

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 13.13 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 7:34PM
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Інду Васара Yuktayam Malmö, Sweden
 Svati Nakshatra Vajra* Yoga Talilla/Gara Karana Dwityayam Titau Sutra 364

Gulika 1:54PM - 3:40PM
Yama 10:24AM - 12:09PM
Rahu 6:53AM - 8:38AM
Tamil New Year
Svati Until 7:34PM
Vajra* Until 6:07PM
Taililla Until 5:16PM
Dvitiya Until 6:28AM Tue

Ganesh: Yellow Sunrise: 5:08AM
Muruga: Clear Sunset: 7:10PM Moon 4 - Phase 1 - 1st Phase
Nataraj: Clear
 Moon - Green
Chaitra-Chaitra
Devaloka Day

1**Tuesday, April 15, 2025**

Tula Rasi: 25.04 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 10:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Mangala Vasara Yuktayam Malmö, Sweden
 Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dwityayam Titau Sutra 1

Gulika 12:09PM - 1:55PM
Yama 6:49AM - 8:36AM
Rahu 3:41PM - 5:26PM
Vishakha Until 10:40PM
Siddhi Until 7:01PM
Vanija Until 7:41PM
Dvitiya Until 6:28AM

Ganesh: Blue Sunrise: 5:05AM
Muruga: Clear Sunset: 7:12PM Moon 4 - Phase 1 - 1st Phase
Nataraj: Clear
 Moon - Orange
Chaitra-Chaitra
Bhuloka Day
 Devaloka Time: 3PM to 6PM

2**Wednesday, April 16, 2025**

Vischika Rasi: 6.58 Tithi 18 - 19
 Creative Work Siddha Yoga
 Until 1:24AM Thu
 Then Routine Work - Prabalarishta Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Batha Vasara Yuktayam Malmö, Sweden
 Anuradha Nakshatra Vyatipata* Yoga Visti* (Bava Karana Tritiya)Chaturthayam Titau Sun 2 Sutra 2

Gulika 10:22AM - 12:08PM
Yama 6:49AM - 8:36AM
Rahu 12:08PM - 1:55PM
Anuradha Until 1:24AM Thu
Vyatipata* Until 7:47PM
Bava Until 9:55PM
Tritiya Until 8:49AM

Ganesh: Blue Sunrise: 5:03AM
Muruga: Clear Sunset: 7:16PM Moon 4 - Phase 1 - 2 1st Phase
Nataraj: Clear
 Moon - Orange
Chaitra-Chaitra
Bhuloka Day
 Devaloka Time: 3PM to 6PM

3**Thursday, April 17, 2025**

Vischika Rasi: 18.58 Tithi 19 - 20
 Routine Work Prabalarishta Yoga
 Until 3:40AM Fri
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Guru Vasara Yuktayam Malmö, Sweden
 Jyeshtha* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 3 Sutra 3

Gulika 8:34AM - 10:21AM
Yama 5:00AM - 6:47AM
Rahu 1:55PM - 3:42PM
Jyeshtha* Until 3:40AM Fri
Varjyan Until 8:17PM
Kaulava Until 11:51PM
Chaturthi* Until 10:54AM

Ganesh: Blue Sunrise: 5:00AM
Muruga: Clear Sunset: 7:16PM Moon 4 - Phase 1 - 3 1st Phase
Nataraj: Clear
 Moon - Orange
Chaitra-Chaitra
Bhuloka Day
 Devaloka Time: 3PM to 6PM

4**Friday, April 18, 2025**

Dhanus Rasi: 1.05 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 5:51AM Sat
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Sukra Vasara Yuktayam Malmö, Sweden
 Mula* Nakshatra Parigha* Yoga Talilla/Gara Karana Panchami/Shashthyam Titau Sun 4 Sutra 4

Gulika 6:45AM - 8:33AM
Yama 3:43PM - 5:31PM
Rahu 10:20AM - 12:08PM
Mula* Until 5:51AM Sat
Parigha* Until 8:31PM
Gara Until 1:22AM Sat
Panchami Until 12:39PM

Ganesh: Red Sunrise: 4:58AM
Muruga: Clear Sunset: 7:18PM Moon 4 - Phase 1 - 4 1st Phase
Nataraj: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

5**Saturday, April 19, 2025**

Dhanus Rasi: 13.24 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 7:20AM Sun
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Mania Vasara Yuktayam Malmö, Sweden
 Purvashadha* Nakshatra Shiva Yoga Vanja/Visti* Karana Shashthi/Saptamyam Titau Sun 5 Sutra 5

Gulika 4:55AM - 6:43AM
Yama 1:56PM - 3:44PM
Rahu 8:32AM - 10:20AM
Purvashadha* Until 7:20AM Sun
Shiva Until 8:23PM
Visti Until 2:22AM Sun
Shashthi* Until 1:55PM

Ganesh: Red Sunrise: 4:55AM
Muruga: Clear Sunset: 7:20PM Moon 4 - Phase 1 - 5 1st Phase
Nataraj: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

D**Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 25.56 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 7:20AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Bhanu Vasara Yuktayam Malmö, Sweden
 Purvashadha* Utlarashadha Nakshatra Siddha Yoga Balava/Balava Karana Saptami/Akshamyam Titau Sun 6 Sutra 6

Gulika 3:45PM - 5:34PM
Yama 12:08PM - 1:56PM
Rahu 5:34PM - 7:22PM
Purvashadha* Until 7:20AM
Siddha Until 7:44PM
Balava Until 2:42AM Mon
Saptami Until 2:36PM

Ganesh: Red Sunrise: 4:53AM
Muruga: Clear Sunset: 7:22PM Moon 4 - Phase 1 - 6 Ashtami
Nataraj: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

Monday, April 21, 2025**Retreat Star**

Makara Rasi: 8.48 Tithi 23 - 24
Family Home Evening
 Routine Work Marana Yoga
 Until 8:02AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меша Крішна Пакше Indu Vasara Yuktayam Malmö, Sweden
 Utlarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Taililla Karana Ashtami/Navamyam Titau Sun 7 Sutra 7

Gulika 1:57PM - 3:46PM
Yama 10:18AM - 12:07PM
Rahu 6:40AM - 8:29AM
Utlarashadha Until 8:02AM
Sadya Until 6:32PM
Taililla Until 2:19AM Tue
Ashlami* Until 2:35PM

Ganesh: Red Sunrise: 4:50AM
Muruga: Clear Sunset: 7:24PM Moon 4 - Phase 1 - 7 Navami
Nataraj: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1 Tuesday, April 22, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yuktyayam Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Varija Karana Navami/Dashamyam Tilau				Malmö, Sweden Sun 8 Sutra 8
Makara Rasi: 22.02	Tithi 24 – 25	Gulika 12:07PM – 1:57PM	Shravana Until 8:18AM	Ganesh: Green Muruga: Clear	Sunrise: 4:46AM Sunset: 7:26PM	Vishvasu 5127 Moon 4 - Phase 2 - 8 2nd Phase
		Yama 8:26AM – 10:17AM	Subha Until 4:46PM	Nataraja: Clear		
		293298578 Rahu 3:47PM – 5:36PM	Vanija Until 1:10AM Wed	Moon – Purple Chaitra-Chaitra		
Creative Work Siddha Yoga		Navami* Until 1:49PM		Bhuloka Day Devaloka Time: 3PM to 6PM		

2 Wednesday, April 23, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Krishna Paksha Budha Vasara Yuktyayam Dhanishtha/Shabhbhisk Nakshatra Sukla/Brahma Yoga Vish/Bara Karana Dashami/Ekadeshym Tilau				Malmö, Sweden Sun 9 Sutra 9
Kumbha Rasi: 5.41	Tithi 25 – 26	Gulika 10:17AM – 12:07PM	Dhanishtha Until 7:40AM	Ganesh: Green Muruga: Clear	Sunrise: 4:46AM Sunset: 7:26PM	Vishvasu 5127 Moon 4 - Phase 2 - 9 2nd Phase
		Yama 6:36AM – 8:26AM	Sukla Until 2:21PM	Nataraja: Clear		
		293298578 Rahu 12:07PM – 1:57PM	Bava Until 11:16PM	Moon – Purple Chaitra-Chaitra		
Routine Work Prabalarishtha Yoga Until 7:40AM Then Creative Work - Siddha Yoga		Dashami Until 12:17PM		Bhuloka Day Devaloka Time: 3PM to 6PM		

3 Thursday, April 24, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Krishna Paksha Guru Vasara Yuktyayam Shalabhishak/Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadeshym Tilau				Malmö, Sweden Sun 10 Sutra 10
Kumbha Rasi: 19.48	Tithi 26 – 27	Gulika 8:25AM – 10:16AM	Shalabhishak Until 6:10AM	Ganesh: Green Muruga: Clear	Sunrise: 4:43AM Sunset: 7:30PM	Vishvasu 5127 Moon 4 - Phase 2 - 10 2nd Phase
		Yama 4:43AM – 6:34AM	Brahma Until 11:23AM	Nataraja: Purple		
		293298579 Rahu 1:58PM – 3:48PM	Kaulava Until 8:43PM	Moon – Purple Chaitra-Chaitra		
Creative Work Siddha Yoga		Ekadashi* Until 10:03AM		Devaloka Day		

4 Friday, April 25, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Krishna Paksha Sukra Vasara Yuktyayam Uttaraprossthapada Nakshatra Indra/Vaidhri* Yoga Taitha/Varija Karana Dvadesh/Dvadeshym Tilau				Malmö, Sweden Sun 11 Sutra 11
Meena Rasi: 4.2	Tithi 27 – 28	Gulika 6:32AM – 8:24AM	Uttaraprossthapada Until 1:52AM Sat	Ganesh: Purple Muruga: Clear	Sunrise: 4:41AM Sunset: 7:32PM	Vishvasu 5127 Moon 4 - Phase 2 - 11 2nd Phase
		Yama 3:49PM – 5:41PM	Indra Until 7:57AM	Nataraja: Purple		
		213298579 Rahu 10:15AM – 12:07PM	Varija Until 3:54AM Sat	Moon – Clear Chaitra-Chaitra		
Creative Work Siddha Yoga Until 1:52AM Sat Then Routine Work - Prabalarishtha Yoga		Dvadesh* Until 7:13AM		Devaloka Day		
<i>Pradosha Vata (Fasting)</i>						

5 Saturday, April 26, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Krishna Paksha Mania Vasara Yuktyayam Revati Nakshatra Vishkambha* Yoga Visi*/Isakuni* Karana Chaturdashym Tilau				Malmö, Sweden Sun 12 Sutra 12
Meena Rasi: 19.14	Tithi 29	Gulika 4:39AM – 6:31AM	Revati Until 10:56PM	Ganesh: Purple Muruga: Clear	Sunrise: 4:39AM Sunset: 7:36PM	Vishvasu 5127 Moon 4 - Phase 2 - 12 2nd Phase
		Yama 1:58PM – 3:50PM	Vishkambha* Until 11:59PM	Nataraja: Purple		
		213298579 Rahu 8:23AM – 10:14AM	Visi Until 2:08PM	Moon – Clear Chaitra-Chaitra		
Routine Work Prabalarishtha Yoga Until 10:56PM Then Creative Work - Siddha Yoga		Chaturdashi* Until 12:16AM Sun		Devaloka Day		

● Sunday, April 27, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Krishna Paksha Bharu Vasara Yuktyayam Ashvini Nakshatra Pithi Yoga Catuspada* Naaga* Karana Amavasyayam Tilau				Malmö, Sweden Sun 13 Sutra 13
Retreat Star		Gulika 3:51PM – 5:44PM	Ashvini Until 8:05PM	Ganesh: Orange Muruga: Clear	Sunrise: 4:36AM Sunset: 7:36PM	Vishvasu 5127 Moon 4 - Phase 2 - 13 Amavasya
Mesha Rasi: 4.23	Tithi 30	Yama 12:06PM – 1:59PM	Pithi Until 7:45PM	Nataraja: Purple		
		224298579 Rahu 5:44PM – 7:36PM	Catuspada Until 10:24AM	Moon – White Chaitra-Chaitra		
Creative Work Siddha Yoga Until 8:05PM Then Routine Work - Prabalarishtha Yoga		Amavasya* Until 8:29PM		Sivaloka Day		

Monday, April 28, 2025		Vishvasu Nama Samvatsara Utarayane Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yuktyayam Bharani/Kritika Nakshatra Ayushman/Saubhagya Yoga Kirtughna*/Balava Karana Prathama/Dvityayam Tilau				Malmö, Sweden Sun 14 Sutra 14
Retreat Star		Gulika 1:59PM – 3:52PM	Bharani Until 5:06PM	Ganesh: Orange Muruga: Clear	Sunrise: 4:34AM Sunset: 7:38PM	Vishvasu 5127 Moon 4 - Phase 2 - 14 Prathama
Mesha Rasi: 19.37	Tithi 1 – 2	Yama 10:13AM – 12:06PM	Ayushman Until 3:30PM	Nataraja: Purple		
		224298579 Rahu 6:27AM – 8:20AM	Kirtughna Until 6:35AM	Moon – White Vaisaka-Chaitra		
Family Home Evening Creative Work Siddha Yoga Until 5:06PM Then Routine Work - Marana Yoga		Prathama* Until 4:41PM		Sivaloka Day		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktayam Kritika/Rohini Nakshatra Sasabhaga/Sobhana Yoga Kaulava/Taila Karana Divya/Tritiyam Tilau			Malmö, Sweden Sun 15 Sufra 15 Viswastu 5:17
Wishabha Rasi: 4.47	Tilthi 2 - 3	Gulika 12:06PM - 1:59PM	Kritika Until 2:10PM	Ganesha: Orange Muruga: Maruga Nataraja: Purple Moon - White Vaisaka-Chaitra	Sunrise: 4:22AM Sunset: 7:49PM Moon 4 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga	Yama 8:19AM - 10:12AM	Saubhagya Until 11:23AM		
Until 2:10PM		Rahu 3:53PM - 5:46PM	Vanija Until 8:19PM		
Then Creative Work - Amrita Yoga			Dvitiya Until 1:03PM		Sivaloka Day

2 Wednesday, April 30, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Butha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau			Malmö, Sweden Sun 16 Sufra 16 Viswastu 5:17
Wishabha Rasi: 19.44	Tilthi 3 - 4	Gulika 10:12AM - 12:06PM	Rohini Until 11:50AM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:30AM Sunset: 7:42PM Moon 4 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga	Yama 6:24AM - 8:18AM	Sobhana Until 7:33AM		
		Rahu 12:06PM - 2:00PM	Vanija Until 8:19PM		
		Akshaya Tritiya	Tritiya Until 9:46AM		Sivaloka Day

3 Thursday, May 1, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarna Yoga Vesi*/Balava Karana Chaturthi/Panchamam Tilau			Malmö, Sweden Sun 17 Sufra 17 Viswastu 5:17
Mithuna Rasi: 4.2	Tilthi 4 - 5	Gulika 8:17AM - 10:11AM	Mrigashira Until 9:53AM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:27AM Sunset: 7:49PM Moon 4 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga	Yama 4:27AM - 6:22AM	Sukarna Until 1:09AM Fri		
		Rahu 2:00PM - 3:55PM	Balava Until 4:49AM Fri		
			Chaturthi Until 6:58AM		Devaloka Day

4 Friday, May 2, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Kaulava/Taila Karana Shashthi/Panchamam Tilau			Malmö, Sweden Sun 18 Sufra 18 Viswastu 5:17
Mithuna Rasi: 18.29	Tilthi 6	Gulika 6:20AM - 8:15AM	Ardra Until 8:27AM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:25AM Sunset: 7:46PM Moon 4 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga	Yama 3:56PM - 5:51PM	Dhriti Until 10:50PM		
		Rahu 10:10AM - 12:06PM	Kaulava Until 4:02PM		
			Shashthi Until 3:24AM Sat		Devaloka Day

5 Saturday, May 3, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Manu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Sapthamam Tilau			Malmö, Sweden Sun 19 Sufra 19 Viswastu 5:17
Kataka Rasi: 2.1	Tilthi 7	Gulika 4:23AM - 6:19AM	Punarvasu Until 8:04AM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:23AM Sunset: 7:48PM Moon 4 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	Yama 2:01PM - 3:57PM	Shula* Until 9:09PM		
		Rahu 8:14AM - 10:10AM	Gara Until 3:02PM		
			Saptami Until 2:50AM Sun		Sivaloka Day

Sunday, May 4, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vesi*/Bava Karana Ashtamam Tilau			Malmö, Sweden Sun 20 Sufra 20 Viswastu 5:17
Kataka Rasi: 15.22	Tilthi 8	Gulika 3:58PM - 5:54PM	Pushya Until 8:22AM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:21AM Sunset: 7:50PM Moon 4 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga	Yama 12:05PM - 2:01PM	Ganda* Until 8:09PM		
		Rahu 5:54PM - 7:50PM	Vesiti Until 2:53PM		
			Ashtami Until 3:06AM Mon		Sivaloka Day

Monday, May 5, 2025

		Viswastu Nama Samvatsare Uttarayane Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yuktayam Ashlesha/Magha* Nakshatra Viddhi Yoga Balava/Kaulava Karana Navamam Tilau			Malmö, Sweden Sun 21 Sufra 21 Viswastu 5:17
Kataka Rasi: 28.1	Tilthi 9	Gulika 2:02PM - 3:58PM	Ashlesha Until 9:20AM	Ganesha: Clear Muruga: Red Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:19AM Sunset: 7:52PM Moon 4 - Phase 3 - 21 Navami
Family Home Evening	Siddha Yoga	Yama 10:09AM - 12:05PM	Viddhi Until 7:48PM		
Creative Work		Rahu 6:15AM - 8:12AM	Balava Until 3:33PM		
Until 9:20AM			Navami Until 4:09AM Tue		Sivaloka Day
Then Routine Work - Marana Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Сукіа Пакше Мангалі Васара Yuktayam Malmö, Sweden			
Magha* Purnvaphalguni Nakshatra Dhruva Yoga Talila/Gara Karana Ekadashi/M Trayodashyam Tilau Sun 22 Sufra 22		Vasaxsu 5127			
Simha Rasi: 11	Tithi 10	Gulika 12:05PM - 2:02PM	Magha* Until 11:20AM	Ganesha: White Sunrise: 4:17AM	Moon 4 - Phase 4 - 22
		Yama 8:11AM - 10:08AM	Dhruva Until 7:57PM	Muruga: Red Sunset: 7:56PM	4th Phase
Creative Work	Siddha Yoga	Rahu 3:59PM - 5:56PM	Tailila Until 4:56PM	Nataraja: Purple Moon - Red	Devaloka Day
		Dashami Until 5:50AM Wed Vaisaka-Chaitra			

2 Wednesday, May 7, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Сукіа Пакше Будах Васара Yuktayam Malmö, Sweden			
Purnvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija Karana Ekadashi/Dvadeshyam Tilau Sun 23 Sufra 23		Vasaxsu 5127			
Simha Rasi: 22.46	Tithi 11	Gulika 10:07AM - 12:05PM	Purnvaphalguni Until 1:46PM	Ganesha: White Sunrise: 4:15AM	Moon 4 - Phase 4 - 23
		Yama 6:12AM - 8:10AM	Vyaghata* Until 8:33PM	Muruga: Red Sunset: 7:56PM	4th Phase
Creative Work	Amrita Yoga	Rahu 12:05PM - 2:03PM	Vanija Until 6:54PM	Nataraja: Purple Moon - Red	Devaloka Day
		Ekadashi Until 8:01AM Thu Vaisaka-Chaitra			

3 Thursday, May 8, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Сукіа Пакше Guru Vasara Yuktayam Malmö, Sweden			
Uttaraphalguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadeshyam Tilau Sun 24 Sufra 24		Vasaxsu 5127			
Kanya Rasi: 4.44	Tithi 11 - 12	Gulika 8:09AM - 10:07AM	Uttaraphalguni Until 4:27PM	Ganesha: White Sunrise: 4:13AM	Moon 4 - Phase 4 - 24
		Yama 4:13AM - 6:11AM	Harshana Until 9:27PM	Muruga: Red Sunset: 7:57PM	4th Phase
	Amrita Yoga	Rahu 2:03PM - 4:01PM	Bava Until 9:15PM	Nataraja: Purple Moon - Red	Devaloka Day
Until 4:27PM		Ekadashi Until 8:01AM Vaisaka-Chaitra			
Then Routine Work - Marana Yoga					

4 Friday, May 9, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Сукіа Пакше Sukra Vasara Yuktayam Malmö, Sweden			
Uttaraphalguni/Hasta Nakshatra Kaulava Yoga Visi*/Bava Karana Ekadashi/Trayodashyam Tilau Sun 25 Sufra 25		Vasaxsu 5127			
Kanya Rasi: 16.35	Tithi 12 - 13	Gulika 6:09AM - 8:08AM	Hasta Until 7:40PM	Ganesha: Yellow Sunrise: 4:17AM	Moon 4 - Phase 4 - 25
		Yama 4:02PM - 6:01PM	Vajra* Until 10:28PM	Muruga: Red Sunset: 7:59PM	4th Phase
Creative Work	Amrita Yoga	Rahu 10:06AM - 12:05PM	Kaulava Until 11:48PM	Nataraja: Purple Moon - Green	Sivaloka Day
Until 7:40PM		Dvadashti Until 10:29AM Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga		Pradosha Vata			

5 Saturday, May 10, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Сукіа Пакше Manta Vasara Yuktayam Malmö, Sweden			
Chitra Nakshatra Siddhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau Sun 26 Sufra 26		Vasaxsu 5127			
Kanya Rasi: 28.24	Tithi 13 - 14	Gulika 4:09AM - 6:08AM	Chitra Until 10:47PM	Ganesha: White Sunrise: 4:09AM	Moon 4 - Phase 4 - 26
		Yama 2:04PM - 4:03PM	Siddhi Until 11:31PM	Muruga: Red Sunset: 8:01PM	4th Phase
Routine Work	Marana Yoga	Rahu 8:07AM - 10:06AM	Gara Until 2:22AM Sun	Nataraja: Purple Moon - Green	Subha Sivaloka Day
Until 10:47PM		Trayodashi Until 1:04PM Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga					

6 Sunday, May 11, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Сукіа Пакше Bhanu Vasara Yuktayam Malmö, Sweden			
Svati Nakshatra Vyagripata* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Tilau Sun 27 Sufra 27		Vasaxsu 5127			
Tula Rasi: 10.13	Tithi 14 - 15	Gulika 4:04PM - 6:04PM	Svati Until 1:39AM Mon	Ganesha: White Sunrise: 4:07AM	Moon 4 - Phase 4 - 27
		Yama 12:05PM - 2:04PM	Vyagripata* Until 12:32AM Mon	Muruga: Red Sunset: 8:03PM	4th Phase
Creative Work	Siddha Yoga	Rahu 6:04PM - 8:03PM	Visi Until 4:50AM Mon	Nataraja: Purple Moon - Green	Subha Sivaloka Day
Until 1:39AM Mon		Chalurdashi* Until 3:36PM Vaisaka-Chaitra			
Then Routine Work - Marana Yoga		Mother's Day			

Monday, May 12, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Кришна Pakshi Indu Vasara Yuktayam Malmö, Sweden			
Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 28 Sufra 28		Vasaxsu 5127			
Tula Rasi: 22.04	Tithi 15 - 16	Gulika 2:05PM - 4:05PM	Vishakha Until 4:40AM Tue	Ganesha: Yellow Sunrise: 4:05AM	Moon 4 - Phase 4 - 28
		Yama 10:05AM - 12:05PM	Varyan Until 1:22AM Tue	Muruga: Red Sunset: 8:05PM	4th Phase
Family Home Evening		Rahu 6:05AM - 8:05AM	Balava Until 7:07AM Tue	Nataraja: Purple Moon - Orange	Sivaloka Day
Routine Work - Marana Yoga		Purnima* Until 5:59PM Vaisaka-Chaitra			
Until 4:40AM Tue					
Then Creative Work - Siddha Yoga					

Tuesday, May 13, 2025		Viswasa Nama Samvatsara Uтарыне Нартаи Рібай Меша Месе Кришна Pakshi Mangala Vasara Yuktayam Malmö, Sweden			
Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Tilau Sun 29 Sufra 29		Vasaxsu 5127			
Wishika Rasi: 3.59	Tithi 16	Gulika 12:05PM - 2:05PM	Anuradha Until 7:17AM Wed	Ganesha: Yellow Sunrise: 4:03AM	Moon 4 - Phase 4 - 29
		Yama 8:04AM - 10:04AM	Parigha* Until 2:03AM Wed	Muruga: Red Sunset: 8:07PM	4th Phase
Creative Work	Siddha Yoga	Rahu 4:06PM - 6:06PM	Balava Until 7:07AM	Nataraja: Purple Moon - Orange	Sivaloka Day
		Prathama* Until 8:08PM Vaisaka-Chaitra			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Wednesday, May 14, 2025****Gold Retreat Star**

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Бадха Васара Yuktayam Malmö, Sweden
 Anuradha/Jyeshtha* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Tilau Sun 1 Sufra 30
Gulika 10:04AM - 12:05PM Anuradha Until 7:17AM Ganesha: Yellow Sunrise: 4:01AM Viswasa 5:17
 Yama 6:02AM - 8:03AM Shiva Until 2:31AM Thu **Muruga: Red Sunset: 8:09PM** Moon 5 - Phase 5 - 1
Rahu 12:05PM - 2:06PM Talila Until 9:08AM Nataraja: Purple 1st Phase
 Creative Work Siddha Yoga Moon - Orange **Sivaloka Day**
Dvitiya Until 10:01PM Vaisaka-Vaikasi

Wilschika Rasi: 16.01 Tithi 17

Creative Work Siddha Yoga

1 Thursday, May 15, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Гуну Васара Yuktayam Malmö, Sweden
 Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanja/Vesli* Karana Tritrayayam Tilau Sun 2 Sufra 31
Gulika 8:02AM - 10:03AM Jyeshtha* Until 9:27AM Ganesha: Yellow Sunrise: 3:59AM Viswasa 5:17
 Yama 3:59AM - 6:01AM Siddha Until 2:42AM Fri **Muruga: Red Sunset: 8:10PM** Moon 5 - Phase 5 - 2
Rahu 2:06PM - 4:08PM Vanja Until 10:51AM Nataraja: Purple 1st Phase
 Routine Work Prabalarishta Yoga Moon - Orange **Sivaloka Day**
 Until 9:27AM **Tritiya Until 11:34PM Vaisaka-Vaikasi**
 Then Creative Work - Siddha Yoga

Wilschika Rasi: 28.09 Tithi 18

Routine Work Prabalarishta Yoga
Until 9:27AM
Then Creative Work - Siddha Yoga**2 Friday, May 16, 2025**

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Sukra Vasara Yuktayam Malmö, Sweden
 Purvashada*/Uttarashada Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sufra 32
Gulika 5:59AM - 8:01AM Mula* Until 11:37AM Ganesha: Blue Sunrise: 3:57AM Viswasa 5:17
 Yama 4:09PM - 6:10PM Sadhya Until 2:37AM Sat **Muruga: Red Sunset: 8:12PM** Moon 5 - Phase 5 - 3
Rahu 10:03AM - 12:05PM Bava Until 12:14PM Nataraja: Purple 1st Phase
 Creative Work Amrita Yoga Moon - Light Blue **Subha Sivaloka Day**
 Until 11:37AM **Chaturthi* Until 12:46AM Sat Vaisaka-Vaikasi**
 Then Routine Work - Prabalarishta Yoga

Dhanus Rasi: 10.26 Tithi 19

Creative Work Amrita Yoga
Until 11:37AM
Then Routine Work - Prabalarishta Yoga**3 Saturday, May 17, 2025**

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Manta Vasara Yuktayam Malmö, Sweden
 Purvashada*/Uttarashada Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Tilau Sun 4 Sufra 33
Gulika 3:56AM - 5:58AM Purvashada* Until 1:14PM Ganesha: Blue Sunrise: 3:56AM Viswasa 5:17
 Yama 4:09PM - 6:10PM Subha Until 2:13AM Sun **Muruga: Red Sunset: 8:16PM** Moon 5 - Phase 5 - 4
Rahu 8:00AM - 10:03AM Kadava Until 1:13PM Nataraja: Purple 1st Phase
 Creative Work Siddha Yoga Moon - Orange **Subha Sivaloka Day**
 Until 1:14PM **Panchami Until 1:31AM Sun Vaisaka-Vaikasi**
 Then Routine Work - Marana Yoga

Dhanus Rasi: 22.52 Tithi 20

Creative Work Siddha Yoga
Until 1:14PM
Then Routine Work - Marana Yoga**4 Sunday, May 18, 2025**

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Bhanu Vasara Yuktayam Malmö, Sweden
 Uttarashada/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthayam Tilau Sun 5 Sufra 34
Gulika 4:10PM - 6:13PM Uttarashada Until 2:15PM Ganesha: Blue Sunrise: 3:56AM Viswasa 5:17
 Yama 2:07PM - 4:09PM Sukla Until 1:24AM Mon **Muruga: Red Sunset: 8:16PM** Moon 5 - Phase 5 - 5
Rahu 6:13PM - 8:16PM Gara Until 1:45PM Nataraja: Purple 1st Phase
 Creative Work Amrita Yoga Moon - Light Blue **Subha Sivaloka Day**
Shashthi* Until 1:47AM Mon Vaisaka-Vaikasi

Makara Rasi: 5.3 Tithi 21

Creative Work Amrita Yoga

5 Monday, May 19, 2025

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Indu Vasara Yuktayam Malmö, Sweden
 Shravana/Dhanishtha Nakshatra Brahma Yoga Vesli* Bava Karana Sapthamayam Tilau Sun 6 Sufra 35
Gulika 2:08PM - 4:11PM Shravana Until 3:03PM Ganesha: Blue Sunrise: 3:52AM Viswasa 5:17
 Yama 10:02AM - 12:05PM Brahma Until 12:08AM Tue **Muruga: Red Sunset: 8:17PM** Moon 5 - Phase 5 - 6
Rahu 5:55AM - 7:59AM Vesli Until 1:43PM Nataraja: Purple 1st Phase
 Family Home Evening 296318579 **Saptami Until 1:28AM Tue** Vaisaka-Vaikasi
 Creative Work Amrita Yoga **Devaloka Day**
 Until 3:03PM
 Then Creative Work - Siddha Yoga

Makara Rasi: 18.23 Tithi 22

Family Home Evening
Until 3:03PM
Then Creative Work - Siddha Yoga**Tuesday, May 20, 2025****Retreat Star**

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Mangala Vasara Yuktayam Malmö, Sweden
 Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaalava Karana Ashtamayam Tilau Sun 7 Sufra 36
Gulika 12:05PM - 2:08PM Dhanishtha Until 3:06PM Ganesha: Blue Sunrise: 3:51AM Viswasa 5:17
 Yama 7:58AM - 10:01AM Indra Until 10:23PM **Muruga: Red Sunset: 8:19PM** Moon 5 - Phase 5 - 7
Rahu 4:12PM - 6:16PM Balava Until 1:06PM Nataraja: Purple Ashtami
 Creative Work Siddha Yoga Moon - Purple **Devaloka Day**
 Until 3:06PM **Ashtami* Until 12:31AM Wed Vaisaka-Vaikasi**
 Then Routine Work - Marana Yoga

Kumbha Rasi: 1.34 Tithi 23

Creative Work Siddha Yoga
Until 3:06PM
Then Routine Work - Marana Yoga**Wednesday, May 21, 2025****Retreat Star**

Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Budha Vasara Yuktayam Malmö, Sweden
 Shatabhishak/Purvashodhahapada* Nakshatra Vaidhri* Yoga Talila/Gara Karana Navamayam Tilau Sun 8 Sufra 37
Gulika 10:01AM - 12:05PM Shatabhishak Until 2:22PM Ganesha: Blue Sunrise: 3:49AM Viswasa 5:17
 Yama 5:53AM - 7:57AM Vaidhri* Until 8:05PM **Muruga: Red Sunset: 8:21PM** Moon 5 - Phase 5 - 8
Rahu 12:05PM - 2:09PM Talila Until 11:50AM Nataraja: Purple Navami
 Creative Work Siddha Yoga Moon - Purple **Devaloka Day**
 Until 2:22PM **Navami* Until 10:56PM Vaisaka-Vaikasi**
 Then Creative Work - Amrita Yoga

Kumbha Rasi: 15.06 Tithi 24

Creative Work Siddha Yoga
Until 2:22PM
Then Creative Work - Amrita Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 22, 2025

		Viswasa Nama Samvatsare Uтарыагe Narana Ritau Vishabha Mase Krishna Pakhe Guru Vasara Yuktyam Puravproshthapada/Uttaraproshthapada Nakshatra Vishkambha (Pithi Yoga Vanja/Visri) Karana Dashamanyam Titau					Malmö, Sweden Sun 9 Sufra 38
Gulika	7:56AM - 10:01AM	Puravproshthapada* Untill 1:17PM	Ganesh: White	Sunrise: 3:47AM	Sunset: 8:29PM	Vasarasu 5:17	
Yama	3:47AM - 5:52AM	Vishkambha* Untill 5:18PM	Muruga: Red			Moon 5 - Phase 6 - 9	
Rahu	2:09PM - 4:14PM	Vanija Untill 9:55AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga	Dashami Untill 8:43PM	Moon - Clear			Devaloka Day	
			Vaisaka-Vaikasi				

2 Friday, May 23, 2025

		Viswasa Nama Samvatsare Uтарыагe Narana Ritau Vishabha Mase Krishna Pakhe Sukra Vasara Yuktyam Uttaraproshthapada/Revati Nakshatra Pithi/Ayushman Yoga Bava/Kusava Karana Ekadashi/Dvadashyam Titau					Malmö, Sweden Sun 10 Sufra 39
Gulika	5:51AM - 7:56AM	Uttaraproshthapada Untill 11:30AM	Ganesh: White	Sunrise: 3:46AM	Sunset: 8:29PM	Vasarasu 5:17	
Yama	4:15PM - 6:19PM	Pithi Untill 2:03PM	Muruga: Red			Moon 5 - Phase 6 - 10	
Rahu	10:00AM - 12:05PM	Bava Untill 7:26AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga	Ekadashi* Untill 5:58PM	Moon - Clear			Devaloka Day	
			Vaisaka-Vaikasi				

3 Saturday, May 24, 2025

		Viswasa Nama Samvatsare Uтарыагe Narana Ritau Vishabha Mase Krishna Pakhe Mania Vasara Yuktyam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Sitala/Gara Karana Dvadashi/Trayodashyam Titau					Malmö, Sweden Sun 11 Sufra 40
Gulika	3:45AM - 5:50AM	Revati Untill 9:06AM	Ganesh: White	Sunrise: 3:45AM	Sunset: 8:29PM	Vasarasu 5:17	
Yama	2:10PM - 4:15PM	Ayushman Untill 10:25AM	Muruga: Red			Moon 5 - Phase 6 - 11	
Rahu	7:55AM - 10:00AM	Gara Untill 1:05AM Sun	Nataraja: Purple			2nd Phase	
Routine Work	Prabalarishta Yoga	Dvadashi* Untill 2:47PM	Moon - Clear			Devaloka Day	
Untill 9:06AM			Vaisaka-Vaikasi				
Then Creative Work	Siddha Yoga						

Pradosha Vata (Fasting)

4 Sunday, May 25, 2025

		Viswasa Nama Samvatsare Uтарыагe Narana Ritau Vishabha Mase Krishna Pakhe Bharu Vasara Yuktyam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Vanja/Visri* Karana Trayodashi/Chaturdashyam Titau					Malmö, Sweden Sun 12 Sufra 41
Gulika	4:16PM - 6:22PM	Ashvini Untill 6:37AM	Ganesh: White	Sunrise: 3:43AM	Sunset: 8:27PM	Vasarasu 5:17	
Yama	12:05PM - 2:11PM	Saubhagya Untill 6:30AM	Muruga: Red			Moon 5 - Phase 6 - 12	
Rahu	6:22PM - 8:27PM	Visri Untill 9:30PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga	Trayodashi* Untill 11:18AM	Moon - White			Devaloka Day	
Untill 6:37AM			Vaisaka-Vaikasi				
Then Routine Work	Prabalarishta Yoga						

Monday, May 26, 2025

		Viswasa Nama Samvatsare Uтарыагe Narana Ritau Vishabha Mase Krishna Pakhe Indu Vasara Yuktyam Kritika Nakshatra Aihiganda* Yoga Sakuni/Naga* Karana Chaturdashi/Amavasyayam Titau					Malmö, Sweden Sun 13 Sufra 42
Retreat Star		Gulika	2:11PM - 4:17PM	Kritika Untill 12:52AM Tue	Ganesh: White	Sunrise: 3:42AM	Sunset: 8:29PM
Mesha Rasi:	28:02	Tithi:	29 - 30	Yama	9:59AM - 12:05PM	Alhiganda* Untill 10:21PM	Moon 5 - Phase 6 - 13
Family Home Evening		Rahu	5:48AM - 7:54AM	Naga Untill 4:01AM Tue	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga			Chaturdashi* Untill 7:39AM	Moon - White		Devaloka Day
Untill 12:52AM Tue					Vaisaka-Vaikasi		
Then Creative Work	Amrita Yoga						

Tuesday, May 27, 2025

		Viswasa Nama Samvatsare Uтарыагe Narana Ritau Vishabha Mase Sukra Pakhe Mangala Vasara Yuktyam Rohini Nakshatra Sukarma Yoga Kintughna* Bava Karana Prathamyam Titau					Malmö, Sweden Sun 14 Sufra 43
Retreat Star		Gulika	12:05PM - 2:12PM	Rohini Untill 10:21PM	Ganesh: Green	Sunrise: 3:40AM	Sunset: 8:30PM
Wishabha Rasi:	13:07	Tithi:	1	Yama	7:53AM - 9:59AM	Sukarma Untill 6:23PM	Moon 5 - Phase 6 - 14
Rahu		Rahu	4:18PM - 6:24PM	Kintughna Untill 2:17PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Prathama* Untill 12:34AM Wed	Moon - Yellow		Devaloka Day
Untill 10:21PM					Jyeshtha-Vaikasi		
Then Creative Work	Siddha Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Бадха Васара Yuktayam Malmö, Sweden Mrigashira Nakshatra Dhrivi/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 44	
Wishabha Rasi: 28.04	Tilhi 2	Gulika 9:59AM - 12:06PM Yama 5:46AM - 7:52AM 337418579 Rahu 12:06PM - 2:12PM	Mrigashira Until 8:01PM Dhrivi Until 2:40PM Balava Until 10:59AM Dvitiya Until 9:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 3:29AM Sunset: 8:29PM Moon 5 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Гору Васара Yuktayam Malmö, Sweden Andra Nakshatra Shula*/Ganda* Yoga Talilla/Gara Karana Tritiyayam Titau Sun 16 Sutra 45	
Mithuna Rasi: 12.42	Tilhi 3	Gulika 7:52AM - 9:59AM Yama 3:38AM - 5:45AM 337418579 Rahu 2:13PM - 4:20PM	Andra Until 6:03PM Shula* Until 11:18AM Talilla Until 8:07AM Tritiya Until 6:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 3:38AM Sunset: 8:29PM Moon 5 - Phase 7 - 16 3rd Phase
Routine Work	Marana Yoga				Devaloka Day
Until 6:03PM					
Then Creative Work	Amrita Yoga				
3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Сакра Васара Yuktayam Malmö, Sweden Panaravasu/Pushya Nakshatra Ganda*/Vidhih Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 46	
Mithuna Rasi: 26.56	Tilhi 4 - 5	Gulika 5:44AM - 7:51AM Yama 4:20PM - 6:28PM 347418579 Rahu 9:59AM - 12:06PM	Punarvasu Until 5:02PM Ganda* Until 8:28AM Bava Until 4:18AM Sat Chaturthi* Until 4:57PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 3:27AM Sunset: 8:29PM Moon 5 - Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 5:02PM					
Then Routine Work	Marana Yoga				
4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Мерта Васара Yuktayam Malmö, Sweden Pushya/Ashlesha* Nakshatra Vidhih/Urausa Yoga Balava/Kaulava Karana Panchami/Saakthiyam Titau Sun 18 Sutra 47	
Kalkata Rasi: 10.42	Tilhi 5 - 6	Gulika 3:36AM - 5:43AM Yama 4:20PM - 6:28PM 347418579 Rahu 7:51AM - 9:58AM	Pushya Until 4:39PM Vidhih Until 6:15AM Kaulava Until 3:35AM Sun Panchami Until 3:49PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 3:36AM Sunset: 8:29PM Moon 5 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 4:39PM					
Then Routine Work	Marana Yoga				
5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Бхану Васара Yuktayam Malmö, Sweden Ashlesha*/Magha* Nakshatra Vyaghala* Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 48	
Kalkata Rasi: 23.59	Tilhi 6 - 7	Gulika 4:22PM - 6:30PM Yama 12:06PM - 2:14PM 347418579 Rahu 6:30PM - 8:38PM	Ashlesha* Until 4:58PM Vyaghala* Until 3:50AM Mon Gara Until 3:45AM Mon Shashthi* Until 3:32PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 3:25AM Sunset: 8:38PM Moon 5 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 4:58PM					
Then Routine Work	Marana Yoga				
6		Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Инду Васара Yuktayam Malmö, Sweden Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Sapthami/Ashamyam Titau Sun 20 Sutra 49	
Simha Rasi: 6.49	Tilhi 7 - 8	Gulika 2:14PM - 4:22PM Yama 9:58AM - 12:06PM 358418579 Rahu 5:42AM - 7:50AM	Magha* Until 6:26PM Harshana Until 3:39AM Tue Visi Until 4:45AM Tue Sapthami Until 4:08PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 3:24AM Sunset: 8:39PM Moon 5 - Phase 7 - 20 3rd Phase
Family Home Evening	Marana Yoga				Subha Sivaloka Day
Until 6:26PM					
Then Creative Work	Siddha Yoga				
7		Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Mangala Vasara Yuktayam Malmö, Sweden Purvaphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 50	
Retreat Star		Gulika 12:06PM - 2:15PM Yama 7:49AM - 9:58AM 358418579 Rahu 4:23PM - 6:32PM	Purvaphalguni Until 8:30PM Vajra* Until 3:59AM Wed Balava Until 6:26AM Wed Ashtami* Until 5:30PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 3:23AM Sunset: 8:40PM Moon 5 - Phase 7 - 21 Ashtami
Simha Rasi: 19.17	Tilhi 8 - 9				Subha Sivaloka Day
Creative Work	Siddha Yoga				
Until 8:30PM					
Then Creative Work	Amrita Yoga				
8		Wednesday, June 4, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Маса Сукта Паکشэ Бадха Васара Yuktayam Malmö, Sweden Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 51	
Retreat Star		Gulika 9:58AM - 12:06PM Yama 5:40AM - 7:49AM 358418579 Rahu 12:06PM - 2:15PM	Uttaraphalguni Until 10:58PM Siddhi Until 4:45AM Thu Balava Until 6:26AM Navami* Until 7:28PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 3:23AM Sunset: 8:41PM Moon 5 - Phase 7 - 22 Navami
Kanya Rasi: 1.26	Tilhi 9				Subha Sivaloka Day
Creative Work	Amrita Yoga				
Until 10:58PM					
Then Routine Work	Marana Yoga				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Thursday, June 5, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше Гору Васара Yuktayam			Malmö, Sweden
Kanya Rasi: 13.24 Tithi 10		Gulika 7:49AM - 9:58AM	Hasla Until 2:06AM Fri	Ganesh: Clear Sunrise: 3:31AM	Sun 23 Sutra 52
Routine Work Marana Yoga		Yama 3:31AM - 5:40AM	Vyjalipala* Until 5:45AM Fri	Muruga: Red Sunset: 8:42PM	Vasavasu 5:17
Until 2:06AM Fri		368418571 Rahu 2:16PM - 4:25PM	Taitilla Until 8:39AM	Nataraja: Blue	Moon 5 - Phase 8 - 24
Then Creative Work - Siddha Yoga			Dashami Until 9:51PM	Moon - Green Jyeshtha-Vaikasi	4th Phase
					Sivaloka Day
2 Friday, June 6, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше Сукра Васара Yuktayam			Malmö, Sweden
Kanya Rasi: 25.14 Tithi 11		Gulika 5:39AM - 7:48AM	Chitra Until 5:12AM Sat	Ganesh: Clear Sunrise: 3:30AM	Sun 24 Sutra 53
Routine Work Marana Yoga		Yama 4:25PM - 6:34PM	Variyan Until 6:48AM Sat	Muruga: Red Sunset: 8:46PM	Vasavasu 5:17
Until 6:48AM Sat		368418571 Rahu 9:58AM - 12:07PM	Vanija Until 11:08AM	Nataraja: Blue	Moon 5 - Phase 8 - 24
Then Creative Work - Siddha Yoga			Ekadashi Until 12:23AM Sat	Moon - Green Jyeshtha-Vaikasi	4th Phase
					Sivaloka Day
3 Saturday, June 7, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше Манта Васара Yuktayam			Malmö, Sweden
Tula Rasi: 7.03 Tithi 12		Gulika 3:29AM - 5:39AM	Svati Until 8:04AM Sun	Ganesh: Clear Sunrise: 3:29AM	Sun 25 Sutra 54
Routine Work Siddha Yoga		Yama 2:16PM - 4:25PM	Variyan Until 6:48AM	Muruga: Red Sunset: 8:46PM	Vasavasu 5:17
Until 8:04AM Sun		368418571 Rahu 7:48AM - 9:58AM	Bava Until 1:40PM	Nataraja: Blue	Moon 5 - Phase 8 - 25
Then Routine Work - Marana Yoga			Dvadashi Until 2:52AM Sun	Moon - Green Jyeshtha-Vaikasi	4th Phase
					Sivaloka Day
4 Sunday, June 8, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше Bhanu Vasara Yuktayam			Malmö, Sweden
Tula Rasi: 18.53 Tithi 13		Gulika 4:26PM - 6:36PM	Svati Until 8:04AM	Ganesh: White Sunrise: 3:29AM	Sun 26 Sutra 55
Routine Work Siddha Yoga		Yama 12:07PM - 2:17PM	Parigaha* Until 7:49AM	Muruga: Red Sunset: 8:46PM	Vasavasu 5:17
Until 8:04AM		369418571 Rahu 6:36PM - 8:46PM	Kadava Until 4:04PM	Nataraja: Blue	Moon 5 - Phase 8 - 26
Then Routine Work - Marana Yoga		Vaikasi Visakam	Trayodashi Until 5:10AM Mon	Moon - Green Jyeshtha-Vaikasi	4th Phase
					Deviloka Day
					Pradosha Vata
5 Monday, June 9, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше Indu Vasara Yuktayam			Malmö, Sweden
Vishchika Rasi: 0.48 Tithi 14		Gulika 2:17PM - 4:27PM	Vishakha Until 11:03AM	Ganesh: Clear Sunrise: 3:28AM	Sun 27 Sutra 56
Family Home Evening		Yama 9:58AM - 12:07PM	Shiva Until 8:40AM	Muruga: Red Sunset: 8:47PM	Vasavasu 5:17
Routine Work Marana Yoga		379418571 Rahu 5:38AM - 7:48AM	Gara Until 6:13PM	Nataraja: Blue	Moon 5 - Phase 8 - 27
Until 11:03AM			Chaturdashi* Until 7:09AM Tue	Moon - Orange Jyeshtha-Vaikasi	4th Phase
Then Creative Work - Siddha Yoga					Sivaloka Day
○ Tuesday, June 10, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше Mangala Vasara Yuktayam			Malmö, Sweden
Copper Retreat Star		Gulika 12:08PM - 2:17PM	Anuradha Until 1:33PM	Ganesh: Clear Sunrise: 3:28AM	Sutra 57
Vishchika Rasi: 12.5 Tithi 14 - 15		Yama 7:48AM - 9:58AM	Siddha Until 9:14AM	Muruga: Red Sunset: 8:47PM	Vasavasu 5:17
Routine Work Siddha Yoga		379418571 Rahu 4:27PM - 6:37PM	Visli Until 8:01PM	Nataraja: Blue	Moon 5 - Phase 8 - Purnima
Until 1:33PM			Chaturdashi* Until 7:09AM	Moon - Orange Jyeshtha-Vaikasi	
Then Routine Work - Marana Yoga					Sivaloka Day
Wednesday, June 11, 2025		Vishvasu Nama Samvatsara Uтарыяне Нартапа Рітау Вішабха Маса Krishna Paksha Budha Vasara Yuktayam			Malmö, Sweden
Silver Retreat Star		Gulika 9:58AM - 12:08PM	Jyeshtha* Until 3:32PM	Ganesh: Clear Sunrise: 3:27AM	Sutra 58
Vishchika Rasi: 25.01 Tithi 15 - 16		Yama 5:37AM - 7:47AM	Sadhya Until 9:33AM	Muruga: Red Sunset: 8:48PM	Vasavasu 5:17
Routine Work Siddha Yoga		379418571 Rahu 12:08PM - 2:18PM	Balava Until 9:27PM	Nataraja: Blue	Moon 5 - Phase 8 - Prathama
Until 3:32PM			Purnima* Until 8:46AM	Moon - Orange Jyeshtha-Vaikasi	
Then Routine Work - Marana Yoga					Sivaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025
Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Мазе Кгішна Пакобе Гару Васара Уктыяям
Mala/Puravashada/ Nakshatra Sukla/Sukla Yoga Kauava/Taila Karana Prathamam/Dvityayam Titau

Malmö, Sweden
Sutra 59

Dhanus Rasi: 7.22 TITHI 16 - 17

Gulika 7:47AM - 9:58AM
Yama 3:27AM - 5:37AM
Rahu 2:18PM - 4:28PM

Mula* Until 5:27PM
Subha Until 9:35AM
Taitila Until 10:30PM

Ganesha: Purple Sunrise: 3:27AM
Muruga: Red Sunset: 8:49PM
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Vaikasi

Vishvasu 5:127
Moon 6 - Phase 9 - 1st Phase

Creative Work Siddha Yoga

Devaloka Day

Friday, June 13, 2025

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Мазе Кгішна Пакобе Сура Васара Уктыяям
Mala/Puravashada/ Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Malmö, Sweden
Sutra 60

Dhanus Rasi: 19.53 TITHI 17 - 18

Gulika 5:37AM - 7:47AM
Yama 4:29PM - 6:39PM
Rahu 9:58AM - 12:08PM

Purvashada* Until 6:51PM
Sukla Until 9:17AM
Vanija Until 11:09PM
Dvitiya Until 10:51AM

Ganesha: Purple Sunrise: 3:26AM
Muruga: Red Sunset: 8:50PM
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Vaikasi

Vishvasu 5:127
Moon 6 - Phase 9 - 1st Phase

Routine Work Prabalashita Yoga
Until 6:51PM
Then Routine Work - Marana Yoga

Devaloka Day

Saturday, June 14, 2025

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Вішвабха Мазе Кгішна Пакобе Манта Васара Уктыяям
Uttarashada/Nakshatra Brahma/Indra Yoga Visi/Bava Karana Tritiya/Chaturthi/Yajam Titau

Malmö, Sweden
Sutra 61

Makara Rasi: 2.34 TITHI 18 - 19

Gulika 3:26AM - 5:37AM
Yama 2:19PM - 4:29PM
Rahu 7:47AM - 9:58AM

Uttarashada Until 7:43PM
Brahma Until 8:42AM
Bava Until 11:26PM
Tritiya Until 11:19AM

Ganesha: Purple Sunrise: 3:26AM
Muruga: Red Sunset: 8:50PM
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Vaikasi

Vishvasu 5:127
Moon 6 - Phase 9 - 2 1st Phase

Routine Work Marana Yoga
Until 7:43PM
Then Creative Work - Siddha Yoga

Devaloka Day

Sunday, June 15, 2025

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Міхуна Мазе Кгішна Пакобе Біхну Васара Уктыяям
Mala/Puravashada/ Nakshatra Vaidhri/Vishambha Yoga Balava/Kauava Karana Chaturthi/Panchamam Titau

Malmö, Sweden
Sutra 62

Makara Rasi: 15.26 TITHI 19 - 20

Gulika 4:30PM - 6:40PM
Yama 12:08PM - 2:19PM
Rahu 6:40PM - 8:51PM

Shravana Until 8:31PM
Indra Until 7:50AM
Kauava Until 11:19PM
Chaturthi* Until 11:24AM

Ganesha: Clear Sunrise: 3:26AM
Muruga: Red Sunset: 8:51PM
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Vishvasu 5:127
Moon 6 - Phase 9 - 3 1st Phase

Creative Work Amrita Yoga
Until 8:31PM
Then Routine Work - Marana Yoga

Sivaloka Day

Monday, June 16, 2025

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Міхуна Мазе Кгішна Пакобе Інду Васара Уктыяям
Dhanishtha/Nakshatra Vaidhri/Vishambha Yoga Taila/Gara Karana Panchami/Shashtham Titau

Malmö, Sweden
Sutra 63

Makara Rasi: 28.31 TITHI 20 - 21

Gulika 2:19PM - 4:30PM
Yama 9:58AM - 12:09PM
Rahu 5:36AM - 7:47AM

Dhanishtha Until 8:45PM
Vaidhri* Until 6:37AM
Gara Until 10:47PM
Panchami Until 11:05AM

Ganesha: Yellow Sunrise: 3:26AM
Muruga: Red Sunset: 8:51PM
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Vishvasu 5:127
Moon 6 - Phase 9 - 4 1st Phase

Family Home Evening
Creative Work Siddha Yoga

Sivaloka Day

Tuesday, June 17, 2025

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Міхуна Мазе Кгішна Пакобе Мангала Васара Уктыяям
Shatabhishak/Nakshatra Pili Yoga Vanija/Visi* Karana Shashthi/Saptamam Titau

Malmö, Sweden
Sutra 64

Kumbha Rasi: 11.48 TITHI 21 - 22

Gulika 12:09PM - 2:20PM
Yama 7:47AM - 9:58AM
Rahu 4:31PM - 6:41PM

Shatabhishak Until 8:25PM
Pili Until 3:12AM Wed
Visi Until 9:49PM
Shashthi* Until 10:20AM

Ganesha: Yellow Sunrise: 3:26AM
Muruga: Red Sunset: 8:51PM
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Vishvasu 5:127
Moon 6 - Phase 9 - 5 1st Phase

Routine Work Marana Yoga

Sivaloka Day

Wednesday, June 18, 2025

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Міхуна Мазе Кгішна Пакобе Буха Васара Уктыяям
Puravashada/Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamam Titau

Malmö, Sweden
Sutra 65

Kumbha Rasi: 25.21 TITHI 22 - 23

Gulika 9:58AM - 12:09PM
Yama 5:36AM - 7:47AM
Rahu 12:09PM - 2:20PM

Puravashada* Until 7:54PM
Ayushman Until 12:54AM Thu
Balava Until 8:23PM
Saptami Until 9:08AM

Ganesha: Clear Sunrise: 3:26AM
Muruga: Red Sunset: 8:51PM
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Vishvasu 5:127
Moon 6 - Phase 9 - 6 Ashtami

Creative Work Amrita Yoga
Until 7:54PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Thursday, June 19, 2025

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Наратан Рітау Міхуна Мазе Кгішна Пакобе Гару Васара Уктыяям
Uttarashada/Nakshatra Saubhaga Yoga Kauava/Taila Karana Ashtami/Navamam Titau

Malmö, Sweden
Sutra 66

Meena Rasi: 9.1 TITHI 23 - 24

Gulika 7:47AM - 9:58AM
Yama 3:26AM - 5:36AM
Rahu 2:20PM - 4:31PM

Uttarashada Until 6:47PM
Saubhaga Until 10:15PM
Taila Until 6:29PM
Ashtami* Until 7:28AM

Ganesha: Clear Sunrise: 3:26AM
Muruga: Red Sunset: 8:51PM
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Vishvasu 5:127
Moon 6 - Phase 9 - 7 Navami

Creative Work Siddha Yoga

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мазе Кішна Пакеше Сукра Васара Yuktayam				Malmö, Sweden
		Revati/Ashvini Nakshatra Sobhana Yoga Vanija/Vesli' Karana Dashamyam Titau				Sun 8 Sutra 67
	Gulika	5:37AM - 7:48AM	Revati Until 5:05PM	Ganesh: White	Sunrise: 3:26AM	Vishvasu 5:127
Mesha Rasi: 23.17	Yama	4:31PM - 6:42PM	Sobhana Until 7:15PM	Muruga: Red	Sunset: 8:53PM	Moon 6 - Phase 10 - 8
	Rahu	9:59AM - 12:09PM	Vanija Until 4:09PM	Nataraja: Blue		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:49AM Sat	Moon - Clear		Subha Sivaloka Day
Until 5:05PM				Jyestha-Ani		
Then Creative Work - Amrita Yoga						

2 Saturday, June 21, 2025

		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мазе Кішна Пакеше Manita Varsara Yuktayam				Malmö, Sweden
		Ashvini/Bharani Nakshatra Ahinganda/Sukama Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 68
	Gulika	3:26AM - 5:37AM	Ashvini Until 3:18PM	Ganesh: Yellow	Sunrise: 3:26AM	Vishvasu 5:127
Mesha Rasi: 7.41	Yama	2:21PM - 4:32PM	Ahinganda* Until 3:56PM	Muruga: Red	Sunset: 8:54PM	Moon 6 - Phase 10 - 9
	Rahu	7:48AM - 9:59AM	Bava Until 1:26PM	Nataraja: Blue		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:57PM	Moon - White		Sivaloka Day
				Jyestha-Ani		

3 Sunday, June 22, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Pakshe Bhanu Visara Yuktayam				Malmö, Sweden
		Bharani/Krittika Nakshatra Sukama/Dhriti Yoga Kaulava/Taitika Karana Dvadashyam Titau				Sun 10 Sutra 69
	Gulika	4:32PM - 6:43PM	Bharani Until 1:06PM	Ganesh: Yellow	Sunrise: 3:26AM	Vishvasu 5:127
Mesha Rasi: 22.18	Yama	12:10PM - 2:21PM	Sukama Until 12:24PM	Muruga: Red	Sunset: 8:54PM	Moon 6 - Phase 10 - 10
	Rahu	6:43PM - 8:54PM	Kaulava Until 10:26AM	Nataraja: Blue		2nd Phase
Routine Work	Prabalarishta Yoga		Dvadashi* Until 8:51PM	Moon - White		Sivaloka Day
Until 1:06PM				Jyestha-Ani		
Then Creative Work - Siddha Yoga						

4 Monday, June 23, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Pakshe Indu Visara Yuktayam				Malmö, Sweden
		Krittika/Rohini Nakshatra Dhriti/Shukh' Yoga Gara/Vesli' Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 70
	Gulika	2:21PM - 4:32PM	Krittika Until 10:36AM	Ganesh: Yellow	Sunrise: 3:26AM	Vishvasu 5:127
Wishabha Rasi: 7.04	Yama	9:59AM - 12:10PM	Dhriti Until 8:45AM	Muruga: Red	Sunset: 8:54PM	Moon 6 - Phase 10 - 11
	Rahu	5:37AM - 7:48AM	Gara Until 7:16AM	Nataraja: Blue		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 5:39PM	Moon - White		Sivaloka Day
Until 10:36AM				Jyestha-Ani		
Then Creative Work - Amrita Yoga						

● Tuesday, June 24, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Pakshe Mangala Visara Yuktayam				Malmö, Sweden
		Rohini/Migashira Nakshatra Ganda* Yoga Sakuni/Catuspadi' Karana Chaturdashini/Amavasyayam Titau				Sun 12 Sutra 71
	Gulika	12:10PM - 2:21PM	Rohini Until 8:22AM	Ganesh: Red	Sunrise: 3:27AM	Vishvasu 5:127
Wishabha Rasi: 21.52	Yama	7:48AM - 9:59AM	Ganda* Until 1:29AM Wed	Muruga: Red	Sunset: 8:54PM	Moon 6 - Phase 10 - 12
	Rahu	4:32PM - 6:43PM	Catuspadi Until 1:00AM Wed	Nataraja: Blue		Amavasya
Creative Work	Amrita Yoga		Chaturdashini* Until 2:29PM	Moon - Yellow		Sivaloka Day
Until 8:22AM				Jyestha-Ani		
Then Creative Work - Siddha Yoga						

Wednesday, June 25, 2025

		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sukla Pakshe Bhuba Visara Yuktayam				Malmö, Sweden
		Migashira/Andra Nakshatra Viddhi Yoga Naga' Kintughna' Karana Amavasya/Prathamam Titau				Sun 13 Sutra 72
	Gulika	10:00AM - 12:10PM	Migashira Until 6:10AM	Ganesh: Red	Sunrise: 3:27AM	Vishvasu 5:127
Mithuna Rasi: 6.34	Yama	5:38AM - 7:49AM	Viddhi Until 10:08PM	Muruga: Red	Sunset: 8:54PM	Moon 6 - Phase 10 - 13
	Rahu	12:10PM - 2:21PM	Kintughna Until 10:12PM	Nataraja: Blue		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 11:32AM	Moon - Yellow		Sivaloka Day
				Ashada-Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1 Thursday, June 26, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Guru Vasara Yuktayam Malmö, Sweden Panarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 73			
Mithuna Rasi: 21.01	Tithi 1 – 2	Gulika 7:49AM – 10:00AM Yama 3:27AM – 5:38AM Rahu 2:21PM – 4:32PM	Punarvasu Untill 2:52AM Fri Dhruva Untill 7:09PM Balava Untill 7:50PM Prathama Untill 8:56AM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 3:27AM Sunset: 8:54PM Moon 6 - Phase 11-17 3rd Phase
Creative Work	Amrita Yoga	341518571			Sivaloka Day
Untill 2:52AM Fri Then Routine Work - Marana Yoga					
2 Friday, June 27, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktayam Malmö, Sweden Pushya Nakshatra Vyaghata/Harshana/Yoga Kaulava/Tailita Karana Dvitiya/Trityayam Titau Sun 15 Sutra 74			
Kalkata Rasi: 5.08	Tithi 2 – 3	Gulika 5:39AM – 7:49AM Yama 4:32PM – 6:43PM Rahu 10:00AM – 12:11PM	Pushya Untill 2:06AM Sat Vyaghata" Untill 4:39PM Tailita Untill 6:04PM Dvitiya Untill 6:51AM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 3:28AM Sunset: 8:54PM Moon 6 - Phase 11-15 3rd Phase
Routine Work	Marana Yoga	342518571			Devaloka Day
Untill 2:06AM Sat Then Routine Work - Marana Yoga					
3 Saturday, June 28, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Mania Vasara Yuktayam Malmö, Sweden Ashlesha" Nakshatra Harshana/Najira" Yoga Vanja/Vesli" Karana Chaturthiyam Titau Sun 16 Sutra 75			
Kalkata Rasi: 18.52	Tithi 4	Gulika 3:29AM – 5:39AM Yama 4:32PM – 6:43PM Rahu 7:50AM – 10:00AM	Ashlesha" Untill 1:55AM Sun Harshana Untill 2:45PM Vanija Untill 5:01PM Chaturthi" Untill 4:46AM Sun	Ganesh: White Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 3:29AM Sunset: 8:54PM Moon 6 - Phase 11-16 3rd Phase
Routine Work	Marana Yoga	342518571			Devaloka Day
Untill 1:55AM Sun Then Routine Work - Marana Yoga					
4 Sunday, June 29, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Bharu Vasara Yuktayam Malmö, Sweden Magha" Nakshatra Vajra/Siddhi Vajra/Balava Karana Panchamyam Titau Sun 17 Sutra 76			
Simha Rasi: 2.08	Tithi 5	Gulika 4:32PM – 6:43PM Yama 2:22PM – 4:32PM Rahu 6:43PM – 8:53PM	Magha" Untill 2:52AM Mon Vajra" Untill 1:28PM Bava Untill 4:46PM Panchami Untill 4:57AM Mon	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 3:29AM Sunset: 8:53PM Moon 6 - Phase 11-17 3rd Phase
Routine Work	Marana Yoga	352518571			Sivaloka Day
Untill 2:52AM Mon Then Creative Work - Siddha Yoga					
5 Monday, June 30, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Indu Vasara Yuktayam Malmö, Sweden Purvaphalguni Nakshatra Siddhi/Vyagitpata" Yoga Kaulava/Tailita Karana Sheshthiyam Titau Sun 18 Sutra 77			
Simha Rasi: 14.59	Tithi 6	Gulika 2:22PM – 4:32PM Yama 10:01AM – 12:11PM Rahu 5:40AM – 7:51AM	Purvaphalguni Untill 4:26AM Tue Siddhi Untill 12:51PM Kaulava Untill 5:21PM Shashthi" Untill 5:55AM Tue	Ganesh: White Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 3:30AM Sunset: 8:53PM Moon 6 - Phase 11-18 3rd Phase
Family Home Evening	Siddha Yoga	352518571			Sivaloka Day
Creative Work Untill 4:26AM Tue Then Creative Work - Amrita Yoga					
6 Tuesday, July 1, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Mangala Vasara Yuktayam Malmö, Sweden Uttaraphalguni Nakshatra Vyagitpata" Vairyan Yoga Gara Karana Sapthamyam Titau Sun 19 Sutra 78			
Simha Rasi: 27.28	Tithi 7	Gulika 12:12PM – 2:22PM Yama 7:51AM – 10:01AM Rahu 4:32PM – 6:42PM	Uttaraphalguni Untill 6:31AM Wed Vyagitpata" Untill 12:52PM Gara Untill 6:41PM Saptami Untill 7:34AM Wed	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 3:31AM Sunset: 8:53PM Moon 6 - Phase 11-19 3rd Phase
Creative Work	Amrita Yoga	352518571			Sivaloka Day
Untill 6:31AM Wed Then Routine Work - Marana Yoga					
Wednesday, July 2, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Budha Vasara Yuktayam Malmö, Sweden Uttaraphalguni Nakshatra Vairyan/Parigha" Yoga Vanja/Vesli" Karana Sapthami/Astamyam Titau Sun 20 Sutra 79			
Retreat Star		Gulika 10:02AM – 12:12PM Yama 5:42AM – 7:52AM Rahu 12:12PM – 2:22PM	Uttaraphalguni Untill 6:31AM Vairyan Untill 1:20PM Vesli Untill 8:37PM Saptami Untill 7:34AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 3:31AM Sunset: 8:53PM Moon 6 - Phase 11-20 Ashtami
Kanya Rasi: 9.38	Tithi 7 – 8	352518571			Sivaloka Day
Creative Work	Amrita Yoga		Chidambaram Abhishekam		
Untill 6:31AM Then Routine Work - Marana Yoga					
Thursday, July 3, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Guru Vasara Yuktayam Malmö, Sweden Hasta/Chitra Nakshatra Parigha" Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 80			
Kanya Rasi: 21.38	Tithi 8 – 9	Gulika 7:52AM – 10:02AM Yama 3:32AM – 5:42AM Rahu 2:22PM – 4:32PM	Hasta Untill 9:25AM Parigha" Untill 2:09PM Balava Untill 10:56PM Ashtami" Untill 9:43AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 3:32AM Sunset: 8:53PM Moon 6 - Phase 11-21 Navami
Routine Work	Marana Yoga	362518571			Devaloka Day
Untill 9:25AM Then Creative Work - Siddha Yoga					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1	Friday, July 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yuktiyam Malmö, Sweden Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashmyam Titau Sun 22 Sutra 81				
	Tula Rasi: 3.3	Tithi 9 – 10	Gulika 5:43AM – 7:53AM 4:32PM – 6:41PM Rahu 10:02AM – 12:12PM	Chitra Until 12:24PM Shiva Until 3:09PM Taila Until 1:22AM Sat Navami* Until 12:07PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 3:33AM Sunset: 8:51PM Moon 6 - Phase 12 - 23 4th Phase	Devaloka Day
Creative Work Siddha Yoga							

2	Saturday, July 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Manita Vasara Yuktiyam Malmö, Sweden Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau Sun 23 Sutra 82				
	Tula Rasi: 15.2	Tithi 10 – 11	Gulika 3:34AM – 5:44AM 2:22PM – 4:31PM Rahu 7:53AM – 10:03AM	Svali Until 3:14PM Siddha Until 4:07PM Vanija Until 3:44AM Sun Dashami Until 2:33PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 3:34AM Sunset: 8:50PM Moon 6 - Phase 12 - 23 4th Phase	Devaloka Day
Creative Work Siddha Yoga							

3	Sunday, July 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Bharu Vasara Yuktiyam Malmö, Sweden Vishakha Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dwadshyam Titau Sun 24 Sutra 83				
	Tula Rasi: 27.14	Tithi 11 – 12	Gulika 4:31PM – 6:40PM 12:12PM – 2:22PM Rahu 6:40PM – 8:50PM	Vishakha Until 6:13PM Sadhya Until 4:57PM Bava Until 5:49AM Mon Ekadashi Until 4:47PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 3:35AM Sunset: 8:50PM Moon 6 - Phase 12 - 24 4th Phase	Devaloka Day
Routine Work Marana Yoga							

4	Monday, July 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Indu Vesara Yuktiyam Malmö, Sweden Vishakha Nakshatra Sadhya/Subha Yoga Balava Karana Dvadashyam Titau Sun 25 Sutra 84				
	Wishika Rasi: 9.14	Tithi 12	Gulika 2:22PM – 4:31PM 10:04AM – 12:13PM Rahu 5:45AM – 7:54AM	Anuradha Until 8:42PM Subha Until 5:33PM Balava Until 6:42PM Dvadashi Until 6:42PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 3:36AM Sunset: 8:49PM Moon 6 - Phase 12 - 25 4th Phase	Devaloka Day
Family Home Evening Creative Work Siddha Yoga							

5	Tuesday, July 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Mangala Vesara Yuktiyam Malmö, Sweden Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Trayodashyam Titau Sun 26 Sutra 85				
	Wishika Rasi: 21.23	Tithi 13	Gulika 12:13PM – 2:22PM 7:55AM – 10:04AM Rahu 4:30PM – 6:39PM	Jyeshtha* Until 10:36PM Sukla Until 5:47PM Kaulava Until 7:31AM Trayodashi Until 8:10PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 3:37AM Sunset: 8:48PM Moon 6 - Phase 12 - 26 4th Phase	Devaloka Day
Routine Work Marana Yoga Until 10:36PM Then Creative Work - Amrita Yoga			<i>Pradosha Vata</i>				

6	Wednesday, July 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Budha Vasara Yuktiyam Malmö, Sweden Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 86				
	Dhanus Rasi: 3.44	Tithi 14	Gulika 10:04AM – 12:13PM 5:47AM – 7:56AM Rahu 12:13PM – 2:21PM	Mula* Until 12:21AM Thu Brahma Until 5:39PM Gara Until 8:45AM Chaturdashi* Until 9:09PM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 3:39AM Sunset: 8:47PM Moon 6 - Phase 12 - 27 4th Phase	Sivaloka Day
Routine Work Marana Yoga Until 12:21AM Thu Then Creative Work - Siddha Yoga							

○	Thursday, July 10, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Guru Vasara Yuktiyam Malmö, Sweden Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 87				
	Copper Retreat Star		Gulika 7:56AM – 10:05AM 3:40AM – 5:48AM Rahu 2:21PM – 4:30PM	Purvashadha* Until 1:28AM Fri Indra Until 5:09PM Visi Until 9:29AM Purnima* Until 9:40PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 3:40AM Sunset: 8:46PM Moon 6 - Phase 12 - 28 Purnima	Subha Sivaloka Day
Dhanus Rasi: 16.18 Tithi 15 Creative Work Siddha Yoga Until 1:28AM Fri Then Routine Work - Marana Yoga			Satguru Purnima				

○	Friday, July 11, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yuktiyam Malmö, Sweden Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 88				
	Silver Retreat Star		Gulika 5:49AM – 7:57AM 4:29PM – 6:37PM Rahu 10:05AM – 12:13PM	Uttarashadha Until 1:59AM Sat Vaidhriti* Until 4:15PM Balava Until 9:45AM Prathama* Until 9:42PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 3:41AM Sunset: 8:45PM Moon 6 - Phase 12 - 29 Prathama	Subha Sivaloka Day
Dhanus Rasi: 29.05 Tithi 16 Routine Work Marana Yoga Until 1:59AM Sat Then Creative Work - Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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Saturday, July 12, 2025

Gold Retreat Star

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mania Visara Yuktayam
 Shravana Nakshatra Vishkambha/Pihli Yoga Talilla/Gara Karana Dvityayam Tilau

Malmö, Sweden
 Sun 1 Sutra 89

Makara Rasi: 12.06 Tithi 17
 Creative Work Siddha Yoga
 Until 2:24AM Sun
 Then Routine Work - Marana Yoga

Gulika 3:42AM - 5:50AM
 Yama 2:21PM - 4:29PM
 Rahu 7:58AM - 10:06AM

Shravana Until 2:24AM Sun
 Vishkambha* Until 3:02PM
 Talilla Until 9:35AM
 Dvitiya Until 9:19PM

Ganesha: Yellow
 Muruga: Red
 Nataraja: Blue
 Moon - Purple
 Ashada-Adi

Sunrise: 3:42AM
 Sunset: 8:49PM
 Moon 7 - Phase 13 - 1st Phase

Sivaloka Day

1

Sunday, July 13, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bharu Visara Yuktayam
 Dhanishtha Nakshatra Pihli Ayushman/Yoga Vanja/Vesli* Karana Tritiyayam Tilau

Malmö, Sweden
 Sun 2 Sutra 90

Makara Rasi: 25.19 Tithi 18
 Routine Work Marana Yoga
 Until 2:19AM Mon
 Then Creative Work - Siddha Yoga

Gulika 4:28PM - 6:36PM
 Yama 12:13PM - 2:21PM
 Rahu 6:36PM - 8:43PM

Dhanishtha Until 2:19AM Mon
 Pihli Until 1:32PM
 Vanja Until 9:01AM
 Tritiya Until 8:35PM

Ganesha: Yellow
 Muruga: Red
 Nataraja: Blue
 Moon - Purple
 Ashada-Adi

Sunrise: 3:44AM
 Sunset: 8:48PM
 Moon 7 - Phase 13 - 2nd Phase

Sivaloka Day

2

Monday, July 14, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Visara Yuktayam
 Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam Tilau

Malmö, Sweden
 Sun 3 Sutra 91

Kumbha Rasi: 8.43 Tithi 19
 Family Home Evening
 Creative Work Siddha Yoga
 Until 1:47AM Tue
 Then Routine Work - Marana Yoga

Gulika 2:21PM - 4:28PM
 Yama 10:06AM - 12:13PM
 Rahu 5:52AM - 7:59AM

Shatabhishak Until 1:47AM Tue
 Ayushman Until 11:43AM
 Bava Until 8:06AM
 Chaturthi* Until 7:31PM

Ganesha: Yellow
 Muruga: Red
 Nataraja: Blue
 Moon - Purple
 Ashada-Adi

Sunrise: 3:45AM
 Sunset: 8:47PM
 Moon 7 - Phase 13 - 3rd Phase

Sivaloka Day

3

Tuesday, July 15, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Visara Yuktayam
 Puravproshthapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Talilla Karana Panchmayam Tilau

Malmö, Sweden
 Sun 4 Sutra 92

Kumbha Rasi: 22.18 Tithi 20
 Routine Work Marana Yoga
 Until 1:15AM Wed
 Then Creative Work - Siddha Yoga

Gulika 12:14PM - 2:20PM
 Yama 8:00AM - 10:07AM
 Rahu 4:27PM - 6:34PM

Puravproshthapada* Until 1:15AM Wed
 Saubhagya Until 9:41AM
 Kaulava Until 6:53AM
 Panchami Until 6:09PM

Ganesha: Purple
 Muruga: Red
 Nataraja: Blue
 Moon - Clear
 Ashada-Adi

Sunrise: 3:46AM
 Sunset: 8:47PM
 Moon 7 - Phase 13 - 4th Phase

Devaloka Day

4

Wednesday, July 16, 2025

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Budha Visara Yuktayam
 Uttarproshthapada Nakshatra Sobhana/Ahiganda* Yoga Vanja/Vesli* Karana Shashthi/Saptamam Tilau

Malmö, Sweden
 Sun 5 Sutra 93

Meena Rasi: 6.03 Tithi 21 - 22
 Creative Work Siddha Yoga

Gulika 10:07AM - 12:14PM
 Yama 5:54AM - 8:01AM
 Rahu 12:14PM - 2:20PM

Uttarproshthapada Until 12:19AM Thu
 Sobhana Until 7:26AM
 Vesli Until 3:38AM Thu
 Shashthi* Until 4:32PM

Ganesha: Purple
 Muruga: Red
 Nataraja: Blue
 Moon - Clear
 Ashada-Adi

Sunrise: 3:48AM
 Sunset: 8:39PM
 Moon 7 - Phase 13 - 5th Phase

Devaloka Day

D

Thursday, July 17, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Guru Visara Yuktayam
 Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamam Tilau

Malmö, Sweden
 Sun 6 Sutra 94

Meena Rasi: 19.58 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 10:59PM
 Then Creative Work - Amrita Yoga

Gulika 8:02AM - 10:08AM
 Yama 3:49AM - 5:55AM
 Rahu 2:20PM - 4:26PM

Revati Until 10:59PM
 Sukarma Until 2:16AM Fri
 Balava Until 1:38AM Fri
 Saptami Until 2:39PM

Ganesha: Purple
 Muruga: Red
 Nataraja: Yellow
 Moon - Clear
 Ashada-Adi

Sunrise: 3:49AM
 Sunset: 8:38PM
 Moon 7 - Phase 13 - 6th Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Sukra Visara Yuktayam
 Ashvini Nakshatra Dhivli Yoga Kaulava/Talilla Karana Ashtami/Navamam Tilau

Malmö, Sweden
 Sun 7 Sutra 95

Mesha Rasi: 4.02 Tithi 23 - 24
 Creative Work Amrita Yoga
 Until 9:43PM
 Then Creative Work - Siddha Yoga

Gulika 5:57AM - 8:02AM
 Yama 4:25PM - 6:31PM
 Rahu 10:08AM - 12:14PM

Ashvini Until 9:43PM
 Dhivli Until 11:26PM
 Talilla Until 11:25PM
 Ashtami* Until 12:32PM

Ganesha: Clear
 Muruga: Red
 Nataraja: Yellow
 Moon - White
 Ashada-Adi

Sunrise: 3:51AM
 Sunset: 8:37PM
 Moon 7 - Phase 13 - 7th Phase

Devaloka Day

1 Saturday, July 19, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yuktayam Malmö, Sweden Bharani Nakshatra Shula* Yoga Gara/Varija Karana Navami/Dashamyam Titau Sun 8 Sutra 96			
Mesha Rasi: 18.14	Tithi 24 – 25	Gulika 3:52AM – 5:58AM	Bharani Untill 8:07PM	Ganesha: Clear	Sunrise: 3:52AM
		Yama 2:19PM – 4:25PM	Shula* Untill 8:24PM	Muruga: Red	Sunset: 8:39PM
		423618572 Rahu 8:03AM – 10:08AM	Navami* Untill 9:01PM	Nataraja: Yellow	Moon 7 - Phase 14 - 8
Creative Work	Siddha Yoga		Navami* Untill 10:13AM	Moon – White	2nd Phase
Untill 8:07PM				Ashada-Adi	Devaloka Day
Then Creative Work - Amrita Yoga					

2 Sunday, July 20, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yuktayam Malmö, Sweden Kritika Nakshatra Ganda*Vidishi Yoga Vasil*/Bava Karana Dashami/Ekadashtyam Titau Sun 9 Sutra 97			
Wishabha Rasi: 2.34	Tithi 25 – 26	Gulika 4:24PM – 6:29PM	Kritika Untill 6:15PM	Ganesha: Clear	Sunrise: 3:54AM
		Yama 12:14PM – 2:19PM	Ganda* Untill 5:18PM	Muruga: Red	Sunset: 8:34PM
		423618572 Rahu 6:29PM – 8:34PM	Bava Untill 6:29PM	Nataraja: Yellow	Moon 7 - Phase 14 - 9
Creative Work	Siddha Yoga		Dashami Untill 7:45AM	Moon – White	2nd Phase
				Ashada-Adi	Devaloka Day

3 Monday, July 21, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam Malmö, Sweden Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Titau Sun 10 Sutra 98			
Wishabha Rasi: 16.57	Tithi 27	Gulika 2:19PM – 4:23PM	Rohini Untill 4:38PM	Ganesha: White	Sunrise: 3:55AM
Family Home Evening		Yama 10:09AM – 12:14PM	Widdhi Untill 2:09PM	Muruga: Red	Sunset: 8:32PM
		433618572 Rahu 6:00AM – 8:05AM	Kaulava Untill 3:55PM	Nataraja: Yellow	Moon 7 - Phase 14 - 10
Creative Work	Amrita Yoga		Dvadashti* Untill 2:38AM Tue	Moon – Yellow	2nd Phase
				Ashada-Adi	Bhuloka Day
					Devaloka Time: 3PM to 6PM

4 Tuesday, July 22, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam Malmö, Sweden Migashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varija Karana Trayodashyam Titau Sun 11 Sutra 99			
Mithuna Rasi: 1.2	Tithi 28	Gulika 12:14PM – 2:18PM	Mrigashira Untill 2:55PM	Ganesha: White	Sunrise: 3:57AM
		Yama 8:06AM – 10:10AM	Dhruva Untill 11:02AM	Muruga: Red	Sunset: 8:31PM
		433618572 Rahu 4:22PM – 6:27PM	Gara Untill 1:24PM	Nataraja: Yellow	Moon 7 - Phase 14 - 11
Creative Work	Siddha Yoga		Trayodashi* Untill 12:11AM Wed	Moon – Yellow	2nd Phase
Untill 2:55PM				Ashada-Adi	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3PM to 6PM
					<i>Pradosha Vrata (Fasting)</i>

5 Wednesday, July 23, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam Malmö, Sweden Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Vasil*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 100			
Mithuna Rasi: 15.37	Tithi 29	Gulika 10:10AM – 12:14PM	Ardra Untill 1:15PM	Ganesha: White	Sunrise: 3:59AM
		Yama 6:03AM – 8:06AM	Vyaghata* Untill 8:03AM	Muruga: Red	Sunset: 8:29PM
		433618572 Rahu 12:14PM – 2:18PM	Vasil Untill 11:04AM	Nataraja: Yellow	Moon 7 - Phase 14 - 12
Creative Work	Siddha Yoga		Chaturdashi* Untill 9:59PM	Moon – Yellow	2nd Phase
				Ashada-Adi	Bhuloka Day
					Devaloka Time: 3PM to 6PM

Thursday, July 24, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam Malmö, Sweden Punarvasu/Pushya Nakshatra Vajra* Yoga Calspada*/Naja* Karana Amavasyayam Titau Sun 13 Sutra 101			
Retreat Star		Gulika 8:07AM – 10:11AM	Punarvasu Untill 12:12PM	Ganesha: Orange	Sunrise: 4:00AM
Mithuna Rasi: 29.43	Tithi 30	Yama 4:00AM – 6:04AM	Vajra* Untill 2:55AM Fri	Muruga: Red	Sunset: 8:28PM
		444618572 Rahu 2:17PM – 4:21PM	Calspada Untill 9:02AM	Nataraja: Yellow	Moon 7 - Phase 14 - 13
Creative Work	Amrita Yoga		Amavasya* Untill 8:10PM	Moon – Blue	Amavasya
				Ashada-Adi	Devaloka Day

Friday, July 25, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Satru Vasara Yuktayam Malmö, Sweden Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 102			
Retreat Star		Gulika 6:05AM – 8:08AM	Pushya Untill 11:28AM	Ganesha: Orange	Sunrise: 4:03AM
Kataka Rasi: 13.33	Tithi 1	Yama 4:20PM – 6:23PM	Siddhi Untill 12:58AM Sat	Muruga: Red	Sunset: 8:26PM
		444618572 Rahu 10:11AM – 12:14PM	Kintughna Untill 7:27AM	Nataraja: Yellow	Moon 7 - Phase 14 - 14
Routine Work	Marana Yoga		Prathama* Untill 6:51PM	Moon – Blue	Prathama
				Sravana-Adi	Devaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Malmö, Sweden Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 15 Sutra 103			
Kataka Rasi: 27.03	Tilhi 2	Gulika 4:04AM - 6:06AM	Ashlesha* Untill 11:10AM	Ganesha: Orange	Sunrise: 4:04AM
		Yama 2:17PM - 4:19PM	Vyalipala* Untill 11:34PM	Muruga: Red	Sunset: 8:24PM
		444618572 Rahu 8:09AM - 10:11AM	Balava Untill 6:27AM	Nataraja: Yellow	Moon 7 - Phase 15 - 15
Routine Work	Marana Yoga		Dvitiya Untill 6:10PM	Moon - Blue	3rd Phase
Untill 11:10AM				Sravana-Adi	Devaloka Day
Then Creative Work	- Amrita Yoga				

2 Sunday, July 27, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bharu Vasara Yuktayam Malmö, Sweden Magha* Purvaphalguni Nakshatra Varyan Yoga Talila/Gara Karana Tritiyayam Tilau Sun 16 Sutra 104			
Simha Rasi: 10.31	Tilhi 3	Gulika 4:18PM - 6:20PM	Magha* Untill 11:51AM	Ganesha: Clear	Sunrise: 4:05AM
		Yama 12:14PM - 2:16PM	Varyan Untill 10:42PM	Muruga: Red	Sunset: 8:23PM
		454618572 Rahu 6:20PM - 8:23PM	Talila Untill 6:06AM	Nataraja: Yellow	Moon 7 - Phase 15 - 12
Routine Work	Marana Yoga		Tritiya Untill 6:11PM	Moon - Red	3rd Phase
Untill 11:51AM				Sravana-Adi	Devaloka Day
Then Creative Work	- Siddha Yoga				

3 Monday, July 28, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Malmö, Sweden Purvaphalguni Nakshatra Parigra* Yoga Vanija/Visi* Karana Chaturthayam Tilau Sun 17 Sutra 105			
Simha Rasi: 22.57	Tilhi 4	Gulika 2:16PM - 4:17PM	Purvaphalguni Untill 1:05PM	Ganesha: Clear	Sunrise: 4:07AM
Family Home Evening		Yama 10:12AM - 12:14PM	Parigra* Untill 10:24PM	Muruga: Red	Sunset: 8:21PM
		454618572 Rahu 6:09AM - 8:11AM	Vanija Untill 6:30AM	Nataraja: Yellow	Moon 7 - Phase 15 - 17
Creative Work	Siddha Yoga		Chaturthi* Untill 6:56PM	Moon - Red	3rd Phase
				Sravana-Adi	Devaloka Day

4 Tuesday, July 29, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Malmö, Sweden Purvaphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Tilau Sun 18 Sutra 106			
Kanya Rasi: 5.23	Tilhi 5	Gulika 12:14PM - 2:15PM	Uttaraphalguni Untill 2:50PM	Ganesha: Clear	Sunrise: 4:09AM
		Yama 8:11AM - 10:13AM	Shiva Untill 10:38PM	Muruga: Red	Sunset: 8:19PM
		454618572 Rahu 4:17PM - 6:18PM	Bava Untill 7:35AM	Nataraja: Yellow	Moon 7 - Phase 15 - 18
Creative Work	Amrita Yoga		Panchami Untill 8:21PM	Moon - Red	3rd Phase
Untill 2:50PM				Sravana-Adi	Devaloka Day
Then Creative Work	- Siddha Yoga				

5 Wednesday, July 30, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Malmö, Sweden Hasta/Chitra Nakshatra Siddha Yoga Kaulava/Talila Karana Shashthiyam Tilau Sun 19 Sutra 107			
Kanya Rasi: 17.35	Tilhi 6	Gulika 10:13AM - 12:14PM	Hasta Untill 5:27PM	Ganesha: Purple	Sunrise: 4:11AM
		Yama 6:12AM - 8:12AM	Siddha Untill 11:14PM	Muruga: Red	Sunset: 8:17PM
		464618572 Rahu 12:14PM - 2:15PM	Kaulava Untill 9:17AM	Nataraja: Yellow	Moon 7 - Phase 15 - 19
Routine Work	Marana Yoga		Shashthi* Untill 10:18PM	Moon - Green	3rd Phase
Untill 5:27PM				Sravana-Adi	Sivaloka Day
Then Creative Work	- Siddha Yoga				

6 Thursday, July 31, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Malmö, Sweden Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthamyam Tilau Sun 20 Sutra 108			
Kanya Rasi: 29.34	Tilhi 7	Gulika 8:13AM - 10:14AM	Chitra Untill 8:16PM	Ganesha: Purple	Sunrise: 4:13AM
		Yama 4:13AM - 6:13AM	Sadya Untill 12:06AM Fri	Muruga: Red	Sunset: 8:15PM
		464618572 Rahu 2:14PM - 4:15PM	Gara Untill 11:26AM	Nataraja: Yellow	Moon 7 - Phase 15 - 20
Creative Work	Siddha Yoga		Sapthami Untill 12:34AM Fri	Moon - Green	3rd Phase
Untill 8:16PM				Sravana-Adi	Sivaloka Day
Then Creative Work	- Amrita Yoga				

Friday, August 1, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Malmö, Sweden Svati Nakshatra Subha Yoga Visi*/Bava Karana Ashtamyam Tilau Sun 21 Sutra 109			
Retreat Star		Gulika 6:14AM - 8:14AM	Svati Untill 11:03PM	Ganesha: Purple	Sunrise: 4:14AM
Tula Rasi: 11.28	Tilhi 8	Yama 4:14PM - 6:14PM	Subha Untill 1:03AM Sat	Muruga: Red	Sunset: 8:13PM
		464618572 Rahu 10:14AM - 12:14PM	Visi Untill 1:47PM	Nataraja: Yellow	Moon 7 - Phase 15 - 21
Creative Work	Siddha Yoga		Ashtami* Untill 2:57AM Sat	Moon - Green	Ashtami
				Sravana-Adi	Sivaloka Day

Saturday, August 2, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Malmö, Sweden Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Tilau Sun 22 Sutra 110			
Retreat Star		Gulika 4:16AM - 6:16AM	Vishakha Untill 2:05AM Sun	Ganesha: Clear	Sunrise: 4:16AM
Tula Rasi: 23.2	Tilhi 9	Yama 2:13PM - 4:13PM	Sukla Untill 1:54AM Sun	Muruga: Blue	Sunset: 8:11PM
		474628572 Rahu 8:15AM - 10:14AM	Balava Untill 4:08PM	Nataraja: Yellow	Moon 7 - Phase 15 - 22
Creative Work	Siddha Yoga		Navami* Untill 5:13AM Sun	Moon - Orange	Navami
Untill 2:05AM Sun				Sravana-Adi	Sivaloka Day
Then Routine Work	- Marana Yoga				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Sunday, August 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Bharu Vasara Yuktiyam				Malmö, Sweden
Anuradha Nakshatra Brahma Yoga Talila Karana Dashamyam Tilau		Gulika	4:12PM - 6:11PM	Anuradha Untill 4:41AM Mon	Ganesha: Clear	Sunrise: 4:16AM
Wischika Rasi: 5.16 Tithi 10		Yama	12:14PM - 2:13PM	Brahma Untill 2:33AM Mon	Muruga: Blue	Sunset: 8:09PM
Routine Work - Marana Yoga		Rahu	6:11PM - 8:09PM	Tailila Untill 6:16PM	Nataraja: Yellow	Moon 7 - Phase 16 - 23
Untill 4:41AM Mon		Dashami Untill 7:11AM Mon				Sivaloka Day
Then Creative Work - Siddha Yoga		Savana-Adi				

2 Monday, August 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Indru Vasara Yuktiyam				Malmö, Sweden
Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadasmyam Tilau		Gulika	2:12PM - 4:11PM	Jyeshtha* Untill 6:41AM Tue	Ganesha: Clear	Sunrise: 4:20AM
Wischika Rasi: 17.19 Tithi 10 - 11		Yama	10:15AM - 12:14PM	Indra Untill 2:53AM Tue	Muruga: Blue	Sunset: 8:07PM
Family Home Evening		Rahu	6:18AM - 8:17AM	Vanija Untill 8:01PM	Nataraja: Yellow	Moon 7 - Phase 16 - 24
Creative Work - Siddha Yoga		Dashami Untill 7:11AM				Sivaloka Day
Untill 6:41AM Tue		Savana-Adi				
Then Creative Work - Amrita Yoga						

3 Tuesday, August 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Mangala Vasara Yuktiyam				Malmö, Sweden
Jyeshtha* Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Tilau		Gulika	12:14PM - 2:11PM	Jyeshtha* Untill 6:41AM	Ganesha: Clear	Sunrise: 4:22AM
Wischika Rasi: 29.33 Tithi 11 - 12		Yama	8:18AM - 10:16AM	Vaidhriti* Untill 2:46AM Wed	Muruga: Blue	Sunset: 8:05PM
Routine Work - Marana Yoga		Rahu	4:09PM - 6:07PM	Bava Untill 9:16PM	Nataraja: Yellow	Moon 7 - Phase 16 - 25
Untill 6:41AM		Ekadashi Untill 8:41AM				Sivaloka Day
Then Creative Work - Amrita Yoga		Savana-Adi				

4 Wednesday, August 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Budha Vasara Yuktiyam				Malmö, Sweden
Mula*Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadas/Dwadashyam Tilau		Gulika	10:16AM - 12:13PM	Mula* Untill 8:29AM	Ganesha: Yellow	Sunrise: 4:23AM
Dhanus Rasi: 12.01 Tithi 12 - 13		Yama	6:21AM - 8:18AM	Vishkambha* Untill 2:12AM Thu	Muruga: Blue	Sunset: 8:03PM
Routine Work - Marana Yoga		Rahu	12:13PM - 2:11PM	Kaulava Untill 9:55PM	Nataraja: Yellow	Moon 7 - Phase 16 - 26
Untill 8:29AM		Dvadashi Untill 9:39AM				Sivaloka Day
Then Creative Work - Amrita Yoga		Pradosha Vata				

5 Thursday, August 7, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Guru Vasara Yuktiyam				Malmö, Sweden
Purvashadha*Uttarashadha Nakshatra Prithi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau		Gulika	8:19AM - 10:16AM	Purvashadha* Untill 9:32AM	Ganesha: Yellow	Sunrise: 4:25AM
Dhanus Rasi: 24.45 Tithi 13 - 14		Yama	4:25AM - 6:22AM	Prithi Untill 1:11AM Fri	Muruga: Blue	Sunset: 8:01PM
Creative Work - Siddha Yoga		Rahu	2:10PM - 4:07PM	Gara Untill 9:58PM	Nataraja: Yellow	Moon 7 - Phase 16 - 27
Untill 9:32AM		Trayodashi Untill 10:00AM				Sivaloka Day
Then Routine Work - Marana Yoga		Savana-Adi				

Friday, August 8, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Salva Vasara Yuktiyam				Malmö, Sweden
Copper Retreat Star		Uttarashadha/Shravana Nakshatra Ayuchman Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Tilau				
Makara Rasi: 7.47 Tithi 14 - 15		Gulika	6:24AM - 8:20AM	Uttarashadha Untill 9:51AM	Ganesha: Yellow	Sunrise: 4:27AM
Routine Work - Marana Yoga		Yama	4:06PM - 6:03PM	Ayuchman Untill 11:41PM	Muruga: Blue	Sunset: 7:59PM
		Rahu	10:17AM - 12:13PM	Visi Untill 9:27PM	Nataraja: Yellow	Moon 7 - Phase 16 - Purnima
		Varalakshmi Vratam				Sivaloka Day
		Chaturdashi* Untill 9:46AM				
		Savana-Adi				

Saturday, August 9, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Mantra Vasara Yuktiyam				Malmö, Sweden
Silver Retreat Star		Shravana/Dhanushtha Nakshatra Soubhagya Yoga Bava/Balava Karana Purnima/Prathamam Tilau				
Makara Rasi: 21.06 Tithi 15 - 16		Gulika	4:29AM - 6:25AM	Shravana Untill 9:57AM	Ganesha: Yellow	Sunrise: 4:29AM
Routine Work - Marana Yoga		Yama	2:09PM - 4:05PM	Soubhagya Untill 9:47PM	Muruga: Blue	Sunset: 7:57PM
Creative Work - Siddha Yoga		Rahu	8:21AM - 10:17AM	Balava Untill 8:26PM	Nataraja: Yellow	Moon 7 - Phase 16 - Prathama
		Purnima* Untill 8:59AM				Sivaloka Day
		Savana-Adi				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Bhanu Vasara Yuktayam
Dhanishtha/Shabhbhishak Nakshatra Siddhanta Yoga Kaulava/Taila Karana Prabhava/Dvityayam Titau

Malmö, Sweden
Sutra 118

Kumbha Rasi: 4.42	Tithi 16 - 17	Gulika 4.04PM - 5.59PM	Dhanishtha Untill 9:25AM	Ganesha: Yellow	Sunrise: 4:31AM	Vasvasu 5:17
		Yama 12:13PM - 2:08PM	Sobhana Untill 7:34PM	Muruga: Blue	Sunset: 7:59PM	Moon 8 - Phase 17 - 1st Phase
		Rahu 5.59PM - 7:55PM	Tailita Untill 6:58PM	Nataraja: Yellow		
Routine Work	Marana Yoga		Prathama* Untill 7:44AM	Moon - Purple		Sivaloka Day
Untill 9:25AM				Sravana-Adi		
Then Creative Work	- Siddha Yoga					

1

Monday, August 11, 2025

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Indu Vasara Yuktayam
Shalabhshishak/Puravroshthapada* Nakshatra Ahinganda/Sukarna Yoga Gara/Visi* Karana Dvitya/Tritayayam Titau

Malmö, Sweden
Sutra 119

Kumbha Rasi: 18.31	Tithi 17 - 18	Gulika 2:08PM - 4:03PM	Shalabhshishak Untill 8:22AM	Ganesha: Yellow	Sunrise: 4:33AM	Sun 1 Sutra 119
		Yama 10:18AM - 12:13PM	Ahiganda* Untill 5:03PM	Muruga: Blue	Sunset: 7:59PM	Vasvasu 5:17
		Rahu 6:28AM - 8:23AM	Visiti Untill 4:11AM Tue	Nataraja: Yellow		Moon 8 - Phase 17 - 1st Phase
Routine Work	Marana Yoga		Dvitiya Untill 6:06AM	Moon - Purple		Sivaloka Day
Untill 8:22AM				Sravana-Adi		
Then Routine Work	- Marana Yoga					

2

Tuesday, August 12, 2025

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Mangala Vasara Yuktayam
Puravroshthapada*/Ultravroshthapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Malmö, Sweden
Sutra 120

Meena Rasi: 2.32	Tithi 19	Gulika 12:13PM - 2:07PM	Puravroshthapada* Untill 7:21AM	Ganesha: Clear	Sunrise: 4:35AM	Sun 2 Sutra 120
		Yama 10:18AM - 10:18AM	Sukarna Untill 2:21PM	Muruga: Blue	Sunset: 7:59PM	Vasvasu 5:17
		Rahu 4:01PM - 5:56PM	Bava Untill 3:10PM	Nataraja: Yellow		Moon 8 - Phase 17 - 2 1st Phase
Routine Work	Marana Yoga		Chaturthi* Untill 2:04AM Wed	Moon - Clear		Sivaloka Day
Untill 7:21AM				Sravana-Adi		
Then Creative Work	- Amrita Yoga					

3

Wednesday, August 13, 2025

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Budha Vasara Yuktayam
Shalabhshishak/Puravroshthapada* Nakshatra Ahinganda/Sukarna Yoga Gara/Visi* Karana Dvitya/Tritayayam Titau

Malmö, Sweden
Sutra 121

Meena Rasi: 16.4	Tithi 20	Gulika 10:18AM - 12:12PM	Revati Untill 4:24AM Thu	Ganesha: Clear	Sunrise: 4:37AM	Sun 3 Sutra 121
		Yama 6:31AM - 8:24AM	Dhriti Untill 11:33AM	Muruga: Blue	Sunset: 7:49PM	Vasvasu 5:17
		Rahu 12:12PM - 2:06PM	Kadava Untill 12:59PM	Nataraja: Yellow		Moon 8 - Phase 17 - 3 1st Phase
Routine Work	Siddha Yoga		Panchami Untill 11:51PM	Moon - Clear		Sivaloka Day
Untill 7:21AM				Sravana-Adi		
Then Creative Work	- Marana Yoga					

4

Thursday, August 14, 2025

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Malmö, Sweden
Sutra 122

Mesha Rasi: 0.51	Tithi 21	Gulika 8:25AM - 10:19AM	Ashvini Untill 3:03AM Fri	Ganesha: Purple	Sunrise: 4:38AM	Sun 4 Sutra 122
		Yama 4:38AM - 6:32AM	Shula* Untill 8:38AM	Muruga: Blue	Sunset: 7:49PM	Vasvasu 5:17
		Rahu 2:06PM - 3:59PM	Gara Untill 10:44AM	Nataraja: Yellow		Moon 8 - Phase 17 - 4 1st Phase
Routine Work	Amrita Yoga		Shashthi* Untill 9:35PM	Moon - White		Subha Sivaloka Day
Untill 3:03AM Fri				Sravana-Adi		
Then Creative Work	- Siddha Yoga					

5

Friday, August 15, 2025

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Sukra Vasara Yuktayam
Bharani Nakshatra Viddhi Yoga Visi*/Bava Karana Saptamyam Titau

Malmö, Sweden
Sutra 123

Mesha Rasi: 15.04	Tithi 22	Gulika 6:33AM - 8:26AM	Bharani Untill 1:34AM Sat	Ganesha: Clear	Sunrise: 4:40AM	Sun 5 Sutra 123
		Yama 3:58PM - 5:51PM	Viddhi Untill 2:50AM Sat	Muruga: Blue	Sunset: 7:49PM	Vasvasu 5:17
		Rahu 10:19AM - 12:12PM	Visiti Untill 8:27AM	Nataraja: Yellow		Moon 8 - Phase 17 - 5 1st Phase
Routine Work	Siddha Yoga		Saptami Untill 7:18PM	Moon - White		Sivaloka Day
Untill 1:34AM Sat				Sravana-Adi		
Then Creative Work	- Amrita Yoga					

6

Saturday, August 16, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Marita Vasara Yuktayam
Kritika Nakshatra Dhruva Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Malmö, Sweden
Sutra 124

Mesha Rasi: 29.17	Tithi 23 - 24	Gulika 4:42AM - 6:35AM	Kritika Untill 12:00AM Sun	Ganesha: Clear	Sunrise: 4:42AM	Sun 6 Sutra 124
		Yama 2:04PM - 3:57PM	Dhruva Untill 11:58PM	Muruga: Blue	Sunset: 7:49PM	Vasvasu 5:17
		Rahu 8:27AM - 10:19AM	Balava Untill 6:12AM	Nataraja: Yellow		Moon 8 - Phase 17 - 6 1st Phase
Routine Work	Amrita Yoga		Ashtami* Untill 5:05PM	Moon - White		Sivaloka Day
Untill 8:27AM				Sravana-Avani		Ashtami
Then Creative Work	- Amrita Yoga					

Sunday, August 17, 2025

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghala* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Malmö, Sweden
Sutra 125

Wisahba Rasi: 13.26	Tithi 24 - 25	Gulika 3:55PM - 5:47PM	Rohini Untill 10:49PM	Ganesha: Clear	Sunrise: 4:44AM	Sun 7 Sutra 125
		Yama 12:12PM - 2:03PM	Vyaghala* Untill 9:11PM	Muruga: Blue	Sunset: 7:39PM	Vasvasu 5:17
		Rahu 5:47PM - 7:39PM	Vanija Untill 1:56AM Mon	Nataraja: Yellow		Moon 8 - Phase 17 - 7 1st Phase
Routine Work	Siddha Yoga		Navami* Untill 2:57PM	Moon - Yellow		Sivaloka Day
Untill 5:47PM				Sravana-Avani		Navami
Then Creative Work	- Siddha Yoga					

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Monday, August 18, 2025		Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Malmö, Sweden			
Migashira Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashtyam Tilau Sun 8 Sutra 126		Gulika 2:03PM - 3:54PM	Mrigashira Until 9:38PM	Ganesh: Clear Sunrise: 4:46AM	Vasvasu 5:17
Wishabha Rasi: 27.32	Tithi 25 - 26	Yama 10:20AM - 12:11PM	Harshana Until 6:32PM	Muruga: Blue Sunset: 7:27PM	Moon 8 - Phase 18 - 8
Family Home Evening	536728572	Rahu 6:37AM - 8:29AM	Bava Until 12:01AM Tue	Nataraja: Yellow	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 12:56PM	Moon - Yellow	Sivaloka Day
Until 9:38PM				Sravana-Avani	
Then Creative Work - Siddha Yoga					

2 Tuesday, August 19, 2025		Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Malmö, Sweden			
Andra Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau Sun 9 Sutra 127		Gulika 12:11PM - 2:02PM	Andra Until 8:31PM	Ganesh: Clear Sunrise: 4:46AM	Vasvasu 5:17
Mithuna Rasi: 11.31	Tithi 26 - 27	Yama 8:30AM - 10:20AM	Vajra* Until 4:01PM	Muruga: Blue Sunset: 7:34PM	Moon 8 - Phase 18 - 9
Routine Work	Marana Yoga	Rahu 3:53PM - 5:44PM	Kaulava Until 10:18PM	Nataraja: Yellow	2nd Phase
Until 8:31PM			Ekadashi* Until 11:06AM	Moon - Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	

3 Wednesday, August 20, 2025		Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Viscara Yuktayam Malmö, Sweden			
Punarvasu Nakshatra Siddhi/Vyaptara* Yoga Talila/Gara Karana Dwadashi/Trayodashyam Tilau Sun 10 Sutra 128		Gulika 10:21AM - 12:11PM	Punarvasu Until 7:58PM	Ganesh: Purple Sunrise: 4:50AM	Vasvasu 5:17
Mithuna Rasi: 25.21	Tithi 27 - 28	Yama 8:30AM - 10:20AM	Siddhi Until 1:44PM	Muruga: Blue Sunset: 7:39PM	Moon 8 - Phase 18 - 10
Creative Work	Siddha Yoga	Rahu 12:11PM - 2:01PM	Gara Until 8:52PM	Nataraja: Yellow	2nd Phase
Until 8:31PM			Dwadashi* Until 9:31AM	Moon - Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	

Pradosha Vata (Fasting)

4 Thursday, August 21, 2025		Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Viscara Yuktayam Malmö, Sweden			
Pushya Nakshatra Vyaptara/Variyan Yoga Vanja/Vihl* Karana Trayodashi/Chaturdashyam Tilau Sun 11 Sutra 129		Gulika 8:31AM - 10:21AM	Pushya Until 7:37PM	Ganesh: Purple Sunrise: 4:52AM	Vasvasu 5:17
Kalkata Rasi: 9.01	Tithi 28 - 29	Yama 4:52AM - 6:41AM	Vyaptara* Until 11:44AM	Muruga: Blue Sunset: 7:39PM	Moon 8 - Phase 18 - 11
Creative Work	Amrita Yoga	Rahu 2:00PM - 3:50PM	Vihl Until 7:48PM	Nataraja: Yellow	2nd Phase
Until 7:37PM			Trayodashi* Until 8:15AM	Moon - Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	

Friday, August 22, 2025		Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Viscara Yuktayam Malmö, Sweden			
Retreat Star		Ashlesha* Nakshatra Variyan/Paniga* Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyayam Tilau Sun 12 Sutra 130			
Kalkata Rasi: 22.26	Tithi 29 - 30	Gulika 6:43AM - 8:32AM	Ashlesha* Until 7:34PM	Ganesh: Light Blue Sunrise: 4:56AM	Vasvasu 5:17
Routine Work	Marana Yoga	Yama 3:49PM - 5:38PM	Variyan Until 10:02AM	Muruga: Blue Sunset: 7:27PM	Moon 8 - Phase 18 - 12
Until 8:21PM		Rahu 10:21AM - 12:10PM	Caluspada Until 7:11PM	Nataraja: Yellow	Amavasya
Then Creative Work - Siddha Yoga			Chaturdashi* Until 7:25AM	Moon - Blue	Devaloka Day
				Sravana-Avani	

Saturday, August 23, 2025		Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakshi Manu Vasara Yuktayam Malmö, Sweden			
Retreat Star		Magha* Nakshatra Parigha/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau Sun 13 Sutra 131			
Simha Rasi: 5.35	Tithi 30 - 1	Gulika 4:56AM - 6:44AM	Magha* Until 8:21PM	Ganesh: Purple Sunrise: 4:56AM	Vasvasu 5:17
Creative Work	Amrita Yoga	Yama 1:59PM - 3:47PM	Parigha* Until 8:46AM	Muruga: Blue Sunset: 7:29PM	Moon 8 - Phase 18 - 13
Until 8:21PM		Rahu 8:33AM - 10:22AM	Kintughna Until 7:06PM	Nataraja: Yellow	Prathama
Then Creative Work - Siddha Yoga			Amavasya* Until 7:03AM	Moon - Red	Devaloka Day
				Bhadrapada-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Paraphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityam Titau			Malmö, Sweden
Simha Rasi: 18.28	Tilthi 1 – 2	Gulika 3:46PM – 5:34PM Yama 12:10PM – 1:58PM 57728572	Purvaphalguni Until 9:33PM Shiva Until 7:57AM Balava Until 7:37PM Prathama* Until 7:16AM	Ganesha: Purple Sunrise: 4:57AM Muruga: Blue Sunset: 7:29PM Nataraja: Yellow Moon - Red Bhadrapada-Avani	Sun 14 Sutra 132 Vasava: 5127 Moon 8 - Phase 19 - 14 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 9:33PM					
Then Creative Work - Amrita Yoga					

2 Monday, August 25, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvityam/Tritiyam Titau			Malmö, Sweden
Kanya Rasi: 1.04	Tilthi 2 – 3	Gulika 1:57PM – 3:45PM Yama 10:22AM – 12:10PM 57728572	Uttaraphalguni Until 11:10PM Siddha Until 7:34AM Taila Until 8:42PM Dvitiya Until 8:04AM	Ganesha: Purple Sunrise: 4:59AM Muruga: Blue Sunset: 7:29PM Nataraja: Yellow Moon - Red Bhadrapada-Avani	Sun 15 Sutra 133 Vasava: 5127 Moon 8 - Phase 19 - 15 3rd Phase
Family Home Evening					Devaloka Day
Creative Work	Siddha Yoga				

3 Tuesday, August 26, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturthi/Panchamam Titau			Malmö, Sweden
Kanya Rasi: 13.24	Tilthi 3 – 4	Gulika 12:09PM – 1:56PM Yama 8:35AM – 10:22AM 57728572	Hasla Until 1:37AM Wed Sadha Until 7:39AM Vanija Until 10:21PM Tritiya Until 9:27AM	Ganesha: Light Blue Sunrise: 5:01AM Muruga: Blue Sunset: 7:19PM Nataraja: Yellow Moon - Green Bhadrapada-Avani	Sun 16 Sutra 134 Vasava: 5127 Moon 8 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
		Ganesha Chaturthi			

4 Wednesday, August 27, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Hasla Nakshatra Sadha/Sadha Yoga Visi*/Bava Karana Chaturthi/Panchamam Titau			Malmö, Sweden
Kanya Rasi: 25.32	Tilthi 4 – 5	Gulika 10:23AM – 12:09PM Yama 6:50AM – 8:36AM 57728572	Chitra Until 4:17AM Thu Sadha Until 8:08AM Bava Until 12:24AM Thu Chaturthi* Until 11:19AM	Ganesha: Light Blue Sunrise: 5:03AM Muruga: Blue Sunset: 7:19PM Nataraja: Yellow Moon - Green Bhadrapada-Avani	Sun 17 Sutra 135 Vasava: 5127 Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 4:17AM Thu					
Then Creative Work - Amrita Yoga					

5 Thursday, August 28, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svali Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthi/Panchamam Titau			Malmö, Sweden
Tula Rasi: 7.31	Tilthi 5 – 6	Gulika 8:37AM – 10:23AM Yama 5:05AM – 6:51AM 57728573	Svali Until 7:01AM Fri Sukla Until 8:51AM Kaulava Until 2:44AM Fri Panchami Until 1:32PM	Ganesha: Light Blue Sunrise: 5:05AM Muruga: Blue Sunset: 7:19PM Nataraja: White Moon - Green Bhadrapada-Avani	Sun 18 Sutra 136 Vasava: 5127 Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga				Sivaloka Day
Until 7:01AM Fri					
Then Creative Work - Siddha Yoga					

6 Friday, August 29, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Svali/Vishakha Nakshatra Brahma/Indra/Yoga Talila/Gara Karana Shashthi/Saptamam Titau			Malmö, Sweden
Tula Rasi: 19.24	Tilthi 6 – 7	Gulika 6:52AM – 8:38AM Yama 3:39PM – 5:25PM 56872853	Svali Until 7:01AM Brahma Until 9:45AM Gara Until 5:09AM Sat Shashthi* Until 3:55PM	Ganesha: Purple Sunrise: 5:07AM Muruga: Blue Sunset: 7:10PM Nataraja: White Moon - Green Bhadrapada-Avani	Sun 19 Sutra 137 Vasava: 5127 Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga				Sivaloka Day

Saturday, August 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Vanija Karana Saptamam Titau			Malmö, Sweden
Wishika Rasi: 1.16	Tilthi 7	Gulika 5:09AM – 6:54AM Yama 1:53PM – 3:38PM 57872853	Vishakha Until 10:08AM Indra Until 10:41AM Vanija Until 6:17PM Saptami Until 6:17PM	Ganesha: Clear Sunrise: 5:09AM Muruga: Blue Sunset: 7:07PM Nataraja: White Moon - Orange Bhadrapada-Avani	Sun 20 Sutra 138 Vasava: 5127 Moon 8 - Phase 19 - 20 3rd Phase
Creative Work	Siddha Yoga				Subha Sivaloka Day

Sunday, August 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhri*/Vishkambha* Yoga Visi*/Bava Karana Ashtamam Titau			Malmö, Sweden
Wishika Rasi: 13.12	Tilthi 8	Gulika 3:36PM – 5:21PM Yama 12:08PM – 1:52PM 57872853	Anuradha Until 12:55PM Vaidhri* Until 11:27AM Visi Until 7:25AM Ashlami* Until 8:26PM	Ganesha: Clear Sunrise: 5:11AM Muruga: Blue Sunset: 7:05PM Nataraja: White Moon - Orange Bhadrapada-Avani	Sun 21 Sutra 139 Vasava: 5127 Moon 8 - Phase 19 - 21 Ashtami
Routine Work	Marana Yoga				Subha Sivaloka Day

Monday, September 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Veshkambha*/Pithi Yoga Balava/Kaulava Karana Navamam Titau			Malmö, Sweden
Wishika Rasi: 25.14	Tilthi 9	Gulika 1:51PM – 3:35PM Yama 10:24AM – 12:08PM 57872853	Jyeshtha* Until 3:12PM Vishkambha* Until 11:58AM Balava Until 9:23AM Navami* Until 10:10PM	Ganesha: Clear Sunrise: 5:13AM Muruga: Blue Sunset: 7:03PM Nataraja: White Moon - Orange Bhadrapada-Avani	Sun 22 Sutra 140 Vasava: 5127 Moon 8 - Phase 19 - 22 Navami
Family Home Evening					Subha Sivaloka Day
Creative Work	Siddha Yoga				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1 Tuesday, September 2, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktiyam Malmu, Sweden				
		Mula*Purvashada* Nakshatra Prili/Ayushman Yoga Talila/Gara Karana Dvadoshyam Titau Sun 23 Sutra 141				
Dhanus Rasi: 7.28	Tithi 10	Gulika 12:07PM - 1:50PM	Mula* Until 5:18PM	Ganesha: White	Sunrise: 5:15AM	Vasarasu 5:127
		Yama 8:41AM - 10:24AM	Prili Until 12:07PM	Muruga: Blue	Sunset: 7:09PM	Moon 8 - Phase 20 - 5:27
		588728573 Rahu 3:34PM - 5:17PM	Tailila Until 10:52AM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:21PM	Moon - Light Blue		Sivaloka Day
Until 5:18PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Wednesday, September 3, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Baudha Vasara Yuktiyam Malmu, Sweden				
		Purvashada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Titau Sun 24 Sutra 142				
Dhanus Rasi: 19.58	Tithi 11	Gulika 10:24AM - 12:07PM	Purvashada* Until 6:37PM	Ganesha: Green	Sunrise: 5:16AM	Vasarasu 5:127
		Yama 6:59AM - 8:42AM	Ayushman Until 11:45AM	Muruga: Blue	Sunset: 6:57PM	Moon 8 - Phase 20 - 5:27
		588828573 Rahu 12:07PM - 1:49PM	Vanija Until 11:43AM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 11:52PM	Moon - Light Blue		Sivaloka Day
				Bhadrapada-Avani		

3 Thursday, September 4, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktiyam Malmu, Sweden				
		Uttarashada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadoshyam Titau Sun 25 Sutra 143				
Makara Rasi: 2.46	Tithi 12	Gulika 8:42AM - 10:25AM	Uttarashada* Until 7:06PM	Ganesha: White	Sunrise: 5:18AM	Vasarasu 5:127
		Yama 5:18AM - 7:00AM	Saubhagya Until 10:52AM	Muruga: Blue	Sunset: 6:59PM	Moon 8 - Phase 20 - 5:27
		589828573 Rahu 1:49PM - 3:31PM	Bava Until 11:53AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadoshi Until 11:40PM	Moon - Light Blue		Sivaloka Day
Until 7:06PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Friday, September 5, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktiyam Malmu, Sweden				
		Shravana Nakshatra Sobhana/Athiganda* Yoga Kadava/Tailila Karana Trayadoshyam Titau Sun 26 Sutra 144				
Makara Rasi: 15.56	Tithi 13	Gulika 7:02AM - 8:43AM	Shravana Until 7:11PM	Ganesha: Yellow	Sunrise: 5:20AM	Vasarasu 5:127
		Yama 3:29PM - 5:11PM	Sobhana Until 9:25AM	Muruga: Blue	Sunset: 6:59PM	Moon 8 - Phase 20 - 5:27
		599828573 Rahu 10:25AM - 12:06PM	Kadava Until 11:20AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Trayadoshi Until 10:47PM	Moon - Purple		Subha Sivaloka Day
Until 7:11PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

5 Saturday, September 6, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Manu Vasara Yuktiyam Malmu, Sweden				
		Dhanishtha Nakshatra Athiganda*/Sukarna Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 145				
Makara Rasi: 29.28	Tithi 14	Gulika 5:22AM - 7:03AM	Dhanishtha Until 6:29PM	Ganesha: Yellow	Sunrise: 5:22AM	Vasarasu 5:127
		Yama 1:47PM - 3:28PM	Athiganda* Until 7:24AM	Muruga: Blue	Sunset: 6:59PM	Moon 8 - Phase 20 - 5:27
		599828573 Rahu 8:44AM - 10:25AM	Gara Until 10:07AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:15PM	Moon - Purple		Subha Sivaloka Day
Until 6:29PM		Chidambaram Abhishekam		Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

O Sunday, September 7, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktiyam Malmu, Sweden				
Copper Retreat Star		Shalabhishak/Purvashrothapada* Nakshatra Dhivli Yoga Visi*/Bava Karana Purnimayam Titau Sun 27 Sutra 146				
Kumbha Rasi: 13.22	Tithi 15	Gulika 3:26PM - 5:07PM	Shalabhishak Until 5:06PM	Ganesha: Yellow	Sunrise: 5:24AM	Vasarasu 5:127
		Yama 12:06PM - 1:46PM	Dhivli Until 2:03AM Mon	Muruga: Blue	Sunset: 6:47PM	Moon 8 - Phase 20 - 5:27
		599828573 Rahu 5:07PM - 6:47PM	Visi Until 8:18AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:12PM	Moon - Purple		Subha Sivaloka Day
		Grandparent's Day		Bhadrapada-Avani		

Monday, September 8, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Kitchu Pakche Indu Vasara Yuktiyam Malmu, Sweden				
Silver Retreat Star		Purvashrothapada*/Uttarashrothapada* Nakshatra Shula* Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau Sun 28 Sutra 147				
Kumbha Rasi: 27.35	Tithi 16 - 17	Gulika 1:45PM - 3:25PM	Purvashrothapada* Until 3:34PM	Ganesha: Yellow	Sunrise: 5:26AM	Vasarasu 5:127
		Yama 10:25AM - 12:05PM	Shula* Until 10:51PM	Muruga: Blue	Sunset: 6:48PM	Moon 8 - Phase 20 - 5:27
		519828573 Rahu 7:06AM - 8:46AM	Balava Until 6:02AM	Nataraja: White		Prathama
Family Home Evening	Marana Yoga		Prathama* Until 4:45PM	Moon - Clear		Subha Sivaloka Day
Until 3:34PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosphadapa/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritayam Tilau

Malmö, Sweden Sun 1 Sutra 148

Mesha Rasi: 12.02	Tithi 17 - 18	Gulika 12:05PM - 1:44PM	Uttaraprosphadapa Until 1:38PM	Ganesha: Yellow	Sunrise: 5:28AM	Vasavasu 5:127
		Yama 8:46AM - 10:26AM	Ganda* Until 7:28PM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 1
		Rahu 3:23PM - 5:03PM	Vanija Until 12:36AM Wed	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Dvitiya Until 2:00PM	Moon - Clear		Subha Sivaloka Day
Until 1:38PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

1

Wednesday, September 10, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Budha Vasara Yukatayam
Revati/Ashvini Nakshatra Viddhi/Dhruva Yoga Visi*/Bava Karana Tritiya/Chaturtham Tilau

Malmö, Sweden Sun 2 Sutra 149

Mesha Rasi: 26.37	Tithi 18 - 19	Gulika 10:26AM - 12:05PM	Revati Until 11:24AM	Ganesha: Yellow	Sunrise: 5:30AM	Vasavasu 5:127
		Yama 7:08AM - 8:47AM	Viddhi Until 4:01PM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 2
		Rahu 12:05PM - 1:43PM	Bava Until 9:42PM	Nataraja: White		1st Phase
Routine Work	Marana Yoga		Tritiya Until 11:08AM	Moon - Clear		Subha Sivaloka Day
				Bhadrapada-Avani		

2

Thursday, September 11, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Gara Visara Yukatayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghta* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau

Malmö, Sweden Sun 3 Sutra 150

Mesha Rasi: 11.14	Tithi 19 - 20	Gulika 8:48AM - 10:26AM	Ashvini Until 9:26AM	Ganesha: White	Sunrise: 5:32AM	Vasavasu 5:127
		Yama 5:32AM - 7:10AM	Dhruva Until 12:32PM	Muruga: Blue	Sunset: 6:39PM	Moon 9 - Phase 21 - 3
		Rahu 1:42PM - 3:20PM	Kaulava Until 6:51PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:15AM	Moon - White		Sivaloka Day
Until 9:26AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

3

Friday, September 12, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukatayam
Bharani/Krittika Nakshatra Vyaghta*/Harshana Yoga Gara/Venija Karana Shashihyam Tilau

Malmö, Sweden Sun 4 Sutra 151

Mesha Rasi: 25.47	Tithi 21	Gulika 7:11AM - 8:49AM	Bharani Until 7:26AM	Ganesha: Blue	Sunrise: 5:34AM	Vasavasu 5:127
		Yama 3:19PM - 4:57PM	Vyaghta* Until 9:11AM	Muruga: Blue	Sunset: 6:39PM	Moon 9 - Phase 21 - 4
		Rahu 10:26AM - 12:04PM	Gara Until 4:09PM	Nataraja: White		1st Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:52AM Sat	Moon - White		Sivaloka Day
				Bhadrapada-Avani		

4

Saturday, September 13, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Manu Vasara Yukatayam
Rohini Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Sapthamam Tilau

Malmö, Sweden Sun 5 Sutra 152

Wishahba Rasi: 10.11	Tithi 22	Gulika 5:35AM - 7:12AM	Rohini Until 4:10AM Sun	Ganesha: Red	Sunrise: 5:35AM	Vasavasu 5:127
		Yama 1:40PM - 3:17PM	Harshana Until 6:01AM	Muruga: Blue	Sunset: 6:39PM	Moon 9 - Phase 21 - 5
		Rahu 8:49AM - 10:26AM	Visi Until 1:42PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Saptami Until 12:34AM Sun	Moon - Yellow		Subha Sivaloka Day
Until 4:10AM Sun				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

5

Sunday, September 14, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukatayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Tilau

Malmö, Sweden Sun 6 Sutra 153

Wishahba Rasi: 24.24	Tithi 23	Gulika 3:16PM - 4:52PM	Mrigashira Until 3:01AM Mon	Ganesha: Red	Sunrise: 5:37AM	Vasavasu 5:127
		Yama 12:03PM - 1:40PM	Siddhi Until 12:24AM Mon	Muruga: Blue	Sunset: 6:39PM	Moon 9 - Phase 21 - 6
		Rahu 4:52PM - 6:29PM	Balava Until 11:34AM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:37PM	Moon - Yellow		Subha Sivaloka Day
				Bhadrapada-Avani		

Monday, September 15, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Indu Vasara Yukatayam
Ardra Nakshatra Vyatipata* Yoga Talila/Gara Karana Navamam Tilau

Malmö, Sweden Sun 7 Sutra 154

Mithuna Rasi: 8.22	Tithi 24	Gulika 1:39PM - 3:15PM	Ardra Until 2:08AM Tue	Ganesha: Red	Sunrise: 5:39AM	Vasavasu 5:127
		Yama 10:27AM - 12:03PM	Vyatipata* Until 10:05PM	Muruga: Blue	Sunset: 6:39PM	Moon 9 - Phase 21 - 7
		Rahu 7:15AM - 8:51AM	Talila Until 9:48AM	Nataraja: White		Navami
Family Home Evening			Navami* Until 9:03PM	Moon - Yellow		Subha Sivaloka Day
Creative Work	Siddha Yoga			Bhadrapada-Avani		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1

Tuesday, September 16, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mangala Vasara Yukhtayam
Panavasu Nakshatra Varjany Yoga Vanija/Vsiti¹ Karana Dashamyam TitauMalmö, Sweden
Sun 8 Sutra 155

Mithuna Rasi: 22.06 Tithi 25

Gulika 12:02PM - 1:38PM
Yama 8:52AM - 10:27AM
Rahu 3:13PM - 4:48PMPunarvasu Until 1:56AM Wed
Varjany Until 8:04PM
Bava Until 8:26AM
Dashami Until 7:54PMGanesha: Green Sunrise: 5:41AM
Muruga: Blue Sunset: 6:24PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 8
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Wednesday, September 17, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Budha Vasara Yukhtayam
Pushya Nakshatra Parigha¹ Yoga Bava/Balavo Karana Ekadashyam TitauMalmö, Sweden
Sun 9 Sutra 156

Kalka Rasi: 5.35 Tithi 26

Gulika 10:27AM - 12:02PM
Yama 7:18AM - 8:52AM
Rahu 12:02PM - 1:37PMPushya Until 2:02AM Thu
Parigha¹ Until 6:24PM
Bava Until 7:30AM
Ekadashi¹ Until 7:11PMGanesha: Green Sunrise: 5:43AM
Muruga: Blue Sunset: 6:21PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Thursday, September 18, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Guru Vasara Yukhtayam
Ashlesha¹ Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Dvadashyam TitauMalmö, Sweden
Sun 10 Sutra 157

Kalka Rasi: 18.5 Tithi 27

Gulika 8:53AM - 10:27AM
Yama 5:45AM - 7:19AM
Rahu 1:36PM - 3:10PMAshlesha¹ Until 2:25AM Fri
Shiva Until 5:07PM
Kaulava Until 7:00AM
Dvadashi¹ Until 6:54PMGanesha: Green Sunrise: 5:45AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 10
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 2:25AM Fri
Then Routine Work - Marana Yoga

4

Friday, September 19, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Sukra Vasara Yukhtayam
Magha¹ Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam TitauMalmö, Sweden
Sun 11 Sutra 158

Simha Rasi: 1.5 Tithi 28

Gulika 7:20AM - 8:54AM
Yama 3:09PM - 4:42PM
Rahu 10:28AM - 12:01PMMagha¹ Until 3:34AM Sat
Siddha Until 4:09PM
Gara Until 6:58AM
Trayodashi¹ Until 7:06PMGanesha: White Sunrise: 5:47AM
Muruga: Blue Sunset: 6:16PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 11
2nd Phase

Routine Work Marana Yoga

Sivaloka Day

Until 3:34AM Sat
Then Creative Work - Siddha Yoga

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mani Vasara Yukhtayam
Purvaphalguni Nakshatra Sadhya/Subha Yoga Visi¹/Sakuni¹ Karana Chaturdashyam TitauMalmö, Sweden
Sun 12 Sutra 159

Simha Rasi: 14.37 Tithi 29

Gulika 5:49AM - 7:22AM
Yama 1:34PM - 3:07PM
Rahu 8:55AM - 10:28AMPurvaphalguni Until 5:00AM Sun
Sadhya Until 3:34PM
Visi Until 7:24AM
Chaturdashi¹ Until 7:46PMGanesha: White Sunrise: 5:49AM
Muruga: Blue Sunset: 6:13PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 12
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 5:00AM Sun
Then Creative Work - Amrita Yoga

●

Sunday, September 21, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yukhtayam
Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada¹/Niaga¹ Karana Amavasyayam TitauMalmö, Sweden
Sun 13 Sutra 160

Simha Rasi: 27.1 Tithi 30

Gulika 3:06PM - 4:38PM
Yama 12:01PM - 1:33PM
Rahu 4:38PM - 6:11PMUttaraphalguni Until 6:44AM Mon
Subha Until 3:22PM
Catuspada Until 8:17AM
Amavasya¹ Until 8:53PMGanesha: White Sunrise: 5:51AM
Muruga: Blue Sunset: 6:11PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 13
Amavasya

Creative Work Amrita Yoga

Sivaloka Day

Until 6:44AM Mon
Then Creative Work - Siddha Yoga

Monday, September 22, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yukhtayam
Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna¹/Bava Karana Prathamayam TitauMalmö, Sweden
Sun 14 Sutra 161

Kanya Rasi: 9.32 Tithi 1

Gulika 1:32PM - 3:04PM
Yama 10:28AM - 12:00PM
Rahu 7:24AM - 8:56AMUttaraphalguni Until 6:44AM
Sukla Until 3:29PM
Kintughna Until 9:39AM
Prathama¹ Until 10:28PMGanesha: White Sunrise: 5:53AM
Muruga: Blue Sunset: 6:08PM
Nataraja: White
Moon - Red
Ashvina-PuratasiVisvasu 5:127
Moon 9 - Phase 22 - 14
Prathama

Family Home Evening

Sivaloka Day

Creative Work Siddha Yoga

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam				Malmö, Sweden
Kanya Rasi: 21.43		Tilthi 2		Sun 15		Sutra 162
Creative Work	Siddha Yoga	Gulika	12:00PM - 1:31PM	Hasla Until 9:11AM	Ganesha: Red	Sunrise: 5:54AM
		Yama	8:57AM - 10:29AM	Brahma Until 3:54PM	Muruga: Blue	Sunset: 6:09PM
		562828573	Rahu	3:03PM - 4:34PM	Nataraja: White	Moon 9 - Phase 23 - 17
				Balava Until 11:25AM	Moan - Green	3rd Phase
				Dvitiya Until 12:25AM Wed	Ashvina-Puratasi	Subha Sivaloka Day

2 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktiyam				Malmö, Sweden
Tula Rasi: 3.45		Tilthi 3		Sun 16		Sutra 163
Creative Work	Siddha Yoga	Gulika	10:29AM - 12:00PM	Chitra Until 11:49AM	Ganesha: Red	Sunrise: 5:56AM
		Yama	7:27AM - 8:58AM	Indra Until 4:36PM	Muruga: Blue	Sunset: 6:09PM
		562828573	Rahu	12:00PM - 1:30PM	Nataraja: White	Moon 9 - Phase 23 - 16
				Taillia Until 1:32PM	Moan - Green	3rd Phase
				Tritiya Until 2:40AM Thu	Ashvina-Puratasi	Subha Sivaloka Day

3 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktiyam				Malmö, Sweden
Tula Rasi: 15.41		Tilthi 4		Sun 17		Sutra 164
Creative Work	Amrita Yoga	Gulika	8:59AM - 10:29AM	Svali Until 2:31PM	Ganesha: Red	Sunrise: 5:58AM
		Yama	5:58AM - 7:28AM	Vaidhiti ¹ Until 5:26PM	Muruga: Blue	Sunset: 6:09PM
		562828573	Rahu	1:29PM - 3:00PM	Nataraja: White	Moon 9 - Phase 23 - 17
				Vanija Until 3:54PM	Moan - Green	3rd Phase
				Chaturthi¹ Until 5:06AM Fri	Ashvina-Puratasi	Subha Sivaloka Day

4 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktiyam				Malmö, Sweden
Tula Rasi: 27.34		Tilthi 5		Sun 18		Sutra 165
Creative Work	Siddha Yoga	Gulika	7:30AM - 8:59AM	Vishakha Until 5:40PM	Ganesha: Blue	Sunrise: 6:00AM
		Yama	2:58PM - 4:28PM	Vishkambha ¹ Until 6:21PM	Muruga: Blue	Sunset: 5:58PM
		572828573	Rahu	10:29AM - 11:59AM	Nataraja: White	Moon 9 - Phase 23 - 18
				Bava Until 6:22PM	Moan - Orange	3rd Phase
				Panchami Until 7:35AM Sat	Ashvina-Puratasi	Subha Subha Sivaloka Day

5 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktiyam				Malmö, Sweden
Wishika Rasi: 9.25		Tilthi 5 - 6		Sun 19		Sutra 166
Creative Work	Siddha Yoga	Gulika	6:02AM - 7:31AM	Anuradha Until 8:37PM	Ganesha: Red	Sunrise: 6:02AM
		Yama	1:28PM - 2:57PM	Prihi Until 7:16PM	Muruga: Blue	Sunset: 5:59PM
		672828573	Rahu	9:00AM - 10:29AM	Nataraja: White	Moon 9 - Phase 23 - 19
				Kaulava Until 8:48PM	Moan - Orange	3rd Phase
				Panchami Until 7:35AM	Ashvina-Puratasi	Subha Sivaloka Day

6 Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktiyam				Malmö, Sweden
Wishika Rasi: 21.19		Tilthi 6 - 7		Sun 20		Sutra 167
Routine Work	Marana Yoga	Gulika	2:55PM - 4:24PM	Jyeshtha¹ Until 11:12PM	Ganesha: Green	Sunrise: 6:04AM
		Yama	11:58AM - 1:27PM	Ayushman Until 8:00PM	Muruga: Blue	Sunset: 5:59PM
		672928573	Rahu	4:24PM - 5:52PM	Nataraja: White	Moon 9 - Phase 23 - 20
				Gara Until 11:02PM	Moan - Orange	3rd Phase
				Shashthi¹ Until 9:56AM	Ashvina-Puratasi	Sivaloka Day

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktiyam				Malmö, Sweden
Retreat Star		Mula ¹ Nakshatra Anuradha Yoga Talilla/Gara Karana Sapthami/Ashvinyam Titau		Sun 21		Sutra 168
Dhanu Rasi: 3.19	Tilthi 7 - 8	Gulika	1:26PM - 2:54PM	Mula¹ Until 1:45AM Tue	Ganesha: Red	Sunrise: 6:06AM
Family Home Evening		Yama	10:30AM - 11:58AM	Saubhagya Until 8:28PM	Muruga: Blue	Sunset: 5:59PM
Creative Work	Siddha Yoga	682928573	Rahu	7:34AM - 9:02AM	Nataraja: White	Moon 9 - Phase 23 - 21
				Visi Until 12:52AM Tue	Moon - Light Blue	Ashtami
				Durga Ashtami	Ashvina-Puratasi	Subha Sivaloka Day
				Saptami Until 12:00PM		

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam				Malmö, Sweden
Retreat Star		Purvashadha ¹ Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 169
Dhanu Rasi: 15.29	Tilthi 8 - 9	Gulika	11:58AM - 1:25PM	Purvashadha¹ Until 3:35AM Wed	Ganesha: Red	Sunrise: 6:08AM
Creative Work	Siddha Yoga	Yama	9:03AM - 10:30AM	Sobhana Until 8:32PM	Muruga: Blue	Sunset: 5:47PM
		682928573	Rahu	2:52PM - 4:20PM	Nataraja: White	Moon 9 - Phase 23 - 22
				Balava Until 2:09AM Wed	Moan - Light Blue	Navami
				Ashtami¹ Until 1:34PM	Ashvina-Puratasi	Subha Sivaloka Day
				Saraswathi Puja (Tamil Nadu)		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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1		Wednesday, October 1, 2025				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Budha Vbsara Yuktayam Uttarashadha Nakshatra Abhiganda* Yoga Kaulava/Taila Karana Navami/Dashamam Titau		Malmö, Sweden Sun 23	Sutra 170
Dhanus Rasi:	27.55	Tithi:	9 – 10	Gulika	10:30AM – 11:57AM	Uttarashadha Until 4:34AM Thu	Ganesh: Red Muruga: Blue Nataraja: White Moon – Light Blue Ashvini-Puratasi	Sunrise: 6:10AM Sunset: 5:49PM	Vasavasau 5:127 Moon 9 - Phase 24 - 23 4th Phase
Creative Work	Amrita Yoga	682928573	Rahu	11:57AM – 12:4PM	6:12AM – 7:38AM	Taila Until 2:44AM Thu Navami* Until 2:31PM			Subha Sivaloka Day
Until 4:34AM Thu									
Then Creative Work	Siddha Yoga								

2		Thursday, October 2, 2025				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 24	Sutra 171
Makara Rasi:	10.41	Tithi:	10 – 11	Gulika	9:04AM – 10:31AM	Shravana Until 5:05AM Fri	Ganesh: Blue Muruga: Blue Nataraja: White Moon – Purple Ashvini-Puratasi	Sunrise: 6:12AM Sunset: 5:49PM	Vasavasau 5:127 Moon 9 - Phase 24 - 24 4th Phase
Creative Work	Siddha Yoga	692928573	Rahu	1:23PM – 2:50PM	6:12AM – 7:38AM	Sukarma Until 6:59PM Vanija Until 2:31AM Fri Dashami Until 2:42PM			Sivaloka Day
Until 4:41AM Sat									
Then Creative Work	Amrita Yoga								

3		Friday, October 3, 2025				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Sukra Vbsara Yuktayam Dhanishth Nakshatra Dhruvi/Shula* Yoga Visli*Beva Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 25	Sutra 172
Makara Rasi:	23.5	Tithi:	11 – 12	Gulika	7:39AM – 9:05AM	Dhanishtha Until 4:41AM Sat	Ganesh: Blue Muruga: Blue Nataraja: White Moon – Purple Ashvini-Puratasi	Sunrise: 6:14AM Sunset: 5:49PM	Vasavasau 5:127 Moon 9 - Phase 24 - 25 4th Phase
Creative Work	Siddha Yoga	692928573	Rahu	10:31AM – 11:57AM	6:12AM – 7:38AM	Dhruvi Until 5:18PM Beva Until 1:30AM Sat Ekadashi Until 2:05PM			Sivaloka Day
Until 4:41AM Sat									
Then Creative Work	Amrita Yoga								

4		Saturday, October 4, 2025				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 26	Sutra 173
Kumbha Rasi:	7.25	Tithi:	12 – 13	Gulika	6:15AM – 7:41AM	Shatabhishak Until 3:24AM Sun	Ganesh: Blue Muruga: Blue Nataraja: White Moon – Purple Ashvini-Puratasi	Sunrise: 6:15AM Sunset: 5:31PM	Vasavasau 5:127 Moon 9 - Phase 24 - 26 4th Phase
Creative Work	Amrita Yoga	692928573	Rahu	9:06AM – 10:31AM	6:12AM – 7:38AM	Shula* Until 2:58PM Kaulava Until 11:45PM Dvadashi Until 12:42PM			Sivaloka Day
Until 3:24AM Sun									
Then Creative Work	Siddha Yoga								

5		Sunday, October 5, 2025				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Bharu Vbsara Yuktayam Purvaphroshthapada* Nakshatra Ganda/Vridhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 27	Sutra 174
Kumbha Rasi:	21.26	Tithi:	13 – 14	Gulika	2:45PM – 4:10PM	Purvaphroshthapada* Until 1:47AM Mon	Ganesh: White Muruga: Blue Nataraja: White Moon – Clear Ashvini-Puratasi	Sunrise: 6:17AM Sunset: 5:34PM	Vasavasau 5:127 Moon 9 - Phase 24 - 27 4th Phase
Creative Work	Siddha Yoga	612928573	Rahu	4:10PM – 5:34PM	6:12AM – 7:38AM	Ganda* Until 12:05PM Gara Until 9:21PM Trayodashi Until 10:36AM			Sivaloka Day
Until 4:41AM Sat									
Then Creative Work	Amrita Yoga								

Monday, October 6, 2025		Copper Retreat Star				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphroshthapada Nakshatra Vridhi/Druva Yoga Vanja/Vesli* Karana Chaturdashi/Purnimayam Titau		Malmö, Sweden Sun 28	Sutra 175
Meena Rasi:	5.53	Tithi:	14 – 15	Gulika	1:20PM – 2:44PM	Uttaraphroshthapada Until 11:33PM	Ganesh: Clear Muruga: Blue Nataraja: White Moon – Clear Ashvini-Puratasi	Sunrise: 6:19AM Sunset: 5:32PM	Vasavasau 5:127 Moon 9 - Phase 24 - Purnima
Creative Work	Siddha Yoga	613928573	Rahu	7:43AM – 9:08AM	6:12AM – 7:38AM	Vridhi Until 8:45AM Vesli Until 6:26PM Chaturdash* Until 7:56AM			Subha Sivaloka Day
Until 4:41AM Sat									
Then Creative Work	Amrita Yoga								

Tuesday, October 7, 2025		Silver Retreat Star				Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakche Mangala Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Malmö, Sweden Sun 29	Sutra 176
Meena Rasi:	20.39	Tithi:	16	Gulika	11:55AM – 1:19PM	Revati Until 8:52PM	Ganesh: Clear Muruga: Blue Nataraja: White Moon – Clear Ashvini-Puratasi	Sunrise: 6:21AM Sunset: 5:29PM	Vasavasau 5:127 Moon 9 - Phase 24 - Prathama
Creative Work	Siddha Yoga	613928573	Rahu	2:42PM – 4:06PM	6:12AM – 7:38AM	Vyaghata* Until 1:06AM Wed Balava Until 3:10PM Prathama* Until 1:26AM Wed			Subha Sivaloka Day
Until 4:41AM Sat									
Then Creative Work	Amrita Yoga								

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam Titau

Malmö, Sweden

Sutra 177

Mesha Rasi: 5.37 Tithi 17

Gulika 10:32AM - 11:55AM

Ashvini Until 6:17PM

Ganesh: White Sunrise: 6:23AM

Vasarasu 5:127

Yama 7:46AM - 9:09AM

Harshana Until 9:05PM

Muruga: Blue Sunset: 5:29PM

Moon 10 - Phase 25 -

Rahu 11:55AM - 1:18PM

Taitila Until 11:42AM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Dvitiya Until 9:56PM

Moon - White

Subha Sivaloka Day

Until 6:17PM

Ashvina-Puratasi

Then Creative Work - Siddha Yoga

1 Thursday, October 9, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra/Siddhi Yoga Vanja/Visi/ Karana Trilyayam Titau

Malmö, Sweden

Sutra 178

Mesha Rasi: 20.4 Tithi 18

Gulika 9:10AM - 10:32AM

Bharani Until 3:35PM

Ganesh: White Sunrise: 6:25AM

Sun 1

Yama 6:25AM - 7:48AM

Vajra Until 5:04PM

Muruga: Blue Sunset: 5:29PM

Vasarasu 5:127

Rahu 1:17PM - 2:40PM

Vanija Until 8:12AM

Nataraja: Clear

Moon 10 - Phase 25 - 1

Creative Work Siddha Yoga

Tritiya Until 6:28PM

Moon - White

Subha Sivaloka Day

Until 3:35PM

Ashvina-Puratasi

Then Routine Work - Marana Yoga

2 Friday, October 10, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyaptala/ Yoga Balava/Kaulava Karana Chalurthi/Panchamyam Titau

Malmö, Sweden

Sutra 179

Vishabha Rasi: 5.37 Tithi 19 - 20

Gulika 7:49AM - 9:11AM

Krittika Until 12:55PM

Ganesh: White Sunrise: 6:27AM

Sun 2

Yama 1:16PM - 2:37PM

Siddhi Until 1:13PM

Muruga: Blue Sunset: 5:29PM

Vasarasu 5:127

Rahu 10:33AM - 11:55AM

Kaulava Until 1:42AM Sat

Nataraja: Clear

Moon 10 - Phase 25 - 2

Creative Work Siddha Yoga

Chalurthi Until 3:12PM

Moon - White

Subha Sivaloka Day

Until 12:55PM

Ashvina-Puratasi

Then Routine Work - Marana Yoga

3 Saturday, October 11, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyaptala/Variyan Yoga Talila/Gara Karana Panchami/Shashthiyam Titau

Malmö, Sweden

Sutra 180

Vishabha Rasi: 20.22 Tithi 20 - 21

Gulika 6:29AM - 7:50AM

Rohini Until 10:51AM

Ganesh: Yellow Sunrise: 6:29AM

Sun 3

Yama 1:16PM - 2:37PM

Vyaptala Until 9:39AM

Muruga: Blue Sunset: 5:29PM

Vasarasu 5:127

Rahu 9:12AM - 10:33AM

Gara Until 10:59PM

Nataraja: Clear

Moon 10 - Phase 25 - 3

Creative Work Amrita Yoga

Panchami Until 12:16PM

Moon - Yellow

Sivaloka Day

Until 10:51AM

Ashvina-Puratasi

Then Creative Work - Siddha Yoga

4 Sunday, October 12, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varjan/Pariaga/ Yoga Vanja/Visi/ Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sutra 181

Mithuna Rasi: 4.49 Tithi 21 - 22

Gulika 2:35PM - 3:56PM

Mrigashira Until 9:07AM

Ganesh: Yellow Sunrise: 6:31AM

Sun 4

Yama 11:54AM - 1:15PM

Varjan Until 6:25AM

Muruga: Blue Sunset: 5:17PM

Vasarasu 5:127

Rahu 3:56PM - 5:17PM

Visi Until 8:48PM

Nataraja: Clear

Moon 10 - Phase 25 - 4

Creative Work Siddha Yoga

Shashthi Until 9:48AM

Moon - Yellow

Sivaloka Day

Until 3:56PM

Ashvina-Puratasi

Monday, October 13, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Malmö, Sweden

Sutra 182

Mithuna Rasi: 18.53 Tithi 22 - 23

Gulika 1:14PM - 2:34PM

Ardra Until 7:47AM

Ganesh: Yellow Sunrise: 6:33AM

Sun 5

Yama 10:34AM - 11:54AM

Shiva Until 1:23AM Tue

Muruga: Blue Sunset: 5:14PM

Vasarasu 5:127

Rahu 7:53AM - 9:13AM

Balava Until 7:12PM

Nataraja: Clear

Moon 10 - Phase 25 - 5

Creative Work Siddha Yoga

Sapthami Until 7:54AM

Moon - Yellow

Sivaloka Day

Until 7:47AM

Ashvina-Puratasi

Then Creative Work - Amrita Yoga

Tuesday, October 14, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sutra 183

Kataka Rasi: 2.34 Tithi 23 - 24

Gulika 11:54AM - 1:13PM

Punarvasu Until 7:21AM

Ganesh: Blue Sunrise: 6:35AM

Sun 6

Yama 9:14AM - 10:34AM

Siddha Until 11:37PM

Muruga: Blue Sunset: 5:12PM

Vasarasu 5:127

Rahu 2:33PM - 3:52PM

Taitila Until 6:15PM

Nataraja: Clear

Moon 10 - Phase 25 - 6

Creative Work Siddha Yoga

Ashtami Until 6:38AM

Moon - Blue

Subha Sivaloka Day

Until 2:33PM

Ashvina-Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Visli* Karana Navami/Dashmyam Tilau		Malmö, Sweden
Kataka Rasi: 15.52	TITHI 24 – 25	Gulika 10:34AM – 11:53AM	Pushya Untill 7:26AM	Ganesh: Blue	Sunrise: 6:27AM	Sun 7 Sutra 184
		Yama 7:56AM – 9:15AM	Sadhya Untill 10:23PM	Muruga: Blue	Sunset: 5:09PM	Vasavasu 5:127
Creative Work	Siddha Yoga	Rahu 11:53AM – 1:12PM	Visli Untill 6:03AM Thu	Nataraja: Clear		Moon 10 - Phase 26 - 7 2nd Phase
			Navami* Untill 6:01AM	Subha Sivaloka Day		
				Ashvina-Puratasi		

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Gara/Visli* Bava Karana Dashami/Ekadashtyam Tilau		Malmö, Sweden
Kataka Rasi: 28.5	TITHI 25 – 26	Gulika 9:16AM – 10:35AM	Ashlesha* Untill 7:59AM	Ganesh: Blue	Sunrise: 6:39AM	Sun 8 Sutra 185
		Yama 6:39AM – 7:58AM	Subha Untill 9:38PM	Muruga: Blue	Sunset: 5:07PM	Vasavasu 5:127
Creative Work	Siddha Yoga	Rahu 1:12PM – 2:30PM	Bava Untill 6:19PM	Nataraja: Clear		Moon 10 - Phase 26 - 8 2nd Phase
			Dashami Untill 6:03AM	Subha Sivaloka Day		
				Ashvina-Puratasi		
Then Creative Work	Amrita Yoga					

3		Friday, October 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Bhalava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Malmö, Sweden
Simha Rasi: 11.32	TITHI 26 – 27	Gulika 7:59AM – 9:17AM	Magha* Untill 9:25AM	Ganesh: Red	Sunrise: 6:47AM	Sun 9 Sutra 186
		Yama 2:29PM – 3:47PM	Sukla Untill 9:16PM	Muruga: Blue	Sunset: 5:05PM	Vasavasu 5:127
Routine Work	Marana Yoga	Rahu 10:35AM – 11:53AM	Kaulava Untill 7:12PM	Nataraja: Clear		Moon 10 - Phase 26 - 9 2nd Phase
			Ekadashi* Untill 6:40AM	Sivaloka Day		
				Ashvina-Alpasi		
Then Routine Work	Siddha Yoga					

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Malmö, Sweden
Simha Rasi: 24	TITHI 27 – 28	Gulika 6:43AM – 8:01AM	Purvaphalguni Untill 11:10AM	Ganesh: Red	Sunrise: 6:43AM	Sun 10 Sutra 187
		Yama 1:10PM – 2:27PM	Brahma Untill 9:17PM	Muruga: Blue	Sunset: 5:03PM	Vasavasu 5:127
Creative Work	Siddha Yoga	Rahu 9:18AM – 10:35AM	Gara Untill 8:34PM	Nataraja: Clear		Moon 10 - Phase 26 - 10 2nd Phase
			Dvadashi* Untill 7:49AM	Sivaloka Day		
				Ashvina-Alpasi		
Then Routine Work	Marana Yoga					
				Pradosha Vata (Fasting)		

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shruva Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Visli* Karana Trayodashi/Chaturdashyam Tilau		Malmö, Sweden
Kanya Rasi: 6.16	TITHI 28 – 29	Gulika 2:26PM – 3:43PM	Uttaraphalguni Untill 1:10PM	Ganesh: Red	Sunrise: 6:45AM	Sun 11 Sutra 188
		Yama 11:52AM – 1:09PM	Indra Untill 9:35PM	Muruga: Blue	Sunset: 5:00PM	Vasavasu 5:127
Creative Work	Amrita Yoga	Rahu 3:43PM – 5:00PM	Visli Untill 10:19PM	Nataraja: Clear		Moon 10 - Phase 26 - 11 2nd Phase
			Trayodashi* Untill 9:23AM	Sivaloka Day		
				Ashvina-Alpasi		
		Deepavali Hindu Solidarity Day				

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Tilau		Malmö, Sweden
Kanya Rasi: 18.24	TITHI 29 – 30	Gulika 1:09PM – 2:25PM	Hasla Untill 3:48PM	Ganesh: Blue	Sunrise: 6:47AM	Sun 12 Sutra 189
Family Home Evening		Yama 10:36AM – 11:52AM	Vaidhriti* Untill 10:06PM	Muruga: Blue	Sunset: 4:57PM	Vasavasu 5:127
Creative Work	Siddha Yoga	Rahu 8:04AM – 9:20AM	Catuspada Untill 12:22AM Tue	Nataraja: Clear		Moon 10 - Phase 26 - 12 Amavasya
			Chaturdashi* Untill 11:18AM	Devaloka Day		
				Ashvina-Alpasi		
Then Routine Work	Prabalarishtha Yoga					

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Naga/Kintughni* Karana Amavasya/Prathamayam Tilau		Malmö, Sweden
Tula Rasi: 0.25	TITHI 30 – 1	Gulika 11:52AM – 1:08PM	Chitra Untill 6:31PM	Ganesh: Blue	Sunrise: 6:49AM	Sun 13 Sutra 190
		Yama 9:21AM – 10:36AM	Vishkambha* Untill 10:48PM	Muruga: Blue	Sunset: 4:55PM	Vasavasu 5:127
Creative Work	Siddha Yoga	Rahu 2:24PM – 3:39PM	Kintughni Untill 2:39AM Wed	Nataraja: Clear		Moon 10 - Phase 26 - 13 Prathama
			Amavasya* Untill 1:28PM	Devaloka Day		
		Subramuniyaswami Mahasamadhi		Kartika-Alpasi		
		Skanda Shasthi Begins				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Wednesday, October 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Malmö, Sweden			
	Svali Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dhulyayam Titau		Sun 14		Sutra 191	
Tula Rasi: 12.22	Tilthi 1 – 2	Gulika 10.37AM – 11.52AM	Svali Until 9:14PM	Ganesh: Blue	Sunrise: 6:57AM	Vasavasu 5:127
		Yama 8.06AM – 9.22AM	Pili Until 11.38PM	Muruga: Yellow	Sunset: 4:59PM	Moon 10 - Phase 27 - 14
Creative Work	Siddha Yoga	Rahu 11.52AM – 1.07PM	Balava Until 5:05AM Thu	Nataraja: Clear		3rd Phase
			Prathama* Until 3:50PM	Moon – Green		
				Kartika-Alpasi	Bhuloka Day	Devaloka Time: 3PM to 6PM

2	Thursday, October 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Malmö, Sweden			
	Vishakha Nakshatra Ayushman Yoga Kaulava Karana Dulyayam Titau		Sun 15		Sutra 192	
Tula Rasi: 24.14	Tilthi 2	Gulika 9.23AM – 10.37AM	Vishakha Until 12:22AM Fri	Ganesh: White	Sunrise: 6:53AM	Vasavasu 5:127
		Yama 6.53AM – 8.08AM	Ayushman Until 12:30AM Fri	Muruga: Yellow	Sunset: 4:50PM	Moon 10 - Phase 27 - 15
Creative Work	Siddha Yoga	Rahu 1.06PM – 2.21PM	Kaulava Until 6:19PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 6:19PM	Moon – Orange		
				Kartika-Alpasi	Bhuloka Day	Devaloka Time: 3PM to 6PM

3	Friday, October 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Malmö, Sweden			
	Anuradha Nakshatra Saubhagya Yoga Talila/Gara Karana Trilyayam Titau		Sun 16		Sutra 193	
Wischika Rasi: 6.06	Tilthi 3	Gulika 8.09AM – 9.24AM	Anuradha Until 3:21AM Sat	Ganesh: White	Sunrise: 6:55AM	Vasavasu 5:127
		Yama 6.53AM – 8.08AM	Saubhagya Until 1:24AM Sat	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 27 - 16
Creative Work	Siddha Yoga	Rahu 10.38AM – 11.52AM	Tailila Until 7:36AM	Nataraja: Clear		3rd Phase
			Tritiya Until 8:50PM	Moon – Orange		
				Kartika-Alpasi	Bhuloka Day	Devaloka Time: 3PM to 6PM

4	Saturday, October 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Manta Vasara Yuktayam Malmö, Sweden			
	Anuradha Nakshatra Saubhagya Yoga Vanija/Vesli* Karana Chalutrayam Titau		Sun 17		Sutra 194	
Wischika Rasi: 17.58	Tilthi 4	Gulika 6.57AM – 8.11AM	Jyeshtha* Until 6:05AM Sun	Ganesh: White	Sunrise: 6:57AM	Vasavasu 5:127
		Yama 2.20PM – 3.34PM	Sobhana Until 2:14AM Sun	Muruga: Yellow	Sunset: 4:46PM	Moon 10 - Phase 27 - 17
Creative Work	Siddha Yoga	Rahu 9.25AM – 10.38AM	Vanija Until 10:06AM	Nataraja: Clear		3rd Phase
Until 6:05AM Sun			Chaluthri* Until 11:17PM	Moon – Orange		
Then Creative Work - Amrita Yoga				Kartika-Alpasi	Bhuloka Day	Devaloka Time: 3PM to 6PM

5	Sunday, October 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Malmö, Sweden			
	Mula*Purvashadha* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 18		Sutra 195	
Wischika Rasi: 29.52	Tilthi 5	Gulika 2.17PM – 3.30PM	Jyeshtha* Until 6:05AM	Ganesh: White	Sunrise: 7:00AM	Vasavasu 5:127
		Yama 11.51AM – 1.04PM	Athiganda* Until 2:54AM Mon	Muruga: Yellow	Sunset: 4:41PM	Moon 10 - Phase 27 - 18
Routine Work	Marana Yoga	Rahu 3.30PM – 4.43PM	Bava Until 12:29PM	Nataraja: Clear		3rd Phase
Until 6:05AM			Panchami Until 1:33AM Mon	Moon – Orange		
Then Creative Work - Amrita Yoga				Kartika-Alpasi	Bhuloka Day	Devaloka Time: 3PM to 6PM

6	Monday, October 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Malmö, Sweden			
	Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Tailila Karana Shashmyam Titau		Sun 19		Sutra 196	
Dhanus Rasi: 11.51	Tilthi 6	Gulika 1.04PM – 2.16PM	Mula* Until 8:55AM	Ganesh: Clear	Sunrise: 7:00AM	Vasavasu 5:127
Family Home Evening		Yama 10.39AM – 11.51AM	Sukama Until 3:19AM Tue	Muruga: Yellow	Sunset: 4:41PM	Moon 10 - Phase 27 - 19
Creative Work	Siddha Yoga	Rahu 8.14AM – 9.26AM	Kaulava Until 2:36PM	Nataraja: Clear		3rd Phase
Until 8:55AM			Shashthi* Until 3:29AM Tue	Moon – Light Blue		
Then Routine Work - Marana Yoga		Skanda Shashi		Kartika-Alpasi	Devaloka Day	

7	Tuesday, October 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Malmö, Sweden			
	Purvashadha*Uttarashadha Nakshatra Dhivli Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20		Sutra 197	
Retreat Star		Gulika 11.51AM – 1.03PM	Purvashadha* Until 11:14AM	Ganesh: Clear	Sunrise: 7:04AM	Vasavasu 5:127
Dhanus Rasi: 23.59	Tilthi 7	Yama 9.27AM – 10.39AM	Dhivli Until 3:22AM Wed	Muruga: Yellow	Sunset: 4:39PM	Moon 10 - Phase 27 - 20
Creative Work	Siddha Yoga	Rahu 2.15PM – 3.27PM	Gara Until 4:17PM	Nataraja: Clear		3rd Phase
Until 11:14AM			Saptami Until 4:54AM Wed	Moon – Light Blue		
Then Routine Work - Prabalarishta Yoga				Kartika-Alpasi	Devaloka Day	

8	Wednesday, October 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Malmö, Sweden			
	Uttarashadha/Shravana Nakshatra Shula* Yoga Vesli*/Bava Karana Ashtamyam Titau		Sun 21		Sutra 198	
Retreat Star		Gulika 10.40AM – 11.51AM	Uttarashadha Until 12:51PM	Ganesh: Clear	Sunrise: 7:06AM	Vasavasu 5:127
Makara Rasi: 6.2	Tilthi 8	Yama 8.17AM – 9.28AM	Shula* Until 2:52AM Thu	Muruga: Yellow	Sunset: 4:39PM	Moon 10 - Phase 27 - 21
Creative Work	Amrita Yoga	Rahu 11.51AM – 1.03PM	Vesli Until 5:24PM	Nataraja: Clear		Ashtami
Until 12:51PM			Ashtami* Until 5:39AM Thu	Moon – Light Blue		
Then Creative Work - Siddha Yoga				Kartika-Alpasi	Devaloka Day	

9	Thursday, October 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Malmö, Sweden			
	Shravana/Dhanishta Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 199	
Retreat Star		Gulika 9.29AM – 10.40AM	Shravana Until 2:06PM	Ganesh: Purple	Sunrise: 7:08AM	Vasavasu 5:127
Makara Rasi: 18.58	Tilthi 9	Yama 7.08AM – 8.19AM	Ganda* Until 1:47AM Fri	Muruga: Yellow	Sunset: 4:39PM	Moon 10 - Phase 27 - 22
Creative Work	Siddha Yoga	Rahu 1.02PM – 2.13PM	Balava Until 5:45PM	Nataraja: Clear		Navami
			Navami* Until 5:37AM Fri	Moon – Purple		
				Kartika-Alpasi	Bhuloka Day	Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Friday, October 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Satru Vasara Yuktyayam Dhanishtha/Shatabhishak Nakshatra Vitauh Yogi Talila/Gara Karana Dashanyam Titau	Malmö, Sweden Sun 23	Sutra 200
	Kumbha Rasi: 2	Tithi 10	Gulika 8:20AM - 9:30AM Yama 2:12PM - 3:22PM Rahu 10:41AM - 11:51AM	Dhanishtha Until 2:23PM Viddhi Until 12:04AM Sat Taitila Until 5:18PM Dashami Until 4:44AM Sat	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Purple Kartika-Alpasi
Creative Work	Siddha Yoga	694138574			Bhuloka Day Devaloka Time: 3PM to 6PM

2	Saturday, November 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Manu Vasara Yuktyayam Shatabhishak/Puravroshthapada* Nakshatra Dhruva Yoga Vanjiva/Visil* Karana Ekadashyam Titau	Malmö, Sweden Sun 24	Sutra 201
	Kumbha Rasi: 15.28	Tithi 11	Gulika 7:12AM - 8:22AM Yama 1:01PM - 2:11PM Rahu 9:31AM - 10:41AM	Shatabhishak Until 1:42PM Dhruva Until 9:39PM Vanija Until 4:00PM Ekadashi Until 3:02AM Sun	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Purple Kartika-Alpasi
Creative Work	Amrita Yoga	694138574			Bhuloka Day Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga					

3	Sunday, November 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Bhrua Vasara Yuktyayam Puravroshthapada*/Utarproshthapada Nakshatra Vyagha* Yoga Bava/Balava Karana Dvadashyam Titau	Malmö, Sweden Sun 25	Sutra 202
	Kumbha Rasi: 29.26	Tithi 12	Gulika 2:10PM - 3:19PM Yama 11:51AM - 1:00PM Rahu 3:19PM - 4:28PM	Puravroshthapada* Until 12:33PM Vyagha* Until 6:39PM Bava Until 1:55PM Dvadashi Until 12:36AM Mon	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Clear Kartika-Alpasi
Creative Work	Siddha Yoga	615138574			Devaloka Day
Then Creative Work - Amrita Yoga					

4	Monday, November 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Indu Vasara Yuktyayam Utarproshthapada/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taila Karana Trayodashyam Titau	Malmö, Sweden Sun 26	Sutra 203
	Meena Rasi: 13.52	Tithi 13	Gulika 1:00PM - 2:09PM Yama 10:42AM - 11:51AM Rahu 8:25AM - 9:34AM	Utarproshthapada Until 10:34AM Harshana Until 3:08PM Kaulava Until 11:10AM Trayodashi Until 9:34PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Clear Kartika-Alpasi
Creative Work	Siddha Yoga	615138574			Devaloka Day
Then Routine Work - Marana Yoga					

Pradosha Vata

5	Tuesday, November 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Mangala Vasara Yuktyayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau	Malmö, Sweden Sun 27	Sutra 204
	Meena Rasi: 28.43	Tithi 14	Gulika 11:51AM - 12:59PM Yama 9:35AM - 10:43AM Rahu 2:08PM - 3:16PM	Revati Until 7:55AM Vajra* Until 11:11AM Gara Until 7:54AM Chaturdashi* Until 6:06PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Clear Kartika-Alpasi
Creative Work	Siddha Yoga	615138574			Devaloka Day

○	Wednesday, November 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakhe Budha Vasara Yuktyayam Bharani Nakshatra Siddhi/Vyalipata* Yoga Bava/Balava Karana Prathama/Prahmanyam Titau	Malmö, Sweden Sun 28	Sutra 205
	Mesha Rasi: 13.51	Tithi 15 - 16	Gulika 10:43AM - 11:51AM Yama 8:28AM - 9:36AM Rahu 11:51AM - 12:59PM	Bharani Until 2:06AM Thu Siddhi Until 6:58AM Balava Until 12:26AM Thu Purnima* Until 2:21PM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - White Kartika-Alpasi
Creative Work	Siddha Yoga	625138574			Sivaloka Day
Then Routine Work - Marana Yoga					

○	Thursday, November 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakhe Guru Vasara Yuktyayam Kritika Nakshatra Varjyan Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau	Malmö, Sweden Sun 29	Sutra 206
	Mesha Rasi: 29.08	Tithi 16 - 17	Gulika 9:37AM - 10:44AM Yama 7:22AM - 8:29AM Rahu 12:58PM - 2:06PM	Kritika Until 10:55PM Varjyan Until 10:15PM Taila Until 8:35PM Prathama* Until 10:29AM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - White Kartika-Alpasi
Routine Work	Marana Yoga	625138574			Sivaloka Day

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyayam TilauMalmö, Sweden
Sun 1 Subra 207

Wishabha Rasi: 14.24 Tithi 17 - 18

Gulika 8:31AM - 9:38AM
Yama 2:05PM - 3:11PM
Rahu 10:44AM - 11:51AMRohini Until 8:09PM
Parigha* Until 6:02PM
Visiti Until 3:10AM SatGanesha: Purple Sunrise: 7:24AM
Muruga: Yellow Sunset: 4:18PM
Nataraja: ClearMoon 11 - Phase 29 - 1
1st PhaseRoutine Work Marana Yoga
Until 8:09PM
Then Creative Work - Siddha Yoga**Sivaloka Day****1 Saturday, November 8, 2025**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Marita Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaluriyayam TilauMalmö, Sweden
Sun 2 Subra 208

Wishabha Rasi: 29.28 Tithi 19

Gulika 7:26AM - 8:33AM
Yama 12:57PM - 2:04PM
Rahu 9:39AM - 10:45AMMrigashira Until 5:38PM
Shiva Until 2:07PM
Bava Until 1:33PMGanesha: Purple Sunrise: 7:26AM
Muruga: Yellow Sunset: 4:16PM
Nataraja: ClearMoon 11 - Phase 29 - 2
1st Phase

Creative Work Siddha Yoga

Sivaloka Day**2 Sunday, November 9, 2025**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhyha Yoga Kaulava/Taila Karana Panchamiyayam TilauMalmö, Sweden
Sun 3 Subra 209

Mithuna Rasi: 14.11 Tithi 20

Gulika 2:03PM - 3:09PM
Yama 11:51AM - 12:57PM
Rahu 3:09PM - 4:14PMArdra Until 3:30PM
Siddha Until 10:35AM
Kaulava Until 10:42AMGanesha: Purple Sunrise: 7:28AM
Muruga: Yellow Sunset: 4:14PM
Nataraja: ClearMoon 11 - Phase 29 - 3
1st Phase

Creative Work Siddha Yoga

Sivaloka Day**3 Monday, November 10, 2025**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhyha/Subha Yoga Gara/Vanija Karana Shashthiyayam TilauMalmö, Sweden
Sun 4 Subra 210

Mithuna Rasi: 28.29 Tithi 21

Gulika 12:57PM - 2:02PM
Yama 10:46AM - 11:51AM
Rahu 8:36AM - 9:41AMPunarvasu Until 2:18PM
Sadhyha Until 7:35AM
Gara Until 8:29AMGanesha: Clear Sunrise: 7:30AM
Muruga: Yellow Sunset: 4:12PM
Nataraja: ClearMoon 11 - Phase 29 - 4
1st PhaseCreative Work Amrita Yoga
Until 2:18PM
Then Creative Work - Siddha Yoga**Devaloka Day****4 Tuesday, November 11, 2025**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Visi*/Bava Karana Saptamiyayam TilauMalmö, Sweden
Sun 5 Subra 211

Kataka Rasi: 12.18 Tithi 22

Gulika 11:52AM - 12:56PM
Yama 9:42AM - 10:47AM
Rahu 2:01PM - 3:06PMPushya Until 1:45PM
Sukla Until 3:27AM Wed
Visiti Until 7:02AMGanesha: White Sunrise: 7:33AM
Muruga: Yellow Sunset: 4:11PM
Nataraja: ClearMoon 11 - Phase 29 - 5
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 3PM to 6PM

Wednesday, November 12, 2025**Retreat Star**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamiyayam TilauMalmö, Sweden
Sun 6 Subra 212

Kataka Rasi: 25.38 Tithi 23

Gulika 10:47AM - 11:52AM
Yama 8:39AM - 9:43AM
Rahu 11:52AM - 12:56PMAshlesha* Until 1:51PM
Brahma Until 2:22AM Thu
Balava Until 6:25AMGanesha: White Sunrise: 7:35AM
Muruga: Yellow Sunset: 4:09PM
Nataraja: ClearMoon 11 - Phase 29 - 6
Ashtami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**Visavasu Nama Samvatcare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra Yoga Taila/Gara Karana Navamiyayam TilauMalmö, Sweden
Sun 7 Subra 213

Simha Rasi: 8.33 Tithi 24

Gulika 9:44AM - 10:48AM
Yama 7:37AM - 8:40AM
Rahu 12:56PM - 1:59PMMagha* Until 3:03PM
Indra Until 1:53AM Fri
Taila Until 6:37AMGanesha: Yellow Sunrise: 7:37AM
Muruga: Yellow Sunset: 4:07PM
Nataraja: ClearMoon 11 - Phase 29 - 7
NavamiCreative Work Amrita Yoga
Until 3:03PM
Then Creative Work - Siddha Yoga**Devaloka Day**

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1

Friday, November 14, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sakra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Titau				Malmö, Sweden Sun 8	Sutra 214 Vasarasu 5127
Simha Rasi: 21.07	Tithi 25	Gulika 8:42AM - 9:45AM	Purvaphalguni Untill 4:47PM	Ganesha: Yellow	Sunrise: 7:39AM		
		Yama 1:59PM - 3:02PM	Vaidhri* Untill 1:52AM Sat	Muruga: Yellow	Sunset: 4:09PM	Moon 11 - Phase 30 - 8	2nd Phase
Creative Work	Siddha Yoga	Rahu 10:49AM - 11:52AM	Vanija Untill 7:35AM	Nataraja: Clear			
			Dashami Untill 8:17PM	Moon - Red			Devaloka Day
				Karttika-Alpasi			

2

Saturday, November 15, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Marita Vasara Yuktayam Uttaraphalguni Nakshatra Viskambha* Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden Sun 9	Sutra 215 Vasarasu 5127
Kanya Rasi: 3.23	Tithi 26	Gulika 7:41AM - 8:44AM	Uttaraphalguni Untill 6:53PM	Ganesha: Yellow	Sunrise: 7:41AM		
		Yama 12:55PM - 1:58PM	Vishkambha* Untill 2:15AM Sun	Muruga: Yellow	Sunset: 4:04PM	Moon 11 - Phase 30 - 9	2nd Phase
Routine Work	Marana Yoga	Rahu 9:46AM - 10:49AM	Bava Untill 9:10AM	Nataraja: Clear			
			Ekadashi* Untill 10:08PM	Moon - Red			Devaloka Day
				Karttika-Alpasi			

3

Sunday, November 16, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam Hasta Nakshatra Pili Yoga Kaulava/Talita Karana Dvadashyam Titau				Malmö, Sweden Sun 10	Sutra 216 Vasarasu 5127
Kanya Rasi: 15.29	Tithi 27	Gulika 1:57PM - 3:00PM	Hasta Untill 9:42PM	Ganesha: Yellow	Sunrise: 7:43AM		
		Yama 11:52AM - 12:55PM	Pili Untill 2:54AM Mon	Muruga: Yellow	Sunset: 4:03PM	Moon 11 - Phase 30 - 10	2nd Phase
Creative Work	Amrita Yoga	Rahu 3:00PM - 4:02PM	Kaulava Untill 11:13AM	Nataraja: Clear			
Untill 9:42PM			Dvadashi* Untill 12:20AM Mon	Moon - Green			Devaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai			

4

Monday, November 17, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden Sun 11	Sutra 217 Vasarasu 5127
Kanya Rasi: 27.27	Tithi 28	Gulika 12:54PM - 1:56PM	Chitra Untill 12:34AM Tue	Ganesha: Yellow	Sunrise: 7:45AM		
Family Home Evening		Yama 10:51AM - 11:52AM	Ayushman Untill 3:40AM Tue	Muruga: Yellow	Sunset: 4:00PM	Moon 11 - Phase 30 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	Rahu 8:47AM - 9:49AM	Gara Untill 1:33PM	Nataraja: Purple			
Untill 12:34AM Tue			Trayodashi* Untill 2:46AM Tue	Moon - Green			Sivaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai			
				Pradosha Vrata (Fasting)			

5

Tuesday, November 18, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden Sun 12	Sutra 218 Vasarasu 5127
Tula Rasi: 9.21	Tithi 29	Gulika 11:53AM - 12:54PM	Svali Untill 3:21AM Wed	Ganesha: Blue	Sunrise: 7:47AM		
		Yama 9:50AM - 10:51AM	Saubhagya Untill 4:31AM Wed	Muruga: Yellow	Sunset: 3:59PM	Moon 11 - Phase 30 - 12	2nd Phase
Creative Work	Siddha Yoga	Rahu 1:56PM - 2:57PM	Visi Untill 4:02PM	Nataraja: Purple			
			Chaturdashi* Untill 5:17AM Wed	Moon - Green			Devaloka Day
				Karttika-Karttikai			

●

Wednesday, November 19, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakra Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Karana Amavasyayam Titau				Malmö, Sweden Sun 13	Sutra 219 Vasarasu 5127
Retreat Star		Gulika 10:52AM - 11:53AM	Vishakha Untill 6:29AM Thu	Ganesha: Blue	Sunrise: 7:49AM		
Tula Rasi: 21.13	Tithi 30	Yama 8:50AM - 9:51AM	Sobhana Untill 5:24AM Thu	Muruga: Yellow	Sunset: 3:57PM	Moon 11 - Phase 30 - 13	Amavasya
Creative Work	Siddha Yoga	Rahu 11:53AM - 12:54PM	Caluspada Untill 6:34PM	Nataraja: Purple			
			Amavasya* Untill 7:48AM Thu	Moon - Orange			Devaloka Day
				Karttika-Karttikai			

Thursday, November 20, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakra Paksha Guru Vasara Yuktayam Vishakha/Ausadha Nakshatra Abhigand* Yoga Naga*/Kintughna* Karana Amavasya/Poornamayam Titau				Malmö, Sweden Sun 14	Sutra 220 Vasarasu 5127
Retreat Star		Gulika 9:52AM - 10:52AM	Vishakha Untill 6:29AM	Ganesha: Blue	Sunrise: 7:51AM		
Vishchika Rasi: 3.05	Tithi 30 - 1	Yama 7:51AM - 8:51AM	Abhiganda* Untill 6:12AM Fri	Muruga: Yellow	Sunset: 3:56PM	Moon 11 - Phase 30 - 14	Prathama
Creative Work	Siddha Yoga	Rahu 12:54PM - 1:54PM	Kintughna Untill 9:05PM	Nataraja: Purple			
			Amavasya* Untill 7:48AM	Moon - Orange			Devaloka Day
				Margasira-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1 Friday, November 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Sukra Vesara Yuktayam Anuradha/Jyeshtha* Nakshatra Abhiganda/Sukama Yoga Bava/Balava Karana Pratham/Dvijayam Titau				Malmö, Sweden Sun 15	Sutra 221
Wischika Rasi: 14.58	Tilthi 1 – 2	Gulika 8:53AM – 9:53AM	Anuradha Untill 9:24AM	Ganesha: Blue	Sunrise: 7:52AM		Vesavasa: 5:17
		Yama 1:54PM – 2:54PM	Abhiganda* Untill 6:12AM	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 31 - 15	3rd Phase
Creative Work	Siddha Yoga	Rahu 10:53AM – 11:53AM	Balava Untill 11:30PM	Nataraja: Purple			
Untill 9:24AM			Prathama* Untill 10:17AM	Moon - Orange			Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai			

2 Saturday, November 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Manta Vesara Yuktayam Jyeshtha/Mula* Nakshatra Sukama/Uhriti/Yoga Kaulava/Taila Karana Dvitiya/Trityayam Titau				Malmö, Sweden Sun 16	Sutra 222
Wischika Rasi: 26.53	Tilthi 2 – 3	Gulika 7:54AM – 8:54AM	Jyeshtha* Untill 12:04PM	Ganesha: Blue	Sunrise: 7:54AM		Vesavasa: 5:17
		Yama 12:54PM – 1:53PM	Sukarma Untill 6:57AM	Muruga: Yellow	Sunset: 3:53PM	Moon 11 - Phase 31 - 16	3rd Phase
Creative Work	Siddha Yoga	Rahu 9:54AM – 10:54AM	Tailita Untill 1:49AM Sun	Nataraja: Purple			
Untill 9:24AM			Dvitiya Untill 12:39PM	Moon - Orange			Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai			

3 Sunday, November 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Bharu Vesara Yuktayam Mula/Purvashada* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Malmö, Sweden Sun 17	Sutra 223
Dhanus Rasi: 8.52	Tilthi 3 – 4	Gulika 1:53PM – 2:52PM	Mula* Untill 2:55PM	Ganesha: Blue	Sunrise: 7:56AM		Vesavasa: 5:17
		Yama 11:54AM – 11:54AM	Dhriti Untill 7:36AM	Muruga: Yellow	Sunset: 3:53PM	Moon 11 - Phase 31 - 17	3rd Phase
Creative Work	Amrita Yoga	Rahu 2:52PM – 3:52PM	Vanija Untill 3:55AM Mon	Nataraja: Purple			
Untill 2:55PM			Tritiya Untill 2:52PM	Moon - Light Blue			Devaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

4 Monday, November 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Indu Vesara Yuktayam Purvashada/Uttarashada Nakshatra Shula/Ganda* Yoga Vasi/Bava Karana Chaturthi/Panchayam Titau				Malmö, Sweden Sun 18	Sutra 224
Dhanus Rasi: 20.55	Tilthi 4 – 5	Gulika 12:53PM – 1:52PM	Purvashada* Untill 5:21PM	Ganesha: Blue	Sunrise: 7:58AM		Vesavasa: 5:17
Family Home Evening		Yama 10:55AM – 11:54AM	Shula* Untill 8:04AM	Muruga: Yellow	Sunset: 3:50PM	Moon 11 - Phase 31 - 18	3rd Phase
Routine Work	Marana Yoga	Rahu 8:57AM – 9:56AM	Bava Untill 5:44AM Tue	Nataraja: Purple			
Untill 2:55PM			Chaturthi* Untill 4:51PM	Moon - Light Blue			Devaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

5 Tuesday, November 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Mangala Vesara Yuktayam Uttarashada Nakshatra Ganda* Widdhi Yoga Balava Karana Panchayam Titau				Malmö, Sweden Sun 19	Sutra 225
Makara Rasi: 3.05	Tilthi 5	Gulika 11:55AM – 12:53PM	Uttarashada Untill 7:18PM	Ganesha: Red	Sunrise: 8:04AM		Vesavasa: 5:17
		Yama 9:57AM – 10:56AM	Ganda* Untill 8:19AM	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 31 - 19	3rd Phase
Routine Work	Prabalarishtha Yoga	Rahu 1:52PM – 2:51PM	Balava Untill 6:28PM	Nataraja: Purple			
Untill 7:18PM			Panchami Untill 6:28PM	Moon - Light Blue			Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

6 Wednesday, November 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Butha Vesara Yuktayam Shravana Nakshatra Dhruva/Dhruva Yoga Kaulava/Tailita Karana Shashthiyam Titau				Malmö, Sweden Sun 20	Sutra 226
Makara Rasi: 15.26	Tilthi 6	Gulika 10:57AM – 11:55AM	Shravana Untill 9:05PM	Ganesha: Blue	Sunrise: 8:04AM		Vesavasa: 5:17
		Yama 9:00AM – 9:58AM	Widdhi Untill 8:14AM	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 31 - 20	3rd Phase
Creative Work	Siddha Yoga	Rahu 11:55AM – 12:53PM	Kaulava Untill 7:07AM	Nataraja: Purple			
Untill 9:05PM			Shashthi* Untill 7:35PM	Moon - Purple			Subha Sivaloka Day
Then Routine Work - Prabalarishtha Yoga				Margasira-Karttikai			

Thursday, November 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Guru Vesara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptayam Titau				Malmö, Sweden Sun 21	Sutra 227
Retreat Star		Gulika 9:59AM – 10:57AM	Dhanishtha Untill 10:05PM	Ganesha: Blue	Sunrise: 8:04AM		Vesavasa: 5:17
Makara Rasi: 28.02	Tilthi 7	Yama 8:04AM – 9:01AM	Dhruva Untill 7:41AM	Muruga: Yellow	Sunset: 3:47PM	Moon 11 - Phase 31 - 21	3rd Phase
Creative Work	Siddha Yoga	Rahu 12:53PM – 1:51PM	Gara Untill 7:56AM	Nataraja: Purple			
Untill 9:05PM			Saptami Untill 8:05PM	Moon - Purple			Subha Sivaloka Day
Then Routine Work - Siddha Yoga				Margasira-Karttikai			

Friday, November 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Sukra Vesara Yuktayam Shatabhishak Nakshatra Vyaghata/Harshana Yoga Vasi/Bava Karana Ashtayam Titau				Malmö, Sweden Sun 22	Sutra 228
Retreat Star		Gulika 9:03AM – 10:00AM	Shatabhishak Untill 10:13PM	Ganesha: Blue	Sunrise: 8:05AM		Vesavasa: 5:17
Kumbha Rasi: 10.57	Tilthi 8	Yama 1:51PM – 2:48PM	Vyaghata* Untill 6:38AM	Muruga: Yellow	Sunset: 3:46PM	Moon 11 - Phase 31 - 22	Ashtami
Creative Work	Siddha Yoga	Rahu 10:58AM – 11:56AM	Vasi Untill 8:04AM	Nataraja: Purple			
Untill 9:05PM			Ashlami* Untill 7:49PM	Moon - Purple			Subha Sivaloka Day
Then Routine Work - Siddha Yoga				Margasira-Karttikai			

Saturday, November 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mare Sula Pakhe Manta Vesara Yuktayam Purvaprosarthapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden Sun 23	Sutra 229
Retreat Star		Gulika 8:07AM – 9:04AM	Purvaprosarthapada* Untill 9:53PM	Ganesha: Purple	Sunrise: 8:07AM		Vesavasa: 5:17
Kumbha Rasi: 24.16	Tilthi 9	Yama 12:53PM – 1:50PM	Vajra* Untill 2:42AM Sun	Muruga: Yellow	Sunset: 3:46PM	Moon 11 - Phase 31 - 23	Navami
Creative Work	Marana Yoga	Rahu 10:01AM – 10:59AM	Balava Untill 7:25AM	Nataraja: Purple			
Untill 9:53PM			Navami* Untill 6:47PM	Moon - Clear			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1 Sunday, November 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Malmö, Sweden Uttaragrosihnapada Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 24 Sutra 230			
Mesha Rasi: 8.02	Tithi 10 – 11	Gulika 1:50PM – 2:47PM	Uttaragrosihnapada Until 8:39PM	Ganesh: Purple Sunrise: 8:09AM	Vishvasu 5:27
		Yama 11:56AM – 12:53PM	Siddhi Until 11:49PM	Muruga: Yellow Sunset: 3:49PM	Moon 11 - Phase 32 - 24
Creative Work	Amrita Yoga	Rahu 2:47PM – 3:44PM	Vanija Until 3:49AM Mon	Nataraja: Purple	4th Phase
			Dashami Until 4:58PM	Moon – Clear	Subha Sivaloka Day
				Margasira-Karttikai	

2 Monday, December 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vesara Yukatayam Malmö, Sweden Revati Nakshatra Vyalipala* Yoga Visi* Bava Karana Ekadashtidvadashtyam Titau Sun 25 Sutra 231			
Mesha Rasi: 22.15	Tithi 11 – 12	Gulika 12:53PM – 1:50PM	Revati Until 6:36PM	Ganesh: Clear Sunrise: 8:10AM	Vishvasu 5:27
Family Home Evening		Yama 11:00AM – 11:57AM	Vyalipala* Until 8:25PM	Muruga: Yellow Sunset: 3:49PM	Moon 11 - Phase 32 - 25
Creative Work	Siddha Yoga	Rahu 9:07AM – 10:03AM	Bava Until 1:00AM Tue	Nataraja: Purple	4th Phase
			Ekadashi Until 2:28PM	Moon – Clear	Sivaloka Day
		Gita Jayanthi		Margasira-Karttikai	

3 Tuesday, December 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vesara Yukatayam Malmö, Sweden Ashvini/Bharani Nakshatra Varjani/Parigat* Yoga Balava/Kaulava Karana Dvadashtitrayodeshtyam Titau Sun 26 Sutra 232			
Mesha Rasi: 6.55	Tithi 12 – 13	Gulika 11:57AM – 12:53PM	Ashvini Until 4:17PM	Ganesh: White Sunrise: 8:12AM	Vishvasu 5:27
		Yama 10:04AM – 11:01AM	Varjani Until 4:34PM	Muruga: Yellow Sunset: 3:49PM	Moon 11 - Phase 32 - 26
Creative Work	Siddha Yoga	Rahu 1:50PM – 2:46PM	Kaulava Until 9:42PM	Nataraja: Purple	4th Phase
			Dvadashti Until 11:23AM	Moon – White	Devaloka Day
				Margasira-Karttikai	

Pradosha Vata

4 Wednesday, December 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vesara Yukatayam Malmö, Sweden Bharani/Krittika Nakshatra Parigat*/Shiva Yoga Talika/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 233			
Mesha Rasi: 21.56	Tithi 13 – 14	Gulika 11:01AM – 11:57AM	Bharani Until 1:27PM	Ganesh: White Sunrise: 8:13AM	Vishvasu 5:27
		Yama 9:09AM – 10:05AM	Parigat* Until 12:24PM	Muruga: Yellow Sunset: 3:49PM	Moon 11 - Phase 32 - 27
Creative Work	Siddha Yoga	Rahu 11:57AM – 12:53PM	Gara Until 6:02PM	Nataraja: Purple	4th Phase
Until 1:27PM		Krittika Deepam	Trayodashi Until 7:53AM	Moon – White	Devaloka Day
Then Creative Work - Amrita Yoga				Margasira-Karttikai	

Thursday, December 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vesara Yukatayam Malmö, Sweden Krittika/Rohini Nakshatra Shiva/Siddha Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 234			
Copper Retreat Star		Gulika 10:06AM – 11:02AM	Krittika Until 10:16AM	Ganesh: White Sunrise: 8:15AM	Vishvasu 5:27
Wishabha Rasi: 7.11	Tithi 15	Yama 8:15AM – 9:11AM	Shiva Until 8:04AM	Muruga: Yellow Sunset: 3:49PM	Moon 11 - Phase 32 - Purnima
Routine Work	Marana Yoga	Rahu 12:54PM – 1:49PM	Visi Until 2:13PM	Nataraja: Purple	
			Purnima* Until 12:16AM Fri	Moon – White	Devaloka Day
				Margasira-Karttikai	

Friday, December 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vesara Yukatayam Malmö, Sweden Rohini/Mrgashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 235			
Silver Retreat Star		Gulika 9:12AM – 10:07AM	Rohini Until 7:19AM	Ganesh: Yellow Sunrise: 8:17AM	Vishvasu 5:27
Wishabha Rasi: 22.29	Tithi 16	Yama 1:49PM – 2:45PM	Sadya Until 11:22PM	Muruga: Yellow Sunset: 3:49PM	Moon 11 - Phase 32 - Prathama
Routine Work	Marana Yoga	Rahu 11:03AM – 11:58AM	Balava Until 10:23AM	Nataraja: Purple	
Until 7:19AM			Prathama* Until 8:31PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins		Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 7.4 TITHI 17 - 18
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Mania Vasara Yuktyam
 Andra Nakshatra Subha Yoga
Gulika 8:18AM - 9:13AM
 Yama 12:54PM - 1:49PM
Rahu 10:08AM - 11:04AM

Andra Until 1:41AM Sun
 Subha Until 7:21PM
 Taillika Until 6:45AM
Dvitiya Until 5:03PM

Ganesh: Yellow Sunrise: 8:06AM
 Muruga: Yellow Sunset: 3:39PM
 Nataraja: Purple
 Moon - Yellow
 Margasira-Kartikaki

Malmö, Sweden
 Sun 1 Subra 236
 Vishvasu 5127
 Moon 12 - Phase 33 - 1
 1st Phase

Sivaloka Day**Sunday, December 7, 2025**

1
 Mithuna Rasi: 22.34 TITHI 18 - 19
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Bhamu Vasara Yuktyam
 Punarvasu Nakshatra Sukla/Brahma Yoga Vasi/Bava Karana Tritiya/Charurtham Titau
Gulika 1:49PM - 2:44PM
 Yama 11:59AM - 12:54PM
Rahu 2:44PM - 3:39PM

Punarvasu Until 11:46PM
 Sukla Until 3:41PM
 Bava Until 12:45AM Mon
Tritiya Until 2:01PM

Ganesh: Blue Sunrise: 8:19AM
 Muruga: Yellow Sunset: 3:39PM
 Nataraja: Purple
 Moon - Blue
 Margasira-Kartikaki

Malmö, Sweden
 Sun 2 Subra 237
 Vishvasu 5127
 Moon 12 - Phase 33 - 2
 1st Phase

Devaloka Day**Monday, December 8, 2025**

2
 Kataka Rasi: 7.02 TITHI 19 - 20
Family Home Evening
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Indu Vasara Yuktyam
 Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurthi/Panchamam Titau
Gulika 12:54PM - 1:49PM
 Yama 11:05AM - 12:00PM
Rahu 9:15AM - 10:10AM

Pushya Until 10:24PM
 Brahma Until 12:33PM
 Kaulava Until 10:43PM
Chalurthi Until 11:37AM

Ganesh: Blue Sunrise: 8:21AM
 Muruga: Yellow Sunset: 3:38PM
 Nataraja: Purple
 Moon - Blue
 Margasira-Kartikaki

Malmö, Sweden
 Sun 3 Subra 238
 Vishvasu 5127
 Moon 12 - Phase 33 - 3
 1st Phase

Devaloka Day**Tuesday, December 9, 2025**

3
 Kataka Rasi: 21.02 TITHI 20 - 21
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Mangala Vasara Yuktyam
 Ashlesha Nakshatra Indra/Vaidhiti Yoga Talika/Gara Karana Panchami/Shashtham Titau
Gulika 12:00PM - 12:55PM
 Yama 10:11AM - 11:06AM
Rahu 1:49PM - 2:44PM

Ashlesha Until 9:42PM
 Indra Until 10:03AM
 Gara Until 9:32PM
Panchami Until 10:00AM

Ganesh: White Sunrise: 8:20AM
 Muruga: Yellow Sunset: 3:38PM
 Nataraja: Purple
 Moon - Blue
 Margasira-Kartikaki

Malmö, Sweden
 Sun 4 Subra 239
 Vishvasu 5127
 Moon 12 - Phase 33 - 4
 1st Phase

Devaloka Day**Wednesday, December 10, 2025**

4
 Simha Rasi: 4.31 TITHI 21 - 22
 Creative Work Siddha Yoga
 Until 10:10PM
 Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Budha Vasara Yuktyam
 Magha Nakshatra Vaidhiti/Vishkambha Yoga Vanja/Vasi Karana Shashthi/Saptamam Titau
Gulika 11:06AM - 12:00PM
 Yama 9:18AM - 10:12AM
Rahu 12:00PM - 12:55PM

Magha Until 10:10PM
 Vaidhiti Until 8:12AM
 Vasi Until 9:14PM
Shashthi Until 9:15AM

Ganesh: Clear Sunrise: 8:23AM
 Muruga: Yellow Sunset: 3:38PM
 Nataraja: Purple
 Moon - Red
 Margasira-Kartikaki

Malmö, Sweden
 Sun 5 Subra 240
 Vishvasu 5127
 Moon 12 - Phase 33 - 5
 1st Phase

Sivaloka Day**Thursday, December 11, 2025****Retreat Star**

Simha Rasi: 17.31 TITHI 22 - 23
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Guru Vasara Yuktyam
 Uttaraphalguni Nakshatra Viskambha/Prih Yoga Bava/Balava Karana Saptami/Ashtami/Navamam Titau
Gulika 10:13AM - 11:07AM
 Yama 8:24AM - 9:19AM
Rahu 12:55PM - 1:49PM

Purvaphalguni Until 11:22PM
 Vishkambha Until 7:05AM
 Balava Until 9:50PM
Saptami Until 9:24AM

Ganesh: Purple Sunrise: 8:24AM
 Muruga: Yellow Sunset: 3:37PM
 Nataraja: Purple
 Moon - Red
 Margasira-Kartikaki

Malmö, Sweden
 Sun 6 Subra 241
 Vishvasu 5127
 Moon 12 - Phase 33 - 6
 Ashtami

Subha Sivaloka Day**Friday, December 12, 2025****Retreat Star**

Kanya Rasi: 0.06 TITHI 23 - 24
 Creative Work Siddha Yoga
 Until 1:08AM Sat
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkika Mase Krishna Paksha Sulea Vasara Yuktyam
 Uttaraphalguni Nakshatra Prih/Ajyomhan Yoga Kaulava/Tailika Karana Ashtami/Navamam Titau
Gulika 9:20AM - 10:14AM
 Yama 1:49PM - 2:43PM
Rahu 11:07AM - 12:01PM

Uttaraphalguni Until 1:08AM Sat
 Prih Until 6:39AM
 Tailika Until 11:13PM
Ashtami Until 10:25AM

Ganesh: Purple Sunrise: 8:26AM
 Muruga: Yellow Sunset: 3:37PM
 Nataraja: Purple
 Moon - Red
 Margasira-Kartikaki

Malmö, Sweden
 Sun 7 Subra 242
 Vishvasu 5127
 Moon 12 - Phase 33 - 7
 Navami

Subha Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1	Saturday, December 13, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mantu Vesara Yuktayam Malmö, Sweden			
	Hassta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau Sun 8		Subra 243			
Kanya Rasi: 12.22	Tithi 24 – 25	Gulika 8:27AM – 9:20AM	Hassta Untill 3:49AM Sun	Ganesha: Clear	Sunrise: 8:27AM	Vesavasa 5127
		Yama 12:56PM – 1:50PM	Ayushman Untill 6:44AM	Muruga: Yellow	Sunset: 3:37PM	Moon 12 - Phase 34 - 1
		Rahu 10:14AM – 11:08AM	Vanija Untill 1:14AM Sun	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Navami* Untill 12:08PM	Moon - Green		Sivaloka Day
Untill 3:49AM Sun				Margasira-Karttikai		
Then Creative Work	Siddha Yoga					

2	Sunday, December 14, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktayam Malmö, Sweden			
	Chitra Nakshatra Saubhagya/Sobhana Yoga Visi*/Bava Karana Dashami/Ekadasmyam Titau Sun 9		Subra 244			
Kanya Rasi: 24.25	Tithi 25 – 26	Gulika 1:50PM – 2:43PM	Chitra Untill 6:40AM Mon	Ganesha: Clear	Sunrise: 8:28AM	Vesavasa 5127
		Yama 12:02PM – 12:56PM	Saubhagya Untill 7:15AM	Muruga: Yellow	Sunset: 3:37PM	Moon 12 - Phase 34 - 9
		Rahu 2:43PM – 3:37PM	Bava Untill 3:38AM Mon	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Untill 2:23PM	Moon - Green		Sivaloka Day
Untill 6:40AM Mon				Margasira-Karttikai		
Then Creative Work	Amrita Yoga					

3	Monday, December 15, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vesara Yuktayam Malmö, Sweden			
	Chitra/Sivali Nakshatra Abhiganda* Yoga Balava/Kaulana Karana Ekadashi/Dwadashmyam Titau Sun 10		Subra 245			
Tula Rasi: 6.19	Tithi 26 – 27	Gulika 12:56PM – 1:50PM	Chitra Untill 6:40AM	Ganesha: Clear	Sunrise: 8:29AM	Vesavasa 5127
Family Home Evening		Yama 11:09AM – 12:03PM	Sobhana Untill 8:02AM	Muruga: Yellow	Sunset: 3:37PM	Moon 12 - Phase 34 - 10
		Rahu 9:22AM – 10:16AM	Kaulava Untill 6:13AM Tue	Nataraja: Purple		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Untill 4:54PM	Moon - Green		Sivaloka Day
Untill 6:40AM		Markali Pillayar		Margasira-Markali		
Then Creative Work	Amrita Yoga					

4	Tuesday, December 16, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam Malmö, Sweden			
	Sivali/Vishakha Nakshatra Abhiganda* Sukama Yoga Kaulava/Tilla Karana Dvadashi/Dwadashmyam Titau Sun 11		Subra 246			
Tula Rasi: 18.1	Tithi 27	Gulika 12:03PM – 12:57PM	Sivali Untill 9:31AM	Ganesha: Purple	Sunrise: 8:30AM	Vesavasa 5127
		Yama 10:17AM – 11:10AM	Abhiganda* Untill 8:54AM	Muruga: Yellow	Sunset: 3:37PM	Moon 12 - Phase 34 - 11
		Rahu 1:50PM – 2:44PM	Kaulava Untill 6:13AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Untill 7:30PM	Moon - Green		Subha Sivaloka Day
Untill 9:31AM				Margasira-Markali		
Then Routine Work	Marana Yoga					

5	Wednesday, December 17, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam Malmö, Sweden			
	Vishakha/Anuradha Nakshatra Sukama/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau Sun 12		Subra 247			
Wischika Rasi: 0.01	Tithi 28	Gulika 11:11AM – 12:04PM	Vishakha Untill 12:42PM	Ganesha: Clear	Sunrise: 8:30AM	Vesavasa 5127
		Yama 9:24AM – 10:17AM	Sukama Untill 9:46AM	Muruga: Yellow	Sunset: 3:37PM	Moon 12 - Phase 34 - 12
		Rahu 12:04PM – 12:57PM	Gara Untill 8:49AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Untill 10:04PM	Moon - Orange		Sivaloka Day
Untill 9:31AM				Margasira-Markali		
Then Creative Work						

Pradosha Vata (Fasting)

6	Thursday, December 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktayam Malmö, Sweden			
	Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sakuni* Karana Chaturdashmyam Titau Sun 13		Subra 248			
Wischika Rasi: 11.53	Tithi 29	Gulika 10:18AM – 11:11AM	Anuradha Untill 3:35PM	Ganesha: Clear	Sunrise: 8:31AM	Vesavasa 5127
		Yama 8:31AM – 9:25AM	Dhriti Untill 10:35AM	Muruga: Yellow	Sunset: 3:38PM	Moon 12 - Phase 34 - 13
		Rahu 12:58PM – 1:51PM	Visi Untill 11:19AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Untill 12:28AM Fri	Moon - Orange		Sivaloka Day
Untill 3:35PM				Margasira-Markali		
Then Routine Work	Prabalarishta Yoga					

●	Friday, December 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam Malmö, Sweden			
	Retreat Star		Sun 14			
Wischika Rasi: 23.5	Tithi 30	Gulika 9:25AM – 10:18AM	Jyeshtha* Untill 6:08PM	Ganesha: Clear	Sunrise: 8:32AM	Vesavasa 5127
		Yama 1:51PM – 2:45PM	Shula* Untill 11:13AM	Muruga: Yellow	Sunset: 3:38PM	Moon 12 - Phase 34 - 14
		Rahu 11:12AM – 12:05PM	Catuspada Untill 1:37PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga		Amavasya* Untill 2:41AM Sat	Moon - Orange		Sivaloka Day
Untill 6:08PM		Hanumath Jayanthi (Tamil Nadu)		Margasira-Markali		
Then Creative Work	Amrita Yoga					

●	Saturday, December 20, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mantu Vesara Yuktayam Malmö, Sweden			
	Retreat Star		Sun 15			
Dhanus Rasi: 5.52	Tithi 1	Gulika 8:33AM – 9:26AM	Mula* Untill 8:48PM	Ganesha: Light Blue	Sunrise: 8:33AM	Vesavasa 5127
		Yama 12:59PM – 1:52PM	Ganda* Untill 11:43AM	Muruga: Yellow	Sunset: 3:38PM	Moon 12 - Phase 34 - 15
		Rahu 10:19AM – 11:12AM	Kintughna Untill 3:43PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Untill 4:38AM Sun	Moon - Light Blue		Devaloka Day
Untill 6:08PM				Pausha-Markali		
Then Creative Work						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yuktiyam				Malmö, Sweden
Purvashada* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Titau		Sun 16		Sutra 251		
Dhanus Rasi: 17.59	Tithi 2	Gulika 1:52PM - 2:46PM	Purvashada* Until 11:02PM	Ganesh: Light Blue	Sunrise: 8:23AM	Vasarasu 5:17
		Yama 12:06PM - 12:59PM	Viddhi Until 12:02PM	Muruga: Yellow	Sunset: 3:39PM	Moon 12 - Phase 35 - 16
Creative Work Siddha Yoga		Rahu 2:46PM - 3:39PM	Balava Until 5:32PM	Nataraja: Purple		3rd Phase
Until 11:02PM		Day 1 of Pancha Ganapati		Dvitiya Until 6:19AM Mon		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali		

2 Monday, December 22, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktiyam				Malmö, Sweden
Uttarashada* Nakshatra Dhruva/Yyaghat* Yoga Kaulava/Taila Karana Dvityayam/Tritiyayam Titau		Sun 17		Sutra 252		
Makara Rasi: 0.13	Tithi 2 - 3	Gulika 1:00PM - 1:53PM	Uttarashada Until 12:50AM Tue	Ganesh: Light Blue	Sunrise: 8:34AM	Vasarasu 5:17
Family Home Evening		Yama 11:13AM - 12:06PM	Dhruva Until 12:07PM	Muruga: Yellow	Sunset: 3:39PM	Moon 12 - Phase 35 - 17
Routine Work Marana Yoga		Rahu 9:27AM - 10:20AM	Taila Until 7:04PM	Nataraja: Purple		3rd Phase
Until 12:50AM Tue		Day 2 of Pancha Ganapati		Dvitiya Until 6:19AM		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		

3 Tuesday, December 23, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktiyam				Malmö, Sweden
Uttarashada* Nakshatra Yyaghat* Harshana Yoga Gara/Vanija Karana Tritiyam/Chaturtham Titau		Sun 18		Sutra 253		
Makara Rasi: 12.35	Tithi 3 - 4	Gulika 12:07PM - 1:00PM	Shravana Until 2:37AM Wed	Ganesh: Purple	Sunrise: 8:44AM	Vasarasu 5:17
		Yama 10:21AM - 11:14AM	Vyaghat* Until 11:58AM	Muruga: Yellow	Sunset: 3:40PM	Moon 12 - Phase 35 - 18
Creative Work Siddha Yoga		Rahu 1:53PM - 2:47PM	Vanija Until 8:16PM	Nataraja: Purple		3rd Phase
Until 2:37AM Wed		Day 3 of Pancha Ganapati		Tritiya Until 7:42AM		Devaloka Day
Then Routine Work - Prabalashita Yoga				Pausha-Markali		

4 Wednesday, December 24, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktiyam				Malmö, Sweden
Uttarashada* Nakshatra Harshana/Vajra* Yoga Visi* Bava Karana Chaturtham/Panchamam Titau		Sun 19		Sutra 254		
Makara Rasi: 25.06	Tithi 4 - 5	Gulika 11:14AM - 12:07PM	Dhanishtha Until 3:49AM Thu	Ganesh: Purple	Sunrise: 8:54AM	Vasarasu 5:17
		Yama 9:28AM - 10:21AM	Harshana Until 11:32AM	Muruga: Yellow	Sunset: 3:40PM	Moon 12 - Phase 35 - 19
Routine Work Prabalashita Yoga		Rahu 12:07PM - 1:01PM	Bava Until 9:03PM	Nataraja: Purple		3rd Phase
Until 3:49AM Thu		Day 4 of Pancha Ganapati		Chaturthi* Until 8:42AM		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		

5 Thursday, December 25, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktiyam				Malmö, Sweden
Uttarashada* Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamam Titau		Sun 20		Sutra 255		
Kumbha Rasi: 7.49	Tithi 5 - 6	Gulika 10:21AM - 11:15AM	Shalabhshak Until 4:23AM Fri	Ganesh: Purple	Sunrise: 8:54AM	Vasarasu 5:17
		Yama 8:35AM - 9:28AM	Vajra* Until 10:44AM	Muruga: Yellow	Sunset: 3:40PM	Moon 12 - Phase 35 - 20
Creative Work Siddha Yoga		Rahu 1:01PM - 1:55PM	Kaulava Until 9:21PM	Nataraja: Purple		3rd Phase
Until 9:21PM		Day 5 of Pancha Ganapati		Panchami Until 9:15AM		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		

6 Friday, December 26, 2025		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Satra Vasara Yuktiyam				Malmö, Sweden
Purvaprosarthapada* Nakshatra Siddhi/Vyjalpata* Yoga Talila/Gara Karana Shashthi/Saptamam Titau		Sun 21		Sutra 256		
Kumbha Rasi: 20.47	Tithi 6 - 7	Gulika 9:29AM - 10:22AM	Purvaprosarthapada* Until 4:41AM Sat	Ganesh: Green	Sunrise: 8:54AM	Vasarasu 5:17
		Yama 1:55PM - 2:49PM	Siddhi Until 9:32AM	Muruga: Yellow	Sunset: 3:40PM	Moon 12 - Phase 35 - 21
Creative Work Siddha Yoga		Rahu 11:15AM - 12:09PM	Gara Until 9:05PM	Nataraja: Clear		3rd Phase
Until 9:05PM		Day 6 of Pancha Ganapati		Shashthi* Until 9:17AM		Bhuloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		Devaloka Time: 3PM to 6PM

Retreat Star		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yuktiyam				Malmö, Sweden
Uttaraprosarthapada* Nakshatra Vyjalpata* Nanyan* Yoga Vanija/Visi* Karana Saptami/Ashamam Titau		Sun 22		Sutra 257		
Meena Rasi: 4.03	Tithi 7 - 8	Gulika 8:35AM - 9:29AM	Uttaraprosarthapada Until 4:14AM Sun	Ganesh: Green	Sunrise: 8:54AM	Vasarasu 5:17
		Yama 1:02PM - 1:56PM	Vyjalpata* Until 7:53AM	Muruga: Yellow	Sunset: 3:40PM	Moon 12 - Phase 35 - 22
Creative Work Siddha Yoga		Rahu 10:22AM - 11:16AM	Visi Until 8:13PM	Nataraja: Clear		Ashlami
Until 4:14AM Sun		Day 7 of Pancha Ganapati		Saptami Until 8:43AM		Bhuloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali		Devaloka Time: 3PM to 6PM

Retreat Star		Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yuktiyam				Malmö, Sweden
Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashlami/Navamam Titau		Sun 23		Sutra 258		
Meena Rasi: 17.4	Tithi 8 - 9	Gulika 1:57PM - 2:50PM	Revati Until 3:01AM Mon	Ganesh: Green	Sunrise: 8:34AM	Vasarasu 5:17
		Yama 12:10PM - 1:03PM	Parigha* Until 3:05AM Mon	Muruga: Yellow	Sunset: 3:40PM	Moon 12 - Phase 35 - 23
Creative Work Amrita Yoga		Rahu 2:50PM - 3:44PM	Balava Until 6:42PM	Nataraja: Clear		Navami
Until 3:01AM Mon		Day 8 of Pancha Ganapati		Ashlami* Until 7:31AM		Bhuloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbanded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam				Malmö, Sweden
		Ashvini Nakshatra Shiva Yoga Taitilla/Gara Karana Dashamayam Titau				Sun 24 Sutra 259
Mesha Rasi: 1.4	Tithi 10	Gulika 1:04PM - 1:57PM	Ashvini Until 1:32AM Tue	Ganesh: Red Sunrise: 8:36AM		Viswasa 5127
Family Home Evening	822338576	Yama 11:16AM - 12:10PM	Shiva Until 11:59PM	Muruga: Yellow Sunset: 3:49PM	Moon 12 - Phase 36 - 24	4th Phase
Creative Work	Siddha Yoga	Rahu 9:29AM - 10:23AM	Taitilla Until 4:36PM	Nataraja: Clear		
				Moon - White	Devaloka Day	
				Pausha-Markali		
				Dashami Until 3:20AM Tue		

2 Tuesday, December 30, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam				Malmö, Sweden
		Bharani Nakshatra Siddha Yoga Vanija/Visli" Karana Ekadashyam Titau				Sun 25 Sutra 260
Mesha Rasi: 16.01	Tithi 11	Gulika 12:11PM - 1:04PM	Bharani Until 11:25PM	Ganesh: Red Sunrise: 8:36AM		Viswasa 5127
	822338576	Yama 10:23AM - 11:17AM	Siddha Until 8:28PM	Muruga: Yellow Sunset: 3:49PM	Moon 12 - Phase 36 - 25	4th Phase
Creative Work	Siddha Yoga	Rahu 1:58PM - 2:52PM	Vanija Until 1:58PM	Nataraja: Clear		
				Moon - White	Devaloka Day	
				Pausha-Markali		
				Ekadashi Until 12:28AM Wed		
				Valkuntha Ekadasi		

3 Wednesday, December 31, 2025		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vasara Yuktayam				Malmö, Sweden
		Kritika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26 Sutra 261
Wishabha Rasi: 0.43	Tithi 12	Gulika 11:17AM - 12:11PM	Kritika Until 8:49PM	Ganesh: Red Sunrise: 8:35AM		Viswasa 5127
	822338576	Yama 9:29AM - 10:23AM	Sadhya Until 4:40PM	Muruga: Yellow Sunset: 3:49PM	Moon 12 - Phase 36 - 26	4th Phase
Creative Work	Amrita Yoga	Rahu 12:11PM - 1:05PM	Bava Until 10:55AM	Nataraja: Clear		
Until 8:49PM			Dvadashi Until 9:16PM	Moon - White	Devaloka Day	
Then Creative Work	Siddha Yoga			Pausha-Markali		

4 Thursday, January 1, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam				Malmö, Sweden
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 262
Wishabha Rasi: 15.38	Tithi 13 - 14	Gulika 10:23AM - 11:17AM	Rohini Until 6:17PM	Ganesh: Blue Sunrise: 8:35AM		Viswasa 5127
	832348576	Yama 8:35AM - 9:29AM	Subha Until 12:41PM	Muruga: White Sunset: 3:49PM	Moon 12 - Phase 36 - 27	4th Phase
Routine Work	Marana Yoga	Rahu 1:06PM - 2:00PM	Kaulava Until 7:36AM	Nataraja: Clear		
				Moon - Yellow	Devaloka Day	
				Pausha-Markali		
				Trayodashi Until 5:52PM		
				<i>Pradosha Vata</i>		

Friday, January 2, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam				Malmö, Sweden
		Megashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visli" Karana Chaturdash/Purnimayam Titau				Sun 28 Sutra 263
Mithuna Rasi: 0.4	Tithi 14 - 15	Gulika 9:29AM - 10:24AM	Mrigashira Until 3:34PM	Ganesh: Blue Sunrise: 8:35AM		Viswasa 5127
	833348576	Yama 2:00PM - 2:55PM	Sukla Until 8:36AM	Muruga: White Sunset: 3:49PM	Moon 12 - Phase 36 - Purnima	
Creative Work	Siddha Yoga	Rahu 11:18AM - 12:12PM	Visli Until 12:44AM Sat	Nataraja: Clear		
				Moon - Yellow	Devaloka Day	
				Pausha-Markali		
				Chaturdash* Until 2:25PM		

Saturday, January 3, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam				Malmö, Sweden
		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29 Sutra 264
Mithuna Rasi: 15.4	Tithi 15 - 16	Gulika 8:35AM - 9:29AM	Ardra Until 12:51PM	Ganesh: Blue Sunrise: 8:35AM		Viswasa 5127
	833348576	Yama 1:07PM - 2:01PM	Indra Until 12:47AM Sun	Muruga: White Sunset: 3:50PM	Moon 12 - Phase 36 - Prathama	
Creative Work	Siddha Yoga	Rahu 10:24AM - 11:18AM	Balava Until 9:32PM	Nataraja: Clear		
				Moon - Yellow	Devaloka Day	
				Pausha-Markali		
				Purnima* Until 11:05AM		
				Ardra Darshanam		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Бхану Васара Уктыяям
Panarasu/Pushya Nakshatra Vaohiti* Yoga Kaulas/Tallia Karana Prathamam/Dityayam Titau

Malmö, Sweden
Sutra 265

Kataka Rasi: 0.27	Tithi 16 - 17	Gulika Yama Rahu	2:02PM - 2:57PM 12:13PM - 1:08PM 2:57PM - 3:51PM	Punarvasu Until 10:43AM Vaichriti* Until 9:18PM Taitilia Until 6:43PM Prathama* Until 8:03AM	Ganesh: Red Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 8:34AM Sunset: 3:51PM	Vasarasu 5:127 Moon 1 - Phase 37 - 1st Phase
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Creative Work Siddha Yoga

Sivaloka Day

Monday, January 5, 2026

1
Kataka Rasi: 14.55
Family Home Evening
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Инду Васара Уктыяям
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Tritiyayam Titau

Malmö, Sweden
Sutra 266

Tithi 18	Gulika Yama Rahu	1:08PM - 2:03PM 11:19AM - 12:13PM 9:29AM - 10:24AM	Pushya Until 8:55AM Vishkambha* Until 6:16PM Vanija Until 4:27PM Tritiya Until 3:33AM Tue	Ganesh: Red Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 8:34AM Sunset: 3:59PM	Vasarasu 5:127 Moon 1 - Phase 37 - 1st Phase
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Subramuniyaswami Jayanti

Sivaloka Day

Tuesday, January 6, 2026

2
Kataka Rasi: 28.58
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Margala Visara Uктыяям
Magha/Purvaphalguni Nakshatra Ajayshman Yoga Bava/Balava Karana Chaturthiyam Titau

Malmö, Sweden
Sutra 267

Tithi 19	Gulika Yama Rahu	12:14PM - 1:09PM 10:24AM - 11:19AM 2:04PM - 2:59PM	Ashlesha* Until 7:38AM Priti Until 3:50PM Bava Until 2:52PM Chaturthi* Until 2:22AM Wed	Ganesh: Yellow Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 8:34AM Sunset: 3:59PM	Vasarasu 5:127 Moon 1 - Phase 37 - 2 1st Phase
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Creative Work Siddha Yoga

Sivaloka Day

Wednesday, January 7, 2026

3
Simha Rasi: 12.32
Creative Work Siddha Yoga
Until 7:24AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Budha Vasara Uктыяям
Magha/Purvaphalguni Nakshatra Ajayshman/Saubhagya Yoga Kaulas/Tallia Karana Panchamyam Titau

Malmö, Sweden
Sutra 268

Tithi 20	Gulika Yama Rahu	11:19AM - 12:14PM 10:24AM - 10:24AM 12:14PM - 1:10PM	Magha* Until 7:24AM Ajayshman Until 2:01PM Kaulava Until 2:07PM Panchami Until 2:03AM Thu	Ganesh: White Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 8:33AM Sunset: 3:59PM	Vasarasu 5:127 Moon 1 - Phase 37 - 3 1st Phase
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Creative Work Siddha Yoga

Devaloka Day

Thursday, January 8, 2026

4
Simha Rasi: 25.39
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Guru Vasara Uктыяям
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanja Karana Shasthiyam Titau

Malmö, Sweden
Sutra 269

Tithi 21	Gulika Yama Rahu	10:24AM - 11:19AM 8:32AM - 9:28AM 1:10PM - 2:06PM	Purvaphalguni Until 7:52AM Saubhagya Until 12:53PM Gara Until 2:14PM Shashthi* Until 2:35AM Fri	Ganesh: White Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 8:33AM Sunset: 3:59PM	Vasarasu 5:127 Moon 1 - Phase 37 - 4 1st Phase
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Creative Work Siddha Yoga

Devaloka Day

Friday, January 9, 2026

5
Kanya Rasi: 8.2
Creative Work Siddha Yoga
Until 9:00AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Sukra Vasara Uктыяям
Uttaraphalguni/Hasta Nakshatra Sobhana/Ashvini* Yoga Visli* Bava Karana Saphtamyam Titau

Malmö, Sweden
Sutra 270

Tithi 22	Gulika Yama Rahu	9:28AM - 10:24AM 2:07PM - 3:03PM 11:19AM - 12:15PM	Uttaraphalguni Until 9:00AM Sobhana Until 12:24PM Visli Until 3:11PM Saptami Until 3:56AM Sat	Ganesh: White Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 8:33AM Sunset: 3:59PM	Vasarasu 5:127 Moon 1 - Phase 37 - 5 1st Phase
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Creative Work Siddha Yoga

Devaloka Day

Saturday, January 10, 2026

Retreat Star
Kanya Rasi: 20.42
Routine Work Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Manita Vasara Uктыяям
Hasta/Chitra Nakshatra Abhiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamiyam Titau

Malmö, Sweden
Sutra 271

Tithi 23	Gulika Yama Rahu	8:31AM - 9:27AM 1:12PM - 2:08PM 10:23AM - 11:20AM	Hasta Until 11:10AM Abhiganda* Until 12:28PM Balava Until 4:52PM Ashtami* Until 5:54AM Sun	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 8:31AM Sunset: 4:09PM	Vasarasu 5:127 Moon 1 - Phase 37 - 6 Ashtami
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Routine Work Marana Yoga

Sivaloka Day

Sunday, January 11, 2026

Retreat Star
Tula Rasi: 2.47
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Мокша Рйтау Дханус Месе Кршна Пакше Bhanu Vasara Uктыяям
Chitra/Svati Nakshatra Sukama/Dhriti Yoga Tallia Karana Navamiyam Titau

Malmö, Sweden
Sutra 272

Tithi 24	Gulika Yama Rahu	2:09PM - 3:05PM 12:16PM - 1:13PM 3:05PM - 4:02PM	Chitra Until 1:44PM Sukarma Until 12:57PM Taitilia Until 7:04PM Navami* Until 8:17AM Mon	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 8:30AM Sunset: 4:09PM	Vasarasu 5:127 Moon 1 - Phase 37 - 7 Navami
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Creative Work Siddha Yoga

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

www.gurudeva.org/panchang

1 Monday, January 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Kṛishna Pakṣhe Indu Vasara Yuktayam Malmö, Sweden Svali/Vishkha Nakshatra Dhruti/Shula* Yoga Gara/Vanija Karana Navami/Dashamam Titau Sun 8 Sutra 273				
	Gulika	1:13PM - 2:10PM	Svali Until 4:27PM	Ganesha: Clear	Sunrise: 8:29AM	Vasarasu 5:127
Tula Rasi: 14.44	Tithi 24 - 25	Yama 11:20AM - 12:16PM	Dhriti Until 1:44PM	Muruga: White	Sunset: 4:09PM	Moon 1 - Phase 38 - 8
Family Home Evening	863448576	Rahu 9:26AM - 10:23AM	Vanija Until 9:34PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Navami* Until 8:17AM	Moon - Green		Sivaloka Day
Until 4:27PM				Pausha-Markali		
Then Routine Work - Marana Yoga						

2 Tuesday, January 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Kṛishna Pakṣhe Mangala Vasara Yuktayam Malmö, Sweden Vishkha Nakshatra Shula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau Sun 9 Sutra 274				
	Gulika	12:17PM - 1:14PM	Vishkha Until 7:37PM	Ganesha: Purple	Sunrise: 8:28AM	Vasarasu 5:127
Tula Rasi: 26.36	Tithi 25 - 26	Yama 10:23AM - 11:20AM	Shula* Until 2:34PM	Muruga: White	Sunset: 4:05PM	Moon 1 - Phase 38 - 9
Routine Work	873448576	Rahu 2:11PM - 3:08PM	Bava Until 12:09AM Wed	Nataraja: Clear		2nd Phase
Until 7:37PM			Dashami Until 10:51AM	Moon - Orange		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali		

3 Wednesday, January 14, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Budha Vasara Yuktayam Malmö, Sweden Anuradha Nakshatra Ganda*/Vidhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 275				
	Gulika	11:20AM - 12:17PM	Anuradha Until 10:32PM	Ganesha: Purple	Sunrise: 8:28AM	Vasarasu 5:127
Wischika Rasi: 8.28	Tithi 26 - 27	Yama 9:25AM - 10:22AM	Ganda* Until 3:24PM	Muruga: White	Sunset: 4:03PM	Moon 1 - Phase 38 - 10
Creative Work	873448576	Rahu 12:17PM - 1:15PM	Kaulava Until 2:38AM Thu	Nataraja: Clear		2nd Phase
Until 1:05AM Fri			Ekadashi* Until 1:23PM	Moon - Orange		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Thai		
			Thai Pongal			

4 Thursday, January 15, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Guru Vasara Yuktayam Malmö, Sweden Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 276				
	Gulika	10:22AM - 11:20AM	Jyeshtha* Until 1:05AM Fri	Ganesha: Purple	Sunrise: 8:27AM	Vasarasu 5:127
Wischika Rasi: 20.22	Tithi 27 - 28	Yama 8:27AM - 9:24AM	Vidhi Until 4:05PM	Muruga: White	Sunset: 4:09PM	Moon 1 - Phase 38 - 11
Routine Work	873448576	Rahu 1:15PM - 2:13PM	Gara Until 4:51AM Fri	Nataraja: Clear		2nd Phase
Until 1:05AM Fri			Dvadashi* Until 3:45PM	Moon - Orange		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Thai		
				Pradosha Vata (Fasting)		

5 Friday, January 16, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Sukra Vasara Yuktayam Malmö, Sweden Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 277				
	Gulika	9:24AM - 10:22AM	Mula* Until 3:39AM Sat	Ganesha: Purple	Sunrise: 8:25AM	Vasarasu 5:127
Dhanus Rasi: 2.23	Tithi 28 - 29	Yama 2:14PM - 3:12PM	Dhruva Until 4:32PM	Muruga: White	Sunset: 4:11PM	Moon 1 - Phase 38 - 12
Creative Work	884448576	Rahu 11:20AM - 12:18PM	Visi Until 6:45AM Sat	Nataraja: Clear		2nd Phase
Until 3:39AM Sat			Trayodashi* Until 5:50PM	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Thai		

6 Saturday, January 17, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mani Vasara Yuktayam Malmö, Sweden Purvashada* Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 278				
	Gulika	8:24AM - 9:23AM	Purvashada* Until 5:41AM Sun	Ganesha: Purple	Sunrise: 8:24AM	Vasarasu 5:127
Dhanus Rasi: 14.31	Tithi 29	Yama 1:17PM - 2:15PM	Vyaghata* Until 4:44PM	Muruga: White	Sunset: 4:12PM	Moon 1 - Phase 38 - 13
Creative Work	884448576	Rahu 10:21AM - 11:20AM	Visi Until 6:45AM	Nataraja: Clear		2nd Phase
Until 5:41AM Sun			Chalurdashi* Until 7:32PM	Moon - Light Blue		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Thai		

7 Sunday, January 18, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Bhanu Vasara Yuktayam Malmö, Sweden Uttarashada Nakshatra Herashana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 279				
	Gulika	2:16PM - 3:15PM	Uttarashada Until 7:10AM Mon	Ganesha: Purple	Sunrise: 8:23AM	Vasarasu 5:127
Dhanus Rasi: 26.49	Tithi 30	Yama 12:19PM - 1:18PM	Harshana Until 4:38PM	Muruga: White	Sunset: 4:14PM	Moon 1 - Phase 38 - 14
Creative Work	884448576	Rahu 3:15PM - 4:14PM	Caluspada Until 8:16AM	Nataraja: Clear		Amavasya
Until 3:15PM			Amavasya* Until 8:50PM	Moon - Light Blue		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Thai		

8 Monday, January 19, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Pakṣhe Indu Vasara Yuktayam Malmö, Sweden Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 280				
	Gulika	1:18PM - 2:18PM	Uttarashada Until 7:10AM	Ganesha: Purple	Sunrise: 8:22AM	Vasarasu 5:127
Makara Rasi: 9.17	Tithi 1	Yama 11:20AM - 12:19PM	Vajra* Until 4:12PM	Muruga: White	Sunset: 4:16PM	Moon 1 - Phase 38 - 15
Family Home Evening	884448576	Rahu 9:21AM - 10:20AM	Kintughna Until 9:21AM	Nataraja: Clear		Prathama
Routine Work			Prathama* Until 9:44PM	Moon - Light Blue		Devaloka Day
Until 7:10AM				Magha-Thai		
Then Creative Work - Amrita Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1

Tuesday, January 20, 2026

Makara Rasi: 21:57
Tilthi 2

Creative Work Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Siddh/Vyjalpala* Yoga Bava/Baleva Karana Dvityayam Titau

Gulika 12:19PM - 11:19PM
Yama 10:20AM - 11:20AM
Rahu 2:19PM - 3:18PM

Shravana Untill 8:35AM
Siddhi Untill 3:28PM
Balava Untill 10:02AM
Dvitiya Untill 10:12PM

Ganesh: Light Blue
Muruga: White
Nataraja: Clear
Moon - Purple
Magha-Thai

Sunrise: 8:21AM
Sunset: 4:18PM

Malmö, Sweden
Sun 16
Sutra 281
Visvarupa 5127
Moon 1 - Phase 39 - 16
3rd Phase

Devaloka Day

2

Wednesday, January 21, 2026

Kumbha Rasi: 4:48
Tilthi 3
Routine Work Prabalarishta Yoga
Untill 9:26AM
Then Creative Work - Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Balha Vasara Yuktayam
Dhanishtha/Shabshishak Nakshatra Vyjalpala*/Varjyan/Parigtha* Yoga Vanija/Vist/ Karana Chaturthyan Titau

Gulika 11:20AM - 12:20PM
Yama 9:19AM - 10:19AM
Rahu 12:20PM - 1:20PM

Dhanishtha Untill 9:26AM
Vyjalpala* Untill 2:27PM
Talilla Untill 10:19AM
Tritiya Untill 10:17PM

Ganesh: Light Blue
Muruga: White
Nataraja: Clear
Moon - Purple
Magha-Thai

Sunrise: 8:19AM
Sunset: 4:20PM

Malmö, Sweden
Sun 17
Sutra 282
Visvarupa 5127
Moon 1 - Phase 39 - 17
3rd Phase

Devaloka Day

3

Thursday, January 22, 2026

Kumbha Rasi: 17:5
Tilthi 4
Creative Work Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Gaur Vasara Yuktayam
Shabshishak Nakshatra Varjyan/Parigtha* Yoga Vanija/Vist/ Karana Chaturthyan Titau

Gulika 10:19AM - 11:19AM
Yama 8:18AM - 9:18AM
Rahu 1:20PM - 2:21PM

Shabshishak Untill 9:46AM
Varjyan Untill 1:05PM
Vanija Untill 10:11AM
Chaturthi* Untill 9:58PM

Ganesh: Light Blue
Muruga: White
Nataraja: Clear
Moon - Purple
Magha-Thai

Sunrise: 8:18AM
Sunset: 4:22PM

Malmö, Sweden
Sun 18
Sutra 283
Visvarupa 5127
Moon 1 - Phase 39 - 18
3rd Phase

Devaloka Day

4

Friday, January 23, 2026

Meena Rasi: 1:05
Tilthi 5
Creative Work Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Sukra Vasara Yuktayam
Puravproshthapada*/Uttarproshthapada Nakshatra Parigtha*/Shiva Yoga Bava/Baleva Karana Panchamyan Titau

Gulika 9:17AM - 10:18AM
Yama 2:22PM - 3:23PM
Rahu 11:19AM - 12:20PM

Puravproshthapada* Untill 10:01AM
Parigtha* Untill 11:26AM
Bava Untill 9:41AM
Panchami Untill 9:15PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Clear
Magha-Thai

Sunrise: 8:16AM
Sunset: 4:24PM

Malmö, Sweden
Sun 19
Sutra 284
Visvarupa 5127
Moon 1 - Phase 39 - 19
3rd Phase

Devaloka Day

5

Saturday, January 24, 2026

Meena Rasi: 14:32
Tilthi 6
Creative Work Siddha Yoga
Untill 9:44AM
Then Routine Work - Prabalarishta Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Mantra Vasara Yuktayam
Uttarproshthapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Talilla Karana Shashthyan Titau

Gulika 8:15AM - 9:16AM
Yama 1:22PM - 2:23PM
Rahu 10:18AM - 11:19AM

Uttarproshthapada Untill 9:44AM
Shiva Untill 9:30AM
Kaulava Untill 8:46AM
Shashthi* Untill 8:10PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Clear
Magha-Thai

Sunrise: 8:15AM
Sunset: 4:26PM

Malmö, Sweden
Sun 20
Sutra 285
Visvarupa 5127
Moon 1 - Phase 39 - 20
3rd Phase

Devaloka Day

6

Sunday, January 25, 2026

Meena Rasi: 28:13
Tilthi 7
Creative Work Amrita Yoga
Untill 8:56AM
Then Creative Work - Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyan Titau

Gulika 2:24PM - 3:26PM
Yama 12:21PM - 1:23PM
Rahu 3:26PM - 4:28PM

Revati Untill 8:56AM
Siddha Untill 7:14AM
Gara Untill 7:29AM
Saptami Untill 6:41PM

Ganesh: Clear
Muruga: White
Nataraja: Clear
Moon - Clear
Magha-Thai

Sunrise: 8:13AM
Sunset: 4:30PM

Malmö, Sweden
Sun 21
Sutra 286
Visvarupa 5127
Moon 1 - Phase 39 - 21
3rd Phase

Sivaloka Day

D

Monday, January 26, 2026

Retreat Star
Mesha Rasi: 12:08
Tilthi 8 - 9
Family Home Evening
Creative Work Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Subha Yoga Bava/Baleva Karana Ashtami/Navamyan Titau

Gulika 1:23PM - 2:25PM
Yama 11:19AM - 12:21PM
Rahu 9:14AM - 10:16AM

Ashvini Untill 8:02AM
Subha Untill 1:50AM Tue
Balava Untill 3:47AM Tue
Ashtami* Untill 4:49PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - White
Magha-Thai

Sunrise: 8:12AM
Sunset: 4:30PM

Malmö, Sweden
Sun 22
Sutra 287
Visvarupa 5127
Moon 1 - Phase 39 - 22
Ashtami

Devaloka Day

Tuesday, January 27, 2026

Retreat Star
Mesha Rasi: 26:16
Tilthi 9 - 10
Creative Work Siddha Yoga

Visvarupa Nama Samvatsara Uтарыяне Molkha Ritau Makara Mase Suko Paksho Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Sukla Yoga Kaulava/Talilla Karana Navami/Dashamyan Titau

Gulika 12:21PM - 1:24PM
Yama 10:16AM - 11:18AM
Rahu 2:27PM - 3:29PM

Bharani Untill 6:39AM
Sukla Untill 10:43PM
Talilla Untill 1:26AM Wed
Navami* Untill 2:38PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - White
Magha-Thai

Sunrise: 8:10AM
Sunset: 4:32PM

Malmö, Sweden
Sun 23
Sutra 288
Visvarupa 5127
Moon 1 - Phase 39 - 23
Navami

Devaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1		Wednesday, January 28, 2026				Visavasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Sukla Paksho Budha Vesara Yukhtayam Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau	Malmö, Sweden Sun 24	Sutra 289 Visavasu 5127
Wishakha Rasi: 10.37	Tithi 10 – 11	Gulika 11:18AM – 12:21PM	Rohini Until 3:03AM Thu	Ganesh: Yellow	Sunrise: 8:09AM			
		Yama 9:12AM – 10:15AM	Brahma Until 7:25PM	Muruga: White	Sunset: 4:34PM		Moon 1 - Phase: 40 - 24	4th Phase
		Rahu 12:21PM – 1:25PM	Vanija Until 10:51PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Dashami Until 12:09PM	Moon - Yellow			Sivaloka Day	
Until 3:03AM Thu				Magha-Thai				
Then Routine Work - Marana Yoga								

2		Thursday, January 29, 2026				Visavasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Sukla Paksho Guru Vesara Yukhtayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Vasil/Bava Karana Ekadashi/Dvadashtyam Titau	Malmö, Sweden Sun 25	Sutra 290 Visavasu 5127
Wishakha Rasi: 25.06	Tithi 11 – 12	Gulika 10:14AM – 11:18AM	Mrigashira Until 1:01AM Fri	Ganesh: Red	Sunrise: 8:07AM			
		Yama 8:07AM – 9:11AM	Indra Until 3:59PM	Muruga: White	Sunset: 4:36PM		Moon 1 - Phase: 40 - 25	4th Phase
		Rahu 1:25PM – 2:29PM	Bava Until 8:07PM	Nataraja: Clear				
Routine Work	Marana Yoga		Ekadashi Until 9:29AM	Moon - Yellow			Sivaloka Day	
Until 3:03AM Thu				Magha-Thai				
Then Creative Work - Siddha Yoga								

3		Friday, January 30, 2026				Visavasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Sukla Paksho Sukra Vesara Yukhtayam Ardra Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Taila Karana Dvadashti/Trayodashyam Titau	Malmö, Sweden Sun 26	Sutra 291 Visavasu 5127
Mithuna Rasi: 9.41	Tithi 12 – 13	Gulika 9:09AM – 10:13AM	Ardra Until 10:50PM	Ganesh: Red	Sunrise: 8:05AM			
		Yama 2:30PM – 3:34PM	Vaidhri* Until 12:29PM	Muruga: White	Sunset: 4:38PM		Moon 1 - Phase: 40 - 26	4th Phase
		Rahu 11:18AM – 12:22PM	Taila Until 3:58AM Sat	Nataraja: Clear				
Creative Work	Siddha Yoga		Dvadashti Until 6:42AM	Moon - Yellow			Sivaloka Day	
				Magha-Thai				

Pradosha Vata

4		Saturday, January 31, 2026				Visavasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Sukla Paksho Manita Vesara Yukhtayam Punarvasu Nakshatra Vishkambha*/Pili Yoga Gara/Vanija Karana Chaturdashyam Titau	Malmö, Sweden Sun 27	Sutra 292 Visavasu 5127
Mithuna Rasi: 24.14	Tithi 14	Gulika 8:03AM – 9:08AM	Punarvasu Until 9:04PM	Ganesh: Blue	Sunrise: 8:03AM			
		Yama 1:27PM – 2:31PM	Vishkambha* Until 9:03AM	Muruga: White	Sunset: 4:40PM		Moon 1 - Phase: 40 - 27	4th Phase
		Rahu 10:13AM – 11:17AM	Gara Until 2:40PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Chaturdash* Until 1:24AM Sun	Moon - Blue			Devaloka Day	
				Magha-Thai				

○		Sunday, February 1, 2026				Visavasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Sukla Paksho Shanu Vesara Yukhtayam Pushya Nakshatra Ayushman Yoga Vasil*/Bava Karana Purnimayam Titau	Malmö, Sweden Sun 28	Sutra 293 Visavasu 5127
Copper Retreat Star		Gulika 2:31PM – 3:36PM	Pushya Until 7:27PM	Ganesh: Blue	Sunrise: 8:03AM			
Kataka Rasi: 8.4	Tithi 15	Yama 12:22PM – 1:27PM	Ayushman Until 2:48AM Mon	Muruga: White	Sunset: 4:40PM		Moon 1 - Phase: 40 - Purnima	
		Rahu 3:36PM – 4:40PM	Visil Until 12:15PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon - Blue			Devaloka Day	
		Thai Pusam		Magha-Thai				

Monday, February 2, 2026		Silver Retreat Star				Visavasu Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kitzhna Paksho Indu Vesara Yukhtayam Ashlesha* Nakshatra Sauthagya Yoga Balava/Kaulava Karana Praahmayam Titau	Malmö, Sweden Sun 29	Sutra 294 Visavasu 5127
Kataka Rasi: 22.52	Tithi 16	Gulika 1:27PM – 2:32PM	Ashlesha* Until 6:07PM	Ganesh: Blue	Sunrise: 8:03AM			
		Yama 11:17AM – 12:22PM	Sauthagya Until 12:12AM Tue	Muruga: White	Sunset: 4:42PM		Moon 1 - Phase: 40 - Prathama	
		Rahu 9:07AM – 10:12AM	Balava Until 10:12AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Prathama* Until 9:21PM	Moon - Blue			Devaloka Day	
Until 6:07PM				Magha-Thai				
Then Routine Work - Marana Yoga								

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 6.44 Tithi 17
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktyam Malmo, Sweden
Magha* Purnvaphalguni Nakshatra Sobhana Yoga Tailila/Gara Karana Dvityayam Tilau Sun 1 Sutra 295
Gulika 12:22PM - 1:28PM Magha* Untill 5:37PM Ganesha: Red Sunrise: 8:04AM Vasarasu 5:127
Yama 10:11AM - 11:17AM Sobhana Untill 10:06PM Muruga: White Sunset: 4:49PM Moon 2 - Phase 41 - 1
Rahu 2:33PM - 3:39PM Tailila Untill 8:41AM Nataraja: Orange 1st Phase
Dvitiya Untill 8:09PM Moon - Red Sivaloka Day
Magha-Thai

1

Wednesday, February 4, 2026

Simha Rasi: 20.14 Tithi 18
Creative Work Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Baubh Vasara Yuktyam Malmo, Sweden
Purnvaphalguni/Ultrapahguni Nakshatra Ahigandha* Yoga Vanja/Visti* Karana Tritiyayam Tilau Sun 2 Sutra 296
Gulika 11:16AM - 12:22PM Purnvaphalguni Untill 5:40PM Ganesha: Red Sunrise: 7:58AM Vasarasu 5:127
Yama 9:04AM - 10:10AM Ahigandha* Untill 8:31PM Muruga: White Sunset: 4:49PM Moon 2 - Phase 41 - 2
Rahu 12:22PM - 1:28PM Vanija Untill 7:49AM Nataraja: Orange 1st Phase
Tritiya Untill 7:38PM Moon - Red Sivaloka Day
Magha-Thai

2

Thursday, February 5, 2026

Kanya Rasi: 3.21 Tithi 19
Amrita Yoga
Untill 6:16PM
Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Guru Visara Yuktyam Malmo, Sweden
Ultraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sutra 297
Gulika 10:09AM - 11:16AM Ultraphalguni Untill 6:16PM Ganesha: Red Sunrise: 7:56AM Vasarasu 5:127
Yama 7:56AM - 9:03AM Sukarna Untill 7:31PM Muruga: White Sunset: 4:49PM Moon 2 - Phase 41 - 3
Rahu 1:29PM - 2:36PM Bava Untill 7:41AM Nataraja: Orange 1st Phase
Chaturthi* Untill 7:52PM Moon - Red Sivaloka Day
Magha-Thai

3

Friday, February 6, 2026

Kanya Rasi: 16.05 Tithi 20
Creative Work Amrita Yoga
Untill 7:54PM
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktyam Malmo, Sweden
Hasta Nakshatra Dhriti Yoga Kaulava/Tailila Karana Panchmayam Tilau Sun 4 Sutra 298
Gulika 9:01AM - 10:08AM Hasta Untill 7:54PM Ganesha: Green Sunrise: 7:54AM Vasarasu 5:127
Yama 2:37PM - 3:44PM Dhriti Untill 7:07PM Muruga: White Sunset: 4:49PM Moon 2 - Phase 41 - 4
Rahu 11:15AM - 12:23PM Kaulava Untill 8:18AM Nataraja: Orange 1st Phase
Panchami Untill 8:51PM Moon - Green Devaloka Day
Magha-Thai

4

Saturday, February 7, 2026

Kanya Rasi: 28.31 Tithi 21
Routine Work Marana Yoga
Untill 10:00PM
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mania Vasara Yuktyam Malmo, Sweden
Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthiyam Tilau Sun 5 Sutra 299
Gulika 7:52AM - 9:00AM Chitra Untill 10:00PM Ganesha: White Sunrise: 7:52AM Vasarasu 5:127
Yama 1:30PM - 2:38PM Shula* Untill 7:10PM Muruga: White Sunset: 4:53PM Moon 2 - Phase 41 - 5
Rahu 10:07AM - 11:15AM Gara Untill 9:36AM Nataraja: Orange 1st Phase
Shashthi* Untill 10:28PM Moon - Green Devaloka Day
Magha-Thai

5

Sunday, February 8, 2026

Tula Rasi: 10.41 Tithi 22
Creative Work Siddha Yoga
Untill 12:24AM Mon
Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Ehanu Vasara Yuktyam Malmo, Sweden
Svali Nakshatra Ganda* Yoga Visti* Bava Karana Saplamyam Tilau Sun 6 Sutra 300
Gulika 2:39PM - 3:47PM Svali Untill 12:24AM Mon Ganesha: White Sunrise: 7:50AM Vasarasu 5:127
Yama 12:23PM - 1:31PM Ganda* Untill 7:38PM Muruga: White Sunset: 4:59PM Moon 2 - Phase 41 - 6
Rahu 3:47PM - 4:55PM Visti Untill 11:30AM Nataraja: Orange 1st Phase
Saplami Untill 12:35AM Mon Moon - Green Devaloka Day
Magha-Thai

Monday, February 9, 2026

Retreat Star

Tula Rasi: 22.41 Tithi 23
Family Home Evening
Routine Work Marana Yoga
Untill 3:25AM Tue
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Indu Visara Yuktyam Malmo, Sweden
Vishakha Nakshatra Widdhi Yoga Balava/Kaulava Karana Ashtamyam Tilau Sun 7 Sutra 301
Gulika 1:31PM - 2:40PM Vishakha Untill 3:25AM Tue Ganesha: Clear Sunrise: 7:48AM Vasarasu 5:127
Yama 11:14AM - 12:23PM Widdhi Untill 8:22PM Muruga: White Sunset: 4:57PM Moon 2 - Phase 41 - 7
Rahu 8:57AM - 10:05AM Balava Untill 1:47PM Nataraja: Orange 1st Phase
Ashtami* Untill 2:59AM Tue Moon - Orange Sivaloka Day
Magha-Thai

Tuesday, February 10, 2026

Retreat Star

Mitschika Rasi: 5 Tithi 24
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktyam Malmo, Sweden
Anuradha Nakshatra Dhruva Yoga Tailila/Gara Karana Navamyam Tilau Sun 8 Sutra 302
Gulika 12:23PM - 1:32PM Anuradha Untill 6:20AM Wed Ganesha: Clear Sunrise: 7:46AM Vasarasu 5:127
Yama 10:04AM - 11:14AM Dhruva Untill 9:09PM Muruga: White Sunset: 5:03PM Moon 2 - Phase 41 - 8
Rahu 2:41PM - 3:50PM Tailila Untill 4:15PM Nataraja: Orange 1st Phase
Navami* Untill 5:28AM Wed Moon - Orange Sivaloka Day
Magha-Thai

Parameshwara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Malmo, Sweden on 12/20/23

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1		Wednesday, February 11, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Vanja Karana Dashami/Ekadashtyam Titau	Malmö, Sweden Sun 9	Sutra 303 Vasavasu 5127
Wischika Rasi: 16.29	Tithi 25	Gulika 11:13AM - 12:23PM	Anuradha Until 6:20AM	Ganesh: Clear	Sunrise: 7:44AM	Vasavasu 5127
		Yama 8:54AM - 10:03AM	Vyaghata* Until 9:55PM	Muruga: White	Sunset: 5:02PM	Moon 2 - Phase 42 - 9
Creative Work	Siddha Yoga	976548577 Rahu 12:23PM - 1:32PM	Vanija Until 6:42PM	Nataraja: Orange		2nd Phase
			Dashami Until 7:50AM Thu	Moon - Orange		
				Magha-Thai		Sivaloka Day

2		Thursday, February 12, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Visi*/Bava Karana Dashami/Ekadashtyam Titau	Malmö, Sweden Sun 10	Sutra 304 Vasavasu 5127
Wischika Rasi: 28.25	Tithi 25 - 26	Gulika 10:02AM - 11:13AM	Jyeshtha* Until 8:58AM	Ganesh: Clear	Sunrise: 7:42AM	Vasavasu 5127
		Yama 7:42AM - 8:52AM	Harshana Until 10:32PM	Muruga: White	Sunset: 5:04PM	Moon 2 - Phase 42 - 10
Routine Work	Prabalarishta Yoga	976548577 Rahu 1:33PM - 2:43PM	Bava Until 8:56PM	Nataraja: Orange		2nd Phase
Until 8:58AM			Dashami Until 7:50AM	Moon - Orange		
Then Creative Work - Siddha Yoga				Magha-Masi		Sivaloka Day

3		Friday, February 13, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau	Malmö, Sweden Sun 11	Sutra 305 Vasavasu 5127
Dhanus Rasi: 10.28	Tithi 26 - 27	Gulika 8:50AM - 10:01AM	Mula* Until 11:39AM	Ganesh: Purple	Sunrise: 7:40AM	Vasavasu 5127
		Yama 2:44PM - 3:55PM	Vajra* Until 10:49PM	Muruga: White	Sunset: 5:06PM	Moon 2 - Phase 42 - 11
Creative Work	Amrita Yoga	986548577 Rahu 11:12AM - 12:23PM	Kaulava Until 10:47PM	Nataraja: Orange		2nd Phase
Until 11:39AM			Ekadashi* Until 9:54AM	Moon - Light Blue		
Then Routine Work - Prabalarishta Yoga				Magha-Masi		Devaloka Day

4		Saturday, February 14, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Talita/Gara Karana Dwadashi/Dwadashyam Titau	Malmö, Sweden Sun 12	Sutra 306 Vasavasu 5127
Dhanus Rasi: 22.41	Tithi 27 - 28	Gulika 7:38AM - 8:49AM	Purvashadha* Until 1:43PM	Ganesh: Clear	Sunrise: 7:38AM	Vasavasu 5127
		Yama 1:34PM - 2:45PM	Siddhi Until 10:45PM	Muruga: White	Sunset: 5:08PM	Moon 2 - Phase 42 - 12
Creative Work	Siddha Yoga	987548577 Rahu 10:00AM - 11:11AM	Gara Until 12:08AM Sun	Nataraja: Orange		2nd Phase
Until 1:43PM			Dwadashi* Until 11:30AM	Moon - Light Blue		
Then Routine Work - Marana Yoga				Magha-Masi		Sivaloka Day
				<i>Pradosha Vata (Fasting)</i>		

5		Sunday, February 15, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Shukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyajipata* Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden Sun 13	Sutra 307 Vasavasu 5127
Makara Rasi: 5.07	Tithi 28 - 29	Gulika 2:46PM - 3:58PM	Uttarashadha Until 3:08PM	Ganesh: Clear	Sunrise: 7:35AM	Vasavasu 5127
		Yama 12:23PM - 1:35PM	Vyajipata* Until 10:16PM	Muruga: White	Sunset: 5:10PM	Moon 2 - Phase 42 - 13
Creative Work	Amrita Yoga	987548577 Rahu 3:58PM - 5:10PM	Visi Until 12:56AM Mon	Nataraja: Orange		2nd Phase
Until 4:18PM			Trayodashi* Until 12:35PM	Moon - Light Blue		
Then Creative Work - Siddha Yoga				Magha-Masi		Sivaloka Day

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varjyan Yoga Sakra*/Caltupada* Karana Chaturdashi/Amavasyam Titau	Malmö, Sweden Sun 14	Sutra 308 Vasavasu 5127
Makara Rasi: 17.48	Tithi 29 - 30	Gulika 1:35PM - 2:48PM	Shravana Until 4:18PM	Ganesh: Orange	Sunrise: 7:33AM	Vasavasu 5127
Family Home Evening		Yama 11:10AM - 12:23PM	Varjyan Until 9:19PM	Muruga: White	Sunset: 5:12PM	Moon 2 - Phase 42 - 14
Creative Work	Amrita Yoga	997548577 Rahu 8:46AM - 9:58AM	Caltupada Until 1:09AM Tue	Nataraja: Orange		Amavasya
Until 4:18PM			Chaturdashi* Until 1:06PM	Moon - Purple		
Then Creative Work - Siddha Yoga				Magha-Masi		Sivaloka Day

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukra Paksho Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau	Malmö, Sweden Sun 15	Sutra 309 Vasavasu 5127
Kumbha Rasi: 0.45	Tithi 30 - 1	Gulika 12:23PM - 1:36PM	Dhanishtha Until 4:46PM	Ganesh: Orange	Sunrise: 7:31AM	Vasavasu 5127
		Yama 9:57AM - 11:10AM	Parigha* Until 7:58PM	Muruga: White	Sunset: 5:14PM	Moon 2 - Phase 42 - 15
Creative Work	Siddha Yoga	997548577 Rahu 2:49PM - 4:02PM	Kintughna Until 12:50AM Wed	Nataraja: Orange		Prathama
Until 4:46PM			Amavasya* Until 1:02PM	Moon - Purple		
Then Routine Work - Marana Yoga				Phalgun-Masi		Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Wednesday, February 18, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vrasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityayam Titau		Malmö, Sweden Sun 16	Sutra 310 Vasaxsu 5127
Kumbha Rasi:	13:59	Tithi 1 – 2	Gulika 9:42AM – 9:56AM Rahu 12:23PM – 1:36PM	Shatabhishak Untill 4:36PM Shiva Untill 6:14PM Balava Untill 12:02AM Thu Prathamam* Untill 12:28PM	Ganesh: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgunam-Masi	Sunrise: 7:29AM Sunset: 5:17PM	Moon 2 - Phase 43 - 16	3rd Phase	
Creative Work	Siddha Yoga								Sivaloka Day
Untill 4:36PM									
Then Creative Work - Amrita Yoga									

2		Thursday, February 19, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Puravroshthapada*/Uttarproshthapada Nakshatra Siddha/Sadha Yoga Kauva/Taila Karana Dvitiyam/Tritayam Titau		Malmö, Sweden Sun 17	Sutra 311 Vasaxsu 5127
Kumbha Rasi:	27:28	Tithi 2 – 3	Gulika 9:54AM – 11:09AM Yama 8:42AM – 9:56AM Rahu 1:37PM – 2:51PM	Puravroshthapada* Untill 4:19PM Siddha Untill 4:09PM Taila Untill 10:50PM Dvitiya Untill 11:28AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 7:26AM Sunset: 5:19PM	Moon 2 - Phase 43 - 17	3rd Phase	
Creative Work	Siddha Yoga								Subha Sivaloka Day

3		Friday, February 20, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Sadhya/Sadha Yoga Gara/Vanija Karana Tritiyam/Chaturtham Titau		Malmö, Sweden Sun 18	Sutra 312 Vasaxsu 5127
Meena Rasi:	11:09	Tithi 3 – 4	Gulika 8:39AM – 9:53AM Yama 2:52PM – 4:05PM Rahu 11:08AM – 12:22PM	Uttarproshthapada Untill 3:33PM Sadhya Untill 1:49PM Vanija Untill 9:20PM Tritiya Untill 10:06AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 7:24AM Sunset: 5:17PM	Moon 2 - Phase 43 - 18	3rd Phase	
Creative Work	Siddha Yoga								Subha Sivaloka Day

4		Saturday, February 21, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mani Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Vasi*/Bava Karana Chaturthi/Panchamam Titau		Malmö, Sweden Sun 19	Sutra 313 Vasaxsu 5127
Meena Rasi:	25:01	Tithi 4 – 5	Gulika 7:22AM – 8:37AM Yama 1:38PM – 2:53PM Rahu 9:52AM – 11:07AM	Revati Untill 2:24PM Subha Untill 11:17AM Bava Untill 7:35PM Chaturthi* Untill 8:27AM	Ganesh: Red Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 7:22AM Sunset: 5:23PM	Moon 2 - Phase 43 - 19	3rd Phase	
Routine Work	Prabalarishtha Yoga								Sivaloka Day
Untill 2:24PM									
Then Creative Work - Siddha Yoga	Subramuniyaswami Shiva Vision Day								

5		Sunday, February 22, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Taila Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 20	Sutra 314 Vasaxsu 5127
Mesha Rasi:	9:01	Tithi 5 – 6	Gulika 2:54PM – 4:09PM Yama 12:22PM – 1:38PM Rahu 4:09PM – 5:25PM	Ashvini Untill 1:21PM Sukla Untill 8:34AM Taila Untill 4:38AM Mon Panchami Untill 6:37AM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 7:19AM Sunset: 5:25PM	Moon 2 - Phase 43 - 20	3rd Phase	
Creative Work	Siddha Yoga								Devaloka Day
Untill 1:21PM									
Then Routine Work - Prabalarishtha Yoga									

6		Monday, February 23, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamam Titau		Malmö, Sweden Sun 21	Sutra 315 Vasaxsu 5127
Mesha Rasi:	23:07	Tithi 7	Gulika 1:38PM – 2:55PM Yama 11:05AM – 12:22PM Rahu 8:33AM – 9:50AM	Bharani Untill 12:01PM Indra Untill 2:53AM Tue Gara Untill 3:37PM Sapthami Untill 2:33AM Tue	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 7:17AM Sunset: 5:27PM	Moon 2 - Phase 43 - 21	3rd Phase	
Family Home Evening	Siddha Yoga								Devaloka Day
Untill 12:01PM									
Then Routine Work - Marana Yoga									

Retreat Star		Tuesday, February 24, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vasi*/Bava Karana Ashtamam Titau		Malmö, Sweden Sun 22	Sutra 316 Vasaxsu 5127
Wisshabha Rasi:	7:15	Tithi 8	Gulika 12:22PM – 1:39PM Yama 9:48AM – 11:05AM Rahu 2:56PM – 4:12PM	Krittika Untill 10:29AM Vaidhriti* Untill 11:57PM Vasi Untill 1:31PM Ashtami* Untill 12:25AM Wed	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 7:15AM Sunset: 5:29PM	Moon 2 - Phase 43 - 22	Ashtami	
Creative Work	Siddha Yoga								Devaloka Day
Untill 10:29AM									
Then Creative Work - Amrita Yoga									

Retreat Star		Wednesday, February 25, 2026				Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kauva Karana Navamam Titau		Malmö, Sweden Sun 23	Sutra 317 Vasaxsu 5127
Wisshabha Rasi:	21:26	Tithi 9	Gulika 11:04AM – 12:22PM Yama 8:30AM – 9:47AM Rahu 12:22PM – 1:39PM	Rohini Untill 9:12AM Vishkambha* Untill 9:02PM Balava Untill 11:22AM Navam* Untill 10:17PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – Yellow Phalgunam-Masi	Sunrise: 7:12AM Sunset: 5:31PM	Moon 2 - Phase 43 - 23	Navami	
Creative Work	Siddha Yoga								Subha Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Guru Vasara Yuktayam				Malmö, Sweden
Mithuna Rasi: 5:37 Tithi 10		Mrigashira/Ardra Nakshatra Prili Yoga Taillila/Gara Karana Dashamayam Tilau				Sun 24 Sutra 318
Routine Work Marana Yoga	Gulika	9:46AM - 11:04AM	Mrigashira Until 7:46AM	Ganesh: Blue	Sunrise: 7:10AM	Vasavasu 5127
	Yama	7:10AM - 8:28AM	Prili Until 6:08PM	Muruga: White	Sunset: 5:23PM	Moon 2 - Phase 44 - 24
	Rahu	1:40PM - 2:58PM	Taillila Until 9:15AM	Nataraja: Orange		4th Phase
			Dashami Until 8:11PM	Moon - Yellow		Subha Sivaloka Day
				Phalgun-Masi		

2 Friday, February 27, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Satara Viscara Yuktayam				Malmö, Sweden
Mithuna Rasi: 19:45 Tithi 11		Ardra/Punarvasu Nakshatra Ajushman/Saubhagya Yoga Vanija/Visil* Karana Ekadashyam Tilau				Sun 25 Sutra 319
Creative Work Siddha Yoga	Gulika	8:24AM - 9:45AM	Ardra Until 6:16AM	Ganesh: Yellow	Sunrise: 7:08AM	Vasavasu 5127
	Yama	2:59PM - 4:17PM	Ayushman Until 3:17PM	Muruga: White	Sunset: 5:36PM	Moon 2 - Phase 44 - 25
	Rahu	11:03AM - 12:22PM	Vanija Until 7:10AM	Nataraja: Orange		4th Phase
			Ekadashi Until 6:10PM	Moon - Yellow		Sivaloka Day
				Phalgun-Masi		

3 Saturday, February 28, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Manita Vasara Yuktayam				Malmö, Sweden
Kataka Rasi: 3:49 Tithi 12 - 13		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodashyam Tilau				Sun 26 Sutra 320
Creative Work Siddha Yoga	Gulika	7:05AM - 8:24AM	Pushya Until 4:07AM Sun	Ganesh: White	Sunrise: 7:05AM	Vasavasu 5127
	Yama	1:40PM - 3:00PM	Saubhagya Until 12:35PM	Muruga: White	Sunset: 5:38PM	Moon 2 - Phase 44 - 26
	Rahu	9:43AM - 11:02AM	Kaulava Until 3:29AM Sun	Nataraja: Orange		4th Phase
			Dvadashi Until 4:19PM	Moon - Blue		Devaloka Day
				Phalgun-Masi		

Pradosha Vata

4 Sunday, March 1, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Bharu Vasara Yuktayam				Malmö, Sweden
Kataka Rasi: 17:44 Tithi 13 - 14		Ashlesha* Nakshatra Atbiganda*/Sobhana Yoga Vanija/Visil* Karana Trayodashi/Chaturdashyam Tilau				Sun 27 Sutra 321
Creative Work Siddha Yoga	Gulika	3:01PM - 4:22PM	Ashlesha* Until 3:13AM Mon	Ganesh: White	Sunrise: 7:00AM	Vasavasu 5127
	Yama	12:21PM - 1:41PM	Sobhana Until 10:04AM	Muruga: White	Sunset: 5:47PM	Moon 2 - Phase 44 - 27
	Rahu	4:22PM - 5:42PM	Gara Until 2:03AM Mon	Nataraja: Orange		4th Phase
Until 3:13AM Mon			Trayodashi Until 2:42PM	Moon - Blue		Devaloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi		

Monday, March 2, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Indu Vasara Yuktayam				Malmö, Sweden
Copper Retreat Star		Magha* Nakshatra Atbiganda*/Sukama Yoga Vanija/Visil* Karana Chaturdashi/Purnimayam Tilau				Sutra 322
Simha Rasi: 1:29 Tithi 14 - 15	Gulika	1:42PM - 3:02PM	Magha* Until 3:00AM Tue	Ganesh: Clear	Sunrise: 6:58AM	Vasavasu 5127
Family Home Evening	Yama	11:00AM - 12:21PM	Atbiganda* Until 7:48AM	Muruga: White	Sunset: 5:46PM	Moon 2 - Phase 44 -
Routine Work Marana Yoga	Rahu	8:19AM - 9:39AM	Visil Until 12:59AM Tue	Nataraja: Orange		Purnima
Until 3:00AM Tue		Chidambaram Abhishekam	Chaturdashi* Until 1:27PM	Moon - Red		Sivaloka Day
Then Creative Work - Siddha Yoga		Holi		Phalgun-Masi		

Tuesday, March 3, 2026		Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Mangala Vasara Yuktayam				Malmö, Sweden
Silver Retreat Star		Purnaphalguni Nakshatra Dhriil Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Sutra 323
Simha Rasi: 15 Tithi 15 - 16	Gulika	12:21PM - 1:42PM	Purnaphalguni Until 3:06AM Wed	Ganesh: Clear	Sunrise: 6:55AM	Vasavasu 5127
Creative Work Siddha Yoga	Yama	9:38AM - 10:59AM	Dhriil Until 4:20AM Wed	Muruga: White	Sunset: 5:46PM	Moon 2 - Phase 44 -
	Rahu	3:03PM - 4:25PM	Balava Until 12:25AM Wed	Nataraja: Orange		Prathama
	Until 3:06AM Wed		Purnima* Until 12:37PM	Moon - Red		Sivaloka Day
Then Creative Work - Amrita Yoga				Phalgun-Masi		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Taila Karana Prathamadivlyayam Titau

Malmö, Sweden

Sutra 324

Simha Rasi: 28.14 Tithi 16 - 17

Gulika 10:59AM - 12:20PM
Yama 8:15AM - 9:37AM
Rahu 12:20PM - 1:42PM

Uttaraphalguni Until 3:36AM Thu
Shula* Until 3:12AM Thu
Taila Until 12:23AM Thu
Prathama* Until 12:18PM

Ganesha: Clear Sunrise: 6:53AM
Muruga: White Sunset: 5:46PM
Nataraja: Orange
Moon - Red Phalguna-Masi

Sivaloka Day
Vasarasu 5:127
Moon 3 - Phase 45 - 1st Phase

Creative Work Amrita Yoga
Until 3:36AM Thu
Then Routine Work - Marana Yoga

1

Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Gara/Vanija Karana Divlyaya/Triityayam Titau

Malmö, Sweden

Sutra 325

Kanya Rasi: 11.11 Tithi 17 - 18

Gulika 9:35AM - 10:58AM
Yama 6:50AM - 8:13AM
Rahu 1:43PM - 3:05PM

Hasla Until 4:59AM Fri
Ganda* Until 2:33AM Fri
Vanija Until 12:56AM Fri
Dvitiya Until 12:34PM

Ganesha: White Sunrise: 6:50AM
Muruga: White Sunset: 5:50PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Devaloka Day
Vasarasu 5:127
Moon 3 - Phase 45 - 1st Phase

Routine Work Marana Yoga
Until 4:59AM Fri
Then Creative Work - Siddha Yoga

2

Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturthayam Titau

Malmö, Sweden

Sutra 326

Kanya Rasi: 23.51 Tithi 18 - 19

Gulika 8:11AM - 9:34AM
Yama 3:06PM - 4:29PM
Rahu 10:57AM - 12:20PM

Chitra Until 6:46AM Sat
Viddhi Until 2:22AM Sat
Bava Until 2:05AM Sat
Tritiya Until 1:25PM

Ganesha: White Sunrise: 6:48AM
Muruga: White Sunset: 5:50PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Devaloka Day
Vasarasu 5:127
Moon 3 - Phase 45 - 2 1st Phase

Creative Work Siddha Yoga

3

Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam
Sivala Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sutra 327

Tula Rasi: 6.16 Tithi 19 - 20

Gulika 6:45AM - 8:09AM
Yama 1:43PM - 3:07PM
Rahu 9:33AM - 10:56AM

Chitra Until 6:46AM
Dhruva Until 2:33AM Sun
Kaulava Until 3:45AM Sun
Chaturthi* Until 2:50PM

Ganesha: Purple Sunrise: 6:45AM
Muruga: Clear Sunset: 5:49PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Bhuloka Day
Devaloka Time: 3PM to 6PM
Vasarasu 5:127
Moon 3 - Phase 45 - 3 1st Phase

Routine Work Marana Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

4

Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam
Svali/Vishakha Nakshatra Vyaghata* Yoga Taila/Gara Karana Panchami/Shashthiyam Titau

Malmö, Sweden

Sutra 328

Tula Rasi: 18.28 Tithi 20 - 21

Gulika 3:08PM - 4:32PM
Yama 12:20PM - 1:44PM
Rahu 4:32PM - 5:56PM

Svali Until 8:52AM
Vyaghata* Until 3:04AM Mon
Gara Until 5:50AM Mon
Panchami Until 4:44PM

Ganesha: Purple Sunrise: 6:43AM
Muruga: Clear Sunset: 5:56PM
Nataraja: Orange
Moon - Green Phalguna-Masi

Bhuloka Day
Devaloka Time: 3PM to 6PM
Vasarasu 5:127
Moon 3 - Phase 45 - 4 1st Phase

Creative Work Siddha Yoga
Until 8:52AM
Then Routine Work - Marana Yoga

5

Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana Yoga Vanija Karana Shashthiyam Titau

Malmö, Sweden

Sutra 329

Mitschika Rasi: 0.29 Tithi 21

Gulika 1:44PM - 3:09PM
Yama 10:55AM - 12:19PM
Rahu 8:05AM - 9:30AM

Vishakha Until 11:41AM
Harshana Until 3:49AM Tue
Vanija Until 6:58PM
Shashthi* Until 6:58PM

Ganesha: Clear Sunrise: 6:40AM
Muruga: Clear Sunset: 5:56PM
Nataraja: Orange
Moon - Orange Phalguna-Masi

Devaloka Day
Vasarasu 5:127
Moon 3 - Phase 45 - 5 1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 11:41AM
Then Creative Work - Siddha Yoga

6

Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Mangala Vasara Yuktayam
Anuradha/Vijeshtha* Nakshatra Vajra* Yoga Visi* Bava Karana Saptamyam Titau

Malmö, Sweden

Sutra 330

Vishchika Rasi: 12.25 Tithi 22

Gulika 12:19PM - 1:44PM
Yama 9:28AM - 10:54AM
Rahu 3:10PM - 4:35PM

Anuradha Until 2:32PM
Vajra* Until 4:37AM Wed
Visi Until 8:11AM
Saptami Until 9:23PM

Ganesha: Clear Sunrise: 6:38AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Orange
Moon - Orange Phalguna-Masi

Devaloka Day
Vasarasu 5:127
Moon 3 - Phase 45 - 6 1st Phase

Creative Work Siddha Yoga
Until 2:32PM
Then Routine Work - Marana Yoga

D

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Siddhi Yoga Balava/Kaulava Karana Achamyam Titau

Malmö, Sweden

Sutra 331

Vishchika Rasi: 24.19 Tithi 23

Gulika 10:53AM - 12:19PM
Yama 8:01AM - 9:27AM
Rahu 12:19PM - 1:45PM

Jyeshtha* Until 5:15PM
Siddhi Until 5:22AM Thu
Balava Until 10:37AM
Ashlami* Until 11:46PM

Ganesha: Clear Sunrise: 6:35AM
Muruga: White Sunset: 6:09PM
Nataraja: Light Blue
Moon - Orange Phalguna-Masi

Bhuloka Day
Devaloka Time: 6AM to 9AM
Vasarasu 5:127
Moon 3 - Phase 45 - 7 Ashlami

Creative Work Siddha Yoga
Until 5:15PM
Then Routine Work - Marana Yoga

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Mula* Nakshatra Vyajpata* Yoga Taila/Gara Karana Navamyam Titau

Malmö, Sweden

Sutra 332

Dhanus Rasi: 6.15 Tithi 24

Gulika 9:26AM - 10:52AM
Yama 6:33AM - 7:59AM
Rahu 1:45PM - 3:11PM

Mula* Until 8:08PM
Vyajpata* Until 5:56AM Fri
Taila Until 12:55PM
Navami* Until 1:56AM Fri

Ganesha: White Sunrise: 6:33AM
Muruga: White Sunset: 6:04PM
Nataraja: Light Blue
Moon - Light Blue Phalguna-Masi

Bhuloka Day
Vasarasu 5:127
Moon 3 - Phase 45 - 8 Navami

Creative Work Siddha Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1 Friday, March 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam Malmö, Sweden Purvashadha* Nakshatra Varjaya Vanja/Vanji* Karana Dvadasmyam Titau Sun 9 Sutra 333			
Dhanu Rasi: 18.17	Tithi 25	Gulika 7:57AM - 9:24AM	Purvashadha* Until 10:29PM	Ganesh: White Sunrise: 6:30AM	Vasvasu 5:127
		Yama 3:12PM - 4:39PM	Varjaya Until 6:08AM Sat	Muruga: White Sunset: 6:06PM	Moon 3 - Phase 46 - 9
		181658677 Rahu 10:51AM - 12:18PM	Vanija Until 2:53PM	Nataraja: Light Blue Moon - Light Blue	2nd Phase
Routine Work	Prabalarisha Yoga		Dashami Until 3:39AM Sat	Phalguna-Masi	Bhuloka Day
Until 10:29PM					
Then Routine Work - Marana Yoga					
2 Saturday, March 14, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yuktayam Malmö, Sweden Uttarashadha Nakshatra Varjaya Parigaha* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 334			
Makara Rasi: 0.31	Tithi 26	Gulika 6:28AM - 7:55AM	Uttarashadha Until 12:08AM Sun	Ganesh: White Sunrise: 6:28AM	Vasvasu 5:127
		Yama 1:46PM - 3:13PM	Varjaya Until 6:08AM	Muruga: White Sunset: 6:08PM	Moon 3 - Phase 46 - 10
		181658677 Rahu 9:23AM - 10:50AM	Bava Until 4:19PM	Nataraja: Light Blue Moon - Light Blue	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 4:47AM Sun	Phalguna-Panguni	Bhuloka Day
Until 12:08AM Sun		Karadayam Nombu (Tamil Nadu)			
Then Creative Work - Amrita Yoga					
3 Sunday, March 15, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yuktayam Malmö, Sweden Shravana Nakshatra Shiva Yoga Kaulava/Tallila Karana Dvadasmyam Titau Sun 11 Sutra 335			
Makara Rasi: 12.59	Tithi 27	Gulika 3:14PM - 4:42PM	Shravana Until 1:27AM Mon	Ganesh: Yellow Sunrise: 6:25AM	Vasvasu 5:127
		Yama 12:18PM - 1:46PM	Shiva Until 5:07AM Mon	Muruga: White Sunset: 6:10PM	Moon 3 - Phase 46 - 11
		191658678 Rahu 4:42PM - 6:10PM	Kaulava Until 5:07PM	Nataraja: Purple Moon - Purple	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 5:14AM Mon	Phalguna-Panguni	Bhuloka Day
Until 1:27AM Mon					Devaloka Time: 6AM to 9AM
Then Creative Work - Siddha Yoga					
4 Monday, March 16, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Indu Vasara Yuktayam Malmö, Sweden Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 336			
Makara Rasi: 25.47	Tithi 28	Gulika 1:46PM - 3:15PM	Dhanishtha Until 1:54AM Tue	Ganesh: Yellow Sunrise: 6:20AM	Vasvasu 5:127
Family Home Evening		Yama 10:49AM - 12:17PM	Siddha Until 3:45AM Tue	Muruga: White Sunset: 6:12PM	Moon 3 - Phase 46 - 12
		191658678 Rahu 7:51AM - 9:20AM	Gara Until 5:12PM	Nataraja: Purple Moon - Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:57AM Tue	Phalguna-Panguni	Bhuloka Day
Until 1:54AM Tue					Devaloka Time: 6AM to 9AM
Then Routine Work - Marana Yoga					
5 Tuesday, March 17, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mangala Vasara Yuktayam Malmö, Sweden Shalabhishak Nakshatra Sadyha Yoga Vistil/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337			
Kumbha Rasi: 8.56	Tithi 29	Gulika 12:17PM - 1:46PM	Shalabhishak Until 1:31AM Wed	Ganesh: Blue Sunrise: 6:20AM	Vasvasu 5:127
		Yama 9:18AM - 10:48AM	Sadyha Until 1:52AM Wed	Muruga: White Sunset: 6:16PM	Moon 3 - Phase 46 - 13
		192658678 Rahu 3:16PM - 4:45PM	Vistil Until 4:33PM	Nataraja: Purple Moon - Purple	2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 3:58AM Wed	Phalguna-Panguni	Devaloka Day
Until 1:31AM Wed					
Then Creative Work - Amrita Yoga					
Wednesday, March 18, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Badha Vasara Yuktayam Malmö, Sweden Purvashrothapada* Nakshatra Subha Yoga Catuspada*Alaga* Karana Amavasyam Titau Sun 14 Sutra 338			
Retreat Star		Gulika 10:47AM - 12:17PM	Purvashrothapada* Until 12:51AM Thu	Ganesh: Red Sunrise: 6:17AM	Vasvasu 5:127
Kumbha Rasi: 22.28	Tithi 30	Yama 7:47AM - 9:17AM	Subha Until 11:31PM	Muruga: White Sunset: 6:16PM	Moon 3 - Phase 46 - 14
		112658678 Rahu 12:17PM - 1:47PM	Catuspada Until 3:17PM	Nataraja: Purple Moon - Clear	Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 2:24AM Thu	Phalguna-Panguni	Bhuloka Day
Until 12:51AM Thu					Devaloka Time: 9AM to 12PM
Then Creative Work - Siddha Yoga					
Thursday, March 19, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam Malmö, Sweden Uttarashrothapada Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam Titau Sun 15 Sutra 339			
Retreat Star		Gulika 9:16AM - 10:46AM	Uttarashrothapada Until 11:33PM	Ganesh: Red Sunrise: 6:15AM	Vasvasu 5:127
Meena Rasi: 6.2	Tithi 1	Yama 6:15AM - 7:45AM	Sukla Until 8:44PM	Muruga: White Sunset: 6:18PM	Moon 3 - Phase 46 - 15
		112658678 Rahu 1:47PM - 3:17PM	Kintughna Until 1:27PM	Nataraja: Purple Moon - Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:22AM Fri	Chaitra-Panguni	Bhuloka Day
		Yugadi			Devaloka Time: 9AM to 12PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God, Rig Veda

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1 Friday, March 20, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Malmö, Sweden			
Revati Nakshatra Brahma/Indra		Revati Until 9:46PM Sun 16 Sutra 340			
Gulika	7:43AM – 9:14AM	Revati Until 9:46PM	Ganesha: Red	Sunrise: 6:12AM	Vasarasu 5:17
Yama	3:18PM – 4:49PM	Brahma Until 5:41PM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 47 - 16
122758678 Rahu	10:45AM – 12:16PM	Balava Until 11:14AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga	Dvitiya Until 9:59PM	Moon - Clear	Bhuloka Day	
Until 9:46PM			Chaitra-Panguni	Devaloka Time: 9AM to 12PM	
Then Creative Work	- Amrita Yoga				

2 Saturday, March 21, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mani Vasara Yuktayam Malmö, Sweden			
Ashvini Nakshatra Ashvi/Vaidhiti		Ashvini Until 8:04PM Sun 17 Sutra 341			
Gulika	6:10AM – 7:41AM	Ashvini Until 8:04PM	Ganesha: Yellow	Sunrise: 6:10AM	Vasarasu 5:17
Yama	1:48PM – 3:19PM	Indra Until 2:27PM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 47 - 17
122658678 Rahu	9:13AM – 10:44AM	Taillia Until 8:44AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga	Tritiya Until 7:24PM	Moon - White	Bhuloka Day	
	Chellappaswami Mahasamadi		Chaitra-Panguni	Devaloka Time: 9AM to 12PM	

3 Sunday, March 22, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Malmö, Sweden			
Bharani Nakshatra Vaidhiti/Vishkambha		Bharani Until 6:09PM Sun 18 Sutra 342			
Gulika	3:20PM – 4:52PM	Bharani Until 6:09PM	Ganesha: Blue	Sunrise: 6:07AM	Vasarasu 5:17
Yama	1:48PM – 3:19PM	Vaidhiti Until 11:07AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 47 - 18
122758678 Rahu	4:52PM – 6:24PM	Vanija Until 6:06AM	Nataraja: Purple		3rd Phase
Routine Work	Prabalarista Yoga	Chaturthi Until 4:45PM	Moon - White	Bhuloka Day	
Until 6:09PM			Chaitra-Panguni		
Then Creative Work	- Siddha Yoga				

4 Monday, March 23, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yuktayam Malmö, Sweden			
Krittika/Rohini Nakshatra Vishkambha/Prithi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau		Krittika Until 4:09PM Sun 19 Sutra 343			
Gulika	1:48PM – 3:21PM	Krittika Until 4:09PM	Ganesha: Blue	Sunrise: 6:04AM	Vasarasu 5:17
Yama	10:43AM – 12:15PM	Vishkambha Until 7:49AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 47 - 19
122758678 Rahu	7:37AM – 9:10AM	Kaulava Until 12:53AM Tue	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga	Panchami Until 2:08PM	Moon - White	Bhuloka Day	
Until 4:09PM			Chaitra-Panguni		
Then Creative Work	- Amrita Yoga				

5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Malmö, Sweden			
Rohini/Rohini Nakshatra Ayushnani Yoga Talilla/Gara Karana Shashthi/Saptamiyam Tilau		Rohini Until 2:35PM Sun 20 Sutra 344			
Gulika	12:15PM – 1:48PM	Rohini Until 2:35PM	Ganesha: Yellow	Sunrise: 6:03AM	Vasarasu 5:17
Yama	9:08AM – 10:42AM	Ayushman Until 1:32AM Wed	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 47 - 20
132758678 Rahu	3:22PM – 4:55PM	Gara Until 10:31PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga	Shashthi Until 11:39AM	Moon - Yellow	Bhuloka Day	
Until 2:35PM			Chaitra-Panguni	Devaloka Time: 6AM to 9AM	
Then Creative Work	- Siddha Yoga				

Wednesday, March 25, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Malmö, Sweden			
Retreat Star		Migashira/Andra Nakshatra Saubhagya Yoga Vanija/Vishti/ Karana Saptami/Ashtamiyam Tilau Sun 21 Sutra 345			
Gulika	10:41AM – 12:15PM	Migashira Until 1:05PM	Ganesha: Yellow	Sunrise: 5:59AM	Vasarasu 5:17
Yama	7:33AM – 9:07AM	Saubhagya Until 10:41PM	Muruga: White	Sunset: 6:30PM	Moon 3 - Phase 47 - 21
132758678 Rahu	12:15PM – 1:49PM	Visi Until 8:23PM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga	Saptami Until 9:23AM	Moon - Yellow	Bhuloka Day	
			Chaitra-Panguni	Devaloka Time: 6AM to 9AM	

Thursday, March 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Malmö, Sweden			
Retreat Star		Andra/Punarvasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamiyam Tilau Sun 22 Sutra 346			
Gulika	9:06AM – 10:40AM	Andra Until 11:44AM	Ganesha: Yellow	Sunrise: 5:57AM	Vasarasu 5:17
Yama	5:57AM – 7:31AM	Sobhana Until 8:05PM	Muruga: White	Sunset: 6:30PM	Moon 3 - Phase 47 - 22
132758678 Rahu	1:49PM – 3:23PM	Balava Until 6:32PM	Nataraja: Purple		Navami
Routine Work	Marana Yoga	Ashlami Until 7:24AM	Moon - Yellow	Bhuloka Day	
Until 11:44AM			Chaitra-Panguni	Devaloka Time: 6AM to 9AM	
Then Creative Work	- Amrita Yoga	Sri Rama Navami			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1 Friday, March 27, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Sukra Varsara Yuktayam Malmö, Sweden Panarvasu/Pushya Nakshatra Aihiganda/Sukama Yoga Taillila/Gara Karana Doshahyam Titau Sun 23 Sutra 347			
Kalka Rasi: 0.28	Tithi 10	Gulika 7:29AM - 9:04AM Yama 3:24PM - 4:59PM Rahu 10:39AM - 12:14PM	Punarvasu Untili 10:58AM Aihiganda* Untili 5:43PM Taillila Untili 5:01PM Dashami Untili 4:22AM Sat	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni	Sunrise: 5:54AM Sunset: 6:34PM Moon 3 - Phase 4B - 23 4th Phase
Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga			
Untili 10:58AM					
Then Routine Work - Marana Yoga					
2 Saturday, March 28, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Mantra Varsara Yuktayam Malmö, Sweden Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Titau Sun 24 Sutra 348			
Kalka Rasi: 14.1	Tithi 11	Gulika 5:51AM - 7:27AM Yama 1:49PM - 3:25PM Rahu 9:03AM - 10:38AM	Pushya Untili 10:24AM Sukarma Untili 3:38PM Vanija Untili 3:50PM Ekadashi Untili 3:21AM Sun	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni	Sunrise: 5:51AM Sunset: 6:36PM Moon 3 - Phase 4B - 24 4th Phase
Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga			
Untili 10:24AM					
Then Routine Work - Marana Yoga					
3 Sunday, March 29, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Bhanu Varsara Yuktayam Malmö, Sweden Ashlesha/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 349			
Kalka Rasi: 27.4	Tithi 12	Gulika 3:26PM - 5:02PM Yama 12:14PM - 1:50PM Rahu 5:02PM - 6:38PM	Ashlesha* Untili 10:01AM Dhriti Untili 1:51PM Bava Untili 3:01PM Dvadashi Untili 2:43AM Mon	Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni	Sunrise: 5:49AM Sunset: 6:38PM Moon 3 - Phase 4B - 25 4th Phase
Creative Work	Siddha Yoga	Then Routine Work - Marana Yoga			
Untili 10:01AM					
Then Routine Work - Marana Yoga					
4 Monday, March 30, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Indu Varsara Yuktayam Malmö, Sweden Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taillila Karana Trayodashyam Titau Sun 26 Sutra 350			
Simha Rasi: 10.57	Tithi 13	Gulika 1:50PM - 3:27PM Yama 10:36AM - 12:13PM Rahu 7:23AM - 9:00AM	Magha* Untili 10:19AM Shula* Untili 12:21PM Kaulava Untili 2:34PM Trayodashi Untili 2:28AM Tue	Ganesh: Clear Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni	Sunrise: 5:46AM Sunset: 6:40PM Moon 3 - Phase 4B - 26 4th Phase
Family Home Evening	Marana Yoga	Then Creative Work - Siddha Yoga			
Untili 10:19AM					
Then Creative Work - Siddha Yoga					
5 Tuesday, March 31, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Mangala Varsara Yuktayam Malmö, Sweden Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 351			
Simha Rasi: 24.02	Tithi 14	Gulika 12:13PM - 1:50PM Yama 8:58AM - 10:36AM Rahu 3:28PM - 5:05PM	Purvaphalguni Untili 10:51AM Ganda* Untili 11:10AM Gara Untili 2:31PM Chaturdashi* Untili 2:38AM Wed	Ganesh: Purple Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni	Sunrise: 5:44AM Sunset: 6:42PM Moon 3 - Phase 4B - 27 4th Phase
Creative Work	Siddha Yoga	Then Creative Work - Amrita Yoga			
Untili 10:51AM					
Then Creative Work - Amrita Yoga					
Wednesday, April 1, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Budha Varsara Yuktayam Malmö, Sweden Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Visi*/Bava Karana Punimayam Titau Sun 27 Sutra 352			
Kanya Rasi: 6.55	Tithi 15	Gulika 10:36AM - 12:13PM Yama 7:21AM - 8:58AM Rahu 12:13PM - 1:50PM	Uttaraphalguni Untili 11:38AM Vidhi Untili 10:20AM Visi Untili 2:54PM Purnima* Untili 3:13AM Thu	Ganesh: Purple Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni	Sunrise: 5:44AM Sunset: 6:42PM Moon 3 - Phase 4B - Punima
Creative Work	Amrita Yoga	Then Routine Work - Marana Yoga			
Untili 11:38AM					
Then Routine Work - Marana Yoga					
Thursday, April 2, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Garu Varsara Yuktayam Malmö, Sweden Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 28 Sutra 353			
Kanya Rasi: 19.35	Tithi 16	Gulika 8:57AM - 10:35AM Yama 5:41AM - 7:19AM Rahu 1:50PM - 3:28PM	Hasta Untili 1:09PM Dhruva Untili 9:48AM Balava Untili 3:42PM Prathama* Untili 4:15AM Fri	Ganesh: Clear Muruga: White Nataraja: Purple Moon - Green Chalra-Panguni	Sunrise: 5:41AM Sunset: 6:44PM Moon 3 - Phase 4B - Prathama
Routine Work	Marana Yoga	Then Creative Work - Siddha Yoga			
Untili 1:09PM					
Then Creative Work - Siddha Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 2:04 Tithi 17
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Salara Vasara Yuktayam
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvityayam Titau

Gulika 7:17AM - 8:55AM
Yama 3:29PM - 5:09PM
Rahu 10:34AM - 12:12PM

Chitra Until 2:55PM
Vyaghata* Until 9:38AM
Talila Until 4:57PM

Ganesh: Clear
Muruga: White
Nataraja: Purple
Moon - Green

Sunrise: 5:28AM
Sunset: 6:46PM
Moon 4 - Phase 49 - 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

Malmö, Sweden
Sun 1 Sutra 354
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

1

Saturday, April 4, 2026

Tula Rasi: 14:22 Tithi 18
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Svali/Vishakha Nakshatra Harshana/Vajra* Yoga Vanija Karana Tritayam Titau

Gulika 5:36AM - 7:15AM
Yama 1:51PM - 3:30PM
Rahu 8:54AM - 10:33AM

Svali Until 4:56PM
Harshana Until 9:47AM
Vanija Until 6:36PM

Ganesh: Clear
Muruga: White
Nataraja: Purple
Moon - Green

Sunrise: 5:36AM
Sunset: 6:49PM
Moon 4 - Phase 49 - 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

Malmö, Sweden
Sun 1 Sutra 355
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

2

Sunday, April 5, 2026

Tula Rasi: 26:29 Tithi 18 - 19
Routine Work Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Wsir/Bava Karana Tritiya/Chaturtham Titau

Gulika 3:31PM - 5:10PM
Yama 12:12PM - 12:11PM
Rahu 5:10PM - 6:50PM

Vishakha Until 7:37PM
Vajra* Until 10:12AM
Bava Until 8:36PM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon - Orange

Sunrise: 5:33AM
Sunset: 6:50PM
Moon 4 - Phase 49 - 1st Phase

Devaloka Day

Malmö, Sweden
Sun 2 Sutra 356
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

3

Monday, April 6, 2026

Wischika Rasi: 8:3 Tithi 19 - 20
Family Home Evening
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Svali/Vishakha Nakshatra Vyaghata*/Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 1:52PM - 3:32PM
Yama 10:31AM - 12:11PM
Rahu 7:11AM - 8:51AM

Anuradha Until 10:24PM
Siddhi Until 10:52AM
Kaulava Until 10:52PM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon - Orange

Sunrise: 5:31AM
Sunset: 6:52PM
Moon 4 - Phase 49 - 1st Phase

Devaloka Day

Malmö, Sweden
Sun 3 Sutra 357
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

4

Tuesday, April 7, 2026

Wischika Rasi: 20:26 Tithi 20 - 21
Routine Work Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vysipata*/Varjan Yoga Talila/Gara Karana Panchami/Shestham Titau

Gulika 12:11PM - 1:52PM
Yama 8:50AM - 10:30AM
Rahu 3:33PM - 5:13PM

Jyeshtha* Until 1:09AM Wed
Vysipata* Until 11:42AM
Gara Until 1:17AM Wed

Ganesh: White
Muruga: White
Nataraja: Purple
Moon - Orange

Sunrise: 5:28AM
Sunset: 6:54PM
Moon 4 - Phase 49 - 1st Phase

Devaloka Day

Malmö, Sweden
Sun 4 Sutra 358
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

5

Wednesday, April 8, 2026

Dhanus Rasi: 2:19 Tithi 21 - 22
Routine Work Marana Yoga
Until 4:12AM Thu
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam
Mula* Nakshatra Varjan/Parigha* Yoga Vanija/Vsiti* Karana Shashthi/Saptamam Titau

Gulika 10:30AM - 12:11PM
Yama 7:07AM - 8:48AM
Rahu 12:11PM - 1:52PM

Mula* Until 4:12AM Thu
Varjan Until 12:33PM
Visti Until 3:40AM Thu

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue

Sunrise: 5:26AM
Sunset: 6:56PM
Moon 4 - Phase 49 - 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

Malmö, Sweden
Sun 5 Sutra 359
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

6

Thursday, April 9, 2026

Dhanus Rasi: 14:13 Tithi 22 - 23
Creative Work Siddha Yoga
Until 6:53AM Fri
Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Caru Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Titau

Gulika 8:47AM - 10:29AM
Yama 5:23AM - 7:05AM
Rahu 1:52PM - 3:34PM

Purvashadha* Until 6:53AM Fri
Parigha* Until 1:21PM
Balava Until 5:49AM Fri

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue

Sunrise: 5:23AM
Sunset: 6:58PM
Moon 4 - Phase 49 - 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM

Malmö, Sweden
Sun 6 Sutra 360
Viswasu 5127
Moon 4 - Phase 49 - 1st Phase

D

Friday, April 10, 2026

Retreat Star
Dhanus Rasi: 26:13 Tithi 23
Routine Work Prabalatarisha Yoga
Until 6:53AM
Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava Karana Ashthamam Titau

Gulika 7:03AM - 8:45AM
Yama 3:35PM - 5:17PM
Rahu 10:28AM - 12:10PM

Purvashadha* Until 6:53AM
Shiva Until 1:54PM
Kaulava Until 6:43PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue

Sunrise: 5:21AM
Sunset: 7:02PM
Moon 4 - Phase 49 - 5
Ashtami

Bhuloka Day
Devaloka Time: 9AM to 12PM

Malmö, Sweden
Sun 7 Sutra 361
Viswasu 5127
Moon 4 - Phase 49 - 5
Ashtami

Saturday, April 11, 2026

Retreat Star
Makara Rasi: 8:23 Tithi 24
Routine Work Marana Yoga
Until 8:57AM
Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam Titau

Gulika 5:18AM - 7:01AM
Yama 1:53PM - 3:36PM
Rahu 8:44AM - 10:27AM

Uttarashadha Until 8:57AM
Siddha Until 2:05PM
Talila Until 7:32AM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue

Sunrise: 5:18AM
Sunset: 7:05PM
Moon 4 - Phase 49 - 8
Navami

Bhuloka Day
Devaloka Time: 9AM to 12PM

Malmö, Sweden
Sun 8 Sutra 362
Viswasu 5127
Moon 4 - Phase 49 - 8
Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yukitayam Malmö, Sweden			
Shravana/Dhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Visti' Karana Dashamyam Titau Sun 9 Sutra 363		Gulika 3:37PM – 5:20PM		Shravana Until 10:44AM	
Makara Rasi: 20.5 Tithi 25		Yama 12:10PM – 1:53PM		Ganesha: Blue Sunrise: 5:16AM	
Creative Work Amrita Yoga		Rahu 5:20PM – 7:04PM		Muruga: White Sunset: 7:04PM	
Until 10:44AM				Nataraja: Purple Moon 4 - Phase 50 - 1	
Then Routine Work - Marana Yoga				Moon - Purple Chaitra-Panguni	
		Dahshami Until 8:50PM		Devaloka Day	

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yukitayam Malmö, Sweden			
Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dashamyam Titau Sun 10 Sutra 364		Gulika 1:54PM – 3:38PM		Dhanishtha Until 11:35AM	
Kumbha Rasi: 3.37 Tithi 26		Yama 10:25AM – 12:09PM		Ganesha: Blue Sunrise: 5:13AM	
Family Home Evening		Rahu 6:57AM – 8:41AM		Muruga: White Sunset: 7:06PM	
Creative Work Siddha Yoga				Nataraja: Purple Moon 4 - Phase 50 - 1	
				Moon - Purple Chaitra-Panguni	
		Ekadashi* Until 8:42PM		Devaloka Day	

3 Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Margala Visara Yukitayam Malmö, Sweden			
Shatabhishak/Puravproshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvedshyam Titau Sun 11 Sutra 1		Gulika 12:09PM – 1:54PM		Shatabhishak Until 11:28AM	
Kumbha Rasi: 16.5 Tithi 27		Yama 8:40AM – 10:25AM		Ganesha: Blue Sunrise: 5:11AM	
Routine Work Marana Yoga		Rahu 3:39PM – 5:23PM		Muruga: White Sunset: 7:08PM	
				Nataraja: Purple Moon 4 - Phase 50 - 1	
		Tamil New Year		Moon - Purple Chaitra-Chaitra	
		Dvadashi* Until 7:45PM		Bhuloka Day	

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Budha Vasara Yukitayam Malmö, Sweden			
Puravproshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 2		Gulika 10:24AM – 12:09PM		Puravproshthapada* Until 10:53AM	
Meena Rasi: 0.29 Tithi 28		Yama 6:53AM – 8:39AM		Ganesha: White Sunrise: 5:08AM	
Creative Work Amrita Yoga		Rahu 12:09PM – 1:54PM		Muruga: White Sunset: 7:10PM	
Until 10:53AM				Nataraja: Purple Moon 4 - Phase 50 - 1	
Then Creative Work - Siddha Yoga				Moon - Clear Chaitra-Chaitra	
		Trayodashi* Until 6:03PM		Bhuloka Day	
		Pradosha Vata (Fasting)			

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Guru Vasara Yukitayam Malmö, Sweden			
Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Chatuspada* Karana Chaturdashi/Amavasyam Titau Sun 13 Sutra 3		Gulika 8:37AM – 10:23AM		Utarproshthapada Until 9:28AM	
Meena Rasi: 14.35 Tithi 29 – 30		Yama 5:06AM – 6:51AM		Ganesha: Yellow Sunrise: 5:06AM	
Creative Work Siddha Yoga		Rahu 1:54PM – 3:40PM		Muruga: White Sunset: 7:12PM	
				Nataraja: Purple Moon 4 - Phase 50 - 1	
				Moon - Clear Chaitra-Chaitra	
		Chaturdashi* Until 3:42PM		Bhuloka Day	
				Devaloka Time: 9AM to 12PM	

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Sukra Vasara Yukitayam Malmö, Sweden			
Retreat Star		Gulika 6:49AM – 8:36AM		Revati Until 7:22AM	
Meena Rasi: 29.04 Tithi 30 – 1		Yama 3:41PM – 5:27PM		Ganesha: Yellow Sunrise: 5:03AM	
Creative Work Siddha Yoga		Rahu 10:22AM – 12:08PM		Muruga: White Sunset: 7:14PM	
Until 7:22AM				Nataraja: Purple Moon 4 - Phase 50 - 1	
Then Creative Work - Amrita Yoga				Moon - Clear Chaitra-Chaitra	
		Amavasya* Until 12:51PM		Bhuloka Day	
				Devaloka Time: 9AM to 12PM	

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Manta Vasara Yukitayam Malmö, Sweden			
Retreat Star		Gulika 5:01AM – 6:48AM		Bharani Until 2:39AM Sun	
Mesha Rasi: 13.5 Tithi 1 – 2		Yama 1:55PM – 3:42PM		Prithi Until 7:25PM	
Creative Work Siddha Yoga		Rahu 8:34AM – 10:21AM		Balava Until 8:02PM	
				Prathama Until 9:41AM	
				Moon - White Vaisaka-Chaitra	
				Bhuloka Day	
				Devaloka Time: 9AM to 12PM	

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1	Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Bhanu Vesara Yuktayam				Malmö, Sweden
	Kritika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Dvitya/Trityayam Tilau				Sun 16	Sutra 6	Parabhava 5128
	Mesha Rasi: 28.44	Tilthi 2 – 3	Gulika 3:43PM – 5:30PM	Kritika Untill 11:58PM	Ganesha: Red	Sunrise: 4:58AM	
	Creative Work	Siddha Yoga	Yama 12:08PM – 1:55PM	Ayushman Untill 3:31PM	Muruga: White	Sunset: 7:18PM	Moon 4 - Phase 1 - 16 3rd Phase
		244858678	Rahu 5:30PM – 7:18PM	Gara Untill 3:00AM Mon	Nataraja: Purple		
				Dvitya Untill 6:21AM	Moon – Yellow		Bhuloka Day
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

2	Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Indu Vesara Yuktayam				Malmö, Sweden
	Rohini Nakshatra Saubhagya/Sobhana/Yoga Vanja/Visli* Karana Chalurthyam Tilau				Sun 17	Sutra 7	Parabhava 5128
	Wishabha Rasi: 13.39	Tilthi 4	Gulika 1:56PM – 3:44PM	Rohini Untill 9:40PM	Ganesha: Yellow	Sunrise: 4:56AM	
	Family Home Evening		Yama 10:20AM – 12:08PM	Saubhagya Untill 11:41AM	Muruga: White	Sunset: 7:20PM	Moon 4 - Phase 1 - 17 3rd Phase
Creative Work	Amrita Yoga	234858678	Rahu 6:44AM – 8:32AM	Vanija Untill 1:24PM	Nataraja: Purple		
				Chalurthi* Untill 11:49PM	Moon – Yellow		Bhuloka Day
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

3	Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Mangala Vasara Yuktayam				Malmö, Sweden
	Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchamyam Tilau				Sun 18	Sutra 8	Parabhava 5128
	Wishabha Rasi: 28.26	Tilthi 5	Gulika 12:08PM – 1:56PM	Mrigashira Untill 7:31PM	Ganesha: Yellow	Sunrise: 4:53AM	
	Creative Work	Siddha Yoga	Yama 8:30AM – 10:19AM	Sobhana Untill 8:03AM	Muruga: White	Sunset: 7:29PM	Moon 4 - Phase 1 - 18 3rd Phase
Untill 7:31PM		234858678	Rahu 3:45PM – 5:33PM	Bava Untill 10:20AM	Nataraja: Purple		
Then Routine Work - Marana Yoga				Panchami Untill 8:54PM	Moon – Yellow		Bhuloka Day
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

4	Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Budha Vesara Yuktayam				Malmö, Sweden
	Ardra/Punarvasu Nakshatra Sukarna Yoga Kaulava/Tailika Karana Shashthyam Tilau				Sun 19	Sutra 9	Parabhava 5128
	Mithuna Rasi: 12.59	Tilthi 6	Gulika 10:18AM – 12:07PM	Ardra Untill 5:37PM	Ganesha: Yellow	Sunrise: 4:51AM	
	Creative Work	Siddha Yoga	Yama 6:40AM – 8:29AM	Sukarna Untill 1:38AM Thu	Muruga: White	Sunset: 7:29PM	Moon 4 - Phase 1 - 19 3rd Phase
		234858678	Rahu 12:07PM – 1:56PM	Kaulava Untill 7:36AM	Nataraja: Purple		
				Shashthi* Untill 6:23PM	Moon – Yellow		Bhuloka Day
					Vaisaka-Chaitra		Devaloka Time: 9AM to12:2PM

5	Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Guru Vesara Yuktayam				Malmö, Sweden
	Punarvasu/Pushya Nakshatra Dhriti Yoga Vanja/Visli* Karana Saptami/Ashtamyam Tilau				Sun 20	Sutra 10	Parabhava 5128
	Mithuna Rasi: 27.13	Tilthi 7 – 8	Gulika 8:28AM – 10:17AM	Punarvasu Untill 4:29PM	Ganesha: White	Sunrise: 4:49AM	
	Creative Work	Amrita Yoga	Yama 4:49AM – 6:38AM	Dhriti Untill 11:03PM	Muruga: White	Sunset: 7:29PM	Moon 4 - Phase 1 - 20 3rd Phase
		244858678	Rahu 1:57PM – 3:46PM	Visli Untill 3:35AM Fri	Nataraja: Purple		
				Saptami Untill 4:22PM	Moon – Blue		Devaloka Day
					Vaisaka-Chaitra		

D	Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Sukra Vesara Yuktayam				Malmö, Sweden
	Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Sun 21	Sutra 11	Parabhava 5128
	Kataka Rasi: 11.07	Tilthi 8 – 9	Gulika 6:36AM – 8:27AM	Pushya Untill 3:45PM	Ganesha: White	Sunrise: 4:46AM	
	Routine Work	Marana Yoga	Yama 3:47PM – 5:37PM	Shula* Untill 8:53PM	Muruga: White	Sunset: 7:28PM	Moon 4 - Phase 1 - 21 Ashtami
		244858678	Rahu 10:17AM – 12:07PM	Balava Untill 2:24AM Sat	Nataraja: Purple		
				Ashlami* Untill 2:54PM	Moon – Blue		Devaloka Day
					Vaisaka-Chaitra		

	Saturday, April 25, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mese Sakla Paksho Manta Vesara Yuktayam				Malmö, Sweden
	Ashlesha*Magha* Nakshatra Ganda* Yoga Kaulava/Tailika Karana Navami/Dashamyam Tilau				Sun 22	Sutra 12	Parabhava 5128
	Kataka Rasi: 24.4	Tilthi 9 – 10	Gulika 4:44AM – 6:35AM	Ashlesha* Untill 3:26PM	Ganesha: White	Sunrise: 4:44AM	
	Routine Work	Marana Yoga	Yama 1:57PM – 3:48PM	Ganda* Untill 7:12PM	Muruga: White	Sunset: 7:30PM	Moon 4 - Phase 1 - 22 Navami
Untill 3:26PM		244858679	Rahu 8:25AM – 10:16AM	Tailika Untill 1:46AM Sun	Nataraja: Clear		
Then Creative Work - Amrita Yoga				Navami* Untill 2:00PM	Moon – Blue		Sivaloka Day
					Vaisaka-Chaitra		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 12/20/23

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1 Sunday, April 26, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Пакоше Бһау Весага Уктыяым Magha/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Maimo, Sweden
Simha Rasi: 7.55	Tithi 10 - 11	Gulika 3:49PM - 5:40PM	Magha* Untill 3:57PM	Ganesha: Clear	Sunrise: 4:42AM	Sun 23 Sutra 13
		Yama 12:07PM - 1:58PM	Vridhhi Untill 5:57PM	Muruga: White	Sunset: 7:29PM	Parabhava 5128
		254858679 Rahu 5:40PM - 7:32PM	Vanija Untill 1:41AM Mon	Nataraja: Clear		Moon 4 - Phase 2 - 23
Routine Work - Marana Yoga			Dashami Untill 1:39PM	Moon - Red		4th Phase
Untill 3:57PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						Devaloka Day

2 Monday, April 27, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Пакоше Инду Усага Уктыяым Purvaphalguni/Ultrapahlguni Nakshatra Dhruva/Vyaghata* Yoga Visi/Bava Karana Ekadashi/Dvadashyam Titau				Maimo, Sweden
Simha Rasi: 20.53	Tithi 11 - 12	Gulika 1:58PM - 3:50PM	Purvaphalguni Untill 4:49PM	Ganesha: Purple	Sunrise: 4:39AM	Sun 24 Sutra 14
Family Home Evening		Yama 10:15AM - 12:06PM	Dhruva Untill 5:04PM	Muruga: White	Sunset: 7:34PM	Parabhava 5128
Creative Work - Siddha Yoga		255858679 Rahu 6:31AM - 8:23AM	Bava Untill 2:04AM Tue	Nataraja: Clear		Moon 4 - Phase 2 - 24
			Ekadashi Untill 1:48PM	Moon - Red		4th Phase
				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 6 PM to 9 PM

3 Tuesday, April 28, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Пакоше Mangala Usara Yuktayam Ultraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Maimo, Sweden
Kanya Rasi: 3.38	Tithi 12 - 13	Gulika 12:06PM - 1:59PM	Ultraphalguni Untill 5:57PM	Ganesha: Purple	Sunrise: 4:37AM	Sun 25 Sutra 15
		Yama 8:22AM - 10:14AM	Vyaghata* Untill 4:33PM	Muruga: White	Sunset: 7:35PM	Parabhava 5128
		255858679 Rahu 3:51PM - 5:43PM	Kaulava Untill 2:53AM Wed	Nataraja: Clear		Moon 4 - Phase 2 - 25
Creative Work - Amrita Yoga			Dvadashi Untill 2:24PM	Moon - Red		4th Phase
Untill 5:57PM				Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 6 PM to 9 PM

4 Wednesday, April 29, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Пакоше Budha Vesara Yuktayam Hasta Nakshatra Harshana/Naja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Maimo, Sweden
Kanya Rasi: 16.11	Tithi 13 - 14	Gulika 10:13AM - 12:06PM	Hasla Untill 7:47PM	Ganesha: Clear	Sunrise: 4:35AM	Sun 26 Sutra 16
		Yama 6:27AM - 8:20AM	Harshana Untill 4:22PM	Muruga: White	Sunset: 7:37PM	Parabhava 5128
		265858679 Rahu 12:06PM - 1:59PM	Gara Untill 4:04AM Thu	Nataraja: Clear		Moon 4 - Phase 2 - 26
Routine Work - Marana Yoga			Trayodashi Untill 3:25PM	Moon - Green		4th Phase
Untill 7:47PM				Vaisaka-Chaitra		Devaloka Day
Then Creative Work - Siddha Yoga						

5 Thursday, April 30, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Пакоше Guru Vesara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Vanija/Vesi* Karana Chaturdashhi/Purnimayam Titau				Maimo, Sweden
Kanya Rasi: 28.34	Tithi 14 - 15	Gulika 8:19AM - 10:13AM	Chitra Untill 9:48PM	Ganesha: Clear	Sunrise: 4:32AM	Sun 27 Sutra 17
		Yama 4:32AM - 6:26AM	Vajra* Untill 4:25PM	Muruga: White	Sunset: 7:39PM	Parabhava 5128
		265858679 Rahu 1:59PM - 3:53PM	Visi Untill 5:35AM Fri	Nataraja: Clear		Moon 4 - Phase 2 - 27
Creative Work - Siddha Yoga			Chaturdashhi* Untill 4:46PM	Moon - Green		4th Phase
Untill 9:48PM				Vaisaka-Chaitra		Devaloka Day
Then Creative Work - Amrita Yoga						

Friday, May 1, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Пакоше Sukra Vesara Yuktayam Svati Nakshatra Siddhi/Vyalyalapa* Yoga Bava Karana Purnimayam Titau				Maimo, Sweden
Copper Retreat Star		Gulika 6:22AM - 8:17AM	Svati Untill 11:56PM	Ganesha: Clear	Sunrise: 4:28AM	Sun 28 Sutra 18
Tula Rasi: 10.5	Tithi 15	Yama 3:54PM - 5:49PM	Siddhi Untill 4:43PM	Muruga: White	Sunset: 7:42PM	Parabhava 5128
		265858679 Rahu 10:11AM - 12:06PM	Bava Untill 6:26PM	Nataraja: Clear		Moon 4 - Phase 2 - Purnima
Creative Work - Siddha Yoga			Purnima* Untill 6:26PM	Moon - Green		Devaloka Day
				Vaisaka-Chaitra		

Saturday, May 2, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Krishna Paksha Manita Vesara Yuktayam Vishakha Nakshatra Vyalyalapa*/Varjyan Yoga Balava/Kaulava Karana Prathamayam Titau				Maimo, Sweden
Silver Retreat Star		Gulika 4:26AM - 6:21AM	Vishakha Untill 2:40AM Sun	Ganesha: White	Sunrise: 4:26AM	Sun 29 Sutra 19
Tula Rasi: 22.58	Tithi 16	Yama 2:00PM - 3:55PM	Vyalyalapa* Untill 5:15PM	Muruga: White	Sunset: 7:45PM	Parabhava 5128
		275858679 Rahu 8:16AM - 10:11AM	Balava Untill 7:24AM	Nataraja: Clear		Moon 4 - Phase 2 - Prathama
Creative Work - Siddha Yoga			Prathama* Untill 8:23PM	Moon - Orange		Devaloka Day
Untill 2:40AM Sun				Vaisaka-Chaitra		Devaloka Time: 6 PM to 9 PM
Then Routine Work - Marana Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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