



Monday, April 14, 2025
Gold Retreat Star

Tula Rasi: 12.43 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 8:34PM
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Indu Vasara Yuktayam
 Svali Nakshatra Vajra* Yoga Talaita Karana Dvityayam Titau
Gulika 1:46PM - 3:25PM
 Yama 10:27AM - 12:06PM
Rahu 7:08AM - 8:48AM

Svali Until 8:34PM
 Vajra* Until 7:07PM
 Talaita Until 6:16PM
Dvitiya Until 7:28AM Tue

Ganesh: Yellow Sunrise: 5:29AM
 Muruga: Clear Sunset: 6:44PM
 Nataraja: Clear
 Moon - Green
 Chaitra-Chaitra

Istanbul, Turkey
 Sutra 364
 Vasavasu 5:127
 Moon 4 - Phase 1 - 1st Phase
Devaloka Day

1

Tuesday, April 15, 2025

Tula Rasi: 24.34 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 11:40PM
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Mangala Vasara Yuktayam
 Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvityayam Titau
Gulika 12:06PM - 1:46PM
 Yama 8:47AM - 10:26AM
Rahu 3:26PM - 5:05PM

Vishakha Until 11:40PM
 Siddhi Until 8:01PM
 Vanija Until 8:41PM
Dvitiya Until 7:28AM

Ganesh: Blue Sunrise: 5:27AM
 Muruga: Clear Sunset: 6:45PM
 Nataraja: Clear
 Moon - Orange
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 1 Sutra 1
 Vasavasu 5:127
 Moon 4 - Phase 1 - 1st Phase
Bhuloka Day
 Devaloka Time: 3PM to 6PM

2

Wednesday, April 16, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Butha Vasara Yuktayam
 Vishakha Nakshatra Vyatipata* Yoga Visti* (Bava Karana Tritiya)Chaturthayam Titau
 Wischika Rasi: 6.28 Tithi 18 - 19
 Routine Work Siddha Yoga
 Until 2:24AM Thu
 Then Routine Work - Prabarishtha Yoga

Gulika 10:26AM - 12:06PM
 Yama 7:06AM - 8:46AM
Rahu 12:06PM - 1:46PM

Anuradha Until 2:24AM Thu
 Vyatipata* Until 8:47PM
 Bava Until 10:55PM
Tritiya Until 9:49AM

Ganesh: Blue Sunrise: 5:26AM
 Muruga: Clear Sunset: 6:46PM
 Nataraja: Clear
 Moon - Orange
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 2 Sutra 2
 Vasavasu 5:127
 Moon 4 - Phase 1 - 2 1st Phase
Bhuloka Day
 Devaloka Time: 3PM to 6PM

3

Thursday, April 17, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Guru Vasara Yuktayam
 Jyeshtha* Nakshatra Varjan Yoga Balava/Kaulava Karana Chaturthi/Panchamayam Titau
 Wischika Rasi: 18.28 Tithi 19 - 20
 Routine Work Prabarishtha Yoga
 Until 4:40AM Fri
 Then Creative Work - Amrita Yoga

Gulika 8:45AM - 10:25AM
 Yama 5:24AM - 7:05AM
Rahu 1:46PM - 3:26PM

Jyeshtha* Until 4:40AM Fri
 Varjan Until 9:17PM
 Kaulava Until 12:51AM Fri
Chaturthi* Until 11:54AM

Ganesh: Blue Sunrise: 5:24AM
 Muruga: Clear Sunset: 6:47PM
 Nataraja: Clear
 Moon - Orange
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 3 Sutra 3
 Vasavasu 5:127
 Moon 4 - Phase 1 - 3 1st Phase
Bhuloka Day
 Devaloka Time: 3PM to 6PM

4

Friday, April 18, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Sukra Vasara Yuktayam
 Mula* Nakshatra Parigaha* Yoga Talaita/Gara Karana Panchami/Shashthiyam Titau
 Dhanus Rasi: 0.35 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 6:51AM Sat
 Then Creative Work - Siddha Yoga

Gulika 7:03AM - 8:44AM
 Yama 3:27PM - 5:07PM
Rahu 10:25AM - 12:05PM

Mula* Until 6:51AM Sat
 Parigaha* Until 9:31PM
 Gara Until 2:22AM Sat
Panchami Until 1:39PM

Ganesh: Red Sunrise: 5:23AM
 Muruga: Clear Sunset: 6:48PM
 Nataraja: Clear
 Moon - Light Blue
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 4 Sutra 4
 Vasavasu 5:127
 Moon 4 - Phase 1 - 4 1st Phase
Devaloka Day

5

Saturday, April 19, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Maria Vasara Yuktayam
 Mula*Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamayam Titau
 Dhanus Rasi: 12.53 Tithi 21 - 22
 Creative Work Siddha Yoga

Gulika 5:21AM - 7:02AM
 Yama 1:46PM - 3:27PM
Rahu 8:43AM - 10:24AM

Mula* Until 6:51AM
 Shiva Until 9:23PM
 Visti Until 3:22AM Sun
Shashthi* Until 2:55PM

Ganesh: Red Sunrise: 5:21AM
 Muruga: Clear Sunset: 6:49PM
 Nataraja: Clear
 Moon - Light Blue
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 5 Sutra 5
 Vasavasu 5:127
 Moon 4 - Phase 1 - 5 1st Phase
Devaloka Day

6

Sunday, April 20, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Bhanu Vasara Yuktayam
 Purvashadha*Uttarashadha Nakshatra Siddha Yoga Balava/Balava Karana Saptami/Akshayam Titau
 Dhanus Rasi: 25.25 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 8:20AM
 Then Creative Work - Amrita Yoga

Gulika 3:28PM - 5:09PM
 Yama 12:05PM - 1:46PM
Rahu 5:09PM - 6:50PM

Purvashadha* Until 8:20AM
 Siddha Until 8:44PM
 Balava Until 3:42AM Mon
Saptami Until 3:36PM

Ganesh: Red Sunrise: 5:20AM
 Muruga: Clear Sunset: 6:50PM
 Nataraja: Clear
 Moon - Light Blue
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 6 Sutra 6
 Vasavasu 5:127
 Moon 4 - Phase 1 - 6 1st Phase
Devaloka Day

Monday, April 21, 2025

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Indu Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Talaita Karana Ashotami/Navamayam Titau
 Makara Rasi: 8.16 Tithi 23 - 24
Family Home Evening
 Routine Work Marana Yoga
 Until 9:02AM
 Then Creative Work - Amrita Yoga

Gulika 1:46PM - 3:28PM
 Yama 10:23AM - 12:05PM
Rahu 7:00AM - 8:42AM

Uttarashadha Until 9:02AM
 Sadhya Until 7:32PM
 Talaita Until 3:19AM Tue
Ashtami* Until 3:35PM

Ganesh: Red Sunrise: 5:18AM
 Muruga: Clear Sunset: 6:51PM
 Nataraja: Clear
 Moon - Light Blue
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 7 Sutra 7
 Vasavasu 5:127
 Moon 4 - Phase 1 - 7 Ashtami
Devaloka Day

Tuesday, April 22, 2025

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Pakshi Mangala Vasara Yuktayam
 Shravana/Dhanushtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamayam Titau
 Makara Rasi: 21.28 Tithi 24 - 25
 Creative Work Siddha Yoga

Gulika 12:05PM - 1:47PM
 Yama 8:41AM - 10:23AM
Rahu 3:28PM - 5:10PM

Shravana Until 9:18AM
 Subha Until 5:46PM
 Vanija Until 2:10AM Wed
Navami* Until 2:49PM

Ganesh: Green Sunrise: 5:17AM
 Muruga: Clear Sunset: 6:52PM
 Nataraja: Clear
 Moon - Purple
 Chaitra-Chaitra

Istanbul, Turkey
 Sun 8 Sutra 8
 Vasavasu 5:127
 Moon 4 - Phase 1 - 8 Navami
Bhuloka Day
 Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1	Wednesday, April 23, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Бадха Весара Уктыяыы Дхараншх/Шабдхшх/Накштра Сукра/Братма Yoga Visi/Bava Karana Dashami/Ekadashyыы Tйау				Istanbul, Turkey Sun 9 Sufra 9		
	Kumbha Rasi: 5.07	Tithi 25 – 26	Gulika 10:22AM – 12:04PM Yama 6:58AM – 8:40AM 293298578 Rahu 12:04PM – 1:47PM	Dhanishtha Until 8:40AM Sukra Until 3:21PM Bava Until 12:16AM Thu Dashami Until 1:17PM	Ganesh: Green Muruga: Clear Nataraja: Clear Moon - Purple Chaitra-Chaitra	Sunrise: 5:15AM Sunset: 6:53PM	Moon 4 - Phase 2 - 9 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM	
Routine Work Prabalarishta Yoga Until 8:40AM Then Creative Work - Siddha Yoga									

2	Thursday, April 24, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Garu Vesara Uктыяыы Шабдхшх/Накштра Индра/Vaidhri' Yoga Taitila/Gara Karana Dvadashi/Trayodashyыы Tйау				Istanbul, Turkey Sun 10 Sufra 10		
	Kumbha Rasi: 19.12	Tithi 26 – 27	Gulika 8:39AM – 10:22AM Yama 5:14AM – 6:57AM 293298579 Rahu 1:47PM – 3:29PM	Shalabhshak Until 7:10AM Brahma Until 12:23PM Kaulava Until 9:43PM Ekadashi Until 11:03AM	Ganesh: Green Muruga: Clear Nataraja: Purple Moon - Purple Chaitra-Chaitra	Sunrise: 5:14AM Sunset: 6:56PM	Moon 4 - Phase 2 - 10 2nd Phase	Devaloka Day	
Creative Work Siddha Yoga									

3	Friday, April 25, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Sakra Vesara Uктыяыы Уттарарошthаpada Nakshatra Indra/Vaidhri' Yoga Taitila/Gara Karana Dvadashi/Trayodashyыы Tйау				Istanbul, Turkey Sun 11 Sufra 11		
	Meena Rasi: 3.43	Tithi 27 – 28	Gulika 6:55AM – 8:38AM Yama 3:30PM – 5:13PM 213298579 Rahu 10:21AM – 12:04PM	Uttararoshthapada Until 2:52AM Sat Indra Until 8:57AM Gara Until 6:38PM Dvadashi Until 8:13AM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Clear Chaitra-Chaitra	Sunrise: 5:13AM Sunset: 6:56PM	Moon 4 - Phase 2 - 11 2nd Phase	Devaloka Day	
Creative Work Siddha Yoga Until 2:52AM Sat Then Routine Work - Prabalarishta Yoga			Pradosha Vata (Fasting)						

4	Saturday, April 26, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Mantra Vesara Uктыяыы Revati Nakshatra Vishkambha' Yoga Visi/Sakuni' Karana Chaturdashyыы Tйау				Istanbul, Turkey Sun 12 Sufra 12		
	Meena Rasi: 18.37	Tithi 29	Gulika 5:11AM – 6:54AM Yama 1:47PM – 3:30PM 213298579 Rahu 8:38AM – 10:21AM	Revati Until 11:56PM Vishkambha' Until 12:59AM Sun Visti Until 3:08PM Chaturdashi Until 1:16AM Sun	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Clear Chaitra-Chaitra	Sunrise: 5:11AM Sunset: 6:57PM	Moon 4 - Phase 2 - 12 2nd Phase	Devaloka Day	
Routine Work Prabalarishta Yoga Until 11:56PM Then Creative Work - Siddha Yoga									

●	Sunday, April 27, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Bhanu Vesara Uктыяыы Ashvini Nakshatra Priti Yoga Catuspadi'Naga' Karana Amavasyayam Tйау				Istanbul, Turkey Sun 13 Sufra 13		
	Mesha Rasi: 3.45	Tithi 30	Gulika 3:31PM – 5:14PM Yama 12:04PM – 1:47PM 224298579 Rahu 5:14PM – 6:58PM	Ashvini Until 9:05PM Priti Until 8:45PM Catuspadi Until 11:24AM Amavasya Until 9:29PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White Chaitra-Chaitra	Sunrise: 5:10AM Sunset: 6:58PM	Moon 4 - Phase 2 - 13 Amavasya	Sivaloka Day	
Creative Work Siddha Yoga Until 9:05PM Then Routine Work - Prabalarishta Yoga									

●	Monday, April 28, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Сукра Пакше: Indu Vesara Uктыяыы Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna'Balava Karana Prathama/Dvilyayam Tйау				Istanbul, Turkey Sun 14 Sufra 14		
	Mesha Rasi: 18.59	Tithi 1 – 2	Gulika 1:47PM – 3:31PM Yama 10:20AM – 12:04PM 224298579 Rahu 6:52AM – 8:36AM	Bharani Until 6:06PM Ayushman Until 4:30PM Kintughna Until 7:35AM Prathama Until 5:41PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White Vaisaka-Chaitra	Sunrise: 5:08AM Sunset: 6:59PM	Moon 4 - Phase 2 - 14 Prathama	Sivaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 6:06PM Then Routine Work - Marana Yoga									

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Мэрга Васара Yuktayam Kritika/Rohini Nakshatra Sasabhaga/Sobhana Yoga Kaukava/Taitila Karana Dvitya/Tritiyam Titau				Istanbul, Turkey Sun 15 Sufra 15 Vishvasu 5:127	
Wishabha Rasi: 4.1	Tilthi 2 - 3	Gulika 12:03PM - 1:47PM	Kritika Untill 3:10PM	Ganesha: Orange	Sunrise: 5:07AM		
		Yama 8:35AM - 10:19AM	Saubhagya Untill 12:23PM	Muruga: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 15	3rd Phase
Creative Work	Siddha Yoga	Rahu 3:32PM - 5:16PM	Taitila Untill 12:23AM Wed	Nataraja: Purple			
Untill 3:10PM			Dvitya Untill 2:03PM	Moon - White			Sivaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra			

2 Wednesday, April 30, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Бхатха Васара Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Istanbul, Turkey Sun 16 Sufra 16 Vishvasu 5:127	
Wishabha Rasi: 19.07	Tilthi 3 - 4	Gulika 10:19AM - 12:03PM	Rohini Untill 12:50PM	Ganesha: Clear	Sunrise: 5:06AM		
		Yama 6:50AM - 8:34AM	Sobhana Untill 8:33AM	Muruga: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 17	3rd Phase
Creative Work	Siddha Yoga	Rahu 12:03PM - 1:48PM	Vanija Untill 9:19PM	Nataraja: Purple			
				Moon - Yellow			Sivaloka Day
		Akshaya Tritiya	Tritiya Untill 10:46AM	Vaisaka-Chaitra			

3 Thursday, May 1, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vesi*/Bava Karana Chaturthi/Panchamam Titau				Istanbul, Turkey Sun 17 Sufra 17 Vishvasu 5:127	
Mithuna Rasi: 3.44	Tilthi 4 - 5	Gulika 8:34AM - 10:18AM	Mrigashira Untill 10:53AM	Ganesha: Purple	Sunrise: 5:04AM		
		Yama 5:04AM - 6:49AM	Sukarma Untill 2:09AM Fri	Muruga: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 17	3rd Phase
Routine Work	Marana Yoga	Rahu 1:48PM - 3:32PM	Bava Untill 6:49PM	Nataraja: Purple			
				Moon - Yellow			Devaloka Day
			Chaturthi* Untill 7:58AM	Vaisaka-Chaitra			

4 Friday, May 2, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Kaukava/Taitila Karana Shashthiyam Titau				Istanbul, Turkey Sun 18 Sufra 18 Vishvasu 5:127	
Mithuna Rasi: 17.54	Tilthi 6	Gulika 6:48AM - 8:33AM	Ardra Untill 9:27AM	Ganesha: Purple	Sunrise: 5:03AM		
		Yama 3:33PM - 5:18PM	Dhriti Untill 11:50PM	Muruga: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 18	3rd Phase
Creative Work	Siddha Yoga	Rahu 10:18AM - 12:03PM	Kaukava Untill 5:02PM	Nataraja: Purple			
				Moon - Yellow			Devaloka Day
			Shashthi* Untill 4:24AM Sat	Vaisaka-Chaitra			

5 Saturday, May 3, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamam Titau				Istanbul, Turkey Sun 19 Sufra 19 Vishvasu 5:127	
Kataka Rasi: 2	Tilthi 7	Gulika 5:02AM - 6:47AM	Punarvasu Untill 9:04AM	Ganesha: Clear	Sunrise: 5:02AM		
		Yama 1:48PM - 3:33PM	Shula* Untill 10:09PM	Muruga: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 19	3rd Phase
Creative Work	Siddha Yoga	Rahu 8:32AM - 10:18AM	Gara Untill 4:02PM	Nataraja: Purple			
				Moon - Blue			Sivaloka Day
			Saptami Untill 3:50AM Sun	Vaisaka-Chaitra			

Sunday, May 4, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vesi*/Bava Karana Ashtamam Titau				Istanbul, Turkey Sun 20 Sufra 20 Vishvasu 5:127	
Kataka Rasi: 14.5	Tilthi 8	Gulika 3:34PM - 5:19PM	Pushya Untill 9:22AM	Ganesha: Clear	Sunrise: 5:01AM		
		Yama 12:03PM - 1:48PM	Ganda* Untill 9:09PM	Muruga: Clear	Sunset: 7:09PM	Moon 4 - Phase 3 - 20	Ashtami
Creative Work	Siddha Yoga	Rahu 5:19PM - 7:05PM	Vesi Untill 3:53PM	Nataraja: Purple			
				Moon - Blue			Sivaloka Day
			Ashlami* Untill 4:06AM Mon	Vaisaka-Chaitra			

Monday, May 5, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сябло Пакше Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Viddhi Yoga Baleva/Kaulava Karana Navamam Titau				Istanbul, Turkey Sun 21 Sufra 21 Vishvasu 5:127	
Kataka Rasi: 27.38	Tilthi 9	Gulika 1:49PM - 3:34PM	Ashlesha* Untill 10:20AM	Ganesha: Clear	Sunrise: 4:59AM		
Family Home Evening		Yama 10:17AM - 12:03PM	Viddhi Untill 8:48PM	Muruga: Red	Sunset: 7:09PM	Moon 4 - Phase 3 - 21	Navami
Creative Work	Siddha Yoga	Rahu 6:45AM - 8:31AM	Balava Untill 4:33PM	Nataraja: Purple			
Untill 10:20AM				Moon - Blue			Sivaloka Day
Then Routine Work - Marana Yoga			Navami* Untill 5:09AM Tue	Vaisaka-Chaitra			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Мангал Ваsара Yuktayam Istanbul, Turkey			
		Magha/Purvaphalguni Nakshatra Dhruva Yoga Talila/Gara Karana Ekadashi/Dvadashtyam Titau Sun 22 Sufra 22			
Gulika	12:03PM - 1:49PM	Magha* Until 12:20PM	Ganesh: White	Sunrise: 4:58AM	Vasvasu 5:17
Yama	8:30AM - 10:16AM	Dhruva Until 8:57PM	Muruga: Red	Sunset: 7:09PM	Moon 4 - Phase 4 - 22
254318579 Rahu	3:35PM - 5:21PM	Tailila Until 5:56PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga	Dashami Until 6:50AM Wed	Moon - Red		Devaloka Day
			Vaisaka-Chaitra		

2 Wednesday, May 7, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Буда Ваsара Yuktayam Istanbul, Turkey			
		Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 23 Sufra 23			
Gulika	10:16AM - 12:03PM	Purvaphalguni Until 2:46PM	Ganesh: White	Sunrise: 4:57AM	Vasvasu 5:17
Yama	6:43AM - 8:30AM	Vyaghata* Until 9:33PM	Muruga: Red	Sunset: 7:08PM	Moon 4 - Phase 4 - 23
254318579 Rahu	12:03PM - 1:49PM	Vanija Until 7:54PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga	Dashami Until 6:50AM	Moon - Red		Devaloka Day
			Vaisaka-Chaitra		

3 Thursday, May 8, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Guru Vasara Yuktayam Istanbul, Turkey			
		Uttaraphalguni Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadashtyam Titau Sun 24 Sufra 24			
Gulika	8:29AM - 10:16AM	Uttaraphalguni Until 5:27PM	Ganesh: White	Sunrise: 4:56AM	Vasvasu 5:17
Yama	4:56AM - 6:42AM	Harshana Until 10:27PM	Muruga: Red	Sunset: 7:09PM	Moon 4 - Phase 4 - 24
254318579 Rahu	1:49PM - 3:36PM	Bava Until 10:15PM	Nataraja: Purple		4th Phase
Until 5:27PM		Ekadashi Until 9:01AM	Moon - Red		Devaloka Day
Then Routine Work - Marana Yoga			Vaisaka-Chaitra		

4 Friday, May 9, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Sukra Vasara Yuktayam Istanbul, Turkey			
		Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadasht/Trayodashyam Titau Sun 25 Sufra 25			
Gulika	6:42AM - 8:29AM	Hasta Until 8:40PM	Ganesh: Yellow	Sunrise: 4:55AM	Vasvasu 5:17
Yama	3:36PM - 5:23PM	Vajra* Until 11:28PM	Muruga: Red	Sunset: 7:10PM	Moon 4 - Phase 4 - 25
264318579 Rahu	10:15AM - 12:02PM	Kaulava Until 12:48AM Sal	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga	Dvadasht Until 11:29AM	Moon - Green		Sivaloka Day
Until 8:40PM			Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga					
			Pradosha Vata		

5 Saturday, May 10, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Manta Vasara Yuktayam Istanbul, Turkey			
		Chitra Nakshatra Siddhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26			
Gulika	4:54AM - 6:41AM	Chitra Until 11:47PM	Ganesh: White	Sunrise: 4:54AM	Vasvasu 5:17
Yama	1:50PM - 3:37PM	Siddhi Until 12:31AM Sun	Muruga: Red	Sunset: 7:11PM	Moon 4 - Phase 4 - 26
265318579 Rahu	8:28AM - 10:15AM	Gara Until 3:22AM Sun	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga	Trayodashi Until 2:04PM	Moon - Green		Subha Sivaloka Day
Until 11:47PM			Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga					

6 Sunday, May 11, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Bhanu Vasara Yuktayam Istanbul, Turkey			
		Svati Nakshatra Vyagripata* Yoga Vanija/Visi*/Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 27			
Gulika	3:37PM - 5:25PM	Svati Until 2:39AM Mon	Ganesh: White	Sunrise: 4:53AM	Vasvasu 5:17
Yama	12:02PM - 1:50PM	Vyagripata* Until 1:32AM Mon	Muruga: Red	Sunset: 7:12PM	Moon 4 - Phase 4 - 27
265318579 Rahu	5:25PM - 7:12PM	Visi Until 5:50AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga	Chaturdash* Until 4:36PM	Moon - Green		Subha Sivaloka Day
Until 2:39AM Mon			Vaisaka-Chaitra		
Then Routine Work - Marana Yoga					

Monday, May 12, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Сукия Пакше Indu Vasara Yuktayam Istanbul, Turkey			
		Vishakha Nakshatra Vairyan Yoga Bava Karana Purnimayam Titau Sun 28 Sufra 28			
Gulika	1:50PM - 3:38PM	Vishakha Until 5:40AM Tue	Ganesh: Yellow	Sunrise: 4:51AM	Vasvasu 5:17
Yama	10:15AM - 12:02PM	Vairyan Until 2:22AM Tue	Muruga: Red	Sunset: 7:13PM	Moon 4 - Phase 4 - Purnima
275318579 Rahu	6:39AM - 8:27AM	Bava Until 6:59PM	Nataraja: Purple		
Family Home Evening		Purnima* Until 6:59PM	Moon - Orange		Sivaloka Day
Routine Work	Marana Yoga		Vaisaka-Chaitra		
Until 5:40AM Tue					
Then Creative Work - Siddha Yoga					

Tuesday, May 13, 2025

		Vishvasu Nama Samvatsara Uтарыяне Нартаи Рйтаи Меша Месе Krishna Paksha Mangala Vasara Yuktayam Istanbul, Turkey			
		Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sufra 29			
Gulika	12:02PM - 1:50PM	Anuradha Until 8:17AM Wed	Ganesh: Yellow	Sunrise: 4:50AM	Vasvasu 5:17
Yama	8:26AM - 10:14AM	Parigha* Until 3:03AM Wed	Muruga: Red	Sunset: 7:14PM	Moon 4 - Phase 4 - Prathama
275318579 Rahu	3:38PM - 5:26PM	Balava Until 8:07AM	Nataraja: Purple		
Creative Work	Siddha Yoga	Prathama* Until 9:08PM	Moon - Orange		Sivaloka Day
			Vaisaka-Chaitra		

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Wednesday, May 14, 2025****Gold Retreat Star**

Wisshika Rasi: 15.31 Tithi 17
 Creative Work Siddha Yoga

<p>Gulika 10:14AM - 12:02PM Yama 6:38AM - 8:26AM Rahu 12:02PM - 1:50PM</p>	<p>Anuradha Until 8:17AM Shiva Until 3:31AM Thu Talila Until 10:08AM Dvitiya Until 11:01PM</p>	<p>Ganesh: Yellow Muruga: Red Nataraja: Purple Moon - Orange Vaisaka-Valkasi</p>	<p>Sunrise: 4:49AM Sunset: 7:19PM Moon 5 - Phase 5 - 2 1st Phase</p>	<p>Istanbul, Turkey Sun 1 Sufra 30 Vovaxasu 5:17 Moon 5 - Phase 5 - 2 1st Phase Sivaloka Day</p>
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Thursday, May 15, 2025

1
 Wisshika Rasi: 27.38 Tithi 18
 Routine Work Prabalarishta Yoga
 Until 10:27AM
 Then Creative Work - Siddha Yoga

<p>Gulika 8:25AM - 10:14AM Yama 4:48AM - 6:37AM Rahu 1:51PM - 3:39PM</p>	<p>Jyeshtha* Until 10:27AM Siddha Until 3:42AM Fri Vanija Until 11:51AM Tritiya Until 12:34AM Fri</p>	<p>Ganesh: Yellow Muruga: Red Nataraja: Purple Moon - Orange Vaisaka-Valkasi</p>	<p>Sunrise: 4:46AM Sunset: 7:16PM Moon 5 - Phase 5 - 2 1st Phase</p>	<p>Istanbul, Turkey Sun 2 Sufra 31 Vovaxasu 5:17 Moon 5 - Phase 5 - 2 1st Phase Sivaloka Day</p>
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Friday, May 16, 2025

2
 Dhanus Rasi: 9.55 Tithi 19
 Creative Work Amrita Yoga
 Until 12:37PM
 Then Routine Work - Prabalarishta Yoga

<p>Gulika 6:34AM - 8:25AM Yama 4:48AM - 6:37AM Rahu 10:14AM - 12:02PM</p>	<p>Mula* Until 12:37PM Sadhya Until 3:37AM Sat Bava Until 1:14PM Chaturthi* Until 1:46AM Sat</p>	<p>Ganesh: Blue Muruga: Red Nataraja: Purple Moon - Light Blue Vaisaka-Valkasi</p>	<p>Sunrise: 4:47AM Sunset: 7:17PM Moon 5 - Phase 5 - 3 1st Phase</p>	<p>Istanbul, Turkey Sun 3 Sufra 32 Vovaxasu 5:17 Moon 5 - Phase 5 - 3 1st Phase Subha Sivaloka Day</p>
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Saturday, May 17, 2025

3
 Dhanus Rasi: 22.2 Tithi 20
 Creative Work Siddha Yoga
 Until 2:14PM
 Then Routine Work - Marana Yoga

<p>Gulika 4:46AM - 6:35AM Yama 3:40PM - 5:28PM Rahu 8:24AM - 10:13AM</p>	<p>Purvashadha* Until 2:14PM Subha Until 3:13AM Sun Kadava Until 2:13PM Panchami Until 2:31AM Sun</p>	<p>Ganesh: Blue Muruga: Red Nataraja: Purple Moon - Orange Vaisaka-Valkasi</p>	<p>Sunrise: 4:46AM Sunset: 7:16PM Moon 5 - Phase 5 - 4 1st Phase</p>	<p>Istanbul, Turkey Sun 4 Sufra 33 Vovaxasu 5:17 Moon 5 - Phase 5 - 4 1st Phase Subha Sivaloka Day</p>
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Sunday, May 18, 2025

4
 Makara Rasi: 4.58 Tithi 21
 Creative Work Amrita Yoga

<p>Gulika 3:41PM - 5:30PM Yama 12:02PM - 1:52PM Rahu 5:30PM - 7:19PM</p>	<p>Uttarashadha Until 3:15PM Sukla Until 2:24AM Mon Gara Until 2:45PM Shashthi* Until 2:47AM Mon</p>	<p>Ganesh: Blue Muruga: Red Nataraja: Purple Moon - Light Blue Vaisaka-Valkasi</p>	<p>Sunrise: 4:46AM Sunset: 7:16PM Moon 5 - Phase 5 - 5 1st Phase</p>	<p>Istanbul, Turkey Sun 5 Sufra 34 Vovaxasu 5:17 Moon 5 - Phase 5 - 5 1st Phase Subha Sivaloka Day</p>
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Monday, May 19, 2025

5
 Makara Rasi: 17.5 Tithi 22
 Family Home Evening
 Creative Work Amrita Yoga
 Until 4:03PM
 Then Creative Work - Siddha Yoga

<p>Gulika 1:52PM - 3:41PM Yama 10:13AM - 12:02PM Rahu 6:34AM - 8:23AM</p>	<p>Shravana Until 4:03PM Brahma Until 1:08AM Tue Visi Until 2:43PM Saptami Until 2:28AM Tue</p>	<p>Ganesh: Blue Muruga: Red Nataraja: Purple Moon - Purple Vaisaka-Valkasi</p>	<p>Sunrise: 4:45AM Sunset: 7:20PM Moon 5 - Phase 5 - 6 1st Phase</p>	<p>Istanbul, Turkey Sun 6 Sufra 35 Vovaxasu 5:17 Moon 5 - Phase 5 - 6 1st Phase Devaloka Day</p>
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Tuesday, May 20, 2025**Retreat Star**

Kumbha Rasi: 1.01 Tithi 23
 Creative Work Siddha Yoga
 Until 4:06PM
 Then Routine Work - Marana Yoga

<p>Gulika 12:02PM - 1:52PM Yama 8:23AM - 10:13AM Rahu 3:42PM - 5:31PM</p>	<p>Dhanishtha Until 4:06PM Indra Until 11:23PM Balava Until 2:06PM Ashtami* Until 1:31AM Wed</p>	<p>Ganesh: Blue Muruga: Red Nataraja: Purple Moon - Purple Vaisaka-Valkasi</p>	<p>Sunrise: 4:44AM Sunset: 7:21PM Moon 5 - Phase 5 - 7 Ashtami</p>	<p>Istanbul, Turkey Sun 7 Sufra 36 Vovaxasu 5:17 Moon 5 - Phase 5 - 7 Ashtami Devaloka Day</p>
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Wednesday, May 21, 2025**Retreat Star**

Kumbha Rasi: 14.31 Tithi 24
 Creative Work Siddha Yoga
 Until 3:22PM
 Then Creative Work - Amrita Yoga

<p>Gulika 10:13AM - 12:02PM Yama 6:33AM - 8:23AM Rahu 12:02PM - 1:52PM</p>	<p>Shatabhishak Until 3:22PM Vaidhriti* Until 9:05PM Talila Until 12:50PM Navami* Until 11:56PM</p>	<p>Ganesh: Blue Muruga: Red Nataraja: Purple Moon - Purple Vaisaka-Valkasi</p>	<p>Sunrise: 4:43AM Sunset: 7:22PM Moon 5 - Phase 5 - 8 Navami</p>	<p>Istanbul, Turkey Sun 8 Sufra 37 Vovaxasu 5:17 Moon 5 - Phase 5 - 8 Navami Devaloka Day</p>
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When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1 Thursday, May 22, 2025		Viswasa Nama Samvatsara Uttarayana Nartana Ritau Vishabha Mase: Krishna Paksha Guru Vasara Yuktagam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Vanja/Visil* Karana Dashamyam Titau					İstanbul, Turkey Sun 9 Sufra 38 Viswasa 5127
Kumbha Rasi: 28.26	Tithi 25	Gulika 8:22AM - 10:12AM	Purvaproshtapada* Until 2:17PM	Ganesha: White	Sunrise: 4:42AM	Moon 5 - Phase 6 - 10	
		Yama 4:42AM - 6:32AM	Vishkambha* Until 6:18PM	Muruga: Red	Sunset: 7:29PM	2nd Phase	
Creative Work	Siddha Yoga	216318579 Rahu 1:53PM - 3:43PM	Vanija Until 10:55AM	Nataraja: Purple			
			Dashami Until 9:43PM	Moon - Clear		Devaloka Day	
				Vaisaka-Vaikasi			

2 Friday, May 23, 2025		Viswasa Nama Samvatsara Uttarayana Nartana Ritau Vishabha Mase: Krishna Paksha Sukra Vasara Yuktagam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Bilawa Karana Ekadashyam Titau					İstanbul, Turkey Sun 10 Sufra 39 Viswasa 5127
Mesha Rasi: 12.43	Tithi 26	Gulika 6:32AM - 8:22AM	Uttaraproshtapada Until 12:30PM	Ganesha: White	Sunrise: 4:41AM	Moon 5 - Phase 6 - 10	
		Yama 3:43PM - 5:33PM	Priti Until 3:03PM	Muruga: Red	Sunset: 7:29PM	2nd Phase	
Creative Work	Siddha Yoga	216318579 Rahu 10:12AM - 12:03PM	Bava Until 8:26AM	Nataraja: Purple			
			Ekadashi* Until 6:58PM	Moon - Clear		Devaloka Day	
				Vaisaka-Vaikasi			

3 Saturday, May 24, 2025		Viswasa Nama Samvatsara Uttarayana Nartana Ritau Vishabha Mase: Krishna Paksha Mani Vasara Yuktagam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Jilla/Gara Karana Dvadashi/Trayodashyam Titau					İstanbul, Turkey Sun 11 Sufra 40 Viswasa 5127
Mesha Rasi: 27.22	Tithi 27 - 28	Gulika 4:41AM - 6:31AM	Revati Until 10:06AM	Ganesha: White	Sunrise: 4:41AM	Moon 5 - Phase 6 - 11	
		Yama 1:53PM - 3:44PM	Ayushman Until 11:25AM	Muruga: Red	Sunset: 7:29PM	2nd Phase	
Routine Work	Prabalarishta Yoga	216318579 Rahu 8:22AM - 10:12AM	Gara Until 2:05AM Sun	Nataraja: Purple			
Until 10:06AM			Dvadashi* Until 3:47PM	Moon - Clear		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			
<i>Pradosha Vata (Fasting)</i>							

4 Sunday, May 25, 2025		Viswasa Nama Samvatsara Uttarayana Nartana Ritau Vishabha Mase: Krishna Paksha Bhau Vasara Yuktagam Ashvini/Bharani Nakshatra Saubhagya Yoga Vanja/Visil* Karana Trayodashi/Chaturdashyam Titau					İstanbul, Turkey Sun 12 Sufra 41 Viswasa 5127
Mesha Rasi: 12.19	Tithi 28 - 29	Gulika 3:44PM - 5:35PM	Ashvini Until 7:37AM	Ganesha: White	Sunrise: 4:40AM	Moon 5 - Phase 6 - 12	
		Yama 12:03PM - 1:53PM	Saubhagya Until 7:30AM	Muruga: Red	Sunset: 7:29PM	2nd Phase	
Creative Work	Siddha Yoga	326318579 Rahu 5:35PM - 7:25PM	Visil Until 10:30PM	Nataraja: Purple			
Until 7:37AM			Trayodashi* Until 12:18PM	Moon - White		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Vaisaka-Vaikasi			

Monday, May 26, 2025		Viswasa Nama Samvatsara Uttarayana Nartana Ritau Vishabha Mase: Krishna Paksha Indu Vasara Yuktagam Krittika Nakshatra Athiganda* Yoga Sakuni*Caluspada* Karana Chaturdashini/Amavasyayam Titau					İstanbul, Turkey Sun 13 Sufra 42 Viswasa 5127
Retreat Star		Gulika 1:54PM - 3:45PM	Krittika Until 1:52AM Tue	Ganesha: White	Sunrise: 4:39AM	Moon 5 - Phase 6 - 13	
Mesha Rasi: 27.24	Tithi 29 - 30	Yama 10:12AM - 12:03PM	Athiganda* Until 11:21PM	Muruga: Red	Sunset: 7:29PM	Amavasya	
Family Home Evening	Marana Yoga	327418579 Rahu 6:30AM - 8:21AM	Caluspada Until 6:51PM	Nataraja: Purple			
Routine Work	Until 1:52AM Tue		Chaturdashini* Until 8:39AM	Moon - White		Devaloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

Tuesday, May 27, 2025		Viswasa Nama Samvatsara Uttarayana Nartana Ritau Vishabha Mase: Sukra Paksha: Mangala Vasara Yuktagam Rohini Nakshatra Sukarma Yoga Kintughna* Bava Karana Prathamayam Titau					İstanbul, Turkey Sun 14 Sufra 43 Viswasa 5127
Retreat Star		Gulika 12:03PM - 1:54PM	Rohini Until 11:21PM	Ganesha: Green	Sunrise: 4:39AM	Moon 5 - Phase 6 - 14	
Mesha Rasi: 12.29	Tithi 1	Yama 8:21AM - 10:12AM	Sukarma Until 7:23PM	Muruga: Red	Sunset: 7:27PM	Prathama	
Creative Work	Amrita Yoga	337418579 Rahu 3:45PM - 5:36PM	Kintughna Until 3:17PM	Nataraja: Purple			
Until 11:21PM			Prathama* Until 1:34AM Wed	Moon - Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Бадха Васара Yuktayam Istanbul, Turkey		Migashira Nakshatra Dhrivi/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Tilau Sun 15 Sutra 44	
Wishabha Rasi: 27.26	Tilhi 2	Gulika 10:12AM - 12:03PM Yama 6:29AM - 8:21AM Rahu 12:03PM - 1:54PM	Mrigashira Until 9:01PM Dhrivi Until 3:40PM Balava Until 11:59AM Dvitiya Until 10:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 4:38AM Sunset: 7:29PM	Vasavas 5:17 Moon 5 - Phase 7 - 12 3rd Phase	
Creative Work	Siddha Yoga	337418579				Devaloka Day	
2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Гору Васара Yuktayam Istanbul, Turkey		Andra Nakshatra Shula*Ganda* Yoga Talilla/Gara Karana Tritiyayam Tilau Sun 16 Sutra 45	
Mithuna Rasi: 12.06	Tilhi 3	Gulika 8:20AM - 10:12AM Yama 4:38AM - 6:29AM Rahu 1:55PM - 3:46PM	Andra Until 7:03PM Shula* Until 12:18PM Talilla Until 9:07AM Tritiya Until 7:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 4:38AM Sunset: 7:29PM	Vasavas 5:17 Moon 5 - Phase 7 - 16 3rd Phase	
Routine Work	Marana Yoga	337418579				Devaloka Day	
Until 7:03PM							
Then Creative Work - Amrita Yoga							
3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Sukra Vasara Yuktayam Istanbul, Turkey		Punarvasu Nakshatra Ganda* Middhi Yoga Vanija/Bava Karana Chaturthi/Panchamyam Tilau Sun 17 Sutra 46	
Mithuna Rasi: 26.21	Tilhi 4 - 5	Gulika 6:29AM - 8:20AM Yama 3:46PM - 5:38PM Rahu 10:12AM - 12:03PM	Punarvasu Until 6:02PM Ganda* Until 9:28AM Vanija Until 6:50AM Chaturthi* Until 5:57PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 4:37AM Sunset: 7:30PM	Vasavas 5:17 Moon 5 - Phase 7 - 17 3rd Phase	
Creative Work	Siddha Yoga	347418579				Devaloka Day	
Until 6:02PM							
Then Routine Work - Marana Yoga							
4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Meru Vasara Yuktayam Istanbul, Turkey		Pushya Nakshatra Viddhi/Urausa Yoga Balava/Kaulava Karana Panchami/Saasthyam Tilau Sun 18 Sutra 47	
Kalkata Rasi: 10.08	Tilhi 5 - 6	Gulika 4:36AM - 6:28AM Yama 1:55PM - 3:47PM Rahu 8:20AM - 10:12AM	Pushya Until 5:39PM Viddhi Until 7:15AM Kaulava Until 4:35AM Sun Panchami Until 4:49PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 4:36AM Sunset: 7:30PM	Vasavas 5:17 Moon 5 - Phase 7 - 18 3rd Phase	
Creative Work	Siddha Yoga	347418579				Devaloka Day	
Until 5:39PM							
Then Routine Work - Marana Yoga							
5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Bhanu Vasara Yuktayam Istanbul, Turkey		Ashlesha/Magha* Nakshatra Vyaghala* Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau Sun 19 Sutra 48	
Kalkata Rasi: 23.26	Tilhi 6 - 7	Gulika 3:47PM - 5:39PM Yama 12:04PM - 1:55PM Rahu 5:39PM - 7:31PM	Ashlesha* Until 5:58PM Vyaghala* Until 4:50AM Mon Gara Until 4:45AM Mon Shashthi* Until 4:32PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 4:36AM Sunset: 7:31PM	Vasavas 5:17 Moon 5 - Phase 7 - 19 3rd Phase	
Creative Work	Siddha Yoga	347418579				Devaloka Day	
Until 5:58PM							
Then Routine Work - Marana Yoga							
6		Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Indu Vasara Yuktayam Istanbul, Turkey		Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Sapthami/Astamyam Tilau Sun 20 Sutra 49	
Simha Rasi: 6.18	Tilhi 7 - 8	Gulika 1:56PM - 3:48PM Yama 10:12AM - 12:04PM Rahu 6:28AM - 8:20AM	Magha* Until 7:26PM Harshana Until 4:39AM Tue Visi Until 5:45AM Tue Sapthami Until 5:08PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 4:36AM Sunset: 7:32PM	Vasavas 5:17 Moon 5 - Phase 7 - 20 3rd Phase	
Family Home Evening	Marana Yoga	358418579				Subha Sivaloka Day	
Until 7:26PM							
Then Creative Work - Siddha Yoga							
Retreat Star		Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Mangala Vasara Yuktayam Istanbul, Turkey		Purvaphalguni Nakshatra Vajra* Yoga Bava Karana Ashtamyam Tilau Sun 21 Sutra 50	
Simha Rasi: 18.46	Tilhi 8	Gulika 12:04PM - 1:56PM Yama 8:20AM - 10:12AM Rahu 3:48PM - 5:40PM	Purvaphalguni Until 9:30PM Vajra* Until 4:59AM Wed Bava Until 6:30PM Ashtami* Until 6:30PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 4:35AM Sunset: 7:33PM	Vasavas 5:17 Moon 5 - Phase 7 - 21 Ashtami	
Creative Work	Siddha Yoga	358418579				Subha Sivaloka Day	
Until 9:30PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, June 4, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Маса Сукта Пакше Budha Vasara Yuktayam Istanbul, Turkey		Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Tilau Sun 22 Sutra 51	
Kanya Rasi: 0.56	Tilhi 9	Gulika 10:12AM - 12:04PM Yama 6:27AM - 8:19AM Rahu 12:04PM - 1:56PM	Uttaraphalguni Until 11:58PM Siddhi Until 5:45AM Thu Balava Until 7:26AM Navami* Until 8:28PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 4:35AM Sunset: 7:33PM	Vasavas 5:17 Moon 5 - Phase 7 - 22 Navami	
Creative Work	Amrita Yoga	358418579				Subha Sivaloka Day	
Until 11:58PM							
Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1 Thursday, June 5, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше: Guru Vasara Yuktayam				Istanbul, Turkey	
		Hasta Nakshatra Vyalipata* Yoga Talilla/Gara Karana Dashamyam Tilau				Sun 23 Sutra 52	
Kanya Rasi: 12.54	Tithi 10	Gulika 8:19AM - 10:12AM	Hasta Until 3:06AM Fri	Ganesh: Clear	Sunrise: 4:34AM	Vasavasu 5:17	
		Yama 4:34AM - 6:27AM	Vyalipata* Until 6:45AM Fri	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - 23 4th Phase	
368418571	Rahu 1:57PM - 3:49PM		Tailila Until 9:39AM	Nataraja: Blue			
Routine Work - Marana Yoga			Dashami Until 10:51PM	Moon - Green		Sivaloka Day	
Until 3:06AM Fri				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

2 Friday, June 6, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше: Sukra Vasara Yuktayam				Istanbul, Turkey	
		Chitra Nakshatra Varyan Yoga Vanja/Visti* Karana Ekadashyam Tilau				Sun 24 Sutra 53	
Kanya Rasi: 24.45	Tithi 11	Gulika 6:27AM - 8:19AM	Chitra Until 6:12AM Sat	Ganesh: Clear	Sunrise: 4:34AM	Vasavasu 5:17	
		Yama 3:50PM - 5:42PM	Vyalipata* Until 6:45AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - 24 4th Phase	
368418571	Rahu 10:12AM - 12:04PM		Vanija Until 12:08PM	Nataraja: Blue			
Creative Work - Siddha Yoga			Ekadashi Until 1:23AM Sat	Moon - Green		Sivaloka Day	
				Jyeshtha-Vaikasi			

3 Saturday, June 7, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше: Mania Vasara Yuktayam				Istanbul, Turkey	
		Chitra Nakshatra Varyan/Parigaha* Yoga Bava/Balava Karana Dvadashyam Tilau				Sun 25 Sutra 54	
Tula Rasi: 6.33	Tithi 12	Gulika 4:34AM - 6:27AM	Chitra Until 6:12AM	Ganesh: Clear	Sunrise: 4:34AM	Vasavasu 5:17	
		Yama 1:57PM - 3:50PM	Varyan Until 7:48AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - 25 4th Phase	
368418571	Rahu 8:19AM - 10:12AM		Bava Until 2:40PM	Nataraja: Blue			
Routine Work - Marana Yoga			Dvadashi Until 3:52AM Sun	Moon - Green		Sivaloka Day	
Until 6:12AM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

4 Sunday, June 8, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше: Bhanu Vasara Yuktayam				Istanbul, Turkey	
		Svali/Vishakha Nakshatra Parigaha* Shiva Yoga Kaulava/Tailila Karana Trayodashyam Tilau				Sun 26 Sutra 55	
Tula Rasi: 18.23	Tithi 13	Gulika 3:50PM - 5:43PM	Svali Until 9:04AM	Ganesh: White	Sunrise: 4:34AM	Vasavasu 5:17	
		Yama 12:05PM - 1:58PM	Parigaha* Until 8:49AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - 26 4th Phase	
369418571	Rahu 5:43PM - 7:36PM		Kaulava Until 5:04PM	Nataraja: Blue			
Creative Work - Siddha Yoga		Vaikasi Visakam	Trayodashi Until 6:10AM Mon	Moon - Green		Devalka Day	
Until 9:04AM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga			<i>Pradosha Vata</i>				

5 Monday, June 9, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше: Indu Vasara Yuktayam				Istanbul, Turkey	
		Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Tilau				Sun 27 Sutra 56	
Witschika Rasi: 0.18	Tithi 13 - 14	Gulika 1:58PM - 3:51PM	Vishakha Until 12:03PM	Ganesh: Clear	Sunrise: 4:33AM	Vasavasu 5:17	
Family Home Evening		Yama 10:12AM - 12:05PM	Shiva Until 9:40AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - 27 4th Phase	
379418571	Rahu 6:26AM - 8:19AM		Gara Until 7:13PM	Nataraja: Blue			
Routine Work - Marana Yoga			Trayodashi Until 6:10AM	Moon - Orange		Sivaloka Day	
Until 12:03PM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Tuesday, June 10, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше: Mangala Vasara Yuktayam				Istanbul, Turkey	
		Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Vanja/Visti* Karana Chaturdashy/Purnimayam Tilau				Sun 28 Sutra 57	
Witschika Rasi: 12.2	Tithi 14 - 15	Gulika 12:05PM - 1:58PM	Anuradha Until 2:33PM	Ganesh: Clear	Sunrise: 4:33AM	Vasavasu 5:17	
		Yama 8:19AM - 10:12AM	Siddha Until 10:14AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - Purnima	
379418571	Rahu 3:51PM - 5:44PM		Visti Until 9:01PM	Nataraja: Blue			
Creative Work - Siddha Yoga			Chaturdashy* Until 8:09AM	Moon - Orange		Sivaloka Day	
Until 2:33PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

Wednesday, June 11, 2025		Viswastu Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса: Krishna Paksha Butha Vasara Yuktayam				Istanbul, Turkey	
		Jyeshtha/Mula* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnimayam Tilau				Sun 29 Sutra 58	
Witschika Rasi: 24.31	Tithi 15 - 16	Gulika 10:12AM - 12:05PM	Jyeshtha* Until 4:32PM	Ganesh: Clear	Sunrise: 4:33AM	Vasavasu 5:17	
		Yama 6:26AM - 8:19AM	Sadhya Until 10:33AM	Muruga: Red	Sunset: 7:39PM	Moon 5 - Phase 8 - Prathama	
379418571	Rahu 12:05PM - 1:58PM		Balava Until 10:27PM	Nataraja: Blue			
Creative Work - Siddha Yoga			Purnima* Until 9:46AM	Moon - Orange		Sivaloka Day	
Until 4:32PM				Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****6:51 Retreat Star**

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Вішэбха Масэ Кгішна Пакеша Гору Васара Yuktayam Istanbul, Turkey			
		Mula* Nakshatra Subha/Sukla Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau Sufra 59 Sufra 59			
Dhanus Rasi: 6.51	TITHI 16 - 17	Gulika 8:19AM - 10:12AM	Mula* Until 6:27PM	Ganesh: Purple	Sunrise: 4:33AM
		Yama 4:33AM - 6:26AM	Subha Until 10:35AM	Muruga: Red	Sunset: 7:38PM
Creative Work	Siddha Yoga	Rahu 1:59PM - 3:52PM	Taila Until 11:30PM	Nataraja: Blue	Moon 6 - Phase 9 - 1st Phase
		Prathama* Until 11:00AM		Jyeshtha-Vaikasi	Devaloka Day

Friday, June 13, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Вішэбха Масэ Кгішна Пакеша Сура Васара Yuktayam Istanbul, Turkey			
		Purvashada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau Sun 1 Sufra 60 Sufra 60			
Dhanus Rasi: 19.22	TITHI 17 - 18	Gulika 6:26AM - 8:19AM	Purvashada* Until 7:51PM	Ganesh: Purple	Sunrise: 4:33AM
		Yama 3:52PM - 5:45PM	Sukla Until 10:17AM	Muruga: Red	Sunset: 7:38PM
Routine Work	Prabalashtra Yoga	Rahu 10:12AM - 12:06PM	Vanija Until 12:09AM Sat	Nataraja: Blue	Moon 6 - Phase 9 - 1st Phase
Then Routine Work	Marana Yoga	Dvitiya Until 11:51AM		Jyeshtha-Vaikasi	Devaloka Day

Saturday, June 14, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Вішэбха Масэ Кгішна Пакеша Mania Vasara Yuktayam Istanbul, Turkey			
		Uttarashada Nakshatra Brahma/Indra Yoga Vasi* (Bava Karana Tritiya/Chaturthayam Titau Sun 2 Sufra 61 Sufra 61			
Makara Rasi: 2.02	TITHI 18 - 19	Gulika 4:33AM - 6:26AM	Uttarashada Until 8:43PM	Ganesh: Purple	Sunrise: 4:33AM
		Yama 1:59PM - 3:52PM	Brahma Until 9:42AM	Muruga: Red	Sunset: 7:38PM
Routine Work	Marana Yoga	Rahu 8:19AM - 10:13AM	Bava Until 12:26AM Sun	Nataraja: Blue	Moon 6 - Phase 9 - 2 1st Phase
Then Creative Work	Siddha Yoga	Tritiya Until 12:19PM		Jyeshtha-Vaikasi	Devaloka Day

Sunday, June 15, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Міхуна Масэ Кгішна Пакеша Bhanu Vasara Yuktayam Istanbul, Turkey			
		Shravana Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sun 3 Sufra 62 Sufra 62			
Makara Rasi: 14.54	TITHI 19 - 20	Gulika 3:53PM - 5:46PM	Shravana Until 9:31PM	Ganesh: Clear	Sunrise: 4:33AM
		Yama 12:06PM - 1:59PM	Indra Until 8:50AM	Muruga: Red	Sunset: 7:38PM
Creative Work	Amrita Yoga	Rahu 5:46PM - 7:39PM	Kaulava Until 12:19AM Mon	Nataraja: Blue	Moon 6 - Phase 9 - 3 1st Phase
Then Routine Work	Marana Yoga	Father's Day		Chaturthi* Until 12:24PM	Jyeshtha-Ani
					Sivaloka Day

Monday, June 16, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Міхуна Масэ Кгішна Пакеша Indu Vasara Yuktayam Istanbul, Turkey			
		Dhanishtha Nakshatra Vaidhri*/Vohikambha* Yoga Taila/Gara Karana Panchmi/Shashthayam Titau Sun 4 Sufra 63 Sufra 63			
Makara Rasi: 27.58	TITHI 20 - 21	Gulika 2:00PM - 3:53PM	Dhanishtha Until 9:45PM	Ganesh: Yellow	Sunrise: 4:33AM
Family Home Evening		Yama 10:13AM - 12:06PM	Vaidhri* Until 7:37AM	Muruga: Red	Sunset: 7:40PM
Creative Work	Siddha Yoga	Rahu 6:26AM - 8:20AM	Gara Until 11:47PM	Nataraja: Blue	Moon 6 - Phase 9 - 4 1st Phase
		Panchami Until 12:05PM		Jyeshtha-Ani	Sivaloka Day

Tuesday, June 17, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Міхуна Масэ Кгішна Пакеша Mangala Vasara Yuktayam Istanbul, Turkey			
		Shatabhishak Nakshatra Vohikambha* (Pithi Yoga Varjya/Vasi*) Karana Shashthi/Saptamam Titau Sun 5 Sufra 64 Sufra 64			
Kumbha Rasi: 11.14	TITHI 21 - 22	Gulika 12:07PM - 2:00PM	Shatabhishak Until 9:25PM	Ganesh: Yellow	Sunrise: 4:33AM
		Yama 8:20AM - 10:13AM	Vishkambha* Until 6:05AM	Muruga: Red	Sunset: 7:40PM
Routine Work	Marana Yoga	Rahu 3:53PM - 5:47PM	Vasi Until 10:49PM	Nataraja: Blue	Moon 6 - Phase 9 - 5 1st Phase
		Shashthi* Until 11:20AM		Jyeshtha-Ani	Sivaloka Day

Wednesday, June 18, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Міхуна Масэ Кгішна Пакеша Busha Vasara Yuktayam Istanbul, Turkey			
		Purvavroshthapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamam Titau Sun 6 Sufra 65 Sufra 65			
Kumbha Rasi: 24.47	TITHI 22 - 23	Gulika 10:13AM - 12:07PM	Purvavroshthapada* Until 8:54PM	Ganesh: Clear	Sunrise: 4:33AM
		Yama 6:26AM - 8:20AM	Ayushman Until 1:54AM Thu	Muruga: Red	Sunset: 7:40PM
Creative Work	Amrita Yoga	Rahu 12:07PM - 2:00PM	Balava Until 9:23PM	Nataraja: Blue	Moon 6 - Phase 9 - 6 Ashtami
Then Creative Work	Siddha Yoga	Saptami Until 10:08AM		Jyeshtha-Ani	Sivaloka Day

Thursday, June 19, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратна Рібав Міхуна Масэ Кгішна Пакеша Guru Vasara Yuktayam Istanbul, Turkey			
		Uttaravroshthapada Nakshatra Saubhagya Yoga Kaulava/Taila Karana Ashtami/Navamam Titau Sun 7 Sufra 66 Sufra 66			
Meena Rasi: 8.35	TITHI 23 - 24	Gulika 8:20AM - 10:13AM	Uttaravroshthapada Until 7:47PM	Ganesh: Clear	Sunrise: 4:33AM
		Yama 4:33AM - 6:27AM	Saubhagya Until 11:15PM	Muruga: Red	Sunset: 7:41PM
Creative Work	Siddha Yoga	Rahu 2:00PM - 3:54PM	Taila Until 7:29PM	Nataraja: Blue	Moon 6 - Phase 9 - 7 Navami
		Ashlami* Until 8:28AM		Jyeshtha-Ani	Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Yuktayam				Istanbul, Turkey	
		Revati Nakshatra Sothana Yoga Gara/Visi* Karana Navami/Dashamyam Tilau				Sun 8 Sufra 67	
Mesha Rasi: 22.41	Tithi 24 - 25	Gulika 6:27AM - 8:20AM	Revati Until 6:05PM	Ganesha: White	Sunrise: 4:33AM	Vasavasu 5127	
		Yama 3:54PM - 5:48PM	Sobhana Until 8:15PM	Muruga: Red	Sunset: 7:41PM	Moon 6 - Phase 10 - 8	
Creative Work	Siddha Yoga	Rahu 10:14AM - 12:07PM	Visiti Until 3:49AM Sat	Nataraja: Blue	Moon - Clear		
Until 6:05PM			Navami* Until 6:21AM	Jyestha-Ani	Subha Sivaloka Day		
Then Creative Work - Amrita Yoga							

2 Saturday, June 21, 2025

		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mithuna Mase Krishna Paksha Manita Vasara Yuktayam				Istanbul, Turkey	
		Ashvini/Bharani Nakshatra Ahiganda*/Sukama Yoga Bava/Balava Karana Ekadashyam Tilau				Sun 9 Sufra 68	
Mesha Rasi: 7.04	Tithi 26	Gulika 4:33AM - 6:27AM	Ashvini Until 4:18PM	Ganesha: Yellow	Sunrise: 4:33AM	Vasavasu 5127	
		Yama 2:01PM - 3:54PM	Ahiganda* Until 4:56PM	Muruga: Red	Sunset: 7:41PM	Moon 6 - Phase 10 - 9	
Creative Work	Siddha Yoga	Rahu 8:20AM - 10:14AM	Bava Until 2:26PM	Nataraja: Blue	Moon - White		
			Ekadashi* Until 12:57AM Sun	Jyestha-Ani	Sivaloka Day		

3 Sunday, June 22, 2025

		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Bhanu Vasara Yuktayam				Istanbul, Turkey	
		Bharani/Kritika Nakshatra Dhriti/Yoga Kaulava/Taila Karana Dvadashtyam Tilau				Sun 10 Sufra 69	
Mesha Rasi: 21.41	Tithi 27	Gulika 3:54PM - 5:48PM	Bharani Until 2:06PM	Ganesha: Yellow	Sunrise: 4:34AM	Vasavasu 5127	
		Yama 12:08PM - 2:01PM	Sukama Until 1:24PM	Muruga: Red	Sunset: 7:41PM	Moon 6 - Phase 10 - 10	
Routine Work	Prabalarista Yoga	Rahu 5:48PM - 7:41PM	Kaulava Until 11:26AM	Nataraja: Blue	Moon - White		
Until 2:06PM			Dvadashti* Until 9:51PM	Jyestha-Ani	Sivaloka Day		
Then Creative Work - Siddha Yoga							

4 Monday, June 23, 2025

		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Vasara Yuktayam				Istanbul, Turkey	
		Kritika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanji Karana Trayodashtyam Tilau				Sun 11 Sufra 70	
Wisshaha Rasi: 6.27	Tithi 28	Gulika 2:01PM - 3:55PM	Kritika Until 11:36AM	Ganesha: Yellow	Sunrise: 4:34AM	Vasavasu 5127	
Family Home Evening		Yama 10:14AM - 12:08PM	Dhriti Until 9:45AM	Muruga: Red	Sunset: 7:42PM	Moon 6 - Phase 10 - 11	
Routine Work	Marana Yoga	Rahu 6:27AM - 8:21AM	Gara Until 8:16AM	Nataraja: Blue	Moon - White		
Until 11:36AM			Trayodashi* Until 6:39PM	Jyestha-Ani	Sivaloka Day		
Then Creative Work - Amrita Yoga			Pradosha Vata (Fasting)				

5 Tuesday, June 24, 2025

		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Mangala Vasara Yuktayam				Istanbul, Turkey	
		Rohini/Migashira Nakshatra Ganda*Yoga Sakuni*/Catuspada* Karana Chaturdashimavasyam Tilau				Sun 12 Sufra 71	
Wisshaha Rasi: 21.15	Tithi 29 - 30	Gulika 12:08PM - 2:01PM	Rohini Until 9:22AM	Ganesha: Red	Sunrise: 4:34AM	Vasavasu 5127	
		Yama 8:21AM - 10:15AM	Shula* Until 6:03AM	Muruga: Red	Sunset: 7:42PM	Moon 6 - Phase 10 - 12	
Creative Work	Amrita Yoga	Rahu 3:55PM - 5:48PM	Catuspada Until 2:00AM Wed	Nataraja: Blue	Moon - Yellow		
Until 9:22AM			Chaturdashi* Until 3:29PM	Jyestha-Ani	Sivaloka Day		
Then Creative Work - Siddha Yoga							

Wednesday, June 25, 2025

		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Budha Vasara Yuktayam				Istanbul, Turkey	
		Migashira/Andra Nakshatra Viddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Tilau				Sun 13 Sufra 72	
Mithuna Rasi: 5.57	Tithi 30 - 1	Gulika 10:15AM - 12:08PM	Migashira Until 7:10AM	Ganesha: Red	Sunrise: 4:35AM	Vasavasu 5127	
		Yama 6:28AM - 8:21AM	Viddhi Until 11:08PM	Muruga: Red	Sunset: 7:42PM	Moon 6 - Phase 10 - 13	
Creative Work	Siddha Yoga	Rahu 12:08PM - 2:02PM	Kintughna Until 11:12PM	Nataraja: Blue	Moon - Yellow		
			Amavasya* Until 12:32PM	Jyestha-Ani	Sivaloka Day		

Thursday, June 26, 2025

		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Guru Vasara Yuktayam				Istanbul, Turkey	
		Punarvasu Nakshatra Dhruva Yoga Bava/Baleva Karana Prathamam/Dvityayam Tilau				Sun 14 Sufra 73	
Mithuna Rasi: 20.25	Tithi 1 - 2	Gulika 8:22AM - 10:15AM	Punarvasu Until 3:52AM Fri	Ganesha: Yellow	Sunrise: 4:35AM	Vasavasu 5127	
		Yama 4:35AM - 6:28AM	Dhruva Until 8:09PM	Muruga: Red	Sunset: 7:42PM	Moon 6 - Phase 10 - 14	
Creative Work	Amrita Yoga	Rahu 2:02PM - 3:55PM	Balava Until 8:50PM	Nataraja: Blue	Moon - Blue		
Until 3:52AM Fri			Prathama* Until 9:56AM	Ashada-Ani	Sivaloka Day		
Then Routine Work - Marana Yoga							

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1 Friday, June 27, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yuktiyam Pushya Nakshatra Vyaghata* Harshana Yoga Kaulava Talila Karana Dvitiya/Tritiyayam Tilau				İstanbul, Turkey Sun 15 Sufra 74
Kataka Rasi: 4.34	Tilhi 2 – 3	Gulika 6:29AM – 8:22AM Yama 3:55PM – 5:49PM	Pushya Until 3:06AM Sat Vyaghata* Until 5:39PM Talila Until 7:04PM Dvitiya Until 7:51AM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 4:35AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 15 3rd Phase
Routine Work Marana Yoga		342518571				Devaloka Day
2 Saturday, June 28, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Merita Vasara Yuktiyam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				İstanbul, Turkey Sun 16 Sufra 75
Kataka Rasi: 18.17	Tilhi 3 – 4	Gulika 4:36AM – 6:29AM Yama 2:02PM – 3:55PM	Ashlesha* Until 2:55AM Sun Harshana Until 3:45PM Vanija Until 6:01PM Tritiya Until 6:25AM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 4:36AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 16 3rd Phase
Routine Work Marana Yoga		342518571				Devaloka Day
3 Sunday, June 29, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Bhanu Vasara Yuktiyam Magha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamyam Tilau				İstanbul, Turkey Sun 17 Sufra 76
Simha Rasi: 1.35	Tilhi 5	Gulika 3:55PM – 5:49PM Yama 12:09PM – 2:02PM	Magha* Until 3:52AM Mon Vajra* Until 2:28PM Bava Until 5:46PM Panchami Until 5:57AM Mon	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:36AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 17 3rd Phase
Routine Work Marana Yoga Until 3:52AM Mon Then Creative Work - Siddha Yoga		352518571				Sivaloka Day
4 Monday, June 30, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Indu Vasara Yuktiyam Purvaphalguni Nakshatra Siddhi/Vyolipata* Yoga Kaulava Karana Shashthiyam Tilau				İstanbul, Turkey Sun 18 Sufra 77
Simha Rasi: 14.27	Tilhi 6	Gulika 2:02PM – 3:56PM Yama 10:16AM – 12:09PM	Purvaphalguni Until 5:26AM Tue Siddhi Until 1:51PM Kaulava Until 6:21PM Shashthi* Until 6:55AM Tue	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:36AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 5:26AM Tue Then Creative Work - Amrita Yoga		352518571				Sivaloka Day
5 Tuesday, July 1, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Mangala Vasara Yuktiyam Uttaraphalguni Nakshatra Vyolipata* Varinyan Yoga Talila/Gara Karana Shashthi/Saptamyam Tilau				İstanbul, Turkey Sun 19 Sufra 78
Simha Rasi: 26.56	Tilhi 6 – 7	Gulika 12:09PM – 2:02PM Yama 8:23AM – 10:16AM	Uttaraphalguni Until 7:31AM Wed Vyolipata* Until 1:52PM Gara Until 7:41PM Shashthi* Until 6:55AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:37AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 19 3rd Phase
Creative Work Amrita Yoga Until 7:31AM Wed Then Routine Work - Marana Yoga		352518571				Sivaloka Day
Wednesday, July 2, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Buha Vasara Yuktiyam Uttaraphalguni/Hasta Nakshatra Varinyan/Parigha* Yoga Vanija/Visi* Karana Sapthami/Ashtamyam Tilau				İstanbul, Turkey Sun 20 Sufra 79
Retreat Star		Gulika 10:17AM – 12:10PM Yama 6:30AM – 8:23AM	Uttaraphalguni Until 7:31AM Varijan Until 2:20PM Visi Until 9:37PM Sapthami Until 8:34AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:37AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 20 Ashtami
Kanya Rasi: 9.08	Tilhi 7 – 8	352518571				Sivaloka Day
Creative Work Amrita Yoga Until 7:31AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
Thursday, July 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktiyam Hasta/Chitra Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				İstanbul, Turkey Sun 21 Sufra 80
Retreat Star		Gulika 8:24AM – 10:17AM Yama 4:38AM – 6:31AM	Hasta Until 10:25AM Parigha* Until 3:09PM Balava Until 11:56PM Ashtami* Until 10:43AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 4:38AM Sunset: 7:49PM	Vasavasu 5:17 Moon 6 - Phase 11 - 21 Navami
Kanya Rasi: 21.08	Tilhi 8 – 9	362518571				Devaloka Day
Routine Work Marana Yoga Until 10:25AM Then Creative Work - Siddha Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1	Friday, July 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yuktiyam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Navami/Dashamam Tilau				İstanbul, Turkey
	Tula Rasi: 3	Tithi 9 – 10	Gulika 6:31AM – 8:24AM Yama 3:56PM – 5:48PM Rahu 10:17AM – 12:10PM	Chitra Until 1:24PM Shiva Until 4:09PM Tailila Until 2:22AM Sat Navami* Until 1:07PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 4:39AM Sunset: 7:41PM	Sun 22 Sutra 81 Vasavasu 5:127 Moon 6 - Phase 12 - 23 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day

2	Saturday, July 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Merita Vasara Yuktiyam Svali/Vishaka Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadeshm Tilau				İstanbul, Turkey
	Tula Rasi: 14.51	Tithi 10 – 11	Gulika 4:39AM – 6:32AM Yama 2:03PM – 3:56PM Rahu 8:25AM – 10:17AM	Svali Until 4:14PM Siddha Until 5:07PM Vanija Until 4:44AM Sun Dashami Until 3:33PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 4:39AM Sunset: 7:41PM	Sun 23 Sutra 82 Vasavasu 5:127 Moon 6 - Phase 12 - 23 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day

3	Sunday, July 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Bhanu Vasara Yuktiyam Vishaka Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dvadeshm Tilau				İstanbul, Turkey
	Tula Rasi: 26.44	Tithi 11 – 12	Gulika 3:55PM – 5:48PM Yama 2:10PM – 2:03PM Rahu 5:48PM – 7:41PM	Vishaka Until 7:13PM Sadhya Until 5:57PM Bava Until 6:49AM Mon Ekadashi Until 5:47PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 4:40AM Sunset: 7:41PM	Sun 24 Sutra 83 Vasavasu 5:127 Moon 6 - Phase 12 - 24 4th Phase
	Routine Work	Marana Yoga					Devaloka Day

4	Monday, July 7, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Indu Vasara Yuktiyam Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadeshm Tilau				İstanbul, Turkey
	Wishika Rasi: 8.44	Tithi 12	Gulika 2:03PM – 3:55PM Yama 10:18AM – 12:10PM Rahu 6:33AM – 8:25AM	Anuradha Until 9:42PM Subha Until 6:33PM Bava Until 6:49AM Dvadashi Until 7:42PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 4:40AM Sunset: 7:40PM	Sun 25 Sutra 84 Vasavasu 5:127 Moon 6 - Phase 12 - 25 4th Phase
	Family Home Evening	Siddha Yoga					Devaloka Day

5	Tuesday, July 8, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Mangala Vasara Yuktiyam Jyeshtha* Nakshatra Sukla Yoga Kaulava/Tailila Karana Trayodashm Tilau				İstanbul, Turkey
	Wishika Rasi: 20.53	Tithi 13	Gulika 12:11PM – 2:03PM Yama 8:26AM – 10:18AM Rahu 3:55PM – 5:48PM	Jyeshtha* Until 11:36PM Sukla Until 6:47PM Kaulava Until 8:31AM Trayodashi Until 9:10PM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 4:41AM Sunset: 7:40PM	Sun 26 Sutra 85 Vasavasu 5:127 Moon 6 - Phase 12 - 26 4th Phase
	Routine Work	Marana Yoga					Devaloka Day
	Until 11:36PM						
	Then Creative Work - Amrita Yoga						
							<i>Pradosha Vata</i>

6	Wednesday, July 9, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yuktiyam Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashm Tilau				İstanbul, Turkey
	Dhanus Rasi: 3.13	Tithi 14	Gulika 10:18AM – 12:11PM Yama 6:34AM – 8:26AM Rahu 12:11PM – 2:03PM	Mula* Until 1:21AM Thu Brahma Until 6:39PM Gara Until 9:45AM Chaturdash* Until 10:09PM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 4:42AM Sunset: 7:40PM	Sun 27 Sutra 86 Vasavasu 5:127 Moon 6 - Phase 12 - 27 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day
	Until 1:21AM Thu						
	Then Creative Work - Siddha Yoga						

○	Thursday, July 10, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktiyam Purnvashadha* Nakshatra Indra Yoga Visi*/Bava Karana Purnimam Tilau				İstanbul, Turkey
	Copper Retreat Star		Gulika 8:27AM – 10:19AM Yama 4:42AM – 6:34AM Rahu 2:03PM – 3:55PM	Purnvashadha* Until 2:28AM Fri Indra Until 6:09PM Visi Until 10:29AM Purnima* Until 10:40PM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 4:42AM Sunset: 7:39PM	Sun 28 Sutra 87 Vasavasu 5:127 Moon 6 - Phase 12 - 28 Purnima
	Creative Work	Siddha Yoga					Subha Sivaloka Day
	Until 2:28AM Fri						
	Then Routine Work - Marana Yoga						

○	Friday, July 11, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sukra Vasara Yuktiyam Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamam Tilau				İstanbul, Turkey
	Silver Retreat Star		Gulika 6:35AM – 8:27AM Yama 3:55PM – 5:47PM Rahu 10:19AM – 12:11PM	Uttarashadha Until 2:59AM Sat Vaidhriti* Until 5:15PM Balava Until 10:45AM Prathama* Until 10:42PM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 4:43AM Sunset: 7:39PM	Sun 29 Sutra 88 Vasavasu 5:127 Moon 6 - Phase 12 - 29 Prathama
	Routine Work	Marana Yoga					Subha Sivaloka Day
	Until 2:59AM Sat						
	Then Creative Work - Siddha Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**

Makara Rasi: 5.13 Tithi 17
 Creative Work Siddha Yoga
 Until 3:24AM Sun
 Then Routine Work - Marana Yoga

Gulika 4:44AM - 6:36AM
Yama 2:03PM - 3:55PM
Rahu 8:27AM - 10:19AM

Shravana Until 3:24AM Sun
Vishkambha* Until 4:02PM
Taitila Until 10:35AM
Dvitiya Until 10:19PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Mania Vasara Yuktayam
 Shravana Nakshatra Vishkambha*Pithi Yoga Talila/Gara Karana Dvitiyayam Tilau

Ganesh: Yellow
Muruga: Red
Nataraja: Blue
Moon - Purple
Ashada-Ani

Sunrise: 4:44AM
 Sunset: 7:38PM

Istanbul, Turkey
 Sun 1 Sutra 89
 Viswasa 5:17
 Moon 7 - Phase 13 - 1
 1st Phase

Sivaloka Day

1**Sunday, July 13, 2025**

Makara Rasi: 24.46 Tithi 18
 Routine Work Marana Yoga
 Until 3:19AM Mon
 Then Creative Work - Siddha Yoga

Gulika 3:55PM - 5:46PM
Yama 12:11PM - 2:03PM
Rahu 5:46PM - 7:38PM

Dhanishtha Until 3:19AM Mon
Pithi Until 2:32PM
Vanija Until 10:01AM
Tritiya Until 9:35PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Bharu Vasara Yuktayam
 Dhanishtha Nakshatra Pithi/Ayushman/Yoga Vanja/Vesli* Karana Tritiyayam Tilau

Ganesh: Yellow
Muruga: Red
Nataraja: Blue
Moon - Purple
Ashada-Ani

Sunrise: 4:44AM
 Sunset: 7:38PM

Istanbul, Turkey
 Sun 2 Sutra 90
 Viswasa 5:17
 Moon 7 - Phase 13 - 1
 1st Phase

Sivaloka Day

2**Monday, July 14, 2025**

Kumbha Rasi: 8.1 Tithi 19
Family Home Evening
 Creative Work Siddha Yoga
 Until 2:47AM Tue
 Then Routine Work - Marana Yoga

Gulika 2:03PM - 3:54PM
Yama 10:20AM - 12:11PM
Rahu 6:37AM - 8:28AM

Shatabhishak Until 2:47AM Tue
Ayushman Until 12:43PM
Bava Until 9:06AM
Chaturthi* Until 8:31PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Indu Vasara Yuktayam
 Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Tilau

Ganesh: Yellow
Muruga: Red
Nataraja: Blue
Moon - Purple
Ashada-Ani

Sunrise: 4:45AM
 Sunset: 7:37PM

Istanbul, Turkey
 Sun 3 Sutra 91
 Viswasa 5:17
 Moon 7 - Phase 13 - 3
 1st Phase

Sivaloka Day

3**Tuesday, July 15, 2025**

Kumbha Rasi: 21.44 Tithi 20
 Routine Work Marana Yoga
 Until 2:15AM Wed
 Then Creative Work - Siddha Yoga

Gulika 12:11PM - 2:03PM
Yama 8:29AM - 10:20AM
Rahu 3:54PM - 5:45PM

Puravroshthapada* Until 2:15AM Wed
Saubhagya Until 10:41AM
Kaulava Until 7:53AM
Panchami Until 7:09PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakshhe Mangala Vasara Yuktayam
 Puravroshthapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Falila Karana Panchamyam Tilau

Ganesh: Purple
Muruga: Red
Nataraja: Blue
Moon - Clear
Ashada-Ani

Sunrise: 4:46AM
 Sunset: 7:37PM

Istanbul, Turkey
 Sun 4 Sutra 92
 Viswasa 5:17
 Moon 7 - Phase 13 - 4
 1st Phase

Devaloka Day

4**Wednesday, July 16, 2025**

Meena Rasi: 5.29 Tithi 21 - 22
 Creative Work Siddha Yoga

Gulika 10:20AM - 12:11PM
Yama 6:38AM - 8:29AM
Rahu 12:11PM - 2:03PM

Uttaravroshthapada Until 1:19AM Thu
Sobhana Until 8:26AM
Gara Until 6:23AM
Shashthi* Until 5:32PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Budha Vasara Yuktayam
 Uttaravroshthapada Nakshatra Sobhana/Ahigandha* Yoga Gara/Wel* Karana Shashthi/Saptamyam Tilau

Ganesh: Purple
Muruga: Red
Nataraja: Blue
Moon - Clear
Ashada-Adi

Sunrise: 4:47AM
 Sunset: 7:36PM

Istanbul, Turkey
 Sun 5 Sutra 93
 Viswasa 5:17
 Moon 7 - Phase 13 - 5
 1st Phase

Devaloka Day

5**Thursday, July 17, 2025**

Meena Rasi: 19.23 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 11:59PM
 Then Creative Work - Amrita Yoga

Gulika 8:30AM - 10:21AM
Yama 4:48AM - 6:39AM
Rahu 2:03PM - 3:54PM

Revati Until 11:59PM
Sukarma Until 3:16AM Fri
Balava Until 2:38AM Fri
Saptami Until 3:39PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Guru Vasara Yuktayam
 Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Tilau

Ganesh: Purple
Muruga: Red
Nataraja: Yellow
Moon - Clear
Ashada-Adi

Sunrise: 4:48AM
 Sunset: 7:36PM

Istanbul, Turkey
 Sun 6 Sutra 94
 Viswasa 5:17
 Moon 7 - Phase 13 - 6
 1st Phase

Bhuloka Day
 Devaloka Time: 3PM to 6PM

D**Friday, July 18, 2025****Retreat Star**

Mesha Rasi: 3.26 Tithi 23 - 24
 Creative Work Amrita Yoga
 Until 10:43PM
 Then Creative Work - Siddha Yoga

Gulika 6:39AM - 8:30AM
Yama 3:53PM - 5:44PM
Rahu 10:21AM - 12:12PM

Ashvini Until 10:43PM
Dhriti Until 12:26AM Sat
Taitila Until 12:25AM Sat
Ashtami* Until 1:32PM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Sukra Vasara Yuktayam
 Ashvini Nakshatra Dhriti Yoga Kaulava/Falila Karana Ashtami/Navamyam Tilau

Ganesh: Clear
Muruga: Red
Nataraja: Yellow
Moon - White
Ashada-Adi

Sunrise: 4:48AM
 Sunset: 7:35PM

Istanbul, Turkey
 Sun 7 Sutra 95
 Viswasa 5:17
 Moon 7 - Phase 13 - 7
 Ashtami

Devaloka Day

Saturday, July 19, 2025**Retreat Star**

Mesha Rasi: 17.38 Tithi 24 - 25
 Creative Work Siddha Yoga
 Until 9:07PM
 Then Creative Work - Amrita Yoga

Gulika 4:49AM - 6:40AM
Yama 2:02PM - 3:53PM
Rahu 8:30AM - 10:21AM

Bharani Until 9:07PM
Shula* Until 9:24PM
Vanija Until 10:01PM
Navami* Until 11:13AM

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Mania Vasara Yuktayam
 Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Tilau

Ganesh: Clear
Muruga: Red
Nataraja: Yellow
Moon - White
Ashada-Adi

Sunrise: 4:49AM
 Sunset: 7:34PM

Istanbul, Turkey
 Sun 8 Sutra 96
 Viswasa 5:17
 Moon 7 - Phase 13 - 8
 Navami

Devaloka Day

1 Sunday, July 20, 2025

Wishabha Rasi: 1.58 Tithi 25 - 26

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Bhanu Vesara Yukhtayam
Kritika Nakshatra Ganda* Yoga Vasil* Bava Karana Dashami/Ekadashyam Titau

Gulika	3:53PM - 5:43PM	Kritika Until 7:15PM	Ganesha: Clear	Sunrise: 4:50AM
Yama	12:12PM - 2:02PM	Ganda* Until 6:18PM	Muruga: Red	Sunset: 7:34PM
Rahu	5:43PM - 7:34PM	Bava Until 7:29PM	Nataraja: Yellow	Moon 7 - Phase 14 - 10 2nd Phase

Moon - White
Ashada-Adi

Istanbul, Turkey
Sun 9 Sutra 97
Vishvasu 5:127
Moon 7 - Phase 14 - 10
2nd Phase

Devaloka Day

2 Monday, July 21, 2025

Wishabha Rasi: 16.21 Tithi 26 - 27
Family Home Evening

Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Indu Vesara Yukhtayam
Rohini/Mrigasira Nakshatra Viddhi/Dhruva Yoga Balava/Taila Karana Ekadashi/Dwadashyam Titau

Gulika	2:02PM - 3:52PM	Rohini Until 5:38PM	Ganesha: White	Sunrise: 4:51AM
Yama	10:22AM - 12:12PM	Viddhi Until 3:09PM	Muruga: Red	Sunset: 7:33PM
Rahu	6:41AM - 8:31AM	Taila Until 3:38AM Tue	Nataraja: Yellow	Moon 7 - Phase 14 - 10 2nd Phase

Moon - Yellow
Ashada-Adi

Istanbul, Turkey
Sun 10 Sutra 98
Vishvasu 5:127
Moon 7 - Phase 14 - 10
2nd Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

3 Tuesday, July 22, 2025

Mithuna Rasi: 0.44 Tithi 28

Creative Work Siddha Yoga

Until 3:55PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mangala Vesara Yukhtayam
Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara/Varija Karana Trayodashyam Titau

Gulika	12:12PM - 2:02PM	Mrigashira Until 3:55PM	Ganesha: White	Sunrise: 4:52AM
Yama	8:32AM - 10:22AM	Dhruva Until 12:02PM	Muruga: Red	Sunset: 7:32PM
Rahu	3:52PM - 5:42PM	Gara Until 2:24PM	Nataraja: Yellow	Moon 7 - Phase 14 - 11 2nd Phase

Moon - Yellow
Ashada-Adi

Istanbul, Turkey
Sun 11 Sutra 99
Vishvasu 5:127
Moon 7 - Phase 14 - 11
2nd Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Pradosha Vrata (Fasting)

4 Wednesday, July 23, 2025

Mithuna Rasi: 15.01 Tithi 29

Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vesara Yukhtayam
Ardra/Punarvasu Nakshatra Vyaghata* Harshana Yoga Vasil*Saluni* Karana Chaturdashyam Titau

Gulika	10:22AM - 12:12PM	Ardra Until 2:15PM	Ganesha: White	Sunrise: 4:53AM
Yama	6:42AM - 8:32AM	Vyaghata* Until 9:03AM	Muruga: Red	Sunset: 7:31PM
Rahu	12:12PM - 2:02PM	Vasil Until 12:04PM	Nataraja: Yellow	Moon 7 - Phase 14 - 12 2nd Phase

Moon - Yellow
Ashada-Adi

Istanbul, Turkey
Sun 12 Sutra 100
Vishvasu 5:127
Moon 7 - Phase 14 - 12
2nd Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, July 24, 2025

Retreat Star

Mithuna Rasi: 29.08 Tithi 30

Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vesara Yukhtayam
Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Cataspada*Abaga* Karana Amavasyayam Titau

Gulika	8:33AM - 10:22AM	Punarvasu Until 1:12PM	Ganesha: Orange	Sunrise: 4:54AM
Yama	4:54AM - 6:43AM	Harshana Until 6:20AM	Muruga: Red	Sunset: 7:30PM
Rahu	2:02PM - 3:51PM	Cataspada Until 10:02AM	Nataraja: Yellow	Moon 7 - Phase 14 - 13 Amavasya

Moon - Blue
Ashada-Adi

Istanbul, Turkey
Sun 13 Sutra 101
Vishvasu 5:127
Moon 7 - Phase 14 - 13
Amavasya

Devaloka Day

Friday, July 25, 2025

Retreat Star

Kataka Rasi: 12.59 Tithi 1

Routine Work Marana Yoga

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yukhtayam
Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna* Bava Karana Prathamayam Titau

Gulika	6:44AM - 8:33AM	Pushya Until 12:28PM	Ganesha: Orange	Sunrise: 4:54AM
Yama	3:51PM - 5:40PM	Siddhi Until 1:58AM Sat	Muruga: Red	Sunset: 7:29PM
Rahu	10:23AM - 12:12PM	Kintughna Until 8:27AM	Nataraja: Yellow	Moon 7 - Phase 14 - 14 Prathama

Moon - Blue
Savana-Adi

Istanbul, Turkey
Sun 14 Sutra 102
Vishvasu 5:127
Moon 7 - Phase 14 - 14
Prathama

Devaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Titau				İstanbul, Turkey Sun 15 Sutra 103
Kataka Rasi: 26.29	Tilthi 2	Gulika 4:55AM - 6:45AM Yama 2:01PM - 3:50PM Rahu 8:34AM - 10:23AM	Ashlesha* Until 12:10PM Vyalipala* Until 12:34AM Sun Balava Until 7:27AM Dvitiya Until 7:10PM	Ganesh: Orange Muruga: Red Nataraja: Yellow Moon - Blue Savana-Adi	Sunrise: 4:55AM Sunset: 7:28PM	Vishvasu 5:17 Moon 7 - Phase 15 - 12 3rd Phase
Routine Work Marana Yoga Until 12:10PM Then Creative Work - Amrita Yoga						Devaloka Day
2 Sunday, July 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tilityayam Titau				İstanbul, Turkey Sun 16 Sutra 104
Simha Rasi: 9.38	Tilthi 3	Gulika 3:50PM - 5:39PM Yama 12:12PM - 2:01PM Rahu 5:39PM - 7:28PM	Magha* Until 12:51PM Varyan Until 11:42PM Talilla Until 7:06AM Tritiya Until 7:11PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red Savana-Adi	Sunrise: 4:56AM Sunset: 7:28PM	Vishvasu 5:17 Moon 7 - Phase 15 - 16 3rd Phase
Routine Work Marana Yoga Until 12:51PM Then Creative Work - Siddha Yoga						Devaloka Day
3 Monday, July 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigra* Yoga Vanja/Visri* Karana Chaturtham Titau				İstanbul, Turkey Sun 17 Sutra 105
Simha Rasi: 22.25	Tilthi 4	Gulika 2:01PM - 3:49PM Yama 10:23AM - 12:12PM Rahu 6:46AM - 8:35AM	Purvaphalguni Until 2:05PM Parigra* Until 11:24PM Vanija Until 7:30AM Chaturthi* Until 7:56PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red Savana-Adi	Sunrise: 4:57AM Sunset: 7:29PM	Vishvasu 5:17 Moon 7 - Phase 15 - 17 3rd Phase
Family Home Evening Creative Work Siddha Yoga						Devaloka Day
4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchamam Titau				İstanbul, Turkey Sun 18 Sutra 106
Kanya Rasi: 4.53	Tilthi 5	Gulika 12:12PM - 2:00PM Yama 8:35AM - 10:23AM Rahu 3:49PM - 5:37PM	Uttaraphalguni Until 3:50PM Shiva Until 11:38PM Bava Until 8:35AM Nag Panchami Panchami Until 9:21PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red Savana-Adi	Sunrise: 4:58AM Sunset: 7:29PM	Vishvasu 5:17 Moon 7 - Phase 15 - 18 3rd Phase
Creative Work Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga						Devaloka Day
5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashtham Titau				İstanbul, Turkey Sun 19 Sutra 107
Kanya Rasi: 17.04	Tilthi 6	Gulika 10:24AM - 12:12PM Yama 6:47AM - 8:35AM Rahu 12:12PM - 2:00PM	Hasta Until 6:27PM Siddha Until 12:14AM Thu Kaulava Until 10:17AM Shashthi* Until 11:18PM	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green Savana-Adi	Sunrise: 4:59AM Sunset: 7:29PM	Vishvasu 5:17 Moon 7 - Phase 15 - 19 3rd Phase
Routine Work Marana Yoga Until 6:27PM Then Creative Work - Siddha Yoga						Sivaloka Day
6 Thursday, July 31, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanja Karana Sapthamam Titau				İstanbul, Turkey Sun 20 Sutra 108
Kanya Rasi: 29.05	Tilthi 7	Gulika 8:36AM - 10:24AM Yama 5:00AM - 6:48AM Rahu 2:00PM - 3:48PM	Chitra Until 9:16PM Sadya Until 1:06AM Fri Gara Until 12:26PM Sapthami Until 1:34AM Fri	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green Savana-Adi	Sunrise: 5:00AM Sunset: 7:29PM	Vishvasu 5:17 Moon 7 - Phase 15 - 20 3rd Phase
Creative Work Siddha Yoga Until 9:16PM Then Creative Work - Amrita Yoga						Sivaloka Day
Friday, August 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visri*/Bava Karana Ashtamam Titau				İstanbul, Turkey Sun 21 Sutra 109
Retreat Star		Gulika 6:49AM - 8:36AM Yama 3:47PM - 5:35PM Rahu 10:24AM - 12:12PM	Svati Until 12:03AM Sat Subha Until 2:03AM Sat Visri Until 2:47PM Ashtami* Until 3:57AM Sat	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green Savana-Adi	Sunrise: 5:01AM Sunset: 7:29PM	Vishvasu 5:17 Moon 7 - Phase 15 - 21 Ashtami
Tula Rasi: 10.59 Creative Work Siddha Yoga						Sivaloka Day
Saturday, August 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamam Titau				İstanbul, Turkey Sun 22 Sutra 110
Retreat Star		Gulika 5:02AM - 6:49AM Yama 1:59PM - 3:47PM Rahu 8:37AM - 10:24AM	Vishakha Until 3:05AM Sun Sukla Until 2:54AM Sun Balava Until 5:08PM Navami* Until 6:13AM Sun	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Orange Savana-Adi	Sunrise: 5:02AM Sunset: 7:29PM	Vishvasu 5:17 Moon 7 - Phase 15 - 22 Navami
Tula Rasi: 22.51 Creative Work Siddha Yoga Until 3:05AM Sun Then Routine Work - Marana Yoga						Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1 Sunday, August 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bharu Vasara Yukitayam Anuradha Nakshatra Brahma Yoga Kaulava/Tailita Karana Navami/Dashmyam Tilau				Istanbul, Turkey Sun 23 Sutra 111	
Wischika Rasi: 4.46	Tithi 9 – 10	Gulika 3:46PM – 5:33PM	Anuradha Until 5:41AM Mon	Ganesh: Clear	Sunrise: 5:03AM		Vasavasu 5:27
		Yama 12:12PM – 1:59PM	Brahma Until 3:33AM Mon	Muruga: Blue	Sunset: 7:20PM	Moon 7 - Phase 16 - 23	4th Phase
		Rahu 5:33PM – 7:20PM	Tailita Until 7:16PM	Nataraja: Yellow			
Routine Work - Marana Yoga			Navami* Until 6:13AM	Moon - Orange			Sivaloka Day
Until 5:41AM Mon				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2 Monday, August 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yukitayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanji Karana Dashami/Ekadasmyam Tilau				Istanbul, Turkey Sun 24 Sutra 112	
Wischika Rasi: 16.49	Tithi 10 – 11	Gulika 1:58PM – 3:45PM	Jyeshtha* Until 7:41AM Tue	Ganesh: Clear	Sunrise: 5:04AM		Vasavasu 5:27
Family Home Evening		Yama 10:25AM – 12:12PM	Indra Until 3:53AM Tue	Muruga: Blue	Sunset: 7:19PM	Moon 7 - Phase 16 - 24	4th Phase
		Rahu 6:51AM – 8:38AM	Vanija Until 9:01PM	Nataraja: Yellow			
Routine Work - Siddha Yoga			Dashami Until 8:11AM	Moon - Orange			Sivaloka Day
Until 7:41AM Tue				Sravana-Adi			
Then Creative Work - Amrita Yoga							

3 Tuesday, August 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yukitayam Jyeshtha* Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Ekadashi/Dwadashmyam Tilau				Istanbul, Turkey Sun 25 Sutra 113	
Wischika Rasi: 29.02	Tithi 11 – 12	Gulika 12:11PM – 1:58PM	Jyeshtha* Until 7:41AM	Ganesh: Clear	Sunrise: 5:05AM		Vasavasu 5:27
		Yama 8:38AM – 10:25AM	Vaidhriti* Until 3:46AM Wed	Muruga: Blue	Sunset: 7:18PM	Moon 7 - Phase 16 - 25	4th Phase
		Rahu 3:45PM – 5:31PM	Bava Until 10:16PM	Nataraja: Yellow			
Routine Work - Marana Yoga			Ekadashi Until 9:41AM	Moon - Orange			Sivaloka Day
Until 7:41AM				Sravana-Adi			
Then Creative Work - Amrita Yoga							

4 Wednesday, August 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yukitayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Troydashmyam Tilau				Istanbul, Turkey Sun 26 Sutra 114	
Dhanus Rasi: 11.29	Tithi 12 – 13	Gulika 10:25AM – 12:11PM	Mula* Until 9:29AM	Ganesh: Yellow	Sunrise: 5:06AM		Vasavasu 5:27
		Yama 6:52AM – 8:39AM	Vishkambha* Until 3:12AM Thu	Muruga: Blue	Sunset: 7:17PM	Moon 7 - Phase 16 - 26	4th Phase
		Rahu 12:11PM – 1:58PM	Kaulava Until 10:55PM	Nataraja: Yellow			
Routine Work - Marana Yoga			Dvadashi Until 10:39AM	Moon - Light Blue			Sivaloka Day
Until 9:29AM				Sravana-Adi			
Then Creative Work - Amrita Yoga			Pradosha Vata				

5 Thursday, August 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yukitayam Purvashadha*/Uttarashadha Nakshatra Prthi Yoga Tailita/Gara Karana Trayodashi/Chaturdashmyam Tilau				Istanbul, Turkey Sun 27 Sutra 115	
Dhanus Rasi: 24.13	Tithi 13 – 14	Gulika 8:39AM – 10:25AM	Purvashadha* Until 10:32AM	Ganesh: Yellow	Sunrise: 5:07AM		Vasavasu 5:27
		Yama 5:07AM – 6:53AM	Prthi Until 2:11AM Fri	Muruga: Blue	Sunset: 7:16PM	Moon 7 - Phase 16 - 27	4th Phase
		Rahu 1:57PM – 3:43PM	Gara Until 10:58PM	Nataraja: Yellow			
Creative Work - Siddha Yoga			Trayodashi Until 11:00AM	Moon - Light Blue			Sivaloka Day
Until 10:32AM				Sravana-Adi			
Then Routine Work - Marana Yoga							

Friday, August 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yukitayam Uttarashadha/Shravana Nakshatra Ayuchman Yoga Vanji/Visi* Karana Chaturdashi/Purnimayam Tilau				Istanbul, Turkey Sun 28 Sutra 116	
Copper Retreat Star		Gulika 6:54AM – 8:39AM	Uttarashadha Until 10:51AM	Ganesh: Yellow	Sunrise: 5:08AM		Vasavasu 5:27
Makara Rasi: 7.14	Tithi 14 – 15	Yama 3:43PM – 5:28PM	Ayuchman Until 12:41AM Sat	Muruga: Blue	Sunset: 7:14PM	Moon 7 - Phase 16 - 28	Purnima
		Rahu 10:25AM – 12:11PM	Visi Until 10:27PM	Nataraja: Yellow			
Routine Work - Marana Yoga			Chaturdashi* Until 10:46AM	Moon - Light Blue			Sivaloka Day
		Varalakshmi Vratam		Sravana-Adi			

Saturday, August 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yukitayam Shravana/Dhanusha Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Istanbul, Turkey Sutra 117	
Silver Retreat Star		Gulika 5:09AM – 6:54AM	Shravana Until 10:57AM	Ganesh: Blue	Sunrise: 5:09AM		Vasavasu 5:27
Makara Rasi: 20.32	Tithi 15 – 16	Yama 1:56PM – 3:42PM	Saubhagya Until 10:47PM	Muruga: Blue	Sunset: 7:13PM	Moon 7 - Phase 16 - 29	Prathama
		Rahu 8:40AM – 10:25AM	Balava Until 9:26PM	Nataraja: Yellow			
Creative Work - Siddha Yoga			Purnima* Until 9:59AM	Moon - Purple			Devaloka Day
				Sravana-Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Dhanishtha/Shabhbhishak/ Nakshatra Siddhanta Yoga Kaulava/Taila Karana Prathama/Dhiviyam Titau

Gulika 3:41PM - 5:26PM
Yama 12:11PM - 1:56PM
Rahu 5:26PM - 7:12PM

Dhanishtha Untill 10:25AM
Sobhana Untill 8:34PM
Tailita Untill 7:58PM
Prathama* Untill 8:44AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Avni

Sunrise: 5:10AM
Sunset: 7:12PM

Istanbul, Turkey
Sutra 118
Viswasa: 5:127
Moon 8 - Phase 17 - 1
1st Phase

Routine Work Marana Yoga
Untill 10:25AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, August 11, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Shalabhshik/ Puravroshthapada* Nakshatra Ahiganda* Yoga Kara/Vanija Karana Dvitiya/Dhiviyam Titau

Gulika 1:56PM - 3:41PM
Yama 10:26AM - 12:11PM
Rahu 6:56AM - 8:41AM

Shalabhshik Untill 9:22AM
Ahiganda* Untill 6:03PM
Vanija Untill 6:11PM
Dvitiya Untill 7:06AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Avni

Sunrise: 5:17AM
Sunset: 7:10PM

Istanbul, Turkey
Sun 1 Sutra 119
Viswasa: 5:127
Moon 8 - Phase 17 - 1
1st Phase

1
Kumbha Rasi: 17.56 Tithi 17 - 18
Family Home Evening
Creative Work Siddha Yoga
Untill 9:22AM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, August 12, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam
Puravroshthapada*/Uttaravroshthapada Nakshatra Sukama/Dhrii Yoga Bava/Balava Karana Chaturtham Titau

Gulika 12:10PM - 1:55PM
Yama 10:26AM - 12:11PM
Rahu 3:40PM - 5:24PM

Puravroshthapada* Untill 8:21AM
Sukama Untill 3:21PM
Bava Untill 4:10PM
Chaturthi* Untill 3:04AM Wed

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Avni

Sunrise: 5:12AM
Sunset: 7:09PM

Istanbul, Turkey
Sun 2 Sutra 120
Viswasa: 5:127
Moon 8 - Phase 17 - 2
1st Phase

Routine Work Marana Yoga
Untill 8:21AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Wednesday, August 13, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam
Uttaravroshthapada*/Uttaravroshthapada Dhrii/Shula* Yoga Kaulava/Taila Karana Panchamam Titau

Gulika 10:26AM - 12:10PM
Yama 8:41AM - 10:26AM
Rahu 12:10PM - 1:55PM

Uttaravroshthapada Untill 7:00AM
Dhrii Untill 12:33PM
Kaulava Untill 1:59PM
Panchami Untill 12:51AM Thu

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Avni

Sunrise: 5:13AM
Sunset: 7:08PM

Istanbul, Turkey
Sun 3 Sutra 121
Viswasa: 5:127
Moon 8 - Phase 17 - 3
1st Phase

3
Meena Rasi: 16.04 Tithi 20
Creative Work Siddha Yoga
Untill 7:00AM
Then Routine Work - Marana Yoga

Sivaloka Day

Thursday, August 14, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:42AM - 10:26AM
Yama 5:14AM - 6:58AM
Rahu 1:54PM - 3:38PM

Ashvini Untill 4:03AM Fri
Shula* Untill 9:38AM
Gara Untill 11:44AM
Shashthi* Untill 10:35PM

Ganesha: Purple
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avni

Sunrise: 5:14AM
Sunset: 7:06PM

Istanbul, Turkey
Sun 4 Sutra 122
Viswasa: 5:127
Moon 8 - Phase 17 - 4
1st Phase

4
Mesha Rasi: 0.16 Tithi 21
Creative Work Amrita Yoga
Untill 4:03AM Fri
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Friday, August 15, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam
Bharani Nakshatra Ganda*/Vidhi* Yoga Vesi*/Bava Karana Sapthamam Titau

Gulika 6:59AM - 8:42AM
Yama 3:37PM - 5:21PM
Rahu 10:26AM - 12:10PM

Bharani Untill 2:34AM Sat
Ganda* Untill 6:43AM
Vesi Untill 9:27AM
Saptami Untill 8:18PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avni

Sunrise: 5:15AM
Sunset: 7:05PM

Istanbul, Turkey
Sun 5 Sutra 123
Viswasa: 5:127
Moon 8 - Phase 17 - 5
1st Phase

5
Mesha Rasi: 14.29 Tithi 22
Creative Work Siddha Yoga
Untill 2:34AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day

Saturday, August 16, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Marita Vasara Yuktayam
Kritika Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtamam Titau

Gulika 5:16AM - 6:59AM
Yama 1:53PM - 3:37PM
Rahu 8:43AM - 10:26AM

Kritika Untill 1:00AM Sun
Dhruva Untill 12:58AM Sun
Balava Untill 7:12AM
Ashtami* Untill 6:05PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avni

Sunrise: 5:16AM
Sunset: 7:04PM

Istanbul, Turkey
Sun 6 Sutra 124
Viswasa: 5:127
Moon 8 - Phase 17 - 6
Ashtami

6
Mesha Rasi: 28.41 Tithi 23
Creative Work Amrita Yoga
Untill 1:00AM Sun
Then Creative Work - Siddha Yoga

Sivaloka Day

Sunday, August 17, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghala* Yoga Gara/Vanija Karana Navami/Dashamam Titau

Gulika 3:36PM - 5:19PM
Yama 12:09PM - 1:53PM
Rahu 5:19PM - 7:02PM

Rohini Untill 11:49PM
Vyaghala* Untill 10:11PM
Vanija Untill 2:56AM Mon
Navami* Untill 3:57PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Yellow
Savana-Avni

Sunrise: 5:17AM
Sunset: 7:03PM

Istanbul, Turkey
Sun 7 Sutra 125
Viswasa: 5:127
Moon 8 - Phase 17 - 7
Navami

7
Wishabha Rasi: 12.51 Tithi 24 - 25
Creative Work Siddha Yoga

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Monday, August 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashtyam Titau				İstanbul, Turkey Sun 8 Sutra 126
Wishabha Rasi: 26.56	TITHI 25 – 26	Gulika 1:52PM – 3:35PM	Mrigashira Until 10:38PM	Ganesh: Clear Muruga: Blue	Sunrise: 5:16AM Sunset: 7:01PM	Vasavasa 5127
Family Home Evening	536728572	Yama 10:26AM – 12:09PM	Harshana Until 7:32PM	Nataraja: Yellow		Moon 8 - Phase 18 - 8 2nd Phase
Creative Work Amrita Yoga		Rahu 7:01AM – 8:44AM	Bava Until 1:01AM Tue	Moon – Yellow		Sivaloka Day
Until 10:38PM			Dashami Until 1:56PM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

2 Tuesday, August 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Andra Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				İstanbul, Turkey Sun 9 Sutra 127
Mithuna Rasi: 10.56	TITHI 26 – 27	Gulika 12:09PM – 1:52PM	Andra Until 9:31PM	Ganesh: Clear Muruga: Blue	Sunrise: 5:19AM Sunset: 6:59PM	Vasavasa 5127
	536728572	Yama 8:44AM – 10:26AM	Vajra* Until 5:01PM	Nataraja: Yellow		Moon 8 - Phase 18 - 9 2nd Phase
Routine Work Marana Yoga		Rahu 3:34PM – 5:17PM	Kaulava Until 11:18PM	Moon – Yellow		Sivaloka Day
Until 9:31PM			Ekadashi* Until 12:06PM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

3 Wednesday, August 20, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Viscara Yuktayam Punarvasu Nakshatra Siddhi/Vyaltapa* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				İstanbul, Turkey Sun 10 Sutra 128
Mithuna Rasi: 24.47	TITHI 27 – 28	Gulika 10:27AM – 12:09PM	Punarvasu Until 8:58PM	Ganesh: Purple Muruga: Blue	Sunrise: 5:20AM Sunset: 6:58PM	Vasavasa 5127
	546728572	Yama 7:02AM – 8:44AM	Siddhi Until 2:44PM	Nataraja: Yellow		Moon 8 - Phase 18 - 10 2nd Phase
Creative Work Siddha Yoga		Rahu 12:09PM – 1:51PM	Gara Until 9:52PM	Moon – Blue		Devaloka Day
Until 9:31PM			Dvadashi* Until 10:31AM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

Pradosha Vrata (Fasting)

4 Thursday, August 21, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Viscara Yuktayam Pushya Nakshatra Vyaltapa* Varyan Yoga Vanja/Vih* Karana Trayodashi/Chaturdashyam Titau				İstanbul, Turkey Sun 11 Sutra 129
Kalkata Rasi: 8.26	TITHI 28 – 29	Gulika 8:45AM – 10:27AM	Pushya Until 8:37PM	Ganesh: Purple Muruga: Blue	Sunrise: 5:21AM Sunset: 6:56PM	Vasavasa 5127
	546728572	Yama 5:21AM – 7:03AM	Vyalpala* Until 12:44PM	Nataraja: Yellow		Moon 8 - Phase 18 - 11 2nd Phase
Creative Work Amrita Yoga		Rahu 1:51PM – 3:32PM	Visti Until 8:48PM	Moon – Blue		Devaloka Day
Until 8:37PM			Trayodashi* Until 9:15AM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 22, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Viscara Yuktayam Ashlesha* Nakshatra Varyan/Patnga* Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				İstanbul, Turkey Sun 12 Sutra 130
Retreat Star		Gulika 7:03AM – 8:45AM	Ashlesha* Until 8:34PM	Ganesh: Light Blue Muruga: Blue	Sunrise: 5:22AM Sunset: 6:55PM	Vasavasa 5127
Kalkata Rasi: 21.52	TITHI 29 – 30	Yama 3:32PM – 5:13PM	Varyan Until 11:02AM	Nataraja: Yellow		Moon 8 - Phase 18 - 12 Amavasya
Routine Work Marana Yoga		Rahu 10:27AM – 12:08PM	Caluspada Until 8:11PM	Moon – Blue		Devaloka Day
Until 8:37PM			Chaturdashi* Until 8:25AM	Sravana-Avani		
Then Creative Work - Siddha Yoga						

Saturday, August 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigha/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				İstanbul, Turkey Sun 13 Sutra 131
Retreat Star		Gulika 5:23AM – 7:04AM	Magha* Until 9:21PM	Ganesh: Purple Muruga: Blue	Sunrise: 5:23AM Sunset: 6:53PM	Vasavasa 5127
Simha Rasi: 5.02	TITHI 30 – 1	Yama 1:49PM – 3:31PM	Parigha* Until 9:46AM	Nataraja: Yellow		Moon 8 - Phase 18 - 13 Prathama
Creative Work Amrita Yoga		Rahu 8:45AM – 10:27AM	Kintughna Until 8:06PM	Moon – Red		Devaloka Day
Until 9:21PM			Amavasya* Until 8:03AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1

Sunday, August 24, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Varsara Yuktayam Parupahalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau			Istanbul, Turkey Sun 14 Sutra 132
Gulika	3:30PM - 5:11PM	Purvaphalguni Until 10:33PM	Ganesha: Purple	Sunrise: 5:24AM	Vasavasu 5:17
Yama	12:08PM - 1:49PM	Shiva Until 8:57AM	Muruga: Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 14
Rahu	5:11PM - 6:52PM	Balava Until 8:37PM	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga Until 10:33PM Then Creative Work - Amrita Yoga		Prathama* Until 8:16AM	Moon - Red Bhadrapada-Avani		Devaloka Day

2

Monday, August 25, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Varsara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvitya/Dvityayam Tilau			Istanbul, Turkey Sun 15 Sutra 133
Gulika	1:48PM - 3:29PM	Uttaraphalguni Until 12:10AM Tue	Ganesha: Purple	Sunrise: 5:25AM	Vasavasu 5:17
Yama	10:27AM - 12:08PM	Siddha Until 8:34AM	Muruga: Blue	Sunset: 6:59PM	Moon 8 - Phase 19 - 15
Rahu	7:05AM - 8:46AM	Taila Until 9:42PM	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga		Dvitiya Until 9:04AM	Moon - Red Bhadrapada-Avani		Devaloka Day

3

Tuesday, August 26, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Varsara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chalutrayam Tilau			Istanbul, Turkey Sun 16 Sutra 134
Gulika	12:07PM - 1:48PM	Hasla Until 2:37AM Wed	Ganesha: Light Blue	Sunrise: 5:26AM	Vasavasu 5:17
Yama	8:47AM - 10:27AM	Sadha Until 8:39AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 19 - 16
Rahu	3:28PM - 5:08PM	Vanija Until 11:21PM	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga		Tritiya Until 10:27AM	Moon - Green Bhadrapada-Avani		Devaloka Day

4

Wednesday, August 27, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Varsara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Visi/Bava Karana Chaturthi/Panchamam Tilau			Istanbul, Turkey Sun 17 Sutra 135
Gulika	10:27AM - 12:07PM	Chitra Until 5:17AM Thu	Ganesha: Light Blue	Sunrise: 5:27AM	Vasavasu 5:17
Yama	7:07AM - 8:47AM	Subha Until 9:08AM	Muruga: Blue	Sunset: 6:47PM	Moon 8 - Phase 19 - 17
Rahu	12:07PM - 1:47PM	Bava Until 1:24AM Thu	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga Until 5:17AM Thu Then Creative Work - Amrita Yoga		Chaturthi* Until 12:19PM	Moon - Green Bhadrapada-Avani		Devaloka Day

5

Thursday, August 28, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Varsara Yuktayam Svali Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau			Istanbul, Turkey Sun 18 Sutra 136
Gulika	8:47AM - 10:27AM	Svali Until 8:01AM Fri	Ganesha: Light Blue	Sunrise: 5:28AM	Vasavasu 5:17
Yama	5:28AM - 7:08AM	Sukla Until 9:51AM	Muruga: Blue	Sunset: 6:46PM	Moon 8 - Phase 19 - 18
Rahu	1:46PM - 3:26PM	Kaulava Until 3:44AM Fri	Nataraja: White		3rd Phase
Creative Work Amrita Yoga Until 8:01AM Fri Then Creative Work - Siddha Yoga		Panchami Until 2:32PM	Moon - Green Bhadrapada-Avani		Sivaloka Day

6

Friday, August 29, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Varsara Yuktayam Svali/Vishakha Nakshatra Brahma/Indra Yoga Taila/Gara Karana Shasthiyam Tilau			Istanbul, Turkey Sun 19 Sutra 137
Gulika	7:08AM - 8:48AM	Svali Until 8:01AM	Ganesha: Purple	Sunrise: 5:29AM	Vasavasu 5:17
Yama	3:25PM - 5:05PM	Brahma Until 10:45AM	Muruga: Blue	Sunset: 6:46PM	Moon 8 - Phase 19 - 19
Rahu	10:27AM - 12:06PM	Gara Until 6:09AM Sat	Nataraja: White		3rd Phase
Creative Work Siddha Yoga		Shashthi* Until 4:55PM	Moon - Green Bhadrapada-Avani		Sivaloka Day

Saturday, August 30, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Varsara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Gara/Vanija Karana Sapthamam Tilau			Istanbul, Turkey Sun 20 Sutra 138
Retreat Star		Gulika	5:30AM - 7:09AM	Vishakha Until 11:08AM	Ganesha: Clear
Wishika Rasi: 0.47 Tithi 7		Yama	1:45PM - 3:24PM	Indra Until 11:41AM	Muruga: Blue
Creative Work Siddha Yoga		Rahu	8:48AM - 10:27AM	Gara Until 6:09AM	Nataraja: White
				Moon - Orange	Subha Sivaloka Day
				Bhadrapada-Avani	

D

Sunday, August 31, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Varsara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhri/Vishkambha* Yoga Visi/Bava Karana Ashtamam Tilau			Istanbul, Turkey Sun 21 Sutra 139
Retreat Star		Gulika	3:23PM - 5:02PM	Anuradha Until 1:55PM	Ganesha: Clear
Wishika Rasi: 12.42 Tithi 8		Yama	12:06PM - 1:45PM	Vaidhri* Until 12:27PM	Muruga: Blue
Routine Work Marana Yoga		Rahu	5:02PM - 6:41PM	Visi Until 8:25AM	Nataraja: White
				Moon - Orange	Subha Sivaloka Day
				Bhadrapada-Avani	

Monday, September 1, 2025

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Varsara Yuktayam Jyeshtha/Mula* Nakshatra Vishkambha*Pithi Yoga Balava/Kaulava Karana Navamam Tilau			Istanbul, Turkey Sun 22 Sutra 140
Retreat Star		Gulika	1:44PM - 3:22PM	Jyeshtha* Until 4:12PM	Ganesha: Clear
Wishika Rasi: 24.44 Tithi 9		Yama	10:27AM - 12:05PM	Vishkambha* Until 12:58PM	Muruga: Blue
Family Home Evening		Rahu	7:10AM - 8:49AM	Balava Until 10:23AM	Nataraja: White
Creative Work Siddha Yoga				Moon - Orange	Subha Sivaloka Day
				Bhadrapada-Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1 Tuesday, September 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksho Mangala Vasara Yuktiyam Istanbul, Turkey			
Dhanus Rasi: 6.58 Tithi 10		Gulika 12:05PM - 1:43PM	Mula* Until 6:18PM	Ganesh: White Sunrise: 5:23AM	Sun 23 Sutra 141
Creative Work Amrita Yoga		Yama 8:49AM - 10:27AM	Prili Until 1:07PM	Muruga: Blue Sunset: 6:38PM	Vasavasu 5:27
Until 6:18PM		58872573 Rahu 3:21PM - 4:59PM	Tailila Until 11:52AM	Nataraja: White	Moon 8 - Phase 20 - 22
Then Creative Work - Siddha Yoga			Dashami Until 12:21AM Wed	Moon - Light Blue Bhadrapada-Avani	4th Phase
Sivaloka Day					

2 Wednesday, September 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksho Bauha Vasara Yuktiyam Istanbul, Turkey			
Dhanus Rasi: 19.26 Tithi 11		Gulika 10:27AM - 12:05PM	Purvashada* Until 7:37PM	Ganesh: Green Sunrise: 5:34AM	Sun 24 Sutra 142
Creative Work Amrita Yoga		Yama 7:12AM - 8:49AM	Ayushman Until 12:45PM	Muruga: Blue Sunset: 6:36PM	Vasavasu 5:27
Until 6:18PM		58882573 Rahu 12:05PM - 1:43PM	Vanija Until 12:43PM	Nataraja: White	Moon 8 - Phase 20 - 24
Then Creative Work - Siddha Yoga			Ekadashi Until 12:52AM Thu	Moon - Light Blue Bhadrapada-Avani	4th Phase
Sivaloka Day					

3 Thursday, September 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksho Guru Vasara Yuktiyam Istanbul, Turkey			
Makara Rasi: 2.14 Tithi 12		Gulika 8:50AM - 10:27AM	Uttarashada Until 8:06PM	Ganesh: White Sunrise: 5:25AM	Sun 25 Sutra 143
Routine Work Marana Yoga		Yama 5:35AM - 7:12AM	Saubhagya Until 11:52AM	Muruga: Blue Sunset: 6:34PM	Vasavasu 5:27
Until 8:06PM		58982573 Rahu 1:42PM - 3:19PM	Bava Until 12:53PM	Nataraja: White	Moon 8 - Phase 20 - 25
Then Creative Work - Siddha Yoga			Dvadashti Until 12:40AM Fri	Moon - Light Blue Bhadrapada-Avani	4th Phase
Sivaloka Day					

4 Friday, September 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksho Sukra Vasara Yuktiyam Istanbul, Turkey			
Makara Rasi: 15.23 Tithi 13		Gulika 7:13AM - 8:50AM	Shravana Until 8:11PM	Ganesh: Yellow Sunrise: 5:36AM	Sun 26 Sutra 144
Routine Work Marana Yoga		Yama 3:18PM - 4:55PM	Sobhana Until 10:25AM	Muruga: Blue Sunset: 6:39PM	Vasavasu 5:27
Until 8:11PM		59982573 Rahu 10:27AM - 12:04PM	Kaulava Until 12:20PM	Nataraja: White	Moon 8 - Phase 20 - 26
Then Creative Work - Siddha Yoga			Trayodashi Until 11:47PM	Moon - Purple Bhadrapada-Avani	4th Phase
Subha Sivaloka Day					
<i>Pradosha Vata</i>					

5 Saturday, September 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksho Manta Vasara Yuktiyam Istanbul, Turkey			
Makara Rasi: 28.54 Tithi 14		Gulika 5:37AM - 7:13AM	Dhanishtha Until 7:29PM	Ganesh: Yellow Sunrise: 5:27AM	Sun 27 Sutra 145
Creative Work Siddha Yoga		Yama 1:41PM - 3:17PM	Ahiganda* Until 8:24AM	Muruga: Blue Sunset: 6:31PM	Vasavasu 5:27
Until 7:29PM		59982573 Rahu 8:50AM - 10:27AM	Gara Until 11:07AM	Nataraja: White	Moon 8 - Phase 20 - 27
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam	Chaturdashi* Until 10:15PM	Moon - Purple Bhadrapada-Avani	4th Phase
Subha Sivaloka Day					

○ Sunday, September 7, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksho Bhanu Vasara Yuktiyam Istanbul, Turkey			
Copper Retreat Star		Gulika 3:16PM - 4:53PM	Shalabhishak Until 6:06PM	Ganesh: Yellow Sunrise: 5:38AM	Sun 28 Sutra 146
Kumbha Rasi: 12.47 Tithi 15		Yama 12:03PM - 1:40PM	Dhriil Until 3:03AM Mon	Muruga: Blue Sunset: 6:29PM	Vasavasu 5:27
Creative Work Siddha Yoga		59982573 Rahu 4:53PM - 6:29PM	Visli Until 9:18AM	Nataraja: White	Moon 8 - Phase 20 - Purnima
		Grandparent's Day	Purnima* Until 8:12PM	Moon - Purple Bhadrapada-Avani	
Subha Sivaloka Day					

Monday, September 8, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Kitchu Paksho Indu Vasara Yuktiyam Istanbul, Turkey			
Silver Retreat Star		Gulika 1:39PM - 3:15PM	Purvaproshthapada* Until 4:34PM	Ganesh: Yellow Sunrise: 5:39AM	Sun 29 Sutra 147
Kumbha Rasi: 26.59 Tithi 16 - 17		Yama 10:27AM - 12:03PM	Shula* Until 11:51PM	Muruga: Blue Sunset: 6:28PM	Vasavasu 5:27
Family Home Evening		51982573 Rahu 7:15AM - 8:51AM	Balava Until 7:02AM	Nataraja: White	Moon 8 - Phase 20 - Prathama
Routine Work Marana Yoga			Prathama* Until 5:45PM	Moon - Clear Bhadrapada-Avani	
Until 4:34PM					
Then Creative Work - Siddha Yoga					
Subha Sivaloka Day					

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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Tuesday, September 9, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosphadapa/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Istanbul, Turkey Sun 1 Sutra 148
Vasavasa 5:127

Meesha Rasi: 11.25 Tithi 17 - 18

Gulika 12:03PM - 1:39PM
Yama 8:51AM - 10:27AM
Rahu 3:14PM - 4:50PM

Uttaraprosphadapa Until 2:38PM
Ganda* Until 8:28PM
Vanija Until 1:36AM Wed
Dvitiya Until 3:00PM

Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Clear
Bhadrapada-Avani

Sunrise: 5:40AM
Sunset: 6:26PM
Moon 9 - Phase 21 - 1st Phase

Creative Work Amrita Yoga
Until 2:38PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1

Wednesday, September 10, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yukatayam
Revati/Ashvini Nakshatra Dhanu/Vyaghat* Yoga Visi*/Bava Karana Tritiya/Chaturtham Titau

Istanbul, Turkey Sun 2 Sutra 149
Vasavasa 5:127

Meesha Rasi: 26 Tithi 18 - 19

Gulika 10:27AM - 12:02PM
Yama 7:16AM - 8:52AM
Rahu 12:02PM - 1:38PM

Revati Until 12:24PM
Viddhi Until 5:01PM
Bava Until 10:42PM
Tritiya Until 12:08PM

Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Clear
Bhadrapada-Avani

Sunrise: 5:41AM
Sunset: 6:24PM
Moon 9 - Phase 21 - 2 1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

2

Thursday, September 11, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yukatayam
Ashvini/Bharani Nakshatra Dhanu/Vyaghat* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Istanbul, Turkey Sun 3 Sutra 150
Vasavasa 5:127

Meesha Rasi: 10.37 Tithi 19 - 20

Gulika 8:52AM - 10:27AM
Yama 5:42AM - 7:17AM
Rahu 1:37PM - 3:12PM

Ashvini Until 10:26AM
Dhanu Until 1:32PM
Kaulava Until 7:51PM
Chaturthi* Until 9:15AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White
Bhadrapada-Avani

Sunrise: 5:42AM
Sunset: 6:23PM
Moon 9 - Phase 21 - 3 1st Phase

Creative Work Amrita Yoga
Until 10:26AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, September 12, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukatayam
Bharani/Kritika Nakshatra Vyaghat*/Harshana Yoga Talila/Vanija Karana Panchami/Skabhayam Titau

Istanbul, Turkey Sun 4 Sutra 151
Vasavasa 5:127

Meesha Rasi: 25.11 Tithi 20 - 21

Gulika 7:17AM - 8:52AM
Yama 3:11PM - 4:46PM
Rahu 10:27AM - 12:02PM

Bharani Until 8:26AM
Vyaghat* Until 10:11AM
Vanija Until 3:52AM Sat
Panchami Until 6:27AM

Ganesha: Blue
Muruga: Blue
Nataraja: White
Moon - White
Bhadrapada-Avani

Sunrise: 5:43AM
Sunset: 6:21PM
Moon 9 - Phase 21 - 4 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

4

Saturday, September 13, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manita Vasara Yukatayam
Kritika/Rohini Nakshatra Vyaghat*/Harshana/Vajra* Yoga Visi*/Bava Karana Saptamam Titau

Istanbul, Turkey Sun 5 Sutra 152
Vasavasa 5:127

Wishahba Rasi: 10 Tithi 22

Gulika 5:44AM - 7:18AM
Yama 1:36PM - 3:10PM
Rahu 8:53AM - 10:27AM

Kritika Until 6:31AM
Harshana Until 7:01AM
Visi Until 2:42PM
Saptami Until 1:34AM Sun

Ganesha: Blue
Muruga: Blue
Nataraja: White
Moon - White
Bhadrapada-Avani

Sunrise: 5:44AM
Sunset: 6:19PM
Moon 9 - Phase 21 - 5 1st Phase

Creative Work Amrita Yoga

Sivaloka Day

5

Sunday, September 14, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukatayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau

Istanbul, Turkey Sun 6 Sutra 153
Vasavasa 5:127

Wishahba Rasi: 23.49 Tithi 23

Gulika 3:09PM - 4:43PM
Yama 12:01PM - 1:35PM
Rahu 4:43PM - 6:17PM

Mrigashira Until 4:01AM Mon
Siddhi Until 1:24AM Mon
Balava Until 12:34PM
Ashtami* Until 11:37PM

Ganesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow
Bhadrapada-Avani

Sunrise: 5:45AM
Sunset: 6:17PM
Moon 9 - Phase 21 - 6 Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Monday, September 15, 2025

Retreat Star

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yukatayam
Ardra Nakshatra Vyatipata* Yoga Talila/Gara Karana Navamam Titau

Istanbul, Turkey Sun 7 Sutra 154
Vasavasa 5:127

Mithuna Rasi: 7.48 Tithi 24

Gulika 1:34PM - 3:08PM
Yama 10:27AM - 12:01PM
Rahu 7:19AM - 8:53AM

Ardra Until 3:08AM Tue
Vyatipata* Until 11:05PM
Talila Until 10:48AM
Navami* Until 10:03PM

Ganesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow
Bhadrapada-Avani

Sunrise: 5:46AM
Sunset: 6:16PM
Moon 9 - Phase 21 - 7 Navami

Family Home Evening
Creative Work Siddha Yoga

Subha Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1

Tuesday, September 16, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mangala Vesara Yuktayam
Panavasu Nakshatra Varjaya Yoga Vanija/Vsiti/ Karana Dashamyam TitauIstanbul, Turkey
Sun 8 Sutra 155

Mithuna Rasi: 21.32 Tithi 25

Gulika 12:00PM - 1:34PM
Yama 8:53AM - 10:27AM
Rahu 3:07PM - 4:41PMPurnavasuni Until 2:56AM Wed
Varjaya Until 9:04PM
Bava Until 9:26AMGanesha: Green Sunrise: 5:47AM
Muruga: Blue Sunset: 6:14PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 8
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Wednesday, September 17, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vesara Yuktayam
Pushya Nakshatra Parigha/ Yoga Bava/Balava Karana Ekadashyam TitauIstanbul, Turkey
Sun 9 Sutra 156

Kalaka Rasi: 5.02 Tithi 26

Gulika 10:27AM - 12:00PM
Yama 7:21AM - 8:54AM
Rahu 12:00PM - 1:33PMPushya Until 3:02AM Thu
Parigha/ Until 7:24PM
Bava Until 8:30AM
Ekadashi/ Until 8:11PMGanesha: Green Sunrise: 5:46AM
Muruga: Blue Sunset: 6:12PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Thursday, September 18, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vesara Yuktayam
Ashlesha/ Nakshatra Shiva Yoga Kusava/Taila Karana Dvadashyam TitauIstanbul, Turkey
Sun 10 Sutra 157

Kalaka Rasi: 18.17 Tithi 27

Gulika 8:54AM - 10:27AM
Yama 5:49AM - 7:21AM
Rahu 1:32PM - 3:05PMAshlesha/ Until 3:25AM Fri
Shiva Until 6:07PM
Kusava Until 8:00AM
Dvadashi/ Until 7:54PMGanesha: Green Sunrise: 5:49AM
Muruga: Blue Sunset: 6:11PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 10
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 3:25AM Fri
Then Routine Work - Marana Yoga

4

Friday, September 19, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Sukra Vesara Yuktayam
Magha/ Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam TitauIstanbul, Turkey
Sun 11 Sutra 158

Simha Rasi: 1.17 Tithi 28

Gulika 7:22AM - 8:54AM
Yama 3:04PM - 4:36PM
Rahu 10:27AM - 11:59AMMagha/ Until 4:34AM Sat
Siddha Until 5:09PM
Gara Until 7:58AM
Trayodashi/ Until 8:06PMGanesha: White Sunrise: 5:50AM
Muruga: Blue Sunset: 6:09PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 11
2nd Phase

Routine Work Marana Yoga

Sivaloka Day

Until 4:34AM Sat
Then Creative Work - Siddha Yoga

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mani Vesara Yuktayam
Purvaphalguni Nakshatra Sadhya/Subha Yoga Visi/Sakuni/ Karana Amavasyayam TitauIstanbul, Turkey
Sun 12 Sutra 159

Simha Rasi: 14.05 Tithi 29

Gulika 5:51AM - 7:23AM
Yama 1:31PM - 3:03PM
Rahu 8:55AM - 10:27AMPurvaphalguni Until 6:00AM Sun
Sadhya Until 4:34PM
Visi Until 8:24AM
Chalurdashi/ Until 8:46PMGanesha: White Sunrise: 5:51AM
Muruga: Blue Sunset: 6:07PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 12
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 6:00AM Sun
Then Creative Work - Amrita Yoga

●

Sunday, September 21, 2025

Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Bharu Vesara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukla/Saka Yoga Catuspada/Naiga/ Karana Amavasyayam TitauIstanbul, Turkey
Sun 13 Sutra 160

Simha Rasi: 26.39 Tithi 30

Gulika 3:02PM - 4:34PM
Yama 11:59AM - 1:30PM
Rahu 4:34PM - 6:05PMPurvaphalguni Until 6:00AM
Subha Until 4:22PM
Catuspada Until 9:17AM
Amavasya/ Until 9:53PMGanesha: White Sunrise: 5:52AM
Muruga: Blue Sunset: 6:05PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 13
Amavasya

Creative Work Siddha Yoga

Sivaloka Day

Until 6:00AM
Then Creative Work - Amrita Yoga

Monday, September 22, 2025

Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakshi Indu Vesara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna/Bava Karana Prathamayam TitauIstanbul, Turkey
Sun 14 Sutra 161

Kanya Rasi: 9.01 Tithi 1

Gulika 1:30PM - 3:01PM
Yama 10:27AM - 11:58AM
Rahu 7:24AM - 8:55AMUttaraphalguni Until 7:44AM
Sukla Until 4:29PM
Kintughna Until 10:39AM
Prathama/ Until 11:28PMGanesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:04PM
Nataraja: White
Moon - Red
Ashvina-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 14
Prathama

Family Home Evening

Sivaloka Day

Creative Work Siddha Yoga

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1.496

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam				Istanbul, Turkey	
Kanya Rasi: 21.13	Tilhi 2	Gulika 11:58AM - 12:29PM	Hasla Untill 10:11AM	Ganesha: Red	Sunrise: 5:54AM	Sun 15	Sutra 162
		Yama 8:56AM - 10:27AM	Brahma Until 4:54PM	Muruga: Blue	Sunset: 6:02PM	Moon 9 - Phase 23 - 17	Vasavasu 5127
Creative Work	Siddha Yoga	Rahu 3:00PM - 4:31PM	Balava Until 12:25PM	Nataraja: White			3rd Phase
			Dvitiya Until 1:25AM Wed	Moon - Green			Subha Sivaloka Day
				Ashvini-Puratasi			

2 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktiyam				Istanbul, Turkey	
Tula Rasi: 3.15	Tilhi 3	Gulika 10:27AM - 11:57AM	Chitra Until 12:49PM	Ganesha: Red	Sunrise: 5:55AM	Sun 16	Sutra 163
		Yama 7:25AM - 8:56AM	Indra Until 5:36PM	Muruga: Blue	Sunset: 6:02PM	Moon 9 - Phase 23 - 16	Vasavasu 5127
Creative Work	Siddha Yoga	Rahu 11:57AM - 1:28PM	Tailifa Until 2:32PM	Nataraja: White			3rd Phase
			Tritiya Until 3:40AM Thu	Moon - Green			Subha Sivaloka Day
				Ashvini-Puratasi			

3 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktiyam				Istanbul, Turkey	
Tula Rasi: 15.11	Tilhi 4	Gulika 8:56AM - 10:27AM	Svali Until 3:31PM	Ganesha: Red	Sunrise: 5:56AM	Sun 17	Sutra 164
		Yama 5:56AM - 7:26AM	Vaidhiti¹ Until 6:26PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 23 - 17	Vasavasu 5127
Creative Work	Amrita Yoga	Rahu 1:28PM - 2:58PM	Vanija Until 4:54PM	Nataraja: White			3rd Phase
Until 3:31PM			Chaturthi¹ Until 6:06AM Fri	Moon - Green			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvini-Puratasi			

4 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktiyam				Istanbul, Turkey	
Tula Rasi: 27.04	Tilhi 4 - 5	Gulika 7:27AM - 8:57AM	Vishakha Until 6:40PM	Ganesha: Blue	Sunrise: 5:57AM	Sun 18	Sutra 165
		Yama 2:57PM - 4:27PM	Vishkambha¹ Until 7:21PM	Muruga: Blue	Sunset: 5:57PM	Moon 9 - Phase 23 - 18	Vasavasu 5127
Creative Work	Siddha Yoga	Rahu 10:27AM - 11:57AM	Bava Until 7:22PM	Nataraja: White			3rd Phase
			Chaturthi¹ Until 6:06AM	Moon - Orange			Subha Subha Sivaloka Day
				Ashvini-Puratasi			

5 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktiyam				Istanbul, Turkey	
Wishika Rasi: 8.55	Tilhi 5 - 6	Gulika 5:58AM - 7:27AM	Anuradha Until 9:37PM	Ganesha: Red	Sunrise: 5:58AM	Sun 19	Sutra 166
		Yama 1:26PM - 2:56PM	Priil Until 8:16PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 23 - 19	Vasavasu 5127
Creative Work	Siddha Yoga	Rahu 8:57AM - 10:27AM	Kaulava Until 9:48PM	Nataraja: White			3rd Phase
			Panchami Until 8:35AM	Moon - Orange			Subha Sivaloka Day
				Ashvini-Puratasi			

6 Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktiyam				Istanbul, Turkey	
Wishika Rasi: 20.49	Tilhi 6 - 7	Gulika 2:55PM - 4:24PM	Jyeshtha¹ Until 12:12AM Mon	Ganesha: Green	Sunrise: 5:59AM	Sun 20	Sutra 167
		Yama 11:56AM - 1:25PM	Ayushman Until 9:00PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 23 - 20	Vasavasu 5127
Routine Work	Marana Yoga	Rahu 4:24PM - 5:54PM	Gara Until 12:02AM Mon	Nataraja: White			3rd Phase
Until 12:12AM Mon			Shashthi¹ Until 10:56AM	Moon - Orange			Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvini-Puratasi			

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktiyam				Istanbul, Turkey	
Retreat Star		Gulika 1:25PM - 2:54PM	Mula¹ Until 2:45AM Tue	Ganesha: Red	Sunrise: 6:00AM	Sun 21	Sutra 168
Dhanus Rasi: 2.49	Tilhi 7 - 8	Yama 10:27AM - 11:56AM	Saubhagya Until 9:28PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 23 - 21	Vasavasu 5127
Family Home Evening		Rahu 7:29AM - 8:58AM	Visi Until 1:52AM Tue	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 1:00PM	Moon - Light Blue			Subha Sivaloka Day
		Durga Ashtami		Ashvini-Puratasi			

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam				Istanbul, Turkey	
Retreat Star		Gulika 11:55AM - 1:24PM	Purvashadha¹ Until 4:35AM Wed	Ganesha: Red	Sunrise: 6:01AM	Sun 22	Sutra 169
Dhanus Rasi: 14.59	Tilhi 8 - 9	Yama 8:58AM - 10:27AM	Sobhana Until 9:32PM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 23 - 22	Vasavasu 5127
Creative Work	Siddha Yoga	Rahu 2:53PM - 4:22PM	Balava Until 3:09AM Wed	Nataraja: White			Navami
Until 4:35AM Wed		Saraswathi Puja (Tamil Nadu)	Ashtami¹ Until 2:34PM	Moon - Light Blue			Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvini-Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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1		Wednesday, October 1, 2025				Istanbul, Turkey	
Dhanus Rasi: 27.24		Tithi 9 – 10		Uttarashadha Nakshatra Abhiganda* Yoga Kaulava/Taila Karana Navami/Dashamyanam Tilau		Sun 23 Sutra 170	
Creative Work	Amrita Yoga	Gulika	10:27AM – 11:55AM	Uttarashadha Until 5:34AM Thu	Ganesh: Red	Sunrise: 6:03AM	Vasavasu 5:27
		Yama	7:30AM – 8:58AM	Abhiganda* Until 9:03PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - 23
Until 5:34AM Thu		Rahu	11:55AM – 1:23PM	Taila Until 3:44AM Thu	Nataraja: White		4th Phase
Then Creative Work	Siddha Yoga	Vijaya Dasami		Navami* Until 3:31PM	Moon - Light Blue	Subha Sivaloka Day	
					Ashwini-Puratasi		

2		Thursday, October 2, 2025				Istanbul, Turkey	
Makara Rasi: 10.08		Tithi 10 – 11		Shravana Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Tilau		Sun 24 Sutra 171	
Creative Work	Siddha Yoga	Gulika	8:59AM – 10:27AM	Shravana Until 6:05AM Fri	Ganesh: Blue	Sunrise: 6:03AM	Vasavasu 5:27
		Yama	6:03AM – 7:31AM	Sukarma Until 7:59PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - 24
Until 6:05AM		Rahu	1:23PM – 2:51PM	Vanija Until 3:31AM Fri	Nataraja: White		4th Phase
Then Creative Work	Siddha Yoga			Dashami Until 3:42PM	Moon - Purple	Sivaloka Day	
					Ashwini-Puratasi		

3		Friday, October 3, 2025				Istanbul, Turkey	
Makara Rasi: 23.16		Tithi 11 – 12		Shravana Nakshatra Dhruvi Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Tilau		Sun 25 Sutra 172	
Routine Work	Marana Yoga	Gulika	7:31AM – 8:59AM	Shravana Until 6:05AM	Ganesh: Blue	Sunrise: 6:04AM	Vasavasu 5:27
		Yama	2:50PM – 4:18PM	Dhruvi Until 6:18PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - 25
Until 6:05AM		Rahu	10:27AM – 11:54AM	Bava Until 2:30AM Sat	Nataraja: White		4th Phase
Then Creative Work	Siddha Yoga			Ekadashi Until 3:05PM	Moon - Purple	Sivaloka Day	
					Ashwini-Puratasi		

4		Saturday, October 4, 2025				Istanbul, Turkey	
Kumbha Rasi: 6.5		Tithi 12 – 13		Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodshyam Tilau		Sun 26 Sutra 173	
Creative Work	Amrita Yoga	Gulika	6:05AM – 7:32AM	Shatabhishak Until 4:24AM Sun	Ganesh: Blue	Sunrise: 6:05AM	Vasavasu 5:27
		Yama	1:22PM – 2:49PM	Shula* Until 3:58PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - 26
Until 4:24AM Sun		Rahu	8:59AM – 10:27AM	Kaulava Until 12:45AM Sun	Nataraja: White		4th Phase
Then Creative Work	Siddha Yoga	Kadalswami Mahasamadi		Dvadashi Until 1:42PM	Moon - Purple	Sivaloka Day	
					Ashwini-Puratasi		
					Pradosha Vata		

5		Sunday, October 5, 2025				Istanbul, Turkey	
Kumbha Rasi: 20.51		Tithi 13 – 14		Purvaprosarthpada Nakshatra Ganda*/Vridhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau		Sun 27 Sutra 174	
Creative Work	Siddha Yoga	Gulika	2:48PM – 4:15PM	Purvaprosarthpada* Until 2:47AM Mon	Ganesh: White	Sunrise: 6:06AM	Vasavasu 5:27
		Yama	11:54AM – 1:21PM	Ganda* Until 1:05PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - 27
Until 6:05AM		Rahu	4:15PM – 5:42PM	Gara Until 10:21PM	Nataraja: White		4th Phase
Then Creative Work	Siddha Yoga	Chidambaram Abhishekam		Trayodashi Until 11:36AM	Moon - Clear	Sivaloka Day	
					Ashwini-Puratasi		

Monday, October 6, 2025		Copper Retreat Star				Istanbul, Turkey	
Meena Rasi: 5.16		Tithi 14 – 15		Uttaraprosarthpada Nakshatra Vridhi/Dhruva Yoga Vanja/Visi* Karana Chaturdashi/Purnimayam Tilau		Sun 27 Sutra 175	
Family Home Evening	Creative Work	Gulika	1:20PM – 2:47PM	Uttaraprosarthpada Until 12:33AM Tue	Ganesh: Clear	Sunrise: 6:07AM	Vasavasu 5:27
		Yama	10:27AM – 11:54AM	Vridhi Until 9:45AM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - Purnima
Until 6:05AM		Rahu	7:34AM – 9:00AM	Visi Until 7:26PM	Nataraja: White		
Then Creative Work	Siddha Yoga			Chaturdash* Until 8:56AM	Moon - Clear	Subha Sivaloka Day	
					Ashwini-Puratasi		

Tuesday, October 7, 2025		Silver Retreat Star				Istanbul, Turkey	
Meena Rasi: 20.02		Tithi 16		Revati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayanam Tilau		Sun 28 Sutra 176	
Creative Work	Siddha Yoga	Gulika	11:53AM – 1:20PM	Revati Until 9:52PM	Ganesh: Clear	Sunrise: 6:08AM	Vasavasu 5:27
		Yama	9:01AM – 10:27AM	Dhruva Until 6:02AM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 24 - Prathama
Until 6:05AM		Rahu	2:46PM – 4:12PM	Balava Until 4:10PM	Nataraja: White		
Then Creative Work	Siddha Yoga			Prathama* Until 2:26AM Wed	Moon - Clear	Subha Sivaloka Day	
					Ashwini-Puratasi		

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam TitauIstanbul, Turkey
Sutra 177

Mesha Rasi: 5	Tithi 17	Gulika 10:27AM - 11:53AM	Ashvini Until 7:17PM	Ganesh: White	Sunrise: 6:09AM	Vasavas: 5:17
		Yama 7:35AM - 9:01AM	Harshana Until 10:05PM	Muruga: Blue	Sunset: 5:27PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 11:53AM - 1:19PM	Tailila Until 12:42PM	Nataraja: Clear		
Routine Work	Marana Yoga		Dvitiya Until 10:56PM	Moon - White		Subha Sivaloka Day
Until 7:17PM				Ashvina-Puratasi		
Then Creative Work	Siddha Yoga					

Thursday, October 9, 2025Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra Yoga Vanja/Visi Karana Trilyayam TitauIstanbul, Turkey
Sun 1 Sutra 178

Mesha Rasi: 20:02	Tithi 18	Gulika 9:01AM - 10:27AM	Bharani Until 4:35PM	Ganesh: White	Sunrise: 6:10AM	Vasavas: 5:17
		Yama 6:10AM - 7:36AM	Vajra Until 6:04PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 1:18PM - 2:44PM	Vanija Until 9:12AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Tritiya Until 7:28PM	Moon - White		Subha Sivaloka Day
Until 4:35PM				Ashvina-Puratasi		
Then Routine Work	Marana Yoga					

Friday, October 10, 2025Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddha/Vyolpala Yoga Balava/Kaulava Karana Chalurthi/Panchamam TitauIstanbul, Turkey
Sun 2 Sutra 179

Wishabha Rasi: 5	Tithi 19 - 20	Gulika 7:36AM - 9:02AM	Krittika Until 1:55PM	Ganesh: White	Sunrise: 6:11AM	Vasavas: 5:17
		Yama 2:43PM - 4:08PM	Siddhi Until 2:13PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 10:27AM - 11:52AM	Kaulava Until 2:42AM Sat	Nataraja: Clear		
Creative Work	Siddha Yoga		Chalurthi Until 4:12PM	Moon - White		Subha Sivaloka Day
Until 1:55PM				Ashvina-Puratasi		
Then Routine Work	Marana Yoga					

Saturday, October 11, 2025Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam
Rohini/Migashira Nakshatra Vyolpala/Variyan Yoga Talila/Gara Karana Panchami/Shashtham TitauIstanbul, Turkey
Sun 3 Sutra 180

Wishabha Rasi: 19:46	Tithi 20 - 21	Gulika 6:12AM - 7:37AM	Rohini Until 11:51AM	Ganesh: Yellow	Sunrise: 6:12AM	Vasavas: 5:17
		Yama 1:17PM - 2:42PM	Vyolpala Until 10:39AM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 25 - 3 1st Phase
		633928574 Rahu 9:02AM - 10:27AM	Gara Until 11:59PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Panchami Until 1:16PM	Moon - Yellow		Sivaloka Day
Until 11:51AM				Ashvina-Puratasi		
Then Creative Work	Siddha Yoga					

Sunday, October 12, 2025Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam
Migashira/Ardra Nakshatra Variyan/Parigraha Yoga Vanja/Visi Karana Shashthi/Saptamam TitauIstanbul, Turkey
Sun 4 Sutra 181

Mithuna Rasi: 4:13	Tithi 21 - 22	Gulika 2:41PM - 4:06PM	Mrigashira Until 10:07AM	Ganesh: Yellow	Sunrise: 6:13AM	Vasavas: 5:17
		Yama 11:52AM - 1:17PM	Variyan Until 7:25AM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 25 - 4 1st Phase
		633928574 Rahu 4:06PM - 5:31PM	Visi Until 9:48PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Shashthi Until 10:48AM	Moon - Yellow		Sivaloka Day
				Ashvina-Puratasi		

Monday, October 13, 2025**Retreat Star**Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtamam TitauIstanbul, Turkey
Sun 5 Sutra 182

Mithuna Rasi: 18:18	Tithi 22 - 23	Gulika 1:16PM - 2:40PM	Ardra Until 8:47AM	Ganesh: Yellow	Sunrise: 6:14AM	Vasavas: 5:17
		Yama 10:27AM - 11:52AM	Shiva Until 2:23AM Tue	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 25 - 5 Ashtami
		633928574 Rahu 7:39AM - 9:03AM	Balava Until 8:12PM	Nataraja: Clear		
Family Home Evening			Sapthami Until 8:54AM	Moon - Yellow		Sivaloka Day
Creative Work	Siddha Yoga			Ashvina-Puratasi		
Until 8:47AM						
Then Creative Work	Amrita Yoga					

Tuesday, October 14, 2025**Retreat Star**Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navamam TitauIstanbul, Turkey
Sun 6 Sutra 183

Kataka Rasi: 2	Tithi 23 - 24	Gulika 11:51AM - 1:15PM	Punarvasu Until 8:21AM	Ganesh: Blue	Sunrise: 6:15AM	Vasavas: 5:17
		Yama 9:03AM - 10:27AM	Siddha Until 12:37AM Wed	Muruga: Blue	Sunset: 5:27PM	Moon 10 - Phase 25 - 6 Navami
		643928574 Rahu 2:39PM - 4:03PM	Tailila Until 7:15PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ashtami Until 7:38AM	Moon - Blue		Subha Sivaloka Day
				Ashvina-Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamam Tilau		Istanbul, Turkey Sun 7 Sutra 184	
Kataka Rasi: 15.19	TITHI 24 – 25	Gulika 10:28AM – 11:51AM	Pushya Until 8:26AM	Ganesh: Blue	Sunrise: 6:17AM	Vasavasu 5:127	
		Yama 7:40AM – 9:04AM	Sadhya Until 11:23PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 26 - 8	
Creative Work	Siddha Yoga	Rahu 11:51AM – 1:15PM	Bava Until 7:19PM	Nataraja: Clear		2nd Phase	
			Navami* Until 7:01AM	Moon – Blue		Subha Sivaloka Day	
				Ashvina-Puratasi			

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Vasil*/Bava Karana Dashami/Ekadashtyam Tilau		Istanbul, Turkey Sun 8 Sutra 185	
Kataka Rasi: 28.19	TITHI 25 – 26	Gulika 9:04AM – 10:28AM	Ashlesha* Until 8:59AM	Ganesh: Blue	Sunrise: 6:18AM	Vasavasu 5:127	
		Yama 6:18AM – 7:41AM	Subha Until 10:38PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 26 - 8	
Creative Work	Siddha Yoga	Rahu 1:14PM – 2:38PM	Bava Until 7:19PM	Nataraja: Clear		2nd Phase	
Until 8:59AM			Dashami Until 7:03AM	Moon – Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina-Puratasi			

3		Friday, October 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Istanbul, Turkey Sun 9 Sutra 186	
Simha Rasi: 11.01	TITHI 26 – 27	Gulika 7:42AM – 9:05AM	Magha* Until 10:25AM	Ganesh: Red	Sunrise: 6:19AM	Vasavasu 5:127	
		Yama 6:18AM – 7:41AM	Sukla Until 10:16PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 26 - 9	
Routine Work	Marana Yoga	Rahu 10:28AM – 11:51AM	Kaulava Until 8:12PM	Nataraja: Clear		2nd Phase	
Until 10:25AM			Ekadashi* Until 7:40AM	Moon – Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina-Alpasi			

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Istanbul, Turkey Sun 10 Sutra 187	
Simha Rasi: 23.29	TITHI 27 – 28	Gulika 6:20AM – 7:43AM	Purvaphalguni Until 12:10PM	Ganesh: Red	Sunrise: 6:20AM	Vasavasu 5:127	
		Yama 1:13PM – 2:36PM	Brahma Until 10:17PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 26 - 10	
Creative Work	Siddha Yoga	Rahu 9:05AM – 10:28AM	Gara Until 9:34PM	Nataraja: Clear		2nd Phase	
Until 12:10PM			Dvadashi* Until 8:49AM	Moon – Red		Sivaloka Day	
Then Routine Work - Marana Yoga				Ashvina-Alpasi			
				Pradosha Vata (Fasting)			

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Shruva Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Vasil* Karana Trayodashi/Chaturdashyam Tilau		Istanbul, Turkey Sun 11 Sutra 188	
Kanya Rasi: 5.46	TITHI 28 – 29	Gulika 2:35PM – 3:57PM	Uttaraphalguni Until 2:10PM	Ganesh: Red	Sunrise: 6:21AM	Vasavasu 5:127	
		Yama 11:50AM – 1:13PM	Indra Until 10:35PM	Muruga: Blue	Sunset: 5:26PM	Moon 10 - Phase 26 - 11	
Creative Work	Amrita Yoga	Rahu 3:57PM – 5:20PM	Visli Until 11:19PM	Nataraja: Clear		2nd Phase	
Until 4:48PM			Trayodashi* Until 10:23AM	Moon – Red		Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Alpasi			

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhri* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau		Istanbul, Turkey Sun 12 Sutra 189	
Kanya Rasi: 17.54	TITHI 29 – 30	Gulika 1:12PM – 2:34PM	Hasla Until 4:48PM	Ganesh: Blue	Sunrise: 6:22AM	Vasavasu 5:127	
Family Home Evening		Yama 10:28AM – 11:50AM	Vaidhri* Until 11:06PM	Muruga: Blue	Sunset: 5:18PM	Moon 10 - Phase 26 - 12	
Creative Work	Siddha Yoga	Rahu 7:44AM – 9:06AM	Catuspada Until 1:22AM Tue	Nataraja: Clear		Amavasya	
Until 4:48PM			Chaturdashi* Until 12:18PM	Moon – Green		Devaloka Day	
Then Routine Work - Prabalarishtha Yoga				Ashvina-Alpasi			

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughni* Karana Amavasya/Prathamayam Tilau		Istanbul, Turkey Sun 13 Sutra 190	
Kanya Rasi: 29.55	TITHI 30 – 1	Gulika 11:50AM – 1:12PM	Chitra Until 7:31PM	Ganesh: Blue	Sunrise: 6:23AM	Vasavasu 5:127	
		Yama 9:07AM – 10:28AM	Vishkambha* Until 11:48PM	Muruga: Blue	Sunset: 5:17PM	Moon 10 - Phase 26 - 13	
Creative Work	Siddha Yoga	Rahu 2:33PM – 3:55PM	Kintughni Until 3:39AM Wed	Nataraja: Clear		Prathama	
		Subramuniyaswami Mahasamadhi	Amavasya* Until 2:28PM	Moon – Green		Devaloka Day	
		Skanda Shasthi Begins		Kartika-Alpasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1	Wednesday, October 22, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Svati Nakshatra Priti Yoga Bava/Balava Karana Prathama/Dvityayam Tilau		Istanbul, Turkey Sun 14 Sutra 191	
	Gulika	10:29AM - 11:50AM	Svati Until 10:14PM	Ganesh: Blue	Sunrise: 6:24AM	Vasavasru 5:127
Tula Rasi: 11.52	Tilhi 1 - 2	Yama 7:46AM - 9:07AM	Priti Until 12:38AM Thu	Muruga: Yellow	Sunset: 5:59PM	Moon 10 - Phase 27 - 14
Creative Work	Siddha Yoga	Rahu 11:50AM - 1:11PM	Balava Until 6:05AM Thu	Nataraja: Clear		3rd Phase
			Prathama* Until 4:50PM	Moon - Green		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

2	Thursday, October 23, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvityayam Tilau		Istanbul, Turkey Sun 15 Sutra 192	
	Gulika	9:08AM - 10:29AM	Vishakha Until 1:22AM Fri	Ganesh: White	Sunrise: 6:25AM	Vasavasru 5:127
Tula Rasi: 23.45	Tilhi 2	Yama 6:25AM - 7:47AM	Ayushman Until 1:30AM Fri	Muruga: Yellow	Sunset: 5:14PM	Moon 10 - Phase 27 - 15
Creative Work	Siddha Yoga	Rahu 1:11PM - 2:32PM	Balava Until 6:05AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 7:19PM	Moon - Orange		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

3	Friday, October 24, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Talila/Gara Karana Trityayam Tilau		Istanbul, Turkey Sun 16 Sutra 193	
	Gulika	7:47AM - 9:08AM	Anuradha Until 4:21AM Sat	Ganesh: White	Sunrise: 6:27AM	Vasavasru 5:127
Wischika Rasi: 5.37	Tilhi 3	Yama 6:25AM - 7:47AM	Saubhagya Until 2:24AM Sat	Muruga: Yellow	Sunset: 5:18PM	Moon 10 - Phase 27 - 16
Creative Work	Siddha Yoga	Rahu 10:29AM - 11:50AM	Tailila Until 8:36AM	Nataraja: Clear		3rd Phase
			Trityiya Until 9:50PM	Moon - Orange		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

4	Saturday, October 25, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Vanija/Vesli* Karana Chalutryam Tilau		Istanbul, Turkey Sun 17 Sutra 194	
	Gulika	6:28AM - 7:48AM	Jyeshtha* Until 7:05AM Sun	Ganesh: White	Sunrise: 6:28AM	Vasavasru 5:127
Wischika Rasi: 17.28	Tilhi 4	Yama 2:31PM - 3:52PM	Sobhana Until 3:14AM Sun	Muruga: Yellow	Sunset: 5:17PM	Moon 10 - Phase 27 - 17
Creative Work	Siddha Yoga	Rahu 9:09AM - 10:29AM	Vanija Until 11:06AM	Nataraja: Clear		3rd Phase
Until 7:05AM Sun			Chalutrihi* Until 12:17AM Sun	Moon - Orange		Bhuloka Day
Then Creative Work - Amrita Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

5	Sunday, October 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Tilau		Istanbul, Turkey Sun 18 Sutra 195	
	Gulika	2:30PM - 3:50PM	Jyeshtha* Until 7:05AM	Ganesh: White	Sunrise: 6:29AM	Vasavasru 5:127
Wischika Rasi: 29.22	Tilhi 5	Yama 11:49AM - 1:10PM	Athiganda* Until 3:54AM Mon	Muruga: Yellow	Sunset: 5:10PM	Moon 10 - Phase 27 - 18
Routine Work	Marana Yoga	Rahu 3:50PM - 5:10PM	Bava Until 1:29PM	Nataraja: Clear		3rd Phase
Until 7:05AM			Panchami Until 2:33AM Mon	Moon - Orange		Bhuloka Day
Then Creative Work - Amrita Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

6	Monday, October 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukarma Yoga Kaulava/Tailila Karana Shashmyam Tilau		Istanbul, Turkey Sun 19 Sutra 196	
	Gulika	1:09PM - 2:29PM	Mula* Until 9:55AM	Ganesh: Clear	Sunrise: 6:30AM	Vasavasru 5:127
Dhanus Rasi: 11.21	Tilhi 6	Yama 10:29AM - 11:49AM	Sukarma Until 4:19AM Tue	Muruga: Yellow	Sunset: 5:09PM	Moon 10 - Phase 27 - 19
Family Home Evening		Rahu 7:50AM - 9:10AM	Kaulava Until 3:36PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 4:29AM Tue	Moon - Light Blue		Devaloka Day
Until 9:55AM				Kartika-Alpasi		
Then Routine Work - Marana Yoga		Skanda Shashi				

7	Tuesday, October 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Tilau		Istanbul, Turkey Sun 20 Sutra 197	
	Gulika	11:49AM - 1:09PM	Purvashadha* Until 12:14PM	Ganesh: Clear	Sunrise: 6:31AM	Vasavasru 5:127
Dhanus Rasi: 23.28	Tilhi 7	Yama 9:10AM - 10:30AM	Dhriti Until 4:22AM Wed	Muruga: Yellow	Sunset: 5:07PM	Moon 10 - Phase 27 - 20
Creative Work	Siddha Yoga	Rahu 2:28PM - 3:48PM	Gara Until 5:17PM	Nataraja: Clear		3rd Phase
Until 12:14PM			Saptami Until 5:54AM Wed	Moon - Light Blue		Devaloka Day
Then Routine Work - Prabarashita Yoga				Kartika-Alpasi		

8	Wednesday, October 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vesli* Karana Ashtamyam Tilau		Istanbul, Turkey Sun 21 Sutra 198	
	Gulika	10:30AM - 11:49AM	Uttarashadha Until 1:51PM	Ganesh: Clear	Sunrise: 6:32AM	Vasavasru 5:127
Makara Rasi: 5.49	Tilhi 8	Yama 7:52AM - 9:11AM	Shula* Until 3:52AM Thu	Muruga: Yellow	Sunset: 5:06PM	Moon 10 - Phase 27 - 21
Creative Work	Amrita Yoga	Rahu 11:49AM - 1:08PM	Vesli Until 6:24PM	Nataraja: Clear		Ashtami
Until 1:51PM			Ashlami* Until 6:39AM Thu	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Kartika-Alpasi		

9	Thursday, October 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau		Istanbul, Turkey Sun 22 Sutra 199	
	Gulika	9:11AM - 10:30AM	Shravana Until 3:06PM	Ganesh: Purple	Sunrise: 6:34AM	Vasavasru 5:127
Makara Rasi: 18.26	Tilhi 8 - 9	Yama 6:34AM - 7:52AM	Ganda* Until 2:47AM Fri	Muruga: Yellow	Sunset: 5:05PM	Moon 10 - Phase 27 - 22
Creative Work	Siddha Yoga	Rahu 1:08PM - 2:27PM	Balava Until 6:45PM	Nataraja: Clear		Navami
			Ashlami* Until 6:39AM	Moon - Purple		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1

Friday, October 31, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sutra Varsara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vidhih Yoga Kaulava/Taila Karana Navami/Dashamam TitauIstanbul, Turkey
Sun 23 Sutra 200

Kumbha Rasi: 1.27 Tithi 9 - 10

Gulika 7:53AM - 9:12AM
Yama 2:26PM - 3:45PM
Rahu 10:30AM - 11:49AMDhanishtha Until 3:23PM
Vidhih Until 1:04AM Sat
Taila Until 6:18PM
Navami* Until 6:37AMGanesh: Purple Sunrise: 6:25AM
Muruga: Yellow Sunset: 5:09PM
Nataraja: Clear
Moon - Purple
Kartika-AlpasiBhuloka Day
Devaloka Time: 3PM to 6PM

Creative Work Siddha Yoga

2

Saturday, November 1, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mantra Varsara Yuktayam
Shatabhishak/Puravproshthapada* Nakshatra Dhruva Yoga Vanija/Visil* Karana Ekadashyam TitauIstanbul, Turkey
Sun 24 Sutra 201

Kumbha Rasi: 14.54 Tithi 11

Gulika 6:36AM - 7:54AM
Yama 1:07PM - 2:26PM
Rahu 9:12AM - 10:31AMShatabhishak Until 2:42PM
Dhruva Until 10:39PM
Vanija Until 5:00PM
Ekadashi Until 4:02AM SunGanesh: Purple Sunrise: 6:36AM
Muruga: Yellow Sunset: 5:09PM
Nataraja: Clear
Moon - Purple
Kartika-AlpasiBhuloka Day
Devaloka Time: 3PM to 6PM

Creative Work Amrita Yoga

Until 2:42PM

Then Routine Work - Marana Yoga

3

Sunday, November 2, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhava Varsara Yuktayam
Puravproshthapada/Uttarproshthapada Nakshatra Vyagha* Yoga Bava/Balava Karana Trayodashyam TitauIstanbul, Turkey
Sun 25 Sutra 202

Kumbha Rasi: 28.5 Tithi 12

Gulika 2:25PM - 3:43PM
Yama 11:49AM - 1:07PM
Rahu 3:43PM - 5:01PMPuravproshthapada* Until 1:33PM
Vyagha* Until 7:39PM
Bava Until 2:55PM
Dvadashi Until 1:36AM MonGanesh: Clear Sunrise: 6:37AM
Muruga: Yellow Sunset: 5:09PM
Nataraja: Clear
Moon - Clear
Kartika-Alpasi

Devaloka Day

Creative Work Siddha Yoga

Until 1:33PM

Then Creative Work - Amrita Yoga

4

Monday, November 3, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Varsara Yuktayam
Uttarproshthapada/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taila Karana Trayodashyam TitauIstanbul, Turkey
Sun 26 Sutra 203

Meesha Rasi: 13.15 Tithi 13

Family Home Evening

Gulika 1:07PM - 2:24PM
Yama 10:31AM - 11:49AM
Rahu 7:56AM - 9:14AMUttarproshthapada Until 11:34AM
Harshana Until 4:08PM
Kaulava Until 12:10PM
Trayodashi Until 10:34PMGanesh: Clear Sunrise: 6:38AM
Muruga: Yellow Sunset: 5:09PM
Nataraja: Clear
Moon - Clear
Kartika-Alpasi

Devaloka Day

Creative Work Siddha Yoga

Pradosha Vata

5

Tuesday, November 4, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Varsara Yuktayam
Revati/Ashvini Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Chaturdashyam TitauIstanbul, Turkey
Sun 27 Sutra 204

Meesha Rasi: 28.05 Tithi 14

Creative Work Siddha Yoga

Gulika 11:49AM - 1:06PM
Yama 9:14AM - 10:32AM
Rahu 2:24PM - 3:41PMRevati Until 8:55AM
Vajra* Until 12:11PM
Gara Until 8:54AM
Chaturdashi* Until 7:06PMGanesh: Clear Sunrise: 6:39AM
Muruga: Yellow Sunset: 4:59PM
Nataraja: Clear
Moon - Clear
Kartika-Alpasi

Devaloka Day

6

Wednesday, November 5, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Varsara Yuktayam
Ashvini/Bharani Nakshatra Siddhi/Vyapata* Yoga Bava/Balava Karana Punima/Prathamayam TitauIstanbul, Turkey
Sutra 205

Copper Retreat Star

Meesha Rasi: 13.13 Tithi 15 - 16

Routine Work Marana Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

Gulika 10:32AM - 11:49AM
Yama 7:58AM - 9:15AM
Rahu 11:49AM - 1:06PMAshvini Until 6:10AM
Siddhi Until 7:58AM
Balava Until 1:26AM Thu
Purnima* Until 3:21PMGanesh: Purple Sunrise: 6:41AM
Muruga: Yellow Sunset: 4:57PM
Nataraja: Clear
Moon - White
Kartika-Alpasi

Sivaloka Day

Thursday, November 6, 2025

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Varsara Yuktayam
Kritika Nakshatra Varjyan Yoga Kaulava/Taila Karana Prathama/Dvityayam TitauIstanbul, Turkey
Sutra 206

Silver Retreat Star

Meesha Rasi: 28.3 Tithi 16 - 17

Routine Work Marana Yoga

Gulika 9:15AM - 10:32AM
Yama 6:42AM - 7:59AM
Rahu 1:06PM - 2:23PMKritika Until 11:55PM
Varjyan Until 11:15PM
Taila Until 9:35PM
Prathama* Until 11:29AMGanesh: Purple Sunrise: 6:42AM
Muruga: Yellow Sunset: 4:56PM
Nataraja: Clear
Moon - White
Kartika-Alpasi

Sivaloka Day

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyam Tilau				İstanbul, Turkey Sun 1 Sutra 207
Wishabha Rasi: 13.46	Tithi 17 - 18	Gulika 8:00AM - 9:16AM	Rohini Until 9:09PM	Ganesh: Purple Muruga: Yellow	Sunrise: 6:43AM Sunset: 4:55PM	Vishvasu 5127
		Yama 2:22PM - 3:39PM	Parigha* Until 7:02PM	Nataraja: Clear		Moon 11 - Phase 29 - 1
		Rahu 10:33AM - 11:49AM	Visiti Until 4:10AM Sat	Moon - Yellow Kartika-Alpasi		1st Phase
Routine Work Marana Yoga Until 9:05PM Then Creative Work - Siddha Yoga						Sivaloka Day

1**Saturday, November 8, 2025**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mania Vasara Yuktayam Mrigashira Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturtham Tilau				İstanbul, Turkey Sun 2 Sutra 208
Wishabha Rasi: 28.5	Tithi 19	Gulika 6:44AM - 8:00AM	Mrigashira Until 6:38PM	Ganesh: Purple Muruga: Yellow	Sunrise: 6:44AM Sunset: 4:54PM	Vishvasu 5127
		Yama 1:05PM - 2:22PM	Shiva Until 3:07PM	Nataraja: Clear		Moon 11 - Phase 29 - 2
		Rahu 9:17AM - 10:33AM	Bava Until 2:33PM	Moon - Yellow Kartika-Alpasi		1st Phase
Creative Work Siddha Yoga						Sivaloka Day
						Chalurthi* Until 1:02AM Sun

2**Sunday, November 9, 2025**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddha/Sadhyha Yoga Kaulava/Taila Karana Panchamam Tilau				İstanbul, Turkey Sun 3 Sutra 209
Mihuna Rasi: 13.35	Tithi 20	Gulika 2:21PM - 3:37PM	Ardra Until 4:30PM	Ganesh: Purple Muruga: Yellow	Sunrise: 6:45AM Sunset: 4:53PM	Vishvasu 5127
		Yama 1:05PM - 2:22PM	Siddha Until 11:35AM	Nataraja: Clear		Moon 11 - Phase 29 - 3
		Rahu 3:37PM - 4:53PM	Kaulava Until 11:42AM	Moon - Yellow Kartika-Alpasi		1st Phase
Creative Work Siddha Yoga						Sivaloka Day
						Panchami Until 10:29PM

3**Monday, November 10, 2025**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sadhyha/Subha Yoga Gara/Vanija Karana Shashtham Tilau				İstanbul, Turkey Sun 4 Sutra 210
Mihuna Rasi: 27.54	Tithi 21	Gulika 1:05PM - 2:21PM	Punarvasu Until 3:18PM	Ganesh: Clear Muruga: Yellow	Sunrise: 6:47AM Sunset: 4:52PM	Vishvasu 5127
Family Home Evening		Yama 10:34AM - 11:49AM	Sadhyha Until 8:35AM	Nataraja: Clear		Moon 11 - Phase 29 - 4
		Rahu 8:02AM - 9:18AM	Gara Until 9:29AM	Moon - Blue Kartika-Alpasi		1st Phase
Creative Work Amrita Yoga Until 3:18PM Then Creative Work - Siddha Yoga						Devaloka Day
						Shashthi* Until 8:38PM

4**Tuesday, November 11, 2025**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Saptamam Tilau				İstanbul, Turkey Sun 5 Sutra 211
Kataka Rasi: 11.44	Tithi 22	Gulika 11:49AM - 1:05PM	Pushya Until 2:45PM	Ganesh: White Muruga: Yellow	Sunrise: 6:48AM Sunset: 4:51PM	Vishvasu 5127
		Yama 9:19AM - 10:34AM	Subha Until 6:13AM	Nataraja: Clear		Moon 11 - Phase 29 - 5
		Rahu 2:20PM - 3:36PM	Visiti Until 8:02AM	Moon - Blue Kartika-Alpasi		1st Phase
Creative Work Siddha Yoga						Bhuloka Day
						Saptami Until 7:36PM
						Devaloka Time: 3PM to 6PM

5**Wednesday, November 12, 2025****Retreat Star**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamam Tilau				İstanbul, Turkey Sun 6 Sutra 212
Kataka Rasi: 25.05	Tithi 23	Gulika 10:34AM - 11:50AM	Ashlesha* Until 2:51PM	Ganesh: White Muruga: Yellow	Sunrise: 6:49AM Sunset: 4:50PM	Vishvasu 5127
		Yama 8:04AM - 9:19AM	Brahma Until 3:22AM Thu	Nataraja: Clear		Moon 11 - Phase 29 - 6
		Rahu 11:50AM - 1:05PM	Balava Until 7:25AM	Moon - Blue Kartika-Alpasi		Ashtami
Creative Work Siddha Yoga						Bhuloka Day
						Ashlami* Until 7:24PM
						Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

		Vishvasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Taila/Gara Karana Navamam Tilau				İstanbul, Turkey Sun 7 Sutra 213
Simha Rasi: 8.01	Tithi 24	Gulika 9:20AM - 10:35AM	Magha* Until 4:03PM	Ganesh: Yellow Muruga: Yellow	Sunrise: 6:50AM Sunset: 4:49PM	Vishvasu 5127
		Yama 6:50AM - 8:05AM	Indra Until 2:53AM Fri	Nataraja: Clear		Moon 11 - Phase 29 - 7
		Rahu 1:05PM - 2:19PM	Taila Until 7:37AM	Moon - Red Kartika-Alpasi		Navami
Creative Work Amrita Yoga Until 4:03PM Then Creative Work - Siddha Yoga						Devaloka Day
						Navami* Until 8:00PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1 Friday, November 14, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sasra Vasara Yuktayam Purvaphalguni/Ultrapahguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Titau				Istanbul, Turkey Sun 8 Sutra 214
Simha Rasi: 20.35	Tithi 25	Gulika 8:04AM - 9:21AM	Purvaphalguni Until 5:47PM	Ganesha: Yellow	Sunrise: 6:51AM	Vasavasu 5127
		Yama 2:19PM - 3:34PM	Vaidhri* Until 2:52AM Sat	Muruga: Yellow	Sunset: 4:46PM	Moon 11 - Phase 30 - 8
Creative Work	Siddha Yoga	Rahu 10:35AM - 11:50AM	Vanija Until 8:35AM	Nataraja: Clear		2nd Phase
			Dashami Until 9:17PM	Moon - Green		Devaloka Day
				Karttika-Alpasi		

2 Saturday, November 15, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Marita Vasara Yuktayam Ullaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey Sun 9 Sutra 215
Kanya Rasi: 2.53	Tithi 26	Gulika 6:53AM - 8:07AM	Ullaraphalguni Until 7:53PM	Ganesha: Yellow	Sunrise: 6:53AM	Vasavasu 5127
		Yama 1:04PM - 2:19PM	Vishkambha* Until 3:15AM Sun	Muruga: Yellow	Sunset: 4:47PM	Moon 11 - Phase 30 - 9
Routine Work	Marana Yoga	Rahu 9:21AM - 10:36AM	Bava Until 10:10AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 11:08PM	Moon - Red		Devaloka Day
				Karttika-Alpasi		

3 Sunday, November 16, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam Hasta Nakshatra Pili Yoga Kaulava/Tallia Karana Dvadashyam Titau				Istanbul, Turkey Sun 10 Sutra 216
Kanya Rasi: 14.59	Tithi 27	Gulika 2:18PM - 3:32PM	Hasta Until 10:42PM	Ganesha: Yellow	Sunrise: 6:54AM	Vasavasu 5127
		Yama 11:50AM - 1:04PM	Pili Until 3:54AM Mon	Muruga: Yellow	Sunset: 4:47PM	Moon 11 - Phase 30 - 10
Creative Work	Amrita Yoga	Rahu 3:32PM - 4:47PM	Kaulava Until 12:13PM	Nataraja: Clear		2nd Phase
Until 10:42PM			Dvadashi* Until 1:20AM Mon	Moon - Green		Devaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai		

4 Monday, November 17, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Istanbul, Turkey Sun 11 Sutra 217
Kanya Rasi: 26.57	Tithi 28	Gulika 1:04PM - 2:18PM	Chitra Until 1:34AM Tue	Ganesha: Yellow	Sunrise: 6:55AM	Vasavasu 5127
Family Home Evening		Yama 10:37AM - 11:50AM	Ayushman Until 4:40AM Tue	Muruga: Yellow	Sunset: 4:46PM	Moon 11 - Phase 30 - 11
Routine Work	Prabalarishta Yoga	Rahu 8:09AM - 9:23AM	Gara Until 2:33PM	Nataraja: Purple		2nd Phase
Until 1:34AM Tue			Trayodashi* Until 3:46AM Tue	Moon - Green		Sivaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai		
				Pradosha Vrata (Fasting)		

5 Tuesday, November 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey Sun 12 Sutra 218
Tula Rasi: 8.51	Tithi 29	Gulika 11:51AM - 1:04PM	Svali Until 4:21AM Wed	Ganesha: Blue	Sunrise: 6:56AM	Vasavasu 5127
		Yama 9:23AM - 10:37AM	Saubhagya Until 5:31AM Wed	Muruga: Yellow	Sunset: 4:45PM	Moon 11 - Phase 30 - 12
Creative Work	Siddha Yoga	Rahu 2:18PM - 3:31PM	Visi Until 5:02PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 6:17AM Wed	Moon - Green		Devaloka Day
				Karttika-Karttikai		

Wednesday, November 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Sasra Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey Sun 13 Sutra 219
Retreat Star		Gulika 10:37AM - 11:51AM	Vishakha Until 7:29AM Thu	Ganesha: Blue	Sunrise: 6:57AM	Vasavasu 5127
Tula Rasi: 20.43	Tithi 29 - 30	Yama 8:11AM - 9:24AM	Sobhana Until 6:24AM Thu	Muruga: Yellow	Sunset: 4:47PM	Moon 11 - Phase 30 - 13
Creative Work	Siddha Yoga	Rahu 11:51AM - 1:04PM	Catuspada Until 7:34PM	Nataraja: Purple		Amavasya
			Chaturdashi* Until 6:17AM	Moon - Orange		Devaloka Day
				Karttika-Karttikai		

Thursday, November 20, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Guru Vasara Yuktayam Vishakha/Anusadha Nakshatra Sobhana/Aksharanda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey Sun 14 Sutra 220
Retreat Star		Gulika 9:25AM - 10:38AM	Vishakha Until 7:29AM	Ganesha: Blue	Sunrise: 6:58AM	Vasavasu 5127
Vishchika Rasi: 2.35	Tithi 30 - 1	Yama 6:58AM - 8:12AM	Sobhana Until 6:24AM	Muruga: Yellow	Sunset: 4:46PM	Moon 11 - Phase 30 - 14
Creative Work	Siddha Yoga	Rahu 1:04PM - 2:17PM	Kintughna Until 10:05PM	Nataraja: Purple		Prathama
			Amavasya* Until 8:48AM	Moon - Orange		Devaloka Day
				Margasira-Karttikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Sukra Vesara Yuktyayam Anuradha/Jyeshtha ¹ Nakshatra Abhiganda ² /Sukama Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Istanbul, Turkey
Wrischika Rasi: 14.28	Tithi 1 – 2	Gulika 8:13AM – 9:25AM	Anuradha Untill 10:24AM	Ganesh: Blue	Sunrise: 7:00AM	Sun 15 Sutra 221
		Yama 2:17PM – 3:30PM	Abhiganda² Untill 7:12AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-17
Creative Work	Siddha Yoga	Rahu 10:38AM – 11:51AM	Balava Untill 12:30AM Sat	Nataraja: Purple		3rd Phase
Untill 10:24AM			Prathama¹ Untill 11:17AM	Moon - Orange		Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai		

2 Saturday, November 22, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Manta Vesara Yuktyayam Jyeshtha ¹ /Mula ² Nakshatra Sakama/Uhril ³ Yoga Gara/Vanija Karana Tithya/Chaturthayam Titau				Istanbul, Turkey
Wrischika Rasi: 26.23	Tithi 2 – 3	Gulika 7:01AM – 8:13AM	Jyeshtha¹ Untill 1:04PM	Ganesh: Blue	Sunrise: 7:01AM	Sun 16 Sutra 222
		Yama 1:04PM – 2:17PM	Sukarma Untill 7:57AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-16
Creative Work	Siddha Yoga	Rahu 9:26AM – 10:39AM	Taitilva Untill 2:49AM Sun	Nataraja: Purple		3rd Phase
			Dvitiya Untill 1:39PM	Moon - Orange		Devaloka Day
				Margasira-Karttikai		

3 Sunday, November 23, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Bharu Vesara Yuktyayam Mula ¹ /Purvashada ² Nakshatra Dhriti/Shula ³ Yoga Gara/Vanija Karana Tithya/Chaturthayam Titau				Istanbul, Turkey
Dhanus Rasi: 8.22	Tithi 3 – 4	Gulika 2:17PM – 3:29PM	Mula¹ Untill 3:55PM	Ganesh: Blue	Sunrise: 7:03AM	Sun 17 Sutra 223
		Yama 11:52AM – 1:15AM	Dhriti Untill 8:36AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-17
Creative Work	Amrita Yoga	Rahu 3:29PM – 4:42PM	Vanija Untill 4:55AM Mon	Nataraja: Purple		3rd Phase
Untill 3:55PM			Tritiya Untill 3:52PM	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		

4 Monday, November 24, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Indu Vesara Yuktyayam Purvashada ¹ Nakshatra Shula ² /Ganda ³ Yoga Vasi ⁴ /Bava Karana Chaturthi/Panchamayam Titau				Istanbul, Turkey
Dhanus Rasi: 20.25	Tithi 4 – 5	Gulika 1:04PM – 2:17PM	Purvashada¹ Untill 6:21PM	Ganesh: Blue	Sunrise: 7:03AM	Sun 18 Sutra 224
Family Home Evening		Yama 10:40AM – 11:52AM	Shula² Untill 9:04AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-18
Routine Work	Marana Yoga	Rahu 8:15AM – 9:28AM	Bava Untill 6:44AM Tue	Nataraja: Purple		3rd Phase
			Chaturthi¹ Untill 5:51PM	Moon - Light Blue		Devaloka Day
				Margasira-Karttikai		

5 Tuesday, November 25, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Mangala Vesara Yuktyayam Uttarashada ¹ Nakshatra Ganda ² /Viddhi ³ Yoga Bava/Balava Karana Panchamayam Titau				Istanbul, Turkey
Makara Rasi: 2.35	Tithi 5	Gulika 11:52AM – 1:04PM	Uttarashada Untill 8:18PM	Ganesh: Red	Sunrise: 7:04AM	Sun 19 Sutra 225
		Yama 9:28AM – 10:40AM	Ganda² Untill 9:19AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-19
Routine Work	Prabalarishtha Yoga	Rahu 2:17PM – 3:29PM	Bava Untill 6:44AM	Nataraja: Purple		3rd Phase
Untill 8:18PM			Panchami Untill 7:28PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		

6 Wednesday, November 26, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Butha Vesara Yuktyayam Shravana ¹ Nakshatra Dhruva/Vyaghata ² Yoga Gara/Vanija Karana Saptamayam Titau				Istanbul, Turkey
Makara Rasi: 14.55	Tithi 6	Gulika 10:41AM – 11:53AM	Shravana Untill 10:05PM	Ganesh: Blue	Sunrise: 7:05AM	Sun 20 Sutra 226
		Yama 8:17AM – 9:29AM	Viddhi Untill 9:14AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-20
Creative Work	Siddha Yoga	Rahu 11:53AM – 1:05PM	Kaulava Untill 8:07AM	Nataraja: Purple		3rd Phase
Untill 10:05PM			Shashthi¹ Untill 8:35PM	Moon - Purple		Subha Sivaloka Day
Then Routine Work - Prabalarishtha Yoga				Margasira-Karttikai		

Thursday, November 27, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Guru Vesara Yuktyayam Dhanishtha ¹ Nakshatra Dhruva/Vyaghata ² Yoga Gara/Vanija Karana Saptamayam Titau				Istanbul, Turkey
Retreat Star		Gulika 9:30AM – 10:41AM	Dhanishtha Untill 11:05PM	Ganesh: Blue	Sunrise: 7:06AM	Sun 21 Sutra 227
Makara Rasi: 27.3	Tithi 7	Yama 7:06AM – 8:18AM	Dhruva Untill 8:41AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-21
Creative Work	Siddha Yoga	Rahu 1:05PM – 2:16PM	Gara Untill 8:56AM	Nataraja: Purple		3rd Phase
			Saptami Untill 9:05PM	Moon - Purple		Subha Sivaloka Day
				Margasira-Karttikai		

Friday, November 28, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Sukra Vesara Yuktyayam Shatabhishak ¹ Nakshatra Vyaghata ² /Harshana Yoga Vasi ³ /Bava Karana Ashtamayam Titau				Istanbul, Turkey
Retreat Star		Gulika 8:19AM – 9:30AM	Shatabhishak Untill 11:13PM	Ganesh: Blue	Sunrise: 7:07AM	Sun 22 Sutra 228
Kumbha Rasi: 10.25	Tithi 8	Yama 2:16PM – 3:28PM	Vyaghata² Untill 7:38AM	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-22
Creative Work	Siddha Yoga	Rahu 10:42AM – 11:53AM	Vasili Untill 9:04AM	Nataraja: Purple		Ashtami
			Ashlami¹ Untill 8:49PM	Moon - Purple		Subha Sivaloka Day
				Margasira-Karttikai		

Saturday, November 29, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Paksho Manta Vesara Yuktyayam Purvashrothapada ¹ Nakshatra Vajra ² Yoga Balava/Kaulava Karana Navamayam Titau				Istanbul, Turkey
Retreat Star		Gulika 7:09AM – 8:20AM	Purvashrothapada¹ Untill 10:53PM	Ganesh: Purple	Sunrise: 7:09AM	Sun 23 Sutra 229
Kumbha Rasi: 23.42	Tithi 9	Yama 1:05PM – 2:16PM	Vajra² Untill 3:42AM Sun	Muruga: Yellow	Sunset: 4:49PM	Moon 11 - Phase 31-23
Routine Work	Marana Yoga	Rahu 9:31AM – 10:42AM	Balava Untill 8:25AM	Nataraja: Purple		Navami
Untill 10:53PM			Navami¹ Untill 7:47PM	Moon - Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

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1 Sunday, November 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Istanbul, Turkey Uttaraprosrthhapada Nakshatra Siddhi Yoga Talita/Varija Karana Dashami/Ekadashtyam Titau Sun 24 Sutra 230			
Mesha Rasi: 7.26	Tithi 10 – 11	Gulika 2:16PM – 3:27PM	Uttaraprosrthhapada Until 9:39PM	Ganesh: Purple Sunrise: 7:10AM	Vasarasu 5:17
		Yama 11:54AM – 1:05PM	Siddhi Until 12:49AM Mon	Muruga: Yellow Sunset: 4:39PM	Moon 11 - Phase 32 - 24
Creative Work	Amrita Yoga	Rahu 3:27PM – 4:39PM	Talita Until 6:59AM	Nataraja: Purple	4th Phase
			Dashami Until 5:58PM	Moon – Clear	Subha Sivaloka Day
				Margasira-Karttikai	

2 Monday, December 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vasara Yukatayam Istanbul, Turkey Revati Nakshatra Vyalipata* Yoga Visi*/Bava Karana Ekadasht/Dvadashtyam Titau Sun 25 Sutra 231			
Mesha Rasi: 21.39	Tithi 11 – 12	Gulika 1:05PM – 2:16PM	Revati Until 7:36PM	Ganesh: Clear Sunrise: 7:17AM	Vasarasu 5:17
Family Home Evening		Yama 10:43AM – 11:54AM	Vyalipata* Until 9:25PM	Muruga: Yellow Sunset: 4:38PM	Moon 11 - Phase 32 - 25
Creative Work	Siddha Yoga	Rahu 8:22AM – 9:33AM	Bava Until 2:00AM Tue	Nataraja: Purple	4th Phase
			Ekadashi Until 3:28PM	Moon – Clear	Sivaloka Day
		Gita Jayanthi		Margasira-Karttikai	

3 Tuesday, December 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vasara Yukatayam Istanbul, Turkey Ashvini/Bharani Nakshatra Variyeni/Parigaha* Yoga Balava/Kaulava Karana Dvadasht/Trayodeshtyam Titau Sun 26 Sutra 232			
Mesha Rasi: 6.18	Tithi 12 – 13	Gulika 11:55AM – 1:06PM	Ashvini Until 5:17PM	Ganesh: White Sunrise: 7:12AM	Vasarasu 5:17
		Yama 9:33AM – 10:44AM	Variyan Until 5:34PM	Muruga: Yellow Sunset: 4:38PM	Moon 11 - Phase 32 - 26
Creative Work	Siddha Yoga	Rahu 2:16PM – 3:27PM	Kaulava Until 10:42PM	Nataraja: Purple	4th Phase
			Dvadasht Until 12:23PM	Moon – White	Devaloka Day
				Margasira-Karttikai	
				<i>Pradosha Vata</i>	

4 Wednesday, December 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vasara Yukatayam Istanbul, Turkey Bharani/Kritika Nakshatra Parigaha*/Shiva Yoga Talita/Gara Karana Trayodasht/Chaturdeshtyam Titau Sun 27 Sutra 233			
Mesha Rasi: 21.19	Tithi 13 – 14	Gulika 10:45AM – 11:55AM	Bharani Until 2:27PM	Ganesh: White Sunrise: 7:13AM	Vasarasu 5:17
		Yama 8:23AM – 9:34AM	Parigaha* Until 1:24PM	Muruga: Yellow Sunset: 4:38PM	Moon 11 - Phase 32 - 27
Creative Work	Siddha Yoga	Rahu 11:55AM – 1:06PM	Gara Until 7:02PM	Nataraja: Purple	4th Phase
Until 2:27PM			Trayodasht Until 8:53AM	Moon – White	Devaloka Day
Then Creative Work - Amrita Yoga		Kritika Deepam		Margasira-Karttikai	

Thursday, December 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vasara Yukatayam Istanbul, Turkey Kritika/Rohini Nakshatra Shiva/Siddha Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 234			
Copper Retreat Star		Gulika 9:35AM – 10:45AM	Kritika Until 11:16AM	Ganesh: White Sunrise: 7:14AM	Vasarasu 5:17
Wishabha Rasi: 6.33	Tithi 15	Yama 7:14AM – 8:24AM	Shiva Until 9:04AM	Muruga: Yellow Sunset: 4:38PM	Moon 11 - Phase 32 - Purnima
Routine Work	Marana Yoga	Rahu 1:06PM – 2:17PM	Visiti Until 3:13PM	Nataraja: Purple	
			Purnima* Until 1:16AM Fri	Moon – White	Devaloka Day
				Margasira-Karttikai	

Friday, December 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vasara Yukatayam Istanbul, Turkey Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathmayam Titau Sun 29 Sutra 235			
Silver Retreat Star		Gulika 8:25AM – 9:35AM	Rohini Until 8:19AM	Ganesh: Yellow Sunrise: 7:15AM	Vasarasu 5:17
Wishabha Rasi: 21.51	Tithi 16	Yama 2:17PM – 3:27PM	Sadya Until 12:22AM Sat	Muruga: Yellow Sunset: 4:37PM	Moon 11 - Phase 32 - Prathama
Routine Work	Marana Yoga	Rahu 10:46AM – 11:56AM	Balava Until 11:23AM	Nataraja: Purple	
Until 8:19AM			Prathama* Until 9:31PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins		Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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Saturday, December 6, 2025

Gold Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mania Vasara Yuktyam

Istanbul, Turkey

Ardra Nakshatra Subha Yoga

Tailika/Gara Karana Dvityayam Tilau

Gulika 7:16AM - 8:26AM

Yama 1:07PM - 2:17PM

Rahu 9:36AM - 10:46AM

Ganesh: Yellow

Sunrise: 7:16AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 -

Nataraja: Purple

Moon - Yellow

1st Phase

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Sunday, December 7, 2025

1

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktyam

Istanbul, Turkey

Punarvasu Nakshatra Sukla/Brahma Yoga Visi/Bava Karana Tritiya/Chaturtham Tilau

Gulika 2:17PM - 3:27PM

Yama 11:57AM - 1:07PM

Rahu 3:27PM - 4:37PM

Ganesh: Blue

Sunrise: 7:17AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 - 2

Nataraja: Purple

Moon - Blue

1st Phase

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Monday, December 8, 2025

2

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktyam

Istanbul, Turkey

Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurthi/Panchamam Tilau

Gulika 1:07PM - 2:17PM

Yama 10:47AM - 11:57AM

Rahu 8:27AM - 9:37AM

Ganesh: Blue

Sunrise: 7:17AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 - 2

Nataraja: Purple

Moon - Blue

1st Phase

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Tuesday, December 9, 2025

3

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktyam

Istanbul, Turkey

Ashlesha Nakshatra Indra/Vaidhiti Yoga Tailika/Gara Karana Panchami/Shashtham Tilau

Gulika 11:58AM - 1:08PM

Yama 9:38AM - 10:48AM

Rahu 2:18PM - 3:27PM

Ganesh: White

Sunrise: 7:18AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 - 3

Nataraja: Purple

Moon - Blue

1st Phase

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Wednesday, December 10, 2025

4

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktyam

Istanbul, Turkey

Magha Nakshatra Vaidhiti/Vishkambha Yoga Vanja/Visi Karana Shashthi/Saptamam Tilau

Gulika 10:48AM - 11:58AM

Yama 8:29AM - 9:39AM

Rahu 11:58AM - 1:08PM

Ganesh: Clear

Sunrise: 7:19AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 - 4

Nataraja: Purple

Moon - Red

1st Phase

Margasira-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

Thursday, December 11, 2025

5

Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktyam

Istanbul, Turkey

Purvaphalguni Nakshatra Viskambha/Vishal Yoga Bava/Balava Karana Sapthami/Ashtamam Tilau

Gulika 9:39AM - 10:49AM

Yama 7:20AM - 8:30AM

Rahu 1:08PM - 2:18PM

Ganesh: Purple

Sunrise: 7:20AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 - 5

Nataraja: Purple

Moon - Red

Ashtami

Margasira-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Friday, December 12, 2025

6

Retreat Star

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sulea Vasara Yuktyam

Istanbul, Turkey

Uttaraphalguni Nakshatra Prithi/Ajyotham Yoga Kaulava/Tailika Karana Navami/Navamam Tilau

Gulika 8:30AM - 9:40AM

Yama 2:18PM - 3:28PM

Rahu 10:50AM - 11:59AM

Ganesh: Purple

Sunrise: 7:21AM

Vasavasu 5:17

Muruga: Yellow

Sunset: 4:37PM

Moon 12 - Phase 33 - 6

Nataraja: Purple

Moon - Red

Navami

Margasira-Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025				Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Manta Vesara Yuktyam Hasta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Istanbul, Turkey Sun 7	Sutra 243
Kanya Rasi: 11.52	Tithi 24 – 25	Gulika 7:22AM – 8:31AM	Hasla Until 4:49AM Sun	Ganesh: Clear	Sunrise: 7:22AM			Vishvasu 5:17	
		Yama 1:09PM – 2:19PM	Hasla Until 7:44AM	Muruga: Yellow	Sunset: 4:38PM			Sutra 244	
		Rahu 9:41AM – 10:50AM	Ayushman Until 2:14AM Sun	Nataraja: Purple				Moon 12 - Phase 34 - 8 2nd Phase	
Routine Work - Marana Yoga			Navami* Until 1:08PM	Moon - Green				Sivaloka Day	
Then Creative Work - Siddha Yoga				Margasira-Kartikaki					

2		Sunday, December 14, 2025				Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktyam Chitra Nakshatra Saubhagya/Sobhana Yoga Visi*/Bava Karana Dashami/Ekadasmyam Titau		Istanbul, Turkey Sun 8	Sutra 244
Kanya Rasi: 23.55	Tithi 25 – 26	Gulika 2:19PM – 3:28PM	Chitra Until 7:40AM Mon	Ganesh: Clear	Sunrise: 7:22AM			Vishvasu 5:17	
		Yama 12:00PM – 1:10PM	Saubhagya Until 8:15AM	Muruga: Yellow	Sunset: 4:38PM			Sutra 244	
		Rahu 3:28PM – 4:38PM	Bava Until 4:38AM Mon	Nataraja: Purple				Moon 12 - Phase 34 - 8 2nd Phase	
Creative Work - Siddha Yoga			Dashami Until 3:23PM	Moon - Green				Sivaloka Day	
Then Creative Work - Amrita Yoga				Margasira-Kartikaki					

3		Monday, December 15, 2025				Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Indu Vesara Yuktyam Chitra/Svali Nakshatra Abhiganda*/Yoga Balava/Kaulina Karana Ekadashi/Dwadashmyam Titau		Istanbul, Turkey Sun 9	Sutra 245
Tula Rasi: 5.5	Tithi 26 – 27	Gulika 1:10PM – 2:19PM	Chitra Until 7:40AM	Ganesh: Clear	Sunrise: 7:22AM			Vishvasu 5:17	
Family Home Evening		Yama 10:51AM – 12:01PM	Sobhana Until 9:02AM	Muruga: Yellow	Sunset: 4:38PM			Sutra 245	
		Rahu 8:33AM – 9:42AM	Kaulava Until 7:13AM Tue	Nataraja: Purple				Moon 12 - Phase 34 - 8 2nd Phase	
Routine Work - Prabalarishta Yoga			Ekadashi* Until 5:43PM	Moon - Green				Sivaloka Day	
Then Creative Work - Amrita Yoga				Margasira-Kartikaki					

4		Tuesday, December 16, 2025				Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktyam Svali/Vishakha Nakshatra Abhiganda*/Sukarna Yoga Kaulava/Tilla Karana Dvadashmyam Titau		Istanbul, Turkey Sun 10	Sutra 246
Kanya Rasi: 17.41	Tithi 27	Gulika 12:01PM – 1:10PM	Svali Until 10:31AM	Ganesh: Purple	Sunrise: 7:24AM			Vishvasu 5:17	
		Yama 9:42AM – 10:52AM	Abhiganda* Until 9:54AM	Muruga: Yellow	Sunset: 4:38PM			Sutra 246	
		Rahu 2:20PM – 3:29PM	Kaulava Until 7:13AM	Nataraja: Purple				Moon 12 - Phase 34 - 10 2nd Phase	
Creative Work - Siddha Yoga			Dvadashi* Until 8:30PM	Moon - Green				Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Markali Pillayar		Margasira-Markali					

5		Wednesday, December 17, 2025				Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktyam Vishakha/Anuradha Nakshatra Sukarna/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau		Istanbul, Turkey Sun 11	Sutra 247
Tula Rasi: 29.31	Tithi 28	Gulika 10:52AM – 12:02PM	Vishakha Until 1:42PM	Ganesh: Clear	Sunrise: 7:25AM			Vishvasu 5:17	
		Yama 8:34AM – 9:43AM	Sukarna Until 10:46AM	Muruga: Yellow	Sunset: 4:39PM			Sutra 247	
		Rahu 12:02PM – 1:11PM	Gara Until 9:49AM	Nataraja: Purple				Moon 12 - Phase 34 - 11 2nd Phase	
Creative Work - Siddha Yoga			Trayodashi* Until 11:04PM	Moon - Orange				Sivaloka Day	
				Margasira-Markali					

Pradosha Vata (Fasting)

6		Thursday, December 18, 2025				Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktyam Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sakuni* Karana Chaturdashmyam Titau		Istanbul, Turkey Sun 12	Sutra 248
Wischika Rasi: 11.24	Tithi 29	Gulika 9:44AM – 10:53AM	Anuradha Until 4:35PM	Ganesh: Clear	Sunrise: 7:25AM			Vishvasu 5:17	
		Yama 7:25AM – 8:34AM	Dhriti Until 11:35AM	Muruga: Yellow	Sunset: 4:39PM			Sutra 248	
		Rahu 1:11PM – 2:21PM	Visi Until 12:19PM	Nataraja: Purple				Moon 12 - Phase 34 - 12 2nd Phase	
Creative Work - Siddha Yoga			Chaturdashi* Until 1:28AM Fri	Moon - Orange				Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Markali					

Friday, December 19, 2025		Retreat Star				Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktyam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Istanbul, Turkey Sun 13	Sutra 249
Wischika Rasi: 23.2	Tithi 30	Gulika 8:35AM – 9:44AM	Jyeshtha* Until 7:08PM	Ganesh: Clear	Sunrise: 7:26AM			Vishvasu 5:17	
		Yama 2:21PM – 3:30PM	Shula* Until 12:13PM	Muruga: Yellow	Sunset: 4:39PM			Sutra 249	
		Rahu 10:53AM – 12:03PM	Catuspada Until 2:37PM	Nataraja: Purple				Moon 12 - Phase 34 - 13 Amavasya	
Routine Work - Marana Yoga			Amavasya* Until 3:41AM Sat	Moon - Orange				Sivaloka Day	
Then Creative Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira-Markali					

Saturday, December 20, 2025		Retreat Star				Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Manta Vesara Yuktyam Mula* Nakshatra Ganda*/Viddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 14	Sutra 250
Dhanus Rasi: 5.22	Tithi 1	Gulika 7:26AM – 8:36AM	Mula* Until 9:48PM	Ganesh: Light Blue	Sunrise: 7:26AM			Vishvasu 5:17	
		Yama 1:12PM – 2:21PM	Ganda* Until 12:43PM	Muruga: Yellow	Sunset: 4:40PM			Sutra 250	
		Rahu 9:45AM – 10:54AM	Kintughna Until 4:43PM	Nataraja: Purple				Moon 12 - Phase 34 - 14 Prathama	
Creative Work - Siddha Yoga			Prathama* Until 5:38AM Sun	Moon - Light Blue				Devaloka Day	
				Pausha-Markali					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Istanbul, Turkey Purvashada* Nakshatra Viddhi/Dhruva Yoga Balava Karana Dvityayam Titau Sun 15 Sutra 251				
Dhanus Rasi: 17.29	Tithi 2	Gulika 2:22PM - 3:31PM	Purvashada* Until 12:02AM Mon	Ganesh: Light Blue	Sunrise: 7:27AM	Vasavasa 5:17
		Yama 12:04PM - 1:13PM	Viddhi Until 1:02PM	Muruga: Yellow	Sunset: 4:40PM	Moon 12 - Phase 35 - 15
		Rahu 3:31PM - 4:40PM	Balava Until 6:32PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 7:19AM Mon	Moon - Light Blue		Devaloka Day
Until 12:02AM Mon		Day 1 of Pancha Ganapati		Pausha-Markali		
Then Routine Work - Marana Yoga						
2 Monday, December 22, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yukayam Istanbul, Turkey Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dvitya/Chaturthayam Titau Sun 16 Sutra 252				
Dhanus Rasi: 29.42	Tithi 2 - 3	Gulika 1:13PM - 2:22PM	Uttarashada Until 1:50AM Tue	Ganesh: Light Blue	Sunrise: 7:27AM	Vasavasa 5:17
Family Home Evening		Yama 10:55AM - 12:04PM	Dhruva Until 1:07PM	Muruga: Yellow	Sunset: 4:41PM	Moon 12 - Phase 35 - 16
		Rahu 8:37AM - 9:46AM	Taila Until 8:04PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 7:19AM	Moon - Light Blue		Devaloka Day
Until 1:50AM Tue		Day 2 of Pancha Ganapati		Pausha-Markali		
Then Creative Work - Siddha Yoga						
3 Tuesday, December 23, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yukayam Istanbul, Turkey Uttarashada Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau Sun 17 Sutra 253				
Makara Rasi: 12.04	Tithi 3 - 4	Gulika 12:05PM - 1:14PM	Shravana Until 3:37AM Wed	Ganesh: Purple	Sunrise: 7:28AM	Vasavasa 5:17
		Yama 9:46AM - 10:55AM	Vyaghata* Until 12:58PM	Muruga: Yellow	Sunset: 4:41PM	Moon 12 - Phase 35 - 17
		Rahu 2:23PM - 3:32PM	Vanija Until 9:16PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 8:42AM	Moon - Purple		Devaloka Day
Until 3:37AM Wed		Day 3 of Pancha Ganapati		Pausha-Markali		
Then Routine Work - Prabarishtha Yoga						
4 Wednesday, December 24, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Budha Vasara Yukayam Istanbul, Turkey Dhanishtha Nakshatra Harshana/Vajra* Yoga Visi* Bava Karana Chaturthi/Panchamam Titau Sun 18 Sutra 254				
Makara Rasi: 24.35	Tithi 4 - 5	Gulika 10:56AM - 12:05PM	Dhanishtha Until 4:49AM Thu	Ganesh: Purple	Sunrise: 7:28AM	Vasavasa 5:17
		Yama 9:46AM - 9:47AM	Harshana Until 12:32PM	Muruga: Yellow	Sunset: 4:42PM	Moon 12 - Phase 35 - 18
		Rahu 12:05PM - 1:14PM	Bava Until 10:03PM	Nataraja: Purple		3rd Phase
Routine Work Prabarishtha Yoga			Chaturthi* Until 9:42AM	Moon - Purple		Devaloka Day
Until 4:49AM Thu		Day 4 of Pancha Ganapati		Pausha-Markali		
Then Creative Work - Siddha Yoga						
5 Thursday, December 25, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yukayam Istanbul, Turkey Shalabhishak Nakshatra Vajra* Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamam Titau Sun 19 Sutra 255				
Kumbha Rasi: 7.17	Tithi 5 - 6	Gulika 9:47AM - 10:56AM	Shalabhishak Until 5:23AM Fri	Ganesh: Purple	Sunrise: 7:29AM	Vasavasa 5:17
		Yama 7:29AM - 8:38AM	Vajra* Until 11:44AM	Muruga: Yellow	Sunset: 4:43PM	Moon 12 - Phase 35 - 19
		Rahu 1:15PM - 2:24PM	Kaulava Until 10:21PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Panchami Until 10:15AM	Moon - Purple		Devaloka Day
Until 4:49AM Thu		Day 5 of Pancha Ganapati		Pausha-Markali		
Then Routine Work - Vinayaga Viratam Ends						
6 Friday, December 26, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Satra Vasara Yukayam Istanbul, Turkey Puruvashrothapada Nakshatra Siddhi/Vyagata* Yoga Taila/Gara Karana Shasthi/Saptamam Titau Sun 20 Sutra 256				
Kumbha Rasi: 20.14	Tithi 6 - 7	Gulika 8:38AM - 9:48AM	Puruvashrothapada Until 5:41AM Sat	Ganesh: Green	Sunrise: 7:29AM	Vasavasa 5:17
		Yama 2:25PM - 3:34PM	Siddhi Until 10:32AM	Muruga: Yellow	Sunset: 4:43PM	Moon 12 - Phase 35 - 20
		Rahu 10:57AM - 12:06PM	Gara Until 10:05PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 10:17AM	Moon - Clear		Bhuloka Day
Until 5:14AM Sun				Pausha-Markali		Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga						
7 Saturday, December 27, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Manta Vasara Yukayam Istanbul, Turkey Uttarashrothapada Nakshatra Vyagata* Nanyan Yoga Vanija/Visi* Karana Saptami/Ashamam Titau Sun 21 Sutra 257				
Meena Rasi: 3.3	Tithi 7 - 8	Gulika 7:29AM - 8:39AM	Uttarashrothapada Until 5:14AM Sun	Ganesh: Green	Sunrise: 7:29AM	Vasavasa 5:17
		Yama 1:16PM - 2:25PM	Vyagata* Until 8:53AM	Muruga: Yellow	Sunset: 4:44PM	Moon 12 - Phase 35 - 21
		Rahu 9:48AM - 10:57AM	Visi Until 9:13PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 9:43AM	Moon - Clear		Bhuloka Day
Until 5:14AM Sun				Pausha-Markali		Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga						
8 Sunday, December 28, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Istanbul, Turkey Revati Nakshatra Varjyan/Parigaha* Yoga Bava/Balava Karana Ashtami/Navamam Titau Sun 22 Sutra 258				
Meena Rasi: 17.05	Tithi 8 - 9	Gulika 2:26PM - 3:35PM	Revati Until 4:01AM Mon	Ganesh: Green	Sunrise: 7:30AM	Vasavasa 5:17
		Yama 12:07PM - 1:16PM	Varjyan Until 6:43AM	Muruga: Yellow	Sunset: 4:45PM	Moon 12 - Phase 35 - 22
		Rahu 3:35PM - 4:45PM	Balava Until 7:42PM	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Ashlami* Until 8:31AM	Moon - Clear		Bhuloka Day
Until 4:01AM Mon				Pausha-Markali		Devaloka Time: 3PM to 6PM
Then Creative Work - Siddha Yoga						

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Сукла Пакше Інду Васара Уктыям				Istanbul, Turkey	
Ashvini Nakshatra Shiva Yoga Kaulava/Gara Karana Navam/Dashamyam Titau		Sun 23		Sutra 259			
Mesha Rasi: 1.04	Tithi 9 – 10	Gulika	1:17PM – 2:26PM	Ashvini Until 2:32AM Tue	Ganesh: Red	Sunrise: 7:30AM	Vasavasu 5127
Family Home Evening	822338576	Yama	10:58AM – 12:08PM	Shiva Until 12:59AM Tue	Muruga: Yellow	Sunset: 4:49PM	Moon 12 - Phase 36 - 23
Creative Work	Siddha Yoga	Rahu	8:39AM – 9:49AM	Gara Until 4:20AM Tue	Nataraja: Clear		4th Phase
				Navam* Until 6:42AM	Moon - White		Devaloka Day
					Pausha-Markali		

2 Tuesday, December 30, 2025		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Сукла Пакше Мангалі Васара Уктыям				Istanbul, Turkey	
Bharani Nakshatra Siddha Yoga Vanija/Vesli* Karana Ekadashyam Titau		Sun 24		Sutra 260			
Mesha Rasi: 15.25	Tithi 11	Gulika	12:08PM – 1:18PM	Bharani Until 12:25AM Wed	Ganesh: Red	Sunrise: 7:30AM	Vasavasu 5127
Creative Work	Siddha Yoga	Yama	9:49AM – 10:59AM	Siddha Until 9:28PM	Muruga: Yellow	Sunset: 4:49PM	Moon 12 - Phase 36 - 24
Until 12:25AM Wed		Rahu	2:27PM – 3:37PM	Vanija Until 2:58PM	Nataraja: Clear		4th Phase
Then Creative Work - Amrita Yoga		Valkuntha Ekadasi		Ekadashi Until 1:28AM Wed	Moon - White		Devaloka Day
					Pausha-Markali		

3 Wednesday, December 31, 2025		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Сукла Пакше Будха Васара Уктыям				Istanbul, Turkey	
Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 261			
Wishabha Rasi: 0.05	Tithi 12	Gulika	10:59AM – 12:09PM	Krittika Until 9:49PM	Ganesh: Red	Sunrise: 7:30AM	Vasavasu 5127
Creative Work	Amrita Yoga	Yama	8:40AM – 9:50AM	Sadhya Until 5:40PM	Muruga: Yellow	Sunset: 4:49PM	Moon 12 - Phase 36 - 25
Until 9:49PM		Rahu	12:09PM – 1:18PM	Bava Until 11:55AM	Nataraja: Clear		4th Phase
Then Creative Work - Siddha Yoga				Dvadashi Until 10:16PM	Moon - White		Devaloka Day
					Pausha-Markali		

4 Thursday, January 1, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Сукла Пакше Гуну Васара Уктыям				Istanbul, Turkey	
Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26		Sutra 262			
Wishabha Rasi: 15.01	Tithi 13	Gulika	9:50AM – 10:59AM	Rohini Until 7:17PM	Ganesh: Blue	Sunrise: 7:31AM	Vasavasu 5127
Routine Work	Marana Yoga	Yama	7:31AM – 8:40AM	Subha Until 1:41PM	Muruga: White	Sunset: 4:49PM	Moon 12 - Phase 36 - 26
		Rahu	1:19PM – 2:28PM	Kaulava Until 8:36AM	Nataraja: Clear		4th Phase
				Trayodashi Until 6:52PM	Moon - Yellow		Devaloka Day
					Pausha-Markali		

Pradosha Vata

5 Friday, January 2, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Сукла Пакше Сукра Васара Уктыям				Istanbul, Turkey	
Meghshira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Vesli* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 263			
Mithuna Rasi: 0.02	Tithi 14 – 15	Gulika	8:40AM – 9:50AM	Mrigashira Until 4:34PM	Ganesh: Blue	Sunrise: 7:31AM	Vasavasu 5127
Creative Work	Siddha Yoga	Yama	2:29PM – 3:39PM	Sukla Until 9:36AM	Muruga: White	Sunset: 4:49PM	Moon 12 - Phase 36 - 27
		Rahu	11:00AM – 12:10PM	Vesli Until 1:44AM Sat	Nataraja: Clear		4th Phase
				Chaturdashi* Until 3:25PM	Moon - Yellow		Devaloka Day
					Pausha-Markali		

○ Saturday, January 3, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Крішна Пакше Маріта Васара Уктыям				Istanbul, Turkey	
Copper Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 264	
Mithuna Rasi: 15.02	Tithi 15 – 16	Gulika	7:31AM – 8:41AM	Ardra Until 1:51PM	Ganesh: Blue	Sunrise: 7:31AM	Vasavasu 5127
Creative Work	Siddha Yoga	Yama	1:20PM – 2:30PM	Indra Until 1:47AM Sun	Muruga: White	Sunset: 4:49PM	Moon 12 - Phase 36 - Purnima
		Rahu	9:50AM – 11:00AM	Balava Until 10:32PM	Nataraja: Clear		
				Purnima* Until 12:05PM	Moon - Yellow		Devaloka Day
					Pausha-Markali		

Ardra Darshanam

Sunday, January 4, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Дханус Месе Крішна Пакше Бітану Васара Уктыям				Istanbul, Turkey	
Silver Retreat Star		Punarvasu/Pushya Nakshatra Vaidhiti* Yoga Kaulava/Tailila Karana Prathama/Dvityayam Titau		Sun 29		Sutra 265	
Mithuna Rasi: 29.5	Tithi 16 – 17	Gulika	2:30PM – 3:40PM	Punarvasu Until 11:43AM	Ganesh: Red	Sunrise: 7:31AM	Vasavasu 5127
Creative Work	Siddha Yoga	Yama	12:11PM – 1:20PM	Vaidhiti* Until 10:18PM	Muruga: White	Sunset: 4:50PM	Moon 12 - Phase 36 - Prathama
		Rahu	3:40PM – 4:50PM	Tailila Until 7:43PM	Nataraja: Clear		
				Prathama* Until 9:03AM	Moon - Blue		Sivaloka Day
					Pausha-Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Monday, January 5, 2026****Gold Retreat Star**

Kataka Rasi: 14.19 Tithi 17 - 18
 Family Home Evening
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktayam
 Pushya/Ashlesha Nakshatra Vishkambha Yuga Gara/Visli Karana Dvitiya/Tritiyam Tilau
Gulika 1:21PM - 2:31PM Pushya Until 9:55AM Ganesha: Red Sunrise: 7:31AM
 Yama 11:01AM - 12:11PM Vishkambha Until 7:16PM **Muruga: White Sunset: 4:59PM**
Rahu 8:41AM - 9:51AM Visli Until 4:33AM Tue Nataraja: Clear Moon 1 - Phase 37 - 1
Subramuniyaswami Jayanti Dvitiya Until 6:29AM Moon - Blue Sivaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 1 Sutra 266
 Vasoosau 5127
 Sutra 267
 Moon 1 - Phase 37 - 2
 1st Phase

1**Tuesday, January 6, 2026**

Kataka Rasi: 28.23 Tithi 19
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam
 Ashlesha/Magha Nakshatra Priti/Ayushman Yuga Bava/Balava Karana Chalurthyam Tilau
Gulika 12:11PM - 1:22PM Ashlesha Until 8:38AM Ganesha: Yellow Sunrise: 7:31AM
 Yama 9:51AM - 11:01AM Priti Until 4:50PM **Muruga: White Sunset: 4:59PM**
Rahu 2:32PM - 3:42PM Bava Until 3:52PM Nataraja: Clear Moon 1 - Phase 37 - 2
Chalurthi Until 3:22AM Wed Moon - Blue Sivaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 2 Sutra 268
 Vasoosau 5127
 Moon 1 - Phase 37 - 2
 1st Phase

2**Wednesday, January 7, 2026**

Simha Rasi: 11.59 Tithi 20
 Creative Work Siddha Yoga
 Until 8:24AM
 Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam
 Magha/Purvaphalguni Nakshatra Ayushman/Saubhagya Yuga Kaulava/Taila Karana Panchamyam Tilau
Gulika 11:02AM - 12:12PM Magha Until 8:24AM Ganesha: White Sunrise: 7:31AM
 Yama 8:41AM - 9:51AM Ayushman Until 3:01PM **Muruga: White Sunset: 4:59PM**
Rahu 12:12PM - 1:22PM Kaulava Until 3:07PM Nataraja: Clear Moon 1 - Phase 37 - 3
Panchami Until 3:03AM Thu Moon - Red Devaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 3 Sutra 268
 Vasoosau 5127
 Moon 1 - Phase 37 - 3
 1st Phase

3**Thursday, January 8, 2026**

Simha Rasi: 25.07 Tithi 21
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yuga Gara/Vanaja Karana Shashthyam Tilau
Gulika 9:52AM - 11:02AM Purvaphalguni Until 8:52AM Ganesha: White Sunrise: 7:31AM
 Yama 7:31AM - 8:41AM Saubhagya Until 1:53PM **Muruga: White Sunset: 4:59PM**
Rahu 1:23PM - 2:33PM Gara Until 3:14PM Nataraja: Clear Moon 1 - Phase 37 - 4
Shashthi Until 3:35AM Fri Moon - Red Devaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 4 Sutra 269
 Vasoosau 5127
 Moon 1 - Phase 37 - 4
 1st Phase

4**Friday, January 9, 2026**

Kanya Rasi: 7.49 Tithi 22
 Creative Work Siddha Yoga
 Until 10:00AM
 Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Sobhana/Ahigandha Yuga Visli/Bava Karana Saptamyam Tilau
Gulika 8:41AM - 9:52AM Uttaraphalguni Until 10:00AM Ganesha: White Sunrise: 7:31AM
 Yama 2:34PM - 3:44PM Sobhana Until 1:24PM **Muruga: White Sunset: 4:59PM**
Rahu 11:02AM - 12:13PM Visli Until 4:11PM Nataraja: Clear Moon 1 - Phase 37 - 5
Saptami Until 4:56AM Sat Moon - Red Devaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 5 Sutra 270
 Vasoosau 5127
 Moon 1 - Phase 37 - 5
 1st Phase

5**Saturday, January 10, 2026****Retreat Star**

Kanya Rasi: 20.11 Tithi 23
 Routine Work Marana Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam
 Hasta/Chitra Nakshatra Ahigandha/Sukarma/Dhriti Yuga Kaulava/Taila Karana Ashtamyam Tilau
Gulika 7:30AM - 8:41AM Hasta Until 12:10PM Ganesha: Clear Sunrise: 7:30AM
 Yama 1:24PM - 2:35PM Ahigandha Until 1:28PM **Muruga: White Sunset: 4:56PM**
Rahu 9:52AM - 11:02AM Balava Until 5:52PM Nataraja: Clear Moon 1 - Phase 37 - 6
Ashtami Until 6:54AM Sun Moon - Green Sivaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 6 Sutra 271
 Vasoosau 5127
 Moon 1 - Phase 37 - 6
 Ashtami

Sunday, January 11, 2026**Retreat Star**

Tula Rasi: 2.17 Tithi 23 - 24
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam
 Chitra/Svati Nakshatra Sukarma/Dhriti Yuga Kaulava/Taila Karana Ashtami/Navamyam Tilau
Gulika 2:35PM - 3:46PM Chitra Until 2:44PM Ganesha: Clear Sunrise: 7:30AM
 Yama 12:14PM - 1:24PM Sukarma Until 1:57PM **Muruga: White Sunset: 4:59PM**
Rahu 3:46PM - 4:57PM Taila Until 8:04PM Nataraja: Clear Moon 1 - Phase 37 - 7
Ashtami Until 6:54AM Moon - Green Sivaloka Day
Pausha-Markali

Istanbul, Turkey
 Sun 7 Sutra 272
 Vasoosau 5127
 Moon 1 - Phase 37 - 7
 Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
 Mrigendra Agama Inana Pada

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1

Monday, January 12, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Kishna Paksho Indu Vasara Yukhtayam		Istanbul, Turkey	
Svali/Vishkha Nakshatra Dhrivi/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 8	Sutra 273
Gulika	1:25PM - 2:36PM	Svali Until 5:27PM	Ganesh: Clear Sunrise: 7:30AM
Yama	11:03AM - 12:14PM	Dhrivi Until 2:44PM	Muruga: White Sunset: 4:58PM
Family Home Evening	863448576	Rahu 8:41AM - 9:52AM	Nataraja: Clear Moon 1 - Phase 3B - 12 2nd Phase
Creative Work	Amrita Yoga	Vanija Until 10:34PM	Moon - Green
Until 5:27PM		Navami* Until 9:17AM	Pausha-Markali
Then Routine Work - Marana Yoga			Sivaloka Day

2

Tuesday, January 13, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Kishna Paksho Mangala Vasara Yukhtayam		Istanbul, Turkey	
Vishkha Nakshatra Shula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 9	Sutra 274
Gulika	12:14PM - 1:26PM	Vishkha Until 8:37PM	Ganesh: Purple Sunrise: 7:30AM
Yama	9:52AM - 11:03AM	Shula* Until 3:34PM	Muruga: White Sunset: 4:59PM
Routine Work	Marana Yoga	Bava Until 1:09AM Wed	Nataraja: Clear Moon 1 - Phase 3B - 9 2nd Phase
Until 8:37PM		Dashami Until 11:51AM	Moon - Orange
Then Creative Work - Siddha Yoga			Pausha-Markali
			Devaloka Day

3

Wednesday, January 14, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mese Kishna Paksho Budha Vasara Yukhtayam		Istanbul, Turkey	
Anuradha Nakshatra Ganda*/Vidhi Yoga Balava/Kaulava Karana Ekadashi/Ekadashyam Titau		Sun 10	Sutra 275
Gulika	11:03AM - 12:15PM	Anuradha Until 11:32PM	Ganesh: Purple Sunrise: 7:29AM
Yama	9:52AM - 11:03AM	Ganda* Until 4:24PM	Muruga: White Sunset: 5:00PM
Wischna Rasi: 7:58	Tithi 26 - 27	Kaulava Until 3:38AM Thu	Nataraja: Clear Moon 1 - Phase 3B - 10 2nd Phase
Creative Work	Siddha Yoga	Ekadashi* Until 2:33PM	Moon - Orange
		Thai Pongal	Pausha-Thai
			Devaloka Day

4

Thursday, January 15, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mese Kishna Paksho Guru Vasara Yukhtayam		Istanbul, Turkey	
Anuradha Nakshatra Ganda*/Vidhi Dhanu Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11	Sutra 276
Gulika	9:52AM - 11:04AM	Jyeshtha* Until 2:05AM Fri	Ganesh: Purple Sunrise: 7:29AM
Yama	7:29AM - 8:40AM	Vidhi Until 5:05PM	Muruga: White Sunset: 5:01PM
Wischna Rasi: 19:52	Tithi 27 - 28	Gara Until 5:51AM Fri	Nataraja: Clear Moon 1 - Phase 3B - 11 2nd Phase
Routine Work	Prabalashita Yoga	Dvadashi* Until 4:45PM	Moon - Orange
Until 2:05AM Fri			Pausha-Thai
Then Creative Work - Amrita Yoga			Devaloka Day
			Pradosha Vata (Fasting)

5

Friday, January 16, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mese Kishna Paksho Sukra Vasara Yukhtayam		Istanbul, Turkey	
Mula* Nakshatra Dhriva/Vyaghata* Yoga Vanija Karana Trayodashyam Titau		Sun 12	Sutra 277
Gulika	8:40AM - 9:52AM	Mula* Until 4:39AM Sat	Ganesh: Purple Sunrise: 7:28AM
Yama	2:39PM - 3:51PM	Dhriva Until 5:32PM	Muruga: White Sunset: 5:03PM
Dhanus Rasi: 1:52	Tithi 28	Vanija Until 6:50PM	Nataraja: Clear Moon 1 - Phase 3B - 12 2nd Phase
Creative Work	Amrita Yoga	Trayodashi* Until 6:50PM	Moon - Light Blue
Until 4:39AM Sat			Pausha-Thai
Then Creative Work - Siddha Yoga			Devaloka Day

6

Saturday, January 17, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mese Kishna Paksho Mani Vasara Yukhtayam		Istanbul, Turkey	
Purvashada*/Uttarashada Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Sun 13	Sutra 278
Gulika	7:28AM - 8:40AM	Purvashada* Until 6:41AM Sun	Ganesh: Purple Sunrise: 7:28AM
Yama	1:28PM - 2:40PM	Vyaghata* Until 5:44PM	Muruga: White Sunset: 5:04PM
Dhanus Rasi: 14:01	Tithi 29	Visi Until 7:45AM	Nataraja: Clear Moon 1 - Phase 3B - 13 2nd Phase
Creative Work	Siddha Yoga	Chaturdashy* Until 8:32PM	Moon - Light Blue
Until 6:41AM Sun			Pausha-Thai
Then Creative Work - Amrita Yoga			Devaloka Day

●

Sunday, January 18, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mese Kishna Paksho Bhava Vasara Yukhtayam		Istanbul, Turkey	
Purvashada*/Uttarashada Nakshatra Harshana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 14	Sutra 279
Gulika	2:41PM - 3:53PM	Purvashada* Until 6:41AM	Ganesh: Purple Sunrise: 7:27AM
Yama	12:16PM - 1:28PM	Harshana Until 5:38PM	Muruga: White Sunset: 5:05PM
Dhanus Rasi: 26:18	Tithi 30	Caluspada Until 9:16AM	Nataraja: Clear Moon 1 - Phase 3B - 14 Amavasya
Creative Work	Siddha Yoga	Amavasya* Until 9:50PM	Moon - Light Blue
Until 6:41AM			Pausha-Thai
Then Creative Work - Amrita Yoga			Devaloka Day

Monday, January 19, 2026

Vishvasu Nama Samvatsara: Uтарыне Moksha Ritau Makara Mese Sukla Paksho Indu Vasara Yukhtayam		Istanbul, Turkey	
Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15	Sutra 280
Gulika	1:29PM - 2:41PM	Uttarashada Until 8:10AM	Ganesh: Purple Sunrise: 7:27AM
Yama	11:04AM - 12:16PM	Vajra* Until 5:12PM	Muruga: White Sunset: 5:06PM
Makara Rasi: 8:46	Tithi 1	Kintughna Until 10:21AM	Nataraja: Clear Moon 1 - Phase 3B - 15 Prathama
Family Home Evening	884448576	Prathama* Until 10:44PM	Moon - Light Blue
Routine Work	Marana Yoga		Magha-Thai
Until 8:10AM			Devaloka Day
Then Creative Work - Amrita Yoga			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1	Tuesday, January 20, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Dvityajam Titau				Istanbul, Turkey Sun 16 Sutra 261	
	Makara Rasi: 21.25	Tilthi 2	Gulika 12:17PM - 1:29PM Yama 9:52AM - 11:04AM Rahu 2:42PM - 3:55PM	Shravana Untill 9:35AM Siddhi Untill 4:28PM Balava Untill 11:02AM Dvitiya Untill 11:12PM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 7:26AM Sunset: 5:07PM	Moon 1 - Phase 39 - 17	Vishvasu 5:127 Devaloka Day
	Creative Work	Siddha Yoga	894448576					

2	Wednesday, January 21, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Balha Vissara Yuktayam Dhanishtha/Shabdhishak Nakshatra Vyatipata*/Varjyan/Parigtha* Yoga Vanija/Vist/ Karana Chaturthyan Titau				Istanbul, Turkey Sun 17 Sutra 262	
	Kumbha Rasi: 4.16	Tilthi 3	Gulika 11:04AM - 12:17PM Yama 8:39AM - 9:51AM Rahu 12:17PM - 1:30PM	Dhanishtha Untill 10:26AM Vyatipata* Untill 3:27PM Talitha Untill 11:19AM Tritiya Untill 11:17PM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 7:26AM Sunset: 5:08PM	Moon 1 - Phase 39 - 17	Vishvasu 5:127 Devaloka Day
	Routine Work	Prabalarishtha Yoga	894448576					

3	Thursday, January 22, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Gazu Vissara Yuktayam Shabdhishak/Puravproshthapada* Nakshatra Varjyan/Parigtha* Yoga Vanija/Vist/ Karana Chaturthyan Titau				Istanbul, Turkey Sun 18 Sutra 263	
	Kumbha Rasi: 17.17	Tilthi 4	Gulika 9:51AM - 11:04AM Yama 8:39AM - 9:51AM Rahu 1:30PM - 2:43PM	Shabdhishak Untill 10:46AM Varjyan Untill 2:05PM Vanija Untill 11:11AM Chaturthi* Untill 10:58PM	Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai	Sunrise: 7:25AM Sunset: 5:10PM	Moon 1 - Phase 39 - 18	Vishvasu 5:127 Devaloka Day
	Creative Work	Siddha Yoga	894448576					

4	Friday, January 23, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Sukra Vissara Yuktayam Puravproshthapada*/Uttarproshthapada Nakshatra Parigtha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 19 Sutra 264	
	Meena Rasi: 0.32	Tilthi 5	Gulika 8:38AM - 9:51AM Yama 2:44PM - 3:57PM Rahu 11:04AM - 12:18PM	Puravproshthapada* Untill 11:01AM Parigtha* Untill 12:24PM Bava Untill 10:41AM Panchami Untill 10:15PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 7:25AM Sunset: 5:11PM	Moon 1 - Phase 39 - 19	Vishvasu 5:127 Devaloka Day
	Creative Work	Siddha Yoga	814448576					

5	Saturday, January 24, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Mantra Vissara Yuktayam Uttarproshthapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Talitha Karana Shashthyan Titau				Istanbul, Turkey Sun 20 Sutra 265	
	Meena Rasi: 13.59	Tilthi 6	Gulika 7:24AM - 8:37AM Yama 1:31PM - 2:45PM Rahu 9:51AM - 11:04AM	Uttarproshthapada Untill 10:44AM Shiva Untill 10:30AM Kaulava Untill 9:46AM Shashthi* Untill 9:10PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 7:24AM Sunset: 5:12PM	Moon 1 - Phase 39 - 20	Vishvasu 5:127 Devaloka Day
	Creative Work	Siddha Yoga	814448576					

6	Sunday, January 25, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Bhanu Vissara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey Sun 21 Sutra 266	
	Meena Rasi: 27.38	Tilthi 7	Gulika 2:46PM - 3:59PM Yama 12:18PM - 1:32PM Rahu 3:59PM - 5:13PM	Revati Untill 9:56AM Siddha Untill 8:14AM Gara Untill 8:29AM Saptami Untill 7:41PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Clear Magha-Thai	Sunrise: 7:23AM Sunset: 5:13PM	Moon 1 - Phase 39 - 21	Vishvasu 5:127 Sivaloka Day
	Creative Work	Amrita Yoga	914448576					

D	Monday, January 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Indu Vissara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vist/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 267	
	Retreat Star		Gulika 1:32PM - 2:46PM Yama 11:04AM - 12:18PM Rahu 8:36AM - 9:50AM	Ashvini Untill 9:02AM Subha Untill 2:50AM Tue Visti Untill 6:49AM Ashtami* Untill 5:49PM	Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai	Sunrise: 7:22AM Sunset: 5:14PM	Moon 1 - Phase 39 - 22	Vishvasu 5:127 Devaloka Day
	Mesha Rasi: 11.32	Tilthi 8 - 9	924448576					Ashtami

D	Tuesday, January 27, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukto Paksho Mangala Vasara Yuktayam Bharani/Kittika Nakshatra Sukla Yoga Kaulava/Talitha Karana Navami/Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 268	
	Retreat Star		Gulika 12:19PM - 1:33PM Yama 9:50AM - 11:04AM Rahu 2:47PM - 4:01PM	Bharani Untill 7:39AM Sukla Untill 11:43PM Talitha Untill 2:26AM Wed Navami* Untill 3:38PM	Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai	Sunrise: 7:22AM Sunset: 5:16PM	Moon 1 - Phase 39 - 23	Vishvasu 5:127 Devaloka Day
	Mesha Rasi: 25.4	Tilthi 9 - 10	924448576					Navami

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

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1 Wednesday, January 28, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Pakshe Budha Vesara Yukhtayam				İstanbul, Turkey
Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Sun 24		Sutra 289		
Wishabha Rasi: 10:01	Tithi 10 – 11	Gulika 11:04AM – 12:19PM	Rohini Until 4:03AM Thu	Ganesh: Yellow	Sunrise: 7:21AM	Vasavasu 5127
		Yama 8:35AM – 9:50AM	Brahma Until 8:25PM	Muruga: White	Sunset: 5:17PM	Moon 1 - Phase: 40 - 24
		Rahu 12:19PM – 1:33PM	Vanija Until 11:51PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:09PM	Moon - Yellow		Sivaloka Day
Until 4:03AM Thu				Magha-Thai		
Then Routine Work - Marana Yoga						

2 Thursday, January 29, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Pakshe Guru Vesara Yukhtayam				İstanbul, Turkey
Mrigashira Nakshatra Indra/Vaidhri* Yoga Vasil/Bava Karana Ekadashi/Dwadashyam Titau		Sun 25		Sutra 290		
Wishabha Rasi: 24.3	Tithi 11 – 12	Gulika 9:49AM – 11:04AM	Mrigashira Until 2:01AM Fri	Ganesh: Red	Sunrise: 7:20AM	Vasavasu 5127
		Yama 7:20AM – 8:35AM	Indra Until 4:59PM	Muruga: White	Sunset: 5:18PM	Moon 1 - Phase: 40 - 25
		Rahu 1:34PM – 2:49PM	Bava Until 9:07PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:29AM	Moon - Yellow		Sivaloka Day
Until 4:03AM Fri				Magha-Thai		
Then Creative Work - Siddha Yoga						

3 Friday, January 30, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Pakshe Sukra Vesara Yukhtayam				İstanbul, Turkey
Ardra Nakshatra Vaidhri/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 291		
Mithuna Rasi: 9:04	Tithi 12 – 13	Gulika 8:34AM – 9:49AM	Ardra Until 11:50PM	Ganesh: Red	Sunrise: 7:19AM	Vasavasu 5127
		Yama 2:49PM – 4:04PM	Vaidhri* Until 1:29PM	Muruga: White	Sunset: 5:19PM	Moon 1 - Phase: 40 - 25
		Rahu 11:04AM – 12:19PM	Kaulava Until 6:21PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:42AM	Moon - Yellow		Sivaloka Day
				Magha-Thai		

Pradosha Vata

4 Saturday, January 31, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Pakshe Manita Vesara Yukhtayam				İstanbul, Turkey
Punarvasu Nakshatra Vishkambha* Pihli Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 292		
Mithuna Rasi: 23.38	Tithi 14	Gulika 7:18AM – 8:33AM	Punarvasu Until 10:04PM	Ganesh: Blue	Sunrise: 7:18AM	Vasavasu 5127
		Yama 1:35PM – 2:50PM	Vishkambha* Until 10:03AM	Muruga: White	Sunset: 5:21PM	Moon 1 - Phase: 40 - 27
		Rahu 9:49AM – 11:04AM	Gara Until 3:40PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:24AM Sun	Moon - Blue		Devaloka Day
				Magha-Thai		

○ Sunday, February 1, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Pakshe Shanu Vesara Yukhtayam				İstanbul, Turkey
Copper Retreat Star		Pushya Nakshatra Pihli/Ayushman Yoga Vasil/Bava Karana Purnimayam Titau		Sun 28		Sutra 293
Kataka Rasi: 8:04	Tithi 15	Gulika 2:50PM – 4:05PM	Pushya Until 8:27PM	Ganesh: Blue	Sunrise: 7:18AM	Vasavasu 5127
		Yama 12:19PM – 1:33PM	Pihli Until 6:48AM	Muruga: White	Sunset: 5:21PM	Moon 1 - Phase: 40 - Purnima
		Rahu 4:05PM – 5:21PM	Visli Until 1:15PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 12:09AM Mon	Moon - Blue		Devaloka Day
		Thai Pusam		Magha-Thai		

Monday, February 2, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kitzhna Pakshe Indu Vesara Yukhtayam				İstanbul, Turkey
Silver Retreat Star		Ashlesha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prahhamayam Titau		Sun 29		Sutra 294
Kataka Rasi: 22.16	Tithi 16	Gulika 1:35PM – 2:51PM	Ashlesha* Until 7:07PM	Ganesh: Blue	Sunrise: 7:17AM	Vasavasu 5127
		Yama 11:04AM – 12:19PM	Saubhagya Until 1:12AM Tue	Muruga: White	Sunset: 5:22PM	Moon 1 - Phase: 40 - Prathama
		Rahu 8:33AM – 9:48AM	Balava Until 11:12AM	Nataraja: Clear		
Family Home Evening	Siddha Yoga		Prathama* Until 10:21PM	Moon - Blue		Devaloka Day
Until 7:07PM				Magha-Thai		
Then Routine Work - Marana Yoga						

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam				Istanbul, Turkey	
		Magha* Nakshatra Sobhana Yoga Taillia/Gara Karana Dvityayam Titau				Sun 1 Sutra 295	
Simha Rasi: 6.1	Tithi 17	Gulika 12:20PM - 1:35PM	Magha* Until 6:37PM	Ganesh: Red	Sunrise: 7:16AM	Vasvasu 5127	
		Yama 9:48AM - 11:04AM	Sobhana Until 11:06PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 41 - 1	
		Rahu 2:51PM - 4:07PM	Taillia Until 9:41AM	Nataraja: Orange		1st Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:09PM	Moon - Red		Sivaloka Day	
				Magha-Thai			

1

Wednesday, February 4, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Butha Vasara Yuktayam				Istanbul, Turkey	
		Purvaphalguni Nakshatra Athiganda* Yoga Vanja/Visil* Karana Trityayam Titau				Sun 2 Sutra 296	
Simha Rasi: 19.41	Tithi 18	Gulika 11:04AM - 12:20PM	Purvaphalguni Until 6:40PM	Ganesh: Red	Sunrise: 7:15AM	Vasvasu 5127	
		Yama 8:31AM - 9:47AM	Athiganda* Until 9:31PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 41 - 2	
		Rahu 12:20PM - 1:36PM	Vanija Until 8:49AM	Nataraja: Orange		1st Phase	
Creative Work	Amrita Yoga		Tritya Until 8:38PM	Moon - Red		Sivaloka Day	
				Magha-Thai			

2

Thursday, February 5, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktayam				Istanbul, Turkey	
		Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Titau				Sun 3 Sutra 297	
Kanya Rasi: 2.49	Tithi 19	Gulika 9:47AM - 11:03AM	Uttaraphalguni Until 7:16PM	Ganesh: Red	Sunrise: 7:14AM	Vasvasu 5127	
		Yama 7:14AM - 8:31AM	Sukarna Until 8:31PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 41 - 3	
		Rahu 1:36PM - 2:53PM	Bava Until 8:41AM	Nataraja: Orange		1st Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 8:52PM	Moon - Red		Sivaloka Day	
Then Routine Work - Marana Yoga		Maha Sankatadhara Chaturthi		Magha-Thai			

3

Friday, February 6, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam				Istanbul, Turkey	
		Kaulava Nakshatra Dhrivi Yoga Kaulava/Taillia Karana Panchamyam Titau				Sun 4 Sutra 298	
Kanya Rasi: 15.34	Tithi 20	Gulika 8:30AM - 9:47AM	Hasla Until 8:54PM	Ganesh: Green	Sunrise: 7:13AM	Vasvasu 5127	
		Yama 2:53PM - 4:10PM	Dhrivi Until 8:07PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 41 - 4	
		Rahu 11:03AM - 12:20PM	Kaulava Until 9:18AM	Nataraja: Orange		1st Phase	
Creative Work	Amrita Yoga		Panchami Until 9:51PM	Moon - Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Thai			

4

Saturday, February 7, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mania Vasara Yuktayam				Istanbul, Turkey	
		Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthyam Titau				Sun 5 Sutra 299	
Kanya Rasi: 28	Tithi 21	Gulika 7:12AM - 8:29AM	Chitra Until 11:00PM	Ganesh: White	Sunrise: 7:12AM	Vasvasu 5127	
		Yama 1:37PM - 2:54PM	Shula* Until 8:10PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 41 - 5	
		Rahu 9:46AM - 11:03AM	Gara Until 10:36AM	Nataraja: Orange		1st Phase	
Creative Work	Marana Yoga		Shashthi* Until 11:28PM	Moon - Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Magha-Thai			

5

Sunday, February 8, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Ehanu Vasara Yuktayam				Istanbul, Turkey	
		Svali Nakshatra Ganda* Yoga Visil* Bava Karana Saplamyam Titau				Sun 6 Sutra 300	
Tula Rasi: 10.11	Tithi 22	Gulika 2:55PM - 4:12PM	Svali Until 1:24AM Mon	Ganesh: White	Sunrise: 7:11AM	Vasvasu 5127	
		Yama 12:20PM - 1:37PM	Ganda* Until 8:38PM	Muruga: White	Sunset: 5:29PM	Moon 2 - Phase 41 - 6	
		Rahu 4:12PM - 5:29PM	Visil Until 12:30PM	Nataraja: Orange		1st Phase	
Creative Work	Siddha Yoga		Saplamy Until 1:35AM Mon	Moon - Green		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai			

Monday, February 9, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktayam				Istanbul, Turkey	
		Vishakha Nakshatra Widdhi Yoga Balava/Kaulava Karana Ashtamyam Titau				Sun 7 Sutra 301	
Tula Rasi: 22.12	Tithi 23	Gulika 1:38PM - 2:55PM	Vishakha Until 4:25AM Tue	Ganesh: Clear	Sunrise: 7:10AM	Vasvasu 5127	
		Yama 11:03AM - 12:20PM	Widdhi Until 9:22PM	Muruga: White	Sunset: 5:31PM	Moon 2 - Phase 41 - 7	
		Rahu 8:27AM - 9:45AM	Balava Until 2:47PM	Nataraja: Orange		Ashtami	
Creative Work	Marana Yoga		Ashtami* Until 3:59AM Tue	Moon - Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha-Thai			

Tuesday, February 10, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam				Istanbul, Turkey	
		Anuradha Nakshatra Dhriva Yoga Taillia/Gara Karana Navamyam Titau				Sun 8 Sutra 302	
Wischika Rasi: 4.07	Tithi 24	Gulika 12:20PM - 1:38PM	Anuradha Until 7:20AM Wed	Ganesh: Clear	Sunrise: 7:09AM	Vasvasu 5127	
		Yama 9:44AM - 11:02AM	Dhriva Until 10:09PM	Muruga: White	Sunset: 5:32PM	Moon 2 - Phase 41 - 8	
		Rahu 2:56PM - 4:14PM	Taillia Until 5:15PM	Nataraja: Orange		Navami	
Creative Work	Siddha Yoga		Navami* Until 6:28AM Wed	Moon - Orange		Sivaloka Day	
				Magha-Thai			

Parameshwara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1	Wednesday, February 11, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakche Budha Vasara Yuktayam Istanbul, Turkey			
	Anuradha/Jyeshtha* Nakshatra Vyaghrala* Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 9 Sutra 303		Gulika 11:02AM - 12:20PM	Anuradha Untill 7:20AM	Ganesha: Clear Sunrise: 7:07AM	Vishvasu 5:127
Wischika Rasi: 15.59	TITHI 24 - 25	Yama 8:26AM - 9:44AM	Vyaghrala* Untill 10:55PM	Muruga: White Sunset: 5:23PM	Moon 2 - Phase 42 - 9	
Creative Work	Siddha Yoga	Rahu 12:20PM - 1:38PM	Vanija Untill 7:42PM	Nataraja: Orange Moon - Orange	2nd Phase	
			Navami* Untill 6:28AM	Magha-Thai	Sivaloka Day	

2	Thursday, February 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakche Guru Vasara Yuktayam Istanbul, Turkey			
	Jyeshtha*/Mula* Nakshatra Harshana Yoga Visli* Bava Karana Dashami/Ekadashtyam Titau Sun 10 Sutra 304		Gulika 9:43AM - 11:02AM	Jyeshtha* Untill 9:58AM	Ganesha: Clear Sunrise: 7:06AM	Vishvasu 5:127
Wischika Rasi: 27.55	TITHI 25 - 26	Yama 7:06AM - 8:25AM	Harshana Untill 11:32PM	Muruga: White Sunset: 5:23PM	Moon 2 - Phase 42 - 10	
Routine Work	Prabalarishtha Yoga	Rahu 1:39PM - 2:57PM	Bava Untill 9:56PM	Nataraja: Orange Moon - Orange	2nd Phase	
Then Routine Work	Siddha Yoga	Dashami Untill 8:50AM		Magha-Thai	Sivaloka Day	

3	Friday, February 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam Istanbul, Turkey			
	Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 11 Sutra 305		Gulika 8:24AM - 9:43AM	Mula* Untill 12:39PM	Ganesha: Purple Sunrise: 7:05AM	Vishvasu 5:127
Dhanus Rasi: 9.58	TITHI 26 - 27	Yama 2:58PM - 4:17PM	Vajra* Untill 11:49PM	Muruga: White Sunset: 5:26PM	Moon 2 - Phase 42 - 11	
Creative Work	Amrita Yoga	Rahu 11:01AM - 12:20PM	Kaulava Untill 11:47PM	Nataraja: Orange Moon - Light Blue	2nd Phase	
Then Routine Work	Siddha Yoga	Ekadashi* Untill 10:54AM		Magha-Masi	Devaloka Day	

4	Saturday, February 14, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Manta Vasara Yuktayam Istanbul, Turkey			
	Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Talita/Gara Karana Dwadashi/Trayodashyam Titau Sun 12 Sutra 306		Gulika 7:04AM - 8:23AM	Purvashadha* Untill 2:43PM	Ganesha: Clear Sunrise: 7:04AM	Vishvasu 5:127
Dhanus Rasi: 22.1	TITHI 27 - 28	Yama 1:39PM - 2:58PM	Siddhi Untill 11:45PM	Muruga: White Sunset: 5:23PM	Moon 2 - Phase 42 - 12	
Creative Work	Siddha Yoga	Rahu 9:42AM - 11:01AM	Gara Untill 1:08AM Sun	Nataraja: Orange Moon - Light Blue	2nd Phase	
Then Routine Work	Marana Yoga	Dwadashi* Untill 12:30PM		Magha-Masi	Sivaloka Day	
<i>Pradosha Vata (Fasting)</i>						

5	Sunday, February 15, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Shnu Vasara Yuktayam Istanbul, Turkey			
	Uttarashadha*/Shravana Nakshatra Vyajipala* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 13 Sutra 307		Gulika 2:59PM - 4:19PM	Uttarashadha Untill 4:08PM	Ganesha: Clear Sunrise: 7:02AM	Vishvasu 5:127
Makara Rasi: 4.35	TITHI 28 - 29	Yama 12:20PM - 1:40PM	Vyajipala* Untill 11:16PM	Muruga: White Sunset: 5:28PM	Moon 2 - Phase 42 - 13	
Creative Work	Amrita Yoga	Rahu 4:19PM - 5:38PM	Visli Untill 1:56AM Mon	Nataraja: Orange Moon - Light Blue	2nd Phase	
Then Routine Work	Siddha Yoga	Trayodashi* Untill 1:35PM		Magha-Masi	Sivaloka Day	

Monday, February 16, 2026	Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam Istanbul, Turkey			
	Shravana*/Dhanishtha Nakshatra Varjyan Yoga Sakun*/Catuspadi* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 308		Gulika 1:40PM - 3:00PM	Shravana Untill 5:18PM	Ganesha: Orange Sunrise: 7:01AM	Vishvasu 5:127
Makara Rasi: 17.16	TITHI 29 - 30	Yama 11:00AM - 12:20PM	Varjyan Untill 10:19PM	Muruga: White Sunset: 5:29PM	Moon 2 - Phase 42 - 14	
Family Home Evening	Amrita Yoga	Rahu 8:21AM - 9:41AM	Catuspadi Untill 2:09AM Tue	Nataraja: Orange Moon - Purple	Amavasya	
Then Routine Work	Siddha Yoga	Chaturdashi* Untill 2:06PM		Magha-Masi	Sivaloka Day	

Tuesday, February 17, 2026	Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakche Mangala Vasara Yuktayam Istanbul, Turkey			
	Dhanishtha*/Shatshobhak Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 15 Sutra 309		Gulika 12:20PM - 1:40PM	Dhanishtha Untill 5:46PM	Ganesha: Orange Sunrise: 7:00AM	Vishvasu 5:127
Kumbha Rasi: 0.13	TITHI 30 - 1	Yama 9:40AM - 11:00AM	Parigha* Untill 8:58PM	Muruga: White Sunset: 5:40PM	Moon 2 - Phase 42 - 15	
Creative Work	Siddha Yoga	Rahu 3:00PM - 4:20PM	Kintughna Untill 1:50AM Wed	Nataraja: Orange Moon - Purple	Prathama	
Then Routine Work	Marana Yoga	Amavasya* Untill 2:02PM		Phalgun-Masi	Sivaloka Day	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Wednesday, February 18, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Bаdha Vаsаrа Yuktayаm Shatabhishak/Puravroshthapada/ Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityam Titau			Istanbul, Turkey
	Kumbha Rasi: 13.25	Tithi 1 – 2	Gulika 11:00AM – 12:20PM Yama 8:19AM – 9:39AM 997548577 Rahu 12:20PM – 1:40PM	Shatabhishak Untill 5:36PM Shiva Untill 7:14PM Balava Untill 1:02AM Thu Prathamam* Untill 1:28PM	Ganesh: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgunam-Masi	Sun 16 Sutra 310 Vasarasu 5127 Moon 2 - Phase 43-16 3rd Phase
	Creative Work	Siddha Yoga				Sivaloka Day
	Untill 5:36PM					
	Then Creative Work - Amrita Yoga					

2	Thursday, February 19, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Gаrа Vаsаrа Yuktayаm Puravproshthapada/Uttaravroshthapada Nakshatra Siddha Yoga Kaulava/Taila Karana Tritiya/Chaturtham Titau			Istanbul, Turkey
	Kumbha Rasi: 26.53	Tithi 2 – 3	Gulika 9:39AM – 10:59AM Yama 6:57AM – 8:18AM 917548577 Rahu 1:41PM – 3:01PM	Puravproshthapada* Untill 5:19PM Siddha Untill 5:09PM Taila Untill 11:50PM Dvitiya Untill 12:28PM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sun 17 Sutra 311 Vasarasu 5127 Moon 2 - Phase 43-17 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day

3	Friday, February 20, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Sаrа Vаsаrа Yuktayаm Puravproshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Istanbul, Turkey
	Meena Rasi: 10.35	Tithi 3 – 4	Gulika 8:17AM – 9:38AM Yama 3:02PM – 4:23PM 917548577 Rahu 10:59AM – 12:20PM	Uttaravroshthapada Untill 4:33PM Sadya Untill 2:49PM Vanija Untill 10:20PM Tritiya Untill 11:06AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sun 18 Sutra 312 Vasarasu 5127 Moon 2 - Phase 43-18 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day

4	Saturday, February 21, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Mаrіtа Vаsаrа Yuktayаm Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Chaturthi/Panchamam Titau			Istanbul, Turkey
	Meena Rasi: 24.26	Tithi 4 – 5	Gulika 6:54AM – 8:16AM Yama 1:41PM – 3:03PM 918548577 Rahu 9:37AM – 10:58AM	Revati Untill 3:24PM Subha Untill 12:17PM Bava Untill 8:35PM Chaturthi* Untill 9:27AM	Ganesh: Red Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sun 19 Sutra 313 Vasarasu 5127 Moon 2 - Phase 43-19 3rd Phase
	Routine Work	Prabalarishtha Yoga				Sivaloka Day
	Untill 3:24PM					
	Then Creative Work - Siddha Yoga	Subramuniyaswami Siva Vision Day				

5	Sunday, February 22, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Bhаnu Vаsаrа Yuktayаm Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtham Titau			Istanbul, Turkey
	Mesha Rasi: 8.26	Tithi 5 – 6	Gulika 3:03PM – 4:25PM Yama 12:20PM – 1:41PM 928548577 Rahu 4:25PM – 5:46PM	Ashvini Untill 2:21PM Sukla Untill 9:34AM Kaulava Untill 6:39PM Panchami Untill 7:37AM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sun 20 Sutra 314 Vasarasu 5127 Moon 2 - Phase 43-20 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day
	Untill 2:21PM					
	Then Routine Work - Prabalarishtha Yoga					

6	Monday, February 23, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Іndu Vаsаrа Yuktayаm Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Sapthamam Titau			Istanbul, Turkey
	Mesha Rasi: 22.31	Tithi 7	Gulika 1:42PM – 3:04PM Yama 10:58AM – 12:20PM 928548577 Rahu 8:14AM – 9:36AM	Bharani Untill 1:01PM Brahma Untill 6:45AM Gara Untill 4:37PM Sapthami Untill 3:33AM Tue	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sun 21 Sutra 315 Vasarasu 5127 Moon 2 - Phase 43-21 3rd Phase
	Family Home Evening	Siddha Yoga				Devaloka Day
	Untill 1:01PM					
	Then Routine Work - Marana Yoga					

D	Tuesday, February 24, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Mаngalа Vаsаrа Yuktayаm Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti/Bava Karana Ashtamam Titau			Istanbul, Turkey
	Wishabha Rasi: 6.4	Tithi 8	Gulika 12:19PM – 1:42PM Yama 9:35AM – 10:57AM 928548577 Rahu 3:04PM – 4:26PM	Krittika Untill 11:29AM Vaidhriti* Untill 12:57AM Wed Visti Untill 2:31PM Ashtami* Untill 1:25AM Wed	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sun 22 Sutra 316 Vasarasu 5127 Moon 2 - Phase 43-22 Ashtami
	Creative Work	Siddha Yoga				Devaloka Day
	Untill 11:29AM					
	Then Creative Work - Amrita Yoga					

W	Wednesday, February 25, 2026		Vishvasu Nama Samvatsare Uтарыаге Mоkша Rіtаu Kumbhа Mеsе Suklа Pаkshе Bаdha Vаsаrа Yuktayаm Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamam Titau			Istanbul, Turkey
	Wishabha Rasi: 20.5	Tithi 9	Gulika 10:57AM – 12:19PM Yama 8:11AM – 9:34AM 938648577 Rahu 12:19PM – 1:42PM	Rohini Untill 10:12AM Vishkambha* Untill 10:02PM Balava Untill 12:22PM Navam* Untill 11:17PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – Yellow Phalgunam-Masi	Sun 23 Sutra 317 Vasarasu 5127 Moon 2 - Phase 43-23 Navami
	Creative Work	Siddha Yoga				Subha Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Guru Vasara Yukṭayam				İstanbul, Turkey
Mithuna Rasi: 5.01 Tithi 10		Gulika 9:33AM - 10:56AM	Mrigashira Until 8:46AM	Ganesh: Blue Sunrise: 6:47AM	Sun 24	Sutra 318
Routine Work Marana Yoga		Yama 6:47AM - 8:10AM	Phili Until 7:08PM	Muruga: White Sunset: 5:59PM	Moon 2 - Phase 44 - 27	Sutra 319
		938648577 Rahu 1:42PM - 3:05PM	Taitila Until 10:15AM	Nataraja: Orange	Moon 2 - Phase 44 - 25	4th Phase
			Dashami Until 9:11PM	Moon - Yellow Phalgun-Masi	Subha Sivaloka Day	

2 Friday, February 27, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Sutra Viscara Yukṭayam				İstanbul, Turkey
Mithuna Rasi: 19.1 Tithi 11		Gulika 8:09AM - 9:32AM	Ardra Until 7:16AM	Ganesh: Yellow Sunrise: 6:46AM	Sun 25	Sutra 319
Creative Work Siddha Yoga		Yama 3:06PM - 4:29PM	Ayushman Until 4:17PM	Muruga: White Sunset: 5:52PM	Moon 2 - Phase 44 - 25	4th Phase
		939648577 Rahu 10:56AM - 12:19PM	Vanija Until 8:10AM	Nataraja: Orange	Moon - Yellow	
			Ekadashi Until 7:10PM	Phalgun-Masi	Sivaloka Day	

3 Saturday, February 28, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Mania Viscara Yukṭayam				İstanbul, Turkey
Kalka Rasi: 3.14 Tithi 12 - 13		Gulika 6:44AM - 8:08AM	Punarvasu Until 6:09AM	Ganesh: White Sunrise: 6:44AM	Sun 26	Sutra 320
Creative Work Siddha Yoga		Yama 1:43PM - 3:06PM	Saubhagya Until 1:35PM	Muruga: White Sunset: 5:54PM	Moon 2 - Phase 44 - 26	4th Phase
		949648577 Rahu 9:32AM - 10:55AM	Bava Until 6:14AM	Nataraja: Orange	Moon - Blue	
			Dvadashi Until 5:19PM	Phalgun-Masi	Devaloka Day	
<i>Pradosha Vata</i>						

4 Sunday, March 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Bharu Viscara Yukṭayam				İstanbul, Turkey
Kalka Rasi: 17.1 Tithi 13 - 14		Gulika 3:07PM - 4:31PM	Ashlesha* Until 4:13AM Mon	Ganesh: White Sunrise: 6:41AM	Sun 27	Sutra 321
Creative Work Siddha Yoga		Yama 12:18PM - 1:43PM	Sobhana Until 11:04AM	Muruga: White Sunset: 5:56PM	Moon 2 - Phase 44 - 27	4th Phase
Until 4:13AM Mon		949648577 Rahu 4:31PM - 5:56PM	Gara Until 3:03AM Mon	Nataraja: Orange	Moon - Blue	
Then Routine Work - Marana Yoga			Trayodashi Until 3:42PM	Phalgun-Masi	Devaloka Day	

Monday, March 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Indu Vasara Yukṭayam				İstanbul, Turkey
Copper Retreat Star		Gulika 1:43PM - 3:08PM	Magha* Until 4:00AM Tue	Ganesh: Clear Sunrise: 6:40AM	Sun 28	Sutra 322
Simha Rasi: 0.55 Tithi 14 - 15		Yama 10:54AM - 12:18PM	Alhiganda* Until 8:48AM	Muruga: White Sunset: 5:59PM	Moon 2 - Phase 44 - 27	Purnima
Family Home Evening		959648577 Rahu 8:04AM - 9:29AM	Visiti Until 1:59AM Tue	Nataraja: Orange	Moon - Red	
Routine Work Marana Yoga			Chalurdashi* Until 2:27PM	Phalgun-Masi	Sivaloka Day	
Until 4:00AM Tue		Chidambaram Abhishekam				
Then Creative Work - Siddha Yoga		Holi				

Tuesday, March 3, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Кришна Пакше Mangala Viscara Yukṭayam				İstanbul, Turkey
Silver Retreat Star		Gulika 12:18PM - 1:43PM	Purvaphalguni Until 4:06AM Wed	Ganesh: Clear Sunrise: 6:38AM	Sun 29	Sutra 323
Simha Rasi: 14.26 Tithi 15 - 16		Yama 9:28AM - 10:53AM	Sukarna Until 6:52AM	Muruga: White Sunset: 5:58PM	Moon 2 - Phase 44 - 27	Prathama
Creative Work Siddha Yoga		959648577 Rahu 3:08PM - 4:33PM	Balava Until 1:25AM Wed	Nataraja: Orange	Moon - Red	
Until 4:06AM Wed			Purnima* Until 1:37PM	Phalgun-Masi	Sivaloka Day	
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Wednesday, March 4, 2026****Gold Retreat Star**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
 Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau

Istanbul, Turkey
 Sutra 324

Simha Rasi: 27.41	Tithi 16 - 17	Gulika 10:53AM - 12:18PM	Uttaraphalguni Until 4:36AM Thu Shula* Until 4:12AM Thu Tailita Until 1:23AM Thu Prathama* Until 1:18PM	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Red Phalguno-Masi	Sunrise: 6:27AM Sunset: 5:59PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 1st Phase
Creative Work	Amrita Yoga	959648577	Rahu	12:18PM - 1:43PM		Sivaloka Day
Until 4:36AM Thu						
Then Routine Work	Marana Yoga					

**Thursday, March 5, 2026**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
 Hasta Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Istanbul, Turkey
 Sutra 325

Kanya Rasi: 10.39	Tithi 17 - 18	Gulika 9:26AM - 10:52AM	Hasla Until 5:59AM Fri Ganda* Until 3:33AM Fri Vanija Until 1:56AM Fri Dvitiya Until 1:34PM	Ganesh: White Muruga: White Nataraja: Orange Moon - Green Phalguno-Masi	Sunrise: 6:25AM Sunset: 6:02PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 1st Phase
Creative Work	Marana Yoga	169648577	Rahu	1:43PM - 3:09PM		Devaloka Day
Until 5:59AM Fri						
Then Creative Work	Siddha Yoga					

**Friday, March 6, 2026**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam
 Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturthayam Titau

Istanbul, Turkey
 Sutra 326

Kanya Rasi: 23.2	Tithi 18 - 19	Gulika 7:59AM - 9:25AM	Chitra Until 7:46AM Sat Viddhi Until 3:22AM Sat Bava Until 3:05AM Sat Tritiya Until 2:25PM	Ganesh: White Muruga: White Nataraja: Orange Moon - Green Phalguno-Masi	Sunrise: 6:23AM Sunset: 6:02PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 2 1st Phase
Creative Work	Siddha Yoga	169648577	Rahu	10:51AM - 12:17PM		Devaloka Day
Until 5:59AM Fri						
Then Creative Work	Siddha Yoga					

**Saturday, March 7, 2026**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam
 Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey
 Sutra 327

Tula Rasi: 5.45	Tithi 19 - 20	Gulika 6:32AM - 7:58AM	Chitra Until 7:46AM Dhruva Until 3:33AM Sun Kaulava Until 4:45AM Sun Chaturthi* Until 3:50PM	Ganesh: Purple Muruga: Clear Nataraja: Orange Moon - Green Phalguno-Masi	Sunrise: 6:20AM Sunset: 6:03PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 3 1st Phase
Creative Work	Marana Yoga	161658577	Rahu	9:24AM - 10:51AM		Bhuloka Day
Until 7:46AM						Devaloka Time: 3PM to 6PM
Then Creative Work	Siddha Yoga					

**Sunday, March 8, 2026**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam
 Svati/Vishakha Nakshatra Vyaghal* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Istanbul, Turkey
 Sutra 328

Tula Rasi: 17.57	Tithi 20 - 21	Gulika 3:10PM - 4:37PM	Svati Until 9:52AM Vyaghal* Until 4:04AM Mon Gara Until 6:50AM Mon Panchami Until 5:44PM	Ganesh: Purple Muruga: Clear Nataraja: Orange Moon - Green Phalguno-Masi	Sunrise: 6:30AM Sunset: 6:04PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 4 1st Phase
Creative Work	Siddha Yoga	161658577	Rahu	4:37PM - 6:04PM		Bhuloka Day
Until 9:52AM						Devaloka Time: 3PM to 6PM
Then Routine Work	Marana Yoga					

**Monday, March 9, 2026**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

Istanbul, Turkey
 Sutra 329

Tula Rasi: 29.59	Tithi 21	Gulika 1:44PM - 3:11PM	Vishakha Until 12:41PM Harshana Until 4:49AM Tue Gara Until 6:50AM Shashthi* Until 7:58PM	Ganesh: Clear Muruga: Clear Nataraja: Orange Moon - Orange Phalguno-Masi	Sunrise: 6:29AM Sunset: 6:05PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 5 1st Phase
Creative Work	Siddha Yoga	171658577	Rahu	7:56AM - 9:23AM		Devaloka Day
Until 12:41PM						
Then Creative Work	Siddha Yoga					

**Tuesday, March 10, 2026**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Mangala Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Vajra* Yoga Visi* Bava Karana Saptamyam Titau

Istanbul, Turkey
 Sutra 330

Wischika Rasi: 11.56	Tithi 22	Gulika 12:16PM - 1:44PM	Anuradha Until 3:32PM Vajra* Until 5:37AM Wed Visi Until 9:11AM Saptami Until 10:23PM	Ganesh: Clear Muruga: Clear Nataraja: Orange Moon - Orange Phalguno-Masi	Sunrise: 6:27AM Sunset: 6:06PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 6 1st Phase
Creative Work	Siddha Yoga	171658577	Rahu	3:11PM - 4:39PM		Devaloka Day
Until 3:32PM						
Then Routine Work	Marana Yoga					

**Wednesday, March 11, 2026****Retreat Star**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
 Jyeshtha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey
 Sutra 331

Wischika Rasi: 23.49	Tithi 23	Gulika 10:48AM - 12:16PM	Jyeshtha* Until 6:15PM Siddhi Until 6:22AM Thu Balava Until 11:37AM Ashtami* Until 12:46AM Thu	Ganesh: Clear Muruga: White Nataraja: Light Blue Moon - Orange Phalguno-Masi	Sunrise: 6:25AM Sunset: 6:07PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 7 Ashtami
Creative Work	Siddha Yoga	171658677	Rahu	12:16PM - 1:44PM		Bhuloka Day
Until 6:15PM						Devaloka Time: 6AM to 9AM
Then Routine Work	Marana Yoga					

Thursday, March 12, 2026**Retreat Star**

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
 Mula* Nakshatra Siddhi/Vyalyapala* Yoga Tailita/Gara Karana Navamyam Titau

Istanbul, Turkey
 Sutra 332

Dhanu Rasi: 5.45	Tithi 24	Gulika 9:20AM - 10:48AM	Mula* Until 9:08PM Siddhi Until 6:22AM Tailita Until 1:55PM Navami* Until 2:56AM Fri	Ganesh: White Muruga: White Nataraja: Light Blue Moon - Light Blue Phalguno-Masi	Sunrise: 6:24AM Sunset: 6:08PM	Vasavasut 5:17Z Moon 3 - Phase 45 - 8 Navami
Creative Work	Siddha Yoga	181658677	Rahu	1:44PM - 3:12PM		Bhuloka Day
Until 6:15PM						
Then Routine Work	Marana Yoga					

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktyam Istanbul, Turkey Purnvashada* Nakshatra Vysipata*Varayan Yoga Vanja/Visi* Karana Dashamyam Tilau Sun 9 Sutra 333			
Dhanus Rasi: 17.47	Tithi 25	Gulika 7:50AM - 9:19AM	Purvashada* Until 11:29PM	Ganesh: White Sunrise: 6:20AM	Vasavasu 5:17
		Yama 3:13PM - 4:41PM	Vyjalpata* Until 6:56AM	Muruga: White Sunset: 6:09PM	Sutra 334
		181658677 Rahu 10:47AM - 12:16PM	Vanija Until 3:53PM	Nataraja: Light Blue	Moon 3 - Phase 46 - 12
Routine Work Prabalaritha Yoga			Dashami Until 4:39AM Sat	Moon - Light Blue	2nd Phase
Until 11:29PM				Phalguna-Masi	Bhuloka Day
Then Routine Work - Marana Yoga					
2 Saturday, March 14, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mantia Vasara Yuktyam Istanbul, Turkey Uttarashada Nakshatra Varayan Parigaha* Yoga Bava/Balava Karana Ekadashyam Tilau Sun 10 Sutra 334			
Dhanus Rasi: 29.59	Tithi 26	Gulika 6:20AM - 7:49AM	Uttarashada Until 1:08AM Sun	Ganesh: White Sunrise: 6:20AM	Vasavasu 5:17
		Yama 1:44PM - 3:13PM	Varayan Until 7:08AM	Muruga: White Sunset: 6:10PM	Moon 3 - Phase 46 - 10
		181658677 Rahu 9:18AM - 10:47AM	Bava Until 5:19PM	Nataraja: Light Blue	2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 5:47AM Sun	Moon - Light Blue	Bhuloka Day
Until 1:08AM Sun		Karadayani Nombu (Tamil Nadu)		Phalguna-Panguni	
Then Creative Work - Amrita Yoga					
3 Sunday, March 15, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktyam Istanbul, Turkey Shravana Nakshatra Parigaha*Shiva Yoga Kaulava Karana Dvadashyam Tilau Sun 11 Sutra 335			
Makara Rasi: 12.28	Tithi 27	Gulika 3:13PM - 4:42PM	Shravana Until 2:27AM Mon	Ganesh: Yellow Sunrise: 6:19AM	Vasavasu 5:17
		Yama 12:15PM - 1:44PM	Parigaha* Until 6:53AM	Muruga: White Sunset: 6:12PM	Moon 3 - Phase 46 - 11
		191658678 Rahu 4:42PM - 6:12PM	Kaulava Until 6:07PM	Nataraja: Purple	2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 6:14AM Mon	Moon - Purple	Bhuloka Day
Until 2:27AM Mon				Phalguna-Panguni	Devaloka Time: 6AM to 9AM
Then Creative Work - Siddha Yoga					
4 Monday, March 16, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktyam Istanbul, Turkey Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau Sun 12 Sutra 336			
Makara Rasi: 25.14	Tithi 27 - 28	Gulika 1:44PM - 3:13PM	Dhanishtha Until 2:54AM Tue	Ganesh: Yellow Sunrise: 6:17AM	Vasavasu 5:17
Family Home Evening		Yama 10:45AM - 12:15PM	Shiva Until 6:07AM	Muruga: White Sunset: 6:13PM	Moon 3 - Phase 46 - 12
Creative Work Siddha Yoga		191658678 Rahu 7:47AM - 9:16AM	Gara Until 6:12PM	Nataraja: Purple	2nd Phase
Until 2:54AM Tue			Dvadashi* Until 6:14AM	Moon - Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalguna-Panguni	Devaloka Time: 6AM to 9AM
			<i>Pradosha Vata (Fasting)</i>		
5 Tuesday, March 17, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktyam Istanbul, Turkey Shalabhishak Nakshatra Sadhya Yoga Visti/Sakuni* Karana Chaturdashyam Tilau Sun 13 Sutra 337			
Kumbha Rasi: 8.23	Tithi 29	Gulika 12:15PM - 1:44PM	Shalabhishak Until 2:31AM Wed	Ganesh: Yellow Sunrise: 6:15AM	Vasavasu 5:17
		Yama 9:15AM - 10:45AM	Sadya Until 2:52AM Wed	Muruga: White Sunset: 6:14PM	Moon 3 - Phase 46 - 13
		191658678 Rahu 3:14PM - 4:44PM	Visti Until 5:33PM	Nataraja: Purple	2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 4:58AM Wed	Moon - Purple	Bhuloka Day
Until 2:31AM Wed				Phalguna-Panguni	Devaloka Time: 6AM to 9AM
Then Creative Work - Amrita Yoga					
Wednesday, March 18, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Badha Vasara Yuktyam Istanbul, Turkey Purnvashada* Nakshatra Subha Yoga Catuspada*Alaga* Karana Amavasyayam Tilau Sun 14 Sutra 338			
Retreat Star		Gulika 10:44AM - 12:14PM	Purnvashada* Until 1:51AM Thu	Ganesh: Red Sunrise: 6:14AM	Vasavasu 5:17
Kumbha Rasi: 21.53	Tithi 30	Yama 7:44AM - 9:14AM	Subha Until 12:31AM Thu	Muruga: White Sunset: 6:15PM	Moon 3 - Phase 46 - 14
		112658678 Rahu 12:14PM - 1:44PM	Catuspada Until 4:17PM	Nataraja: Purple	Amavasya
Creative Work Amrita Yoga			Amavasya* Until 3:24AM Thu	Moon - Clear	Bhuloka Day
Until 1:51AM Thu				Phalguna-Panguni	Devaloka Time: 9AM to 12PM
Then Creative Work - Siddha Yoga					
Thursday, March 19, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktyam Istanbul, Turkey Uttaraproshtapada* Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Tilau Sun 15 Sutra 339			
Retreat Star		Gulika 9:13AM - 10:44AM	Uttaraproshtapada Until 12:33AM Fri	Ganesh: Red Sunrise: 6:12AM	Vasavasu 5:17
Meena Rasi: 5.44	Tithi 1	Yama 6:12AM - 7:43AM	Sukla Until 9:44PM	Muruga: White Sunset: 6:16PM	Moon 3 - Phase 46 - 15
		112658678 Rahu 1:44PM - 3:15PM	Kintughna Until 2:27PM	Nataraja: Purple	Prathama
Creative Work Siddha Yoga			Prathama* Until 1:22AM Fri	Moon - Clear	Bhuloka Day
		Yugadi		Chaitra-Panguni	Devaloka Time: 9AM to 12PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 16 Sutra 340		
Mesha Rasi: 19.53	Tilhi 2	Gulika 7:41AM - 9:12AM	Revati Until 10:46PM	Ganesh: Red Sunrise: 6:10AM Vivasasu 5:17
		Yama 3:15PM - 4:46PM	Brahma Until 6:41PM	Muruga: White Sunset: 6:17PM Moon 3 - Phase 47 - 16
Creative Work Siddha Yoga	112658678	Rahu 10:43AM - 12:14PM	Balava Until 12:14PM	Nataraja: Purple 3rd Phase
Until 10:46PM			Dvitiya Until 10:59PM	Moon - Clear
Then Creative Work - Amrita Yoga				Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 9AM to 12PM

2 Saturday, March 21, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mani Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Ashvini Nakshatra Andra/Vaidhiti Yoga Talila/Gara Karana Trityayam Tilau Sun 17 Sutra 341		
Mesha Rasi: 4.14	Tilhi 3	Gulika 6:09AM - 7:40AM	Ashvini Until 9:04PM	Ganesh: Yellow Sunrise: 6:09AM Vivasasu 5:17
		Yama 1:45PM - 3:16PM	Indra Until 3:27PM	Muruga: White Sunset: 6:16PM Moon 3 - Phase 47 - 17
Creative Work Siddha Yoga	122658678	Rahu 9:11AM - 10:42AM	Talila Until 9:44AM	Nataraja: Purple 3rd Phase
			Tritiya Until 8:24PM	Moon - White
		Chellappaswami Mahasamadi		Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 9AM to 12PM

3 Sunday, March 22, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Bharani Nakshatra Vaidhiti/Vishkambha Yoga Vanija/Bava Karana Chalurthi/Panchamyam Tilau Sun 18 Sutra 342		
Mesha Rasi: 18.43	Tilhi 4 - 5	Gulika 3:16PM - 4:48PM	Bharani Until 7:09PM	Ganesh: Blue Sunrise: 6:07AM Vivasasu 5:17
		Yama 12:13PM - 1:45PM	Vaidhiti Until 12:07PM	Muruga: White Sunset: 6:16PM Moon 3 - Phase 47 - 18
Routine Work Prabalarishta Yoga	122758678	Rahu 4:48PM - 6:19PM	Vanija Until 7:06AM	Nataraja: Purple 3rd Phase
Until 7:09PM			Chalurthi Until 5:45PM	Moon - White
Then Creative Work - Siddha Yoga				Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 9AM to 12PM

4 Monday, March 23, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Krittika/Rohini Nakshatra Vishkambha/Prithi Yoga Balava/Kaulava Karana Panchami/Shasthyam Tilau Sun 19 Sutra 343		
Wishabha Rasi: 3.11	Tilhi 5 - 6	Gulika 1:45PM - 3:16PM	Krittika Until 5:09PM	Ganesh: Blue Sunrise: 6:05AM Vivasasu 5:17
Family Home Evening		Yama 10:41AM - 12:13PM	Vishkambha Until 8:49AM	Muruga: White Sunset: 6:20PM Moon 3 - Phase 47 - 19
Routine Work Marana Yoga	122758678	Rahu 7:37AM - 9:09AM	Kaulava Until 1:53AM Tue	Nataraja: Purple 3rd Phase
Until 5:09PM			Panchami Until 3:08PM	Moon - White
Then Creative Work - Amrita Yoga				Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 9AM to 12PM

5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Rohini Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptamyam Tilau Sun 20 Sutra 344		
Wishabha Rasi: 17.36	Tilhi 6 - 7	Gulika 12:12PM - 1:45PM	Rohini Until 3:35PM	Ganesh: Yellow Sunrise: 6:04AM Vivasasu 5:17
		Yama 9:08AM - 10:40AM	Ayushman Until 2:32AM Wed	Muruga: White Sunset: 6:21PM Moon 3 - Phase 47 - 20
Creative Work Amrita Yoga	132758678	Rahu 3:17PM - 4:49PM	Gara Until 11:31PM	Nataraja: Purple 3rd Phase
Until 3:35PM			Shashthi Until 12:39PM	Moon - Yellow
Then Creative Work - Siddha Yoga				Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 6AM to 9AM

Wednesday, March 25, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Migashira/Andra Nakshatra Saubhagya Yoga Vanija/Vishti Karana Saptami/Ashtamyam Tilau Sun 21 Sutra 345		
Mithuna Rasi: 1.53	Tilhi 7 - 8	Gulika 10:40AM - 12:12PM	Migashira Until 2:05PM	Ganesh: Yellow Sunrise: 6:03AM Vivasasu 5:17
		Yama 7:35AM - 9:07AM	Saubhagya Until 11:41PM	Muruga: White Sunset: 6:22PM Moon 3 - Phase 47 - 21
Creative Work Siddha Yoga	132758678	Rahu 12:12PM - 1:45PM	Visi Until 9:23PM	Nataraja: Purple Ashtami
			Saptami Until 10:23AM	Moon - Yellow
				Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 6AM to 9AM

Thursday, March 26, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Istanbul, Turkey		
Retreat Star		Andra/Punarvasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamyam Tilau Sun 22 Sutra 346		
Mithuna Rasi: 15.59	Tilhi 8 - 9	Gulika 9:06AM - 10:39AM	Andra Until 12:44PM	Ganesh: Yellow Sunrise: 6:00AM Vivasasu 5:17
		Yama 6:00AM - 7:33AM	Sobhana Until 9:05PM	Muruga: White Sunset: 6:23PM Moon 3 - Phase 47 - 22
Routine Work Marana Yoga	132758678	Rahu 1:45PM - 3:18PM	Balava Until 7:32PM	Nataraja: Purple Navami
Until 12:44PM				Moon - Yellow
Then Creative Work - Amrita Yoga		Sri Rama Navami	Ashtami Until 8:24AM	Chaitra-Panguni
				Bhuloka Day
				Devaloka Time: 6AM to 9AM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Istanbul, Turkey Panarvasu/Pushya Nakshatra Añhiganda* Yoga Kaulava/Taitila Karana Navami/Dishamyam Titau Sun 23 Sutra 347			
Mithuna Rasi: 29.53	Tithi 9 - 10	Gulika 7:32AM - 9:05AM Yama 3:18PM - 4:51PM Rahu 10:38AM - 12:12PM	Punarvasu Until 11:58AM Añhiganda* Until 6:43PM Taitila Until 6:01PM Navami* Until 6:43AM	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni	Sunrise: 5:59AM Sunset: 6:29PM Moon 3 - Phase 4B - 27 4th Phase
Creative Work	Siddha Yoga	Bhuloka Day			
Until 11:58AM					
Then Routine Work - Marana Yoga					
2 Saturday, March 28, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mantu Vasara Yuktayam Istanbul, Turkey Pushya/Ashlesha* Nakshatra Sukarman/Dhriti* Yoga Vanja/Visi* Karana Ekadashyam Titau Sun 24 Sutra 348			
Kalkata Rasi: 14	Tithi 11	Gulika 5:57AM - 7:31AM Yama 1:45PM - 3:18PM Rahu 9:04AM - 10:38AM	Pushya Until 11:24AM Sukarman Until 4:38PM Vanija Until 4:50PM	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni	Sunrise: 5:57AM Sunset: 6:29PM Moon 3 - Phase 4B - 24 4th Phase
Creative Work	Siddha Yoga	Bhuloka Day			
Until 11:24AM					
Then Routine Work - Marana Yoga					
3 Sunday, March 29, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Istanbul, Turkey Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 349			
Kalkata Rasi: 27.06	Tithi 12	Gulika 3:19PM - 4:53PM Yama 12:11PM - 1:45PM Rahu 4:53PM - 6:27PM	Ashlesha* Until 11:01AM Dhriti Until 2:51PM Bava Until 4:01PM Dvadashi Until 3:43AM Mon	Ganesha: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni	Sunrise: 5:55AM Sunset: 6:29PM Moon 3 - Phase 4B - 25 4th Phase
Creative Work	Siddha Yoga	Bhuloka Day			
Until 11:01AM					
Then Routine Work - Marana Yoga					
4 Monday, March 30, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Istanbul, Turkey Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 350			
Simha Rasi: 10.24	Tithi 13	Gulika 1:45PM - 3:19PM Yama 10:36AM - 12:11PM Rahu 7:28AM - 9:02AM	Magha* Until 11:19AM Shula* Until 1:21PM Kaulava Until 3:34PM Trayodashi Until 3:28AM Tue	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni	Sunrise: 5:54AM Sunset: 6:28PM Moon 3 - Phase 4B - 26 4th Phase
Family Home Evening	Marana Yoga	Bhuloka Day			
Until 11:19AM		Devaloka Time: 6AM to 9-AM			
Then Creative Work - Marana Yoga					
5 Tuesday, March 31, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Istanbul, Turkey Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 351			
Simha Rasi: 23.29	Tithi 14	Gulika 12:10PM - 1:45PM Yama 9:01AM - 10:36AM Rahu 3:20PM - 4:54PM	Purvaphalguni Until 11:51AM Ganda* Until 12:10PM Gara Until 3:31PM Chaturdashi* Until 3:38AM Wed	Ganesha: Purple Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni	Sunrise: 5:52AM Sunset: 6:29PM Moon 3 - Phase 4B - 27 4th Phase
Creative Work	Siddha Yoga	Devaloka Day			
Until 11:51AM					
Then Creative Work - Amrita Yoga					
Wednesday, April 1, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Istanbul, Turkey Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Visi*/Bava Karana Punimayam Titau Sun 28 Sutra 352			
Copper Retreat Star		Gulika 10:36AM - 12:10PM Yama 7:27AM - 9:01AM Rahu 12:10PM - 1:45PM	Uttaraphalguni Until 12:38PM Vidhi Until 11:20AM Visi Until 3:54PM Purnima* Until 4:13AM Thu	Ganesha: Purple Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni	Sunrise: 5:52AM Sunset: 6:29PM Moon 3 - Phase 4B - Punima
Creative Work	Amrita Yoga	Devaloka Day			
Until 12:38PM					
Then Routine Work - Marana Yoga					
Thursday, April 2, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yuktayam Istanbul, Turkey Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 353			
Silver Retreat Star		Gulika 9:00AM - 10:35AM Yama 5:50AM - 7:25AM Rahu 1:45PM - 3:20PM	Hasta Until 2:09PM Dhruva Until 10:48AM Balava Until 4:42PM Prathama* Until 5:15AM Fri	Ganesha: Clear Muruga: White Nataraja: Purple Moon - Green Chalra-Panguni	Sunrise: 5:50AM Sunset: 6:30PM Moon 3 - Phase 4B - Prathama
Kanya Rasi: 19.04	Tithi 16	Bhuloka Day			
Routine Work	Marana Yoga	Devaloka Time: 9AM to 12-PM			
Until 2:09PM					
Then Creative Work - Siddha Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 1.33 Tithi 17
Creative Work Siddha Yoga

Gulika 7:24AM - 8:59AM
Yama 3:20PM - 4:56PM
Rahu 10:34AM - 12:10PM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Салра Васара Уктыям
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvityaya Tritayam Titau
Chitra Until 3:55PM
Vyaghata* Until 10:38AM
Talila Until 5:57PM
Dvitiya Until 6:42AM Sat

Ishtambul, Turkey Sutra 354
Vasavasa 5:127
Sunrise: 5:49AM Sunset: 6:31PM
Moon 4 - Phase 49 - 1st Phase
Bhuloka Day
Devaloka Time: 9AM to 12:2PM

1

Saturday, April 4, 2026

Tula Rasi: 13.51 Tithi 17 - 18
Creative Work Siddha Yoga

Gulika 5:47AM - 7:23AM
Yama 1:45PM - 3:21PM
Rahu 8:58AM - 10:34AM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Марта Васара Уктыям
Svali/Wishakha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dvityaya Tritayam Titau
Svali Until 5:56PM
Harshana Until 10:47AM
Vanija Until 7:36PM
Dvitiya Until 6:42AM

Ishtambul, Turkey Sutra 355
Vasavasa 5:127
Sun 1
Sunrise: 5:47AM Sunset: 6:31PM
Moon 4 - Phase 49 - 1st Phase
Bhuloka Day
Devaloka Time: 9AM to 12:2PM

2

Sunday, April 5, 2026

Tula Rasi: 25.59 Tithi 18 - 19
Routine Work Marana Yoga

Gulika 3:21PM - 4:57PM
Yama 12:09PM - 1:45PM
Rahu 4:57PM - 6:33PM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Bharu Vasara Uктыям
Vishakha Nakshatra Vajra/Siddhi Yoga Vasil/Bava Karana Tritiya/Chaturtham Titau
Vishakha Until 8:37PM
Vajra* Until 11:12AM
Bava Until 9:36PM
Tritiya Until 8:32AM

Ishtambul, Turkey Sutra 356
Vasavasa 5:127
Sun 2
Sunrise: 5:45AM Sunset: 6:29PM
Moon 4 - Phase 49 - 2 1st Phase
Devaloka Day

3

Monday, April 6, 2026

Wishika Rasi: 8 Tithi 19 - 20
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:45PM - 3:21PM
Yama 10:33AM - 12:09PM
Rahu 7:20AM - 8:56AM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Indu Vasara Uктыям
Anuradha Nakshatra Siddhi/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau
Anuradha Until 11:24PM
Siddhi Until 11:52AM
Kaulava Until 11:52PM
Chaturthi* Until 10:41AM

Ishtambul, Turkey Sutra 357
Vasavasa 5:127
Sun 3
Sunrise: 5:44AM Sunset: 6:30PM
Moon 4 - Phase 49 - 3 1st Phase
Devaloka Day

4

Tuesday, April 7, 2026

Wishika Rasi: 19.56 Tithi 20 - 21
Routine Work Marana Yoga

Gulika 12:09PM - 1:45PM
Yama 10:33AM - 12:09PM
Rahu 3:22PM - 4:58PM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Mangala Vasara Uктыям
Jyeshtha* Nakshatra Vyagata/Varijan Yoga Talila/Gara Karana Panchami/Shastham Titau
Jyeshtha* Until 2:09AM Wed
Vyagata* Until 12:42PM
Gara Until 2:17AM Wed
Panchami Until 1:03PM

Ishtambul, Turkey Sutra 358
Vasavasa 5:127
Sun 4
Sunrise: 5:42AM Sunset: 6:29PM
Moon 4 - Phase 49 - 4 1st Phase
Devaloka Day

5

Wednesday, April 8, 2026

Dhanus Rasi: 1.49 Tithi 21 - 22
Routine Work Marana Yoga
Until 5:12AM Thu
Then Creative Work Siddha Yoga

Gulika 10:31AM - 12:08PM
Yama 7:17AM - 8:54AM
Rahu 12:08PM - 1:45PM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Batha Vasara Uктыям
Mula* Nakshatra Varijan/Parigaha* Yoga Vanija/Vasil* Karana Shashthi/Saptamam Titau
Mula* Until 5:12AM Thu
Varijan Until 1:33PM
Vasil Until 4:40AM Thu
Shashthi* Until 3:28PM

Ishtambul, Turkey Sutra 359
Vasavasa 5:127
Sun 5
Sunrise: 5:40AM Sunset: 6:30PM
Moon 4 - Phase 49 - 5 1st Phase
Bhuloka Day
Devaloka Time: 9AM to 12:2PM

6

Thursday, April 9, 2026

Dhanus Rasi: 13.43 Tithi 22 - 23
Creative Work Siddha Yoga
Until 7:53AM Fri
Then Routine Work Marana Yoga

Gulika 8:53AM - 10:31AM
Yama 5:39AM - 7:16AM
Rahu 1:45PM - 3:23PM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Caru Vasara Uктыям
Purvashadha* Nakshatra Parigaha/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Titau
Purvashadha* Until 7:53AM Fri
Parigaha* Until 2:21PM
Balava Until 6:49AM Fri
Saptami Until 5:46PM

Ishtambul, Turkey Sutra 360
Vasavasa 5:127
Sun 6
Sunrise: 5:39AM Sunset: 6:29PM
Moon 4 - Phase 49 - 6 1st Phase
Bhuloka Day
Devaloka Time: 9AM to 12:2PM

D

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 25.43 Tithi 23
Routine Work Prabalatarisha Yoga
Until 9:53AM
Then Routine Work Marana Yoga

Gulika 7:15AM - 8:52AM
Yama 3:23PM - 5:01PM
Rahu 10:30AM - 12:08PM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Salca Vasara Uктыям
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Achthamam Titau
Purvashadha* Until 7:53AM
Shiva Until 2:54PM
Balava Until 6:49AM
Ashlami* Until 7:43PM

Ishtambul, Turkey Sutra 361
Vasavasa 5:127
Sun 7
Sunrise: 5:37AM Sunset: 6:28PM
Moon 4 - Phase 49 - 7 Ashtami
Bhuloka Day
Devaloka Time: 9AM to 12:2PM

Saturday, April 11, 2026

Retreat Star

Makara Rasi: 7.53 Tithi 24
Routine Work Marana Yoga
Until 9:57AM
Then Creative Work Siddha Yoga

Gulika 5:36AM - 7:14AM
Yama 1:45PM - 3:23PM
Rahu 8:52AM - 10:30AM

Viswasa Nama Samvatsara: Uтарыяне Мокша Рйтау Меена Месе Крйшна Пакше Marita Vasara Uктыям
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam Titau
Uttarashadha Until 9:57AM
Siddha Until 3:05PM
Talila Until 8:32AM
Navam* Until 9:08PM

Ishtambul, Turkey Sutra 362
Vasavasa 5:127
Sun 8
Sunrise: 5:36AM Sunset: 6:28PM
Moon 4 - Phase 49 - 8 Navami
Bhuloka Day
Devaloka Time: 9AM to 12:2PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yukhtayam Istanbul, Turkey			
Shravana/Dhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Vishti Karana Dashamyam Titau Sun 9 Sutra 363		Gulika 3:24PM - 5:02PM	Shravana Until 11:44AM	Ganesh: Blue Sunrise: 5:34AM	Vasavasu 5:17
Makara Rasi: 20.19	Tithi 25	Yama 12:07PM - 1:45PM	Sadhya Until 2:44PM	Muruga: White Sunset: 6:40PM	Moon 4 - Phase 50 - 9
21:47:58:678	Rahu	5:02PM - 6:40PM	Vanija Until 9:36AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 9:50PM	Moon - Purple Chaitra-Panguni	Devaloka Day
Until 11:44AM					
Then Routine Work - Marana Yoga					

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yukhtayam Istanbul, Turkey			
Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dashamyam Titau Sun 10 Sutra 364		Gulika 1:46PM - 3:24PM	Dhanishtha Until 12:35PM	Ganesh: Blue Sunrise: 5:22AM	Vasavasu 5:17
Kumbha Rasi: 3.05	Tithi 26	Yama 10:28AM - 12:07PM	Subha Until 1:47PM	Muruga: White Sunset: 6:41PM	Moon 4 - Phase 50 - 10
21:47:58:678	Rahu	7:11AM - 8:50AM	Bava Until 9:53AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:42PM	Moon - Purple Chaitra-Panguni	Devaloka Day

3 Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Margala Visara Yukhtayam Istanbul, Turkey			
Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvadhshyam Titau Sun 11 Sutra 1		Gulika 12:07PM - 1:46PM	Shatabhishak Until 12:28PM	Ganesh: Blue Sunrise: 5:31AM	Parabhava 5:18
Kumbha Rasi: 16.16	Tithi 27	Yama 8:49AM - 10:28AM	Sukla Until 12:09PM	Muruga: White Sunset: 6:42PM	Moon 4 - Phase 50 - 11
29:47:58:678	Rahu	3:25PM - 5:04PM	Kaulava Until 9:21AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadhshi* Until 8:45PM	Moon - Purple Chaitra-Chaitra	Bhuloka Day
		Tamil New Year			

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Budha Vasara Yukhtayam Istanbul, Turkey			
Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 2		Gulika 10:27AM - 12:06PM	Puravroshthapada* Until 11:53AM	Ganesh: White Sunrise: 5:29AM	Parabhava 5:18
Kumbha Rasi: 29.55	Tithi 28	Yama 7:09AM - 8:48AM	Brahma Until 9:54AM	Muruga: White Sunset: 6:46PM	Moon 4 - Phase 50 - 12
21:47:58:678	Rahu	12:06PM - 1:46PM	Gara Until 8:00AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 7:03PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Until 11:53AM					
Then Creative Work - Siddha Yoga					

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Guru Vasara Yukhtayam Istanbul, Turkey			
Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Chatuspada* Karana Chalurdashi/Amavasyayam Titau Sun 13 Sutra 3		Gulika 8:47AM - 10:27AM	Utarproshthapada Until 10:28AM	Ganesh: Yellow Sunrise: 5:28AM	Parabhava 5:18
Meena Rasi: 13.59	Tithi 29 - 30	Yama 5:28AM - 7:07AM	Indra Until 7:06AM	Muruga: White Sunset: 6:45PM	Moon 4 - Phase 50 - 13
21:48:58:678	Rahu	1:46PM - 3:25PM	Chatuspada Until 3:21AM Fri	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chalurdashi* Until 4:42PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Until 8:22AM					Devaloka Time: 9AM to 12:2PM
Then Creative Work - Amrita Yoga					

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Sukra Vasara Yukhtayam Istanbul, Turkey			
Retreat Star		Revati/Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 4			
Meena Rasi: 28.28	Tithi 30 - 1	Gulika 7:06AM - 8:46AM	Revati Until 8:22AM	Ganesh: Yellow Sunrise: 5:26AM	Parabhava 5:18
21:48:58:678	Rahu	3:26PM - 5:05PM	Vishkambha* Until 12:13AM Sat	Muruga: White Sunset: 6:46PM	Moon 4 - Phase 50 - 14
Creative Work	Siddha Yoga		Kintughna Until 12:19AM Sat	Nataraja: Purple	Amavasya
Until 8:22AM			Amavasya* Until 1:51PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 9AM to 12:2PM

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Manita Vasara Yukhtayam Istanbul, Turkey			
Retreat Star		Ashvini/Bharani Nakshatra Pithi Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 5			
Mesha Rasi: 13.13	Tithi 1 - 2	Gulika 5:25AM - 7:05AM	Ashvini Until 6:11AM	Ganesh: Red Sunrise: 5:25AM	Parabhava 5:18
22:48:58:678	Rahu	1:46PM - 3:26PM	Pithi Until 8:25PM	Muruga: White Sunset: 6:47PM	Moon 4 - Phase 50 - 15
Creative Work	Siddha Yoga		Balava Until 9:02PM	Nataraja: Purple	Prathama
			Prathama* Until 10:41AM	Moon - White Vaisaka-Chaitra	Bhuloka Day
					Devaloka Time: 9AM to 12:2PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1 Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Bhanu Vesara Yukhtayam Istanbul, Turkey			
		Kritika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Dvitya/Tritiyayam Titau Sun 16 Sutra 6		Parabhava 5128	
Mesha Rasi: 28.07	Tithi 2 – 3	Gulika 3:27PM – 5:07PM	Kritika Until 12:58AM Mon	Ganesh: Red Sunrise: 5:23AM	
		Yama 12:05PM – 1:46PM	Ayushman Until 4:31PM	Muruga: White Sunset: 6:48PM	Moon 4 - Phase 1 - 16
Creative Work Siddha Yoga		Rahu 5:07PM – 6:48PM	Gara Until 4:00AM Mon	Nataraja: Purple	3rd Phase
Until 12:58AM Mon			Dvitya Until 7:21AM	Moon – White:	Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

2 Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Indu Vesara Yukhtayam Istanbul, Turkey			
		Rohini Nakshatra Saubhagya/Sobhana Yoga Vanja/Vesil' Karana Chaluriyam Titau Sun 17 Sutra 7		Parabhava 5128	
Wishabha Rasi: 13.02	Tithi 4	Gulika 1:46PM – 3:27PM	Rohini Until 10:40PM	Ganesh: Yellow Sunrise: 5:20AM	
Family Home Evening		Yama 10:24AM – 12:05PM	Saubhagya Until 12:41PM	Muruga: White Sunset: 6:49PM	Moon 4 - Phase 1 - 17
Creative Work Amrita Yoga		Rahu 7:03AM – 8:43AM	Vanija Until 2:24PM	Nataraja: Purple	3rd Phase
			Chalurthi' Until 12:49AM Tue	Moon – Yellow:	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

3 Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Mangala Vesara Yukhtayam Istanbul, Turkey			
		Mrigashira Nakshatra Sobhana/Ahiganda' Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 8		Parabhava 5128	
Wishabha Rasi: 27.49	Tithi 5	Gulika 12:05PM – 1:46PM	Mrigashira Until 8:31PM	Ganesh: Yellow Sunrise: 5:20AM	
		Yama 8:43AM – 10:24AM	Sobhana Until 9:03AM	Muruga: White Sunset: 6:50PM	Moon 4 - Phase 1 - 18
Creative Work Siddha Yoga		Rahu 3:27PM – 5:09PM	Bava Until 11:20AM	Nataraja: Purple	3rd Phase
Until 8:31PM			Panchami Until 9:54PM	Moon – Yellow:	Bhuloka Day
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

4 Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Budha Vesara Yukhtayam Istanbul, Turkey			
		Ardra Nakshatra Sukarna Yoga Kaulava/Tailia Karana Shashthyam Titau Sun 19 Sutra 9		Parabhava 5128	
Mithuna Rasi: 12.23	Tithi 6	Gulika 10:23AM – 12:05PM	Ardra Until 6:37PM	Ganesh: Yellow Sunrise: 5:19AM	
		Yama 7:00AM – 8:42AM	Sukarna Until 2:38AM Thu	Muruga: White Sunset: 6:51PM	Moon 4 - Phase 1 - 19
Creative Work Siddha Yoga		Rahu 12:05PM – 1:46PM	Kaulava Until 8:36AM	Nataraja: Purple	3rd Phase
			Shashthi' Until 7:23PM	Moon – Yellow:	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 9AM to12:PM

5 Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Guru Vesara Yukhtayam Istanbul, Turkey			
		Punarvasu/Pushya Nakshatra Dhriti' Yoga Gara/Vesil' Karana Saptami/Ashthamyam Titau Sun 20 Sutra 10		Parabhava 5128	
Mithuna Rasi: 26.38	Tithi 7 – 8	Gulika 8:41AM – 10:23AM	Punarvasu Until 5:29PM	Ganesh: White Sunrise: 5:17AM	
		Yama 5:17AM – 6:59AM	Dhriti' Until 12:03AM Fri	Muruga: White Sunset: 6:52PM	Moon 4 - Phase 1 - 20
Creative Work Amrita Yoga		Rahu 1:46PM – 3:28PM	Gara Until 6:20AM	Nataraja: Purple	3rd Phase
			Saptami Until 5:22PM	Moon – Blue:	Devaloka Day
				Vaisaka-Chaitra	

Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Sukra Vesara Yukhtayam Istanbul, Turkey			
Retreat Star		Pushya/Ashlesha' Nakshatra Shula' Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 11		Parabhava 5128	
Kataka Rasi: 10.32	Tithi 8 – 9	Gulika 6:58AM – 8:40AM	Pushya Until 4:45PM	Ganesh: White Sunrise: 5:16AM	
		Yama 3:29PM – 5:11PM	Shula' Until 9:53PM	Muruga: White Sunset: 6:53PM	Moon 4 - Phase 1 - 21
Routine Work Marana Yoga		Rahu 10:22AM – 12:04PM	Balava Until 3:24AM Sat	Nataraja: Purple	Ashtami
			Ashlami' Until 3:54PM	Moon – Blue:	Devaloka Day
				Vaisaka-Chaitra	

Saturday, April 25, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Rituau Mesha Mase Sakla Paksho Manta Vesara Yukhtayam Istanbul, Turkey			
Retreat Star		Ashlesha' Magha' Nakshatra Ganda' Yoga Kaulava/Tailia Karana Navami/Dashamyam Titau Sun 22 Sutra 12		Parabhava 5128	
Kataka Rasi: 24.07	Tithi 9 – 10	Gulika 5:14AM – 6:57AM	Ashlesha' Until 4:26PM	Ganesh: White Sunrise: 5:14AM	
		Yama 1:47PM – 3:29PM	Ganda' Until 8:12PM	Muruga: White Sunset: 6:54PM	Moon 4 - Phase 1 - 22
Routine Work Marana Yoga		Rahu 8:39AM – 10:22AM	Tailia Until 2:46AM Sun	Nataraja: Clear	Navami
Until 4:26PM			Navami' Until 3:00PM	Moon – Blue:	Sivaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Istanbul, Turkey on 12/20/23

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1 Sunday, April 26, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vesara Yukayam Magha*Purvaphalguni Nakshatra Viddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Istanbul, Turkey Sun 23 Sutra 13	
Simha Rasi: 7.22	Tithi 10 – 11	Gulika 3:30PM – 5:12PM	Magha* Until 4:57PM	Ganesh: Clear	Sunrise: 5:13AM	Parabhava 5:18	
		Yama 12:04PM – 1:47PM	Viddhi Until 6:57PM	Muruga: White	Sunset: 6:59PM	Moon 4 - Phase 2 - 23 4th Phase	
254858679	Rahu 5:12PM – 6:55PM		Vanija Until 2:41AM Mon	Nataraja: Clear			
Routine Work - Marana Yoga			Dashami Until 2:39PM	Moon - Red		Devaloka Day	
Until 4:57PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

2 Monday, April 27, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Indru Vesara Yukayam Purvaphalguni/Ultrapahlguni Nakshatra Dhruva Yoga Vesi/Bava Karana Ekadashi/Dwadashyam Tilau				Istanbul, Turkey Sun 24 Sutra 14	
Simha Rasi: 20.21	Tithi 11 – 12	Gulika 1:47PM – 3:30PM	Purvaphalguni Until 5:49PM	Ganesh: Purple	Sunrise: 5:17AM	Parabhava 5:18	
Family Home Evening		Yama 10:21AM – 12:04PM	Dhruva Until 6:04PM	Muruga: White	Sunset: 6:56PM	Moon 4 - Phase 2 - 24 4th Phase	
255858679	Rahu 6:55AM – 8:38AM		Bava Until 3:04AM Tue	Nataraja: Clear			
Creative Work - Siddha Yoga			Ekadashi Until 2:48PM	Moon - Red		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6 PM to 9 PM	

3 Tuesday, April 28, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Mangala Vesara Yukayam Ultrapahlguni Nakshatra Vyahata/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Istanbul, Turkey Sun 25 Sutra 15	
Kanya Rasi: 3.07	Tithi 12 – 13	Gulika 12:04PM – 1:47PM	Ultrapahlguni Until 6:57PM	Ganesh: Purple	Sunrise: 5:10AM	Parabhava 5:18	
		Yama 8:37AM – 10:20AM	Vyaghrala* Until 5:33PM	Muruga: White	Sunset: 6:57PM	Moon 4 - Phase 2 - 25 4th Phase	
255858679	Rahu 3:30PM – 5:14PM		Kaulava Until 3:53AM Wed	Nataraja: Clear			
Creative Work - Amrita Yoga			Dvadashi Until 3:24PM	Moon - Red		Bhuloka Day	
Until 6:57PM				Vaisaka-Chaitra		Devaloka Time: 6 PM to 9 PM	
Then Creative Work - Siddha Yoga							

4 Wednesday, April 29, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Budha Vesara Yukayam Hasla Nakshatra Harshana/Naja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Istanbul, Turkey Sun 26 Sutra 16	
Kanya Rasi: 15.4	Tithi 13 – 14	Gulika 10:20AM – 12:04PM	Hasla Until 8:47PM	Ganesh: Clear	Sunrise: 5:09AM	Parabhava 5:18	
		Yama 6:52AM – 8:36AM	Harshana Until 5:22PM	Muruga: White	Sunset: 6:58PM	Moon 4 - Phase 2 - 26 4th Phase	
265858679	Rahu 12:04PM – 1:47PM		Gara Until 5:04AM Thu	Nataraja: Clear			
Routine Work - Marana Yoga			Trayodashi Until 4:25PM	Moon - Green		Devaloka Day	
Until 8:47PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5 Thursday, April 30, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Guru Vesara Yukayam Chitra Nakshatra Vajra/Siddhi Yoga Vanija/Vesi* Karana Chaturdashi/Purnimayam Tilau				Istanbul, Turkey Sun 27 Sutra 17	
Kanya Rasi: 28.04	Tithi 14 – 15	Gulika 8:35AM – 10:19AM	Chitra Until 10:48PM	Ganesh: Clear	Sunrise: 5:07AM	Parabhava 5:18	
		Yama 5:07AM – 6:51AM	Vajra* Until 5:25PM	Muruga: White	Sunset: 6:59PM	Moon 4 - Phase 2 - 27 4th Phase	
265858679	Rahu 1:47PM – 3:31PM		Visli Until 6:35AM Fri	Nataraja: Clear			
Creative Work - Siddha Yoga			Chaturdashi* Until 5:46PM	Moon - Green		Devaloka Day	
Until 10:48PM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

O Friday, May 1, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Sukra Vesara Yukayam Svali Nakshatra Siddhi/Vyjalpala* Yoga Vesi/Bava Karana Purnimayam Tilau				Istanbul, Turkey Sun 28 Sutra 18	
Copper Retreat Star		Gulika 6:49AM – 8:34AM	Svali Until 12:56AM Sat	Ganesh: Clear	Sunrise: 5:05AM	Parabhava 5:18	
Tula Rasi: 10.19	Tithi 15	Yama 3:32PM – 5:17PM	Siddhi Until 5:43PM	Muruga: White	Sunset: 7:02PM	Moon 4 - Phase 2 - Purnima	
265858679	Rahu 10:18AM – 12:03PM		Visli Until 6:35AM	Nataraja: Clear			
Creative Work - Siddha Yoga			Purnima* Until 7:26PM	Moon - Green		Devaloka Day	
				Vaisaka-Chaitra			

Saturday, May 2, 2026		Parabhava Nama Samvatsare Uтарыяыя Nartana Ritau Mecha Mese Sakla Paksho Mantu Vesara Yukayam Vishakha Nakshatra Vyjalpala* Yoga Balava/Kaulava Karana Prathamayam Tilau				Istanbul, Turkey Sun 29 Sutra 19	
Silver Retreat Star		Gulika 5:03AM – 6:48AM	Vishakha Until 3:40AM Sun	Ganesh: White	Sunrise: 5:03AM	Parabhava 5:18	
Tula Rasi: 22.27	Tithi 16	Yama 1:48PM – 3:33PM	Vyjalpala* Until 6:15PM	Muruga: White	Sunset: 7:03PM	Moon 4 - Phase 2 - Prathama	
275858679	Rahu 8:33AM – 10:18AM		Balava Until 8:24AM	Nataraja: Clear			
Creative Work - Siddha Yoga			Prathama* Until 9:23PM	Moon - Orange		Bhuloka Day	
Until 3:40AM Sun				Vaisaka-Chaitra		Devaloka Time: 6 PM to 9 PM	
Then Routine Work - Marana Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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