



Monday, April 14, 2025
Gold Retreat Star

Tula Rasi: 10:59 Tithi 16 - 17
Family Home Evening
Creative Work Amrita Yoga
Until 12:04AM Tue
Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Інду Васара Уктыям
Svali Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau
Gulika 1:58PM - 3:30PM
Yama 10:53AM - 12:25PM
Rahu 7:48AM - 9:20AM
Tamil New Year
Svali Until 12:04AM Tue
Vajra* Until 10:37PM
Tailita Until 9:46PM
Prathama* Until 8:29AM

Kottayam, India
Sutra 364
Vasavasu 5:127
Moon 4 - Phase 1 - 1st Phase

Devaloka Day

1

Tuesday, April 15, 2025

Tula Rasi: 22:5 Tithi 17 - 18
Routine Work Marana Yoga
Until 3:10AM Wed
Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Мंगала Васара Уктыям
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau
Gulika 12:25PM - 1:57PM
Yama 9:20AM - 10:53AM
Rahu 3:30PM - 5:02PM
Vishakha Until 3:10AM Wed
Siddhi Until 11:31PM
Vanija Until 12:11AM Wed
Dvitya Until 10:58AM

Kottayam, India
Sun 1 Sutra 1
Vasavasu 5:127
Moon 4 - Phase 1 - 1st Phase

Bhuloka Day
Devaloka Time: 3PM to 6PM

2

Wednesday, April 16, 2025

Wischika Rasi: 4:44 Tithi 18 - 19
Creative Work Siddha Yoga
Until 5:54AM Thu
Then Routine Work - Prabarishtha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Будаи Васара Уктыям
Anuradha Nakshatra Vyalipata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Tilau
Gulika 10:52AM - 12:25PM
Yama 7:47AM - 9:20AM
Rahu 12:25PM - 1:57PM
Anuradha Until 5:54AM Thu
Vyalipata* Until 12:17AM Thu
Bava Until 2:25AM Thu
Tritiya Until 1:19PM

Kottayam, India
Sun 2 Sutra 2
Vasavasu 5:127
Moon 4 - Phase 1 - 2 1st Phase

Bhuloka Day
Devaloka Time: 3PM to 6PM

3

Thursday, April 17, 2025

Wischika Rasi: 16:43 Tithi 19 - 20
Routine Work Prabarishtha Yoga
Until 8:10AM Fri
Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Гору Васара Уктыям
Jyeshtha* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamiyam Tilau
Gulika 9:19AM - 10:52AM
Yama 6:14AM - 7:47AM
Rahu 1:57PM - 3:30PM
Jyeshtha* Until 8:10AM Fri
Varjyan Until 12:47AM Fri
Kaulava Until 4:21AM Fri
Chaturthi* Until 3:24PM

Kottayam, India
Sun 3 Sutra 3
Vasavasu 5:127
Moon 4 - Phase 1 - 3 1st Phase

Bhuloka Day
Devaloka Time: 3PM to 6PM

4

Friday, April 18, 2025

Wischika Rasi: 28:48 Tithi 20 - 21
Routine Work Marana Yoga
Until 8:10AM
Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Сакра Васара Уктыям
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Tailita/Gara Karana Panchami/Shashthiyam Tilau
Gulika 7:46AM - 9:19AM
Yama 3:30PM - 5:02PM
Rahu 10:52AM - 12:24PM
Jyeshtha* Until 8:10AM
Parigha* Until 1:01AM Sat
Gara Until 5:52AM Sat
Panchami Until 5:09PM

Kottayam, India
Sun 4 Sutra 4
Vasavasu 5:127
Moon 4 - Phase 1 - 4 1st Phase

Bhuloka Day
Devaloka Time: 3PM to 6PM

5

Saturday, April 19, 2025

Dhanus Rasi: 11:04 Tithi 21
Creative Work Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Марта Васара Уктыям
Mula*/Purvashadha* Nakshatra Shiva Yoga Vajra Karana Shashthiyam Tilau
Gulika 6:13AM - 7:46AM
Yama 1:57PM - 3:29PM
Rahu 9:19AM - 10:51AM
Mula* Until 10:21AM
Shiva Until 12:53AM Sun
Vanija Until 6:25PM
Shashthi* Until 6:25PM

Kottayam, India
Sun 5 Sutra 5
Vasavasu 5:127
Moon 4 - Phase 1 - 5 1st Phase

Devaloka Day

6

Sunday, April 20, 2025

Dhanus Rasi: 23:34 Tithi 22
Creative Work Siddha Yoga
Until 11:50AM
Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Бхару Васара Уктыям
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Visti*/Bava Karana Sapthamiyam Tilau
Gulika 3:29PM - 5:02PM
Yama 12:24PM - 1:57PM
Rahu 5:02PM - 6:35PM
Purvashadha* Until 11:50AM
Siddha Until 12:14AM Mon
Visti Until 6:52AM
Sapthami Until 7:06PM

Kottayam, India
Sun 6 Sutra 6
Vasavasu 5:127
Moon 4 - Phase 1 - 6 1st Phase

Devaloka Day

Monday, April 21, 2025

Retreat Star

Makara Rasi: 6:22 Tithi 23
Family Home Evening
Routine Work Marana Yoga
Until 12:32PM
Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Інду Васара Уктыям
Uttarashadha/Shravana Nakshatra Sadhya Yoga Balava/Kaulava Karana Ashtamiyam Tilau
Gulika 1:56PM - 3:29PM
Yama 10:51AM - 12:24PM
Rahu 7:45AM - 9:18AM
Uttarashadha Until 12:32PM
Sadya Until 11:02PM
Balava Until 7:12AM
Ashtami* Until 7:05PM

Kottayam, India
Sun 7 Sutra 7
Vasavasu 5:127
Moon 4 - Phase 1 - 7 Ashtami

Devaloka Day

Tuesday, April 22, 2025

Retreat Star

Makara Rasi: 19:31 Tithi 24
Creative Work Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартаи Рітаи Меша Месе Крішна Пакше Мंगала Васара Уктыям
Shravana/Dhanishtha Nakshatra Subha Yoga Tailita/Gara Karana Navamiyam Tilau
Gulika 12:23PM - 1:56PM
Yama 9:18AM - 10:51AM
Rahu 3:29PM - 5:02PM
Shravana Until 12:48PM
Subha Until 9:16PM
Tailita Until 6:49AM
Navam* Until 6:19PM

Kottayam, India
Sun 8 Sutra 8
Vasavasu 5:127
Moon 4 - Phase 1 - 8 Navami

Bhuloka Day
Devaloka Time: 3PM to 6PM

Chidambaram Abhishekam

Navam* Until 6:19PM

Chaitra-Chaitra

Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 | | Wednesday, April 23, 2025 | | Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше Баіша Весага Укітаям Kottayam, India | | Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visi/Bava Karana Dashami/Ekadeshyam Titau Sun 9 Sutra 9 | |
| Kumbha Rasi: 3.06 | Tithi 25 – 26 | Gulika 10:50AM – 12:23PM | Dhanishtha Until 12:10PM | Ganesh: Green | Sunrise: 6:12AM | Vasavasu 5:127 | |
| | | Yama 7:44AM – 9:17AM | Sukla Until 6:51PM | Muruga: Clear | Sunset: 6:35PM | Moon 4 - Phase 2 - 9 | |
| Routine Work | Prabalarishta Yoga | Rahu 12:23PM – 1:56PM | Bava Until 3:46AM Thu | Nataraja: Clear | | 2nd Phase | |
| Until 12:10PM | | | Dashami Until 4:47PM | Moon - Purple | | Bhuloka Day | |
| Then Creative Work | Siddha Yoga | | | Chaitra-Chaitra | | Devaloka Time: 3PM to 6PM | |

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| 2 | | Thursday, April 24, 2025 | | Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Гара Вісага Укітаям Kottayam, India | | Shatabhishak/Purvaproshtapada/ Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 10 Sutra 10 | |
| Kumbha Rasi: 17.07 | Tithi 26 – 27 | Gulika 9:17AM – 10:50AM | Shatabhishak Until 10:40AM | Ganesh: Green | Sunrise: 6:17AM | Vasavasu 5:127 | |
| | | Yama 6:11AM – 7:44AM | Brahma Until 3:53PM | Muruga: Clear | Sunset: 6:35PM | Moon 4 - Phase 2 - 10 | |
| Creative Work | Siddha Yoga | Rahu 1:56PM – 3:29PM | Kaulava Until 1:13AM Fri | Nataraja: Clear | | 2nd Phase | |
| | | | Ekadashi* Until 2:33PM | Moon - Purple | | Bhuloka Day | |
| | | | | Chaitra-Chaitra | | Devaloka Time: 3PM to 6PM | |

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| 3 | | Friday, April 25, 2025 | | Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Сука Вісага Укітаям Kottayam, India | | Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhri/ Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 11 | |
| Meena Rasi: 1.35 | Tithi 27 – 28 | Gulika 7:44AM – 9:17AM | Purvaproshtapada* Until 8:50AM | Ganesh: Purple | Sunrise: 6:17AM | Vasavasu 5:127 | |
| | | Yama 3:29PM – 5:02PM | Indra Until 12:27PM | Muruga: Clear | Sunset: 6:35PM | Moon 4 - Phase 2 - 11 | |
| Creative Work | Siddha Yoga | Rahu 10:50AM – 12:23PM | Gara Until 10:08PM | Nataraja: Purple | | 2nd Phase | |
| | | | Dvadashi* Until 11:43AM | Moon - Clear | | Devaloka Day | |
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Pradosha Vata (Fasting)

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| 4 | | Saturday, April 26, 2025 | | Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Манта Весага Укітаям Kottayam, India | | Uttaraproshtapada/Revati Nakshatra Vaidhri/Vishkamba/ Yoga Vanja/Visi/ Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 12 | |
| Meena Rasi: 16.25 | Tithi 28 – 29 | Gulika 6:10AM – 7:43AM | Uttaraproshtapada Until 8:22AM | Ganesh: Purple | Sunrise: 6:10AM | Vasavasu 5:127 | |
| | | Yama 1:56PM – 3:29PM | Vaidhri* Until 8:36AM | Muruga: Clear | Sunset: 6:35PM | Moon 4 - Phase 2 - 12 | |
| Creative Work | Siddha Yoga | Rahu 9:16AM – 10:50AM | Visti Until 6:38PM | Nataraja: Purple | | 2nd Phase | |
| Until 6:22AM | | | Trayodashi* Until 8:24AM | Moon - Clear | | Devaloka Day | |
| Then Routine Work | Prabalarishta Yoga | | | Chaitra-Chaitra | | | |

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| ● | | Sunday, April 27, 2025 | | Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Кгішна Паіше: Бһану Весага Укітаям Kottayam, India | | Ashvini Nakshatra Priti Yoga Catuspada*/Naga*/ Karana Amavasyayam Titau Sun 13 Sutra 13 | |
| Retreat Star | | Gulika 3:29PM – 5:02PM | Ashvini Until 12:35AM Mon | Ganesh: Orange | Sunrise: 6:10AM | Vasavasu 5:127 | |
| Mesha Rasi: 1.32 | Tithi 30 | Yama 12:23PM – 1:56PM | Priti Until 12:15AM Mon | Muruga: Clear | Sunset: 6:35PM | Moon 4 - Phase 2 - 13 | |
| Creative Work | Siddha Yoga | Rahu 5:02PM – 6:35PM | Catuspada Until 2:54PM | Nataraja: Purple | | Amavasya | |
| | | | Amavasya* Until 12:59AM Mon | Moon - White | | Sivaloka Day | |
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| Monday, April 28, 2025 | | Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Меша Месе Сука Паіше: Інду Весага Укітаям Kottayam, India | | Bharani Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 14 | | Prathama | |
| Retreat Star | | Gulika 1:56PM – 3:29PM | Bharani Until 9:36PM | Ganesh: Orange | Sunrise: 6:09AM | Vasavasu 5:127 | |
| Mesha Rasi: 16.46 | Tithi 1 | Yama 10:49AM – 12:22PM | Ayushman Until 8:00PM | Muruga: Clear | Sunset: 6:35PM | Moon 4 - Phase 2 - 14 | |
| Family Home Evening | | Rahu 7:43AM – 9:16AM | Kintughna Until 11:05AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Prathama* Until 9:11PM | Moon - White | | Sivaloka Day | |
| Until 9:36PM | | | | Vaisaka-Chaitra | | | |
| Then Routine Work | Marana Yoga | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 Tuesday, April 29, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сукія Пакше Мангала Васара Yuktayam Kritika Nakshatra Saubhagya/Sobhana Yoga Balava/Taila Karana Dvitiya/Tritiyam Tilau | | | Kottayam, India Sun 15 Sufra 15 Vasavasu 5:17 |
| Wishabha Rasi: 1.58 | Tithi 2 - 3 | Gulika 12:22PM - 1:56PM Yama 9:16AM - 10:49AM Rahu 3:29PM - 5:02PM | Kritika Until 6:40PM Saubhagya Until 3:53PM Balava Until 7:21AM Dvitiya Until 5:33PM | Ganesh: Clear Muruga: Orange Nataraja: Purple Moon - White Vaisaka-Chaitra | Sunrise: 6:09AM Sunset: 6:39PM Moon 4 - Phase 3 - 15 3rd Phase |
| Creative Work | Siddha Yoga | | | | Sivaloka Day |
| Until 6:40PM | | | | | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 2 Wednesday, April 30, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сало Пакше Бадха Васара Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau | | | Kottayam, India Sun 16 Sufra 16 Vasavasu 5:17 |
| Wishabha Rasi: 16.58 | Tithi 3 - 4 | Gulika 10:49AM - 12:22PM Yama 7:42AM - 9:15AM Rahu 12:22PM - 1:55PM | Rohini Until 4:20PM Sobhana Until 12:03PM Vanija Until 12:49AM Thu Tritiya Until 2:16PM | Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra | Sunrise: 6:09AM Sunset: 6:39PM Moon 4 - Phase 3 - 16 3rd Phase |
| Creative Work | Siddha Yoga | Akhshaya Tritiya | | | Sivaloka Day |

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| 3 Thursday, May 1, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сало Пакше Гору Васара Yuktayam Mrigashira/Ardra Nakshatra Ahiganda*/Sukama Yoga Vairi/Bava Karana Chaturthi/Panchamam Tilau | | | Kottayam, India Sun 17 Sufra 17 Vasavasu 5:17 |
| Mithuna Rasi: 1.37 | Tithi 4 - 5 | Gulika 9:15AM - 10:49AM Yama 6:08AM - 7:42AM Rahu 1:55PM - 3:29PM | Mrigashira Until 2:23PM Ahiganda* Until 8:35AM Bava Until 10:19PM Chaturthi* Until 11:28AM | Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra | Sunrise: 6:08AM Sunset: 6:39PM Moon 4 - Phase 3 - 17 3rd Phase |
| Routine Work | Marana Yoga | Adi Sankara Jayanti | | | Devaloka Day |

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| 4 Friday, May 2, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сукія Пакше Сукра Васара Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Sashthiyam Tilau | | | Kottayam, India Sun 18 Sufra 18 Vasavasu 5:17 |
| Mithuna Rasi: 15.52 | Tithi 5 - 6 | Gulika 7:42AM - 9:15AM Yama 3:29PM - 5:02PM Rahu 10:48AM - 12:22PM | Ardra Until 12:57PM Dhriti Until 3:20AM Sat Kaulava Until 8:32PM Panchami Until 9:19AM | Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra | Sunrise: 6:08AM Sunset: 6:39PM Moon 4 - Phase 3 - 18 3rd Phase |
| Creative Work | Siddha Yoga | | | | Devaloka Day |

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| 5 Saturday, May 3, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сукія Пакше Манта Васара Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Talila/Gara Karana Shashthi/Saptamam Tilau | | | Kottayam, India Sun 19 Sufra 19 Vasavasu 5:17 |
| Mithuna Rasi: 29.38 | Tithi 6 - 7 | Gulika 6:08AM - 7:41AM Yama 1:55PM - 3:29PM Rahu 9:15AM - 10:48AM | Punarvasu Until 12:34PM Shula* Until 1:39AM Sun Gara Until 7:32PM Shashthi* Until 7:54AM | Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra | Sunrise: 6:08AM Sunset: 6:39PM Moon 4 - Phase 3 - 19 3rd Phase |
| Creative Work | Siddha Yoga | | | | Sivaloka Day |

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| Sunday, May 4, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сукія Пакше Бхану Васара Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visi* Karana Saptami/Ashramam Tilau | | | Kottayam, India Sun 20 Sufra 20 Vasavasu 5:17 |
| Retreat Star | | Gulika 3:29PM - 5:02PM Yama 12:22PM - 1:55PM Rahu 5:02PM - 6:36PM | Pushya Until 12:52PM Ganda* Until 12:39AM Mon Visi Until 7:23PM Saptami Until 7:20AM | Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra | Sunrise: 6:07AM Sunset: 6:39PM Moon 4 - Phase 3 - 20 Ashtami |
| Kataka Rasi: 12.56 | Tithi 7 - 8 | | | | Sivaloka Day |
| Creative Work | Siddha Yoga | | | | |

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| Monday, May 5, 2025 | | Vishvasu Nama Samvatsare Uтарыне Нарана Рітау Меша Месе Сукія Пакше Инду Васара Yuktayam Ashlesha/Magha* Nakshatra Viddhi Yoga Bava/Balava Karana Ashtami/Navamam Tilau | | | Kottayam, India Sun 21 Sufra 21 Vasavasu 5:17 |
| Retreat Star | | Gulika 1:55PM - 3:29PM Yama 10:48AM - 12:22PM Rahu 7:41AM - 9:14AM | Ashlesha* Until 1:50PM Viddhi Until 12:18AM Tue Balava Until 8:03PM Ashtami* Until 7:36AM | Ganesh: Clear Muruga: Red Nataraja: Purple Moon - Blue Vaisaka-Chaitra | Sunrise: 6:07AM Sunset: 6:39PM Moon 4 - Phase 3 - 21 Navami |
| Kataka Rasi: 25.47 | Tithi 8 - 9 | | | | Sivaloka Day |
| Family Home Evening | Siddha Yoga | | | | |
| Until 1:50PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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1 Tuesday, May 6, 2025

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| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Mangala Vasara Yuktayam Kottayam, India | | | |
| Magha* Purnvaphalguni Nakshatra Dhruva Yoga Kaulava/Tailita Karana Navami/Dashmyam Titau Sun 22 Sufra 22 | | | |
| Gulika 12:21PM - 1:55PM | Magha* Until 3:50PM | Ganesh: White Sunrise: 6:07AM | Vasava: 5:17 |
| Yama 9:14AM - 10:48AM | Dhruva Until 12:27AM Wed | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 22 |
| 254318579 Rahu 3:29PM - 5:02PM | Tailita Until 9:26PM | Nataraja: Purple 4th Phase | |
| Creative Work Siddha Yoga | Navami* Until 8:39AM | Moon - Red Vaisaka-Chaitra | Devaloka Day |

2 Wednesday, May 7, 2025

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| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Budha Vasara Yuktayam Kottayam, India | | | |
| Purnvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Dvadasmyam Titau Sun 23 Sufra 23 | | | |
| Gulika 10:48AM - 12:21PM | Purnvaphalguni Until 6:16PM | Ganesh: White Sunrise: 6:07AM | Vasava: 5:17 |
| Yama 6:06AM - 7:40AM | Vyaghata* Until 1:03AM Thu | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 23 |
| 254318579 Rahu 12:21PM - 1:55PM | Vanija Until 11:24PM | Nataraja: Purple 4th Phase | |
| Creative Work Amrita Yoga | Dashami Until 10:20AM | Moon - Red Vaisaka-Chaitra | Devaloka Day |

3 Thursday, May 8, 2025

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| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Guru Vasara Yuktayam Kottayam, India | | | |
| Uttaraphalguni Nakshatra Harshana Yoga Visi* Bava Karana Ekadashi/Dvadasmyam Titau Sun 24 Sufra 24 | | | |
| Gulika 9:14AM - 10:48AM | Uttaraphalguni Until 8:57PM | Ganesh: White Sunrise: 6:06AM | Vasava: 5:17 |
| Yama 6:06AM - 7:40AM | Harshana Until 1:57AM Fri | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 24 |
| 254318579 Rahu 1:55PM - 3:29PM | Bava Until 1:45AM Fri | Nataraja: Purple 4th Phase | |
| Amrita Yoga | Ekadashi Until 12:31PM | Moon - Red Vaisaka-Chaitra | Devaloka Day |
| Until 8:57PM | | | |
| Then Routine Work - Marana Yoga | | | |

4 Friday, May 9, 2025

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| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Sukra Vasara Yuktayam Kottayam, India | | | |
| Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Dvadasmyam Titau Sun 25 Sufra 25 | | | |
| Gulika 7:40AM - 9:14AM | Hasta Until 12:10AM Sat | Ganesh: Yellow Sunrise: 6:06AM | Vasava: 5:17 |
| Yama 3:29PM - 5:03PM | Vajra* Until 2:58AM Sat | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 25 |
| 264318579 Rahu 10:47AM - 12:21PM | Kaulava Until 4:18AM Sat | Nataraja: Purple 4th Phase | |
| Creative Work Amrita Yoga | Dvadashi Until 2:59PM | Moon - Green Vaisaka-Chaitra | Sivaloka Day |
| Until 12:10AM Sat | | | |
| Then Routine Work - Marana Yoga | Pradosha Vata | | |

5 Saturday, May 10, 2025

| | | | |
|------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------|-----------------------|
| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Manta Vasara Yuktayam Kottayam, India | | | |
| Chitra Nakshatra Siddhi Yoga Tailita/Gara Karana Trayodashi/Chaturdashmyam Titau Sun 26 Sufra 26 | | | |
| Gulika 6:06AM - 7:40AM | Chitra Until 3:17AM Sun | Ganesh: White Sunrise: 6:06AM | Vasava: 5:17 |
| Yama 1:55PM - 3:29PM | Siddhi Until 4:01AM Sun | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 26 |
| 265318579 Rahu 9:13AM - 10:47AM | Gara Until 6:52AM Sun | Nataraja: Purple 4th Phase | |
| Routine Work Marana Yoga | Trayodashi Until 5:34PM | Moon - Green Vaisaka-Chaitra | Subha Sivaloka Day |
| Until 3:17AM Sun | | | |
| Then Creative Work - Siddha Yoga | | | |

6 Sunday, May 11, 2025

| | | | |
|------------------------------------------------------------------------------------------------------------|------------------------------|-------------------------------|-----------------------|
| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Bhanu Vasara Yuktayam Kottayam, India | | | |
| Svati Nakshatra Vyalyapata* Yoga Gara/Vanija Karana Chaturdashmyam Titau Sun 27 Sufra 27 | | | |
| Gulika 3:29PM - 5:03PM | Svati Until 6:09AM Mon | Ganesh: White Sunrise: 6:06AM | Vasava: 5:17 |
| Yama 12:21PM - 1:55PM | Vyalyapata* Until 5:02AM Mon | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 27 |
| 265318579 Rahu 5:03PM - 6:37PM | Gara Until 6:52AM | Nataraja: Purple 4th Phase | |
| Creative Work Siddha Yoga | Chaturdashy* Until 8:06PM | Moon - Green Vaisaka-Chaitra | Subha Sivaloka Day |
| Until 6:09AM Mon | | | |
| Then Routine Work - Marana Yoga | Mother's Day | | |

Monday, May 12, 2025

| | | | |
|-----------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------|-----------------------|
| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Indu Vasara Yuktayam Kottayam, India | | | |
| Svati/Vishakha Nakshatra Varjyan Yoga Visi* Bava Karana Purnimayam Titau Sun 28 Sufra 28 | | | |
| Gulika 1:55PM - 3:29PM | Svati Until 6:09AM | Ganesh: White Sunrise: 6:05AM | Vasava: 5:17 |
| Yama 10:47AM - 12:21PM | Varjyan Until 5:52AM Tue | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 28 |
| 265318579 Rahu 7:39AM - 9:13AM | Visi Until 9:20AM | Nataraja: Purple Purnima | |
| Creative Work Amrita Yoga | Purnima* Until 10:29PM | Moon - Green Vaisaka-Chaitra | Subha Sivaloka Day |
| Until 6:09AM | | | |
| Then Routine Work - Marana Yoga | | | |

Tuesday, May 13, 2025

| | | | |
|--------------------------------------------------------------------------------------------------------------|-----------------------------|--------------------------------|-----------------------|
| Viswasa Nama Samvatsara Uтарыяне Наратан Рітау Меша Месе Сукія Пакше Mangala Vasara Yuktayam Kottayam, India | | | |
| Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathimayam Titau Sun 29 Sufra 29 | | | |
| Gulika 12:21PM - 1:55PM | Vishakha Until 9:10AM | Ganesh: Yellow Sunrise: 6:05AM | Vasava: 5:17 |
| Yama 9:13AM - 10:47AM | Parigha* Until 6:33AM Wed | Muruga: Red Sunset: 6:36PM | Moon 4 - Phase 4 - 29 |
| 275318579 Rahu 3:29PM - 5:03PM | Balava Until 11:37AM | Nataraja: Purple Prathama | |
| Routine Work Marana Yoga | Prathama* Until 12:38AM Wed | Moon - Orange Vaisaka-Chaitra | Sivaloka Day |
| Until 9:10AM | | | |
| Then Creative Work - Siddha Yoga | | | |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Kottayam, India on 12/20/23

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**Wednesday, May 14, 2025****Gold Retreat Star**

| | | | | | |
|----------------------|-------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------|----------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Будха Васара Yuktayam Kottayam, India | | | |
| | | Anuradha/Jyeshtha* Nakshatra Parigha*Shiva Yoga Talilla/Gara Karana Dvityayam Tilau Sun 1 Sufra 30 | | | |
| Wischika Rasi: 13.45 | Tithi 17 | Gulika 10:47AM - 12:21PM | Anuradha Until 11:47AM | Ganesha: Yellow | Sunrise: 6:05AM |
| | | Yama 7:39AM - 9:13AM | Parigha* Until 6:33AM | Muruga: Red | Sunset: 6:27PM |
| | | Rahu 12:21PM - 1:55PM | Taililla Until 1:38PM | Nataraja: Purple | Moon 5 - Phase 5 - 1 |
| Creative Work | Siddha Yoga | | Dvitiya Until 2:31AM Thu | Moan - Orange | Sivaloka Day |
| | | | | Vaisaka-Vaikasi | |

1**Thursday, May 15, 2025**

| | | | | | |
|----------------------|---------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------|----------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Гуну Васара Yuktayam Kottayam, India | | | |
| | | Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Vanija/Visi* Karana Tritiyayam Tilau Sun 2 Sufra 31 | | | |
| Wischika Rasi: 25.52 | Tithi 18 | Gulika 9:13AM - 10:47AM | Jyeshtha* Until 1:57PM | Ganesha: Yellow | Sunrise: 6:05AM |
| | | Yama 6:05AM - 7:39AM | Shiva Until 7:01AM | Muruga: Red | Sunset: 6:27PM |
| | | Rahu 1:55PM - 3:29PM | Vanija Until 3:21PM | Nataraja: Purple | Moon 5 - Phase 5 - 2 |
| Routine Work | Prabalarishtha Yoga | | Tritiya Until 4:04AM Fri | Moan - Orange | Sivaloka Day |
| Then Creative Work | Siddha Yoga | | | Vaisaka-Vaikasi | |

2**Friday, May 16, 2025**

| | | | | | |
|-------------------|---------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------|---------------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Sukra Vasara Yuktayam Kottayam, India | | | |
| | | Purvashada*/Uttarashada Nakshatra Siddha/Subha Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sufra 32 | | | |
| Dhanus Rasi: 8.07 | Tithi 19 | Gulika 7:39AM - 9:13AM | Mula* Until 4:07PM | Ganesha: Blue | Sunrise: 6:04AM |
| | | Yama 6:05AM - 7:39AM | Siddha Until 7:12AM | Muruga: Red | Sunset: 6:28PM |
| | | Rahu 10:47AM - 12:21PM | Bava Until 4:44PM | Nataraja: Purple | Moon 5 - Phase 5 - 3 |
| Creative Work | Amrita Yoga | | Chaturthi* Until 5:16AM Sat | Moan - Light Blue | Subha Sivaloka Day |
| Then Routine Work | Prabalarishtha Yoga | | | Vaisaka-Vaikasi | |

3**Saturday, May 17, 2025**

| | | | | | |
|--------------------|-------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|---------------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Manta Vasara Yuktayam Kottayam, India | | | |
| | | Purvashada*/Uttarashada Nakshatra Sadhya/Subha Yoga Kaulava/Taila Karana Panchmayam Tilau Sun 4 Sufra 33 | | | |
| Dhanus Rasi: 20.31 | Tithi 20 | Gulika 6:04AM - 7:39AM | Purvashada* Until 5:44PM | Ganesha: Blue | Sunrise: 6:04AM |
| | | Yama 1:55PM - 3:30PM | Sadya Until 7:07AM | Muruga: Red | Sunset: 6:28PM |
| | | Rahu 9:13AM - 10:47AM | Kaulava Until 5:43PM | Nataraja: Purple | Moon 5 - Phase 5 - 4 |
| Creative Work | Siddha Yoga | | Panchami Until 6:01AM Sun | Moan - Light Blue | Subha Sivaloka Day |
| Then Routine Work | Marana Yoga | | | Vaisaka-Vaikasi | |

4**Sunday, May 18, 2025**

| | | | | | |
|-------------------|---------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------|---------------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Bhanu Vasara Yuktayam Kottayam, India | | | |
| | | Uttarashada Nakshatra Subha/Sukla Yoga Talilla/Gara Karana Panchmayam Tilau Sun 5 Sufra 34 | | | |
| Makara Rasi: 3.07 | Tithi 20 - 21 | Gulika 3:30PM - 5:04PM | Uttarashada Until 6:45PM | Ganesha: Blue | Sunrise: 6:04AM |
| | | Yama 12:21PM - 1:55PM | Subha Until 6:43AM | Muruga: Red | Sunset: 6:28PM |
| | | Rahu 5:04PM - 6:38PM | Gara Until 6:15PM | Nataraja: Purple | Moon 5 - Phase 5 - 5 |
| Creative Work | Amrita Yoga | | Panchami Until 6:01AM | Moan - Light Blue | Subha Sivaloka Day |
| | | | | Vaisaka-Vaikasi | |

5**Monday, May 19, 2025**

| | | | | | |
|----------------------------|---------------|----------------------------------------------------------------------------------------------------------------|-------------------------------|-------------------------|----------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Indu Vasara Yuktayam Kottayam, India | | | |
| | | Shravana Nakshatra Brahma Yoga Vanija/Visi* Karana Shashthi/Saplamiyam Tilau Sun 6 Sufra 35 | | | |
| Makara Rasi: 15.57 | Tithi 21 - 22 | Gulika 1:56PM - 3:30PM | Shravana Until 7:33PM | Ganesha: Blue | Sunrise: 6:04AM |
| | | Yama 10:47AM - 12:21PM | Brahma Until 4:38AM Tue | Muruga: Red | Sunset: 6:28PM |
| Family Home Evening | | Rahu 7:38AM - 9:13AM | Visi Until 6:13PM | Nataraja: Purple | Moon 5 - Phase 5 - 6 |
| Creative Work | Amrita Yoga | | Shashthi* Until 6:17AM | Moan - Purple | Devaloka Day |
| Then Creative Work | Siddha Yoga | | | Vaisaka-Vaikasi | |

D**Tuesday, May 20, 2025**

| | | | | | |
|--------------------|-------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|----------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Mangala Vasara Yuktayam Kottayam, India | | | |
| | | Dhanishtha Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamiyam Tilau Sun 7 Sufra 36 | | | |
| Makara Rasi: 29.04 | Tithi 23 | Gulika 12:21PM - 1:56PM | Dhanishtha Until 7:36PM | Ganesha: Blue | Sunrise: 6:04AM |
| | | Yama 9:13AM - 10:47AM | Indra Until 2:53AM Wed | Muruga: Red | Sunset: 6:28PM |
| | | Rahu 3:30PM - 5:04PM | Balava Until 5:36PM | Nataraja: Purple | Moon 5 - Phase 5 - 7 |
| Creative Work | Siddha Yoga | | Ashtami* Until 5:01AM Wed | Moan - Purple | Devaloka Day |
| Then Routine Work | Marana Yoga | | | Vaisaka-Vaikasi | |

Wednesday, May 21, 2025

| | | | | | |
|--------------------|-------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|----------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Вішвабхе Массе Крішна Пакше Budha Vasara Yuktayam Kottayam, India | | | |
| | | Shatabhishak Nakshatra Vaidhriti* Yoga Talilla/Gara Karana Navamiyam Tilau Sun 8 Sufra 37 | | | |
| Kumbha Rasi: 12.32 | Tithi 24 | Gulika 10:47AM - 12:21PM | Shatabhishak Until 6:52PM | Ganesha: Blue | Sunrise: 6:04AM |
| | | Yama 7:38AM - 9:13AM | Vaidhriti* Until 12:35AM Thu | Muruga: Red | Sunset: 6:28PM |
| | | Rahu 12:21PM - 1:56PM | Taililla Until 4:20PM | Nataraja: Purple | Moon 5 - Phase 5 - 8 |
| Creative Work | Siddha Yoga | | Navami* Until 3:26AM Thu | Moan - Purple | Devaloka Day |
| Then Creative Work | Amrita Yoga | | | Vaisaka-Vaikasi | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 22, 2025

Kumbha Rasi: 26.22 Tithi 25
Creative Work Siddha Yoga

Gulika 9:13AM - 10:47AM
Yama 6:04AM - 7:38AM
Rahu 1:56PM - 3:30PM

Puravashrothapada* Until 5:47PM
Vishkambha* Until 9:48PM
Vanija Until 2:25PM
Dashami Until 1:13AM Fri

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 6:04AM
Sunset: 6:39PM

Kottayam, India
Sun 9 Sufra 38
Vasavas 5:17
Moon 5 - Phase 6 - 12
2nd Phase

Devaloka Day

2 Friday, May 23, 2025

Mesha Rasi: 10.37 Tithi 26
Creative Work Siddha Yoga

Gulika 7:38AM - 9:13AM
Yama 3:30PM - 5:05PM
Rahu 10:47AM - 12:21PM

Uttaravashrothapada Until 4:00PM
Prithi Until 6:33PM
Bava Until 11:56AM
Ekadashi* Until 10:28PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 6:04AM
Sunset: 6:39PM

Kottayam, India
Sun 10 Sufra 39
Vasavas 5:17
Moon 5 - Phase 6 - 10
2nd Phase

Devaloka Day

3 Saturday, May 24, 2025

Mesha Rasi: 25.13 Tithi 27
Routine Work Prabalarishta Yoga
Until 1:36PM
Then Creative Work - Siddha Yoga

Gulika 6:04AM - 7:38AM
Yama 1:56PM - 3:31PM
Rahu 9:13AM - 10:47AM

Revati Until 1:36PM
Ayushman Until 2:55PM
Kaulava Until 8:56AM
Dvadashi* Until 7:17PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 6:04AM
Sunset: 6:39PM

Kottayam, India
Sun 11 Sufra 40
Vasavas 5:17
Moon 5 - Phase 6 - 11
2nd Phase

Devaloka Day

4 Sunday, May 25, 2025

Mesha Rasi: 10.07 Tithi 28 - 29
Creative Work Siddha Yoga
Until 11:07AM
Then Routine Work - Prabalarishta Yoga

Gulika 3:31PM - 5:05PM
Yama 12:22PM - 1:56PM
Rahu 5:05PM - 6:40PM

Ashvini Until 11:07AM
Saubhagya Until 11:00AM
Vishti Until 2:00AM Mon
Trayodashi* Until 3:48PM

Ganesh: Green
Muruga: Red
Nataraja: Purple
Moon - White
Vaisaka-Vaikasi

Sunrise: 6:04AM
Sunset: 6:40PM

Kottayam, India
Sun 12 Sufra 41
Vasavas 5:17
Moon 5 - Phase 6 - 12
2nd Phase

Devaloka Day

Monday, May 26, 2025

Retreat Star
Mesha Rasi: 25.11 Tithi 29 - 30
Family Home Evening
Creative Work Siddha Yoga
Until 8:19AM
Then Routine Work - Marana Yoga

Gulika 1:56PM - 3:31PM
Yama 10:47AM - 12:22PM
Rahu 7:38AM - 9:13AM

Bharani Until 8:19AM
Sobhana Until 6:57AM
Caluspada Until 10:21PM
Chaturdashi* Until 12:09PM

Ganesh: Clear
Muruga: Red
Nataraja: Purple
Moon - White
Vaisaka-Vaikasi

Sunrise: 6:04AM
Sunset: 6:40PM

Kottayam, India
Sun 13 Sufra 42
Vasavas 5:17
Moon 5 - Phase 6 - 13
Amavasya

Sivaloka Day

Tuesday, May 27, 2025

Retreat Star
Mithasba Rasi: 10.18 Tithi 30 - 1
Creative Work Amrita Yoga
Until 2:51AM Wed
Then Creative Work - Siddha Yoga

Gulika 12:22PM - 1:56PM
Yama 9:13AM - 10:47AM
Rahu 3:31PM - 5:06PM

Rohini Until 2:51AM Wed
Sukarma Until 10:53PM
Kintughna Until 6:47PM
Amavasya* Until 8:31AM

Ganesh: Green
Muruga: Red
Nataraja: Purple
Moon - Yellow
Jyeshtha-Vaikasi

Sunrise: 6:04AM
Sunset: 6:40PM

Kottayam, India
Sun 14 Sufra 43
Vasavas 5:17
Moon 5 - Phase 6 - 14
Prathama

Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| | | | | | |
|-----------------------------------------------------------------------|--|---------------------------------|----------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------------------|
| 1 | | Wednesday, May 28, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Бадха Васара Yuktayam Kottayam, India | |
| Migashira Nakshatra Dhrivi Yoga Balava/Kaulava Karana Dvilyayam Titau | | Sun 15 Sutra 44 | | Vasava 5:17 | |
| Wishabha Rasi: 25:17 Tithi 2 | | Gulika 10:47AM - 12:22PM | Mrigashira Until 12:31AM Thu | Ganesh: Green | Sunrise: 6:03AM |
| Creative Work Siddha Yoga | | Yama 7:38AM - 9:13AM | Dhriti Until 7:10PM | Muruga: Red | Sunset: 6:40PM |
| Until 12:31AM Thu | | Rahu 12:22PM - 1:57PM | Balava Until 3:29PM | Nataraja: Purple | Moon 5 - Phase 7 - 15 |
| Then Routine Work - Marana Yoga | | Dvitiya Until 1:58AM Thu | | Moon - Yellow | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| 2 | | Thursday, May 29, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Гору Васара Yuktayam Kottayam, India | |
| Mithuna Rasi: 9:59 Tithi 3 | | Sun 16 Sutra 45 | | Vasava 5:17 | |
| Routine Work Marana Yoga | | Gulika 9:13AM - 10:47AM | Ardra Until 10:33PM | Ganesh: Green | Sunrise: 6:03AM |
| Until 10:33PM | | Yama 6:03AM - 7:38AM | Shula* Until 3:48PM | Muruga: Red | Sunset: 6:40PM |
| Then Creative Work - Amrita Yoga | | Rahu 1:57PM - 3:31PM | Tailita Until 12:37PM | Nataraja: Purple | Moon 5 - Phase 7 - 16 |
| | | Tritiya Until 11:23PM | | Moon - Yellow | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| 3 | | Friday, May 30, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Sukra Vasara Yuktayam Kottayam, India | |
| Mithuna Rasi: 24:18 Tithi 4 | | Sun 17 Sutra 46 | | Vasava 5:17 | |
| Creative Work Siddha Yoga | | Gulika 7:38AM - 9:13AM | Punarvasu Until 9:32PM | Ganesh: White | Sunrise: 6:03AM |
| Until 9:32PM | | Yama 5:06PM - 6:03AM | Ganda* Until 12:58PM | Muruga: Red | Sunset: 6:41PM |
| Then Routine Work - Marana Yoga | | Rahu 10:48AM - 12:22PM | Vanija Until 10:20AM | Nataraja: Purple | Moon 5 - Phase 7 - 17 |
| | | Chaturthi* Until 9:27PM | | Moon - Blue | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| 4 | | Saturday, May 31, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Marta Vasara Yuktayam Kottayam, India | |
| Kalkata Rasi: 8:1 Tithi 5 | | Sun 18 Sutra 47 | | Vasava 5:17 | |
| Creative Work Siddha Yoga | | Gulika 6:04AM - 7:38AM | Pushya Until 9:09PM | Ganesh: White | Sunrise: 6:04AM |
| Until 9:09PM | | Yama 1:57PM - 3:32PM | Vridhhi Until 10:45AM | Muruga: Red | Sunset: 6:41PM |
| Then Routine Work - Marana Yoga | | Rahu 9:13AM - 10:48AM | Bava Until 8:48AM | Nataraja: Purple | Moon 5 - Phase 7 - 18 |
| | | Panchami Until 8:19PM | | Moon - Blue | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| 5 | | Sunday, June 1, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Bhanu Vasara Yuktayam Kottayam, India | |
| Kalkata Rasi: 21:32 Tithi 6 | | Sun 19 Sutra 48 | | Vasava 5:17 | |
| Creative Work Siddha Yoga | | Gulika 3:32PM - 5:07PM | Ashlesha* Until 9:28PM | Ganesh: White | Sunrise: 6:04AM |
| Until 9:28PM | | Yama 12:23PM - 1:57PM | Dhruva Until 9:11AM | Muruga: Red | Sunset: 6:41PM |
| Then Routine Work - Marana Yoga | | Rahu 5:07PM - 6:41PM | Kaulava Until 8:05AM | Nataraja: Purple | Moon 5 - Phase 7 - 19 |
| | | Shashthi* Until 8:02PM | | Moon - Blue | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| 6 | | Monday, June 2, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Indu Vasara Yuktayam Kottayam, India | |
| Simha Rasi: 4:27 Tithi 7 | | Sun 20 Sutra 49 | | Vasava 5:17 | |
| Family Home Evening | | Gulika 1:57PM - 3:32PM | Magha* Until 10:56PM | Ganesh: White | Sunrise: 6:04AM |
| Until 10:56PM | | Yama 10:48AM - 12:23PM | Vyaghata* Until 8:20AM | Muruga: Red | Sunset: 6:42PM |
| Then Creative Work - Siddha Yoga | | Rahu 7:38AM - 9:13AM | Gara Until 8:15AM | Nataraja: Purple | Moon 5 - Phase 7 - 20 |
| | | Saptami Until 8:38PM | | Moon - Red | Subha Sivaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| Retreat Star | | | | | |
| 7 | | Tuesday, June 3, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Mangala Vasara Yuktayam Kottayam, India | |
| Simha Rasi: 16:58 Tithi 8 | | Sun 21 Sutra 50 | | Vasava 5:17 | |
| Creative Work Siddha Yoga | | Gulika 12:23PM - 1:58PM | Purvaphalguni Until 1:00AM Wed | Ganesh: White | Sunrise: 6:04AM |
| Until 1:00AM Wed | | Yama 9:13AM - 10:48AM | Harshana Until 8:09AM | Muruga: Red | Sunset: 6:42PM |
| Then Creative Work - Amrita Yoga | | Rahu 3:32PM - 5:07PM | Visli Until 9:15AM | Nataraja: Purple | Moon 5 - Phase 7 - 21 |
| | | Ashlami* Until 10:00PM | | Moon - Red | Subha Sivaloka Day |
| | | | | Jyeshtha-Vaikasi | |
| Retreat Star | | | | | |
| 8 | | Wednesday, June 4, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Сукта Пакше Budha Vasara Yuktayam Kottayam, India | |
| Simha Rasi: 29:31 Tithi 9 | | Sun 22 Sutra 51 | | Vasava 5:17 | |
| Creative Work Amrita Yoga | | Gulika 10:48AM - 12:23PM | Uttaraphalguni Until 3:28AM Thu | Ganesh: White | Sunrise: 6:04AM |
| Until 3:28AM Thu | | Yama 7:39AM - 9:13AM | Vajra* Until 8:29AM | Muruga: Red | Sunset: 6:42PM |
| Then Routine Work - Marana Yoga | | Rahu 12:23PM - 1:58PM | Balava Until 10:56AM | Nataraja: Purple | Moon 5 - Phase 7 - 22 |
| | | Navami* Until 11:58PM | | Moon - Red | Subha Sivaloka Day |
| | | | | Jyeshtha-Vaikasi | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|----------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|----------------------|-----------------------------|
| 1 Thursday, June 5, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Сукла Паікхе Гору Васара Yuktayam Kottayam, India Hasta Nakshatra Siddhi/Vyapata* Yoga Talila/Gara Karana Dashamyam Titau Sun 23 Sutra 52 | | | |
| Kanya Rasi: 11.1 | Tithi 10 | Gulika 9:13AM - 10:48AM | Hasta Until 6:36AM Fri | Ganesh: Clear | Sunrise: 6:04AM |
| | | Yama 6:04AM - 7:39AM | Siddhi Until 9:15AM | Muruga: Red | Sunset: 6:43PM |
| | | Rahu 1:58PM - 3:33PM | Tailila Until 1:09PM | Nataraja: Blue | Moon 5 - Phase 8 - 24 |
| Routine Work | Marana Yoga | | Dashami Until 2:21AM Fri | Moan - Green | 4th Phase |
| Until 6:36AM Fri | | | | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |
| 2 Friday, June 6, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Сукла Паікхе Sakra Vasara Yuktayam Kottayam, India Hasta/Chitra Nakshatra Vyapata* Varyan Yoga Vanija/Vesil* Karana Ekadashyam Titau Sun 24 Sutra 53 | | | |
| Kanya Rasi: 23.01 | Tithi 11 | Gulika 7:39AM - 9:14AM | Hasta Until 6:36AM | Ganesh: Clear | Sunrise: 6:04AM |
| | | Yama 3:33PM - 5:08PM | Vyapata* Until 10:15AM | Muruga: Red | Sunset: 6:43PM |
| | | Rahu 10:48AM - 12:23PM | Vanija Until 3:38PM | Nataraja: Blue | Moon 5 - Phase 8 - 24 |
| Creative Work | Amrita Yoga | | Ekadashi Until 4:53AM Sat | Moan - Green | 4th Phase |
| Until 6:36AM | | | | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |
| 3 Saturday, June 7, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Сукла Паікхе Mania Vasara Yuktayam Kottayam, India Svali/Vishakha Nakshatra Parigha* Yoga Bava Karana Dvadashyam Titau Sun 25 Sutra 54 | | | |
| Tula Rasi: 4.5 | Tithi 12 | Gulika 6:04AM - 7:39AM | Chitra Until 9:42AM | Ganesh: Clear | Sunrise: 6:04AM |
| | | Yama 1:58PM - 3:33PM | Varyan Until 11:18AM | Muruga: Red | Sunset: 6:43PM |
| | | Rahu 9:14AM - 10:49AM | Bava Until 6:10PM | Nataraja: Blue | Moon 5 - Phase 8 - 25 |
| Routine Work | Marana Yoga | | Dvadashi Until 7:22AM Sun | Moan - Green | 4th Phase |
| Until 9:42AM | | | | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |
| 4 Sunday, June 8, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Сукла Паікхе Bhanu Vasara Yuktayam Kottayam, India Svali/Vishakha Nakshatra Parigha* Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 55 | | | |
| Tula Rasi: 16.4 | Tithi 12 - 13 | Gulika 3:34PM - 5:08PM | Svali Until 12:34PM | Ganesh: Clear | Sunrise: 6:04AM |
| | | Yama 12:24PM - 1:59PM | Parigha* Until 12:19PM | Muruga: Red | Sunset: 6:43PM |
| | | Rahu 5:08PM - 6:43PM | Kaulava Until 8:34PM | Nataraja: Blue | Moon 5 - Phase 8 - 26 |
| Creative Work | Siddha Yoga | | Dvadashi Until 7:22AM | Moan - Green | 4th Phase |
| Until 12:34PM | | Vaikasi Visakam | Dvadashi Until 7:22AM | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vata</i> | | |
| 5 Monday, June 9, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Сукла Паікхе Indu Vasara Yuktayam Kottayam, India Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 56 | | | |
| Tula Rasi: 28.34 | Tithi 13 - 14 | Gulika 1:59PM - 3:34PM | Vishakha Until 3:33PM | Ganesh: Clear | Sunrise: 6:04AM |
| | | Yama 10:49AM - 12:24PM | Shiva Until 1:10PM | Muruga: Red | Sunset: 6:43PM |
| Family Home Evening | | Rahu 7:39AM - 9:14AM | Gara Until 10:43PM | Nataraja: Blue | Moon 5 - Phase 8 - 27 |
| Routine Work | Marana Yoga | | Trayodashi Until 9:40AM | Moan - Orange | 4th Phase |
| Until 3:33PM | | | | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |
| ○ Tuesday, June 10, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Сукла Паікхе Mangala Vasara Yuktayam Kottayam, India Anuradha Nakshatra Siddha/Sadhya Yoga Vanija/Vesil* Karana Chaturdash/Purnimayam Titau Sun 28 Sutra 57 | | | |
| Copper Retreat Star | | Gulika 12:24PM - 1:59PM | Anuradha Until 6:03PM | Ganesh: Clear | Sunrise: 6:04AM |
| Wishika Rasi: 10.34 | Tithi 14 - 15 | Yama 9:14AM - 10:49AM | Siddha Until 1:44PM | Muruga: Red | Sunset: 6:43PM |
| | | Rahu 3:34PM - 5:09PM | Vesil Until 12:31AM Wed | Nataraja: Blue | Moon 5 - Phase 8 - Purnima |
| Creative Work | Siddha Yoga | | Chaturdash* Until 11:39AM | Moan - Orange | |
| Until 6:03PM | | | | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | |
| Wednesday, June 11, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішхэбха Мэсе Krishna Paikshe Budha Vasara Yuktayam Kottayam, India Jyeshtha* Nakshatra Sadhya/Subha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 58 | | | |
| Silver Retreat Star | | Gulika 10:49AM - 12:24PM | Jyeshtha* Until 8:02PM | Ganesh: Clear | Sunrise: 6:04AM |
| Wishika Rasi: 22.44 | Tithi 15 - 16 | Yama 7:39AM - 9:14AM | Sadhya Until 2:03PM | Muruga: Red | Sunset: 6:43PM |
| | | Rahu 12:24PM - 1:59PM | Balava Until 1:57AM Thu | Nataraja: Blue | Moon 5 - Phase 8 - Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 1:16PM | Moan - Orange | |
| Until 8:02PM | | | | Jyeshtha-Vaikasi | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | | |

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**

Dhanus Rasi: 5.02 TITHI 16 - 17
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішвасе Масае Крішна Пакоше Гору Васара Уктыягам
 Mula* Nakshatra Subha/Sukla Yoga Kaukava/Taila Karana Prathama/Dvityayam Tilau
Gulika 9:15AM - 10:50AM
 Yama 6:05AM - 7:40AM
 Rahu 1:59PM - 3:34PM
Mula* Until 9:57PM
 Subha Until 2:05PM
 Taila Until 3:00AM Fri
Prathama* Until 2:30PM
 Ganesha: Purple Sunrise: 6:05AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Light Blue
 Jyeshtha-Vaikasi

Kottayam, India
 Sufra 59
 Viswasa 5127
 Moon 6 - Phase 9 - 1
 1st Phase

Devaloka Day**Friday, June 13, 2025**

Dhanus Rasi: 17.31 TITHI 17 - 18
 Routine Work Prabalaritha Yoga
 Until 11:21PM
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішвасе Масае Крішна Пакоше Сура Васара Уктыягам
 Purvashada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyam Tilau
Gulika 7:40AM - 9:15AM
 Yama 3:35PM - 5:10PM
 Rahu 10:50AM - 12:25PM
Purvashada* Until 11:21PM
 Sukla Until 1:47PM
 Vanija Until 3:39AM Sat
Dvitiya Until 3:21PM
 Ganesha: Purple Sunrise: 6:05AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Light Blue
 Jyeshtha-Vaikasi

Kottayam, India
 Sufra 60
 Viswasa 5127
 Moon 6 - Phase 9 - 1
 1st Phase

Devaloka Day**Saturday, June 14, 2025**

Makara Rasi: 0.11 TITHI 18 - 19
 Routine Work Marana Yoga
 Until 12:13AM Sun
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Вішвасе Масае Крішна Пакоше Манта Васара Уктыягам
 Uttarashada Nakshatra Brahma/Indra Yoga Vasi* (Bava Karana Tritiya/Chaturtham Tilau
Gulika 6:05AM - 7:40AM
 Yama 2:00PM - 3:35PM
 Rahu 9:15AM - 10:50AM
Uttarashada Until 12:13AM Sun
 Brahma Until 1:12PM
 Bava Until 3:56AM Sun
Tritiya Until 3:49PM
 Ganesha: Purple Sunrise: 6:05AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Light Blue
 Jyeshtha-Vaikasi

Kottayam, India
 Sufra 61
 Viswasa 5127
 Moon 6 - Phase 9 - 2
 1st Phase

Devaloka Day**Sunday, June 15, 2025**

Makara Rasi: 13.01 TITHI 19 - 20
 Creative Work Amrita Yoga
 Until 1:01AM Mon
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнана Масае Крішна Пакоше Шану Васара Уктыягам
 Shraava Nakshatra Brahma/Indra/Vaidhri* Yoga Balava/Kaukava Karana Chaturthi/Panchamam Tilau
Gulika 3:35PM - 5:10PM
 Yama 12:25PM - 2:00PM
 Rahu 5:10PM - 6:45PM
Shraava Until 1:01AM Mon
 Indra Until 12:20PM
 Kaukava Until 3:49AM Mon
Chaturthi* Until 3:54PM
 Ganesha: Clear Sunrise: 6:05AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Purple
 Jyeshtha-Ani

Kottayam, India
 Sufra 62
 Viswasa 5127
 Moon 6 - Phase 9 - 3
 1st Phase

Sivaloka Day**Monday, June 16, 2025**

Makara Rasi: 26.02 TITHI 20 - 21
Family Home Evening
 Creative Work Siddha Yoga
 Until 1:15AM Tue
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнана Масае Крішна Пакоше Інду Васара Уктыягам
 Dhanishtha Nakshatra Vaidhri*/Vishkambha* Yoga Taila/Gara Karana Panchmi/Shasthamam Tilau
Gulika 2:00PM - 3:35PM
 Yama 10:50AM - 12:25PM
 Rahu 7:40AM - 9:15AM
Dhanishtha Until 1:15AM Tue
 Vaidhri* Until 11:07AM
 Gara Until 3:17AM Tue
Panchami Until 3:35PM
 Ganesha: Yellow Sunrise: 6:05AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Purple
 Jyeshtha-Ani

Kottayam, India
 Sufra 63
 Viswasa 5127
 Moon 6 - Phase 9 - 4
 1st Phase

Sivaloka Day**Tuesday, June 17, 2025**

Kumbha Rasi: 9.17 TITHI 21 - 22
 Routine Work Marana Yoga
 Until 12:55AM Wed
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнана Масае Крішна Пакоше Маргалі Васара Уктыягам
 Shatabhishak Nakshatra Vishkambha* (Pithi Yoga Varja/Vasi*) Karana Shasthi/Saptamam Tilau
Gulika 12:26PM - 2:01PM
 Yama 9:15AM - 10:51AM
 Rahu 3:36PM - 5:11PM
Shatabhishak Until 12:55AM Wed
 Vishkambha* Until 9:35AM
 Vasi Until 2:19AM Wed
Shasthi* Until 2:50PM
 Ganesha: Yellow Sunrise: 6:05AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Purple
 Jyeshtha-Ani

Kottayam, India
 Sufra 64
 Viswasa 5127
 Moon 6 - Phase 9 - 5
 1st Phase

Sivaloka Day**Wednesday, June 18, 2025****Retreat Star**

Kumbha Rasi: 22.47 TITHI 22 - 23
 Creative Work Amrita Yoga
 Until 12:24AM Thu
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнана Масае Крішна Пакоше Бадха Васара Уктыягам
 Purvashrothapada* Nakshatra Pithi/Ajyotman Yoga Bava/Balava Karana Saptami/Ashthamam Tilau
Gulika 10:51AM - 12:26PM
 Yama 7:41AM - 9:16AM
 Rahu 12:26PM - 2:01PM
Purvashrothapada* Until 12:24AM Thu
 Pithi Until 7:42AM
 Balava Until 12:53AM Thu
Saptami Until 1:38PM
 Ganesha: Clear Sunrise: 6:06AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Clear
 Jyeshtha-Ani

Kottayam, India
 Sufra 65
 Viswasa 5127
 Moon 6 - Phase 9 - 6
 Ashtami

Sivaloka Day**Thursday, June 19, 2025****Retreat Star**

Meena Rasi: 6.34 TITHI 23 - 24
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартапа Рітау Мілнана Масае Крішна Пакоше Гору Васара Уктыягам
 Uttarashrothapada Nakshatra Saubhagya Yoga Kaukava/Taila Karana Ashtami/Navamam Tilau
Gulika 9:16AM - 10:51AM
 Yama 6:06AM - 7:41AM
 Rahu 2:01PM - 3:36PM
Uttarashrothapada Until 11:17PM
 Saubhagya Until 2:45AM Fri
 Taila Until 10:59PM
Ashlami* Until 11:58AM
 Ganesha: Clear Sunrise: 6:06AM
 Muruga: Red Sunset: 6:49PM
 Nataraja: Blue
 Moon - Clear
 Jyeshtha-Ani

Kottayam, India
 Sufra 66
 Viswasa 5127
 Moon 6 - Phase 9 - 7
 Navami

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025

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|----------------------------------|---------------|-------------------------------------------------------------------------------------------------|-------------------------------|-----------------------|---------------------------|-----------------------|--|
| | | Vishvasu Nama Samvatsare Uтарыне Narāna Ritau Mithuna Mase Kṛishna Pakṣhe Sukra Vasara Yuktayam | | | | Kottayam, India | |
| | | Revati Nakshatra Sothana Yoga Gara/Vanji Karana Navami/Dashamyam Tilau | | | | Sun 8 Sufra 67 | |
| | Gulika | 7:41AM – 9:16AM | Revati Until 9:35PM | Ganesha: White | Sunrise: 6:06AM | Vishvasu 5127 | |
| Mesha Rasi: 20.37 | Yama | 3:36PM – 5:11PM | Sobhana Until 11:45PM | Muruga: Red | Sunset: 6:46PM | Moon 6 - Phase 10 - 8 | |
| Creative Work | Siddha Yoga | 311518571 | Rahu 10:51AM – 12:26PM | Nataraja: Blue | Moon - Clear 2nd Phase | | |
| Until 9:35PM | | | Navami* Until 9:51AM | Moon - Clear | Subha Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | Jyestha-Ani | | | |

2 Saturday, June 21, 2025

| | | | | | | | |
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| | | Vishvasu Nama Samvatsare Uтарыне Narāna Ritau Mithuna Mase Kṛishna Pakṣhe Menta Vesara Yuktayam | | | | Kottayam, India | |
| | | Ashvini Nakshatra Ahlgandha* Yoga Visi* (Balava Karana Dashami/Ekadashyam Tilau) | | | | Sun 9 Sufra 68 | |
| | Gulika | 6:06AM – 7:41AM | Ashvini Until 7:48PM | Ganesha: Yellow | Sunrise: 6:06AM | Vishvasu 5127 | |
| Mesha Rasi: 4.58 | Yama | 2:01PM – 3:36PM | Ahlgandha* Until 8:26PM | Muruga: Red | Sunset: 6:47PM | Moon 6 - Phase 10 - 9 | |
| Creative Work | Siddha Yoga | 321518571 | Rahu 9:16AM – 10:51AM | Nataraja: Blue | Moon 6 - Phase 10 - 9 | | |
| Until 5:36PM | | | Balava Until 4:27AM Sun | Moon - White | 2nd Phase | | |
| Then Creative Work - Amrita Yoga | | | Dashami Until 7:19AM | Jyestha-Ani | Sivaloka Day | | |

3 Sunday, June 22, 2025

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| | | Vishvasu Nama Samvatsare Dakshinaya Narāna Ritau Mithuna Mase Kṛishna Pakṣhe Bhanu Visara Yuktayam | | | | Kottayam, India | |
| | | Bharani/Kritika Nakshatra Sukama/Dhriti Yoga Kaulava/Taila Karana Dvadashtyam Tilau | | | | Sun 10 Sufra 69 | |
| | Gulika | 3:37PM – 5:12PM | Bharani Until 5:36PM | Ganesha: Yellow | Sunrise: 6:06AM | Vishvasu 5127 | |
| Mesha Rasi: 19.32 | Yama | 12:27PM – 2:02PM | Sukama Until 4:54PM | Muruga: Red | Sunset: 6:47PM | Moon 6 - Phase 10 - 10 | |
| Routine Work | Prabalarista Yoga | 321518571 | Rahu 5:12PM – 6:47PM | Nataraja: Blue | Moon 6 - Phase 10 - 10 | | |
| Until 5:36PM | | | Kaulava Until 2:56PM | Moon - White | 2nd Phase | | |
| Then Creative Work - Siddha Yoga | | | Dvadashti* Until 1:21AM Mon | Jyestha-Ani | Sivaloka Day | | |

4 Monday, June 23, 2025

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| | | Vishvasu Nama Samvatsare Dakshinaya Narāna Ritau Mithuna Mase Kṛishna Pakṣhe Indu Vasara Yuktayam | | | | Kottayam, India | |
| | | Kritika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanji Karana Trayodashyam Tilau | | | | Sun 11 Sufra 70 | |
| | Gulika | 2:02PM – 3:37PM | Kritika Until 3:06PM | Ganesha: Yellow | Sunrise: 6:07AM | Vishvasu 5127 | |
| Wishabha Rasi: 4.17 | Yama | 10:52AM – 12:27PM | Dhriti Until 1:15PM | Muruga: Red | Sunset: 6:47PM | Moon 6 - Phase 10 - 11 | |
| Family Home Evening | | 321518571 | Rahu 7:42AM – 9:17AM | Nataraja: Blue | Moon 6 - Phase 10 - 11 | | |
| Routine Work | Marana Yoga | | Gara Until 11:46AM | Moon - White | 2nd Phase | | |
| Until 3:06PM | | | Trayodashi* Until 10:09PM | Jyestha-Ani | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

Pradosha Vata (Fasting)

5 Tuesday, June 24, 2025

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| | | Vishvasu Nama Samvatsare Dakshinaya Narāna Ritau Mithuna Mase Kṛishna Pakṣhe Mangala Vasara Yuktayam | | | | Kottayam, India | |
| | | Rohini/Migashira Nakshatra Ganda* Yoga Visi* (Sakura* Karana Chaturdashyam Tilau) | | | | Sun 12 Sufra 71 | |
| | Gulika | 12:27PM – 2:02PM | Rohini Until 12:52PM | Ganesha: Red | Sunrise: 6:07AM | Vishvasu 5127 | |
| Wishabha Rasi: 19.05 | Yama | 9:17AM – 10:52AM | Shula* Until 9:33AM | Muruga: Red | Sunset: 6:47PM | Moon 6 - Phase 10 - 12 | |
| Creative Work | Amrita Yoga | 331518571 | Rahu 3:37PM – 5:12PM | Nataraja: Blue | Moon 6 - Phase 10 - 12 | | |
| Until 12:52PM | | | Visi Until 8:34AM | Moon - Yellow | 2nd Phase | | |
| Then Creative Work - Siddha Yoga | | | Chaturdashi* Until 6:59PM | Jyestha-Ani | Sivaloka Day | | |

Wednesday, June 25, 2025

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| | | Vishvasu Nama Samvatsare Dakshinaya Narāna Ritau Mithuna Mase Sukla Pakṣhe Buba Vasara Yuktayam | | | | Kottayam, India | |
| | | Migashira/Ardra Nakshatra Viddhi Yoga Naga* Kintughna* Karana Amavasya/Prathamam Tilau | | | | Sun 13 Sufra 72 | |
| | Gulika | 10:52AM – 12:27PM | Mrigashira Until 10:40AM | Ganesha: Red | Sunrise: 6:07AM | Vishvasu 5127 | |
| Mithuna Rasi: 3.49 | Yama | 7:42AM – 9:17AM | Viddhi Until 2:38AM Thu | Muruga: Red | Sunset: 6:47PM | Moon 6 - Phase 10 - 13 | |
| Creative Work | Siddha Yoga | 331518571 | Rahu 12:27PM – 2:02PM | Nataraja: Blue | Moon 6 - Phase 10 - 13 | | |
| Until 12:52PM | | | Kintughna Until 2:42AM Thu | Moon - Yellow | Amavasya | | |
| Then Creative Work - Amrita Yoga | | | Amavasya* Until 4:02PM | Jyestha-Ani | Sivaloka Day | | |

Thursday, June 26, 2025

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| | | Vishvasu Nama Samvatsare Dakshinaya Narāna Ritau Mithuna Mase Sukla Pakṣhe Guru Visara Yuktayam | | | | Kottayam, India | |
| | | Ardra/Punarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvityayam Tilau | | | | Sun 14 Sufra 73 | |
| | Gulika | 9:17AM – 10:52AM | Ardra Until 8:38AM | Ganesha: Red | Sunrise: 6:07AM | Vishvasu 5127 | |
| Mithuna Rasi: 18.2 | Yama | 6:07AM – 7:42AM | Dhruva Until 11:39PM | Muruga: Red | Sunset: 6:48PM | Moon 6 - Phase 10 - 14 | |
| Creative Work | Marana Yoga | 331518571 | Rahu 2:02PM – 3:37PM | Nataraja: Blue | Prathama | | |
| Until 8:38AM | | | Balava Until 12:20AM Fri | Moon - Yellow | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | Prathama* Until 1:26PM | Ashada-Ani | | | |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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|----------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------|-------------------------------------|---------------------|
| 1 Friday, June 27, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Sukra Vasara Yukatayam Panarvasu/Pushya Nakshatra Vyagha* Yoga Kaulava/Saila Karana Dvitiya/Tritiyam Tilau | | | | Kottayam, India Sun 15 Sutra 74 | |
| Kataka Rasi: 2.32 | Tithi 2 - 3 | Gulika 7:43AM - 9:18AM Yama 3:38PM - 5:13PM 342518571 Rahu 10:53AM - 12:28PM | Punarvasu Until 7:22AM Vyaghra* Until 9:09PM Taitila Until 10:34PM Dvitiya Until 11:21AM | Ganesha: White Murgu: Red Nataraja: Blue Moon - Blue Ashada-Ani | Sunrise: 6:08AM Sunset: 6:48PM | Moon 6 - Phase 11 - 15 3rd Phase | Devaloka Day |
| Creative Work | Siddha Yoga | | | | | | |
| Until 7:22AM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |
| 2 Saturday, June 28, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Merita Vasara Yukatayam Pushya/Ashlesha* Nakshatra Harshana Yoga Gara/Vanija Karana Tridya/Chaturtham Tilau | | | | Kottayam, India Sun 16 Sutra 75 | |
| Kataka Rasi: 16.19 | Tithi 3 - 4 | Gulika 6:08AM - 7:43AM Yama 2:03PM - 3:38PM 342518571 Rahu 9:18AM - 10:53AM | Pushya Until 6:36AM Harshana Until 7:15PM Vanija Until 9:31PM Tridya Until 9:55AM | Ganesha: White Murgu: Red Nataraja: Blue Moon - Blue Ashada-Ani | Sunrise: 6:08AM Sunset: 6:48PM | Moon 6 - Phase 11 - 16 3rd Phase | Devaloka Day |
| Creative Work | Siddha Yoga | | | | | | |
| Until 6:36AM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |
| 3 Sunday, June 29, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Bharu Vasara Yukatayam Ashlesha*Magha* Nakshatra Vajra*/Siddhi Yoga Vesi*/Bava Karana Chaturthi/Panchamam Tilau | | | | Kottayam, India Sun 17 Sutra 76 | |
| Kataka Rasi: 29.4 | Tithi 4 - 5 | Gulika 3:38PM - 5:13PM Yama 12:28PM - 2:03PM 342518571 Rahu 5:13PM - 6:48PM | Ashlesha* Until 6:25AM Vajra* Until 5:58PM Bava Until 9:16PM Chaturthi* Until 9:16AM | Ganesha: White Murgu: Red Nataraja: Blue Moon - Blue Ashada-Ani | Sunrise: 6:08AM Sunset: 6:48PM | Moon 6 - Phase 11 - 17 3rd Phase | Devaloka Day |
| Creative Work | Siddha Yoga | | | | | | |
| Until 6:25AM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |
| 4 Monday, June 30, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Indu Vasara Yukatayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyailpala* Yoga Batava/Kaulava Karana Panchami/Shashtham Tilau | | | | Kottayam, India Sun 18 Sutra 77 | |
| Simha Rasi: 13 | Tithi 5 - 6 | Gulika 2:03PM - 3:38PM Yama 10:53AM - 12:28PM 352518571 Rahu 7:43AM - 9:18AM | Magha* Until 7:22AM Siddhi Until 5:21PM Kaulava Until 9:51PM Panchami Until 9:27AM | Ganesha: Clear Murgu: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 6:08AM Sunset: 6:48PM | Moon 6 - Phase 11 - 18 3rd Phase | Sivaloka Day |
| Family Home Evening | | | | | | | |
| Routine Work | Marana Yoga | | | | | | |
| Until 7:22AM | | | | | | | |
| Then Routine Work - Siddha Yoga | | | | | | | |
| 5 Tuesday, July 1, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Mangala Vasara Yukatayam Purvaphalguni/Utтарaphalguni Nakshatra Vyailpala*/Naryan Yoga Taitila/Gara Karana Shashthi/Saptamam Tilau | | | | Kottayam, India Sun 19 Sutra 78 | |
| Simha Rasi: 25.08 | Tithi 6 - 7 | Gulika 12:28PM - 2:03PM Yama 9:19AM - 10:54AM 352518571 Rahu 3:38PM - 5:13PM | Purvaphalguni Until 8:56AM Vyailpala* Until 5:22PM Gara Until 11:11PM Shashthi* Until 10:25AM | Ganesha: Clear Murgu: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 6:09AM Sunset: 6:48PM | Moon 6 - Phase 11 - 19 3rd Phase | Sivaloka Day |
| Creative Work | Siddha Yoga | | | | | | |
| Until 8:56AM | | Chidambaram Abhishekam | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| Wednesday, July 2, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Budha Vasara Yukatayam Utтарaphalguni/Hasta Nakshatra Varjani/Parigha* Yoga Vanija/Vesi* Karana Sapthami/Ashtamam Tilau | | | | Kottayam, India Sun 20 Sutra 79 | |
| Retreat Star | | Gulika 10:54AM - 12:29PM Yama 7:44AM - 9:19AM 352518571 Rahu 12:29PM - 2:04PM | Utтарaphalguni Until 11:01AM Varjan Until 5:50PM Vesi Until 1:07AM Thu Sapthami Until 12:04PM | Ganesha: Clear Murgu: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 6:09AM Sunset: 6:48PM | Moon 6 - Phase 11 - 20 Ashtami | Sivaloka Day |
| Kanya Rasi: 7.23 | Tithi 7 - 8 | | | | | | |
| Creative Work | Amrita Yoga | | | | | | |
| Until 11:01AM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |
| Thursday, July 3, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Paksha Guru Vasara Yukatayam Hasta/Chitra Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamam Tilau | | | | Kottayam, India Sun 21 Sutra 80 | |
| Retreat Star | | Gulika 9:19AM - 10:54AM Yama 6:09AM - 7:44AM 362518571 Rahu 2:04PM - 3:39PM | Hasta Until 1:55PM Parigha* Until 6:39PM Balava Until 3:26AM Fri Ashtami* Until 2:13PM | Ganesha: Purple Murgu: Red Nataraja: Blue Moon - Green Ashada-Ani | Sunrise: 6:09AM Sunset: 6:48PM | Moon 6 - Phase 11 - 21 Navami | Devaloka Day |
| Kanya Rasi: 19.23 | Tithi 8 - 9 | | | | | | |
| Routine Work | Marana Yoga | | | | | | |
| Until 1:55PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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1 Friday, July 4, 2025

| | | | | | | |
|-----------------|--------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------|
| | | Vishvasu Nama Samvatsara Chitra/Svali Nakshatra Shiva | Dakshinaya Naritana Ritau Mihuna Mase Yoga Kaulava/Tallita Karana Navami/Dashamyam Tilau | Sukla Paksho Sukra Vasara Yuktayam | Kottayam, India Sun 22 | Sutra 81 Vasvasu 5:127 |
| Tula Rasi: 1.17 | Tithi 9 - 10 | Gulika 7:44AM - 9:19AM Yama 3:39PM - 5:14PM | Chitra Until 4:54PM Shiva Until 7:39PM | Ganesha: Purple Muruga: Red Nataraja: Blue Moon - Green | Sunrise: 6:09AM Sunset: 6:49PM | Moon 6 - Phase 12 - 23 4th Phase |
| Creative Work | Siddha Yoga | 362518571 Rahu 10:54AM - 12:29PM | Tallita Until 5:52AM Sat Navami* Until 4:37PM | Ashada-Ani | | Devaloka Day |

2 Saturday, July 5, 2025

| | | | | | | |
|------------------|-------------|--------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------|
| | | Vishvasu Nama Samvatsara Svali Nakshatra Siddha Yoga | Dakshinaya Naritana Ritau Mihuna Mase Gara Karana Dashamyam Tilau | Sukla Paksho Merita Vasara Yuktayam | Kottayam, India Sun 23 | Sutra 82 Vasvasu 5:127 |
| Tula Rasi: 13.07 | Tithi 10 | Gulika 6:10AM - 7:44AM Yama 2:04PM - 2:04PM | Svali Until 7:44PM Siddha Until 8:37PM | Ganesha: Purple Muruga: Red Nataraja: Blue Moon - Green | Sunrise: 6:10AM Sunset: 6:49PM | Moon 6 - Phase 12 - 23 4th Phase |
| Creative Work | Siddha Yoga | 362518571 Rahu 9:19AM - 10:54AM | Gara Until 7:03PM Dashami Until 7:03PM | Ashada-Ani | | Devaloka Day |

3 Sunday, July 6, 2025

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|---------------|-------------|---------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------|
| | | Vishvasu Nama Samvatsara Svali Nakshatra Siddha Yoga | Dakshinaya Naritana Ritau Mihuna Mase Yoga Vanija/Visli* Karana Ekadashyam Tilau | Sukla Paksho Bhanu Vasara Yuktayam | Kottayam, India Sun 24 | Sutra 83 Vasvasu 5:127 |
| Tula Rasi: 25 | Tithi 11 | Gulika 3:39PM - 5:14PM Yama 12:29PM - 2:04PM | Vishakha Until 10:43PM Sadhya Until 9:27PM | Ganesha: Purple Muruga: Red Nataraja: Blue Vanin - Orange | Sunrise: 6:10AM Sunset: 6:49PM | Moon 6 - Phase 12 - 24 4th Phase |
| Routine Work | Marana Yoga | 472518571 Rahu 5:14PM - 6:49PM | Vanija Until 8:14AM Ekadashi Until 9:17PM | Ashada-Ani | | Devaloka Day |

4 Monday, July 7, 2025

| | | | | | | |
|---------------------------------|-------------|----------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------|
| | | Vishvasu Nama Samvatsara Anuradha Nakshatra Subha Yoga | Dakshinaya Naritana Ritau Mihuna Mase Bava/Balava Karana Dvadashyam Tilau | Sukla Paksho Indru Vesara Yuktayam | Kottayam, India Sun 25 | Sutra 84 Vasvasu 5:127 |
| Wischika Rasi: 6.58 | Tithi 12 | Gulika 2:04PM - 3:39PM Yama 10:55AM - 12:30PM | Anuradha Until 1:12AM Tue Subha Until 10:03PM | Ganesha: Purple Muruga: Red Nataraja: Blue Moon - Orange | Sunrise: 6:10AM Sunset: 6:49PM | Moon 6 - Phase 12 - 25 4th Phase |
| Family Home Evening | | 472518571 Rahu 7:45AM - 9:20AM | Bava Until 10:19AM Dvadashi Until 11:12PM | Ashada-Ani | | Devaloka Day |
| Creative Work | Siddha Yoga | | | | | |
| Until 1:12AM Tue | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |

5 Tuesday, July 8, 2025

| | | | | | | |
|----------------------|-------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------|
| | | Vishvasu Nama Samvatsara Jyeshtha* Nakshatra Sukla Yoga | Dakshinaya Naritana Ritau Mihuna Mase Yoga Kaulava/Tallita Karana Trayodashyam Tilau | Sukla Paksho Mangala Vesara Yuktayam | Kottayam, India Sun 26 | Sutra 85 Vasvasu 5:127 |
| Wischika Rasi: 19.05 | Tithi 13 | Gulika 12:30PM - 2:05PM Yama 9:20AM - 10:55AM | Jyeshtha* Until 3:06AM Wed Sukla Until 10:17PM | Ganesha: Purple Muruga: Red Nataraja: Blue Moon - Orange | Sunrise: 6:10AM Sunset: 6:49PM | Moon 6 - Phase 12 - 26 4th Phase |
| Routine Work | Marana Yoga | 472518571 Rahu 3:39PM - 5:14PM | Kaulava Until 12:01PM Trayodashi Until 12:40AM Wed | Ashada-Ani | | Devaloka Day |

Pradosha Vata

6 Wednesday, July 9, 2025

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|----------------------------------|-------------|----------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------|
| | | Vishvasu Nama Samvatsara Mula* Nakshatra Brahma Yoga | Dakshinaya Naritana Ritau Mihuna Mase Gara/Vanija Karana Chaturdashyam Tilau | Sukla Paksho Budha Vasara Yuktayam | Kottayam, India Sun 27 | Sutra 86 Vasvasu 5:127 |
| Dhanus Rasi: 1.24 | Tithi 14 | Gulika 10:55AM - 12:30PM Yama 7:45AM - 9:20AM | Mula* Until 4:51AM Thu Brahma Until 10:09PM | Ganesha: Clear Muruga: Red Nataraja: Blue Moon - Light Blue | Sunrise: 6:11AM Sunset: 6:49PM | Moon 6 - Phase 12 - 27 4th Phase |
| Routine Work | Marana Yoga | 482518571 Rahu 12:30PM - 2:05PM | Gara Until 1:15PM Chaturdash* Until 1:39AM Thu | Ashada-Ani | | Sivaloka Day |
| Until 4:51AM Thu | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

○ Thursday, July 10, 2025

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|---------------------------------|-------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------|
| | | Vishvasu Nama Samvatsara Purvashadha* Nakshatra Indra Yoga | Dakshinaya Naritana Ritau Mihuna Mase Yoga Visli*/Bava Karana Purnimayam Tilau | Sukla Paksho Guru Vesara Yuktayam | Kottayam, India Sun 28 | Sutra 87 Vasvasu 5:127 |
| Dhanus Rasi: 13.56 | Tithi 15 | Gulika 9:20AM - 10:55AM Yama 6:11AM - 7:46AM | Purvashadha* Until 5:58AM Fri Indra Until 9:39PM | Ganesha: White Muruga: Red Nataraja: Blue Moon - Light Blue | Sunrise: 6:11AM Sunset: 6:49PM | Moon 6 - Phase 12 - 28 Purnima |
| Creative Work | Siddha Yoga | 483518571 Rahu 2:05PM - 3:40PM | Visli Until 1:59PM Purnima* Until 2:10AM Fri | Ashada-Ani | | Subha Sivaloka Day |
| Until 5:58AM Fri | | | | | | |
| Then Routine Work - Marana Yoga | | Satguru Purnima | | | | |

Friday, July 11, 2025

| | | | | | | |
|----------------------------------|-------------|--------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarashadha Nakshatra Vaidhrili* Yoga | Dakshinaya Naritana Ritau Mihuna Mase Yoga Balava/Kaulava Karana Prathamayam Tilau | Sukla Paksho Sukra Vesara Yuktayam | Kottayam, India Sun 29 | Sutra 88 Vasvasu 5:127 |
| Dhanus Rasi: 26.4 | Tithi 16 | Gulika 7:46AM - 9:21AM Yama 3:40PM - 5:14PM | Uttarashadha Until 6:29AM Sat Vaidhrili* Until 8:45PM | Ganesha: White Muruga: Red Nataraja: Blue Moon - Light Blue | Sunrise: 6:11AM Sunset: 6:49PM | Moon 6 - Phase 12 - 29 Prathama |
| Routine Work | Marana Yoga | 483518571 Rahu 10:55AM - 12:30PM | Balava Until 2:15PM Prathama* Until 2:12AM Sat | Ashada-Ani | | Subha Sivaloka Day |
| Until 6:29AM Sat | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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**Saturday, July 12, 2025****Gold Retreat Star**

Makara Rasi: 9.38 Tithi 17
 Routine Work Marana Yoga
 Until 6:29AM
 Then Creative Work - Siddha Yoga

Gulika 6:11AM - 7:46AM
Yama 2:05PM - 3:40PM
Rahu 9:21AM - 10:56AM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mania Vasara Yuktayam
 Uttarashadha Nakshatra Vishkambha* Yoga Talila/Gara Karana Divlyayam Titau
Uttarashadha Until 6:29AM
 Vishkambha* Until 7:32PM
 Talila Until 2:05PM
Dvitiya Until 1:49AM Sun

Ganesh: White
Muruga: Red
Nataraja: Blue
 Moon - Light Blue
Ashada-Ani

Sunrise: 6:17AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 1
Subha Sivaloka Day
 Kottayam, India Sun 1 Sutra 89
 Vasarasu 5:127

1**Sunday, July 13, 2025**

Makara Rasi: 22.49 Tithi 18
 Creative Work Amrita Yoga
 Until 6:54AM
 Then Routine Work - Marana Yoga

Gulika 3:40PM - 5:15PM
Yama 12:30PM - 2:05PM
Rahu 5:15PM - 6:49PM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Bharu Vasara Yuktayam
 Shrawana/Dhanishtha Nakshatra Pithi Yoga Vanja/Visi* Karana Trityayam Titau
Shrawana Until 6:54AM
 Pithi Until 6:02PM
 Vanja Until 1:31PM
Tritiya Until 1:05AM Mon

Ganesh: Yellow
Muruga: Red
Nataraja: Blue
 Moon - Purple
Ashada-Ani

Sunrise: 6:12AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 2
Sivaloka Day
 Kottayam, India Sun 2 Sutra 90
 Vasarasu 5:127

2**Monday, July 14, 2025**

Kumbha Rasi: 6.11 Tithi 19
Family Home Evening
 Creative Work Siddha Yoga

Gulika 2:05PM - 3:40PM
Yama 10:56AM - 12:31PM
Rahu 7:46AM - 9:21AM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Indu Vasara Yuktayam
 Shatbhishak/Purvasrothhagada* Nakshatra Aajushman/Saubhaga Yoga Bava/Balava Karana Chaturthayam Titau
Dhanishtha Until 6:49AM
 Ayushman Until 4:13PM
 Bava Until 12:36PM
Chaturthi* Until 12:01AM Tue

Ganesh: Yellow
Muruga: Red
Nataraja: Blue
 Moon - Purple
Ashada-Ani

Sunrise: 6:12AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 3
Sivaloka Day
 Kottayam, India Sun 3 Sutra 91
 Vasarasu 5:127

3**Tuesday, July 15, 2025**

Kumbha Rasi: 19.44 Tithi 20
 Routine Work Marana Yoga

Gulika 12:31PM - 2:05PM
Yama 9:21AM - 10:56AM
Rahu 3:40PM - 5:15PM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksha Mangala Vasara Yuktayam
 Shatbhishak/Purvasrothhagada* Nakshatra Saubhaga/Sobhana Yoga Kaulasa/Balita Karana Panchmayam Titau
Shatbhishak Until 6:17AM
 Saubhaga Until 2:11PM
 Kaulava Until 11:23AM
Panchami Until 10:39PM

Ganesh: Yellow
Muruga: Red
Nataraja: Blue
 Moon - Purple
Ashada-Ani

Sunrise: 6:12AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 4
Sivaloka Day
 Kottayam, India Sun 4 Sutra 92
 Vasarasu 5:127

4**Wednesday, July 16, 2025**

Meena Rasi: 3.28 Tithi 21
 Creative Work Siddha Yoga

Gulika 10:56AM - 12:31PM
Yama 7:47AM - 9:21AM
Rahu 12:31PM - 2:05PM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam
 Uttaraprosrothhagada Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanja Karana Shashthayam Titau
Uttaraprosrothhagada Until 4:49AM Thu
 Sobhana Until 11:56AM
 Gara Until 9:53AM
Shashthi* Until 9:02PM

Ganesh: Purple
Muruga: Red
Nataraja: Blue
 Moon - Clear
Ashada-Adi

Sunrise: 6:12AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 5
Devaloka Day
 Kottayam, India Sun 5 Sutra 93
 Vasarasu 5:127

5**Thursday, July 17, 2025**

Meena Rasi: 17.21 Tithi 22
 Creative Work Siddha Yoga
 Until 3:29AM Fri
 Then Creative Work - Amrita Yoga

Gulika 9:22AM - 10:56AM
Yama 6:12AM - 7:47AM
Rahu 2:05PM - 3:40PM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam
 Revati Nakshatra Ahiganda*/Sukarma Yoga Visi*/Bava Karana Sapthmayam Titau
Revati Until 3:29AM Fri
 Ahiganda* Until 9:26AM
 Visi Until 8:08AM
Saptami Until 7:09PM

Ganesh: Purple
Muruga: Red
Nataraja: Yellow
 Moon - Clear
Ashada-Adi

Sunrise: 6:12AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 6
Bhuloka Day
 Kottayam, India Sun 6 Sutra 94
 Vasarasu 5:127

D**Friday, July 18, 2025****Retreat Star**

Mesha Rasi: 1.23 Tithi 23 - 24
 Creative Work Amrita Yoga
 Until 2:13AM Sat
 Then Creative Work - Siddha Yoga

Gulika 7:47AM - 9:22AM
Yama 3:40PM - 5:15PM
Rahu 10:56AM - 12:31PM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam
 Ashvini Nakshatra Sukarma/Dhriti Yoga Balava/Vanja Karana Navami/Dashmayam Titau
Ashvini Until 2:13AM Sat
 Sukarma Until 6:46AM
 Balava Until 6:08AM
Ashtami* Until 5:02PM

Ganesh: Clear
Muruga: Red
Nataraja: Yellow
 Moon - White
Ashada-Adi

Sunrise: 6:13AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 7
Devaloka Day
 Kottayam, India Sun 7 Sutra 95
 Vasarasu 5:127

Saturday, July 19, 2025**Retreat Star**

Mesha Rasi: 15.34 Tithi 24 - 25
 Creative Work Siddha Yoga

Gulika 6:13AM - 7:47AM
Yama 2:05PM - 3:40PM
Rahu 9:22AM - 10:56AM

Viswastu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mania Vasara Yuktayam
 Bharani Nakshatra Shula* Yoga Gara/Vanja Karana Navami/Dashmayam Titau
Bharani Until 12:37AM Sun
 Shula* Until 12:54AM Sun
 Vanja Until 1:31AM Sun
Navami* Until 2:43PM

Ganesh: Clear
Muruga: Red
Nataraja: Yellow
 Moon - White
Ashada-Adi

Sunrise: 6:13AM
 Sunset: 6:49PM
 Moon 7 - Phase 13 - 8
Devaloka Day
 Kottayam, India Sun 8 Sutra 96
 Vasarasu 5:127

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|---------------|------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------------------------|
| 1 | Sunday, July 20, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yukatayam Krittika Nakshatra Ganda* Yoga Velli* Bava Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 9 Sutra 97 |
| | Mesha Rasi: 29:52 | Tithi 25 - 26 | Gulika 3:40PM - 5:14PM Yama 12:31PM - 2:05PM | Krittika Until 10:45PM Ganda* Until 9:48PM Bava Until 10:59PM | Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - White | Sunrise: 6:13AM Sunset: 6:49PM | Vasavasru 5:127 Moon 7 - Phase 14 - 9 2nd Phase |
| Creative Work | Siddha Yoga | 423618572 | Rahu 5:14PM - 6:49PM | Dashami Until 12:15PM | Ashada-Adi | Devaloka Day | |

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|---------------------|------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------|
| 2 | Monday, July 21, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yukatayam Rohini Nakshatra Middhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau | | | | Kottayam, India Sun 10 Sutra 98 |
| | Wishabha Rasi: 14:15 | Tithi 26 - 27 | Gulika 2:06PM - 3:40PM Yama 10:57AM - 12:31PM | Rohini Until 9:08PM Viddhi Until 6:39PM Kaulava Until 8:25PM | Ganesh: White Muruga: Red Nataraja: Yellow Moon - Yellow | Sunrise: 6:13AM Sunset: 6:49PM | Vasavasru 5:127 Moon 7 - Phase 14 - 10 2nd Phase |
| Family Home Evening | Amrita Yoga | 433618572 | Rahu 7:48AM - 9:22AM | Ekadashi* Until 9:41AM | Ashada-Adi | Bhuloka Day Devaloka Time: 3PM to 6PM | |

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|---------------------------------|-------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------|
| 3 | Tuesday, July 22, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yukatayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 11 Sutra 99 |
| | Wishabha Rasi: 28:38 | Tithi 27 - 28 | Gulika 12:31PM - 2:06PM Yama 9:22AM - 10:57AM | Mrigashira Until 7:25PM Dhruva Until 3:32PM Vanija Until 4:41AM Wed | Ganesh: White Muruga: Red Nataraja: Yellow Moon - Yellow | Sunrise: 6:14AM Sunset: 6:49PM | Vasavasru 5:127 Moon 7 - Phase 14 - 11 2nd Phase |
| Creative Work | Siddha Yoga | 433618572 | Rahu 3:40PM - 5:14PM | Dvadashi* Until 7:08AM | Ashada-Adi | Bhuloka Day Devaloka Time: 3PM to 6PM | |
| Then Routine Work - Marana Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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|---------------|---------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------|
| 4 | Wednesday, July 23, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yukatayam Ardra Nakshatra Vyaghata/Harshana Yoga Velli*Saluni* Karana Chaturdashyam Titau | | | | Kottayam, India Sun 12 Sutra 100 |
| | Mithuna Rasi: 12:57 | Tithi 29 | Gulika 10:57AM - 12:31PM Yama 7:48AM - 9:22AM | Ardra Until 5:45PM Vyaghata* Until 12:33PM Velli Until 3:34PM | Ganesh: White Muruga: Red Nataraja: Yellow Moon - Yellow | Sunrise: 6:14AM Sunset: 6:49PM | Vasavasru 5:127 Moon 7 - Phase 14 - 12 2nd Phase |
| Creative Work | Siddha Yoga | 433618572 | Rahu 12:31PM - 2:06PM | Chaturdashi* Until 2:29AM Thu | Ashada-Adi | Bhuloka Day Devaloka Time: 3PM to 6PM | |

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|---------------|--------------------------------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------------------------|
| ● | Thursday, July 24, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yukatayam Punarvasu Nakshatra Harshana/Vajra* Yoga Cataspada/Raga* Karana Amavasyayam Titau | | | | Kottayam, India Sun 13 Sutra 101 |
| | Mithuna Rasi: 27:05 | Tithi 30 | Gulika 9:23AM - 10:57AM Yama 6:14AM - 7:48AM | Punarvasu Until 4:42PM Harshana Until 9:50AM Cataspada Until 1:32PM | Ganesh: Orange Muruga: Red Nataraja: Yellow Moon - Blue | Sunrise: 6:14AM Sunset: 6:49PM | Vasavasru 5:127 Moon 7 - Phase 14 - 13 Amavasya |
| Creative Work | Amrita Yoga | 444618572 | Rahu 2:06PM - 3:40PM | Amavasya* Until 12:40AM Fri | Ashada-Adi | Devaloka Day | |

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|--------------|------------------------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------------------------|
| ● | Friday, July 25, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukatayam Pushya/Ashlesha* Nakshatra Vajra/Siddhi* Yoga Kintughna* Bava Karana Prathamayam Titau | | | | Kottayam, India Sun 14 Sutra 102 |
| | Kataka Rasi: 10:59 | Tithi 1 | Gulika 7:48AM - 9:23AM Yama 3:40PM - 5:14PM | Pushya Until 3:58PM Vajra* Until 7:25AM Kintughna Until 11:57AM | Ganesh: Orange Muruga: Red Nataraja: Yellow Moon - Blue | Sunrise: 6:14AM Sunset: 6:49PM | Vasavasru 5:127 Moon 7 - Phase 14 - 14 Prathama |
| Routine Work | Marana Yoga | 444618572 | Rahu 10:57AM - 12:31PM | Prathama* Until 11:21PM | Sravana-Adi | Devaloka Day | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 Saturday, July 26, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha/Magha/Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Titau | | | | Kottayam, India Sun 15 Sutra 103 | |
|---------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|------------------|-----------------|-------------------------------------|---------------|
| Kataka Rasi: 24.32 | Tilthi 2 | Gulika 6:14AM - 7:48AM | Ashlesha* Untill 3:40PM | Ganesh: Orange | Sunrise: 6:14AM | | Vasavasu 5:17 |
| | | Yama 2:05PM - 3:40PM | Vyalipala* Untill 4:04AM Sun | Muruga: Red | Sunset: 6:48PM | Moon 7 - Phase 15 - 15 | 3rd Phase |
| Routine Work | Marana Yoga | 444618572 Rahu 9:23AM - 10:57AM | Balava Untill 10:57AM | Nataraja: Yellow | | | |
| Untill 3:40PM | | | Dvitiya Untill 10:40PM | Moon - Blue | | | |
| Then Creative Work | - Amrita Yoga | | | Sravana-Adi | | | Devaloka Day |

| 2 Sunday, July 27, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha/Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tritiyayam Titau | | | | Kottayam, India Sun 16 Sutra 104 | |
|-------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------|-----------------|-------------------------------------|---------------|
| Simha Rasi: 7.44 | Tilthi 3 | Gulika 3:40PM - 5:14PM | Magha* Untill 4:21PM | Ganesh: Clear | Sunrise: 6:14AM | | Vasavasu 5:17 |
| | | Yama 12:31PM - 2:05PM | Varyan Untill 3:12AM Mon | Muruga: Red | Sunset: 6:48PM | Moon 7 - Phase 15 - 12 | 3rd Phase |
| Routine Work | Marana Yoga | 454618572 Rahu 5:14PM - 6:48PM | Talilla Untill 10:36AM | Nataraja: Yellow | | | |
| Untill 4:21PM | | | Tritiya Untill 10:41PM | Moon - Red | | | |
| Then Creative Work | - Siddha Yoga | | | Sravana-Adi | | | Devaloka Day |

| 3 Monday, July 28, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigra* Yoga Vanija/Visi* Karana Chaturthayam Titau | | | | Kottayam, India Sun 17 Sutra 105 | |
|-------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------|-----------------|-------------------------------------|---------------|
| Simha Rasi: 20.35 | Tilthi 4 | Gulika 2:05PM - 3:39PM | Purvaphalguni Untill 5:35PM | Ganesh: Clear | Sunrise: 6:15AM | | Vasavasu 5:17 |
| Family Home Evening | | Yama 10:57AM - 12:31PM | Parigra* Untill 2:54AM Tue | Muruga: Red | Sunset: 6:48PM | Moon 7 - Phase 15 - 17 | 3rd Phase |
| Creative Work | Siddha Yoga | 454618572 Rahu 7:49AM - 9:23AM | Vanija Untill 11:00AM | Nataraja: Yellow | | | |
| | | | Chaturthi* Untill 11:26PM | Moon - Red | | | |
| | | | | Sravana-Adi | | | Devaloka Day |

| 4 Tuesday, July 29, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Pancmayam Titau | | | | Kottayam, India Sun 18 Sutra 106 | |
|--------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|------------------|-----------------|-------------------------------------|---------------|
| Kanya Rasi: 3.05 | Tilthi 5 | Gulika 12:31PM - 2:05PM | Uttaraphalguni Untill 7:20PM | Ganesh: Clear | Sunrise: 6:15AM | | Vasavasu 5:17 |
| | | Yama 9:23AM - 10:57AM | Shiva Untill 3:08AM Wed | Muruga: Red | Sunset: 6:48PM | Moon 7 - Phase 15 - 18 | 3rd Phase |
| Creative Work | Amrita Yoga | 454618572 Rahu 3:39PM - 5:13PM | Bava Untill 12:05PM | Nataraja: Yellow | | | |
| Untill 7:20PM | | | Nag Panchami | Moon - Red | | | |
| Then Creative Work | - Siddha Yoga | | Panchami Untill 12:51AM Wed | Sravana-Adi | | | Devaloka Day |

| 5 Wednesday, July 30, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashthiyam Titau | | | | Kottayam, India Sun 19 Sutra 107 | |
|----------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------|-----------------|-------------------------------------|---------------|
| Kanya Rasi: 15.19 | Tilthi 6 | Gulika 10:57AM - 12:31PM | Hasta Untill 9:57PM | Ganesh: Purple | Sunrise: 6:15AM | | Vasavasu 5:17 |
| | | Yama 7:49AM - 9:23AM | Siddha Untill 3:44AM Thu | Muruga: Red | Sunset: 6:47PM | Moon 7 - Phase 15 - 19 | 3rd Phase |
| Routine Work | Marana Yoga | 464618572 Rahu 12:31PM - 2:05PM | Kaulava Untill 1:47PM | Nataraja: Yellow | | | |
| Untill 9:57PM | | | Shashthi* Untill 2:48AM Thu | Moon - Green | | | |
| Then Creative Work | - Siddha Yoga | | | Sravana-Adi | | | Sivaloka Day |

| 6 Thursday, July 31, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthamam Titau | | | | Kottayam, India Sun 20 Sutra 108 | |
|---------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------|-----------------|-------------------------------------|---------------|
| Kanya Rasi: 27.2 | Tilthi 7 | Gulika 9:23AM - 10:57AM | Chitra Untill 12:46AM Fri | Ganesh: Purple | Sunrise: 6:15AM | | Vasavasu 5:17 |
| | | Yama 6:15AM - 7:49AM | Sadya Untill 4:36AM Fri | Muruga: Red | Sunset: 6:47PM | Moon 7 - Phase 15 - 20 | 3rd Phase |
| Creative Work | Siddha Yoga | 464618572 Rahu 2:05PM - 3:39PM | Gara Untill 3:56PM | Nataraja: Yellow | | | |
| | | | Sapthami Untill 5:04AM Fri | Moon - Green | | | |
| | | | | Sravana-Adi | | | Sivaloka Day |

| Friday, August 1, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visi* Karana Ashtamam Titau | | | | Kottayam, India Sun 21 Sutra 109 | |
|------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------|-----------------|-------------------------------------|---------------|
| Tula Rasi: 9.14 | Tilthi 8 | Gulika 7:49AM - 9:23AM | Svati Untill 3:33AM Sat | Ganesh: Purple | Sunrise: 6:15AM | | Vasavasu 5:17 |
| | | Yama 3:39PM - 5:13PM | Subha Untill 5:33AM Sat | Muruga: Red | Sunset: 6:47PM | Moon 7 - Phase 15 - 21 | Ashtami |
| Creative Work | Siddha Yoga | 464618572 Rahu 10:57AM - 12:31PM | Visi Untill 6:17PM | Nataraja: Yellow | | | |
| | | | Ashtami* Untill 7:27AM Sat | Moon - Green | | | |
| | | | | Sravana-Adi | | | Sivaloka Day |

| Saturday, August 2, 2025 | | Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamam Titau | | | | Kottayam, India Sun 22 Sutra 110 | |
|--------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------|-----------------|-------------------------------------|---------------|
| Tula Rasi: 21.07 | Tilthi 8 - 9 | Gulika 6:15AM - 7:49AM | Vishakha Untill 6:35AM Sun | Ganesh: Clear | Sunrise: 6:15AM | | Vasavasu 5:17 |
| | | Yama 2:05PM - 3:39PM | Sukla Untill 6:24AM Sun | Muruga: Blue | Sunset: 6:47PM | Moon 7 - Phase 15 - 22 | Navami |
| Creative Work | Siddha Yoga | 474628572 Rahu 9:23AM - 10:57AM | Balava Untill 8:38PM | Nataraja: Yellow | | | |
| Untill 6:35AM Sun | | | Ashtami* Untill 7:27AM | Moon - Orange | | | |
| Then Routine Work | - Marana Yoga | | | Sravana-Adi | | | Sivaloka Day |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|---------------------------------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-------------------------|-----------------|-------------------------------------|
| 1 Sunday, August 3, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Suka Pakhe Bharu Varsa Yukityam Vishakha/Anuradha Nakshatra Saka/Brahma Yoga Kaulava/Taila Karana Navami/Dashmyam Titau | | | | Kottayam, India Sun 23 Sutra 111 |
| Wischika Rasi: 3.02 | Tithi 9 – 10 | Gulika 3:39PM – 5:13PM | Vishakha Until 6:35AM | Ganesh: Clear | Sunrise: 6:15AM | Vivarasu 5:27 |
| | | Yama 12:31PM – 2:05PM | Sukla Until 6:24AM | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - 23 |
| Routine Work | Marana Yoga | Rahu 5:13PM – 6:46PM | Taila Until 10:46PM | Nataraja: Yellow | | 4th Phase |
| | | | Navami* Until 9:43AM | Moon – Orange | | Sivaloka Day |
| | | | | Savana-Adi | | |

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|---------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------|-----------------|-------------------------------------|
| 2 Monday, August 4, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Suka Pakhe Indru Varsa Yukityam Anuradha/Jyestha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashmi/Ekadasmyam Titau | | | | Kottayam, India Sun 24 Sutra 112 |
| Wischika Rasi: 15.03 | Tithi 10 – 11 | Gulika 2:05PM – 3:38PM | Anuradha Until 9:11AM | Ganesh: Clear | Sunrise: 6:16AM | Vivarasu 5:27 |
| Family Home Evening | | Yama 10:57AM – 12:31PM | Brahma Until 7:03AM | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - 23 |
| Creative Work | Siddha Yoga | Rahu 7:49AM – 9:23AM | Vanija Until 12:31AM Tue | Nataraja: Yellow | | 4th Phase |
| | | | Dashmi Until 11:41AM | Moon – Orange | | Sivaloka Day |
| | | | | Savana-Adi | | |

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|----------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|-------------------------|-----------------|-------------------------------------|
| 3 Tuesday, August 5, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Suka Pakhe Mangala Varsa Yukityam Jyestha*/Mula* Nakshatra Indra/Vaidhri* Yoga Vasi*/Bava Karana Ekadashi/Dwadashmyam Titau | | | | Kottayam, India Sun 25 Sutra 113 |
| Wischika Rasi: 27.14 | Tithi 11 – 12 | Gulika 12:31PM – 2:04PM | Jyestha* Until 11:11AM | Ganesh: Clear | Sunrise: 6:16AM | Vivarasu 5:27 |
| | | Yama 9:23AM – 10:57AM | Indra Until 7:23AM | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - 25 |
| Routine Work | Marana Yoga | Rahu 3:38PM – 5:12PM | Bava Until 1:46AM Wed | Nataraja: Yellow | | 4th Phase |
| Until 11:11AM | | | Ekadashi Until 1:11PM | Moon – Orange | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Savana-Adi | | |

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|------------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|--------------------------|-----------------|-------------------------------------|
| 4 Wednesday, August 6, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Suka Pakhe Budha Varsa Yukityam Mula*/Purvashadha* Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Troydashmyam Titau | | | | Kottayam, India Sun 26 Sutra 114 |
| Dhanus Rasi: 9.4 | Tithi 12 – 13 | Gulika 10:57AM – 12:31PM | Mula* Until 12:59PM | Ganesh: Yellow | Sunrise: 6:16AM | Vivarasu 5:27 |
| | | Yama 7:49AM – 9:23AM | Vaidhri* Until 7:16AM | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - 26 |
| Routine Work | Marana Yoga | Rahu 12:31PM – 2:04PM | Kaulava Until 2:25AM Thu | Nataraja: Yellow | | 4th Phase |
| Until 12:59PM | | | Dvadashi Until 2:09PM | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Savana-Adi | | |
| | | | | Pradosha Vata | | |

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|-----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|--------------------------|-----------------|-------------------------------------|
| 5 Thursday, August 7, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Suka Pakhe Guru Varsa Yukityam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Pini Yoga Taila/Gara Karana Trayodashi/Chaturdashmyam Titau | | | | Kottayam, India Sun 27 Sutra 115 |
| Dhanus Rasi: 22.2 | Tithi 13 – 14 | Gulika 9:23AM – 10:57AM | Purvashadha* Until 2:02PM | Ganesh: Yellow | Sunrise: 6:16AM | Vivarasu 5:27 |
| | | Yama 6:16AM – 7:49AM | Vishkambha* Until 6:42AM | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - 27 |
| Creative Work | Siddha Yoga | Rahu 2:04PM – 3:38PM | Gara Until 2:28AM Fri | Nataraja: Yellow | | 4th Phase |
| Until 2:02PM | | | Trayodashi Until 2:30PM | Moon – Light Blue | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Savana-Adi | | |

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|-------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|---------------------------|-----------------|-------------------------------------|
| Friday, August 8, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Suka Pakhe Sukra Varsa Yukityam Uttarashadha/Shravana Nakshatra Aayushman Yoga Vanija/Vasi* Karana Chaturdashi/Purnimayam Titau | | | | Kottayam, India Sun 27 Sutra 116 |
| Copper Retreat Star | | Gulika 7:50AM – 9:23AM | Uttarashadha Until 2:21PM | Ganesh: Yellow | Sunrise: 6:16AM | Vivarasu 5:27 |
| Makara Rasi: 5.19 | Tithi 14 – 15 | Yama 3:38PM – 5:11PM | Ayushman Until 4:11AM Sat | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - Purnima |
| Routine Work | Marana Yoga | Rahu 10:57AM – 12:30PM | Vasi Until 1:57AM Sat | Nataraja: Yellow | | |
| | | | Chaturdashi* Until 2:16PM | Moon – Light Blue | | Sivaloka Day |
| | | | | Savana-Adi | | |
| | | | | Varalakshmi Vatham | | |

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|---------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|-----------------|-------------------------------------|
| Saturday, August 9, 2025 | | Vivarasu Nama Samvatsara Dakshinnya Naritana Ritau Kataka Mase Krishna Pakhe Manu Varsa Yukityam Shravana/Dhanusha Nakshatra Saudhgya Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Kottayam, India Sun 28 Sutra 117 |
| Silver Retreat Star | | Gulika 6:16AM – 7:50AM | Shravana Until 2:27PM | Ganesh: Blue | Sunrise: 6:16AM | Vivarasu 5:27 |
| Makara Rasi: 18.35 | Tithi 15 – 16 | Yama 2:04PM – 3:37PM | Saudhgya Until 2:17AM Sun | Muruga: Blue | Sunset: 6:46PM | Moon 7 - Phase 16 - Prathama |
| Creative Work | Siddha Yoga | Rahu 9:23AM – 10:57AM | Balava Until 12:56AM Sun | Nataraja: Yellow | | |
| | | | Purnima* Until 1:29PM | Moon – Purple | | Devaloka Day |
| | | | | Savana-Adi | | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Dhanishtha/Shabdhishtha Nakshatra Siddhanta Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau

Kottayam, India
Sutra 118

Kumbha Rasi: 2.08 Tithi 16 - 17

Gulika
Yama
Rahu

3:37PM - 5:11PM
12:30PM - 2:04PM
5:11PM - 6:44PM

Dhanishtha Until 1:55PM
Sobhana Until 12:04AM Mon
Tailita Until 11:28PM
Prathama* Until 12:14PM

Ganesh: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:44PM
Moon 8 - Phase 17 - 1st Phase

Routine Work Marana Yoga
Until 1:55PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, August 11, 2025

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Shalabhishak/Puravroshthapada* Nakshatra Aihganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India
Sutra 119

Kumbha Rasi: 15.55 Tithi 17 - 18

Gulika
Yama
Rahu

2:03PM - 3:37PM
9:23AM - 10:56AM
7:50AM - 9:23AM

Shalabhishak Until 12:52PM
Aihganda* Until 9:33PM
Vanija Until 9:41PM
Dvitiya Until 10:36AM

Ganesh: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:44PM
Moon 8 - Phase 17 - 1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 12:52PM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, August 12, 2025

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam
Puravroshthapada*Uttaravroshthapada Nakshatra Sukama Yoga Visi*/Bava Karana Tritiya/Chaturthayam Titau

Kottayam, India
Sutra 120

Kumbha Rasi: 29.53 Tithi 18 - 19

Gulika
Yama
Rahu

12:30PM - 2:03PM
9:23AM - 10:56AM
3:37PM - 5:10PM

Puravroshthapada* Until 11:51AM
Sukama Until 6:51PM
Bava Until 7:40PM
Tritiya Until 8:41AM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:43PM
Moon 8 - Phase 17 - 2 1st Phase

Routine Work Marana Yoga
Until 11:51AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Wednesday, August 13, 2025

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam
Uttaravroshthapada*Uttaravroshthapada Dhrivi/Shula* Yoga Balava/Tailita Karana Chaturthi/Panchamyam Titau

Kottayam, India
Sutra 121

Mesha Rasi: 14 Tithi 19 - 20

Gulika
Yama
Rahu

10:56AM - 12:30PM
9:23AM - 9:23AM
12:30PM - 2:03PM

Uttaravroshthapada Until 10:30AM
Dhrivi Until 4:03PM
Tailita Until 4:21AM Thu
Chaturthi* Until 6:34AM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:43PM
Moon 8 - Phase 17 - 3 1st Phase

Creative Work Siddha Yoga
Until 10:30AM
Then Routine Work - Marana Yoga

Sivaloka Day

Thursday, August 14, 2025

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Kottayam, India
Sutra 122

Mesha Rasi: 28.11 Tithi 21

Gulika
Yama
Rahu

9:23AM - 10:56AM
6:16AM - 7:50AM
2:03PM - 3:36PM

Revati Until 8:54AM
Shula* Until 1:08PM
Gara Until 3:14PM
Shashthi* Until 2:05AM Fri

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:43PM
Moon 8 - Phase 17 - 4 1st Phase

Creative Work Siddha Yoga
Until 8:54AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Friday, August 15, 2025

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vidhi/Yoga Visi*/Bava Karana Saptamyam Titau

Kottayam, India
Sutra 123

Mesha Rasi: 12.25 Tithi 22

Gulika
Yama
Rahu

7:50AM - 9:23AM
3:36PM - 5:09PM
10:56AM - 12:29PM

Ashvini Until 7:33AM
Ganda* Until 10:13AM
Visi Until 12:57PM
Saptami Until 11:48PM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:43PM
Moon 8 - Phase 17 - 5 1st Phase

Creative Work Amrita Yoga
Until 7:33AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Saturday, August 16, 2025

Visavasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India
Sutra 124

Mesha Rasi: 26.37 Tithi 23

Gulika
Yama
Rahu

6:16AM - 7:50AM
2:02PM - 3:35PM
9:23AM - 10:56AM

Bharani Until 6:04AM
Vridhhi Until 7:20AM
Balava Until 10:42AM
Ashtami* Until 9:35PM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Sunrise: 6:16AM
Sunset: 6:43PM
Moon 8 - Phase 17 - 6 Ashtami

Creative Work Siddha Yoga
Until 6:04AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Sunday, August 17, 2025

Visavasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Tailita/Gara Karana Navamyam Titau

Kottayam, India
Sutra 125

Wisshabha Rasi: 10.47 Tithi 24

Gulika
Yama
Rahu

3:35PM - 5:08PM
12:29PM - 2:02PM
5:08PM - 6:41PM

Rohini Until 3:19AM Mon
Vyaghata* Until 1:41AM Mon
Tailita Until 8:31AM
Navam* Until 7:27PM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Yellow
Savana-Avani

Sunrise: 6:16AM
Sunset: 6:41PM
Moon 8 - Phase 17 - 7 Navami

Creative Work Siddha Yoga
Until 3:19AM Mon
Then Creative Work - Amrita Yoga

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|---------------------------------------------------------------------------------------------------------|--------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| 1 | Monday, August 18, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Vanja/Bava Karana Dashami/Ekadashtyam Tilau | | | Kottayam, India Sun 8 Sutra 126 |
| | Wishaba Rasi: 24.53 | TITHI 25 – 26 | Gulika Yama 2:02PM – 3:35PM 10:56AM – 12:29PM | Mrigashira Until 2:08AM Tue Harshana Until 11:02PM Vanija Until 6:26AM | Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow Srivana-Avani | Sunrise: 6:16AM Sunset: 6:41PM Moon 8 - Phase 18 - 8 2nd Phase |
| Family Home Evening Creative Work Amrita Yoga Until 2:08AM Tue Then Routine Work - Marana Yoga | | | 536728572 Rahu 7:49AM - 9:23AM | | | Sivaloka Day |

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|----------------------------------------------------------------------------------|---------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| 2 | Tuesday, August 19, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Mangala Vasara Yuktayam Andra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau | | | Kottayam, India Sun 9 Sutra 127 |
| | Mithuna Rasi: 8.54 | TITHI 26 – 27 | Gulika Yama 12:28PM – 2:01PM 9:22AM – 10:55AM | Andra Until 1:01AM Wed Vajra* Until 8:31PM Kaulava Until 2:48AM Wed Ekadashi* Until 3:36PM | Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Yellow Srivana-Avani | Sunrise: 6:16AM Sunset: 6:40PM Moon 8 - Phase 18 - 9 2nd Phase |
| Routine Work Marana Yoga Until 1:01AM Wed Then Creative Work - Siddha Yoga | | | 536728572 Rahu 3:34PM - 5:07PM | | | Sivaloka Day |

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|-----------------------------------------------------------------------------------|-----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| 3 | Wednesday, August 20, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau | | | Kottayam, India Sun 10 Sutra 128 |
| | Mithuna Rasi: 22.46 | TITHI 27 – 28 | Gulika Yama 10:55AM – 12:28PM 7:49AM – 9:22AM | Punarvasu Until 12:28AM Thu Siddhi Until 6:14PM Gara Until 1:22AM Thu Dvadashi* Until 2:01PM | Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue Srivana-Avani | Sunrise: 6:16AM Sunset: 6:40PM Moon 8 - Phase 18 - 10 2nd Phase |
| Creative Work Siddha Yoga Until 12:28AM Thu Then Routine Work - Amrita Yoga | | | 546728572 Rahu 12:28PM - 2:01PM | | | Devaloka Day |
| <i>Pradosha Uata (Fasting)</i> | | | | | | |

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| 4 | Thursday, August 21, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Guru Vasara Yuktayam Pushya Nakshatra Vyatipala* Varyan Yoga Vanja/Vihl* Karana Trayodashi/Chaturdashyam Tilau | | | Kottayam, India Sun 11 Sutra 129 |
| | Kataka Rasi: 6.28 | TITHI 28 – 29 | Gulika Yama 9:22AM – 10:55AM 6:16AM – 7:49AM | Pushya Until 12:07AM Fri Vyatipala* Until 4:14PM Vistil Until 12:18AM Fri Trayodashi* Until 12:45PM | Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue Srivana-Avani | Sunrise: 6:16AM Sunset: 6:39PM Moon 8 - Phase 18 - 11 2nd Phase |
| Creative Work Amrita Yoga Until 12:07AM Fri Then Routine Work - Marana Yoga | | | 546728572 Rahu 2:01PM - 3:34PM | | | Devaloka Day |

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|-----------------------------------------------------------------------------------|--------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| ● | Friday, August 22, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Pakshi Sukra Vasara Yuktayam Ashlesha* Nakshatra Varyan/Parigha* Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyam Tilau | | | Kottayam, India Sun 12 Sutra 130 |
| | Kataka Rasi: 19.56 | TITHI 29 – 30 | Gulika Yama 7:49AM – 9:22AM 3:33PM – 5:06PM | Ashlesha* Until 12:04AM Sat Varyan Until 2:32PM Caluspada Until 11:41PM Chaturdashi* Until 11:55AM | Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Blue Srivana-Avani | Sunrise: 6:16AM Sunset: 6:39PM Moon 8 - Phase 18 - 12 Amavasya |
| Routine Work Marana Yoga Until 12:04AM Sat Then Creative Work - Amrita Yoga | | | 546728572 Rahu 10:55AM - 12:28PM | | | Devaloka Day |

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|------------------------------------------------------------------------------------|----------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| ● | Saturday, August 23, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukra Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau | | | Kottayam, India Sun 13 Sutra 131 |
| | Simha Rasi: 3.08 | TITHI 30 – 1 | Gulika Yama 6:16AM – 7:49AM 2:00PM – 3:33PM | Magha* Until 12:51AM Sun Parigha* Until 1:16PM Kintughna Until 11:36PM Amavasya* Until 11:33AM | Ganesh: Purple Muruga: Blue Nataraja: Yellow Moon – Red Bhadrapada-Avani | Sunrise: 6:16AM Sunset: 6:39PM Moon 8 - Phase 18 - 13 Prathama |
| Creative Work Amrita Yoga Until 12:51AM Sun Then Creative Work - Siddha Yoga | | | 557728572 Rahu 9:22AM - 10:55AM | | | Devaloka Day |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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| 1 Sunday, August 24, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Parvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau | | Kottayam, India Sun 14 Sutra 132 | |
|---------------------------|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|----------------------------------------|------------------------|
| Simha Rasi: 16.04 | Tilthi 1 - 2 | Gulika 3:33PM - 5:05PM | Purvaphalguni Untill 2:03AM Mon 3:27PM - 2:00PM | Ganesha: Purple Sunrise: 6:16AM | Vasava: 5:17 |
| 57772572 | Rahu 5:05PM - 6:38PM | Shiva Untill 12:27PM | Balava Untill 12:07AM Mon | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 12 |
| Creative Work | Siddha Yoga | Prathama* Untill 11:46AM | | Nataraja: Yellow | 3rd Phase |
| | | | | Moon - Red Bhadrapada-Avani | Devaloka Day |

| 2 Monday, August 25, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvityaam/Tritiyayam Tilau | | Kottayam, India Sun 15 Sutra 133 | |
|---------------------------|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------|------------------------|
| Simha Rasi: 28.43 | Tilthi 2 - 3 | Gulika 2:00PM - 3:32PM | Uttaraphalguni Untill 3:40AM Tue 10:54AM - 12:27PM | Ganesha: Purple Sunrise: 6:16AM | Vasava: 5:17 |
| 57772572 | Rahu 7:49AM - 9:22AM | Siddha Untill 12:04PM | Taila Untill 1:12AM Tue | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 15 |
| Family Home Evening | Siddha Yoga | Dvitiya Untill 12:34PM | | Nataraja: Yellow | 3rd Phase |
| Creative Work | Siddha Yoga | | | Moon - Red Bhadrapada-Avani | Devaloka Day |

| 3 Tuesday, August 26, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau | | Kottayam, India Sun 16 Sutra 134 | |
|----------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|--------------------------------------------|------------------------|
| Kanya Rasi: 11.06 | Tilthi 3 - 4 | Gulika 12:27PM - 1:59PM | Hasla Untill 6:07AM Wed 9:21AM - 10:54AM | Ganesha: Light Blue Sunrise: 6:16AM | Vasava: 5:17 |
| 56772572 | Rahu 3:32PM - 5:04PM | Sadha Untill 12:09PM | Vanija Untill 2:51AM Wed | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 16 |
| Creative Work | Siddha Yoga | Tritiya Untill 1:57PM | | Nataraja: Yellow | 3rd Phase |
| | | | | Moon - Green Bhadrapada-Avani | Devaloka Day |

| 4 Wednesday, August 27, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sadha/Sadha Yoga Vasi/Vava Karana Chaturthi/Panchamiam Tilau | | Kottayam, India Sun 17 Sutra 135 | |
|----------------------------------|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|--------------------------------------------|------------------------|
| Kanya Rasi: 23.16 | Tilthi 4 - 5 | Gulika 10:54AM - 12:26PM | Hasla Untill 6:07AM 7:49AM - 9:21AM | Ganesha: Light Blue Sunrise: 6:16AM | Vasava: 5:17 |
| 56772572 | Rahu 12:26PM - 1:59PM | Subha Untill 12:38PM | Bava Untill 4:54AM Thu | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 17 |
| Routine Work | Marana Yoga | Ganesha Chaturthi | | Nataraja: Yellow | 3rd Phase |
| Untill 6:07AM | | | Chaturthi* Untill 3:49PM | Moon - Green Bhadrapada-Avani | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | |

| 5 Thursday, August 28, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Balava Karana Panchamiam Tilau | | Kottayam, India Sun 18 Sutra 136 | |
|----------------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|--------------------------------------------|------------------------|
| Tula Rasi: 5.16 | Tilthi 5 | Gulika 9:21AM - 10:54AM | Chitra Untill 8:47AM 6:16AM - 7:49AM | Ganesha: Light Blue Sunrise: 6:16AM | Vasava: 5:17 |
| 56772573 | Rahu 1:59PM - 3:31PM | Sukla Untill 1:21PM | Balava Untill 6:02PM | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 18 |
| Creative Work | Siddha Yoga | Panchami Untill 6:02PM | | Nataraja: White | 3rd Phase |
| Untill 8:47AM | | | | Moon - Green Bhadrapada-Avani | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | | |

| 6 Friday, August 29, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Taila Karana Sapthamiam Tilau | | Kottayam, India Sun 19 Sutra 137 | |
|---------------------------|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|----------------------------------------|------------------------|
| Tula Rasi: 17.1 | Tilthi 6 | Gulika 7:49AM - 9:21AM | Svati Untill 11:31AM 3:31PM - 5:03PM | Ganesha: Purple Sunrise: 6:16AM | Vasava: 5:17 |
| 56872573 | Rahu 10:53AM - 12:26PM | Brahma Untill 2:15PM | Kaulava Untill 7:14AM | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 19 |
| Creative Work | Siddha Yoga | Shashthi* Untill 8:25PM | | Nataraja: White | 3rd Phase |
| | | | | Moon - Green Bhadrapada-Avani | Sivaloka Day |

| Saturday, August 30, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra/Vaidhri* Yoga Gara/Vanija Karana Sapthamiam Tilau | | Kottayam, India Sun 20 Sutra 138 | |
|---------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------|---------------------------|
| Retreat Star | | Gulika 6:16AM - 7:48AM | Vishakha Untill 2:38PM 1:58PM - 3:30PM | Ganesha: Clear Sunrise: 6:16AM | Vasava: 5:17 |
| Tula Rasi: 29.02 | Tilthi 7 | 57872573 | Rahu 9:21AM - 10:53AM | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 20 |
| Creative Work | Siddha Yoga | | Gara Untill 9:39AM | Nataraja: White | 3rd Phase |
| | | | Saptami Untill 10:47PM | Moon - Orange Bhadrapada-Avani | Subha Sivaloka Day |

| Sunday, August 31, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhri/Vishkambha* Yoga Vasi/Vava Karana Ashtamiam Tilau | | Kottayam, India Sun 21 Sutra 139 | |
|-------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|---------------------------------------|---------------------------|
| Retreat Star | | Gulika 3:30PM - 5:02PM | Anuradha Untill 5:25PM 12:25PM - 1:57PM | Ganesha: Clear Sunrise: 6:16AM | Vasava: 5:17 |
| Wishika Rasi: 10.57 | Tilthi 8 | 57872573 | Rahu 5:02PM - 6:34PM | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 21 |
| Routine Work | Marana Yoga | | Visi Untill 11:55AM | Nataraja: White | Ashtami |
| | | | Ashthami* Untill 12:56AM Mon | Moon - Orange Bhadrapada-Avani | Subha Sivaloka Day |

| Monday, September 1, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*Prithi Yoga Balava/Kaulava Karana Navamiam Tilau | | Kottayam, India Sun 22 Sutra 140 | |
|---------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|---------------------------------------|---------------------------|
| Retreat Star | | Gulika 1:57PM - 3:29PM | Jyeshtha* Untill 7:42PM 10:53AM - 12:25PM | Ganesha: Clear Sunrise: 6:16AM | Vasava: 5:17 |
| Wishika Rasi: 22.58 | Tilthi 9 | 57872573 | Rahu 7:48AM - 9:20AM | Muruga: Blue Sunset: 6:38PM | Moon 8 - Phase 19 - 22 |
| Family Home Evening | Siddha Yoga | | Balava Untill 1:53PM | Nataraja: White | Navami |
| Creative Work | Siddha Yoga | | Navami* Untill 2:40AM Tue | Moon - Orange Bhadrapada-Avani | Subha Sivaloka Day |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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|-------------------------------------------------------------------------------|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| 1 Tuesday, September 2, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Mangala Vasara Yuktiyam Mula* Nakshatra Pithi/Ayushman Yoga Talila/Gara Karana Dashamyam Tilau | | | | Kottayam, India Sun 23 Sutra 141 |
| Dhanus Rasi: 5.1 | Tithi 10 | Gulika 12:25PM - 1:57PM | Mula* Until 9:48PM | Ganesh: White Muruga: Blue Nataraja: White Moon - Light Blue | Sunrise: 6:16AM Sunset: 6:28PM | Vasavasu 5:27 Moon 8 - Phase 20 - 23 4th Phase |
| 58872573 | Rahu 3:29PM - 5:01PM | | Pithi Until 4:37PM Tailila Until 3:22PM Dashami Until 3:51AM Wed | Sivaloka Day Bhadrapada-Avani | | |
| Creative Work Amrita Yoga Until 9:48PM Then Creative Work - Siddha Yoga | | | | | | |

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|---------------------------------------|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| 2 Wednesday, September 3, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Bauha Vasara Yuktiyam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Tilau | | | | Kottayam, India Sun 24 Sutra 142 |
| Dhanus Rasi: 17.36 | Tithi 11 | Gulika 10:52AM - 12:24PM | Purvashadha* Until 11:07PM | Ganesh: White Muruga: Blue Nataraja: White Moon - Light Blue | Sunrise: 6:16AM Sunset: 6:28PM | Vasavasu 5:27 Moon 8 - Phase 20 - 24 4th Phase |
| 58872573 | Rahu 12:24PM - 1:56PM | | Ayushman Until 4:15PM Vanija Until 4:13PM Ekadashi Until 4:22AM Thu | Sivaloka Day Bhadrapada-Avani | | |
| Creative Work Amrita Yoga | | | | | | |

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|-------------------------------------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| 3 Thursday, September 4, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Guru Vasara Yuktiyam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Tilau | | | | Kottayam, India Sun 25 Sutra 143 |
| Makara Rasi: 0.2 | Tithi 12 | Gulika 9:20AM - 10:52AM | Uttarashadha Until 11:36PM | Ganesh: Green Muruga: Blue Nataraja: White Moon - Light Blue | Sunrise: 6:16AM Sunset: 6:28PM | Vasavasu 5:27 Moon 8 - Phase 20 - 25 4th Phase |
| 58882573 | Rahu 1:56PM - 3:28PM | | Saubhagya Until 3:22PM Bava Until 4:23PM Dvadashti Until 4:10AM Fri | Sivaloka Day Bhadrapada-Avani | | |
| Routine Work Marana Yoga Until 11:36PM Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Friday, September 5, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Tailila Karana Trayodashyam Tilau | | | | Kottayam, India Sun 26 Sutra 144 |
| Makara Rasi: 13.26 | Tithi 13 | Gulika 7:48AM - 9:20AM | Shravana Until 11:41PM | Ganesh: Yellow Muruga: Blue Nataraja: White Moon - Purple | Sunrise: 6:16AM Sunset: 6:31PM | Vasavasu 5:27 Moon 8 - Phase 20 - 26 4th Phase |
| 59982573 | Rahu 10:52AM - 12:24PM | | Sobhana Until 1:55PM Kaulava Until 3:50PM Trayodashi Until 3:17AM Sat | Subha Sivaloka Day Bhadrapada-Avani | | |
| Routine Work Marana Yoga Until 11:41PM Then Creative Work - Siddha Yoga | | <i>Pradosha Vata</i> | | | | |

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| 5 Saturday, September 6, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Manta Vasara Yuktiyam Dhanishtha Nakshatra Atthiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Tilau | | | | Kottayam, India Sun 27 Sutra 145 |
| Makara Rasi: 26.54 | Tithi 14 | Gulika 6:16AM - 7:47AM | Dhanishtha Until 10:59PM | Ganesh: Yellow Muruga: Blue Nataraja: White Moon - Purple | Sunrise: 6:16AM Sunset: 6:31PM | Vasavasu 5:27 Moon 8 - Phase 20 - 27 4th Phase |
| 59982573 | Rahu 9:19AM - 10:51AM | | Atthiganda* Until 11:54AM Gara Until 2:37PM Chaturdash* Until 1:45AM Sun | Subha Sivaloka Day Bhadrapada-Avani | | |
| Creative Work Siddha Yoga Until 10:59PM Then Creative Work - Amrita Yoga | | Chidambaram Abhishekam | | | | |

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| ○ Sunday, September 7, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Paksho Bhanu Vasara Yuktiyam Shatabhishak Nakshatra Sukarma/Dhriil* Yoga Vasi*/Bava Karana Purnimayam Tilau | | | | Kottayam, India Sun 27 Sutra 146 |
| Copper Retreat Star | | Gulika 3:27PM - 4:58PM | Shatabhishak Until 9:36PM | Ganesh: Yellow Muruga: Blue Nataraja: White Moon - Purple | Sunrise: 6:15AM Sunset: 6:30PM | Vasavasu 5:27 Moon 8 - Phase 20 - Purnima |
| 59982573 | Rahu 4:58PM - 6:30PM | | Sukarma Until 9:25AM Visi Until 12:48PM Purnima* Until 11:42PM | Subha Sivaloka Day Bhadrapada-Avani | | |
| Creative Work Siddha Yoga | | Grandparent's Day | | | | |

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| Monday, September 8, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Indu Vasara Yuktiyam Purvaproshtapada* Nakshatra Dhriil*/Shula* Yoga Balava/Kaulava Karana Prathamayam Tilau | | | | Kottayam, India Sun 28 Sutra 147 |
| Silver Retreat Star | | Gulika 1:54PM - 3:26PM | Purvaproshtapada* Until 8:04PM | Ganesh: Yellow Muruga: Blue Nataraja: White Moon - Clear | Sunrise: 6:15AM Sunset: 6:30PM | Vasavasu 5:27 Moon 8 - Phase 20 - Prathama |
| 51982573 | Rahu 7:47AM - 9:19AM | | Dhriil Until 6:33AM Balava Until 10:32AM Prathama* Until 9:15PM | Subha Sivaloka Day Bhadrapada-Avani | | |
| Kumbha Rasi: 24.54 Family Home Evening Routine Work Marana Yoga Until 8:04PM Then Creative Work - Siddha Yoga | | | | | | |

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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**Tuesday, September 9, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosrhhapada Nakshatra Ganda* Yoga Talila/Gara Karana Dvityayam TitauKottayam, India
Sun 1
Sutra 148

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|--------------------|-------------|-----------------------|---------------------------------------------|----------------------------------------------------------------|----------------------------------------|-------------------------------------------------|--------------------------------------|
| Meena Rasi: 9.19 | Tithi 17 | Gulika Yama | 12:22PM - 1:54PM 9:19AM - 10:50AM | Uttaraprosrhhapada Until 6:08PM Ganda* Until 11:58PM | Ganesha: Yellow Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 1st Phase |
| Creative Work | Amrita Yoga | 519828573 | Rahu 3:26PM - 4:57PM | Tailila Until 7:55AM Dvitiya Until 6:30PM | Nataraja: White Moon - Clear | Subha Sivaloka Day Bhadrapada-Avani | |
| Until 6:08PM | | | | | | | |
| Then Creative Work | Siddha Yoga | | | | | | |

1**Wednesday, September 10, 2025**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Budha Vasara Yukatayam
Ashvini/Ashvini Nakshatra Viddhi Viddhi Viddhi/Bava Karana Tritya/Chaturthayam TitauKottayam, India
Sun 2
Sutra 149

| | | | | | | | |
|-------------------|---------------|-----------------------|---------------------------------------------|---------------------------------------------------|----------------------------------------|-------------------------------------------------|----------------------------------------|
| Meena Rasi: 23.52 | Tithi 18 - 19 | Gulika Yama | 10:50AM - 12:22PM 7:47AM - 9:19AM | Revati Until 3:54PM Viddhi Until 8:31PM | Ganesha: Yellow Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 2 1st Phase |
| Routine Work | Marana Yoga | 519828573 | Rahu 12:22PM - 1:53PM | Bava Until 2:12AM Thu Tritya Until 3:38PM | Nataraja: White Moon - Clear | Subha Sivaloka Day Bhadrapada-Avani | |
| | | | | | | | |

2**Thursday, September 11, 2025**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Guru Vasara Yukatayam
Ashvini/Bharani Nakshatra Dhruva/Vyagata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam TitauKottayam, India
Sun 3
Sutra 150

| | | | | | | | |
|--------------------|---------------|-----------------------|--------------------------------------------|----------------------------------------------------|---------------------------------------|-------------------------------------------------|----------------------------------------|
| Meena Rasi: 8.29 | Tithi 19 - 20 | Gulika Yama | 9:18AM - 10:50AM 6:15AM - 7:47AM | Ashvini Until 1:56PM Dhruva Until 5:02PM | Ganesha: White Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 3 1st Phase |
| Creative Work | Amrita Yoga | 529828573 | Rahu 1:53PM - 3:25PM | Kaulava Until 11:21PM Chaturthi* Until 12:45PM | Nataraja: White Moon - White | Sivaloka Day Bhadrapada-Avani | |
| Until 1:56PM | | | | | | | |
| Then Creative Work | Siddha Yoga | | | | | | |

3**Friday, September 12, 2025**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Sukra Vasara Yukatayam
Bharani/Kritika Nakshatra Vyagata*/Harshana Yoga Talila/Gara Karana Panchami/Shashthiyam TitauKottayam, India
Sun 4
Sutra 151

| | | | | | | | |
|-------------------|---------------|-----------------------|-------------------------------------------|-------------------------------------------------------|--------------------------------------|-------------------------------------------------|----------------------------------------|
| Meena Rasi: 23.04 | Tithi 20 - 21 | Gulika Yama | 7:47AM - 9:18AM 3:24PM - 4:56PM | Bharani Until 11:56AM Vyagata* Until 1:41PM | Ganesha: Blue Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 4 1st Phase |
| Creative Work | Siddha Yoga | 521828573 | Rahu 10:50AM - 12:21PM | Gara Until 8:39PM Panchami Until 9:57AM | Nataraja: White Moon - White | Sivaloka Day Bhadrapada-Avani | |
| | | | | | | | |

4**Saturday, September 13, 2025**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Mani Vasara Yukatayam
Kritika/Rohini Nakshatra Harshana/Vajra* Yoga Vanju/Vel* Karana Shashthi/Saptamam TitauKottayam, India
Sun 5
Sutra 152

| | | | | | | | |
|--------------------|---------------|-----------------------|-------------------------------------------|--------------------------------------------------------|--------------------------------------|-------------------------------------------------|----------------------------------------|
| Wishabha Rasi: 7.3 | Tithi 21 - 22 | Gulika Yama | 6:15AM - 7:46AM 1:52PM - 3:24PM | Kritika Until 10:01AM Harshana Until 10:31AM | Ganesha: Blue Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 5 1st Phase |
| Creative Work | Amrita Yoga | 521828573 | Rahu 9:18AM - 10:49AM | Visli Until 6:12PM Shashthi* Until 7:22AM | Nataraja: White Moon - White | Sivaloka Day Bhadrapada-Avani | |
| | | | | | | | |

5**Sunday, September 14, 2025****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yukatayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Aachamam TitauKottayam, India
Sun 6
Sutra 153

| | | | | | | | |
|----------------------|-------------|-----------------------|--------------------------------------------|---------------------------------------------------|-------------------------------------|-------------------------------------------------|--------------------------------------|
| Wishabha Rasi: 21.45 | Tithi 23 | Gulika Yama | 3:23PM - 4:55PM 12:20PM - 1:52PM | Rohini Until 8:40AM Vajra* Until 7:34AM | Ganesha: Red Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 6 Ashtami |
| Creative Work | Siddha Yoga | 531828573 | Rahu 4:55PM - 6:26PM | Balava Until 4:04PM Ashtami* Until 3:07AM Mon | Nataraja: White Moon - Yellow | Subha Sivaloka Day Bhadrapada-Avani | |
| | | | | | | | |

Monday, September 15, 2025**Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Indu Vasara Yukatayam
Mrigashira/Andra Nakshatra Vyalipala* Yoga Talila/Gara Karana Navamam TitauKottayam, India
Sun 7
Sutra 154

| | | | | | | | |
|---------------------|-------------|-----------------------|---------------------------------------------|---------------------------------------------------------------|-------------------------------------|-------------------------------------------------|-------------------------------------|
| Mithuna Rasi: 5.46 | Tithi 24 | Gulika Yama | 1:51PM - 3:23PM 10:49AM - 12:20PM | Mrigashira Until 7:31AM Vyalipala* Until 2:35AM Tue | Ganesha: Red Muruga: Blue | Sunrise: 6:15AM Sunset: 6:29PM | Moon 9 - Phase 21 - 7 Navami |
| Family Home Evening | Amrita Yoga | 531828573 | Rahu 7:46AM - 9:17AM | Tailila Until 2:18PM Navami* Until 1:33AM Tue | Nataraja: White Moon - Yellow | Subha Sivaloka Day Bhadrapada-Avani | |
| Until 7:31AM | | | | | | | |
| Then Creative Work | Siddha Yoga | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 Tuesday, September 16, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksho Mangala Vasara Yukatayam | | | | Kottayam, India |
|-----------------------------------------|----------|----------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|-----------------|---------------------------|
| | | Ardra/Punvasu Nakshatra Varjyan Yoga Vanja/Vashti Karana Dashantayam Titau | | | | Sun 8 Sutra 155 |
| Mithuna Rasi: 19.33 | Tithi 25 | Gulika 12:20PM – 1:51PM | Ardra Until 6:38AM | Ganesh: Red | Sunrise: 6:15AM | Vasavasru 5:127 |
| | | Yama 9:17AM – 10:48AM | Varjyan Until 12:34AM Wed | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 8 |
| Routine Work Marana Yoga | | Rahu 3:22PM – 4:54PM | Vanija Until 12:56PM | Nataraja: White | | 2nd Phase |
| Until 6:38AM | | | Dashami Until 12:24AM Wed | Moon - Yellow | | |
| Then Creative Work - Siddha Yoga | | | | Bhadrapada-Avani | | Subha Sivaloka Day |

| 2 Wednesday, September 17, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Budha Vasara Yukatayam | | | | Kottayam, India |
|----------------------------------|----------|--------------------------------------------------------------------------------------------------|--------------------------------|----------------------------|-----------------|-----------------------|
| | | Punarvasu/Pushya Nakshatra Parigha Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 156 |
| Kalkata Rasi: 3.05 | Tithi 26 | Gulika 10:48AM – 12:19PM | Punarvasu Until 6:26AM | Ganesh: Green | Sunrise: 6:15AM | Vasavasru 5:127 |
| | | Yama 7:46AM – 9:17AM | Parigha* Until 10:54PM | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 9 |
| Creative Work Siddha Yoga | | Rahu 12:19PM – 1:51PM | Bava Until 12:00PM | Nataraja: White | | 2nd Phase |
| | | | Ekadashi* Until 11:41PM | Moon - Blue | | |
| | | | | Bhadrapada-Puratasi | | Sivaloka Day |

| 3 Thursday, September 18, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Guru Vasara Yukatayam | | | | Kottayam, India |
|-----------------------------------------|----------|-------------------------------------------------------------------------------------------------|---------------------------------|----------------------------|-----------------|------------------------|
| | | Shiva/Ashlesha* Nakshatra Shiva Yoga Kaulava/Taila Karana Dvadashtyam Titau | | | | Sun 10 Sutra 157 |
| Kalkata Rasi: 16.22 | Tithi 27 | Gulika 9:17AM – 10:48AM | Pushya Until 6:32AM | Ganesh: Green | Sunrise: 6:14AM | Vasavasru 5:127 |
| | | Yama 6:14AM – 7:46AM | Shiva Until 9:37PM | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 10 |
| Creative Work Amrita Yoga | | Rahu 1:50PM – 3:21PM | Kaulava Until 11:30AM | Nataraja: White | | 2nd Phase |
| Until 6:32AM | | | Dvadashti* Until 11:24PM | Moon - Blue | | |
| Then Creative Work - Siddha Yoga | | | | Bhadrapada-Puratasi | | Sivaloka Day |

| 4 Friday, September 19, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Sukra Vasara Yukatayam | | | | Kottayam, India |
|---------------------------------|----------|--------------------------------------------------------------------------------------------------|----------------------------------|----------------------------|-----------------|------------------------|
| | | Ashlesha/Magha* Nakshatra Siddha Yoga Gara/Vanja Karana Trayodashyam Titau | | | | Sun 11 Sutra 158 |
| Kalkata Rasi: 29.25 | Tithi 28 | Gulika 7:45AM – 9:16AM | Ashlesha* Until 6:55AM | Ganesh: Green | Sunrise: 6:14AM | Vasavasru 5:127 |
| | | Yama 3:21PM – 4:52PM | Siddha Until 8:39PM | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 11 |
| Routine Work Marana Yoga | | Rahu 10:48AM – 12:19PM | Gara Until 11:28AM | Nataraja: White | | 2nd Phase |
| | | | Trayodashi* Until 11:36PM | Moon - Blue | | |
| | | | | Bhadrapada-Puratasi | | Sivaloka Day |

Pradosha Vata (Fasting)

| 5 Saturday, September 20, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Mani Vasara Yukatayam | | | | Kottayam, India |
|-----------------------------------------|----------|-------------------------------------------------------------------------------------------------|---------------------------------------|----------------------------|-----------------|------------------------|
| | | Magha/Purvaphalguni Nakshatra Sadhya Yoga Visi/Sakuni* Karana Chaturdashyam Titau | | | | Sun 12 Sutra 159 |
| Simha Rasi: 12.14 | Tithi 29 | Gulika 6:14AM – 7:45AM | Magha* Until 8:04AM | Ganesh: White | Sunrise: 6:14AM | Vasavasru 5:127 |
| | | Yama 1:49PM – 3:20PM | Sadya Until 8:04PM | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 12 |
| Creative Work Amrita Yoga | | Rahu 9:16AM – 10:47AM | Visi Until 11:54AM | Nataraja: White | | 2nd Phase |
| Until 8:04AM | | | Chaturdashi* Until 12:16AM Sun | Moon - Red | | |
| Then Creative Work - Siddha Yoga | | | | Bhadrapada-Puratasi | | Sivaloka Day |

| ● Sunday, September 21, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Krishna Paksho Bharu Vasara Yukatayam | | | | Kottayam, India |
|-----------------------------------------|----------|--------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------|-----------------|------------------------|
| Retreat Star | | Purvaphalguni/Hasta Nakshatra Subha Yoga Cataspada/Naga* Karana Amavasyayam Titau | | | | Sun 13 Sutra 160 |
| Simha Rasi: 24.5 | Tithi 30 | Gulika 3:20PM – 4:51PM | Purvaphalguni Until 9:30AM | Ganesh: White | Sunrise: 6:14AM | Vasavasru 5:127 |
| | | Yama 12:18PM – 1:49PM | Subha Until 7:52PM | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 13 |
| Creative Work Siddha Yoga | | Rahu 4:51PM – 6:22PM | Cataspada Until 12:47PM | Nataraja: White | | Amavasya |
| Until 9:30AM | | | Amavasya* Until 1:23AM Mon | Moon - Red | | |
| Then Creative Work - Amrita Yoga | | Mahalaya Amavasya (Tamil Nadu) | | Bhadrapada-Puratasi | | Sivaloka Day |

| Monday, September 22, 2025 | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mese Sukla Paksho Indu Vasara Yukatayam | | | | Kottayam, India |
|----------------------------------|---------|-----------------------------------------------------------------------------------------------|-------------------------------------|-------------------------|-----------------|------------------------|
| Retreat Star | | Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam Titau | | | | Sun 14 Sutra 161 |
| Kanya Rasi: 7.14 | Tithi 1 | Gulika 1:48PM – 3:19PM | Uttaraphalguni Until 11:14AM | Ganesh: White | Sunrise: 6:14AM | Vasavasru 5:127 |
| | | Yama 10:47AM – 12:18PM | Sukla Until 7:59PM | Muruga: Blue | Sunset: 6:29PM | Moon 9 - Phase 22 - 14 |
| Family Home Evening | | Rahu 7:45AM – 9:16AM | Kintughna Until 2:09PM | Nataraja: White | | Prathama |
| Creative Work Siddha Yoga | | | | Moon - Red | | |
| | | Navaratri Begins | Prathama* Until 2:58AM Tue | Ashvina-Puratasi | | Sivaloka Day |

Puja, reading the scriptures, singing hymns, performing japa and unsexed austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| | | | | | |
|--------------------------------------|-------------|----------------------------------------------------------------------------------------------------------------|----------------------------|-------------------------------------------|-------------------------------|
| 1 Tuesday, September 23, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Mangala Vasara Yuktyam Kottayam, India | | | |
| | | Hasta/Chitra Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 15 Subra 162 | | | |
| Kanya Rasi: 19.26 | Tilthi 2 | Gulika 12:17PM - 1:48PM | Hasla Until 1:41PM | Ganesha: Red Samset: 6:14AM | Vasavasru 5:17 |
| | | Yama 9:16AM - 10:46AM | Brahma Until 8:24PM | Muruga: Blue Samset: 6:21PM | Moon 9 - Phase 23 - 15 |
| Creative Work | Siddha Yoga | Rahu 3:19PM - 4:50PM | Balava Until 3:55PM | Nataraja: White | 3rd Phase |
| | | Dvitiya Until 4:55AM Wed | | Moon - Green | Subha Sivaloka Day |
| | | | | Ashvina-Puratasi | |

| | | | | | |
|----------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------|----------------------------|-------------------------------------------|-------------------------------|
| 2 Wednesday, September 24, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Budha Vasara Yuktyam Kottayam, India | | | |
| | | Chitra/Svali Nakshatra Indra Yoga Talila Karana Trityayam Tilau Sun 16 Subra 163 | | | |
| Tula Rasi: 1.31 | Tilthi 3 | Gulika 10:46AM - 12:17PM | Chitra Until 4:19PM | Ganesha: Red Samset: 6:14AM | Vasavasru 5:17 |
| | | Yama 7:45AM - 9:15AM | Indra Until 9:06PM | Muruga: Blue Samset: 6:20PM | Moon 9 - Phase 23 - 16 |
| Creative Work | Siddha Yoga | Rahu 12:17PM - 1:48PM | Talila Until 6:02PM | Nataraja: White | 3rd Phase |
| | | Trityiya Until 7:10AM Thu | | Moon - Green | Subha Sivaloka Day |
| | | | | Ashvina-Puratasi | |

| | | | | | |
|---------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------|-------------------------------|-------------------------------------------|-------------------------------|
| 3 Thursday, September 25, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Guru Vasara Yuktyam Kottayam, India | | | |
| | | Svali/Svali Nakshatra Vaidhithi Yoga Gara/Varija Karana Trityayam Tilau Sun 17 Subra 164 | | | |
| Tula Rasi: 13.27 | Tilthi 3 - 4 | Gulika 9:15AM - 10:46AM | Svali Until 7:01PM | Ganesha: Red Samset: 6:14AM | Vasavasru 5:17 |
| | | Yama 6:14AM - 7:44AM | Vaidhithi Until 9:56PM | Muruga: Blue Samset: 6:19PM | Moon 9 - Phase 23 - 17 |
| Creative Work | Amrita Yoga | Rahu 1:47PM - 3:18PM | Varija Until 8:24PM | Nataraja: White | 3rd Phase |
| Until 7:01PM | | | Trityiya Until 7:10AM | Moon - Green | Subha Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashvina-Puratasi | |

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|-------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------|--------------------------------|--------------------------------------------|---------------------------------|
| 4 Friday, September 26, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Sukra Vasara Yuktyam Kottayam, India | | | |
| | | Vishakha Nakshatra Vishkamba Yoga Vidi/Bava Karana Chaturthi/Panchamyam Tilau Sun 18 Subra 165 | | | |
| Tula Rasi: 25.2 | Tilthi 4 - 5 | Gulika 7:44AM - 9:15AM | Vishakha Until 10:10PM | Ganesha: Blue Samset: 6:14AM | Vasavasru 5:17 |
| | | Yama 3:17PM - 4:48PM | Vishkamba Until 10:51PM | Muruga: Blue Samset: 6:19PM | Moon 9 - Phase 23 - 18 |
| Creative Work | Siddha Yoga | Rahu 10:46AM - 12:16PM | Bava Until 10:52PM | Nataraja: White | 3rd Phase |
| | | Chaturthi Until 9:36AM | | Moon - Orange | Subha Subha Sivaloka Day |
| | | | | Ashvina-Puratasi | |

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|---------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------|----------------------------------|--------------------------------------------|---------------------------------|
| 5 Saturday, September 27, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Manu Vasara Yuktyam Kottayam, India | | | |
| | | Anuradha Nakshatra Prithi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau Sun 19 Subra 166 | | | |
| Wishkika Rasi: 7.11 | Tilthi 5 - 6 | Gulika 6:14AM - 7:44AM | Anuradha Until 1:07AM Sun | Ganesha: Blue Samset: 6:14AM | Vasavasru 5:17 |
| | | Yama 1:46PM - 3:17PM | Prithi Until 11:46PM | Muruga: Blue Samset: 6:19PM | Moon 9 - Phase 23 - 19 |
| Creative Work | Siddha Yoga | Rahu 9:15AM - 10:45AM | Kaulava Until 1:18AM Sun | Nataraja: White | 3rd Phase |
| Until 1:07AM Sun | | | Panchami Until 12:05PM | Moon - Orange | Subha Subha Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Ashvina-Puratasi | |

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|-------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------|-----------------------------------|---------------------------------------------|-------------------------------|
| 6 Sunday, September 28, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Bhanu Vasara Yuktyam Kottayam, India | | | |
| | | Jyeshtha Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptamyam Tilau Sun 20 Subra 167 | | | |
| Wishkika Rasi: 19.05 | Tilthi 6 - 7 | Gulika 3:17PM - 4:47PM | Jyeshtha Until 3:42AM Mon | Ganesha: Green Samset: 6:13AM | Vasavasru 5:17 |
| | | Yama 12:16PM - 1:46PM | Ayushman Until 12:30AM Mon | Muruga: Blue Samset: 6:19PM | Moon 9 - Phase 23 - 20 |
| Routine Work | Marana Yoga | Rahu 4:47PM - 6:18PM | Gara Until 3:32AM Mon | Nataraja: White | 3rd Phase |
| Until 3:42AM Mon | | | Shashthi Until 2:26PM | Moon - Orange | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashvina-Puratasi | |

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|-----------------------------------|--------------|-------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------------------|-------------------------------|
| Monday, September 29, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yuktyam Kottayam, India | | | |
| | | Mula Nakshatra Ayushman Yoga Vanija/Visi Karana Sapthami/Ashtamyam Tilau Sun 21 Subra 168 | | | |
| Dhanu Rasi: 1.03 | Tilthi 7 - 8 | Gulika 1:46PM - 3:16PM | Mula Until 6:15AM Tue | Ganesha: Red Samset: 6:13AM | Vasavasru 5:17 |
| Family Home Evening | | Yama 10:45AM - 12:15PM | Saubhagya Until 12:58AM Tue | Muruga: Blue Samset: 6:17PM | Moon 9 - Phase 23 - 21 |
| Creative Work | Siddha Yoga | Rahu 7:44AM - 9:14AM | Visi Until 5:22AM Tue | Nataraja: White | 3rd Phase |
| | | Sapthami Until 4:30PM | | Moon - Light Blue | Subha Sivaloka Day |
| | | | | Ashvina-Puratasi | |

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|------------------------------------|-------------|----------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------------------------|-------------------------------|
| Tuesday, September 30, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Mangala Vasara Yuktyam Kottayam, India | | | |
| | | Purvashadha Nakshatra Sobhana Yoga Bava Karana Ashtamyam Tilau Sun 22 Subra 169 | | | |
| Dhanu Rasi: 13.11 | Tilthi 8 | Gulika 12:15PM - 1:45PM | Mula Until 6:15AM | Ganesha: Red Samset: 6:13AM | Vasavasru 5:17 |
| | | Yama 9:14AM - 10:44AM | Sobhana Until 1:02AM Wed | Muruga: Blue Samset: 6:19PM | Moon 9 - Phase 23 - 22 |
| Creative Work | Amrita Yoga | Rahu 3:16PM - 4:46PM | Bava Until 6:04PM | Nataraja: White | Ashtami |
| Until 6:15AM | | | Ashlami Until 6:04PM | Moon - Light Blue | Subha Sivaloka Day |
| Then Creative Work - Siddha Yoga | | Durga Ashtami | | Ashvina-Puratasi | |

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|-----------------------------------|-------------|--------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------------------|-------------------------------|
| Wednesday, October 1, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Budha Vasara Yuktyam Kottayam, India | | | |
| | | Purvashadha/Uttarashadha Nakshatra Athiganda Yoga Balava/Kaulava Karana Navamyam Tilau Sun 23 Subra 170 | | | |
| Dhanu Rasi: 25.34 | Tilthi 9 | Gulika 10:44AM - 12:15PM | Purvashadha Until 8:05AM | Ganesha: Red Samset: 6:13AM | Vasavasru 5:17 |
| | | Yama 7:44AM - 9:14AM | Athiganda Until 12:33AM Thu | Muruga: Blue Samset: 6:19PM | Moon 9 - Phase 23 - 23 |
| Creative Work | Amrita Yoga | Rahu 12:15PM - 1:45PM | Balava Until 6:39AM | Nataraja: White | Navami |
| | | Saraswathi Puja (Tamil Nadu) | | Moon - Light Blue | Subha Sivaloka Day |
| | | Navami Until 7:01PM | | Ashvina-Puratasi | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margo. Tirumantram 1502

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 Thursday, October 2, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Guru Vasara Yuktayam Uttarashada/Shravana Nakshatra Sukama Yoga Talila/Gara Karana Dashatayam Titau | | | | Kottayam, India Sun 24 Sutra 171 | |
|-----------------------------------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|--------------------------|------------------------|-------------------------------------|---------------------------|
| Makara Rasi: 8.16 | Tithi 10 | Gulika 9:14AM - 10:44AM | Uttarashada Until 9:04AM | Ganesh: Red | Sunrise: 6:13AM | Vasava: 5:27 | |
| | | Yama 6:13AM - 7:43AM | Sukarma Until 11:29PM | Muruga: Blue | Sunset: 6:19PM | Moon 9 - Phase: 24 - 22 | 4th Phase |
| | | 682928573 Rahu 1:44PM - 3:15PM | Tailita Until 7:14AM | Nataraj: White | | | |
| Routine Work Marana Yoga | | | Dashami Until 7:12PM | Moon - Light Blue | | | Subha Sivaloka Day |
| Until 9:04AM | | | | Ashvina-Puratasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 2 Friday, October 3, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruvi Yoga Vanja/Vesil' Karana Ekadashyam Titau | | | | Kottayam, India Sun 25 Sutra 172 | |
|-----------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-------------------------|------------------------|-------------------------------------|---------------------|
| Makara Rasi: 21.2 | Tithi 11 | Gulika 7:43AM - 9:13AM | Shravana Until 9:35AM | Ganesh: Blue | Sunrise: 6:13AM | Vasava: 5:27 | |
| | | Yama 3:14PM - 4:44PM | Dhruvi Until 9:48PM | Muruga: Blue | Sunset: 6:19PM | Moon 9 - Phase: 24 - 25 | 4th Phase |
| | | 692928573 Rahu 10:44AM - 12:14PM | Vanija Until 7:01AM | Nataraj: White | | | |
| Routine Work Marana Yoga | | | Ekadashi Until 6:35PM | Moon - Purple | | | Sivaloka Day |
| Until 9:35AM | | | | Ashvina-Puratasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 3 Saturday, October 4, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shul' Yoga Bava/Kadava Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 26 Sutra 173 | |
|-----------------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------|------------------------|-------------------------------------|---------------------|
| Kumbha Rasi: 4.5 | Tithi 12 - 13 | Gulika 6:13AM - 7:43AM | Dhanishtha Until 9:11AM | Ganesh: Blue | Sunrise: 6:13AM | Vasava: 5:27 | |
| | | Yama 1:44PM - 3:14PM | Shula' Until 7:28PM | Muruga: Blue | Sunset: 6:19PM | Moon 9 - Phase: 24 - 26 | 4th Phase |
| | | 692928573 Rahu 9:13AM - 10:43AM | Bava Until 6:00AM | Nataraj: White | | | |
| Creative Work Siddha Yoga | | | Dvadashi Until 5:12PM | Moon - Purple | | | Sivaloka Day |
| Until 9:11AM | | Kadaltsami Mahasamadi | | Ashvina-Puratasi | | | |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vata</i> | | | | |

| 4 Sunday, October 5, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Bhanu Vasara Yuktayam Shatabhishak/Purvashrothapada' Nakshatra Ganda/Viddhi Yoga Talila/Gara Karana Trayadashi/Chaladashyam Titau | | | | Kottayam, India Sun 27 Sutra 174 | |
|----------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|------------------------|-------------------------------------|---------------------|
| Kumbha Rasi: 18.47 | Tithi 13 - 14 | Gulika 3:13PM - 4:43PM | Shatabhishak Until 7:54AM | Ganesh: Blue | Sunrise: 6:13AM | Vasava: 5:27 | |
| | | Yama 12:13PM - 1:43PM | Ganda' Until 4:35PM | Muruga: Blue | Sunset: 6:19PM | Moon 9 - Phase: 24 - 22 | 4th Phase |
| | | 692928573 Rahu 4:43PM - 6:14PM | Gara Until 1:51AM Mon | Nataraj: White | | | |
| Creative Work Siddha Yoga | | | Trayadashi Until 3:06PM | Moon - Purple | | | Sivaloka Day |
| | | Chidambaram Abhishekam | | Ashvina-Puratasi | | | |

| O Monday, October 6, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Indu Vasara Yuktayam Purvashrothapada'/Uttarprothapada' Nakshatra Viddhi/Dhruva Yoga Vanja/Vesil' Karana Chaturdashi/Purnimayam Titau | | | | Kottayam, India Sun 28 Sutra 175 | |
|-----------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------------------|------------------------|-------------------------------------|---------------------------|
| Meena Rasi: 3.09 | Tithi 14 - 15 | Gulika 1:43PM - 3:13PM | Purvashrothapada' Until 6:17AM | Ganesh: Clear | Sunrise: 6:13AM | Vasava: 5:27 | |
| Family Home Evening | | Yama 10:43AM - 12:13PM | Viddhi Until 1:15PM | Muruga: Blue | Sunset: 6:19PM | Moon 9 - Phase: 24 - 21 | Purnima |
| | | 613928573 Rahu 7:43AM - 9:13AM | Visil' Until 10:56PM | Nataraj: White | | | |
| Routine Work Marana Yoga | | | Chaturdashi' Until 12:26PM | Moon - Clear | | | Subha Sivaloka Day |
| Until 6:17AM | | | | Ashvina-Puratasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| Tuesday, October 7, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksha Mangala Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata' Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Kottayam, India Sun 29 Sutra 176 | |
|----------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------|------------------------|-------------------------------------|---------------------------|
| Meena Rasi: 17.52 | Tithi 15 - 16 | Gulika 12:13PM - 1:43PM | Revati Until 1:22AM Wed | Ganesh: Clear | Sunrise: 6:13AM | Vasava: 5:27 | |
| | | Yama 9:13AM - 10:43AM | Dhruva Until 9:32AM | Muruga: Blue | Sunset: 6:19PM | Moon 9 - Phase: 24 - 21 | Prathama |
| | | 613928573 Rahu 3:13PM - 4:42PM | Balava Until 7:40PM | Nataraj: White | | | |
| Creative Work Siddha Yoga | | | Purnima' Until 9:19AM | Moon - Clear | | | Subha Sivaloka Day |
| Until 1:22AM Wed | | | | Ashvina-Puratasi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

Being the Life of life is splendous jvana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charity. Tirumantiram 1444

All times are standard time. Calculated for Kottayam, India on 12/20/23

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvityayam TitauKottayam, India
Sutra 177

Mesha Rasi: 2.49 Tithi 17

Gulika 10:43AM - 12:12PM
Yama 7:43AM - 9:13AM
Rahu 12:12PM - 1:42PMAshvini Until 10:47PM
Harshana Until 1:35AM Thu
Talila Until 4:12PMGanesh: White Sunrise: 6:13AM
Muruga: Blue Sunset: 6:12PM
Nataraja: Clear

Moon 10 - Phase 25 - 1st Phase

Routine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha YogaMoon - White
Ashvini-Puratasi
Subha Sivaloka Day**1 Thursday, October 9, 2025**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam
Bharani Nakshatra Vajra Yoga Vanji/Visi/ Karana Trityayam TitauKottayam, India
Sutra 178

Mesha Rasi: 17.5 Tithi 18

Gulika 9:12AM - 10:42AM
Yama 6:13AM - 7:43AM
Rahu 1:42PM - 3:12PMBharani Until 8:05PM
Vajra Until 9:34PM
Vanija Until 12:42PMGanesh: White Sunrise: 6:13AM
Muruga: Blue Sunset: 6:12PM
Nataraja: Clear

Moon 10 - Phase 25 - 1st Phase

Creative Work Siddha Yoga
Until 8:05PM
Then Routine Work - Marana YogaMoon - White
Ashvini-Puratasi
Subha Sivaloka Day**2 Friday, October 10, 2025**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sukra Vasara Yuktayam
Kritika/Rohini Nakshatra Siddhi/Vyolpata/ Yoga Bava/Balava Karana Chaluriyam TitauKottayam, India
Sutra 179

Vishabha Rasi: 2.5 Tithi 19

Gulika 7:43AM - 9:12AM
Yama 3:11PM - 4:41PM
Rahu 10:42AM - 12:12PMKritika Until 5:25PM
Siddhi Until 5:43PM
Bava Until 9:19AMGanesh: White Sunrise: 6:13AM
Muruga: Blue Sunset: 6:11PM
Nataraja: Clear

Moon 10 - Phase 25 - 2 1st Phase

Creative Work Siddha Yoga
Until 5:25PM
Then Routine Work - Marana YogaMoon - White
Ashvini-Puratasi
Subha Sivaloka Day**3 Saturday, October 11, 2025**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mania Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyolpata/Variyan Yoga Kaulava/Gara Karana Panchami/Shashthiyam TitauKottayam, India
Sutra 180

Vishabha Rasi: 17.38 Tithi 20 - 21

Gulika 6:13AM - 7:43AM
Yama 1:41PM - 3:11PM
Rahu 9:12AM - 10:42AMRohini Until 3:21PM
Vyolpata Until 2:09PM
Kaulava Until 6:12AMGanesh: Yellow Sunrise: 6:13AM
Muruga: Blue Sunset: 6:10PM
Nataraja: Clear

Moon 10 - Phase 25 - 3 1st Phase

Creative Work Amrita Yoga
Until 3:21PM
Then Creative Work - Siddha YogaMoon - Yellow
Ashvini-Puratasi
Sivaloka Day**4 Sunday, October 12, 2025**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan/Parigaha/ Yoga Vanji/Visi/ Karana Shashthi/Saptamiam TitauKottayam, India
Sutra 181

Mithuna Rasi: 2.08 Tithi 21 - 22

Gulika 3:11PM - 4:40PM
Yama 12:11PM - 1:41PM
Rahu 4:40PM - 6:10PMMrigashira Until 1:37PM
Variyan Until 10:55AM
Visi Until 1:18AM MonGanesh: Yellow Sunrise: 6:13AM
Muruga: Blue Sunset: 6:10PM
Nataraja: Clear

Moon 10 - Phase 25 - 4 1st Phase

Creative Work Siddha Yoga

Moon - Yellow
Ashvini-Puratasi
Sivaloka Day**Monday, October 13, 2025****Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigaha/Shiva Yoga Bava/Balava Karana Saptami/Ashtamiam TitauKottayam, India
Sutra 182

Mithuna Rasi: 16.16 Tithi 22 - 23

Gulika 1:41PM - 3:10PM
Yama 10:42AM - 12:11PM
Rahu 7:42AM - 9:12AMArdra Until 12:17PM
Parigaha Until 8:09AM
Balava Until 11:42PMGanesh: Yellow Sunrise: 6:13AM
Muruga: Blue Sunset: 6:09PM
Nataraja: Clear

Moon 10 - Phase 25 - 5 Ashtami

Family Home Evening
Creative Work Siddha Yoga
Until 12:17PM
Then Creative Work - Amrita YogaMoon - Yellow
Ashvini-Puratasi
Sivaloka Day**Tuesday, October 14, 2025****Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taila Karana Ashtami/Navamiam TitauKottayam, India
Sutra 183

Kataka Rasi: 0.01 Tithi 23 - 24

Gulika 12:11PM - 1:40PM
Yama 9:12AM - 10:41AM
Rahu 3:10PM - 4:39PMPunarvasu Until 11:51AM
Siddha Until 4:07AM Wed
Taila Until 10:45PMGanesh: Blue Sunrise: 6:13AM
Muruga: Blue Sunset: 6:09PM
Nataraja: Clear

Moon 10 - Phase 25 - 6 Navami

Creative Work Siddha Yoga

Moon - Blue
Ashvini-Puratasi
Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1

Wednesday, October 15, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktiyam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam TilauKottayam, India
Sun 7 Sutra 184

Kataka Rasi: 13.24 Tithi 24 - 25

Gulika

10:41AM - 12:11PM

Pushya Until 11:56AM

Ganesha: Blue Sunrise: 6:13AM

Vasavasu 5:127

Yama

7:42AM - 9:12AM

Sadhya Until 2:53AM Thu

Muruga: Blue Sunset: 6:08PM

Moon 10 - Phase 26 - 7

Creative Work Siddha Yoga

643928574

Rahu

12:11PM - 1:40PM

Vanija Until 10:28PM

Nataraja: Clear

Moon - Blue 2nd Phase

Navami* Until 10:31AM

Ashvina-Puratasi

Subha Sivaloka Day

2

Thursday, October 16, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktiyam
Ashlesha*/Magha* Nakshatra Subha Yoga Vasil*/Bava Karana Dashami/Ekadasmyam TilauKottayam, India
Sun 8 Sutra 185

Kataka Rasi: 26.26 Tithi 25 - 26

Gulika

9:12AM - 10:41AM

Ashlesha* Until 12:29PM

Ganesha: Blue Sunrise: 6:13AM

Vasavasu 5:127

Yama

6:13AM - 7:42AM

Subha Until 2:08AM Fri

Muruga: Blue Sunset: 6:08PM

Moon 10 - Phase 26 - 8

Creative Work Siddha Yoga

643928574

Rahu

1:40PM - 3:09PM

Bava Until 10:49PM

Nataraja: Clear

Moon - Blue 2nd Phase

Dashami Until 10:33AM

Ashvina-Puratasi

Subha Sivaloka Day

3

Friday, October 17, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktiyam
Magha*/Purvaphalguni Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dvadashmyam TilauKottayam, India
Sun 9 Sutra 186

Simha Rasi: 9.11 Tithi 26 - 27

Gulika

7:42AM - 9:12AM

Magha* Until 1:55PM

Ganesha: Red Sunrise: 6:13AM

Vasavasu 5:127

Yama

3:09PM - 4:38PM

Sukla Until 1:46AM Sat

Muruga: Blue Sunset: 6:07PM

Moon 10 - Phase 26 - 9

Routine Work Marana Yoga

653928574

Rahu

10:41AM - 12:10PM

Kaulava Until 11:42PM

Nataraja: Clear

Moon - Red 2nd Phase

Ekadashi* Until 11:10AM

Ashvina-Alpasi

Sivaloka Day

4

Saturday, October 18, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Manta Vasara Yuktiyam
Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodshmyam TilauKottayam, India
Sun 10 Sutra 187

Simha Rasi: 21.4 Tithi 27 - 28

Gulika

6:13AM - 7:42AM

Purvaphalguni Until 3:40PM

Ganesha: Red Sunrise: 6:13AM

Vasavasu 5:127

Yama

1:39PM - 3:08PM

Brahma Until 1:47AM Sun

Muruga: Blue Sunset: 6:07PM

Moon 10 - Phase 26 - 10

Creative Work Siddha Yoga

653928574

Rahu

9:11AM - 10:41AM

Gara Until 1:04AM Sun

Nataraja: Clear

Moon - Red 2nd Phase

Dvadashi* Until 12:19PM

Ashvina-Alpasi

Sivaloka Day

Pradosha Vata (Fasting)

5

Sunday, October 19, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Shruva Vasara Yuktiyam
Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjya/Vasil* Karana Trayodashi/Chaturdashmyam TilauKottayam, India
Sun 11 Sutra 188

Kanya Rasi: 3.59 Tithi 28 - 29

Gulika

3:08PM - 4:37PM

Uttaraphalguni Until 5:40PM

Ganesha: Red Sunrise: 6:13AM

Vasavasu 5:127

Yama

12:10PM - 1:39PM

Indra Until 2:05AM Mon

Muruga: Blue Sunset: 6:07PM

Moon 10 - Phase 26 - 11

Creative Work Amrita Yoga

653928574

Rahu

4:37PM - 6:07PM

Vasil Until 2:49AM Mon

Nataraja: Clear

Moon - Red 2nd Phase

Trayodashi* Until 1:53PM

Ashvina-Alpasi

Sivaloka Day

Deepavali Hindu Solidarity Day

6

Monday, October 20, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktiyam
Hasta Nakshatra Vaidhriti* Yoga Sakuni*/Catuspadi* Karana Chaturdashmi/Amavasyayam TilauKottayam, India
Sun 12 Sutra 189

Kanya Rasi: 16.08 Tithi 29 - 30

Gulika

1:39PM - 3:08PM

Hasta Until 8:18PM

Ganesha: Blue Sunrise: 6:13AM

Vasavasu 5:127

Family Home Evening

664928574

Yama

10:40AM - 12:10PM

Vaidhriti* Until 2:36AM Tue

Muruga: Blue Sunset: 6:06PM

Moon 10 - Phase 26 - 12

Creative Work Siddha Yoga

Rahu

7:42AM - 9:11AM

Catuspadi Until 4:52AM Tue

Nataraja: Clear

Moon - Green 2nd Phase

Chaturdashi* Until 3:48PM

Ashvina-Alpasi

Devaloka Day

●

Tuesday, October 21, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktiyam
Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughni* Karana Amavasya/Prathamayam TilauKottayam, India
Sun 13 Sutra 190

Retreat Star

Kanya Rasi: 28.1 Tithi 30 - 1

Gulika

12:09PM - 1:39PM

Chitra Until 11:01PM

Ganesha: Blue Sunrise: 6:13AM

Vasavasu 5:127

Yama

9:11AM - 10:40AM

Vishkambha* Until 3:18AM Wed

Muruga: Blue Sunset: 6:06PM

Moon 10 - Phase 26 - 13

Creative Work Siddha Yoga

664928574

Rahu

3:08PM - 4:37PM

Kintughna Until 7:09AM Wed

Nataraja: Clear

Moon - Green Amavasya

Amavasya* Until 5:58PM

Ashvina-Alpasi

Devaloka Day

Subramuniyaswami Mahasamadhi

Wednesday, October 22, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mese Sukla Paksho Budha Vasara Yuktiyam
Svali Nakshatra Pili Yoga Kintughna*/Bava Karana Prathamayam TilauKottayam, India
Sun 14 Sutra 191

Retreat Star

Tula Rasi: 10.07 Tithi 1

Gulika

10:40AM - 12:09PM

Svali Until 1:44AM Thu

Ganesha: Blue Sunrise: 6:13AM

Vasavasu 5:127

Yama

7:42AM - 9:11AM

Pili Until 4:08AM Thu

Muruga: Yellow Sunset: 6:05PM

Moon 10 - Phase 26 - 14

Creative Work Siddha Yoga

664928574

Rahu

12:09PM - 1:38PM

Kintughna Until 7:09AM

Nataraja: Clear

Moon - Green Prathama

Prathama* Until 8:20PM

Kartika-Alpasi

Bhuloka Day

Skanda Shashi Begins

Devaloka Time: 3PM to 6PM

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|------------------|-------------|------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|-------------------------------------------------|
| 1 | | Thursday, October 23, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvityayam Tilau | | Kottayam, India Sun 15 Sutra 192 | |
| Tula Rasi: 22.01 | Tilhi 2 | Gulika 9:11AM - 10:40AM | Vishakha Until 4:52AM Fri | Ganesha: White | Sunrise: 6:13AM | Muruga: Yellow | Sunset: 6:09PM |
| Creative Work | Siddha Yoga | 6:13AM - 7:42AM Rahu 1:38PM - 3:07PM | Ayushman Until 5:00AM Fri Balava Until 9:35AM Dvitiya Until 10:49PM | Nataraja: Clear Moon - Orange Kartika-Alpasi | Moon 10 - Phase 27 - 15 | 3rd Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |

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|---------------------|-------------|--------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|-------------------------------------------------|
| 2 | | Friday, October 24, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Saubhaga Yoga Talila/Gara Karana Trityayam Tilau | | Kottayam, India Sun 16 Sutra 193 | |
| Wisshika Rasi: 3.53 | Tilhi 3 | Gulika 7:42AM - 9:11AM | Anuradha Until 7:51AM Sat | Ganesha: White | Sunrise: 6:13AM | Muruga: Yellow | Sunset: 6:09PM |
| Creative Work | Siddha Yoga | 6:13AM - 7:42AM Rahu 10:40AM - 12:09PM | Saubhaga Until 5:54AM Sat Talila Until 12:06PM Tritya Until 1:20AM Sat | Nataraja: Clear Moon - Orange Kartika-Alpasi | Moon 10 - Phase 27 - 16 | 3rd Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |

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|----------------------|-------------|-------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|-------------------------------------------------|
| 3 | | Saturday, October 25, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Vanija/Visi* Karana Chaturthayam Tilau | | Kottayam, India Sun 17 Sutra 194 | |
| Wisshika Rasi: 15.44 | Tilhi 4 | Gulika 6:13AM - 7:42AM | Anuradha Until 7:51AM | Ganesha: White | Sunrise: 6:13AM | Muruga: Yellow | Sunset: 6:09PM |
| Creative Work | Siddha Yoga | 1:38PM - 3:07PM Rahu 9:11AM - 10:40AM | Sobhana Until 6:44AM Sun Vanija Until 2:36PM Chaturthi Until 3:47AM Sun | Nataraja: Clear Moon - Orange Kartika-Alpasi | Moon 10 - Phase 27 - 17 | 3rd Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |

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|----------------------|-------------|------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|-------------------------------------------------|
| 4 | | Sunday, October 26, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bharu Vasara Yuktayam Jyeshtha Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchayam Tilau | | Kottayam, India Sun 18 Sutra 195 | |
| Wisshika Rasi: 27.38 | Tilhi 5 | Gulika 3:06PM - 4:35PM | Jyeshtha Until 10:35AM | Ganesha: White | Sunrise: 6:14AM | Muruga: Yellow | Sunset: 6:09PM |
| Routine Work | Marana Yoga | 1:38PM - 3:07PM Rahu 4:35PM - 6:04PM | Sobhana Until 6:44AM Bava Until 4:59PM Panchami Until 6:03AM Mon | Nataraja: Clear Moon - Orange Kartika-Alpasi | Moon 10 - Phase 27 - 18 | 3rd Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |

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|---------------------|-------------|--------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|---------------------|
| 5 | | Monday, October 27, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Mula/Purvashada* Nakshatra Ahiganda/Sakama Yoga Balava/Kaulava Karana Panchami/Sheshthayam Tilau | | Kottayam, India Sun 19 Sutra 196 | |
| Dhanus Rasi: 10 | Tilhi 5 - 6 | Gulika 1:37PM - 3:06PM | Mula Until 1:25PM | Ganesha: Clear | Sunrise: 6:14AM | Muruga: Yellow | Sunset: 6:09PM |
| Family Home Evening | Siddha Yoga | 10:40AM - 12:09PM Rahu 7:42AM - 9:11AM | Ahiganda* Until 7:24AM Kaulava Until 7:06PM Panchami Until 6:03AM | Nataraja: Clear Moon - Light Blue Kartika-Alpasi | Moon 10 - Phase 27 - 19 | 3rd Phase | Devaloka Day |

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|--------------------|-------------|------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|---------------------|
| 6 | | Tuesday, October 28, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Purvashada/Uttarashada Nakshatra Sakama/Dhriti Yoga Talila/Gara Karana Shashthi/Saptayam Tilau | | Kottayam, India Sun 20 Sutra 197 | |
| Dhanus Rasi: 21.41 | Tilhi 6 - 7 | Gulika 12:09PM - 1:37PM | Purvashada Until 3:44PM | Ganesha: Clear | Sunrise: 6:14AM | Muruga: Yellow | Sunset: 6:09PM |
| Creative Work | Siddha Yoga | 6:13AM - 7:42AM Rahu 3:06PM - 4:35PM | Sukarma Until 7:49AM Gara Until 8:47PM Shashthi Until 7:59AM | Nataraja: Clear Moon - Light Blue Kartika-Alpasi | Moon 10 - Phase 27 - 20 | 3rd Phase | Devaloka Day |

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|-------------------|-------------|-------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|---------------------|
| 7 | | Wednesday, October 29, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Uttarashada/Shravana Nakshatra Dhriti/Shula* Yoga Vanija/Visi* Karana Saptami/Akshayam Tilau | | Kottayam, India Sun 21 Sutra 198 | |
| Makara Rasi: 3.59 | Tilhi 7 - 8 | Gulika 10:40AM - 12:08PM | Uttarashada Until 5:21PM | Ganesha: Clear | Sunrise: 6:14AM | Muruga: Yellow | Sunset: 6:09PM |
| Creative Work | Amrita Yoga | 7:43AM - 9:11AM Rahu 12:08PM - 1:37PM | Dhriti Until 7:52AM Visi Until 9:54PM Saptami Until 9:24AM | Nataraja: Clear Moon - Light Blue Kartika-Alpasi | Moon 10 - Phase 27 - 21 | Ashtami | Devaloka Day |

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|--------------------|-------------|------------------------------------------------|-----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------|-------------------------------------------------|
| 8 | | Thursday, October 30, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Shravana Nakshatra Shula*Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau | | Kottayam, India Sun 22 Sutra 199 | |
| Makara Rasi: 16.35 | Tilhi 8 - 9 | Gulika 9:11AM - 10:40AM | Shravana Until 6:36PM | Ganesha: Purple | Sunrise: 6:14AM | Muruga: Yellow | Sunset: 6:09PM |
| Creative Work | Siddha Yoga | 6:14AM - 7:43AM Rahu 1:37PM - 3:06PM | Shula* Until 7:22AM Balava Until 10:15PM Ashtami Until 10:09AM | Nataraja: Clear Moon - Purple Kartika-Alpasi | Moon 10 - Phase 27 - 22 | Navami | Bhuloka Day Devaloka Time: 3PM to 6PM |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|---------------------------|---------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------|-------------------------------------------------|
| 1 | Friday, October 31, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sutra Vasara Yuktayam Dhanishtha Nakshatra Ganda/Widdhi Yoga Kaulava/Taila Karana Navami/Dashmyam Titau | | | | Kottayam, India Sun 23 Sutra 200 | |
| | Makara Rasi: 29.32 | Tithi 9 – 10 | Gulika 7:43AM – 9:11AM Yama 3:05PM – 4:34PM | Dhanishtha Until 6:53PM Ganda* Until 6:17AM Taila Until 9:48PM | Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple Kartika-Alpasi | Sunrise: 6:14AM Sunset: 6:02PM | Moon 10 - Phase 2B - 23 4th Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |
| Creative Work Siddha Yoga | | | 694138574 Rahu 10:40AM – 12:08PM | | | | | |

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| 2 | Saturday, November 1, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Maru Vasara Yuktayam Shalabhshak Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau | | | | Kottayam, India Sun 24 Sutra 200 | |
| | Kumbha Rasi: 12.55 | Tithi 10 – 11 | Gulika 6:15AM – 7:43AM Yama 1:37PM – 3:05PM | Shalabhshak Until 6:12PM Dhruva Until 2:09AM Sun Vanija Until 8:30PM | Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple Kartika-Alpasi | Sunrise: 6:15AM Sunset: 6:02PM | Moon 10 - Phase 2B - 24 4th Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |
| Creative Work Amrita Yoga Until 6:12PM Then Routine Work - Marana Yoga | | | 694138574 Rahu 9:11AM – 10:40AM | | | | | |

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|-------------------------------------------------------------------------------|---------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------|---------------------|
| 3 | Sunday, November 2, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhana Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vyagha* Yoga Vid*/Bava Karana Ekadashi/Dwadashmyam Titau | | | | Kottayam, India Sun 25 Sutra 202 | |
| | Kumbha Rasi: 26.47 | Tithi 11 – 12 | Gulika 3:05PM – 4:34PM Yama 12:08PM – 1:37PM | Puravproshthapada* Until 5:03PM Vyagha* Until 11:09PM Bava Until 6:25PM | Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Clear Kartika-Alpasi | Sunrise: 6:15AM Sunset: 6:02PM | Moon 10 - Phase 2B - 25 4th Phase | Devaloka Day |
| Creative Work Siddha Yoga Until 5:03PM Then Creative Work - Amrita Yoga | | | 615138574 Rahu 4:34PM – 6:02PM | | | | | |

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| 4 | Monday, November 3, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Harshana Yoga Kaulava/Taila Karana Trayodashmyam Titau | | | | Kottayam, India Sun 26 Sutra 203 | | |
| | Meena Rasi: 11.07 | Tithi 13 | Gulika 1:37PM – 3:05PM Yama 10:40AM – 12:08PM | Uttarproshthapada Until 3:04PM Harshana Until 7:38PM Kaulava Until 3:40PM | Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Clear Kartika-Alpasi | Sunrise: 6:15AM Sunset: 6:02PM | Moon 10 - Phase 2B - 26 4th Phase | Devaloka Day | |
| Creative Work Siddha Yoga Family Home Evening Until 6:12PM | | | 615138574 Rahu 7:43AM – 9:12AM | | | | | | |
| <i>Pradosha Vata</i> | | | | | | | | | |

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| 5 | Tuesday, November 4, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashmyam Titau | | | | Kottayam, India Sun 27 Sutra 204 | |
| | Meena Rasi: 25.54 | Tithi 14 | Gulika 12:08PM – 1:37PM Yama 9:12AM – 10:40AM | Revati Until 12:25PM Vajra* Until 3:41PM Gara Until 12:24PM | Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Clear Kartika-Alpasi | Sunrise: 6:15AM Sunset: 6:01PM | Moon 10 - Phase 2B - 27 4th Phase | Devaloka Day |
| Creative Work Siddha Yoga | | | 615138574 Rahu 3:05PM – 4:33PM | | | | | |

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| O | Wednesday, November 5, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyapala* Yoga Visi*/Bava Karana Punimayam Titau | | | | Kottayam, India Sun 28 Sutra 205 | |
| | Mesha Rasi: 10.59 | Tithi 15 | Gulika 10:40AM – 12:08PM Yama 7:44AM – 9:12AM | Ashvini Until 9:40AM Siddhi Until 11:28AM Visi Until 8:46AM | Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – White Kartika-Alpasi | Sunrise: 6:15AM Sunset: 6:01PM | Moon 10 - Phase 2B - Punima | Sivaloka Day |
| Routine Work Marana Yoga Until 9:40AM Then Creative Work - Siddha Yoga | | | 625138574 Rahu 12:08PM – 1:37PM | | | | | |

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| | Thursday, November 6, 2025 | | Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Gara Vasara Yuktayam Bharani/Kritika Nakshatra Vyapala*/Vajrayan Yoga Kaulava/Taila Karana Pratham/Dvayam Titau | | | | Kottayam, India Sun 29 Sutra 206 | |
| | Mesha Rasi: 26.16 | Tithi 16 – 17 | Gulika 9:12AM – 10:40AM Yama 6:16AM – 7:44AM | Bharani Until 6:36AM Vyapala* Until 7:07AM Taila Until 1:05AM Fri | Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – White Kartika-Alpasi | Sunrise: 6:16AM Sunset: 6:01PM | Moon 10 - Phase 2B - Prathama | Sivaloka Day |
| Creative Work Siddha Yoga Until 6:36AM Then Routine Work - Marana Yoga | | | 625138574 Rahu 1:37PM – 3:05PM | | | | | |

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

Wishabha Rasi: 11.33 Tithi 17 - 18
735138574

Routine Work Marana Yoga
Until 12:39AM Sat
Then Creative Work - Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Sukra Vasara Yuktayam
Rohini Nakshatra Parigha' Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau
Gulika 7:44AM - 9:12AM
Yama 3:05PM - 4:33PM
Rahu 10:40AM - 12:08PM

Rohini Until 12:39AM Sat
Parigha' Until 10:32PM
Vanija Until 9:24PM
Dvitiya Until 11:12AM

Ganesha: Purple Sunrise: 6:16AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Yellow
Kartika-Alpasi

Kottayam, India
Sun 1
Sutra 207
Vasavasu 5:17
Moon 11 - Phase 29 - 1
1st Phase

Sivaloka Day**1****Saturday, November 8, 2025**

Wishabha Rasi: 26.4 Tithi 18 - 19
735138574

Creative Work Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mania Vasara Yuktayam
Mrigashira Nakshatra Shiva Yoga Visti' Bava Karana Tritiya/Chaturthiyam Tilau
Gulika 6:16AM - 7:44AM
Yama 1:37PM - 3:05PM
Rahu 9:12AM - 10:40AM

Mrigashira Until 10:08PM
Shiva Until 6:37PM
Bava Until 6:03PM
Tritiya Until 7:40AM

Ganesha: Purple Sunrise: 6:16AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Yellow
Kartika-Alpasi

Kottayam, India
Sun 2
Sutra 208
Vasavasu 5:17
Moon 11 - Phase 29 - 2
1st Phase

Sivaloka Day**2****Sunday, November 9, 2025**

Mihuna Rasi: 11.28 Tithi 20
735138574

Creative Work Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Bhanu Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Kaulava/Taila Karana Panchamyam Tilau
Gulika 3:05PM - 4:33PM
Yama 12:09PM - 1:37PM
Rahu 4:33PM - 6:01PM

Ardra Until 8:00PM
Siddha Until 3:05PM
Kaulava Until 3:12PM
Panchami Until 1:59AM Mon

Ganesha: Purple Sunrise: 6:16AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Yellow
Kartika-Alpasi

Kottayam, India
Sun 3
Sutra 209
Vasavasu 5:17
Moon 11 - Phase 29 - 3
1st Phase

Sivaloka Day**3****Monday, November 10, 2025**

Mihuna Rasi: 25.5 Tithi 21
745138574

Family Home Evening
Until 6:48PM
Then Creative Work - Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Indu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthiyam Tilau
Gulika 1:37PM - 3:05PM
Yama 10:41AM - 12:09PM
Rahu 7:45AM - 9:13AM

Punarvasu Until 6:48PM
Sadhya Until 12:05PM
Gara Until 12:59PM
Shashthi' Until 12:08AM Tue

Ganesha: Clear Sunrise: 6:17AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Blue
Kartika-Alpasi

Kottayam, India
Sun 4
Sutra 210
Vasavasu 5:17
Moon 11 - Phase 29 - 4
1st Phase

Devaloka Day**4****Tuesday, November 11, 2025**

Kataka Rasi: 9.45 Tithi 22
746138574

Creative Work Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Mangala Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Visti' Bava Karana Saptamyam Tilau
Gulika 12:09PM - 1:37PM
Yama 9:13AM - 10:41AM
Rahu 3:05PM - 4:33PM

Pushya Until 6:15PM
Subha Until 9:43AM
Visti' Until 11:32AM
Saptami Until 11:06PM

Ganesha: White Sunrise: 6:17AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Blue
Kartika-Alpasi

Kottayam, India
Sun 5
Sutra 211
Vasavasu 5:17
Moon 11 - Phase 29 - 5
1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

D**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 23.1 Tithi 23
746138574

Creative Work Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Budha Vasara Yuktayam
Ashlesha' Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Tilau
Gulika 10:41AM - 12:09PM
Yama 7:45AM - 9:13AM
Rahu 12:09PM - 1:37PM

Ashlesha' Until 6:21PM
Sukla Until 7:57AM
Balava Until 10:55AM
Ashtami' Until 10:54PM

Ganesha: White Sunrise: 6:17AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Blue
Kartika-Alpasi

Kottayam, India
Sun 6
Sutra 212
Vasavasu 5:17
Moon 11 - Phase 29 - 6
Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

Simha Rasi: 6.1 Tithi 24
756138574

Creative Work Amrita Yoga
Until 7:33PM
Then Creative Work - Siddha Yoga

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakche Guru Vasara Yuktayam
Magha' Nakshatra Brahma/Indra Yoga Taila/Gara Karana Navamyam Tilau
Gulika 9:13AM - 10:41AM
Yama 6:18AM - 7:45AM
Rahu 1:37PM - 3:05PM

Magha' Until 7:33PM
Brahma Until 6:52AM
Taila Until 11:07AM
Navami' Until 11:30PM

Ganesha: Yellow Sunrise: 6:18AM
Muruga: Yellow Sunset: 6:09PM
Nataraja: Clear
Moon - Red
Kartika-Alpasi

Kottayam, India
Sun 7
Sutra 213
Vasavasu 5:17
Moon 11 - Phase 29 - 7
Navami

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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1

Friday, November 14, 2025

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| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Sakra Vasara Yuktayam Parvaphalguni Nakshatra Indra/Vaidhriti* Yoga Vanja/Visti* Karana Dashamyam Titau | | | Kottayam, India Sun 8 Sutra 214 |
| | | Gulika 7:46AM – 9:13AM | Purvaphalguni Until 9:17PM | Ganesha: Yellow | Sunrise: 6:08AM |
| | | Yama 3:05PM – 4:33PM | Indra Until 6:23AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 10:41AM – 12:09PM | Vanija Until 12:05PM | Nataraja: Clear | Moon 11 - Phase 30 - 8 2nd Phase |
| Creative Work | Siddha Yoga | 756138574 | Dashami Until 12:47AM Sat | Moon - Red | Devaloka Day |
| | | | | Kartika-Alpasi | |

2

Saturday, November 15, 2025

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|--------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------|--------------------------------------------|
| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau | | | Kottayam, India Sun 9 Sutra 215 |
| | | Gulika 6:18AM – 7:46AM | Uttaraphalguni Until 11:23PM | Ganesha: Yellow | Sunrise: 6:08AM |
| | | Yama 1:37PM – 3:05PM | Vaidhriti* Until 6:22AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 9:14AM – 10:41AM | Bava Until 1:40PM | Nataraja: Clear | Moon 11 - Phase 30 - 9 2nd Phase |
| Routine Work | Marana Yoga | 756138574 | Ekadashi* Until 2:38AM Sun | Moon - Green | Devaloka Day |
| | | | | Kartika-Alpasi | |

3

Sunday, November 16, 2025

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|---------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|-------------------------|---------------------------------------------|
| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Bhamu Vesara Yuktayam Hasta Nakshatra Vishkambha*/Pili Yoga Kaulava/Talita Karana Dvadashyam Titau | | | Kottayam, India Sun 10 Sutra 216 |
| | | Gulika 3:05PM – 4:33PM | Hasta Until 2:12AM Mon | Ganesha: Blue | Sunrise: 6:08AM |
| | | Yama 12:09PM – 1:37PM | Vishkambha* Until 6:45AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 4:33PM – 6:00PM | Kaulava Until 3:43PM | Nataraja: Clear | Moon 11 - Phase 30 - 10 2nd Phase |
| Creative Work | Amrita Yoga | 766138574 | Dvadashi* Until 4:50AM Mon | Moon - Green | Bhuloka Day |
| | | | | Kartika-Kartikai | Devaloka Time: 3PM to 6PM |
| Until 2:12AM Mon | | | | | |
| Then Routine Work - Prabarashita Yoga | | | | | |

4

Monday, November 17, 2025

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| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Indu Vesara Yuktayam Chitra Nakshatra Pili/Ayushman Yoga Gara Karana Trayodashyam Titau | | | Kottayam, India Sun 11 Sutra 217 |
| | | Gulika 1:37PM – 3:05PM | Chitra Until 5:04AM Tue | Ganesha: Yellow | Sunrise: 6:08AM |
| | | Yama 10:42AM – 12:10PM | Pili Until 7:24AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 7:47AM – 9:14AM | Gara Until 6:03PM | Nataraja: Purple | Moon 11 - Phase 30 - 11 2nd Phase |
| Routine Work | Prabarashita Yoga | 766238575 | Trayodashi* Until 7:16AM Tue | Moon - Green | Sivaloka Day |
| Until 5:04AM Tue | | | | Kartika-Kartikai | |
| Then Creative Work - Siddha Yoga | | | | | |

5

Tuesday, November 18, 2025

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|---------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------|---------------------------------------------|
| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Mangala Vesara Yuktayam Svali Nakshatra Ayushman/Saubhagya Yoga Vanja/Visti* Karana Trayodashi/Chatudashyam Titau | | | Kottayam, India Sun 12 Sutra 218 |
| | | Gulika 12:10PM – 1:37PM | Svali Until 7:51AM Wed | Ganesha: Yellow | Sunrise: 6:08AM |
| | | Yama 9:15AM – 10:42AM | Ayushman Until 8:10AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 3:05PM – 4:33PM | Visti Until 8:32PM | Nataraja: Purple | Moon 11 - Phase 30 - 12 2nd Phase |
| Creative Work | Siddha Yoga | 766238575 | Trayodashi* Until 7:16AM | Moon - Green | Sivaloka Day |
| | | | | Kartika-Kartikai | |

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Wednesday, November 19, 2025

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| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Butha Vesara Yuktayam Svali/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakun*/Catuspada* Karana Chaturdashi/Amavasyam Titau | | | Kottayam, India Sun 13 Sutra 219 |
| | | Gulika 10:42AM – 12:10PM | Svali Until 7:51AM | Ganesha: Blue | Sunrise: 6:08AM |
| | | Yama 7:47AM – 9:15AM | Saubhagya Until 9:01AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 12:10PM – 1:38PM | Catuspada Until 11:04PM | Nataraja: Purple | Moon 11 - Phase 30 - 13 Amavasya |
| Creative Work | Siddha Yoga | 767238575 | Chaturdashi* Until 9:47AM | Moon - Green | Devaloka Day |
| | | | | Kartika-Kartikai | |

Thursday, November 20, 2025

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|---------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|---------------------------|--------------------------------------------|
| | | Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakra Palche Garu Vesara Yuktayam Vishakha/Anusadhha Nakshatra Sobhana/Aksharanda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau | | | Kottayam, India Sun 14 Sutra 220 |
| | | Gulika 9:15AM – 10:43AM | Vishakha Until 10:59AM | Ganesha: Blue | Sunrise: 6:08AM |
| | | Yama 6:20AM – 7:48AM | Sobhana Until 9:54AM | Muruga: Yellow | Sunset: 6:09PM |
| | | Rahu 1:38PM – 3:05PM | Kintughna Until 1:35AM Fri | Nataraja: Purple | Moon 11 - Phase 30 - 14 Prathama |
| Creative Work | Siddha Yoga | 777238575 | Amavasya* Until 12:18PM | Moon - Orange | Devaloka Day |
| | | | | Margasira-Kartikai | |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1

Friday, November 21, 2025

Wisikha Rasi: 12.44 Tilthi 1 – 2

Creative Work Siddha Yoga
Until 1:54PM
Then Routine Work - Marana Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Sukra Vasara Yuktayam
Anuradha/Jyestha* Nakshatra Athiganda*/Sukama Yoga Bava/Balava Karana Prathamam/Dvityayam Titau

| | | | | | | |
|---------------|-------------------|---------------------------------|----------------------------|------------------------|---------------------------|-----------------------|
| Gulika | 7:48AM – 9:15AM | Anuradha Until 1:54PM | Ganesh: Blue | <i>Sunrise:</i> 6:20AM | Kottayam, India Sun 15 | Sutra 221 |
| Yama | 3:06PM – 4:33PM | Athiganda* Until 10:42AM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 10:43AM – 12:10PM | Balava Until 4:00AM Sat | Nataraja: Purple | | | Moon 11 - Phase 31-17 |
| | | Prathama* Until 2:47PM | Moon - Orange | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Devaloka Day |

2

Saturday, November 22, 2025

Wisikha Rasi: 24.39 Tilthi 2 – 3

Creative Work Siddha Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Manta Vasara Yuktayam
Jyestha/Mula* Nakshatra Sukama/Dhriti Yoga Kaulava/Taila Karana Dvityayam Titau

| | | | | | | |
|---------------|------------------|-------------------------------|----------------------------|------------------------|---------------------------|-----------------------|
| Gulika | 6:21AM – 7:48AM | Jyestha* Until 4:34PM | Ganesh: Blue | <i>Sunrise:</i> 6:21AM | Kottayam, India Sun 16 | Sutra 222 |
| Yama | 1:38PM – 3:06PM | Sukarma Until 11:27AM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 9:16AM – 10:43AM | Taila Until 6:19AM Sun | Nataraja: Purple | | | Moon 11 - Phase 31-16 |
| | | Dvitiya Until 5:09PM | Moon - Orange | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Devaloka Day |

3

Sunday, November 23, 2025

Dhanus Rasi: 6.37 Tilthi 3

Creative Work Amrita Yoga
Until 7:25PM
Then Creative Work - Siddha Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Bharu Vasara Yuktayam
Mula*/Mula* Nakshatra Dhriti/Shula* Yoga Taila/Gara Karana Tritiyayam Titau

| | | | | | | |
|---------------|------------------|-----------------------------|----------------------------|------------------------|---------------------------|-----------------------|
| Gulika | 3:06PM – 4:33PM | Mula* Until 7:25PM | Ganesh: Blue | <i>Sunrise:</i> 6:21AM | Kottayam, India Sun 17 | Sutra 223 |
| Yama | 12:11PM – 1:38PM | Dhriti Until 12:06PM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 4:33PM – 6:01PM | Taila Until 6:19AM | Nataraja: Purple | | | Moon 11 - Phase 31-17 |
| | | Tritiya Until 7:22PM | Moon - Light Blue | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Devaloka Day |

4

Monday, November 24, 2025

Dhanus Rasi: 18.38 Tilthi 4
Family Home Evening

Routine Work Marana Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Indu Vasara Yuktayam
Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanja/Visli* Karana Chaturthiyam Titau

| | | | | | | |
|---------------|-------------------|----------------------------------|----------------------------|------------------------|---------------------------|-----------------------|
| Gulika | 1:39PM – 3:06PM | Purvashadha* Until 9:51PM | Ganesh: Blue | <i>Sunrise:</i> 6:20AM | Kottayam, India Sun 18 | Sutra 224 |
| Yama | 10:44AM – 12:11PM | Shula* Until 12:34PM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 7:49AM – 9:17AM | Vanija Until 8:25AM | Nataraja: Purple | | | Moon 11 - Phase 31-18 |
| | | Chaturthi* Until 9:21PM | Moon - Light Blue | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Devaloka Day |

5

Tuesday, November 25, 2025

Makara Rasi: 0.47 Tilthi 5

Routine Work Prabalaritha Yoga
Until 11:48PM
Then Creative Work - Siddha Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Mangala Vasara Yuktayam
Uttarashadha* Nakshatra Ganda*/Widdhi Yoga Bava/Balava Karana Panchamyam Titau

| | | | | | | |
|---------------|------------------|-----------------------------------|----------------------------|------------------------|---------------------------|-----------------------|
| Gulika | 12:12PM – 1:39PM | Uttarashadha Until 11:48PM | Ganesh: Red | <i>Sunrise:</i> 6:20AM | Kottayam, India Sun 19 | Sutra 225 |
| Yama | 9:17AM – 10:44AM | Ganda* Until 12:48PM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 3:06PM – 4:34PM | Bava Until 10:14AM | Nataraja: Purple | | | Moon 11 - Phase 31-19 |
| | | Panchami Until 10:58PM | Moon - Light Blue | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Sivaloka Day |

6

Wednesday, November 26, 2025

Makara Rasi: 13.07 Tilthi 6

Creative Work Siddha Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Butha Vasara Yuktayam
Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau

| | | | | | | |
|---------------|-------------------|------------------------------------|----------------------------|------------------------|---------------------------|---------------------------|
| Gulika | 10:45AM – 12:12PM | Shravana Until 1:35AM Thu | Ganesh: Blue | <i>Sunrise:</i> 6:23AM | Kottayam, India Sun 20 | Sutra 226 |
| Yama | 7:50AM – 9:17AM | Widdhi Until 12:44PM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 12:12PM – 1:39PM | Kaulava Until 11:37AM | Nataraja: Purple | | | Moon 11 - Phase 31-20 |
| | | Shashthi* Until 12:05AM Thu | Moon - Purple | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Subha Sivaloka Day |

Thursday, November 27, 2025

Retreat Star

Makara Rasi: 25.39 Tilthi 7

Creative Work Siddha Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Guru Vasara Yuktayam
Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau

| | | | | | | |
|---------------|------------------|------------------------------------|----------------------------|------------------------|---------------------------|---------------------------|
| Gulika | 9:18AM – 10:45AM | Dhanishtha Until 2:35AM Fri | Ganesh: Blue | <i>Sunrise:</i> 6:23AM | Kottayam, India Sun 21 | Sutra 227 |
| Yama | 6:23AM – 7:50AM | Dhruva Until 12:11PM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 1:40PM – 3:07PM | Gara Until 12:26PM | Nataraja: Purple | | | Moon 11 - Phase 31-21 |
| | | Saptami Until 12:35AM Fri | Moon - Purple | | | 3rd Phase |
| | | | Margasira-Karttikai | | | Subha Sivaloka Day |

D

Friday, November 28, 2025

Retreat Star

Kumbha Rasi: 8.3 Tilthi 8

Creative Work Siddha Yoga
Until 2:43AM Sat
Then Routine Work - Marana Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Sukra Vasara Yuktayam
Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Visli*/Bava Karana Ashtamyam Titau

| | | | | | | |
|---------------|-------------------|--------------------------------------|----------------------------|------------------------|---------------------------|---------------------------|
| Gulika | 7:51AM – 9:18AM | Shatabhishak Until 2:43AM Sat | Ganesh: Blue | <i>Sunrise:</i> 6:24AM | Kottayam, India Sun 22 | Sutra 228 |
| Yama | 3:07PM – 4:34PM | Vyaghata* Until 11:08AM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 10:45AM – 12:13PM | Visli Until 12:34PM | Nataraja: Purple | | | Moon 11 - Phase 31-22 |
| | | Ashtami* Until 12:19AM Sat | Moon - Purple | | | Ashtami |
| | | | Margasira-Karttikai | | | Subha Sivaloka Day |

Saturday, November 29, 2025

Retreat Star

Kumbha Rasi: 21.44 Tilthi 9

Routine Work Marana Yoga
Until 2:23AM Sun
Then Creative Work - Amrita Yoga

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Wisikha Mase: Sukla Paksha Manta Vasara Yuktayam
Purvashrothapada* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau

| | | | | | | |
|---------------|------------------|-------------------------------------------|----------------------------|------------------------|---------------------------|---------------------------|
| Gulika | 6:24AM – 7:51AM | Purvashrothapada* Until 2:23AM Sun | Ganesh: Purple | <i>Sunrise:</i> 6:24AM | Kottayam, India Sun 23 | Sutra 229 |
| Yama | 1:40PM – 3:07PM | Harshana Until 9:29AM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | | Visvasu 517 |
| Rahu | 9:18AM – 10:46AM | Balava Until 11:55AM | Nataraja: Purple | | | Moon 11 - Phase 31-23 |
| | | Navami* Until 11:17PM | Moon - Clear | | | Navami |
| | | | Margasira-Karttikai | | | Subha Sivaloka Day |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| | | | | | |
|-------------------------------------------------------------------------------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 1 Sunday, November 30, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Bhanu Vasara Yuktiyayam Uttaraprosphhadapa Nakshatra Vajra/Siddhi Yoga Talila/Gara Karana Dashamyam Titau | | | Kottayam, India Sun 24 Sutra 230 |
| Mesha Rasi: 5.25 | Tithi 10 | Gulika 3:08PM - 4:35PM | Uttaraprosphhadapa Until 1:09AM Mon | Ganesh: Purple Muruga: Yellow Nataraja: Purple | Sunrise: 6:24AM Sunset: 6:03PM Moon 11 - Phase 32 - 24 4th Phase |
| Creative Work - Amrita Yoga Until 1:09AM Mon Then Creative Work - Siddha Yoga | | Yama 12:13PM - 1:40PM | Vajra* Until 7:12AM Talila Until 10:29AM | Moon - Clear Margasira-Karttikai | Subha Sivaloka Day |
| | | 718238575 | Rahu 4:35PM - 6:02PM | Dashami Until 9:28PM | |

| | | | | | |
|-----------------------------------|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 2 Monday, December 1, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Indu Vasara Yuktiyayam Revati Nakshatra Vyalipala* Yoga Vanija/Visi* Karana Ekadashyam Titau | | | Kottayam, India Sun 25 Sutra 231 |
| Mesha Rasi: 19.33 | Tithi 11 | Gulika 1:41PM - 3:08PM | Revati Until 11:06PM | Ganesh: Purple Muruga: Yellow Nataraja: Purple | Sunrise: 6:25AM Sunset: 6:03PM Moon 11 - Phase 32 - 25 4th Phase |
| Creative Work - Siddha Yoga | | Yama 10:46AM - 12:14PM | Vyalipala* Until 12:55AM Tue Vanija Until 8:19AM | Moon - Clear Margasira-Karttikai | Subha Sivaloka Day |
| | | 718238575 | Rahu 7:52AM - 9:19AM | Ekadashi Until 6:58PM | |
| | | Gita Jayanthi | | | |

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|------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 3 Tuesday, December 2, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Mangala Vasara Yuktiyayam Ashvini Nakshatra Varayan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Kottayam, India Sun 26 Sutra 232 |
| Mesha Rasi: 4.08 | Tithi 12 - 13 | Gulika 12:14PM - 1:41PM | Ashvini Until 8:47PM | Ganesh: White Muruga: Yellow Nataraja: Purple | Sunrise: 6:25AM Sunset: 6:03PM Moon 11 - Phase 32 - 26 4th Phase |
| Creative Work - Siddha Yoga | | Yama 9:20AM - 10:47AM | Varayan Until 9:04PM Kaulava Until 2:12AM Wed | Moon - White Margasira-Karttikai | Devaloka Day |
| | | 729238575 | Rahu 3:08PM - 4:35PM | Dvadashi Until 3:53PM | |
| <i>Pradosha Vata</i> | | | | | |

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|---------------------------------------------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 4 Wednesday, December 3, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Budha Vasara Yuktiyayam Bharani/Kritika Nakshatra Parigha/Shiva Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau | | | Kottayam, India Sun 27 Sutra 233 |
| Mesha Rasi: 19.06 | Tithi 13 - 14 | Gulika 10:47AM - 12:14PM | Bharani Until 5:57PM | Ganesh: White Muruga: Yellow Nataraja: Purple | Sunrise: 6:26AM Sunset: 6:03PM Moon 11 - Phase 32 - 27 4th Phase |
| Creative Work - Siddha Yoga Until 5:57PM Then Creative Work - Amrita Yoga | | Yama 9:20AM - 10:47AM | Parigha* Until 4:54PM Gara Until 10:32PM | Moon - White Margasira-Karttikai | Devaloka Day |
| | | 729238575 | Rahu 12:14PM - 1:41PM | Trayodashi Until 12:23PM | |

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|-----------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|--------------------------------------------------------------------------|-------------------------------------------------------------------------|
| Thursday, December 4, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Guru Vasara Yuktiyayam Kritika/Rohini Nakshatra Shiva/Siddha Yoga Vanija/Visi* Karana Chaturdashi/Purnamayam Titau | | | Kottayam, India Sun 28 Sutra 234 |
| Copper Retreat Star | | Gulika 9:21AM - 10:48AM | Kritika Until 2:46PM | Ganesh: White Muruga: Yellow Nataraja: Purple | Sunrise: 6:26AM Sunset: 6:03PM Moon 11 - Phase 32 - 28 Purnima |
| Creative Work - Marana Yoga | | Yama 6:26AM - 7:54AM | Shiva Until 12:34PM Visi Until 6:43PM | Moon - White Margasira-Karttikai | Devaloka Day |
| | | 729238575 | Rahu 1:42PM - 3:09PM | Chaturdashi* Until 8:37AM | |
| | | Kritika Deepam | | | |

| | | | | | |
|----------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Friday, December 5, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Krishna Paksha Sukra Vasara Yuktiyayam Rohini/Migashira Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamam Titau | | | Kottayam, India Sun 29 Sutra 235 |
| Silver Retreat Star | | Gulika 7:54AM - 9:21AM | Rohini Until 11:49AM | Ganesh: Yellow Muruga: Yellow Nataraja: Purple | Sunrise: 6:27AM Sunset: 6:03PM Moon 11 - Phase 32 - 29 Prathama |
| Creative Work - Marana Yoga Until 11:49AM Then Creative Work - Siddha Yoga | | Yama 3:09PM - 4:36PM | Siddha Until 8:09AM Balava Until 2:53PM | Moon - Yellow Margasira-Karttikai | Sivaloka Day |
| | | 739238575 | Rahu 10:48AM - 12:15PM | Prathama* Until 1:01AM Sat | |
| | | Vinayaga Viratam Begins | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Mania Vasara Yuktyam
Mrigashira/Ardra Nakshatra Subha Yoga Talika/Gara Karana Dvitiyayam TilauKottayam, India
Sutra 236

Mithuna Rasi: 4.5 Tithi 17

Gulika 6:27AM – 7:54AM
Yama 1:43PM – 3:10PM
Rahu 9:22AM – 10:49AM**Mrigashira Until 8:53AM**
Subha Until 11:51PM
Talika Until 11:15AM
Dvitiya Until 9:33PMGanesh: Yellow Sunrise: 6:27AM
Muruga: Yellow Sunset: 6:04PM
Nataraja: Purple
Moon - Yellow
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day**1****Sunday, December 7, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Bhamu Vasara Yuktyam
Ardra/Punarvasu Nakshatra Sukla Yoga Vanja/Visli Karana Trityayam TilauKottayam, India
Sutra 237

Mithuna Rasi: 19.47 Tithi 18

Gulika 3:10PM – 4:37PM
Yama 12:16PM – 1:43PM
Rahu 4:37PM – 6:04PM**Ardra Until 6:11AM**
Sukla Until 8:11PM
Vanija Until 7:59AM
Tritya Until 6:31PMGanesh: Yellow Sunrise: 6:28AM
Muruga: Yellow Sunset: 6:04PM
Nataraja: Purple
Moon - Yellow
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day**2****Monday, December 8, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Indu Vasara Yuktyam
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurithi/Panchamyam TilauKottayam, India
Sutra 238

Kataka Rasi: 4.22 Tithi 19 – 20

Gulika 1:43PM – 3:10PM
Yama 10:49AM – 12:16PM
Rahu 7:55AM – 9:22AM**Pushya Until 2:54AM Tue**
Brahma Until 5:03PM
Kaulava Until 3:13AM Tue
Chalurithi Until 4:07PMGanesh: Blue Sunrise: 6:28AM
Muruga: Yellow Sunset: 6:04PM
Nataraja: Purple
Moon - Blue
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 2 1st Phase

Creative Work Siddha Yoga

Devaloka Day**3****Tuesday, December 9, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Mangala Vasara Yuktyam
Ashlesha Nakshatra Indra/Vaidhiti Yoga Talika/Gara Karana Panchami/Shabdhyam TilauKottayam, India
Sutra 239

Kataka Rasi: 18.27 Tithi 20 – 21

Gulika 12:17PM – 1:44PM
Yama 9:23AM – 10:50AM
Rahu 3:11PM – 4:38PM**Ashlesha Until 2:12AM Wed**
Indra Until 2:33PM
Gara Until 2:02AM Wed
Panchami Until 2:30PMGanesh: White Sunrise: 6:29AM
Muruga: Yellow Sunset: 6:05PM
Nataraja: Purple
Moon - Blue
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 3 1st Phase

Creative Work Siddha Yoga

Devaloka Day**4****Wednesday, December 10, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Budha Vasara Yuktyam
Magha Nakshatra Vaidhiti/Vishkambha Yoga Vanja/Visli Karana Saptami/Saptamyam TilauKottayam, India
Sutra 240

Simha Rasi: 2.01 Tithi 21 – 22

Gulika 10:50AM – 12:17PM
Yama 7:56AM – 9:23AM
Rahu 12:17PM – 1:44PM**Magha Until 2:40AM Thu**
Vaidhiti Until 12:42PM
Visli Until 1:44AM Thu
Shashthi Until 1:45PMGanesh: Clear Sunrise: 6:30AM
Muruga: Yellow Sunset: 6:05PM
Nataraja: Purple
Moon - Red
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 4 1st Phase

Creative Work Siddha Yoga

Sivaloka Day**5****Thursday, December 11, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Guru Vasara Yuktyam
Purvaphalguni Nakshatra Vishkambha/Prithi Yoga Balava/Karana Saptami/Navamyam TilauKottayam, India
Sutra 241

Simha Rasi: 15.07 Tithi 22 – 23

Gulika 9:24AM – 10:51AM
Yama 6:30AM – 7:57AM
Rahu 1:45PM – 3:12PM**Purvaphalguni Until 3:52AM Fri**
Vishkambha Until 11:35AM
Balava Until 2:20AM Fri
Saptami Until 1:54PMGanesh: Clear Sunrise: 6:30AM
Muruga: Yellow Sunset: 6:06PM
Nataraja: Purple
Moon - Red
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 5 Ashtami

Creative Work Siddha Yoga

Sivaloka Day**Friday, December 12, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Sulea Vasara Yuktyam
Uttaraphalguni Nakshatra Prithi/Ajyotham Yoga Kaulava/Talika Karana Ashtami/Navamyam TilauKottayam, India
Sutra 242

Simha Rasi: 27.46 Tithi 23 – 24

Gulika 7:57AM – 9:24AM
Yama 3:12PM – 4:39PM
Rahu 10:51AM – 12:18PM**Uttaraphalguni Until 5:38AM Sat**
Prithi Until 11:09AM
Talika Until 3:43AM Sat
Ashtami Until 2:55PMGanesh: Purple Sunrise: 6:31AM
Muruga: Yellow Sunset: 6:06PM
Nataraja: Purple
Moon - Red
Margasira-KarttikaiVasavasau 5:127
Moon 12 - Phase 33 - 6 Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

Until 5:38AM Sat

Then Routine Work - Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|--------------------|--|-------------------------------------------------------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------------------------------------------------|--|
| 1 | | Saturday, December 13, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Manita Vesara Yukhtayam Kottayam, India | |
| Kanya Rasi: 10.05 | | Tithi 24 – 25 | | Sun 7 Sutra 243 | |
| Routine Work | | Marana Yoga | | Sivaloka Day | |
| Then Creative Work | | Siddha Yoga | | | |
| | | Gulika 6:31AM – 7:58AM Yama 1:46PM – 3:13PM Rahu 9:25AM – 10:52AM | | Hasla Until 8:19AM Sun Ayushman Until 11:14AM Vanija Until 5:44AM Sun Navami* Until 4:38PM | |
| | | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green Margasira-Kartikiki | | Sunrise: 6:31AM Sunset: 6:09PM Moon 12 - Phase 34 - 7 2nd Phase | |

| | | | | | |
|--------------------|--|-------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------|--|
| 2 | | Sunday, December 14, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yukhtayam Kottayam, India | |
| Kanya Rasi: 22.1 | | Tithi 25 | | Sun 8 Sutra 244 | |
| Routine Work | | Amrita Yoga | | Sivaloka Day | |
| Then Creative Work | | Siddha Yoga | | | |
| | | Gulika 3:13PM – 4:40PM Yama 12:19PM – 1:46PM Rahu 4:40PM – 6:07PM | | Hasla Until 8:19AM Saubhagya Until 11:45AM Visti Until 6:53PM Dashami Until 6:53PM | |
| | | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green Margasira-Kartikiki | | Sunrise: 6:20AM Sunset: 6:07PM Moon 12 - Phase 34 - 8 2nd Phase | |

| | | | | | |
|--------------------|--|-------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------------------------------------------------|--|
| 3 | | Monday, December 15, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Indu Vesara Yukhtayam Kottayam, India | |
| Tula Rasi: 4.06 | | Tithi 26 | | Sun 9 Sutra 245 | |
| Routine Work | | Prabalarishtha Yoga | | Sivaloka Day | |
| Then Creative Work | | Amrita Yoga | | | |
| | | Gulika 1:47PM – 1:31PM Yama 10:53AM – 12:20PM Rahu 7:59AM – 9:26AM | | Chitra Until 11:10AM Sobhana Until 12:32PM Bava Until 8:08AM Ekadashi* Until 9:24PM | |
| | | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Green Margasira-Kartikiki | | Sunrise: 6:20AM Sunset: 6:07PM Moon 12 - Phase 34 - 7 2nd Phase | |

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|-------------------|--|------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------|--|
| 4 | | Tuesday, December 16, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yukhtayam Kottayam, India | |
| Tula Rasi: 15.57 | | Tithi 27 | | Sun 10 Sutra 246 | |
| Routine Work | | Siddha Yoga | | Subha Sivaloka Day | |
| Then Routine Work | | Marana Yoga | | | |
| | | Gulika 12:20PM – 1:47PM Yama 10:53AM – 10:53AM Rahu 3:14PM – 4:41PM | | Svali Until 2:01PM Alhiganda* Until 1:24PM Kadava Until 10:43AM Dvadashi* Until 12:00AM Wed | |
| | | Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Green Margasira-Markali | | Sunrise: 6:20AM Sunset: 6:09PM Moon 12 - Phase 34 - 10 2nd Phase | |

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| 5 | | Wednesday, December 17, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yukhtayam Kottayam, India | |
| Tula Rasi: 27.47 | | Tithi 28 | | Sun 11 Sutra 247 | |
| Routine Work | | Siddha Yoga | | Sivaloka Day | |
| Then Creative Work | | Siddha Yoga | | | |
| | | Gulika 10:54AM – 12:21PM Yama 8:00AM – 9:27AM Rahu 12:21PM – 1:48PM | | Vishakha Until 5:12PM Sukarma Until 2:16PM Gara Until 1:19PM Trayodashi* Until 2:34AM Thu | |
| | | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Markali | | Sunrise: 6:20AM Sunset: 6:09PM Moon 12 - Phase 34 - 11 2nd Phase | |

Pradosha Vata (Fasting)

| | | | | | |
|---------------------|--|------------------------------------------------------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------------------------------------------------|--|
| 6 | | Thursday, December 18, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vesara Yukhtayam Kottayam, India | |
| Vishchika Rasi: 9.4 | | Tithi 29 | | Sun 12 Sutra 248 | |
| Routine Work | | Siddha Yoga | | Sivaloka Day | |
| Then Routine Work | | Prabalarishtha Yoga | | | |
| | | Gulika 9:27AM – 10:54AM Yama 6:34AM – 8:01AM Rahu 1:48PM – 3:15PM | | Anuradha Until 8:05PM Dhriil Until 3:05PM Visti Until 3:49PM Chalurdashi* Until 4:58AM Fri | |
| | | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Markali | | Sunrise: 6:20AM Sunset: 6:09PM Moon 12 - Phase 34 - 12 2nd Phase | |

| | | | | | |
|-----------------------|--|------------------------------------------------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------------------------------------------------------|--|
| ● | | Friday, December 19, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yukhtayam Kottayam, India | |
| Vishchika Rasi: 21.35 | | Tithi 30 | | Sun 13 Sutra 249 | |
| Routine Work | | Marana Yoga | | Sivaloka Day | |
| Then Creative Work | | Amrita Yoga | | | |
| | | Gulika 8:01AM – 9:28AM Yama 3:15PM – 4:42PM Rahu 10:55AM – 12:22PM | | Jyeshtha* Until 10:38PM Shula* Until 3:43PM Catuspada Until 6:07PM Amavasya* Until 7:11AM Sat | |
| | | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Markali | | Sunrise: 6:20AM Sunset: 6:09PM Moon 12 - Phase 34 - 13 Amavasya | |

| | | | | | |
|--------------------|--|------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------|--|
| ● | | Saturday, December 20, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Manita Vesara Yukhtayam Kottayam, India | |
| Dhanus Rasi: 4 | | Tithi 30 – 1 | | Sun 14 Sutra 250 | |
| Routine Work | | Siddha Yoga | | Devaloka Day | |
| Then Creative Work | | Siddha Yoga | | | |
| | | Gulika 6:35AM – 8:02AM Yama 1:49PM – 3:16PM Rahu 9:28AM – 10:55AM | | Mula* Until 1:18AM Sun Ganda* Until 4:13PM Kintughna Until 8:13PM Amavasya* Until 7:11AM | |
| | | Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Pausha-Markali | | Sunrise: 6:25AM Sunset: 6:10PM Moon 12 - Phase 34 - 14 Prathama | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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1

Sunday, December 21, 2025

| | | | | | | |
|---------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yukayam Purvashada* Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Prathama/Dhivlyayam Titau | | | Kottayam, India Sun 15 Sutra 251 | |
| Dhanus Rasi: 15.42 | Tithi 1 – 2 | Gulika 3:16PM – 4:43PM | Purvashada* Until 3:32AM Mon | Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 6:25AM Sunset: 6:10PM | Vasava: 5:17 Moon 12 - Phase 35 - 12 3rd Phase |
| Creative Work | Siddha Yoga | 882338575 | Yama 12:23PM – 1:49PM Rahu 4:43PM – 6:10PM | Viddhi Until 4:32PM Balava Until 10:02PM | | |
| Until 3:32AM Mon | | | Day 1 of Pancha Ganapati | Prathama* Until 9:08AM | | Devaloka Day |
| Then Routine Work – Marana Yoga | | | | | | |

2

Monday, December 22, 2025

| | | | | | | |
|----------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| | | Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yukayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dhruva/Tritiyam Titau | | | Kottayam, India Sun 16 Sutra 252 | |
| Dhanus Rasi: 27.55 | Tithi 2 – 3 | Gulika 1:50PM – 3:17PM | Uttarashada Until 5:20AM Tue | Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 6:36AM Sunset: 6:17PM | Vasava: 5:17 Moon 12 - Phase 35 - 12 3rd Phase |
| Family Home Evening | | 882338575 | Yama 10:56AM – 12:23PM Rahu 8:03AM – 9:29AM | Dhruva Until 4:37PM Taila Until 11:34PM | | |
| Routine Work | Marana Yoga | | Day 2 of Pancha Ganapati | Dvitiya Until 10:49AM | | Devaloka Day |
| Until 5:20AM Tue | | | | | | |
| Then Creative Work – Siddha Yoga | | | | | | |

3

Tuesday, December 23, 2025

| | | | | | | |
|---------------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yukayam Uttarashada Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | Kottayam, India Sun 17 Sutra 253 | |
| Makara Rasi: 10.15 | Tithi 3 – 4 | Gulika 12:24PM – 1:50PM | Shravana Until 7:07AM Wed | Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 6:36AM Sunset: 6:17PM | Vasava: 5:17 Moon 12 - Phase 35 - 12 3rd Phase |
| Creative Work | Siddha Yoga | 892338575 | Yama 9:30AM – 10:57AM Rahu 3:17PM – 4:44PM | Vyaghata* Until 4:28PM Vanija Until 12:46AM Wed | | |
| Until 7:07AM Wed | | | Day 3 of Pancha Ganapati | Tritiya Until 12:12PM | | Devaloka Day |
| Then Routine Work – Prabarashita Yoga | | | | | | |

4

Wednesday, December 24, 2025

| | | | | | | |
|---------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yukayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vidi/Bava Karana Chaturthi/Panchamam Titau | | | Kottayam, India Sun 18 Sutra 254 | |
| Makara Rasi: 22.44 | Tithi 4 – 5 | Gulika 10:57AM – 12:24PM | Shravana Until 7:07AM | Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 6:27AM Sunset: 6:12PM | Vasava: 5:17 Moon 12 - Phase 35 - 12 3rd Phase |
| Creative Work | Siddha Yoga | 892338575 | Yama 8:04AM – 9:30AM Rahu 12:24PM – 1:51PM | Harshana Until 4:02PM Bava Until 1:33AM Thu | | |
| Until 7:07AM | | | Day 4 of Pancha Ganapati | Chaturthi* Until 1:12PM | | Devaloka Day |
| Then Routine Work – Prabarashita Yoga | | | | | | |

5

Thursday, December 25, 2025

| | | | | | | |
|---------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yukayam Dhanishtha/Shatabhishak Nakshatra Vajra* Siddhi Yoga Balava/Kaulava Karana Panchami/Shashtham Titau | | | Kottayam, India Sun 19 Sutra 255 | |
| Kumbha Rasi: 5.25 | Tithi 5 – 6 | Gulika 9:31AM – 10:58AM | Dhanishtha Until 8:19AM | Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 6:27AM Sunset: 6:12PM | Vasava: 5:17 Moon 12 - Phase 35 - 12 3rd Phase |
| Creative Work | Siddha Yoga | 892338575 | Yama 6:37AM – 8:04AM Rahu 1:52PM – 3:18PM | Vajra* Until 3:14PM Kaulava Until 1:51AM Fri | | |
| Until 7:07AM | | | Day 5 of Pancha Ganapati | Panchami Until 1:45PM | | Devaloka Day |
| Then Routine Work – Prabarashita Yoga | | | | | | |

6

Friday, December 26, 2025

| | | | | | | |
|---------------------------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mase Sukla Paksha Shukra Vasara Yukayam Shatabhishak/Purvashrothapada* Nakshatra Siddhi/Vyalyapata* Yoga Talika/Gara Karana Shashthi/Saptamam Titau | | | Kottayam, India Sun 20 Sutra 256 | |
| Kumbha Rasi: 18.2 | Tithi 6 – 7 | Gulika 8:05AM – 9:31AM | Shatabhishak Until 8:53AM | Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple | Sunrise: 6:38AM Sunset: 6:13PM | Vasava: 5:17 Moon 12 - Phase 35 - 20 3rd Phase |
| Creative Work | Siddha Yoga | 892338576 | Yama 3:19PM – 4:46PM Rahu 10:58AM – 12:25PM | Siddhi Until 2:02PM Gara Until 1:35AM Sat | | |
| Until 7:07AM | | | | Shashthi* Until 1:47PM | | Bhuloka Day Devaloka Time: 3PM to 6PM |
| Then Routine Work – Prabarashita Yoga | | | | | | |

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Saturday, December 27, 2025

| | | | | | | |
|----------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|----------------------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yukayam Purvashrothapada/Uttarproshrothapada Nakshatra Varyajana/Vanija/Visi* Karana Saptami/Ashthamam Titau | | | Kottayam, India Sun 21 Sutra 257 | |
| Meena Rasi: 1.32 | Tithi 7 – 8 | Gulika 6:38AM – 8:05AM | Purvashrothapada* Until 9:11AM | Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Clear | Sunrise: 6:38AM Sunset: 6:13PM | Vasava: 5:17 Moon 12 - Phase 35 - 21 Ashtami |
| Routine Work | Marana Yoga | 812338576 | Yama 1:53PM – 3:19PM Rahu 9:32AM – 10:59AM | Vyalipata* Until 12:23PM Visi Until 12:43AM Sun | | |
| Until 9:11AM | | | | Saptami Until 1:13PM | | Bhuloka Day Devaloka Time: 3PM to 6PM |
| Then Creative Work – Siddha Yoga | | | | | | |

Sunday, December 28, 2025

| | | | | | | |
|---------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|---------------------------------------------------|
| | | Vishvasu Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yukayam Uttarproshrothapada/Revati Nakshatra Varyajana/Parigraha* Yoga Bava/Balava Karana Ashthami/Navamam Titau | | | Kottayam, India Sun 22 Sutra 258 | |
| Meena Rasi: 15.05 | Tithi 8 – 9 | Gulika 3:20PM – 4:47PM | Uttarproshrothapada Until 8:44AM | Ganesh: Green Muruga: Yellow Nataraja: Clear Moon – Clear | Sunrise: 6:39AM Sunset: 6:14PM | Vasava: 5:17 Moon 12 - Phase 35 - 22 Navami |
| Creative Work | Amrita Yoga | 812338576 | Yama 12:26PM – 1:53PM Rahu 4:47PM – 6:14PM | Varyajana Until 10:13AM Balava Until 11:12PM | | |
| Until 9:11AM | | | | Ashthami* Until 12:01PM | | Bhuloka Day Devaloka Time: 3PM to 6PM |
| Then Routine Work – Prabarashita Yoga | | | | | | |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------|----------------------------|----------------------|----------------------------------------|
| 1 Monday, December 29, 2025 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam Kottayam, India | | | |
| | | Revati/Ashvini Nakshatra Parigha/7Shiva Yoga Kaulava/Tailita Karana Navami/Dashmyam Tilau Sun 23 Sutra 259 | | | |
| Mesha Rasi: 29:01 | Tithi 9 – 10 | Gulika 1:54PM – 3:20PM | Revati Until 7:31AM | Ganesh: Green | Sunrise: 6:39AM |
| Family Home Evening | 812338576 | Yama 11:00AM – 12:27PM | Parigha* Until 7:35AM | Muruga: Yellow | Sunset: 6:16PM Moon 12 - Phase 36 - 23 |
| Creative Work | Siddha Yoga | Rahu 8:06AM – 9:33AM | Tailita Until 9:06PM | Nataraja: Clear | 4th Phase |
| | | Navami* Until 10:12AM | | Moon – Clear | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 3PM to 6PM |

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|-------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------|-----------------------------|--------------------|----------------------------------------|
| 2 Tuesday, December 30, 2025 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vesara Yuktayam Kottayam, India | | | |
| | | Ashvini/Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadasmyam Tilau Sun 24 Sutra 260 | | | |
| Mesha Rasi: 13:18 | Tithi 10 – 11 | Gulika 12:27PM – 1:54PM | Ashvini Until 6:02AM | Ganesh: Red | Sunrise: 6:39AM |
| | 822338576 | Yama 9:33AM – 11:00AM | Siddha Until 12:58AM Wed | Muruga: Yellow | Sunset: 6:15PM Moon 12 - Phase 36 - 24 |
| Creative Work | Siddha Yoga | Rahu 3:21PM – 4:48PM | Vanija Until 6:28PM | Nataraja: Clear | 4th Phase |
| | | Valakuntha Ekadasi | | Moon – White | Devaloka Day |
| | | Dashami Until 7:50AM | | Pausha-Markali | |

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|---------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------|----------------------------------|--------------------|----------------------------------------|
| 3 Wednesday, December 31, 2025 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vesara Yuktayam Kottayam, India | | | |
| | | Kritika Nakshatra Sadyha Yoga Bava/Balava Karana Dvadasmyam Tilau Sun 25 Sutra 261 | | | |
| Mesha Rasi: 27:56 | Tithi 12 | Gulika 11:01AM – 12:28PM | Kritika Until 1:19AM Thu | Ganesh: Red | Sunrise: 6:40AM |
| | 822338576 | Yama 8:07AM – 9:34AM | Sadyha Until 9:10PM | Muruga: Yellow | Sunset: 6:15PM Moon 12 - Phase 36 - 25 |
| Creative Work | Amrita Yoga | Rahu 12:28PM – 1:55PM | Bava Until 3:25PM | Nataraja: Clear | 4th Phase |
| Until 1:19AM Thu | | | Dvadashi Until 1:46AM Thu | Moon – White | Devaloka Day |
| Then Routine Work – Marana Yoga | | | | Pausha-Markali | |

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|------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------|-----------------------------|---------------------|----------------------------------------|
| 4 Thursday, January 1, 2026 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam Kottayam, India | | | |
| | | Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Trayodshmyam Tilau Sun 26 Sutra 262 | | | |
| Wishabha Rasi: 12:49 | Tithi 13 | Gulika 9:34AM – 11:01AM | Rohini Until 10:47PM | Ganesh: Blue | Sunrise: 6:40AM |
| | 832338576 | Yama 6:40AM – 8:07AM | Subha Until 5:11PM | Muruga: Yellow | Sunset: 6:16PM Moon 12 - Phase 36 - 26 |
| Routine Work | Marana Yoga | Rahu 1:55PM – 3:22PM | Kaulava Until 12:06PM | Nataraja: Clear | 4th Phase |
| | | Trayodashi Until 10:22PM | | Moon – Yellow | Bhuloka Day |
| | | | | Pausha-Markali | Devaloka Time: 3PM to 6PM |
| <i>Pradosha Vata</i> | | | | | |

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|----------------------------------|-------------|--------------------------------------------------------------------------------------------------------------|--------------------------------|---------------------|----------------------------------------|
| 5 Friday, January 2, 2026 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vesara Yuktayam Kottayam, India | | | |
| | | Migashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashmyam Tilau Sun 27 Sutra 263 | | | |
| Wishabha Rasi: 27:51 | Tithi 14 | Gulika 8:08AM – 9:35AM | Mrigashira Until 8:04PM | Ganesh: Blue | Sunrise: 6:41AM |
| | 833348576 | Yama 3:22PM – 4:49PM | Sukla Until 1:06PM | Muruga: White | Sunset: 6:16PM Moon 12 - Phase 36 - 27 |
| Creative Work | Siddha Yoga | Rahu 11:02AM – 12:29PM | Gara Until 8:39AM | Nataraja: Clear | 4th Phase |
| | | Chaturdashi* Until 6:55PM | | Moon – Yellow | Devaloka Day |
| | | | | Pausha-Markali | |

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|------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------|---------------------------|---------------------|----------------------------------------|
| ○ Saturday, January 3, 2026 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Manita Vasara Yuktayam Kottayam, India | | | |
| Copper Retreat Star | | Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 28 Sutra 264 | | | |
| Mithuna Rasi: 12:52 | Tithi 15 – 16 | Gulika 6:41AM – 8:08AM | Ardra Until 5:21PM | Ganesh: Blue | Sunrise: 6:41AM |
| | 833348576 | Yama 1:56PM – 3:23PM | Brahma Until 9:05AM | Muruga: White | Sunset: 6:17PM Moon 12 - Phase 36 - 28 |
| Creative Work | Siddha Yoga | Rahu 9:35AM – 11:02AM | Balava Until 2:02AM Sun | Nataraja: Clear | Purnima |
| | | Purnima* Until 3:35PM | | Moon – Yellow | Devaloka Day |
| | | | | Pausha-Markali | |
| Ardra Darshanam | | | | | |

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|--------------------------------|---------------|----------------------------------------------------------------------------------------------------------------|-------------------------------|--------------------|----------------------------------------|
| Sunday, January 4, 2026 | | Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhava Vesara Yuktayam Kottayam, India | | | |
| Silver Retreat Star | | Punarvasu/Pushya Nakshatra Vaidhiti* Yoga Kaulava/Tailita Karana Purnima/Prathamayam Tilau Sun 29 Sutra 265 | | | |
| Mithuna Rasi: 27:42 | Tithi 16 – 17 | Gulika 3:23PM – 4:50PM | Punarvasu Until 3:13PM | Ganesh: Red | Sunrise: 6:42AM |
| | 843348576 | Yama 12:29PM – 1:56PM | Vaidhiti* Until 1:48AM Mon | Muruga: White | Sunset: 6:17PM Moon 12 - Phase 36 - 29 |
| Creative Work | Siddha Yoga | Rahu 4:50PM – 6:17PM | Tailita Until 11:13PM | Nataraja: Clear | Prathama |
| | | Prathama* Until 12:33PM | | Moon – Blue | Sivaloka Day |
| | | | | Pausha-Markali | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Kottayam, India on 12/20/23

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Monday, January 5, 2026

Gold Retreat Star

Kataka Rasi: 12.14 TITHI 17 - 18
Family Home Evening
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yukitayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Gara/Venja Karana Dvitya/Trityayam Tilau Sun 1
Gulika 1:57PM - 3:24PM Pushya Until 1:25PM Ganesha: Red Sunrise: 6:43AM
Yama 11:03AM - 12:30PM Vishkambha* Until 10:46PM Murgu: White Sunset: 6:18PM
Rahu 8:09AM - 9:36AM Venja Until 8:57PM Nataraja: Clear Moon 1 - Phase 37 - 1
Subramuniyaswami Jayanti Dvitya Until 9:59AM Moon - Blue Pausha-Markali Sivaloka Day

Kottayam, India
Sun 1
Sutra 266
Vasarasu 5127
Sutra 267
Moon 1 - Phase 37 - 1
1st Phase

1 Tuesday, January 6, 2026

Kataka Rasi: 26.22 TITHI 18 - 19
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yukitayam
Ashlesha*/Magha* Nakshatra Priti Yoga Vesi/Bava Karana Tritya/Chaturthayam Tilau Sun 2
Gulika 12:30PM - 1:57PM Ashlesha* Until 12:08PM Ganesha: Yellow Sunrise: 6:43AM
Yama 9:36AM - 11:03AM Priti Until 8:20PM Murgu: White Sunset: 6:18PM
Rahu 3:24PM - 4:51PM Bava Until 7:22PM Nataraja: Clear Moon 1 - Phase 37 - 2
Tritya Until 8:03AM Moon - Blue Pausha-Markali Sivaloka Day

Kottayam, India
Sun 2
Sutra 267
Vasarasu 5127
Sutra 268
Moon 1 - Phase 37 - 2
1st Phase

2 Wednesday, January 7, 2026

Simha Rasi: 10.02 TITHI 19 - 20
Creative Work Siddha Yoga
Until 11:54AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yukitayam
Magha*/Purvaphalguni Nakshatra Agushman Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau Sun 3
Gulika 11:04AM - 12:31PM Magha* Until 11:54AM Ganesha: White Sunrise: 6:43AM
Yama 8:10AM - 9:37AM Agushman Until 6:31PM Murgu: White Sunset: 6:18PM
Rahu 12:31PM - 1:58PM Kaulava Until 6:37PM Nataraja: Clear Moon 1 - Phase 37 - 3
Chaturthi* Until 6:52AM Moon - Red Pausha-Markali Devaloka Day

Kottayam, India
Sun 3
Sutra 268
Vasarasu 5127
Sutra 269
Moon 1 - Phase 37 - 3
1st Phase

3 Thursday, January 8, 2026

Simha Rasi: 23.14 TITHI 20 - 21
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yukitayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Panchmi/Shashthiyam Tilau Sun 4
Gulika 9:37AM - 11:04AM Purvaphalguni Until 12:22PM Ganesha: White Sunrise: 6:43AM
Yama 6:43AM - 8:10AM Saubhagya Until 5:23PM Murgu: White Sunset: 6:20PM
Rahu 1:58PM - 3:25PM Gara Until 6:44PM Nataraja: Clear Moon 1 - Phase 37 - 4
Panchami Until 6:33AM Moon - Red Pausha-Markali Devaloka Day

Kottayam, India
Sun 4
Sutra 269
Vasarasu 5127
Sutra 270
Moon 1 - Phase 37 - 4
1st Phase

4 Friday, January 9, 2026

Kanya Rasi: 5.59 TITHI 21 - 22
Creative Work Siddha Yoga
Until 1:30PM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yukitayam
Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Venja/Vesi* Karana Shashthi/Saptamam Tilau Sun 5
Gulika 8:10AM - 9:37AM Uttaraphalguni Until 1:30PM Ganesha: White Sunrise: 6:43AM
Yama 3:26PM - 4:53PM Sobhana Until 4:54PM Murgu: White Sunset: 6:20PM
Rahu 11:05AM - 12:32PM Vesi Until 7:41PM Nataraja: Clear Moon 1 - Phase 37 - 5
Shashthi* Until 7:05AM Moon - Red Pausha-Markali Devaloka Day

Kottayam, India
Sun 5
Sutra 270
Vasarasu 5127
Sutra 271
Moon 1 - Phase 37 - 5
1st Phase

Saturday, January 10, 2026

Retreat Star
Kanya Rasi: 18.24 TITHI 22 - 23
Routine Work Marana Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yukitayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma/Uttara Saptami/Ashramyam Tilau Sun 6
Gulika 6:44AM - 8:11AM Hasta Until 3:40PM Ganesha: Clear Sunrise: 6:44AM
Yama 1:59PM - 3:26PM Athiganda* Until 4:58PM Murgu: White Sunset: 6:21PM
Rahu 9:38AM - 11:05AM Balava Until 9:22PM Nataraja: Clear Moon 1 - Phase 37 - 6
Saptami Until 8:26AM Moon - Green Pausha-Markali Sivaloka Day

Kottayam, India
Sun 6
Sutra 271
Vasarasu 5127
Sutra 272
Moon 1 - Phase 37 - 6
Ashtami

Sunday, January 11, 2026

Retreat Star
Tula Rasi: 0.32 TITHI 23 - 24
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara: Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yukitayam
Chitra Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Ashtami/Navamam Tilau Sun 7
Gulika 3:27PM - 4:54PM Chitra Until 6:14PM Ganesha: Clear Sunrise: 6:44AM
Yama 12:32PM - 2:00PM Sukarma Until 5:27PM Murgu: White Sunset: 6:21PM
Rahu 4:54PM - 6:21PM Tailila Until 11:34PM Nataraja: Clear Moon 1 - Phase 37 - 7
Ashtami* Until 10:24AM Moon - Green Pausha-Markali Sivaloka Day

Kottayam, India
Sun 7
Sutra 272
Vasarasu 5127
Sutra 273
Moon 1 - Phase 37 - 7
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

All times are standard time. Calculated for Kottayam, India on 12/20/23

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1

Monday, January 12, 2026

| | | | |
|----------------------------------------------------------------------------------------------|-------------------|---------------------------|----------------------------------------|
| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Kishna Paksho Indu Vasara Yuktayam | | Kottayam, India | |
| Svali Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Sun 8 | Sutra 273 |
| Gulika | 2:00PM - 3:27PM | Svali Untili 8:57PM | Ganesh: Clear Sunrise: 6:44AM |
| Yama | 11:06AM - 12:33PM | Dhriti Untili 6:14PM | Muruga: White Sunset: 6:29PM |
| Family Home Evening | 863448576 Rahu | 8:11AM - 9:39AM | Nataraja: Clear Moon 1 - Phase 38 - 10 |
| Creative Work | Amrita Yoga | Navami* Untili 2:04AM Tue | 2nd Phase |
| Untili 8:57PM | | Moan - Green | Sivaloka Day |
| Then Routine Work - Marana Yoga | | Pausha-Markali | |

2

Tuesday, January 13, 2026

| | | | |
|-------------------------------------------------------------------------------------------------|------------------|-----------------------------|---------------------------------------|
| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Kishna Paksho Mangala Vasara Yuktayam | | Kottayam, India | |
| Vishakha Nakshatra Shula* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau | | Sun 9 | Sutra 274 |
| Gulika | 12:33PM - 2:00PM | Vishakha Untili 12:07AM Wed | Ganesh: Purple Sunrise: 6:44AM |
| Yama | 9:39AM - 11:06AM | Shula* Untili 7:04PM | Muruga: White Sunset: 6:29PM |
| Routine Work | Marana Yoga | Bava Untili 4:39AM Wed | Nataraja: Clear Moon 1 - Phase 38 - 9 |
| Untili 12:07AM Wed | | Dashami Untili 3:21PM | 2nd Phase |
| Then Creative Work - Siddha Yoga | | Moan - Orange | Devaloka Day |
| | | Pausha-Markali | |

3

Wednesday, January 14, 2026

| | | | |
|-----------------------------------------------------------------------------------------------|-------------------|----------------------------|----------------------------------------|
| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Budha Vasara Yuktayam | | Kottayam, India | |
| Anuradha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau | | Sun 10 | Sutra 275 |
| Gulika | 11:06AM - 12:34PM | Anuradha Untili 3:02AM Thu | Ganesh: Purple Sunrise: 6:45AM |
| Yama | 8:12AM - 9:39AM | Ganda* Untili 7:54PM | Muruga: White Sunset: 6:29PM |
| Wisikha Rasi: 6.14 | Tithi 26 - 27 | Kaulava Untili 7:08AM Thu | Nataraja: Clear Moon 1 - Phase 38 - 10 |
| Creative Work | Siddha Yoga | Ekadashi* Untili 5:53PM | 2nd Phase |
| Untili 3:02AM Thu | | Moan - Orange | Devaloka Day |
| Then Routine Work - Prabarishtha Yoga | | Pausha-Thai | |
| | | Thai Pongal | |

4

Thursday, January 15, 2026

| | | | |
|----------------------------------------------------------------------------------------------|-------------------|-----------------------------|----------------------------------------|
| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Guru Vasara Yuktayam | | Kottayam, India | |
| Jyeshtha* Nakshatra Vidhih Yoga Kaulava/Taila Karana Dvadashtyam Titau | | Sun 11 | Sutra 276 |
| Gulika | 9:39AM - 11:07AM | Jyeshtha* Untili 5:35AM Fri | Ganesh: Purple Sunrise: 6:45AM |
| Yama | 6:45AM - 8:12AM | Vidhih Untili 8:35PM | Muruga: White Sunset: 6:29PM |
| Wisikha Rasi: 18.08 | Tithi 27 | Kaulava Untili 7:08AM | Nataraja: Clear Moon 1 - Phase 38 - 11 |
| Routine Work | Prabarishtha Yoga | Dvadashti* Untili 8:15PM | 2nd Phase |
| Untili 5:35AM Fri | | Moan - Orange | Devaloka Day |
| Then Creative Work - Amrita Yoga | | Pausha-Thai | |

5

Friday, January 16, 2026

| | | | |
|-----------------------------------------------------------------------------------------------|-----------------|----------------------------|----------------------------------------|
| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Sukra Vasara Yuktayam | | Kottayam, India | |
| Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau | | Sun 12 | Sutra 277 |
| Gulika | 8:12AM - 9:40AM | Mula* Untili 8:09AM Sat | Ganesh: Purple Sunrise: 6:45AM |
| Yama | 3:29PM - 4:56PM | Dhruva Untili 9:02PM | Muruga: White Sunset: 6:29PM |
| Dhanus Rasi: 0.07 | Tithi 28 | Gara Untili 9:21AM | Nataraja: Clear Moon 1 - Phase 38 - 12 |
| Creative Work | Amrita Yoga | Trayodashi* Untili 10:20PM | 2nd Phase |
| Untili 8:09AM Sat | | Moan - Light Blue | Devaloka Day |
| Then Creative Work - Siddha Yoga | | Pausha-Thai | |
| | | Pradosha Vata (Fasting) | |

6

Saturday, January 17, 2026

| | | | |
|------------------------------------------------------------------------------------------------|-----------------|---------------------------------|----------------------------------------|
| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Merita Vasara Yuktayam | | Kottayam, India | |
| Mula*Purvashadha* Nakshatra Vyaghala* Yoga Visi*/Sakuni* Karana Chaturdashyam Titau | | Sun 13 | Sutra 278 |
| Gulika | 6:45AM - 8:13AM | Mula* Untili 8:09AM | Ganesh: Purple Sunrise: 6:45AM |
| Yama | 2:02PM - 3:29PM | Vyaghala* Untili 9:14PM | Muruga: White Sunset: 6:29PM |
| Dhanus Rasi: 12.14 | Tithi 29 | Visi Untili 11:15AM | Nataraja: Clear Moon 1 - Phase 38 - 13 |
| Creative Work | Siddha Yoga | Chaturdashi* Untili 12:02AM Sun | 2nd Phase |
| Untili 10:11AM | | Moan - Light Blue | Devaloka Day |
| Then Creative Work - Amrita Yoga | | Pausha-Thai | |

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Sunday, January 18, 2026

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| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Kishna Paksho Bhava Vasara Yuktayam | | Kottayam, India | |
| Purvashadha*Uttarashadha Nakshatra Harshana Yoga Caluspada*/Riga* Karana Amavasyayam Titau | | Sun 14 | Sutra 279 |
| Gulika | 3:30PM - 4:57PM | Purvashadha* Untili 10:11AM | Ganesh: Purple Sunrise: 6:46AM |
| Yama | 12:35PM - 2:02PM | Harshana Untili 9:08PM | Muruga: White Sunset: 6:29PM |
| Dhanus Rasi: 24.3 | Tithi 30 | Caluspada Untili 12:46PM | Nataraja: Clear Moon 1 - Phase 38 - 14 |
| Creative Work | Siddha Yoga | Amavasya* Untili 1:20AM Mon | Amavasya |
| Untili 10:11AM | | Moan - Light Blue | Devaloka Day |
| Then Creative Work - Amrita Yoga | | Pausha-Thai | |

Monday, January 19, 2026

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| Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mese Sukla Paksho Indu Vasara Yuktayam | | Kottayam, India | |
| Uttarashadha/Shravana Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Sun 15 | Sutra 280 |
| Gulika | 2:03PM - 3:30PM | Uttarashadha Untili 11:40AM | Ganesh: Purple Sunrise: 6:46AM |
| Yama | 11:08AM - 12:35PM | Vajra* Untili 8:42PM | Muruga: White Sunset: 6:29PM |
| Makara Rasi: 6.56 | Tithi 1 | Kintughna Untili 1:51PM | Nataraja: Clear Moon 1 - Phase 38 - 15 |
| Family Home Evening | 884448576 Rahu | 8:13AM - 9:41AM | Prathama |
| Routine Work | Marana Yoga | Prathama* Untili 2:14AM Tue | Devaloka Day |
| Untili 11:40AM | | Moan - Light Blue | |
| Then Creative Work - Amrita Yoga | | Magha-Thai | |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| 1 Tuesday, January 20, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam Shravana Dhanishtha Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvityayam Titau | | Kottayam, India Sun 16 Sutra 281 | | |
| | Gulika | 12:36PM - 2:03PM | Shravana Until 1:05PM | Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 16 3rd Phase |
| | Yama | 9:41AM - 11:08AM | Siddhi Until 7:58PM | | |
| | Rahu | 3:31PM - 4:58PM | Balava Until 2:32PM | | |
| Creative Work | Siddha Yoga | | Dvitiya Until 2:42AM Wed | Devaloka Day | |

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| 2 Wednesday, January 21, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Budha Vessara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Talilla/Gara Karana Tritiyayam Titau | | Kottayam, India Sun 17 Sutra 282 | | |
| | Gulika | 11:08AM - 12:36PM | Dhanishtha Until 1:56PM | Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 17 3rd Phase |
| | Yama | 8:14AM - 9:41AM | Vyatipata* Until 6:57PM | | |
| | Rahu | 12:36PM - 2:03PM | Talilla Until 2:49PM | | |
| Routine Work | Prabalarishtha Yoga | | Tritiya Until 2:47AM Thu | Devaloka Day | |
| Then Creative Work | Siddha Yoga | | | | |

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| 3 Thursday, January 22, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Guru Vessara Yuktayam Shatabhishak/Purushrothapada* Nakshatra Varjyan/Parigraha* Yoga Varjya/Vist* Karana Chaturthayam Titau | | Kottayam, India Sun 18 Sutra 283 | | |
| | Gulika | 9:41AM - 11:09AM | Shatabhishak Until 2:16PM | Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 18 3rd Phase |
| | Yama | 8:14AM - 9:41AM | Varjyan Until 5:35PM | | |
| | Rahu | 2:04PM - 3:31PM | Varjya Until 2:41PM | | |
| Creative Work | Siddha Yoga | | Chaturthi* Until 2:28AM Fri | Devaloka Day | |

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| 4 Friday, January 23, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Sukra Vessara Yuktayam Purushrothapada*/Utarprothapada Nakshatra Parigraha*/Shiva Yoga Bava/Balava Karana Panchmayam Titau | | Kottayam, India Sun 19 Sutra 284 | | |
| | Gulika | 8:14AM - 9:41AM | Purushrothapada* Until 2:31PM | Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 19 3rd Phase |
| | Yama | 6:46AM - 8:14AM | Parigraha* Until 3:56PM | | |
| | Rahu | 11:09AM - 12:37PM | Bava Until 2:11PM | | |
| Creative Work | Siddha Yoga | | Panchami Until 1:45AM Sat | Devaloka Day | |

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| 5 Saturday, January 24, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Manu Vessara Yuktayam Utarprothapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Talilla Karana Shashthayam Titau | | Kottayam, India Sun 20 Sutra 285 | | |
| | Gulika | 6:46AM - 8:14AM | Utarprothapada Until 2:14PM | Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 20 3rd Phase |
| | Yama | 2:04PM - 3:32PM | Shiva Until 2:00PM | | |
| | Rahu | 9:42AM - 11:09AM | Kaulava Until 1:16PM | | |
| Creative Work | Siddha Yoga | | Shashthi* Until 12:40AM Sun | Devaloka Day | |
| Then Routine Work | Prabalarishtha Yoga | | | | |

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| 6 Sunday, January 25, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Bhanu Vessara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Variya Karana Saptmayam Titau | | Kottayam, India Sun 21 Sutra 286 | | |
| | Gulika | 3:32PM - 5:00PM | Revati Until 1:26PM | Ganesh: Clear Muruga: White Nataraja: Clear Moon - Clear Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 21 3rd Phase |
| | Yama | 12:37PM - 2:05PM | Siddha Until 11:44AM | | |
| | Rahu | 5:00PM - 6:28PM | Gara Until 11:59AM | | |
| Creative Work | Amrita Yoga | | Saptami* Until 11:11PM | Sivaloka Day | |
| Then Creative Work | Siddha Yoga | | | | |

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| Monday, January 26, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Indu Vessara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Vishi*/Bava Karana Ashtmayam Titau | | Kottayam, India Sun 22 Sutra 287 | | |
| | Gulika | 2:05PM - 3:33PM | Ashvini Until 12:32PM | Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai | Sunrise: 6:46AM Sunset: 6:29PM Moon 1 - Phase 39 - 22 Ashtami |
| | Yama | 11:10AM - 12:37PM | Sadhya Until 9:10AM | | |
| | Rahu | 8:14AM - 9:42AM | Vishi Until 10:19AM | | |
| Mesha Rasi: 9.3 | Tilthi 8 | | Ashtami* Until 9:19PM | Devaloka Day | |
| Family Home Evening | | | | | |
| Creative Work | Siddha Yoga | | | | |

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| Tuesday, January 27, 2026 | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam Bharani/Kittika Nakshatra Subha/Sukha Yoga Balava/Kaulava Karana Navmayam Titau | | Kottayam, India Sun 23 Sutra 288 | | |
| | Gulika | 12:37PM - 2:05PM | Bharani Until 11:09AM | Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai | Sunrise: 6:47AM Sunset: 6:29PM Moon 1 - Phase 39 - 23 Navami |
| | Yama | 9:42AM - 11:10AM | Subha Until 6:20AM | | |
| | Rahu | 3:33PM - 5:01PM | Balava Until 8:17AM | | |
| Creative Work | Siddha Yoga | | Navami* Until 7:08PM | Devaloka Day | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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Tuesday, February 3, 2026

Gold Retreat Star

| | | | | | | |
|---------------------------|----------|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam | | | Kottayam, India | |
| | | Magha' Nakshatra Sobhana Yoga Talilla/Gara Karana Dvityayam Tilau | | | Sutra 295 | |
| Simha Rasi: 4.1 | Tithi 17 | Gulika Yama Rahu | 12:38PM - 2:06PM 9:42AM - 11:10AM 3:34PM - 5:03PM | Magha' Until 10:07PM Sobhana Until 2:36AM Wed Talilla Until 1:11PM | Ganesh: Red Muruga: White Nataraja: Clear Moon - Red | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 1st Phase |
| Creative Work Siddha Yoga | | Dvitiya Until 12:39AM Wed | | | Sivaloka Day | |

1

Wednesday, February 4, 2026

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| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Butha Vasara Yuktayam | | | Kottayam, India | |
| | | Purvaphalguni Nakshatra Athiganda' Yoga Vanji/Visi' Karana Trityayam Tilau | | | Sutra 296 | |
| Simha Rasi: 17.44 | Tithi 18 | Gulika Yama Rahu | 11:11AM - 12:39PM 9:5548577 12:39PM - 2:07PM | Purvaphalguni Until 10:10PM Athiganda' Until 1:01AM Thu Vanija Until 12:19PM | Ganesh: Red Muruga: White Nataraja: Orange Moon - Red | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 1st Phase |
| Creative Work Amrita Yoga | | Tritiya Until 12:08AM Thu | | | Sivaloka Day | |

2

Thursday, February 5, 2026

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|---------------------------------|----------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktayam | | | Kottayam, India | |
| | | Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturtham Tilau | | | Sutra 297 | |
| Kanya Rasi: 0.55 | Tithi 19 | Gulika Yama Rahu | 9:42AM - 11:11AM 9:5548577 2:07PM - 3:35PM | Uttaraphalguni Until 10:46PM Sukarna Until 12:01AM Fri Bava Until 12:11PM | Ganesh: Red Muruga: White Nataraja: Orange Moon - Red | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 2 1st Phase |
| Then Routine Work - Marana Yoga | | Maha Sankatahara Chaturthi | | | Sivaloka Day | |

3

Friday, February 6, 2026

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|---------------------------------|----------|------------------------------------------------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam | | | Kottayam, India | |
| | | Kaulava/Tailila Karana Panchamam Tilau | | | Sutra 298 | |
| Kanya Rasi: 13.44 | Tithi 20 | Gulika Yama Rahu | 8:14AM - 9:42AM 9:5548577 11:11AM - 12:39PM | Hasla Until 12:24AM Sat Dhriti Until 11:37PM Kaulava Until 12:48PM | Ganesh: Green Muruga: White Nataraja: Orange Moon - Green | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 3 1st Phase |
| Creative Work Amrita Yoga | | Panchami Until 1:21AM Sat | | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | |

4

Saturday, February 7, 2026

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|----------------------------------|----------|------------------------------------------------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mania Vasara Yuktayam | | | Kottayam, India | |
| | | Chitra Nakshatra Shula' Yoga Gara/Vanija Karana Shashtham Tilau | | | Sutra 299 | |
| Kanya Rasi: 26.13 | Tithi 21 | Gulika Yama Rahu | 6:46AM - 8:14AM 9:5548577 2:07PM - 3:35PM | Chitra Until 2:30AM Sun Shula' Until 11:40PM Gara Until 2:06PM | Ganesh: White Muruga: White Nataraja: Orange Moon - Green | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 4 1st Phase |
| Routine Work Marana Yoga | | Shashthi' Until 2:58AM Sun | | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

5

Sunday, February 8, 2026

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|---------------------------------|----------|------------------------------------------------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Ehanu Vasara Yuktayam | | | Kottayam, India | |
| | | Svali Nakshatra Ganda' Yoga Visi' Bava Karana Sapthamam Tilau | | | Sutra 300 | |
| Tula Rasi: 8.25 | Tithi 22 | Gulika Yama Rahu | 3:35PM - 5:04PM 9:5548577 5:04PM - 6:32PM | Svali Until 4:54AM Mon Ganda' Until 12:08AM Mon Visi Until 4:00PM | Ganesh: White Muruga: White Nataraja: Orange Moon - Green | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 5 1st Phase |
| Creative Work Siddha Yoga | | Sapthami Until 5:05AM Mon | | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | |

Monday, February 9, 2026

Retreat Star

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|----------------------------------|----------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktayam | | | Kottayam, India | |
| | | Vishakha Nakshatra Viddhi Yoga Balava Karana Ashtamam Tilau | | | Sutra 301 | |
| Tula Rasi: 20.27 | Tithi 23 | Gulika Yama Rahu | 2:07PM - 3:36PM 9:5548577 8:14AM - 9:42AM | Vishakha Until 7:55AM Tue Viddhi Until 12:52AM Tue Balava Until 6:17PM | Ganesh: Clear Muruga: White Nataraja: Orange Moon - Orange | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 6 Ashtami |
| Family Home Evening | | Ashtami' Until 7:29AM Tue | | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

Tuesday, February 10, 2026

Retreat Star

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| | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam | | | Kottayam, India | |
| | | Vishakha/Anuadha Nakshatra Dhruva Yoga Kaulava/Tailila Karana Ashtami/Navamam Tilau | | | Sutra 302 | |
| Wischika Rasi: 2.22 | Tithi 23 - 24 | Gulika Yama Rahu | 12:39PM - 2:07PM 9:5548577 3:36PM - 5:04PM | Vishakha Until 7:55AM Dhruva Until 1:39AM Wed Tailila Until 8:45PM | Ganesh: Clear Muruga: White Nataraja: Orange Moon - Orange | Sunrise: 6:46AM Sunset: 6:31PM Moon 2 - Phase 41 - 7 Navami |
| Routine Work Marana Yoga | | Ashtami' Until 7:29AM | | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|---------------------------|-------------------------------------|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------|
| 1 | Wednesday, February 11, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyaahata* Yoga Gara/Vanija Karana Navami/Dashamam Titau | | | | Kottayam, India Sun 8 Sutra 303 |
| | Wischika Rasi: 14.16 | Tithi 24 – 25 | Gulika 11:11AM – 12:39PM Yama 8:14AM – 9:42AM 976548577 | Anuradha Untill 10:50AM Vyaghata* Until 2:25AM Thu Vanija Untill 11:12PM Navami* Untill 9:58AM | Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Magha-Thai | Sunrise: 6:45AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 8 2nd Phase |
| Creative Work Siddha Yoga | | Sivaloka Day | | | | | |

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| 2 | Thursday, February 12, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Makara Mase Krishna Paksho Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau | | | | Kottayam, India Sun 9 Sutra 304 |
| | Wischika Rasi: 26.11 | Tithi 25 – 26 | Gulika 9:42AM – 11:11AM Yama 6:45AM – 8:14AM 976548577 | Jyeshtha* Untill 1:28PM Harshana Untill 3:02AM Fri Bava Untill 1:26AM Fri Dashami Untill 12:20PM | Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Magha-Thai | Sunrise: 6:45AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 9 2nd Phase |
| Routine Work Prabalarishta Yoga Untill 1:28PM Then Creative Work - Siddha Yoga | | Sivaloka Day | | | | | |

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| 3 | Friday, February 13, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau | | | | Kottayam, India Sun 10 Sutra 305 |
| | Dhanus Rasi: 8.12 | Tithi 26 – 27 | Gulika 8:13AM – 9:42AM Yama 3:36PM – 5:05PM 986548577 | Mula* Untill 4:09PM Vajra* Untill 3:19AM Sat Kaulava Untill 3:17AM Sat Ekadashi* Untill 2:42PM | Ganesha: Purple Muruga: White Nataraja: Orange Moon – Light Blue Magha-Masi | Sunrise: 6:45AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 10 2nd Phase |
| Creative Work Amrita Yoga Untill 4:09PM Then Routine Work - Prabalarishta Yoga | | Devaloka Day | | | | | |

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| 4 | Saturday, February 14, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam Purushadha* Nakshatra Siddhi Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau | | | | Kottayam, India Sun 11 Sutra 306 |
| | Dhanus Rasi: 20.22 | Tithi 27 – 28 | Gulika 6:45AM – 8:13AM Yama 2:08PM – 3:36PM 986548577 | Purvashadha* Untill 6:13PM Siddhi Untill 3:15AM Sun Gara Untill 4:38AM Sun Dvadashi* Untill 4:00PM | Ganesha: Purple Muruga: White Nataraja: Orange Moon – Light Blue Magha-Masi | Sunrise: 6:45AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 11 2nd Phase |
| Creative Work Siddha Yoga Untill 6:13PM Then Routine Work - Marana Yoga | | <i>Pradosha Vata (Fasting)</i> | | | | | |

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| 5 | Sunday, February 15, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Kumbha Mase Krishna Paksho Bharu Vasara Yuktayam Uttarashadha Nakshatra Vyaahata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau | | | | Kottayam, India Sun 12 Sutra 307 |
| | Makara Rasi: 2.46 | Tithi 28 – 29 | Gulika 3:36PM – 5:05PM Yama 12:39PM – 2:08PM 987548577 | Uttarashadha Untill 7:38PM Vyaahata* Untill 2:46AM Mon Visi Untill 5:26AM Mon Trayodashi* Untill 5:05PM | Ganesha: Clear Muruga: White Nataraja: Orange Moon – Light Blue Magha-Masi | Sunrise: 6:44AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 12 2nd Phase |
| Creative Work Amrita Yoga | | Sivaloka Day | | | | | |

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| 6 | Monday, February 16, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam Shravana Nakshatra Varjan Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Kottayam, India Sun 13 Sutra 308 |
| | Makara Rasi: 15.24 | Tithi 29 – 30 | Gulika 2:08PM – 3:36PM Yama 11:10AM – 12:39PM 997548577 | Shravana Untill 8:48PM Varjan Untill 1:49AM Tue Catuspada Untill 5:39AM Tue Chaturdashi* Untill 5:36PM | Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Magha-Masi | Sunrise: 6:44AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 13 2nd Phase |
| Family Home Evening Creative Work Amrita Yoga Untill 8:48PM Then Creative Work - Siddha Yoga | | Sivaloka Day | | | | | |

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| ● | Tuesday, February 17, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Niaga*/Kintughna* Karana Amavasya/Prathamam Titau | | | | Kottayam, India Sun 14 Sutra 309 |
| | Makara Rasi: 28.18 | Tithi 30 – 1 | Gulika 12:39PM – 2:08PM Yama 9:41AM – 11:10AM 997548577 | Dhanishtha Untill 9:16PM Parigha* Untill 12:28AM Wed Kintughna Untill 5:20AM Wed Amavasya* Untill 5:32PM | Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Magha-Masi | Sunrise: 6:44AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 14 Amavasya |
| Creative Work Siddha Yoga Untill 9:16PM Then Routine Work - Marana Yoga | | Sivaloka Day | | | | | |

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| ● | Wednesday, February 18, 2026 | | Viswasa Nama Samvatsara Uttarayane Moksha Ritau Kumbha Mase Sukla Paksho Budha Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | | | Kottayam, India Sun 15 Sutra 310 |
| | Kumbha Rasi: 11.29 | Tithi 1 – 2 | Gulika 11:10AM – 12:39PM Yama 8:12AM – 9:41AM 997548577 | Shatabhishak Untill 9:06PM Shiva Untill 10:44PM Balava Untill 4:32AM Thu Prathama* Untill 4:58PM | Ganesha: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgun-Masi | Sunrise: 6:44AM Sunset: 6:39PM | Vasavasa 5127 Moon 2 - Phase 42 - 15 Prathama |
| Creative Work Siddha Yoga Untill 9:06PM Then Creative Work - Amrita Yoga | | Sivaloka Day | | | | | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 | | Thursday, February 19, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Kottayam, India | |
| | | Puravproshthapada* Nakshatra Siddha Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Tilau Sun 16 Subra 311 | | | |
| Kumbha Rasi: 24.55 | Tithi 2 - 3 | Gulika 9:41AM - 11:10AM | Puravproshthapada* Until 8:49PM | Ganesh: Green | Sunrise: 6:43AM |
| | | Yama 6:43AM - 8:12AM | Siddha Until 8:39PM | Muruga: White | Sunset: 6:34PM |
| Creative Work | Siddha Yoga | Rahu 2:08PM - 3:37PM | Taila Until 3:20AM Fri | Nataraja: Orange | Moon 2 - Phase: 43 - 16 |
| | | | Dvitiya Until 3:58PM | Moon - Clear | 3rd Phase |
| | | | | Phalgunu-Masi | Subha Sivaloka Day |

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| 2 | | Friday, February 20, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vaisara Yuktayam Kottayam, India | |
| | | Uttarproshthapada Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau Sun 17 Subra 312 | | | |
| Mesha Rasi: 8.34 | Tithi 3 - 4 | Gulika 8:12AM - 9:41AM | Uttarproshthapada Until 8:03PM | Ganesh: Green | Sunrise: 6:43AM |
| | | Yama 3:37PM - 5:06PM | Sadhya Until 6:19PM | Muruga: White | Sunset: 6:34PM |
| Creative Work | Siddha Yoga | Rahu 11:10AM - 12:39PM | Vanija Until 1:50AM Sat | Nataraja: Orange | Moon 2 - Phase: 43 - 17 |
| | | | Tritiya Until 2:36PM | Moon - Clear | 3rd Phase |
| | | | | Phalgunu-Masi | Subha Sivaloka Day |

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| 3 | | Saturday, February 21, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Mantla Vasara Yuktayam Kottayam, India | |
| | | Revati Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamam Tilau Sun 18 Subra 313 | | | |
| Mesha Rasi: 22.25 | Tithi 4 - 5 | Gulika 6:43AM - 8:12AM | Revati Until 6:54PM | Ganesh: Red | Sunrise: 6:43AM |
| | | Yama 2:08PM - 3:37PM | Subha Until 3:47PM | Muruga: White | Sunset: 6:34PM |
| Routine Work | Prabalarishta Yoga | Rahu 9:41AM - 11:10AM | Bava Until 12:05AM Sun | Nataraja: Orange | Moon 2 - Phase: 43 - 18 |
| Until 6:54PM | | | Chaturthi* Until 12:57PM | Moon - Clear | 3rd Phase |
| Then Creative Work - Siddha Yoga | | | | Phalgunu-Masi | Sivaloka Day |
| | | | | | Subramunijayasami Siva Vision Day |

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| 4 | | Sunday, February 22, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Kottayam, India | |
| | | Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtham Tilau Sun 19 Subra 314 | | | |
| Mesha Rasi: 6.23 | Tithi 5 - 6 | Gulika 3:37PM - 5:06PM | Ashvini Until 5:51PM | Ganesh: Blue | Sunrise: 6:43AM |
| | | Yama 12:39PM - 2:08PM | Sukla Until 1:04PM | Muruga: White | Sunset: 6:34PM |
| Creative Work | Siddha Yoga | Rahu 5:06PM - 6:35PM | Kaulava Until 10:09PM | Nataraja: Orange | Moon 2 - Phase: 43 - 19 |
| Until 5:51PM | | | Panchami Until 11:07AM | Moon - White | 3rd Phase |
| Then Routine Work - Prabalarishta Yoga | | | | Phalgunu-Masi | Devaloka Day |

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| 5 | | Monday, February 23, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Kottayam, India | |
| | | Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara Karana Shashthi/Saptamam Tilau Sun 20 Subra 315 | | | |
| Mesha Rasi: 20.28 | Tithi 6 - 7 | Gulika 2:08PM - 3:37PM | Bharani Until 4:31PM | Ganesh: Blue | Sunrise: 6:43AM |
| | | Yama 11:09AM - 12:38PM | Brahma Until 10:15AM | Muruga: White | Sunset: 6:34PM |
| Family Home Evening | | Rahu 8:11AM - 9:40AM | Gara Until 8:07PM | Nataraja: Orange | Moon 2 - Phase: 43 - 20 |
| Creative Work | Siddha Yoga | | Shashthi* Until 9:08AM | Moon - White | 3rd Phase |
| Until 4:31PM | | | | Phalgunu-Masi | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | |

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| Retreat Star | | Tuesday, February 24, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Kottayam, India | |
| | | Krittika/Rohini Nakshatra Indra/Vaidhiti* Yoga Varjya/Visi* Karana Saptami/Ashthamam Tilau Sun 21 Subra 316 | | | |
| Wishabha Rasi: 5 | Tithi 7 - 8 | Gulika 12:38PM - 2:07PM | Krittika Until 2:59PM | Ganesh: Blue | Sunrise: 6:43AM |
| | | Yama 9:40AM - 11:09AM | Indra Until 7:23AM | Muruga: White | Sunset: 6:34PM |
| Creative Work | Siddha Yoga | Rahu 3:37PM - 5:06PM | Visi Until 6:01PM | Nataraja: Orange | Moon 2 - Phase: 43 - 21 |
| Until 2:59PM | | | Saptami Until 7:03AM | Moon - White | Ashtami |
| Then Creative Work - Amrita Yoga | | | | Phalgunu-Masi | Devaloka Day |

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| Retreat Star | | Wednesday, February 25, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Kottayam, India | |
| | | Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamam Tilau Sun 22 Subra 317 | | | |
| Wishabha Rasi: 18.46 | Tithi 9 | Gulika 11:09AM - 12:38PM | Rohini Until 1:42PM | Ganesh: Blue | Sunrise: 6:41AM |
| | | Yama 8:10AM - 9:40AM | Vishkambha* Until 1:32AM Thu | Muruga: White | Sunset: 6:34PM |
| Creative Work | Siddha Yoga | Rahu 12:38PM - 2:07PM | Balava Until 3:52PM | Nataraja: Orange | Moon 2 - Phase: 43 - 22 |
| | | | Navami* Until 2:47AM Thu | Moon - Yellow | Navami |
| | | | | Phalgunu-Masi | Subha Sivaloka Day |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 | | Thursday, February 26, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam | | Kottayam, India | |
| Mithuna Rasi: 2:57 | | Tithi 10 | | Migashira/Andra Nakshatra Prithi Yuga Taitilla/Gara Karana Dashamyam Tilau | | Sun 23 Sutra 318 | |
| Routine Work | | Marana Yoga | | 9:39AM - 11:09AM 6:41AM - 8:10AM 2:07PM - 3:37PM | | 938648577 Rahu | |
| | | | | Mrigashira Until 12:16PM Prithi Until 10:38PM Taitilla Until 1:45PM Dashami Until 12:41AM Fri | | Ganesh: Blue Muruga: White Nataraja: Orange Moon - Yellow Phalgun-Masi | |
| | | | | | | Sunrise: 6:41AM Sunset: 6:39PM Moon 2 - Phase 44 - 23 4th Phase | |
| | | | | | | Subha Sivaloka Day | |

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| 2 | | Friday, February 27, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam | | Kottayam, India | |
| Mithuna Rasi: 17:06 | | Tithi 11 | | Andra/Punvasu Nakshatra Ajushman Yoga Vanja/VisI* Karana Ekadashyam Tilau | | Sun 24 Sutra 319 | |
| Creative Work | | Siddha Yoga | | 8:10AM - 9:39AM 3:37PM - 5:06PM 11:08AM - 12:38PM | | 938648577 Rahu | |
| | | | | Andra Until 10:46AM Ajushman Until 7:47PM Vanija Until 11:40AM Ekadashi Until 10:40PM | | Ganesh: Blue Muruga: White Nataraja: Orange Moon - Yellow Phalgun-Masi | |
| | | | | | | Sunrise: 6:40AM Sunset: 6:39PM Moon 2 - Phase 44 - 24 4th Phase | |
| | | | | | | Subha Sivaloka Day | |

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| 3 | | Saturday, February 28, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam | | Kottayam, India | |
| Kalka Rasi: 1:11 | | Tithi 12 | | Andra/Punvasu Nakshatra Saubhagya/Sothana Yoga Bava/Balava Karana Dvadashyam Tilau | | Sun 25 Sutra 320 | |
| Creative Work | | Siddha Yoga | | 6:40AM - 8:09AM 2:07PM - 3:37PM 9:39AM - 11:08AM | | 949648577 Rahu | |
| | | | | Punvasu Until 9:39AM Saubhagya Until 5:05PM Bava Until 9:44AM Dvadashi Until 8:49PM | | Ganesh: White Muruga: White Nataraja: Orange Moon - Blue Phalgun-Masi | |
| | | | | | | Sunrise: 6:40AM Sunset: 6:39PM Moon 2 - Phase 44 - 25 4th Phase | |
| | | | | | | Devaloka Day | |

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| 4 | | Sunday, March 1, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Vasara Yuktayam | | Kottayam, India | |
| Kalka Rasi: 15:08 | | Tithi 13 | | Pushya/Ashlesha* Nakshatra Sobhana/Ahiganda* Yoga Kauava/Tailia Karana Trayodashyam Tilau | | Sun 26 Sutra 321 | |
| Creative Work | | Siddha Yoga | | 3:36PM - 5:06PM 12:37PM - 2:07PM 5:06PM - 6:36PM | | 949648577 Rahu | |
| | | | | Pushya Until 8:37AM Sobhana Until 2:34PM Kauava Until 7:59AM Trayodashi Until 7:12PM | | Ganesh: White Muruga: White Nataraja: Orange Moon - Blue Phalgun-Masi | |
| | | | | | | Sunrise: 6:39AM Sunset: 6:36PM Moon 2 - Phase 44 - 26 4th Phase | |
| | | | | | | Devaloka Day | |

Pradosha Vata

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| 5 | | Monday, March 2, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam | | Kottayam, India | |
| Kalka Rasi: 28:56 | | Tithi 14 - 15 | | Ashlesha*/Magha* Nakshatra Ahiganda*/Sukarma Yoga Gara/VisI* Karana Chaturdashih/Purnimayam Tilau | | Sun 27 Sutra 322 | |
| Family Home Evening | | Siddha Yoga | | 2:07PM - 3:36PM 11:08AM - 12:37PM 8:08AM - 9:38AM | | 949648577 Rahu | |
| Creative Work | | Siddha Yoga | | Ashlesha* Until 7:43AM Ahiganda* Until 12:18PM Gara Until 6:33AM Chaturdashih* Until 5:57PM | | Ganesh: White Muruga: White Nataraja: Orange Moon - Blue Phalgun-Masi | |
| Then Routine Work - Marana Yoga | | | | Chidambaram Abhishekam | | Sunrise: 6:39AM Sunset: 6:36PM Moon 2 - Phase 44 - 27 4th Phase | |
| | | | | | | Devaloka Day | |

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| ○ | | Tuesday, March 3, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktayam | | Kottayam, India | |
| Copper Retreat Star | | Siddha Yoga | | Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti/Shak* Yoga Kauava/Tailia Karana Purnima/Prathnamayam Tilau | | Sun 28 Sutra 323 | |
| Simha Rasi: 12:29 | | Tithi 15 - 16 | | 12:37PM - 2:07PM 9:38AM - 11:07AM 3:36PM - 5:06PM | | 959648577 Rahu | |
| Creative Work | | Siddha Yoga | | Magha* Until 7:30AM Sukarma Until 10:22AM Balava Until 4:55AM Wed Purnima* Until 5:07PM | | Ganesh: Clear Muruga: White Nataraja: Orange Moon - Red Phalgun-Masi | |
| | | | | Holi | | Sunrise: 6:38AM Sunset: 6:36PM Moon 2 - Phase 44 - Purnima | |
| | | | | | | Sivaloka Day | |

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| Wednesday, March 4, 2026 | | Silver Retreat Star | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktayam | | Kottayam, India | |
| Simha Rasi: 25:46 | | Tithi 16 - 17 | | Purvaphalguni Nakshatra Dhriti/Shak* Yoga Kauava/Tailia Karana Prathama/Dhnyayam Tilau | | Sun 29 Sutra 324 | |
| Creative Work | | Amrita Yoga | | 11:07AM - 12:37PM 8:07AM - 9:37AM 12:37PM - 2:06PM | | 959648577 Rahu | |
| | | | | Purvaphalguni Until 7:36AM Dhriti Until 8:50AM Taitilla Until 4:53AM Thu Prathama* Until 4:48PM | | Ganesh: Clear Muruga: White Nataraja: Orange Moon - Red Phalgun-Masi | |
| | | | | | | Sunrise: 6:38AM Sunset: 6:36PM Moon 2 - Phase 44 - Prathama | |
| | | | | | | Sivaloka Day | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Thursday, March 5, 2026****Gold Retreat Star**

Kanya Rasi: 8.47 Tithi 17 - 18
Amrita Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Utaraphalguni/Hasta Nakshatra Shula/Ganda* Yoga Gara/Vanija Karana Dvitiya/Pitrayam Tilau

Gulika 9:37AM - 11:07AM
Yama 6:37AM - 8:07AM
Rahu 2:06PM - 3:36PM

Utaraphalguni Until 8:06AM
Shula* Until 7:42AM
Vanija Until 5:26AM Fri
Dvitiya Until 5:04PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon - Red
Phalguna-Masi

Kottayam, India
Sun 1 Sutra 325
Vasava 5:17
Moon 3 - Phase 45 - 1
1st Phase

Until 8:06AM
Then Routine Work - Marana Yoga

Friday, March 6, 2026**1**

Kanya Rasi: 21.3 Tithi 18 - 19
Amrita Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda/Widhi/Yoga Vasi/Bava Karana Tritiya/Chaturtham Tilau

Gulika 8:07AM - 9:37AM
Yama 3:36PM - 3:36PM
Rahu 11:06AM - 12:36PM

Hasla Until 9:29AM
Ganda* Until 7:03AM
Bava Until 6:35AM Sat
Tritiya Until 5:55PM

Ganesha: White
Muruga: Clear
Nataraja: Orange
Moon - Green
Phalguna-Masi

Kottayam, India
Sun 2 Sutra 326
Vasava 5:17
Moon 3 - Phase 45 - 2
1st Phase

Creative Work
Until 9:29AM
Then Creative Work - Siddha Yoga

Saturday, March 7, 2026**2**

Tula Rasi: 3.57 Tithi 19
Marana Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Manu Vasara Yuktayam
Chitra/Svati Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Chaturtham Tilau

Gulika 6:36AM - 8:06AM
Yama 2:06PM - 3:36PM
Rahu 9:36AM - 11:06AM

Chitra Until 11:16AM
Viddhi Until 6:52AM
Bava Until 6:35AM
Chaturthi* Until 7:20PM

Ganesha: Purple
Muruga: Clear
Nataraja: Orange
Moon - Green
Phalguna-Masi

Kottayam, India
Sun 3 Sutra 327
Vasava 5:17
Moon 3 - Phase 45 - 3
1st Phase

Routine Work
Until 11:16AM
Then Creative Work - Siddha Yoga

Sunday, March 8, 2026**3**

Tula Rasi: 16.11 Tithi 20
Siddha Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
Svati/Wishaka Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Panchamam Tilau

Gulika 3:36PM - 5:06PM
Yama 12:36PM - 2:06PM
Rahu 5:06PM - 6:36PM

Svati Until 1:22PM
Dhruva Until 7:03AM
Kaulava Until 8:15AM
Panchami Until 9:14PM

Ganesha: Purple
Muruga: Clear
Nataraja: Orange
Moon - Green
Phalguna-Masi

Kottayam, India
Sun 4 Sutra 328
Vasava 5:17
Moon 3 - Phase 45 - 4
1st Phase

Creative Work
Until 1:22PM
Then Routine Work - Marana Yoga

Monday, March 9, 2026**4**

Tula Rasi: 28.14 Tithi 21
Family Home Evening
Marana Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
Vishaka/Anuradha Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashtham Tilau

Gulika 2:06PM - 3:36PM
Yama 11:05AM - 12:36PM
Rahu 8:05AM - 9:35AM

Vishaka Until 4:11PM
Vyaghata* Until 7:34AM
Gara Until 10:20AM
Shashthi* Until 11:28PM

Ganesha: Clear
Muruga: Clear
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Kottayam, India
Sun 5 Sutra 329
Vasava 5:17
Moon 3 - Phase 45 - 5
1st Phase

Routine Work
Until 4:11PM
Then Creative Work - Siddha Yoga

Tuesday, March 10, 2026**5**

Wishika Rasi: 10.11 Tithi 22
Siddha Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Mangala Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vasi/Bava Karana Sapthamam Tilau

Gulika 12:35PM - 2:05PM
Yama 9:35AM - 11:05AM
Rahu 3:36PM - 5:06PM

Anuradha Until 7:02PM
Harshana Until 8:19AM
Vasi Until 12:41PM
Sapthami Until 1:53AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: Orange
Moon - Orange
Phalguna-Masi

Kottayam, India
Sun 6 Sutra 330
Vasava 5:17
Moon 3 - Phase 45 - 6
1st Phase

Creative Work
Until 7:02PM
Then Routine Work - Marana Yoga

Wednesday, March 11, 2026**Retreat Star**

Wishika Rasi: 22.05 Tithi 23
Siddha Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamam Tilau

Gulika 11:05AM - 12:35PM
Yama 8:04AM - 9:35AM
Rahu 12:35PM - 2:05PM

Jyeshtha* Until 9:45PM
Vajra* Until 9:07AM
Balava Until 3:07PM
Ashtami* Until 4:16AM Thu

Ganesha: Clear
Muruga: White
Nataraja: Light Blue
Moon - Orange
Phalguna-Masi

Kottayam, India
Sun 7 Sutra 331
Vasava 5:17
Moon 3 - Phase 45 - 7
Ashtami

Creative Work
Until 9:45PM
Then Routine Work - Marana Yoga

Thursday, March 12, 2026**Retreat Star**

Dhanu Rasi: 4.01 Tithi 24
Siddha Yoga

Vivasaaru Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyalyapala* Yoga Taila/Gara Karana Navamam Tilau

Gulika 9:34AM - 11:05AM
Yama 6:34AM - 8:04AM
Rahu 2:05PM - 3:35PM

Mula* Until 12:38AM Fri
Siddhi Until 9:52AM
Taila Until 5:25PM
Navami* Until 6:26AM Fri

Ganesha: White
Muruga: White
Nataraja: Light Blue
Moon - Light Blue
Phalguna-Masi

Kottayam, India
Sun 8 Sutra 332
Vasava 5:17
Moon 3 - Phase 45 - 8
Navami

Creative Work
Until 12:38AM Fri
Then Routine Work - Prabarishtha Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|---------------------------------|-------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------|-------------------------------|
| 1 Friday, March 13, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam Kottayam, India | | | |
| | | Parvashada* Nakshatra Vyalipata*Varjaya Yoga GaraVarjya Karana Navami/Dashmyam Titau Sun 9 Sutra 333 | | | |
| | Gulika | 8:04AM - 9:34AM | Purvashada* Until 2:59AM Sat | Ganesha: White | Sunrise: 6:33AM |
| Dhanus Rasi: 16.01 | Yama | 3:35PM - 5:05PM | Vyalipata* Until 10:26AM | Muruga: White | Sunset: 6:36PM |
| | Rahu | 11:04AM - 12:35PM | Navami* Until 6:26AM | Nataraja: Light Blue | Moon 3 - Phase 46 - 12 |
| Routine Work | Prabalarisha Yoga | | Navami* Until 6:26AM | Moon - Light Blue | 2nd Phase |
| Until 2:59AM Sat | | | | Phalguna-Masi | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | |

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|-----------------------------------|---------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------|-------------------------------|
| 2 Saturday, March 14, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Marla Vasara Yuktayam Kottayam, India | | | |
| | | Uttarashada Nakshatra Varjaya Parigaha* Yoga Visi*/Bava Karana Dashami/Ekadasmyam Titau Sun 10 Sutra 334 | | | |
| | Gulika | 6:33AM - 8:03AM | Uttarashada Until 4:38AM Sun | Ganesha: White | Sunrise: 6:33AM |
| Dhanus Rasi: 28.12 | Yama | 2:05PM - 3:35PM | Varjaya Until 10:38AM | Muruga: White | Sunset: 6:36PM |
| | Rahu | 9:33AM - 11:04AM | Bava Until 8:49PM | Nataraja: Light Blue | Moon 3 - Phase 46 - 10 |
| Routine Work | Marana Yoga | | Dashami Until 8:09AM | Moon - Light Blue | 2nd Phase |
| Until 4:38AM Sun | | | | Phalguna-Masi | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | | |

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| 3 Sunday, March 15, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Bharu Vasara Yuktayam Kottayam, India | | | |
| | | Shravana Nakshatra Parigaha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dwadashmyam Titau Sun 11 Sutra 335 | | | |
| | Gulika | 3:35PM - 5:05PM | Shravana Until 5:57AM Mon | Ganesha: Yellow | Sunrise: 6:22AM |
| Makara Rasi: 10.37 | Yama | 12:34PM - 2:04PM | Parigaha* Until 10:23AM | Muruga: White | Sunset: 6:36PM |
| | Rahu | 5:05PM - 6:36PM | Kaulava Until 9:37PM | Nataraja: Purple | Moon 3 - Phase 46 - 11 |
| Creative Work | Amrita Yoga | | Ekadashi* Until 9:17AM | Moon - Purple | 2nd Phase |
| Until 5:57AM Mon | | | | Phalguna-Panguni | Bhuloka Day |
| Then Creative Work - Siddha Yoga | Karadayam Nombu (Tamil Nadu) | | | | Devaloka Time: 6AM to 9AM |

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| 4 Monday, March 16, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Indu Vasara Yuktayam Kottayam, India | | | |
| | | Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashmyam Titau Sun 12 Sutra 336 | | | |
| | Gulika | 2:04PM - 3:35PM | Dhanishtha Until 6:24AM Tue | Ganesha: Yellow | Sunrise: 6:22AM |
| Makara Rasi: 23.21 | Yama | 11:03AM - 12:34PM | Shiva Until 9:37AM | Muruga: White | Sunset: 6:36PM |
| | Rahu | 8:02AM - 9:33AM | Gara Until 9:42PM | Nataraja: Purple | Moon 3 - Phase 46 - 12 |
| Family Home Evening | | | Dvadashi* Until 9:44AM | Moon - Purple | 2nd Phase |
| Creative Work | Siddha Yoga | | | Phalguna-Panguni | Bhuloka Day |
| Until 6:24AM Tue | | | | | Devaloka Time: 6AM to 9AM |
| Then Routine Work - Marana Yoga | | | | | |
| | <i>Pradosha Vata (Fasting)</i> | | | | |

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|----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------|----------------------------------|
| 5 Tuesday, March 17, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mangala Vasara Yuktayam Kottayam, India | | | |
| | | Dhanishtha Nakshatra Siddha/Sadhya Yoga Vanja/Visi* Karana Trayodashi/Chaturdashmyam Titau Sun 13 Sutra 337 | | | |
| | Gulika | 12:33PM - 2:04PM | Dhanishtha Until 6:24AM | Ganesha: Yellow | Sunrise: 6:31AM |
| Kumbha Rasi: 6.26 | Yama | 9:32AM - 11:03AM | Siddha Until 8:15AM | Muruga: White | Sunset: 6:36PM |
| | Rahu | 3:35PM - 5:05PM | Visi Until 9:03PM | Nataraja: Purple | Moon 3 - Phase 46 - 13 |
| Creative Work | Siddha Yoga | | Trayodashi* Until 9:27AM | Moon - Purple | 2nd Phase |
| Until 6:24AM | | | | Phalguna-Panguni | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | Devaloka Time: 6AM to 9AM |

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|----------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-------------------------|-------------------------------|
| Wednesday, March 18, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Budha Vasara Yuktayam Kottayam, India | | | |
| | | Shatabhishak/Parvashada* Nakshatra Sadhya/Sadhya Yoga Sakuni*/Calapada* Karana Chaturdashi/Amavasyayam Titau Sun 14 Sutra 338 | | | |
| | Gulika | 11:02AM - 12:33PM | Shatabhishak Until 6:01AM | Ganesha: Blue | Sunrise: 6:31AM |
| Kumbha Rasi: 19.53 | Yama | 8:01AM - 9:32AM | Sadhya Until 6:22AM | Muruga: White | Sunset: 6:36PM |
| | Rahu | 12:33PM - 2:04PM | Calapada Until 7:47PM | Nataraja: Purple | Moon 3 - Phase 46 - 14 |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 8:28AM | Moon - Purple | Amavasya |
| Until 6:01AM | | | | Phalguna-Panguni | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | |

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| Thursday, March 19, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Guru Vasara Yuktayam Kottayam, India | | | |
| | | Uttaraproshtapada Nakshatra Sukla Yoga Naja*/Bava Karana Amavasya/Prathamayam Titau Sun 15 Sutra 339 | | | |
| | Gulika | 9:31AM - 11:02AM | Uttaraproshtapada Until 4:03AM Fri | Ganesha: Red | Sunrise: 6:30AM |
| Meena Rasi: 3.42 | Yama | 6:30AM - 8:01AM | Sukla Until 1:14AM Fri | Muruga: White | Sunset: 6:36PM |
| | Rahu | 2:04PM - 3:34PM | Bava Until 4:52AM Fri | Nataraja: Purple | Moon 3 - Phase 46 - 15 |
| Creative Work | Siddha Yoga | | Amavasya* Until 6:54AM | Moon - Clear | Prathama |
| Until 6:01AM | | | | Chaitra-Panguni | Bhuloka Day |
| Then Creative Work - Amrita Yoga | Yugadi | | | | Devaloka Time: 9AM to 12PM |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026

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|-------------------|---------------|---------------------------------------------------------------------------------------------|--------------------------------|-------------------------|----------------------------|-------------------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktayam | | | Kottayam, India | |
| | | Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau | | | Sun 16 Sutra 340 | |
| | Gulika | 8:00AM – 9:31AM | Revati Until 2:16AM Sat | Ganesh: Red | Sunrise: 6:29AM | Vasavasu 5:127 |
| Mesha Rasi: 17.49 | Tilhi 2 | Yama 3:34PM – 5:05PM | Brahma Until 10:11PM | Muruga: White | Sunset: 6:36PM | Moon 3 - Phase 47 - 16 |
| Creative Work | Siddha Yoga | 122658678 Rahu 11:02AM – 12:33PM | Balava Until 3:44PM | Nataraja: Purple | | 3rd Phase |
| | | Dvitiya Until 2:29AM Sat | | | Bhuloka Day | |
| | | Moon - Clear | | | Devaloka Time: 9AM to 12PM | |
| | | Chaitra-Panguni | | | | |

2 Saturday, March 21, 2026

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| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Manu Vasara Yuktayam | | | Kottayam, India | |
| | | Ashvini Nakshatra Indra Yoga Talilla/Gara Karana Tritiyayam Tilau | | | Sun 17 Sutra 341 | |
| | Gulika | 6:29AM – 8:00AM | Ashvini Until 12:34AM Sun | Ganesh: Yellow | Sunrise: 6:29AM | Vasavasu 5:127 |
| Mesha Rasi: 2.08 | Tilhi 3 | Yama 2:03PM – 3:34PM | Indra Until 6:57PM | Muruga: White | Sunset: 6:36PM | Moon 3 - Phase 47 - 17 |
| Creative Work | Siddha Yoga | 122658678 Rahu 9:31AM – 11:01AM | Talilla Until 1:14PM | Nataraja: Purple | | 3rd Phase |
| Until 12:34AM Sun | | Chellappaswami Mahasamadi | Tritiya Until 11:54PM | Moon - White | | |
| Then Routine Work | Prabalarishta Yoga | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 9AM to 12PM | |
| | | Chaitra-Panguni | | | | |

3 Sunday, March 22, 2026

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| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Bhanu Vasara Yuktayam | | | Kottayam, India | |
| | | Bharani Nakshatra Vishkambha* Yoga Vanja/Visli* Karana Chaturthayam Tilau | | | Sun 18 Sutra 342 | |
| | Gulika | 3:34PM – 5:05PM | Bharani Until 10:39PM | Ganesh: Blue | Sunrise: 6:28AM | Vasavasu 5:127 |
| Mesha Rasi: 16.36 | Tilhi 4 | Yama 12:32PM – 2:03PM | Vaidhiti* Until 3:37PM | Muruga: White | Sunset: 6:36PM | Moon 3 - Phase 47 - 18 |
| Routine Work | Prabalarishta Yoga | 122758678 Rahu 5:05PM – 6:36PM | Vanija Until 10:36AM | Nataraja: Purple | | 3rd Phase |
| Until 10:39PM | | | | | Bhuloka Day | |
| Then Creative Work | Siddha Yoga | | | | Devaloka Time: 9AM to 12PM | |
| | | | | | Chaitra-Panguni | |

4 Monday, March 23, 2026

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|----------------------------|---------------|--------------------------------------------------------------------------------------------|-----------------------------|-------------------------|---------------------------|-------------------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Indu Vasara Yuktayam | | | Kottayam, India | |
| | | Kritika Nakshatra Vishkambha* Priti Yoga Bava/Balava Karana Panchamam Tilau | | | Sun 19 Sutra 343 | |
| | Gulika | 2:03PM – 3:34PM | Kritika Until 8:39PM | Ganesh: Blue | Sunrise: 6:28AM | Vasavasu 5:127 |
| Wishabha Rasi: 1.05 | Tilhi 5 | Yama 11:01AM – 12:32PM | Vishkambha* Until 12:19PM | Muruga: White | Sunset: 6:35PM | Moon 3 - Phase 47 - 19 |
| Family Home Evening | | 122758678 Rahu 7:59AM – 9:30AM | Bava Until 7:57AM | Nataraja: Purple | | 3rd Phase |
| Routine Work | Marana Yoga | | | | Bhuloka Day | |
| Until 8:39PM | | | | | Devaloka Time: 6AM to 9AM | |
| Then Creative Work | Amrita Yoga | | | | Chaitra-Panguni | |
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5 Tuesday, March 24, 2026

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| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Mangala Vasara Yuktayam | | | Kottayam, India | |
| | | Rohini Nakshatra Priti/Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamam Tilau | | | Sun 20 Sutra 344 | |
| | Gulika | 12:31PM – 2:02PM | Rohini Until 7:05PM | Ganesh: Yellow | Sunrise: 6:27AM | Vasavasu 5:127 |
| Wishabha Rasi: 15.31 | Tilhi 6 – 7 | Yama 9:29AM – 11:00AM | Priti Until 9:06AM | Muruga: White | Sunset: 6:35PM | Moon 3 - Phase 47 - 20 |
| Creative Work | Amrita Yoga | 132758678 Rahu 3:33PM – 5:04PM | Gara Until 3:01AM Wed | Nataraja: Purple | | 3rd Phase |
| Until 7:05PM | | | | | Bhuloka Day | |
| Then Creative Work | Siddha Yoga | | | | Devaloka Time: 6AM to 9AM | |
| | | | | | Chaitra-Panguni | |

Wednesday, March 25, 2026

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|----------------------|---------------|---------------------------------------------------------------------------------------------|--------------------------------|-------------------------|---------------------------|-------------------------------|
| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Butha Vasara Yuktayam | | | Kottayam, India | |
| | | Megashira/Andra Nakshatra Ajushman/Saubhagya Yoga Vanja/Visli* Karana Saptami/Ashamam Tilau | | | Sun 21 Sutra 345 | |
| | Gulika | 11:00AM – 12:31PM | Mrigashira Until 5:35PM | Ganesh: Yellow | Sunrise: 6:27AM | Vasavasu 5:127 |
| Wishabha Rasi: 29.49 | Tilhi 7 – 8 | Yama 7:58AM – 9:29AM | Ayushman Until 6:02AM | Muruga: White | Sunset: 6:35PM | Moon 3 - Phase 47 - 21 |
| Creative Work | Siddha Yoga | 132758678 Rahu 12:31PM – 2:02PM | Visli Until 12:53AM Thu | Nataraja: Purple | | Ashtami |
| | | | | | Bhuloka Day | |
| | | | | | Devaloka Time: 6AM to 9AM | |
| | | Saptami Until 1:53PM | | | Chaitra-Panguni | |

Thursday, March 26, 2026

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| | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam | | | Kottayam, India | |
| | | Andra/Punarsvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamam Tilau | | | Sun 22 Sutra 346 | |
| | Gulika | 9:28AM – 11:00AM | Andra Until 4:14PM | Ganesh: Yellow | Sunrise: 6:26AM | Vasavasu 5:127 |
| Mithuna Rasi: 13.56 | Tilhi 8 – 9 | Yama 6:26AM – 7:57AM | Sobhana Until 12:35AM Fri | Muruga: White | Sunset: 6:35PM | Moon 3 - Phase 47 - 22 |
| Routine Work | Marana Yoga | 132758678 Rahu 2:02PM – 3:33PM | Balava Until 11:02PM | Nataraja: Purple | | Navami |
| Until 4:14PM | | | | | Bhuloka Day | |
| Then Creative Work | Amrita Yoga | | | | Devaloka Time: 6AM to 9AM | |
| | | Sri Rama Navami | | | Chaitra-Panguni | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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|-----------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 1 Friday, March 27, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam Kottayam, India Panaravasu/Pushya Nakshatra Aihnganda* Yoga Kaulava/Tailita Karana Navami/Dishmayam Tilau Sun 23 Sutra 347 | | | |
| Mithuna Rasi: 27.53 | Tithi 9 – 10 | Gulika 7:57AM – 9:28AM Yama 3:33PM – 5:04PM Rahu 142758678 10:59AM – 12:30PM | Punarvasu Untili 3:28PM Aihnganda* Untili 10:13PM Tailita Untili 9:31PM Navami* Untili 10:13AM | Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalra-Panguni | Sunrise: 6:26AM Sunset: 6:35PM Moon 3 - Phase: 4B - 23 4th Phase |
| Creative Work | Siddha Yoga | Then Routine Work - Marana Yoga | | | |
| Untili 3:28PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| 2 Saturday, March 28, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yukhtayam Kottayam, India Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashyam Tilau Sun 24 Sutra 348 | | | |
| Kalka Rasi: 11.37 | Tithi 10 – 11 | Gulika 6:25AM – 7:56AM Yama 2:01PM – 3:33PM Rahu 142758678 9:28AM – 10:59AM | Pushya Untili 2:54PM Sukarma Untili 8:08PM Vanija Untili 8:20PM Dashami Untili 8:52AM | Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalra-Panguni | Sunrise: 6:25AM Sunset: 6:35PM Moon 3 - Phase: 4B - 24 4th Phase |
| Creative Work | Siddha Yoga | Then Routine Work - Marana Yoga | | | |
| Untili 2:54PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| 3 Sunday, March 29, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yukhtayam Kottayam, India Ashlesha* Magha* Nakshatra Dhriti Yoga Visti* Bava Karana Ekadashi/Dwadashyam Tilau Sun 25 Sutra 349 | | | |
| Kalka Rasi: 25.09 | Tithi 11 – 12 | Gulika 3:33PM – 5:04PM Yama 12:30PM – 2:01PM Rahu 142758678 5:04PM – 6:35PM | Ashlesha* Untili 2:31PM Dhriti Untili 6:21PM Bava Untili 7:31PM Ekadashi Untili 7:51AM | Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalra-Panguni | Sunrise: 6:24AM Sunset: 6:35PM Moon 3 - Phase: 4B - 25 4th Phase |
| Creative Work | Siddha Yoga | Then Routine Work - Marana Yoga | | | |
| Untili 2:31PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| 4 Monday, March 30, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yukhtayam Kottayam, India Magha*Purvaphalguni Nakshatra Shuk*Gandi* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau Sun 26 Sutra 350 | | | |
| Simha Rasi: 8.29 | Tithi 12 – 13 | Gulika 2:01PM – 3:32PM Yama 10:58AM – 12:30PM Rahu 152758678 7:55AM – 9:27AM | Magha* Untili 2:49PM Shuka* Untili 4:51PM Kaulava Untili 7:04PM Dvadashi Untili 7:13AM <i>Pradosha Vata</i> | Ganesh: Clear Muruga: White Nataraja: Purple Moon – Red Chalra-Panguni | Sunrise: 6:24AM Sunset: 6:35PM Moon 3 - Phase: 4B - 26 4th Phase |
| Family Home Evening | Marana Yoga | Then Creative Work - Siddha Yoga | | | |
| Untili 2:49PM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |
| 5 Tuesday, March 31, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam Kottayam, India Purvaphalguni/Uttaraphalguni Nakshatra Gandar*Vidhih Yoga Talita/Gara Karana Trayodashi/Chatudashyam Tilau Sun 27 Sutra 351 | | | |
| Simha Rasi: 21.36 | Tithi 13 – 14 | Gulika 12:29PM – 2:01PM Yama 9:26AM – 10:58AM Rahu 153758678 3:32PM – 5:04PM | Purvaphalguni Untili 3:21PM Ganda* Untili 3:40PM Gara Untili 7:01PM Trayodashi Untili 6:58AM | Ganesh: Purple Muruga: White Nataraja: Purple Moon – Red Chalra-Panguni | Sunrise: 6:23AM Sunset: 6:35PM Moon 3 - Phase: 4B - 27 4th Phase |
| Creative Work | Siddha Yoga | Then Creative Work - Amrita Yoga | | | |
| Untili 3:21PM | | | | | |
| Then Creative Work - Amrita Yoga | | | | | |
| Wednesday, April 1, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam Kottayam, India Uttaraphalguni/Hasta Nakshatra Vidhih/Dhruva Yoga Vanija/Visti* Karana Chatudashi/Purnimayam Tilau Sun 27 Sutra 352 | | | |
| Kanya Rasi: 4.31 | Tithi 14 – 15 | Gulika 10:58AM – 12:29PM Yama 7:55AM – 9:26AM Rahu 153758678 12:29PM – 2:01PM | Uttaraphalguni Untili 4:08PM Vidhih Untili 2:50PM Visti Untili 7:24PM Chalurdashi* Untili 7:08AM | Ganesh: Purple Muruga: White Nataraja: Purple Moon – Red Chalra-Panguni | Sunrise: 6:23AM Sunset: 6:35PM Moon 3 - Phase: 4B - Purnima |
| Creative Work | Amrita Yoga | Then Routine Work - Marana Yoga | | | |
| Untili 4:08PM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| Thursday, April 2, 2026 | | Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yukhtayam Kottayam, India Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 28 Sutra 353 | | | |
| Kanya Rasi: 17.14 | Tithi 15 – 16 | Gulika 9:26AM – 10:57AM Yama 6:23AM – 7:54AM Rahu 163758678 2:00PM – 3:32PM | Hasta Untili 5:39PM Dhruva Untili 2:18PM Balava Untili 8:12PM Purnima* Untili 7:43AM | Ganesh: Clear Muruga: White Nataraja: Purple Moon – Green Chalra-Panguni | Sunrise: 6:23AM Sunset: 6:35PM Moon 3 - Phase: 4B - Prathama |
| Routine Work | Marana Yoga | Then Creative Work - Siddha Yoga | | | |
| Untili 5:39PM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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Friday, April 3, 2026

Gold Retreat Star

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Sakra Yuktayam
Chitra Nakshatra Vyaghrata/Harshana Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau

Kottayam, India

Sutra 354

Kanya Rasi: 29.44 Tithi 16 - 17

Gulika

7:54AM - 9:25AM

Chitra Untill 7:25PM

Ganesh: Clear

Sunrise: 6:20AM

Vasavasu 5:17

Rahu 10:57AM - 12:29PM

Yama 3:32PM - 5:03PM

Vyaghrata* Untill 2:08PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 1

Creative Work Siddha Yoga

163758678

Tailita Untill 9:27PM

Nataraja: Purple

Moon - Green

1st Phase

Prathama* Untill 8:45AM

Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12:2PM

1 Saturday, April 4, 2026

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Svali Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Kottayam, India

Sutra 355

Tula Rasi: 12.04 Tithi 17 - 18

Gulika

6:22AM - 7:53AM

Svali Untill 9:26PM

Ganesh: Clear

Sunrise: 6:20AM

Vasavasu 5:17

Rahu 9:25AM - 10:57AM

Yama 2:00PM - 3:32PM

Harshana Untill 2:17PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 1

Creative Work Siddha Yoga

163758678

Vanija Untill 11:06PM

Nataraja: Purple

Moon - Green

1st Phase

Dvitiya Untill 10:12AM

Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12:2PM

2 Sunday, April 5, 2026

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Vishakha Nakshatra Vajra/Siddhi Yoga Visi/Bava Karana Tritiya/Chaturtham Titau

Kottayam, India

Sutra 356

Tula Rasi: 24.14 Tithi 18 - 19

Gulika

3:31PM - 5:03PM

Vishakha Untill 12:07AM Mon

Ganesh: White

Sunrise: 6:21AM

Vasavasu 5:17

Rahu 5:03PM - 6:35PM

Yama 12:28PM - 2:00PM

Vajra* Untill 2:42PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 2

Routine Work Marana Yoga

173758678

Bava Untill 1:06AM Mon

Nataraja: Purple

Moon - Orange

1st Phase

Tritiya Untill 12:02PM

Chaitra-Panguni

Devaloka Day

3 Monday, April 6, 2026

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Siddhi Nakshatra Siddhi/Vyaghrata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Kottayam, India

Sutra 357

Mithuna Rasi: 6.16 Tithi 19 - 20

Gulika

2:00PM - 3:31PM

Anuradha Untill 2:54AM Tue

Ganesh: White

Sunrise: 6:21AM

Vasavasu 5:17

Rahu 7:52AM - 9:24AM

Yama 10:56AM - 12:28PM

Siddhi Untill 3:22PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 3

Creative Work Siddha Yoga

173758678

Kaulava Untill 3:22AM Tue

Nataraja: Purple

Moon - Orange

1st Phase

Chaturthi* Untill 2:11PM

Chaitra-Panguni

Devaloka Day

4 Tuesday, April 7, 2026

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Jyeshtha Nakshatra Vysipata/Varijan Yoga Tailita/Gara Karana Panchami/Shashtham Titau

Kottayam, India

Sutra 358

Mithuna Rasi: 18.11 Tithi 20 - 21

Gulika

12:27PM - 1:59PM

Jyeshtha* Untill 5:39AM Wed

Ganesh: White

Sunrise: 6:20AM

Vasavasu 5:17

Rahu 3:31PM - 5:03PM

Yama 9:24AM - 10:56AM

Vyaghrata* Untill 4:12PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 4

Routine Work Marana Yoga

173758678

Gara Untill 5:47AM Wed

Nataraja: Purple

Moon - Orange

1st Phase

Panchami Untill 4:33PM

Chaitra-Panguni

Devaloka Day

5 Wednesday, April 8, 2026

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam
Mula Nakshatra Varijan/Parigha* Yoga Vanija Karana Shashtham Titau

Kottayam, India

Sutra 359

Dhanu Rasi: 0.05 Tithi 21

Gulika

10:55AM - 12:27PM

Mula* Untill 8:42AM Thu

Ganesh: Yellow

Sunrise: 6:19AM

Vasavasu 5:17

Rahu 12:27PM - 1:59PM

Yama 7:51AM - 9:23AM

Varijan Untill 5:03PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 5

Routine Work Marana Yoga

183758678

Vanija Untill 6:58PM

Nataraja: Purple

Moon - Light Blue

1st Phase

Shashthi* Untill 6:58PM

Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12:2PM

6 Thursday, April 9, 2026

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam
Mula/Purushadha* Nakshatra Parigha/Shiva Yoga Visi/Bava Karana Sapthamam Titau

Kottayam, India

Sutra 360

Dhanu Rasi: 11.59 Tithi 22

Gulika

9:23AM - 10:55AM

Mula* Untill 8:42AM

Ganesh: Yellow

Sunrise: 6:19AM

Vasavasu 5:17

Rahu 1:59PM - 3:31PM

Yama 6:19AM - 7:51AM

Parigha* Untill 5:51PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 6

Creative Work Siddha Yoga

183758678

Visi Untill 8:10AM

Nataraja: Purple

Moon - Light Blue

1st Phase

Saptami Untill 9:16PM

Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12:2PM

Friday, April 10, 2026

Retreat Star

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamam Titau

Kottayam, India

Sutra 361

Dhanu Rasi: 23.57 Tithi 23

Gulika

7:50AM - 9:22AM

Purushadha* Untill 11:23AM

Ganesh: Yellow

Sunrise: 6:18AM

Vasavasu 5:17

Rahu 10:55AM - 12:27PM

Yama 3:31PM - 5:03PM

Shiva Untill 6:26PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 7

Routine Work Prabalatarisha Yoga

183758678

Balava Untill 10:19AM

Nataraja: Purple

Moon - Light Blue

Ashtami

Ashtami* Untill 11:13PM

Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12:2PM

Saturday, April 11, 2026

Retreat Star

Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha Yoga Tailita/Gara Karana Navamam Titau

Kottayam, India

Sutra 362

Makara Rasi: 6.05 Tithi 24

Gulika

6:18AM - 7:50AM

Uttarashadha Untill 1:27PM

Ganesh: Yellow

Sunrise: 6:18AM

Vasavasu 5:17

Rahu 9:22AM - 10:54AM

Yama 1:58PM - 3:31PM

Siddha Untill 6:35PM

Muruga: White

Sunset: 6:35PM

Moon 4 - Phase 49 - 8

Routine Work Marana Yoga

183758678

Tailita Untill 12:02PM

Nataraja: Purple

Moon - Light Blue

Navami

Navami* Untill 12:38AM Sun

Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12:2PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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| 1 Sunday, April 12, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yuktiyam Kottayam, India | | | |
|--------------------------|---------------|---------------------------------------------------------------------------------------------------------------|---------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Makara Rasi: 18.28 | Tithi 25 | Gulika 3:30PM – 5:03PM | Shravana Until 3:14PM | Ganesh: Blue Muruga: White Nataraja: Purple Moon – Purple Chaltra-Panguni | Sun 9 Sutra 363 Vasarasu 5:17 Moon 4 - Phase 50 - 9 2nd Phase |
| Creative Work | Amrita Yoga | Yama 12:26PM – 1:58PM | Sadhya Until 6:14PM | Sunrise: 6:17AM Sunset: 6:29PM | Devaloka Day |
| Until 3:14PM | | 193758678 | Rahu 5:03PM – 6:35PM | | |
| Then Routine Work | – Marana Yoga | | Dashami Until 1:20AM Mon | | |

| 2 Monday, April 13, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yuktiyam Kottayam, India | | | |
|--------------------------|-------------|--------------------------------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| Kumbha Rasi: 1.11 | Tithi 26 | Gulika 1:58PM – 3:30PM | Dhanishtha Until 4:05PM | Ganesh: Blue Muruga: White Nataraja: Purple Moon – Purple Chaltra-Panguni | Sun 10 Sutra 364 Vasarasu 5:17 Moon 4 - Phase 50 - 10 2nd Phase |
| Family Home Evening | | Yama 10:54AM – 12:26PM | Subha Until 5:17PM | Sunrise: 6:17AM Sunset: 6:29PM | Devaloka Day |
| Creative Work | Siddha Yoga | 193758678 | Rahu 7:49AM – 9:21AM | | |
| | | | Bava Until 1:23PM | | |
| | | | Ekadashi* Until 1:12AM Tue | | |

| 3 Tuesday, April 14, 2026 | | Vishvasu Nama Samvatsara Uтарыне Nartana Ritau Mecha Mase Krishna Pakshi Mangala Vasara Yuktiyam Kottayam, India | | | |
|---------------------------|-------------|------------------------------------------------------------------------------------------------------------------|------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Kumbha Rasi: 14.19 | Tithi 27 | Gulika 12:26PM – 1:58PM | Shalabhshak Until 3:58PM | Ganesh: Red Muruga: White Nataraja: Purple Moon – Purple Chaltra-Chaltra | Sun 11 Sutra 1 Vasarasu 5:17 Moon 4 - Phase 50 - 11 2nd Phase |
| Routine Work | Marana Yoga | Yama 9:21AM – 10:53AM | Sukla Until 3:39PM | Sunrise: 6:16AM Sunset: 6:29PM | Devaloka Day |
| | | 194758678 | Rahu 3:30PM – 5:02PM | | |
| | | | Kaulava Until 12:51PM | | |
| | | | Dvadashi* Until 12:15AM Wed | | |
| | | | | Devaloka Time: 6AM to 9AM | |

| 4 Wednesday, April 15, 2026 | | Parabhava Nama Samvatsara Uтарыне Nartana Ritau Mecha Mase Krishna Pakshi Butha Vasara Yuktiyam Kottayam, India | | | |
|-----------------------------|-------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| Kumbha Rasi: 27.53 | Tithi 28 | Gulika 10:53AM – 12:25PM | Puravproshthapada* Until 3:23PM | Ganesh: White Muruga: White Nataraja: Purple Moon – Clear Chaltra-Chaltra | Sun 12 Sutra 2 Parabhava 5:18 Moon 4 - Phase 50 - 12 2nd Phase |
| Creative Work | Amrita Yoga | Yama 7:48AM – 9:21AM | Brahma Until 1:24PM | Sunrise: 6:16AM Sunset: 6:29PM | Devaloka Day |
| Until 3:23PM | | 214758678 | Rahu 12:25PM – 1:58PM | | |
| Then Creative Work | Siddha Yoga | | Gara Until 11:30AM | | |
| | | | Tamil New Year | | |
| | | | Trayodashi* Until 10:33PM | | |
| | | | Pradosha Vata (Fasting) | | |

| 5 Thursday, April 16, 2026 | | Parabhava Nama Samvatsara Uтарыне Nartana Ritau Mecha Mase Krishna Pakshi Guru Vasara Yuktiyam Kottayam, India | | | |
|----------------------------|-------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| Meena Rasi: 11.55 | Tithi 29 | Gulika 9:20AM – 10:53AM | Uttarproshthapada Until 1:58PM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Clear Chaltra-Chaltra | Sun 13 Sutra 3 Parabhava 5:18 Moon 4 - Phase 50 - 13 2nd Phase |
| Creative Work | Siddha Yoga | Yama 6:15AM – 7:48AM | Indra Until 10:36AM | Sunrise: 6:15AM Sunset: 6:29PM | Devaloka Day |
| | | 214858678 | Rahu 1:57PM – 3:30PM | | |
| | | | Vishti Until 9:28AM | | |
| | | | Chalurdashi* Until 8:12PM | | |
| | | | | Devaloka Time: 9AM to 12:2PM | |

| ● Friday, April 17, 2026 | | Parabhava Nama Samvatsara Uтарыне Nartana Ritau Mecha Mase Sukla Pakshi Sukra Vasara Yuktiyam Kottayam, India | | | |
|--------------------------|---------------|---------------------------------------------------------------------------------------------------------------|-------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Meena Rasi: 26.2 | Tithi 30 – 1 | Gulika 7:47AM – 9:20AM | Revati Until 11:52AM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Clear Chaltra-Chaltra | Sun 14 Sutra 4 Parabhava 5:18 Moon 4 - Phase 50 - 14 Amavasya |
| Creative Work | Siddha Yoga | Yama 3:30PM – 5:02PM | Vaidhriti* Until 7:19AM | Sunrise: 6:15AM Sunset: 6:29PM | Devaloka Day |
| Until 11:52AM | | 214858678 | Rahu 10:52AM – 12:25PM | | |
| Then Creative Work | – Amrita Yoga | | Catuspada Until 6:51AM | | |
| | | | Amavasya* Until 5:21PM | | |
| | | | | Devaloka Time: 9AM to 12:2PM | |

| Saturday, April 18, 2026 | | Parabhava Nama Samvatsara Uтарыне Nartana Ritau Mecha Mase Sukla Pakshi Manita Vasara Yuktiyam Kottayam, India | | | |
|--------------------------|-------------|----------------------------------------------------------------------------------------------------------------|---------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Mesha Rasi: 11.02 | Tithi 1 – 2 | Gulika 6:14AM – 7:47AM | Ashvini Until 9:41AM | Ganesh: Red Muruga: White Nataraja: Purple Moon – White Vaisakha-Chaltra | Sun 15 Sutra 5 Parabhava 5:18 Moon 4 - Phase 50 - 15 Prathama |
| Creative Work | Siddha Yoga | Yama 1:57PM – 3:30PM | Priti Until 11:55PM | Sunrise: 6:14AM Sunset: 6:29PM | Devaloka Day |
| | | 224858678 | Rahu 9:19AM – 10:52AM | | |
| | | | Balava Until 12:32AM Sun | | |
| | | | Prathama* Until 2:11PM | | |
| | | | | Devaloka Time: 9AM to 12:2PM | |

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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| | | | | | |
|----------------------------------------------------------------------------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| 1 Sunday, April 19, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Bhanu Vesara Yukhtayam Kottayam, India Bharani/Krittika Nakshatra Ayushman Yoga Kaulava/Taitila Karana Divilya/Tritiyayam Titau Sun 16 Sutra 6 | | | |
| Mesha Rasi: 25.56 | Tithi 2 - 3 | Gulika 3:30PM - 5:02PM Yama 12:24PM - 1:57PM 244858678 Rahu 5:02PM - 6:35PM | Bharani Until 7:01AM Ayushman Until 8:01PM Taitila Until 9:11PM Dvitiya Until 10:51AM | Ganesh: Red Muruga: White Nataraja: Purple Moon - White Vaisaka-Chaitra | Sunrise: 6:14AM Sunset: 6:35PM Moon 4 - Phase 1 - 17 3rd Phase Bhuloka Day Devaloka Time: 9AM to12:2PM |
| Routine Work Prabalarishta Yoga Until 7:09AM Then Creative Work - Siddha Yoga | | | | | |
| 2 Monday, April 20, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Indu Vesara Yukhtayam Kottayam, India Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Visli* Karana Tritiya/Chaturthiyam Titau Sun 17 Sutra 7 | | | |
| Wishabha Rasi: 10.52 | Tithi 3 - 4 | Gulika 1:57PM - 3:29PM Yama 10:51AM - 12:24PM 234858678 Rahu 7:46AM - 9:19AM | Rohini Until 2:10AM Tue Saubhagya Until 4:11PM Visli Until 4:19AM Tue Tritiya Until 7:30AM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra | Sunrise: 6:13AM Sunset: 6:35PM Moon 4 - Phase 1 - 17 3rd Phase Bhuloka Day Devaloka Time: 9AM to12:2PM |
| Family Home Evening Creative Work Amrita Yoga Until 2:10AM Tue Then Creative Work - Siddha Yoga | | | | | |
| 3 Tuesday, April 21, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Mangala Vasara Yukhtayam Kottayam, India Mrigashira Nakshatra Atihiganda* Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 8 | | | |
| Wishabha Rasi: 25.4 | Tithi 5 | Gulika 12:24PM - 1:57PM Yama 9:18AM - 10:51AM 234858678 Rahu 3:29PM - 5:02PM | Mrigashira Until 12:01AM Wed Sobhana Until 12:33PM Bava Until 2:50PM Panchami Until 1:24AM Wed | Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra | Sunrise: 6:13AM Sunset: 6:35PM Moon 4 - Phase 1 - 18 3rd Phase Bhuloka Day Devaloka Time: 9AM to12:2PM |
| Creative Work Siddha Yoga | | | | | |
| 4 Wednesday, April 22, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Budha Vesara Yukhtayam Kottayam, India Ardra Nakshatra Athiganda* Sukama Yoga Kaulava/Taitila Karana Panchamyam Titau Sun 19 Sutra 9 | | | |
| Mithuna Rasi: 10.16 | Tithi 6 | Gulika 10:51AM - 12:24PM Yama 7:45AM - 9:18AM 234858678 Rahu 12:24PM - 1:56PM | Ardra Until 10:07PM Athiganda* Until 9:09AM Kaulava Until 12:06PM Shashthi* Until 10:53PM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Yellow Vaisaka-Chaitra | Sunrise: 6:12AM Sunset: 6:35PM Moon 4 - Phase 1 - 19 3rd Phase Bhuloka Day Devaloka Time: 9AM to12:2PM |
| Creative Work Siddha Yoga | | | | | |
| 5 Thursday, April 23, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Guru Vesara Yukhtayam Kottayam, India Punarvasu Nakshatra Sukama/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 10 | | | |
| Mithuna Rasi: 24.34 | Tithi 7 | Gulika 9:18AM - 10:51AM Yama 6:12AM - 7:45AM 244858678 Rahu 1:56PM - 3:29PM | Punarvasu Until 8:59PM Sukama Until 6:08AM Gara Until 9:50AM Saptami Until 8:52PM | Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Vaisaka-Chaitra | Sunrise: 6:12AM Sunset: 6:35PM Moon 4 - Phase 1 - 20 3rd Phase Devaloka Day |
| Creative Work Amrita Yoga | | | | | |
| Friday, April 24, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Sukra Vesara Yukhtayam Kottayam, India Retreat Star Pushya Nakshatra Shula* Yoga Vosi* Bava Karana Ashtamyam Titau Sun 21 Sutra 11 | | | |
| Kataka Rasi: 8.32 | Tithi 8 | Gulika 7:44AM - 9:17AM Yama 3:29PM - 5:02PM 244858678 Rahu 10:50AM - 12:23PM | Pushya Until 8:15PM Shula* Until 1:23AM Sat Visli Until 8:05AM Ashlami* Until 7:24PM | Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Vaisaka-Chaitra | Sunrise: 6:12AM Sunset: 6:35PM Moon 4 - Phase 1 - 21 Ashtami Devaloka Day |
| Routine Work Marana Yoga Until 7:56PM Then Creative Work - Amrita Yoga | | | | | |
| Saturday, April 25, 2026 | | Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Manta Vesara Yukhtayam Kottayam, India Retreat Star Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 12 | | | |
| Kataka Rasi: 22.09 | Tithi 9 | Gulika 6:11AM - 7:44AM Yama 1:56PM - 3:29PM 244858679 Rahu 9:17AM - 10:50AM | Ashlesha* Until 7:56PM Ganda* Until 11:42PM Balava Until 6:54AM Navami* Until 6:30PM | Ganesh: White Muruga: White Nataraja: Clear Moon - Blue Vaisaka-Chaitra | Sunrise: 6:11AM Sunset: 6:35PM Moon 4 - Phase 1 - 22 Navami Sivaloka Day |
| Routine Work Marana Yoga Until 7:56PM Then Creative Work - Amrita Yoga | | | | | |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Kottayam, India on 12/20/23

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| 1 Sunday, April 26, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vasara Yukhtayam Magha* Nakshatra Viddhi Yoga Talila/Gara Karana Dashamyam Tilau | | | | Kottayam, India Sun 23 Sutra 13 Parabhava 5128 | |
|----------------------------------|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|------------------------|------------------------|------------------------------------------------------|-----------|
| Simha Rasi: 5.27 | Tithi 10 | Gulika 3:29PM - 5:02PM | Magha* Until 8:27PM | Ganesh: Clear | Sunrise: 6:17AM | | |
| | | Yama 12:23PM - 1:56PM | Viddhi Until 10:27PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - 23 | 4th Phase |
| | | 254858679 Rahu 5:02PM - 6:35PM | Talila Until 6:16AM | Nataraja: Clear | | | |
| Routine Work - Marana Yoga | | | Dashami Until 6:09PM | Moon - Red | | Devaloka Day | |
| Until 8:27PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 2 Monday, April 27, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Indu Vasara Yukhtayam Purvaphalguni Nakshatra Dhruva Yoga Vanji/Visi* Karana Ekadashyam Tilau | | | | Kottayam, India Sun 24 Sutra 14 Parabhava 5128 | |
|-----------------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|------------------------|------------------------|------------------------------------------------------|-----------|
| Simha Rasi: 18.28 | Tithi 11 | Gulika 1:56PM - 3:29PM | Purvaphalguni Until 9:19PM | Ganesh: Purple | Sunrise: 6:10AM | | |
| Family Home Evening | | Yama 10:50AM - 12:23PM | Dhruva Until 9:34PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - 24 | 4th Phase |
| | | 255858679 Rahu 7:43AM - 9:16AM | Vanija Until 6:11AM | Nataraja: Clear | | | |
| Creative Work - Siddha Yoga | | | Ekadashi Until 6:18PM | Moon - Red | | Bhuloka Day | |
| | | | | Vaisaka-Chaitra | | Devaloka Time: 6 PM to 9 PM | |

| 3 Tuesday, April 28, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Mangala Vasara Yukhtayam Uttaraphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Dvadashtyam Tilau | | | | Kottayam, India Sun 25 Sutra 15 Parabhava 5128 | |
|----------------------------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------|------------------------|------------------------------------------------------|-----------|
| Kanya Rasi: 1.16 | Tithi 12 | Gulika 12:23PM - 1:56PM | Uttaraphalguni Until 10:27PM | Ganesh: Purple | Sunrise: 6:10AM | | |
| | | Yama 9:16AM - 10:49AM | Vyaghata* Until 9:03PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - 25 | 4th Phase |
| | | 255858679 Rahu 3:29PM - 5:02PM | Bava Until 6:34AM | Nataraja: Clear | | | |
| Creative Work - Amrita Yoga | | | Dvadashti Until 6:54PM | Moon - Red | | Bhuloka Day | |
| Until 10:27PM | | | | Vaisaka-Chaitra | | Devaloka Time: 6 PM to 9 PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| 4 Wednesday, April 29, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Budha Vasara Yukhtayam Hashta Nakshatra Harshana Yoga Kalava/Talila Karana Trayodashyam Tilau | | | | Kottayam, India Sun 26 Sutra 16 Parabhava 5128 | |
|----------------------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|------------------------|------------------------|------------------------------------------------------|-----------|
| Kanya Rasi: 13.5 | Tithi 13 | Gulika 10:49AM - 12:22PM | Hashta Until 12:17AM Thu | Ganesh: Clear | Sunrise: 6:10AM | | |
| | | Yama 7:43AM - 9:16AM | Harshana Until 8:52PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - 26 | 4th Phase |
| | | 265858679 Rahu 12:22PM - 1:56PM | Kalava Until 7:23AM | Nataraja: Clear | | | |
| Routine Work - Marana Yoga | | | Trayodashi Until 7:55PM | Moon - Green | | Devaloka Day | |
| Until 12:17AM Thu | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| | | | | <i>Pradosha Vata</i> | | | |

| 5 Thursday, April 30, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Guru Vasara Yukhtayam Chitra Nakshatra Vajra* Yoga Gara/Vanija Karana Chaturdashyam Tilau | | | | Kottayam, India Sun 27 Sutra 17 Parabhava 5128 | |
|-----------------------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|------------------------|------------------------|------------------------------------------------------|-----------|
| Kanya Rasi: 26.16 | Tithi 14 | Gulika 9:16AM - 10:49AM | Chitra Until 2:18AM Fri | Ganesh: Clear | Sunrise: 6:09AM | | |
| | | Yama 6:09AM - 7:42AM | Vajra* Until 8:55PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - 27 | 4th Phase |
| | | 265858679 Rahu 1:55PM - 3:29PM | Gara Until 8:34AM | Nataraja: Clear | | | |
| Creative Work - Siddha Yoga | | | Chaturdash* Until 9:16PM | Moon - Green | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

| O Friday, May 1, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Sukra Vasara Yukhtayam Svali Nakshatra Siddhi Yoga Visi*/Bava Karana Punimayam Tilau | | | | Kottayam, India Sun 27 Sutra 18 Parabhava 5128 | |
|-----------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------------------|------------------------|------------------------------------------------------|---------|
| Copper Retreat Star | | Gulika 7:42AM - 9:15AM | Svali Until 4:26AM Sat | Ganesh: Clear | Sunrise: 6:08AM | | |
| Tula Rasi: 8.32 | Tithi 15 | Yama 3:29PM - 5:02PM | Siddhi Until 9:13PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - | Purnima |
| | | 265858679 Rahu 10:49AM - 12:22PM | Visi Until 10:05AM | Nataraja: Clear | | | |
| Creative Work - Siddha Yoga | | | Purnima* Until 10:56PM | Moon - Green | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |
| | | | | | | | |

| Saturday, May 2, 2026 | | Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mecha Mese Sakla Paksho Mantva Vasara Yukhtayam Vishakha Nakshatra Vyajipata* Yoga Balava/Kalava Karana Prathamayam Tilau | | | | Kottayam, India Sun 28 Sutra 19 Parabhava 5128 | |
|---------------------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|------------------------|------------------------|------------------------------------------------------|----------|
| Silver Retreat Star | | Gulika 6:08AM - 7:42AM | Vishakha Until 7:10AM Sun | Ganesh: White | Sunrise: 6:08AM | | |
| Tula Rasi: 20.41 | Tithi 16 | Yama 1:55PM - 3:29PM | Vyajipata* Until 9:45PM | Muruga: White | Sunset: 6:29PM | Moon 4 - Phase 2 - | Prathama |
| | | 275858679 Rahu 9:15AM - 10:48AM | Balava Until 11:54AM | Nataraja: Clear | | | |
| Creative Work - Siddha Yoga | | | Prathama* Until 12:53AM Sun | Moon - Orange | | Bhuloka Day | |
| Until 7:10AM Sun | | | | Vaisaka-Chaitra | | Devaloka Time: 6 PM to 9 PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for 12/20/23

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