

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 16.1 Tithi 17  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 1:34PM  
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Kingston, Jamaica  
 Svali/Wishkha Nakshatra Vajra 7/Siddhi Yoga Talilla/Gara Karana Dvityayam Titau Sutra 364  
**Gulika** 1:40PM - 3:14PM **Svali Until 1:34PM** **Ganesh:** Yellow Sunrise: 5:50AM **Vasavasu 5:127**  
**Yama** 10:32AM - 12:06PM **Vajra\* Until 12:07PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 1st Phase**  
**Rahu** 7:24AM - 8:58AM **Talilla Until 11:16AM** **Nataraja:** Clear  
**Tamil New Year** **Dvitiya Until 12:28AM Tue** **Moon - Green** **Devaloka Day**  
**Chaitra-Chaitra**

**1 Tuesday, April 15, 2025**

Tula Rasi: 28.02 Tithi 18  
**Routine Work** Marana Yoga  
 Until 4:40PM  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Mangala Vasara Yukitayam Kingston, Jamaica  
 Vishakha/Anuradha Nakshatra Siddhi/Vyaptara\* Yoga Vanja/Visli\* Karana Tritayam Titau Sun 1 Sutra 1  
**Gulika** 12:06PM - 1:40PM **Vishakha Until 4:40PM** **Ganesh:** Blue Sunrise: 5:50AM **Vasavasu 5:127**  
**Yama** 8:58AM - 10:32AM **Siddhi Until 1:01PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 1st Phase**  
**Rahu** 3:14PM - 4:48PM **Vanja Until 1:41PM** **Nataraja:** Clear  
**Tritiya Until 2:49AM Wed** **Moon - Orange** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**2 Wednesday, April 16, 2025**

Wishika Rasi: 9.58 Tithi 19  
**Creative Work** Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Butha Vasara Yukitayam Kingston, Jamaica  
 Anuradha Nakshatra Vyaptara\* Mariyan Yoga Bava/Balava Karana Chaturtham Titau Sun 2 Sutra 2  
**Gulika** 10:32AM - 12:06PM **Anuradha Until 7:24PM** **Ganesh:** Blue Sunrise: 5:49AM **Vasavasu 5:127**  
**Yama** 5:48AM - 7:23AM **Vyaptara\* Until 1:47PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 2 1st Phase**  
**Rahu** 12:06PM - 1:40PM **Bava Until 3:55PM** **Nataraja:** Clear  
**Chaturthi\* Until 4:54AM Thu** **Moon - Orange** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**3 Thursday, April 17, 2025**

Wishika Rasi: 21.59 Tithi 20  
**Routine Work** Prabalarishtha Yoga  
 Until 9:40PM  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Guru Vasara Yukitayam Kingston, Jamaica  
 Vishakha/Anuradha Nakshatra Parigaha\* Yoga Kaulava/Talilla Karana Panchamam Titau Sun 3 Sutra 3  
**Gulika** 8:57AM - 10:31AM **Jyeshtha\* Until 9:40PM** **Ganesh:** Blue Sunrise: 5:48AM **Vasavasu 5:127**  
**Yama** 5:48AM - 7:23AM **Variyan Until 2:17PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 3 1st Phase**  
**Rahu** 1:40PM - 3:14PM **Kaulava Until 5:51PM** **Nataraja:** Clear  
**Panchami Until 6:39AM Fri** **Moon - Orange** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

**4 Friday, April 18, 2025**

Dhanus Rasi: 4.09 Tithi 20 - 21  
**Creative Work** Amrita Yoga  
 Until 11:51PM  
 Then Routine Work - Prabalarishtha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Sakra Vasara Yukitayam Kingston, Jamaica  
 Mula\* Nakshatra Parigaha\* Shiva Yoga Talilla/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 4  
**Gulika** 7:22AM - 8:57AM **Mula\* Until 11:51PM** **Ganesh:** Red Sunrise: 5:48AM **Vasavasu 5:127**  
**Yama** 3:14PM - 4:49PM **Parigaha\* Until 2:31PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 4 1st Phase**  
**Rahu** 10:31AM - 12:05PM **Gara Until 7:22PM** **Nataraja:** Clear  
**Panchami Until 6:39AM** **Moon - Light Blue** **Devaloka Day**  
**Chaitra-Chaitra**

**5 Saturday, April 19, 2025**

Dhanus Rasi: 16.31 Tithi 21 - 22  
**Creative Work** Siddha Yoga  
 Until 1:20AM Sun  
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Maria Vasara Yukitayam Kingston, Jamaica  
 Purnvashadha\* Nakshatra Shiva/Siddha Yoga Vanja/Visli\* Karana Shashthi/Saptamam Titau Sun 5 Sutra 5  
**Gulika** 5:47AM - 7:21AM **Purnvashadha\* Until 1:20AM Sun** **Ganesh:** Red Sunrise: 5:47AM **Vasavasu 5:127**  
**Yama** 1:40PM - 3:14PM **Shiva Until 2:23PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 5 1st Phase**  
**Rahu** 8:56AM - 10:31AM **Visli Until 8:22PM** **Nataraja:** Clear  
**Shashthi\* Until 7:55AM** **Moon - Light Blue** **Devaloka Day**  
**Chaitra-Chaitra**

**6 Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 29.08 Tithi 22 - 23  
**Creative Work** Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Bharu Vasara Yukitayam Kingston, Jamaica  
 Uttarashadha Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Saptami/Ashtamam Titau Sun 6 Sutra 6  
**Gulika** 3:14PM - 4:49PM **Uttarashadha Until 2:02AM Mon** **Ganesh:** Red Sunrise: 5:46AM **Vasavasu 5:127**  
**Yama** 12:05PM - 1:40PM **Siddha Until 1:44PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 6 1st Phase**  
**Rahu** 4:49PM - 6:24PM **Balava Until 8:42PM** **Nataraja:** Clear  
**Saptami Until 8:36AM** **Moon - Light Blue** **Devaloka Day**  
**Chaitra-Chaitra**

**Monday, April 21, 2025****Retreat Star**

Makara Rasi: 12.04 Tithi 23 - 24  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 2:18AM Tue  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Крішна Pakshi Indu Vasara Yukitayam Kingston, Jamaica  
 Shravana Nakshatra Sadhyha/Subha Yoga Kaulava/Talilla Karana Ashtami/Navamam Titau Sun 7 Sutra 7  
**Gulika** 1:40PM - 3:14PM **Shravana Until 2:18AM Tue** **Ganesh:** Green Sunrise: 5:46AM **Vasavasu 5:127**  
**Yama** 10:30AM - 12:05PM **Sadhyha Until 12:32PM** **Muruga:** Clear Sunset: 6:29PM **Moon 4 - Phase 1 - 7 1st Phase**  
**Rahu** 7:20AM - 8:55AM **Talilla Until 8:19PM** **Nataraja:** Clear  
**Chidambaram Abhishekam** **Ashtami\* Until 8:35AM** **Moon - Purple** **Bhuloka Day**  
**Chaitra-Chaitra** **Devaloka Time: 3PM to 6PM**

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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1	Tuesday, April 22, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yukitayam				Kingston, Jamaica
	Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashayam Titau		Sun 8 Sutra 8				
	Makara Rasi: 25.25	Tithi 24 - 25	Gulika 12:05PM - 1:40PM	Dhanishtha Until 1:40AM Wed	Ganesha: Green	Sunrise: 5:45AM	Vasavasu 5:17
		Yama 8:55AM - 10:30AM	Sukha Until 10:46AM	Muruga: Clear	Sunset: 6:24PM	Moon 4 - Phase 2 - 8	
Creative Work	Siddha Yoga	293298578 Rahu 3:14PM - 4:49PM	Navami* Until 7:10PM	Nataraja: Clear		2nd Phase	
			Navami* Until 7:49AM	Moon - Purple			
				Chaitra-Chaitra			
						<b>Bhuloka Day</b>	
						Devaloka Time: 3PM to 6PM	

2	Wednesday, April 23, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksha Buda Vasara Yukitayam				Kingston, Jamaica
	Shalabhishak Nakshatra Sukla/Brahma Yoga Vist/Balava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 9				
	Kumbha Rasi: 9.11	Tithi 25 - 26	Gulika 10:29AM - 12:04PM	Shalabhishak Until 12:10AM Thu	Ganesha: Green	Sunrise: 5:44AM	Vasavasu 5:17
		Yama 7:19AM - 8:54AM	Sukla Until 8:21AM	Muruga: Clear	Sunset: 6:25PM	Moon 4 - Phase 2 - 9	
Creative Work	Siddha Yoga	293298578 Rahu 12:04PM - 1:39PM	Balava Until 4:03AM Thu	Nataraja: Clear		2nd Phase	
			Dashami Until 6:17AM	Moon - Purple			
				Chaitra-Chaitra			
						<b>Bhuloka Day</b>	
						Devaloka Time: 3PM to 6PM	

3	Thursday, April 24, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksha Guru Visara Yukitayam				Kingston, Jamaica
	Puruvoshthapada Nakshatra Indra Yoga Kaulava/Taila Karana Dvadashyam Titau		Sun 10 Sutra 10				
	Kumbha Rasi: 23.24	Tithi 27	Gulika 8:54AM - 10:29AM	Puruvoshthapada* Until 10:20PM	Ganesha: Purple	Sunrise: 5:44AM	Vasavasu 5:17
		Yama 5:44AM - 7:19AM	Indra Until 1:57AM Fri	Muruga: Clear	Sunset: 6:25PM	Moon 4 - Phase 2 - 10	
Creative Work	Siddha Yoga	213298579 Rahu 1:39PM - 3:15PM	Kaulava Until 2:43PM	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 1:13AM Fri	Moon - Clear			
				Chaitra-Chaitra			
						<b>Devaloka Day</b>	

4	Friday, April 25, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksha Sukra Visara Yukitayam				Kingston, Jamaica
	Uttarashthapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 11				
	Meena Rasi: 8.02	Tithi 28	Gulika 7:18AM - 8:53AM	Uttarashthapada Until 7:52PM	Ganesha: Purple	Sunrise: 5:43AM	Vasavasu 5:17
		Yama 3:15PM - 4:50PM	Vaidhiti* Until 10:06PM	Muruga: Clear	Sunset: 6:25PM	Moon 4 - Phase 2 - 11	
Creative Work	Siddha Yoga	213298579 Rahu 10:29AM - 12:04PM	Gara Until 11:38AM	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 9:54PM	Moon - Clear			
				Chaitra-Chaitra			
						<b>Devaloka Day</b>	

Pradosha Vata (Fasting)

5	Saturday, April 26, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksha Mania Vasara Yukitayam				Kingston, Jamaica
	Revati/Ashvini Nakshatra Vishkambha* Pili Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 12				
	Meena Rasi: 23	Tithi 29	Gulika 5:42AM - 7:18AM	Revati Until 4:56PM	Ganesha: Purple	Sunrise: 5:42AM	Vasavasu 5:17
		Yama 1:39PM - 3:15PM	Vishkambha* Until 5:59PM	Muruga: Clear	Sunset: 6:25PM	Moon 4 - Phase 2 - 12	
Routine Work	Prabalarishta Yoga	213298579 Rahu 8:53AM - 10:28AM	Visti Until 8:08AM	Nataraja: Purple		2nd Phase	
Until 4:56PM			Chaturdashi* Until 6:16PM	Moon - Clear			
Then Creative Work - Siddha Yoga				Chaitra-Chaitra			
						<b>Devaloka Day</b>	

●	Sunday, April 27, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Bharu Vasara Yukitayam				Kingston, Jamaica
	Retreat Star		Ashvini/Bharani Nakshatra Praligochman Yoga Naga* Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 13		
	Mesha Rasi: 8.11	Tithi 30 - 1	Gulika 3:15PM - 4:50PM	Ashvini Until 2:05PM	Ganesha: Orange	Sunrise: 5:42AM	Vasavasu 5:17
		Yama 12:04PM - 1:39PM	Pili Until 1:45PM	Muruga: Clear	Sunset: 6:26PM	Moon 4 - Phase 2 - 12	
Creative Work	Siddha Yoga	224298579 Rahu 4:50PM - 6:26PM	Kintughna Until 12:35AM Mon	Nataraja: Purple		Amavasya	
Until 2:05PM			Amavasya* Until 2:29PM	Moon - White			
Then Routine Work - Prabalarishta Yoga				Chaitra-Chaitra			
						<b>Sivaloka Day</b>	

●	Monday, April 28, 2025		Viswastu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yukitayam				Kingston, Jamaica
	Retreat Star		Bharani/Kritika Nakshatra Agoshman/Saudhaga Yoga Bava/Balava Karana Prathama/Olityayam Titau		Sun 14 Sutra 14		
	Mesha Rasi: 23.25	Tithi 1 - 2	Gulika 1:39PM - 3:15PM	Bharani Until 11:06AM	Ganesha: Orange	Sunrise: 5:41AM	Vasavasu 5:17
		Yama 10:28AM - 12:04PM	Ayushman Until 9:30AM	Muruga: Clear	Sunset: 6:26PM	Moon 4 - Phase 2 - 14	
Family Home Evening	Siddha Yoga	224298579 Rahu 7:17AM - 8:52AM	Balava Until 8:51PM	Nataraja: Purple		Prathama	
Until 11:06AM			Prathama* Until 10:41AM	Moon - White			
Creative Work	Siddha Yoga			Chaitra-Chaitra			
Until 11:06AM				Vaisaka-Chaitra			
Then Routine Work - Marana Yoga						<b>Sivaloka Day</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1

Tuesday, April 29, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dwitya/Tritiyayam Tilau			Kingston, Jamaica Sun 15 Sutra 15 Vasavasu 5:17
		<b>Gulika</b>	<b>12:03PM - 1:39PM</b>	<b>Kritika Untill 8:10AM</b>	<b>Ganesha:</b> Orange Sunrise: 5:40AM
Wishabha Rasi: 8.33	Tilthi 2 - 3	Yama	8:52AM - 10:28AM	Sobhana Untill 1:33AM Wed	<b>Muruga:</b> Clear Sunset: 6:26PM
		<b>Rahu</b>	<b>3:15PM - 4:51PM</b>	Gara Untill 3:46AM Wed	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga				<b>Moon - White:</b> Sivaloka Day
Untill 8:10AM					<b>Vaisaka-Chaitra</b>
Then Creative Work - Amrita Yoga					

2

Wednesday, April 30, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Budha Vasara Yuktayam Mrigashira Nakshatra Aihganda* Yoga Vanja/Visi* Karana Chalurthiyam Tilau			Kingston, Jamaica Sun 16 Sutra 16 Vasavasu 5:17
		<b>Gulika</b>	<b>10:27AM - 12:03PM</b>	<b>Mrigashira Untill 3:53AM Thu</b>	<b>Ganesha:</b> Purple Sunrise: 5:40AM
Wishabha Rasi: 23.25	Tilthi 4	Yama	7:16AM - 8:52AM	Aihganda* Untill 10:05PM	<b>Muruga:</b> Clear Sunset: 6:26PM
		<b>Rahu</b>	<b>12:03PM - 1:39PM</b>	Vanija Untill 2:19PM	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga				<b>Moon - Yellow:</b> Devaloka Day
Untill 3:53AM Thu					<b>Vaisaka-Chaitra</b>
Then Routine Work - Marana Yoga					

3

Thursday, May 1, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Guru Vasara Yuktayam Andra Nakshatra Sukama Yoga Bava/Balava Karana Panchamyam Tilau			Kingston, Jamaica Sun 17 Sutra 17 Vasavasu 5:17
		<b>Gulika</b>	<b>8:51AM - 10:27AM</b>	<b>Andra Untill 2:27AM Fri</b>	<b>Ganesha:</b> Purple Sunrise: 5:39AM
Mithuna Rasi: 7.55	Tilthi 5	Yama	5:39AM - 7:15AM	Sukama Untill 7:09PM	<b>Muruga:</b> Clear Sunset: 6:26PM
		<b>Rahu</b>	<b>1:39PM - 3:15PM</b>	Bava Untill 11:49AM	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga				<b>Moon - Yellow:</b> Devaloka Day
Untill 2:27AM Fri					<b>Vaisaka-Chaitra</b>
Then Creative Work - Siddha Yoga					

4

Friday, May 2, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Talila Karana Shashthyam Tilau			Kingston, Jamaica Sun 18 Sutra 18 Vasavasu 5:17
		<b>Gulika</b>	<b>7:15AM - 8:51AM</b>	<b>Punarvasu Untill 2:04AM Sat</b>	<b>Ganesha:</b> Clear Sunrise: 5:39AM
Mithuna Rasi: 21.57	Tilthi 6	Yama	3:15PM - 4:51PM	Dhriti Untill 4:50PM	<b>Muruga:</b> Clear Sunset: 6:26PM
		<b>Rahu</b>	<b>10:27AM - 12:03PM</b>	Kaulava Untill 10:02AM	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga				<b>Moon - Blue:</b> Sivaloka Day
					<b>Vaisaka-Chaitra</b>

5

Saturday, May 3, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Manta Vasara Yuktayam Pushya Nakshatra Ganda*/Ganda* Yoga Gara/Vanija Karana Saptamyam Tilau			Kingston, Jamaica Sun 19 Sutra 19 Vasavasu 5:17
		<b>Gulika</b>	<b>5:38AM - 7:14AM</b>	<b>Pushya Untill 2:22AM Sun</b>	<b>Ganesha:</b> Clear Sunrise: 5:38AM
Kataka Rasi: 5.31	Tilthi 7	Yama	1:39PM - 3:15PM	Shula* Untill 3:09PM	<b>Muruga:</b> Clear Sunset: 6:26PM
		<b>Rahu</b>	<b>8:51AM - 10:27AM</b>	Gara Untill 9:02AM	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga				<b>Moon - Blue:</b> Sivaloka Day
					<b>Vaisaka-Chaitra</b>

D

Sunday, May 4, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Viddhi Yoga Visi*/Bava Karana Ashtamyam Tilau			Kingston, Jamaica Sun 20 Sutra 20 Vasavasu 5:17
		<b>Gulika</b>	<b>3:15PM - 4:52PM</b>	<b>Ashlesha* Untill 3:20AM Mon</b>	<b>Ganesha:</b> Clear Sunrise: 5:38AM
Kataka Rasi: 18.37	Tilthi 8	Yama	12:03PM - 1:39PM	Ganda* Untill 2:09PM	<b>Muruga:</b> Clear Sunset: 6:26PM
		<b>Rahu</b>	<b>4:52PM - 6:28PM</b>	Visi Untill 8:53AM	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga				<b>Moon - Blue:</b> Sivaloka Day
Untill 3:20AM Mon					<b>Vaisaka-Chaitra</b>
Then Routine Work - Marana Yoga					

Monday, May 5, 2025

		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksho Indu Vasara Yuktayam Magha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Tilau			Kingston, Jamaica Sun 21 Sutra 21 Vasavasu 5:17
		<b>Gulika</b>	<b>1:39PM - 3:15PM</b>	<b>Magha* Untill 5:20AM Tue</b>	<b>Ganesha:</b> White Sunrise: 5:37AM
Simha Rasi: 1.18	Tilthi 9	Yama	10:26AM - 12:03PM	Viddhi Untill 1:48PM	<b>Muruga:</b> Red Sunset: 6:26PM
		<b>Rahu</b>	<b>7:14AM - 8:50AM</b>	Balava Untill 9:33AM	<b>Nataraja:</b> Purple Moon 4 - Phase 3 - 21 Navami
Family Home Evening	Marana Yoga				<b>Moon - Red:</b> Devaloka Day
Routine Work					<b>Vaisaka-Chaitra</b>
Untill 5:20AM Tue					
Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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<b>1 Tuesday, May 6, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукіа Пакше Мангала Васара Yuktayam Kingston, Jamaica			
Parvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Dashamyam Titau Sun 22 Sufra 22		<b>Gulika</b> 12:03PM - 1:39PM	<b>Purvaphalguni Untill 7:46AM Wed</b>	<b>Ganesh:</b> White Sunrise: 5:27AM	Vasvasu 5:17
Simha Rasi: 13.4	Tithi 10	Yama 8:50AM - 10:26AM	Dhruva Untill 1:57PM	Muruga: Red Sunset: 6:39PM	Moon 4 - Phase 4 - 22
254318579	Rahu 3:16PM - 4:52PM		Taililla Untill 10:56AM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Dashami Untill 11:50PM	Moon - Red	Devaloka Day
Untill 7:46AM Wed				Vaisaka-Chaitra	
Then Creative Work - Amrita Yoga					
<b>2 Wednesday, May 7, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сікіа Пакше Бадха Васара Yuktayam Kingston, Jamaica			
Parvaphalguni Nakshatra Vyaghata* Harshana Yoga Vanja/Visti* Karana Ekadashyam Titau Sun 23 Sufra 23		<b>Gulika</b> 10:26AM - 12:03PM	<b>Purvaphalguni Untill 7:46AM</b>	<b>Ganesh:</b> White Sunrise: 5:36AM	Vasvasu 5:17
Simha Rasi: 25.46	Tithi 11	Yama 7:13AM - 8:49AM	Vyaghata* Untill 2:33PM	Muruga: Red Sunset: 6:29PM	Moon 4 - Phase 4 - 23
254318579	Rahu 12:03PM - 1:39PM		Vanija Untill 12:54PM	Nataraja: Purple	4th Phase
Creative Work Amrita Yoga			Ekadashi Untill 2:01AM Thu	Moon - Red	Devaloka Day
				Vaisaka-Chaitra	
<b>3 Thursday, May 8, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукіа Пакше Guru Vasara Yuktayam Kingston, Jamaica			
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau Sun 24 Sufra 24		<b>Gulika</b> 8:49AM - 10:26AM	<b>Uttaraphalguni Untill 10:27AM</b>	<b>Ganesh:</b> White Sunrise: 5:36AM	Vasvasu 5:17
Kanya Rasi: 7.43	Tithi 12	Yama 5:36AM - 7:13AM	Harshana Untill 3:27PM	Muruga: Red Sunset: 6:29PM	Moon 4 - Phase 4 - 24
254318579	Rahu 1:39PM - 3:16PM		Bava Untill 3:15PM	Nataraja: Purple	4th Phase
Amrita Yoga			Dvadashi Untill 4:29AM Fri	Moon - Red	Devaloka Day
Untill 10:27AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					
<b>4 Friday, May 9, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукіа Пакше Sukra Vasara Yuktayam Kingston, Jamaica			
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Taililla Karana Trayodashyam Titau Sun 25 Sufra 25		<b>Gulika</b> 7:12AM - 8:49AM	<b>Hasta Untill 1:40PM</b>	<b>Ganesh:</b> White Sunrise: 5:25AM	Vasvasu 5:17
Kanya Rasi: 19.33	Tithi 13	Yama 3:16PM - 4:53PM	Vajra* Untill 4:28PM	Muruga: Red Sunset: 6:30PM	Moon 4 - Phase 4 - 25
265318579	Rahu 10:26AM - 12:02PM		Kaulava Untill 5:48PM	Nataraja: Purple	4th Phase
Creative Work Amrita Yoga			Trayodashi Untill 7:04AM Sat	Moon - Green	Subha Sivaloka Day
Untill 1:40PM				Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga					
<b>5 Saturday, May 10, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукіа Пакше Manu Vasara Yuktayam Kingston, Jamaica			
Chitra/Sivali Nakshatra Siddhi/Vyaptipata* Yoga Talilla/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26		<b>Gulika</b> 5:35AM - 7:12AM	<b>Chitra Untill 4:47PM</b>	<b>Ganesh:</b> White Sunrise: 5:25AM	Vasvasu 5:17
Tula Rasi: 1.21	Tithi 13 - 14	Yama 1:39PM - 3:16PM	Siddhi Untill 5:31PM	Muruga: Red Sunset: 6:30PM	Moon 4 - Phase 4 - 26
265318579	Rahu 8:49AM - 10:26AM		Gara Untill 8:22PM	Nataraja: Purple	4th Phase
Routine Work Marana Yoga			Trayodashi Untill 7:04AM	Moon - Green	Subha Sivaloka Day
Untill 4:47PM				Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga					
<b>○ Sunday, May 11, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукіа Пакше Bhanu Vasara Yuktayam Kingston, Jamaica			
Svali Nakshatra Vyaptipata* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 27		<b>Gulika</b> 3:16PM - 4:53PM	<b>Svali Untill 7:39PM</b>	<b>Ganesh:</b> White Sunrise: 5:25AM	Vasvasu 5:17
Tula Rasi: 13.1	Tithi 14 - 15	Yama 12:02PM - 1:39PM	Vyaptipata* Untill 6:32PM	Muruga: Red Sunset: 6:30PM	Moon 4 - Phase 4 - 27
265318579	Rahu 4:53PM - 6:30PM		Visti Untill 10:50PM	Nataraja: Purple	Purnima
Creative Work Siddha Yoga			Chaturdashi* Untill 9:36AM	Moon - Green	Subha Sivaloka Day
Untill 7:39PM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					
<b>Monday, May 12, 2025</b>		Viswastu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Krishna Pakshi Indu Vasara Yuktayam Kingston, Jamaica			
Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sufra 28		<b>Gulika</b> 1:39PM - 3:16PM	<b>Vishakha Untill 10:40PM</b>	<b>Ganesh:</b> Yellow Sunrise: 5:34AM	Vasvasu 5:17
Tula Rasi: 25.02	Tithi 15 - 16	Yama 10:25AM - 12:02PM	Varyan Untill 7:22PM	Muruga: Red Sunset: 6:31PM	Moon 4 - Phase 4 -
275318579	Rahu 7:11AM - 8:48AM		Balava Untill 1:07AM Tue	Nataraja: Purple	Prathama
Family Home Evening			Purnima* Untill 11:59AM	Moon - Orange	Sivaloka Day
Routine Work Marana Yoga				Vaisaka-Chaitra	
Untill 10:40PM					
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Tuesday, May 13, 2025**  
**Gold Retreat Star**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Мंगала Васара Yuktayam Anuradha Nakshatra Parigha* Yoga Kaulava/Tailita Karana Prathamam Titau	Kingston, Jamaica Sufra 29
	<b>Gulika</b>	12:02PM - 1:39PM	<b>Anuradha Until 1:17AM Wed</b>
Wischika Rasi: 6.59	Tithi 16 - 17	Yama 8:48AM - 10:25AM	Parigha* Until 8:03PM
	<b>Rahu</b>	3:17PM - 4:54PM	Tailita Until 3:08AM Wed
Creative Work	Siddha Yoga		Prathamam* Until 2:08PM
			Ganesh: Yellow Sunrise: 5:24AM Muruga: Red Sunset: 6:21PM Nataraja: Purple Moon - Orange Vaisaka-Chaitra
			Sivaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 1st Phase

**1**

**Wednesday, May 14, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiyayam Titau	Kingston, Jamaica Sun 1 Sufra 30
	<b>Gulika</b>	10:25AM - 12:02PM	<b>Jyeshtha* Until 3:27AM Thu</b>
Wischika Rasi: 19.02	Tithi 17 - 18	Yama 7:11AM - 8:48AM	Shiva Until 8:31PM
	<b>Rahu</b>	12:02PM - 1:40PM	Vanija Until 4:51AM Thu
Creative Work	Siddha Yoga		Dvitiya Until 4:01PM
			Ganesh: Yellow Sunrise: 5:23AM Muruga: Red Sunset: 6:21PM Nataraja: Purple Moon - Orange Vaisaka-Vaikasi
			Sivaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 1st Phase

**2**

**Thursday, May 15, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddha Yoga Visi* Bava Karana Tritiya/Chaturtham Titau	Kingston, Jamaica Sun 2 Sufra 31
	<b>Gulika</b>	8:48AM - 10:25AM	<b>Mula* Until 5:37AM Fri</b>
Dhanus Rasi: 1.12	Tithi 18 - 19	Yama 5:33AM - 7:10AM	Siddha Until 8:42PM
	<b>Rahu</b>	1:40PM - 3:17PM	Bava Until 6:14AM Fri
Creative Work	Siddha Yoga		Tritiya Until 5:34PM
Until 5:37AM Fri			Ganesh: Blue Sunrise: 5:23AM Muruga: Red Sunset: 6:20PM Nataraja: Purple Moon - Light Blue Vaisaka-Vaikasi
Then Routine Work - Prabarishtha Yoga			Subha Sivaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 1st Phase

**3**

**Friday, May 16, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashada* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturtham Titau	Kingston, Jamaica Sun 3 Sufra 32
	<b>Gulika</b>	7:10AM - 8:48AM	<b>Purvashada* Until 7:14AM Sat</b>
Dhanus Rasi: 13.31	Tithi 19	Yama 3:17PM - 4:55PM	Sadya Until 8:37PM
	<b>Rahu</b>	10:25AM - 12:02PM	Bava Until 6:14AM
Routine Work	Prabarishtha Yoga		Chaturthi* Until 6:46PM
Until 7:14AM Sat			Ganesh: Blue Sunrise: 5:23AM Muruga: Red Sunset: 6:20PM Nataraja: Purple Moon - Light Blue Vaisaka-Vaikasi
Then Routine Work - Marana Yoga			Subha Sivaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 3 1st Phase

**4**

**Saturday, May 17, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Manva Vasara Yuktayam Purvashada*Uttarashada Nakshatra Subha Yoga Kaulava/Tailita Karana Panchamam Titau	Kingston, Jamaica Sun 4 Sufra 33
	<b>Gulika</b>	5:32AM - 7:10AM	<b>Purvashada* Until 7:14AM</b>
Dhanus Rasi: 26	Tithi 20	Yama 1:40PM - 3:17PM	Subha Until 8:13PM
	<b>Rahu</b>	8:47AM - 10:25AM	Kaulava Until 7:13AM
Creative Work	Siddha Yoga		Panchami Until 7:31PM
Until 7:14AM			Ganesh: Blue Sunrise: 5:20AM Muruga: Red Sunset: 6:20PM Nataraja: Purple Moon - Light Blue Vaisaka-Vaikasi
Then Routine Work - Marana Yoga			Subha Sivaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 4 1st Phase

**5**

**Sunday, May 18, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashada/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shasthyam Titau	Kingston, Jamaica Sun 5 Sufra 34
	<b>Gulika</b>	3:18PM - 4:55PM	<b>Uttarashada Until 8:15AM</b>
Makara Rasi: 8.42	Tithi 21	Yama 12:02PM - 1:40PM	Sukla Until 7:24PM
	<b>Rahu</b>	4:55PM - 6:33PM	Gara Until 7:45AM
Creative Work	Amrita Yoga		Shashthi* Until 7:47PM
			Ganesh: Blue Sunrise: 5:20AM Muruga: Red Sunset: 6:21PM Nataraja: Purple Moon - Light Blue Vaisaka-Vaikasi
			Subha Sivaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 5 1st Phase

**6**

**Monday, May 19, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Brahma Yoga Visi* Bava Karana Sapthamam Titau	Kingston, Jamaica Sun 6 Sufra 35
	<b>Gulika</b>	1:40PM - 3:18PM	<b>Shravana Until 9:03AM</b>
Makara Rasi: 21.39	Tithi 22	Yama 10:25AM - 12:02PM	Brahma Until 6:08PM
<b>Family Home Evening</b>		<b>Rahu</b> 7:09AM - 8:47AM	Visi Until 7:43AM
Creative Work	Amrita Yoga		Sapthami Until 7:28PM
Until 9:03AM			Ganesh: Blue Sunrise: 5:20AM Muruga: Red Sunset: 6:20PM Nataraja: Purple Moon - Purple Vaisaka-Vaikasi
Then Creative Work - Siddha Yoga			Devaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 6 1st Phase

**D**

**Tuesday, May 20, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shashthihah Nakshatra Ishta/Vaidhri* Yoga Balava/Kaulava Karana Aahamam Titau	Kingston, Jamaica Sun 7 Sufra 36
	<b>Gulika</b>	12:03PM - 1:40PM	<b>Dhanishtha Until 9:06AM</b>
Kumbha Rasi: 4.55	Tithi 23	Yama 8:47AM - 10:25AM	Indra Until 4:23PM
	<b>Rahu</b>	3:18PM - 4:56PM	Balava Until 7:06AM
Creative Work	Siddha Yoga		Ashlami* Until 6:31PM
Until 9:06AM			Ganesh: Blue Sunrise: 5:20AM Muruga: Red Sunset: 6:20PM Nataraja: Purple Moon - Purple Vaisaka-Vaikasi
Then Routine Work - Marana Yoga			Devaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 7 Ashtami

**Wednesday, May 21, 2025**

		Vasavasu Nama Samvatsara Uтарыяне Наратана Рітау Wisshabha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvashodhadasa* Nakshatra Vaidhri* Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamam Titau	Kingston, Jamaica Sun 8 Sufra 37
	<b>Gulika</b>	10:25AM - 12:03PM	<b>Shatabhishak Until 8:22AM</b>
Kumbha Rasi: 18.32	Tithi 24 - 25	Yama 7:09AM - 8:47AM	Vaidhri* Until 2:05PM
	<b>Rahu</b>	12:03PM - 1:40PM	Vanija Until 3:55AM Thu
Creative Work	Siddha Yoga		Navam* Until 4:56PM
Until 8:22AM			Ganesh: Blue Sunrise: 5:21AM Muruga: Red Sunset: 6:20PM Nataraja: Purple Moon - Purple Vaisaka-Vaikasi
Then Creative Work - Amrita Yoga			Devaloka Day Vasavasu 5:127 Moon 5 - Phase 5 - 8 Navami

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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## 1 Wednesday, May 28, 2025

Mithuna Rasi: 1.45 Tithi 2 - 3  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Баду Вєара Уктыям  
Mіgеша/Медра Nakshatra Dhrіti/Shukr Yоgа Kadava/Tallа Karana Dvіtіya/Tritіyam Tіtau

Gulika	10:25AM - 12:03PM	Mrigashira Untill 2:01PM	Ganesh: Green	Sunrise: 5:30AM	Kingston, Jamaica
Yama	7:08AM - 8:47AM	Dhrіti Untill 8:40AM	Muruga: Red	Sunset: 6:39PM	Sun 15 Sufra 44
Rahu	12:03PM - 1:42PM	Tallіta Untill 2:07AM Thu	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 15  
3rd Phase

Devaloka Day

## 2 Thursday, May 29, 2025

Mithuna Rasi: 16.18 Tithi 3 - 4  
Routine Work Marana Yoga  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Гурυ Vєара Уктыям  
Andra/Punvasu Nakshatra Ganda Yоgа Gara/Venjа Karana Tritіya/Chaturthіyam Tіtau

Gulika	8:47AM - 10:25AM	Ardra Untill 12:03PM	Ganesh: Green	Sunrise: 5:30AM	Kingston, Jamaica
Yama	5:30AM - 7:08AM	Ganda Untill 2:28AM Fri	Muruga: Red	Sunset: 6:39PM	Sun 16 Sufra 45
Rahu	1:42PM - 3:20PM	Vanjіa Untill 11:50PM	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 16  
3rd Phase

Devaloka Day

## 3 Friday, May 30, 2025

Kalkata Rasi: 0.25 Tithi 4 - 5  
Creative Work Siddha Yoga  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Sukra Vasara Yuktayam  
Punvasu/Pushya Nakshatra Viddhi Yоgа Vєst/Bava Karana Chaturthіyam Tіtau

Gulika	7:08AM - 8:47AM	Punvasu Untill 11:02AM	Ganesh: White	Sunrise: 5:30AM	Kingston, Jamaica
Yama	3:20PM - 4:59PM	Viddhi Untill 12:15AM Sat	Muruga: Red	Sunset: 6:39PM	Sun 17 Sufra 46
Rahu	10:25AM - 12:03PM	Bava Untill 10:18PM	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 17  
3rd Phase

Devaloka Day

## 4 Saturday, May 31, 2025

Kalkata Rasi: 14.04 Tithi 5 - 6  
Creative Work Siddha Yoga  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Marita Vasara Yuktayam  
Dhruva/Pushya Nakshatra Dhrіva Yоgа Balava/Kadava Karana Panchami/Shashthіyam Tіtau

Gulika	5:30AM - 7:08AM	Pushya Untill 10:39AM	Ganesh: White	Sunrise: 5:30AM	Kingston, Jamaica
Yama	1:42PM - 3:21PM	Dhrіva Untill 10:41PM	Muruga: Red	Sunset: 6:39PM	Sun 18 Sufra 47
Rahu	8:47AM - 10:25AM	Kadava Untill 9:35PM	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 18  
3rd Phase

Devaloka Day

## 5 Sunday, June 1, 2025

Kalkata Rasi: 27.14 Tithi 6 - 7  
Creative Work Siddha Yoga  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Bhanu Vasara Yuktayam  
Ashlesha/Magha Nakshatra Vyaghala Yоgа Tallа/Gara Karana Shashthi/Saptamam Tіtau

Gulika	3:21PM - 4:59PM	Ashlesha Untill 10:58AM	Ganesh: White	Sunrise: 5:30AM	Kingston, Jamaica
Yama	12:04PM - 1:42PM	Vyaghala Untill 9:50PM	Muruga: Red	Sunset: 6:39PM	Sun 19 Sufra 48
Rahu	4:59PM - 6:38PM	Gara Untill 9:45PM	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 19  
3rd Phase

Devaloka Day

## Monday, June 2, 2025

Retreat Star  
Simha Rasi: 9.58 Tithi 7 - 8  
Family Home Evening  
Routine Work Marana Yoga  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Indu Vasara Yuktayam  
Magha/Purvaphalguni Nakshatra Harshana Yоgа Vanjа/Vєst Karana Sapthami/Ashtamam Tіtau

Gulika	1:43PM - 3:21PM	Magha Untill 12:26PM	Ganesh: White	Sunrise: 5:30AM	Kingston, Jamaica
Yama	10:25AM - 12:04PM	Harshana Untill 9:39PM	Muruga: Red	Sunset: 6:39PM	Sun 20 Sufra 49
Rahu	7:08AM - 8:47AM	Vєst Untill 10:45PM	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 20  
Ashtami

Subha Sivaloka Day

## Tuesday, June 3, 2025

Retreat Star  
Simha Rasi: 22.2 Tithi 8 - 9  
Creative Work Siddha Yoga  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Сука Пакше: Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Vajra Yоgа Bava/Balava Karana Ashtami/Navamam Tіtau

Gulika	12:04PM - 1:43PM	Purvaphalguni Untill 2:30PM	Ganesh: White	Sunrise: 5:30AM	Kingston, Jamaica
Yama	8:47AM - 10:25AM	Vajra Untill 9:59PM	Muruga: Red	Sunset: 6:39PM	Sun 21 Sufra 50
Rahu	3:21PM - 5:00PM	Balava Untill 12:26AM Wed	Nataraja: Purple		Voxasau 5127

Moon 5 - Phase 7 - 21  
Navami

Subha Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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<b>1 Wednesday, June 4, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Бадхо Васара Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashashyam Titau				Kingston, Jamaica Sun 22 Sutra 51 Voxasau 5:127
Kanya Rasi: 4.26	Tithi 9 – 10	<b>Gulika</b> 10:26AM – 12:04PM	<b>Uttaraphalguni Until 4:58PM</b>	<b>Ganesha:</b> White	Sunrise: 5:29AM	
		Yama 7:08AM – 8:47AM	Siddhi Until 10:45PM	<b>Muruga:</b> Red	Sunset: 6:39PM	Moon 5 - Phase 8 - 22
Creative Work	Amrita Yoga	<b>Rahu</b> 12:04PM – 1:43PM	Taila Until 2:39AM Thu	<b>Nataraja:</b> Purple		4th Phase
Until 4:58PM			<b>Navami* Until 1:28PM</b>	Moon - Red		
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		<b>Subha Sivaloka Day</b>
<b>2 Thursday, June 5, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Гору Васара Yuktayam Hasta Nakshatra Vysatipata* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Kingston, Jamaica Sun 23 Sutra 52 Voxasau 5:127
Kanya Rasi: 16.22	Tithi 10 – 11	<b>Gulika</b> 8:47AM – 10:26AM	<b>Hasla Until 8:04PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:29AM	
		Yama 5:29AM – 7:08AM	Vyatipata* Until 11:45PM	<b>Muruga:</b> Red	Sunset: 6:39PM	Moon 5 - Phase 8 - 23
Routine Work	Marana Yoga	<b>Rahu</b> 1:43PM – 3:22PM	Vanija Until 5:08AM Fri	<b>Nataraja:</b> Blue		4th Phase
Until 8:06PM			<b>Dashami Until 3:51PM</b>	Moon - Green		
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		<b>Sivaloka Day</b>
<b>3 Friday, June 6, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Сукра Васара Yuktayam Chitra Nakshatra Varjyan Yoga Visi* Karana Ekadashtyam Titau				Kingston, Jamaica Sun 24 Sutra 53 Voxasau 5:127
Kanya Rasi: 28.11	Tithi 11	<b>Gulika</b> 7:08AM – 8:47AM	<b>Chitra Until 11:12PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:29AM	
		Yama 3:22PM – 5:01PM	Varjyan Until 12:48AM Sat	<b>Muruga:</b> Red	Sunset: 6:40PM	Moon 5 - Phase 8 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 10:26AM – 12:05PM	Visi Until 6:23PM	<b>Nataraja:</b> Blue		4th Phase
			<b>Ekadashi Until 6:23PM</b>	Moon - Green		
				Jyeshtha-Vaikasi		<b>Sivaloka Day</b>
<b>4 Saturday, June 7, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Марта Васара Yuktayam Svali Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 54 Voxasau 5:127
Tula Rasi: 10	Tithi 12	<b>Gulika</b> 5:30AM – 7:08AM	<b>Svali Until 2:04AM Sun</b>	<b>Ganesha:</b> Clear	Sunrise: 5:30AM	
		Yama 1:44PM – 3:22PM	Parigha* Until 1:49AM Sun	<b>Muruga:</b> Red	Sunset: 6:40PM	Moon 5 - Phase 8 - 25
Creative Work	Siddha Yoga	<b>Rahu</b> 8:47AM – 10:26AM	Bava Until 7:40AM	<b>Nataraja:</b> Blue		4th Phase
Until 2:04AM Sun			<b>Dvadashi Until 8:52PM</b>	Moon - Green		
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		<b>Sivaloka Day</b>
<b>5 Sunday, June 8, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Бхану Васара Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 55 Voxasau 5:127
Tula Rasi: 21.51	Tithi 13	<b>Gulika</b> 3:23PM – 5:01PM	<b>Vishakha Until 5:03AM Mon</b>	<b>Ganesha:</b> Clear	Sunrise: 5:30AM	
		Yama 12:05PM – 1:44PM	Shiva Until 2:40AM Mon	<b>Muruga:</b> Red	Sunset: 6:40PM	Moon 5 - Phase 8 - 26
Routine Work	Marana Yoga	<b>Rahu</b> 5:01PM – 6:40PM	Kaulava Until 10:04AM	<b>Nataraja:</b> Blue		4th Phase
Until 5:03AM Mon			<b>Trayodashi Until 11:10PM</b>	Moon - Orange		
Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi		<b>Sivaloka Day</b>
				<i>Pradosha Vata</i>		
<b>6 Monday, June 9, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Инду Васара Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 56 Voxasau 5:127
Vishchika Rasi: 3.48	Tithi 14	<b>Gulika</b> 1:44PM – 3:23PM	<b>Anuradha Until 7:33AM Tue</b>	<b>Ganesha:</b> Clear	Sunrise: 5:30AM	
<b>Family Home Evening</b>		Yama 10:26AM – 12:05PM	Siddha Until 3:14AM Tue	<b>Muruga:</b> Red	Sunset: 6:41PM	Moon 5 - Phase 8 - 27
Creative Work	Siddha Yoga	<b>Rahu</b> 7:09AM – 8:47AM	Gara Until 12:13PM	<b>Nataraja:</b> Blue		4th Phase
Until 7:33AM Tue			<b>Chaturdashi* Until 1:09AM Tue</b>	Moon - Orange		
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		<b>Sivaloka Day</b>
<b>○ Tuesday, June 10, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Сакта Пакше Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Visi* Bava Karana Purnimayam Titau				Kingston, Jamaica Sutra 57 Voxasau 5:127
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:05PM – 1:44PM	<b>Anuradha Until 7:33AM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:30AM	
Vishchika Rasi: 15.52	Tithi 15	Yama 8:48AM – 10:26AM	Sadya Until 3:33AM Wed	<b>Muruga:</b> Red	Sunset: 6:41PM	Moon 5 - Phase 8 -
Creative Work	Siddha Yoga	<b>Rahu</b> 3:23PM – 5:02PM	Visi Until 2:01PM	<b>Nataraja:</b> Blue		Purnima
Until 7:33AM			<b>Purnima* Until 2:46AM Wed</b>	Moon - Orange		
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		<b>Sivaloka Day</b>
<b>Wednesday, June 11, 2025</b>		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішваба Мазе Krishna Paksha: Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica Sutra 58 Voxasau 5:127
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:06PM	<b>Jyeshtha* Until 9:32AM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:30AM	
Vishchika Rasi: 28.05	Tithi 16	Yama 7:09AM – 8:48AM	Subha Until 3:35AM Thu	<b>Muruga:</b> Red	Sunset: 6:41PM	Moon 5 - Phase 8 -
Creative Work	Siddha Yoga	<b>Rahu</b> 12:06PM – 1:44PM	Balava Until 3:27PM	<b>Nataraja:</b> Blue		Prathama
Until 9:32AM			<b>Prathama* Until 4:00AM Thu</b>	Moon - Green		
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		<b>Sivaloka Day</b>

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025**  
**Gold Retreat Star**

Dhanu Rasi: 10.29 Tithi 17  
Creative Work Siddha Yoga

Gulika 8:48AM - 10:27AM  
Yama 5:30AM - 7:09AM  
Rahu 1:45PM - 3:24PM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвеша Маса Крішна Пакоше Гурі Вєсару Үктыям Мала\*Puravashada\* Nakshatra Sukla Yoga Talila/Gara Karana Dvityayam Tilau  
**Mula\* Until 11:27AM**  
Sukla Until 3:17AM Fri  
Talila Until 4:30PM  
**Dvitiya Until 4:51AM Fri**

Kingston, Jamaica Sun 1 Sutra 59  
Vasavasu 5:17  
Ganesha: Purple Sunrise: 5:30AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 2 1st Phase  
Devaloka Day  
Jyeshtha-Vaikasi

**Friday, June 13, 2025**

**1**  
Dhanu Rasi: 23.02 Tithi 18  
Routine Work Prabalashita Yoga  
Until 12:51PM  
Then Routine Work - Marana Yoga

Gulika 7:09AM - 8:48AM  
Yama 3:24PM - 5:03PM  
Rahu 10:27AM - 12:06PM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвеша Маса Крішна Пакоше Сура Вєсару Үктыям Puravashada\* Nakshatra Brahma Yoga Vanija/Vidhi\* Karana Trityayam Tilau  
**Purvashada\* Until 12:51PM**  
Brahma Until 2:42AM Sat  
Vanija Until 5:09PM  
**Tritiya Until 5:19AM Sat**

Kingston, Jamaica Sun 2 Sutra 60  
Vasavasu 5:17  
Ganesha: Purple Sunrise: 5:30AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 2 1st Phase  
Devaloka Day  
Jyeshtha-Vaikasi

**Saturday, June 14, 2025**

**2**  
Makara Rasi: 5.46 Tithi 19  
Routine Work Marana Yoga  
Until 1:43PM  
Then Creative Work - Siddha Yoga

Gulika 5:30AM - 7:09AM  
Yama 1:45PM - 3:24PM  
Rahu 8:48AM - 10:27AM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакоше Манта Вєсару Үктыям Utlarashada/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Tilau  
**Utlarashada Until 1:43PM**  
Indra Until 1:50AM Sun  
Bava Until 5:26PM  
**Chaturthi\* Until 5:24AM Sun**

Kingston, Jamaica Sun 3 Sutra 61  
Vasavasu 5:17  
Ganesha: Purple Sunrise: 5:30AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 3 1st Phase  
Devaloka Day  
Jyeshtha-Ani

**Sunday, June 15, 2025**

**3**  
Makara Rasi: 18.41 Tithi 20  
Creative Work Amrita Yoga  
Until 2:31PM  
Then Routine Work - Marana Yoga

Gulika 3:24PM - 5:03PM  
Yama 10:26PM - 1:45PM  
Rahu 5:03PM - 6:42PM  
Father's Day

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакоше Бхану Вєсару Үктыям Vaidhriti\* Nakshatra Vaidhriti\* Yoga Kaulava/Tailila Karana Panchamyam Tilau  
**Shravana Until 2:31PM**  
Vaidhriti\* Until 12:37AM Mon  
Kaulava Until 5:19PM  
**Panchami Until 5:05AM Mon**

Kingston, Jamaica Sun 4 Sutra 62  
Vasavasu 5:17  
Ganesha: Clear Sunrise: 5:30AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 4 1st Phase  
Sivaloka Day  
Jyeshtha-Ani

**Monday, June 16, 2025**

**4**  
Kumbha Rasi: 1.49 Tithi 21  
Family Home Evening  
Creative Work Siddha Yoga

Gulika 1:46PM - 3:25PM  
Yama 10:26AM - 12:07PM  
Rahu 7:09AM - 8:48AM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакоше Інду Вєсару Үктыям Dhanishtha/Shalabhishak Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthiyam Tilau  
**Dhanishtha Until 2:45PM**  
Vishkambha\* Until 11:05PM  
Gara Until 4:47PM  
**Shashthi\* Until 4:20AM Tue**

Kingston, Jamaica Sun 5 Sutra 63  
Vasavasu 5:17  
Ganesha: Yellow Sunrise: 5:30AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 5 1st Phase  
Sivaloka Day  
Jyeshtha-Ani

**Tuesday, June 17, 2025**

**5**  
Kumbha Rasi: 15.1 Tithi 22  
Routine Work Marana Yoga

Gulika 12:07PM - 1:46PM  
Yama 8:49AM - 10:28AM  
Rahu 3:25PM - 5:04PM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакоше Маргалі Вєсару Үктыям Shalabhishak/Purvashothapada\* Nakshatra Pithi Yoga Vini/Bava Karana Sapthamyam Tilau  
**Shalabhishak Until 2:25PM**  
Pithi Until 9:12PM  
Vini Until 3:49PM  
**Sapthami Until 3:08AM Wed**

Kingston, Jamaica Sun 6 Sutra 64  
Vasavasu 5:17  
Ganesha: Yellow Sunrise: 5:31AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 6 1st Phase  
Sivaloka Day  
Jyeshtha-Ani

**Wednesday, June 18, 2025**

**Retreat Star**  
Kumbha Rasi: 28.47 Tithi 23  
Creative Work Amrita Yoga  
Until 1:54PM  
Then Creative Work - Siddha Yoga

Gulika 10:28AM - 12:07PM  
Yama 7:10AM - 8:49AM  
Rahu 12:07PM - 1:46PM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакоше Буधा Вєсару Үктыям Puravashothapada\* Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Tilau  
**Purvavashothapada\* Until 1:54PM**  
Ayushman Until 6:54PM  
Balava Until 2:23PM  
**Ashtami\* Until 1:28AM Thu**

Kingston, Jamaica Sun 7 Sutra 65  
Vasavasu 5:17  
Ganesha: Clear Sunrise: 5:31AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 7 Ashtami  
Sivaloka Day  
Jyeshtha-Ani

**Thursday, June 19, 2025**

**Retreat Star**  
Meena Rasi: 12.4 Tithi 24  
Creative Work Siddha Yoga

Gulika 8:49AM - 10:28AM  
Yama 5:31AM - 7:10AM  
Rahu 1:46PM - 3:25PM

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Міхуна Маса Крішна Пакоше Гурі Вєсару Үктыям Utlarashothapada\* Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Navamyam Tilau  
**Utlarashothapada Until 12:47PM**  
Saubhagya Until 4:15PM  
Talila Until 12:29PM  
**Navami\* Until 11:21PM**

Kingston, Jamaica Sun 8 Sutra 66  
Vasavasu 5:17  
Ganesha: Clear Sunrise: 5:31AM  
Muruga: Red Sunset: 6:49PM  
Nataraja: Blue  
Moon 6 - Phase 9 - 8 Navami  
Sivaloka Day  
Jyeshtha-Ani

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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<b>1 Friday, June 20, 2025</b>		Viswasa Nama Samvatsara Uтарыне Narіana Rіtau Mіthuna Mase Kіrіna Pakіche Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Abhiganda* Yoga Vanja/Visli* Karana Dashahamam Titau				Kingston, Jamaica Sun 9 Sutra 67
Mesha Rasi: 26.52	Tithi 25	<b>Gulika</b> 7:10AM – 8:49AM	<b>Revati</b> Until 11:05AM	<b>Ganesh:</b> White	Sunrise: 5:31AM	Vasavasu 5127
		Yama 3:26PM – 5:05PM	Sobhana Until 1:15PM	<b>Muruga:</b> Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 9
Creative Work	Siddha Yoga	311518571 <b>Rahu</b> 10:28AM – 12:07PM	Vanija Until 10:09AM	<b>Nataraja:</b> Blue		2nd Phase
Until 11:05AM			<b>Dashami</b> Until 8:49PM	Moon – Clear		
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		<b>Subha Sivaloka Day</b>

<b>2 Saturday, June 21, 2025</b>		Viswasa Nama Samvatsara Uтарыне Narіana Rіtau Mіthuna Mase Kіrіna Pakіche Maru Vasara Yuktayam Ashvini/Bharani Nakshatra Abhiganda* Sukarna Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau				Kingston, Jamaica Sun 10 Sutra 68
Mesha Rasi: 11.19	Tithi 26 – 27	<b>Gulika</b> 5:31AM – 7:10AM	<b>Ashvini</b> Until 9:18AM	<b>Ganesh:</b> Yellow	Sunrise: 5:31AM	Vasavasu 5127
		Yama 1:47PM – 3:26PM	Abhiganda* Until 9:56AM	<b>Muruga:</b> Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 10
Creative Work	Siddha Yoga	321518571 <b>Rahu</b> 8:49AM – 10:29AM	Bava Until 7:26AM	<b>Nataraja:</b> Blue		2nd Phase
Until 11:05AM			<b>Ekadashi*</b> Until 5:57PM	Moon – White		
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		<b>Sivaloka Day</b>

<b>3 Sunday, June 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Narіana Rіtau Mіthuna Mase Kіrіna Pakіche Bharu Vasara Yuktayam Bharani/Arka Nakshatra Sakama(Dhri) Yoga Tailla/Gara Karana Dwadashi/Trayodashyam Titau				Kingston, Jamaica Sun 11 Sutra 69
Mesha Rasi: 25.59	Tithi 27 – 28	<b>Gulika</b> 3:26PM – 5:05PM	<b>Bharani</b> Until 7:06AM	<b>Ganesh:</b> Yellow	Sunrise: 5:20AM	Vasavasu 5127
		Yama 12:08PM – 1:47PM	Sukarna Until 6:24AM	<b>Muruga:</b> Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 11
Routine Work	Prabalarishta Yoga	321518571 <b>Rahu</b> 5:05PM – 6:44PM	Gara Until 1:16AM Mon	<b>Nataraja:</b> Blue		2nd Phase
Until 7:06AM			<b>Dwadashi*</b> Until 2:51PM	Moon – White		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		<b>Sivaloka Day</b>
				<i>Pradosha Vata (Fasting)</i>		

<b>4 Monday, June 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Narіana Rіtau Mіthuna Mase Kіrіna Pakіche Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 12 Sutra 70
Wishabha Rasi: 10.46	Tithi 28 – 29	<b>Gulika</b> 1:47PM – 3:26PM	<b>Rohini</b> Until 7:22AM Tue	<b>Ganesh:</b> Red	Sunrise: 5:20AM	Vasavasu 5127
<b>Family Home Evening</b>		Yama 10:29AM – 12:08PM	Shula* Until 11:03PM	<b>Muruga:</b> Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 12
Creative Work	Amrita Yoga	331518571 <b>Rahu</b> 7:11AM – 8:50AM	Visli Until 10:04PM	<b>Nataraja:</b> Blue		2nd Phase
Until 2:22AM Tue			<b>Trayodashi*</b> Until 11:39AM	Moon – Yellow		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		<b>Sivaloka Day</b>

<b>● Tuesday, June 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Narіana Rіtau Mіthuna Mase Kіrіna Pakіche Mangala Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni/Caturpada* Karana Chaturdashi/Amavasyam Titau				Kingston, Jamaica Sun 13 Sutra 71
<b>Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:47PM	<b>Mrigashira</b> Until 12:10AM Wed	<b>Ganesh:</b> Red	Sunrise: 5:20AM	Vasavasu 5127
Wishabha Rasi: 25.33	Tithi 29 – 30	Yama 8:50AM – 10:29AM	Ganda* Until 7:28PM	<b>Muruga:</b> Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 13
Creative Work	Siddha Yoga	331518571 <b>Rahu</b> 3:26PM – 5:05PM	Caturpada Until 7:00PM	<b>Nataraja:</b> Blue		Amavasya
Until 11:05AM			<b>Chaturdashi*</b> Until 8:29AM	Moon – Yellow		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		<b>Sivaloka Day</b>

<b>Wednesday, June 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Narіana Rіtau Mіthuna Mase Sukra Pakіche Butha Vasara Yuktayam Arka Nakshatra Viddhi/Dhruva Yoga Kintughna*Bava Karana Prathamam Titau				Kingston, Jamaica Sun 14 Sutra 72
<b>Retreat Star</b>		<b>Gulika</b> 10:29AM – 12:08PM	<b>Ardra</b> Until 10:08PM	<b>Ganesh:</b> Red	Sunrise: 5:20AM	Vasavasu 5127
Mithuna Rasi: 10.12	Tithi 1	Yama 7:11AM – 8:50AM	Viddhi Until 4:08PM	<b>Muruga:</b> Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 14
Creative Work	Siddha Yoga	331518571 <b>Rahu</b> 12:08PM – 1:48PM	Kintughna Until 4:12PM	<b>Nataraja:</b> Blue		Prathama
Until 11:05AM			<b>Prathama*</b> Until 2:56AM Thu	Moon – Yellow		
Then Creative Work - Siddha Yoga				Ashada-Ani		<b>Sivaloka Day</b>

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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1 Thursday, June 26, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dhilliyayam Titau				Kingston, Jamaica
Mithuna Rasi: 24.35	Tilthi 2	<b>Gulika</b> 8:51AM - 10:30AM	<b>Punarvasu</b> Untill 8:52PM	<b>Ganesha:</b> White	Sunrise: 5:23AM	Sutra 73 Vasarasu 5127
		<b>Yama</b> 5:33AM - 7:12AM	Dhruva Untill 1:09PM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 15
Creative Work	Amrita Yoga	<b>Rahu</b> 1:48PM - 3:27PM	Balava Untill 1:50PM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Dvitiya</b> Untill 12:51AM Fri	<b>Moon - Blue</b>		<b>Devaloka Day</b>
				<b>Ashada-Ani</b>		

2 Friday, June 27, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana/Yoga Talilla/Gara Karana Trilayayam Titau				Kingston, Jamaica
Kalkata Rasi: 8.37	Tilthi 3	<b>Gulika</b> 7:12AM - 8:51AM	<b>Pushya</b> Untill 8:06PM	<b>Ganesha:</b> White	Sunrise: 5:23AM	Sutra 74 Vasarasu 5127
		<b>Yama</b> 3:27PM - 5:06PM	Vyaghata* Untill 10:39AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 16
Routine Work	Marana Yoga	<b>Rahu</b> 10:30AM - 12:09PM	Talilla Untill 12:04PM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Tritiya</b> Untill 11:25PM	<b>Moon - Blue</b>		<b>Devaloka Day</b>
				<b>Ashada-Ani</b>		

3 Saturday, June 28, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Marita Vasara Yuktayam Kalkata Rasi: 22.13				Kingston, Jamaica
	Tilthi 4	<b>Gulika</b> 5:33AM - 7:12AM	<b>Ashlesha*</b> Untill 7:55PM	<b>Ganesha:</b> White	Sunrise: 5:23AM	Sutra 75 Vasarasu 5127
		<b>Yama</b> 1:48PM - 3:27PM	Harshana Untill 8:45AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 17
Routine Work	Marana Yoga	<b>Rahu</b> 8:51AM - 10:30AM	Vanija Untill 11:01AM	<b>Nataraja:</b> Blue		3rd Phase
Untill 7:55PM			<b>Chaturthi*</b> Untill 10:46PM	<b>Moon - Blue</b>		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada-Ani</b>		

4 Sunday, June 29, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Bharu Vasara Yuktayam Kalkata Rasi: 5.23				Kingston, Jamaica
	Tilthi 5	<b>Gulika</b> 3:27PM - 5:06PM	<b>Magha*</b> Untill 8:52PM	<b>Ganesha:</b> Clear	Sunrise: 5:23AM	Sutra 76 Vasarasu 5127
		<b>Yama</b> 12:09PM - 1:48PM	Vajra* Untill 7:28AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 18
Routine Work	Marana Yoga	<b>Rahu</b> 5:06PM - 6:45PM	Bava Untill 10:46AM	<b>Nataraja:</b> Blue		3rd Phase
Untill 8:52PM			<b>Panchami</b> Untill 10:57PM	<b>Moon - Red</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada-Ani</b>		

5 Monday, June 30, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Indu Vesara Yuktayam Simha Rasi: 18.08				Kingston, Jamaica
	Tilthi 6	<b>Gulika</b> 1:48PM - 3:27PM	<b>Purvaphalguni</b> Untill 10:26PM	<b>Ganesha:</b> Clear	Sunrise: 5:24AM	Sutra 77 Vasarasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 10:31AM - 12:10PM	Siddhi Untill 6:51AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 19
Creative Work	Siddha Yoga	<b>Rahu</b> 7:13AM - 8:52AM	Kaulava Untill 11:21AM	<b>Nataraja:</b> Blue		3rd Phase
			<b>Shashthi*</b> Untill 11:55PM	<b>Moon - Red</b>		<b>Sivaloka Day</b>
				<b>Ashada-Ani</b>		

6 Tuesday, July 1, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Mangala Vesara Yuktayam Kanya Rasi: 0.32				Kingston, Jamaica
	Tilthi 7	<b>Gulika</b> 12:10PM - 1:49PM	<b>Uttaraphalguni</b> Untill 12:31AM Wed	<b>Ganesha:</b> Clear	Sunrise: 5:24AM	Sutra 78 Vasarasu 5127
		<b>Yama</b> 8:52AM - 10:31AM	Vyailpala* Untill 6:52AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 20
Creative Work	Amrita Yoga	<b>Rahu</b> 3:28PM - 5:07PM	Gara Untill 12:41PM	<b>Nataraja:</b> Blue		3rd Phase
Untill 12:31AM Wed			<b>Saptami</b> Untill 1:34AM Wed	<b>Moon - Red</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Ashada-Ani</b>		

Wednesday, July 2, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yuktayam Kanya Rasi: 12.39				Kingston, Jamaica
	Tilthi 8	<b>Gulika</b> 10:31AM - 12:10PM	<b>Hasta</b> Untill 3:25AM Thu	<b>Ganesha:</b> Purple	Sunrise: 5:24AM	Sutra 79 Vasarasu 5127
		<b>Yama</b> 7:13AM - 8:52AM	Variyan Untill 7:20AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 21
Routine Work	Marana Yoga	<b>Rahu</b> 12:10PM - 1:49PM	Visli Untill 2:37PM	<b>Nataraja:</b> Blue		Ashtami
Untill 3:25AM Thu			<b>Ashtami*</b> Untill 3:43AM Thu	<b>Moon - Green</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada-Ani</b>		

Thursday, July 3, 2025		Viswasesu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktayam Kanya Rasi: 24.36				Kingston, Jamaica
	Tilthi 9	<b>Gulika</b> 8:52AM - 10:31AM	<b>Chitra</b> Untill 6:24AM Fri	<b>Ganesha:</b> Purple	Sunrise: 5:25AM	Sutra 80 Vasarasu 5127
		<b>Yama</b> 5:35AM - 7:13AM	Parigha* Untill 8:09AM	<b>Muruga:</b> Red	Sunset: 6:46PM	Moon 6 - Phase 11 - 22
Creative Work	Siddha Yoga	<b>Rahu</b> 1:49PM - 3:28PM	Balava Untill 4:56PM	<b>Nataraja:</b> Blue		Navami
			<b>Navami*</b> Untill 6:07AM Fri	<b>Moon - Green</b>		<b>Devaloka Day</b>
				<b>Ashada-Ani</b>		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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<b>1 Friday, July 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau				Kingston, Jamaica Sun 23 Sutra 81
Tula Rasi: 6.28	Tithi 9 – 10	<b>Gulika</b> 7:14AM – 8:53AM	<b>Chitra Untill 6:24AM</b> 3:28PM – 5:07PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Green	<b>Sunrise: 5:35AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	362518571	<b>Rahu</b> 10:31AM – 12:10PM	<b>Navami* Untill 6:07AM</b>		<b>Devaloka Day</b>

<b>2 Saturday, July 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Manita Vasara Yuktayam Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekaddshyam Tilau				Kingston, Jamaica Sun 24 Sutra 82
Tula Rasi: 18.19	Tithi 10 – 11	<b>Gulika</b> 5:35AM – 7:14AM	<b>Svali Untill 9:14AM</b> 1:49PM – 3:28PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Green	<b>Sunrise: 5:35AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - 24 4th Phase
Creative Work	Siddha Yoga	362518571	<b>Rahu</b> 8:53AM – 10:32AM	<b>Siddha Untill 10:07AM</b> <b>Vanija Untill 9:44PM</b> <b>Dashami Untill 8:33AM</b>		<b>Devaloka Day</b>

<b>3 Sunday, July 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bharu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhyha/Sadhyha Yoga Vist/Bara Karana Ekadashi/Dvaddshyam Tilau				Kingston, Jamaica Sun 25 Sutra 83
Wischika Rasi: 0.13	Tithi 11 – 12	<b>Gulika</b> 3:28PM – 5:07PM	<b>Vishakha Untill 12:13PM</b> 12:11PM – 1:49PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Orange	<b>Sunrise: 5:35AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - 25 4th Phase
Routine Work	Marana Yoga	472518571	<b>Rahu</b> 5:07PM – 6:46PM	<b>Bava Untill 11:49PM</b> <b>Ekadashi Untill 10:47AM</b>		<b>Devaloka Day</b>

<b>4 Monday, July 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvaddashi/Trayodshyam Tilau				Kingston, Jamaica Sun 26 Sutra 84
Wischika Rasi: 12.15	Tithi 12 – 13	<b>Gulika</b> 1:49PM – 3:28PM	<b>Anuradha Untill 2:42PM</b> 10:32AM – 12:11PM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Orange	<b>Sunrise: 5:36AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - 26 4th Phase
Family Home Evening		472518571	<b>Rahu</b> 7:15AM – 8:53AM	<b>Kaulava Untill 1:31AM Tue</b> <b>Dvaddashi Untill 12:42PM</b>		<b>Devaloka Day</b>

Pradosha Vata

<b>5 Tuesday, July 8, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam Jyeshtha/Mula* Nakshatra Sukla/Brahma Yoga Tailita/Gara Karana Trayodashi/Chaturdshyam Tilau				Kingston, Jamaica Sun 27 Sutra 85
Wischika Rasi: 24.28	Tithi 13 – 14	<b>Gulika</b> 12:11PM – 1:50PM	<b>Jyeshtha* Untill 4:36PM</b> 8:54AM – 10:32AM	<b>Ganesha: Purple</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Orange	<b>Sunrise: 5:36AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	472518571	<b>Rahu</b> 3:28PM – 5:07PM	<b>Gara Untill 11:47AM</b> <b>Gara Untill 2:45AM Wed</b> <b>Trayodashi Untill 2:10PM</b>		<b>Devaloka Day</b>

<b>Wednesday, July 9, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Tilau				Kingston, Jamaica Sun 28 Sutra 86
Dhanus Rasi: 6.52	Tithi 14 – 15	<b>Gulika</b> 10:32AM – 12:11PM	<b>Mula* Untill 6:21PM</b> 7:15AM – 8:54AM	<b>Ganesha: Clear</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Light Blue	<b>Sunrise: 5:36AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - Purnima
Routine Work	Marana Yoga	482518571	<b>Rahu</b> 12:11PM – 1:50PM	<b>Visli Untill 3:29AM Thu</b> <b>Chaturdashi* Untill 3:09PM</b>		<b>Sivaloka Day</b>

<b>Thursday, July 10, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Kingston, Jamaica Sun 29 Sutra 87
Dhanus Rasi: 19.29	Tithi 15 – 16	<b>Gulika</b> 8:54AM – 10:33AM	<b>Purvashadha* Untill 7:28PM</b> 5:37AM – 7:15AM	<b>Ganesha: White</b> <b>Muruga: Red</b> <b>Nataraja: Blue</b> Moon – Light Blue	<b>Sunrise: 5:37AM</b> <b>Sunset: 6:46PM</b>	Vishvasu 5:127 Moon 6 - Phase 12 - Prathama
Creative Work	Siddha Yoga	483518571	<b>Rahu</b> 1:50PM – 3:28PM	<b>Balava Untill 3:45AM Fri</b> <b>Purnima* Untill 3:40PM</b>		<b>Subha Sivaloka Day</b>

Then Routine Work - Marana Yoga

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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Friday, July 11, 2025

Gold Retreat Star

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Suktva Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhri/Vishkamba\* Yoga Kaulava/Saila Karana Prathamam/Dvityayam Tilau

Kingston, Jamaica  
Sutra 88

Makara Rasi: 2.19	Tithi 16 - 17	Gulika 7:16AM - 8:54AM	Uttarashadha Until 7:59PM	Ganesh: White	Sunrise: 5:27AM	Vasavasu 5:127
		Yama 3:28PM - 5:07PM	Vaidhri* Until 10:15AM	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 1st Phase
Routine Work	Marana Yoga	Rahu 10:33AM - 12:11PM	Taitila Until 3:01AM Sat	Nataraja: Blue		
			Prathama* Until 3:42PM	Moon - Light Blue		Subha Sivaloka Day
				Ashada-Ani		



Saturday, July 12, 2025

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Manita Vasara Yuktayam  
Shravana Nakshatra Vishkamba\* Priti/Yoga Gara/Vanija Karana Dwitya/Tritiyayam Tilau

Kingston, Jamaica  
Sun 1 Sutra 89

Makara Rasi: 15.23	Tithi 17 - 18	Gulika 5:38AM - 7:16AM	Shravana Until 8:24PM	Ganesh: Yellow	Sunrise: 5:38AM	Vasavasu 5:127
		Yama 1:50PM - 3:28PM	Vishkamba* Until 9:02AM	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 2 1st Phase
Creative Work	Siddha Yoga	Rahu 8:54AM - 10:33AM	Vanija Until 3:01AM Sun	Nataraja: Blue		
			Dvitiya Until 3:19PM	Moon - Purple		Sivaloka Day
				Ashada-Ani		



Sunday, July 13, 2025

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visi\* Bava Karana Chaturthi/Chaturthayam Tilau

Kingston, Jamaica  
Sun 2 Sutra 90

Makara Rasi: 28.39	Tithi 18 - 19	Gulika 3:28PM - 5:07PM	Dhanishtha Until 8:19PM	Ganesh: Yellow	Sunrise: 5:38AM	Vasavasu 5:127
		Yama 12:12PM - 1:50PM	Priti Until 7:32AM	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 2 1st Phase
Routine Work	Marana Yoga	Rahu 5:07PM - 6:45PM	Bava Until 2:06AM Mon	Nataraja: Blue		
Then Creative Work	Siddha Yoga		Tritiya Until 2:35PM	Moon - Purple		Sivaloka Day
				Ashada-Ani		



Monday, July 14, 2025

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Vasara Yuktayam  
Shalabhishak Nakshatra Saubhagya Yoga Balava/Kalava Karana Chaturthi/Panchamayam Tilau

Kingston, Jamaica  
Sun 3 Sutra 91

Kumbha Rasi: 12.06	Tithi 19 - 20	Gulika 1:50PM - 3:28PM	Shalabhishak Until 7:47PM	Ganesh: Yellow	Sunrise: 5:38AM	Vasavasu 5:127
Family Home Evening		Yama 10:33AM - 12:12PM	Saubhagya Until 3:41AM Tue	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 3 1st Phase
Creative Work	Siddha Yoga	Rahu 7:17AM - 8:55AM	Kalava Until 12:53AM Tue	Nataraja: Blue		
Then Routine Work	Marana Yoga		Chaturthi* Until 1:31PM	Moon - Purple		Sivaloka Day
				Ashada-Ani		



Tuesday, July 15, 2025

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Vasara Yuktayam  
Puravproshthapada\* Nakshatra Sobhana Yoga Talila/Gara Karana Panchami/Shashthiyam Tilau

Kingston, Jamaica  
Sun 4 Sutra 92

Kumbha Rasi: 25.44	Tithi 20 - 21	Gulika 12:12PM - 1:50PM	Puravproshthapada* Until 7:15PM	Ganesh: Purple	Sunrise: 5:39AM	Vasavasu 5:127
		Yama 8:55AM - 10:33AM	Sobhana Until 1:26AM Wed	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 4 1st Phase
Routine Work	Marana Yoga	Rahu 3:28PM - 5:07PM	Gara Until 11:23PM	Nataraja: Blue		
Then Creative Work	Amrita Yoga		Panchami Until 12:09PM	Moon - Clear		Devaloka Day
				Ashada-Ani		



Wednesday, July 16, 2025

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam  
Uttarproshthapada\* Nakshatra Alhiganda\* Yoga Vanija/Vol\* Karana Shashthi/Saptamayam Tilau

Kingston, Jamaica  
Sun 5 Sutra 93

Meena Rasi: 9.31	Tithi 21 - 22	Gulika 10:34AM - 12:12PM	Uttarproshthapada Until 6:19PM	Ganesh: Purple	Sunrise: 5:39AM	Vasavasu 5:127
		Yama 7:17AM - 8:55AM	Alhiganda* Until 10:56PM	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 5 1st Phase
Creative Work	Siddha Yoga	Rahu 12:12PM - 1:50PM	Visi Until 9:38PM	Nataraja: Blue		
Then Routine Work	Marana Yoga		Shashthi* Until 10:32AM	Moon - Clear		Devaloka Day
				Ashada-Adi		



Thursday, July 17, 2025

Retreat Star

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamayam Tilau

Kingston, Jamaica  
Sun 6 Sutra 94

Meena Rasi: 23.28	Tithi 22 - 23	Gulika 8:56AM - 10:34AM	Revati Until 4:59PM	Ganesh: Purple	Sunrise: 5:39AM	Vasavasu 5:127
		Yama 5:39AM - 7:17AM	Sukarma Until 8:14PM	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 6 Ashtami
Creative Work	Siddha Yoga	Rahu 1:50PM - 3:28PM	Balava Until 7:38PM	Nataraja: Yellow		
Then Creative Work	Amrita Yoga		Saptami Until 8:39AM	Moon - Clear		Bhuloka Day
				Ashada-Adi		Devaloka Time: 3PM to 6PM

Friday, July 18, 2025

Retreat Star

Viswastu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Gara Karana Ashtami/Navamayam Tilau

Kingston, Jamaica  
Sun 7 Sutra 95

Mesha Rasi: 7.34	Tithi 23 - 24	Gulika 7:18AM - 8:56AM	Ashvini Until 3:43PM	Ganesh: Clear	Sunrise: 5:40AM	Vasavasu 5:127
		Yama 3:28PM - 5:06PM	Dhriti Until 5:26PM	Muruga: Red	Sunset: 6:49PM	Moon 7 - Phase 13 - 7 Navami
Creative Work	Amrita Yoga	Rahu 10:34AM - 12:12PM	Gara Until 4:13AM Sat	Nataraja: Yellow		
Then Creative Work	Siddha Yoga		Ashtami* Until 6:32AM	Moon - White		Devaloka Day
				Ashada-Adi		

<b>1 Saturday, July 19, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Manu Vasara Yuktayam Bharani/Kritika Nakshatra Shula "Ganda" Yoga Vanija/Visi* Karana Dashamyam Tilau			Kingston, Jamaica Sun 8 Sutra 96
Mesha Rasi: 21:49	Tithi 25	<b>Gulika</b> 5:40AM – 7:18AM	<b>Bharani Until 2:07PM</b>	<b>Ganesh:</b> Clear Sunrise: 5:40AM	Vasavasu 5:127
		Yama 1:50PM – 3:28PM	Shula* Until 2:24PM	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 8
		433618572 <b>Rahu</b> 8:56AM – 10:34AM	Vanija Until 3:01PM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 1:45AM Sun</b>	Moon – White: Ashada-Adi	<b>Devaloka Day</b>
Until 2:07PM					
Then Creative Work - Amrita Yoga					

<b>2 Sunday, July 20, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda "Vidhi" Yoga Bava/Balava Karana Ekadashyam Tilau			Kingston, Jamaica Sun 9 Sutra 97
Wishabha Rasi: 6:09	Tithi 26	<b>Gulika</b> 3:28PM – 5:06PM	<b>Kritika Until 12:15PM</b>	<b>Ganesh:</b> Clear Sunrise: 5:40AM	Vasavasu 5:127
		Yama 12:12PM – 1:50PM	Ganda* Until 11:18AM	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 9
		433618572 <b>Rahu</b> 5:06PM – 6:44PM	Bava Until 12:29PM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:11PM</b>	Moon – White: Ashada-Adi	<b>Devaloka Day</b>

<b>3 Monday, July 21, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashyam Tilau			Kingston, Jamaica Sun 10 Sutra 98
Wishabha Rasi: 20:33	Tithi 27	<b>Gulika</b> 1:50PM – 3:28PM	<b>Rohini Until 10:38AM</b>	<b>Ganesh:</b> White Sunrise: 5:41AM	Vasavasu 5:127
<b>Family Home Evening</b>		Yama 10:34AM – 12:12PM	Widdhi Until 8:09AM	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 10
		433618572 <b>Rahu</b> 7:19AM – 8:56AM	Kaulava Until 9:55AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 8:38PM</b>	Moon – Yellow: Ashada-Adi	<b>Bhuloka Day</b>
					Devaloka Time: 3PM to 6PM

<b>4 Tuesday, July 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vasara Yuktayam Migashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Tilau			Kingston, Jamaica Sun 11 Sutra 99
Mithuna Rasi: 4:55	Tithi 28	<b>Gulika</b> 12:12PM – 1:50PM	<b>Mrigashira Until 8:55AM</b>	<b>Ganesh:</b> White Sunrise: 5:41AM	Vasavasu 5:127
		Yama 8:57AM – 10:34AM	Vyaghata* Until 2:03AM Wed	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 11
		433618572 <b>Rahu</b> 3:28PM – 5:06PM	Gara Until 7:24AM	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:11PM</b>	Moon – Yellow: Ashada-Adi	<b>Bhuloka Day</b>
Until 8:55AM					Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga					

<b>5 Wednesday, July 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Sakuni*Catupada* Karana Chaludashi/Amavasyayam Tilau			Kingston, Jamaica Sun 12 Sutra 100
Mithuna Rasi: 19:1	Tithi 29 – 30	<b>Gulika</b> 10:35AM – 12:12PM	<b>Ardra Until 7:15AM</b>	<b>Ganesh:</b> White Sunrise: 5:41AM	Vasavasu 5:127
		Yama 7:19AM – 8:57AM	Harshana Until 11:20PM	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 12
		433618572 <b>Rahu</b> 12:12PM – 1:50PM	Catupada Until 3:02AM Thu	<b>Nataraja:</b> Yellow	2nd Phase
Creative Work	Siddha Yoga		<b>Chalurdashi* Until 3:59PM</b>	Moon – Yellow: Ashada-Adi	<b>Bhuloka Day</b>
					Devaloka Time: 3PM to 6PM

<b>Thursday, July 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*"Kintughna" Karana Amavasya/Prathamayam Tilau			Kingston, Jamaica Sun 13 Sutra 101
<b>Retreat Star</b>		<b>Gulika</b> 8:57AM – 10:35AM	<b>Punarvasu Until 6:12AM</b>	<b>Ganesh:</b> Orange Sunrise: 5:42AM	Vasavasu 5:127
Kataka Rasi: 3:12	Tithi 30 – 1	Yama 5:42AM – 7:19AM	Vajra* Until 8:55PM	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 13
		444618572 <b>Rahu</b> 1:50PM – 3:28PM	Kintughna Until 1:27AM Fri	<b>Nataraja:</b> Yellow	Amavasya
Creative Work	Amrita Yoga		<b>Amavasya* Until 2:10PM</b>	Moon – Blue: Ashada-Adi	<b>Devaloka Day</b>

<b>Friday, July 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Pakche Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvityayam Tilau			Kingston, Jamaica Sun 14 Sutra 102
<b>Retreat Star</b>		<b>Gulika</b> 7:20AM – 8:57AM	<b>Ashlesha* Until 5:10AM Sat</b>	<b>Ganesh:</b> Orange Sunrise: 5:42AM	Vasavasu 5:127
Kataka Rasi: 16:58	Tithi 1 – 2	Yama 3:28PM – 5:05PM	Siddhi Until 6:58PM	<b>Muruga:</b> Red Sunset: 6:49PM	Moon 7 - Phase 14 - 14
		444618572 <b>Rahu</b> 10:35AM – 12:12PM	Balava Until 12:27AM Sat	<b>Nataraja:</b> Yellow	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 12:51PM</b>	Moon – Blue: Savana-Adi	<b>Devaloka Day</b>
Until 5:10AM Sat					
Then Creative Work - Amrita Yoga					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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<b>1 Saturday, July 26, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Manita Vesara Yuktayam Magha Nakshatra Vysalpatra Varjany Yoga Kaulava/Tailita Karana Dvitiya/Tritiyam Titau				Kingston, Jamaica Sun 15 Sutra 103
Simha Rasi: 0.22	Tithi 2 - 3	<b>Gulika</b> 5:42AM - 7:20AM <b>Yama</b> 1:50PM - 3:27PM <b>Rahu</b> 8:57AM - 10:35AM	<b>Magha* Until 5:51AM Sun</b> Vyajipala* Until 5:34PM Tailita Until 12:06AM Sun Dvitiya Until 12:10PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Red Savana-Adi	<b>Sunrise:</b> 5:42AM <b>Sunset:</b> 6:42PM Moon 7 - Phase 15 - 17 3rd Phase	<b>Devaloka Day</b>
Creative Work - Amrita Yoga Until 5:51AM Sun Then Creative Work - Siddha Yoga						
<b>2 Sunday, July 27, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Bharu Vesara Yuktayam Purvaphalguni Nakshatra VarjanyPangha* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kingston, Jamaica Sun 16 Sutra 104
Simha Rasi: 13.24	Tithi 3 - 4	<b>Gulika</b> 3:27PM - 5:05PM <b>Yama</b> 12:12PM - 1:50PM <b>Rahu</b> 5:05PM - 6:42PM	<b>Purvaphalguni Until 7:05AM Mon</b> Varjany Until 4:42PM Vanija Until 12:30AM Mon Tritiya Until 12:11PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Red Savana-Adi	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:42PM Moon 7 - Phase 15 - 17 3rd Phase	<b>Devaloka Day</b>
Creative Work - Siddha Yoga						
<b>3 Monday, July 28, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigraha*Shiva Yoga Vasi/Bava Karana Panchami/Panchamam Titau				Kingston, Jamaica Sun 17 Sutra 105
Simha Rasi: 26.05	Tithi 4 - 5	<b>Gulika</b> 1:50PM - 3:27PM <b>Yama</b> 10:35AM - 12:12PM <b>Rahu</b> 7:20AM - 8:58AM	<b>Purvaphalguni Until 7:05AM</b> Parigraha* Until 4:24PM Bava Until 1:35AM Tue Chalurithi* Until 12:56PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Red Savana-Adi	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:42PM Moon 7 - Phase 15 - 17 3rd Phase	<b>Devaloka Day</b>
Family Home Evening Creative Work - Siddha Yoga		Nag Panchami				
<b>4 Tuesday, July 29, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Babala/Kaulava Karana Panchami/Shashtham Titau				Kingston, Jamaica Sun 18 Sutra 106
Kanya Rasi: 8.28	Tithi 5 - 6	<b>Gulika</b> 12:12PM - 1:50PM <b>Yama</b> 8:58AM - 10:35AM <b>Rahu</b> 3:27PM - 5:04PM	<b>Uttaraphalguni Until 8:50AM</b> Shiva Until 4:38PM Kaulava Until 3:17AM Wed Panchami Until 2:21PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Red Savana-Adi	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:41PM Moon 7 - Phase 15 - 18 3rd Phase	<b>Devaloka Day</b>
Creative Work - Amrita Yoga Until 8:50AM Then Creative Work - Siddha Yoga						
<b>5 Wednesday, July 30, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Budha Vesara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Tailita/Gara Karana Shashthi/Saptamam Titau				Kingston, Jamaica Sun 19 Sutra 107
Kanya Rasi: 20.35	Tithi 6 - 7	<b>Gulika</b> 10:35AM - 12:12PM <b>Yama</b> 7:21AM - 8:58AM <b>Rahu</b> 12:12PM - 1:49PM	<b>Hasta Until 11:27AM</b> Siddha Until 5:14PM Gara Until 5:26AM Thu Shashthi* Until 4:18PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Green Savana-Adi	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:41PM Moon 7 - Phase 15 - 19 3rd Phase	<b>Sivaloka Day</b>
Routine Work - Marana Yoga Until 11:27AM Then Creative Work - Siddha Yoga						
<b>6 Thursday, July 31, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Guru Vesara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija Karana Sapthamam Titau				Kingston, Jamaica Sun 20 Sutra 108
Tula Rasi: 2.33	Tithi 7	<b>Gulika</b> 8:58AM - 10:35AM <b>Yama</b> 5:44AM - 7:21AM <b>Rahu</b> 1:49PM - 3:26PM	<b>Chitra Until 2:16PM</b> Sadhya Until 6:06PM Vanija Until 6:34PM Sapthami Until 6:34PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Green Savana-Adi	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:40PM Moon 7 - Phase 15 - 20 3rd Phase	<b>Sivaloka Day</b>
Creative Work - Siddha Yoga Until 2:16PM Then Creative Work - Amrita Yoga						
<b>Friday, August 1, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Sukra Vesara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Vasi/Bava Karana Ashtamam Titau				Kingston, Jamaica Sun 21 Sutra 109
<b>Retreat Star</b>		<b>Gulika</b> 7:21AM - 8:58AM <b>Yama</b> 3:26PM - 5:03PM <b>Rahu</b> 10:35AM - 12:12PM	<b>Svati Until 5:03PM</b> Subha Until 7:03PM Vasi Until 7:47AM Ashtami* Until 8:57PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Yellow Moon - Green Savana-Adi	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:40PM Moon 7 - Phase 15 - 21 Ashtami	<b>Sivaloka Day</b>
Tula Rasi: 14.26 Creative Work - Siddha Yoga						
<b>Saturday, August 2, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mese Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamam Titau				Kingston, Jamaica Sun 22 Sutra 110
<b>Retreat Star</b>		<b>Gulika</b> 5:45AM - 7:21AM <b>Yama</b> 1:49PM - 3:26PM <b>Rahu</b> 8:58AM - 10:35AM	<b>Vishakha Until 8:05PM</b> Sukla Until 7:54PM Balava Until 10:08AM Navami* Until 11:13PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Yellow Moon - Orange Savana-Adi	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 6:40PM Moon 7 - Phase 15 - 22 Navami	<b>Sivaloka Day</b>
Tula Rasi: 26.19 Creative Work - Siddha Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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## 1 Sunday, August 3, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yukhtayam		Kingston, Jamaica	
Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Doshayam Tilau		Sun 23	Sutra 111
Gulika	3:26PM - 5:02PM	Anuradha Untill 10:41PM	Ganesh: Clear Sunrise: 5:45AM
Yama	12:12PM - 1:49PM	Brahma Untill 8:33PM	Muruga: Blue Sunset: 6:39PM
474628572 Rahu	5:02PM - 6:39PM	Tailila Untill 12:16PM	Nataraja: Yellow Moon 7 - Phase 16 - 23
Routine Work	Marana Yoga	Dashami Untill 1:11AM Mon	Moon - Orange 4th Phase
		Savana-Adi	Sivaloka Day

## 2 Monday, August 4, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indru Vasara Yukhtayam		Kingston, Jamaica	
Jyeshtha Nakshatra Indra Yoga Vanija/Visli Karana Ekadashyam Tilau		Sun 24	Sutra 112
Gulika	1:49PM - 3:25PM	Jyeshtha Untill 12:41AM Tue	Ganesh: Clear Sunrise: 5:45AM
Yama	10:35AM - 12:12PM	Indra Untill 8:53PM	Muruga: Blue Sunset: 6:39PM
474628572 Rahu	7:22AM - 8:59AM	Vanija Untill 2:01PM	Nataraja: Yellow Moon 7 - Phase 16 - 24
Routine Work	Marana Yoga	Ekadashi Untill 2:41AM Tue	Moon - Orange 4th Phase
		Savana-Adi	Sivaloka Day

## 3 Tuesday, August 5, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yukhtayam		Kingston, Jamaica	
Mula Nakshatra Vaidhili Yoga Bava/Balava Karana Dvadashyam Tilau		Sun 25	Sutra 113
Gulika	12:12PM - 1:48PM	Mula Untill 2:29AM Wed	Ganesh: Yellow Sunrise: 5:45AM
Yama	10:35AM - 12:12PM	Vaidhili Untill 8:46PM	Muruga: Blue Sunset: 6:39PM
485628572 Rahu	3:25PM - 5:02PM	Bava Untill 3:16PM	Nataraja: Yellow Moon 7 - Phase 16 - 25
Creative Work	Amrita Yoga	Dvadashi Untill 3:39AM Wed	Moon - Light Blue 4th Phase
		Savana-Adi	Sivaloka Day

## 4 Wednesday, August 6, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yukhtayam		Kingston, Jamaica	
Purvashada Nakshatra Vishkambha Yoga Kaulava/Tailila Karana Trayodashyam Tilau		Sun 26	Sutra 114
Gulika	10:35AM - 12:12PM	Purvashada Untill 3:32AM Thu	Ganesh: Yellow Sunrise: 5:46AM
Yama	7:22AM - 8:59AM	Vishkambha Untill 8:12PM	Muruga: Blue Sunset: 6:39PM
485628572 Rahu	12:12PM - 1:48PM	Kaulava Untill 3:55PM	Nataraja: Yellow Moon 7 - Phase 16 - 26
Creative Work	Amrita Yoga	Trayodashi Untill 4:00AM Thu	Moon - Light Blue 4th Phase
Untill 3:32AM Thu		Pradosha Vata	Savana-Adi
Then Routine Work - Marana Yoga			Sivaloka Day

## 5 Thursday, August 7, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yukhtayam		Kingston, Jamaica	
Uttarashada Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Tilau		Sun 27	Sutra 115
Gulika	8:59AM - 10:35AM	Uttarashada Untill 3:51AM Fri	Ganesh: Yellow Sunrise: 5:46AM
Yama	5:46AM - 7:22AM	Priti Untill 7:11PM	Muruga: Blue Sunset: 6:39PM
485628572 Rahu	1:48PM - 3:24PM	Gara Untill 3:58PM	Nataraja: Yellow Moon 7 - Phase 16 - 27
Routine Work	Marana Yoga	Chaturdashi Untill 3:46AM Fri	Moon - Purple 4th Phase
		Savana-Adi	Sivaloka Day

## Friday, August 8, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sudra Vasara Yukhtayam		Kingston, Jamaica	
Shravana Nakshatra Ayushman/Saubhagya Yoga Visli/Bava Karana Purnimayam Tilau		Sun 28	Sutra 116
Gulika	7:23AM - 8:59AM	Shravana Untill 3:57AM Sat	Ganesh: Blue Sunrise: 5:46AM
Yama	3:24PM - 5:00PM	Ayushman Untill 5:41PM	Muruga: Blue Sunset: 6:39PM
495628572 Rahu	10:35AM - 12:11PM	Visli Untill 3:27PM	Nataraja: Yellow Moon 7 - Phase 16 - Purnima
Routine Work	Marana Yoga	Varalakshmi Vratam	Moon - Purple
Untill 3:57AM Sat		Purnima Untill 2:59AM Sat	Savana-Adi
Then Creative Work - Siddha Yoga			Devaloka Day

## Saturday, August 9, 2025

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manta Vasara Yukhtayam		Kingston, Jamaica	
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau		Sutra 117	
Gulika	5:47AM - 7:23AM	Dhanishtha Untill 3:25AM Sun	Ganesh: Yellow Sunrise: 5:47AM
Yama	1:47PM - 3:24PM	Saubhagya Untill 3:47PM	Muruga: Blue Sunset: 6:39PM
495728572 Rahu	8:59AM - 10:35AM	Balava Untill 2:26PM	Nataraja: Yellow Moon 7 - Phase 16 - Prathama
Creative Work	Siddha Yoga	Prathama Untill 1:44AM Sun	Moon - Purple
		Savana-Adi	Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Bhanu Vesara Yuktayam Shalabhshak Nakshatra Sobhana/Ahiganda* Yoga Talilla/Gara Karana Dvitiyayam Tilau	Kingston, Jamaica Sutra 118
	<b>Gulika</b>	<b>3:23PM – 4:59PM</b>	<b>Shalabhshak Until 2:22AM Mon</b>
	<b>Yama</b>	<b>12:11PM – 1:47PM</b>	<b>Ganesha: Yellow</b>
	<b>Rahu</b>	<b>4:59PM – 6:35PM</b>	<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Purple</b>
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>

Creative Work Siddha Yoga

Until 2:22AM Mon

Then Routine Work – Marana Yoga

**Monday, August 11, 2025**

**1**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Indu Vesara Yuktayam Puravproshthapada* Nakshatra Ahiganda*/(Sakama Yoga Vanja/Visti) Karana Tritiyayam Tilau	Kingston, Jamaica Sun 1 Sutra 119
	<b>Gulika</b>	<b>1:47PM – 3:23PM</b>	<b>Puravproshthapada* Until 1:21AM Tue</b>
	<b>Yama</b>	<b>10:35AM – 12:11PM</b>	<b>Ganesha: Clear</b>
	<b>Rahu</b>	<b>7:23AM – 8:59AM</b>	<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>

Kumbha Rasi: 22:01 Tithi 18

Family Home Evening

Routine Work Marana Yoga

Until 1:21AM Tue

Then Creative Work – Amrita Yoga

**Tuesday, August 12, 2025**

**2**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Mangala Vesara Yuktayam Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthyayam Tilau	Kingston, Jamaica Sun 2 Sutra 120
	<b>Gulika</b>	<b>12:11PM – 1:47PM</b>	<b>Uttaraproshtapada Until 12:00AM Wed</b>
	<b>Yama</b>	<b>10:35AM – 12:11PM</b>	<b>Ganesha: Clear</b>
	<b>Rahu</b>	<b>3:23PM – 4:58PM</b>	<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>

Meena Rasi: 6:03 Tithi 19

Creative Work Amrita Yoga

Until 12:00AM Wed

Then Creative Work – Siddha Yoga

**Wednesday, August 13, 2025**

**3**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Budha Vesara Yuktayam Revati Nakshatra Shula* Yoga Kaulava/Gara Karana Panchami/Shashthyayam Tilau	Kingston, Jamaica Sun 3 Sutra 121
	<b>Gulika</b>	<b>10:35AM – 12:11PM</b>	<b>Revati Until 10:24PM</b>
	<b>Yama</b>	<b>7:23AM – 8:59AM</b>	<b>Shula* Until 2:38AM Thu</b>
	<b>Rahu</b>	<b>12:11PM – 1:46PM</b>	<b>Kaulava Until 6:59AM</b>
			<b>Panchami Until 5:51PM</b>
			<b>Ganesha: Clear</b>
			<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – Clear</b>
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>

Mesha Rasi: 20:12 Tithi 20 – 21

Routine Work Marana Yoga

**Thursday, August 14, 2025**

**4**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Guru Vesara Yuktayam Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamyam Tilau	Kingston, Jamaica Sun 4 Sutra 122
	<b>Gulika</b>	<b>8:59AM – 10:35AM</b>	<b>Ashvini Until 9:03PM</b>
	<b>Yama</b>	<b>5:48AM – 7:24AM</b>	<b>Ganda* Until 11:43PM</b>
	<b>Rahu</b>	<b>1:46PM – 3:22PM</b>	<b>Visti Until 2:27AM Fri</b>
			<b>Shashthi* Until 3:35PM</b>
			<b>Ganesha: Purple</b>
			<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Subha Sivaloka Day</b>
			<b>Sravana-Adi</b>

Mesha Rasi: 4:25 Tithi 21 – 22

Creative Work Amrita Yoga

Until 9:03PM

Then Creative Work – Siddha Yoga

**Friday, August 15, 2025**

**5**

		Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakche Sukra Vesara Yuktayam Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Tilau	Kingston, Jamaica Sun 5 Sutra 123
	<b>Gulika</b>	<b>7:24AM – 8:59AM</b>	<b>Bharani Until 7:34PM</b>
	<b>Yama</b>	<b>3:21PM – 4:57PM</b>	<b>Viddhi Until 8:50PM</b>
	<b>Rahu</b>	<b>10:35AM – 12:10PM</b>	<b>Balava Until 12:12AM Sat</b>
			<b>Saptami Until 1:18PM</b>
			<b>Ganesha: Clear</b>
			<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>

Mesha Rasi: 18:38 Tithi 22 – 23

Creative Work Siddha Yoga

Until 10:35AM

Then Creative Work – Siddha Yoga

**Saturday, August 16, 2025**

**6**

		Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Mani Vesara Yuktayam Kritika Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Tilau	Kingston, Jamaica Sun 6 Sutra 124
	<b>Gulika</b>	<b>5:48AM – 7:24AM</b>	<b>Kritika Until 6:00PM</b>
	<b>Yama</b>	<b>1:46PM – 3:21PM</b>	<b>Dhruva Until 5:58PM</b>
	<b>Rahu</b>	<b>8:59AM – 10:35AM</b>	<b>Tailila Until 10:01PM</b>
			<b>Ashtami* Until 11:05AM</b>
			<b>Ganesha: Clear</b>
			<b>Muruga: Blue</b>
			<b>Nataraja: Yellow</b>
			<b>Moon – White</b>
			<b>Sivaloka Day</b>
			<b>Sravana-Avanti</b>

Wisshabha Rasi: 2:49 Tithi 23 – 24

Creative Work Amrita Yoga

Until 8:59AM

Then Creative Work – Siddha Yoga

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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# 1 Sunday, August 17, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Uvara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Venja Karana Navami/Dashamam Titau				Kingston, Jamaica Sun 7	Sutra 125
	<b>Gulika</b>	<b>3:21PM – 4:56PM</b>	<b>Rohini Until 4:09PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 5:49AM		Vasvasu 5:17
Wishabha Rasi: 16:58	<b>Yama</b>	<b>12:10PM – 1:45PM</b>	<b>Vyaghata* Until 3:11PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:31PM	Moon 8 - Phase 18 - 7	2nd Phase
Creative Work	<b>Rahu</b>	<b>4:56PM – 6:31PM</b>	<b>Bava Until 6:01PM</b>	<b>Nataraja:</b> Yellow			
			<b>Vanija Until 7:56PM</b>	<b>Moon – Yellow</b>			
			<b>Navami* Until 8:57AM</b>	<b>Sravana-Avani</b>			<b>Sivaloka Day</b>

# 2 Monday, August 18, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam Mrigashira/Mrta Nakshatra Harshana/Vajra* Yoga Vaisi/Bava Karana Dashami/Ekadasyam Titau				Kingston, Jamaica Sun 8	Sutra 126
	<b>Gulika</b>	<b>1:45PM – 3:20PM</b>	<b>Mrigashira Until 3:38PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 5:49AM		Vasvasu 5:17
Mithuna Rasi: 1:02	<b>Yama</b>	<b>10:34AM – 12:10PM</b>	<b>Harshana Until 12:32PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:30PM	Moon 8 - Phase 18 - 8	2nd Phase
Family Home Evening	<b>Rahu</b>	<b>7:24AM – 8:59AM</b>	<b>Bava Until 6:01PM</b>	<b>Nataraja:</b> Yellow			
Creative Work			<b>Dashami Until 6:56AM</b>	<b>Moon – Yellow</b>			
Until 3:38PM				<b>Sravana-Avani</b>			<b>Sivaloka Day</b>
Then Creative Work							

# 3 Tuesday, August 19, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailita Karana Dvadashyam Titau				Kingston, Jamaica Sun 9	Sutra 127
	<b>Gulika</b>	<b>12:09PM – 1:45PM</b>	<b>Ardra Until 2:31PM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 5:49AM		Vasvasu 5:17
Mithuna Rasi: 14:59	<b>Yama</b>	<b>8:59AM – 10:34AM</b>	<b>Vajra* Until 10:01AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:30PM	Moon 8 - Phase 18 - 9	2nd Phase
Routine Work	<b>Rahu</b>	<b>3:20PM – 4:55PM</b>	<b>Kaulava Until 4:18PM</b>	<b>Nataraja:</b> Yellow			
Until 2:31PM			<b>Dvadashi* Until 3:31AM Wed</b>	<b>Moon – Yellow</b>			
Then Creative Work				<b>Sravana-Avani</b>			<b>Sivaloka Day</b>

# 4 Wednesday, August 20, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyaptata* Yoga Gara/Venja Karana Trayodashyam Titau				Kingston, Jamaica Sun 10	Sutra 128
	<b>Gulika</b>	<b>10:34AM – 12:09PM</b>	<b>Punarvasu Until 1:58PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:49AM		Vasvasu 5:17
Mithuna Rasi: 28:47	<b>Yama</b>	<b>7:24AM – 8:59AM</b>	<b>Siddhi Until 7:44AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:29PM	Moon 8 - Phase 18 - 10	2nd Phase
Creative Work	<b>Rahu</b>	<b>12:09PM – 1:44PM</b>	<b>Gara Until 2:52PM</b>	<b>Nataraja:</b> Yellow			
			<b>Trayodashi* Until 2:15AM Thu</b>	<b>Moon – Blue</b>			
				<b>Sravana-Avani</b>			<b>Devaloka Day</b>

Pradosha Vata (Fasting)

# 5 Thursday, August 21, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varjyan Yoga Vaisi/Sakuni* Karana Chaturdashyam Titau				Kingston, Jamaica Sun 11	Sutra 129
	<b>Gulika</b>	<b>8:59AM – 10:34AM</b>	<b>Pushya Until 1:37PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:49AM		Vasvasu 5:17
Kataka Rasi: 12:23	<b>Yama</b>	<b>5:49AM – 7:24AM</b>	<b>Varjyan Until 4:02AM Fri</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:28PM	Moon 8 - Phase 18 - 11	2nd Phase
Creative Work	<b>Rahu</b>	<b>1:44PM – 3:19PM</b>	<b>Vaisi Until 1:48PM</b>	<b>Nataraja:</b> Yellow			
Until 1:37PM			<b>Chaturdashi* Until 1:25AM Fri</b>	<b>Moon – Blue</b>			
Then Creative Work				<b>Sravana-Avani</b>			<b>Devaloka Day</b>

# Friday, August 22, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Ashlesha/Magha* Nakshatra Parigha* Yoga Catuspada*/Niaga* Karana Amavasyayam Titau				Kingston, Jamaica Sun 12	Sutra 130
	<b>Gulika</b>	<b>7:24AM – 8:59AM</b>	<b>Ashlesha* Until 1:34PM</b>	<b>Ganesh:</b> Light Blue	<b>Sunrise:</b> 5:50AM		Vasvasu 5:17
Kataka Rasi: 25:44	<b>Yama</b>	<b>3:18PM – 4:53PM</b>	<b>Parigha* Until 2:46AM Sat</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:28PM	Moon 8 - Phase 18 - 12	Amavasya
Routine Work	<b>Rahu</b>	<b>10:34AM – 12:09PM</b>	<b>Catuspada Until 1:11PM</b>	<b>Nataraja:</b> Yellow			
			<b>Amavasya* Until 1:03AM Sat</b>	<b>Moon – Blue</b>			
				<b>Sravana-Avani</b>			<b>Devaloka Day</b>

# Saturday, August 23, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Paksha Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Kingston, Jamaica Sun 13	Sutra 131
	<b>Gulika</b>	<b>5:50AM – 7:25AM</b>	<b>Magha* Until 2:21PM</b>	<b>Ganesh:</b> Purple	<b>Sunrise:</b> 5:50AM		Vasvasu 5:17
Simha Rasi: 8:5	<b>Yama</b>	<b>1:43PM – 3:18PM</b>	<b>Shiva Until 1:57AM Sun</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 6:27PM	Moon 8 - Phase 18 - 13	Prathama
Creative Work	<b>Rahu</b>	<b>8:59AM – 10:34AM</b>	<b>Kintughna Until 1:04PM</b>	<b>Nataraja:</b> Yellow			
Until 2:21PM			<b>Prathama* Until 1:16AM Sun</b>	<b>Moon – Red</b>			
Then Creative Work				<b>Bhadrapada-Avani</b>			<b>Devaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1

Sunday, August 24, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Bhanu Vasara Yuktayam Paraphaguni/Uttaraphaguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drivilyayam Tilau		Kingston, Jamaica Sun 14 Sutra 132
	<b>Gulika</b> 3:17PM - 4:52PM <b>Yama</b> 12:08PM - 1:43PM <b>Rahu</b> 4:52PM - 6:26PM	<b>Purvaphalguni Until 3:33PM</b> Siddha Until 1:34AM Mon Balava Until 1:37PM <b>Dvitiya Until 2:04AM Mon</b>	<b>Ganesha:</b> Purple <b>Sunrise:</b> 5:50AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> Yellow Moon - Red <b>Devaloka Day</b> Bhadrapada-Avani
Creative Work	Siddha Yoga		
Until 3:33PM			
Then Creative Work - Amrita Yoga			

2

Monday, August 25, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Indu Vasara Yuktayam Uttaraphaguni/Hasta Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Tilau		Kingston, Jamaica Sun 15 Sutra 133
	<b>Gulika</b> 1:42PM - 3:17PM <b>Yama</b> 10:33AM - 12:08PM <b>Rahu</b> 7:25AM - 8:59AM	<b>Uttaraphalguni Until 5:10PM</b> Sadhya Until 1:39AM Tue Talilla Until 2:42PM <b>Tritiya Until 3:27AM Tue</b>	<b>Ganesha:</b> Purple <b>Sunrise:</b> 5:50AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> Yellow Moon - Red <b>Devaloka Day</b> Bhadrapada-Avani
Creative Work	Siddha Yoga		
Family Home Evening			
Until 3:33PM			
Then Creative Work - Amrita Yoga			

3

Tuesday, August 26, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Mangala Vasara Yuktayam Uttaraphaguni/Hasta Nakshatra Vanja/Vesli' Karana Chaturthayam Tilau		Kingston, Jamaica Sun 16 Sutra 134
	<b>Gulika</b> 12:08PM - 1:42PM <b>Yama</b> 10:33AM - 12:08PM <b>Rahu</b> 3:16PM - 4:50PM	<b>Hasta Until 7:37PM</b> Subha Until 2:08AM Wed Vanija Until 4:21PM <b>Chaturthi' Until 5:19AM Wed</b>	<b>Ganesha:</b> Light Blue <b>Sunrise:</b> 5:50AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> Yellow Moon - Green <b>Devaloka Day</b> Bhadrapada-Avani
Creative Work	Siddha Yoga		
Until 3:33PM			
Then Creative Work - Amrita Yoga			

4

Wednesday, August 27, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Budha Vasara Yuktayam Hasta Nakshatra Sukla Yoga Bava Karana Panchamam Tilau		Kingston, Jamaica Sun 17 Sutra 135
	<b>Gulika</b> 10:33AM - 12:07PM <b>Yama</b> 8:59AM - 10:33AM <b>Rahu</b> 12:07PM - 1:41PM	<b>Chitra Until 10:17PM</b> Sukla Until 2:51AM Thu Bava Until 6:24PM <b>Panchami Until 7:32AM Thu</b>	<b>Ganesha:</b> Light Blue <b>Sunrise:</b> 5:51AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> White Moon - Green <b>Sivaloka Day</b> Bhadrapada-Avani
Creative Work	Siddha Yoga		
Until 3:33PM			
Then Creative Work - Amrita Yoga			

5

Thursday, August 28, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Guru Vasara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau		Kingston, Jamaica Sun 18 Sutra 136
	<b>Gulika</b> 8:59AM - 10:33AM <b>Yama</b> 5:51AM - 7:25AM <b>Rahu</b> 1:41PM - 3:15PM	<b>Svali Until 1:01AM Fri</b> Brahma Until 3:45AM Fri Kaulava Until 8:44PM <b>Panchami Until 7:32AM</b>	<b>Ganesha:</b> Light Blue <b>Sunrise:</b> 5:51AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> White Moon - Green <b>Sivaloka Day</b> Bhadrapada-Avani
Creative Work	Amrita Yoga		
Until 1:01AM Fri			
Then Creative Work - Siddha Yoga			

6

Friday, August 29, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Sapthamam Tilau		Kingston, Jamaica Sun 19 Sutra 137
	<b>Gulika</b> 7:25AM - 8:59AM <b>Yama</b> 3:15PM - 4:48PM <b>Rahu</b> 10:33AM - 12:07PM	<b>Vishakha Until 4:08AM Sat</b> Indra Until 4:41AM Sat Gara Until 11:09PM <b>Shashthi' Until 9:55AM</b>	<b>Ganesha:</b> Clear <b>Sunrise:</b> 5:51AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> White Moon - Orange <b>Subha Sivaloka Day</b> Bhadrapada-Avani
Creative Work	Siddha Yoga		
Until 3:33PM			
Then Creative Work - Amrita Yoga			

D

Saturday, August 30, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Manta Vasara Yuktayam Anuradha/Jyeshtha' Nakshatra Vaidhriti' Yoga Vanja/Vesli' Karana Sapthami/Ashtamam Tilau		Kingston, Jamaica Sun 20 Sutra 138
	<b>Gulika</b> 5:51AM - 7:25AM <b>Yama</b> 1:40PM - 3:14PM <b>Rahu</b> 8:59AM - 10:33AM	<b>Anuradha Until 6:55AM Sun</b> Vaidhriti' Until 5:27AM Sun Vesli Until 1:25AM Sun <b>Sapthami Until 12:17PM</b>	<b>Ganesha:</b> Clear <b>Sunrise:</b> 5:51AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> White Moon - Orange <b>Subha Sivaloka Day</b> Bhadrapada-Avani
Creative Work	Siddha Yoga		
Until 6:55AM Sun			
Then Routine Work - Marana Yoga			

Sunday, August 31, 2025

	Viswastu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Paksha Bhanu Vasara Yuktayam Anuradha/Jyeshtha' Nakshatra Vishkambha' Yoga Bava/Balava Karana Ashtami/Navamam Tilau		Kingston, Jamaica Sun 21 Sutra 139
	<b>Gulika</b> 3:13PM - 4:47PM <b>Yama</b> 12:06PM - 1:40PM <b>Rahu</b> 4:47PM - 6:21PM	<b>Anuradha Until 6:55AM</b> Vishkambha' Until 5:58AM Mon Balava Until 3:23AM Mon <b>Ashtami' Until 2:26PM</b>	<b>Ganesha:</b> Clear <b>Sunrise:</b> 5:51AM <b>Muruga:</b> Blue <b>Sunset:</b> 6:29PM <b>Nataraja:</b> White Moon - Orange <b>Subha Sivaloka Day</b> Bhadrapada-Avani
Creative Work	Marana Yoga		
Until 3:33PM			
Then Routine Work - Marana Yoga			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1 Monday, September 1, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Indu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Phili Yaga Kaulava/Taila Karana Navami/Dashamam Titau				Kingston, Jamaica Sun 22 Sutra 140
Wischika Rasi: 28.17	Tithi 9 – 10	<b>Gulika</b> Yama 58728573	<b>1:39PM – 3:13PM</b> 10:32AM – 12:06PM <b>Rahu</b> 7:25AM – 8:59AM	<b>Jyeshtha* Until 9:12AM</b> Phili Until 6:07AM Tue Taila Until 4:52AM Tue Navami* Until 4:10PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue Nataraja: White Moon – Orange Bhadrapada-Avani	Sunrise: 5:50AM Sunset: 6:29PM Moon 8 - Phase 20 - 4th Phase
Family Home Evening		Subha Sivaloka Day				
Creative Work Siddha Yoga						

<b>2 Tuesday, September 2, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Mangala Vasara Yuktayam Mula/Purvashada* Nakshatra PhiliYuktam Yaga Gara/Vanija Karana Dashami/Ekadashi Titau				Kingston, Jamaica Sun 23 Sutra 141
Dhanu Rasi: 10.34	Tithi 10 – 11	<b>Gulika</b> Yama 588728573	<b>12:05PM – 1:39PM</b> 7:25AM – 10:32AM <b>Rahu</b> 3:12PM – 4:46PM	<b>Mula* Until 11:18AM</b> Phili Until 6:07AM Vanija Until 5:43AM Wed Dashami Until 5:21PM	<b>Ganesh:</b> White <b>Muruga:</b> Blue Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:50AM Sunset: 6:29PM Moon 8 - Phase 20 - 4th Phase
Creative Work Amrita Yoga		Sivaloka Day				
Then Creative Work Siddha Yoga						

<b>3 Wednesday, September 3, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Buzha Vasara Yuktayam Purvashada*/Uttarashada Nakshatra Saubhagya Yaga Vesi/Bava Karana Ekadashi/Dwadasham Titau				Kingston, Jamaica Sun 24 Sutra 142
Dhanu Rasi: 23.08	Tithi 11 – 12	<b>Gulika</b> Yama 588828573	<b>10:32AM – 12:05PM</b> 7:25AM – 10:32AM <b>Rahu</b> 12:05PM – 1:38PM	<b>Purvashada* Until 12:37PM</b> Saubhagya Until 4:52AM Thu Bava Until 5:53AM Thu Ekadashi Until 5:52PM	<b>Ganesh:</b> Green <b>Muruga:</b> Blue Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:50AM Sunset: 6:29PM Moon 8 - Phase 20 - 4th Phase
Creative Work Amrita Yoga		Sivaloka Day				

<b>4 Thursday, September 4, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Gura Vasara Yuktayam Uttarashada/Shravana Nakshatra Sobhana Yaga Balava/Kaulava Karana Dwadashi/Trayodashyam Titau				Kingston, Jamaica Sun 25 Sutra 143
Makara Rasi: 6.02	Tithi 12 – 13	<b>Gulika</b> Yama 589828573	<b>8:58AM – 10:32AM</b> 5:52AM – 7:25AM <b>Rahu</b> 1:38PM – 3:11PM	<b>Uttarashada Until 1:06PM</b> Sobhana Until 3:25AM Fri Kaulava Until 5:20AM Fri Dwadashi Until 5:40PM	<b>Ganesh:</b> White <b>Muruga:</b> Blue Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:50AM Sunset: 6:29PM Moon 8 - Phase 20 - 4th Phase
Routine Work Marana Yoga		Sivaloka Day				
Then Creative Work Siddha Yoga		Pradosha Vata				

<b>5 Friday, September 5, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Sura Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yaga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 26 Sutra 144
Makara Rasi: 19.17	Tithi 13 – 14	<b>Gulika</b> Yama 599828573	<b>7:25AM – 8:58AM</b> 3:11PM – 4:44PM <b>Rahu</b> 10:31AM – 12:04PM	<b>Shravana Until 1:11PM</b> Athiganda* Until 1:24AM Sat Gara Until 4:07AM Sat Trayodashi Until 4:47PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue Nataraja: White Moon – Purple Bhadrapada-Avani	Sunrise: 5:50AM Sunset: 6:17PM Moon 8 - Phase 20 - 4th Phase
Routine Work Marana Yoga		Subha Sivaloka Day				
Then Creative Work Siddha Yoga		Chidambaram Abhishekam				

<b>6 Saturday, September 6, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Manta Vasara Yuktayam Dhanishtha/Purvashodhapa* Nakshatra Sukarna Yaga Vanja/Vesi* Karana Chaturdashi/Punimayam Titau				Kingston, Jamaica Sun 27 Sutra 145
Kumbha Rasi: 2.55	Tithi 14 – 15	<b>Gulika</b> Yama 599828573	<b>5:52AM – 7:25AM</b> 1:37PM – 3:10PM <b>Rahu</b> 8:58AM – 10:31AM	<b>Dhanishtha Until 12:29PM</b> Sukarna Until 10:55PM Vesi Until 2:18AM Sun Chaturdashi* Until 3:15PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue Nataraja: White Moon – Purple Bhadrapada-Avani	Sunrise: 5:50AM Sunset: 6:16PM Moon 8 - Phase 20 - 4th Phase
Creative Work Siddha Yoga		Subha Sivaloka Day				
Then Creative Work Amrita Yoga						

<b>○ Sunday, September 7, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Bharu Vasara Yuktayam Shatabhishak/Purvashodhapa* Nakshatra Dhriti Yaga Bava/Balava Karana Punima/Prathamam Titau				Kingston, Jamaica Sutra 146
<b>Copper Retreat Star</b>		<b>Gulika</b> Yama 599828573	<b>3:09PM – 4:42PM</b> 12:04PM – 1:37PM <b>Rahu</b> 4:42PM – 6:15PM	<b>Shatabhishak Until 11:06AM</b> Dhriti Until 8:03PM Balava Until 12:02AM Mon Purnima* Until 1:12PM	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue Nataraja: White Moon – Purple Bhadrapada-Avani	Sunrise: 5:53AM Sunset: 6:15PM Moon 8 - Phase 20 - Punima
Kumbha Rasi: 16.53		Tithi 15 – 16		Subha Sivaloka Day		
Creative Work Siddha Yoga		Grandparent's Day				

<b>Monday, September 8, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakche Indu Vasara Yuktayam Purvashodhapa*/Uttarashodhapa Nakshatra Shula*Ganda* Yaga Kaulava/Taila Karana Prathama/Dvityayam Titau				Kingston, Jamaica Sutra 147
<b>Silver Retreat Star</b>		<b>Gulika</b> Yama 519828573	<b>1:36PM – 3:09PM</b> 10:31AM – 12:03PM <b>Rahu</b> 7:25AM – 8:58AM	<b>Purvashodhapa* Until 9:34AM</b> Shula* Until 4:51PM Taila Until 9:25PM Prathama* Until 10:45AM	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue Nataraja: White Moon – Clear Bhadrapada-Avani	Sunrise: 5:53AM Sunset: 6:16PM Moon 8 - Phase 20 - Prathama
Meena Rasi: 1.1		Tithi 16 – 17		Subha Sivaloka Day		
Family Home Evening						
Routine Work Marana Yoga						
Then Creative Work Siddha Yoga						

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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**Tuesday, September 9, 2025****Gold Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukatayam  
Uttaraprosphadapa/Revasi Nakshatra Ganda/Widdhi Yoga Gara/Vanija Karana Dvitya/Triyayam TitauKingston, Jamaica  
Sun 1 Sutra 148

Mesha Rasi: 15.4	Tithi 17 - 18	<b>Gulika</b> 12:03PM - 1:36PM	<b>Uttaraprosphadapa Until 7:38AM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:53AM		Vasavasu 5:127
		<b>Yama</b> 8:58AM - 10:31AM	<b>Ganda* Until 1:28PM</b>	<b>Muruga:</b> Blue	Sunset: 6:18PM	Moon 9 - Phase 21 - 1	1st Phase
		<b>Rahu</b> 3:08PM - 4:41PM	<b>Vanija Until 6:36PM</b>	<b>Nataraja:</b> White			
Creative Work	Amrita Yoga		<b>Dvitiya Until 8:00AM</b>	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>	
Until 7:38AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

**1****Wednesday, September 10, 2025**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukatayam  
Ashvini Nakshatra Viddhi/Dhruva Yoga Bava/Baleva Karana Chaturtham TitauKingston, Jamaica  
Sun 2 Sutra 149

Mesha Rasi: 0.16	Tithi 19	<b>Gulika</b> 10:30AM - 12:03PM	<b>Ashvini Until 3:26AM Thu</b>	<b>Ganesha:</b> White	Sunrise: 5:53AM		Vasavasu 5:127
		<b>Yama</b> 7:25AM - 8:58AM	<b>Viddhi Until 10:01AM</b>	<b>Muruga:</b> Blue	Sunset: 6:18PM	Moon 9 - Phase 21 - 2	1st Phase
		<b>Rahu</b> 12:03PM - 1:35PM	<b>Bava Until 3:42PM</b>	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Chalurthi* Until 2:15AM Thu</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>	
Until 3:26AM Thu				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

**2****Thursday, September 11, 2025**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Guru Vasara Yukatayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Panchamam TitauKingston, Jamaica  
Sun 3 Sutra 150

Mesha Rasi: 14.53	Tithi 20	<b>Gulika</b> 8:58AM - 10:30AM	<b>Bharani Until 1:26AM Fri</b>	<b>Ganesha:</b> White	Sunrise: 5:53AM		Vasavasu 5:127
		<b>Yama</b> 7:25AM - 8:58AM	<b>Dhruva Until 6:32AM</b>	<b>Muruga:</b> Blue	Sunset: 6:18PM	Moon 9 - Phase 21 - 3	1st Phase
		<b>Rahu</b> 1:35PM - 3:07PM	<b>Kaulava Until 12:51PM</b>	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Panchami Until 11:27PM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>	
Until 3:26AM Thu				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

**3****Friday, September 12, 2025**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukatayam  
Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashtham TitauKingston, Jamaica  
Sun 4 Sutra 151

Mesha Rasi: 29.24	Tithi 21	<b>Gulika</b> 7:25AM - 8:58AM	<b>Kritika Until 11:31PM</b>	<b>Ganesha:</b> Blue	Sunrise: 5:53AM		Vasavasu 5:127
		<b>Yama</b> 3:06PM - 4:39PM	<b>Harshana Until 12:01AM Sat</b>	<b>Muruga:</b> Blue	Sunset: 6:17PM	Moon 9 - Phase 21 - 4	1st Phase
		<b>Rahu</b> 10:30AM - 12:02PM	<b>Gara Until 10:09AM</b>	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:52PM</b>	<b>Moon - White</b>		<b>Sivaloka Day</b>	
Until 11:31PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

**4****Saturday, September 13, 2025**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mani Vasara Yukatayam  
Rohini Nakshatra Vajra\* Yoga Visli\*/Bava Karana Sapthamam TitauKingston, Jamaica  
Sun 5 Sutra 152

Wishabha Rasi: 13.46	Tithi 22	<b>Gulika</b> 5:53AM - 7:26AM	<b>Rohini Until 10:10PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:53AM		Vasavasu 5:127
		<b>Yama</b> 1:34PM - 3:06PM	<b>Vajra* Until 9:04PM</b>	<b>Muruga:</b> Blue	Sunset: 6:10PM	Moon 9 - Phase 21 - 5	1st Phase
		<b>Rahu</b> 8:58AM - 10:30AM	<b>Visli Until 7:42AM</b>	<b>Nataraja:</b> White			
Creative Work	Amrita Yoga		<b>Sapthami Until 6:34PM</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
Until 10:10PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

**5****Sunday, September 14, 2025****Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yukatayam  
Migashira Nakshatra Siddhi Yoga Kaulava/Taila Karana Ashtami/Navamam TitauKingston, Jamaica  
Sun 6 Sutra 153

Wishabha Rasi: 27.55	Tithi 23 - 24	<b>Gulika</b> 3:05PM - 4:37PM	<b>Migashira Until 9:01PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:54AM		Vasavasu 5:127
		<b>Yama</b> 12:01PM - 1:33PM	<b>Siddhi Until 6:24PM</b>	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 21 - 6	Ashtami
		<b>Rahu</b> 4:37PM - 6:09PM	<b>Taila Until 3:48AM Mon</b>	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Ashtami* Until 4:37PM</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
Until 8:08PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

**Monday, September 15, 2025****Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukatayam  
Ardra Nakshatra Vyajipata\*/Varjan Yoga Gara/Vanija Karana Navami/Dashamam TitauKingston, Jamaica  
Sun 7 Sutra 154

Mithuna Rasi: 11.5	Tithi 24 - 25	<b>Gulika</b> 1:33PM - 3:05PM	<b>Ardra Until 8:08PM</b>	<b>Ganesha:</b> Red	Sunrise: 5:54AM		Vasavasu 5:127
		<b>Yama</b> 10:29AM - 12:01PM	<b>Vyajipata* Until 4:05PM</b>	<b>Muruga:</b> Blue	Sunset: 6:08PM	Moon 9 - Phase 21 - 7	Navami
		<b>Rahu</b> 7:26AM - 8:57AM	<b>Vanija Until 2:26AM Tue</b>	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Navami* Until 3:03PM</b>	<b>Moon - Yellow</b>		<b>Subha Sivaloka Day</b>	
Until 8:08PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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1	<b>Tuesday, September 16, 2025</b>		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mangala Vesara Yukatayam Panarvasu Nakshatra Varjyan/Parigha' Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 8 Sutra 155
	Mithuna Rasi: 25.3	TITHI 25 – 26	<b>Gulika</b> 12:01PM – 1:32PM <b>Yama</b> 8:57AM – 10:29AM <b>Rahu</b> 3:04PM – 4:36PM	<b>Punarvasu</b> Untill 7:56PM Varjyan Untill 2:04PM Bava Untill 1:30AM Wed <b>Dashami</b> Untill 1:54PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:03PM	Vasavasu 5127 Moon 9 - Phase 22 - 8 2nd Phase
Creative Work Siddha Yoga		541828573					<b>Sivaloka Day</b>

2	<b>Wednesday, September 17, 2025</b>		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vesara Yukatayam Pushya Nakshatra Parigha'/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kingston, Jamaica Sun 9 Sutra 156
	Kalka Rasi: 8.55	TITHI 26 – 27	<b>Gulika</b> 10:29AM – 12:00PM <b>Yama</b> 7:26AM – 8:57AM <b>Rahu</b> 12:00PM – 1:32PM	<b>Pushya</b> Untill 8:02PM Parigha' Untill 12:24PM Kaulava Untill 1:00AM Thu <b>Ekadashi'</b> Untill 1:11PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:03PM	Vasavasu 5127 Moon 9 - Phase 22 - 9 2nd Phase
Creative Work Siddha Yoga		541828573					<b>Sivaloka Day</b>

3	<b>Thursday, September 18, 2025</b>		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vesara Yukatayam Ashlesha' Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadas/Trayodashyam Titau				Kingston, Jamaica Sun 10 Sutra 157
	Kalka Rasi: 22.06	TITHI 27 – 28	<b>Gulika</b> 8:57AM – 10:29AM <b>Yama</b> 5:54AM – 7:26AM <b>Rahu</b> 1:31PM – 3:03PM	<b>Ashlesha'</b> Untill 8:25PM Shiva Untill 11:07AM Gara Untill 12:58AM Fri <b>Dvadashi'</b> Untill 12:54PM	<b>Ganesha:</b> Green <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Blue Bhadrapada-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:03PM	Vasavasu 5127 Moon 9 - Phase 22 - 10 2nd Phase
Creative Work Siddha Yoga Untill 8:25PM Then Creative Work - Amrita Yoga		541828573					<b>Sivaloka Day</b>
<i>Pradosha Vata (Fasting)</i>							

4	<b>Friday, September 19, 2025</b>		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Sukra Vesara Yukatayam Magha' Nakshatra Siddha/Sadhya Yoga Vanija/Visti' Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica Sun 11 Sutra 158
	Simha Rasi: 5.03	TITHI 28 – 29	<b>Gulika</b> 7:26AM – 8:57AM <b>Yama</b> 3:02PM – 4:34PM <b>Rahu</b> 10:28AM – 12:00PM	<b>Magha'</b> Untill 9:34PM Siddha Untill 10:09AM Visti Untill 1:24AM Sat <b>Trayodashi'</b> Untill 1:06PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:03PM	Vasavasu 5127 Moon 9 - Phase 22 - 11 2nd Phase
Routine Work Marana Yoga Untill 9:34PM Then Creative Work - Siddha Yoga		551828573					<b>Sivaloka Day</b>

●	<b>Saturday, September 20, 2025</b>		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mania Vesara Yukatayam Purvaphalguni Nakshatra Sadhya/Sukla Yoga Sakur/Catupadi' Karana Chaturdash/Amavasyayam Titau				Kingston, Jamaica Sun 12 Sutra 159
	<b>Retreat Star</b>		<b>Gulika</b> 5:54AM – 7:26AM <b>Yama</b> 1:30PM – 3:02PM <b>Rahu</b> 8:57AM – 10:28AM	<b>Purvaphalguni</b> Untill 11:00PM Sadhya Untill 9:34AM Catupadi Untill 2:17AM Sun <b>Chaturdashi'</b> Untill 1:46PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red Bhadrapada-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:03PM	Vasavasu 5127 Moon 9 - Phase 22 - 12 Amavasya
Creative Work Siddha Yoga Untill 11:00PM Then Routine Work - Marana Yoga		551828573	<b>Mahalaya Amavasya (Tamil Nadu)</b>		<b>Sivaloka Day</b>		

●	<b>Sunday, September 21, 2025</b>		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakshi Bharu Vesara Yukatayam Uttaraphalguni Nakshatra Sadha/Sukla Yoga Naga/Kirtughna' Karana Amavasya/Prathamayam Titau				Kingston, Jamaica Sun 13 Sutra 160
	<b>Retreat Star</b>		<b>Gulika</b> 3:01PM – 4:32PM <b>Yama</b> 11:59AM – 1:30PM <b>Rahu</b> 4:32PM – 6:03PM	<b>Uttaraphalguni</b> Untill 12:44AM Mon Sadha Untill 9:22AM Kirtughna Untill 3:39AM Mon <b>Amavasya'</b> Untill 2:53PM	<b>Ganesha:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon – Red Ashvina-Puratasi	<b>Sunrise:</b> 5:55AM <b>Sunset:</b> 6:03PM	Vasavasu 5127 Moon 9 - Phase 22 - 13 Prathama
Creative Work Amrita Yoga Untill 12:44AM Mon Then Creative Work - Siddha Yoga		551828573	<b>Navaratri Begins</b>		<b>Sivaloka Day</b>		

Puja, reading the scriptures, singing hymns, performing japa and unadvised austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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1

Monday, September 22, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Indu Vasara Yuktayam Kingston, Jamaica			
		Svali Nakshatra Suktibrahma Yoga Bava/Balava Karana Prathama/Dvityayam Tilau			
Kanya Rasi: 12.35	Tilhi 1 – 2	<b>Gulika</b>	1:29PM – 3:00PM	<b>Hasla Untill 3:11AM Tue</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:55AM
<b>Family Home Evening</b>		<b>Yama</b>	10:28AM – 11:59AM	<b>Sukla Untill 9:29AM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 6:09PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	7:26AM – 8:57AM	<b>Balava Untill 5:25AM Tue</b>	<b>Nataraja:</b> White <b>Moon - Green</b>
		<b>Prathama* Untill 4:28PM</b>			
		<b>Subha Sivaloka Day</b>			

2

Tuesday, September 23, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Mangala Vasara Yuktayam Kingston, Jamaica			
		Chitra Nakshatra BrahmaIndra Yoga Kaulava Karana Dvityayam Tilau			
Kanya Rasi: 24.44	Tilhi 2	<b>Gulika</b>	11:58AM – 1:29PM	<b>Chitra Untill 5:49AM Wed</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:55AM
		<b>Yama</b>	8:57AM – 10:27AM	<b>Brahma Untill 9:54AM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 6:09PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	3:00PM – 4:31PM	<b>Kaulava Untill 6:25PM</b>	<b>Nataraja:</b> White <b>Moon - Green</b>
		<b>Dvitiya Untill 6:25PM</b>			
		<b>Subha Sivaloka Day</b>			

3

Wednesday, September 24, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Budha Vasara Yuktayam Kingston, Jamaica			
		Svali Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Tilau			
Tula Rasi: 6.44	Tilhi 3	<b>Gulika</b>	10:27AM – 11:58AM	<b>Svali Untill 8:31AM Thu</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:55AM
		<b>Yama</b>	7:26AM – 8:56AM	<b>Indra Untill 10:36AM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 6:09PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	11:58AM – 1:29PM	<b>Tailila Untill 7:32AM</b>	<b>Nataraja:</b> White <b>Moon - Green</b>
		<b>Tritiya Untill 8:40PM</b>			
		<b>Subha Sivaloka Day</b>			

4

Thursday, September 25, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Guru Vasara Yuktayam Kingston, Jamaica			
		Svali Nakshatra Indra/Vaidhiti* Vishkambha* Yoga Vanija/Visi* Karana Chaturthayam Tilau			
Tula Rasi: 18.4	Tilhi 4	<b>Gulika</b>	8:56AM – 10:27AM	<b>Svali Untill 8:31AM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:55AM
		<b>Yama</b>	5:55AM – 7:26AM	<b>Vaidhiti* Untill 11:26AM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 6:09PM
<b>Creative Work</b>	<b>Amrita Yoga</b>	<b>Rahu</b>	1:28PM – 2:59PM	<b>Vanija Untill 9:54AM</b>	<b>Nataraja:</b> White <b>Moon - Green</b>
<b>Untill 8:31AM</b>		<b>Chaturthi* Untill 11:06PM</b>			
<b>Then Creative Work - Siddha Yoga</b>		<b>Subha Sivaloka Day</b>			

5

Friday, September 26, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Sukra Vasara Yuktayam Kingston, Jamaica			
		Svali Nakshatra Anuradha/Vishkambha* Prithi Yoga Bava/Balava Karana Panchamayam Tilau			
Wishika Rasi: 0.31	Tilhi 5	<b>Gulika</b>	7:26AM – 8:56AM	<b>Vishkaha Untill 11:40AM</b>	<b>Ganesha:</b> Blue <b>Sunrise:</b> 5:55AM
		<b>Yama</b>	2:58PM – 4:28PM	<b>Vishkambha* Untill 12:21PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:59PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	10:27AM – 11:57AM	<b>Bava Untill 12:22PM</b>	<b>Nataraja:</b> White <b>Moon - Orange</b>
		<b>Panchami Untill 1:35AM Sat</b>			
		<b>Subha Subha Sivaloka Day</b>			

6

Saturday, September 27, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Manu Vasara Yuktayam Kingston, Jamaica			
		Anuradha/Vishkambha* Prithi/Yushman Yoga Kaulava/Karana Shashthayam Tilau			
Wishika Rasi: 12.23	Tilhi 6	<b>Gulika</b>	5:56AM – 7:26AM	<b>Anuradha Untill 2:37PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:56AM
		<b>Yama</b>	1:27PM – 2:57PM	<b>Prithi Untill 1:16PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:59PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	8:56AM – 10:26AM	<b>Kaulava Untill 2:48PM</b>	<b>Nataraja:</b> White <b>Moon - Orange</b>
		<b>Shashthi* Untill 3:56AM Sun</b>			
		<b>Subha Sivaloka Day</b>			

Sunday, September 28, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Bhanu Vasara Yuktayam Kingston, Jamaica			
		<b>Retreat Star</b>			
Wishika Rasi: 24.18	Tilhi 7	<b>Gulika</b>	2:57PM – 4:27PM	<b>Jyeshtha* Untill 5:12PM</b>	<b>Ganesha:</b> Green <b>Sunrise:</b> 5:56AM
		<b>Yama</b>	11:56AM – 1:27PM	<b>Ayushman Untill 2:00PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:57PM
<b>Routine Work</b>	<b>Marana Yoga</b>	<b>Rahu</b>	4:27PM – 5:57PM	<b>Gara Untill 5:02PM</b>	<b>Nataraja:</b> White <b>Moon - Orange</b>
<b>Untill 5:12PM</b>		<b>Saptami Untill 6:00AM Mon</b>			
<b>Then Creative Work - Amrita Yoga</b>		<b>Sivaloka Day</b>			

D

Monday, September 29, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Indu Vasara Yuktayam Kingston, Jamaica			
		<b>Retreat Star</b>			
Dhanu Rasi: 6.2	Tilhi 7 – 8	<b>Gulika</b>	1:26PM – 2:56PM	<b>Mula* Untill 7:45PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:56AM
<b>Family Home Evening</b>		<b>Yama</b>	10:26AM – 11:56AM	<b>Saubhagya Untill 2:28PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:56PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	7:26AM – 8:56AM	<b>Visi Untill 6:52PM</b>	<b>Nataraja:</b> White <b>Moon - Light Blue</b>
<b>Untill 7:45PM</b>		<b>Saptami Untill 6:00AM</b>			
<b>Then Routine Work - Marana Yoga</b>		<b>Subha Sivaloka Day</b>			

Tuesday, September 30, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Karya Mese Sukla Pakshi Mangala Vasara Yuktayam Kingston, Jamaica			
		<b>Retreat Star</b>			
Dhanu Rasi: 18.34	Tilhi 8 – 9	<b>Gulika</b>	11:56AM – 1:26PM	<b>Purvashadha* Untill 9:35PM</b>	<b>Ganesha:</b> Red <b>Sunrise:</b> 5:56AM
		<b>Yama</b>	8:56AM – 10:26AM	<b>Sobhana Untill 2:32PM</b>	<b>Muruga:</b> Blue <b>Sunset:</b> 5:56PM
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	2:56PM – 4:26PM	<b>Balava Untill 8:09PM</b>	<b>Nataraja:</b> White <b>Moon - Light Blue</b>
<b>Untill 9:35PM</b>		<b>Ashlami* Untill 7:34AM</b>			
<b>Then Routine Work - Prabarashila Yoga</b>		<b>Subha Sivaloka Day</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantram 1502

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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<b>1</b>		<b>Wednesday, October 1, 2025</b>				Kingston, Jamaica
		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Butha Vasara Yuktayam Uttarashada Nakshatra Alhiganda/Sukarna Yoga Kusubha/Tailita Karana Navami/Dashmyam Titau				Sun 23 Sutra 170
Makara Rasi: 1.05	Tithi 9 - 10	<b>Gulika</b> 10:26AM - 11:55AM	<b>Uttarashada</b> Until 10:34PM	<b>Ganesh:</b> Red	Sunrise: 5:56AM	Vasvasu 5:127
		Yama 7:26AM - 8:56AM	Alhiganda* Until 2:03PM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 23
		682928573 <b>Rahu</b> 11:55AM - 1:25PM	Tailita Until 8:44PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Until 8:31AM	Moon - Light Blue	<b>Subha Sivaloka Day</b>	
Until 10:34PM				Ashvina-Puratasi		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Thursday, October 2, 2025</b>				Kingston, Jamaica
		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Garu Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Shula Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 171
Makara Rasi: 13.56	Tithi 10 - 11	<b>Gulika</b> 8:56AM - 10:25AM	<b>Shravana</b> Until 11:05PM	<b>Ganesh:</b> Blue	Sunrise: 5:56AM	Vasvasu 5:127
		Yama 5:56AM - 7:26AM	Sukarna Until 12:59PM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 24
		692928573 <b>Rahu</b> 1:25PM - 2:55PM	Vanija Until 8:31PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:42AM	Moon - Purple	<b>Sivaloka Day</b>	
				Ashvina-Puratasi		

<b>3</b>		<b>Friday, October 3, 2025</b>				Kingston, Jamaica
		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 172
Makara Rasi: 27.11	Tithi 11 - 12	<b>Gulika</b> 7:26AM - 8:56AM	<b>Dhanishtha</b> Until 10:41PM	<b>Ganesh:</b> Blue	Sunrise: 5:57AM	Vasvasu 5:127
		Yama 2:54PM - 4:23PM	Dhriti Until 11:18AM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 25
		692928573 <b>Rahu</b> 10:25AM - 11:55AM	Bava Until 7:30PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 8:05AM	Moon - Purple	<b>Sivaloka Day</b>	
Until 9:24PM				Ashvina-Puratasi		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, October 4, 2025</b>				Kingston, Jamaica
		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula/Ganda* Yoga Balava/Tailita Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 173
Makara Rasi: 10.53	Tithi 12 - 13	<b>Gulika</b> 5:57AM - 7:26AM	<b>Shatabhishak</b> Until 9:24PM	<b>Ganesh:</b> Blue	Sunrise: 5:57AM	Vasvasu 5:127
		Yama 1:24PM - 2:53PM	Shula* Until 8:58AM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 26
		692928573 <b>Rahu</b> 8:56AM - 10:25AM	Tailita Until 4:36AM Sun	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 6:42AM	Moon - Purple	<b>Sivaloka Day</b>	
Until 9:24PM		<b>Kadaltswami Mahasamadi</b>		Ashvina-Puratasi		
Then Routine Work - Marana Yoga						

<b>5</b>		<b>Sunday, October 5, 2025</b>				Kingston, Jamaica
		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktayam Ganda/Middhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 174
Makara Rasi: 25.01	Tithi 14	<b>Gulika</b> 2:53PM - 4:22PM	<b>Purvasroshthapada*</b> Until 7:47PM	<b>Ganesh:</b> White	Sunrise: 5:57AM	Vasvasu 5:127
		Yama 11:54AM - 1:24PM	Ganda* Until 6:05AM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 27
		612928573 <b>Rahu</b> 4:22PM - 5:51PM	Gara Until 3:21PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:56AM Mon	Moon - Clear	<b>Sivaloka Day</b>	
Until 7:47PM		<b>Chidambaram Abhishekam</b>		Ashvina-Puratasi		
Then Creative Work - Amrita Yoga						

<b>Monday, October 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Uttarashodhapa/Revati Nakshatra Dhruva Yoga Visi/Bava Karana Purnimayam Titau				Kingston, Jamaica
						Sun 27 Sutra 175
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:23PM - 2:52PM	<b>Uttarashodhapa</b> Until 5:33PM	<b>Ganesh:</b> Clear	Sunrise: 5:57AM	Vasvasu 5:127
Meena Rasi: 9.33	Tithi 15	Yama 10:25AM - 11:54AM	Dhruva Until 11:02PM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 27
<b>Family Home Evening</b>		613928573 <b>Rahu</b> 7:26AM - 8:56AM	Visi Until 12:26PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:49PM	Moon - Clear	<b>Subha Sivaloka Day</b>	
				Ashvina-Puratasi		

<b>Tuesday, October 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau				Kingston, Jamaica
						Sun 28 Sutra 176
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:54AM - 1:23PM	<b>Revati</b> Until 2:52PM	<b>Ganesh:</b> Clear	Sunrise: 5:57AM	Vasvasu 5:127
Meena Rasi: 24.23	Tithi 16	Yama 8:56AM - 10:25AM	Vyaghala* Until 7:06PM	<b>Muruga:</b> Blue	Sunset: 5:59PM	Moon 9 - Phase 24 - 28
		613928574 <b>Rahu</b> 2:52PM - 4:21PM	Balava Until 9:10AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:26PM	Moon - Clear	<b>Sivaloka Day</b>	
				Ashvina-Puratasi		

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Hanbava/Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam TilauKingston, Jamaica  
Sun 1 Sutra 177

Mesha Rasi: 9.23	Tithi 17 - 18	<b>Gulika</b> 10:24AM - 11:53AM	<b>Ashvini</b> Untill 12:17PM	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:58AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 7:27AM - 8:56AM	<b>Harsihana</b> Untill 3:05PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 1
		623928574 <b>Rahu</b> 11:53AM - 1:22PM	<b>Vanija</b> Untill 2:12AM Thu	<b>Nataraja:</b> Clear		<b>1st Phase</b>
Routine Work - Marana Yoga			<b>Dvitiya</b> Untill 3:56PM	<b>Moon - White:</b> Ashvini-Puratasi	<b>Subha Sivaloka Day</b>	
Untill 12:17PM						
Then Creative Work - Siddha Yoga						

**1****Thursday, October 9, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi\* Yoga Visli\*/Bava Karana Chaturthi/Panchamyam TilauKingston, Jamaica  
Sun 2 Sutra 178

Mesha Rasi: 24.25	Tithi 18 - 19	<b>Gulika</b> 8:55AM - 10:24AM	<b>Bharani</b> Untill 9:35AM	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:58AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 5:58AM - 7:27AM	<b>Vajra*</b> Untill 11:04AM	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 2
		623928574 <b>Rahu</b> 1:22PM - 2:51PM	<b>Bava</b> Untill 10:49PM	<b>Nataraja:</b> Clear		<b>1st Phase</b>
Creative Work - Siddha Yoga			<b>Tritiya</b> Untill 12:28PM	<b>Moon - White:</b> Ashvini-Puratasi	<b>Subha Sivaloka Day</b>	
Untill 9:35AM						
Then Routine Work - Marana Yoga						

**2****Friday, October 10, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyolipala\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam TilauKingston, Jamaica  
Sun 3 Sutra 179

Wishabha Rasi: 9.2	Tithi 19 - 20	<b>Gulika</b> 7:27AM - 8:55AM	<b>Krittika</b> Untill 6:55AM	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:58AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 2:50PM - 4:19PM	<b>Siddhi</b> Untill 7:13AM	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 3
		623928574 <b>Rahu</b> 10:24AM - 11:53AM	<b>Kaulava</b> Untill 7:42PM	<b>Nataraja:</b> Clear		<b>1st Phase</b>
Creative Work - Siddha Yoga			<b>Chaturthi*</b> Untill 9:12AM	<b>Moon - White:</b> Ashvini-Puratasi	<b>Subha Sivaloka Day</b>	
Untill 6:55AM						
Then Routine Work - Marana Yoga						

**3****Saturday, October 11, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Manita Vasara Yuktayam  
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Shashthyan TilauKingston, Jamaica  
Sun 4 Sutra 180

Wishabha Rasi: 24.01	Tithi 20 - 21	<b>Gulika</b> 5:58AM - 7:27AM	<b>Mrigashira</b> Untill 3:07AM Sun	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:58AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 1:21PM - 2:50PM	<b>Varjyan</b> Untill 12:25AM Sun	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 4
		623928574 <b>Rahu</b> 8:55AM - 10:24AM	<b>Vanija</b> Untill 3:48AM Sun	<b>Nataraja:</b> Clear		<b>1st Phase</b>
Creative Work - Siddha Yoga			<b>Panchami</b> Untill 6:16AM	<b>Moon - Yellow:</b> Ashvini-Puratasi	<b>Sivaloka Day</b>	
Untill 3:48AM						
Then Routine Work - Marana Yoga						

**4****Sunday, October 12, 2025**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Bhanu Vasara Yuktayam  
Ardra Nakshatra Parigaha\* Yoga Visli\*/Bava Karana Sapthamyam TilauKingston, Jamaica  
Sun 5 Sutra 181

Mithuna Rasi: 8.22	Tithi 22	<b>Gulika</b> 2:49PM - 4:18PM	<b>Ardra</b> Untill 1:47AM Mon	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:59AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 11:52AM - 1:21PM	<b>Parigaha*</b> Untill 9:39PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 5
		623928574 <b>Rahu</b> 4:18PM - 5:46PM	<b>Visli</b> Untill 2:48PM	<b>Nataraja:</b> Clear		<b>1st Phase</b>
Creative Work - Siddha Yoga			<b>Saptami</b> Untill 1:54AM Mon	<b>Moon - Yellow:</b> Ashvini-Puratasi	<b>Sivaloka Day</b>	
Untill 1:47AM Mon						
Then Creative Work - Amrita Yoga						

**Monday, October 13, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Indru Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam TilauKingston, Jamaica  
Sun 6 Sutra 182

Mithuna Rasi: 22.2	Tithi 23	<b>Gulika</b> 1:20PM - 2:49PM	<b>Punarvasu</b> Untill 1:21AM Tue	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:59AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 10:24AM - 11:52AM	<b>Shiva</b> Untill 7:23PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 6
		643928574 <b>Rahu</b> 7:27AM - 8:55AM	<b>Balava</b> Untill 1:12PM	<b>Nataraja:</b> Clear		<b>Ashtami</b>
Creative Work - Amrita Yoga			<b>Ashlami*</b> Untill 12:38AM Tue	<b>Moon - Blue:</b> Ashvini-Puratasi	<b>Subha Sivaloka Day</b>	
Untill 1:21AM Tue						
Then Creative Work - Siddha Yoga						

**Tuesday, October 14, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksho Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamyam TilauKingston, Jamaica  
Sun 7 Sutra 183

Kataka Rasi: 5.55	Tithi 24	<b>Gulika</b> 11:52AM - 1:20PM	<b>Pushya</b> Untill 1:26AM Wed	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:59AM	<b>Vasavasa:</b> 5:127
		<b>Yama</b> 8:55AM - 10:24AM	<b>Siddha</b> Untill 5:37PM	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:49PM	<b>Moon</b> 10 - Phase 25 - 7
		643928574 <b>Rahu</b> 2:48PM - 4:16PM	<b>Talila</b> Untill 12:15PM	<b>Nataraja:</b> Clear		<b>Navami</b>
Creative Work - Siddha Yoga			<b>Navami*</b> Untill 12:01AM Wed	<b>Moon - Blue:</b> Ashvini-Puratasi	<b>Subha Sivaloka Day</b>	
Untill 4:16PM						
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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<b>1</b>		<b>Wednesday, October 15, 2025</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Tula Karya Mase Krishna Pakshi Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visli* Karana Dishanyam Titau		Kingston, Jamaica Sun 8	Sutra 184
Kataka Rasi: 19.08	Tithi 25	<b>Gulika</b> 10:24AM - 11:52AM	<b>Ashlesha* Until 1:59AM Thu</b>	<b>Ganesh:</b> Blue	Sunrise: 5:59AM		Vasavasu 5:17
		<b>Yama</b> 7:27AM - 8:55AM	<b>Sadya Until 4:23PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 7	2nd Phase
		<b>Rahu</b> 11:52AM - 1:20PM	<b>Vanija Until 11:58AM</b>	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Dashami Until 12:03AM Thu</b>	<b>Moan - Blue</b>			<b>Subha Sivaloka Day</b>
Until 1:59AM Thu				<b>Ashvina-Puratasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, October 16, 2025</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Pakshi Guru Vasara Yuktayam Magha* Nakshatra Sukla/Sukla Yoga Bava/Balava Karana Ekadashyam Titau		Kingston, Jamaica Sun 9	Sutra 185
Simha Rasi: 2.02	Tithi 26	<b>Gulika</b> 8:56AM - 10:23AM	<b>Magha* Until 3:25AM Fri</b>	<b>Ganesh:</b> Red	Sunrise: 6:00AM		Vasavasu 5:17
		<b>Yama</b> 6:00AM - 7:28AM	<b>Subha Until 3:38PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 9	2nd Phase
		<b>Rahu</b> 1:19PM - 2:47PM	<b>Bava Until 12:19PM</b>	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Ekadashi* Until 12:40AM Fri</b>	<b>Moan - Red</b>			<b>Sivaloka Day</b>
Until 3:25AM Fri				<b>Ashvina-Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 17, 2025</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshi Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau		Kingston, Jamaica Sun 10	Sutra 186
Simha Rasi: 14.4	Tithi 27	<b>Gulika</b> 7:28AM - 8:56AM	<b>Purvaphalguni Until 5:10AM Sat</b>	<b>Ganesh:</b> Red	Sunrise: 6:00AM		Vasavasu 5:17
		<b>Yama</b> 2:47PM - 4:15PM	<b>Sukla Until 3:16PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 10	2nd Phase
		<b>Rahu</b> 10:23AM - 11:51AM	<b>Kaulava Until 1:12PM</b>	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Dvadashti* Until 1:49AM Sat</b>	<b>Moan - Red</b>			<b>Sivaloka Day</b>
Until 5:10AM Sat				<b>Ashvina-Alpasi</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, October 18, 2025</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshi Marta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Kingston, Jamaica Sun 11	Sutra 187
Simha Rasi: 27.05	Tithi 28	<b>Gulika</b> 6:00AM - 7:28AM	<b>Uttaraphalguni Until 7:10AM Sun</b>	<b>Ganesh:</b> Red	Sunrise: 6:00AM		Vasavasu 5:17
		<b>Yama</b> 1:19PM - 2:46PM	<b>Brahma Until 3:17PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 11	2nd Phase
		<b>Rahu</b> 8:56AM - 10:23AM	<b>Gara Until 2:34PM</b>	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Trayodashi* Until 3:23AM Sun</b>	<b>Moan - Red</b>			<b>Sivaloka Day</b>
Until 7:10AM Sun				<b>Ashvina-Alpasi</b>			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vata (Fasting)</i>			

<b>5</b>		<b>Sunday, October 19, 2025</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshi Shrua Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhri* Yoga Visi/Sakuni* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 12	Sutra 188
Kanya Rasi: 9.19	Tithi 29	<b>Gulika</b> 2:46PM - 4:14PM	<b>Uttaraphalguni Until 7:10AM</b>	<b>Ganesh:</b> Red	Sunrise: 6:00AM		Vasavasu 5:17
		<b>Yama</b> 11:51AM - 1:18PM	<b>Indra Until 3:35PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 12	2nd Phase
		<b>Rahu</b> 4:14PM - 5:41PM	<b>Visli Until 4:19PM</b>	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 5:18AM Mon</b>	<b>Moan - Red</b>			<b>Sivaloka Day</b>
Until 9:48AM				<b>Ashvina-Alpasi</b>			
Then Routine Work - Prabalarishtha Yoga							
							<b>Deepavali Hindu Solidarity Day</b>

<b>Monday, October 20, 2025</b>		<b>Retreat Star</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshi Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhri* Yoga Catuspada* Karana Amavasyayam Titau		Kingston, Jamaica Sun 13	Sutra 189
Kanya Rasi: 21.25	Tithi 30	<b>Gulika</b> 1:18PM - 2:46PM	<b>Hasta Until 9:48AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:01AM		Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:23AM - 11:51AM	<b>Vaidhri* Until 4:06PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 13	Amavasya
		<b>Rahu</b> 7:28AM - 8:56AM	<b>Catuspada Until 6:22PM</b>	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:28AM Tue</b>	<b>Moan - Green</b>			<b>Devaloka Day</b>
Until 9:48AM				<b>Ashvina-Alpasi</b>			
Then Routine Work - Prabalarishtha Yoga							

<b>Tuesday, October 21, 2025</b>		<b>Retreat Star</b>		Viswaksu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshi Margala Vasara Yuktayam Chitra/Sivali Nakshatra Vishkambha* Phili Yoga Naga/Kinughna* Karana Amavasya/Prathamayam Titau		Kingston, Jamaica Sun 14	Sutra 190
Tula Rasi: 3.25	Tithi 30 - 1	<b>Gulika</b> 11:50AM - 1:18PM	<b>Chitra Until 12:31PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:01AM		Vasavasu 5:17
		<b>Yama</b> 8:56AM - 10:23AM	<b>Vishkambha* Until 4:48PM</b>	<b>Muruga:</b> Blue	Sunset: 5:49PM	Moon 10 - Phase 26 - 14	Prathama
		<b>Rahu</b> 2:45PM - 4:12PM	<b>Kinughna Until 8:39PM</b>	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:28AM</b>	<b>Moan - Green</b>			<b>Devaloka Day</b>
				<b>Kartika-Alpasi</b>			
							<b>Skanda Shasti Begins</b>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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<b>1</b>	<b>Wednesday, October 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Svali/Vishkha Nakshatra Priti/Ayushman Yogi Bava/Balava Karana Prathamam/Dvitiyayam Titau				Kingston, Jamaica Sun 15 Sutra 191
	Tula Rasi: 15.2	Tithi 1 – 2	<b>Gulika</b> 10:23AM – 11:50AM Yama 7:29AM – 8:56AM Rahu 11:50AM – 1:18PM	<b>Svali Until 3:14PM</b> Priti Until 5:38PM Balava Until 11:05PM <b>Prathama* Until 9:50AM</b>	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:01AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 15 3rd Phase
Creative Work	Siddha Yoga	664138574			Kartika-Alpasi	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>2</b>	<b>Thursday, October 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishkha Nakshatra Ayushman Yogi Kaulava/Taila Karana Dvitiya/Tritiyayam Titau				Kingston, Jamaica Sun 16 Sutra 192
	Tula Rasi: 27.13	Tithi 2 – 3	<b>Gulika</b> 8:56AM – 10:23AM Yama 6:02AM – 7:29AM Rahu 1:17PM – 2:44PM	<b>Vishkha Until 6:22PM</b> Ayushman Until 6:30PM Taila Until 1:36AM Fri <b>Dvitiya Until 12:19PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 16 3rd Phase
Creative Work	Siddha Yoga	674138574			Kartika-Alpasi	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>3</b>	<b>Friday, October 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yogi Gara/Vanija Karana Tritiya/Chaturtham Titau				Kingston, Jamaica Sun 17 Sutra 193
	Wisshika Rasi: 9.04	Tithi 3 – 4	<b>Gulika</b> 7:29AM – 8:56AM Yama 6:02AM – 7:29AM Rahu 10:23AM – 11:50AM	<b>Anuradha Until 9:21PM</b> Saubhagya Until 7:24PM Vanija Until 4:06AM Sat <b>Tritiya Until 2:50PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 17 3rd Phase
Creative Work	Siddha Yoga	674138574			Kartika-Alpasi	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
Until 9:21PM							
Then Routine Work	Marana Yoga						

<b>4</b>	<b>Saturday, October 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mani Vasara Yuktayam Anuradha Nakshatra Saubhagya Yogi Visi/Bava Karana Chaturthi/Panchamam Titau				Kingston, Jamaica Sun 18 Sutra 194
	Wisshika Rasi: 20.56	Tithi 4 – 5	<b>Gulika</b> 6:02AM – 7:29AM Yama 1:17PM – 2:44PM Rahu 8:56AM – 10:23AM	<b>Jyeshtha* Until 12:05AM Sun</b> Sobhana Until 8:14PM Bava Until 6:29AM Sun <b>Chaturthi* Until 5:17PM</b>	<b>Ganesh:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 18 3rd Phase
Creative Work	Siddha Yoga	674138574			Kartika-Alpasi	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
Until 12:05AM Sun							
Then Creative Work	Amrita Yoga						

<b>5</b>	<b>Sunday, October 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Mula* Nakshatra Alhiganda* Yogi Kaulava/Taila Karana Shashtham Titau				Kingston, Jamaica Sun 19 Sutra 195
	Dhanus Rasi: 2.51	Tithi 5	<b>Gulika</b> 2:43PM – 4:10PM Yama 11:50AM – 1:17PM Rahu 4:10PM – 5:37PM	<b>Mula* Until 2:55AM Mon</b> Alhiganda* Until 8:54PM Bava Until 6:29AM <b>Panchami Until 7:33PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 19 3rd Phase
Creative Work	Amrita Yoga	684138574			Kartika-Alpasi	<b>Devaloka Day</b>	
Until 2:55AM Mon							
Then Routine Work	Marana Yoga						

<b>6</b>	<b>Monday, October 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yogi Kaulava/Taila Karana Shashtham Titau				Kingston, Jamaica Sun 20 Sutra 196
	Dhanus Rasi: 14.52	Tithi 6	<b>Gulika</b> 1:16PM – 2:43PM Yama 10:23AM – 11:50AM Rahu 7:30AM – 8:56AM	<b>Purvashadha* Until 5:14AM Tue</b> Sukarma Until 9:19PM Kaulava Until 8:36AM <b>Shashthi* Until 9:29PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 20 3rd Phase
Family Home Evening	Marana Yoga	684138574			Kartika-Alpasi	<b>Devaloka Day</b>	
Until 5:14AM Tue							
Then Routine Work	Prabalarishtha Yoga						
			Skanda Shashi				

<b>Retreat Star</b>	<b>Tuesday, October 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yogi Gara/Vanija Karana Saptamam Titau				Kingston, Jamaica Sun 21 Sutra 197
	Dhanus Rasi: 27.03	Tithi 7	<b>Gulika</b> 11:50AM – 1:16PM Yama 8:57AM – 10:23AM Rahu 2:43PM – 4:09PM	<b>Uttarashadha Until 6:51AM Wed</b> Dhriti Until 9:22PM Gara Until 10:17AM <b>Saptami Until 10:54PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 21 3rd Phase
Routine Work	Prabalarishtha Yoga	684138574			Kartika-Alpasi	<b>Devaloka Day</b>	
Until 6:51AM Wed							
Then Creative Work	Siddha Yoga						

<b>Retreat Star</b>	<b>Wednesday, October 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha Nakshatra Shula* Yogi Visi/Bava Karana Ashtamam Titau				Kingston, Jamaica Sun 22 Sutra 198
	Makara Rasi: 9.28	Tithi 8	<b>Gulika</b> 10:23AM – 11:50AM Yama 7:30AM – 8:57AM Rahu 11:50AM – 1:16PM	<b>Uttarashadha Until 6:51AM</b> Shula* Until 8:52PM Visi Until 11:24AM <b>Ashtami* Until 11:39PM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 22 Ashtami
Creative Work	Amrita Yoga	684138574			Kartika-Alpasi	<b>Devaloka Day</b>	
Until 6:51AM							
Then Creative Work	Siddha Yoga						

<b>Retreat Star</b>	<b>Thursday, October 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yogi Balava/Kaulava Karana Navamam Titau				Kingston, Jamaica Sun 23 Sutra 199
	Makara Rasi: 22.11	Tithi 9	<b>Gulika</b> 8:57AM – 10:23AM Yama 6:04AM – 7:31AM Rahu 1:16PM – 2:42PM	<b>Shravana Until 8:06AM</b> Ganda* Until 7:47PM Balava Until 11:45AM <b>Navam* Until 11:37PM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:39PM	Moon 10 - Phase 27 – 23 Navami
Creative Work	Siddha Yoga	694138574			Kartika-Alpasi	<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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<b>1</b>	<b>Friday, October 31, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Sukra Varsara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vidishi Yoga Talila/Gara Karana Dashantaryam Tilau				Kingston, Jamaica Sun 24	Sutra 200
	Kumbha Rasi: 5.2	Tithi 10	<b>Gulika</b> 7:31AM - 8:57AM Yama 2:42PM - 4:08PM <b>Rahu</b> 10:23AM - 11:49AM	<b>Dhanishtha</b> Untill 8:23AM Viddhi Untill 6:04PM Taitila Untill 11:18AM <b>Dashami</b> Untill 10:44PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple Kartika-Alpasi	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:34PM	Vasvasu 5:127 Moon 10 - Phase 2B - 24 4th Phase	
Creative Work	Siddha Yoga	694138574					<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

<b>2</b>	<b>Saturday, November 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Menta Varsara Yuktayam Shatabhishak/Puravroshthapada/ Nakshatra Dhruva/Vyaghata/ Yoga Vanja/Visli/ Karana Ekadashyam Tilau				Kingston, Jamaica Sun 25	Sutra 201
	Kumbha Rasi: 18.55	Tithi 11	<b>Gulika</b> 6:05AM - 7:31AM Yama 1:16PM - 2:42PM <b>Rahu</b> 8:57AM - 10:23AM	<b>Shatabhishak</b> Untill 7:42AM Dhruva Untill 3:39PM Vanija Untill 10:00AM <b>Ekadashi</b> Untill 9:02PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Purple Kartika-Alpasi	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:34PM	Vasvasu 5:127 Moon 10 - Phase 2B - 25 4th Phase	
Creative Work	Amrita Yoga	695138574					<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga								

<b>3</b>	<b>Sunday, November 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Bhana Varsara Yuktayam Puravroshthapada/Ultravroshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashyam Tilau				Kingston, Jamaica Sun 26	Sutra 202
	Meena Rasi: 3	Tithi 12	<b>Gulika</b> 2:41PM - 4:07PM Yama 11:49AM - 1:15PM <b>Rahu</b> 4:07PM - 5:33PM	<b>Puravroshthapada</b> Untill 6:33AM Vyaghata Untill 12:39PM Bava Untill 7:55AM <b>Dvadashi</b> Untill 6:36PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear Kartika-Alpasi	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:33PM	Vasvasu 5:127 Moon 10 - Phase 2B - 26 4th Phase	
Creative Work	Siddha Yoga	615138574					<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga								

<b>4</b>	<b>Monday, November 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Indu Varsara Yuktayam Revati Nakshatra Harshana/Vajra/ Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Kingston, Jamaica Sun 27	Sutra 203
	Meena Rasi: 17.32	Tithi 13 - 14	<b>Gulika</b> 1:15PM - 2:41PM Yama 10:24AM - 11:49AM <b>Rahu</b> 7:32AM - 8:58AM	<b>Revati</b> Untill 1:55AM Tue Harshana Untill 9:08AM Gara Untill 1:54AM Tue <b>Trayodashi</b> Untill 3:34PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear Kartika-Alpasi	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 5:33PM	Vasvasu 5:127 Moon 10 - Phase 2B - 27 4th Phase	
Creative Work	Siddha Yoga	615138574					<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga								

Pradosha Vata

<b>O</b>	<b>Tuesday, November 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Mangala Varsara Yuktayam Ashvini Nakshatra Siddhi Yoga Vanja/Visli/ Karana Chaturdashi/Purnimam Tilau				Kingston, Jamaica Sun 28	Sutra 204
	Mesha Rasi: 2.28	Tithi 14 - 15	<b>Gulika</b> 11:49AM - 1:15PM Yama 8:58AM - 10:24AM <b>Rahu</b> 2:41PM - 4:07PM	<b>Ashvini</b> Untill 11:10PM Siddhi Untill 12:58AM Wed Visli Untill 10:16PM <b>Chaturdashi</b> Untill 12:06PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White Kartika-Alpasi	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 5:33PM	Vasvasu 5:127 Moon 10 - Phase 2B - Purnima	
Creative Work	Siddha Yoga	625138574					<b>Sivaloka Day</b>	

<b>W</b>	<b>Wednesday, November 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Budha Varsara Yuktayam Bharani Nakshatra Vyatipala/ Yoga Bava/Balava Karana Purnima/Prathamam Tilau				Kingston, Jamaica Sun 29	Sutra 205
	Mesha Rasi: 17.4	Tithi 15 - 16	<b>Gulika</b> 10:24AM - 11:49AM Yama 7:32AM - 8:58AM <b>Rahu</b> 11:49AM - 1:15PM	<b>Bharani</b> Untill 8:06PM Vyatipala Untill 8:37PM Balava Untill 6:26PM <b>Purnima</b> Untill 8:21AM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - White Kartika-Alpasi	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 5:33PM	Vasvasu 5:127 Moon 10 - Phase 2B - Prathama	
Creative Work	Siddha Yoga	625138574					<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga								

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**

Wishabha Rasi: 2.58 Tithi 17

Routine Work Marana Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam

Kritika/Rohini Nakshatra Varjyan/Parigha\* Yoga Talilla/Gara Karana Dvityayam Titau

Gulika 8:58AM - 10:24AM  
Yama 6:07AM - 7:33AM  
Rahu 1:15PM - 2:41PM**Kritika Untill 4:55PM**Varjyan Untill 4:15PM  
Talilla Untill 2:35PM**Dvitiya Untill 12:42AM Fri**Ganesh: Clear Sunrise: 6:07AM  
Murgu: Yellow Sunset: 5:29PM  
Nataraja: ClearMoon - White  
Karttika-Alpasi**Devaloka Day**

Kingston, Jamaica

Sutra 206

Viswasa 5127

Moon 11 - Phase 29 - 1st Phase

**1****Friday, November 7, 2025**

Wishabha Rasi: 18.11 Tithi 18

Routine Work Marana Yoga  
Untill 2:09PM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam

Rohini/Mrigashira Nakshatra Parigha\* Shiva Yoga Vanija/Visi\* Karana Trityayam Titau

Gulika 7:33AM - 8:59AM  
Yama 2:40PM - 4:06PM  
Rahu 10:24AM - 11:50AM**Rohini Untill 2:09PM**Parigha\* Untill 12:02PM  
Vanija Untill 10:54AM  
Trityiya Untill 9:10PMGanesh: Purple Sunrise: 6:08AM  
Murgu: Yellow Sunset: 5:31PM  
Nataraja: ClearMoon - Yellow  
Karttika-Alpasi**Sivaloka Day**

Kingston, Jamaica

Sun 1 Sutra 207

Viswasa 5127

Moon 11 - Phase 29 - 1st Phase

**2****Saturday, November 8, 2025**

Mihuna Rasi: 3.11 Tithi 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam

Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthyam Titau

Gulika 6:08AM - 7:34AM  
Yama 1:15PM - 2:40PM  
Rahu 8:59AM - 10:24AM**Mrigashira Untill 11:38AM**Shiva Untill 8:07AM  
Bava Untill 7:33AM  
Chalurthi\* Untill 6:02PMGanesh: Purple Sunrise: 6:08AM  
Murgu: Yellow Sunset: 5:31PM  
Nataraja: ClearMoon - Yellow  
Karttika-Alpasi**Sivaloka Day**

Kingston, Jamaica

Sun 2 Sutra 208

Viswasa 5127

Moon 11 - Phase 29 - 2 1st Phase

**3****Sunday, November 9, 2025**

Mihuna Rasi: 17.49 Tithi 20 - 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam

Ardra/Punarvasu Nakshatra Sadhya Yoga Talilla/Gara Karana Panchami/Shashthyam Titau

Gulika 2:40PM - 4:05PM  
Yama 11:50AM - 1:15PM  
Rahu 4:05PM - 5:31PM**Ardra Untill 9:30AM**Sadhya Untill 1:35AM Mon  
Gara Untill 2:29AM Mon  
Panchami Untill 3:29PMGanesh: Purple Sunrise: 6:09AM  
Murgu: Yellow Sunset: 5:31PM  
Nataraja: ClearMoon - Yellow  
Karttika-Alpasi**Sivaloka Day**

Kingston, Jamaica

Sun 3 Sutra 209

Viswasa 5127

Moon 11 - Phase 29 - 3 1st Phase

**4****Monday, November 10, 2025**

Kataka Rasi: 1.59 Tithi 21 - 22

**Family Home Evening**Creative Work Amrita Yoga  
Untill 8:18AM  
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam

Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visi\* Karana Shashthi/Saptamyam Titau

Gulika 1:15PM - 2:40PM  
Yama 10:25AM - 11:50AM  
Rahu 7:34AM - 8:59AM**Punarvasu Untill 8:18AM**Subha Untill 11:13PM  
Visi Untill 1:02AM Tue  
Shashthi\* Untill 1:38PMGanesh: Clear Sunrise: 6:09AM  
Murgu: Yellow Sunset: 5:30PM  
Nataraja: ClearMoon - Blue  
Karttika-Alpasi**Devaloka Day**

Kingston, Jamaica

Sun 4 Sutra 210

Viswasa 5127

Moon 11 - Phase 29 - 4 1st Phase

**D****Tuesday, November 11, 2025****Retreat Star**

Kataka Rasi: 15.41 Tithi 22 - 23

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam

Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 11:50AM - 1:15PM  
Yama 9:00AM - 10:25AM  
Rahu 2:40PM - 4:05PM**Pushya Untill 7:45AM**Sukla Untill 9:27PM  
Balava Untill 12:25AM Wed  
Saptami Untill 12:36PMGanesh: White Sunrise: 6:10AM  
Murgu: Yellow Sunset: 5:30PM  
Nataraja: ClearMoon - Blue  
Karttika-Alpasi**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Kingston, Jamaica

Sun 5 Sutra 211

Viswasa 5127

Moon 11 - Phase 29 - 5 Ashtami

**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 28.55 Tithi 23 - 24

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam

Ashlesha/Magha\* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamyam Titau

Gulika 10:25AM - 11:50AM  
Yama 7:35AM - 9:00AM  
Rahu 11:50AM - 1:15PM**Ashlesha\* Untill 7:51AM**Brahma Untill 8:22PM  
Tailila Untill 12:37AM Thu  
Ashtami\* Untill 12:24PMGanesh: White Sunrise: 6:10AM  
Murgu: Yellow Sunset: 5:30PM  
Nataraja: ClearMoon - Blue  
Karttika-Alpasi**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Kingston, Jamaica

Sun 6 Sutra 212

Viswasa 5127

Moon 11 - Phase 29 - 6 Navami

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktayam Magha*Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmashyam Tilau		Kingston, Jamaica Sun 7 Sutra 213	
Simha Rasi: 11.43	Tithi 24 – 25	<b>Gulika</b> 9:00AM – 10:25AM	<b>Magha* Until 9:03AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:17AM	<b>Moon 11 - Phase 30 - 7</b>	<b>Vasarasu 5127</b>
		<b>Yama</b> 6:11AM – 7:36AM	Indra Until 7:53PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 8</b>	<b>2nd Phase</b>
Creative Work	Amrita Yoga	<b>Rahu</b> 1:15PM – 2:40PM	Vanija Until 1:35AM Fri	<b>Nataraja:</b> Clear			
Until 9:03AM			<b>Navami* Until 1:00PM</b>	<b>Moon - Red</b>			
Then Creative Work - Siddha Yoga				<b>Kartika-Alpasi</b>			<b>Devaloka Day</b>

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vist/Bara Karana Dashami/Eladeshyam Tilau		Kingston, Jamaica Sun 8 Sutra 214	
Simha Rasi: 24.12	Tithi 25 – 26	<b>Gulika</b> 7:36AM – 9:01AM	<b>Purvaphalguni Until 10:47AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:17AM	<b>Moon 11 - Phase 30 - 8</b>	<b>Vasarasu 5127</b>
		<b>Yama</b> 2:40PM – 4:05PM	Vaidhri* Until 7:52PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 8</b>	<b>2nd Phase</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 10:25AM – 11:50AM	Bava Until 3:10AM Sat	<b>Nataraja:</b> Clear			
			<b>Dashami Until 2:17PM</b>	<b>Moon - Red</b>			
				<b>Kartika-Alpasi</b>			<b>Devaloka Day</b>

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Kingston, Jamaica Sun 9 Sutra 215	
Kanya Rasi: 6.26	Tithi 26 – 27	<b>Gulika</b> 6:12AM – 7:36AM	<b>Uttaraphalguni Until 12:53PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:12AM	<b>Moon 11 - Phase 30 - 9</b>	<b>Vasarasu 5127</b>
		<b>Yama</b> 1:15PM – 2:40PM	Vishkamba* Until 8:15PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 10</b>	<b>2nd Phase</b>
Routine Work	Marana Yoga	<b>Rahu</b> 9:01AM – 10:26AM	Kaulava Until 5:13AM Sun	<b>Nataraja:</b> Clear			
			<b>Ekadashi* Until 4:08PM</b>	<b>Moon - Red</b>			
				<b>Kartika-Alpasi</b>			<b>Devaloka Day</b>

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Pili Yoga Talila Karana Dvadashyam Tilau		Kingston, Jamaica Sun 10 Sutra 216	
Kanya Rasi: 18.29	Tithi 27	<b>Gulika</b> 2:40PM – 4:04PM	<b>Hasta Until 3:42PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:12AM	<b>Moon 11 - Phase 30 - 10</b>	<b>Vasarasu 5127</b>
		<b>Yama</b> 11:51AM – 1:15PM	Pili Until 8:54PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 10</b>	<b>2nd Phase</b>
Creative Work	Amrita Yoga	<b>Rahu</b> 4:04PM – 5:29PM	Talila Until 6:20PM	<b>Nataraja:</b> Purple			
Until 3:42PM			<b>Dvadashi* Until 6:20PM</b>	<b>Moon - Green</b>			
Then Creative Work - Siddha Yoga				<b>Kartika-Kartikai</b>			<b>Sivaloka Day</b>

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Tilau		Kingston, Jamaica Sun 11 Sutra 217	
Tula Rasi: 0.26	Tithi 28	<b>Gulika</b> 1:15PM – 2:40PM	<b>Chitra Until 6:34PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:13AM	<b>Moon 11 - Phase 30 - 11</b>	<b>Vasarasu 5127</b>
<b>Family Home Evening</b>		<b>Yama</b> 10:26AM – 11:51AM	Ayushman Until 9:40PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 11</b>	<b>2nd Phase</b>
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 7:37AM – 9:02AM	Gara Until 7:33AM	<b>Nataraja:</b> Purple			
Until 6:34PM			<b>Trayodashi* Until 8:46PM</b>	<b>Moon - Green</b>			
Then Creative Work - Amrita Yoga				<b>Kartika-Kartikai</b>			<b>Sivaloka Day</b>

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Soubhaya Yoga Visti/Sakuni* Karana Chalurdashyam Tilau		Kingston, Jamaica Sun 12 Sutra 218	
Tula Rasi: 12.19	Tithi 29	<b>Gulika</b> 11:51AM – 1:15PM	<b>Svali Until 9:21PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:13AM	<b>Moon 11 - Phase 30 - 12</b>	<b>Vasarasu 5127</b>
		<b>Yama</b> 9:02AM – 10:27AM	Soubhaya Until 10:31PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 12</b>	<b>2nd Phase</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 2:40PM – 4:04PM	Visti Until 10:02AM	<b>Nataraja:</b> Purple			
Until 9:21PM			<b>Chalurdashi* Until 11:17PM</b>	<b>Moon - Green</b>			
Then Routine Work - Marana Yoga				<b>Kartika-Kartikai</b>			<b>Devaloka Day</b>

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada*Naga* Karana Amavasyayam Tilau		Kingston, Jamaica Sun 13 Sutra 219	
<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 11:51AM	<b>Vishakha Until 12:29AM Thu</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:14AM	<b>Moon 11 - Phase 30 - 13</b>	<b>Vasarasu 5127</b>
Tula Rasi: 24.11	Tithi 30	<b>Yama</b> 7:38AM – 9:03AM	Sobhana Until 11:24PM	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 13</b>	<b>Amavasya</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 11:51AM – 1:16PM	Caluspada Until 12:34PM	<b>Nataraja:</b> Purple			
			<b>Amavasya* Until 1:48AM Thu</b>	<b>Moon - Orange</b>			
				<b>Kartika-Kartikai</b>			<b>Devaloka Day</b>

Thursday, November 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Sula Paksha Guru Vasara Yuktayam Anuradha Nakshatra Abhiganda* Yoga Kintughna* Bava Karana Prathamayam Tilau		Kingston, Jamaica Sun 14 Sutra 220	
Vishika Rasi: 6.03	Tithi 1	<b>Gulika</b> 9:03AM – 10:27AM	<b>Anuradha Until 3:24AM Fri</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:14AM	<b>Moon 11 - Phase 30 - 14</b>	<b>Vasarasu 5127</b>
		<b>Yama</b> 6:14AM – 7:39AM	Abhiganda* Until 12:12AM Fri	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	<b>Moon 11 - Phase 30 - 14</b>	<b>Prathama</b>
Creative Work	Siddha Yoga	<b>Rahu</b> 1:16PM – 2:40PM	Kintughna Until 3:05PM	<b>Nataraja:</b> Purple			
Until 3:24AM Fri			<b>Prathama* Until 4:17AM Fri</b>	<b>Moon - Orange</b>			
Then Routine Work - Marana Yoga				<b>Margasira-Kartikai</b>			<b>Devaloka Day</b>

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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<b>1 Friday, November 21, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktyam Jyeshtha Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvityayam Titau				Kingston, Jamaica Sun 15	Sutra 221
Wischika Rasi: 17.56	Tithi 2	<b>Gulika</b> 7:39AM - 9:03AM	<b>Jyeshtha* Until 6:04AM Sat</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:15AM		Vasavasa 5127
		<b>Yama</b> 2:40PM - 4:04PM	<b>Sukarma Until 12:57AM Sat</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 15
Routine Work	Marana Yoga	<b>Rahu</b> 10:28AM - 11:52AM	<b>Balava Until 5:30PM</b>	<b>Nataraja:</b> Purple			3rd Phase
Until 6:04AM Sat			<b>Dvitiya Until 6:39AM Sat</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>	
Then Creative Work	Siddha Yoga			<b>Margasira-Karttikai</b>			

<b>2 Saturday, November 22, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantia Vasara Yuktyam Jyeshtha/Mula Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvityayam Titau				Kingston, Jamaica Sun 16	Sutra 222
Wischika Rasi: 29.52	Tithi 2 - 3	<b>Gulika</b> 6:16AM - 7:40AM	<b>Jyeshtha* Until 6:04AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:16AM		Vasavasa 5127
		<b>Yama</b> 1:16PM - 2:40PM	<b>Dhriti Until 1:36AM Sun</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 16
Routine Work	Siddha Yoga	<b>Rahu</b> 9:04AM - 10:28AM	<b>Talita Until 7:49PM</b>	<b>Nataraja:</b> Purple			3rd Phase
			<b>Dvitiya Until 6:39AM</b>	<b>Moon - Orange</b>		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3 Sunday, November 23, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktyam Mula/Purvashada Nakshatra Shula Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kingston, Jamaica Sun 17	Sutra 223
Dhanus Rasi: 11.52	Tithi 3 - 4	<b>Gulika</b> 2:40PM - 4:04PM	<b>Mula* Until 8:55AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:16AM		Vasavasa 5127
		<b>Yama</b> 11:52AM - 1:16PM	<b>Shula* Until 2:04AM Mon</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 17
Routine Work	Amrita Yoga	<b>Rahu</b> 4:04PM - 5:28PM	<b>Vanija Until 9:55PM</b>	<b>Nataraja:</b> Purple			3rd Phase
Until 8:55AM			<b>Tritiya Until 8:52AM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>	
Then Creative Work	Siddha Yoga			<b>Margasira-Karttikai</b>			

<b>4 Monday, November 24, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktyam Purvashada/Uttarashada Nakshatra Ganda Yoga Vasi/Bava Karana Chaturtham Titau				Kingston, Jamaica Sun 18	Sutra 224
Dhanus Rasi: 23.56	Tithi 4 - 5	<b>Gulika</b> 1:16PM - 2:40PM	<b>Purvashada* Until 11:21AM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:17AM		Vasavasa 5127
<b>Family Home Evening</b>		<b>Yama</b> 11:52AM - 1:16PM	<b>Ganda* Until 2:18AM Tue</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 18
Routine Work	Marana Yoga	<b>Rahu</b> 7:41AM - 9:05AM	<b>Bava Until 11:44PM</b>	<b>Nataraja:</b> Purple			3rd Phase
			<b>Chaturthi* Until 10:51AM</b>	<b>Moon - Light Blue</b>		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>5 Tuesday, November 25, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktyam Uttarashada/Shravana Nakshatra Vidha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Kingston, Jamaica Sun 19	Sutra 225
Makara Rasi: 6.1	Tithi 5 - 6	<b>Gulika</b> 11:53AM - 1:17PM	<b>Uttarashada Until 1:18PM</b>	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:17AM		Vasavasa 5127
		<b>Yama</b> 9:05AM - 10:29AM	<b>Vidha Until 2:14AM Wed</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 19
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 2:41PM - 4:04PM	<b>Kaulava Until 1:07AM Wed</b>	<b>Nataraja:</b> Purple			3rd Phase
Until 1:18PM			<b>Panchami Until 12:28PM</b>	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>	
Then Creative Work	Siddha Yoga			<b>Margasira-Karttikai</b>			

<b>6 Wednesday, November 26, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktyam Shravana/Shashbhisak Nakshatra Dhruva Yoga Talita/Gara Karana Shashthi/Saptamam Titau				Kingston, Jamaica Sun 20	Sutra 226
Makara Rasi: 18.34	Tithi 6 - 7	<b>Gulika</b> 10:29AM - 11:53AM	<b>Shravana Until 3:05PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:18AM		Vasavasa 5127
		<b>Yama</b> 7:42AM - 9:06AM	<b>Dhruva Until 1:41AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 20
Routine Work	Siddha Yoga	<b>Rahu</b> 11:53AM - 1:17PM	<b>Gara Until 1:56AM Thu</b>	<b>Nataraja:</b> Purple			3rd Phase
Until 3:05PM			<b>Shashthi* Until 1:35PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work	Prabalarishta Yoga			<b>Margasira-Karttikai</b>			

<b>Thursday, November 27, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktyam Dhanishtha/Shashbhisak Nakshatra Vyaghata Yoga Vanija/Visi Karana Saptami/Ashthamam Titau				Kingston, Jamaica Sun 21	Sutra 227
<b>Retreat Star</b>		<b>Gulika</b> 9:06AM - 10:30AM	<b>Dhanishtha Until 4:05PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:19AM		Vasavasa 5127
Kumbha Rasi: 1.14	Tithi 7 - 8	<b>Yama</b> 6:19AM - 7:42AM	<b>Vyaghata* Until 12:38AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 21
Routine Work	Siddha Yoga	<b>Rahu</b> 1:17PM - 2:41PM	<b>Visi Until 2:04AM Fri</b>	<b>Nataraja:</b> Purple			Ashtami
			<b>Saptami Until 2:05PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>Friday, November 28, 2025</b>		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktyam Shatabhisak/Purvashodhigada Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamam Titau				Kingston, Jamaica Sun 22	Sutra 228
<b>Retreat Star</b>		<b>Gulika</b> 7:43AM - 9:06AM	<b>Shatabhisak Until 4:13PM</b>	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:19AM		Vasavasa 5127
Kumbha Rasi: 14.14	Tithi 8 - 9	<b>Yama</b> 2:41PM - 4:05PM	<b>Harshana Until 10:59PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:28PM		Moon 11 - Phase 31 - 22
Routine Work	Siddha Yoga	<b>Rahu</b> 10:30AM - 11:54AM	<b>Balava Until 1:25AM Sat</b>	<b>Nataraja:</b> Purple			Navami
			<b>Ashlami* Until 1:49PM</b>	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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<b>1</b> Saturday, November 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sula Paksha: Manta Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra* Yoga Kaulava/Taila Karana Navami/Dashmyam Tilau				Kingston, Jamaica Sun 23	Sutra 229 Vasarasu 5127
Kumbha Rasi: 27.4	Tithi 9 – 10	<b>Gulika</b> 6:20AM – 7:43AM <b>Yama</b> 1:18PM – 2:41PM <b>Rahu</b> 9:07AM – 10:31AM	<b>Puravproshthapada* Until</b> 3:53PM <b>Vajra*</b> Until 8:42PM <b>Taila</b> Until 11:59PM <b>Navami*</b> Until 12:47PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - 23	4th Phase
Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga		<b>Subha Sivaloka Day</b>					

<b>2</b> Sunday, November 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sula Paksha: Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddha/Vyalyapa* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Tilau				Kingston, Jamaica Sun 24	Sutra 230 Vasarasu 5127
Mesha Rasi: 11.32	Tithi 10 – 11	<b>Gulika</b> 2:42PM – 4:05PM <b>Yama</b> 11:55AM – 1:18PM <b>Rahu</b> 4:05PM – 5:29PM	<b>Uttarproshthapada Until</b> 2:39PM <b>Siddhi</b> Until 5:49PM <b>Vanija</b> Until 9:49PM <b>Dashami</b> Until 10:58AM	<b>Ganesha:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - 24	4th Phase
Creative Work Amrita Yoga  Gita Jayanthi		<b>Subha Sivaloka Day</b>					

<b>3</b> Monday, December 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sula Paksha: Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyalyapa*/Varjan Yoga Vesi*/Bava Karana Ekadashi/Dwadashmyam Tilau				Kingston, Jamaica Sun 25	Sutra 231 Vasarasu 5127
Mesha Rasi: 25.53	Tithi 11 – 12	<b>Gulika</b> 1:18PM – 2:42PM <b>Yama</b> 10:31AM – 11:55AM <b>Rahu</b> 7:44AM – 9:08AM	<b>Revati</b> Until 12:36PM <b>Vyalypala*</b> Until 2:25PM <b>Bava</b> Until 7:00PM <b>Ekadashi</b> Until 8:28AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - 25	4th Phase
Family Home Evening Creative Work Siddha Yoga		<b>Sivaloka Day</b>					

<b>4</b> Tuesday, December 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sula Paksha: Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Varjan/Parigra* Yoga Kaulava/Taila Karana Trayodashmyam Tilau				Kingston, Jamaica Sun 26	Sutra 232 Vasarasu 5127
Mesha Rasi: 10.39	Tithi 13	<b>Gulika</b> 11:55AM – 1:19PM <b>Yama</b> 9:08AM – 10:32AM <b>Rahu</b> 2:42PM – 4:06PM	<b>Ashvini</b> Until 10:17AM <b>Varjan</b> Until 10:34AM <b>Kaulava</b> Until 3:42PM <b>Trayodashi</b> Until 1:53AM Wed	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – White <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - 26	4th Phase
Creative Work Siddha Yoga		<b>Devaloka Day</b>					
<i>Pradosha Vata</i>							

<b>5</b> Wednesday, December 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sula Paksha: Rudra Vasara Yuktayam Bharani/Kritika Nakshatra Parigra*/Shiva Yoga Gara/Vanija Karana Chaturdashmyam Tilau				Kingston, Jamaica Sun 27	Sutra 233 Vasarasu 5127
Mesha Rasi: 25.44	Tithi 14	<b>Gulika</b> 10:32AM – 11:56AM <b>Yama</b> 7:46AM – 9:09AM <b>Rahu</b> 11:56AM – 1:19PM	<b>Bharani</b> Until 7:27AM <b>Parigra*</b> Until 6:24AM <b>Gara</b> Until 12:02PM <b>Chaturdash*</b> Until 10:07PM	<b>Ganesha:</b> White <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – White <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - 27	4th Phase
Creative Work Siddha Yoga Until 7:27AM Then Creative Work - Amrita Yoga		<b>Devaloka Day</b>					
		<b>Kritika Deepam</b>					

<b>○</b> Thursday, December 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sula Paksha: Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vesi*/Bava Karana Punmiamyam Tilau				Kingston, Jamaica Sun 27	Sutra 234 Vasarasu 5127
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:09AM – 10:33AM <b>Yama</b> 6:23AM – 7:46AM <b>Rahu</b> 1:19PM – 2:43PM	<b>Rohini</b> Until 1:19AM Fri <b>Siddha</b> Until 9:39PM <b>Vesi</b> Until 8:13AM <b>Purnima*</b> Until 6:16PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - Punima	
Wishabha Rasi: 11.01 Tithi 15		<b>Sivaloka Day</b>					
Routine Work Marana Yoga Until 1:19AM Fri Then Creative Work - Siddha Yoga							

<b>Friday, December 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Krishna Paksha: Suleta Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Prathama/Dwityayam Tilau				Kingston, Jamaica Sun 28	Sutra 235 Vasarasu 5127
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:47AM – 9:10AM <b>Yama</b> 2:43PM – 4:06PM <b>Rahu</b> 10:33AM – 11:56AM	<b>Mrigashira</b> Until 10:23PM <b>Sadya</b> Until 5:22PM <b>Taila</b> Until 12:45AM Sat <b>Prathama*</b> Until 2:31PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Yellow <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:39PM	Moon 11 - Phase 32 - Prathama	
Wishabha Rasi: 26.18 Tithi 16 – 17		<b>Sivaloka Day</b>					
Creative Work Siddha Yoga							
<b>Vinayaga Viratam Begins</b>							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Kingston, Jamaica on 12/20/23

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**Saturday, December 6, 2025****Gold Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam

Kingston, Jamaica

Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tilthyayam Titau

Sun 1 Sutra 236

Mithuna Rasi: 11:25 Tithi 17 - 18

**Gulika** 6:24AM - 7:47AM**Ardra Until 7:41PM****Ganesh:** Yellow Sunrise: 6:24AM

Moon 12 - Phase 33 - 1

749238575

Yama 1:20PM - 2:43PM

Subha Until 1:21PM

**Muruga:** Yellow Sunset: 5:30PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 9:10AM - 10:34AM

Vanija Until 9:29PM

**Nataraja:** Purple

Moon - Yellow

**Dvitiya Until 11:03AM**

Moon - Yellow

**Sivaloka Day**

Margasira-Karttikai

**1 Sunday, December 7, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bharu Vasara Yuktyam

Kingston, Jamaica

Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Vasi/Basa Karana Tritiya/Chatartham Titau

Sun 2 Sutra 237

Mithuna Rasi: 26:13 Tithi 18 - 19

**Gulika** 2:44PM - 4:07PM**Punarvasu Until 5:46PM****Ganesh:** Blue Sunrise: 6:25AM

Moon 12 - Phase 33 - 2

749238575

Yama 11:57AM - 1:21PM

Sukla Until 9:41AM

**Muruga:** Yellow Sunset: 5:30PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 4:07PM - 5:30PM

Bava Until 6:45PM

**Nataraja:** Purple

Moon - Blue

**Tritiya Until 8:01AM**

Moon - Blue

**Devaloka Day**

Margasira-Karttikai

**2 Monday, December 8, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam

Kingston, Jamaica

Pushya/Ashlesha Nakshatra Brahma/Indra Yoga Kaulava/Tailia Karana Panchamiam Titau

Sun 3 Sutra 238

Kataka Rasi: 10:35 Tithi 20

**Gulika** 1:21PM - 2:44PM**Pushya Until 4:24PM****Ganesh:** Blue Sunrise: 6:25AM

Moon 12 - Phase 33 - 3

749238575

Yama 10:35AM - 11:58AM

Brahma Until 6:33AM

**Muruga:** Yellow Sunset: 5:30PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 7:48AM - 9:11AM

Kaulava Until 4:43PM

**Nataraja:** Purple

Moon - Blue

**Panchami Until 4:00AM Tue**

Moon - Blue

**Devaloka Day**

Margasira-Karttikai

**3 Tuesday, December 9, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam

Kingston, Jamaica

Ashlesha/Magha Nakshatra Vaidhril Yoga Gara/Vanija Karana Shashthiyam Titau

Sun 4 Sutra 239

Kataka Rasi: 24:27 Tithi 21

**Gulika** 11:58AM - 1:21PM**Ashlesha Until 3:42PM****Ganesh:** White Sunrise: 6:26AM

Moon 12 - Phase 33 - 4

741238575

Yama 9:12AM - 10:35AM

Vaidhril Until 2:12AM Wed

**Muruga:** Yellow Sunset: 5:31PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 2:44PM - 4:08PM

Gara Until 3:32PM

**Nataraja:** Purple

Moon - Blue

**Shashthi Until 3:15AM Wed**

Moon - Blue

**Devaloka Day**

Margasira-Karttikai

**4 Wednesday, December 10, 2025**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam

Kingston, Jamaica

Magha/Purvaphalguni Nakshatra Vishkambha Yoga Visil/Bava Karana Sapthamiam Titau

Sun 5 Sutra 240

Simha Rasi: 7:48 Tithi 22

**Gulika** 10:36AM - 11:59AM**Magha Until 4:10PM****Ganesh:** Clear Sunrise: 6:26AM

Moon 12 - Phase 33 - 5

751238575

Yama 7:49AM - 9:13AM

Vishkambha Until 1:05AM Thu

**Muruga:** Yellow Sunset: 5:31PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 11:59AM - 1:22PM

Visil Until 3:14PM

**Nataraja:** Purple

Moon - Red

**Saptami Until 3:24AM Thu**

Moon - Red

**Sivaloka Day**

Margasira-Karttikai

**Thursday, December 11, 2025****Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Gura Vasara Yuktyam

Kingston, Jamaica

Purvaphalguni/Uttaraphalguni Nakshatra Prili Yoga Balava/Kaulava Karana Ashtamiam Titau

Sun 6 Sutra 241

Simha Rasi: 20:41 Tithi 23

**Gulika** 9:13AM - 10:36AM**Purvaphalguni Until 5:22PM****Ganesh:** Purple Sunrise: 6:27AM

Moon 12 - Phase 33 - 6

751338575

Yama 6:27AM - 7:50AM

Prili Until 12:39AM Fri

**Muruga:** Yellow Sunset: 5:32PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 1:22PM - 2:45PM

Balava Until 3:50PM

**Nataraja:** Purple

Moon - Red

**Ashlami Until 4:25AM Fri**

Moon - Red

**Subha Sivaloka Day**

Margasira-Karttikai

**Friday, December 12, 2025****Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktyam

Kingston, Jamaica

Uttaraphalguni Nakshatra Ayushman Yoga Tailia/Gara Karana Navamiam Titau

Sun 7 Sutra 242

Kanya Rasi: 3:11 Tithi 24

**Gulika** 7:51AM - 9:14AM**Uttaraphalguni Until 7:08PM****Ganesh:** Purple Sunrise: 6:28AM

Moon 12 - Phase 33 - 7

751338575

Yama 2:46PM - 4:09PM

Ayushman Until 12:44AM Sat

**Muruga:** Yellow Sunset: 5:32PM

1st Phase

Creative Work Siddha Yoga

**Rahu** 10:37AM - 12:00PM

Tailia Until 5:13PM

**Nataraja:** Purple

Moon - Red

**Navami Until 6:08AM Sat**

Moon - Red

**Subha Sivaloka Day**

Margasira-Karttikai

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>		<b>Saturday, December 13, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischka Mase Krishna Paksho Mania Vasara Yuktayam Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamam Titau		Kingston, Jamaica Sun 8	Sutra 243
Kanya Rasi: 15.24	Tithi 24 – 25	<b>Gulika</b> 6:28AM – 7:51AM	<b>Hasla Until 9:49PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:28AM		Vishvasu 5127
		<b>Yama</b> 1:23PM – 2:46PM	<b>Hasla Until 9:49PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 8	2nd Phase
		<b>Rahu</b> 9:14AM – 10:37AM	<b>Saubhagya Until 1:15AM Sun</b>	<b>Nataraja:</b> Purple			
Routine Work Marana Yoga			<b>Vanija Until 7:14PM</b>	<b>Moon - Green</b>			
			<b>Navami* Until 6:08AM</b>	<b>Margasira-Kartikai</b>			<b>Sivaloka Day</b>

<b>2</b>		<b>Sunday, December 14, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischka Mase Krishna Paksho Bhanu Vasara Yuktayam Hasta Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Kingston, Jamaica Sun 9	Sutra 244
Kanya Rasi: 27.24	Tithi 25 – 26	<b>Gulika</b> 2:47PM – 4:09PM	<b>Chitra Until 12:40AM Mon</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:29AM		Vishvasu 5127
		<b>Yama</b> 12:01PM – 1:24PM	<b>Sobhana Until 2:02AM Mon</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 11	2nd Phase
		<b>Rahu</b> 4:09PM – 5:32PM	<b>Bava Until 9:38PM</b>	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Dashami Until 8:23AM</b>	<b>Moon - Green</b>			
Until 12:40AM Mon				<b>Margasira-Kartikai</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, December 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vasara Yuktayam Svali Nakshatra Ahiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kingston, Jamaica Sun 10	Sutra 245
Tula Rasi: 9.17	Tithi 26 – 27	<b>Gulika</b> 1:24PM – 2:47PM	<b>Svali Until 3:31AM Tue</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:29AM		Vishvasu 5127
<b>Family Home Evening</b>		<b>Yama</b> 10:38AM – 12:01PM	<b>Ahiganda* Until 2:54AM Tue</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 10	2nd Phase
		<b>Rahu</b> 7:52AM – 9:15AM	<b>Kaulava Until 12:13AM Tue</b>	<b>Nataraja:</b> Purple			
Creative Work Amrita Yoga			<b>Ekadashi* Until 10:54AM</b>	<b>Moon - Green</b>			
Until 3:31AM Tue		<b>Markali Pillaiyar</b>		<b>Margasira-Markali</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, December 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vasara Yuktayam Svali Nakshatra Sukama Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Kingston, Jamaica Sun 11	Sutra 246
Tula Rasi: 21.08	Tithi 27 – 28	<b>Gulika</b> 12:02PM – 1:24PM	<b>Vishakha Until 6:42AM Wed</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:30AM		Vishvasu 5127
		<b>Yama</b> 9:16AM – 10:39AM	<b>Sukama Until 3:46AM Wed</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 11	2nd Phase
		<b>Rahu</b> 2:47PM – 4:10PM	<b>Gara Until 2:49AM Wed</b>	<b>Nataraja:</b> Purple			
Routine Work Marana Yoga			<b>Dvadashi* Until 1:30PM</b>	<b>Moon - Orange</b>			
Until 6:42AM Wed				<b>Margasira-Markali</b>			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga							

Pradosha Vata (Fasting)

<b>5</b>		<b>Wednesday, December 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Butha Vasara Yuktayam Vishakha/Auradha Nakshatra Dhriti Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Kingston, Jamaica Sun 12	Sutra 247
Wisshika Rasi: 2.59	Tithi 28 – 29	<b>Gulika</b> 10:39AM – 12:02PM	<b>Vishakha Until 6:42AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:30AM		Vishvasu 5127
		<b>Yama</b> 7:53AM – 9:16AM	<b>Dhriti Until 4:35AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 12	2nd Phase
		<b>Rahu</b> 12:02PM – 1:25PM	<b>Visi Until 5:19AM Thu</b>	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Trayodashi* Until 4:04PM</b>	<b>Moon - Orange</b>			
Until 9:35AM				<b>Margasira-Markali</b>			<b>Sivaloka Day</b>
Then Routine Work - Prabalashita Yoga							

<b>6</b>		<b>Thursday, December 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Satupada*/Naga* Karana Chaturdashyam Titau		Kingston, Jamaica Sun 13	Sutra 248
Wisshika Rasi: 14.52	Tithi 29	<b>Gulika</b> 9:17AM – 10:40AM	<b>Anuradha Until 9:35AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 6:31AM		Vishvasu 5127
		<b>Yama</b> 6:31AM – 7:54AM	<b>Shula* Until 5:13AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 13	2nd Phase
		<b>Rahu</b> 1:25PM – 2:48PM	<b>Sakuni Until 6:28PM</b>	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Chaturdashi* Until 6:28PM</b>	<b>Moon - Orange</b>			
Until 9:35AM				<b>Margasira-Markali</b>			<b>Sivaloka Day</b>
Then Routine Work - Prabalashita Yoga							

<b>Friday, December 19, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Satupada*/Naga* Karana Amavasyayam Titau		Kingston, Jamaica Sun 14	Sutra 249
Wisshika Rasi: 26.5	Tithi 30	<b>Gulika</b> 7:54AM – 9:17AM	<b>Jyeshtha* Until 12:08PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 6:31AM		Vishvasu 5127
		<b>Yama</b> 2:49PM – 4:12PM	<b>Ganda* Until 5:43AM Sat</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 14	Amavasya
		<b>Rahu</b> 10:40AM – 12:03PM	<b>Satupada Until 7:37AM</b>	<b>Nataraja:</b> Purple			
Routine Work Marana Yoga			<b>Amavasya* Until 8:41PM</b>	<b>Moon - Orange</b>			
Until 12:08PM		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira-Markali</b>			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>Saturday, December 20, 2025</b>		<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mania Vasara Yuktayam Mula*/Purvashadha* Nakshatra Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Kingston, Jamaica Sun 15	Sutra 250
Dhanus Rasi: 8.53	Tithi 1	<b>Gulika</b> 6:32AM – 7:55AM	<b>Mula* Until 2:48PM</b>	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 6:32AM		Vishvasu 5127
		<b>Yama</b> 1:26PM – 2:49PM	<b>Widdhi Until 6:02AM Sun</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:29PM	Moon 12 - Phase 34 - 15	Prathama
		<b>Rahu</b> 9:18AM – 10:41AM	<b>Kintughna Until 9:43AM</b>	<b>Nataraja:</b> Purple			
Creative Work Siddha Yoga			<b>Prathama* Until 10:38PM</b>	<b>Moon - Light Blue</b>			
				<b>Pausha-Markali</b>			<b>Devaloka Day</b>

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1 Sunday, December 21, 2025</b>		Visavasu Nama Samvatsare Dakshinye Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Vasara Yuktayam Purvashada/Ultarashada Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Titau				Kingston, Jamaica Sun 16	Sutra 251 Visavasu 5127
Dhanus Rasi: 21.02	Tilthi 2	<b>Gulika</b> 2:50PM - 4:13PM <b>Yama</b> 12:04PM - 1:27PM <b>Rahu</b> 4:13PM - 5:36PM	<b>Purvashada* Until 5:02PM</b> Vridhi Until 6:02AM Balava Until 11:32AM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 5:36PM	Moon 12 - Phase 35 - 16	3rd Phase
Creative Work - Siddha Yoga Until 5:02PM Then Creative Work - Amrita Yoga		<b>Day 1 of Pancha Ganapati</b>	<b>Dvitiya Until 12:19AM Mon</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
<b>2 Monday, December 22, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Indu Vasara Yuktayam Utlarashada Nakshatra Dhruva/Vyaghata* Yoga Talilla/Gara Karana Tritiyayam Titau				Kingston, Jamaica Sun 17	Sutra 252 Visavasu 5127
Makara Rasi: 3.17	Tilthi 3	<b>Gulika</b> 1:27PM - 2:50PM <b>Yama</b> 10:42AM - 12:05PM <b>Rahu</b> 7:56AM - 9:19AM	<b>Utlarashada Until 6:50PM</b> Dhruva Until 6:07AM Talilla Until 1:04PM	<b>Ganesh:</b> Light Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Light Blue	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:36PM	Moon 12 - Phase 35 - 17	3rd Phase
Family Home Evening Routine Work - Marana Yoga Until 6:50PM Then Creative Work - Amrita Yoga		<b>Day 2 of Pancha Ganapati</b>	<b>Tritiya Until 1:42AM Tue</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
<b>3 Tuesday, December 23, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Mangala Vesara Yuktayam Utlarashada Nakshatra Harshana Yoga Vanja/Visli* Karana Chaturthayam Titau				Kingston, Jamaica Sun 18	Sutra 253 Visavasu 5127
Makara Rasi: 15.41	Tilthi 4	<b>Gulika</b> 12:05PM - 1:28PM <b>Yama</b> 10:42AM - 12:05PM <b>Rahu</b> 2:51PM - 4:14PM	<b>Shravana Until 8:37PM</b> Harshana Until 5:32AM Wed Vanija Until 2:16PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 5:37PM	Moon 12 - Phase 35 - 18	3rd Phase
Creative Work - Siddha Yoga		<b>Day 3 of Pancha Ganapati</b>	<b>Chaturthi* Until 2:42AM Wed</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
<b>4 Wednesday, December 24, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Budha Vesara Yuktayam Shravana Nakshatra Harshana Yoga Bava/Balava Karana Panchmayam Titau				Kingston, Jamaica Sun 19	Sutra 254 Visavasu 5127
Makara Rasi: 28.16	Tilthi 5	<b>Gulika</b> 10:43AM - 12:06PM <b>Yama</b> 7:57AM - 9:20AM <b>Rahu</b> 12:06PM - 1:28PM	<b>Dhanishtha Until 9:49PM</b> Vajra* Until 4:44AM Thu Bava Until 3:03PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 5:37PM	Moon 12 - Phase 35 - 19	3rd Phase
Routine Work - Prabalarishta Yoga Until 9:49PM Then Creative Work - Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>	<b>Panchami Until 3:15AM Thu</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
<b>5 Thursday, December 25, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Guru Vasara Yuktayam Shalabhishak Nakshatra Siddhi Yoga Kaulava/Talilla Karana Shashthiyam Titau				Kingston, Jamaica Sun 20	Sutra 255 Visavasu 5127
Kumbha Rasi: 11.02	Tilthi 6	<b>Gulika</b> 9:20AM - 10:43AM <b>Yama</b> 6:34AM - 7:57AM <b>Rahu</b> 1:29PM - 2:52PM	<b>Shalabhishak Until 10:23PM</b> Siddhi Until 3:22AM Fri Kaulava Until 3:21PM	<b>Ganesh:</b> Purple <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon - Purple	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 5:38PM	Moon 12 - Phase 35 - 20	3rd Phase
Creative Work - Siddha Yoga		<b>Day 5 of Pancha Ganapati</b> Vinayaga Viratam Ends	<b>Shashthi* Until 3:17AM Fri</b>	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
<b>6 Friday, December 26, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Sukra Vesara Yuktayam Purvashrothapada* Nakshatra Vyalipala* Yoga Gara/Vanija Karana Sapthmayam Titau				Kingston, Jamaica Sun 21	Sutra 256 Visavasu 5127
Kumbha Rasi: 24.04	Tilthi 7	<b>Gulika</b> 7:58AM - 9:21AM <b>Yama</b> 2:52PM - 4:15PM <b>Rahu</b> 10:44AM - 12:07PM	<b>Purvashrothapada* Until 10:41PM</b> Vyalipala* Until 1:53AM Sat Gara Until 3:05PM	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 5:38PM	Moon 12 - Phase 35 - 21	3rd Phase
Creative Work - Siddha Yoga			<b>Saptami Until 2:43AM Sat</b>	<b>Pausha-Markali</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
<b>7 Saturday, December 27, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Manta Vesara Yuktayam Utlarashrothapada Nakshatra Varjyan Yoga Visli*/Bava Karana Ashtmayam Titau				Kingston, Jamaica Sun 22	Sutra 257 Visavasu 5127
Meena Rasi: 7.25	Tilthi 8	<b>Gulika</b> 6:35AM - 7:58AM <b>Yama</b> 1:30PM - 2:53PM <b>Rahu</b> 9:21AM - 10:44AM	<b>Utlarashrothapada Until 10:14PM</b> Varjyan Until 11:43PM Visli Until 2:13PM	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 5:39PM	Moon 12 - Phase 35 - 22	Ashtami
Creative Work - Siddha Yoga Until 10:14PM Then Routine Work - Prabalarishta Yoga			<b>Ashtami* Until 1:31AM Sun</b>	<b>Pausha-Markali</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	
<b>8 Sunday, December 28, 2025</b>		Visavasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mese Sakla Paksho Bhanu Vesara Yuktayam Revati Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamayam Titau				Kingston, Jamaica Sun 23	Sutra 258 Visavasu 5127
Meena Rasi: 21.08	Tilthi 9	<b>Gulika</b> 2:53PM - 4:16PM <b>Yama</b> 12:08PM - 1:30PM <b>Rahu</b> 4:16PM - 5:39PM	<b>Revati Until 9:01PM</b> Parigha* Until 9:05PM Balava Until 12:42PM	<b>Ganesh:</b> Green <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Clear	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 5:39PM	Moon 12 - Phase 35 - 23	Navami
Creative Work - Amrita Yoga Until 9:01PM Then Creative Work - Siddha Yoga			<b>Navami* Until 11:42PM</b>	<b>Pausha-Markali</b>		<b>Bhuloka Day</b> Devaloka Time: 3PM to 6PM	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1 Monday, December 29, 2025</b>		Viswawasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yuktayam				Kingston, Jamaica
		Ashwini Nakshatra Shiva/Siddha Yoga Taillai/Gara Karana Dashamyam Titau				Sun 24 Subra 259
Mesha Rasi: 5.13	Tithi 10	<b>Gulika</b> 1:31PM - 2:54PM	<b>Ashwini Until 7:32PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:36AM	Viswawasu 5:127
Family Home Evening	822338576	Yama 10:45AM - 12:08PM	Shiva Until 5:59PM	<b>Muruga:</b> Yellow	Sunset: 5:49PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 7:59AM - 9:22AM	Taillai Until 10:36AM	<b>Nataraja:</b> Clear		4th Phase
		<b>Dashami Until 9:20PM</b>		Moon - White		<b>Devaloka Day</b>
				Pausha-Markali		

<b>2 Tuesday, December 30, 2025</b>		Viswawasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yuktayam				Kingston, Jamaica
		Bharani/Kritika Nakshatra Siddha/Sadhya Yoga Vanja/Visi* Karana Ekadashyam Titau				Sun 25 Subra 260
Mesha Rasi: 19.4	Tithi 11	<b>Gulika</b> 12:08PM - 1:31PM	<b>Bharani Until 5:25PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:36AM	Viswawasu 5:127
	822338576	Yama 9:22AM - 10:45AM	Siddha Until 2:28PM	<b>Muruga:</b> Yellow	Sunset: 5:49PM	Moon 12 - Phase 36 - 25
Creative Work	Siddha Yoga	<b>Rahu</b> 2:54PM - 4:17PM	Vanija Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase
		<b>Valakuntha Ekadasi</b>		Moon - White		<b>Devaloka Day</b>
		<b>Ekadashi Until 6:28PM</b>		Pausha-Markali		

<b>3 Wednesday, December 31, 2025</b>		Viswawasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Batha Vasara Yuktayam				Kingston, Jamaica
		Kritika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Subra 261
Wishabha Rasi: 4.25	Tithi 12 - 13	<b>Gulika</b> 10:46AM - 12:09PM	<b>Kritika Until 2:49PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:37AM	Viswawasu 5:127
	822338576	Yama 8:00AM - 9:23AM	Sadhya Until 10:40AM	<b>Muruga:</b> Yellow	Sunset: 5:49PM	Moon 12 - Phase 36 - 26
Creative Work	Amrita Yoga	<b>Rahu</b> 12:09PM - 1:32PM	Kaulava Until 1:36AM Thu	<b>Nataraja:</b> Clear		4th Phase
Until 2:49PM		<b>Dvadashi Until 3:16PM</b>		Moon - White		<b>Devaloka Day</b>
Then Creative Work	Siddha Yoga			Pausha-Markali		

<b>4 Thursday, January 1, 2026</b>		Viswawasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Garu Vasara Yuktayam				Kingston, Jamaica
		Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taillai/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Subra 262
Wishabha Rasi: 19.23	Tithi 13 - 14	<b>Gulika</b> 9:23AM - 10:46AM	<b>Rohini Until 12:17PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:37AM	Viswawasu 5:127
	832348576	Yama 6:37AM - 8:00AM	Subha Until 6:41AM	<b>Muruga:</b> White	Sunset: 5:49PM	Moon 12 - Phase 36 - 27
Routine Work	Marana Yoga	<b>Rahu</b> 1:32PM - 2:56PM	Gara Until 10:09PM	<b>Nataraja:</b> Clear		4th Phase
		<b>Trayodashi Until 11:52AM</b>		Moon - Yellow		<b>Devaloka Day</b>
				Pausha-Markali		

<b>Friday, January 2, 2026</b>		Viswawasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksha Sukra Vasara Yuktayam				Kingston, Jamaica
		Migashira/Ardra Nakshatra Brahma Yoga Vanja/Visi* Karana Chaturdashi/Purnimayam Titau				Sun 28 Subra 263
Mithuna Rasi: 4.25	Tithi 14 - 15	<b>Gulika</b> 8:01AM - 9:24AM	<b>Mrigashira Until 9:34AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:38AM	Viswawasu 5:127
	833348576	Yama 2:56PM - 4:19PM	Brahma Until 10:35PM	<b>Muruga:</b> White	Sunset: 5:49PM	Moon 12 - Phase 36 - Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 10:47AM - 12:10PM	Visi Until 6:44PM	<b>Nataraja:</b> Clear		
		<b>Chaturdashi* Until 8:25AM</b>		Moon - Yellow		<b>Devaloka Day</b>
				Pausha-Markali		

<b>Saturday, January 3, 2026</b>		Viswawasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam				Kingston, Jamaica
		Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamam Titau				Sun 29 Subra 264
Mithuna Rasi: 19.23	Tithi 16	<b>Gulika</b> 6:38AM - 8:01AM	<b>Ardra Until 6:51AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:38AM	Viswawasu 5:127
	833348576	Yama 1:34PM - 2:57PM	Indra Until 6:47PM	<b>Muruga:</b> White	Sunset: 5:49PM	Moon 12 - Phase 36 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 9:24AM - 10:47AM	Balava Until 3:32PM	<b>Nataraja:</b> Clear		
		<b>Prathama* Until 2:03AM Sun</b>		Moon - Yellow		<b>Devaloka Day</b>
				Pausha-Markali		
		<b>Ardra Darshanam</b>				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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**Sunday, January 4, 2026**

**Gold Retreat Star**

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam Pushya Nakshatra Vaidhri/Vishkamba* Yoga Talila/Gara Karana Dvitiyayam Titau			Kingston, Jamaica Sutra 265
Kataka Rasi: 4.06	Tithi 17	<b>Gulika</b> Yama 843348576	<b>Pushya Until 2:55AM Mon</b> Vaidhri* Until 3:18PM Talila Until 12:43PM <b>Dvitiya Until 11:29PM</b>	<b>Ganesh: Red</b> Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 6:38AM Sunset: 5:49PM Moon 1 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Indu Vasara Yuktayam Ashlesha* Nakshatra Vishkamba*/Prili Yoga Vanija/Visli* Karana Tritiyayam Titau			Kingston, Jamaica Sutra 266
Kataka Rasi: 18.28	Tithi 18	<b>Gulika</b> Yama 843348576	<b>Ashlesha* Until 1:38AM Tue</b> Vishkamba* Until 12:16PM Vanija Until 10:27AM <b>Tritiya Until 9:33PM</b>	<b>Ganesh: Yellow</b> Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 6:38AM Sunset: 5:49PM Moon 1 - Phase 37 - 1st Phase
Family Home Evening	Siddha Yoga				<b>Sivaloka Day</b>
Creative Work		Subramuniyaswamy Jayanti			

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktayam Magha* Nakshatra Prili/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau			Kingston, Jamaica Sutra 267
Simha Rasi: 2.24	Tithi 19	<b>Gulika</b> Yama 853448576	<b>Magha* Until 1:24AM Wed</b> Prili Until 9:50AM Bava Until 8:52AM <b>Chaturthi* Until 8:22PM</b>	<b>Ganesh: White</b> Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 6:39AM Sunset: 5:49PM Moon 1 - Phase 37 - 2 1st Phase
Creative Work	Siddha Yoga				<b>Devaloka Day</b>
Until 1:24AM Wed					
Then Creative Work - Amrita Yoga					

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Budha Vasara Yuktayam Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Talila Karana Panchamyam Titau			Kingston, Jamaica Sutra 268
Simha Rasi: 15.52	Tithi 20	<b>Gulika</b> Yama 853448576	<b>Purvaphalguni Until 1:52AM Thu</b> Ayushman Until 8:01AM Kaulava Until 8:07AM <b>Panchami Until 8:03PM</b>	<b>Ganesh: White</b> Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 6:39AM Sunset: 5:49PM Moon 1 - Phase 37 - 3 1st Phase
Creative Work	Amrita Yoga				<b>Devaloka Day</b>

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Guru Vasara Yuktayam Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau			Kingston, Jamaica Sutra 269
Simha Rasi: 28.52	Tithi 21	<b>Gulika</b> Yama 853448576	<b>Uttaraphalguni Until 3:00AM Fri</b> Saubhagya Until 6:53AM Gara Until 8:14AM <b>Shashthi* Until 8:35PM</b>	<b>Ganesh: White</b> Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 6:39AM Sunset: 5:49PM Moon 1 - Phase 37 - 4 1st Phase
Amrita Yoga					<b>Devaloka Day</b>

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Sukra Vasara Yuktayam Chitra Nakshatra Sobhana/Alhiganda* Yoga Visli*/Bava Karana Saptamyam Titau			Kingston, Jamaica Sutra 270
Kanya Rasi: 11.28	Tithi 22	<b>Gulika</b> Yama 863448576	<b>Hasla Until 5:10AM Sat</b> Sobhana Until 6:24AM Visli Until 9:11AM <b>Saptami Until 9:56PM</b>	<b>Ganesh: Clear</b> Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 6:39AM Sunset: 5:49PM Moon 1 - Phase 37 - 5 1st Phase
Creative Work	Amrita Yoga				<b>Sivaloka Day</b>
Until 5:10AM Sat					
Then Routine Work - Marana Yoga					

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Manita Vasara Yuktayam Chitra Nakshatra Alhiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau			Kingston, Jamaica Sutra 271
Kanya Rasi: 23.44	Tithi 23	<b>Gulika</b> Yama 863448576	<b>Chitra Until 7:44AM Sun</b> Alhiganda* Until 6:28AM Balava Until 10:52AM <b>Ashtami* Until 11:54PM</b>	<b>Ganesh: Clear</b> Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 6:40AM Sunset: 5:49PM Moon 1 - Phase 37 - 6 1st Phase
Routine Work	Marana Yoga				<b>Sivaloka Day</b>
Until 7:44AM Sun					
Then Creative Work - Siddha Yoga					

		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhanu Vasara Yuktayam Chitra/Svali Nakshatra Sukarma/Dhriti Yoga Talila/Gara Karana Navamyam Titau			Kingston, Jamaica Sutra 272
Tula Rasi: 5.47	Tithi 24	<b>Gulika</b> Yama 863448576	<b>Chitra Until 7:44AM</b> Sukarma Until 6:57AM Talila Until 1:04PM <b>Navami* Until 2:17AM Mon</b>	<b>Ganesh: Clear</b> Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 6:40AM Sunset: 5:49PM Moon 1 - Phase 37 - 7 Navami
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Inana Pada

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<b>1 Monday, January 12, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshi Indu Vasara Yukhtayam Kingston, Jamaica Svali/Wishkha Nakshatra Dhrithi/Shula* Yoga Vanja/Visli* Karana Dashamyam Titau Sun 8 Sutra 273				
Tula Rasi: 17.42	Tithi 25	<b>Gulika</b> 1:38PM – 3:01PM	<b>Svali</b> Until 10:27AM	<b>Ganesh:</b> Clear	Sunrise: 6:40AM	Vasavasu 5127
<b>Family Home Evening</b>	863448576	<b>Yama</b> 10:51AM – 12:14PM	<b>Dhrithi</b> Until 7:44AM	<b>Muruga:</b> White	Sunset: 5:49PM	Moon 1 - Phase 38 - 8
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 8:04AM – 9:27AM	<b>Vanija</b> Until 3:34PM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:27AM			<b>Dashami</b> Until 4:51AM Tue	<b>Moan - Green</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		

<b>2 Tuesday, January 13, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshi Mangala Vasara Yukhtayam Kingston, Jamaica Vishakha/Anuradha Nakshatra Shula*Ganda* Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 274				
Tula Rasi: 29.34	Tithi 26	<b>Gulika</b> 12:15PM – 1:38PM	<b>Vishakha</b> Until 1:37PM	<b>Ganesh:</b> Purple	Sunrise: 6:40AM	Vasavasu 5127
	873448576	<b>Yama</b> 9:27AM – 10:51AM	<b>Shula*</b> Until 8:34AM	<b>Muruga:</b> White	Sunset: 5:49PM	Moon 1 - Phase 38 - 9
<b>Routine Work</b> Marana Yoga		<b>Rahu</b> 3:02PM – 4:25PM	<b>Bava</b> Until 6:09PM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:37PM			<b>Ekadashi*</b> Until 7:23AM Wed	<b>Moan - Orange</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>		

<b>3 Wednesday, January 14, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Butha Vasara Yukhtayam Kingston, Jamaica Anuradha/Jyestha* Nakshatra Ganda*/Vidhi* Yoga Babava/Kaava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 275				
Wishkha Rasi: 11.26	Tithi 26 – 27	<b>Gulika</b> 10:51AM – 12:15PM	<b>Anuradha</b> Until 4:32PM	<b>Ganesh:</b> Purple	Sunrise: 6:40AM	Vasavasu 5127
	873448576	<b>Yama</b> 9:27AM – 10:51AM	<b>Ganda*</b> Until 9:24AM	<b>Muruga:</b> White	Sunset: 5:50PM	Moon 1 - Phase 38 - 10
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b> 12:15PM – 1:39PM	<b>Kaava</b> Until 8:38PM	<b>Nataraja:</b> Clear		2nd Phase
		<b>Thai Pongal</b>	<b>Ekadashi*</b> Until 7:23AM	<b>Moan - Orange</b>		<b>Devaloka Day</b>
				<b>Pausha-Thai</b>		

<b>4 Thursday, January 15, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Guru Vasara Yukhtayam Kingston, Jamaica Jyestha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 276				
Wishkha Rasi: 23.22	Tithi 27 – 28	<b>Gulika</b> 9:28AM – 10:52AM	<b>Jyestha*</b> Until 7:05PM	<b>Ganesh:</b> Purple	Sunrise: 6:40AM	Vasavasu 5127
	873448576	<b>Yama</b> 6:40AM – 8:04AM	<b>Vidhi</b> Until 10:05AM	<b>Muruga:</b> White	Sunset: 5:50PM	Moon 1 - Phase 38 - 11
<b>Routine Work</b> Prabalashita Yoga		<b>Rahu</b> 1:39PM – 3:03PM	<b>Gara</b> Until 10:51PM	<b>Nataraja:</b> Clear		2nd Phase
Until 7:05PM			<b>Dvadashi*</b> Until 9:45AM	<b>Moan - Orange</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Pausha-Thai</b>		
			<i>Pradosha Vata (Fasting)</i>			

<b>5 Friday, January 16, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Sukra Vasara Yukhtayam Kingston, Jamaica Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Trayadashi/Chaturdashyam Titau Sun 12 Sutra 277				
Dhanus Rasi: 5.24	Tithi 28 – 29	<b>Gulika</b> 8:04AM – 9:28AM	<b>Mula*</b> Until 9:39PM	<b>Ganesh:</b> Purple	Sunrise: 6:40AM	Vasavasu 5127
	884448576	<b>Yama</b> 3:03PM – 4:27PM	<b>Dhruva</b> Until 10:32AM	<b>Muruga:</b> White	Sunset: 5:51PM	Moon 1 - Phase 38 - 12
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b> 10:52AM – 12:16PM	<b>Visli</b> Until 12:45AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Until 9:39PM			<b>Trayadashi*</b> Until 11:50AM	<b>Moan - Light Blue</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalashita Yoga				<b>Pausha-Thai</b>		

<b>● Saturday, January 17, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Pakshi Marta Vasara Yukhtayam Kingston, Jamaica Purvashada* Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 278				
<b>Retreat Star</b>		<b>Gulika</b> 6:40AM – 8:04AM	<b>Purvashada*</b> Until 11:41PM	<b>Ganesh:</b> Purple	Sunrise: 6:40AM	Vasavasu 5127
Dhanus Rasi: 17.35	Tithi 29 – 30	<b>Yama</b> 1:40PM – 3:04PM	<b>Vyaghata*</b> Until 10:44AM	<b>Muruga:</b> White	Sunset: 5:52PM	Moon 1 - Phase 38 - 13
	884448576	<b>Rahu</b> 9:28AM – 10:52AM	<b>Catuspada</b> Until 2:16AM Sun	<b>Nataraja:</b> Clear		Amavasya
<b>Creative Work</b> Siddha Yoga			<b>Chaturdashi*</b> Until 1:32PM	<b>Moan - Light Blue</b>		<b>Devaloka Day</b>
Until 11:41PM				<b>Pausha-Thai</b>		
Then Routine Work - Marana Yoga						

<b>Sunday, January 18, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Pakshi Bharu Vasara Yukhtayam Kingston, Jamaica Uttarashada* Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 279				
<b>Retreat Star</b>		<b>Gulika</b> 3:04PM – 4:28PM	<b>Uttarashada</b> Until 1:10AM Mon	<b>Ganesh:</b> Purple	Sunrise: 6:41AM	Vasavasu 5127
Dhanus Rasi: 29.55	Tithi 30 – 1	<b>Yama</b> 12:16PM – 1:40PM	<b>Harshana</b> Until 10:38AM	<b>Muruga:</b> White	Sunset: 5:52PM	Moon 1 - Phase 38 - 14
	884448576	<b>Rahu</b> 4:28PM – 5:52PM	<b>Kintughna</b> Until 3:21AM Mon	<b>Nataraja:</b> Clear		Prathama
<b>Creative Work</b> Amrita Yoga			<b>Amavasya*</b> Until 2:50PM	<b>Moan - Light Blue</b>		<b>Devaloka Day</b>
				<b>Magha-Thai</b>		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1 Monday, January 19, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Інду Васара Уктыяям Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyam Titau				Kingston, Jamaica Sun 15	Sutra 280
Makara Rasi: 12.26	Tithi 1 – 2	<b>Gulika</b>	<b>1:41PM – 3:05PM</b>	<b>Shravana Untill 2:35AM Tue</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:41AM	Vasavasu 5:17
<b>Family Home Evening</b>		<b>Yama</b>	<b>10:53AM – 12:17PM</b>	<b>Vajra* Untill 10:12AM</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 15
<b>Creative Work</b>	<b>Amrita Yoga</b>	<b>Rahu</b>	<b>8:05AM – 9:29AM</b>	<b>Balava Untill 4:02AM Tue</b>	<b>Nataraja:</b> Clear		3rd Phase
Untill 2:35AM Tue				<b>Prathama* Untill 3:44PM</b>	<b>Moon - Purple</b>		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>2 Tuesday, January 20, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Будах Вісара Уктыяям Dhanishtha Nakshatra Siddhi/Vyaptata* Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau				Kingston, Jamaica Sun 16	Sutra 281
Makara Rasi: 25.08	Tithi 2 – 3	<b>Gulika</b>	<b>12:17PM – 1:41PM</b>	<b>Dhanishtha Untill 3:26AM Wed</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:41AM	Vasavasu 5:17
		<b>Yama</b>	<b>9:29AM – 10:53AM</b>	<b>Siddhi Untill 9:28AM</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 16
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>3:05PM – 4:29PM</b>	<b>Taila Untill 4:19AM Wed</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Dvitiya Untill 4:12PM</b>	<b>Moon - Purple</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>3 Wednesday, January 21, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Будах Вісара Уктыяям Shatabhishak Nakshatra Vyatipata* Vairiyam Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kingston, Jamaica Sun 17	Sutra 282
Kumbha Rasi: 8.02	Tithi 3 – 4	<b>Gulika</b>	<b>10:53AM – 12:17PM</b>	<b>Shatabhishak Untill 3:46AM Thu</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:41AM	Vasavasu 5:17
		<b>Yama</b>	<b>9:29AM – 10:53AM</b>	<b>Vyaptipata* Untill 8:27AM</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 17
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>12:17PM – 1:41PM</b>	<b>Vanija Untill 4:11AM Thu</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Tritiya Untill 4:17PM</b>	<b>Moon - Purple</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>4 Thursday, January 22, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Гару Васара Уктыяям Puravaproshtapada* Nakshatra Vairyan/Parigha* Yoga Vasil/Bava Karana Chaturth/Panchamam Titau				Kingston, Jamaica Sun 18	Sutra 283
Kumbha Rasi: 21.08	Tithi 4 – 5	<b>Gulika</b>	<b>9:29AM – 10:53AM</b>	<b>Puravaproshtapada* Untill 4:01AM Fri</b>	<b>Ganesh:</b> White	Sunrise: 6:40AM	Vasavasu 5:17
		<b>Yama</b>	<b>6:40AM – 8:05AM</b>	<b>Vairyan Untill 7:05AM</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 18
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>1:42PM – 3:06PM</b>	<b>Bava Untill 3:41AM Fri</b>	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Untill 3:58PM</b>	<b>Moon - Clear</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>5 Friday, January 23, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Сура Васара Уктыяям Uttaraproshtapada Nakshatra Shiva Yoga Balava/Kaulava Karana Pancham/Shashthyam Titau				Kingston, Jamaica Sun 19	Sutra 284
Meena Rasi: 4.26	Tithi 5 – 6	<b>Gulika</b>	<b>8:05AM – 9:29AM</b>	<b>Uttaraproshtapada Untill 3:44AM Sat</b>	<b>Ganesh:</b> White	Sunrise: 6:40AM	Vasavasu 5:17
		<b>Yama</b>	<b>3:07PM – 4:31PM</b>	<b>Shiva Untill 3:30AM Sat</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 19
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>10:53AM – 12:18PM</b>	<b>Kaulava Untill 2:46AM Sat</b>	<b>Nataraja:</b> Clear		3rd Phase
Untill 3:44AM Sat				<b>Panchami Untill 3:15PM</b>	<b>Moon - Clear</b>		
Then Routine Work - Prabalarishta Yoga					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>6 Saturday, January 24, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Маніа Васара Уктыяям Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau				Kingston, Jamaica Sun 20	Sutra 285
Meena Rasi: 17.56	Tithi 6 – 7	<b>Gulika</b>	<b>6:40AM – 8:05AM</b>	<b>Revati Untill 2:56AM Sun</b>	<b>Ganesh:</b> Clear	Sunrise: 6:40AM	Vasavasu 5:17
		<b>Yama</b>	<b>1:43PM – 3:07PM</b>	<b>Siddha Untill 1:14AM Sun</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 20
<b>Routine Work</b>	<b>Prabalarishta Yoga</b>	<b>Rahu</b>	<b>9:29AM – 10:54AM</b>	<b>Gara Untill 1:29AM Sun</b>	<b>Nataraja:</b> Clear		3rd Phase
Untill 2:56AM Sun				<b>Shashthi* Untill 2:10PM</b>	<b>Moon - Clear</b>		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>Sunday, January 25, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Бхану Васара Уктыяям Ashvini Nakshatra Sadhya Yoga Vanija/Vasil* Karana Saptami/Ashthamam Titau				Kingston, Jamaica Sun 21	Sutra 286
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:07PM – 4:32PM</b>	<b>Ashvini Untill 2:02AM Mon</b>	<b>Ganesh:</b> White	Sunrise: 6:40AM	Vasavasu 5:17
Mesha Rasi: 1.4	Tithi 7 – 8	<b>Yama</b>	<b>12:18PM – 1:43PM</b>	<b>Sadya Untill 10:40PM</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 21
<b>Creative Work</b>	<b>Siddha Yoga</b>	<b>Rahu</b>	<b>4:32PM – 5:56PM</b>	<b>Vasil Untill 11:49PM</b>	<b>Nataraja:</b> Clear		Ashlami
				<b>Saptami Untill 12:41PM</b>	<b>Moon - White</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>Monday, January 26, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Інду Васара Уктыяям Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamam Titau				Kingston, Jamaica Sun 22	Sutra 287
<b>Retreat Star</b>		<b>Gulika</b>	<b>1:43PM – 3:08PM</b>	<b>Bharani Untill 12:39AM Tue</b>	<b>Ganesh:</b> White	Sunrise: 6:40AM	Vasavasu 5:17
Mesha Rasi: 15.38	Tithi 8 – 9	<b>Yama</b>	<b>10:54AM – 12:19PM</b>	<b>Subha Untill 7:50PM</b>	<b>Muruga:</b> White	Sunset: 5:53PM	Moon 1 - Phase 39 - 22
<b>Family Home Evening</b>		<b>Rahu</b>	<b>8:05AM – 9:29AM</b>	<b>Balava Untill 9:47PM</b>	<b>Nataraja:</b> Clear		Navami
<b>Creative Work</b>	<b>Siddha Yoga</b>			<b>Ashlami* Untill 10:49AM</b>	<b>Moon - White</b>		
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

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<b>1 Tuesday, January 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Pakshе Mangala Vasara Yuktayam Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Kingston, Jamaica Sun 23 Sutra 288
Mesha Rasi: 29.5	Tithi 9 - 10	<b>Gulika</b> 12:19PM - 1:43PM	<b>Kritika</b> Until 10:50PM	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:40AM	Vishvasu 5:17
		<b>Yama</b> 9:29AM - 10:54AM	Sukla Until 4:43PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:58PM	Moon 1 - Phase 40 - 23
Creative Work	Siddha Yoga	<b>Rahu</b> 3:08PM - 4:33PM	Taila Until 7:26PM	<b>Nataraja:</b> Clear		4th Phase
Until 10:50PM			<b>Navami</b> Until 8:38AM	Moon - White		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Magha-Thai</b>		

<b>2 Wednesday, January 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Pakshе Budha Vessara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil Karana Dashami/Ekadashyam Titau				Kingston, Jamaica Sun 24 Sutra 289
Wishabha Rasi: 14.13	Tithi 10 - 11	<b>Gulika</b> 10:54AM - 12:19PM	<b>Rohini</b> Until 9:03PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:40AM	Vishvasu 5:17
		<b>Yama</b> 8:05AM - 9:29AM	Brahma Until 1:25PM	<b>Muruga:</b> White	<b>Sunset:</b> 5:58PM	Moon 1 - Phase 40 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 12:19PM - 1:44PM	Vesil Until 3:29AM Thu	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 6:09AM	Moon - Yellow		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

<b>3 Thursday, January 29, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Pakshе Guru Vessara Yuktayam Mrigashira Nakshatra Indra/Vaidhri Yoga Bava/Balava Karana Dvadashyam Titau				Kingston, Jamaica Sun 25 Sutra 290
Wishabha Rasi: 28.44	Tithi 12	<b>Gulika</b> 9:29AM - 10:54AM	<b>Mrigashira</b> Until 7:01PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:40AM	Vishvasu 5:17
		<b>Yama</b> 6:40AM - 8:04AM	Indra Until 9:59AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:58PM	Moon 1 - Phase 40 - 25
Routine Work	Marana Yoga	<b>Rahu</b> 1:44PM - 3:09PM	Bava Until 2:07PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 12:42AM Fri	Moon - Yellow		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

<b>4 Friday, January 30, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Pakshе Sukra Vessara Yuktayam Ardra/Punarvasu Nakshatra Vaidhri/Vibhambha Yoga Kaulava/Taila Karana Trayodashyam Titau				Kingston, Jamaica Sun 26 Sutra 291
Mithuna Rasi: 13.2	Tithi 13	<b>Gulika</b> 8:04AM - 9:29AM	<b>Ardra</b> Until 4:50PM	<b>Ganesh:</b> Red	<b>Sunrise:</b> 6:39AM	Vishvasu 5:17
		<b>Yama</b> 3:09PM - 4:34PM	Vaidhri Until 6:29AM	<b>Muruga:</b> White	<b>Sunset:</b> 5:58PM	Moon 1 - Phase 40 - 26
Creative Work	Siddha Yoga	<b>Rahu</b> 10:54AM - 12:19PM	Kaulava Until 11:21AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 9:58PM	Moon - Yellow		<b>Sivaloka Day</b>
				<b>Magha-Thai</b>		

Pradosha Vata

<b>5 Saturday, January 31, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Sukla Pakshе Manita Vessara Yuktayam Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanija Karana Chaturdashyam Titau				Kingston, Jamaica Sun 27 Sutra 292
Mithuna Rasi: 27.52	Tithi 14	<b>Gulika</b> 6:39AM - 8:04AM	<b>Punarvasu</b> Until 3:04PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:39AM	Vishvasu 5:17
		<b>Yama</b> 1:45PM - 3:10PM	Pihl Until 11:48PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:00PM	Moon 1 - Phase 40 - 27
Creative Work	Siddha Yoga	<b>Rahu</b> 9:29AM - 10:54AM	Gara Until 8:40AM	<b>Nataraja:</b> Clear		4th Phase
		<b>Thai Pusam</b>	<b>Chaturdashi</b> Until 7:24PM	Moon - Blue		<b>Devaloka Day</b>
				<b>Magha-Thai</b>		

<b>○ Sunday, February 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Kritshna Pakshе Bhanu Vessara Yuktayam Copper Retreat Star Pushya/Ashlesha Nakshatra Ayushman Yoga Vesil/Balava Karana Purnima/Prathamam Titau				Kingston, Jamaica Sun 28 Sutra 293
Kataka Rasi: 12.14	Tithi 15 - 16	<b>Gulika</b> 3:10PM - 4:35PM	<b>Pushya</b> Until 1:27PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:39AM	Vishvasu 5:17
		<b>Yama</b> 12:19PM - 1:45PM	Ayushman Until 8:48PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:00PM	Moon 1 - Phase 40 - Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 4:35PM - 6:00PM	Vesil Until 6:15AM	<b>Nataraja:</b> Clear		
			<b>Purnima</b> Until 5:09PM	Moon - Blue		<b>Devaloka Day</b>
				<b>Magha-Thai</b>		

<b>Monday, February 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Mоksha Ritau Makara Mase Kritshna Pakshе Indu Vessara Yuktayam Silver Retreat Star Ashlesha/Magha Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau				Kingston, Jamaica Sun 29 Sutra 294
Kataka Rasi: 26.22	Tithi 16 - 17	<b>Gulika</b> 1:45PM - 3:10PM	<b>Ashlesha</b> Until 12:07PM	<b>Ganesh:</b> Blue	<b>Sunrise:</b> 6:39AM	Vishvasu 5:17
Family Home Evening		<b>Yama</b> 10:54AM - 12:20PM	Saubhagya Until 6:12PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:00PM	Moon 1 - Phase 40 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 8:04AM - 9:29AM	Taila Until 2:41AM Tue	<b>Nataraja:</b> Clear		
Until 12:07PM			<b>Prathama</b> Until 3:21PM	Moon - Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>		

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 10.08 TITHI 17 - 18  
Creative Work Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Mangala Vasara Yuktayam  
Magha/Purvapahalguni Nakshatra Siddhanta/Ahiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau  
Gulika 12:20PM - 1:45PM Magha\* Until 11:37AM  
Yama 9:29AM - 10:54AM Sobhana Until 4:06PM  
Rahu 3:10PM - 4:36PM Vanija Until 1:49AM Wed  
Dvitiya Until 2:09PM  
Ganesha: Red Sunrise: 6:29AM  
Muruga: White Sunset: 6:01PM  
Nataraja: Orange Moon 2 - Phase 41 - 1  
Moon - Red Sivaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 1 Sutra 295  
Viswawasu 5:17  
Moon 2 - Phase 41 - 1  
1st Phase



Wednesday, February 4, 2026

Simha Rasi: 23.33 TITHI 18 - 19  
Creative Work Amrita Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Bauba Vasara Yuktayam  
Purvapahalguni/Ultaraphalguni Nakshatra Ahiganda\*/Sakama Yoga Vesi/Bava Karana Tritiya/Chaturtham Titau  
Gulika 10:54AM - 12:20PM Purvapahalguni Until 11:40AM  
Yama 8:04AM - 9:29AM Ahiganda\* Until 2:31PM  
Rahu 12:20PM - 1:45PM Bava Until 1:41AM Thu  
Tritiya Until 1:38PM  
Ganesha: Red Sunrise: 6:38AM  
Muruga: White Sunset: 6:09PM  
Nataraja: Orange Moon 2 - Phase 41 - 2  
Moon - Red Sivaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 2 Sutra 296  
Viswawasu 5:17  
Moon 2 - Phase 41 - 2  
1st Phase



Thursday, February 5, 2026

Kanya Rasi: 6.34 TITHI 19 - 20  
Amrita Yoga  
Until 12:16PM  
Then Routine Work - Marana Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Guru Vasara Yuktayam  
Utlaraphalguni/Hasta Nakshatra Sukama/Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau  
Gulika 9:29AM - 10:54AM Utlaraphalguni Until 12:16PM  
Yama 6:38AM - 8:03AM Sukama Until 1:31PM  
Rahu 1:45PM - 3:11PM Kaulava Until 2:18AM Fri  
Chaturthi\* Until 1:52PM  
Ganesha: Red Sunrise: 6:38AM  
Muruga: White Sunset: 6:09PM  
Nataraja: Orange Moon 2 - Phase 41 - 3  
Moon - Red Sivaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 3 Sutra 297  
Viswawasu 5:17  
Moon 2 - Phase 41 - 3  
1st Phase



Friday, February 6, 2026

Kanya Rasi: 19.13 TITHI 20 - 21  
Creative Work Amrita Yoga  
Until 1:54PM  
Then Creative Work - Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Talila/Gara Karana Panchami/Shasthyam Titau  
Gulika 8:03AM - 9:29AM Hasta Until 1:54PM  
Yama 3:11PM - 4:37PM Dhriti Until 1:07PM  
Rahu 10:54AM - 12:20PM Gara Until 3:36AM Sat  
Panchami Until 2:51PM  
Ganesha: Green Sunrise: 6:38AM  
Muruga: White Sunset: 6:09PM  
Nataraja: Orange Moon 2 - Phase 41 - 4  
Moon - Green Devaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 4 Sutra 298  
Viswawasu 5:17  
Moon 2 - Phase 41 - 4  
1st Phase



Saturday, February 7, 2026

Tula Rasi: 1.35 TITHI 21 - 22  
Routine Work Marana Yoga  
Until 4:00PM  
Then Creative Work - Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Manita Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Vanija/Vesi/ Karana Shashthi/Saptamam Titau  
Gulika 6:37AM - 8:03AM Chitra Until 4:00PM  
Yama 1:46PM - 3:12PM Shula\* Until 1:10PM  
Rahu 9:29AM - 10:54AM Vesi Until 5:30AM Sun  
Shashthi\* Until 4:28PM  
Ganesha: White Sunrise: 6:27AM  
Muruga: White Sunset: 6:03PM  
Nataraja: Orange Moon 2 - Phase 41 - 5  
Moon - Green Devaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 5 Sutra 299  
Viswawasu 5:17  
Moon 2 - Phase 41 - 5  
1st Phase



Sunday, February 8, 2026

Tula Rasi: 13.42 TITHI 22  
Creative Work Siddha Yoga  
Until 6:24PM  
Then Routine Work - Marana Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Ehanu Vasara Yuktayam  
Svati Nakshatra Ganda\*/Middhi Yoga Bava Karana Saptamam Titau  
Gulika 3:12PM - 4:38PM Svati Until 6:24PM  
Yama 12:20PM - 1:46PM Ganda\* Until 1:38PM  
Rahu 4:38PM - 6:03PM Bava Until 6:35PM  
Saptami Until 6:35PM  
Ganesha: White Sunrise: 6:27AM  
Muruga: White Sunset: 6:03PM  
Nataraja: Orange Moon 2 - Phase 41 - 6  
Moon - Green Devaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 6 Sutra 300  
Viswawasu 5:17  
Moon 2 - Phase 41 - 6  
1st Phase



Monday, February 9, 2026

Retreat Star  
Tula Rasi: 25.41 TITHI 23  
Family Home Evening  
Routine Work Marana Yoga  
Until 9:25PM  
Then Creative Work - Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau  
Gulika 1:46PM - 3:12PM Vishakha Until 9:25PM  
Yama 10:54AM - 12:20PM Viddhi Until 2:22PM  
Rahu 8:02AM - 9:28AM Balava Until 7:47AM  
Ashlami\* Until 8:59PM  
Ganesha: Clear Sunrise: 6:27AM  
Muruga: White Sunset: 6:04PM  
Nataraja: Orange Moon 2 - Phase 41 - 7  
Moon - Orange Sivaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 7 Sutra 301  
Viswawasu 5:17  
Moon 2 - Phase 41 - 7  
Ashtami

Tuesday, February 10, 2026

Retreat Star  
Mithchika Rasi: 7.34 TITHI 24  
Creative Work Siddha Yoga

Viswawasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitchna Paksho Mangala Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Talila/Gara Karana Navamam Titau  
Gulika 12:20PM - 1:46PM Anuradha Until 12:20AM Wed  
Yama 9:28AM - 10:54AM Dhruva Until 3:09PM  
Rahu 3:12PM - 4:38PM Talila Until 10:15AM  
Navam\* Until 11:28PM  
Ganesha: Clear Sunrise: 6:36AM  
Muruga: White Sunset: 6:04PM  
Nataraja: Orange Moon 2 - Phase 41 - 8  
Moon - Orange Sivaloka Day  
Magha-Thai

Kingston, Jamaica  
Sun 8 Sutra 302  
Viswawasu 5:17  
Moon 2 - Phase 41 - 8  
Navami

Parameshwara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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<b>1</b>		<b>Wednesday, February 11, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktyam Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanja/Vasi* Karana Dashamyam Tilau		Kingston, Jamaica Sun 9	Sutra 303 Vasava 5127
Wischika Rasi: 19.28	Tithi 25	Gulika 10:54AM - 12:20PM	<b>Jyeshtha* Until 2:58AM Thu</b>	Ganesh: Clear	Sunrise: 6:36AM		
		Yama 8:02AM - 9:28AM	Vyaghata* Until 3:55PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 9	2nd Phase
Creative Work	Siddha Yoga	976548577 Rahu 12:20PM - 1:46PM	Vanija Until 12:42PM	Nataraja: Orange			
			<b>Dashami Until 1:50AM Thu</b>	Moon - Orange			<b>Sivaloka Day</b>
				Magha-Thai			

<b>2</b>		<b>Thursday, February 12, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktyam Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Tilau		Kingston, Jamaica Sun 10	Sutra 304 Vasava 5127
Dhanus Rasi: 1.25	Tithi 26	Gulika 9:28AM - 10:54AM	<b>Mula* Until 5:39AM Fri</b>	Ganesh: Purple	Sunrise: 6:35AM		
		Yama 6:35AM - 8:02AM	Harshana Until 4:32PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 11	2nd Phase
Creative Work	Siddha Yoga	986548577 Rahu 1:47PM - 3:13PM	Bava Until 2:56PM	Nataraja: Orange			
			<b>Ekadashi* Until 3:54AM Fri</b>	Moon - Light Blue			<b>Devaloka Day</b>
				Magha-Masi			

<b>3</b>		<b>Friday, February 13, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktyam Purvashadha* Nakshatra Vajra*/Siddhi* Yoga Kaulava/Taililo Karana Dvadashtyam Tilau		Kingston, Jamaica Sun 11	Sutra 305 Vasava 5127
Dhanus Rasi: 13.3	Tithi 27	Gulika 8:01AM - 9:28AM	<b>Purvashadha* Until 7:43AM Sat</b>	Ganesh: Purple	Sunrise: 6:35AM		
		Yama 3:13PM - 4:39PM	Vajra* Until 4:49PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	986548577 Rahu 10:54AM - 12:20PM	Kaulava Until 4:47PM	Nataraja: Orange			
			<b>Dvadashti* Until 5:30AM Sat</b>	Moon - Light Blue			<b>Devaloka Day</b>
				Magha-Masi			

<b>4</b>		<b>Saturday, February 14, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktyam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyjalpala* Yoga Gara Karana Trayodashyam Tilau		Kingston, Jamaica Sun 12	Sutra 306 Vasava 5127
Dhanus Rasi: 25.46	Tithi 28	Gulika 6:34AM - 8:01AM	<b>Purvashadha* Until 7:43AM</b>	Ganesh: Clear	Sunrise: 6:34AM		
		Yama 1:47PM - 3:13PM	Siddhi Until 4:45PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 12	2nd Phase
Creative Work	Siddha Yoga	987548577 Rahu 9:27AM - 10:54AM	Gara Until 6:08PM	Nataraja: Orange			
			<b>Trayodashi* Until 6:35AM Sun</b>	Moon - Light Blue			<b>Sivaloka Day</b>
				Magha-Masi			

<b>5</b>		<b>Sunday, February 15, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Shukra Vasara Yuktyam Uttarashadha*/Shravana Nakshatra Vyjalpala*/Varjan Yoga Vanja/Vasi* Karana Trayodashi/Chaturdashyam Tilau		Kingston, Jamaica Sun 13	Sutra 307 Vasava 5127
Makara Rasi: 8.16	Tithi 28 - 29	Gulika 3:13PM - 4:40PM	<b>Uttarashadha Until 9:08AM</b>	Ganesh: Clear	Sunrise: 6:34AM		
		Yama 12:20PM - 1:47PM	Vyjalpala* Until 4:16PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 13	2nd Phase
Creative Work	Amrita Yoga	987548577 Rahu 4:40PM - 6:07PM	Visili Until 6:56PM	Nataraja: Orange			
			<b>Trayodashi* Until 6:35AM</b>	Moon - Light Blue			<b>Sivaloka Day</b>
				Magha-Masi			

<b>Monday, February 16, 2026</b>		<b>Retreat Star</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Vasara Yuktyam Shravana/Sharabhakha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Chaturdashyami/Amavasyam Tilau		Kingston, Jamaica Sun 14	Sutra 308 Vasava 5127
Makara Rasi: 21.01	Tithi 29 - 30	Gulika 1:47PM - 3:14PM	<b>Shravana Until 10:18AM</b>	Ganesh: Orange	Sunrise: 6:33AM		
<b>Family Home Evening</b>		Yama 10:54AM - 12:20PM	Varjan Until 3:19PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 14	Amavasya
Creative Work	Amrita Yoga	997548577 Rahu 8:00AM - 9:27AM	Caluspada Until 7:09PM	Nataraja: Orange			
			<b>Chaturdashi* Until 7:06AM</b>	Moon - Purple			<b>Sivaloka Day</b>
				Magha-Masi			

<b>Tuesday, February 17, 2026</b>		<b>Retreat Star</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Vasara Yuktyam Dhanishtha/Sharabhakha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Mangalya/Prathamyam Tilau		Kingston, Jamaica Sun 15	Sutra 309 Vasava 5127
Kumbha Rasi: 4.02	Tithi 30 - 1	Gulika 12:20PM - 1:47PM	<b>Dhanishtha Until 10:46AM</b>	Ganesh: Orange	Sunrise: 6:33AM		
		Yama 9:27AM - 10:53AM	Parigha* Until 1:58PM	Muruga: White	Sunset: 6:09PM	Moon 2 - Phase 42 - 15	Prathama
Creative Work	Siddha Yoga	997548577 Rahu 3:14PM - 4:41PM	Kintughna Until 6:50PM	Nataraja: Orange			
			<b>Amavasya* Until 7:02AM</b>	Moon - Purple			<b>Sivaloka Day</b>
				Phalgun-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>		<b>Wednesday, February 18, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Budha Vrasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Ditrayam Titau		Kingston, Jamaica Sun 16	Sutra 310
Kumbha Rasi: 17.2	Tilthi 1 – 2	<b>Gulika</b> Yama 997548577	<b>10:53AM – 12:20PM</b> 7:59AM – 9:26AM <b>Rahu</b> 12:20PM – 1:47PM	<b>Shatabhishak Untill 10:36AM</b> Shiva Untill 12:14PM Balava Untill 6:02PM <b>Prathama* Untill 6:28AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Purple Phalgunu-Masi	Sunrise: 6:22AM Sunset: 6:08PM	Vasavasa 5127 Moon 2 - Phase 43 - 16 3rd Phase
Creative Work	Siddha Yoga						<b>Sivaloka Day</b>
Untill 10:36AM							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, February 19, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Guru Vrasara Yuktayam Puravroshthapada*/Uttaravroshthapada Nakshatra Siddha Yoga Talila/Gara Karana Trityam Titau		Kingston, Jamaica Sun 17	Sutra 311
Mesha Rasi: 0.52	Tilthi 3	<b>Gulika</b> Yama 917548577	<b>9:26AM – 10:53AM</b> 7:56AM – 9:24AM <b>Rahu</b> 1:47PM – 3:14PM	<b>Puravroshthapada* Untill 10:19AM</b> Siddha Untill 10:09AM Talila Untill 4:50PM <b>Tritya Untill 4:06AM Fri</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunu-Masi	Sunrise: 6:22AM Sunset: 6:08PM	Vasavasa 5127 Moon 2 - Phase 43 - 17 3rd Phase
Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>

<b>3</b>		<b>Friday, February 20, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Sukra Vrasara Yuktayam Uttaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vasf/ Karana Chaluriyam Titau		Kingston, Jamaica Sun 18	Sutra 312
Mesha Rasi: 15	Tilthi 4	<b>Gulika</b> Yama 917548577	<b>7:58AM – 9:26AM</b> 3:14PM – 4:41PM <b>Rahu</b> 10:53AM – 12:20PM	<b>Uttaravroshthapada Untill 9:33AM</b> Sadhya Untill 7:49AM Vanija Untill 3:20PM <b>Chalurithi* Untill 2:27AM Sat</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunu-Masi	Sunrise: 6:21AM Sunset: 6:09PM	Vasavasa 5127 Moon 2 - Phase 43 - 18 3rd Phase
Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>

<b>4</b>		<b>Saturday, February 21, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mania Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Kingston, Jamaica Sun 19	Sutra 313
Mesha Rasi: 28.31	Tilthi 5	<b>Gulika</b> Yama 918548577	<b>6:31AM – 7:58AM</b> 1:47PM – 3:14PM <b>Rahu</b> 9:25AM – 10:53AM	<b>Revati Untill 8:24AM</b> Sukla Untill 2:34AM Sun Bava Untill 1:35PM <b>Panchami Untill 12:37AM Sun</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunu-Masi	Sunrise: 6:21AM Sunset: 6:09PM	Vasavasa 5127 Moon 2 - Phase 43 - 19 3rd Phase
Routine Work	Prabalaristha Yoga						<b>Sivaloka Day</b>
Untill 8:24AM							
Then Creative Work - Siddha Yoga							
							<b>Subramuniyaswami Siva Vision Day</b>

<b>5</b>		<b>Sunday, February 22, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Kingston, Jamaica Sun 20	Sutra 314
Mesha Rasi: 12.32	Tilthi 6	<b>Gulika</b> Yama 928548577	<b>3:15PM – 4:42PM</b> 12:20PM – 1:47PM <b>Rahu</b> 4:42PM – 6:09PM	<b>Ashvini Untill 7:21AM</b> Brahma Untill 11:45PM Kaulava Untill 11:39AM <b>Shashthi* Untill 10:38PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunu-Masi	Sunrise: 6:20AM Sunset: 6:09PM	Vasavasa 5127 Moon 2 - Phase 43 - 20 3rd Phase
Creative Work	Siddha Yoga						<b>Devaloka Day</b>
Untill 7:21AM							
Then Routine Work - Prabalaristha Yoga							

<b>6</b>		<b>Monday, February 23, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Indu Vasara Yuktayam Bharani/Kittika Nakshatra Indra Yoga Gara/Venja Karana Sapthamyam Titau		Kingston, Jamaica Sun 21	Sutra 315
Mesha Rasi: 26.38	Tilthi 7	<b>Gulika</b> Yama 928548577	<b>1:47PM – 3:15PM</b> 10:52AM – 12:20PM <b>Rahu</b> 7:57AM – 9:25AM	<b>Bharani Untill 6:01AM</b> Indra Untill 8:53PM Gara Untill 9:37AM <b>Sapthami Untill 8:33PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunu-Masi	Sunrise: 6:20AM Sunset: 6:10PM	Vasavasa 5127 Moon 2 - Phase 43 - 21 3rd Phase
Family Home Evening	Siddha Yoga						<b>Devaloka Day</b>
Untill 6:01AM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, February 24, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktayam Rohini Nakshatra Vaidhithi/Vishkambha* Yoga Visf/Bava Karana Ashtamyam Titau		Kingston, Jamaica Sun 22	Sutra 316
Wishabha Rasi: 10.48	Tilthi 8	<b>Gulika</b> Yama 938548577	<b>12:19PM – 1:47PM</b> 9:24AM – 10:52AM <b>Rahu</b> 3:15PM – 4:42PM	<b>Rohini Untill 3:12AM Wed</b> Vaidhithi* Untill 5:57PM Visi Untill 7:31AM <b>Ashtami* Untill 6:25PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Yellow Phalgunu-Masi	Sunrise: 6:20AM Sunset: 6:10PM	Vasavasa 5127 Moon 2 - Phase 43 - 22 Ashtami
Creative Work	Amrita Yoga						<b>Sivaloka Day</b>
Untill 3:12AM Wed							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, February 25, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Budha Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Pitru Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Kingston, Jamaica Sun 23	Sutra 317
Wishabha Rasi: 24.59	Tilthi 9 – 10	<b>Gulika</b> Yama 938648577	<b>10:52AM – 12:19PM</b> 7:56AM – 9:24AM <b>Rahu</b> 12:19PM – 1:47PM	<b>Mrigashira Untill 1:46AM Thu</b> Vishkambha* Untill 3:02PM Tailila Untill 3:15AM Thu <b>Navami* Untill 4:17PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Yellow Phalgunu-Masi	Sunrise: 6:20AM Sunset: 6:10PM	Vasavasa 5127 Moon 2 - Phase 43 - 23 Navami
Creative Work	Siddha Yoga						<b>Subha Sivaloka Day</b>
Untill 1:46AM Thu							
Then Routine Work - Marana Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1 Thursday, February 26, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Ardra Nakshatra Purni/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Kingston, Jamaica Sun 24	Sutra 318 Vasvasu 5127
Mithuna Rasi: 9.09	TITHI 10 – 11	<b>Gulika</b> 9:23AM – 10:51AM	<b>Ardra Untill 12:16AM Fri</b>	<b>Ganesh:</b> Blue	Sunrise: 6:28AM		
		Yama 6:28AM – 7:55AM	Purni Untill 12:06PM	<b>Muruga:</b> White	Sunset: 6:11PM		Moon 2 - Phase 44 - 24
		938648577 <b>Rahu</b> 1:47PM – 3:15PM	Vanija Untill 1:10AM Fri	<b>Nataraja:</b> Orange			4th Phase
Routine Work - Marana Yoga			<b>Dashami Untill 2:11PM</b>	Moon - Yellow			<b>Subha Sivaloka Day</b>
Untill 12:16AM Fri				Phalgun-Masi			
Then Creative Work - Siddha Yoga							
<b>2 Friday, February 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sudra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Visi/Bava Karana Ekadashi/Dvadashyam Tilau				Kingston, Jamaica Sun 25	Sutra 319 Vasvasu 5127
Mithuna Rasi: 23.17	TITHI 11 – 12	<b>Gulika</b> 7:55AM – 9:23AM	<b>Punarvasu Untill 11:09PM</b>	<b>Ganesh:</b> White	Sunrise: 6:27AM		
		Yama 3:15PM – 4:43PM	Ayushman Untill 9:17AM	<b>Muruga:</b> White	Sunset: 6:11PM		Moon 2 - Phase 44 - 25
		949648577 <b>Rahu</b> 10:51AM – 12:19PM	Bava Untill 11:14PM	<b>Nataraja:</b> Orange			4th Phase
Creative Work - Siddha Yoga			<b>Ekadashi Untill 12:10PM</b>	Moon - Blue			<b>Devaloka Day</b>
Untill 11:09PM				Phalgun-Masi			
Then Routine Work - Marana Yoga							
<b>3 Saturday, February 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manu Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodashyam Tilau				Kingston, Jamaica Sun 26	Sutra 320 Vasvasu 5127
Kalka Rasi: 7.19	TITHI 12 – 13	<b>Gulika</b> 6:26AM – 7:54AM	<b>Pushya Untill 10:07PM</b>	<b>Ganesh:</b> White	Sunrise: 6:26AM		
		Yama 1:47PM – 3:15PM	Saubhagya Untill 6:35AM	<b>Muruga:</b> White	Sunset: 6:11PM		Moon 2 - Phase 44 - 26
		949648577 <b>Rahu</b> 9:23AM – 10:51AM	Kaulava Untill 9:29PM	<b>Nataraja:</b> Orange			4th Phase
Creative Work - Siddha Yoga			<b>Dvadashi Untill 10:19AM</b>	Moon - Blue			<b>Devaloka Day</b>
Untill 10:07PM				Phalgun-Masi			
Then Routine Work - Marana Yoga							
<b>4 Sunday, March 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodash/Chaturdashyam Tilau				Kingston, Jamaica Sun 27	Sutra 321 Vasvasu 5127
Kalka Rasi: 21.12	TITHI 13 – 14	<b>Gulika</b> 3:15PM – 4:44PM	<b>Ashlesha* Untill 9:13PM</b>	<b>Ganesh:</b> White	Sunrise: 6:25AM		
		Yama 12:18PM – 1:47PM	Athiganda* Untill 1:48AM Mon	<b>Muruga:</b> White	Sunset: 6:12PM		Moon 2 - Phase 44 - 27
		949648577 <b>Rahu</b> 4:44PM – 6:12PM	Gara Untill 8:03PM	<b>Nataraja:</b> Orange			4th Phase
Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Untill 8:42AM</b>	Moon - Blue			<b>Devaloka Day</b>
Untill 9:13PM				Phalgun-Masi			
Then Routine Work - Marana Yoga							
<b>Monday, March 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Magha* Nakshatra Sukarna Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Tilau				Kingston, Jamaica Sun 28	Sutra 322 Vasvasu 5127
Simha Rasi: 4.53	TITHI 14 – 15	<b>Gulika</b> 1:47PM – 3:15PM	<b>Magha* Untill 9:00PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:24AM		
<b>Family Home Evening</b>		Yama 10:50AM – 12:18PM	Sukarna Untill 11:52PM	<b>Muruga:</b> White	Sunset: 6:12PM		Moon 2 - Phase 44 -
Routine Work - Marana Yoga	959648577	<b>Rahu</b> 7:53AM – 9:21AM	Visi Untill 6:59PM	<b>Nataraja:</b> Orange			Purnima
Untill 9:00PM			<b>Chaturdashi* Untill 7:27AM</b>	Moon - Red			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Holi</b>		Phalgun-Masi			
<b>Tuesday, March 3, 2026</b>		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha: Mangala Vasara Yuktayam Purvaphalguni Nakshatra Dhirli Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Kingston, Jamaica Sun 29	Sutra 323 Vasvasu 5127
Simha Rasi: 18.2	TITHI 15 – 16	<b>Gulika</b> 12:18PM – 1:47PM	<b>Purvaphalguni Untill 9:06PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:24AM		
		Yama 9:21AM – 10:49AM	Dhirli Untill 10:20PM	<b>Muruga:</b> White	Sunset: 6:13PM		Moon 2 - Phase 44 -
		959648577 <b>Rahu</b> 3:15PM – 4:44PM	Balava Untill 6:25PM	<b>Nataraja:</b> Orange			Prathama
Creative Work - Siddha Yoga			<b>Purnima* Untill 6:37AM</b>	Moon - Red			<b>Sivaloka Day</b>
Untill 9:06PM				Phalgun-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

**Gold Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam  
Uтарaphаguni Nakshatra Shula\* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau

Kingston, Jamaica  
Sutra 324

Kanya Rasi: 1.3 Tithi 16 - 17  
Creative Work Amrita Yoga  
Until 9:36PM  
Then Routine Work - Marana Yoga

Gulika 10:49AM - 12:18PM  
Yama 7:52AM - 9:20AM  
959648577 Rahu 12:18PM - 1:47PM

Uтарaphаguni Untill 9:36PM  
Shula\* Untill 9:12PM  
Tailita Untill 6:23PM

Ganesh: Clear Sunrise: 6:23AM  
Muruga: White Sunset: 6:18PM  
Nataraja: Orange  
Moon - Red Phalguna-Masi

Moon 3 - Phase 45 - 1st Phase  
**Sivaloka Day**

**1** Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guro Vasara Yuktayam  
Hashta Nakshatra Ganda\* Yoga Gara/Vanija Karana Divlyaya/Tritiyayam Titau

Kingston, Jamaica  
Sutra 325

Kanya Rasi: 14.23 Tithi 17 - 18  
Routine Work Marana Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

Gulika 9:20AM - 10:49AM  
Yama 6:22AM - 7:51AM  
169648577 Rahu 1:47PM - 3:15PM

Hasla Untill 10:59PM  
Ganda\* Untill 8:33PM  
Vanija Untill 6:56PM  
Dvitiya Untill 6:34AM

Ganesh: White Sunrise: 6:20AM  
Muruga: White Sunset: 6:18PM  
Nataraja: Orange  
Moon - Green Phalguna-Masi

Moon 3 - Phase 45 - 1st Phase  
**Devaloka Day**

**2** Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam  
Chitra Nakshatra Vidhih Yoga Visi\* Bava Karana Tritiya/Chaturthayam Titau

Kingston, Jamaica  
Sutra 326

Kanya Rasi: 26.59 Tithi 18 - 19  
Creative Work Siddha Yoga

Gulika 7:50AM - 9:19AM  
Yama 3:15PM - 4:44PM  
169648577 Rahu 10:48AM - 12:17PM

Chitra Untill 12:46AM Sat  
Vidhih Untill 8:22PM  
Bava Untill 8:05PM  
Tritiya Untill 7:25AM

Ganesh: White Sunrise: 6:21AM  
Muruga: White Sunset: 6:18PM  
Nataraja: Orange  
Moon - Green Phalguna-Masi

Moon 3 - Phase 45 - 2 1st Phase  
**Devaloka Day**

**3** Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam  
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchathayam Titau

Kingston, Jamaica  
Sutra 327

Tula Rasi: 9.2 Tithi 19 - 20  
Creative Work Siddha Yoga  
Until 2:52AM Sun  
Then Routine Work - Marana Yoga

Gulika 6:21AM - 7:50AM  
Yama 1:46PM - 3:15PM  
161658577 Rahu 9:19AM - 10:48AM

Svali Untill 2:52AM Sun  
Dhruva Untill 8:33PM  
Kaulava Untill 9:45PM  
Chaturthi\* Untill 8:50AM

Ganesh: Purple Sunrise: 6:21AM  
Muruga: Clear Sunset: 6:14PM  
Nataraja: Orange  
Moon - Green Phalguna-Masi

Moon 3 - Phase 45 - 3 1st Phase  
**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

**4** Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Kingston, Jamaica  
Sutra 328

Tula Rasi: 21.29 Tithi 20 - 21  
Routine Work Marana Yoga  
Until 5:41AM Mon  
Then Creative Work - Siddha Yoga

Gulika 3:15PM - 4:45PM  
Yama 12:17PM - 1:46PM  
171658577 Rahu 4:45PM - 6:14PM

Vishakha Untill 5:41AM Mon  
Vyaghata\* Untill 9:04PM  
Gara Untill 11:50PM  
Panchami Untill 10:44AM

Ganesh: Clear Sunrise: 6:20AM  
Muruga: Clear Sunset: 6:14PM  
Nataraja: Orange  
Moon - Orange Phalguna-Masi

Moon 3 - Phase 45 - 4 1st Phase  
**Devaloka Day**

**5** Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Vanija/Visi\* Karana Shashthi/Saptamyam Titau

Kingston, Jamaica  
Sutra 329

Witschika Rasi: 3.29 Tithi 21 - 22  
Family Home Evening  
Creative Work Siddha Yoga  
Until 8:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 1:46PM - 3:15PM  
Yama 10:47AM - 12:17PM  
171658577 Rahu 7:49AM - 9:18AM

Anuradha Untill 8:32AM Tue  
Harshana Untill 9:49PM  
Visi Untill 2:11AM Tue  
Shashthi\* Untill 12:58PM

Ganesh: Clear Sunrise: 6:19AM  
Muruga: Clear Sunset: 6:14PM  
Nataraja: Orange  
Moon - Orange Phalguna-Masi

Moon 3 - Phase 45 - 5 1st Phase  
**Devaloka Day**

**6** Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Mangala Vasara Yuktayam  
Anuradha Nakshatra Harshana Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kingston, Jamaica  
Sutra 330

Witschika Rasi: 15.24 Tithi 22 - 23  
Creative Work Siddha Yoga  
Until 8:32AM  
Then Routine Work - Marana Yoga

Gulika 12:16PM - 1:46PM  
Yama 9:17AM - 10:47AM  
171658677 Rahu 3:15PM - 4:45PM

Anuradha Untill 8:32AM  
Vajra\* Untill 10:37PM  
Balava Untill 4:37AM Wed  
Saptami Untill 3:23PM

Ganesh: Clear Sunrise: 6:18AM  
Muruga: White Sunset: 6:14PM  
Nataraja: Light Blue  
Moon - Orange Phalguna-Masi

Moon 3 - Phase 45 - 6 1st Phase  
**Bhuloka Day**  
Devaloka Time: 6AM to 9AM

**D** Wednesday, March 11, 2026

**Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Siddhih Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Kingston, Jamaica  
Sutra 331

Witschika Rasi: 27.18 Tithi 23 - 24  
Creative Work Siddha Yoga  
Until 11:15AM  
Then Routine Work - Marana Yoga

Gulika 10:47AM - 12:16PM  
Yama 7:47AM - 9:17AM  
171658677 Rahu 12:16PM - 1:46PM

Jyeshtha\* Untill 11:15AM  
Siddhih Untill 11:22PM  
Tailita Untill 6:55AM Thu  
Ashtami\* Untill 5:46PM

Ganesh: Clear Sunrise: 6:18AM  
Muruga: White Sunset: 6:15PM  
Nataraja: Light Blue  
Moon - Orange Phalguna-Masi

Moon 3 - Phase 45 - 7 Ashtami  
**Bhuloka Day**  
Devaloka Time: 6AM to 9AM

**Thursday, March 12, 2026**

**Retreat Star**

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guro Vasara Yuktayam  
Mula\*/Puruvashadha\* Nakshatra Vyalipata\* Yoga Tailita/Gara Karana Navamyam Titau

Kingston, Jamaica  
Sutra 332

Dhanu Rasi: 9.15 Tithi 24  
Creative Work Siddha Yoga

Gulika 9:16AM - 10:46AM  
Yama 6:17AM - 7:47AM  
181658677 Rahu 1:46PM - 3:15PM

Mula\* Untill 2:08PM  
Vyalipata\* Untill 11:56PM  
Tailita Untill 6:55AM  
Navami\* Untill 7:56PM

Ganesh: White Sunrise: 6:17AM  
Muruga: White Sunset: 6:15PM  
Nataraja: Light Blue  
Moon - Light Blue Phalguna-Masi

Moon 3 - Phase 45 - 8 Navami  
**Bhuloka Day**

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1 Friday, March 13, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi: Sukra Vasara Yuktyam Kingston, Jamaica Purnvashada*Uttarashada Nakshatra Varjani Yoga Vanija/Vidhi* Karana Dashamyam Titau Sun 9 Sutra 333			
Dhanu Rasi: 21.19	Tithi 25	<b>Gulika</b> 7:46AM – 9:16AM	<b>Purvashada* Until 4:29PM</b>	<b>Ganesh:</b> White <b>Sunrise:</b> 6:16AM	<b>Vasavasu 5:17</b>
		<b>Yama</b> 3:15PM – 4:45PM	<b>Varjani Until 12:08AM Sat</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:19PM	<b>Moon 3 - Phase 46 - 9</b>
<b>181658677 Rahu</b> 10:46AM – 12:16PM			<b>Vanija Until 8:53AM</b>	<b>Nataraja:</b> Light Blue	<b>2nd Phase</b>
<b>Routine Work</b> Prabalarishta Yoga			<b>Dashami Until 9:39PM</b>	<b>Moon - Light Blue</b>	
<b>Until 4:29PM</b>				<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>
<b>Then Routine Work - Marana Yoga</b>					
<b>2 Saturday, March 14, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Manita Vasara Yuktyam Kingston, Jamaica Uttarashada Nakshatra Parigha* Yoga Bava/Baleva Karana Ekadashyam Titau Sun 10 Sutra 334			
Makara Rasi: 4	Tithi 26	<b>Gulika</b> 6:15AM – 7:45AM	<b>Uttarashada Until 6:08PM</b>	<b>Ganesh:</b> White <b>Sunrise:</b> 6:15AM	<b>Vasavasu 5:17</b>
		<b>Yama</b> 1:45PM – 3:15PM	<b>Parigha* Until 11:53PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:19PM	<b>Moon 3 - Phase 46 - 10</b>
<b>181658677 Rahu</b> 9:15AM – 10:45AM			<b>Bava Until 10:19AM</b>	<b>Nataraja:</b> Light Blue	<b>2nd Phase</b>
<b>Routine Work</b> Marana Yoga			<b>Ekadashi* Until 10:47PM</b>	<b>Moon - Light Blue</b>	
<b>Until 6:08PM</b>		<b>Karadayani Nombu (Tamil Nadu)</b>		<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>
<b>Then Creative Work - Siddha Yoga</b>					
<b>3 Sunday, March 15, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Bharu Vasara Yuktyam Kingston, Jamaica Shravana Nakshatra Shiva Yoga Kaulava/Tallila Karana Dvadashtyam Titau Sun 11 Sutra 335			
Makara Rasi: 16.09	Tithi 27	<b>Gulika</b> 3:15PM – 4:46PM	<b>Shravana Until 7:27PM</b>	<b>Ganesh:</b> Yellow <b>Sunrise:</b> 6:14AM	<b>Vasavasu 5:17</b>
		<b>Yama</b> 12:15PM – 1:45PM	<b>Shiva Until 11:07PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:16PM	<b>Moon 3 - Phase 46 - 11</b>
<b>191658678 Rahu</b> 4:46PM – 6:16PM			<b>Kaulava Until 11:07AM</b>	<b>Nataraja:</b> Purple	<b>2nd Phase</b>
<b>Creative Work</b> Amrita Yoga			<b>Dvadashti* Until 11:14PM</b>	<b>Moon - Purple</b>	
<b>Until 7:27PM</b>				<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>
<b>Then Routine Work - Marana Yoga</b>					<b>Devaloka Time: 6AM to 9AM</b>
<b>4 Monday, March 16, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Indu Vasara Yuktyam Kingston, Jamaica Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 336			
Makara Rasi: 29.02	Tithi 28	<b>Gulika</b> 1:45PM – 3:15PM	<b>Dhanishtha Until 7:54PM</b>	<b>Ganesh:</b> Yellow <b>Sunrise:</b> 6:14AM	<b>Vasavasu 5:17</b>
<b>Family Home Evening</b>		<b>Yama</b> 10:45AM – 12:15PM	<b>Siddha Until 9:45PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:16PM	<b>Moon 3 - Phase 46 - 12</b>
<b>191658678 Rahu</b> 7:44AM – 9:14AM			<b>Gara Until 11:12AM</b>	<b>Nataraja:</b> Purple	<b>2nd Phase</b>
<b>Creative Work</b> Siddha Yoga			<b>Trayodashi* Until 10:57PM</b>	<b>Moon - Purple</b>	
				<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 6AM to 9AM</b>
<i>Pradosha Vata (Fasting)</i>					
<b>5 Tuesday, March 17, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Mangala Vasara Yuktyam Kingston, Jamaica Shalabhishak Nakshatra Sadyha Yoga Vistil/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337			
Kumbha Rasi: 12.17	Tithi 29	<b>Gulika</b> 12:15PM – 1:45PM	<b>Shalabhishak Until 7:31PM</b>	<b>Ganesh:</b> Blue <b>Sunrise:</b> 6:13AM	<b>Vasavasu 5:17</b>
		<b>Yama</b> 9:14AM – 10:44AM	<b>Sadyha Until 7:52PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:16PM	<b>Moon 3 - Phase 46 - 13</b>
<b>192658678 Rahu</b> 3:15PM – 4:46PM			<b>Vistil Until 10:33AM</b>	<b>Nataraja:</b> Purple	<b>2nd Phase</b>
<b>Routine Work</b> Marana Yoga			<b>Chaturdashi* Until 9:58PM</b>	<b>Moon - Purple</b>	
				<b>Phalguna-Panguni</b>	<b>Devaloka Day</b>
<b>6 Wednesday, March 18, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi: Badha Vasara Yuktyam Kingston, Jamaica Purnvashodhapa* Nakshatra Subha/Sukla Yoga Caluspada* Naga* Karana Amavasyayam Titau Sun 14 Sutra 338			
<b>Retreat Star</b>		<b>Gulika</b> 10:44AM – 12:14PM	<b>Purnvashodhapa* Until 6:51PM</b>	<b>Ganesh:</b> Red <b>Sunrise:</b> 6:12AM	<b>Vasavasu 5:17</b>
Kumbha Rasi: 25.53	Tithi 30	<b>Yama</b> 7:43AM – 9:13AM	<b>Subha Until 5:31PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:16PM	<b>Moon 3 - Phase 46 - 14</b>
		<b>112658678 Rahu</b> 12:14PM – 1:45PM	<b>Caluspada Until 9:17AM</b>	<b>Nataraja:</b> Purple	<b>Amavasya</b>
<b>Creative Work</b> Amrita Yoga			<b>Amavasya* Until 8:24PM</b>	<b>Moon - Clear</b>	
<b>Until 6:51PM</b>				<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>
<b>Then Creative Work - Siddha Yoga</b>					<b>Devaloka Time: 9AM to 12:2PM</b>
<b>7 Thursday, March 19, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Pakshi: Guru Vasara Yuktyam Kingston, Jamaica Uttarproshthapada* Nakshatra Suka/Bahma Yoga Kirtughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 339			
<b>Retreat Star</b>		<b>Gulika</b> 9:13AM – 10:43AM	<b>Uttarproshthapada Until 5:33PM</b>	<b>Ganesh:</b> Red <b>Sunrise:</b> 6:11AM	<b>Vasavasu 5:17</b>
Meena Rasi: 9.5	Tithi 1	<b>Yama</b> 6:11AM – 7:42AM	<b>Suka Until 2:44PM</b>	<b>Muruga:</b> White <b>Sunset:</b> 6:17PM	<b>Moon 3 - Phase 46 - 15</b>
		<b>112658678 Rahu</b> 1:45PM – 3:15PM	<b>Kirtughna Until 7:27AM</b>	<b>Nataraja:</b> Purple	<b>Prathama</b>
<b>Creative Work</b> Siddha Yoga			<b>Prathama* Until 6:22PM</b>	<b>Moon - Clear</b>	
		<b>Yugadi</b>		<b>Chaitra-Panguni</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 9AM to 12:2PM</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1 Friday, March 20, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Dvitiya/Trityayam Tilau				Kingston, Jamaica Sun 16	Sutra 340
Mesha Rasi: 24.04	Tithi 2 - 3	<b>Gulika</b> 7:41AM - 9:12AM	<b>Revati Until 3:46PM</b>	<b>Ganesh:</b> Red <b>Muruga:</b> White	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 6:17PM	Vasavasu 5127	Moon 3 - Phase 47 - 16 3rd Phase
Yama	3:15PM - 4:46PM	Yama	Brahma Until 11:41AM	<b>Nataraja:</b> Purple			
122658678	<b>Rahu</b> 10:43AM - 12:14PM		Taila Until 2:44AM Sat	<b>Moon - Clear</b> Chaitra-Panguni			<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:PM
Creative Work Siddha Yoga Until 3:46PM Then Creative Work - Amrita Yoga							
<b>2 Saturday, March 21, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manu Varsara Yuktayam Ashvini/Bharani Nakshatra Indra/Vadhlithi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau				Kingston, Jamaica Sun 17	Sutra 341
Mesha Rasi: 8.28	Tithi 3 - 4	<b>Gulika</b> 6:10AM - 7:41AM	<b>Ashvini Until 2:04PM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> White	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 6:17PM	Vasavasu 5127	Moon 3 - Phase 47 - 17 3rd Phase
Yama	1:44PM - 3:15PM	Yama	Indra Until 8:27AM	<b>Nataraja:</b> Purple			
122658678	<b>Rahu</b> 9:11AM - 10:42AM		Vanija Until 12:06AM Sun	<b>Moon - White</b> Chaitra-Panguni			<b>Bhuloka Day</b> Devaloka Time: 9AM to 12:PM
Creative Work Siddha Yoga <b>Chellappaswami Mahasamadh</b>							
<b>3 Sunday, March 22, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Varsara Yuktayam Bharani/Kritika Nakshatra Vishkambha Yoga Visi/Bava Karana Chalurni/Panchamyam Tilau				Kingston, Jamaica Sun 18	Sutra 342
Mesha Rasi: 22.56	Tithi 4 - 5	<b>Gulika</b> 3:15PM - 4:46PM	<b>Bharani Until 12:09PM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 6:17PM	Vasavasu 5127	Moon 3 - Phase 47 - 18 3rd Phase
Yama	12:13PM - 1:44PM	Yama	Vishkambha Until 1:49AM Mon	<b>Nataraja:</b> Purple			
122758678	<b>Rahu</b> 4:46PM - 6:17PM		Bava Until 9:27PM	<b>Moon - White</b> Chaitra-Panguni			<b>Bhuloka Day</b>
Routine Work Prabalarishta Yoga Until 12:09PM Then Creative Work - Siddha Yoga							
<b>4 Monday, March 23, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Kritika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau				Kingston, Jamaica Sun 19	Sutra 343
Wishabha Rasi: 7.25	Tithi 5 - 6	<b>Gulika</b> 1:44PM - 3:15PM	<b>Kritika Until 10:09AM</b>	<b>Ganesh:</b> Blue <b>Muruga:</b> White	<b>Sunrise:</b> 6:08AM <b>Sunset:</b> 6:17PM	Vasavasu 5127	Moon 3 - Phase 47 - 19 3rd Phase
Yama	10:42AM - 12:13PM	Yama	Priti Until 10:36PM	<b>Nataraja:</b> Purple			
122758678	<b>Rahu</b> 7:39AM - 9:10AM		Kaulava Until 6:53PM	<b>Moon - White</b> Chaitra-Panguni			<b>Bhuloka Day</b>
Routine Work Marana Yoga Until 10:09AM Then Creative Work - Amrita Yoga							
<b>5 Tuesday, March 24, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Gara/Vanija Karana Sapthamyam Tilau				Kingston, Jamaica Sun 20	Sutra 344
Wishabha Rasi: 21.47	Tithi 7	<b>Gulika</b> 12:12PM - 1:44PM	<b>Rohini Until 8:35AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> White	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 6:18PM	Vasavasu 5127	Moon 3 - Phase 47 - 20 3rd Phase
Yama	9:10AM - 10:41AM	Yama	Ayushman Until 7:32PM	<b>Nataraja:</b> Purple			
132758678	<b>Rahu</b> 3:15PM - 4:46PM		Gara Until 4:31PM	<b>Moon - Yellow</b> Chaitra-Panguni			<b>Bhuloka Day</b> Devaloka Time: 6AM to 9-AM
Creative Work Amrita Yoga Until 8:35AM Then Creative Work - Siddha Yoga							
<b>Wednesday, March 25, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Migashira/Andra Nakshatra Sauthagya/Sobhana Yoga Visi/Bava Karana Ashtamyam Tilau				Kingston, Jamaica Sun 21	Sutra 345
Mithuna Rasi: 6.01	Tithi 8	<b>Gulika</b> 10:41AM - 12:12PM	<b>Mrigashira Until 7:05AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> White	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 6:18PM	Vasavasu 5127	Moon 3 - Phase 47 - 21 Ashtami
Yama	7:38AM - 9:09AM	Yama	Sauthagya Until 4:41PM	<b>Nataraja:</b> Purple			
132758678	<b>Rahu</b> 12:12PM - 1:44PM		Visi Until 2:23PM	<b>Moon - Yellow</b> Chaitra-Panguni			<b>Bhuloka Day</b> Devaloka Time: 6AM to 9-AM
Creative Work Siddha Yoga <b>Ashtami* Until 1:24AM Thu</b>							
<b>Thursday, March 26, 2026</b>		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Varsara Yuktayam Punarvasu Nakshatra Sobhana/Ahiganda Yoga Balava/Kaulava Karana Navamyam Tilau				Kingston, Jamaica Sun 22	Sutra 346
Mithuna Rasi: 20.04	Tithi 9	<b>Gulika</b> 9:09AM - 10:40AM	<b>Punarvasu Until 4:58AM Fri</b>	<b>Ganesh:</b> White <b>Muruga:</b> White	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 6:18PM	Vasavasu 5127	Moon 3 - Phase 47 - 22 Navami
Yama	6:06AM - 7:37AM	Yama	Sobhana Until 2:05PM	<b>Nataraja:</b> Purple			
142758678	<b>Rahu</b> 1:43PM - 3:15PM		Balava Until 12:32PM	<b>Moon - Blue</b> Chaitra-Panguni			<b>Bhuloka Day</b>
Creative Work Amrita Yoga Until 4:58AM Fri Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1 Friday, March 27, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Pakche Sukra Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Talila/Gara Karana Dashamyam Tilau			Kingston, Jamaica Sun 23 Sutra 347
Kataka Rasi: 3.55	Tithi 10	<b>Gulika</b> 7:36AM - 9:08AM Yama 3:15PM - 4:47PM Rahu 10:40AM - 12:12PM	<b>Pushya Until 4:24AM Sat</b> Athiganda* Until 11:43AM Talila Until 11:01AM Dashami Until 10:22PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:05AM Sunset: 6:18PM Moon 3 - Phase 48 - 23 4th Phase
Routine Work - Marana Yoga					<b>Bhuloka Day</b>

<b>2 Saturday, March 28, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Pakche Mani Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhrii/Yoga Vanja/Visi* Karana Ekadashyam Tilau			Kingston, Jamaica Sun 24 Sutra 348
Kataka Rasi: 17.34	Tithi 11	<b>Gulika</b> 6:04AM - 7:36AM Yama 1:43PM - 3:15PM Rahu 9:08AM - 10:39AM	<b>Ashlesha* Until 4:01AM Sun</b> Sukarma Until 9:38AM Vanija Until 9:50AM Ekadashi Until 9:21PM	<b>Ganesh:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:04AM Sunset: 6:18PM Moon 3 - Phase 48 - 24 4th Phase
Routine Work - Marana Yoga		Yogaswami Mahasamadhii			<b>Bhuloka Day</b>

<b>3 Sunday, March 29, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Pakche Bhanu Vasara Yuktayam Magha* Nakshatra Dhrii/Shula* Yoga Bava/Balava Karana Dvadashyam Tilau			Kingston, Jamaica Sun 25 Sutra 349
Simha Rasi: 1	Tithi 12	<b>Gulika</b> 3:15PM - 4:47PM Yama 12:11PM - 1:43PM Rahu 4:47PM - 6:19PM	<b>Magha* Until 4:19AM Mon</b> Dhrii Until 7:51AM Bava Until 9:01AM Dvadashi Until 8:43PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:03AM Sunset: 6:19PM Moon 3 - Phase 48 - 25 4th Phase
Routine Work - Marana Yoga Until 4:19AM Mon Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM

<b>4 Monday, March 30, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Pakche Indu Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Talila Karana Trayodashyam Tilau			Kingston, Jamaica Sun 26 Sutra 350
Simha Rasi: 14.14	Tithi 13	<b>Gulika</b> 1:43PM - 3:15PM Yama 10:39AM - 12:11PM Rahu 7:34AM - 9:06AM	<b>Purvaphalguni Until 4:51AM Tue</b> Shula* Until 6:21AM Kaulava Until 8:34AM Trayodashi Until 8:28PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:02AM Sunset: 6:19PM Moon 3 - Phase 48 - 26 4th Phase
Family Home Evening Creative Work - Siddha Yoga Until 4:51AM Tue Then Creative Work - Amrita Yoga		Pradosha Vata			<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM

<b>5 Tuesday, March 31, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Viddhi* Yoga Gara/Vanja Karana Chaturdashyam Tilau			Kingston, Jamaica Sun 27 Sutra 351
Simha Rasi: 27.16	Tithi 14	<b>Gulika</b> 12:10PM - 1:43PM Yama 9:06AM - 10:38AM Rahu 3:15PM - 4:47PM	<b>Uttaraphalguni Until 5:38AM Wed</b> Viddhi Until 4:20AM Wed Gara Until 8:31AM Chaturdashi* Until 8:38PM	<b>Ganesh:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:01AM Sunset: 6:19PM Moon 3 - Phase 48 - 27 4th Phase
Creative Work - Amrita Yoga Until 5:38AM Wed Then Routine Work - Marana Yoga					<b>Devaloka Day</b>

<b>Wednesday, April 2, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Sukla Pakche Budha Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Tilau			Kingston, Jamaica Sun 28 Sutra 352
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:38AM - 12:10PM Yama 7:34AM - 9:06AM Rahu 12:10PM - 1:43PM	<b>Hasta Until 7:09AM Thu</b> Dhruva Until 3:48AM Thu Visi Until 8:54AM Purnima* Until 9:13PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green Chalra-Panguni	Sunrise: 6:01AM Sunset: 6:19PM Moon 3 - Phase 48 - Purnima
Kanya Rasi: 10.06 Routine Work - Marana Yoga Until 7:09AM Thu Then Creative Work - Siddha Yoga		Panguni Uttarim Hanuman Jayanti			<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM

<b>Thursday, April 2, 2026</b>		Viswasa Nama Samvatsare Uтарыне Mкша Ritau Meena Mase Krishna Pakche Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Tilau			Kingston, Jamaica Sun 29 Sutra 353
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:05AM - 10:38AM Yama 6:01AM - 7:33AM Rahu 1:42PM - 3:15PM	<b>Hasta Until 7:09AM</b> Vyaghata* Until 3:38AM Fri Balava Until 9:42AM Prathama* Until 10:15PM	<b>Ganesh:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green Chalra-Panguni	Sunrise: 6:01AM Sunset: 6:19PM Moon 3 - Phase 48 - Prathama
Kanya Rasi: 22.43 Routine Work - Marana Yoga Until 7:09AM Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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**Friday, April 3, 2026****Gold Retreat Star**

Tula Rasi: 5.09      Tithi 17

Creative Work    Siddha Yoga

**Gulika** 7:32AM - 9:05AM  
**Yama** 3:15PM - 4:47PM  
**Rahu** 10:37AM - 12:10PM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam  
 Chitra/Svali Nakshatra Harshana Yoga Talilla/Gara Karana Divilyayam Titau

**Chitra Until 8:55AM**  
 Harshana Until 3:47AM Sat  
 Talilla Until 10:57AM  
**Dvitiya Until 11:42PM**

**Ganesh:** Clear      Sunrise: 6:00AM  
**Muruga:** White      Sunset: 6:20PM  
**Nataraja:** Purple  
 Moon - Green  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 1      Sutra 354  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 1  
 1st Phase

**Bhuloka Day**  
 Devaloka Time: 9AM to 12PM

**1****Saturday, April 4, 2026**

Tula Rasi: 17.24      Tithi 18

Creative Work    Siddha Yoga

**Gulika** 5:59AM - 7:32AM  
**Yama** 1:42PM - 3:15PM  
**Rahu** 9:04AM - 10:37AM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Maitra Vasara Yuktayam  
 Anuradha/Jyeshtha Nakshatra Vajra\* Yoga Vanija/Visli\* Karana Trilyayam Titau

**Svali Until 10:56AM**  
 Vajra\* Until 4:12AM Sun  
 Vanija Until 12:36PM  
**Tritiya Until 1:32AM Sun**

**Ganesh:** Clear      Sunrise: 5:59AM  
**Muruga:** White      Sunset: 6:20PM  
**Nataraja:** Purple  
 Moon - Green  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 2      Sutra 355  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 2  
 1st Phase

**Bhuloka Day**  
 Devaloka Time: 9AM to 12PM

**2****Sunday, April 5, 2026**

Tula Rasi: 29.31      Tithi 19

Routine Work    Marana Yoga

**Gulika** 3:15PM - 4:47PM  
**Yama** 12:09PM - 1:42PM  
**Rahu** 4:47PM - 6:20PM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Siddhi Yoga Bava/Balava Karana Chaturtham Titau

**Vishakha Until 1:37PM**  
 Siddhi Until 4:52AM Mon  
 Bava Until 2:36PM  
**Chaturthi\* Until 3:41AM Mon**

**Ganesh:** White      Sunrise: 5:58AM  
**Muruga:** White      Sunset: 6:20PM  
**Nataraja:** Purple  
 Moon - Orange  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 3      Sutra 356  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 3  
 1st Phase

**Devaloka Day**

**3****Monday, April 6, 2026**

Wischika Rasi: 11.29      Tithi 20

**Family Home Evening**

Creative Work    Siddha Yoga

**Gulika** 1:42PM - 3:14PM  
**Yama** 10:36AM - 12:09PM  
**Rahu** 7:30AM - 9:03AM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Vyalipala\* Yoga Kaulava/Taililla Karana Panchamam Titau

**Anuradha Until 4:24PM**  
 Vyalipala\* Until 5:42AM Tue  
 Kaulava Until 4:52PM  
**Panchami Until 6:03AM Tue**

**Ganesh:** White      Sunrise: 5:57AM  
**Muruga:** White      Sunset: 6:20PM  
**Nataraja:** Purple  
 Moon - Orange  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 4      Sutra 357  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 4  
 1st Phase

**Devaloka Day**

**4****Tuesday, April 7, 2026**

Wischika Rasi: 23.24      Tithi 20 - 21

Routine Work    Marana Yoga

Until 7:09PM

Then Creative Work - Amrita Yoga

**Gulika** 12:09PM - 1:41PM  
**Yama** 9:03AM - 10:36AM  
**Rahu** 3:14PM - 4:47PM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam  
 Jyeshtha\* Nakshatra Varjyan Yoga Talilla/Gara Karana Panchami/Shashtham Titau

**Jyeshtha\* Until 7:09PM**  
 Varjyan Until 6:33AM Wed  
 Gara Until 7:17PM  
**Panchami Until 6:03AM**

**Ganesh:** White      Sunrise: 5:57AM  
**Muruga:** White      Sunset: 6:20PM  
**Nataraja:** Purple  
 Moon - Orange  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 5      Sutra 358  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 5  
 1st Phase

**Devaloka Day**

**5****Wednesday, April 8, 2026**

Dhanus Rasi: 5.17      Tithi 21 - 22

Routine Work    Marana Yoga

Until 10:12PM

Then Creative Work - Amrita Yoga

**Gulika** 10:35AM - 12:08PM  
**Yama** 7:29AM - 9:02AM  
**Rahu** 12:08PM - 1:41PM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam  
 Mula\* Nakshatra Varjyan/Parigha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamam Titau

**Mula\* Until 10:12PM**  
 Varjyan Until 6:33AM  
 Visli Until 9:40PM  
**Shashthi\* Until 8:28AM**

**Ganesh:** Yellow      Sunrise: 5:56AM  
**Muruga:** White      Sunset: 6:20PM  
**Nataraja:** Purple  
 Moon - Light Blue  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 6      Sutra 359  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 6  
 1st Phase

**Bhuloka Day**  
 Devaloka Time: 9AM to 12PM

**D****Thursday, April 9, 2026****Retreat Star**

Dhanus Rasi: 17.12      Tithi 22 - 23

Creative Work    Siddha Yoga

Until 12:53AM Fri

Then Routine Work - Marana Yoga

**Gulika** 9:02AM - 10:35AM  
**Yama** 5:55AM - 7:28AM  
**Rahu** 1:41PM - 3:14PM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Caru Vasara Yuktayam  
 Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Titau

**Purvashadha\* Until 12:53AM Fri**  
 Parigha\* Until 7:21AM  
 Balava Until 11:49PM  
**Saptami Until 10:46AM**

**Ganesh:** Yellow      Sunrise: 5:55AM  
**Muruga:** White      Sunset: 6:21PM  
**Nataraja:** Purple  
 Moon - Light Blue  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 7      Sutra 360  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 7  
 Ashtami

**Bhuloka Day**  
 Devaloka Time: 9AM to 12PM

**Friday, April 10, 2026****Retreat Star**

Dhanus Rasi: 29.14      Tithi 23 - 24

Routine Work    Marana Yoga

Until 2:57AM Sat

Then Creative Work - Siddha Yoga

**Gulika** 7:28AM - 9:01AM  
**Yama** 3:14PM - 4:48PM  
**Rahu** 10:34AM - 12:08PM

Vivavasu Nama Samvatsara    Utarayane Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam  
 Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava/Taililla Karana Ashtami/Navamam Titau

**Uttarashadha Until 2:57AM Sat**  
 Shiva Until 7:56AM  
 Taililla Until 1:32AM Sat  
**Ashtami\* Until 12:43PM**

**Ganesh:** Yellow      Sunrise: 5:54AM  
**Muruga:** White      Sunset: 6:21PM  
**Nataraja:** Purple  
 Moon - Light Blue  
**Chaitra-Panguni**

**Kingston, Jamaica**  
 Sun 8      Sutra 361  
 Vasavasu 5:17  
 Moon 4 - Phase 49 - 8  
 Navami

**Bhuloka Day**  
 Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Saturday, April 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yukitayam Kingston, Jamaica				
	Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Tilau Sun 9 Sutra 362		<b>Gulika</b>	<b>5:54AM – 7:27AM</b>	<b>Shravana Until 4:44AM Sun</b>	<b>Ganesha: Blue</b> Sunrise: 5:54AM	Vasaxsu 5127
	Makara Rasi: 11.28	TITHI 24 – 25	<b>Yama</b>	1:41PM – 3:14PM	Siddha Until 8:05AM	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 9
	214758678		<b>Rahu</b>	9:01AM – 10:34AM	Vanija Until 2:36AM Sun	<b>Nataraja: Purple</b>	2nd Phase
Creative Work Siddha Yoga				<b>Navami* Until 2:08PM</b>	<b>Moon - Purple</b>	<b>Devaloka Day</b>	
Until 4:44AM Sun					<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yukitayam Kingston, Jamaica				
	Dhanishtha Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Dardashi/Ekadasmyam Tilau Sun 10 Sutra 363		<b>Gulika</b>	<b>3:14PM – 4:48PM</b>	<b>Dhanishtha Until 5:35AM Mon</b>	<b>Ganesha: Blue</b> Sunrise: 5:53AM	Vasaxsu 5127
	Makara Rasi: 23.59	TITHI 25 – 26	<b>Yama</b>	12:07PM – 1:41PM	Sadhya Until 7:44AM	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 10
	214758678		<b>Rahu</b>	4:48PM – 6:21PM	Bava Until 2:53AM Mon	<b>Nataraja: Purple</b>	2nd Phase
Routine Work Marana Yoga				<b>Dashami Until 2:50PM</b>	<b>Moon - Purple</b>	<b>Devaloka Day</b>	
Until 5:35AM Mon					<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Indu Vasara Yukitayam Kingston, Jamaica				
	Shatabhishak Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashmyam Tilau Sun 11 Sutra 364		<b>Gulika</b>	<b>1:41PM – 3:14PM</b>	<b>Shatabhishak Until 5:28AM Tue</b>	<b>Ganesha: Blue</b> Sunrise: 5:52AM	Vasaxsu 5127
	Kumbha Rasi: 6.53	TITHI 26 – 27	<b>Yama</b>	10:33AM – 12:07PM	Subha Until 6:47AM	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 11
	214758678		<b>Rahu</b>	7:26AM – 8:59AM	Kaulava Until 2:21AM Tue	<b>Nataraja: Purple</b>	2nd Phase
Creative Work Siddha Yoga				<b>Ekadashi* Until 2:42PM</b>	<b>Moon - Purple</b>	<b>Devaloka Day</b>	
Until 5:28AM Tue					<b>Chaitra-Chaitra</b>		
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Mangala Vasara Yukitayam Kingston, Jamaica				
	Puravproshthapada* Nakshatra Brahma Yoga Lalita/Gara Karana Dardashi/Trayodashmyam Tilau Sun 12 Sutra 1		<b>Gulika</b>	<b>12:07PM – 1:40PM</b>	<b>Puravproshthapada* Until 4:53AM Wed</b>	<b>Ganesha: White</b> Sunrise: 5:51AM	Parabhava 5128
	Makara Rasi: 20.12	TITHI 27 – 28	<b>Yama</b>	8:59AM – 10:33AM	Brahma Until 2:54AM Wed	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 12
	214758678		<b>Rahu</b>	3:14PM – 4:48PM	Gara Until 1:00AM Wed	<b>Nataraja: Purple</b>	2nd Phase
Routine Work Marana Yoga				<b>Dvadashi* Until 1:45PM</b>	<b>Moon - Clear</b>	<b>Bhuloka Day</b>	
Until 4:53AM Wed					<b>Chaitra-Chaitra</b>		
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vata (Fasting)</i>			

<b>5</b>	<b>Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Butha Vasara Yukitayam Kingston, Jamaica				
	Uttarproshthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashmyam Tilau Sun 13 Sutra 2		<b>Gulika</b>	<b>10:32AM – 12:06PM</b>	<b>Uttarproshthapada Until 3:28AM Thu</b>	<b>Ganesha: White</b> Sunrise: 5:51AM	Parabhava 5128
	Meena Rasi: 3.58	TITHI 28 – 29	<b>Yama</b>	7:25AM – 8:58AM	Indra Until 12:06AM Thu	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 13
	214758678		<b>Rahu</b>	12:06PM – 1:40PM	Visi Until 10:58PM	<b>Nataraja: Purple</b>	2nd Phase
Creative Work Siddha Yoga				<b>Trayodashi* Until 12:03PM</b>	<b>Moon - Clear</b>	<b>Bhuloka Day</b>	
Until 1:22AM Fri					<b>Chaitra-Chaitra</b>		

<b>●</b>	<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Paksho Guru Vasara Yukitayam Kingston, Jamaica						
	<b>Retreat Star</b>		Revati Nakshatra Vaidhriti* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau Sun 14 Sutra 3		<b>Gulika</b>	<b>8:58AM – 10:32AM</b>	<b>Revati Until 1:22AM Fri</b>	<b>Ganesha: Yellow</b> Sunrise: 5:50AM	Parabhava 5128
	Meena Rasi: 18.11	TITHI 29 – 30	<b>Yama</b>	5:50AM – 7:24AM	Vaidhriti* Until 8:49PM	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 14	Amavasya	
	214858678		<b>Rahu</b>	1:40PM – 3:14PM	Catuspada Until 8:21PM	<b>Nataraja: Purple</b>			
Creative Work Siddha Yoga				<b>Chaturdashi* Until 9:42AM</b>	<b>Moon - Clear</b>	<b>Bhuloka Day</b>			
Until 1:22AM Fri					<b>Chaitra-Chaitra</b>	<b>Devaloka Time: 9AM to 12PM</b>			
Then Creative Work - Amrita Yoga									

<b>●</b>	<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Paksho Sukra Vasara Yukitayam Kingston, Jamaica						
	<b>Retreat Star</b>		Ashvini Nakshatra Vishkambha*/Pithi* Yoga Naja*/Bava Karana Amavasya/Prathamayam Tilau Sun 15 Sutra 4		<b>Gulika</b>	<b>7:23AM – 8:57AM</b>	<b>Ashvini Until 11:11PM</b>	<b>Ganesha: Red</b> Sunrise: 5:49AM	Parabhava 5128
	Mesha Rasi: 2.44	TITHI 30 – 1	<b>Yama</b>	3:14PM – 4:48PM	Vishkambha* Until 5:13PM	<b>Muruga: White</b> Sunset: 6:29PM	Moon 4 - Phase 50 - 15	Prathama	
	224858678		<b>Rahu</b>	10:32AM – 12:06PM	Bava Until 3:41AM Sat	<b>Nataraja: Purple</b>			
Creative Work Amrita Yoga				<b>Amavasya* Until 6:51AM</b>	<b>Moon - White</b>	<b>Bhuloka Day</b>			
Until 11:11PM					<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 9AM to 12PM</b>			
Then Creative Work - Siddha Yoga									

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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<b>1</b>	<b>Saturday, April 18, 2026</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mania Vesara Yukhtayam				Kingston, Jamaica
	Bharani Nakshatra Pithi/Ayushman Yoga Balava/Kaulava Karana Dvityayam Tilau		Sutra 5		Sun 16		Sutra 5
Mesha Rasi: 17.33	Tilhi 2	<b>Gulika</b> 5:48AM - 7:23AM	<b>Bharani Until 8:39PM</b>	<b>Ganesh:</b> Red	Sunrise: 5:46AM	Parabhava 5128	
		Yama 1:40PM - 3:14PM	Prithi Until 1:25PM	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 16	
		<b>Rahu</b> 8:57AM - 10:31AM	Balava Until 2:02PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:21AM Sun</b>	Moon - White		<b>Bhuloka Day</b>	
Until 8:39PM				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM	
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, April 19, 2026</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vesara Yukhtayam				Kingston, Jamaica
	Kritika/Rohini Nakshatra Ayushman/Saubhagya Yoga Talilla/Gara Karana Trityayam Tilau		Sutra 6		Sun 17		Sutra 6
Wishabha Rasi: 2.28	Tilhi 3	<b>Gulika</b> 3:14PM - 4:49PM	<b>Kritika Until 5:58PM</b>	<b>Ganesh:</b> Red	Sunrise: 5:46AM	Parabhava 5128	
		Yama 12:05PM - 1:40PM	Ayushman Until 9:31AM	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 17	
		<b>Rahu</b> 4:49PM - 6:23PM	Talilla Until 10:41AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 9:00PM</b>	Moon - White		<b>Bhuloka Day</b>	
		<b>Akshaya Tritiya</b>		Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM	

<b>3</b>	<b>Monday, April 20, 2026</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Indu Vesara Yukhtayam				Kingston, Jamaica
	Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Bava Karana Chalurithi/Panchamam Tilau		Sutra 7		Sun 18		Sutra 7
Wishabha Rasi: 17.22	Tilhi 4 - 5	<b>Gulika</b> 1:40PM - 3:14PM	<b>Rohini Until 3:40PM</b>	<b>Ganesh:</b> Yellow	Sunrise: 5:47AM	Parabhava 5128	
<b>Family Home Evening</b>		Yama 10:31AM - 12:05PM	Sobhana Until 2:03AM Tue	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 18	
		<b>Rahu</b> 7:22AM - 8:56AM	Vanija Until 7:24AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Chalurithi* Until 5:49PM</b>	Moon - Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM	

<b>4</b>	<b>Tuesday, April 21, 2026</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mangala Vesara Yukhtayam				Kingston, Jamaica
	Mrigashira/Ardra Nakshatra Alhiganda* Yoga Balava/Kaulava Karana Panchami/Shushthim Tilau		Sutra 8		Sun 19		Sutra 8
Mithuna Rasi: 2.05	Tilhi 5 - 6	<b>Gulika</b> 12:05PM - 1:40PM	<b>Mrigashira Until 1:31PM</b>	<b>Ganesh:</b> Yellow	Sunrise: 5:46AM	Parabhava 5128	
		Yama 8:56AM - 10:30AM	Alhiganda* Until 10:39PM	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 19	
		<b>Rahu</b> 3:14PM - 4:49PM	Kaulava Until 1:36AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 2:54PM</b>	Moon - Yellow		<b>Bhuloka Day</b>	
Until 1:31PM		<b>Adi Sankara Jayanthi</b>		Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM	
Then Routine Work - Marana Yoga							

<b>5</b>	<b>Wednesday, April 22, 2026</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Budha Vesara Yukhtayam				Kingston, Jamaica
	Ardra/Punarvasu Nakshatra Sukama Yoga Talilla/Gara Karana Shashthi/Saptamam Tilau		Sutra 9		Sun 20		Sutra 9
Mithuna Rasi: 16.34	Tilhi 6 - 7	<b>Gulika</b> 10:30AM - 12:05PM	<b>Ardra Until 11:37AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 5:46AM	Parabhava 5128	
		Yama 7:20AM - 8:55AM	Sukama Until 7:38PM	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 20	
		<b>Rahu</b> 12:05PM - 1:40PM	Gara Until 11:20PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 12:23PM</b>	Moon - Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM	

<b>D</b>	<b>Thursday, April 23, 2026</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Guru Vesara Yukhtayam				Kingston, Jamaica
	Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamam Tilau		Sutra 10		Sun 21		Sutra 10
<b>Retreat Star</b>		<b>Gulika</b> 8:55AM - 10:30AM	<b>Punarvasu Until 10:29AM</b>	<b>Ganesh:</b> White	Sunrise: 5:45AM	Parabhava 5128	
Kataka Rasi: 0.43	Tilhi 7 - 8	Yama 5:45AM - 7:20AM	Dhriti Until 5:03PM	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 21	
		<b>Rahu</b> 1:39PM - 3:14PM	Visi Until 9:35PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Amrita Yoga		<b>Saptami Until 10:22AM</b>	Moon - Blue		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>Friday, April 24, 2026</b>	<b>Retreat Star</b>		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Sukra Vesara Yukhtayam				Kingston, Jamaica
	Pushya/Ashlesha* Nakshatra Shula*Ganda* Yoga Bava/Balava Karana Ashtami/Navamam Tilau		Sutra 11		Sun 22		Sutra 11
Kataka Rasi: 14.32	Tilhi 8 - 9	<b>Gulika</b> 7:19AM - 8:54AM	<b>Pushya Until 9:45AM</b>	<b>Ganesh:</b> White	Sunrise: 5:44AM	Parabhava 5128	
		Yama 3:14PM - 4:49PM	Shula* Until 2:53PM	<b>Muruga:</b> White	Sunset: 6:29PM	Moon 4 - Phase 1 - 22	
		<b>Rahu</b> 10:29AM - 12:04PM	Balava Until 8:24PM	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga		<b>Ashtami* Until 8:54AM</b>	Moon - Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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<b>1 Saturday, April 25, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Сало Паіше Марта Вісара Якутыям Ашлеша/Magha Nakshatra Ganda/Vidhi Yoga Kaulava/Saila Karana Navami/Dashmyam Titau				Kingston, Jamaica
Kataka Rasi: 28.01	Tithi 9 – 10	<b>Gulika</b> 5:44AM – 7:19AM	<b>Ashlesha* Until 9:26AM</b>	<b>Ganesha:</b> White	Sunrise: 5:44AM	Sun 23 Sutra 12 Parabhava 5:28
		Yama 1:39PM – 3:14PM	Ganda* Until 1:12PM	Muruga: White	Sunset: 6:29PM	Moon 4 - Phase 2 - 23 4th Phase
244858679	Rahu	8:54AM – 10:29AM	Taitilla Until 7:46PM	Nataraja: Clear		
Routine Work	Marana Yoga		Navami* Until 8:00AM	Moon – Blue		Sivaloka Day
Until 9:26AM				Vaisaka-Chaitra		
Then Creative Work	- Amrita Yoga					

<b>2 Sunday, April 26, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Сало Паіше Ібрапа Вісара Якутыям Magha/Puruphalguni Nakshatra Vidhi/Dhruva Yoga Gara/Vanji Karana Dashami/Ekadasmyam Titau				Kingston, Jamaica
Simha Rasi: 11.11	Tithi 10 – 11	<b>Gulika</b> 3:15PM – 4:50PM	<b>Magha* Until 9:57AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:43AM	Sun 24 Sutra 13 Parabhava 5:28
		Yama 12:04PM – 1:39PM	Vridhhi Until 11:57AM	Muruga: White	Sunset: 6:29PM	Moon 4 - Phase 2 - 24 4th Phase
255858679	Rahu	4:50PM – 6:25PM	Vanija Until 7:41PM	Nataraja: Clear		
Routine Work	Marana Yoga		Dashami Until 7:39AM	Moon – Red		Bhuloka Day
Until 9:57AM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM
Then Creative Work	- Siddha Yoga					

<b>3 Monday, April 27, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Сало Паіше Ібрапа Вісара Якутыям Puruphalguni Nakshatra Dhruva/Vyagha* Yoga Vist/Ilava Karana Ekadashi/Ekadasmyam Titau				Kingston, Jamaica
Simha Rasi: 24.05	Tithi 11 – 12	<b>Gulika</b> 1:39PM – 3:15PM	<b>Puruphalguni Until 10:49AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:43AM	Sun 25 Sutra 14 Parabhava 5:28
Family Home Evening		Yama 12:04PM – 1:39PM	Dhruva Until 11:04AM	Muruga: White	Sunset: 6:29PM	Moon 4 - Phase 2 - 25 4th Phase
255858679	Rahu	7:18AM – 8:53AM	Bava Until 8:04PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ekadashi Until 7:48AM	Moon – Red		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM

<b>4 Tuesday, April 28, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Сало Паіше Маргала Вісара Якутыям Uttarapalguni Nakshatra Vyagha*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trajodshmyam Titau				Kingston, Jamaica
Kanya Rasi: 6.47	Tithi 12 – 13	<b>Gulika</b> 12:04PM – 1:39PM	<b>Uttarapalguni Until 11:57AM</b>	<b>Ganesha:</b> Purple	Sunrise: 5:43AM	Sun 26 Sutra 15 Parabhava 5:28
		Yama 8:53AM – 10:28AM	Vyagha*/ Until 10:33AM	Muruga: White	Sunset: 6:29PM	Moon 4 - Phase 2 - 26 4th Phase
255858679	Rahu	3:15PM – 4:50PM	Kaulava Until 8:53PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Dvadashi Until 8:24AM	Moon – Red		Bhuloka Day
Until 11:57AM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM
Then Creative Work	- Siddha Yoga					

<b>5 Wednesday, April 29, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Сало Паіше Будха Вісара Якутыям Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Kingston, Jamaica
Kanya Rasi: 19.18	Tithi 13 – 14	<b>Gulika</b> 10:28AM – 12:04PM	<b>Hasla Until 1:47PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:41AM	Sun 27 Sutra 16 Parabhava 5:28
		Yama 7:17AM – 8:52AM	Harshana Until 10:22AM	Muruga: White	Sunset: 6:29PM	Moon 4 - Phase 2 - 27 4th Phase
265858679	Rahu	12:04PM – 1:39PM	Gara Until 10:04PM	Nataraja: Clear		
Routine Work	Marana Yoga		Trayodashi Until 9:25AM	Moon – Green		Devaloka Day
Until 1:47PM				Vaisaka-Chaitra		
Then Creative Work	- Siddha Yoga					

<b>Thursday, April 30, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Сало Паіше Гору Вісара Якутыям Chitra/Svali Nakshatra Vaja*/Siddhi Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau				Kingston, Jamaica
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:52AM – 10:28AM	<b>Chitra Until 3:48PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:41AM	Sun 28 Sutra 17 Parabhava 5:28
Tula Rasi: 1.39	Tithi 14 – 15	Yama 5:41AM – 7:16AM	Vaja* Until 10:25AM	Muruga: White	Sunset: 6:29PM	Moon 4 - Phase 2 - Purnima
265858679	Rahu	1:39PM – 3:15PM	Visti Until 11:35PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Chaturdashi* Until 10:46AM	Moon – Green		Devaloka Day
Until 3:48PM				Vaisaka-Chaitra		
Then Creative Work	- Amrita Yoga					

<b>Friday, May 1, 2026</b>		Parabhava Nama Samvatsara Uтарыяыы Нартапа Ріапа Меша Месе Крішна Паіше Сакра Вісара Якутыям Svali/Vibhava Nakshatra Siddhi/Vyagha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kingston, Jamaica
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:15AM – 8:51AM	<b>Svali Until 5:56PM</b>	<b>Ganesha:</b> Clear	Sunrise: 5:39AM	Sun 29 Sutra 18 Parabhava 5:28
Tula Rasi: 13.52	Tithi 15 – 16	Yama 3:15PM – 4:51PM	Siddhi Until 10:43AM	Muruga: White	Sunset: 6:27PM	Moon 4 - Phase 2 - Prathama
265858679	Rahu	10:27AM – 12:03PM	Balava Until 1:24AM Sat	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 12:26PM	Moon – Green		Devaloka Day
				Vaisaka-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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