 1 Sutra 1  
**Gulika** 12:02PM - 1:43PM **Vishakha Until 4:40PM** **Ganesh:** Blue Sunrise: 5:18AM **Vasavasu 5:127**  
**Yama** 8:40AM - 10:21AM **Siddhi Until 1:01PM** **Muruga:** Clear Sunset: 6:46PM **Moon 4 - Phase 1 - 1st Phase**  
**Rahu** 3:24PM - 5:05PM **Vanja Until 1:41PM** **Nataraja:** Clear  
**Tritiya Until 2:49AM Wed** **Moon - Orange** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**2****Wednesday, April 16, 2025**

Wishika Rasi: 9.58 Tithi 19  
**Creative Work** Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Batha Vasara Yukitayam Gatineau, Canada  
 Anuradha Nakshatra Vyaptara\* Mariyan Yoga Bava/Balava Karana Chaturtham Titau Sun 2 Sutra 2  
**Gulika** 10:20AM - 12:02PM **Anuradha Until 7:24PM** **Ganesh:** Blue Sunrise: 5:17AM **Vasavasu 5:127**  
**Yama** 6:58AM - 8:39AM **Vyaptara\* Until 1:47PM** **Muruga:** Clear Sunset: 6:47PM **Moon 4 - Phase 1 - 2 1st Phase**  
**Rahu** 12:02PM - 1:43PM **Bava Until 3:55PM** **Nataraja:** Clear  
**Chaturthi\* Until 4:54AM Thu** **Moon - Orange** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**3****Thursday, April 17, 2025**

Wishika Rasi: 21.59 Tithi 20  
**Routine Work** Prabalarishtha Yoga  
 Until 9:40PM  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Guru Vasara Yukitayam Gatineau, Canada  
 Vishakha\* Nakshatra Parigha\* Yoga Kaulava/Talilla Karana Panchamam Titau Sun 3 Sutra 3  
**Gulika** 8:38AM - 10:20AM **Jyeshtha\* Until 9:40PM** **Ganesh:** Blue Sunrise: 5:15AM **Vasavasu 5:127**  
**Yama** 5:15AM - 6:57AM **Variyan Until 2:17PM** **Muruga:** Clear Sunset: 6:48PM **Moon 4 - Phase 1 - 3 1st Phase**  
**Rahu** 1:43PM - 3:25PM **Kaulava Until 5:51PM** **Nataraja:** Clear  
**Panchami Until 6:39AM Fri** **Moon - Orange** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**4****Friday, April 18, 2025**

Dhanus Rasi: 4.09 Tithi 20 - 21  
**Creative Work** Amrita Yoga  
 Until 11:51PM  
 Then Routine Work - Prabalarishtha Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Sakra Vasara Yukitayam Gatineau, Canada  
 Mula\* Nakshatra Parigha\*/Shiva Yoga Talilla/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 4  
**Gulika** 6:55AM - 8:37AM **Mula\* Until 11:51PM** **Ganesh:** Red Sunrise: 5:13AM **Vasavasu 5:127**  
**Yama** 3:25PM - 5:07PM **Parigha\* Until 2:31PM** **Muruga:** Clear Sunset: 6:49PM **Moon 4 - Phase 1 - 4 1st Phase**  
**Rahu** 10:19AM - 12:01PM **Gara Until 7:22PM** **Nataraja:** Clear  
**Panchami Until 6:39AM** **Moon - Light Blue** **Devaloka Day**  
**Chaitra-Chaitra**

**5****Saturday, April 19, 2025**

Dhanus Rasi: 16.31 Tithi 21 - 22  
**Creative Work** Siddha Yoga  
 Until 1:20AM Sun  
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mania Vasara Yukitayam Gatineau, Canada  
 Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanja/Visi\* Karana Shashthi/Saptamam Titau Sun 5 Sutra 5  
**Gulika** 5:12AM - 6:54AM **Purvashadha\* Until 1:20AM Sun** **Ganesh:** Red Sunrise: 5:12AM **Vasavasu 5:127**  
**Yama** 1:43PM - 3:25PM **Shiva Until 2:23PM** **Muruga:** Clear Sunset: 6:51PM **Moon 4 - Phase 1 - 5 1st Phase**  
**Rahu** 8:36AM - 10:19AM **Visi Until 8:22PM** **Nataraja:** Clear  
**Shashthi\* Until 7:55AM** **Moon - Light Blue** **Devaloka Day**  
**Chaitra-Chaitra**

**D****Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 29.08 Tithi 22 - 23  
**Creative Work** Amrita Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Bhanu Vasara Yukitayam Gatineau, Canada  
 Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamam Titau Sun 6 Sutra 6  
**Gulika** 3:26PM - 5:09PM **Uttarashadha Until 2:02AM Mon** **Ganesh:** Red Sunrise: 5:10AM **Vasavasu 5:127**  
**Yama** 12:01PM - 1:44PM **Siddha Until 1:44PM** **Muruga:** Clear Sunset: 6:52PM **Moon 4 - Phase 1 - 6 1st Phase**  
**Rahu** 5:09PM - 6:52PM **Balava Until 8:42PM** **Nataraja:** Clear  
**Saptami Until 8:36AM** **Moon - Light Blue** **Devaloka Day**  
**Chaitra-Chaitra**

**Monday, April 21, 2025****Retreat Star**

Makara Rasi: 12.04 Tithi 23 - 24  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 2:18AM Tue  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Gatineau, Canada  
 Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Talilla Karana Ashtami/Navamam Titau Sun 7 Sutra 7  
**Gulika** 1:44PM - 3:27PM **Shravana Until 2:18AM Tue** **Ganesh:** Green Sunrise: 5:08AM **Vasavasu 5:127**  
**Yama** 10:18AM - 12:01PM **Sadhya Until 12:32PM** **Muruga:** Clear Sunset: 6:53PM **Moon 4 - Phase 1 - 7 1st Phase**  
**Rahu** 6:51AM - 8:34AM **Talilla Until 8:19PM** **Nataraja:** Clear  
**Chidambaram Abhishekam** **Ashtami\* Until 8:35AM** **Moon - Purple** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

[www.gurudev.org/pancham](http://www.gurudev.org/pancham)

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Tuesday, April 22, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukitayam				Gatineau, Canada
		Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashayam Titau				Sun 8 Sutra 8
Makara Rasi: 25.25	Tithi 24 – 25	<b>Gulika</b> 12:00PM – 1:44PM	<b>Dhanishtha Until 1:40AM Wed</b>	<b>Ganesh:</b> Green	Sunrise: 5:07AM	Vasavasu 5:127
		Yama 8:34AM – 10:17AM	Sukha Until 10:46AM	Muruga: Clear	Sunset: 6:54PM	Moon 4 - Phase 2 - 8
Creative Work	Siddha Yoga	293298578 <b>Rahu</b> 3:27PM – 5:11PM	Navami* Until 7:10PM	Nataraja: Clear		2nd Phase
		<b>Navami* Until 7:49AM</b>				<b>Bhuloka Day</b>
						Devaloka Time: 3PM to 6PM

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Wednesday, April 23, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Buda Vasara Yukitayam				Gatineau, Canada
		Shalabhishak Nakshatra Sukla/Brahma Yoga Vist/Balava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 9
Kumbha Rasi: 9.11	Tithi 25 – 26	<b>Gulika</b> 10:16AM – 12:00PM	<b>Shalabhishak Until 12:10AM Thu</b>	<b>Ganesh:</b> Green	Sunrise: 5:05AM	Vasavasu 5:127
		Yama 6:49AM – 8:33AM	Sukla Until 8:21AM	Muruga: Clear	Sunset: 6:59PM	Moon 4 - Phase 2 - 9
Creative Work	Siddha Yoga	293298578 <b>Rahu</b> 12:00PM – 1:44PM	Balava Until 4:03AM Thu	Nataraja: Clear		2nd Phase
		<b>Dashami* Until 6:17AM</b>				<b>Bhuloka Day</b>
						Devaloka Time: 3PM to 6PM

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Thursday, April 24, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukitayam				Gatineau, Canada
		Puruvoshthapada Nakshatra Indra Yoga Kaulava/Taila Karana Dvadashyam Titau				Sun 10 Sutra 10
Kumbha Rasi: 23.24	Tithi 27	<b>Gulika</b> 8:32AM – 10:16AM	<b>Puruvoshthapada* Until 10:20PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:03AM	Vasavasu 5:127
		Yama 5:03AM – 6:48AM	Indra Until 1:57AM Fri	Muruga: Clear	Sunset: 6:59PM	Moon 4 - Phase 2 - 10
Creative Work	Siddha Yoga	213298579 <b>Rahu</b> 1:44PM – 3:28PM	Kaulava Until 2:43PM	Nataraja: Purple		2nd Phase
		<b>Dvadashi* Until 1:13AM Fri</b>				<b>Devaloka Day</b>

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Friday, April 25, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Sakra Vasara Yukitayam				Gatineau, Canada
		Uttarproshthapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 11
Meena Rasi: 8.02	Tithi 28	<b>Gulika</b> 6:46AM – 8:31AM	<b>Uttarproshthapada Until 7:52PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:02AM	Vasavasu 5:127
		Yama 3:29PM – 5:13PM	Vaidhiti* Until 10:06PM	Muruga: Clear	Sunset: 6:59PM	Moon 4 - Phase 2 - 11
Creative Work	Siddha Yoga	213298579 <b>Rahu</b> 10:15AM – 12:00PM	Gara Until 11:38AM	Nataraja: Purple		2nd Phase
		<b>Trayodashi* Until 9:54PM</b>				<b>Devaloka Day</b>

Pradosha Vata (Fasting)

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Saturday, April 26, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Maria Vasara Yukitayam				Gatineau, Canada
		Revati/Ashvini Nakshatra Vishkambha* Pili Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 12
Meena Rasi: 23	Tithi 29	<b>Gulika</b> 5:00AM – 6:45AM	<b>Revati Until 4:56PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:00AM	Vasavasu 5:127
		Yama 1:45PM – 3:29PM	Vishkambha* Until 5:59PM	Muruga: Clear	Sunset: 6:59PM	Moon 4 - Phase 2 - 12
Routine Work	Prabalarishta Yoga	213298579 <b>Rahu</b> 8:30AM – 10:15AM	Visti Until 8:08AM	Nataraja: Purple		2nd Phase
Until 4:56PM			<b>Chaturdashi* Until 6:16PM</b>	Moon - Clear		
Then Creative Work - Siddha Yoga				Chaitra-Chaitra		

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Sunday, April 27, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Bharu Vasara Yukitayam				Gatineau, Canada
		Ashvini/Bharani Nakshatra Prabhalochman Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 13
Mesha Rasi: 8.11	Tithi 30 – 1	<b>Gulika</b> 3:30PM – 5:15PM	<b>Ashvini Until 2:05PM</b>	<b>Ganesh:</b> Orange	Sunrise: 4:59AM	Vasavasu 5:127
		Yama 12:00PM – 1:45PM	Priti Until 1:45PM	Muruga: Clear	Sunset: 7:00PM	Moon 4 - Phase 2 - 13
Creative Work	Siddha Yoga	224298579 <b>Rahu</b> 5:15PM – 7:00PM	Kintughna Until 12:35AM Mon	Nataraja: Purple		Amavasya
Until 2:05PM			<b>Amavasya* Until 2:29PM</b>	Moon - White		
Then Routine Work - Prabalarishta Yoga				Chaitra-Chaitra		

Monday, April 28, 2025

		Viswastu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukitayam				Gatineau, Canada
		Bharani/Kritika Nakshatra Agrohman/Saudhagga Yoga Bava/Balava Karana Prathama/Othitayam Titau				Sun 14 Sutra 14
Mesha Rasi: 23.25	Tithi 1 – 2	<b>Gulika</b> 1:45PM – 3:30PM	<b>Bharani Until 11:06AM</b>	<b>Ganesh:</b> Orange	Sunrise: 4:57AM	Vasavasu 5:127
		Yama 10:14AM – 11:59AM	Ayushman Until 9:30AM	Muruga: Clear	Sunset: 7:02PM	Moon 4 - Phase 2 - 14
Family Home Evening	Siddha Yoga	224298579 <b>Rahu</b> 6:43AM – 8:28AM	Balava Until 8:51PM	Nataraja: Purple		Prathama
Until 11:06AM			<b>Prathama* Until 10:41AM</b>	Moon - White		
Creative Work				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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Tuesday, April 29, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Tilau			Gatineau, Canada Sun 15 Sutra 15 Vasavasu 5:17
Wishabha Rasi: 8.33	Tilthi 2 - 3	<b>Gulika</b> 11:59AM - 1:45PM	<b>Kritika</b> Untill 8:10AM	<b>Ganesha:</b> Orange <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - White Vaisaka-Chaitra	Sunrise: 4:56AM Sunset: 7:03PM Moon 4 - Phase 3 - 15 3rd Phase
Yama	8:26AM - 10:13AM	Yama	Sobhana Untill 1:33AM Wed Gara Untill 3:46AM Wed		
Rahu	3:31PM - 5:17PM	Rahu	Dwitiya Untill 7:03AM		Sivaloka Day
Creative Work Siddha Yoga Untill 8:10AM Then Creative Work - Amrita Yoga					

2

Wednesday, April 30, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vasara Yuktayam Mrigashira Nakshatra Aihiganda* Yoga Vanja/Visi* Karana Chalurthiyam Tilau			Gatineau, Canada Sun 16 Sutra 16 Vasavasu 5:17
Wishabha Rasi: 23.25	Tilthi 4	<b>Gulika</b> 10:13AM - 11:59AM	<b>Mrigashira</b> Untill 3:53AM Thu	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:54AM Sunset: 7:04PM Moon 4 - Phase 3 - 12 3rd Phase
Yama	6:41AM - 8:27AM	Yama	Aihiganda* Untill 10:05PM Vanija Untill 2:19PM		
Rahu	11:59AM - 1:45PM	Rahu	Chalurthi* Untill 12:58AM Thu		Devaloka Day
Creative Work Siddha Yoga Untill 3:53AM Thu Then Routine Work - Marana Yoga					

3

Thursday, May 1, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vasara Yuktayam Andra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Tilau			Gatineau, Canada Sun 17 Sutra 17 Vasavasu 5:17
Mithuna Rasi: 7.55	Tilthi 5	<b>Gulika</b> 8:26AM - 10:12AM	<b>Andra</b> Untill 2:27AM Fri	<b>Ganesha:</b> Purple <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:53AM Sunset: 7:05PM Moon 4 - Phase 3 - 17 3rd Phase
Yama	4:53AM - 6:39AM	Yama	Sukama Untill 7:09PM Bava Untill 11:49AM		
Rahu	1:46PM - 3:32PM	Rahu	Panchami Untill 10:49PM		Devaloka Day
Routine Work Marana Yoga Untill 2:27AM Fri Then Creative Work - Siddha Yoga					

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Friday, May 2, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taila Karana Shashthiyam Tilau			Gatineau, Canada Sun 18 Sutra 18 Vasavasu 5:17
Mithuna Rasi: 21.57	Tilthi 6	<b>Gulika</b> 6:38AM - 8:25AM	<b>Punarvasu</b> Untill 2:04AM Sat	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:51AM Sunset: 7:06PM Moon 4 - Phase 3 - 18 3rd Phase
Yama	3:33PM - 5:20PM	Yama	Dhriti Untill 4:50PM Kaulava Untill 10:02AM		
Rahu	10:12AM - 11:59AM	Rahu	Shashthi* Untill 9:24PM		Sivaloka Day
Creative Work Siddha Yoga					

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Saturday, May 3, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vasara Yuktayam Pushya Nakshatra Ganda* Ganda* Yoga Gara/Vanija Karana Saptamyam Tilau			Gatineau, Canada Sun 19 Sutra 19 Vasavasu 5:17
Kataka Rasi: 5.31	Tilthi 7	<b>Gulika</b> 4:50AM - 6:37AM	<b>Pushya</b> Untill 2:22AM Sun	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:50AM Sunset: 7:08PM Moon 4 - Phase 3 - 19 3rd Phase
Yama	1:46PM - 3:33PM	Yama	Shula* Untill 3:09PM Gara Untill 9:02AM		
Rahu	8:24AM - 10:12AM	Rahu	Saptami Untill 8:50PM		Sivaloka Day
Creative Work Siddha Yoga					

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Sunday, May 4, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Viddhi* Yoga Visi*/Bava Karana Ashtamyam Tilau			Gatineau, Canada Sun 20 Sutra 20 Vasavasu 5:17
Kataka Rasi: 18.37	Tilthi 8	<b>Gulika</b> 3:34PM - 5:21PM	<b>Ashlesha*</b> Untill 3:20AM Mon	<b>Ganesha:</b> Clear <b>Muruga:</b> Clear <b>Nataraja:</b> Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:49AM Sunset: 7:09PM Moon 4 - Phase 3 - 20 Ashtami
Yama	11:59AM - 1:46PM	Yama	Ganda* Untill 2:09PM Visi Untill 8:53AM		
Rahu	5:21PM - 7:09PM	Rahu	Ashlami* Untill 9:06PM		Sivaloka Day
Creative Work Siddha Yoga Untill 3:20AM Mon Then Routine Work - Marana Yoga					

Monday, May 5, 2025

		Viswvasu Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Tilau			Gatineau, Canada Sun 21 Sutra 21 Vasavasu 5:17
Simha Rasi: 1.18	Tilthi 9	<b>Gulika</b> 1:46PM - 3:34PM	<b>Magha*</b> Untill 5:20AM Tue	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red Vaisaka-Chaitra	Sunrise: 4:47AM Sunset: 7:10PM Moon 4 - Phase 3 - 21 Navami
Yama	10:11AM - 11:59AM	Yama	Viddhi Untill 1:48PM Balava Untill 9:33AM		
Rahu	6:35AM - 8:23AM	Rahu	Navami* Untill 10:09PM		Devaloka Day
Family Home Evening Routine Work Marana Yoga Untill 5:20AM Tue Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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<b>1 Tuesday, May 6, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktayam Parvaphalguni Nakshatra Dhruva/Vyaghata" Yoga Talilla/Gara Karana Dashayam Titau			Gatineau, Canada Sun 22 Sutra 22 Vasvasu 5:17
Simha Rasi: 13.4	Tithi 10	<b>Gulika</b> 11:58AM - 1:47PM Yama 8:22AM - 10:10AM 254318579 <b>Rahu</b> 3:35PM - 5:23PM	<b>Purvaphalguni Untill 7:46AM Wed</b> Dhruva Untill 1:57PM Talilla Untill 10:56AM <b>Dashami Untill 11:50PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red Vaisaka-Chaitra	Sunrise: 4:46AM Sunset: 7:11PM Moon 4 - Phase 4 - 22 4th Phase
Creative Work Siddha Yoga Untill 7:46AM Wed Then Creative Work - Amrita Yoga		<b>Devaloka Day</b>			
<b>2 Wednesday, May 7, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Butha Vesara Yuktayam Purvaphalguni Nakshatra Vyaghata" Harshana Yoga Vanja/Ved" Karana Ekadashyam Titau			Gatineau, Canada Sun 23 Sutra 23 Vasvasu 5:17
Simha Rasi: 25.46	Tithi 11	<b>Gulika</b> 10:10AM - 11:58AM Yama 6:33AM - 8:21AM 254318579 <b>Rahu</b> 11:58AM - 1:47PM	<b>Purvaphalguni Untill 7:46AM</b> Vyaghata" Untill 2:33PM Vanija Untill 12:54PM <b>Ekadashi Untill 2:01AM Thu</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red Vaisaka-Chaitra	Sunrise: 4:45AM Sunset: 7:12PM Moon 4 - Phase 4 - 23 4th Phase
Creative Work Amrita Yoga		<b>Devaloka Day</b>			
<b>3 Thursday, May 8, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Guru Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra" Yoga Bava/Balava Karana Dvadashyam Titau			Gatineau, Canada Sun 24 Sutra 24 Vasvasu 5:17
Kanya Rasi: 7.43	Tithi 12	<b>Gulika</b> 8:21AM - 10:10AM Yama 4:43AM - 6:32AM 254318579 <b>Rahu</b> 1:47PM - 3:36PM	<b>Uttaraphalguni Untill 10:27AM</b> Harshana Untill 3:27PM Bava Untill 3:15PM <b>Dvadashi Untill 4:29AM Fri</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Red Vaisaka-Chaitra	Sunrise: 4:43AM Sunset: 7:14PM Moon 4 - Phase 4 - 24 4th Phase
Amrita Yoga Untill 10:27AM Then Routine Work - Marana Yoga		<b>Devaloka Day</b>			
<b>4 Friday, May 9, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vajra"/Siddhi Yoga Kaulava/Talilla Karana Trayodashyam Titau			Gatineau, Canada Sun 25 Sutra 25 Vasvasu 5:17
Kanya Rasi: 19.33	Tithi 13	<b>Gulika</b> 6:31AM - 8:20AM Yama 3:36PM - 5:26PM 265318579 <b>Rahu</b> 10:09AM - 11:58AM	<b>Hasta Untill 1:40PM</b> Vajra" Untill 4:28PM Kaulava Untill 5:48PM <b>Trayodashi Untill 7:04AM Sat</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Green Vaisaka-Chaitra	Sunrise: 4:42AM Sunset: 7:15PM Moon 4 - Phase 4 - 25 4th Phase
Creative Work Amrita Yoga Untill 1:40PM Then Creative Work - Siddha Yoga		<b>Subha Sivaloka Day</b>			
<b>5 Saturday, May 10, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Manu Vasara Yuktayam Chitra/Sivali Nakshatra Siddhi/Vyaspata" Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau			Gatineau, Canada Sun 26 Sutra 26 Vasvasu 5:17
Tula Rasi: 1.21	Tithi 13 - 14	<b>Gulika</b> 4:41AM - 6:30AM Yama 1:48PM - 3:37PM 265318579 <b>Rahu</b> 8:19AM - 10:09AM	<b>Chitra Untill 4:47PM</b> Siddhi Untill 5:31PM Gara Untill 8:22PM <b>Trayodashi Untill 7:04AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Green Vaisaka-Chaitra	Sunrise: 4:41AM Sunset: 7:16PM Moon 4 - Phase 4 - 26 4th Phase
Routine Work Marana Yoga Untill 4:47PM Then Creative Work - Siddha Yoga		<b>Subha Sivaloka Day</b>			
<b>○ Sunday, May 11, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vasara Yuktayam Sivali Nakshatra Vyaspata" Yoga Vanja/Visli" Karana Chaturdashy/Purnimayam Titau			Gatineau, Canada Sun 27 Sutra 27 Vasvasu 5:17
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:38PM - 5:27PM Yama 11:58AM - 1:48PM 265318579 <b>Rahu</b> 5:27PM - 7:17PM	<b>Sivali Untill 7:39PM</b> Vyaspata" Untill 6:32PM Visli Untill 10:50PM <b>Chaturdashy" Untill 9:36AM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Green Vaisaka-Chaitra	Sunrise: 4:39AM Sunset: 7:17PM Moon 4 - Phase 4 - 27 Purnima
Creative Work Siddha Yoga Untill 7:39PM Then Routine Work - Marana Yoga		<b>Subha Sivaloka Day</b>			
<b>Monday, May 12, 2025</b>		Viswastu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Indu Vasara Yuktayam Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gatineau, Canada Sun 28 Sutra 28 Vasvasu 5:17
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:48PM - 3:38PM Yama 10:08AM - 11:58AM 275318579 <b>Rahu</b> 6:28AM - 8:18AM	<b>Vishakha Untill 10:40PM</b> Varyan Untill 7:22PM Balava Untill 1:07AM Tue <b>Purnima" Untill 11:59AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Orange Vaisaka-Chaitra	Sunrise: 4:38AM Sunset: 7:18PM Moon 4 - Phase 4 - Prathama
Tula Rasi: 25.02 Tithi 14 - 15 Family Home Evening Routine Work Marana Yoga Untill 10:40PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Tuesday, May 13, 2025**  
**Gold Retreat Star**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau		Gatineau, Canada Sun 29 Vasavasu 5:17
Wischika Rasi: 6.59	Tithi 16 - 17	<b>Gulika</b> 11:58AM - 1:48PM <b>Yama</b> 8:16AM - 10:08AM <b>Rahu</b> 3:39PM - 5:29PM	<b>Anuradha Until 1:17AM Wed</b> Parigha* Until 8:03PM Tailita Until 3:08AM Wed <b>Prathama* Until 2:08PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Orange <b>Sivaloka Day</b> Vaisaka-Chaitra
Creative Work	Siddha Yoga			

**1**

**Wednesday, May 14, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvityayam Titau		Gatineau, Canada Sun 1 Sufra 30 Vasavasu 5:17
Wischika Rasi: 19.02	Tithi 17 - 18	<b>Gulika</b> 10:08AM - 11:58AM <b>Yama</b> 6:26AM - 8:17AM <b>Rahu</b> 11:58AM - 1:49PM	<b>Jyeshtha* Until 3:27AM Thu</b> Shiva Until 8:31PM Vanija Until 4:51AM Thu <b>Dvitiya Until 4:01PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Orange <b>Sivaloka Day</b> Vaisaka-Vaikasi
Creative Work	Siddha Yoga			

**2**

**Thursday, May 15, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddha Yoga Visi* Bava Karana Tritiya/Chaturtham Titau		Gatineau, Canada Sun 2 Sufra 31 Vasavasu 5:17
Dhanus Rasi: 1.12	Tithi 18 - 19	<b>Gulika</b> 8:16AM - 10:07AM <b>Yama</b> 4:35AM - 6:26AM <b>Rahu</b> 1:49PM - 3:40PM	<b>Mula* Until 5:37AM Fri</b> Siddha Until 8:42PM Bava Until 6:14AM Fri <b>Tritiya Until 5:34PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Light Blue <b>Subha Sivaloka Day</b> Vaisaka-Vaikasi
Creative Work	Siddha Yoga			
Until 5:37AM Fri				
Then Routine Work - Prabarishtha Yoga				

**3**

**Friday, May 16, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashada* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Titau		Gatineau, Canada Sun 3 Sufra 32 Vasavasu 5:17
Dhanus Rasi: 13.31	Tithi 19	<b>Gulika</b> 6:25AM - 8:16AM <b>Yama</b> 3:40PM - 5:32PM <b>Rahu</b> 10:07AM - 11:58AM	<b>Purvashada* Until 7:14AM Sat</b> Sadya Until 8:37PM Bava Until 6:14AM <b>Chaturthi* Until 6:46PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Light Blue <b>Subha Sivaloka Day</b> Vaisaka-Vaikasi
Creative Work	Siddha Yoga			
Until 7:14AM Sat				
Then Routine Work - Marana Yoga				

**4**

**Saturday, May 17, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Manva Vasara Yuktayam Purvashada* Nakshatra Sadhya Yoga Kaulava/Tailita Karana Panchamam Titau		Gatineau, Canada Sun 4 Sufra 33 Vasavasu 5:17
Dhanus Rasi: 26	Tithi 20	<b>Gulika</b> 4:33AM - 6:24AM <b>Yama</b> 1:50PM - 3:41PM <b>Rahu</b> 8:15AM - 10:07AM	<b>Purvashada* Until 7:14AM</b> Sudha Until 8:13PM Kaulava Until 7:13AM <b>Panchami Until 7:31PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Light Blue <b>Subha Sivaloka Day</b> Vaisaka-Vaikasi
Creative Work	Siddha Yoga			
Until 7:14AM				
Then Routine Work - Marana Yoga				

**5**

**Sunday, May 18, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashada* Nakshatra Sukla Yoga Gara/Vanija Karana Shasthityam Titau		Gatineau, Canada Sun 5 Sufra 34 Vasavasu 5:17
Makara Rasi: 8.42	Tithi 21	<b>Gulika</b> 3:42PM - 5:33PM <b>Yama</b> 11:58AM - 1:50PM <b>Rahu</b> 5:33PM - 7:25PM	<b>Uttarashada Until 8:15AM</b> Sukla Until 7:24PM Gara Until 7:45AM <b>Shashthi* Until 7:47PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Light Blue <b>Subha Sivaloka Day</b> Vaisaka-Vaikasi
Creative Work	Amrita Yoga			

**6**

**Monday, May 19, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana* Nakshatra Brahma Yoga Visi* Bava Karana Sapthamam Titau		Gatineau, Canada Sun 6 Sufra 35 Vasavasu 5:17
Makara Rasi: 21.39	Tithi 22	<b>Gulika</b> 1:50PM - 3:42PM <b>Yama</b> 10:06AM - 11:58AM <b>Rahu</b> 6:23AM - 8:14AM	<b>Shravana Until 9:03AM</b> Brahma Until 6:08PM Visi Until 7:43AM <b>Sapthami Until 7:28PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Purple <b>Devaloka Day</b> Vaisaka-Vaikasi
Family Home Evening				
Until 9:03AM				
Creative Work	Amrita Yoga			
Then Creative Work - Siddha Yoga				

**Retreat Star**

**Tuesday, May 20, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha* Nakshatra Ishta/Vaidhiti* Yoga Balava/Kaulava Karana Ashotamam Titau		Gatineau, Canada Sun 7 Sufra 36 Vasavasu 5:17
Kumbha Rasi: 4.55	Tithi 23	<b>Gulika</b> 11:58AM - 1:50PM <b>Yama</b> 8:14AM - 10:06AM <b>Rahu</b> 3:43PM - 5:35PM	<b>Dhanishtha Until 9:06AM</b> Indra Until 4:23PM Balava Until 7:06AM <b>Ashtami* Until 6:31PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Purple <b>Devaloka Day</b> Vaisaka-Vaikasi
Creative Work	Siddha Yoga			
Until 9:06AM				
Then Routine Work - Marana Yoga				

**Wednesday, May 21, 2025**

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak* Nakshatra Vaidhiti* Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Navami/Dashamam Titau		Gatineau, Canada Sun 8 Sufra 37 Vasavasu 5:17
Kumbha Rasi: 18.32	Tithi 24 - 25	<b>Gulika</b> 10:06AM - 11:58AM <b>Yama</b> 6:21AM - 8:14AM <b>Rahu</b> 11:58AM - 1:51PM	<b>Shatabhishak Until 8:22AM</b> Vaidhiti* Until 2:05PM Vanija Until 3:55AM Thu <b>Navami* Until 4:56PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon - Purple <b>Devaloka Day</b> Vaisaka-Vaikasi
Creative Work	Siddha Yoga			
Until 8:22AM				
Then Creative Work - Amrita Yoga				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1 Thursday, May 22, 2025</b>		Viswastu Nama Samvatsare Uтарыны Нартана Рітау Вішвабха Мазе Кгішна Пакоше Гату Васара Үктыям Purvaprosrothapada/Утравпросроthapada Nakshatra Vishkambha/Prihi Yogi Vesi/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 9 Sufra 38
Mesha Rasi: 2.34	Tithi 25 – 26	<b>Gulika</b> 8:13AM – 10:06AM	<b>Purvaprosrothapada</b> Until 7:17AM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	<b>Sunrise:</b> 4:26AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 6 - 9 2nd Phase
Creative Work	Siddha Yoga	Yama 4:28AM – 6:20AM	Vishkambha <sup>2</sup> Until 11:18AM	Moon – Clear		Devaloka Day
		Rahu 1:51PM – 3:44PM	Bava Until 1:26AM Fri	Vaisaka-Vaikasi		
			Dashami Until 2:43PM			
<b>2 Friday, May 23, 2025</b>		Viswastu Nama Samvatsare Uтарыны Нартана Рітау Вішвабха Мазе Кгішна Пакоше Сатра Васара Үктыям Ashvini Nakshatra Saubhagya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 10 Sufra 39
Mesha Rasi: 16.58	Tithi 26 – 27	<b>Gulika</b> 6:20AM – 8:13AM	<b>Revati Until 3:06AM Sat</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	<b>Sunrise:</b> 4:27AM <b>Sunset:</b> 7:30PM	Moon 5 - Phase 6 - 10 2nd Phase
Creative Work	Siddha Yoga	Yama 3:44PM – 5:37PM	Prihi Until 8:03AM	Moon – Clear		Devaloka Day
		Rahu 10:06AM – 11:59AM	Kaulava Until 10:26PM	Vaisaka-Vaikasi		
			Ekadashi <sup>1</sup> Until 11:58AM			
<b>3 Saturday, May 24, 2025</b>		Viswastu Nama Samvatsare Uтарыны Нартана Рітау Вішвабха Мазе Кгішна Пакоше Mantra Васара Үктыям Ashvini Nakshatra Saubhagya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 11 Sufra 40
Mesha Rasi: 1.42	Tithi 27 – 28	<b>Gulika</b> 4:26AM – 6:19AM	<b>Ashvini Until 12:37AM Sun</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple	<b>Sunrise:</b> 4:26AM <b>Sunset:</b> 7:31PM	Moon 5 - Phase 6 - 11 2nd Phase
Creative Work	Siddha Yoga	Yama 1:52PM – 3:45PM	Saubhagya Until 12:30AM Sun	Moon – White		Devaloka Day
Until 12:37AM Sun		Rahu 8:12AM – 10:05AM	Gara Until 7:05PM	Vaisaka-Vaikasi		
Then Routine Work - Prabalarishta Yoga			Dvadashi <sup>1</sup> Until 8:47AM			
			<i>Pradosha Vata (Fasting)</i>			
<b>4 Sunday, May 25, 2025</b>		Viswastu Nama Samvatsare Uтарыны Нартана Рітау Вішвабха Мазе Кгішна Пакоше Bhanu Васара Үктыям Bharani Nakshatra Sobhana Yoga Visi/Sakuni <sup>1</sup> Karana Chaturdashyam Titau				Gatineau, Canada Sun 12 Sufra 41
Mesha Rasi: 16.42	Tithi 29	<b>Gulika</b> 3:45PM – 5:39PM	<b>Bharani Until 9:49PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	<b>Sunrise:</b> 4:25AM <b>Sunset:</b> 7:32PM	Moon 5 - Phase 6 - 12 2nd Phase
Routine Work	Prabalarishta Yoga	Yama 11:59AM – 1:52PM	Sobhana Until 8:27PM	Moon – White		Devaloka Day
Until 9:49PM		Rahu 5:39PM – 7:32PM	Visti Until 3:30PM	Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga			Chaturdashi <sup>1</sup> Until 1:39AM Mon			
<b>Monday, May 26, 2025</b>		Viswastu Nama Samvatsare Uтарыны Нартана Рітау Вішвабха Мазе Кгішна Пакоше Indu Васара Үктыям Kritika Nakshatra Aihiganda/Sukarma Yoga Catuspada/Naga <sup>1</sup> Karana Amavasyayam Titau				Gatineau, Canada Sun 13 Sufra 42
<b>Retreat Star</b>		<b>Gulika</b> 1:52PM – 3:46PM	<b>Kritika Until 6:52PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple	<b>Sunrise:</b> 4:25AM <b>Sunset:</b> 7:33PM	Moon 5 - Phase 6 - 13 Amavasya
Wishabha Rasi: 1.49	Tithi 30	Yama 10:05AM – 11:59AM	Aihiganda <sup>1</sup> Until 4:21PM	Moon – White		Devaloka Day
Family Home Evening	Marana Yoga	Rahu 6:18AM – 8:12AM	Catuspada Until 11:51AM	Vaisaka-Vaikasi		
Until 6:52PM			Amavasya <sup>1</sup> Until 10:01PM			
Then Creative Work - Amrita Yoga						
<b>Tuesday, May 27, 2025</b>		Viswastu Nama Samvatsare Uтарыны Нартана Рітау Вішвабха Мазе Сакіа Пакоше Margala Васара Үктыям Rohini/Migashtra Nakshatra Sukarna/Dhriti Yogi Kirtughna/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 14 Sufra 43
<b>Retreat Star</b>		<b>Gulika</b> 11:59AM – 1:53PM	<b>Rohini Until 4:21PM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Red <b>Nataraja:</b> Purple	<b>Sunrise:</b> 4:24AM <b>Sunset:</b> 7:34PM	Moon 5 - Phase 6 - 14 Prathama
Wishabha Rasi: 16.53	Tithi 1	Yama 8:11AM – 10:05AM	Sukarna Until 12:23PM	Moon – Yellow		Devaloka Day
Creative Work	Amrita Yoga	Rahu 3:46PM – 5:40PM	Kirtughna Until 8:17AM	Jyeshtha-Vaikasi		
Until 4:21PM			Prathama <sup>1</sup> Until 6:34PM			
Then Creative Work - Siddha Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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# 1 Wednesday, May 28, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Баду Вєара Уктыям Мігеша/Мєта Накшатра Дхіті/Шєті: Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau		Gatineau, Canada Sun 15 Sutra 44
Mithuna Rasi: 1.45	Tithi 2 - 3	<b>Gulika</b> 10:05AM - 11:59AM	<b>Mrigashira</b> Untill 2:01PM	<b>Ganesh:</b> Green Sunrise: 4:23AM	Vasavasu 5:17
		Yama 6:17AM - 8:11AM	Dhriti Untill 8:40AM	<b>Muruga:</b> Red Sunset: 7:39PM	Moon 5 - Phase 7 - 15
Creative Work	Siddha Yoga	<b>Rahu</b> 11:59AM - 1:53PM	Taila Untill 2:07AM Thu	<b>Nataraja:</b> Purple Moon - Yellow	3rd Phase
			<b>Dvitiya</b> Untill 3:28PM	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>

# 2 Thursday, May 29, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Гєру Васара Уктыям Андра/Punravasu Nakshatra Ganda* Yoga Gara/Venja Karana Tritiya/Chaturtham Titau		Gatineau, Canada Sun 16 Sutra 45
Mithuna Rasi: 16.18	Tithi 3 - 4	<b>Gulika</b> 8:11AM - 10:05AM	<b>Ardra</b> Untill 12:03PM	<b>Ganesh:</b> Green Sunrise: 4:22AM	Vasavasu 5:17
		Yama 4:22AM - 6:17AM	Ganda* Untill 2:28AM Fri	<b>Muruga:</b> Red Sunset: 7:36PM	Moon 5 - Phase 7 - 16
Routine Work	Marana Yoga	<b>Rahu</b> 1:53PM - 3:47PM	Vanija Untill 11:50PM	<b>Nataraja:</b> Purple Moon - Yellow	3rd Phase
Untill 12:03PM			<b>Tritiya</b> Untill 12:53PM	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

# 3 Friday, May 30, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Сукра Васара Уктыям Panarvasu/Pushya Nakshatra Viddhi Yoga Vesi*/Bava Karana Chaturthi/Panchamam Titau		Gatineau, Canada Sun 17 Sutra 46
Kalkata Rasi: 0.25	Tithi 4 - 5	<b>Gulika</b> 6:16AM - 8:11AM	<b>Punarvasu</b> Untill 11:02AM	<b>Ganesh:</b> White Sunrise: 4:22AM	Vasavasu 5:17
		Yama 3:48PM - 5:42PM	Viddhi Untill 12:15AM Sat	<b>Muruga:</b> Red Sunset: 7:37PM	Moon 5 - Phase 7 - 17
Creative Work	Siddha Yoga	<b>Rahu</b> 10:05AM - 11:59AM	Bava Untill 10:18PM	<b>Nataraja:</b> Purple Moon - Blue	3rd Phase
Untill 11:02AM			<b>Chaturthi</b> Untill 10:57AM	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

# 4 Saturday, May 31, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Марта Васара Уктыям Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Gatineau, Canada Sun 18 Sutra 47
Kalkata Rasi: 14.04	Tithi 5 - 6	<b>Gulika</b> 4:21AM - 6:16AM	<b>Pushya</b> Untill 10:39AM	<b>Ganesh:</b> White Sunrise: 4:21AM	Vasavasu 5:17
		Yama 1:54PM - 3:48PM	Dhruva Untill 10:41PM	<b>Muruga:</b> Red Sunset: 7:37PM	Moon 5 - Phase 7 - 18
Creative Work	Siddha Yoga	<b>Rahu</b> 8:10AM - 10:05AM	Kaulava Untill 9:35PM	<b>Nataraja:</b> Purple Moon - Blue	3rd Phase
Untill 10:39AM			<b>Panchami</b> Untill 9:49AM	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

# 5 Sunday, June 1, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Бхану Васара Уктыям Ashlesha*/Magha* Nakshatra Vyaghala* Yoga Talila/Gara Karana Shashthi/Saptamam Titau		Gatineau, Canada Sun 19 Sutra 48
Kalkata Rasi: 27.14	Tithi 6 - 7	<b>Gulika</b> 3:49PM - 5:44PM	<b>Ashlesha*</b> Untill 10:58AM	<b>Ganesh:</b> White Sunrise: 4:21AM	Vasavasu 5:17
		Yama 12:00PM - 1:54PM	Vyaghala* Untill 9:50PM	<b>Muruga:</b> Red Sunset: 7:38PM	Moon 5 - Phase 7 - 19
Creative Work	Siddha Yoga	<b>Rahu</b> 5:44PM - 7:38PM	Gara Untill 9:45PM	<b>Nataraja:</b> Purple Moon - Blue	3rd Phase
Untill 10:58AM			<b>Shashthi*</b> Untill 9:32AM	<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

# Monday, June 2, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Інду Васара Уктыям Magha*/Purvaphalguni Nakshatra Harshana Yoga Vanja/Vesi* Karana Saptami/Ashtamam Titau		Gatineau, Canada Sun 20 Sutra 49
Simha Rasi: 9.58	Tithi 7 - 8	<b>Gulika</b> 1:55PM - 3:49PM	<b>Magha*</b> Untill 12:26PM	<b>Ganesh:</b> White Sunrise: 4:20AM	Vasavasu 5:17
<b>Family Home Evening</b>		Yama 10:05AM - 12:00PM	Harshana Untill 9:39PM	<b>Muruga:</b> Red Sunset: 7:40PM	Moon 5 - Phase 7 - 20
Routine Work	Marana Yoga	<b>Rahu</b> 6:15AM - 8:10AM	Vesi Untill 10:45PM	<b>Nataraja:</b> Purple Moon - Red	Ashtami
Untill 12:26PM			<b>Saptami</b> Untill 10:08AM	<b>Jyeshtha-Vaikasi</b>	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

# Tuesday, June 3, 2025

			Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Вішвабха Мазе: Суліа Пахце: Мєгєлія Васара Уктыям Purvaphalguni/Uttaraphalguni Nakshata Vajra* Yoga Bava/Balava Karana Ashtami/Navamam Titau		Gatineau, Canada Sun 21 Sutra 50
Simha Rasi: 22.2	Tithi 8 - 9	<b>Gulika</b> 12:00PM - 1:55PM	<b>Purvaphalguni</b> Untill 2:30PM	<b>Ganesh:</b> White Sunrise: 4:20AM	Vasavasu 5:17
		Yama 8:10AM - 10:05AM	Vajra* Untill 9:59PM	<b>Muruga:</b> Red Sunset: 7:40PM	Moon 5 - Phase 7 - 21
Creative Work	Siddha Yoga	<b>Rahu</b> 3:50PM - 5:45PM	Balava Untill 12:26AM Wed	<b>Nataraja:</b> Purple Moon - Red	Navami
Untill 2:30PM			<b>Ashtami*</b> Untill 11:30AM	<b>Jyeshtha-Vaikasi</b>	<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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<b>1</b>		<b>Wednesday, June 4, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Бадха Васара Үктыям Utaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashashyam Titau	Gatineau, Canada Sun 22 Sutra 51
Kanya Rasi: 4.26	Tithi 9 – 10	<b>Gulika</b> 6:14AM – 8:10AM <b>Yama</b> 12:00PM – 1:55PM	<b>Utaraphalguni Until 4:58PM</b> Siddhi Until 10:45PM Taila Until 2:39AM Thu Navami* Until 1:28PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon – Red Jyeshtha-Vaikasi	Sunrise: 4:19AM Sunset: 7:41PM Moon 5 - Phase 8 - 22 4th Phase
Creative Work	Amrita Yoga	358418579	Rahu	<b>Subha Sivaloka Day</b>	
Until 4:58PM	Then Routine Work - Marana Yoga				
<b>2</b>		<b>Thursday, June 5, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Гору Васара Үктыям Hasta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau	Gatineau, Canada Sun 23 Sutra 52
Kanya Rasi: 16.22	Tithi 10 – 11	<b>Gulika</b> 8:10AM – 10:05AM <b>Yama</b> 4:19AM – 6:14AM 368418571	<b>Hasla Until 8:04PM</b> Vysatipata* Until 11:45PM Vanija Until 5:08AM Fri Dashami Until 3:51PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Jyeshtha-Vaikasi	Sunrise: 4:19AM Sunset: 7:41PM Moon 5 - Phase 8 - 23 4th Phase
Routine Work	Marana Yoga			<b>Sivaloka Day</b>	
Until 8:06PM	Then Creative Work - Siddha Yoga				
<b>3</b>		<b>Friday, June 6, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Sukra Vasara Үктыям Chitra Nakshatra Varjyan Yoga Visi* Karana Ekadashtyam Titau	Gatineau, Canada Sun 24 Sutra 53
Kanya Rasi: 28.11	Tithi 11	<b>Gulika</b> 6:14AM – 8:09AM <b>Yama</b> 3:51PM – 5:47PM 368418571	<b>Chitra Until 11:12PM</b> Varjyan Until 12:48AM Sat Visi Until 6:23PM Ekadashi Until 6:23PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Jyeshtha-Vaikasi	Sunrise: 4:18AM Sunset: 7:42PM Moon 5 - Phase 8 - 24 4th Phase
Creative Work	Siddha Yoga			<b>Sivaloka Day</b>	
Until 6:23PM	Then Routine Work - Marana Yoga				
<b>4</b>		<b>Saturday, June 7, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Marta Vasara Үктыям Svali Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Gatineau, Canada Sun 25 Sutra 54
Tula Rasi: 10	Tithi 12	<b>Gulika</b> 4:18AM – 6:14AM <b>Yama</b> 1:56PM – 3:52PM 368418571	<b>Svali Until 2:04AM Sun</b> Parigha* Until 1:49AM Sun Bava Until 7:40AM Dvadashi Until 8:52PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Jyeshtha-Vaikasi	Sunrise: 4:18AM Sunset: 7:42PM Moon 5 - Phase 8 - 25 4th Phase
Creative Work	Siddha Yoga			<b>Sivaloka Day</b>	
Until 2:04AM Sun	Then Routine Work - Marana Yoga				
<b>5</b>		<b>Sunday, June 8, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Bhanu Vasara Үктыям Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayodashyam Titau	Gatineau, Canada Sun 26 Sutra 55
Tula Rasi: 21.51	Tithi 13	<b>Gulika</b> 3:52PM – 5:48PM <b>Yama</b> 12:01PM – 1:56PM 379418571	<b>Vishakha Until 5:03AM Mon</b> Shiva Until 2:40AM Mon Kaulava Until 10:04AM Trayodashi Until 11:10PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 4:18AM Sunset: 7:43PM Moon 5 - Phase 8 - 26 4th Phase
Routine Work	Marana Yoga			<b>Sivaloka Day</b>	
Until 5:03AM Mon	Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>		
Until 7:33AM Tue					
Then Routine Work - Marana Yoga					
<b>6</b>		<b>Monday, June 9, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Indu Vasara Үктыям Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Gatineau, Canada Sun 27 Sutra 56
Vishchika Rasi: 3.48	Tithi 14	<b>Gulika</b> 1:57PM – 3:52PM <b>Yama</b> 10:05AM – 12:01PM 379418571	<b>Anuradha Until 7:33AM Tue</b> Siddha Until 3:14AM Tue Gara Until 12:13PM Chaturdashi* Until 1:09AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 4:18AM Sunset: 7:44PM Moon 5 - Phase 8 - 27 4th Phase
Family Home Evening	Siddha Yoga			<b>Sivaloka Day</b>	
Until 7:33AM Tue	Then Routine Work - Marana Yoga				
Then Routine Work - Marana Yoga					
<b>○</b>		<b>Tuesday, June 10, 2025</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Сакта Пакше Mangala Vasara Үктыям Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Visi* Bava Karana Punimayam Titau	Gatineau, Canada Sun 28 Sutra 57
Vishchika Rasi: 15.52	Tithi 15	<b>Gulika</b> 12:01PM – 1:57PM <b>Yama</b> 8:09AM – 10:05AM 379418571	<b>Anuradha Until 7:33AM</b> Sadya Until 3:33AM Wed Visi Until 2:01PM Purnima* Until 2:46AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 4:17AM Sunset: 7:45PM Moon 5 - Phase 8 - Punima
Creative Work	Siddha Yoga			<b>Sivaloka Day</b>	
Until 7:33AM	Then Routine Work - Marana Yoga				
Then Routine Work - Marana Yoga					
<b>Wednesday, June 11, 2025</b>		<b>Silver Retreat Star</b>		Viswasa Nama Samvatsara Uтарыяыя Нартапа Рітау Вішваха Мазе Krishna Paksha Budha Vasara Үктыям Jyeshtha/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Gatineau, Canada Sun 28 Sutra 58
Vishchika Rasi: 28.05	Tithi 16	<b>Gulika</b> 10:05AM – 12:01PM <b>Yama</b> 6:13AM – 8:09AM 379418571	<b>Jyeshtha* Until 9:32AM</b> Subha Until 3:35AM Thu Balava Until 3:27PM Prathama* Until 4:00AM Thu	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 4:17AM Sunset: 7:45PM Moon 5 - Phase 8 - Prathama
Creative Work	Siddha Yoga			<b>Sivaloka Day</b>	
Until 9:32AM	Then Routine Work - Marana Yoga				
Then Routine Work - Marana Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025**  
**Gold Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішэбха Мэсе Крішна Паکشэ Гурэ Вэсарэ Уктыям  
Mula\*Purvashadha\* Nakshatra Sukla Yoga Talila/Gara Karana Dvityasyam Tilau

Gatineau, Canada  
Sun 1 Sutra 59

Dhanus Rasi: 10.29 Tithi 17

Gulika 8:09AM - 10:05AM  
Yama 4:17AM - 6:13AM  
Rahu 1:58PM - 3:54PM

**Mula\* Until 11:27AM**  
Sukla Until 3:17AM Fri  
Talila Until 4:30PM  
**Dvitiya Until 4:51AM Fri**

Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Light Blue  
Jyeshtha-Vaikasi

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 2  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, June 13, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішэбха Мэсе Крішна Паکشэ Сукара Вэсарэ Уктыям

Gatineau, Canada  
Sun 2 Sutra 60

Dhanus Rasi: 23.02 Tithi 18

Gulika 6:13AM - 8:09AM  
Yama 3:54PM - 5:50PM  
Rahu 10:05AM - 12:02PM

**Purvashadha\* Until 12:51PM**  
Brahma Until 2:42AM Sat  
Vanija Until 5:09PM  
**Tritiya Until 5:19AM Sat**

Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Light Blue  
Jyeshtha-Vaikasi

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 2  
1st Phase

Routine Work Prabalashita Yoga  
Until 12:51PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**Saturday, June 14, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мэсе Крішна Паکشэ Манта Вэсарэ Уктыям

Gatineau, Canada  
Sun 3 Sutra 61

Makara Rasi: 5.46 Tithi 19

Gulika 4:17AM - 6:13AM  
Yama 1:58PM - 3:54PM  
Rahu 8:09AM - 10:06AM

**Uttarashadha Until 1:43PM**  
Indra Until 1:50AM Sun  
Bava Until 5:26PM  
**Chaturthi\* Until 5:24AM Sun**

Ganesha: Purple  
Muruga: Red  
Nataraja: Blue  
Moon - Light Blue  
Jyeshtha-Ani

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 3  
1st Phase

Routine Work Marana Yoga  
Until 1:43PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Sunday, June 15, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мэсе Крішна Паکشэ Бхану Вэсарэ Уктыям

Gatineau, Canada  
Sun 4 Sutra 62

Makara Rasi: 18.41 Tithi 20

Gulika 3:55PM - 5:51PM  
Yama 12:02PM - 1:58PM  
Rahu 5:51PM - 7:47PM

**Shravana Until 2:31PM**  
Vaichriti\* Until 12:37AM Mon  
Kaulava Until 5:19PM  
**Panchami Until 5:05AM Mon**

Ganesha: Clear  
Muruga: Red  
Nataraja: Blue  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 4  
1st Phase

Creative Work Amrita Yoga  
Until 2:31PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**Monday, June 16, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мэсе Крішна Паکشэ Інду Вэсарэ Уктыям

Gatineau, Canada  
Sun 5 Sutra 63

Kumbha Rasi: 1.49 Tithi 21

Gulika 1:59PM - 3:55PM  
Yama 10:06AM - 12:02PM  
Rahu 6:13AM - 8:10AM

**Dhanishtha Until 2:45PM**  
Vishkambha\* Until 11:05PM  
Gara Until 4:47PM  
**Shashthi\* Until 4:20AM Tue**

Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 5  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

**Sivaloka Day**

**Tuesday, June 17, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мэсе Крішна Паکشэ Маргалэ Вэсарэ Уктыям

Gatineau, Canada  
Sun 6 Sutra 64

Kumbha Rasi: 15.1 Tithi 22

Gulika 12:02PM - 1:59PM  
Yama 8:10AM - 10:06AM  
Rahu 3:55PM - 5:52PM

**Shalabhishak Until 2:25PM**  
Prili Until 9:12PM  
Visli Until 3:49PM  
**Saptami Until 3:08AM Wed**

Ganesha: Yellow  
Muruga: Red  
Nataraja: Blue  
Moon - Purple  
Jyeshtha-Ani

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 6  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

**Wednesday, June 18, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мэсе Крішна Паکشэ Буधा Вэсарэ Уктыям

Gatineau, Canada  
Sun 7 Sutra 65

Kumbha Rasi: 28.47 Tithi 23

Gulika 10:06AM - 12:03PM  
Yama 6:13AM - 8:10AM  
Rahu 12:03PM - 1:59PM

**Purvaproshtapada\* Until 1:54PM**  
Ayushman Until 6:54PM  
Balava Until 2:23PM  
**Ashtami\* Until 1:28AM Thu**

Ganesha: Clear  
Muruga: Red  
Nataraja: Blue  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 7  
Ashtami

Creative Work Amrita Yoga  
Until 1:54PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Thursday, June 19, 2025**

Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мэсе Крішна Паکشэ Гурэ Вэсарэ Уктыям

Gatineau, Canada  
Sun 8 Sutra 66

Meena Rasi: 12.4 Tithi 24

Gulika 8:10AM - 10:06AM  
Yama 4:17AM - 6:14AM  
Rahu 1:59PM - 3:56PM

**Uttaraproshtapada Until 12:47PM**  
Saubhagya Until 4:15PM  
Talila Until 12:29PM  
**Navami\* Until 11:21PM**

Ganesha: Clear  
Muruga: Red  
Nataraja: Blue  
Moon - Clear  
Jyeshtha-Ani

Sunrise: 4:17AM  
Sunset: 7:46PM  
Moon 6 - Phase 9 - 8  
Navami

Creative Work Siddha Yoga

**Sivaloka Day**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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<b>1 Friday, June 20, 2025</b>		Vishvasu Nama Samvatsare Utharayane Nartana Ritau Mihuna Mase Krishna Pakche Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau				Gatineau, Canada Sun 9 Sutra 67 Vasavasu 5:17
Mesha Rasi: 26.52	Tithi 25	<b>Gulika</b> 6:14AM - 8:10AM	<b>Revati Until 11:05AM</b>	<b>Ganesh:</b> White	Sunrise: 4:17AM	
		<b>Yama</b> 3:56PM - 5:52PM	<b>Sobhana Until 1:15PM</b>	<b>Muruga:</b> Red	Sunset: 7:49PM	Moon 6 - Phase 10 - 9
Creative Work	Siddha Yoga	<b>Rahu</b> 10:07AM - 12:03PM	<b>Vanija Until 10:09AM</b>	<b>Nataraja:</b> Blue		2nd Phase
Until 11:05AM			<b>Mon - Clear</b>			
Then Creative Work - Amrita Yoga			<b>Dashami Until 8:49PM</b>	<b>Jyeshtha-Ani</b>		<b>Subha Sivaloka Day</b>

<b>2 Saturday, June 21, 2025</b>		Vishvasu Nama Samvatsare Utharayane Nartana Ritau Mihuna Mase Krishna Pakche Maru Vasara Yuktayam Ashvini/Bharani Nakshatra Abhiganda* Sukarna Yoga Bava/Kauava Karana Ekadashi/Dwadashyam Titau				Gatineau, Canada Sun 10 Sutra 68 Vasavasu 5:17
Mesha Rasi: 11.19	Tithi 26 - 27	<b>Gulika</b> 4:17AM - 6:14AM	<b>Ashvini Until 9:18AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 4:17AM	
		<b>Yama</b> 2:00PM - 3:56PM	<b>Abhiganda* Until 9:56AM</b>	<b>Muruga:</b> Red	Sunset: 7:49PM	Moon 6 - Phase 10 - 10
Creative Work	Siddha Yoga	<b>Rahu</b> 8:10AM - 10:07AM	<b>Bava Until 7:26AM</b>	<b>Nataraja:</b> Blue		2nd Phase
			<b>Ekadashi* Until 5:57PM</b>	<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>

<b>3 Sunday, June 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Pakche Bharu Vasara Yuktayam Bharani/Chitra Nakshatra Sakama(Dhri) Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 11 Sutra 69 Vasavasu 5:17
Mesha Rasi: 25.59	Tithi 27 - 28	<b>Gulika</b> 3:56PM - 5:53PM	<b>Bharani Until 7:06AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 4:18AM	
		<b>Yama</b> 12:03PM - 2:00PM	<b>Sukarna Until 6:24AM</b>	<b>Muruga:</b> Red	Sunset: 7:49PM	Moon 6 - Phase 10 - 11
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 5:53PM - 7:49PM	<b>Gara Until 1:16AM Mon</b>	<b>Nataraja:</b> Blue		2nd Phase
Until 7:06AM			<b>Dvadashi* Until 2:51PM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		
			<i>Pradosha Vata (Fasting)</i>			

<b>4 Monday, June 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Pakche Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 12 Sutra 70 Vasavasu 5:17
Wishabha Rasi: 10.46	Tithi 28 - 29	<b>Gulika</b> 2:00PM - 3:57PM	<b>Rohini Until 2:22AM Tue</b>	<b>Ganesh:</b> Red	Sunrise: 4:18AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:07AM - 12:04PM	<b>Shula* Until 11:03PM</b>	<b>Muruga:</b> Red	Sunset: 7:49PM	Moon 6 - Phase 10 - 12
Creative Work	Amrita Yoga	<b>Rahu</b> 6:14AM - 8:11AM	<b>Visli Until 10:04PM</b>	<b>Nataraja:</b> Blue		2nd Phase
Until 2:22AM Tue			<b>Trayodashi* Until 11:39AM</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		

<b>● Tuesday, June 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Pakche Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau				Gatineau, Canada Sun 13 Sutra 71 Vasavasu 5:17
<b>Retreat Star</b>		<b>Gulika</b> 12:04PM - 2:00PM	<b>Mrigashira Until 12:10AM Wed</b>	<b>Ganesh:</b> Red	Sunrise: 4:18AM	
Wishabha Rasi: 25.33	Tithi 29 - 30	<b>Yama</b> 8:11AM - 10:07AM	<b>Ganda* Until 7:28PM</b>	<b>Muruga:</b> Red	Sunset: 7:50PM	Moon 6 - Phase 10 - 13
Creative Work	Siddha Yoga	<b>Rahu</b> 3:57PM - 5:53PM	<b>Caturpada Until 7:00PM</b>	<b>Nataraja:</b> Blue		Amavasya
			<b>Chaturdashi* Until 8:29AM</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>Wednesday, June 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Sukra Pakche Butha Vasara Yuktayam Ardra Nakshatra Viddhi/Dhruva* Yoga Kintughna* Bava Karana Prathamam Titau				Gatineau, Canada Sun 14 Sutra 72 Vasavasu 5:17
<b>Retreat Star</b>		<b>Gulika</b> 10:08AM - 12:04PM	<b>Ardra Until 10:08PM</b>	<b>Ganesh:</b> Red	Sunrise: 4:19AM	
Mithuna Rasi: 10.12	Tithi 1	<b>Yama</b> 6:15AM - 8:11AM	<b>Viddhi Until 4:08PM</b>	<b>Muruga:</b> Red	Sunset: 7:50PM	Moon 6 - Phase 10 - 14
Creative Work	Siddha Yoga	<b>Rahu</b> 12:04PM - 2:00PM	<b>Kintughna Until 4:12PM</b>	<b>Nataraja:</b> Blue		Prathama
			<b>Prathama* Until 2:56AM Thu</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
				<b>Ashada-Ani</b>		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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<b>1</b>		<b>Thursday, June 26, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dhilliyayam Titau	Gatineau, Canada Sun 15 Sutra 73
Mithuna Rasi: 24.35	Tilthi 2	<b>Gulika</b> 8:12AM - 10:08AM Yama 4:19AM - 6:15AM	<b>Punarvasu Untill 8:52PM</b> Dhruva Untill 1:09PM Balava Untill 1:50PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 4:19AM Sunset: 7:50PM Moon 6 - Phase 11 - 15 3rd Phase
Creative Work	Amrita Yoga	342518571	<b>Rahu</b> 2:01PM - 3:57PM		<b>Devaloka Day</b>
Dvitiya Untill 12:51AM Fri					

<b>2</b>		<b>Friday, June 27, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana/Yajna* Karana Trilayam Titau	Gatineau, Canada Sun 16 Sutra 74
Kalka Rasi: 8.37	Tilthi 3	<b>Gulika</b> 6:14AM - 8:12AM Yama 3:57PM - 5:53PM	<b>Pushya Untill 8:06PM</b> Vyaghata* Untill 10:39AM Tallita Untill 12:04PM Tritiya Untill 11:25PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 4:19AM Sunset: 7:50PM Moon 6 - Phase 11 - 17 3rd Phase
Routine Work	Marana Yoga	342518571	<b>Rahu</b> 10:08AM - 12:05PM		<b>Devaloka Day</b>

<b>3</b>		<b>Saturday, June 28, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Yajna* Yoga Vanja/Vsli* Karana Chaturthayam Titau	Gatineau, Canada Sun 17 Sutra 75
Kalka Rasi: 22.13	Tilthi 4	<b>Gulika</b> 4:20AM - 6:16AM Yama 2:01PM - 3:57PM	<b>Ashlesha* Untill 7:55PM</b> Harshana Untill 8:45AM Vanija Untill 11:01AM Chaturthi* Untill 10:46PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 4:20AM Sunset: 7:50PM Moon 6 - Phase 11 - 17 3rd Phase
Routine Work	Marana Yoga	342518571	<b>Rahu</b> 8:12AM - 10:08AM		<b>Devaloka Day</b>
Untill 7:55PM					
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Sunday, June 29, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamayam Titau	Gatineau, Canada Sun 18 Sutra 76
Simha Rasi: 5.23	Tilthi 5	<b>Gulika</b> 3:57PM - 5:53PM Yama 12:05PM - 2:01PM	<b>Magha* Untill 8:52PM</b> Vajra* Untill 7:28AM Bava Untill 10:46AM Panchami Untill 10:57PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 4:20AM Sunset: 7:50PM Moon 6 - Phase 11 - 18 3rd Phase
Routine Work	Marana Yoga	352518571	<b>Rahu</b> 5:53PM - 7:50PM		<b>Sivaloka Day</b>
Untill 8:52PM					
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Monday, June 30, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Tallita Karana Shashthayam Titau	Gatineau, Canada Sun 19 Sutra 77
Simha Rasi: 18.08	Tilthi 6	<b>Gulika</b> 2:01PM - 3:57PM Yama 10:09AM - 12:05PM	<b>Purvaphalguni Untill 10:26PM</b> Siddhi Untill 6:51AM Kaulava Untill 11:21AM Shashthi* Untill 11:55PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 4:21AM Sunset: 7:49PM Moon 6 - Phase 11 - 19 3rd Phase
Family Home Evening		352518571	<b>Rahu</b> 6:17AM - 8:13AM		<b>Sivaloka Day</b>
Creative Work	Siddha Yoga				

<b>6</b>		<b>Tuesday, July 1, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*/Varjyan Yoga Gara/Vanija Karana Sapthamayam Titau	Gatineau, Canada Sun 20 Sutra 78
Kanya Rasi: 0.32	Tilthi 7	<b>Gulika</b> 12:05PM - 2:01PM Yama 8:13AM - 10:09AM	<b>Uttaraphalguni Untill 12:31AM Wed</b> Vyaptipata* Untill 6:52AM Gara Untill 12:41PM Saptami Untill 1:34AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 4:21AM Sunset: 7:49PM Moon 6 - Phase 11 - 20 3rd Phase
Creative Work	Amrita Yoga	352518571	<b>Rahu</b> 3:57PM - 5:53PM		<b>Sivaloka Day</b>
Untill 12:31AM Wed					
Then Routine Work - Marana Yoga					
Chidambaram Abhishekam					

<b>7</b>		<b>Wednesday, July 2, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vsli*/Bava Karana Ashtamayam Titau	Gatineau, Canada Sun 21 Sutra 79
<b>Retreat Star</b>		<b>Gulika</b> 10:10AM - 12:05PM Yama 6:18AM - 8:14AM	<b>Hasta Untill 3:25AM Thu</b> Varjyan Untill 7:20AM Visli Untill 2:37PM Ashtami* Untill 3:43AM Thu	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 4:22AM Sunset: 7:49PM Moon 6 - Phase 11 - 21 Ashtami
Kanya Rasi: 12.39	Tilthi 8	362518571	<b>Rahu</b> 12:05PM - 2:01PM		<b>Devaloka Day</b>
Routine Work	Marana Yoga				
Untill 3:25AM Thu					
Then Creative Work - Siddha Yoga					

<b>8</b>		<b>Thursday, July 3, 2025</b>		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamayam Titau	Gatineau, Canada Sun 22 Sutra 80
<b>Retreat Star</b>		<b>Gulika</b> 8:14AM - 10:10AM Yama 4:22AM - 6:18AM	<b>Chitra Untill 6:24AM Fri</b> Parigha* Untill 8:09AM Balava Untill 4:56PM Navami* Untill 6:07AM Fri	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 4:22AM Sunset: 7:49PM Moon 6 - Phase 11 - 22 Navami
Kanya Rasi: 24.36	Tilthi 9	362518571	<b>Rahu</b> 2:01PM - 3:57PM		<b>Devaloka Day</b>
Creative Work	Siddha Yoga				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1 Friday, July 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashamyam Tilau				Gatineau, Canada Sun 23 Sutra 81
Tula Rasi: 6.28	Tithi 9 – 10	<b>Gulika</b> 6:19AM – 8:14AM	<b>Chitra Untill 6:24AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green	<b>Sunrise:</b> 4:23AM <b>Sunset:</b> 7:49PM	Vasavasau 5127 Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	362518571 <b>Rahu</b> 10:10AM – 12:06PM	Shiva Untill 9:09AM Taila Untill 7:22PM <b>Navami* Untill 6:07AM</b>			<b>Devaloka Day</b>

<b>2 Saturday, July 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Manita Vasara Yuktayam Svali/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekaddshyam Tilau				Gatineau, Canada Sun 24 Sutra 82
Tula Rasi: 18.19	Tithi 10 – 11	<b>Gulika</b> 4:24AM – 6:19AM	<b>Svali Untill 9:14AM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green	<b>Sunrise:</b> 4:24AM <b>Sunset:</b> 7:48PM	Vasavasau 5127 Moon 6 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	362518571 <b>Rahu</b> 8:15AM – 10:10AM	Siddha Untill 10:07AM Vanija Untill 9:44PM <b>Dashami Untill 8:33AM</b>			<b>Devaloka Day</b>

<b>3 Sunday, July 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vist/Bara Karana Ekadashi/Dvaddshyam Tilau				Gatineau, Canada Sun 25 Sutra 83
Wischika Rasi: 0.13	Tithi 11 – 12	<b>Gulika</b> 3:57PM – 5:53PM	<b>Vishakha Untill 12:13PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange	<b>Sunrise:</b> 4:24AM <b>Sunset:</b> 7:48PM	Vasavasau 5127 Moon 6 - Phase 12 - 25 4th Phase
Routine Work	Marana Yoga	472518571 <b>Rahu</b> 5:53PM – 7:48PM	Sadhya Untill 10:57AM Bava Untill 11:49PM <b>Ekadashi Untill 10:47AM</b>			<b>Devaloka Day</b>

<b>4 Monday, July 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvaddashi/Trayodshyam Tilau				Gatineau, Canada Sun 26 Sutra 84
Wischika Rasi: 12.15	Tithi 12 – 13	<b>Gulika</b> 2:02PM – 3:57PM	<b>Anuradha Untill 2:42PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange	<b>Sunrise:</b> 4:25AM <b>Sunset:</b> 7:48PM	Vasavasau 5127 Moon 6 - Phase 12 - 26 4th Phase
Family Home Evening		472518571 <b>Rahu</b> 6:20AM – 8:16AM	Subha Untill 11:33AM Kaulava Untill 1:31AM Tue <b>Dvaddashi Untill 12:42PM</b>			<b>Devaloka Day</b>

*Pradosha Vata*

<b>5 Tuesday, July 8, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Taila/Gara Karana Trayodashi/Chaturdshyam Tilau				Gatineau, Canada Sun 27 Sutra 85
Wischika Rasi: 24.28	Tithi 13 – 14	<b>Gulika</b> 12:06PM – 2:02PM	<b>Jyeshtha* Untill 4:36PM</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange	<b>Sunrise:</b> 4:26AM <b>Sunset:</b> 7:47PM	Vasavasau 5127 Moon 6 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	472518571 <b>Rahu</b> 3:57PM – 5:52PM	Sukla Untill 11:47AM Gara Untill 2:45AM Wed <b>Trayodashi Untill 2:10PM</b>			<b>Devaloka Day</b>

<b>Wednesday, July 9, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Tilau				Gatineau, Canada Sun 27 Sutra 86
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:12AM – 12:07PM	<b>Mula* Untill 6:21PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Light Blue	<b>Sunrise:</b> 4:26AM <b>Sunset:</b> 7:47PM	Vasavasau 5127 Moon 6 - Phase 12 - Purnima
Dhanus Rasi: 6.52	Tithi 14 – 15	482518571 <b>Rahu</b> 12:07PM – 2:02PM	Brahma Untill 11:39AM Visli Untill 3:29AM Thu <b>Chaturdashi* Untill 3:09PM</b>			<b>Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Satguru Purnima</b>			
Then Creative Work	Amrita Yoga					

<b>Thursday, July 10, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Gatineau, Canada Sun 27 Sutra 87
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:17AM – 10:12AM	<b>Purvashadha* Untill 7:28PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Light Blue	<b>Sunrise:</b> 4:27AM <b>Sunset:</b> 7:46PM	Vasavasau 5127 Moon 6 - Phase 12 - Prathama
Dhanus Rasi: 19.29	Tithi 15 – 16	483518571 <b>Rahu</b> 2:02PM – 3:56PM	Indra Untill 11:09AM Balava Untill 3:45AM Fri <b>Purnima* Untill 3:40PM</b>			<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga					
Then Routine Work	Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Suktva Vasara Yuktayam  
Uttarashadha Nakshatra Vaishrithi/Vishkamba\* Yoga Kaulava/Saila Karana Prathamam/Dvityayam TitauGatineau, Canada  
Sutra 88

Makara Rasi: 2.19	Tithi 16 - 17	Gulika 4:23AM - 8:17AM	Uttarashadha Until 7:59PM	Ganesh: White	Sunrise: 4:28AM	Vishvasu 5:127
		Yama 3:56PM - 5:51PM	Vaidhithi* Until 10:15AM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 1st Phase
483518571		Rahu 10:12AM - 12:07PM	Taitilla Until 3:01AM Sat	Nataraja: Blue		
Routine Work	Marana Yoga		Prathama* Until 3:42PM	Moon - Light Blue		Subha Sivaloka Day
				Ashada-Ani		

1

Saturday, July 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Vasara Yuktayam  
Shravana Nakshatra Vishkamba\* Priti/Yoga Gara/Vanija Karana Dwitraya/Tritrayayam TitauGatineau, Canada  
Sun 1 Sutra 89

Makara Rasi: 15.23	Tithi 17 - 18	Gulika 4:29AM - 6:23AM	Shravana Until 8:24PM	Ganesh: Yellow	Sunrise: 4:29AM	Vishvasu 5:127
		Yama 2:02PM - 3:56PM	Vishkamba* Until 9:02AM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 2 1st Phase
493518571		Rahu 8:18AM - 10:12AM	Vanija Until 3:01AM Sun	Nataraja: Blue		
Creative Work	Siddha Yoga		Dvitiya Until 3:19PM	Moon - Purple		Sivaloka Day
				Ashada-Ani		

2

Sunday, July 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visi\*/Bava Karana Chaturthi/Chaturthayam TitauGatineau, Canada  
Sun 2 Sutra 90

Makara Rasi: 28.39	Tithi 18 - 19	Gulika 3:56PM - 5:50PM	Dhanishtha Until 8:19PM	Ganesh: Yellow	Sunrise: 4:30AM	Vishvasu 5:127
		Yama 12:07PM - 2:01PM	Priti Until 7:32AM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 2 1st Phase
493518571		Rahu 5:50PM - 7:45PM	Bava Until 2:06AM Mon	Nataraja: Blue		
Routine Work	Marana Yoga		Tritiya Until 2:35PM	Moon - Purple		Sivaloka Day
Until 8:19PM				Ashada-Ani		
Then Creative Work	Siddha Yoga					

3

Monday, July 14, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Vasara Yuktayam  
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamayam TitauGatineau, Canada  
Sun 3 Sutra 91

Kumbha Rasi: 12.06	Tithi 19 - 20	Gulika 2:01PM - 3:56PM	Shalabhishak Until 7:47PM	Ganesh: Yellow	Sunrise: 4:31AM	Vishvasu 5:127
		Yama 10:13AM - 12:07PM	Saubhagya Until 3:41AM Tue	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 3 1st Phase
493518571		Rahu 6:25AM - 8:19AM	Kaulava Until 12:53AM Tue	Nataraja: Blue		
Family Home Evening	Siddha Yoga		Chaturthi* Until 1:31PM	Moon - Purple		Sivaloka Day
Until 7:47PM				Ashada-Ani		
Then Routine Work	Marana Yoga					

4

Tuesday, July 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Vasara Yuktayam  
Puravproshthapada\* Nakshatra Sobhana Yoga Talila/Gara Karana Panchami/Shashthiyam TitauGatineau, Canada  
Sun 4 Sutra 92

Kumbha Rasi: 25.44	Tithi 20 - 21	Gulika 12:07PM - 2:01PM	Puravproshthapada* Until 7:15PM	Ganesh: Purple	Sunrise: 4:31AM	Vishvasu 5:127
		Yama 8:19AM - 10:13AM	Sobhana Until 1:26AM Wed	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 4 1st Phase
413618571		Rahu 3:55PM - 5:49PM	Gara Until 11:23PM	Nataraja: Blue		
Routine Work	Marana Yoga		Panchami Until 12:09PM	Moon - Clear		Devaloka Day
Until 7:15PM				Ashada-Ani		
Then Creative Work	Amrita Yoga					

5

Wednesday, July 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam  
Uttarproshthapada Nakshatra Athiganda\* Yoga Vanija/Visi\*\* Karana Shashthi/Saptamayam TitauGatineau, Canada  
Sun 5 Sutra 93

Meena Rasi: 9.31	Tithi 21 - 22	Gulika 10:14AM - 12:07PM	Uttarproshthapada Until 6:19PM	Ganesh: Purple	Sunrise: 4:32AM	Vishvasu 5:127
		Yama 6:26AM - 8:20AM	Athiganda* Until 10:56PM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 5 1st Phase
413618571		Rahu 12:07PM - 2:01PM	Visi Until 9:38PM	Nataraja: Blue		
Creative Work	Siddha Yoga		Shashthi* Until 10:32AM	Moon - Clear		Devaloka Day
Until 6:19PM				Ashada-Adi		
Then Routine Work	Marana Yoga					

D

Thursday, July 17, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam  
Revathi/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamayam TitauGatineau, Canada  
Sun 6 Sutra 94

Meena Rasi: 23.28	Tithi 22 - 23	Gulika 8:20AM - 10:14AM	Revathi Until 4:59PM	Ganesh: Purple	Sunrise: 4:33AM	Vishvasu 5:127
		Yama 4:33AM - 6:27AM	Sukarma Until 8:14PM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 6 Ashtami
413618572		Rahu 2:01PM - 3:55PM	Balava Until 7:38PM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Saptami Until 8:39AM	Moon - Clear		Bhuloka Day
Until 4:59PM				Ashada-Adi		Devaloka Time: 3PM to 6PM
Then Creative Work	Amrita Yoga					

Friday, July 18, 2025

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Gara Karana Ashtami/Navamayam TitauGatineau, Canada  
Sun 7 Sutra 95

Mesha Rasi: 7.34	Tithi 23 - 24	Gulika 6:27AM - 8:21AM	Ashvini Until 3:43PM	Ganesh: Clear	Sunrise: 4:34AM	Vishvasu 5:127
		Yama 3:54PM - 5:48PM	Dhriti Until 5:26PM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 13 - 7 Navami
423618572		Rahu 10:14AM - 12:08PM	Gara Until 4:13AM Sat	Nataraja: Yellow		
Creative Work	Amrita Yoga		Ashlami* Until 6:32AM	Moon - White		Devaloka Day
Until 3:43PM				Ashada-Adi		
Then Creative Work	Siddha Yoga					

<b>1</b>	<b>Saturday, July 19, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manta Vasara Yuktayam Gattineau, Canada			
	Bharani/Kritika Nakshatra Shula "Ganda" Yoga Vanija/Visi" Karana Dashamyam Tilau		Sun 8		Sutra 96	
Mesha Rasi: 21:49	Tithi 25	<b>Gulika</b> 4:35AM - 6:28AM	<b>Bharani Until 2:07PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:35AM	Vasavasu 5:17
		Yama 2:01PM - 3:54PM	Shula" Until 2:24PM	<b>Muruga:</b> Red	Sunset: 7:49PM	Moon 7 - Phase 14 - 8
Creative Work	Siddha Yoga	433618572 <b>Rahu</b> 8:21AM - 10:14AM	Vanija Until 3:01PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 2:07PM			<b>Dashami Until 1:45AM Sun</b>	Moon - White		
Then Creative Work - Amrita Yoga				Ashada-Adi		<b>Devaloka Day</b>

<b>2</b>	<b>Sunday, July 20, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yuktayam Gattineau, Canada			
	Rohini/Rohini Nakshatra Ganda "Vidhi" Yoga Bava/Balava Karana Ekadashyam Tilau		Sun 9		Sutra 97	
Wishabha Rasi: 6:09	Tithi 26	<b>Gulika</b> 3:53PM - 5:46PM	<b>Kritika Until 12:15PM</b>	<b>Ganesha:</b> Clear	Sunrise: 4:36AM	Vasavasu 5:17
		Yama 12:08PM - 2:01PM	Ganda" Until 11:18AM	<b>Muruga:</b> Red	Sunset: 7:39PM	Moon 7 - Phase 14 - 9
Creative Work	Siddha Yoga	433618572 <b>Rahu</b> 5:46PM - 7:39PM	Bava Until 12:29PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 2:07PM			<b>Ekadashi" Until 11:11PM</b>	Moon - White		
Then Creative Work - Amrita Yoga				Ashada-Adi		<b>Devaloka Day</b>

<b>3</b>	<b>Monday, July 21, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam Gattineau, Canada			
	Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashyam Tilau		Sun 10		Sutra 98	
Wishabha Rasi: 20:33	Tithi 27	<b>Gulika</b> 2:00PM - 3:53PM	<b>Rohini Until 10:38AM</b>	<b>Ganesha:</b> White	Sunrise: 4:37AM	Vasavasu 5:17
<b>Family Home Evening</b>		Yama 10:15AM - 12:08PM	Widdhi Until 8:09AM	<b>Muruga:</b> Red	Sunset: 7:38PM	Moon 7 - Phase 14 - 10
Creative Work	Amrita Yoga	433618572 <b>Rahu</b> 6:30AM - 8:22AM	Kaulava Until 9:55AM	<b>Nataraja:</b> Yellow		2nd Phase
Until 8:55AM			<b>Dvadashi" Until 8:38PM</b>	Moon - Yellow		
Then Creative Work - Marana Yoga				Ashada-Adi		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>4</b>	<b>Tuesday, July 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam Gattineau, Canada			
	Migashira/Ardra Nakshatra Vyaghata" Yoga Gara/Vanija Karana Trayodashyam Tilau		Sun 11		Sutra 99	
Mithuna Rasi: 4:55	Tithi 28	<b>Gulika</b> 12:08PM - 2:00PM	<b>Mrigashira Until 8:55AM</b>	<b>Ganesha:</b> 4:37AM	Sunrise: 4:38AM	Vasavasu 5:17
		Yama 8:23AM - 10:15AM	Vyaghala" Until 2:03AM Wed	<b>Muruga:</b> Red	Sunset: 7:37PM	Moon 7 - Phase 14 - 11
Creative Work	Siddha Yoga	433618572 <b>Rahu</b> 3:53PM - 5:45PM	Gara Until 7:24AM	<b>Nataraja:</b> Yellow		2nd Phase
Until 8:55AM			<b>Trayodashi" Until 6:11PM</b>	Moon - Yellow		
Then Routine Work - Marana Yoga				Ashada-Adi		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM
				<i>Pradosha Vata (Fasting)</i>		

<b>5</b>	<b>Wednesday, July 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam Gattineau, Canada			
	Ardra/Punarvasu Nakshatra Harshana Yoga Sakun"/Catuspada" Karana Chaturdashi/Amavasyayam Tilau		Sun 12		Sutra 100	
Mithuna Rasi: 19:1	Tithi 29 - 30	<b>Gulika</b> 10:16AM - 12:08PM	<b>Ardra Until 7:15AM</b>	<b>Ganesha:</b> White	Sunrise: 4:38AM	Vasavasu 5:17
		Yama 6:31AM - 8:23AM	Harshana Until 11:20PM	<b>Muruga:</b> Red	Sunset: 7:37PM	Moon 7 - Phase 14 - 12
Creative Work	Siddha Yoga	433618572 <b>Rahu</b> 12:08PM - 2:00PM	Catuspada Until 3:02AM Thu	<b>Nataraja:</b> Yellow		2nd Phase
Until 8:55AM			<b>Chaturdashi" Until 3:59PM</b>	Moon - Yellow		
Then Routine Work - Marana Yoga				Ashada-Adi		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM

<b>●</b>	<b>Thursday, July 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Gattineau, Canada			
	<b>Retreat Star</b>		Punarvasu/Pushya Nakshatra Vajra" Yoga Naga"/Kintughna" Karana Amavasya/Prathamayam Tilau		Sun 13	
Kataka Rasi: 3:12	Tithi 30 - 1	<b>Gulika</b> 8:24AM - 10:16AM	<b>Punarvasu Until 6:12AM</b>	<b>Ganesha:</b> Orange	Sunrise: 4:40AM	Vasavasu 5:17
		Yama 4:40AM - 6:32AM	Vajra" Until 8:55PM	<b>Muruga:</b> Red	Sunset: 7:36PM	Moon 7 - Phase 14 - 13
Creative Work	Amrita Yoga	444618572 <b>Rahu</b> 2:00PM - 3:52PM	Kintughna Until 1:27AM Fri	<b>Nataraja:</b> Yellow		Amavasya
Until 5:10AM Sat			<b>Amavasya" Until 2:10PM</b>	Moon - Blue		
Then Creative Work - Amrita Yoga				Ashada-Adi		<b>Devaloka Day</b>

<b>●</b>	<b>Friday, July 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Gattineau, Canada			
	<b>Retreat Star</b>		Ashlesha" Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau		Sun 14	
Kataka Rasi: 16:58	Tithi 1 - 2	<b>Gulika</b> 6:33AM - 8:24AM	<b>Ashlesha" Until 5:10AM Sat</b>	<b>Ganesha:</b> Orange	Sunrise: 4:41AM	Vasavasu 5:17
		Yama 3:51PM - 5:43PM	Siddhi Until 6:58PM	<b>Muruga:</b> Red	Sunset: 7:35PM	Moon 7 - Phase 14 - 14
Routine Work	Marana Yoga	444618572 <b>Rahu</b> 10:16AM - 12:08PM	Balava Until 12:27AM Sat	<b>Nataraja:</b> Yellow		Prathama
Until 5:10AM Sat			<b>Prathama" Until 12:51PM</b>	Moon - Blue		
Then Creative Work - Amrita Yoga				Sravana-Adi		<b>Devaloka Day</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Gattineau, Canada on 12/20/23

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## 1 Saturday, July 26, 2025

Simha Rasi: 0.22 Tithi 2 - 3  
Creative Work - Amrita Yoga  
Until 5:51AM Sun  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Manita Vesara Yuktayam  
Magha Nakshatra Vysalpatra Varjany Yoga Kadava/Tailita Karana Dvitiya/Tritiyam Titau  
Gulika 4:42AM - 6:34AM  
Yama 1:59PM - 3:51PM  
Rahu 8:25AM - 10:16AM

**Magha\* Until 5:51AM Sun**  
Vyalipala\* Until 5:34PM  
Tailita Until 12:06AM Sun  
Dvitiya Until 12:10PM

Ganesh: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

Gatineau, Canada  
Sun 15 Sutra 103  
Vasavasu 5:17  
Moon 7 - Phase 15 - 15  
3rd Phase

Devaloka Day

## 2 Sunday, July 27, 2025

Simha Rasi: 13.24 Tithi 3 - 4  
Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Bharu Vesara Yuktayam  
Purvaphalguni Nakshatra Varjany/Patigra\* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau  
Gulika 3:50PM - 5:41PM  
Yama 12:08PM - 1:59PM  
Rahu 5:41PM - 7:32PM

**Purvaphalguni Until 7:05AM Mon**  
Varjany Until 4:42PM  
Vanija Until 12:30AM Mon  
Tritiya Until 12:11PM

Ganesh: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

Gatineau, Canada  
Sun 16 Sutra 104  
Vasavasu 5:17  
Moon 7 - Phase 15 - 12  
3rd Phase

Devaloka Day

## 3 Monday, July 28, 2025

Simha Rasi: 26.05 Tithi 4 - 5  
**Family Home Evening**  
Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Indu Vesara Yuktayam  
Purvaphalguni Nakshatra Parigra\* Shiva Yoga Vasi/Bava Karana Chaturthi/Panchamam Titau  
Gulika 1:59PM - 3:50PM  
Yama 10:17AM - 10:17AM  
Rahu 6:35AM - 8:26AM

**Purvaphalguni Until 7:05AM**  
Parigra\* Until 4:24PM  
Bava Until 1:35AM Tue  
Chaturthi\* Until 12:56PM

Ganesh: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

Gatineau, Canada  
Sun 17 Sutra 105  
Vasavasu 5:17  
Moon 7 - Phase 15 - 17  
3rd Phase

Devaloka Day

## 4 Tuesday, July 29, 2025

Kanya Rasi: 8.28 Tithi 5 - 6  
Creative Work - Amrita Yoga  
Until 8:50AM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Mangala Vesara Yuktayam  
Uttaraphalguni Nakshatra Shiva/Siddha Yoga Babala/Kadava Karana Panchami/Shasthyam Titau  
Gulika 12:08PM - 1:58PM  
Yama 8:27AM - 10:17AM  
Rahu 3:49PM - 5:40PM

**Uttaraphalguni Until 8:50AM**  
Shiva Until 4:38PM  
Kadava Until 3:17AM Wed  
Panchami Until 2:21PM

Ganesh: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

Gatineau, Canada  
Sun 18 Sutra 106  
Vasavasu 5:17  
Moon 7 - Phase 15 - 18  
3rd Phase

Devaloka Day

## 5 Wednesday, July 30, 2025

Kanya Rasi: 20.35 Tithi 6 - 7  
Routine Work - Marana Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Budha Vesara Yuktayam  
Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau  
Gulika 10:17AM - 12:08PM  
Yama 6:37AM - 8:27AM  
Rahu 12:08PM - 1:58PM

**Hasta Until 11:27AM**  
Siddha Until 5:14PM  
Gara Until 5:26AM Thu  
Shashthi\* Until 4:18PM

Ganesh: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Green  
Savana-Adi

Gatineau, Canada  
Sun 19 Sutra 107  
Vasavasu 5:17  
Moon 7 - Phase 15 - 19  
3rd Phase

Sivaloka Day

## 6 Thursday, July 31, 2025

Tula Rasi: 2.33 Tithi 7  
Creative Work - Siddha Yoga  
Until 2:16PM  
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Guru Vesara Yuktayam  
Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Saptamam Titau  
Gulika 8:28AM - 10:18AM  
Yama 4:47AM - 6:37AM  
Rahu 1:58PM - 3:48PM

**Chitra Until 2:16PM**  
Sadhya Until 6:06PM  
Vanija Until 6:34PM  
Saptami Until 6:34PM

Ganesh: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Green  
Savana-Adi

Gatineau, Canada  
Sun 20 Sutra 108  
Vasavasu 5:17  
Moon 7 - Phase 15 - 20  
3rd Phase

Sivaloka Day

## Friday, August 1, 2025

**Retreat Star**  
Tula Rasi: 14.26 Tithi 8  
Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Sukra Vesara Yuktayam  
Svati/Vishakha Nakshatra Subha Yoga Vasi/Bava Karana Ashtamam Titau  
Gulika 6:38AM - 8:28AM  
Yama 3:47PM - 5:37PM  
Rahu 10:18AM - 12:08PM

**Svati Until 5:03PM**  
Subha Until 7:03PM  
Vasi Until 7:47AM  
Ashtami\* Until 8:57PM

Ganesh: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Green  
Savana-Adi

Gatineau, Canada  
Sun 21 Sutra 109  
Vasavasu 5:17  
Moon 7 - Phase 15 - 21  
Ashtami

Sivaloka Day

## Saturday, August 2, 2025

**Retreat Star**  
Tula Rasi: 26.19 Tithi 9  
Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Manita Vesara Yuktayam  
Vishakha Nakshatra Sukla Yoga Balava/Kadava Karana Navamam Titau  
Gulika 4:50AM - 6:39AM  
Yama 1:57PM - 3:46PM  
Rahu 8:29AM - 10:18AM

**Vishakha Until 8:05PM**  
Sukla Until 7:54PM  
Balava Until 10:08AM  
Navami\* Until 11:13PM

Ganesh: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon - Orange  
Savana-Adi

Gatineau, Canada  
Sun 22 Sutra 110  
Vasavasu 5:17  
Moon 7 - Phase 15 - 22  
Navami

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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<b>1 Sunday, August 3, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukhtayam			Gatineau, Canada
Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Dvadasyam Tilau		Sun 23 Sutra 111			
Wisikha Rasi: 8.16	Tithi 10	<b>Gulika</b> 3:46PM - 5:35PM	<b>Anuradha Until 10:41PM</b>	<b>Ganesh:</b> Clear Sunrise: 4:51AM	Vasavasu 5:27
		Yama 12:07PM - 1:57PM	Brahma Until 8:33PM	<b>Muruga:</b> Blue Sunset: 7:29PM	Moon 7 - Phase 16 - 23
Routine Work	Marana Yoga	<b>Rahu</b> 5:35PM - 7:24PM	Tailila Until 12:16PM	<b>Nataraja:</b> Yellow	4th Phase
			Dashami Until 1:11AM Mon	Moon - Orange	<b>Sivaloka Day</b>
				Sravana-Adi	

<b>2 Monday, August 4, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indru Vasara Yukhtayam			Gatineau, Canada
Jyeshtha Nakshatra Indra Yoga Vanija/Visli Karana Ekadashyam Tilau		Sun 24 Sutra 112			
Wisikha Rasi: 20.22	Tithi 11	<b>Gulika</b> 1:56PM - 3:45PM	<b>Jyeshtha Until 12:41AM Tue</b>	<b>Ganesh:</b> Clear Sunrise: 4:52AM	Vasavasu 5:27
<b>Family Home Evening</b>		Yama 10:18AM - 12:07PM	Indra Until 8:53PM	<b>Muruga:</b> Blue Sunset: 7:29PM	Moon 7 - Phase 16 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 6:41AM - 8:30AM	Vanija Until 2:01PM	<b>Nataraja:</b> Yellow	4th Phase
Until 12:41AM Tue			<b>Ekadashi Until 2:41AM Tue</b>	Moon - Orange	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				Sravana-Adi	

<b>3 Tuesday, August 5, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukhtayam			Gatineau, Canada
Mula Nakshatra Vaidhril Yoga Bava/Balava Karana Dvadasyam Tilau		Sun 25 Sutra 113			
Dhanus Rasi: 2.38	Tithi 12	<b>Gulika</b> 12:07PM - 1:56PM	<b>Mula Until 2:29AM Wed</b>	<b>Ganesh:</b> Yellow Sunrise: 4:53AM	Vasavasu 5:27
		Yama 8:30AM - 10:19AM	Vaidhril Until 8:46PM	<b>Muruga:</b> Blue Sunset: 7:29PM	Moon 7 - Phase 16 - 25
Creative Work	Amrita Yoga	<b>Rahu</b> 3:44PM - 5:33PM	Bava Until 3:16PM	<b>Nataraja:</b> Yellow	4th Phase
			<b>Dvadashi Until 3:39AM Wed</b>	Moon - Light Blue	<b>Sivaloka Day</b>
				Sravana-Adi	

<b>4 Wednesday, August 6, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yukhtayam			Gatineau, Canada
Purvashadha Nakshatra Vishkambha Yoga Kaulava/Tailila Karana Trayodashyam Tilau		Sun 26 Sutra 114			
Dhanus Rasi: 15.1	Tithi 13	<b>Gulika</b> 10:19AM - 12:07PM	<b>Purvashadha Until 3:32AM Thu</b>	<b>Ganesh:</b> Yellow Sunrise: 4:54AM	Vasavasu 5:27
		Yama 6:42AM - 8:31AM	Vishkambha Until 8:12PM	<b>Muruga:</b> Blue Sunset: 7:29PM	Moon 7 - Phase 16 - 26
Creative Work	Amrita Yoga	<b>Rahu</b> 12:07PM - 1:55PM	Kaulava Until 3:55PM	<b>Nataraja:</b> Yellow	4th Phase
Until 3:32AM Thu			<b>Trayodashi Until 4:00AM Thu</b>	Moon - Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Sravana-Adi	
				Pradosha Vata	

<b>5 Thursday, August 7, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukhtayam			Gatineau, Canada
Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau		Sun 27 Sutra 115			
Dhanus Rasi: 27.59	Tithi 14	<b>Gulika</b> 8:31AM - 10:19AM	<b>Uttarashadha Until 3:51AM Fri</b>	<b>Ganesh:</b> Yellow Sunrise: 4:55AM	Vasavasu 5:27
		Yama 4:55AM - 6:43AM	Priti Until 7:11PM	<b>Muruga:</b> Blue Sunset: 7:19PM	Moon 7 - Phase 16 - 27
Routine Work	Marana Yoga	<b>Rahu</b> 1:55PM - 3:43PM	Gara Until 3:58PM	<b>Nataraja:</b> Yellow	4th Phase
			<b>Chaturdashi Until 3:46AM Fri</b>	Moon - Light Blue	<b>Sivaloka Day</b>
				Sravana-Adi	

<b>Friday, August 8, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sudra Vasara Yukhtayam			Gatineau, Canada
<b>Copper Retreat Star</b>		Shravana Nakshatra Ayushman/Saubhagya Yoga Visli/Bava Karana Purnimayam Tilau			Sutra 116
Makara Rasi: 11.05	Tithi 15	<b>Gulika</b> 6:44AM - 8:32AM	<b>Shravana Until 3:57AM Sat</b>	<b>Ganesh:</b> Blue Sunrise: 4:56AM	Vasavasu 5:27
		Yama 3:42PM - 5:30PM	Ayushman Until 5:41PM	<b>Muruga:</b> Blue Sunset: 7:17PM	Moon 7 - Phase 16 - Purnima
Routine Work	Marana Yoga	<b>Rahu</b> 10:19AM - 12:07PM	Visli Until 3:27PM	<b>Nataraja:</b> Yellow	
Until 3:57AM Sat			<b>Purnima Until 2:59AM Sat</b>	Moon - Purple	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Sravana-Adi	
				Varalakshmi Vatham	

<b>Saturday, August 9, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukhtayam			Gatineau, Canada
<b>Silver Retreat Star</b>		Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau			Sutra 117
Makara Rasi: 24.29	Tithi 16	<b>Gulika</b> 4:58AM - 6:45AM	<b>Dhanishtha Until 3:25AM Sun</b>	<b>Ganesh:</b> Yellow Sunrise: 4:58AM	Vasavasu 5:27
		Yama 1:54PM - 3:41PM	Saubhagya Until 3:47PM	<b>Muruga:</b> Blue Sunset: 7:16PM	Moon 7 - Phase 16 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 8:32AM - 10:19AM	Balava Until 2:26PM	<b>Nataraja:</b> Yellow	
			<b>Prathama Until 1:44AM Sun</b>	Moon - Purple	<b>Sivaloka Day</b>
				Sravana-Adi	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vesara Yuktayam Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Talila/Gara Karana Dvityayam Tilau	Gatineau, Canada Sutra 118
Kumbha Rasi: 8.08	Tithi 17	<b>Gulika</b> 3:41PM – 5:27PM <b>Yama</b> 12:07PM – 1:54PM <b>Rahu</b> 5:27PM – 7:14PM	<b>Shatabhishak Until 2:22AM Mon</b> Sobhana Until 1:34PM Talila Until 12:58PM <b>Dvitiya Until 12:06AM Mon</b>
Creative Work Siddha Yoga Until 2:22AM Mon Then Routine Work – Marana Yoga	49572852	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Purple Savana-Adi	Sunrise: 4:59AM Sunset: 7:14PM Moon 8 - Phase 17 - 1st Phase <b>Sivaloka Day</b>

**1**

**Monday, August 11, 2025**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vesara Yuktayam Puravproshthapada* Nakshatra Ahiganda*/Sakama Yoga Vanja/Visti* Karana Tritayam Tilau	Gatineau, Canada Sun 1 Sutra 119
Kumbha Rasi: 22.01	Tithi 18	<b>Gulika</b> 1:53PM – 3:40PM <b>Yama</b> 10:20AM – 12:06PM <b>Rahu</b> 6:46AM – 8:33AM	<b>Puravproshthapada* Until 1:21AM Tue</b> Ahiganda* Until 11:03AM Vanija Until 11:11AM <b>Tritiya Until 10:11PM</b>
Family Home Evening Routine Work Marana Yoga Until 1:21AM Tue	41572852	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Clear Savana-Adi	Sunrise: 5:00AM Sunset: 7:13PM Moon 8 - Phase 17 - 1st Phase <b>Sivaloka Day</b>

**2**

**Tuesday, August 12, 2025**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vesara Yuktayam Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthayam Tilau	Gatineau, Canada Sun 2 Sutra 120
Mesha Rasi: 6.03	Tithi 19	<b>Gulika</b> 12:06PM – 1:53PM <b>Yama</b> 8:34AM – 10:20AM <b>Rahu</b> 3:39PM – 5:25PM	<b>Uttaraproshtapada Until 12:00AM Wed</b> Sukarna Until 8:21AM Bava Until 9:10AM <b>Chaturthi* Until 8:04PM</b>
Creative Work Amrita Yoga Until 12:00AM Wed Then Creative Work – Siddha Yoga	41572852	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Clear Savana-Adi	Sunrise: 5:01AM Sunset: 7:12PM Moon 8 - Phase 17 - 2 1st Phase <b>Sivaloka Day</b>

**3**

**Wednesday, August 13, 2025**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vesara Yuktayam Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthayam Tilau	Gatineau, Canada Sun 3 Sutra 121
Mesha Rasi: 20.12	Tithi 20 – 21	<b>Gulika</b> 10:20AM – 12:06PM <b>Yama</b> 6:48AM – 8:34AM <b>Rahu</b> 12:06PM – 1:52PM	<b>Revati Until 10:24PM</b> Shula* Until 2:38AM Thu Kaulava Until 6:59AM <b>Panchami Until 5:51PM</b>
Routine Work Marana Yoga	41572852	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – Clear Savana-Adi	Sunrise: 5:02AM Sunset: 7:10PM Moon 8 - Phase 17 - 3 1st Phase <b>Sivaloka Day</b>

**4**

**Thursday, August 14, 2025**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Guru Vesara Yuktayam Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamam Tilau	Gatineau, Canada Sun 4 Sutra 122
Mesha Rasi: 4.25	Tithi 21 – 22	<b>Gulika</b> 8:35AM – 10:20AM <b>Yama</b> 5:03AM – 6:49AM <b>Rahu</b> 1:52PM – 3:37PM	<b>Ashvini Until 9:03PM</b> Ganda* Until 11:43PM Visti Until 2:27AM Fri <b>Shashthi* Until 3:35PM</b>
Creative Work Amrita Yoga Until 9:03PM Then Creative Work – Siddha Yoga	42572852	<b>Ganesh:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – White Savana-Adi	Sunrise: 5:03AM Sunset: 7:08PM Moon 8 - Phase 17 - 4 1st Phase <b>Subha Sivaloka Day</b>

**Friday, August 15, 2025**

**Retreat Star**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Sukra Vesara Yuktayam Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Saptami/Ashtamam Tilau	Gatineau, Canada Sun 5 Sutra 123
Mesha Rasi: 18.38	Tithi 22 – 23	<b>Gulika</b> 6:50AM – 8:35AM <b>Yama</b> 3:36PM – 5:22PM <b>Rahu</b> 10:20AM – 12:06PM	<b>Bharani Until 7:34PM</b> Viddhi Until 8:50PM Balava Until 12:12AM Sat <b>Saptami Until 1:18PM</b>
Creative Work Siddha Yoga	42672852	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – White Savana-Adi	Sunrise: 5:04AM Sunset: 7:07PM Moon 8 - Phase 17 - 5 Ashtami <b>Sivaloka Day</b>

**Saturday, August 16, 2025**

**Retreat Star**

		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Mani Vesara Yuktayam Kritika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamam Tilau	Gatineau, Canada Sun 6 Sutra 124
Wishabha Rasi: 2.49	Tithi 23 – 24	<b>Gulika</b> 5:06AM – 6:51AM <b>Yama</b> 1:50PM – 3:35PM <b>Rahu</b> 8:36AM – 10:21AM	<b>Kritika Until 6:00PM</b> Dhruva Until 5:58PM Tailila Until 10:01PM <b>Ashtami* Until 11:05AM</b>
Creative Work Amrita Yoga	42672852	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon – White Savana-Avani	Sunrise: 5:06AM Sunset: 7:05PM Moon 8 - Phase 17 - 6 Navami <b>Sivaloka Day</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1

Sunday, August 17, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bharu Uvara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashmyam Tilau				Gatineau, Canada Sun 7 Sutra 125
	<b>Gulika</b>	<b>3:35PM - 5:19PM</b>	<b>Rohini Until 4:49PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 5:07AM	Vishvasu 5:17
Mithuna Rasi: 16.58	<b>Yama</b>	<b>12:05PM - 1:50PM</b>	<b>Vyaghata* Until 3:11PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:49PM	Moon 8 - Phase 18 - 7
	<b>Rahu</b>	<b>5:19PM - 7:04PM</b>	<b>Bava Until 6:01PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga	536728572	<b>Navami* Until 8:57AM</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

2

Monday, August 18, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Indu Vasara Yuktayam Migashira/Ardra Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Ekadasmyam Tilau				Gatineau, Canada Sun 8 Sutra 126
	<b>Gulika</b>	<b>1:49PM - 3:34PM</b>	<b>Mrigashira Until 3:38PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 5:08AM	Vishvasu 5:17
Mithuna Rasi: 1.02	<b>Yama</b>	<b>10:21AM - 12:05PM</b>	<b>Harshana Until 12:32PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:02PM	Moon 8 - Phase 18 - 8
<b>Family Home Evening</b>	<b>Rahu</b>	<b>6:52AM - 8:36AM</b>	<b>Bava Until 6:01PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Amrita Yoga	536728572	<b>Dashami Until 6:56AM</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
Until 3:38PM				<b>Sravana-Avani</b>		
Then Creative Work	Siddha Yoga					

3

Tuesday, August 19, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailita Karana Dvadashmyam Tilau				Gatineau, Canada Sun 9 Sutra 127
	<b>Gulika</b>	<b>12:05PM - 1:49PM</b>	<b>Ardra Until 2:31PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 5:09AM	Vishvasu 5:17
Mithuna Rasi: 14.59	<b>Yama</b>	<b>8:37AM - 10:21AM</b>	<b>Vajra* Until 10:01AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 7:01PM	Moon 8 - Phase 18 - 9
	<b>Rahu</b>	<b>3:33PM - 5:17PM</b>	<b>Kaulava Until 4:18PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work	Marana Yoga	536728572	<b>Dvadashi* Until 3:31AM Wed</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
Until 2:31PM				<b>Sravana-Avani</b>		
Then Creative Work	Siddha Yoga					

4

Wednesday, August 20, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashmyam Tilau				Gatineau, Canada Sun 10 Sutra 128
	<b>Gulika</b>	<b>10:21AM - 12:05PM</b>	<b>Punarvasu Until 1:58PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:10AM	Vishvasu 5:17
Mithuna Rasi: 28.47	<b>Yama</b>	<b>6:54AM - 8:37AM</b>	<b>Siddhi Until 7:44AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:59PM	Moon 8 - Phase 18 - 10
	<b>Rahu</b>	<b>12:05PM - 1:48PM</b>	<b>Gara Until 2:52PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga	546728572	<b>Trayodashi* Until 2:15AM Thu</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>
				<b>Sravana-Avani</b>		

Pradosha Vata (Fasting)

5

Thursday, August 21, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashmyam Tilau				Gatineau, Canada Sun 11 Sutra 129
	<b>Gulika</b>	<b>8:38AM - 10:21AM</b>	<b>Pushya Until 1:37PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:11AM	Vishvasu 5:17
Kataka Rasi: 12.23	<b>Yama</b>	<b>5:11AM - 6:55AM</b>	<b>Varjyan Until 4:02AM Fri</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:51PM	Moon 8 - Phase 18 - 11
	<b>Rahu</b>	<b>1:48PM - 3:31PM</b>	<b>Vaisi Until 1:48PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Amrita Yoga	546728572	<b>Chaturdashi* Until 1:25AM Fri</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>
Until 1:37PM				<b>Sravana-Avani</b>		
Then Creative Work	Siddha Yoga					

●

Friday, August 22, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Sukra Vasara Yuktayam Ashlesha/Magha* Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Tilau				Gatineau, Canada Sun 12 Sutra 130
	<b>Gulika</b>	<b>6:55AM - 8:38AM</b>	<b>Ashlesha* Until 1:34PM</b>	<b>Ganesh:</b> Light Blue	<b>Sunrise:</b> 5:13AM	Vishvasu 5:17
Kataka Rasi: 25.44	<b>Yama</b>	<b>3:30PM - 5:13PM</b>	<b>Parigha* Until 2:46AM Sat</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:56PM	Moon 8 - Phase 18 - 12
	<b>Rahu</b>	<b>10:21AM - 12:04PM</b>	<b>Catuspada Until 1:11PM</b>	<b>Nataraja:</b> Yellow		Amavasya
Routine Work	Marana Yoga	547728572	<b>Amavasya* Until 1:03AM Sat</b>	<b>Moon - Blue</b>		<b>Devaloka Day</b>
				<b>Sravana-Avani</b>		

Saturday, August 23, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukra Paksha Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamyam Tilau				Gatineau, Canada Sun 13 Sutra 131
	<b>Gulika</b>	<b>5:14AM - 6:56AM</b>	<b>Magha* Until 2:21PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:14AM	Vishvasu 5:17
Simha Rasi: 8.5	<b>Yama</b>	<b>1:46PM - 3:29PM</b>	<b>Shiva Until 1:57AM Sun</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:54PM	Moon 8 - Phase 18 - 13
	<b>Rahu</b>	<b>8:39AM - 10:21AM</b>	<b>Kintughna Until 1:04PM</b>	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Amrita Yoga	557728572	<b>Prathama* Until 1:16AM Sun</b>	<b>Moon - Red</b>		<b>Devaloka Day</b>
Until 2:21PM				<b>Bhadrapada-Avani</b>		
Then Creative Work	Siddha Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1 Sunday, August 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drivilyayam Tilau			Gatineau, Canada Sun 14 Sutra 132
Simha Rasi: 21.38	Tilhi 2	<b>Gulika</b> 3:28PM - 5:10PM Yama 12:04PM - 1:46PM Rahu 5:10PM - 6:52PM	<b>Purvaphalguni Until 3:33PM</b> Siddha Until 1:34AM Mon Balava Until 1:37PM <b>Dvitiya Until 2:04AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Red <b>Bhadrapada-Avani</b>	Sunrise: 5:55AM Sunset: 6:59PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Until 3:33PM Then Creative Work - Amrita Yoga					
<b>2 Monday, August 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Tilau			Gatineau, Canada Sun 15 Sutra 133
Kanya Rasi: 4.1	Tilhi 3	<b>Gulika</b> 1:45PM - 3:27PM Yama 10:21AM - 12:03PM Rahu 6:58AM - 8:40AM	<b>Uttaraphalguni Until 5:10PM</b> Sadhya Until 1:39AM Tue Talilla Until 2:42PM <b>Tritiya Until 3:27AM Tue</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Red <b>Bhadrapada-Avani</b>	Sunrise: 5:56AM Sunset: 6:59PM Moon 8 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Family Home Evening Creative Work - Siddha Yoga					
<b>3 Tuesday, August 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vanja/Vesli/ Karana Chaturthayam Tilau			Gatineau, Canada Sun 16 Sutra 134
Kanya Rasi: 16.27	Tilhi 4	<b>Gulika</b> 12:03PM - 1:44PM Yama 10:21AM - 12:02AM Rahu 3:26PM - 5:07PM	<b>Hasta Until 7:37PM</b> Subha Until 2:08AM Wed Vanija Until 4:21PM <b>Chaturthi* Until 5:19AM Wed</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Green <b>Bhadrapada-Avani</b>	Sunrise: 5:57AM Sunset: 6:59PM Moon 8 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Ganesha Chaturthi					
<b>4 Wednesday, August 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Hasta Nakshatra Sukla Yoga Bava Karana Panchamyam Tilau			Gatineau, Canada Sun 17 Sutra 135
Kanya Rasi: 28.32	Tilhi 5	<b>Gulika</b> 10:22AM - 12:03PM Yama 8:40AM - 8:41AM Rahu 12:03PM - 1:44PM	<b>Chitra Until 10:17PM</b> Sukla Until 2:51AM Thu Bava Until 6:24PM <b>Panchami Until 7:32AM Thu</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Green <b>Bhadrapada-Avani</b>	Sunrise: 5:58AM Sunset: 6:59PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	57728573			<b>Sivaloka Day</b>
Until 1:01AM Fri Then Creative Work - Siddha Yoga					
<b>5 Thursday, August 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau			Gatineau, Canada Sun 18 Sutra 136
Tula Rasi: 10.29	Tilhi 5 - 6	<b>Gulika</b> 8:41AM - 10:22AM Yama 5:19AM - 7:00AM Rahu 1:43PM - 3:24PM	<b>Svali Until 1:01AM Fri</b> Brahma Until 3:45AM Fri Kaulava Until 8:44PM <b>Panchami Until 7:32AM</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Green <b>Bhadrapada-Avani</b>	Sunrise: 5:59AM Sunset: 6:59PM Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga	57728573			<b>Sivaloka Day</b>
Until 1:01AM Fri Then Creative Work - Siddha Yoga					
<b>6 Friday, August 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Saplamyam Tilau			Gatineau, Canada Sun 19 Sutra 137
Tula Rasi: 22.22	Tilhi 6 - 7	<b>Gulika</b> 7:01AM - 8:41AM Yama 3:23PM - 5:03PM Rahu 10:22AM - 12:02PM	<b>Vishakha Until 4:08AM Sat</b> Indra Until 4:41AM Sat Gara Until 11:09PM <b>Shashthi* Until 9:55AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Orange <b>Bhadrapada-Avani</b>	Sunrise: 5:21AM Sunset: 6:49PM Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga	578728573			<b>Subha Sivaloka Day</b>
Until 6:55AM Sun Then Routine Work - Marana Yoga					
<b>7 Saturday, August 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti/ Yaga Vanja/Vesli/ Karana Saptami/Ashtamyam Tilau			Gatineau, Canada Sun 20 Sutra 138
Wshchika Rasi: 4.14	Tilhi 7 - 8	<b>Gulika</b> 5:22AM - 7:02AM Yama 1:42PM - 3:22PM Rahu 8:42AM - 10:22AM	<b>Anuradha Until 6:55AM Sun</b> Vaidhriti* Until 5:27AM Sun Vesli Until 1:25AM Sun <b>Saptami Until 12:17PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Orange <b>Bhadrapada-Avani</b>	Sunrise: 5:22AM Sunset: 6:49PM Moon 8 - Phase 19 - 20 Ashtami
Creative Work	Siddha Yoga	578728573			<b>Subha Sivaloka Day</b>
Until 6:55AM Sun Then Routine Work - Marana Yoga					
<b>8 Sunday, August 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha/Jyeshtha/ Nakshatra Vshikambha* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau			Gatineau, Canada Sun 21 Sutra 139
Wshchika Rasi: 16.11	Tilhi 8 - 9	<b>Gulika</b> 3:21PM - 5:00PM Yama 12:02PM - 1:41PM Rahu 5:00PM - 6:40PM	<b>Anuradha Until 6:55AM</b> Vshikambha* Until 5:58AM Mon Balava Until 3:23AM Mon <b>Ashtami* Until 2:26PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Orange <b>Bhadrapada-Avani</b>	Sunrise: 5:23AM Sunset: 6:49PM Moon 8 - Phase 19 - 21 Navami
Creative Work	Marana Yoga	578728573			<b>Subha Sivaloka Day</b>
Routine Work					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1 Monday, September 1, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Indu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Phili Yogi Kauvala/Taila Karana Navami/Dashamam Titau				Gatineau, Canada Sun 22 Sutra 140
Wischika Rasi: 28.17	Tithi 9 – 10	<b>Gulika</b> Yama 58782573	<b>1:40PM – 3:20PM</b> 10:22AM – 12:01PM <b>Rahu</b> 7:03AM – 8:43AM	<b>Jyeshtha* Untill 9:12AM</b> Phili Untill 6:07AM Tue Tailita Untill 4:52AM Tue <b>Navami* Untill 4:10PM</b>	<b>Ganesh: Clear</b> Sunrise: 5:24AM Sunset: 6:38PM	Moon 8 - Phase 20 - 22 4th Phase
<b>Family Home Evening</b>						<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga					

<b>2 Tuesday, September 2, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Mangala Vasara Yuktayam Mula*Purvashada* Nakshatra PhiliYajubman Yogi GaraVanija Karana Dashami/Ekadashi Titau				Gatineau, Canada Sun 23 Sutra 141
Dhanus Rasi: 10.34	Tithi 10 – 11	<b>Gulika</b> Yama 58872573	<b>12:01PM – 1:40PM</b> 8:43AM – 10:22AM <b>Rahu</b> 3:19PM – 4:58PM	<b>Mula* Untill 11:18AM</b> Phili Untill 6:07AM Vanija Untill 5:43AM Wed <b>Dashami Untill 5:21PM</b>	<b>Ganesh: White</b> Sunrise: 5:25AM Sunset: 6:37PM	Moon 8 - Phase 20 - 23 4th Phase
Creative Work	Amrita Yoga					<b>Sivaloka Day</b>
Untill 11:18AM						
Then Creative Work	Siddha Yoga					

<b>3 Wednesday, September 3, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Bhuha Vasara Yuktayam Purvashada*Uttarashada Nakshatra Saubhaga Yogi Vasi*Baava Karana Ekadashi/Dvadasham Titau				Gatineau, Canada Sun 24 Sutra 142
Dhanus Rasi: 23.08	Tithi 11 – 12	<b>Gulika</b> Yama 58882573	<b>10:22AM – 12:01PM</b> 7:05AM – 7:06AM <b>Rahu</b> 12:01PM – 1:39PM	<b>Purvashada* Untill 12:37PM</b> Saubhaga Untill 4:52AM Thu Baava Untill 5:53AM Thu <b>Ekadashi Untill 5:52PM</b>	<b>Ganesh: Green</b> Sunrise: 5:26AM Sunset: 6:35PM	Moon 8 - Phase 20 - 24 4th Phase
Creative Work	Amrita Yoga					<b>Sivaloka Day</b>

<b>4 Thursday, September 4, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Gura Vasara Yuktayam Uttarashada*Shravana Nakshatra Sobhana Yogi Balava/Kauava Karana Dvadashi/Troydashyam Titau				Gatineau, Canada Sun 25 Sutra 143
Makara Rasi: 6.02	Tithi 12 – 13	<b>Gulika</b> Yama 58982573	<b>8:44AM – 10:22AM</b> 5:28AM – 7:06AM <b>Rahu</b> 1:38PM – 3:17PM	<b>Uttarashada Untill 1:06PM</b> Sobhana Untill 3:25AM Fri Kauava Untill 5:20AM Fri <b>Dvadashi Untill 5:40PM</b>	<b>Ganesh: White</b> Sunrise: 5:28AM Sunset: 6:33PM	Moon 8 - Phase 20 - 25 4th Phase
Routine Work	Marana Yoga					<b>Sivaloka Day</b>
Untill 1:06PM						
Then Creative Work	Siddha Yoga					
						<i>Pradosha Vata</i>

<b>5 Friday, September 5, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yogi Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 26 Sutra 144
Makara Rasi: 19.17	Tithi 13 – 14	<b>Gulika</b> Yama 59982573	<b>7:06AM – 8:44AM</b> 3:15PM – 4:53PM <b>Rahu</b> 10:22AM – 12:00PM	<b>Shravana Untill 1:11PM</b> Athiganda* Untill 1:24AM Sat Gara Untill 4:07AM Sat <b>Trayodashi Untill 4:47PM</b>	<b>Ganesh: Yellow</b> Sunrise: 5:29AM Sunset: 6:31PM	Moon 8 - Phase 20 - 26 4th Phase
Routine Work	Marana Yoga					<b>Subha Sivaloka Day</b>
Untill 1:11PM						
Then Creative Work	Siddha Yoga					
						<b>Chidambaram Abhishekam</b>

<b>6 Saturday, September 6, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakhe Manu Vasara Yuktayam Dhanishtha/Purvashodhapa* Nakshatra Sukarna Yogi Vanja/Vasi* Karana Chaturdashi/Punimayam Titau				Gatineau, Canada Sun 27 Sutra 145
Kumbha Rasi: 2.55	Tithi 14 – 15	<b>Gulika</b> Yama 59982573	<b>5:30AM – 7:07AM</b> 1:37PM – 3:14PM <b>Rahu</b> 8:45AM – 10:22AM	<b>Dhanishtha Untill 12:29PM</b> Sukarna Untill 10:55PM Vasi Untill 2:18AM Sun <b>Chaturdashi* Untill 3:15PM</b>	<b>Ganesh: Yellow</b> Sunrise: 5:30AM Sunset: 6:29PM	Moon 8 - Phase 20 - 27 4th Phase
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>
Untill 12:29PM						
Then Creative Work	Amrita Yoga					

<b>○ Sunday, September 7, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Bharu Vasara Yuktayam Shatabhishak/Purvashodhapa* Nakshatra Dhriti Yogi Baava/Balava Karana Punima/Pramayam Titau				Gatineau, Canada Sun 28 Sutra 146
<b>Copper Retreat Star</b>		<b>Gulika</b> Yama 59982573	<b>3:13PM – 4:50PM</b> 11:59AM – 1:36PM <b>Rahu</b> 4:50PM – 6:27PM	<b>Shatabhishak Untill 11:06AM</b> Dhriti Untill 8:03PM Balava Untill 12:02AM Mon <b>Purnima* Untill 1:12PM</b>	<b>Ganesh: Yellow</b> Sunrise: 5:31AM Sunset: 6:27PM	Moon 8 - Phase 20 - Punima
Kumbha Rasi: 16.53	Tithi 15 – 16					
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>
						<b>Grandparent's Day</b>

<b>Monday, September 8, 2025</b>		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Purvashodhapa*/Uttarashodhapa* Nakshatra Shula*Ganda* Yogi Kauvala/Taila Karana Prathama/Dvityayam Titau				Gatineau, Canada Sutra 147
<b>Silver Retreat Star</b>		<b>Gulika</b> Yama 51982573	<b>1:36PM – 3:12PM</b> 10:22AM – 11:59AM <b>Rahu</b> 7:09AM – 8:46AM	<b>Purvashodhapa* Untill 9:34AM</b> Shula* Untill 4:51PM Tailita Untill 9:25PM <b>Prathama* Untill 10:45AM</b>	<b>Ganesh: Yellow</b> Sunrise: 5:32AM Sunset: 6:26PM	Moon 8 - Phase 20 - Prathama
Meena Rasi: 1.1	Tithi 16 – 17					
<b>Family Home Evening</b>						<b>Subha Sivaloka Day</b>
Routine Work	Marana Yoga					
Untill 9:34AM						
Then Creative Work	Siddha Yoga					

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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**Tuesday, September 9, 2025**

**Gold Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukatayam  
Uttaraprosphapada/Ravali Nakshatra Ganda\*Viddhi Yoga Gara/Vanija Karana Dvitya/Triyayam Titau

Gatineau, Canada  
Sun 1 Sutra 148

Mesha Rasi: 15.4	Tithi 17 - 18	<b>Gulika</b> 11:59AM - 1:35PM	<b>Uttaraprosphapada Until 7:38AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:23AM	Vasavasu 5:127
		<b>Yama</b> 8:46AM - 10:22AM	<b>Ganda* Until 1:28PM</b>	<b>Muruga:</b> Blue	Sunset: 6:24PM	Moon 9 - Phase 21 - 1
		<b>Rahu</b> 3:11PM - 4:47PM	<b>Vanija Until 6:36PM</b>	<b>Nataraja:</b> White		1st Phase
Creative Work - Amrita Yoga			<b>Dvitiya Until 8:00AM</b>	<b>Moon - Clear</b>	<b>Subha Sivaloka Day</b>	
Until 7:38AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

**1**

**Wednesday, September 10, 2025**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Budha Vasara Yukatayam  
Ashvini Nakshatra Viddhi/Dhruva Yoga Bava/Baleva Karana Chaturtham Titau

Gatineau, Canada  
Sun 2 Sutra 149

Mesha Rasi: 0.16	Tithi 19	<b>Gulika</b> 10:22AM - 11:58AM	<b>Ashvini Until 3:26AM Thu</b>	<b>Ganesha:</b> White	Sunrise: 5:34AM	Vasavasu 5:127
		<b>Yama</b> 7:10AM - 8:46AM	<b>Viddhi Until 10:01AM</b>	<b>Muruga:</b> Blue	Sunset: 6:29PM	Moon 9 - Phase 21 - 2
		<b>Rahu</b> 11:58AM - 1:34PM	<b>Bava Until 3:42PM</b>	<b>Nataraja:</b> White		1st Phase
Routine Work - Marana Yoga			<b>Chalurthi* Until 2:15AM Thu</b>	<b>Moon - White</b>	<b>Sivaloka Day</b>	
Until 3:26AM Thu				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

**2**

**Thursday, September 11, 2025**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Guru Vasara Yukatayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Panchamam Titau

Gatineau, Canada  
Sun 3 Sutra 150

Mesha Rasi: 14.53	Tithi 20	<b>Gulika</b> 8:47AM - 10:22AM	<b>Bharani Until 1:26AM Fri</b>	<b>Ganesha:</b> White	Sunrise: 5:36AM	Vasavasu 5:127
		<b>Yama</b> 7:10AM - 8:46AM	<b>Dhruva Until 6:32AM</b>	<b>Muruga:</b> Blue	Sunset: 6:29PM	Moon 9 - Phase 21 - 3
		<b>Rahu</b> 1:33PM - 3:09PM	<b>Kaulava Until 12:51PM</b>	<b>Nataraja:</b> White		1st Phase
Creative Work - Siddha Yoga			<b>Panchami Until 11:27PM</b>	<b>Moon - White</b>	<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>		

**3**

**Friday, September 12, 2025**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukatayam  
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham Titau

Gatineau, Canada  
Sun 4 Sutra 151

Mesha Rasi: 29.24	Tithi 21	<b>Gulika</b> 7:12AM - 8:47AM	<b>Kritika Until 11:31PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:27AM	Vasavasu 5:127
		<b>Yama</b> 3:08PM - 4:43PM	<b>Harshana Until 12:01AM Sat</b>	<b>Muruga:</b> Blue	Sunset: 6:18PM	Moon 9 - Phase 21 - 4
		<b>Rahu</b> 10:22AM - 11:57AM	<b>Gara Until 10:09AM</b>	<b>Nataraja:</b> White		1st Phase
Creative Work - Siddha Yoga			<b>Shashthi* Until 8:52PM</b>	<b>Moon - White</b>	<b>Sivaloka Day</b>	
Until 11:31PM				<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

**4**

**Saturday, September 13, 2025**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Mani Vasara Yukatayam  
Rohini Nakshatra Vajra\* Yoga Visli\* Bava Karana Sapthamam Titau

Gatineau, Canada  
Sun 5 Sutra 152

Wishahba Rasi: 13.46	Tithi 22	<b>Gulika</b> 5:38AM - 7:13AM	<b>Rohini Until 10:10PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:38AM	Vasavasu 5:127
		<b>Yama</b> 1:32PM - 3:07PM	<b>Vajra* Until 9:04PM</b>	<b>Muruga:</b> Blue	Sunset: 6:16PM	Moon 9 - Phase 21 - 5
		<b>Rahu</b> 8:48AM - 10:22AM	<b>Visli Until 7:42AM</b>	<b>Nataraja:</b> White		1st Phase
Creative Work - Amrita Yoga			<b>Sapthami Until 6:34PM</b>	<b>Moon - Yellow</b>	<b>Subha Sivaloka Day</b>	
Until 10:10PM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

**5**

**Sunday, September 14, 2025**

**Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukatayam  
Migashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashtami/Navamam Titau

Gatineau, Canada  
Sun 6 Sutra 153

Wishahba Rasi: 27.55	Tithi 23 - 24	<b>Gulika</b> 3:06PM - 4:40PM	<b>Migashira Until 9:01PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:39AM	Vasavasu 5:127
		<b>Yama</b> 11:57AM - 1:31PM	<b>Siddhi Until 6:24PM</b>	<b>Muruga:</b> Blue	Sunset: 6:14PM	Moon 9 - Phase 21 - 6
		<b>Rahu</b> 4:40PM - 6:14PM	<b>Taila Until 3:48AM Mon</b>	<b>Nataraja:</b> White		Ashtami
Creative Work - Siddha Yoga			<b>Ashtami* Until 4:37PM</b>	<b>Moon - Yellow</b>	<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>		

**Monday, September 15, 2025**

**Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Indu Vasara Yukatayam  
Ardra Nakshatra Vyajipata\*Varjan Yoga Gara/Vanija Karana Navami/Dashamam Titau

Gatineau, Canada  
Sun 7 Sutra 154

Mithuna Rasi: 11.5	Tithi 24 - 25	<b>Gulika</b> 1:30PM - 3:04PM	<b>Ardra Until 8:08PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:40AM	Vasavasu 5:127
		<b>Yama</b> 10:22AM - 11:56AM	<b>Vyajipata* Until 4:05PM</b>	<b>Muruga:</b> Blue	Sunset: 6:13PM	Moon 9 - Phase 21 - 7
		<b>Rahu</b> 7:14AM - 8:48AM	<b>Vanija Until 2:26AM Tue</b>	<b>Nataraja:</b> White		Navami
Creative Work - Siddha Yoga			<b>Navami* Until 3:03PM</b>	<b>Moon - Yellow</b>	<b>Subha Sivaloka Day</b>	
Until 8:08PM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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<b>1</b>	<b>Tuesday, September 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mangala Vesara Yukhtayam Panaravasu Nakshatra Vartiyana/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 8 Sutra 155
	Mithuna Rasi: 25.3	TITHI 25 – 26	<b>Gulika</b> 11:56AM – 1:30PM <b>Yama</b> 8:49AM – 10:22AM <b>Rahu</b> 3:03PM – 4:37PM	<b>Punarvasu</b> Untill 7:56PM Vartiyana Untill 2:04PM Bava Untill 1:30AM Wed <b>Dashami</b> Untill 1:54PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	<b>Sunrise:</b> 5:41AM <b>Sunset:</b> 6:11PM	Vasavasu 5:127 Moon 9 - Phase 22 - 8 2nd Phase
Creative Work Siddha Yoga		541828573					<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, September 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vesara Yukhtayam Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 9 Sutra 156
	Kalka Rasi: 8.55	TITHI 26 – 27	<b>Gulika</b> 10:22AM – 11:56AM <b>Yama</b> 7:16AM – 8:49AM <b>Rahu</b> 11:56AM – 1:29PM	<b>Pushya</b> Untill 8:02PM Parigha' Untill 12:24PM Kaulava Untill 1:00AM Thu <b>Ekadashi'</b> Untill 1:11PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:09PM	Vasavasu 5:127 Moon 9 - Phase 22 - 9 2nd Phase
Creative Work Siddha Yoga		541828573					<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, September 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vesara Yukhtayam Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 10 Sutra 157
	Kalka Rasi: 22.06	TITHI 27 – 28	<b>Gulika</b> 8:50AM – 10:22AM <b>Yama</b> 5:44AM – 7:17AM <b>Rahu</b> 1:28PM – 3:01PM	<b>Ashlesha'</b> Untill 8:25PM Shiva Untill 11:07AM Gara Untill 12:58AM Fri <b>Dvadashi'</b> Untill 12:54PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:07PM	Vasavasu 5:127 Moon 9 - Phase 22 - 10 2nd Phase
Creative Work Siddha Yoga		541828573					<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga							
<i>Pradosha Vata (Fasting)</i>							

<b>4</b>	<b>Friday, September 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Sutra Vesara Yukhtayam Magha' Nakshatra Siddha/Sadhya Yoga Vanija/Vesti' Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 11 Sutra 158
	Simha Rasi: 5.03	TITHI 28 – 29	<b>Gulika</b> 7:17AM – 8:50AM <b>Yama</b> 3:00PM – 4:33PM <b>Rahu</b> 10:22AM – 11:55AM	<b>Magha'</b> Untill 9:34PM Siddha Untill 10:09AM Vesti Untill 1:24AM Sat <b>Trayodashi'</b> Untill 1:06PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 6:05PM	Vasavasu 5:127 Moon 9 - Phase 22 - 11 2nd Phase
Routine Work Marana Yoga		551828573					<b>Sivaloka Day</b>
Untill 9:34PM							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Saturday, September 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mania Vesara Yukhtayam Purvaphalguni Nakshatra Sadha/Sukla Yoga Sakur/Catupadi' Karana Chaturdashy/Amavasyayam Titau				Gatineau, Canada Sun 12 Sutra 159
	Simha Rasi: 17.46	TITHI 29 – 30	<b>Gulika</b> 5:46AM – 7:18AM <b>Yama</b> 1:27PM – 2:59PM <b>Rahu</b> 8:50AM – 10:22AM	<b>Purvaphalguni</b> Untill 11:00PM Sadhya Untill 9:34AM Catupadi Untill 2:17AM Sun <b>Chaturdashy'</b> Untill 1:46PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	<b>Sunrise:</b> 5:46AM <b>Sunset:</b> 6:03PM	Vasavasu 5:127 Moon 9 - Phase 22 - 12 Amavasya
Creative Work Siddha Yoga		551828573					<b>Sivaloka Day</b>
Untill 11:00PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Sunday, September 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakshi Bharu Vesara Yukhtayam Uttaraphalguni Nakshatra Sadha/Sukla Yoga Naga/Kintughna' Karana Amavasya/Prathamayam Titau				Gatineau, Canada Sun 13 Sutra 160
	Kanya Rasi: 0.17	TITHI 30 – 1	<b>Gulika</b> 2:58PM – 4:30PM <b>Yama</b> 11:54AM – 1:26PM <b>Rahu</b> 4:30PM – 6:01PM	<b>Uttaraphalguni</b> Untill 12:44AM Mon Sadha Untill 9:22AM Kintughna Untill 3:39AM Mon <b>Amavasya'</b> Untill 2:53PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red Ashvina-Puratasi	<b>Sunrise:</b> 5:47AM <b>Sunset:</b> 6:01PM	Vasavasu 5:127 Moon 9 - Phase 22 - 13 Prathama
Creative Work Amrita Yoga		551828573					<b>Sivaloka Day</b>
Untill 12:44AM Mon							
Then Creative Work - Siddha Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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<b>1 Monday, September 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Indu Vasara Yuktayam Gathneau, Canada Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Tilau Sun 14 Sutra 161			
Kanya Rasi: 12.35	Tilhi 1 – 2	<b>Gulika</b> Yama 562828573	<b>Rahu</b> 1:25PM – 2:57PM 10:23AM – 11:54AM 7:20AM – 8:51AM	<b>Hasla Untill 3:11AM Tue</b> Sukla Untill 9:29AM Balava Untill 5:25AM Tue <b>Prathama* Untill 4:28PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:48AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:59PM <b>Nataraja:</b> White Moon – Green Ashvina-Puratasi
Family Home Evening					<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga				

<b>2 Tuesday, September 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Mangala Vasara Yuktayam Gathneau, Canada Chitra Nakshatra Brahma/Indra Yoga Kaulava Karana Dvityayam Tilau Sun 15 Sutra 162			
Kanya Rasi: 24.44	Tilhi 2	<b>Gulika</b> Yama 562828573	<b>Rahu</b> 11:54AM – 1:25PM 8:52AM – 10:23AM 2:56PM – 4:27PM	<b>Chitra Untill 5:49AM Wed</b> Brahma Untill 9:54AM Kaulava Untill 6:25PM <b>Dvitiya Untill 6:25PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:50AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:58PM <b>Nataraja:</b> White Moon – Green Ashvina-Puratasi
Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>3 Wednesday, September 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Budha Vasara Yuktayam Gathneau, Canada Svali Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Tilau Sun 16 Sutra 163			
Tula Rasi: 6.44	Tilhi 3	<b>Gulika</b> Yama 562828573	<b>Rahu</b> 10:23AM – 11:53AM 7:11AM – 8:52AM 11:53AM – 1:24PM	<b>Svali Untill 8:31AM Thu</b> Indra Untill 10:36AM Talila Untill 7:32AM <b>Tritiya Untill 8:40PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:51AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:56PM <b>Nataraja:</b> White Moon – Green Ashvina-Puratasi
Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>4 Thursday, September 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Guru Vasara Yuktayam Gathneau, Canada Svali/Vishkha Nakshatra Vaidhiti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturthayam Tilau Sun 17 Sutra 164			
Tula Rasi: 18.4	Tilhi 4	<b>Gulika</b> Yama 562828573	<b>Rahu</b> 8:52AM – 10:23AM 5:52AM – 7:22AM 1:23PM – 2:53PM	<b>Svali Untill 8:31AM</b> Vaidhiti* Untill 11:26AM Vanija Untill 9:54AM <b>Chaturthi* Untill 11:06PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:52AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:54PM <b>Nataraja:</b> White Moon – Green Ashvina-Puratasi
Creative Work	Amrita Yoga				<b>Subha Sivaloka Day</b>
Untill 8:31AM					
Then Creative Work	Siddha Yoga				

<b>5 Friday, September 26, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Sukra Vasara Yuktayam Gathneau, Canada Vishkha/Anuradha Nakshatra Vishkambha*/Pihli Yoga Bava/Balava Karana Panchmayam Tilau Sun 18 Sutra 165			
Wishkha Rasi: 0.31	Tilhi 5	<b>Gulika</b> Yama 572828573	<b>Rahu</b> 7:23AM – 8:53AM 2:52PM – 4:22PM 10:23AM – 11:53AM	<b>Vishkha Untill 11:40AM</b> Vishkambha* Untill 12:21PM Bava Untill 12:22PM <b>Panchami Untill 1:35AM Sat</b>	<b>Ganesha:</b> Blue <b>Sunrise:</b> 5:53AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:54PM <b>Nataraja:</b> White Moon – Orange Ashvina-Puratasi
Creative Work	Siddha Yoga				<b>Subha Subha Sivaloka Day</b>

<b>6 Saturday, September 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Manu Vasara Yuktayam Gathneau, Canada Anuradha/Jyeshtha* Nakshatra Pihli/Ayushman Yoga Kaulava/Taila Karana Shashthayam Tilau Sun 19 Sutra 166			
Wishkha Rasi: 12.23	Tilhi 6	<b>Gulika</b> Yama 672828573	<b>Rahu</b> 5:54AM – 7:24AM 1:22PM – 2:51PM 8:53AM – 10:23AM	<b>Anuradha Untill 2:37PM</b> Pihli Untill 1:16PM Kaulava Untill 2:48PM <b>Shashthi* Untill 3:56AM Sun</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:54AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:59PM <b>Nataraja:</b> White Moon – Orange Ashvina-Puratasi
Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b>

<b>Sunday, September 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Bhanu Vasara Yuktayam Gathneau, Canada <b>Retreat Star</b> Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Sapthmayam Tilau Sun 20 Sutra 167			
Wishkha Rasi: 24.18	Tilhi 7	<b>Gulika</b> Yama 672928573	<b>Rahu</b> 2:50PM – 4:19PM 11:52AM – 1:21PM 4:19PM – 5:48PM	<b>Jyeshtha* Untill 5:12PM</b> Ayushman Untill 2:00PM Gara Untill 5:02PM <b>Saptami Untill 6:00AM Mon</b>	<b>Ganesha:</b> Green <b>Sunrise:</b> 5:55AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:48PM <b>Nataraja:</b> White Moon – Orange Ashvina-Puratasi
Routine Work	Marana Yoga				<b>Sivaloka Day</b>
Untill 5:12PM					
Then Creative Work	Amrita Yoga				

<b>Monday, September 29, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Indu Vasara Yuktayam Gathneau, Canada <b>Retreat Star</b> Mula* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visli* Karana Sapthami/Ashthmayam Tilau Sun 21 Sutra 168			
Dhanu Rasi: 6.2	Tilhi 7 – 8	<b>Gulika</b> Yama 682928573	<b>Rahu</b> 1:20PM – 2:49PM 10:23AM – 11:52AM 7:25AM – 8:54AM	<b>Mula* Untill 7:45PM</b> Saubhagya Untill 2:28PM Visli Untill 6:52PM <b>Saptami Untill 6:00AM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:57AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:46PM <b>Nataraja:</b> White Moon – Light Blue Ashvina-Puratasi
Family Home Evening					<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga				
Untill 7:45PM					
Then Routine Work	Marana Yoga				

<b>Tuesday, September 30, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Mangala Vasara Yuktayam Gathneau, Canada <b>Retreat Star</b> Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamayam Tilau Sun 22 Sutra 169			
Dhanu Rasi: 18.34	Tilhi 8 – 9	<b>Gulika</b> Yama 682928573	<b>Rahu</b> 11:51AM – 1:20PM 8:54AM – 10:23AM 2:48PM – 4:16PM	<b>Purvashadha* Untill 9:35PM</b> Sobhana Untill 2:32PM Balava Untill 8:09PM <b>Ashtami* Untill 7:34AM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:58AM <b>Muruga:</b> Blue <b>Sunset:</b> 5:45PM <b>Nataraja:</b> White Moon – Light Blue Ashvina-Puratasi
Creative Work	Siddha Yoga				<b>Subha Sivaloka Day</b>
Untill 9:35PM					
Then Routine Work	Prabharishtha Yoga				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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<b>1</b>		<b>Wednesday, October 1, 2025</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Ahtiganda/Sukarna Yoga Kusba/Taila Karana Navami/Dashmyam Titau	Gatineau, Canada Sun 23 Sutra 170
Makara Rasi: 1.05	Tithi 9 - 10	<b>Gulika</b> 10:23AM - 11:51AM	<b>Uttarashada</b> Until 10:34PM	<b>Ganesh:</b> Red	Sunrise: 5:59AM	Vasavasa 5:127	
		Yama 7:27AM - 8:55AM	Ahtiganda* Until 2:03PM	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - 23	4th Phase
Creative Work	Amrita Yoga	682928573 <b>Rahu</b> 11:51AM - 1:19PM	Taila Until 8:44PM	<b>Nataraja:</b> White			
Until 10:34PM			<b>Navami*</b> Until 8:31AM	Moon - Light Blue			<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashvina-Puratasi			

<b>2</b>		<b>Thursday, October 2, 2025</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Shula Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Gatineau, Canada Sun 24 Sutra 171
Makara Rasi: 13.56	Tithi 10 - 11	<b>Gulika</b> 8:55AM - 10:23AM	<b>Shravana</b> Until 11:05PM	<b>Ganesh:</b> Blue	Sunrise: 6:00AM	Vasavasa 5:127	
		Yama 6:00AM - 7:28AM	Sukarna Until 12:59PM	<b>Muruga:</b> Blue	Sunset: 5:41PM	Moon 9 - Phase 24 - 24	4th Phase
Creative Work	Siddha Yoga	692928573 <b>Rahu</b> 1:18PM - 2:46PM	Vanija Until 8:31PM	<b>Nataraja:</b> White			
			<b>Dashami</b> Until 8:42AM	Moon - Purple			<b>Sivaloka Day</b>
				Ashvina-Puratasi			

<b>3</b>		<b>Friday, October 3, 2025</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau	Gatineau, Canada Sun 25 Sutra 172
Makara Rasi: 27.11	Tithi 11 - 12	<b>Gulika</b> 7:29AM - 8:56AM	<b>Dhanishtha</b> Until 10:41PM	<b>Ganesh:</b> Blue	Sunrise: 6:01AM	Vasavasa 5:127	
		Yama 2:45PM - 4:12PM	Dhriti Until 11:18AM	<b>Muruga:</b> Blue	Sunset: 5:39PM	Moon 9 - Phase 24 - 25	4th Phase
Creative Work	Siddha Yoga	692928573 <b>Rahu</b> 10:23AM - 11:50AM	Bava Until 7:30PM	<b>Nataraja:</b> White			
Until 9:24PM			<b>Ekadashi</b> Until 8:05AM	Moon - Purple			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Ashvina-Puratasi			

<b>4</b>		<b>Saturday, October 4, 2025</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula/Ganda* Yoga Balava/Taila Karana Dvadashi/Trayodashyam Titau	Gatineau, Canada Sun 26 Sutra 173
Makara Rasi: 10.53	Tithi 12 - 13	<b>Gulika</b> 6:03AM - 7:29AM	<b>Shatabhishak</b> Until 9:24PM	<b>Ganesh:</b> Blue	Sunrise: 6:03AM	Vasavasa 5:127	
		Yama 1:17PM - 2:44PM	Shula* Until 8:58AM	<b>Muruga:</b> Blue	Sunset: 5:37PM	Moon 9 - Phase 24 - 26	4th Phase
Creative Work	Amrita Yoga	692928573 <b>Rahu</b> 8:56AM - 10:23AM	Taila Until 4:36AM Sun	<b>Nataraja:</b> White			
Until 9:24PM		<b>Kadalswami Mahasamadi</b>	<b>Dvadashi</b> Until 6:42AM	Moon - Purple			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				Ashvina-Puratasi			
				<i>Pradosha Vata</i>			

<b>5</b>		<b>Sunday, October 5, 2025</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktayam Ganda/Middhi Yoga Gara/Vanija Karana Chaturdashyam Titau	Gatineau, Canada Sun 27 Sutra 174
Makara Rasi: 25.01	Tithi 14	<b>Gulika</b> 2:43PM - 4:09PM	<b>Purvasroshthapada*</b> Until 7:47PM	<b>Ganesh:</b> White	Sunrise: 6:04AM	Vasavasa 5:127	
		Yama 11:50AM - 1:16PM	Ganda* Until 6:05AM	<b>Muruga:</b> Blue	Sunset: 5:35PM	Moon 9 - Phase 24 - 27	4th Phase
Creative Work	Siddha Yoga	612928573 <b>Rahu</b> 4:09PM - 5:35PM	Gara Until 3:21PM	<b>Nataraja:</b> White			
Until 7:47PM		<b>Chidambaram Abhishekam</b>	<b>Chaturdashi*</b> Until 1:56AM Mon	Moon - Clear			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				Ashvina-Puratasi			

<b>○</b>		<b>Monday, October 6, 2025</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Uttarashroshthapada/Revati Nakshatra Dhruva Yoga Visi/Bava Karana Purnimayam Titau	Gatineau, Canada Sun 27 Sutra 175
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:15PM - 2:41PM	<b>Uttarashroshthapada</b> Until 5:33PM	<b>Ganesh:</b> Clear	Sunrise: 6:05AM	Vasavasa 5:127	
Meena Rasi: 9.33	Tithi 15	Yama 10:23AM - 11:49AM	Dhruva Until 11:02PM	<b>Muruga:</b> Blue	Sunset: 5:34PM	Moon 9 - Phase 24 - 24	Purnima
<b>Family Home Evening</b>		613928573 <b>Rahu</b> 7:31AM - 8:57AM	Visi Until 12:26PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:49PM	Moon - Clear			<b>Subha Sivaloka Day</b>
				Ashvina-Puratasi			

<b>Tuesday, October 7, 2025</b>		<b>Silver Retreat Star</b>				Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati/Ashini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau	Gatineau, Canada Sun 28 Sutra 176
Makara Rasi: 24.23	Tithi 16	<b>Gulika</b> 11:49AM - 1:15PM	<b>Revati</b> Until 2:52PM	<b>Ganesh:</b> Clear	Sunrise: 6:06AM	Vasavasa 5:127	
		Yama 8:58AM - 10:23AM	Vyaghala* Until 7:06PM	<b>Muruga:</b> Blue	Sunset: 5:32PM	Moon 9 - Phase 24 - 24	Prathama
Creative Work	Siddha Yoga	613928574 <b>Rahu</b> 2:40PM - 4:06PM	Balava Until 9:10AM	<b>Nataraja:</b> Clear			
			<b>Prathama*</b> Until 7:26PM	Moon - Clear			<b>Sivaloka Day</b>
				Ashvina-Puratasi			

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

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Wednesday, October 8, 2025

Gold Retreat Star

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Butha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Hanbana/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau

Gatineau, Canada  
Sun 1 Sutra 177

Mesha Rasi: 9.23	Tithi 17 - 18	<b>Gulika</b> 10:23AM - 11:49AM	<b>Ashvini</b> Until 12:17PM	<b>Ganesh:</b> White	Sunrise: 6:07AM	Vasavasu 5:127
		<b>Yama</b> 7:33AM - 8:58AM	<b>Harsana</b> Until 3:05PM	<b>Muruga:</b> Blue	Sunset: 5:30PM	Moon 10 - Phase 25 - 1
		623928574 <b>Rahu</b> 11:49AM - 1:14PM	<b>Vanija</b> Until 2:12AM Thu	<b>Nataraja:</b> Clear		1st Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 3:56PM	<b>Moon - White:</b>		<b>Subha Sivaloka Day</b>
Until 12:17PM				<b>Ashvina-Puratasi</b>		
Then Creative Work - Siddha Yoga						

Thursday, October 9, 2025

1

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi\* Yoga Vasil\*/Bava Karana Chaturthi/Panchamyam Tilau

Gatineau, Canada  
Sun 2 Sutra 178

Mesha Rasi: 24.25	Tithi 18 - 19	<b>Gulika</b> 8:59AM - 10:24AM	<b>Bharani</b> Until 9:35AM	<b>Ganesh:</b> White	Sunrise: 6:09AM	Vasavasu 5:127
		<b>Yama</b> 6:09AM - 7:34AM	<b>Vajra*</b> Until 11:04AM	<b>Muruga:</b> Blue	Sunset: 5:28PM	Moon 10 - Phase 25 - 2
		623928574 <b>Rahu</b> 1:13PM - 2:38PM	<b>Bava</b> Until 10:49PM	<b>Nataraja:</b> Clear		1st Phase
Creative Work Siddha Yoga			<b>Tritiya</b> Until 12:28PM	<b>Moon - White:</b>		<b>Subha Sivaloka Day</b>
Until 9:35AM				<b>Ashvina-Puratasi</b>		
Then Routine Work - Marana Yoga						

Friday, October 10, 2025

2

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyolipala\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Gatineau, Canada  
Sun 3 Sutra 179

Wishabha Rasi: 9.2	Tithi 19 - 20	<b>Gulika</b> 7:34AM - 8:59AM	<b>Krittika</b> Until 6:55AM	<b>Ganesh:</b> White	Sunrise: 6:10AM	Vasavasu 5:127
		<b>Yama</b> 2:37PM - 4:02PM	<b>Siddhi</b> Until 7:13AM	<b>Muruga:</b> Blue	Sunset: 5:27PM	Moon 10 - Phase 25 - 3
		623928574 <b>Rahu</b> 10:24AM - 11:48AM	<b>Kaulava</b> Until 7:42PM	<b>Nataraja:</b> Clear		1st Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 9:12AM	<b>Moon - White:</b>		<b>Subha Sivaloka Day</b>
Until 6:55AM				<b>Ashvina-Puratasi</b>		
Then Routine Work - Marana Yoga						

Saturday, October 11, 2025

3

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Manita Vasara Yuktayam  
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Shashthyan Tilau

Gatineau, Canada  
Sun 4 Sutra 180

Wishabha Rasi: 24.01	Tithi 20 - 21	<b>Gulika</b> 6:11AM - 7:35AM	<b>Mrigashira</b> Until 3:07AM Sun	<b>Ganesh:</b> Yellow	Sunrise: 6:11AM	Vasavasu 5:127
		<b>Yama</b> 1:12PM - 2:36PM	<b>Varjyan</b> Until 12:25AM Sun	<b>Muruga:</b> Blue	Sunset: 5:26PM	Moon 10 - Phase 25 - 4
		623928574 <b>Rahu</b> 9:00AM - 10:24AM	<b>Vanija</b> Until 3:48AM Sun	<b>Nataraja:</b> Clear		1st Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 6:16AM	<b>Moon - Yellow:</b>		<b>Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>		

Sunday, October 12, 2025

4

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigaha\* Yoga Vasil\*/Bava Karana Sapthamyam Tilau

Gatineau, Canada  
Sun 5 Sutra 181

Mithuna Rasi: 8.22	Tithi 22	<b>Gulika</b> 2:35PM - 3:59PM	<b>Ardra</b> Until 1:47AM Mon	<b>Ganesh:</b> Yellow	Sunrise: 6:12AM	Vasavasu 5:127
		<b>Yama</b> 11:48AM - 1:12PM	<b>Parigaha*</b> Until 9:39PM	<b>Muruga:</b> Blue	Sunset: 5:23PM	Moon 10 - Phase 25 - 5
		623928574 <b>Rahu</b> 3:59PM - 5:23PM	<b>Visli</b> Until 2:48PM	<b>Nataraja:</b> Clear		1st Phase
Creative Work Siddha Yoga			<b>Sapthami</b> Until 1:54AM Mon	<b>Moon - Yellow:</b>		<b>Sivaloka Day</b>
Until 1:47AM Mon				<b>Ashvina-Puratasi</b>		
Then Creative Work - Amrita Yoga						

Monday, October 13, 2025

Retreat Star

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Indu Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Tilau

Gatineau, Canada  
Sun 6 Sutra 182

Mithuna Rasi: 22.2	Tithi 23	<b>Gulika</b> 1:11PM - 2:34PM	<b>Punarvasu</b> Until 1:21AM Tue	<b>Ganesh:</b> Blue	Sunrise: 6:14AM	Vasavasu 5:127
		<b>Yama</b> 10:24AM - 11:47AM	<b>Shiva</b> Until 7:23PM	<b>Muruga:</b> Blue	Sunset: 5:21PM	Moon 10 - Phase 25 - 6
		643928574 <b>Rahu</b> 7:37AM - 9:01AM	<b>Balava</b> Until 1:12PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Amrita Yoga			<b>Ashlami*</b> Until 12:38AM Tue	<b>Moon - Blue:</b>		<b>Subha Sivaloka Day</b>
Until 1:21AM Tue				<b>Ashvina-Puratasi</b>		
Then Creative Work - Siddha Yoga						

Tuesday, October 14, 2025

Retreat Star

Vasavasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamyam Tilau

Gatineau, Canada  
Sun 7 Sutra 183

Kataka Rasi: 5.55	Tithi 24	<b>Gulika</b> 11:47AM - 1:10PM	<b>Pushya</b> Until 1:26AM Wed	<b>Ganesh:</b> Blue	Sunrise: 6:15AM	Vasavasu 5:127
		<b>Yama</b> 9:01AM - 10:24AM	<b>Siddha</b> Until 5:37PM	<b>Muruga:</b> Blue	Sunset: 5:20PM	Moon 10 - Phase 25 - 7
		643928574 <b>Rahu</b> 2:33PM - 3:56PM	<b>Tailila</b> Until 12:15PM	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga			<b>Navami*</b> Until 12:01AM Wed	<b>Moon - Blue:</b>		<b>Subha Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Gatineau, Canada on 12/20/23

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<b>1</b>	<b>Wednesday, October 15, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Budha Vasara Yuktyam Gathneau, Canada Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dshanyam Titau Sun 8 Sutra 184			
	Kataka Rasi: 19.08	Tithi 25	<b>Gulika</b> 10:24AM - 11:47AM Yama 7:39AM - 9:02AM 643928574 <b>Rahu</b> 11:47AM - 1:10PM	<b>Ashlesha* Until 1:59AM Thu</b> Sadhya Until 4:23PM Vanija Until 11:58AM <b>Dashami Until 12:03AM Thu</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Blue <b>Ashvini-Puratasi</b>	Sunrise: 6:16AM Sunset: 5:08PM Moon 10 - Phase 26 - 8 2nd Phase
Creative Work Siddha Yoga Until 1:59AM Thu Then Creative Work - Amrita Yoga		<b>Subha Sivaloka Day</b>				

<b>2</b>	<b>Thursday, October 16, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Maso Krishna Paksho Guru Vasara Yuktyam Gathneau, Canada Magha* Nakshatra Sadhya/Sukla Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 185			
	Simha Rasi: 2.02	Tithi 26	<b>Gulika</b> 9:02AM - 10:24AM Yama 6:17AM - 7:40AM 653928574 <b>Rahu</b> 1:09PM - 2:31PM	<b>Magha* Until 3:25AM Fri</b> Subha Until 3:38PM Bava Until 12:19PM <b>Ekadashi* Until 12:40AM Fri</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red <b>Ashvini-Puratasi</b>	Sunrise: 6:17AM Sunset: 5:16PM Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Amrita Yoga Until 3:25AM Fri Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				

<b>3</b>	<b>Friday, October 17, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Sukra Vasara Yuktyam Gathneau, Canada Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tallita Karana Dvadashtyam Titau Sun 10 Sutra 186			
	Simha Rasi: 14.4	Tithi 27	<b>Gulika</b> 7:41AM - 9:03AM Yama 2:31PM - 3:53PM 653928574 <b>Rahu</b> 10:25AM - 11:47AM	<b>Purvaphalguni Until 5:10AM Sat</b> Sukla Until 3:16PM Kaulava Until 1:12PM <b>Dvadashti* Until 1:49AM Sat</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red <b>Ashvini-Alpasi</b>	Sunrise: 6:19AM Sunset: 5:14PM Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 5:10AM Sat Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Saturday, October 18, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Marita Vasara Yuktyam Gathneau, Canada Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 187			
	Simha Rasi: 27.05	Tithi 28	<b>Gulika</b> 6:20AM - 7:42AM Yama 1:08PM - 2:30PM 653928574 <b>Rahu</b> 9:03AM - 10:25AM	<b>Uttaraphalguni Until 7:10AM Sun</b> Brahma Until 3:17PM Gara Until 2:34PM <b>Trayodashi* Until 3:23AM Sun</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red <b>Ashvini-Alpasi</b>	Sunrise: 6:20AM Sunset: 5:13PM Moon 10 - Phase 26 - 11 2nd Phase
Routine Work Marana Yoga Until 7:10AM Sun Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Sunday, October 19, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Shrua Vasara Yuktyam Gathneau, Canada Uttaraphalguni/Hasta Nakshatra Indra/Vaidhri* Yoga Visti/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 188			
	Kanya Rasi: 9.19	Tithi 29	<b>Gulika</b> 2:29PM - 3:50PM Yama 11:46AM - 1:07PM 653928574 <b>Rahu</b> 3:50PM - 5:11PM	<b>Uttaraphalguni Until 7:10AM</b> Indra Until 3:35PM Visti Until 4:19PM <b>Chaturdashi* Until 5:18AM Mon</b>	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red <b>Ashvini-Alpasi</b>	Sunrise: 6:21AM Sunset: 5:11PM Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Amrita Yoga Until 9:48AM Then Routine Work - Prabalarishtha Yoga		<b>Sivaloka Day</b>				

<b>Monday, October 20, 2025</b>	<b>Retreat Star</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Krishna Paksho Indu Vasara Yuktyam Gathneau, Canada Hasta/Chitra Nakshatra Vaidhri* Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau Sun 13 Sutra 189			
	Kanya Rasi: 21.25	Tithi 30	<b>Gulika</b> 1:07PM - 2:28PM Yama 10:25AM - 11:46AM 664928574 <b>Rahu</b> 7:43AM - 9:04AM	<b>Hasla Until 9:48AM</b> Vaidhri* Until 4:06PM Catuspada Until 6:22PM <b>Amavasya* Until 7:28AM Tue</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green <b>Ashvini-Alpasi</b>	Sunrise: 6:23AM Sunset: 5:10PM Moon 10 - Phase 26 - 13 Amavasya
Creative Work Siddha Yoga Until 9:48AM Then Routine Work - Prabararishtha Yoga		<b>Devaloka Day</b>				

<b>Tuesday, October 21, 2025</b>	<b>Retreat Star</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Maso Sukla Paksho Mangala Vasara Yuktyam Gathneau, Canada Chitra/Sukla Nakshatra Vishkambha* Pili* Yoga Naga/Kinughna* Karana Amavasya/Pramanyam Titau Sun 14 Sutra 190			
	Tula Rasi: 3.25	Tithi 30 - 1	<b>Gulika</b> 11:46AM - 1:06PM Yama 9:05AM - 10:25AM 664928574 <b>Rahu</b> 2:27PM - 3:47PM	<b>Chitra Until 12:31PM</b> Vishkambha* Until 4:48PM Kinughna Until 8:39PM <b>Amavasya* Until 7:28AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green <b>Kartika-Alpasi</b>	Sunrise: 6:24AM Sunset: 5:08PM Moon 10 - Phase 26 - 14 Prathama
Creative Work Siddha Yoga		<b>Devaloka Day</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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<b>1</b>		<b>Wednesday, October 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishukha Nakshatra Priti/Ayushman Yogi Bava/Balava Karana Prathamadivliyyam Titau		Gatineau, Canada Sun 15	Sutra 191
Tula Rasi: 15.2	Tithi 1 – 2	<b>Gulika</b> 10:26AM – 11:46AM	<b>Svali Until 3:14PM</b>	<b>Ganesh:</b> Green	Sunrise: 6:25AM	Vasavasu 5:17	
		<b>Yama</b> 7:45AM – 9:05AM	<b>Priti Until 5:38PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:09PM	Moon 10 - Phase 27 - 15	
Creative Work	Siddha Yoga	<b>Rahu</b> 11:46AM – 1:06PM	<b>Balava Until 11:05PM</b>	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Prathama* Until 9:50AM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>		Devaloka Time: 3PM to 6PM	

<b>2</b>		<b>Thursday, October 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishukha Nakshatra Ayushman Yogi Kaulava/Taila Karana Dvitiyadivliyyam Titau		Gatineau, Canada Sun 16	Sutra 192
Tula Rasi: 27.13	Tithi 2 – 3	<b>Gulika</b> 9:06AM – 10:26AM	<b>Vishukha Until 6:22PM</b>	<b>Ganesh:</b> White	Sunrise: 6:26AM	Vasavasu 5:17	
		<b>Yama</b> 6:26AM – 7:46AM	<b>Ayushman Until 6:30PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:09PM	Moon 10 - Phase 27 - 16	
Creative Work	Siddha Yoga	<b>Rahu</b> 1:05PM – 2:25PM	<b>Taila Until 1:36AM Fri</b>	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya Until 12:19PM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>		Devaloka Time: 3PM to 6PM	

<b>3</b>		<b>Friday, October 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yogi Gara/Vanija Karana Trityachaturtham Titau		Gatineau, Canada Sun 17	Sutra 193
Wisikha Rasi: 9.04	Tithi 3 – 4	<b>Gulika</b> 7:47AM – 9:07AM	<b>Anuradha Until 9:21PM</b>	<b>Ganesh:</b> White	Sunrise: 6:28AM	Vasavasu 5:17	
		<b>Yama</b> 2:24PM – 3:44PM	<b>Saubhagya Until 7:24PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:09PM	Moon 10 - Phase 27 - 17	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:26AM – 11:45AM	<b>Vanija Until 4:06AM Sat</b>	<b>Nataraja:</b> Clear		3rd Phase	
Until 9:21PM			<b>Tritya Until 2:50PM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
Then Routine Work – Marana Yoga				<b>Kartika-Alpasi</b>		Devaloka Time: 3PM to 6PM	

<b>4</b>		<b>Saturday, October 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yogi Visi/Bava Karana Chaturthi/Panchamam Titau		Gatineau, Canada Sun 18	Sutra 194
Wisikha Rasi: 20.56	Tithi 4 – 5	<b>Gulika</b> 6:29AM – 7:48AM	<b>Jyeshtha* Until 12:05AM Sun</b>	<b>Ganesh:</b> White	Sunrise: 6:29AM	Vasavasu 5:17	
		<b>Yama</b> 1:04PM – 2:23PM	<b>Sobhana Until 8:14PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:09PM	Moon 10 - Phase 27 - 18	
Creative Work	Siddha Yoga	<b>Rahu</b> 9:07AM – 10:26AM	<b>Bava Until 6:29AM Sun</b>	<b>Nataraja:</b> Clear		3rd Phase	
Until 12:05AM Sun			<b>Chaturthi* Until 5:17PM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
Then Creative Work – Amrita Yoga				<b>Kartika-Alpasi</b>		Devaloka Time: 3PM to 6PM	

<b>5</b>		<b>Sunday, October 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Alhiganda* Yogi Kaulava/Taila Karana Shashthiyam Titau		Gatineau, Canada Sun 19	Sutra 195
Dhanus Rasi: 2.51	Tithi 5	<b>Gulika</b> 2:23PM – 3:41PM	<b>Mula* Until 2:55AM Mon</b>	<b>Ganesh:</b> Clear	Sunrise: 6:30AM	Vasavasu 5:17	
		<b>Yama</b> 11:45AM – 1:04PM	<b>Alhiganda* Until 8:54PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:09PM	Moon 10 - Phase 27 - 19	
Creative Work	Amrita Yoga	<b>Rahu</b> 3:41PM – 5:00PM	<b>Bava Until 6:29AM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Until 2:55AM Mon			<b>Panchami Until 7:33PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
Then Routine Work – Marana Yoga				<b>Kartika-Alpasi</b>			

<b>6</b>		<b>Monday, October 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yogi Kaulava/Taila Karana Shashthiyam Titau		Gatineau, Canada Sun 20	Sutra 196
Dhanus Rasi: 14.52	Tithi 6	<b>Gulika</b> 1:03PM – 2:22PM	<b>Purvashadha* Until 5:14AM Tue</b>	<b>Ganesh:</b> Clear	Sunrise: 6:30AM	Vasavasu 5:17	
<b>Family Home Evening</b>		<b>Yama</b> 10:27AM – 11:45AM	<b>Sukarma Until 9:19PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:59PM	Moon 10 - Phase 27 - 20	
Routine Work	Marana Yoga	<b>Rahu</b> 7:50AM – 9:08AM	<b>Kaulava Until 8:36AM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Until 5:14AM Tue		<b>Skanda Shashi</b>	<b>Shashthi* Until 9:29PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
Then Routine Work – Prabalarishya Yoga				<b>Kartika-Alpasi</b>			

		<b>Tuesday, October 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yogi Gara/Vanija Karana Sapthamam Titau		Gatineau, Canada Sun 21	Sutra 197
<b>Retreat Star</b>		<b>Gulika</b> 11:45AM – 1:03PM	<b>Uttarashadha Until 6:51AM Wed</b>	<b>Ganesh:</b> Clear	Sunrise: 6:33AM	Vasavasu 5:17	
Dhanus Rasi: 27.03	Tithi 7	<b>Yama</b> 9:09AM – 10:27AM	<b>Dhriti Until 9:22PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:57PM	Moon 10 - Phase 27 - 21	
Routine Work	Prabalarishya Yoga	<b>Rahu</b> 2:21PM – 3:39PM	<b>Gara Until 10:17AM</b>	<b>Nataraja:</b> Clear		3rd Phase	
Until 6:51AM Wed			<b>Sapthami Until 10:54PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
Then Creative Work – Siddha Yoga				<b>Kartika-Alpasi</b>			

<b>Wednesday, October 29, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yogi Visi/Bava Karana Ashtamam Titau		Gatineau, Canada Sun 22	Sutra 198
Makara Rasi: 9.28	Tithi 8	<b>Gulika</b> 10:27AM – 11:45AM	<b>Uttarashadha Until 6:51AM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:34AM	Vasavasu 5:17	
		<b>Yama</b> 7:52AM – 9:10AM	<b>Shula* Until 8:52PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:56PM	Moon 10 - Phase 27 - 22	
Creative Work	Amrita Yoga	<b>Rahu</b> 11:45AM – 1:03PM	<b>Visi Until 11:24AM</b>	<b>Nataraja:</b> Clear		Ashtami	
Until 6:51AM			<b>Ashlami* Until 11:39PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
Then Creative Work – Siddha Yoga				<b>Kartika-Alpasi</b>			

<b>Thursday, October 30, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yogi Balava/Kaulava Karana Navamam Titau		Gatineau, Canada Sun 23	Sutra 199
Makara Rasi: 22.11	Tithi 9	<b>Gulika</b> 9:10AM – 10:28AM	<b>Shravana Until 8:06AM</b>	<b>Ganesh:</b> Purple	Sunrise: 6:36AM	Vasavasu 5:17	
		<b>Yama</b> 6:36AM – 7:53AM	<b>Ganda* Until 7:47PM</b>	<b>Muruga:</b> Yellow	Sunset: 4:54PM	Moon 10 - Phase 27 - 23	
Creative Work	Siddha Yoga	<b>Rahu</b> 1:02PM – 2:20PM	<b>Balava Until 11:45AM</b>	<b>Nataraja:</b> Clear		Navami	
			<b>Navami* Until 11:37PM</b>	<b>Moon – Purple</b>		<b>Bhuloka Day</b>	
				<b>Kartika-Alpasi</b>		Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1</b>	<b>Friday, October 31, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Sukra Vasara Yuktyayam				Gatineau, Canada
	Dhanishtha/Shatabhishak Nakshatra Vildhi Yoga Talila/Gara Karana Dashantnyam Tilau		Sun 24		Sutra 200		
Kumbha Rasi: 5.2	Tithi 10	<b>Gulika</b> 7:54AM - 9:11AM	<b>Dhanishtha</b> Untill 8:23AM	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 6:27AM	Vasavasa 5127	
		<b>Yama</b> 2:19PM - 3:36PM	<b>Viddhi</b> Untill 6:04PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:53PM	Moon 10 - Phase 2B - 24	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 10:28AM - 11:45AM	<b>Tailila</b> Untill 11:18AM	<b>Nataraja:</b> Clear			
			<b>Dashami</b> Untill 10:44PM	<b>Moon - Purple</b>			
				<b>Karttika-Alpasi</b>			
						<b>Bhuloka Day</b>	<b>Devaloka Time: 3PM to 6PM</b>

<b>2</b>	<b>Saturday, November 1, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Menta Vasara Yuktyayam				Gatineau, Canada
	Shatabhishak/Purvashothapada/ Nakshatra Dhruva/Vyaghata/ Yoga Vanja/Visli/ Karana Ekadashyam Tilau		Sun 25		Sutra 201		
Kumbha Rasi: 18.55	Tithi 11	<b>Gulika</b> 6:38AM - 7:55AM	<b>Shatabhishak</b> Untill 7:42AM	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:38AM	Vasavasa 5127	
		<b>Yama</b> 1:01PM - 2:18PM	<b>Dhruva</b> Untill 3:39PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:51PM	Moon 10 - Phase 2B - 25	4th Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 9:12AM - 10:28AM	<b>Vanija</b> Untill 10:00AM	<b>Nataraja:</b> Clear			
Untill 7:42AM			<b>Ekadashi</b> Untill 9:02PM	<b>Moon - Purple</b>			
Then Routine Work - Marana Yoga				<b>Karttika-Alpasi</b>			
						<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, November 2, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Bhana Vasara Yuktyayam				Gatineau, Canada
	Purvashothapada/Utrasrothapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashyam Tilau		Sun 26		Sutra 202		
Meena Rasi: 3	Tithi 12	<b>Gulika</b> 2:17PM - 3:34PM	<b>Purvashothapada</b> Untill 6:33AM	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:40AM	Vasavasa 5127	
		<b>Yama</b> 11:45AM - 1:01PM	<b>Vyaghata</b> Untill 12:39PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:50PM	Moon 10 - Phase 2B - 26	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 3:34PM - 4:50PM	<b>Bava</b> Untill 7:55AM	<b>Nataraja:</b> Clear			
Untill 6:33AM			<b>Dvadashi</b> Untill 6:36PM	<b>Moon - Clear</b>			
Then Creative Work - Amrita Yoga				<b>Karttika-Alpasi</b>			
						<b>Devaloka Day</b>	

<b>4</b>	<b>Monday, November 3, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Indu Vasara Yuktyayam				Gatineau, Canada
	Revati Nakshatra Harshana/Vajra/ Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau		Sun 27		Sutra 203		
Meena Rasi: 17.32	Tithi 13 - 14	<b>Gulika</b> 1:01PM - 2:17PM	<b>Revati</b> Untill 1:55AM Tue	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:41AM	Vasavasa 5127	
<b>Family Home Evening</b>		<b>Yama</b> 10:29AM - 11:45AM	<b>Harshana</b> Untill 9:08AM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:49PM	Moon 10 - Phase 2B - 27	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 7:57AM - 9:13AM	<b>Gara</b> Untill 1:54AM Tue	<b>Nataraja:</b> Clear			
			<b>Trayodashi</b> Untill 3:34PM	<b>Moon - Clear</b>			
				<b>Karttika-Alpasi</b>			
						<b>Devaloka Day</b>	

Pradosha Vata

<b>○</b>	<b>Tuesday, November 4, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Mangala Vasara Yuktyayam				Gatineau, Canada
	<b>Copper Retreat Star</b>		Ashvini Nakshatra Siddhi Yoga Vanja/Visli/ Karana Chaturdashi/Purnimayam Tilau		Sun 28		Sutra 204
Mesha Rasi: 2.28	Tithi 14 - 15	<b>Gulika</b> 11:45AM - 1:00PM	<b>Ashvini</b> Untill 11:10PM	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 6:42AM	Vasavasa 5127	
		<b>Yama</b> 9:14AM - 10:29AM	<b>Siddhi</b> Untill 12:58AM Wed	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:47PM	Moon 10 - Phase 2B -	Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 2:16PM - 3:32PM	<b>Visli</b> Untill 10:16PM	<b>Nataraja:</b> Clear			
			<b>Chaturdashi</b> Untill 12:06PM	<b>Moon - White</b>			
				<b>Karttika-Alpasi</b>			
						<b>Sivaloka Day</b>	

<b>○</b>	<b>Wednesday, November 5, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Budha Vasara Yuktyayam				Gatineau, Canada
	<b>Silver Retreat Star</b>		Bharani Nakshatra Vyapalpa/ Yoga Bava/Balava Karana Purnima/Prathamayam Tilau		Sun 29		Sutra 205
Mesha Rasi: 17.4	Tithi 15 - 16	<b>Gulika</b> 10:30AM - 11:45AM	<b>Bharani</b> Untill 8:06PM	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 6:44AM	Vasavasa 5127	
		<b>Yama</b> 7:59AM - 9:14AM	<b>Vyapalpa</b> Untill 8:37PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:46PM	Moon 10 - Phase 2B -	Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 11:45AM - 1:00PM	<b>Balava</b> Untill 6:26PM	<b>Nataraja:</b> Clear			
Untill 8:06PM			<b>Purnima</b> Untill 8:21AM	<b>Moon - White</b>			
Then Creative Work - Amrita Yoga				<b>Karttika-Alpasi</b>			
						<b>Sivaloka Day</b>	

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam  
Kritika/Rohini Nakshatra Varjyan/Parigha\* Yoga Talila/Gara Karana Dvityayam TitauGatineau, Canada  
Sutra 206

Wishabha Rasi: 2.58 Tithi 17

Gulika 9:15AM - 10:30AM  
Yama 6:45AM - 8:00AM  
Rahu 1:00PM - 2:15PM**Kritika Until 4:55PM**Varjyan Until 4:15PM  
Talila Until 2:35PMGanesh: Clear Sunrise: 6:45AM  
Muruga: Yellow Sunset: 4:49PM  
Nataraja: ClearMoon - White  
Kartika-Alpasi**Devaloka Day**

Routine Work Marana Yoga

**1****Friday, November 7, 2025**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Shiva Yoga Vanija/Visi\* Karana Trityayam TitauGatineau, Canada  
Sun 1 Sutra 207

Wishabha Rasi: 18.11 Tithi 18

Gulika 8:01AM - 9:16AM  
Yama 2:14PM - 3:29PM  
Rahu 10:30AM - 11:45AM**Rohini Until 2:09PM**Parigha\* Until 12:02PM  
Vanija Until 10:54AM  
Trityaya Until 9:10PMGanesh: Purple Sunrise: 6:46AM  
Muruga: Yellow Sunset: 4:49PM  
Nataraja: ClearMoon - Yellow  
Kartika-Alpasi**Sivaloka Day**

Routine Work Marana Yoga

Until 2:09PM

Then Creative Work Siddha Yoga

**2****Saturday, November 8, 2025**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam  
Migashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaluriyam TitauGatineau, Canada  
Sun 2 Sutra 208

Mihuna Rasi: 3.11 Tithi 19

Gulika 6:48AM - 8:02AM  
Yama 12:59PM - 2:14PM  
Rahu 9:16AM - 10:31AM**Mrigashira Until 11:38AM**Shiva Until 8:07AM  
Bava Until 7:33AM  
Chalurihi\* Until 6:02PMGanesh: Purple Sunrise: 6:48AM  
Muruga: Yellow Sunset: 4:49PM  
Nataraja: ClearMoon - Yellow  
Kartika-Alpasi**Sivaloka Day**

Creative Work Siddha Yoga

**3****Sunday, November 9, 2025**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Talila/Gara Karana Panchami/Shashthiyam TitauGatineau, Canada  
Sun 3 Sutra 209

Mihuna Rasi: 17.49 Tithi 20 - 21

Gulika 2:13PM - 3:27PM  
Yama 11:45AM - 12:59PM  
Rahu 3:27PM - 4:41PM**Ardra Until 9:30AM**Sadhya Until 1:35AM Mon  
Gara Until 2:29AM Mon  
Panchami Until 3:29PMGanesh: Purple Sunrise: 6:49AM  
Muruga: Yellow Sunset: 4:49PM  
Nataraja: ClearMoon - Yellow  
Kartika-Alpasi**Sivaloka Day**

Creative Work Siddha Yoga

**4****Monday, November 10, 2025**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visi\* Karana Shashthi/Saptamyam TitauGatineau, Canada  
Sun 4 Sutra 210

Kataka Rasi: 1.59 Tithi 21 - 22

**Family Home Evening**

Creative Work Amrita Yoga

Until 8:18AM

Then Creative Work Siddha Yoga

745138574 Rahu 8:04AM - 9:18AM

**Punarvasu Until 8:18AM**Subha Until 11:13PM  
Visi Until 1:02AM Tue  
Shashthi\* Until 1:38PMGanesh: Clear Sunrise: 6:50AM  
Muruga: Yellow Sunset: 4:49PM  
Nataraja: ClearMoon - Blue  
Kartika-Alpasi**Devaloka Day****D****Tuesday, November 11, 2025****Retreat Star**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam TitauGatineau, Canada  
Sun 5 Sutra 211

Kataka Rasi: 15.41 Tithi 22 - 23

Gulika 11:45AM - 12:59PM  
Yama 9:18AM - 10:32AM  
Rahu 2:12PM - 3:26PM**Pushya Until 7:45AM**Sukla Until 9:27PM  
Balava Until 12:25AM Wed  
Saptami Until 12:36PMGanesh: White Sunrise: 6:52AM  
Muruga: Yellow Sunset: 4:39PM  
Nataraja: ClearMoon - Blue  
Kartika-Alpasi**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Creative Work Siddha Yoga

**Wednesday, November 12, 2025****Retreat Star**Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam  
Ashlesha/Magha\* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamyam TitauGatineau, Canada  
Sun 6 Sutra 212

Kataka Rasi: 28.55 Tithi 23 - 24

Gulika 10:32AM - 11:45AM  
Yama 8:06AM - 9:19AM  
Rahu 11:45AM - 12:59PM**Ashlesha\* Until 7:51AM**Brahma Until 8:22PM  
Tailila Until 12:37AM Thu  
Ashtami\* Until 12:24PMGanesh: White Sunrise: 6:53AM  
Muruga: Yellow Sunset: 4:39PM  
Nataraja: ClearMoon - Blue  
Kartika-Alpasi**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Creative Work Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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<b>1</b>		<b>Thursday, November 13, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaahalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashashyam Titau	Gatineau, Canada Sun 7	Sutra 213 Sutra 217
Simha Rasi: 11.43	Tithi 24 – 25	<b>Gulika</b> 9:20AM – 10:33AM Yama 6:54AM – 8:07AM	<b>Magha* Until 9:03AM</b> Indra Until 7:53PM Vanija Until 1:35AM Fri	<b>Ganesha: Yellow</b> <b>Muruga: Yellow</b> <b>Nataraja: Clear</b>	<b>Sunrise: 6:54AM</b> <b>Sunset: 4:37PM</b>	Moon 11 - Phase 30 - 7 2nd Phase	<b>Devaloka Day</b>	
Creative Work	Amrita Yoga	756138574	<b>Rahu</b> 12:58PM – 2:11PM	<b>Navami* Until 1:00PM</b> Kartika-Alpasi				
Until 9:03AM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, November 14, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satra Vasara Yuktayam Purvaahalguni/Uttaraahalguni Nakshatra Vaidhri* Yoga Vist/Bara Karana Dashami/Edashayam Titau	Gatineau, Canada Sun 8	Sutra 214 Sutra 5127
Simha Rasi: 24.12	Tithi 25 – 26	<b>Gulika</b> 8:08AM – 9:21AM Yama 2:11PM – 3:23PM	<b>Purvaahalguni Until 10:47AM</b> Vaidhri* Until 7:52PM Bava Until 3:10AM Sat	<b>Ganesha: Yellow</b> <b>Muruga: Yellow</b> <b>Nataraja: Clear</b>	<b>Sunrise: 6:56AM</b> <b>Sunset: 4:39PM</b>	Moon 11 - Phase 30 - 8 2nd Phase	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	756138574	<b>Rahu</b> 10:33AM – 11:46AM	<b>Dashami Until 2:17PM</b> Kartika-Alpasi				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Saturday, November 15, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manta Vasara Yuktayam Uttaraahalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadasayam Titau	Gatineau, Canada Sun 9	Sutra 215 Sutra 5127
Kanya Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 6:57AM – 8:09AM Yama 2:11PM – 3:23PM	<b>Uttaraahalguni Until 12:53PM</b> Vishkamba* Until 8:15PM Kaulava Until 5:13AM Sun	<b>Ganesha: Yellow</b> <b>Muruga: Yellow</b> <b>Nataraja: Clear</b>	<b>Sunrise: 6:57AM</b> <b>Sunset: 4:39PM</b>	Moon 11 - Phase 30 - 9 2nd Phase	<b>Devaloka Day</b>	
Routine Work	Marana Yoga	756138574	<b>Rahu</b> 9:21AM – 10:34AM	<b>Ekadashi* Until 4:08PM</b> Kartika-Alpasi				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Sunday, November 16, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Talila Karana Dvadasayam Titau	Gatineau, Canada Sun 10	Sutra 216 Sutra 5127
Kanya Rasi: 18.29	Tithi 27	<b>Gulika</b> 2:10PM – 3:22PM Yama 11:46AM – 12:58PM	<b>Hasla Until 3:42PM</b> Pili Until 8:54PM Talila Until 6:20PM	<b>Ganesha: Yellow</b> <b>Muruga: Yellow</b> <b>Nataraja: Purple</b>	<b>Sunrise: 6:58AM</b> <b>Sunset: 4:39PM</b>	Moon 11 - Phase 30 - 10 2nd Phase	<b>Sivaloka Day</b>	
Creative Work	Amrita Yoga	766238575	<b>Rahu</b> 3:22PM – 4:34PM	<b>Dvadasahi* Until 6:20PM</b> Kartika-Kartikai				
Until 3:42PM								
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Monday, November 17, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau	Gatineau, Canada Sun 11	Sutra 217 Sutra 5127
Tula Rasi: 0.26	Tithi 28	<b>Gulika</b> 12:58PM – 2:10PM Yama 10:35AM – 11:46AM	<b>Chitra Until 6:34PM</b> Ayushman Until 9:40PM Gara Until 7:33AM	<b>Ganesha: Yellow</b> <b>Muruga: Yellow</b> <b>Nataraja: Purple</b>	<b>Sunrise: 7:00AM</b> <b>Sunset: 4:38PM</b>	Moon 11 - Phase 30 - 11 2nd Phase	<b>Sivaloka Day</b>	
Family Home Evening	Prabalarishta Yoga	766238575	<b>Rahu</b> 8:11AM – 9:23AM	<b>Trayodashi* Until 8:46PM</b> Kartika-Kartikai				
Routine Work								
Until 6:34PM								
Then Creative Work - Amrita Yoga								
<i>Pradosha Vrata (Fasting)</i>								

<b>6</b>		<b>Tuesday, November 18, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Gatineau, Canada Sun 12	Sutra 218 Sutra 5127
Tula Rasi: 12.19	Tithi 29	<b>Gulika</b> 11:46AM – 12:58PM Yama 9:24AM – 10:35AM	<b>Svali Until 9:21PM</b> Saubhagya Until 10:31PM Visti Until 10:02AM	<b>Ganesha: Blue</b> <b>Muruga: Yellow</b> <b>Nataraja: Purple</b>	<b>Sunrise: 7:01AM</b> <b>Sunset: 4:39PM</b>	Moon 11 - Phase 30 - 12 2nd Phase	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	767238575	<b>Rahu</b> 2:09PM – 3:21PM	<b>Chaturdashahi* Until 11:17PM</b> Kartika-Kartikai				
Until 9:21PM								
Then Routine Work - Marana Yoga								

<b>●</b>		<b>Wednesday, November 19, 2025</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Titau	Gatineau, Canada Sun 13	Sutra 219 Sutra 5127
Tula Rasi: 24.11	Tithi 30	<b>Gulika</b> 10:36AM – 11:47AM Yama 8:13AM – 9:24AM	<b>Vishakha Until 12:29AM Thu</b> Sobhana Until 11:24PM Caluspada Until 12:34PM	<b>Ganesha: Blue</b> <b>Muruga: Yellow</b> <b>Nataraja: Purple</b>	<b>Sunrise: 7:03AM</b> <b>Sunset: 4:39PM</b>	Moon 11 - Phase 30 - 13 Amavasya	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	777238575	<b>Rahu</b> 11:47AM – 12:58PM	<b>Amavasya* Until 1:48AM Thu</b> Kartika-Kartikai				
Then Routine Work - Marana Yoga								

<b>Thursday, November 20, 2025</b>		<b>Retreat Star</b>				Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Sula Paksha Guru Vasara Yuktayam Anuradha Nakshatra Abhiganda* Yoga Kintughna/Bava Karana Prathamayam Titau	Gatineau, Canada Sun 14	Sutra 220 Sutra 5127
Vishcha Rasi: 6.03	Tithi 1	<b>Gulika</b> 9:25AM – 10:36AM Yama 7:04AM – 8:14AM	<b>Anuradha Until 3:24AM Fri</b> Abhiganda* Until 12:12AM Fri Kintughna Until 3:05PM	<b>Ganesha: Blue</b> <b>Muruga: Yellow</b> <b>Nataraja: Purple</b>	<b>Sunrise: 7:04AM</b> <b>Sunset: 4:39PM</b>	Moon 11 - Phase 30 - 14 Prathama	<b>Devaloka Day</b>	
Creative Work	Siddha Yoga	777238575	<b>Rahu</b> 12:58PM – 2:09PM	<b>Prathama* Until 4:17AM Fri</b> Margasira-Kartikai				
Until 3:24AM Fri								
Then Routine Work - Marana Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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<b>1 Friday, November 21, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktyam Gathneau, Canada Jyeshtha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvityayam Titau Sun 15 Sutra 221				
Wischika Rasi: 17.56	Tithi 2	<b>Gulika</b> 8:15AM - 9:26AM	<b>Jyeshtha* Untill 6:04AM Sat</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:05AM	<b>Vaswasa:</b> 5:17
		<b>Yama</b> 2:08PM - 3:19PM	<b>Sukarma Untill 12:57AM Sat</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:30PM	<b>Moon 11 - Phase:</b> 31 - 15
Routine Work	Marana Yoga	<b>Rahu</b> 10:37AM - 11:47AM	<b>Balava Untill 5:30PM</b>	<b>Nataraja:</b> Purple		<b>3rd Phase</b>
Untill 6:04AM Sat			<b>Dvitiya Untill 6:39AM Sat</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		

<b>2 Saturday, November 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantia Vasara Yuktyam Gathneau, Canada Jyeshtha* Mula* Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvityayam Titau Sun 16 Sutra 222				
Wischika Rasi: 29.52	Tithi 2 - 3	<b>Gulika</b> 7:06AM - 8:16AM	<b>Jyeshtha* Untill 6:04AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:06AM	<b>Vaswasa:</b> 5:17
		<b>Yama</b> 12:58PM - 2:08PM	<b>Dhriti Untill 1:36AM Sun</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	<b>Moon 11 - Phase:</b> 31 - 12
Routine Work	Siddha Yoga	<b>Rahu</b> 9:27AM - 10:37AM	<b>Talita Untill 7:49PM</b>	<b>Nataraja:</b> Purple		<b>3rd Phase</b>
			<b>Dvitiya Untill 6:39AM</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>3 Sunday, November 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktyam Gathneau, Canada Mula*Purvashadha* Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau Sun 17 Sutra 223				
Dhanus Rasi: 11.52	Tithi 3 - 4	<b>Gulika</b> 2:08PM - 3:18PM	<b>Mula* Untill 8:55AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:07AM	<b>Vaswasa:</b> 5:17
		<b>Yama</b> 11:48AM - 12:58PM	<b>Shula* Untill 2:04AM Mon</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	<b>Moon 11 - Phase:</b> 31 - 17
Routine Work	Amrita Yoga	<b>Rahu</b> 3:18PM - 4:28PM	<b>Vanija Untill 9:55PM</b>	<b>Nataraja:</b> Purple		<b>3rd Phase</b>
Untill 8:55AM			<b>Tritiya Untill 8:52AM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		

<b>4 Monday, November 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktyam Gathneau, Canada Purvashadha*Uttarashadha* Nakshatra Ganda* Yoga Vasi*Bava Karana Chaturthi/Panchamam Titau Sun 18 Sutra 224				
Dhanus Rasi: 23.56	Tithi 4 - 5	<b>Gulika</b> 12:58PM - 2:08PM	<b>Purvashadha* Untill 11:21AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:09AM	<b>Vaswasa:</b> 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:38AM - 11:48AM	<b>Ganda* Untill 2:18AM Tue</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:27PM	<b>Moon 11 - Phase:</b> 31 - 18
Routine Work	Marana Yoga	<b>Rahu</b> 8:18AM - 9:28AM	<b>Bava Untill 11:44PM</b>	<b>Nataraja:</b> Purple		<b>3rd Phase</b>
			<b>Chaturthi* Untill 10:51AM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>5 Tuesday, November 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktyam Gathneau, Canada Uttarashadha*Shravana* Nakshatra Vidha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau Sun 19 Sutra 225				
Makara Rasi: 6.1	Tithi 5 - 6	<b>Gulika</b> 11:48AM - 12:58PM	<b>Uttarashadha Untill 1:18PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:10AM	<b>Vaswasa:</b> 5:17
		<b>Yama</b> 9:29AM - 10:39AM	<b>Vidhhi Untill 2:14AM Wed</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:27PM	<b>Moon 11 - Phase:</b> 31 - 19
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 2:08PM - 3:17PM	<b>Kaulava Untill 1:07AM Wed</b>	<b>Nataraja:</b> Purple		<b>3rd Phase</b>
Untill 1:18PM			<b>Panchami Untill 12:28PM</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		

<b>6 Wednesday, November 26, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktyam Gathneau, Canada Shravana*Shashthihak* Nakshatra Dhruva* Yoga Talita/Gara Karana Shashthi/Saptamam Titau Sun 20 Sutra 226				
Makara Rasi: 18.34	Tithi 6 - 7	<b>Gulika</b> 10:39AM - 11:49AM	<b>Shravana Untill 3:05PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:11AM	<b>Vaswasa:</b> 5:17
		<b>Yama</b> 8:20AM - 9:30AM	<b>Dhruva Untill 1:41AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:26PM	<b>Moon 11 - Phase:</b> 31 - 20
Routine Work	Siddha Yoga	<b>Rahu</b> 11:49AM - 12:58PM	<b>Gara Untill 1:56AM Thu</b>	<b>Nataraja:</b> Purple		<b>3rd Phase</b>
Untill 3:05PM			<b>Shashthi* Untill 1:35PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Margasira-Karttikai</b>		

<b>Thursday, November 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktyam Gathneau, Canada Dhanishtha*Shashthihak* Nakshatra Vyaghata* Yoga Vanija/Visi* Karana Saptami/Ashthamam Titau Sun 21 Sutra 227				
<b>Retreat Star</b>		<b>Gulika</b> 9:31AM - 10:40AM	<b>Dhanishtha Untill 4:05PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:12AM	<b>Vaswasa:</b> 5:17
Kumbha Rasi: 1.14	Tithi 7 - 8	<b>Yama</b> 7:12AM - 8:21AM	<b>Vyaghata* Untill 12:38AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:26PM	<b>Moon 11 - Phase:</b> 31 - 21
Routine Work	Siddha Yoga	<b>Rahu</b> 12:58PM - 2:07PM	<b>Visi Untill 2:04AM Fri</b>	<b>Nataraja:</b> Purple		<b>Ashtami</b>
			<b>Saptami Untill 2:05PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>Friday, November 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktyam Gathneau, Canada Shatabhishak*Purvashadha* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamam Titau Sun 22 Sutra 228				
<b>Retreat Star</b>		<b>Gulika</b> 8:22AM - 9:31AM	<b>Shatabhishak Untill 4:13PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:13AM	<b>Vaswasa:</b> 5:17
Kumbha Rasi: 14.14	Tithi 8 - 9	<b>Yama</b> 2:07PM - 3:16PM	<b>Harshana Untill 10:59PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:25PM	<b>Moon 11 - Phase:</b> 31 - 22
Routine Work	Siddha Yoga	<b>Rahu</b> 10:40AM - 11:49AM	<b>Balava Untill 1:25AM Sat</b>	<b>Nataraja:</b> Purple		<b>Navami</b>
			<b>Ashlami* Untill 1:49PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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<b>1 Saturday, November 29, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Salka Paksha Manta Vasara Yuktayam Puravproshthapada/Uttaraproshtapada Nakshatra Vajra Yoga Kaulava/Taila Karana Navami/Dashmyam Tilau				Gatineau, Canada Sun 23 Sutra 229
Kumbha Rasi: 27.4	Tithi 9 – 10	<b>Gulika</b> 7:15AM – 8:23AM	<b>Puravproshthapada* Uttaraproshtapada</b> Until 3:53PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:15AM <b>Sunset:</b> 4:29PM	Vasavasu 5127 Moon 11 - Phase 32 - 23 4th Phase
Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga		<b>Yama</b> 12:58PM – 2:07PM	<b>Vajra* Taila</b> Until 8:42PM Until 11:59PM	<b>Subha Sivaloka Day</b>		
		<b>Rahu</b> 9:32AM – 10:41AM	<b>Navami* Uttil</b> 12:47PM	<b>Margasira-Karttikai</b>		

<b>2 Sunday, November 30, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Salka Paksha Bharu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Vyalipala* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Tilau				Gatineau, Canada Sun 24 Sutra 230
Mesha Rasi: 11.32	Tithi 10 – 11	<b>Gulika</b> 2:07PM – 3:16PM	<b>Uttaraproshtapada</b> Until 2:39PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:16AM <b>Sunset:</b> 4:24PM	Vasavasu 5127 Moon 11 - Phase 32 - 24 4th Phase
Creative Work Amrita Yoga		<b>Yama</b> 11:50AM – 12:59PM	<b>Siddhi</b> Until 5:49PM Until 9:49PM	<b>Subha Sivaloka Day</b>		
		<b>Rahu</b> 3:16PM – 4:24PM	<b>Vanija</b> Until 9:49PM	<b>Margasira-Karttikai</b>		
		<b>Gita Jayanthi</b>	<b>Dashami</b> Until 10:58AM			

<b>3 Monday, December 1, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Salka Paksha Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyalipala* Varyan Yoga Vesi/Bava Karana Ekadashi/Dwadashmyam Tilau				Gatineau, Canada Sun 25 Sutra 231
Mesha Rasi: 25.53	Tithi 11 – 12	<b>Gulika</b> 12:59PM – 2:07PM	<b>Revati</b> Until 12:36PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 4:24PM	Vasavasu 5127 Moon 11 - Phase 32 - 25 4th Phase
Family Home Evening Creative Work Siddha Yoga		<b>Yama</b> 11:50AM – 12:59PM	<b>Vyalipala* Bava</b> Until 7:00PM Until 8:28AM	<b>Sivaloka Day</b>		
		<b>Rahu</b> 8:25AM – 9:34AM	<b>Ekadashi</b> Until 8:28AM	<b>Margasira-Karttikai</b>		

<b>4 Tuesday, December 2, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Salka Paksha Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigraha* Yoga Kaulava/Taila Karana Trayodashmyam Tilau				Gatineau, Canada Sun 26 Sutra 232
Mesha Rasi: 10.39	Tithi 13	<b>Gulika</b> 11:51AM – 12:59PM	<b>Ashvini</b> Until 10:17AM	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:24PM	Vasavasu 5127 Moon 11 - Phase 32 - 26 4th Phase
Creative Work Siddha Yoga		<b>Yama</b> 9:34AM – 10:43AM	<b>Varyan</b> Until 10:34AM Until 3:42PM	<b>Devaloka Day</b>		
		<b>Rahu</b> 2:07PM – 3:15PM	<b>Kaulava</b> Until 3:42PM	<b>Margasira-Karttikai</b>		
		<b>Trayodashi</b> Until 1:53AM Wed				
		<i>Pradosha Vata</i>				

<b>5 Wednesday, December 3, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Salka Paksha Rudra Vasara Yuktayam Bharani/Krittika Nakshatra Parigraha*/Shiva Yoga Gara/Vanija Karana Chaturdashmyam Tilau				Gatineau, Canada Sun 27 Sutra 233
Mesha Rasi: 25.44	Tithi 14	<b>Gulika</b> 10:43AM – 11:51AM	<b>Bharani</b> Until 7:27AM	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:23PM	Vasavasu 5127 Moon 11 - Phase 32 - 27 4th Phase
Creative Work Siddha Yoga Until 7:27AM Then Creative Work - Amrita Yoga		<b>Yama</b> 8:27AM – 9:35AM	<b>Parigraha* Gara</b> Until 12:02PM Until 10:07PM	<b>Devaloka Day</b>		
		<b>Rahu</b> 11:51AM – 12:59PM	<b>Chaturdashi* Uttil</b> 10:07PM	<b>Margasira-Karttikai</b>		
		<b>Krittika Deepam</b>				

<b>Thursday, December 4, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Salka Paksha Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vesi/Bava Karana Purnimayam Tilau				Gatineau, Canada Sun 28 Sutra 234
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:36AM – 10:44AM	<b>Rohini</b> Until 1:19AM Fri	<b>Ganesh:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:23PM	Vasavasu 5127 Moon 11 - Phase 32 - 28 Purnima
Wishahba Rasi: 11.01 Tithi 15		<b>Yama</b> 7:20AM – 8:28AM	<b>Siddha</b> Until 9:39PM Until 8:13AM	<b>Sivaloka Day</b>		
Routine Work Marana Yoga Until 1:19AM Fri Then Creative Work - Siddha Yoga		<b>Rahu</b> 12:59PM – 2:07PM	<b>Visi</b> Until 8:13AM <b>Purnima* Uttil</b> 6:16PM	<b>Margasira-Karttikai</b>		

<b>Friday, December 5, 2025</b>		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam Tilau				Gatineau, Canada Sun 29 Sutra 235
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:29AM – 9:37AM	<b>Mrigashira</b> Until 10:23PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:23PM	Vasavasu 5127 Moon 11 - Phase 32 - 29 Prathama
Wishahba Rasi: 26.18 Tithi 16 – 17		<b>Yama</b> 2:07PM – 3:15PM	<b>Sadya</b> Until 5:22PM Until 12:45AM Sat	<b>Sivaloka Day</b>		
Creative Work Siddha Yoga		<b>Rahu</b> 10:44AM – 11:52AM	<b>Taila</b> Until 12:45AM Sat <b>Prathama* Uttil</b> 2:31PM	<b>Margasira-Karttikai</b>		
		<b>Vinayaga Viratam Begins</b>				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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Saturday, December 6, 2025

Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam

Gatineau, Canada

Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tilayam Titau

Sun 1 Sutra 236

Mithuna Rasi: 11:25 Tithi 17 - 18

Gulika 7:22AM - 8:30AM

Ardra Until 7:41PM

Ganesh: Yellow Sunrise: 7:23AM

Vasavasu 5:17

749238575 Yama 1:00PM - 2:08PM

Rahu 9:37AM - 10:45AM

Subha Until 1:21PM

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 1

Creative Work Siddha Yoga

Nataraja: Purple

1st Phase

Moon - Yellow

Sivaloka Day

Margasira-Kartikaki

Dvitiya Until 11:03AM

1 Sunday, December 7, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bharu Vasara Yuktyam

Gatineau, Canada

Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Visi/Basa Karana Tritiya/Chatuর্থyam Titau

Sun 2 Sutra 237

Mithuna Rasi: 26:13 Tithi 18 - 19

Gulika 2:08PM - 3:15PM

Punarvasu Until 5:46PM

Ganesh: Blue Sunrise: 7:23AM

Vasavasu 5:17

749238575 Yama 11:53AM - 1:00PM

Rahu 3:15PM - 4:22PM

Sukla Until 9:41AM

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 2

Creative Work Siddha Yoga

Nataraja: Purple

1st Phase

Moon - Blue

Devaloka Day

Margasira-Kartikaki

Tritiya Until 8:01AM

2 Monday, December 8, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam

Gatineau, Canada

Pushya/Ashlesha Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Panchamiam Titau

Sun 3 Sutra 238

Kataka Rasi: 10:35 Tithi 20

Gulika 1:01PM - 2:08PM

Pushya Until 4:24PM

Ganesh: Blue Sunrise: 7:24AM

Vasavasu 5:17

749238575 Yama 10:46AM - 11:53AM

Rahu 8:32AM - 9:39AM

Brahma Until 6:33AM

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 3

Creative Work Siddha Yoga

Nataraja: Purple

1st Phase

Moon - Blue

Devaloka Day

Margasira-Kartikaki

Panchami Until 4:00AM Tue

3 Tuesday, December 9, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam

Gatineau, Canada

Ashlesha/Magha Nakshatra Vaidhiti Yoga Gara/Vanija Karana Shashthiyam Titau

Sun 4 Sutra 239

Kataka Rasi: 24:27 Tithi 21

Gulika 11:54AM - 1:01PM

Ashlesha Until 3:42PM

Ganesh: White Sunrise: 7:25AM

Vasavasu 5:17

741238575 Yama 9:39AM - 10:47AM

Rahu 2:08PM - 3:15PM

Vaidhiti Until 2:12AM Wed

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 4

Creative Work Siddha Yoga

Nataraja: Purple

1st Phase

Moon - Blue

Devaloka Day

Margasira-Kartikaki

Gara Until 3:32PM

Shashthi Until 3:15AM Wed

4 Wednesday, December 10, 2025

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam

Gatineau, Canada

Magha/Vishkambha Nakshatra Vishkambha Yoga Visi/Bava Karana Sapthamiam Titau

Sun 5 Sutra 240

Simha Rasi: 7:48 Tithi 22

Gulika 10:47AM - 11:54AM

Magha Until 4:10PM

Ganesh: Clear Sunrise: 7:26AM

Vasavasu 5:17

751238575 Yama 8:33AM - 9:40AM

Rahu 11:54AM - 1:01PM

Vishkambha Until 1:05AM Thu

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 5

Creative Work Siddha Yoga

Nataraja: Purple

1st Phase

Moon - Red

Sivaloka Day

Margasira-Kartikaki

Visi Until 3:14PM

Saptami Until 3:24AM Thu

Thursday, December 11, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Guru Vasara Yuktyam

Gatineau, Canada

Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamiam Titau

Sun 6 Sutra 241

Simha Rasi: 20:41 Tithi 23

Gulika 9:41AM - 10:48AM

Purvaphalguni Until 5:22PM

Ganesh: Purple Sunrise: 7:27AM

Vasavasu 5:17

751338575 Yama 7:27AM - 8:34AM

Rahu 1:02PM - 2:09PM

Priti Until 12:39AM Fri

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 6

Creative Work Siddha Yoga

Nataraja: Purple

Ashtami

Moon - Red

Subha Sivaloka Day

Margasira-Kartikaki

Balava Until 3:50PM

Ashlami Until 4:25AM Fri

Friday, December 12, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam

Gatineau, Canada

Uttaraphalguni Nakshatra Ayushman Yoga Taila/Gara Karana Navamiam Titau

Sun 7 Sutra 242

Kanya Rasi: 3:11 Tithi 24

Gulika 8:35AM - 9:42AM

Uttaraphalguni Until 7:08PM

Ganesh: Purple Sunrise: 7:28AM

Vasavasu 5:17

751338575 Yama 2:09PM - 3:16PM

Rahu 10:48AM - 11:55AM

Ayushman Until 12:44AM Sat

Muruga: Yellow Sunset: 4:29PM

Moon 12 - Phase 33 - 7

Creative Work Siddha Yoga

Nataraja: Purple

Navami

Moon - Red

Subha Sivaloka Day

Margasira-Kartikaki

Taila Until 5:13PM

Navami Until 6:08AM Sat

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>		<b>Saturday, December 13, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mania Vasara Yuktyam Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Gatineau, Canada Sun 8	Sutra 243 Vasvasu 5127
Kanya Rasi: 15.24	Tithi 24 – 25	<b>Gulika</b> 7:29AM – 8:35AM	<b>Hasla Untill 9:49PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 12 2nd Phase
Routine Work	Marana Yoga	<b>Yama</b> 1:02PM – 2:09PM	<b>Saubhagya Untill 1:15AM Sun</b> Vanija Untill 7:14PM	<b>Margasira-Kartikali</b>		<b>Sivaloka Day</b>
		<b>Rahu</b> 9:42AM – 10:49AM	<b>Navami* Untill 6:08AM</b>			

<b>2</b>		<b>Sunday, December 14, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhamu Vasara Yuktyam Hashta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Dvadashyam Titau	Gatineau, Canada Sun 9	Sutra 244 Vasvasu 5127
Kanya Rasi: 27.24	Tithi 25 – 26	<b>Gulika</b> 2:09PM – 3:16PM	<b>Chitra Untill 12:40AM Mon</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:29AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 12 2nd Phase
Creative Work	Siddha Yoga	<b>Yama</b> 11:56AM – 1:03PM	<b>Sobhana Untill 2:02AM Mon</b> Bava Untill 9:38PM	<b>Margasira-Kartikali</b>		<b>Sivaloka Day</b>
Then Routine Work	Mon	<b>Rahu</b> 3:16PM – 4:23PM	<b>Dashami Untill 8:23AM</b>			

<b>3</b>		<b>Monday, December 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vasara Yuktyam Svali Nakshatra Ahiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Gatineau, Canada Sun 10	Sutra 245 Vasvasu 5127
Tula Rasi: 9.17	Tithi 26 – 27	<b>Gulika</b> 1:03PM – 2:10PM	<b>Svali Untill 3:31AM Tue</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 12 2nd Phase
Family Home Evening	Amrita Yoga	<b>Yama</b> 10:50AM – 11:57AM	<b>Ahiganda* Untill 2:54AM Tue</b> Kaulava Untill 12:13AM Tue	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
Creative Work	Amrita Yoga	<b>Rahu</b> 8:37AM – 9:43AM	<b>Ekadashi* Untill 10:54AM</b>			
Untill 3:31AM Tue						
Then Routine Work	Marana Yoga					

<b>4</b>		<b>Tuesday, December 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vasara Yuktyam Svali Nakshatra Sukama Yoga Talila/Gara Karana Dvadashti/Trajodasyam Titau	Gatineau, Canada Sun 11	Sutra 246 Vasvasu 5127
Tula Rasi: 21.08	Tithi 27 – 28	<b>Gulika</b> 11:57AM – 1:04PM	<b>Vishakha Untill 6:42AM Wed</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:31AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 12 2nd Phase
Routine Work	Marana Yoga	<b>Yama</b> 9:44AM – 10:51AM	<b>Sukama Untill 3:46AM Wed</b> Gara Untill 2:49AM Wed	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
Untill 6:42AM Wed		<b>Rahu</b> 2:10PM – 3:17PM	<b>Dvadashti* Untill 1:30PM</b>			
Then Creative Work	Siddha Yoga					

<b>5</b>		<b>Wednesday, December 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Butha Vasara Yuktyam Vishakha/Anuradha Nakshatra Dhriti Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau	Gatineau, Canada Sun 12	Sutra 247 Vasvasu 5127
Wisshika Rasi: 2.59	Tithi 28 – 29	<b>Gulika</b> 10:51AM – 11:58AM	<b>Vishakha Untill 6:42AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 12 2nd Phase
Creative Work	Siddha Yoga	<b>Yama</b> 8:38AM – 9:45AM	<b>Dhriti Untill 4:35AM Thu</b> Visi Untill 5:19AM Thu	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
Untill 9:35AM		<b>Rahu</b> 11:58AM – 1:04PM	<b>Trayodashi* Untill 4:04PM</b>			
Then Routine Work						

<b>6</b>		<b>Thursday, December 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vasara Yuktyam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Caluspada*/Naga* Karana Amavasyayam Titau	Gatineau, Canada Sun 13	Sutra 248 Vasvasu 5127
Wisshika Rasi: 14.52	Tithi 29	<b>Gulika</b> 9:45AM – 10:52AM	<b>Anuradha Untill 9:35AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 12 2nd Phase
Creative Work	Siddha Yoga	<b>Yama</b> 7:32AM – 8:39AM	<b>Shula* Untill 5:13AM Fri</b> Sakuni Untill 6:28PM	<b>Margasira-Markali</b>		<b>Sivaloka Day</b>
Untill 9:35AM		<b>Rahu</b> 1:05PM – 2:11PM	<b>Chaturdash* Untill 6:28PM</b>			
Then Routine Work	Prabalarishtha Yoga					

<b>●</b>		<b>Friday, December 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vasara Yuktyam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Caluspada*/Naga* Karana Amavasyayam Titau	Gatineau, Canada Sun 14	Sutra 249 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 8:39AM – 9:46AM	<b>Jyeshtha* Untill 12:08PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 14 Amavasya
Wisshika Rasi: 26.5	Tithi 30	<b>Yama</b> 2:11PM – 3:18PM	<b>Ganda* Untill 5:43AM Sat</b> Caluspada Untill 7:37AM	<b>Margasira-Markali</b>		<b>Devaloka Day</b>
Routine Work	Marana Yoga	<b>Rahu</b> 10:52AM – 11:59AM	<b>Amavasya* Untill 8:41PM</b>			
Untill 12:08PM						
Then Creative Work	Amrita Yoga					

<b>●</b>		<b>Saturday, December 20, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mania Vasara Yuktyam Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Gatineau, Canada Sun 15	Sutra 250 Vasvasu 5127
<b>Retreat Star</b>		<b>Gulika</b> 7:34AM – 8:40AM	<b>Mula* Untill 2:48PM</b>	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 7:34AM <b>Sunset:</b> 4:29PM	Moon 12 - Phase 34 - 15 Prathama
Dhanus Rasi: 8.53	Tithi 1	<b>Yama</b> 1:06PM – 2:12PM	<b>Widdhi Untill 6:02AM Sun</b> Kintughna Untill 9:43AM	<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 9:46AM – 10:53AM	<b>Prathama* Untill 10:38PM</b>			
Untill 12:08PM						
Then Creative Work						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswastu Nama Samvatsara Dakshinyaga Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vesara Yuktayam Purvashada/Uttarashada Nakshatra Vidhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Titau				Gatineau, Canada Sun 16 Sutra 251
Dhanus Rasi: 21.02	Tilthi 2	<b>Gulika</b> 2:12PM – 3:19PM	<b>Purvashada* Until 5:02PM</b>	<b>Ganesh:</b> Light Blue	<b>Sunrise:</b> 7:34AM	Vasavasu 5:17
		<b>Yama</b> 12:00PM – 1:06PM	<b>Vridhhi Until 6:02AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 16
Creative Work Siddha Yoga		<b>Rahu</b> 3:19PM – 4:25PM	<b>Balava Until 11:32AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 5:02PM		<b>Day 1 of Pancha Ganapati</b>	<b>Dvitiya Until 12:19AM Mon</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

2 Monday, December 22, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 17 Sutra 252
Makara Rasi: 3.17	Tilthi 3	<b>Gulika</b> 1:07PM – 2:13PM	<b>Uttarashada Until 6:50PM</b>	<b>Ganesh:</b> Light Blue	<b>Sunrise:</b> 7:35AM	Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:54AM – 12:00PM	<b>Dhruva Until 6:07AM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 17
Routine Work Marana Yoga		<b>Rahu</b> 8:41AM – 9:47AM	<b>Talilla Until 1:04PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 6:50PM		<b>Day 2 of Pancha Ganapati</b>	<b>Tritiya Until 1:42AM Tue</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

3 Tuesday, December 23, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vesara Yuktayam Shravana Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturtham Titau				Gatineau, Canada Sun 18 Sutra 253
Makara Rasi: 15.41	Tilthi 4	<b>Gulika</b> 12:01PM – 1:07PM	<b>Shravana Until 8:37PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:35AM	Vasavasu 5:17
		<b>Yama</b> 9:48AM – 10:54AM	<b>Harshana Until 5:32AM Wed</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 18
Creative Work Siddha Yoga		<b>Rahu</b> 2:13PM – 3:20PM	<b>Vanija Until 2:16PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 9:49PM		<b>Day 3 of Pancha Ganapati</b>	<b>Chaturthi* Until 2:42AM Wed</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

4 Wednesday, December 24, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Budha Vesara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Bava/Balava Karana Panchamam Titau				Gatineau, Canada Sun 19 Sutra 254
Makara Rasi: 28.16	Tilthi 5	<b>Gulika</b> 10:55AM – 12:01PM	<b>Dhanishtha Until 9:49PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:35AM	Vasavasu 5:17
		<b>Yama</b> 8:42AM – 9:48AM	<b>Vajra* Until 4:44AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 19
Routine Work Prabalarishta Yoga		<b>Rahu</b> 12:01PM – 1:08PM	<b>Bava Until 3:03PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 9:49PM		<b>Day 4 of Pancha Ganapati</b>	<b>Panchami Until 3:15AM Thu</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

5 Thursday, December 25, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yuktayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthyam Titau				Gatineau, Canada Sun 20 Sutra 255
Kumbha Rasi: 11.02	Tilthi 6	<b>Gulika</b> 9:49AM – 10:55AM	<b>Shalabhishak Until 10:23PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 7:36AM	Vasavasu 5:17
		<b>Yama</b> 7:36AM – 8:42AM	<b>Siddhi Until 3:22AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 20
Creative Work Siddha Yoga		<b>Rahu</b> 1:08PM – 2:15PM	<b>Kaulava Until 3:21PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Until 10:14PM		<b>Day 5 of Pancha Ganapati</b>	<b>Shashthi* Until 3:17AM Fri</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga		<b>Vinayaga Viratam Ends</b>				

6 Friday, December 26, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vesara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthamam Titau				Gatineau, Canada Sun 21 Sutra 256
Kumbha Rasi: 24.04	Tilthi 7	<b>Gulika</b> 8:43AM – 9:49AM	<b>Purvashrothapada* Until 10:41PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 7:36AM	Vasavasu 5:17
		<b>Yama</b> 2:15PM – 3:22PM	<b>Vyalipala* Until 1:53AM Sat</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 21
Creative Work Siddha Yoga		<b>Rahu</b> 10:56AM – 12:02PM	<b>Gara Until 3:05PM</b>	<b>Nataraja:</b> Clear		3rd Phase
Until 10:14PM			<b>Saptami Until 2:43AM Sat</b>	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga						<b>Devaloka Time: 3PM to 6PM</b>

Saturday, December 27, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Manta Vesara Yuktayam Uttarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtamam Titau				Gatineau, Canada Sun 22 Sutra 257
<b>Retreat Star</b>		<b>Gulika</b> 7:37AM – 8:43AM	<b>Uttarashrothapada Until 10:14PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 7:37AM	Vasavasu 5:17
Meena Rasi: 7.25	Tilthi 8	<b>Yama</b> 1:09PM – 2:16PM	<b>Varjyan Until 11:43PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:29PM	Moon 12 - Phase 35 - 22
Creative Work Siddha Yoga		<b>Rahu</b> 9:50AM – 10:56AM	<b>Visli Until 2:13PM</b>	<b>Nataraja:</b> Clear		Ashtami
Until 10:14PM			<b>Ashtami* Until 1:31AM Sun</b>	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga						<b>Devaloka Time: 3PM to 6PM</b>

Sunday, December 28, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vesara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamam Titau				Gatineau, Canada Sun 23 Sutra 258
<b>Retreat Star</b>		<b>Gulika</b> 2:16PM – 3:23PM	<b>Revati Until 9:01PM</b>	<b>Ganesh:</b> Green	<b>Sunrise:</b> 7:37AM	Vasavasu 5:17
Meena Rasi: 21.08	Tilthi 9	<b>Yama</b> 12:03PM – 1:10PM	<b>Parigha* Until 9:05PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 4:30PM	Moon 12 - Phase 35 - 23
Creative Work Amrita Yoga		<b>Rahu</b> 3:23PM – 4:30PM	<b>Balava Until 12:42PM</b>	<b>Nataraja:</b> Clear		Navami
Until 9:01PM			<b>Navami* Until 11:42PM</b>	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						<b>Devaloka Time: 3PM to 6PM</b>

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1 Monday, December 29, 2025</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Taillai/Gara Karana Dashamyam Titau				Gatineau, Canada Sun 24	Sutra 259
Mesha Rasi: 5.13	Tithi 10	<b>Gulika</b>	<b>1:10PM – 2:17PM</b>	<b>Ashvini Until 7:32PM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 7:27AM</b>	Vasavasu 5:127
<b>Family Home Evening</b>		<b>Yama</b>	<b>10:57AM – 12:04PM</b>	<b>Shiva Until 5:59PM</b>	<b>Muruga: Yellow</b>	<b>Sunset: 4:39PM</b>	Moon 12 - Phase 36 - 24
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>8:44AM – 9:50AM</b>	<b>Taillai Until 10:36AM</b>	<b>Nataraja: Clear</b>		4th Phase
				<b>Dashami Until 9:20PM</b>	<b>Moon - White</b>		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>2 Tuesday, December 30, 2025</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vesara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Vanja/Visi Karana Ekadashyam Titau				Gatineau, Canada Sun 25	Sutra 260
Mesha Rasi: 19.4	Tithi 11	<b>Gulika</b>	<b>12:04PM – 1:11PM</b>	<b>Bharani Until 5:25PM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 7:27AM</b>	Vasavasu 5:127
		<b>Yama</b>	<b>9:51AM – 10:57AM</b>	<b>Siddha Until 2:28PM</b>	<b>Muruga: Yellow</b>	<b>Sunset: 4:39PM</b>	Moon 12 - Phase 36 - 25
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>2:18PM – 3:24PM</b>	<b>Vanija Until 7:58AM</b>	<b>Nataraja: Clear</b>		4th Phase
				<b>Ekadashi Until 6:28PM</b>	<b>Moon - White</b>		<b>Devaloka Day</b>
		<b>Valkuntha Ekadasi</b>			<b>Pausha-Markali</b>		

<b>3 Wednesday, December 31, 2025</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Batha Vesara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 26	Sutra 261
Wishabha Rasi: 4.25	Tithi 12 – 13	<b>Gulika</b>	<b>10:58AM – 12:05PM</b>	<b>Krittika Until 2:49PM</b>	<b>Ganesha: Red</b>	<b>Sunrise: 7:27AM</b>	Vasavasu 5:127
		<b>Yama</b>	<b>8:44AM – 9:51AM</b>	<b>Sadhya Until 10:40AM</b>	<b>Muruga: Yellow</b>	<b>Sunset: 4:39PM</b>	Moon 12 - Phase 36 - 26
<b>Creative Work</b>	<b>Amrita Yoga</b>	<b>Rahu</b>	<b>12:05PM – 1:11PM</b>	<b>Kaulava Until 1:36AM Thu</b>	<b>Nataraja: Clear</b>		4th Phase
<b>Until 2:49PM</b>				<b>Dvadashi Until 3:16PM</b>	<b>Moon - White</b>		<b>Devaloka Day</b>
<b>Then Creative Work</b>	<b>Siddha Yoga</b>				<b>Pausha-Markali</b>		

<b>4 Thursday, January 1, 2026</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillai/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 27	Sutra 262
Wishabha Rasi: 19.23	Tithi 13 – 14	<b>Gulika</b>	<b>9:51AM – 10:58AM</b>	<b>Rohini Until 12:17PM</b>	<b>Ganesha: Blue</b>	<b>Sunrise: 7:27AM</b>	Vasavasu 5:127
		<b>Yama</b>	<b>7:37AM – 8:44AM</b>	<b>Subha Until 6:41AM</b>	<b>Muruga: White</b>	<b>Sunset: 4:39PM</b>	Moon 12 - Phase 36 - 27
<b>Routine Work</b>	<b>Marana Yoga</b>	<b>Rahu</b>	<b>1:12PM – 2:19PM</b>	<b>Gara Until 10:09PM</b>	<b>Nataraja: Clear</b>		4th Phase
				<b>Trayodashi Until 11:52AM</b>	<b>Moon - Yellow</b>		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>Friday, January 2, 2026</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vesara Yuktayam Migashira/Ardra Nakshatra Brahma Yoga Vanja/Visi Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sun 28	Sutra 263
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>8:45AM – 9:52AM</b>	<b>Mrigashira Until 9:34AM</b>	<b>Ganesha: Blue</b>	<b>Sunrise: 7:27AM</b>	Vasavasu 5:127
Mithuna Rasi: 4.25	Tithi 14 – 15	<b>Yama</b>	<b>2:20PM – 3:27PM</b>	<b>Brahma Until 10:35PM</b>	<b>Muruga: White</b>	<b>Sunset: 4:39PM</b>	Moon 12 - Phase 36 - 28
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>10:59AM – 12:06PM</b>	<b>Visi Until 6:44PM</b>	<b>Nataraja: Clear</b>		Purnima
				<b>Chaturdashi* Until 8:25AM</b>	<b>Moon - Yellow</b>		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>Saturday, January 3, 2026</b>		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamam Titau				Gatineau, Canada Sun 29	Sutra 264
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>7:37AM – 8:45AM</b>	<b>Ardra Until 6:51AM</b>	<b>Ganesha: Blue</b>	<b>Sunrise: 7:27AM</b>	Vasavasu 5:127
Mithuna Rasi: 19.23	Tithi 16	<b>Yama</b>	<b>1:13PM – 2:20PM</b>	<b>Indra Until 6:47PM</b>	<b>Muruga: White</b>	<b>Sunset: 4:39PM</b>	Moon 12 - Phase 36 - 29
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>9:52AM – 10:59AM</b>	<b>Balava Until 3:32PM</b>	<b>Nataraja: Clear</b>		Prathama
				<b>Prathama* Until 2:03AM Sun</b>	<b>Moon - Yellow</b>		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Sunday, January 4, 2026****Gold Retreat Star**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam Gatiheau, Canada  
Pushya Nakshatra Vaidhri/Vishkambha\* Yoga Talila/Gara Karana Dvityayam Titau Sutra 265

Kataka Rasi: 4.06	Tithi 17	<b>Gulika</b> 2:21PM – 3:28PM	<b>Pushya</b> Until 2:55AM Mon	<b>Ganesh:</b> Red	<b>Sarise:</b> 7:37AM	Vasvasu 5127
		Yama 12:07PM – 1:14PM	Vaidhri* Until 3:18PM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 1
Creative Work	Siddha Yoga	843348576 <b>Rahu</b> 3:28PM – 4:36PM	Tailila Until 12:43PM	<b>Nataraja:</b> Clear		1st Phase
			<b>Dvitiya</b> Until 11:29PM	<b>Moan - Blue</b>		<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>		

**Monday, January 5, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Indu Vasara Yuktayam Gatiheau, Canada  
Ashlesha\* Nakshatra Vishkambha\*/Pirli Yoga Vanija/Visli\* Karana Tritiyayam Titau Sutra 266

Kataka Rasi: 18.28	Tithi 18	<b>Gulika</b> 1:14PM – 2:22PM	<b>Ashlesha*</b> Until 1:38AM Tue	<b>Ganesh:</b> Yellow	<b>Sarise:</b> 7:37AM	Vasvasu 5127
<b>Family Home Evening</b>		Yama 11:00AM – 12:07PM	Vishkambha* Until 12:16PM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 1
Creative Work	Siddha Yoga	843348576 <b>Rahu</b> 8:45AM – 9:52AM	Vanija Until 10:27AM	<b>Nataraja:</b> Clear		1st Phase
			<b>Tritiya</b> Until 9:33PM	<b>Moan - Blue</b>		<b>Sivaloka Day</b>
		<b>Subramuniyaswamy Jayanti</b>		<b>Pausha-Markali</b>		

**Tuesday, January 6, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktayam Gatiheau, Canada  
Magha\* Nakshatra Pirli/Ayushman Yoga Bava/Balava Karana Chaturthayam Titau Sutra 267

Simha Rasi: 2.24	Tithi 19	<b>Gulika</b> 12:07PM – 1:15PM	<b>Magha*</b> Until 1:24AM Wed	<b>Ganesh:</b> White	<b>Sarise:</b> 7:37AM	Vasvasu 5127
		Yama 9:52AM – 11:00AM	Pirli Until 9:50AM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 2
Creative Work	Siddha Yoga	853448576 <b>Rahu</b> 2:23PM – 3:30PM	Bava Until 8:52AM	<b>Nataraja:</b> Clear		1st Phase
Until 1:24AM Wed			<b>Chaturthi*</b> Until 8:22PM	<b>Moan - Red</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha-Markali</b>		

**Wednesday, January 7, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Budha Vasara Yuktayam Gatiheau, Canada  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Panchmayam Titau Sutra 268

Simha Rasi: 15.52	Tithi 20	<b>Gulika</b> 11:00AM – 12:08PM	<b>Purvaphalguni</b> Until 1:52AM Thu	<b>Ganesh:</b> White	<b>Sarise:</b> 7:37AM	Vasvasu 5127
		Yama 8:45AM – 9:53AM	Ayushman Until 8:01AM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 3
Creative Work	Amrita Yoga	853448576 <b>Rahu</b> 12:08PM – 1:16PM	Kaulava Until 8:07AM	<b>Nataraja:</b> Clear		1st Phase
			<b>Panchami</b> Until 8:03PM	<b>Moan - Red</b>		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

**Thursday, January 8, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Guru Vasara Yuktayam Gatiheau, Canada  
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthiyam Titau Sutra 269

Simha Rasi: 28.52	Tithi 21	<b>Gulika</b> 9:53AM – 11:00AM	<b>Uttaraphalguni</b> Until 3:00AM Fri	<b>Ganesh:</b> White	<b>Sarise:</b> 7:37AM	Vasvasu 5127
		Yama 7:37AM – 8:45AM	Saubhagya Until 6:53AM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 4
Creative Work	Amrita Yoga	853448576 <b>Rahu</b> 1:16PM – 2:24PM	Gara Until 8:14AM	<b>Nataraja:</b> Clear		1st Phase
			<b>Shashthi*</b> Until 8:35PM	<b>Moan - Red</b>		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

**Friday, January 9, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Sukra Vasara Yuktayam Gatiheau, Canada  
Hasta Nakshatra Sobhana/Alhiganda\* Yoga Visli/Bava Karana Saptmayam Titau Sutra 270

Kanya Rasi: 11.28	Tithi 22	<b>Gulika</b> 8:45AM – 9:53AM	<b>Hasla</b> Until 5:10AM Sat	<b>Ganesh:</b> Clear	<b>Sarise:</b> 7:37AM	Vasvasu 5127
		Yama 2:25PM – 3:33PM	Sobhana Until 6:24AM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 5
Creative Work	Amrita Yoga	863448576 <b>Rahu</b> 11:01AM – 12:09PM	Visli Until 9:11AM	<b>Nataraja:</b> Clear		1st Phase
Until 5:10AM Sat			<b>Saptami</b> Until 9:56PM	<b>Moan - Green</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		

**Saturday, January 10, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam Gatiheau, Canada  
Chitra Nakshatra Alhiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtmayam Titau Sutra 271

Kanya Rasi: 23.44	Tithi 23	<b>Gulika</b> 7:36AM – 8:45AM	<b>Chitra</b> Until 7:44AM Sun	<b>Ganesh:</b> Clear	<b>Sarise:</b> 7:36AM	Vasvasu 5127
		Yama 1:17PM – 2:26PM	Alhiganda* Until 6:28AM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 6
Routine Work	Marana Yoga	863448576 <b>Rahu</b> 9:53AM – 11:01AM	Balava Until 10:52AM	<b>Nataraja:</b> Clear		Ashtami
Until 7:44AM Sun			<b>Ashtami*</b> Until 11:54PM	<b>Moan - Green</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		

**Sunday, January 11, 2026**Visvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam Gatiheau, Canada  
Chitra/Svali Nakshatra Sukarma/Dhriti Until Yoga Talila/Gara Karana Navmayam Titau Sutra 272

Tula Rasi: 5.47	Tithi 24	<b>Gulika</b> 2:26PM – 3:35PM	<b>Chitra</b> Until 7:44AM	<b>Ganesh:</b> Clear	<b>Sarise:</b> 7:36AM	Vasvasu 5127
		Yama 12:10PM – 1:18PM	Sukarma Until 6:57AM	<b>Muruga:</b> White	<b>Samet:</b> 4:36PM	Moon 1 - Phase 37 - 7
Creative Work	Siddha Yoga	863448576 <b>Rahu</b> 3:35PM – 4:43PM	Tailila Until 1:04PM	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 2:17AM Mon	<b>Moan - Green</b>		<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Inana Pada

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<b>1 Monday, January 12, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Indru Vasara Yuktayam Gatiheau, Canada			
Svali/Wishakha Nakshatra Dhruti/Shula* Yoga Vanja/Visli* Karana Dashamyam Titau Sun 8 Sutra 273					
Gulika	1:19PM – 2:27PM	Svali Until 10:27AM	Ganesh:	Clear	Sunrise: 7:36AM
Tula Rasi: 17.42	Tithi 25	Yama 11:01AM – 12:10PM	Muruga:	White	Sunset: 4:46PM
Family Home Evening	863448576	Rahu 8:44AM – 9:53AM	Nataraja:	Clear	Moon 1 - Phase 38 - 8
Creative Work	Amrita Yoga		Moon - Green		2nd Phase
Until 10:27AM			Dashami Until 4:51AM Tue	Pausha-Markali	Sivaloka Day
Then Routine Work - Marana Yoga					

<b>2 Tuesday, January 13, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktayam Gatiheau, Canada			
Vishakha/Anuradha Nakshatra Shula*Ganda* Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 274					
Gulika	12:10PM – 1:19PM	Vishakha Until 1:37PM	Ganesh:	Purple	Sunrise: 7:35AM
Tula Rasi: 29.34	Tithi 26	Shula* Until 8:34AM	Muruga:	White	Sunset: 4:46PM
873448576	Rahu 2:28PM – 3:37PM	Bava Until 6:09PM	Nataraja:	Clear	Moon 1 - Phase 38 - 9
Routine Work	Marana Yoga		Moon - Orange		2nd Phase
Until 1:37PM			Ekadashi* Until 7:23AM Wed	Pausha-Markali	Devaloka Day
Then Creative Work - Siddha Yoga					

<b>3 Wednesday, January 14, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksho Butha Vasara Yuktayam Gatiheau, Canada			
Anuradha/Jyeshtha* Nakshatra Ganda*/Vidhi* Yoga Babava/Kaava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 275					
Gulika	11:02AM – 12:11PM	Anuradha Until 4:32PM	Ganesh:	Purple	Sunrise: 7:35AM
Wishika Rasi: 11.26	Tithi 26 – 27	Ganda* Until 9:24AM	Muruga:	White	Sunset: 4:47PM
873448576	Rahu 12:11PM – 1:20PM	Kaava Until 8:38PM	Nataraja:	Clear	Moon 1 - Phase 38 - 10
Creative Work	Siddha Yoga		Moon - Orange		2nd Phase
		Thai Pongal	Ekadashi* Until 7:23AM	Pausha-Thai	Devaloka Day

<b>4 Thursday, January 15, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksho Guru Vasara Yuktayam Gatiheau, Canada			
Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 276					
Gulika	9:53AM – 11:02AM	Jyeshtha* Until 7:05PM	Ganesh:	Purple	Sunrise: 7:34AM
Wishika Rasi: 23.22	Tithi 27 – 28	Vidhi Until 10:05AM	Muruga:	White	Sunset: 4:48PM
873448576	Rahu 1:20PM – 2:30PM	Gara Until 10:51PM	Nataraja:	Clear	Moon 1 - Phase 38 - 11
Routine Work	Prabalarishtha Yoga		Moon - Orange		2nd Phase
Until 7:05PM		Dvadashi* Until 9:45AM		Pausha-Thai	Devaloka Day
Then Creative Work - Siddha Yoga					

<b>5 Friday, January 16, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksho Sukra Vasara Yuktayam Gatiheau, Canada			
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 277					
Gulika	8:43AM – 9:53AM	Mula* Until 9:39PM	Ganesh:	Purple	Sunrise: 7:34AM
Dhanus Rasi: 5.24	Tithi 28 – 29	Dhruva Until 10:32AM	Muruga:	White	Sunset: 4:49PM
884448576	Rahu 11:02AM – 12:11PM	Visli Until 12:45AM Sat	Nataraja:	Clear	Moon 1 - Phase 38 - 12
Creative Work	Amrita Yoga		Moon - Light Blue		2nd Phase
Until 9:39PM		Trayodashi* Until 11:50AM		Pausha-Thai	Devaloka Day
Then Routine Work - Prabalarishtha Yoga					

<b>● Saturday, January 17, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksho Marta Vasara Yuktayam Gatiheau, Canada			
Retreat Star		Purvashada* Nakshatra Vyaghata*/Harshana Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 278			
Gulika	7:33AM – 8:43AM	Purvashada* Until 11:41PM	Ganesh:	Purple	Sunrise: 7:33AM
Dhanus Rasi: 17.35	Tithi 29 – 30	Vyaghata* Until 10:44AM	Muruga:	White	Sunset: 4:50PM
884448576	Rahu 9:53AM – 11:02AM	Catuspada Until 2:16AM Sun	Nataraja:	Clear	Moon 1 - Phase 38 - 13
Creative Work	Siddha Yoga		Moon - Light Blue		Amavasya
Until 11:41PM		Chaturdashi* Until 1:32PM		Pausha-Thai	Devaloka Day
Then Routine Work - Marana Yoga					

<b>Sunday, January 18, 2026</b>		Visavasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Sukla Paksho Bharu Vasara Yuktayam Gatiheau, Canada			
Retreat Star		Uttarashada* Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamyam Titau Sun 14 Sutra 279			
Gulika	2:32PM – 3:42PM	Uttarashada Until 1:10AM Mon	Ganesh:	Purple	Sunrise: 7:33AM
Dhanus Rasi: 29.55	Tithi 30 – 1	Harshana Until 10:38AM	Muruga:	White	Sunset: 4:52PM
884448576	Rahu 3:42PM – 4:52PM	Kintughna Until 3:21AM Mon	Nataraja:	Clear	Moon 1 - Phase 38 - 14
Creative Work	Amrita Yoga		Moon - Light Blue		Prathama
		Amavasya* Until 2:50PM		Magha-Thai	Devaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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## 1 Monday, January 19, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Инду Васара Уктыям		Gatineau, Canada	
Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyam Titau		Sun 15	Sutra 280
Gulika	1:23PM - 2:33PM	Shravana Untill 2:35AM Tue	Ganesh: Light Blue Sunrise: 7:22AM
Yama	11:02AM - 12:12PM	Vajra* Untill 10:12AM	Muruga: White Sunset: 4:59PM
Family Home Evening	894448576	Balava Untill 4:02AM Tue	Nataraja: Clear
Creative Work	Amrita Yoga	Prathama* Untill 3:44PM	Moon - Purple
Untill 2:35AM Tue		Magha-Thai	Devaloka Day
Then Creative Work - Siddha Yoga			

## 2 Tuesday, January 20, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Будха Васара Уктыям		Gatineau, Canada	
Dhanishtha Nakshatra Siddhi/Vyapti* Yoga Kaulava/Taila Karana Dvitya/Tritiyam Titau		Sun 16	Sutra 281
Gulika	12:13PM - 1:23PM	Dhanishtha Untill 3:26AM Wed	Ganesh: Light Blue Sunrise: 7:31AM
Yama	9:52AM - 11:02AM	Siddhi Untill 9:28AM	Muruga: White Sunset: 4:56PM
Creative Work	894448576	Taila Untill 4:19AM Wed	Nataraja: Clear
Siddha Yoga	Rahu	Dvitiya Untill 4:12PM	Moon - Purple
		Magha-Thai	Devaloka Day

## 3 Wednesday, January 21, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Будаха Васара Уктыям		Gatineau, Canada	
Shatabhishak Nakshatra Vyapti* Vairyan Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Sun 17	Sutra 282
Gulika	11:02AM - 12:13PM	Shatabhishak Untill 3:46AM Thu	Ganesh: Light Blue Sunrise: 7:31AM
Yama	8:41AM - 9:52AM	Vyapti* Untill 8:27AM	Muruga: White Sunset: 4:56PM
Kumbha Rasi: 8:02	Tithi 3 - 4	Vanija Untill 4:11AM Thu	Nataraja: Clear
Creative Work	894448576	Tritiya Untill 4:17PM	Moon - Purple
Siddha Yoga	Rahu	Magha-Thai	Devaloka Day

## 4 Thursday, January 22, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Гара Васара Уктыям		Gatineau, Canada	
Puravproshthapada Nakshatra Vairyan/Parigha* Yoga Vols/Bava Karana Chaturthi/Panchamam Titau		Sun 18	Sutra 283
Gulika	9:52AM - 11:02AM	Puravproshthapada Untill 4:01AM Fri	Ganesh: White Sunrise: 7:30AM
Yama	7:30AM - 8:41AM	Vairyan Untill 7:05AM	Muruga: White Sunset: 4:57PM
Creative Work	814448576	Bava Untill 3:41AM Fri	Nataraja: Clear
Siddha Yoga	Rahu	Chaturthi* Untill 3:58PM	Moon - Clear
		Magha-Thai	Devaloka Day

## 5 Friday, January 23, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Сура Васара Уктыям		Gatineau, Canada	
Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Sheshayam Titau		Sun 19	Sutra 284
Gulika	8:40AM - 9:51AM	Uttaraproshtapada Untill 3:44AM Sat	Ganesh: White Sunrise: 7:29AM
Yama	2:36PM - 3:47PM	Shiva Untill 3:30AM Sat	Muruga: White Sunset: 4:58PM
Meena Rasi: 4:26	Tithi 5 - 6	Kaulava Untill 2:46AM Sat	Nataraja: Clear
Creative Work	814448576	Panchami Untill 3:15PM	Moon - Clear
Siddha Yoga	Rahu	Magha-Thai	Devaloka Day
Untill 3:44AM Sat			
Then Routine Work - Prabalarishta Yoga			

## 6 Saturday, January 24, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Манита Васара Уктыям		Gatineau, Canada	
Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau		Sun 20	Sutra 285
Gulika	7:28AM - 8:40AM	Revati Untill 2:56AM Sun	Ganesh: Clear Sunrise: 7:28AM
Yama	1:25PM - 2:37PM	Siddha Untill 1:14AM Sun	Muruga: White Sunset: 5:00PM
Meena Rasi: 17:56	Tithi 6 - 7	Gara Untill 1:29AM Sun	Nataraja: Clear
Routine Work	914448576	Shashthi* Untill 2:10PM	Moon - Clear
Prabalarishta Yoga	Rahu	Magha-Thai	Sivaloka Day
Untill 2:56AM Sun			
Then Creative Work - Siddha Yoga			

## Sunday, January 25, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Бхану Васара Уктыям		Gatineau, Canada	
Ashvini Nakshatra Sadhya Yoga Vanija/Vsiti* Karana Saptami/Ashyamam Titau		Sun 21	Sutra 286
Retreat Star			
Gulika	2:38PM - 3:49PM	Ashvini Untill 2:02AM Mon	Ganesh: White Sunrise: 7:27AM
Yama	12:14PM - 1:26PM	Sadhya Untill 10:40PM	Muruga: White Sunset: 5:01PM
Mesha Rasi: 1:4	Tithi 7 - 8	Vsiti Untill 11:49PM	Nataraja: Clear
Creative Work	924448576	Saptami Untill 12:41PM	Moon - White
Siddha Yoga	Rahu	Magha-Thai	Devaloka Day

## Monday, January 26, 2026

Vishvasu Nama Samvatsara Uтарыяне Мокша Рйтау Макара Мазе Сулко Пакше Инду Васара Уктыям		Gatineau, Canada	
Bharani Nakshatra Sudha Yoga Bava/Balava Karana Ashlami/Navamam Titau		Sun 22	Sutra 287
Retreat Star			
Gulika	1:26PM - 2:38PM	Bharani Untill 12:39AM Tue	Ganesh: White Sunrise: 7:26AM
Yama	11:02AM - 12:14PM	Sudha Untill 7:50PM	Muruga: White Sunset: 5:02PM
Mesha Rasi: 15:38	Tithi 8 - 9	Balava Untill 9:47PM	Nataraja: Clear
Family Home Evening	924448576	Ashlami* Untill 10:49AM	Moon - White
Creative Work	Siddha Yoga	Magha-Thai	Devaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1 Tuesday, January 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Mangala Vasara Yuktayam Gattineau, Canada Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau Sun 23 Sutra 288				
Mesha Rasi: 29.5	Tithi 9 - 10	<b>Gulika</b> 12:15PM - 1:27PM	<b>Kritika</b> Until 10:50PM	<b>Ganesh:</b> White	<b>Sunrise:</b> 7:25AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 9:50AM - 11:02AM	<b>Sukla</b> Until 4:43PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:09PM	<b>Moon 1 - Phase:</b> 40 - 23
		<b>Rahu</b> 2:39PM - 3:51PM	<b>Taila</b> Until 7:26PM	<b>Nataraja:</b> Clear		<b>4th Phase</b>
Creative Work	Siddha Yoga		<b>Navami* Until 8:38AM</b>	<b>Moon - White:</b>		<b>Devaloka Day</b>
Until 10:50PM				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>2 Wednesday, January 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Budha Vesara Yuktayam Gattineau, Canada Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadashyam Titau Sun 24 Sutra 289				
Wishabha Rasi: 14.13	Tithi 10 - 11	<b>Gulika</b> 11:02AM - 12:15PM	<b>Rohini</b> Until 9:03PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:25AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 8:37AM - 9:50AM	<b>Brahma</b> Until 1:25PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:09PM	<b>Moon 1 - Phase:</b> 40 - 24
		<b>Rahu</b> 12:15PM - 1:27PM	<b>Vesil</b> Until 3:29AM Thu	<b>Nataraja:</b> Clear		<b>4th Phase</b>
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:09AM	<b>Moon - Yellow:</b>		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

<b>3 Thursday, January 29, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Guru Vesara Yuktayam Gattineau, Canada Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 290				
Wishabha Rasi: 28.44	Tithi 12	<b>Gulika</b> 9:49AM - 11:02AM	<b>Mrigashira</b> Until 7:01PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:24AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 7:24AM - 8:36AM	<b>Indra</b> Until 9:59AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:09PM	<b>Moon 1 - Phase:</b> 40 - 25
		<b>Rahu</b> 1:28PM - 2:41PM	<b>Bava</b> Until 2:07PM	<b>Nataraja:</b> Clear		<b>4th Phase</b>
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 12:42AM Fri	<b>Moon - Yellow:</b>		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

<b>4 Friday, January 30, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Sukra Vesara Yuktayam Gattineau, Canada Ardra/Punarvasu Nakshatra Vaidhri*/Vohkambha* Yoga Kaulava/Taila Karana Trayodashyam Titau Sun 26 Sutra 291				
Mithuna Rasi: 13.2	Tithi 13	<b>Gulika</b> 8:36AM - 9:49AM	<b>Ardra</b> Until 4:50PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 7:22AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 2:41PM - 3:55PM	<b>Vaidhri*</b> Until 6:29AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:08PM	<b>Moon 1 - Phase:</b> 40 - 26
		<b>Rahu</b> 11:02AM - 12:15PM	<b>Kaulava</b> Until 11:21AM	<b>Nataraja:</b> Clear		<b>4th Phase</b>
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:58PM	<b>Moon - Yellow:</b>		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

Pradosha Vata

<b>5 Saturday, January 31, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Manita Vesara Yuktayam Gattineau, Canada Punarvasu/Pushya Nakshatra Pihli Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 292				
Mithuna Rasi: 27.52	Tithi 14	<b>Gulika</b> 7:21AM - 8:35AM	<b>Punarvasu</b> Until 3:04PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:21AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 1:29PM - 2:42PM	<b>Pihli</b> Until 11:48PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:09PM	<b>Moon 1 - Phase:</b> 40 - 27
		<b>Rahu</b> 9:48AM - 11:02AM	<b>Gara</b> Until 8:40AM	<b>Nataraja:</b> Clear		<b>4th Phase</b>
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:24PM	<b>Moon - Blue:</b>		<b>Devaloka Day</b>
		<b>Thai Pusam</b>		<b>Magha-Thai</b>		

<b>○ Sunday, February 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksho Bhanu Vesara Yuktayam Gattineau, Canada Copper Retreat Star Pushya/Ashlesha* Nakshatra Ayushman Yoga Visi*/Balava Karana Purnima/Prathamam Titau Sun 27 Sutra 293				
Kataka Rasi: 12.14	Tithi 15 - 16	<b>Gulika</b> 2:42PM - 3:56PM	<b>Pushya</b> Until 1:27PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:21AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 12:15PM - 1:29PM	<b>Ayushman</b> Until 8:48PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:09PM	<b>Moon 1 - Phase:</b> 40 - Purnima
		<b>Rahu</b> 3:56PM - 5:09PM	<b>Vesil</b> Until 6:15AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 5:09PM	<b>Moon - Blue:</b>		<b>Devaloka Day</b>
				<b>Magha-Thai</b>		

<b>Monday, February 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kritshna Paksho Indu Vesara Yuktayam Gattineau, Canada Silver Retreat Star Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau Sun 28 Sutra 294				
Kataka Rasi: 26.22	Tithi 16 - 17	<b>Gulika</b> 1:29PM - 2:43PM	<b>Ashlesha*</b> Until 12:07PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 7:20AM	<b>Vasavas:</b> 5:17
		<b>Yama</b> 11:02AM - 12:15PM	<b>Saubhagya</b> Until 6:12PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:11PM	<b>Moon 1 - Phase:</b> 40 - Prathama
		<b>Rahu</b> 8:34AM - 9:48AM	<b>Taila</b> Until 2:41AM Tue	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:21PM	<b>Moon - Blue:</b>		<b>Devaloka Day</b>
Until 12:07PM				<b>Magha-Thai</b>		
Then Routine Work - Marana Yoga						

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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**Tuesday, February 3, 2026****Gold Retreat Star**

Simha Rasi: 10.08 TITHI 17 - 18  
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Mangala Vasara Yuktayam  
 Magha/Puravaphalguni Nakshatra Sodbhava/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau  
**Gulika** 12:16PM - 1:30PM **Magha\* Until 11:37AM**  
**Ganesha:** Red Sunrise: 7:19AM  
**Yama** 9:47AM - 11:01AM **Sobhana Until 4:06PM**  
**Muruga:** White Sunset: 5:12PM  
**Rahu** 2:44PM - 3:58PM **Vanija Until 1:49AM Wed**  
**Nataraja:** Orange  
 Moon - Red  
**Dvitiya Until 2:09PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 1 Sutra 295  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 1  
 1st Phase

**Sivaloka Day****1 Wednesday, February 4, 2026****Retreat Star**

Simha Rasi: 23.33 TITHI 18 - 19  
 Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Bauba Vasara Yuktayam  
 Puravaphalguni/Ultaraphalguni Nakshatra Ahiganda\*/Sukama Yoga Vasi\*/Bava Karana Tritiya/Chaturtham Titau  
**Gulika** 11:01AM - 12:16PM **Purvaphalguni Until 11:40AM**  
**Ganesha:** Red Sunrise: 7:18AM  
**Yama** 8:32AM - 9:47AM **Ahiganda\* Until 2:31PM**  
**Muruga:** White Sunset: 5:13PM  
**Rahu** 12:16PM - 1:30PM **Bava Until 1:41AM Thu**  
**Nataraja:** Orange  
 Moon - Red  
**Tritiya Until 1:38PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 2 Sutra 296  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 2  
 1st Phase

**Sivaloka Day****Maha Sankatahara Chaturthi****2 Thursday, February 5, 2026****Retreat Star**

Kanya Rasi: 6.34 TITHI 19 - 20  
 Amrita Yoga  
 Until 12:16PM  
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Guru Vasara Yuktayam  
 Utlaraphalguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau  
**Gulika** 9:46AM - 11:01AM **Utlaraphalguni Until 12:16PM**  
**Ganesha:** Red Sunrise: 7:17AM  
**Yama** 7:17AM - 8:32AM **Sukama Until 1:31PM**  
**Muruga:** White Sunset: 5:15PM  
**Rahu** 1:31PM - 2:45PM **Kaulava Until 2:18AM Fri**  
**Nataraja:** Orange  
 Moon - Red  
**Chaturthi\* Until 1:52PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 3 Sutra 297  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 3  
 1st Phase

**Sivaloka Day****3 Friday, February 6, 2026****Retreat Star**

Kanya Rasi: 19.13 TITHI 20 - 21  
 Creative Work Amrita Yoga  
 Until 1:54PM  
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Sukra Vasara Yuktayam  
 Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Talila/Gara Karana Panchami/Shasthyam Titau  
**Gulika** 8:31AM - 9:46AM **Hasta Until 1:54PM**  
**Ganesha:** Green Sunrise: 7:16AM  
**Yama** 2:46PM - 4:01PM **Dhriti Until 1:07PM**  
**Muruga:** White Sunset: 5:16PM  
**Rahu** 11:01AM - 12:16PM **Gara Until 3:36AM Sat**  
**Nataraja:** Orange  
 Moon - Green  
**Panchami Until 2:51PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 4 Sutra 298  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 4  
 1st Phase

**Devaloka Day****4 Saturday, February 7, 2026****Retreat Star**

Tula Rasi: 1.35 TITHI 21 - 22  
 Routine Work Marana Yoga  
 Until 4:00PM  
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Manita Vasara Yuktayam  
 Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Visli\* Karana Shashthi/Saptamam Titau  
**Gulika** 7:14AM - 8:30AM **Chitra Until 4:00PM**  
**Ganesha:** White Sunrise: 7:14AM  
**Yama** 1:31PM - 2:47PM **Shula\* Until 1:10PM**  
**Muruga:** White Sunset: 5:18PM  
**Rahu** 9:45AM - 11:01AM **Visli Until 5:30AM Sun**  
**Nataraja:** Orange  
 Moon - Green  
**Shashthi\* Until 4:28PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 5 Sutra 299  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 5  
 1st Phase

**Devaloka Day****5 Sunday, February 8, 2026****Retreat Star**

Tula Rasi: 13.42 TITHI 22  
 Creative Work Siddha Yoga  
 Until 6:24PM  
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Bhanu Vasara Yuktayam  
 Svati/Nakshatra Ganda\*/Middhi Yoga Bava Karana Saptamam Titau  
**Gulika** 2:48PM - 4:03PM **Svati Until 6:24PM**  
**Ganesha:** White Sunrise: 7:13AM  
**Yama** 12:16PM - 1:32PM **Ganda\* Until 1:38PM**  
**Muruga:** White Sunset: 5:19PM  
**Rahu** 4:03PM - 5:19PM **Bava Until 6:35PM**  
**Nataraja:** Orange  
 Moon - Green  
**Saptami Until 6:35PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 6 Sutra 300  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 6  
 1st Phase

**Devaloka Day****Monday, February 9, 2026****Retreat Star**

Tula Rasi: 25.41 TITHI 23  
**Family Home Evening** 976548577  
 Routine Work Marana Yoga  
 Until 9:25PM  
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Indu Vasara Yuktayam  
 Vishakha Nakshatra Middhi/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau  
**Gulika** 1:32PM - 2:48PM **Vishakha Until 9:25PM**  
**Ganesha:** Clear Sunrise: 7:12AM  
**Yama** 11:00AM - 12:16PM **Viddhi Until 2:22PM**  
**Muruga:** White Sunset: 5:20PM  
**Rahu** 8:28AM - 9:44AM **Balava Until 7:47AM**  
**Nataraja:** Orange  
 Moon - Orange  
**Ashtami\* Until 8:59PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 7 Sutra 301  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 7  
 Ashtami

**Sivaloka Day****Tuesday, February 10, 2026****Retreat Star**

Mithika Rasi: 7.34 TITHI 24  
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kirtsha Paksho Mangala Vasara Yuktayam  
 Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Talila/Gara Karana Navamam Titau  
**Gulika** 12:16PM - 1:33PM **Anuradha Until 12:20AM Wed**  
**Ganesha:** Clear Sunrise: 7:10AM  
**Yama** 9:43AM - 11:00AM **Dhruva Until 3:09PM**  
**Muruga:** White Sunset: 5:23PM  
**Rahu** 2:49PM - 4:05PM **Talila Until 10:15AM**  
**Nataraja:** Orange  
 Moon - Orange  
**Navam\* Until 11:28PM**  
**Magha-Thai**

Gatineau, Canada  
 Sun 8 Sutra 302  
 Visvasasu 5:127  
 Moon 2 - Phase 41 - 8  
 Navami

**Sivaloka Day**

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
 Raurava Agama Kriya Pada

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<b>1</b>		<b>Wednesday, February 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanja/Vasi* Karana Dashamyam Titau		Gatineau, Canada Sun 9 Sutra 303
Wischika Rasi: 19.28	Tithi 25	<b>Gulika</b> 10:59AM - 12:16PM	<b>Jyeshtha* Until 2:58AM Thu</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:09AM Sunset: 5:29PM	Vasavasu 5127 Moon 2 - Phase 42 - 9 2nd Phase
Creative Work	Siddha Yoga	Yama 8:26AM - 9:43AM 976548577	Rahu 12:16PM - 1:33PM	Vyaghata* Until 3:55PM Vanija Until 12:42PM <b>Dashami Until 1:50AM Thu</b>		<b>Sivaloka Day</b>

<b>2</b>		<b>Thursday, February 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Titau		Gatineau, Canada Sun 10 Sutra 304
Dhanus Rasi: 1.25	Tithi 26	<b>Gulika</b> 9:42AM - 10:59AM	<b>Mula* Until 5:39AM Fri</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:08AM Sunset: 5:29PM	Vasavasu 5127 Moon 2 - Phase 42 - 10 2nd Phase
Creative Work	Siddha Yoga	Yama 7:08AM - 8:25AM 986548577	Rahu 1:33PM - 2:50PM	Harshana Until 4:32PM Bava Until 2:56PM <b>Ekadashi* Until 3:54AM Fri</b>		<b>Devaloka Day</b>
Until 5:39AM Fri		Then Routine Work - Prabarishtha Yoga				

<b>3</b>		<b>Friday, February 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktayam Purvashada* Nakshatra Vajra*/Siddhi* Yoga Kaulava/Taillo Karana Dvadashtyam Titau		Gatineau, Canada Sun 11 Sutra 305
Dhanus Rasi: 13.3	Tithi 27	<b>Gulika</b> 8:24AM - 9:41AM	<b>Purvashada* Until 7:43AM Sat</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:06AM Sunset: 5:29PM	Vasavasu 5127 Moon 2 - Phase 42 - 11 2nd Phase
Routine Work	Prabarishtha Yoga	Yama 2:51PM - 4:09PM 986548577	Rahu 10:59AM - 12:16PM	Vajra* Until 4:49PM Kaulava Until 4:47PM <b>Dvadashti* Until 5:30AM Sat</b>		<b>Devaloka Day</b>
Until 7:43AM Sat		Then Routine Work - Marana Yoga				

<b>4</b>		<b>Saturday, February 14, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktayam Purvashada*/Uttarashada* Nakshatra Siddhi/Vyjalpala* Yoga Gara Karana Trayodashyam Titau		Gatineau, Canada Sun 12 Sutra 306
Dhanus Rasi: 25.46	Tithi 28	<b>Gulika</b> 7:05AM - 8:23AM	<b>Purvashada* Until 7:43AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:05AM Sunset: 5:29PM	Vasavasu 5127 Moon 2 - Phase 42 - 12 2nd Phase
Creative Work	Siddha Yoga	Yama 1:34PM - 2:52PM 987548577	Rahu 9:41AM - 10:58AM	Siddhi Until 4:45PM Gara Until 6:08PM <b>Trayodashi* Until 6:35AM Sun</b>		<b>Sivaloka Day</b>
Until 7:43AM		Then Routine Work - Marana Yoga		Pradosha Vata (Fasting)		

<b>5</b>		<b>Sunday, February 15, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shnu Vasara Yuktayam Uttarashada*/Shravana Nakshatra Vyjalpala*/Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 13 Sutra 307
Makara Rasi: 8.16	Tithi 28 - 29	<b>Gulika</b> 2:52PM - 4:11PM	<b>Uttarashada Until 9:08AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:04AM Sunset: 5:29PM	Vasavasu 5127 Moon 2 - Phase 42 - 13 2nd Phase
Creative Work	Amrita Yoga	Yama 12:16PM - 1:34PM 987548577	Rahu 4:11PM - 5:29PM	Vyjalpala* Until 1:16PM Vasli Until 6:56PM <b>Trayodashi* Until 6:35AM</b>		<b>Sivaloka Day</b>
Until 10:18AM		Then Creative Work - Siddha Yoga				

<b>Monday, February 16, 2026</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Vasara Yuktayam Shravana/Shatshobha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Chaturdashyama Titau		Gatineau, Canada Sun 14 Sutra 308
Makara Rasi: 21.01	Tithi 29 - 30	<b>Gulika</b> 1:35PM - 2:53PM	<b>Shravana Until 10:18AM</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:03AM Sunset: 5:30PM	Vasavasu 5127 Moon 2 - Phase 42 - 14 Amavasya
Family Home Evening	Amrita Yoga	Yama 10:58AM - 12:16PM 997548577	Rahu 8:21AM - 9:39AM	Varjan Until 3:19PM Caltaspada Until 7:09PM <b>Chaturdashy* Until 7:06AM</b>		<b>Sivaloka Day</b>
Until 10:18AM		Then Creative Work - Siddha Yoga				

<b>Tuesday, February 17, 2026</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Vasara Yuktayam Dhanishtha/Shatshobha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamyam Titau		Gatineau, Canada Sun 15 Sutra 309
Kumbha Rasi: 4.02	Tithi 30 - 1	<b>Gulika</b> 12:16PM - 1:35PM	<b>Dhanishtha Until 10:46AM</b>	<b>Ganesh:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange	Sunrise: 7:01AM Sunset: 5:29PM	Vasavasu 5127 Moon 2 - Phase 42 - 15 Prathama
Creative Work	Siddha Yoga	Yama 9:38AM - 10:57AM 997548577	Rahu 2:54PM - 4:13PM	Parigha* Until 1:58PM Kintughna Until 6:50PM <b>Amavasya* Until 7:02AM</b>		<b>Sivaloka Day</b>
Until 10:46AM		Then Routine Work - Marana Yoga		Phalgun-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, February 18, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Ditrayam Titau				Sun 16 Sutra 310
Kumbha Rasi: 17.2	Tilthi 1 – 2	<b>Gulika</b> 10:57AM – 12:16PM	<b>Shatabhishak</b> Untill 10:36AM	<b>Ganesha:</b> Orange	Sunrise: 6:59AM	Vasavasu 5127
		Yama 8:18AM – 9:38AM	Shiva Untill 12:14PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-16
Creative Work	Siddha Yoga	997548577 Rahu 12:16PM – 1:35PM	Balava Untill 6:02PM	Nataraja: Orange		3rd Phase
Untill 10:36AM			<b>Prathama* Untill 6:28AM</b>	Moon – Purple		
Then Creative Work - Amrita Yoga				Phalguna-Masi		<b>Sivaloka Day</b>

<b>2</b>		<b>Thursday, February 19, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Guru Visara Yuktayam Puravroshthapada*/Uttaravroshthapada Nakshatra Siddha Yoga Talila/Gara Karana Tritiya/Tritayam Titau				Sun 17 Sutra 311
Mesha Rasi: 0.52	Tilthi 3	<b>Gulika</b> 9:37AM – 10:56AM	<b>Puravroshthapada*</b> Untill 10:19AM	<b>Ganesha:</b> Green	Sunrise: 6:58AM	Vasavasu 5127
		Yama 6:58AM – 8:17AM	Siddha Untill 10:09AM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-17
Creative Work	Siddha Yoga	917548577 Rahu 1:35PM – 2:55PM	Tailila Untill 4:50PM	Nataraja: Orange		3rd Phase
			<b>Tritiya Untill 4:06AM Fri</b>	Moon – Clear		
				Phalguna-Masi		<b>Subha Sivaloka Day</b>

<b>3</b>		<b>Friday, February 20, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Sukra Visara Yuktayam Uttaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vist* Karana Chaluriyam Titau				Sun 18 Sutra 312
Mesha Rasi: 15	Tilthi 4	<b>Gulika</b> 8:14AM – 9:36AM	<b>Uttaravroshthapada</b> Untill 9:33AM	<b>Ganesha:</b> Green	Sunrise: 6:56AM	Vasavasu 5127
		Yama 2:56PM – 4:16PM	Sadhya Untill 7:49AM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-18
Creative Work	Siddha Yoga	917548577 Rahu 10:56AM – 12:16PM	Vanija Untill 3:20PM	Nataraja: Orange		3rd Phase
			<b>Chalurithi* Untill 2:27AM Sat</b>	Moon – Clear		
				Phalguna-Masi		<b>Subha Sivaloka Day</b>

<b>4</b>		<b>Saturday, February 21, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Mania Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 313
Mesha Rasi: 28.31	Tilthi 5	<b>Gulika</b> 6:54AM – 8:15AM	<b>Revati</b> Untill 8:24AM	<b>Ganesha:</b> Red	Sunrise: 6:54AM	Vasavasu 5127
		Yama 1:36PM – 2:56PM	Sukla Untill 2:34AM Sun	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-19
Routine Work	Prabalaristha Yoga	918548577 Rahu 9:35AM – 10:55AM	Bava Untill 1:35PM	Nataraja: Orange		3rd Phase
Untill 8:24AM			<b>Panchami Untill 12:37AM Sun</b>	Moon – Clear		
Then Creative Work - Siddha Yoga				Phalguna-Masi		<b>Sivaloka Day</b>
						<b>Subramuniyaswami Siva Vision Day</b>

<b>5</b>		<b>Sunday, February 22, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthiyam Titau				Sun 20 Sutra 314
Mesha Rasi: 12.32	Tilthi 6	<b>Gulika</b> 2:57PM – 4:18PM	<b>Ashvini</b> Untill 7:21AM	<b>Ganesha:</b> Blue	Sunrise: 6:53AM	Vasavasu 5127
		Yama 12:16PM – 1:36PM	Brahma Untill 11:45PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-20
Creative Work	Siddha Yoga	928548577 Rahu 4:18PM – 5:38PM	Kaulava Untill 11:39AM	Nataraja: Orange		3rd Phase
Untill 7:21AM			<b>Shashthi* Untill 10:38PM</b>	Moon – White		
Then Routine Work - Prabalaristha Yoga				Phalguna-Masi		<b>Devaloka Day</b>

<b>6</b>		<b>Monday, February 23, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Kittika Nakshatra Indra Yoga Gara/Vasara Karana Sapthamyam Titau				Sun 21 Sutra 315
Mesha Rasi: 26.38	Tilthi 7	<b>Gulika</b> 1:37PM – 2:58PM	<b>Bharani</b> Untill 6:01AM	<b>Ganesha:</b> Blue	Sunrise: 6:51AM	Vasavasu 5127
		Yama 10:54AM – 12:15PM	Indra Untill 8:53PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-21
Family Home Evening	Siddha Yoga	928548577 Rahu 8:12AM – 9:33AM	Gara Untill 9:37AM	Nataraja: Orange		3rd Phase
Untill 6:01AM			<b>Sapthami Untill 8:33PM</b>	Moon – White		
Then Routine Work - Marana Yoga				Phalguna-Masi		<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, February 24, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini Nakshatra Vaidhiti*/Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 316
Wishabha Rasi: 10.48	Tilthi 8	<b>Gulika</b> 12:15PM – 1:37PM	<b>Rohini</b> Untill 3:12AM Wed	<b>Ganesha:</b> Yellow	Sunrise: 6:50AM	Vasavasu 5127
		Yama 9:33AM – 10:54AM	Vaidhiti* Untill 5:57PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-22
Creative Work	Amrita Yoga	938548577 Rahu 2:58PM – 4:20PM	Visti Untill 7:31AM	Nataraja: Orange		Ashtami
Untill 3:12AM Wed			<b>Ashtami* Untill 6:25PM</b>	Moon – Yellow		
Then Creative Work - Siddha Yoga				Phalguna-Masi		<b>Sivaloka Day</b>

<b>Retreat Star</b>		<b>Wednesday, February 25, 2026</b>				Gatineau, Canada
		Viswasa Nama Samvatsare Uтарыяе Mоkша Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Piruli Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Sun 23 Sutra 317
Wishabha Rasi: 24.59	Tilthi 9 – 10	<b>Gulika</b> 10:53AM – 12:15PM	<b>Mrigashira</b> Untill 1:46AM Thu	<b>Ganesha:</b> Blue	Sunrise: 6:48AM	Vasavasu 5127
		Yama 8:10AM – 9:32AM	Vishkambha* Untill 3:02PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 43-23
Creative Work	Siddha Yoga	938648577 Rahu 12:15PM – 1:37PM	Tailila Untill 3:15AM Thu	Nataraja: Orange		Navami
Untill 1:46AM Thu			<b>Navami* Untill 4:17PM</b>	Moon – Yellow		
Then Routine Work - Marana Yoga				Phalguna-Masi		<b>Subha Sivaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1 Thursday, February 26, 2026</b>		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Gatineau, Canada Ardra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau Sun 24 Sutra 318			
Mithuna Rasi: 9:09	TITHI 10 – 11	<b>Gulika</b> 9:31AM – 10:53AM	<b>Ardra Untill 12:16AM Fri</b>	<b>Ganesh:</b> Blue <i>Sunrise: 6:46AM</i>	Vasavasu 5:27
		Yama 6:46AM – 8:09AM	Priti Untill 12:06PM	<b>Muruga:</b> White <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44 - 24
		938648577 <b>Rahu</b> 1:37PM – 2:59PM	Vanija Untill 1:10AM Fri	<b>Nataraja:</b> Orange	4th Phase
Routine Work - Marana Yoga			<b>Dashami Untill 2:11PM</b>	Moon - Yellow	<b>Subha Sivaloka Day</b>
Untill 12:16AM Fri				Phalgun-Masi	
Then Creative Work - Siddha Yoga					
<b>2 Friday, February 27, 2026</b>		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam Gatineau, Canada Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dvadashtyam Tilau Sun 25 Sutra 319			
Mithuna Rasi: 23:17	TITHI 11 – 12	<b>Gulika</b> 8:07AM – 9:30AM	<b>Punarvasu Untill 11:09PM</b>	<b>Ganesh:</b> White <i>Sunrise: 6:45AM</i>	Vasavasu 5:27
		Yama 3:00PM – 4:23PM	Ayushman Untill 9:17AM	<b>Muruga:</b> White <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44 - 25
		949648577 <b>Rahu</b> 10:52AM – 12:15PM	Bava Untill 11:14PM	<b>Nataraja:</b> Orange	4th Phase
Creative Work - Siddha Yoga			<b>Ekadashi Untill 12:10PM</b>	Moon - Blue	<b>Devaloka Day</b>
Untill 11:09PM				Phalgun-Masi	
Then Routine Work - Marana Yoga					
<b>3 Saturday, February 28, 2026</b>		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manu Vasara Yuktayam Gatineau, Canada Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashtriyodashtyam Tilau Sun 26 Sutra 320			
Kalka Rasi: 7:19	TITHI 12 – 13	<b>Gulika</b> 6:43AM – 8:06AM	<b>Pushya Untill 10:07PM</b>	<b>Ganesh:</b> White <i>Sunrise: 6:43AM</i>	Vasavasu 5:27
		Yama 1:38PM – 3:01PM	Saubhagya Untill 6:35AM	<b>Muruga:</b> White <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44 - 26
		949648577 <b>Rahu</b> 9:29AM – 10:52AM	Kaulava Untill 9:29PM	<b>Nataraja:</b> Orange	4th Phase
Creative Work - Siddha Yoga			<b>Dvadashti Untill 10:19AM</b>	Moon - Blue	<b>Devaloka Day</b>
Untill 10:07PM				Phalgun-Masi	
Then Routine Work - Marana Yoga					
<i>Pradosha Vata</i>					
<b>4 Sunday, March 1, 2026</b>		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Gatineau, Canada Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau Sun 27 Sutra 321			
Kalka Rasi: 21:12	TITHI 13 – 14	<b>Gulika</b> 3:02PM – 4:25PM	<b>Ashlesha* Untill 9:13PM</b>	<b>Ganesh:</b> White <i>Sunrise: 6:40AM</i>	Vasavasu 5:27
		Yama 12:14PM – 1:38PM	Athiganda* Untill 1:48AM Mon	<b>Muruga:</b> White <i>Sunset: 5:49PM</i>	Moon 2 - Phase 44 - 27
		949648577 <b>Rahu</b> 4:25PM – 5:49PM	Gara Untill 8:03PM	<b>Nataraja:</b> Orange	4th Phase
Creative Work - Siddha Yoga			<b>Trayodashi Untill 8:42AM</b>	Moon - Blue	<b>Devaloka Day</b>
Untill 9:13PM		<b>Chidambaram Abhishekam</b>		Phalgun-Masi	
Then Routine Work - Marana Yoga					
<b>Monday, March 2, 2026</b>		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Gatineau, Canada Magha* Nakshatra Sukarna Yoga Vanija/Visli* Karana ChaturdashyPurnimayam Tilau Sun 28 Sutra 322			
Simha Rasi: 4:53	TITHI 14 – 15	<b>Gulika</b> 1:38PM – 3:02PM	<b>Magha* Untill 9:00PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 6:38AM</i>	Vasavasu 5:27
<b>Family Home Evening</b>		Yama 10:50AM – 12:14PM	Sukarna Untill 11:52PM	<b>Muruga:</b> White <i>Sunset: 5:50PM</i>	Moon 2 - Phase 44 -
Routine Work - Marana Yoga	959648577	<b>Rahu</b> 8:02AM – 9:26AM	Visli Untill 6:59PM	<b>Nataraja:</b> Orange	Purnima
Untill 9:00PM			<b>Chaturdashy* Untill 7:27AM</b>	Moon - Red	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Holi</b>		Phalgun-Masi	
<b>Tuesday, March 3, 2026</b>		Vivavasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha: Mangala Vasara Yuktayam Gatineau, Canada Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 29 Sutra 323			
Simha Rasi: 18:2	TITHI 15 – 16	<b>Gulika</b> 12:14PM – 1:38PM	<b>Purvaphalguni Untill 9:06PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 6:36AM</i>	Vasavasu 5:27
		Yama 9:25AM – 10:50AM	Dhriti Untill 10:20PM	<b>Muruga:</b> White <i>Sunset: 5:52PM</i>	Moon 2 - Phase 44 -
		959648577 <b>Rahu</b> 3:03PM – 4:27PM	Balava Untill 6:25PM	<b>Nataraja:</b> Orange	Prathama
Creative Work - Siddha Yoga			<b>Purnima* Untill 6:37AM</b>	Moon - Red	<b>Sivaloka Day</b>
Untill 9:06PM				Phalgun-Masi	
Then Creative Work - Amrita Yoga					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajass is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Бадха Васара Yuktayam Gaitneau, Canada  
Utaraphalguni Nakshatra Shula\* Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau Sutra 324

Kanya Rasi: 1.3	Tithi 16 - 17	Gulika 10:49AM - 12:14PM	Utaraphalguni Untill 9:36PM	Ganesh: Clear Sunrise: 6:35AM	Waxsaxu 5:127
		Yama 7:59AM - 9:24AM	Shula* Untill 9:12PM	Muruga: White Sunset: 5:53PM	Moon 3 - Phase 45 - 1st Phase
		959648577 Rahu 12:14PM - 1:39PM	Tailita Untill 6:23PM	Nataraja: Orange	
Creative Work	Amrita Yoga		Prathama* Untill 6:18AM	Moon - Red Phalgunam-Masi	Sivaloka Day
Untill 9:36PM					
Then Routine Work - Marana Yoga					

1 Thursday, March 5, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Гору Васара Yuktayam Gaitneau, Canada  
Hasta Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvityam/Tritiyam Titau Sutra 325

Kanya Rasi: 14.23	Tithi 17 - 18	Gulika 9:23AM - 10:48AM	Hasla Untill 10:59PM	Ganesh: White Sunrise: 6:33AM	Waxsaxu 5:127
		Yama 6:33AM - 7:58AM	Ganda* Untill 8:33PM	Muruga: White Sunset: 5:54PM	Moon 3 - Phase 45 - 1st Phase
		169648577 Rahu 1:39PM - 3:04PM	Vanija Untill 6:56PM	Nataraja: Orange	
Routine Work	Marana Yoga		Dvitiya Untill 6:34AM	Moon - Green Phalgunam-Masi	Devaloka Day
Untill 10:59PM					
Then Creative Work - Siddha Yoga					

2 Friday, March 6, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Sukra Vasara Yuktayam Gaitneau, Canada  
Chitra Nakshatra Vidhi Yoga Vesi\* Bava Karana Tritiya/Chaturtham Titau Sutra 326

Kanya Rasi: 26.59	Tithi 18 - 19	Gulika 7:57AM - 9:22AM	Chitra Untill 12:46AM Sat	Ganesh: White Sunrise: 6:31AM	Waxsaxu 5:127
		Yama 3:04PM - 4:30PM	Vidhi Untill 8:22PM	Muruga: White Sunset: 5:56PM	Moon 3 - Phase 45 - 2 1st Phase
		169648577 Rahu 10:48AM - 12:13PM	Bava Untill 8:05PM	Nataraja: Orange	
Creative Work	Siddha Yoga		Tritiya Untill 7:25AM	Moon - Green Phalgunam-Masi	Devaloka Day

3 Saturday, March 7, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Marta Vasara Yuktayam Gaitneau, Canada  
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sutra 327

Tula Rasi: 9.2	Tithi 19 - 20	Gulika 6:29AM - 7:55AM	Svali Untill 2:52AM Sun	Ganesh: Purple Sunrise: 6:29AM	Waxsaxu 5:127
		Yama 1:39PM - 3:05PM	Dhruva Untill 8:33PM	Muruga: Clear Sunset: 5:57PM	Moon 3 - Phase 45 - 3 1st Phase
		161658577 Rahu 9:21AM - 10:47AM	Kaulava Untill 9:45PM	Nataraja: Orange	
Creative Work	Siddha Yoga		Chaturthi* Untill 8:50AM	Moon - Green Phalgunam-Masi	Bhuloka Day
Untill 2:52AM Sun					Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga					

4 Sunday, March 8, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Bhanu Vasara Yuktayam Gaitneau, Canada  
Vishaka Nakshatra Vyaghat\* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau Sutra 328

Tula Rasi: 21.29	Tithi 20 - 21	Gulika 3:05PM - 4:32PM	Vishaka Untill 5:41AM Mon	Ganesh: Clear Sunrise: 6:27AM	Waxsaxu 5:127
		Yama 12:13PM - 1:39PM	Vyaghat* Untill 9:04PM	Muruga: Clear Sunset: 5:58PM	Moon 3 - Phase 45 - 4 1st Phase
		171658577 Rahu 4:32PM - 5:58PM	Gara Untill 11:50PM	Nataraja: Orange	
Routine Work	Marana Yoga		Panchami Untill 10:44AM	Moon - Orange Phalgunam-Masi	Devaloka Day
Untill 5:41AM Mon					
Then Creative Work - Siddha Yoga					

5 Monday, March 9, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Indu Vasara Yuktayam Gaitneau, Canada  
Anuradha Nakshatra Harshana Yoga Vanija/Vesi\* Karana Shashthi/Saptamam Titau Sutra 329

Witschika Rasi: 3.29	Tithi 21 - 22	Gulika 1:39PM - 3:06PM	Anuradha Untill 8:32AM Tue	Ganesh: Clear Sunrise: 6:26AM	Waxsaxu 5:127
		Yama 10:46AM - 12:13PM	Harshana Untill 9:49PM	Muruga: Clear Sunset: 5:59PM	Moon 3 - Phase 45 - 5 1st Phase
		171658577 Rahu 7:52AM - 9:19AM	Vesi Untill 2:11AM Tue	Nataraja: Orange	
Family Home Evening	Siddha Yoga		Shashthi* Untill 12:58PM	Moon - Orange Phalgunam-Masi	Devaloka Day
Creative Work	Siddha Yoga				
Untill 8:32AM Tue					
Then Routine Work - Marana Yoga					

6 Tuesday, March 10, 2026

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Mangala Vasara Yuktayam Gaitneau, Canada  
Anuradha Nakshatra Harshana Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamam Titau Sutra 330

Witschika Rasi: 15.24	Tithi 22 - 23	Gulika 12:12PM - 1:39PM	Anuradha Untill 8:32AM	Ganesh: Clear Sunrise: 6:24AM	Waxsaxu 5:127
		Yama 9:18AM - 10:45AM	Vajra* Untill 10:37PM	Muruga: White Sunset: 6:01PM	Moon 3 - Phase 45 - 6 1st Phase
		171658677 Rahu 3:07PM - 4:34PM	Balava Untill 4:37AM Wed	Nataraja: Light Blue	
Creative Work	Siddha Yoga		Saptami Untill 3:23PM	Moon - Orange Phalgunam-Masi	Bhuloka Day
Untill 8:32AM					Devaloka Time: 6AM to 9AM
Then Routine Work - Marana Yoga					

Wednesday, March 11, 2026

Retreat Star

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Budha Vasara Yuktayam Gaitneau, Canada  
Jyeshtha/Mula\* Nakshatra Siddhi Yoga Kaulava/Tailita Karana Ashtami/Navamam Titau Sutra 331

Witschika Rasi: 27.18	Tithi 23 - 24	Gulika 10:45AM - 12:12PM	Jyeshtha* Untill 11:15AM	Ganesh: Clear Sunrise: 6:22AM	Waxsaxu 5:127
		Yama 7:50AM - 9:17AM	Siddhi Untill 11:22PM	Muruga: White Sunset: 6:03PM	Moon 3 - Phase 45 - 7 Ashtami
		171658677 Rahu 12:12PM - 1:40PM	Tailita Untill 6:55AM Thu	Nataraja: Light Blue	
Creative Work	Siddha Yoga		Ashlami* Untill 5:46PM	Moon - Orange Phalgunam-Masi	Bhuloka Day
Untill 11:15AM					Devaloka Time: 6AM to 9AM
Then Routine Work - Marana Yoga					

Thursday, March 12, 2026

Retreat Star

Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Guro Vasara Yuktayam Gaitneau, Canada  
Mula/Puruvashada\* Nakshatra Vyalipala\* Yoga Tailita/Gara Karana Navamam Titau Sutra 332

Dhanu Rasi: 9.15	Tithi 24	Gulika 9:16AM - 10:44AM	Mula* Untill 2:08PM	Ganesh: White Sunrise: 6:20AM	Waxsaxu 5:127
		Yama 6:20AM - 7:48AM	Vyalipala* Untill 11:56PM	Muruga: White Sunset: 6:03PM	Moon 3 - Phase 45 - 8 Navami
		181658677 Rahu 1:40PM - 3:08PM	Tailita Untill 6:55AM	Nataraja: Light Blue	
Creative Work	Siddha Yoga		Navam* Untill 7:56PM	Moon - Light Blue Phalgunam-Masi	Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Friday, March 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Paksh: Sukra Vasara Yuktiyam Gatiheau, Canada Purnvashada*Uttarashada Nakshatra Varjyan Yoga Vanija/Vidhi* Karana Dashmashyam Titau Sun 9 Sutra 333			
Dhanu Rasi: 21.19	Tithi 25	<b>Gulika</b> 7:47AM – 9:15AM	<b>Purvashada* Until 4:29PM</b>	<b>Ganesh:</b> White <b>Sunrise:</b> 6:18AM	<b>Vasarasu 5:17</b>
		<b>Yama</b> 3:08PM – 4:36PM	<b>Varjyan Until 12:08AM Sat</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:05PM	<b>Moon 3 - Phase 46 - 9</b>
		181658677 <b>Rahu</b> 10:43AM – 12:12PM	<b>Vanija Until 8:53AM</b>	<b>Nataraja:</b> Light Blue	<b>2nd Phase</b>
Routine Work Prabalarishta Yoga			<b>Dashami Until 9:39PM</b>	<b>Moon - Light Blue</b>	<b>Bhuloka Day</b>
Until 4:29PM				<b>Phalguna-Masi</b>	
Then Routine Work - Marana Yoga					

<b>2 Saturday, March 14, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mantu Vasara Yuktiyam Gatiheau, Canada Uttarashada Nakshatra Parigha* Yoga Bava/Baleva Karana Ekadashyam Titau Sun 10 Sutra 334			
Makara Rasi: 4	Tithi 26	<b>Gulika</b> 6:17AM – 7:45AM	<b>Uttarashada Until 6:08PM</b>	<b>Ganesh:</b> White <b>Sunrise:</b> 6:17AM	<b>Vasarasu 5:17</b>
		<b>Yama</b> 1:40PM – 3:09PM	<b>Parigha* Until 11:53PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:06PM	<b>Moon 3 - Phase 46 - 10</b>
		181658677 <b>Rahu</b> 9:14AM – 10:43AM	<b>Bava Until 10:19AM</b>	<b>Nataraja:</b> Light Blue	<b>2nd Phase</b>
Routine Work Marana Yoga			<b>Ekadashi* Until 10:47PM</b>	<b>Moon - Light Blue</b>	<b>Bhuloka Day</b>
Until 6:08PM		<b>Karadayam Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>3 Sunday, March 15, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Bharu Vasara Yuktiyam Gatiheau, Canada Shravana Nakshatra Shiva Yoga Kaulava/Tallila Karana Dvadashtyam Titau Sun 11 Sutra 335			
Makara Rasi: 16.09	Tithi 27	<b>Gulika</b> 3:09PM – 4:38PM	<b>Shravana Until 7:27PM</b>	<b>Ganesh:</b> Yellow <b>Sunrise:</b> 6:15AM	<b>Vasarasu 5:17</b>
		<b>Yama</b> 12:11PM – 1:40PM	<b>Shiva Until 11:07PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:07PM	<b>Moon 3 - Phase 46 - 11</b>
		191658678 <b>Rahu</b> 4:38PM – 6:07PM	<b>Kaulava Until 11:07AM</b>	<b>Nataraja:</b> Purple	<b>2nd Phase</b>
Creative Work Amrita Yoga			<b>Dvadashti* Until 11:14PM</b>	<b>Moon - Purple</b>	<b>Bhuloka Day</b>
Until 7:27PM				<b>Phalguna-Panguni</b>	<b>Devaloka Time: 6AM to 9AM</b>
Then Routine Work - Marana Yoga					

<b>4 Monday, March 16, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Indu Vasara Yuktiyam Gatiheau, Canada Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 336			
Makara Rasi: 29.02	Tithi 28	<b>Gulika</b> 1:40PM – 3:10PM	<b>Dhanishtha Until 7:54PM</b>	<b>Ganesh:</b> Yellow <b>Sunrise:</b> 6:13AM	<b>Vasarasu 5:17</b>
<b>Family Home Evening</b>		<b>Yama</b> 10:41AM – 12:11PM	<b>Siddha Until 9:45PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:08PM	<b>Moon 3 - Phase 46 - 12</b>
		191658678 <b>Rahu</b> 7:42AM – 9:12AM	<b>Gara Until 11:12AM</b>	<b>Nataraja:</b> Purple	<b>2nd Phase</b>
Creative Work Siddha Yoga			<b>Trayodashi* Until 10:57PM</b>	<b>Moon - Purple</b>	<b>Bhuloka Day</b>
				<b>Phalguna-Panguni</b>	<b>Devaloka Time: 6AM to 9AM</b>

Pradosha Vata (Fasting)

<b>5 Tuesday, March 17, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mangala Vasara Yuktiyam Gatiheau, Canada Shalabhishak Nakshatra Sadhya Yoga Vistil/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337			
Kumbha Rasi: 12.17	Tithi 29	<b>Gulika</b> 12:10PM – 1:40PM	<b>Shalabhishak Until 7:31PM</b>	<b>Ganesh:</b> Blue <b>Sunrise:</b> 6:11AM	<b>Vasarasu 5:17</b>
		<b>Yama</b> 9:11AM – 10:41AM	<b>Sadya Until 7:52PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:10PM	<b>Moon 3 - Phase 46 - 13</b>
		192658678 <b>Rahu</b> 3:10PM – 4:40PM	<b>Vistil Until 10:33AM</b>	<b>Nataraja:</b> Purple	<b>2nd Phase</b>
Routine Work Marana Yoga			<b>Chaturdashi* Until 9:58PM</b>	<b>Moon - Purple</b>	<b>Devaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Wednesday, March 18, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Badha Vasara Yuktiyam Gatiheau, Canada Retreat Star Purnvashthapada* Nakshatra Subha/Sukla Yoga Caluspada* Naga* Karana Amavasyayam Titau Sun 14 Sutra 338			
Kumbha Rasi: 25.53	Tithi 30	<b>Gulika</b> 10:40AM – 12:10PM	<b>Purnvashthapada* Until 6:51PM</b>	<b>Ganesh:</b> Red <b>Sunrise:</b> 6:09AM	<b>Vasarasu 5:17</b>
		<b>Yama</b> 7:40AM – 9:10AM	<b>Subha Until 5:31PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:11PM	<b>Moon 3 - Phase 46 - 14</b>
		112658678 <b>Rahu</b> 12:10PM – 1:40PM	<b>Caluspada Until 9:17AM</b>	<b>Nataraja:</b> Purple	<b>Amavasya</b>
Creative Work Amrita Yoga			<b>Amavasya* Until 8:24PM</b>	<b>Moon - Clear</b>	<b>Bhuloka Day</b>
Until 6:51PM				<b>Phalguna-Panguni</b>	<b>Devaloka Time: 9AM to 12:2PM</b>
Then Creative Work - Siddha Yoga					

<b>Thursday, March 19, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksh: Guro Vasara Yuktiyam Gatiheau, Canada Retreat Star Uttaraproshtapada* Revati Nakshatra Sukla/Bahma Yoga Kirtughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 339			
Meena Rasi: 9.5	Tithi 1	<b>Gulika</b> 9:09AM – 10:39AM	<b>Uttaraproshtapada Until 5:33PM</b>	<b>Ganesh:</b> Red <b>Sunrise:</b> 6:08AM	<b>Vasarasu 5:17</b>
		<b>Yama</b> 6:08AM – 7:38AM	<b>Sukla Until 2:44PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:12PM	<b>Moon 3 - Phase 46 - 15</b>
		112658678 <b>Rahu</b> 1:40PM – 3:11PM	<b>Kirtughna Until 7:27AM</b>	<b>Nataraja:</b> Purple	<b>Prathama</b>
Creative Work Siddha Yoga			<b>Prathama* Until 6:22PM</b>	<b>Moon - Clear</b>	<b>Bhuloka Day</b>
		<b>Yugadi</b>		<b>Chaitra-Panguni</b>	<b>Devaloka Time: 9AM to 12:2PM</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Gatiheau, Canada on 12/20/23

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<b>1 Friday, March 20, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau				Gatineau, Canada Sun 16 Sutra 340
Mesha Rasi: 24.04	Tithi 2 - 3	<b>Gulika</b> 7:37AM - 9:08AM	<b>Revati</b> Until 3:46PM	<b>Ganesh:</b> Red <b>Muruga:</b> White	Sunrise: 6:06AM Sunset: 6:18PM	Vasarasu 5127 Moon 3 - Phase 47 - 17 3rd Phase
Yama	3:11PM - 4:42PM	Yama	Brahma Until 11:41AM	<b>Nataraja:</b> Purple		
122658678	<b>Rahu</b> 10:39AM - 12:10PM		Taila Until 2:44AM Sat	Moon - Clear Chaitra-Panguni		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM
Creative Work Siddha Yoga Until 3:46PM Then Creative Work - Amrita Yoga						
<b>2 Saturday, March 21, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manu Varsara Yuktayam Ashvini/Bharani Nakshatra Indra/Vahini* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Gatineau, Canada Sun 17 Sutra 341
Mesha Rasi: 8.28	Tithi 3 - 4	<b>Gulika</b> 6:04AM - 7:35AM	<b>Ashvini</b> Until 2:04PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White	Sunrise: 6:04AM Sunset: 6:19PM	Vasarasu 5127 Moon 3 - Phase 47 - 17 3rd Phase
Yama	1:41PM - 3:12PM	Yama	Indra Until 8:27AM	<b>Nataraja:</b> Purple		
122658678	<b>Rahu</b> 9:07AM - 10:38AM		Vanija Until 12:06AM Sun	Moon - White Chaitra-Panguni		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM
Creative Work Siddha Yoga Chellappaswami Mahasamadh						
<b>3 Sunday, March 22, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visi* Bava Karana Chaturthi/Panchamyam Tilau				Gatineau, Canada Sun 18 Sutra 342
Mesha Rasi: 22.56	Tithi 4 - 5	<b>Gulika</b> 3:12PM - 4:44PM	<b>Bharani</b> Until 12:09PM	<b>Ganesh:</b> Blue <b>Muruga:</b> White	Sunrise: 6:03AM Sunset: 6:16PM	Vasarasu 5127 Moon 3 - Phase 47 - 18 3rd Phase
Yama	12:09PM - 1:41PM	Yama	Vishkambha* Until 1:49AM Mon	<b>Nataraja:</b> Purple		
122758678	<b>Rahu</b> 4:44PM - 6:16PM		Bava Until 9:27PM	Moon - White Chaitra-Panguni		<b>Bhuloka Day</b>
Routine Work Prabalarishta Yoga Until 12:09PM Then Creative Work - Siddha Yoga						
<b>4 Monday, March 23, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau				Gatineau, Canada Sun 19 Sutra 343
Wisshabha Rasi: 7.25	Tithi 5 - 6	<b>Gulika</b> 1:41PM - 3:13PM	<b>Krittika</b> Until 10:09AM	<b>Ganesh:</b> Blue <b>Muruga:</b> White	Sunrise: 6:00AM Sunset: 6:17PM	Vasarasu 5127 Moon 3 - Phase 47 - 19 3rd Phase
Yama	10:37AM - 12:09PM	Yama	Priti Until 10:36PM	<b>Nataraja:</b> Purple		
122758678	<b>Rahu</b> 7:32AM - 9:04AM		Kaulava Until 6:53PM	Moon - White Chaitra-Panguni		<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 10:09AM Then Creative Work - Amrita Yoga						
<b>5 Tuesday, March 24, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamyam Tilau				Gatineau, Canada Sun 20 Sutra 344
Wisshabha Rasi: 21.47	Tithi 7	<b>Gulika</b> 12:08PM - 1:41PM	<b>Rohini</b> Until 8:35AM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White	Sunrise: 5:58AM Sunset: 6:18PM	Vasarasu 5127 Moon 3 - Phase 47 - 20 3rd Phase
Yama	9:03AM - 10:36AM	Yama	Ayushman Until 7:32PM	<b>Nataraja:</b> Purple		
132758678	<b>Rahu</b> 3:13PM - 4:46PM		Gara Until 4:31PM	Moon - Yellow Chaitra-Panguni		<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
Creative Work Amrita Yoga Until 8:35AM Then Creative Work - Siddha Yoga						
<b>Wednesday, March 25, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Migashira/Andra Nakshatra Sauthagya/Sobhana Yoga Visi* Bava Karana Ashtamyam Tilau				Gatineau, Canada Sun 21 Sutra 345
<b>Retreat Star</b>		<b>Gulika</b> 10:35AM - 12:08PM	<b>Mrigashira</b> Until 7:05AM	<b>Ganesh:</b> Yellow <b>Muruga:</b> White	Sunrise: 5:56AM Sunset: 6:20PM	Vasarasu 5127 Moon 3 - Phase 47 - 21 Ashtami
Mithuna Rasi: 6.01	Tithi 8	Yama	Sauthagya Until 4:41PM	<b>Nataraja:</b> Purple		
132758678	<b>Rahu</b> 12:08PM - 1:41PM		Visi Until 2:23PM	Moon - Yellow Chaitra-Panguni		<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
Creative Work Siddha Yoga						
<b>Thursday, March 26, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Varsara Yuktayam Punarvasu Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Navamyam Tilau				Gatineau, Canada Sun 22 Sutra 346
<b>Retreat Star</b>		<b>Gulika</b> 9:01AM - 10:34AM	<b>Punarvasu</b> Until 4:58AM Fri	<b>Ganesh:</b> White <b>Muruga:</b> White	Sunrise: 5:55AM Sunset: 6:21PM	Vasarasu 5127 Moon 3 - Phase 47 - 22 Navami
Mithuna Rasi: 20.04	Tithi 9	Yama	Sobhana Until 2:05PM	<b>Nataraja:</b> Purple		
142758678	<b>Rahu</b> 1:41PM - 3:14PM		Balava Until 12:32PM	Moon - Blue Chaitra-Panguni		<b>Bhuloka Day</b>
Creative Work Amrita Yoga Until 4:58AM Fri Then Routine Work - Marana Yoga		Sri Rama Navami				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1 Friday, March 27, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Sukla Pakche Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Talila/Gara Karana Dashamyam Tilau				Gatineau, Canada Sun 23 Sutra 347
Kataka Rasi: 3.55	Tithi 10	<b>Gulika</b> 7:26AM - 9:00AM	<b>Pushya Until 4:24AM Sat</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	<b>Sunrise:</b> 5:53AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - 23 4th Phase
Routine Work - Marana Yoga		142758678 <b>Rahu</b> 10:34AM - 12:07PM	<b>Athiganda* Until 11:43AM</b> <b>Tailila Until 11:01AM</b> <b>Dashami Until 10:22PM</b>			<b>Bhuloka Day</b>

<b>2 Saturday, March 28, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Sukla Pakche Mani Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Tilau				Gatineau, Canada Sun 24 Sutra 348
Kataka Rasi: 17.34	Tithi 11	<b>Gulika</b> 5:51AM - 7:25AM	<b>Ashlesha* Until 4:01AM Sun</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	<b>Sunrise:</b> 5:51AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - 24 4th Phase
Routine Work - Marana Yoga		142758678 <b>Rahu</b> 8:59AM - 10:33AM	<b>Sukarma Until 9:38AM</b> <b>Vanija Until 9:50AM</b> <b>Ekadashi Until 9:21PM</b>			<b>Bhuloka Day</b>
		Yogaswami Mahasamadhii				

<b>3 Sunday, March 29, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Sukla Pakche Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Tilau				Gatineau, Canada Sun 25 Sutra 349
Simha Rasi: 1	Tithi 12	<b>Gulika</b> 3:16PM - 4:50PM	<b>Magha* Until 4:19AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	<b>Sunrise:</b> 5:49AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - 25 4th Phase
Routine Work - Marana Yoga Until 4:19AM Mon Then Creative Work - Siddha Yoga		152758678 <b>Rahu</b> 4:50PM - 6:24PM	<b>Dhriti Until 7:51AM</b> <b>Bava Until 9:01AM</b> <b>Dvadashi Until 8:43PM</b>			<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM

<b>4 Monday, March 30, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Sukla Pakche Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Tailila Karana Trayodashyam Tilau				Gatineau, Canada Sun 26 Sutra 350
Simha Rasi: 14.14	Tithi 13	<b>Gulika</b> 1:41PM - 3:16PM	<b>Purvaphalguni Until 4:51AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	<b>Sunrise:</b> 5:47AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - 26 4th Phase
Family Home Evening Creative Work - Siddha Yoga Until 4:51AM Tue Then Creative Work - Amrita Yoga		152758678 <b>Rahu</b> 7:22AM - 8:57AM	<b>Shula* Until 6:21AM</b> <b>Kaulava Until 8:34AM</b> <b>Trayodashi Until 8:28PM</b>			<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM
			Pradosha Vata			

<b>5 Tuesday, March 31, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi Yoga Gara/Vanja Karana Chaturdashyam Tilau				Gatineau, Canada Sun 27 Sutra 351
Simha Rasi: 27.16	Tithi 14	<b>Gulika</b> 12:06PM - 1:41PM	<b>Uttaraphalguni Until 5:38AM Wed</b>	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - 27 4th Phase
Creative Work - Amrita Yoga Until 5:38AM Wed Then Routine Work - Marana Yoga		153758678 <b>Rahu</b> 3:17PM - 4:52PM	<b>Viddhi Until 4:20AM Wed</b> <b>Gara Until 8:31AM</b> <b>Chaturdashi* Until 8:38PM</b>			<b>Devaloka Day</b>

<b>Wednesday, April 1, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Sukla Pakche Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Tilau				Gatineau, Canada Sun 27 Sutra 352
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:31AM - 12:06PM	<b>Hasta Until 7:09AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green Chalra-Panguni	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - Purnima
Kanya Rasi: 10.06	Tithi 15	163758678 <b>Rahu</b> 12:06PM - 1:41PM	<b>Dhruva Until 3:48AM Thu</b> <b>Visi Until 8:54AM</b> <b>Purnima* Until 9:13PM</b>			<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM
Routine Work - Marana Yoga Until 7:09AM Thu Then Creative Work - Siddha Yoga			<b>Panguni Uttarim Hanuman Jayanti</b>			

<b>Thursday, April 2, 2026</b>		Viswastu Nama Samvatsare Uтарыне Mокша Ritau Meena Mase Krishna Pakche Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Tilau				Gatineau, Canada Sun 28 Sutra 353
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:55AM - 10:30AM	<b>Hasta Until 7:09AM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green Chalra-Panguni	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:29PM	Vasavasu 5127 Moon 3 - Phase 4B - Prathama
Kanya Rasi: 22.43	Tithi 16	163758678 <b>Rahu</b> 1:41PM - 3:17PM	<b>Vyaghata* Until 3:38AM Fri</b> <b>Balava Until 9:42AM</b> <b>Prathama* Until 10:15PM</b>			<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM
Routine Work - Marana Yoga Until 7:09AM Then Creative Work - Siddha Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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**Friday, April 3, 2026****Gold Retreat Star**

Tula Rasi: 5.09      Tithi 17

Creative Work    Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Sakra Vasara Yuktayam      Gatteau, Canada  
Chitra/Svali Nakshatra Harshana Yoga Talilla/Gara Karana Divilyayam Titau      Sun 1      Sutra 354Gulika    7:18AM – 8:54AM  
Yama      3:17PM – 4:53PM

Rahu    10:30AM – 12:06PM

Chitra Until 8:55AM  
Harshana Until 3:47AM SatTaitilla Until 10:57AM  
Dvitiya Until 11:42PMGanesh: Clear      Sunrise: 5:40AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Green  
Chaitra-PanguniMoon 4 - Phase 49 - 1  
1st Phase**Bhuloka Day**  
Devaloka Time: 9AM to 12PM**1 Saturday, April 4, 2026**

Tula Rasi: 17.24      Tithi 18

Creative Work    Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Manta Vasara Yuktayam      Gatteau, Canada  
Svali/Vishakha Nakshatra Vajra\* Yoga Vanija/Visli\* Karana Trilyayam Titau      Sun 2      Sutra 355Gulika    5:40AM – 7:16AM  
Yama      1:42PM – 3:18PM

Rahu    8:53AM – 10:29AM

Svali Until 10:56AM  
Vajra\* Until 4:12AM SunVanija Until 12:36PM  
Tritya Until 1:32AM SunGanesh: Clear      Sunrise: 5:40AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Green  
Chaitra-PanguniMoon 4 - Phase 49 - 2  
1st Phase**Bhuloka Day**  
Devaloka Time: 9AM to 12PM**2 Sunday, April 5, 2026**

Tula Rasi: 29.31      Tithi 19

Routine Work    Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yuktayam      Gatteau, Canada  
Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturtham Titau      Sun 3      Sutra 356Gulika    3:18PM – 4:55PM  
Yama      12:05PM – 1:42PM

Rahu    4:55PM – 6:32PM

Vishakha Until 1:37PM  
Siddhi Until 4:52AM MonBava Until 2:36PM  
Chaturthi\* Until 3:41AM MonGanesh: White      Sunrise: 5:38AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Orange  
Chaitra-PanguniMoon 4 - Phase 49 - 3  
1st Phase**Devaloka Day****3 Monday, April 6, 2026**Wischika Rasi: 11.29      Tithi 20  
**Family Home Evening**

Creative Work    Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yuktayam      Gatteau, Canada  
Anuradha/Jyeshtha\* Nakshatra Vyalipala\* Yoga Kaulava/Taililla Karana Panchamam Titau      Sun 4      Sutra 357Gulika    1:42PM – 3:19PM  
Yama      10:28AM – 12:05PM

Rahu    7:13AM – 8:51AM

Anuradha Until 4:24PM  
Vyalipala\* Until 5:42AM TueKaulava Until 4:52PM  
Panchami Until 6:03AM TueGanesh: White      Sunrise: 5:36AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Orange  
Chaitra-PanguniMoon 4 - Phase 49 - 4  
1st Phase**Devaloka Day****4 Tuesday, April 7, 2026**

Wischika Rasi: 23.24      Tithi 20 – 21

Routine Work    Marana Yoga

Until 7:09PM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Mangala Vasara Yuktayam      Gatteau, Canada  
Jyeshtha\* Nakshatra Varayan Yoga Talilla/Gara Karana Panchami/Shashtham Titau      Sun 5      Sutra 358Gulika    12:04PM – 1:42PM  
Yama      8:49AM – 10:27AM

Rahu    3:19PM – 4:57PM

Jyeshtha\* Until 7:09PM  
Varayan Until 6:33AM WedGara Until 7:17PM  
Panchami Until 6:03AMGanesh: White      Sunrise: 5:25AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Orange  
Chaitra-PanguniMoon 4 - Phase 49 - 5  
1st Phase**Devaloka Day****5 Wednesday, April 8, 2026**

Dhanus Rasi: 5.17      Tithi 21 – 22

Routine Work    Marana Yoga

Until 10:12PM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Batha Vasara Yuktayam      Gatteau, Canada  
Mula\* Nakshatra Varayan/Parigha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamam Titau      Sun 6      Sutra 359Gulika    10:26AM – 12:04PM  
Yama      7:11AM – 8:48AM

Rahu    12:04PM – 1:42PM

Mula\* Until 10:12PM  
Varayan Until 6:33AMVisli Until 9:40PM  
Shashthi\* Until 8:28AMGanesh: Yellow      Sunrise: 5:23AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Light Blue  
Chaitra-PanguniMoon 4 - Phase 49 - 6  
1st Phase**Bhuloka Day**  
Devaloka Time: 9AM to 12PM**Thursday, April 9, 2026****Retreat Star**

Dhanus Rasi: 17.12      Tithi 22 – 23

Creative Work    Siddha Yoga

Until 12:53AM Fri

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Garu Vasara Yuktayam      Gatteau, Canada  
Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Titau      Sun 7      Sutra 360Gulika    8:47AM – 10:26AM  
Yama      5:31AM – 7:09AM

Rahu    1:42PM – 3:20PM

Purvashadha\* Until 12:53AM Fri  
Parigha\* Until 7:21AMBalava Until 11:49PM  
Saptami Until 10:46AMGanesh: Yellow      Sunrise: 5:21AM  
Muruga: White      Sunset: 6:29PMNataraja: Purple  
Moon – Light Blue  
Chaitra-PanguniMoon 4 - Phase 49 - 7  
Ashtami**Bhuloka Day**  
Devaloka Time: 9AM to 12PM**Friday, April 10, 2026****Retreat Star**

Dhanus Rasi: 29.14      Tithi 23 – 24

Routine Work    Marana Yoga

Until 2:57AM Sat

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Sakra Vasara Yuktayam      Gatteau, Canada  
Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taililla Karana Ashtami/Navamam Titau      Sun 8      Sutra 361Gulika    7:08AM – 8:46AM  
Yama      3:21PM – 4:59PM

Rahu    10:25AM – 12:04PM

Uttarashadha Until 2:57AM Sat  
Shiva Until 7:56AMTaililla Until 1:32AM Sat  
Ashtami\* Until 12:43PMGanesh: Yellow      Sunrise: 5:29AM  
Muruga: White      Sunset: 6:38PMNataraja: Purple  
Moon – Light Blue  
Chaitra-PanguniMoon 4 - Phase 49 - 8  
Navami**Bhuloka Day**  
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Saturday, April 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yuktayam Gattineau, Canada		
	Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau Sun 9 Sutra 362		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yuktayam Gattineau, Canada		
	Gulika 5:27AM – 7:06AM	Shravana Until 4:44AM Sun	Ganesha: Blue	Sunrise: 5:27AM	Vishvasu 5:17
	Yama 1:42PM – 3:21PM	Siddha Until 8:05AM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 50 - 9
Makara Rasi: 11.28	Tithi 24 – 25	Rahu 8:45AM – 10:24AM	Nataraja: Purple	2nd Phase	
Creative Work Siddha Yoga		Moon – Purple			Devaloka Day
Until 4:44AM Sun		Chaitra-Panguni			
Then Routine Work – Marana Yoga					

<b>2</b>	<b>Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yuktayam Gattineau, Canada		
	Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Tilau Sun 10 Sutra 363		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yuktayam Gattineau, Canada		
	Gulika 3:22PM – 5:01PM	Dhanishtha Until 5:35AM Mon	Ganesha: Blue	Sunrise: 5:26AM	Vishvasu 5:17
	Yama 12:03PM – 1:42PM	Sadhya Until 7:44AM	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 50 - 10
Makara Rasi: 23.59	Tithi 25 – 26	Rahu 5:01PM – 6:40PM	Nataraja: Purple	2nd Phase	
Routine Work Marana Yoga		Moon – Purple			Devaloka Day
Until 5:35AM Mon		Chaitra-Panguni			
Then Creative Work – Siddha Yoga					

<b>3</b>	<b>Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Indu Vasara Yuktayam Gattineau, Canada		
	Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashmyam Tilau Sun 11 Sutra 364		Vishvasu Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Indu Vasara Yuktayam Gattineau, Canada		
	Gulika 1:42PM – 3:22PM	Shatabhishak Until 5:28AM Tue	Ganesha: Blue	Sunrise: 5:24AM	Vishvasu 5:17
	Yama 10:23AM – 12:03PM	Subha Until 6:47AM	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 50 - 11
Makara Rasi: 6.53	Tithi 26 – 27	Rahu 7:04AM – 8:43AM	Nataraja: Purple	2nd Phase	
Family Home Evening		Kaulava Until 2:21AM Tue			Devaloka Day
Creative Work Siddha Yoga		Ekadashi* Until 2:42PM			
Until 5:28AM Tue		Moon – Purple			
Then Routine Work – Marana Yoga		Chaitra-Chaitra			

<b>4</b>	<b>Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Mangala Vasara Yuktayam Gattineau, Canada		
	Puravproshthapada Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashmyam Tilau Sun 12 Sutra 1		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Mangala Vasara Yuktayam Gattineau, Canada		
	Gulika 12:03PM – 1:43PM	Puravproshthapada* Until 4:53AM Wed	Ganesha: White	Sunrise: 5:22AM	Parabhava 5:18
	Yama 8:42AM – 10:22AM	Brahma Until 2:54AM Wed	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 50 - 12
Makara Rasi: 20.12	Tithi 27 – 28	Rahu 3:23PM – 5:03PM	Nataraja: Purple	2nd Phase	
Routine Work Marana Yoga		Gara Until 1:00AM Wed			Bhuloka Day
Until 4:53AM Wed		Dvadashi* Until 1:45PM			
Then Creative Work – Siddha Yoga		Chaitra-Chaitra			
		Pradosha Vata (Fasting)			

<b>5</b>	<b>Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Butha Vasara Yuktayam Gattineau, Canada		
	Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashmyam Tilau Sun 13 Sutra 2		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Butha Vasara Yuktayam Gattineau, Canada		
	Gulika 10:22AM – 12:02PM	Uttaraproshtapada Until 3:28AM Thu	Ganesha: White	Sunrise: 5:20AM	Parabhava 5:18
	Yama 7:01AM – 8:41AM	Indra Until 12:06AM Thu	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 50 - 13
Makara Rasi: 3.58	Tithi 28 – 29	Rahu 12:02PM – 1:43PM	Nataraja: Purple	2nd Phase	
Creative Work Siddha Yoga		Moon – Clear			Bhuloka Day
Until 1:43PM Thu		Trayodashi* Until 12:03PM			
Then Creative Work – Siddha Yoga		Chaitra-Chaitra			

<b>●</b>	<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Krishna Paksho Guru Vasara Yuktayam Gattineau, Canada		
	Retreat Star		Revati Nakshatra Vaidhriti* Yoga Sakuni/Catuspadi* Karana Chaturdashi/Amavasyayam Tilau Sun 14 Sutra 3		
	Gulika 8:40AM – 10:21AM	Revati Until 1:22AM Fri	Ganesha: Yellow	Sunrise: 5:19AM	Parabhava 5:18
	Yama 5:19AM – 7:00AM	Vaidhriti* Until 8:49PM	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 50 - 14
Makara Rasi: 18.11	Tithi 29 – 30	Rahu 1:43PM – 3:24PM	Nataraja: Purple	Amavasya	
Creative Work Siddha Yoga		Catuspadi Until 8:21PM			Bhuloka Day
Until 1:22AM Fri		Chaturdashi* Until 9:42AM			Devaloka Time: 9AM to 12PM
Then Creative Work – Amrita Yoga		Chaitra-Chaitra			

<b>●</b>	<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Gattineau, Canada		
	Retreat Star		Ashvini Nakshatra Vishkambha* Pithi Yoga Naja/Bava Karana Amavasya/Prathamayam Tilau Sun 15 Sutra 4		
	Gulika 6:58AM – 8:39AM	Ashvini Until 11:11PM	Ganesha: Red	Sunrise: 5:17AM	Parabhava 5:18
	Yama 3:24PM – 5:05PM	Vishkambha* Until 5:13PM	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 50 - 15
Makara Rasi: 2.44	Tithi 30 – 1	Rahu 10:21AM – 12:02PM	Nataraja: Purple	Prathama	
Creative Work Amrita Yoga		Bava Until 3:41AM Sat			Bhuloka Day
Until 11:11PM		Amavasya* Until 6:51AM			Devaloka Time: 9AM to 12PM
Then Creative Work – Siddha Yoga		Vaisakha-Chaitra			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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<b>1 Saturday, April 18, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Mania Vesara Yukhtayam				Gatineau, Canada
Bharani Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Gulika 5:15AM – 6:57AM		Bharani Untill 8:39PM		Sun 16 Sutra 5
Mesha Rasi: 17.33	Tithi 2	Yama 1:43PM – 3:25PM	Rahu 8:38AM – 10:20AM	Prithi Untill 1:25PM	Ganesh: Red Sunrise: 5:15AM	Parabhava 5:128
Creative Work	Siddha Yoga	244858678		Balava Untill 2:02PM	Muruga: White Sunset: 6:48PM	Moon 4 - Phase 1 - 16
Untill 8:39PM				Dvitiya Untill 12:21AM Sun	Nataraja: Purple	3rd Phase
Then Creative Work - Amrita Yoga				Moon - White	Vaisakha-Chaitra	<b>Bhuloka Day</b>
						Devaloka Time: 9AM to12PM
<b>2 Sunday, April 19, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Bhanu Vesara Yukhtayam				Gatineau, Canada
Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Titau		Gulika 3:25PM – 5:07PM		Kritika Untill 5:58PM		Sun 17 Sutra 6
Wishabha Rasi: 2.28	Tithi 3	Yama 12:01PM – 1:43PM	Rahu 5:07PM – 6:49PM	Ayushman Untill 9:31AM	Ganesh: Red Sunrise: 5:14AM	Parabhava 5:128
Creative Work	Siddha Yoga	244858678		Talilla Untill 10:41AM	Muruga: White Sunset: 6:49PM	Moon 4 - Phase 1 - 17
				Dvitiya Untill 9:00PM	Nataraja: Purple	3rd Phase
				Moon - White	Vaisakha-Chaitra	<b>Bhuloka Day</b>
						Devaloka Time: 9AM to12PM
<b>3 Monday, April 20, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Indu Vesara Yukhtayam				Gatineau, Canada
Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurithi/Panchamyam Titau		Gulika 1:43PM – 3:26PM		Rohini Untill 3:40PM		Sun 18 Sutra 7
Wishabha Rasi: 17.22	Tithi 4 – 5	Yama 10:19AM – 12:01PM	Rahu 6:54AM – 8:37AM	Sobhana Untill 2:03AM Tue	Ganesh: Yellow Sunrise: 5:12AM	Parabhava 5:128
Family Home Evening		234858678		Vanija Untill 7:24AM	Muruga: White Sunset: 6:50PM	Moon 4 - Phase 1 - 18
Creative Work	Amrita Yoga			Chalurithi Untill 5:49PM	Nataraja: Purple	3rd Phase
				Moon - Yellow	Vaisakha-Chaitra	<b>Bhuloka Day</b>
						Devaloka Time: 9AM to12PM
<b>4 Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Mangala Vesara Yukhtayam				Gatineau, Canada
Mrigashira/Ardra Nakshatra Alhiganda Yoga Balava/Kaulava Karana Panchami/Shushthiyam Titau		Gulika 12:01PM – 1:43PM		Mrigashira Untill 1:31PM		Sun 19 Sutra 8
Mithuna Rasi: 2.05	Tithi 5 – 6	Yama 8:36AM – 10:18AM	Rahu 3:26PM – 5:09PM	Alhiganda Untill 10:39PM	Ganesh: Yellow Sunrise: 5:10AM	Parabhava 5:128
Creative Work	Siddha Yoga	234858678		Kaulava Untill 1:36AM Wed	Muruga: White Sunset: 6:51PM	Moon 4 - Phase 1 - 19
Untill 1:31PM				Panchami Untill 2:54PM	Nataraja: Purple	3rd Phase
Then Routine Work - Marana Yoga				Moon - Yellow	Vaisakha-Chaitra	<b>Bhuloka Day</b>
						Devaloka Time: 9AM to12PM
<b>5 Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Budha Vesara Yukhtayam				Gatineau, Canada
Ardra/Punarvasu Nakshatra Sukarma Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau		Gulika 10:18AM – 12:01PM		Ardra Untill 11:37AM		Sun 20 Sutra 9
Mithuna Rasi: 16.34	Tithi 6 – 7	Yama 6:52AM – 8:35AM	Rahu 12:01PM – 1:44PM	Sukarma Untill 7:38PM	Ganesh: Yellow Sunrise: 5:09AM	Parabhava 5:128
Creative Work	Siddha Yoga	234858678		Gara Untill 11:20PM	Muruga: White Sunset: 6:53PM	Moon 4 - Phase 1 - 20
				Shashthi Untill 12:23PM	Nataraja: Purple	3rd Phase
				Moon - Yellow	Vaisakha-Chaitra	<b>Bhuloka Day</b>
						Devaloka Time: 9AM to12PM
<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Guru Vesara Yukhtayam				Gatineau, Canada
Punarvasu/Pushya Nakshatra Dhriti/Shula Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Gulika 8:34AM – 10:17AM		Punarvasu Untill 10:29AM		Sun 21 Sutra 10
Kataka Rasi: 0.43	Tithi 7 – 8	Yama 5:07AM – 6:50AM	Rahu 1:44PM – 3:27PM	Dhriti Untill 5:03PM	Ganesh: White Sunrise: 5:07AM	Parabhava 5:128
Creative Work	Amrita Yoga	244858678		Visti Untill 9:35PM	Muruga: White Sunset: 6:54PM	Moon 4 - Phase 1 - 21
				Saptami Untill 10:22AM	Nataraja: Purple	Ashtami
				Moon - Blue	Vaisakha-Chaitra	<b>Devaloka Day</b>
<b>Friday, April 24, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Sukra Vesara Yukhtayam				Gatineau, Canada
Pushya/Ashlesha Nakshatra Shula/Ganda Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gulika 6:49AM – 8:33AM		Pushya Untill 9:45AM		Sun 22 Sutra 11
Kataka Rasi: 14.32	Tithi 8 – 9	Yama 3:28PM – 5:11PM	Rahu 10:17AM – 12:00PM	Shula Untill 2:53PM	Ganesh: White Sunrise: 5:05AM	Parabhava 5:128
Routine Work	Marana Yoga	244858679		Balava Untill 8:24PM	Muruga: White Sunset: 6:55PM	Moon 4 - Phase 1 - 22
				Ashtami Untill 8:54AM	Nataraja: Clear	Navami
				Moon - Blue	Vaisakha-Chaitra	<b>Sivaloka Day</b>

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Saturday, April 25, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Maru Vazara Yuktyam Ashlesha/Magha Nakshatra Ganda/Vidhih Yoga Kaulava/Saila Karana Navami/Dashmyam Titau				Gathineau, Carinda Sun 23 Sutra 12 Parabhava 5128	
Kataka Rasi: 28.01	Tithi 9 – 10	Gulika 5:04AM – 6:48AM	Ashlesha* Until 9:26AM	Ganesha: White	Sunrise: 5:04AM	Moon 4 - Phase 2 - 23	4th Phase
		Yama 1:44PM – 3:28PM	Ganda* Until 1:12PM	Muruga: White	Sunset: 6:56PM		
		244858679 Rahu 8:32AM – 10:16AM	Taitilla Until 7:46PM	Nataraja: Clear			
Routine Work	Marana Yoga		Navami* Until 8:00AM	Moon – Blue		Sivaloka Day	
Until 9:26AM				Vaisaka-Chaitra			
Then Creative Work	- Amrita Yoga						

2 Sunday, April 26, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Bharu Vazara Yuktyam Magha/Puruphalguni Nakshatra Vidhih/Dhruva Yoga Gara/Vanji Karana Dashami/Ekadasmyam Titau				Gathineau, Carinda Sun 24 Sutra 13 Parabhava 5128	
Simha Rasi: 11.11	Tithi 10 – 11	Gulika 3:29PM – 5:13PM	Magha* Until 9:57AM	Ganesha: Purple	Sunrise: 5:03AM	Moon 4 - Phase 2 - 24	4th Phase
		Yama 12:00PM – 1:44PM	Vridhhi Until 11:57AM	Muruga: White	Sunset: 6:58PM		
		255858679 Rahu 5:13PM – 6:58PM	Vanija Until 7:41PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 7:39AM	Moon – Red		Bhuloka Day	
Until 9:57AM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	
Then Creative Work	- Siddha Yoga						

3 Monday, April 27, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Indu Vazara Yuktyam Puruphalguni Nakshatra Dhruva/Vyagha* Yoga Vist/Beva Karana Ekadashi/Dvadashyam Titau				Gathineau, Carinda Sun 25 Sutra 14 Parabhava 5128	
Simha Rasi: 24.05	Tithi 11 – 12	Gulika 1:44PM – 3:29PM	Puruphalguni Until 10:49AM	Ganesha: Purple	Sunrise: 5:01AM	Moon 4 - Phase 2 - 25	4th Phase
Family Home Evening		Yama 10:15AM – 12:00PM	Dhruva Until 11:04AM	Muruga: White	Sunset: 6:59PM		
		255858679 Rahu 6:45AM – 8:30AM	Bava Until 8:04PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi Until 7:48AM	Moon – Red		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	

4 Tuesday, April 28, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Mangala Vazara Yuktyam Uttaraphalguni Nakshatra Vyagha* Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gathineau, Carinda Sun 26 Sutra 15 Parabhava 5128	
Kanya Rasi: 6.47	Tithi 12 – 13	Gulika 12:00PM – 1:45PM	Uttaraphalguni Until 11:57AM	Ganesha: Purple	Sunrise: 4:59AM	Moon 4 - Phase 2 - 26	4th Phase
		Yama 8:29AM – 10:14AM	Vyagha* Until 10:33AM	Muruga: White	Sunset: 7:00PM		
		255858679 Rahu 3:30PM – 5:15PM	Kaulava Until 8:53PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi Until 8:24AM	Moon – Red		Bhuloka Day	
Until 11:57AM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	
Then Creative Work	- Siddha Yoga						

5 Wednesday, April 29, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Budha Vazara Yuktyam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Gathineau, Carinda Sun 27 Sutra 16 Parabhava 5128	
Kanya Rasi: 19.18	Tithi 13 – 14	Gulika 10:14AM – 11:59AM	Hasla Until 1:47PM	Ganesha: Clear	Sunrise: 4:58AM	Moon 4 - Phase 2 - 27	4th Phase
		Yama 6:43AM – 8:28AM	Harshana Until 10:22AM	Muruga: White	Sunset: 7:01PM		
		265858679 Rahu 11:59AM – 1:45PM	Gara Until 10:04PM	Nataraja: Clear			
Routine Work	Marana Yoga		Trayodashi Until 9:25AM	Moon – Green		Devaloka Day	
Until 1:47PM				Vaisaka-Chaitra			
Then Creative Work	- Siddha Yoga						

Thursday, April 30, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Sulo Paiche Guru Vazara Yuktyam Chitra/Svati Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau				Gathineau, Carinda Sun 28 Sutra 17 Parabhava 5128	
Tula Rasi: 1.39	Tithi 14 – 15	Gulika 8:28AM – 10:13AM	Chitra Until 3:48PM	Ganesha: Clear	Sunrise: 4:56AM	Moon 4 - Phase 2 - Purnima	
		Yama 4:56AM – 6:42AM	Vaja* Until 10:25AM	Muruga: White	Sunset: 7:02PM		
		265858679 Rahu 1:45PM – 3:31PM	Visti Until 11:35PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 10:46AM	Moon – Green		Devaloka Day	
Until 3:48PM				Vaisaka-Chaitra			
Then Creative Work	- Amrita Yoga						

Friday, May 1, 2026		Parabhava Nama Samvatsara Uтарыяыя Nartana Ritau Mecha Mese Krishna Palsha Sukra Vazara Yuktyam Svati/Vibhava Nakshatra Siddhi/Vyagha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gathineau, Carinda Sun 29 Sutra 18 Parabhava 5128	
Tula Rasi: 13.52	Tithi 15 – 16	Gulika 6:40AM – 8:26AM	Svati Until 5:56PM	Ganesha: Clear	Sunrise: 4:53AM	Moon 4 - Phase 2 - Prathama	
		Yama 3:32PM – 5:18PM	Siddhi Until 10:43AM	Muruga: White	Sunset: 7:05PM		
		265858679 Rahu 10:13AM – 11:59AM	Balava Until 1:24AM Sat	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 12:26PM	Moon – Green		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for 12/20/23

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