

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 13.13 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 7:34PM
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Інду Васара Yuktayam Port Harcourt, Nigeria
 Svali Nakshatra Vajra* Yoga Talilla/Gara Karana Dvityayam Titau Sutra 3/4
Gulika 2:04PM - 3:35PM **Svali** Until 7:34PM **Ganesh:** Yellow **Sunrise:** 6:26AM **Vasavasu** 5:12Z
Yama 11:01AM - 12:32PM **Vajra*** Until 6:07PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 1st Phase
Rahu 7:58AM - 9:29AM **Taililla** Until 5:16PM **Nataraja:** Clear
Tamil New Year **Dvitiya** Until 6:28AM Tue **Chaitra-Chalitra** **Devaloka Day**
 Moon - Green

1**Tuesday, April 15, 2025**

Tula Rasi: 25.04 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 10:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Mangala Vasara Yuktayam Port Harcourt, Nigeria
 Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvityayam Titau Sutra 1 Sutra 1
Gulika 12:32PM - 2:04PM **Vishakha** Until 10:40PM **Ganesh:** Blue **Sunrise:** 6:26AM **Vasavasu** 5:12Z
Yama 9:29AM - 11:00AM **Siddhi** Until 7:01PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 1st Phase
Rahu 3:35PM - 5:07PM **Bava** Until 7:41PM **Nataraja:** Clear
Dvitiya Until 6:28AM **Chaitra-Chalitra** **Devaloka Day**
 Devaloka Time: 3PM to 6PM
 Moon - Orange

2**Wednesday, April 16, 2025**

Wischika Rasi: 6.58 Tithi 18 - 19
 Creative Work Siddha Yoga
 Until 1:24AM Thu
 Then Routine Work - Prabalasitha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Batha Vasara Yuktayam Port Harcourt, Nigeria
 Anuradha Nakshatra Vyalipata* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau Sutra 2 Sutra 2
Gulika 11:00AM - 12:32PM **Anuradha** Until 1:24AM Thu **Ganesh:** Blue **Sunrise:** 6:25AM **Vasavasu** 5:12Z
Yama 9:29AM - 9:28AM **Vyalipata*** Until 7:47PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 2 1st Phase
Rahu 12:32PM - 2:03PM **Bava** Until 9:55PM **Nataraja:** Clear
Tritiya Until 8:49AM **Chaitra-Chalitra** **Devaloka Day**
 Devaloka Time: 3PM to 6PM
 Moon - Orange

3**Thursday, April 17, 2025**

Wischika Rasi: 18.58 Tithi 19 - 20
 Routine Work Prabalasitha Yoga
 Until 3:40AM Fri
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Guru Vasara Yuktayam Port Harcourt, Nigeria
 Jyeshtha* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sutra 3 Sutra 3
Gulika 9:28AM - 11:00AM **Jyeshtha*** Until 3:40AM Fri **Ganesh:** Blue **Sunrise:** 6:25AM **Vasavasu** 5:12Z
Yama 6:25AM - 7:57AM **Varjyan** Until 8:17PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 3 1st Phase
Rahu 2:03PM - 3:35PM **Kaulava** Until 11:51PM **Nataraja:** Clear
Chaturthi* Until 10:54AM **Chaitra-Chalitra** **Devaloka Day**
 Devaloka Time: 3PM to 6PM
 Moon - Orange

4**Friday, April 18, 2025**

Dhanus Rasi: 1.05 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 5:51AM Sat
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Sukra Vasara Yuktayam Port Harcourt, Nigeria
 Mula* Nakshatra Parigha* Yoga Talilla/Gara Karana Panchami/Shashthyam Titau Sutra 4 Sutra 4
Gulika 7:56AM - 9:28AM **Mula*** Until 5:51AM Sat **Ganesh:** Red **Sunrise:** 6:25AM **Vasavasu** 5:12Z
Yama 3:35PM - 5:06PM **Parigha*** Until 8:31PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 4 1st Phase
Rahu 11:00AM - 12:31PM **Gara** Until 1:22AM Sat **Nataraja:** Clear
Panchami Until 12:39PM **Chaitra-Chalitra** **Devaloka Day**
 Moon - Light Blue

5**Saturday, April 19, 2025**

Dhanus Rasi: 13.24 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 7:20AM Sun
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Manita Vasara Yuktayam Port Harcourt, Nigeria
 Purvashadha* Nakshatra Shiva Yoga Vanja/Visti* Karana Shashthi/Saptamyam Titau Sutra 5 Sutra 5
Gulika 6:24AM - 7:56AM **Purvashadha*** Until 7:20AM Sun **Ganesh:** Red **Sunrise:** 6:24AM **Vasavasu** 5:12Z
Yama 2:03PM - 3:34PM **Shiva** Until 8:23PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 5 1st Phase
Rahu 9:28AM - 10:59AM **Visti** Until 2:22AM Sun **Nataraja:** Clear
Shashthi* Until 1:55PM **Chaitra-Chalitra** **Devaloka Day**
 Moon - Light Blue

D**Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 25.56 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 7:20AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Bhanu Vasara Yuktayam Port Harcourt, Nigeria
 Purvashadha* Nakshatra Siddha Yoga Balava/Balava Karana Saptami/Akshamyam Titau Sutra 6 Sutra 6
Gulika 3:34PM - 5:06PM **Purvashadha*** Until 7:20AM **Ganesh:** Red **Sunrise:** 6:24AM **Vasavasu** 5:12Z
Yama 12:31PM - 2:03PM **Siddha** Until 7:44PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 6 1st Phase
Rahu 5:06PM - 6:38PM **Balava** Until 2:42AM Mon **Nataraja:** Clear
Saptami Until 2:36PM **Chaitra-Chalitra** **Devaloka Day**
 Moon - Light Blue

Monday, April 21, 2025**Retreat Star**

Makara Rasi: 8.48 Tithi 23 - 24
Family Home Evening
 Routine Work Marana Yoga
 Until 8:02AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Indu Vasara Yuktayam Port Harcourt, Nigeria
 Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Taililla Karana Ashtami/Navamyam Titau Sutra 7 Sutra 7
Gulika 2:02PM - 3:34PM **Uttarashadha** Until 8:02AM **Ganesh:** Red **Sunrise:** 6:24AM **Vasavasu** 5:12Z
Yama 10:59AM - 12:31PM **Sadya** Until 6:32PM **Muruga:** Clear **Sunset:** 6:38PM **Moon** 4 - Phase 1 - 7 1st Phase
Rahu 7:55AM - 9:27AM **Taililla** Until 2:19AM Tue **Nataraja:** Clear
Chidambaram Abhishekam **Ashtami*** Until 2:35PM **Chaitra-Chalitra** **Devaloka Day**
 Moon - Light Blue

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 12/20/23

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1 Tuesday, April 22, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Krishna Pakhe: Mangala Vesara Yuktayam Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashayam Tilau				Port Harcourt, Nigeria Sun 8 Sufra 8
Makara Rasi: 22.02	Tithi 24 – 25	Gulika 12:30PM – 2:02PM	Shravana Until 8:18AM	Ganesh: Green Muruga: Clear Nataraja: Clear	Sunrise: 6:23AM Sunset: 6:38PM	Vesavasu 5:17 Moon 4 - Phase 2 - 8 2nd Phase
293298578	Rahu 3:34PM – 5:06PM	Yama 9:27AM – 10:59AM	Subha Until 4:46PM	Navami Until 1:10AM Wed	Moon - Purple Chaitra-Chaitra	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work	Siddha Yoga		Navami* Until 1:49PM			
2 Wednesday, April 23, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Krishna Pakhe: Baha Vesara Yuktayam Dhanishtha/Shubhshak Nakshatra Sukla/Brahma Yoga Visi*/Bava Karana Dashami/Ekadashyam Tilau				Port Harcourt, Nigeria Sun 9 Sufra 9
Kumbha Rasi: 5.41	Tithi 25 – 26	Gulika 10:58AM – 12:30PM	Dhanishtha Until 7:40AM	Ganesh: Green Muruga: Clear Nataraja: Clear	Sunrise: 6:23AM Sunset: 6:38PM	Vesavasu 5:17 Moon 4 - Phase 2 - 9 2nd Phase
293298578	Rahu 12:30PM – 2:02PM	Yama 7:55AM – 9:27AM	Sukla Until 2:21PM	Bava Until 11:16PM	Moon - Purple Chaitra-Chaitra	Bhuloka Day Devaloka Time: 3PM to 6PM
Routine Work	Prabalarishtha Yoga		Dashami Until 12:17PM			
Until 7:40AM						
Then Creative Work	Siddha Yoga					
3 Thursday, April 24, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Krishna Pakhe: Guru Vesara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadasi/Dvadasayam Tilau				Port Harcourt, Nigeria Sun 10 Sufra 10
Kumbha Rasi: 19.48	Tithi 26 – 27	Gulika 9:26AM – 10:58AM	Shatabhishak Until 6:10AM	Ganesh: Green Muruga: Clear Nataraja: Purple	Sunrise: 6:23AM Sunset: 6:37PM	Vesavasu 5:17 Moon 4 - Phase 2 - 10 2nd Phase
293298579	Rahu 2:02PM – 3:34PM	Yama 6:23AM – 7:54AM	Brahma Until 11:23AM	Kaulava Until 8:43PM	Moon - Purple Chaitra-Chaitra	Devaloka Day
Creative Work	Siddha Yoga		Ekadashi* Until 10:03AM			
4 Friday, April 25, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Krishna Pakhe: Sukra Vesara Yuktayam Uttaraprosarthpada Nakshatra Indra/Vaidhii* Yoga Tailla/Vanija Karana Dvadasai/Troydashayam Tilau				Port Harcourt, Nigeria Sun 11 Sufra 11
Meena Rasi: 4.2	Tithi 27 – 28	Gulika 7:54AM – 9:26AM	Uttaraprosarthpada Until 1:52AM Sat	Ganesh: Purple Muruga: Clear Nataraja: Purple	Sunrise: 6:23AM Sunset: 6:37PM	Vesavasu 5:17 Moon 4 - Phase 2 - 11 2nd Phase
213298579	Rahu 10:58AM – 12:30PM	Yama 3:34PM – 5:06PM	Indra Until 7:57AM	Vanija Until 3:54AM Sat	Moon - Clear Chaitra-Chaitra	Devaloka Day
Creative Work	Siddha Yoga		Dvadasai* Until 7:13AM			
Until 1:52AM Sat						
Then Routine Work	Prabalarishtha Yoga		Pradosha Vata (Fasting)			
5 Saturday, April 26, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Krishna Pakhe: Mania Vesara Yuktayam Revati Nakshatra Vishkambha* Yoga Visi*/Sakuni* Karana Chaturdashyam Tilau				Port Harcourt, Nigeria Sun 12 Sufra 12
Meena Rasi: 19.14	Tithi 29	Gulika 6:22AM – 7:54AM	Revati Until 10:56PM	Ganesh: Purple Muruga: Clear Nataraja: Purple	Sunrise: 6:23AM Sunset: 6:37PM	Vesavasu 5:17 Moon 4 - Phase 2 - 12 2nd Phase
213298579	Rahu 9:26AM – 10:58AM	Yama 2:02PM – 3:34PM	Vishkambha* Until 11:59PM	Visi Until 2:08PM	Moon - Clear Chaitra-Chaitra	Devaloka Day
Routine Work	Prabalarishtha Yoga		Chaturdashai* Until 12:16AM Sun			
Until 10:56PM						
Then Creative Work	Siddha Yoga					
Sunday, April 27, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Krishna Pakhe: Bharu Vesara Yuktayam Ashvini Nakshatra Pithi Yoga Catuspada* Naaga* Karana Amavasyayam Tilau				Port Harcourt, Nigeria Sun 13 Sufra 13
Mesha Rasi: 4.23	Tithi 30	Gulika 3:33PM – 5:05PM	Ashvini Until 8:05PM	Ganesh: Orange Muruga: Clear Nataraja: Purple	Sunrise: 6:23AM Sunset: 6:37PM	Vesavasu 5:17 Moon 4 - Phase 2 - 13 Amavasya
224298579	Rahu 5:05PM – 6:37PM	Yama 12:30PM – 2:01PM	Pithi Until 7:45PM	Catuspada Until 10:24AM	Moon - White Chaitra-Chaitra	Sivaloka Day
Creative Work	Siddha Yoga		Amavasya* Until 8:29PM			
Until 8:05PM						
Then Routine Work	Prabalarishtha Yoga					
Monday, April 28, 2025		Viswasa Nama Samvatsara Uтарыаге Nartana Ritau Mesha Mase Sukla Pakhe: Indu Vesara Yuktayam Bharani/Kritika Nakshatra Ajyushman/Saubhagya Yoga Kintughna*/Balava Karana Prathama/Dvityayam Tilau				Port Harcourt, Nigeria Sun 14 Sufra 14
Mesha Rasi: 19.37	Tithi 1 – 2	Gulika 2:01PM – 3:33PM	Bharani Until 5:06PM	Ganesh: Orange Muruga: Clear Nataraja: Purple	Sunrise: 6:21AM Sunset: 6:37PM	Vesavasu 5:17 Moon 4 - Phase 2 - 14 Prathama
224298579	Rahu 7:53AM – 9:25AM	Yama 10:57AM – 12:29PM	Ajyushman Until 3:30PM	Kintughna Until 6:35AM	Moon - White Vaisaka-Chaitra	Sivaloka Day
Family Home Evening	Siddha Yoga		Prathama* Until 4:41PM			
Until 5:06PM						
Then Routine Work	Marana Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1

Tuesday, April 29, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Mangala Vasara Yuktayam
Kritika/Rohini Nakshatra Sasbhaga/Sobhana Yoga Kauwala/Taila Karana Dvitya/Tritiyam TilauPort Harcourt, Nigeria
Sun 15 Sufra 15

Wishabha Rasi: 4.47 Tilthi 2 - 3

Gulika 12:29PM - 2:01PM
Yama 9:25AM - 10:57AM
Rahu 244398579 3:33PM - 5:05PMKritika Untill 2:10PM
Saubhagya Untill 11:23AM
Taila Untill 11:23PM
Dvitya Untill 1:03PMGanesh: Orange Sunrise: 6:21AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon - White
Vaisaka-Chaitra

Sivaloka Day

Creative Work Siddha Yoga
Untill 2:10PM
Then Creative Work - Amrita Yoga

2

Wednesday, April 30, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Butha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham TilauPort Harcourt, Nigeria
Sun 16 Sufra 16

Wishabha Rasi: 19.44 Tilthi 3 - 4

Gulika 10:57AM - 12:29PM
Yama 7:53AM - 9:25AM
Rahu 244398579 12:29PM - 2:01PMRohini Untill 11:50AM
Sobhana Untill 7:33AM
Vanija Untill 8:19PM
Tritiya Untill 9:46AMGanesh: Clear Sunrise: 6:21AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon - Yellow
Vaisaka-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Akhshaya Tritiya

3

Thursday, May 1, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sukarma Yoga Vesi*/Balava Karana Chaturthi/Panchamam TilauPort Harcourt, Nigeria
Sun 17 Sufra 17

Mithuna Rasi: 4.2 Tilthi 4 - 5

Gulika 9:25AM - 10:57AM
Yama 6:21AM - 7:53AM
Rahu 244398579 2:01PM - 3:33PMMrigashira Untill 9:53AM
Sukarma Untill 1:09AM Fri
Balava Untill 4:49AM Fri
Chaturthi* Untill 6:58AMGanesh: Purple Sunrise: 6:21AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon - Yellow
Vaisaka-Chaitra

Devaloka Day

Routine Work Marana Yoga

4

Friday, May 2, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Dhriti Yoga Kauwala/Taila Karana Shashthi/Panchamam TilauPort Harcourt, Nigeria
Sun 18 Sufra 18

Mithuna Rasi: 18.29 Tilthi 6

Gulika 7:53AM - 9:25AM
Yama 3:33PM - 5:05PM
Rahu 244398579 10:57AM - 12:29PMArdra Untill 8:27AM
Dhriti Untill 10:50PM
Kauwala Untill 4:02PM
Shashthi* Untill 3:24AM SatGanesh: Purple Sunrise: 6:21AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon - Yellow
Vaisaka-Chaitra

Devaloka Day

Creative Work Siddha Yoga

5

Saturday, May 3, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamam TilauPort Harcourt, Nigeria
Sun 19 Sufra 19

Kataka Rasi: 2.1 Tilthi 7

Gulika 6:20AM - 7:52AM
Yama 2:01PM - 3:33PM
Rahu 244398579 9:25AM - 10:57AMPunarvasu Untill 8:04AM
Shula* Untill 9:09PM
Gara Untill 3:02PM
Saptami Untill 2:50AM SunGanesh: Clear Sunrise: 6:20AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon - Blue
Vaisaka-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

6

Sunday, May 4, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Ganda* Yoga Vesi*/Bava Karana Ashtamam TilauPort Harcourt, Nigeria
Sun 20 Sufra 20

Retreat Star

Kataka Rasi: 15.22 Tilthi 8

Gulika 3:33PM - 5:05PM
Yama 12:29PM - 2:01PM
Rahu 244398579 5:05PM - 6:37PMPushya Untill 8:22AM
Ganda* Untill 8:09PM
Vesi Untill 2:53PM
Ashlami* Untill 3:06AM MonGanesh: Clear Sunrise: 6:20AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Purple
Moon - Blue
Vaisaka-Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Monday, May 5, 2025

Viswastu Nama Samvatsare Uтарыыы Natana Ritau Mesha Mase Salka Pakhe Indu Vasara Yuktayam
Ashlesha/Magha* Nakshatra Viddhi Yoga Balava/Kauwala Karana Navamam TilauPort Harcourt, Nigeria
Sun 21 Sufra 21

Retreat Star

Kataka Rasi: 28.1 Tilthi 9

Gulika 2:01PM - 3:33PM
Yama 10:56AM - 12:29PM
Rahu 244318579 7:52AM - 9:24AMAshlesha* Untill 9:20AM
Viddhi Untill 7:48PM
Balava Untill 3:33PM
Navami* Untill 4:09AM TueGanesh: Clear Sunrise: 6:20AM
Muruga: Red Sunset: 6:37PM
Nataraja: Purple
Moon - Blue
Vaisaka-Chaitra

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga
Untill 9:20AM
Then Routine Work - Marana Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktayam Port Harcourt, Nigeria Magha*Purvaphalguni Nakshatra Dhruva Yoga Talita/Gara Karana Dushamnyam Titau Sun 22 Sufra 22			
Simha Rasi: 11	Tithi 10	Gulika 12:28PM - 2:01PM	Magha* Until 11:20AM	Ganesh: White Sunrise: 6:20AM	Vasavasu 5:17
		Yama 9:24AM - 10:56AM	Dhruva Until 7:57PM	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 22
Creative Work	Siddha Yoga	Rahu 3:33PM - 5:05PM	Talita Until 4:56PM	Nataraja: Purple	4th Phase
			Dashami Until 5:50AM Wed	Moon - Red	Devaloka Day
				Vaisaka-Chaitra	

2 Wednesday, May 7, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Budha Vasara Yuktayam Port Harcourt, Nigeria Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija Karana Ekadashi/Dvayodashyam Titau Sun 23 Sufra 23			
Simha Rasi: 22.46	Tithi 11	Gulika 10:56AM - 12:28PM	Purvaphalguni Until 1:46PM	Ganesh: White Sunrise: 6:20AM	Vasavasu 5:17
		Yama 7:52AM - 9:24AM	Vyaghata* Until 8:33PM	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 22
Creative Work	Amrita Yoga	Rahu 12:28PM - 2:01PM	Vanija Until 6:54PM	Nataraja: Purple	4th Phase
			Ekadashi Until 8:01AM Thu	Moon - Red	Devaloka Day
				Vaisaka-Chaitra	

3 Thursday, May 8, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Guru Vasara Yuktayam Port Harcourt, Nigeria Uttaraphalguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvayodashyam Titau Sun 24 Sufra 24			
Kanya Rasi: 4.44	Tithi 11 - 12	Gulika 9:24AM - 10:56AM	Uttaraphalguni Until 4:27PM	Ganesh: White Sunrise: 6:19AM	Vasavasu 5:17
		Yama 6:19AM - 7:52AM	Harshana Until 9:27PM	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 24
	Amrita Yoga	Rahu 2:01PM - 3:33PM	Bava Until 9:15PM	Nataraja: Purple	4th Phase
Until 4:27PM			Ekadashi Until 8:01AM	Moon - Red	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

4 Friday, May 9, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktayam Port Harcourt, Nigeria Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvayadashi/Trayodashyam Titau Sun 25 Sufra 25			
Kanya Rasi: 16.35	Tithi 12 - 13	Gulika 7:51AM - 9:24AM	Hasta Until 7:40PM	Ganesh: Yellow Sunrise: 6:19AM	Vasavasu 5:17
		Yama 3:33PM - 5:05PM	Vajra* Until 10:28PM	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 25
Creative Work	Amrita Yoga	Rahu 10:56AM - 12:28PM	Kaulava Until 11:48PM	Nataraja: Purple	4th Phase
Until 7:40PM			Dvayadashi Until 10:29AM	Moon - Green	Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	
				Pradosha Vata	

5 Saturday, May 10, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Manta Vasara Yuktayam Port Harcourt, Nigeria Chitra Nakshatra Siddhi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26			
Kanya Rasi: 28.24	Tithi 13 - 14	Gulika 6:19AM - 7:51AM	Chitra Until 10:47PM	Ganesh: White Sunrise: 6:19AM	Vasavasu 5:17
		Yama 2:01PM - 3:33PM	Siddhi Until 11:31PM	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 26
Routine Work	Marana Yoga	Rahu 9:24AM - 10:56AM	Gara Until 2:22AM Sun	Nataraja: Purple	4th Phase
Until 10:47PM			Trayodashi Until 1:04PM	Moon - Green	Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	

6 Sunday, May 11, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vasara Yuktayam Port Harcourt, Nigeria Svati Nakshatra Vyatipata* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 27			
Tula Rasi: 10.13	Tithi 14 - 15	Gulika 3:33PM - 5:05PM	Svati Until 1:39AM Mon	Ganesh: White Sunrise: 6:19AM	Vasavasu 5:17
		Yama 12:28PM - 2:01PM	Vyatipata* Until 12:32AM Mon	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 27
Creative Work	Siddha Yoga	Rahu 5:05PM - 6:37PM	Visi Until 4:50AM Mon	Nataraja: Purple	4th Phase
Until 1:39AM Mon			Chaturdashi* Until 3:36PM	Moon - Green	Subha Sivaloka Day
Then Routine Work - Marana Yoga		Mother's Day		Vaisaka-Chaitra	

Monday, May 12, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Indu Vasara Yuktayam Port Harcourt, Nigeria Vishakha Nakshatra Vriyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sufra 28			
Copper Retreat Star		Gulika 2:01PM - 3:33PM	Vishakha Until 4:40AM Tue	Ganesh: Yellow Sunrise: 6:19AM	Vasavasu 5:17
Tula Rasi: 22.04	Tithi 15 - 16	Yama 10:56AM - 12:28PM	Vriyan Until 1:22AM Tue	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 28
Family Home Evening		Rahu 7:51AM - 9:24AM	Balava Until 7:07AM Tue	Nataraja: Purple	Purnima
Routine Work	Marana Yoga		Purnima* Until 5:59PM	Moon - Orange	Sivaloka Day
Until 4:40AM Tue				Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga					

Tuesday, May 13, 2025		Viswasa Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yuktayam Port Harcourt, Nigeria Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sufra 29			
Silver Retreat Star		Gulika 12:28PM - 2:01PM	Anuradha Until 7:17AM Wed	Ganesh: Yellow Sunrise: 6:19AM	Vasavasu 5:17
Wishika Rasi: 3.59	Tithi 16	Yama 9:23AM - 10:56AM	Parigha* Until 2:03AM Wed	Muruga: Red Sunset: 6:23PM	Moon 4 - Phase 4 - 29
Creative Work	Siddha Yoga	Rahu 3:33PM - 5:05PM	Balava Until 7:07AM	Nataraja: Purple	Prathama
			Prathama* Until 8:08PM	Moon - Orange	Sivaloka Day
				Vaisaka-Chaitra	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Wednesday, May 14, 2025

Gold Retreat Star

Wisika Rasi: 16.01 Tithi 17
Creative Work Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Budha Vasara Yuktayam Port Harcourt, Nigeria
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Titau Sun 1 Sufra 30
Gulika 10:56AM - 12:28PM Anuradha Untill 7:17AM Ganesha: Yellow Sunrise: 6:19AM Vivasaxu 5:17
Yama 7:51AM - 9:23AM Shiva Untill 2:31AM Thu Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 1
Rahu 12:28PM - 2:01PM Talila Untill 9:08AM Nataraja: Purple 1st Phase
Dvitiya Untill 10:01PM Moon - Orange Sivaloka Day
Vaisaka-Vaikasi

1

Thursday, May 15, 2025

Wisika Rasi: 28.09 Tithi 18
Routine Work Prabalarishta Yoga
Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Guru Vasara Yuktayam Port Harcourt, Nigeria
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanija/Visli* Karana Tritrayayam Titau Sun 2 Sufra 31
Gulika 9:23AM - 10:56AM Jyeshtha* Untill 9:27AM Ganesha: Yellow Sunrise: 6:19AM Vivasaxu 5:17
Yama 6:19AM - 7:51AM Siddha Untill 2:42AM Fri Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 2
Rahu 2:01PM - 3:33PM Vanija Untill 10:51AM Nataraja: Purple 1st Phase
Tritiya Untill 11:34PM Moon - Orange Sivaloka Day
Vaisaka-Vaikasi

2

Friday, May 16, 2025

Dhanus Rasi: 10.26 Tithi 19
Creative Work Amrita Yoga
Untill 11:37AM
Then Routine Work - Prabalarishta Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Sukra Vasara Yuktayam Port Harcourt, Nigeria
Mula*/Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthayam Titau Sun 3 Sufra 32
Gulika 7:51AM - 9:23AM Mula* Untill 11:37AM Ganesha: Blue Sunrise: 6:18AM Vivasaxu 5:17
Yama 6:19AM - 7:51AM Sadhya Untill 2:37AM Sat Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 3
Rahu 10:56AM - 12:28PM Bava Untill 12:14PM Nataraja: Purple 1st Phase
Chaturthi* Untill 12:46AM Sat Moon - Light Blue Subha Sivaloka Day
Vaisaka-Vaikasi

3

Saturday, May 17, 2025

Dhanus Rasi: 22.52 Tithi 20
Creative Work Siddha Yoga
Untill 1:14PM
Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Manta Vasara Yuktayam Port Harcourt, Nigeria
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Titau Sun 4 Sufra 33
Gulika 6:18AM - 7:51AM Purvashadha* Untill 1:14PM Ganesha: Blue Sunrise: 6:18AM Vivasaxu 5:17
Yama 2:01PM - 3:33PM Subha Untill 2:13AM Sun Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 4
Rahu 9:23AM - 10:56AM Kadava Untill 1:13PM Nataraja: Purple 1st Phase
Panchami Untill 1:31AM Sun Moon - Orange Subha Sivaloka Day
Vaisaka-Vaikasi

4

Sunday, May 18, 2025

Makara Rasi: 5.3 Tithi 21
Creative Work Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Bhanu Vasara Yuktayam Port Harcourt, Nigeria
Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthayam Titau Sun 5 Sufra 34
Gulika 3:33PM - 5:06PM Uttarashadha Untill 2:15PM Ganesha: Blue Sunrise: 6:18AM Vivasaxu 5:17
Yama 12:28PM - 2:01PM Sukla Untill 1:24AM Mon Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 5
Rahu 5:06PM - 6:38PM Gara Untill 1:45PM Nataraja: Purple 1st Phase
Shashthi* Untill 1:47AM Mon Moon - Light Blue Subha Sivaloka Day
Vaisaka-Vaikasi

5

Monday, May 19, 2025

Makara Rasi: 18.23 Tithi 22
Family Home Evening
Creative Work Amrita Yoga
Untill 3:03PM
Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Indu Vasara Yuktayam Port Harcourt, Nigeria
Shravana/Dhanishtha Nakshatra Brahma Yoga Visli* Bava Karana Sapthamayam Titau Sun 6 Sufra 35
Gulika 2:01PM - 3:33PM Shravana Untill 3:03PM Ganesha: Blue Sunrise: 6:18AM Vivasaxu 5:17
Yama 10:56AM - 12:28PM Brahma Untill 12:08AM Tue Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 6
Rahu 7:51AM - 9:23AM Visli Untill 1:43PM Nataraja: Purple 1st Phase
Saptami Untill 1:28AM Tue Moon - Purple Devaloka Day
Vaisaka-Vaikasi

D

Tuesday, May 20, 2025

Kumbha Rasi: 1.34 Tithi 23
Creative Work Siddha Yoga
Untill 3:06PM
Then Routine Work - Marana Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Mangala Vasara Yuktayam Port Harcourt, Nigeria
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamayam Titau Sun 7 Sufra 36
Gulika 12:28PM - 2:01PM Dhanishtha Untill 3:06PM Ganesha: Blue Sunrise: 6:18AM Vivasaxu 5:17
Yama 9:23AM - 10:56AM Indra Untill 10:23PM Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 7
Rahu 3:33PM - 5:06PM Balava Untill 1:06PM Nataraja: Purple 1st Phase
Ashtami* Untill 12:31AM Wed Moon - Purple Devaloka Day
Vaisaka-Vaikasi

Wednesday, May 21, 2025

Retreat Star

Kumbha Rasi: 15.06 Tithi 24
Creative Work Siddha Yoga
Untill 2:22PM
Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsara Uтарыяне Nartana Ritau Wisahbha Mase Krishna Paksho Budha Vasara Yuktayam Port Harcourt, Nigeria
Shatabhishak/Purvashrothapada* Nakshatra Vaidhri* Yoga Talila/Gara Karana Navamayam Titau Sun 8 Sufra 37
Gulika 10:56AM - 12:28PM Shatabhishak Untill 2:22PM Ganesha: Blue Sunrise: 6:18AM Vivasaxu 5:17
Yama 7:51AM - 9:23AM Vaidhri* Untill 8:05PM Muruga: Red Sunset: 6:38PM Moon 5 - Phase 5 - 8
Rahu 12:28PM - 2:01PM Talila Untill 11:50AM Nataraja: Purple 1st Phase
Navami* Untill 10:56PM Moon - Purple Devaloka Day
Vaisaka-Vaikasi

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 22, 2025

Kumbha Rasi: 29.01 Tithi 25
Creative Work Siddha Yoga

Gulika
Yama
Rahu

9:23AM - 10:56AM
6:18AM - 7:51AM
2:01PM - 3:34PM

Puravroshthapada* Until 1:17PM
Vishkambha* Until 5:18PM
Vanija Until 9:55AM
Dashami Until 8:43PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 6:18AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 9 Sufra 38
Vasavasu 5:17
Moon 5 - Phase 6 - 9
2nd Phase

Devaloka Day

2 Friday, May 23, 2025

Mesha Rasi: 13.19 Tithi 26 - 27
Creative Work Siddha Yoga

Gulika
Yama
Rahu

7:51AM - 9:23AM
3:34PM - 5:06PM
10:56AM - 12:29PM

Uttaravroshthapada Until 11:30AM
Prithi Until 2:03PM
Bava Until 7:26AM
Ekadashi* Until 5:58PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 6:18AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 10 Sufra 39
Vasavasu 5:17
Moon 5 - Phase 6 - 10
2nd Phase

Devaloka Day

3 Saturday, May 24, 2025

Mesha Rasi: 27.59 Tithi 27 - 28
Routine Work Prabalarishta Yoga
Until 9:06AM
Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

6:18AM - 7:51AM
2:01PM - 3:34PM
9:23AM - 10:56AM

Revati Until 9:06AM
Ayushman Until 10:25AM
Gara Until 1:05AM Sun
Dvadashi* Until 2:47PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 6:18AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 11 Sufra 40
Vasavasu 5:17
Moon 5 - Phase 6 - 11
2nd Phase

Devaloka Day

Pradosha Vrata (Fasting)

4 Sunday, May 25, 2025

Mesha Rasi: 12.56 Tithi 28 - 29
Creative Work Siddha Yoga
Until 6:37AM
Then Routine Work - Prabalarishta Yoga

Gulika
Yama
Rahu

3:34PM - 5:06PM
12:29PM - 2:01PM
5:06PM - 6:39PM

Ashvini Until 6:37AM
Saubhagya Until 6:30AM
Vistil Until 9:30PM
Trayodashi* Until 11:18AM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - White
Vaisaka-Vaikasi

Sunrise: 6:18AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 12 Sufra 41
Vasavasu 5:17
Moon 5 - Phase 6 - 12
2nd Phase

Devaloka Day

Monday, May 26, 2025

Retreat Star
Mesha Rasi: 28.02 Tithi 29 - 30
Family Home Evening
Routine Work Marana Yoga
Until 12:52AM Tue
Then Creative Work - Amrita Yoga

Gulika
Yama
Rahu

2:01PM - 3:34PM
10:56AM - 12:29PM
7:51AM - 9:24AM

Kritika Until 12:52AM Tue
Alhiganda* Until 10:21PM
Naga Until 4:01AM Tue
Chaturdashi* Until 7:39AM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - White
Vaisaka-Vaikasi

Sunrise: 6:18AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 13 Sufra 42
Vasavasu 5:17
Moon 5 - Phase 6 - 13
Amavasya

Devaloka Day

Tuesday, May 27, 2025

Retreat Star
Vishabha Rasi: 13.07 Tithi 1
Creative Work Amrita Yoga
Until 10:21PM
Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

12:29PM - 2:02PM
9:24AM - 10:56AM
3:34PM - 5:07PM

Rohini Until 10:21PM
Sukarma Until 6:23PM
Kintughna Until 2:17PM
Prathama* Until 12:34AM Wed

Ganesh: Green
Muruga: Red
Nataraja: Purple
Moon - Yellow
Jyeshtha-Vaikasi

Sunrise: 6:18AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 14 Sufra 43
Vasavasu 5:17
Moon 5 - Phase 6 - 14
Prathama

Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Mrigashira Nakshatra Dhrivi/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 44	
Wishabha Rasi: 28.04	Tilhi 2	Gulika 10:56AM - 12:29PM	Mrigashira Until 8:01PM	Ganesh: Green	Sunrise: 6:18AM	Vasvasu 5:17	
		Yama 7:51AM - 9:24AM	Dhrivi Until 2:40PM	Muruga: Red	Sunset: 6:40PM	Moon 5 - Phase 7 - 15	
Creative Work	Siddha Yoga	Rahu 12:29PM - 2:02PM	Balava Until 10:59AM	Nataraja: Purple		3rd Phase	
			Dvitiya Until 9:28PM	Moon - Blue			Devaloka Day
				Jyeshtha-Vaikasi			
2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Andra Nakshatra Shula*Ganda* Yoga Talilla/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 45	
Mithuna Rasi: 12.42	Tilhi 3	Gulika 9:24AM - 10:56AM	Andra Until 6:03PM	Ganesh: Green	Sunrise: 6:18AM	Vasvasu 5:17	
		Yama 6:18AM - 7:51AM	Shula* Until 11:18AM	Muruga: Red	Sunset: 6:40PM	Moon 5 - Phase 7 - 16	
Routine Work	Marana Yoga	Rahu 2:02PM - 3:34PM	Talilla Until 8:07AM	Nataraja: Purple		3rd Phase	
Until 6:03PM			Tritiya Until 6:53PM	Moon - Yellow			Devaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			
3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam Panarvasu/Pushya Nakshatra Ganda*Vidhih Yoga Visi*/Bava Karana Chaturthi/Panchmyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 46	
Mithuna Rasi: 26.56	Tilhi 4 - 5	Gulika 7:51AM - 9:24AM	Punarvasu Until 5:02PM	Ganesh: White	Sunrise: 6:19AM	Vasvasu 5:17	
		Yama 3:35PM - 5:07PM	Ganda* Until 8:28AM	Muruga: Red	Sunset: 6:40PM	Moon 5 - Phase 7 - 17	
Creative Work	Siddha Yoga	Rahu 10:57AM - 12:29PM	Bava Until 4:18AM Sat	Nataraja: Purple		3rd Phase	
Until 5:02PM			Chaturthi* Until 4:57PM	Moon - Blue			Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			
4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Merita Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vidhih/Urausa Yoga Balava/Kaulava Karana Panchami/Saasthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 47	
Kalkata Rasi: 10.42	Tilhi 5 - 6	Gulika 6:19AM - 7:51AM	Pushya Until 4:39PM	Ganesh: White	Sunrise: 6:19AM	Vasvasu 5:17	
		Yama 2:02PM - 3:35PM	Vidhih Until 6:15AM	Muruga: Red	Sunset: 6:40PM	Moon 5 - Phase 7 - 18	
Creative Work	Siddha Yoga	Rahu 9:24AM - 10:57AM	Kaulava Until 3:35AM Sun	Nataraja: Purple		3rd Phase	
Until 4:39PM			Panchami Until 3:49PM	Moon - Blue			Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			
5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 48	
Kalkata Rasi: 23.59	Tilhi 6 - 7	Gulika 3:35PM - 5:08PM	Ashlesha* Until 4:58PM	Ganesh: White	Sunrise: 6:19AM	Vasvasu 5:17	
		Yama 12:30PM - 2:02PM	Vyaghata* Until 3:50AM Mon	Muruga: Red	Sunset: 6:40PM	Moon 5 - Phase 7 - 19	
Creative Work	Siddha Yoga	Rahu 5:08PM - 6:40PM	Gara Until 3:45AM Mon	Nataraja: Purple		3rd Phase	
Until 4:58PM			Shashthi* Until 3:32PM	Moon - Blue			Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			
6		Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Saplami/Asthamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 49	
Simha Rasi: 6.49	Tilhi 7 - 8	Gulika 2:02PM - 3:35PM	Magha* Until 6:26PM	Ganesh: White	Sunrise: 6:19AM	Vasvasu 5:17	
Family Home Evening		Yama 10:57AM - 12:30PM	Harshana Until 3:39AM Tue	Muruga: Red	Sunset: 6:41PM	Moon 5 - Phase 7 - 20	
Until 6:26PM		Rahu 7:52AM - 9:24AM	Visi Until 4:45AM Tue	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Saplami Until 4:08PM	Moon - Red			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			
D		Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 50	
Simha Rasi: 19.17	Tilhi 8 - 9	Gulika 12:30PM - 2:03PM	Purvaphalguni Until 8:30PM	Ganesh: White	Sunrise: 6:19AM	Vasvasu 5:17	
		Yama 9:24AM - 10:57AM	Vajra* Until 3:59AM Wed	Muruga: Red	Sunset: 6:41PM	Moon 5 - Phase 7 - 21	
Creative Work	Siddha Yoga	Rahu 3:35PM - 5:08PM	Balava Until 6:26AM Wed	Nataraja: Purple		Ashtami	
Until 8:30PM			Ashtami* Until 5:30PM	Moon - Red			Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			
Wednesday, June 4, 2025		Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 51	
Kanya Rasi: 1.26	Tilhi 9	Gulika 10:57AM - 12:30PM	Uttaraphalguni Until 10:58PM	Ganesh: White	Sunrise: 6:19AM	Vasvasu 5:17	
		Yama 7:52AM - 9:25AM	Siddhi Until 4:45AM Thu	Muruga: Red	Sunset: 6:41PM	Moon 5 - Phase 7 - 22	
Creative Work	Amrita Yoga	Rahu 12:30PM - 2:03PM	Balava Until 6:26AM	Nataraja: Purple		Navami	
Until 10:58PM			Navami* Until 7:28PM	Moon - Red			Subha Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Thursday, June 5, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше: Guru Vasara Yuktayam			Port Harcourt, Nigeria
Kanya Rasi: 13.24 Tithi 10		Hashta Nakshatra Vyalipata* Yoga Talila/Gara Karana Dashamyam Tilau			Sun 23 Sufra 52
Routine Work Marana Yoga		Gulika 9:25AM - 10:57AM	Hashta Until 2:06AM Fri	Ganesh: Clear <i>Sunrise: 6:19AM</i>	Vasavasu 5:17
Until 2:06AM Fri		Yama 6:19AM - 7:52AM	Vyalipata* Until 5:45AM Fri	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - 23
Then Creative Work - Siddha Yoga		368418571 Rahu 2:03PM - 3:36PM	Tailita Until 8:39AM	Nataraja: Blue	4th Phase
			Dashami Until 9:51PM	Moon - Green	Sivaloka Day
				Jyeshtha-Vaikasi	

2 Friday, June 6, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше: Sukra Vasara Yuktayam			Port Harcourt, Nigeria
Kanya Rasi: 25.14 Tithi 11		Chitra Nakshatra Varjani Yoga Vanija/Visli* Karana Ekadashyam Tilau			Sun 24 Sufra 53
Routine Work Marana Yoga		Gulika 7:52AM - 9:25AM	Chitra Until 5:12AM Sat	Ganesh: Clear <i>Sunrise: 6:19AM</i>	Vasavasu 5:17
Until 5:12AM Sat		Yama 3:36PM - 5:09PM	Varjani Until 6:48AM Sat	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - 24
Then Creative Work - Siddha Yoga		368418571 Rahu 10:58AM - 12:30PM	Vanija Until 11:08AM	Nataraja: Blue	4th Phase
			Ekadashi Until 12:23AM Sat	Moon - Green	Sivaloka Day
				Jyeshtha-Vaikasi	

3 Saturday, June 7, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше: Mania Vasara Yuktayam			Port Harcourt, Nigeria
Tula Rasi: 7.03 Tithi 12		Svali Nakshatra Varjani/Parigha* Yoga Bava/Balava Karana Dvadashyam Tilau			Sun 25 Sufra 54
Routine Work Siddha Yoga		Gulika 6:19AM - 7:52AM	Svali Until 8:04AM Sun	Ganesh: Clear <i>Sunrise: 6:19AM</i>	Vasavasu 5:17
Until 8:04AM Sun		Yama 2:03PM - 3:36PM	Varjani Until 6:48AM	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - 25
Then Routine Work - Marana Yoga		368418571 Rahu 9:25AM - 10:58AM	Bava Until 1:40PM	Nataraja: Blue	4th Phase
			Dvadashi Until 2:52AM Sun	Moon - Green	Sivaloka Day
				Jyeshtha-Vaikasi	

4 Sunday, June 8, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше: Bhanu Vasara Yuktayam			Port Harcourt, Nigeria
Tula Rasi: 18.53 Tithi 13		Svali/Vishakha Nakshatra Parigha* Shiva Yoga Kaulava/Tailita Karana Trayodashyam Tilau			Sun 26 Sufra 55
Routine Work Siddha Yoga		Gulika 3:36PM - 5:09PM	Svali Until 8:04AM	Ganesh: White <i>Sunrise: 6:20AM</i>	Vasavasu 5:17
Until 8:04AM		Yama 12:31PM - 2:04PM	Parigha* Until 7:49AM	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - 26
Then Routine Work - Marana Yoga		369418571 Rahu 5:09PM - 6:42PM	Kaulava Until 4:04PM	Nataraja: Blue	4th Phase
		Vaikasi Visakam	Trayodashi Until 5:10AM Mon	Moon - Green	Deviloka Day
				Jyeshtha-Vaikasi	
			<i>Pradosha Vata</i>		

5 Monday, June 9, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше: Indu Vasara Yuktayam			Port Harcourt, Nigeria
Wrischika Rasi: 0.48 Tithi 14		Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Gara Karana Chaturdashyam Tilau			Sun 27 Sufra 56
Family Home Evening		Gulika 2:04PM - 3:37PM	Vishakha Until 11:03AM	Ganesh: Clear <i>Sunrise: 6:20AM</i>	Vasavasu 5:17
Routine Work Marana Yoga		Yama 10:58AM - 12:31PM	Shiva Until 8:40AM	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - 27
Until 11:03AM		379418571 Rahu 7:53AM - 9:25AM	Gara Until 6:13PM	Nataraja: Blue	4th Phase
Then Creative Work - Siddha Yoga			Chaturdashi* Until 7:09AM Tue	Moon - Orange	Sivaloka Day
				Jyeshtha-Vaikasi	

○ Tuesday, June 10, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса Сукла Пакше: Mangala Vasara Yuktayam			Port Harcourt, Nigeria
Copper Retreat Star		Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnimayam Tilau			Sun 28 Sufra 57
Wrischika Rasi: 12.5 Tithi 14 - 15		Gulika 12:31PM - 2:04PM	Anuradha Until 1:33PM	Ganesh: Clear <i>Sunrise: 6:20AM</i>	Vasavasu 5:17
Routine Work Siddha Yoga		Yama 9:26AM - 10:58AM	Siddha Until 9:14AM	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - Purnima
Until 1:33PM		379418571 Rahu 3:37PM - 5:10PM	Visli Until 8:01PM	Nataraja: Blue	
Then Routine Work - Marana Yoga			Chaturdashi* Until 7:09AM	Moon - Orange	Sivaloka Day
				Jyeshtha-Vaikasi	

Wednesday, June 11, 2025		Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Вішабха Маса: Krishna Paksha Budha Vasara Yuktayam			Port Harcourt, Nigeria
Silver Retreat Star		Jyeshtha/Mula* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathamam Tilau			Sun 29 Sufra 58
Wrischika Rasi: 25.01 Tithi 15 - 16		Gulika 10:59AM - 12:31PM	Jyeshtha* Until 3:32PM	Ganesh: Clear <i>Sunrise: 6:20AM</i>	Vasavasu 5:17
Routine Work Siddha Yoga		Yama 7:53AM - 9:26AM	Sadhya Until 9:33AM	Muruga: Red <i>Sunset: 6:41PM</i>	Moon 5 - Phase 8 - Prathama
Until 3:32PM		379418571 Rahu 12:31PM - 2:04PM	Balava Until 9:27PM	Nataraja: Blue	
Then Routine Work - Marana Yoga			Purnima* Until 8:46AM	Moon - Orange	Sivaloka Day
				Jyeshtha-Vaikasi	

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**

Viswasesu Nama Samvatsare Uтарыяне Нарата Рітау Вішвабха Мазе Кгіша Пакохе Гара Всаара Уктыяям

Mala/Puravashada/ Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Prathamam/Dvityayam Titau

Port Harcourt, Nigeria

Sufra 59

Dhanus Rasi: 7.22 TITHI 16 - 17

Gulika 9:26AM - 10:59AM
Yama 6:20AM - 7:53AM
Rahu 2:04PM - 3:37PMMula* Until 5:27PM
Subha Until 9:35AM
Taitila Until 10:30PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - Light BlueSunrise: 6:20AM
Sunset: 6:49PMViswasesu 5127
Moon 6 - Phase 9 - 1st Phase

Creative Work Siddha Yoga

Prathama* Until 10:00AM

Jyeshtha-Vaikasi

Devaloka Day

Friday, June 13, 2025**1**

Dhanus Rasi: 19.53 TITHI 17 - 18

Gulika 7:53AM - 9:26AM
Yama 3:37PM - 5:10PM
Rahu 10:59AM - 12:32PMPurvashada* Until 6:51PM
Sukla Until 9:17AM
Vanija Until 11:09PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - Light BlueSunrise: 6:20AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 1 Sufra 60
Viswasesu 5127
Moon 6 - Phase 9 - 1st Phase

Routine Work Prabalashita Yoga

Until 6:51PM

Then Routine Work - Marana Yoga

Dvitiya Until 10:51AM

Jyeshtha-Vaikasi

Devaloka Day

Saturday, June 14, 2025**2**

Makara Rasi: 2.34 TITHI 18 - 19

Gulika 6:21AM - 7:53AM
Yama 2:05PM - 3:38PM
Rahu 9:26AM - 10:59AMUttarashada Until 7:43PM
Brahma Until 8:42AM
Bava Until 11:26PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - Light BlueSunrise: 6:21AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 2 Sufra 61
Viswasesu 5127
Moon 6 - Phase 9 - 2 1st Phase

Routine Work Marana Yoga

Until 7:43PM

Then Creative Work - Siddha Yoga

Tritiya Until 11:19AM

Jyeshtha-Vaikasi

Devaloka Day

Sunday, June 15, 2025**3**

Makara Rasi: 15.26 TITHI 19 - 20

Gulika 3:38PM - 5:11PM
Yama 12:32PM - 2:05PM
Rahu 5:11PM - 6:44PMShravana Until 8:31PM
Indra Until 7:50AM
Kaulava Until 11:19PMGanesha: Clear
Muruga: Red
Nataraja: Blue
Moon - PurpleSunrise: 6:21AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 3 Sufra 62
Viswasesu 5127
Moon 6 - Phase 9 - 3 1st Phase

Creative Work Amrita Yoga

Until 8:31PM

Then Routine Work - Marana Yoga

Father's Day

Chaturthi* Until 11:24AM

Jyeshtha-Ani

Sivaloka Day

Monday, June 16, 2025**4**

Makara Rasi: 28.31 TITHI 20 - 21

Family Home Evening

Gulika 2:05PM - 3:38PM
Yama 11:00AM - 12:32PM
Rahu 7:54AM - 9:27AMDhanishtha Until 8:45PM
Vaidhithi* Until 6:37AM
Gara Until 10:47PMGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - PurpleSunrise: 6:21AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 4 Sufra 63
Viswasesu 5127
Moon 6 - Phase 9 - 4 1st Phase

Creative Work Siddha Yoga

Panchami Until 11:05AM

Jyeshtha-Ani

Sivaloka Day

Tuesday, June 17, 2025**5**

Kumbha Rasi: 11.48 TITHI 21 - 22

Gulika 12:33PM - 2:05PM
Yama 9:27AM - 11:00AM
Rahu 3:38PM - 5:11PMShalabhishak Until 8:25PM
Prili Until 3:12AM Wed
Visi Until 9:49PMGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - PurpleSunrise: 6:21AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 5 Sufra 64
Viswasesu 5127
Moon 6 - Phase 9 - 5 1st Phase

Routine Work Marana Yoga

Shashthi* Until 10:20AM

Jyeshtha-Ani

Sivaloka Day

Wednesday, June 18, 2025**6**

Kumbha Rasi: 25.21 TITHI 22 - 23

Retreat Star

Gulika 11:00AM - 12:33PM
Yama 7:54AM - 9:27AM
Rahu 12:33PM - 2:06PMPurvashrothapada* Until 7:54PM
Ayushman Until 12:54AM Thu
Balava Until 8:23PMGanesha: Clear
Muruga: Red
Nataraja: Blue
Moon - ClearSunrise: 6:21AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 6 Sufra 65
Viswasesu 5127
Moon 6 - Phase 9 - 6 Ashtami

Creative Work Amrita Yoga

Until 7:54PM

Then Creative Work - Siddha Yoga

Saptami Until 9:08AM

Jyeshtha-Ani

Sivaloka Day

Thursday, June 19, 2025**7**

Meena Rasi: 9.1 TITHI 23 - 24

Retreat Star

Gulika 9:27AM - 11:00AM
Yama 6:22AM - 7:54AM
Rahu 2:06PM - 3:39PMUttarashrothapada Until 6:47PM
Saubhagyya Until 10:15PM
Taitila Until 6:29PMGanesha: Clear
Muruga: Red
Nataraja: Blue
Moon - ClearSunrise: 6:22AM
Sunset: 6:49PMPort Harcourt, Nigeria
Sun 7 Sufra 66
Viswasesu 5127
Moon 6 - Phase 9 - 7 Navami

Creative Work Siddha Yoga

Ashtami* Until 7:28AM

Jyeshtha-Ani

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Vishvasu Nama Samvatsare Utharayane Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Sobhana Yoga Vanja/Vesli* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sufia 67
Mesha Rasi: 23.17	Tithi 25	Gulika 7:55AM - 9:28AM	Revati Until 5:05PM	Ganesh: White	Sunrise: 6:23AM	Vasvasu 5127
		Yama 3:39PM - 5:12PM	Sobhana Until 7:15PM	Muruga: Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 8
Creative Work Siddha Yoga		311518571 Rahu 11:00AM - 12:33PM	Vanija Until 4:09PM	Nataraja: Blue		2nd Phase
Until 5:05PM			Dashami Until 2:49AM Sat	Moon - Clear		
Then Creative Work - Amrita Yoga				Jyestha-Ani		Subha Sivaloka Day

2 Saturday, June 21, 2025		Vishvasu Nama Samvatsare Utharayane Nartana Ritau Mithuna Mase Krishna Paksha Manu Visara Yukhtayam Ashvini/Bharani Nakshatra Ahiganda*/Sukarna Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sufia 68
Mesha Rasi: 7.41	Tithi 26	Gulika 6:22AM - 7:55AM	Ashvini Until 3:18PM	Ganesh: Yellow	Sunrise: 6:23AM	Vasvasu 5127
		Yama 2:06PM - 3:39PM	Ahiganda* Until 3:56PM	Muruga: Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 9
Creative Work Siddha Yoga		321518571 Rahu 9:28AM - 11:01AM	Bava Until 1:26PM	Nataraja: Blue		2nd Phase
			Ekadashi* Until 11:57PM	Moon - White		
				Jyestha-Ani		Sivaloka Day

3 Sunday, June 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Bhanu Visara Yukhtayam Bharani/Kritika Nakshatra Sukama/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sufia 69
Mesha Rasi: 22.18	Tithi 27	Gulika 3:39PM - 5:12PM	Bharani Until 1:06PM	Ganesh: Yellow	Sunrise: 6:23AM	Vasvasu 5127
		Yama 12:34PM - 2:07PM	Sukarna Until 12:24PM	Muruga: Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 10
Routine Work Prabalarishta Yoga		321518571 Rahu 5:12PM - 6:45PM	Kaulava Until 10:26AM	Nataraja: Blue		2nd Phase
Until 1:06PM			Dvadashi* Until 8:51PM	Moon - White		
Then Creative Work - Siddha Yoga				Jyestha-Ani		Sivaloka Day

4 Monday, June 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Visara Yukhtayam Kritika/Rohini Nakshatra Dhriti/Shuk* Yoga Gara/Vesli* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 11 Sufia 70
Wishabha Rasi: 7.04	Tithi 28 - 29	Gulika 2:07PM - 3:40PM	Kritika Until 10:36AM	Ganesh: Yellow	Sunrise: 6:23AM	Vasvasu 5127
Family Home Evening		Yama 11:01AM - 12:34PM	Dhriti Until 8:45AM	Muruga: Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 11
Routine Work Marana Yoga		321518571 Rahu 7:55AM - 9:28AM	Gara Until 7:16AM	Nataraja: Blue		2nd Phase
Until 10:36AM			Trayodashi* Until 5:39PM	Moon - White		
Then Creative Work - Amrita Yoga				Jyestha-Ani		Sivaloka Day
				<i>Pradosha Vata (Fasting)</i>		

● Tuesday, June 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Mangala Visara Yukhtayam Rohini/Migashira Nakshatra Ganda* Yoga Sakuni*/Catuspadi* Karana Chaturdashini/Amavasyayam Titau				Port Harcourt, Nigeria Sun 12 Sufia 71
Retreat Star		Gulika 12:34PM - 2:07PM	Rohini Until 8:22AM	Ganesh: Red	Sunrise: 6:23AM	Vasvasu 5127
Wishabha Rasi: 21.52	Tithi 29 - 30	Yama 9:28AM - 11:01AM	Ganda* Until 1:29AM Wed	Muruga: Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 12
Creative Work Amrita Yoga		331518571 Rahu 3:40PM - 5:13PM	Catuspadi Until 1:00AM Wed	Nataraja: Blue		Amavasya
Until 8:22AM			Chaturdashini* Until 2:29PM	Moon - Yellow		
Then Creative Work - Siddha Yoga				Jyestha-Ani		Sivaloka Day

Wednesday, June 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Bhuba Visara Yukhtayam Migashira/Andra Nakshatra Viddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 13 Sufia 72
Retreat Star		Gulika 11:01AM - 12:34PM	Migashira Until 6:10AM	Ganesh: Red	Sunrise: 6:23AM	Vasvasu 5127
Mithuna Rasi: 6.34	Tithi 30 - 1	Yama 7:56AM - 9:29AM	Viddhi Until 10:08PM	Muruga: Red	Sunset: 6:49PM	Moon 6 - Phase 10 - 13
Creative Work Siddha Yoga		331518571 Rahu 12:34PM - 2:07PM	Kintughna Until 10:12PM	Nataraja: Blue		Prathama
			Amavasya* Until 11:32AM	Moon - Yellow		
				Ashada-Ani		Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1 Thursday, June 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Guru Vasara Yuktayam Panarvasu Nakshatra Dhruvu Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 14 Sufra 73
Mithuna Rasi: 21.01	Tithi 1 – 2	Gulika 9:29AM – 11:02AM Yama 6:23AM – 7:56AM Rahu 2:07PM – 3:40PM	Punarvasu Untill 2:52AM Fri Dhruva Untill 7:09PM Balava Untill 7:50PM Prathama Untill 8:56AM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 6:23AM Sunset: 6:46PM	Vasavasu 5:17 Moon 6 - Phase 11 - 14 3rd Phase
Creative Work Amrita Yoga Untill 2:52AM Fri Then Routine Work - Marana Yoga	342518571					Sivaloka Day
2 Friday, June 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Sukra Vasara Yuktayam Pushya Nakshatra Vyaghala/Harshana/Yoga Kaulava/Tailita Karana Dvitiya/Trityayam Titau				Port Harcourt, Nigeria Sun 15 Sufra 74
Kalkata Rasi: 5.08	Tithi 2 – 3	Gulika 7:56AM – 9:29AM Yama 3:40PM – 5:13PM Rahu 11:02AM – 12:35PM	Pushya Untill 2:06AM Sat Vyaghala Untill 4:39PM Tailita Untill 6:04PM Dvitiya Untill 6:51AM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 6:23AM Sunset: 6:46PM	Vasavasu 5:17 Moon 6 - Phase 11 - 15 3rd Phase
Routine Work Marana Yoga	342518571					Devaloka Day
3 Saturday, June 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Mania Vasara Yuktayam Ashlesha Nakshatra Harshana/Najra Yoga Vanja/Visi Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 16 Sufra 75
Kalkata Rasi: 18.52	Tithi 4	Gulika 6:24AM – 7:56AM Yama 2:08PM – 3:41PM Rahu 9:29AM – 11:02AM	Ashlesha Untill 1:55AM Sun Harshana Untill 2:45PM Vanija Untill 5:01PM Chaturthi Untill 4:46AM Sun	Ganesh: White Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 6:24AM Sunset: 6:46PM	Vasavasu 5:17 Moon 6 - Phase 11 - 16 3rd Phase
Routine Work Marana Yoga	342518571					Devaloka Day
4 Sunday, June 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Bharu Vasara Yuktayam Magha Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sufra 76
Simha Rasi: 2.08	Tithi 5	Gulika 3:41PM – 5:14PM Yama 12:35PM – 2:08PM Rahu 5:14PM – 6:46PM	Magha Untill 2:52AM Mon Vajra Untill 1:28PM Bava Untill 4:46PM Panchami Untill 4:57AM Mon	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 6:24AM Sunset: 6:46PM	Vasavasu 5:17 Moon 6 - Phase 11 - 17 3rd Phase
Routine Work Marana Yoga Untill 2:52AM Mon Then Creative Work - Siddha Yoga	352518571					Sivaloka Day
5 Monday, June 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vytipata Yoga Kaulava/Tailita Karana Sheshthiyam Titau				Port Harcourt, Nigeria Sun 18 Sufra 77
Simha Rasi: 14.59	Tithi 6	Gulika 2:08PM – 3:41PM Yama 11:03AM – 12:35PM Rahu 7:57AM – 9:30AM	Purvaphalguni Untill 4:26AM Tue Siddhi Untill 12:51PM Kaulava Untill 5:21PM Shashthi Untill 5:55AM Tue	Ganesh: White Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 6:24AM Sunset: 6:47PM	Vasavasu 5:17 Moon 6 - Phase 11 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga Untill 4:26AM Tue Then Creative Work - Amrita Yoga	352518571					Sivaloka Day
6 Tuesday, July 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyapista/Variyan/Yoga Gara Karana Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sufra 78
Simha Rasi: 27.28	Tithi 7	Gulika 12:36PM – 2:08PM Yama 9:30AM – 11:03AM Rahu 3:41PM – 5:14PM	Uttaraphalguni Untill 6:31AM Wed Vyapista Untill 12:52PM Gara Untill 6:41PM Saptami Untill 7:34AM Wed	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 6:24AM Sunset: 6:47PM	Vasavasu 5:17 Moon 6 - Phase 11 - 19 3rd Phase
Creative Work Amrita Yoga Untill 6:31AM Wed Then Routine Work - Marana Yoga	352518571					Sivaloka Day
Wednesday, July 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni Nakshatra Varjani/Parigha Yoga Vanja/Visi Karana Saptami/Astamyam Titau				Port Harcourt, Nigeria Sun 20 Sufra 79
Retreat Star		Gulika 11:03AM – 12:36PM Yama 7:57AM – 9:30AM Rahu 12:36PM – 2:09PM	Uttaraphalguni Untill 6:31AM Varjani Untill 1:20PM Visi Untill 8:37PM Saptami Untill 7:34AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 6:25AM Sunset: 6:47PM	Vasavasu 5:17 Moon 6 - Phase 11 - 20 Ashtami
Kanya Rasi: 9.38	Tithi 7 – 8	352518571				Sivaloka Day
Creative Work Amrita Yoga Untill 6:31AM Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
Thursday, July 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sufra 80
Retreat Star		Gulika 9:30AM – 11:03AM Yama 6:25AM – 7:58AM Rahu 2:09PM – 3:42PM	Hasta Untill 9:25AM Parigha Untill 2:09PM Balava Untill 10:56PM Ashtami Untill 9:43AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 6:25AM Sunset: 6:47PM	Vasavasu 5:17 Moon 6 - Phase 11 - 21 Navami
Kanya Rasi: 21.38	Tithi 8 – 9	362518571				Devaloka Day
Routine Work Marana Yoga Untill 9:25AM Then Creative Work - Siddha Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1	Friday, July 4, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yuktiyam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Navami/Dashamam Titau				Port Harcourt, Nigeria Sun 22 Sutra 81
	Tula Rasi: 3.3 Tithi 9 – 10	Gulika 7:58AM – 9:31AM Yama 3:42PM – 5:14PM Rahu 11:03AM – 12:36PM	Chitra Untill 12:24PM Shiva Untill 3:09PM Tailila Untill 1:22AM Sat Navami* Untill 12:07PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 6:25AM Sunset: 6:47PM	Vasavasu 5:127 Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga					Devaloka Day

2	Saturday, July 5, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Merita Vasara Yuktiyam Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 82
	Tula Rasi: 15.2 Tithi 10 – 11	Gulika 6:25AM – 7:58AM Yama 2:09PM – 3:42PM Rahu 9:31AM – 11:04AM	Svali Untill 3:14PM Siddha Untill 4:07PM Vanija Untill 3:44AM Sun Dashami Untill 2:33PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 6:25AM Sunset: 6:47PM	Vasavasu 5:127 Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga					Devaloka Day

3	Sunday, July 6, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Bharu Vasara Yuktiyam Vishakha Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 83
	Tula Rasi: 27.14 Tithi 11 – 12	Gulika 3:42PM – 5:15PM Yama 12:36PM – 2:09PM Rahu 5:15PM – 6:48PM	Vishakha Untill 6:13PM Sadhya Untill 4:57PM Bava Untill 5:49AM Mon Ekadashi Untill 4:47PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 6:25AM Sunset: 6:48PM	Vasavasu 5:127 Moon 6 - Phase 12 - 24 4th Phase
Routine Work	Marana Yoga					Devaloka Day

4	Monday, July 7, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Indu Vasara Yuktiyam Anuradha Nakshatra Sadhya/Subha Yoga Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 84
	Wishika Rasi: 9.14 Tithi 12	Gulika 2:09PM – 3:42PM Yama 11:04AM – 12:37PM Rahu 7:58AM – 9:31AM	Anuradha Untill 8:42PM Subha Untill 5:33PM Balava Untill 6:42PM Dvadashi Untill 6:42PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 6:26AM Sunset: 6:48PM	Vasavasu 5:127 Moon 6 - Phase 12 - 25 4th Phase
Family Home Evening	Siddha Yoga					Devaloka Day

5	Tuesday, July 8, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Mangala Vasara Yuktiyam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 85
	Wishika Rasi: 21.23 Tithi 13	Gulika 12:37PM – 2:10PM Yama 9:31AM – 11:04AM Rahu 3:42PM – 5:15PM	Jyeshtha* Untill 10:36PM Sukla Untill 5:47PM Kaulava Untill 7:31AM Trayodashi Untill 8:10PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 6:26AM Sunset: 6:48PM	Vasavasu 5:127 Moon 6 - Phase 12 - 26 4th Phase
Routine Work	Marana Yoga					Devaloka Day
Then Creative Work	Amrita Yoga					<i>Pradosha Vata</i>

6	Wednesday, July 9, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yuktiyam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 86
	Dhanus Rasi: 3.44 Tithi 14	Gulika 11:04AM – 12:37PM Yama 7:59AM – 9:31AM Rahu 12:37PM – 2:10PM	Mula* Untill 12:21AM Thu Brahma Untill 5:39PM Gara Untill 8:45AM Chaturdashi* Untill 9:09PM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 6:26AM Sunset: 6:48PM	Vasavasu 5:127 Moon 6 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga					Sivaloka Day
Then Creative Work	Siddha Yoga					

○	Thursday, July 10, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktiyam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 87
	Copper Retreat Star	Gulika 9:32AM – 11:04AM Yama 6:26AM – 7:59AM Rahu 2:10PM – 3:43PM	Purvashadha* Untill 1:28AM Fri Indra Untill 5:09PM Visi Untill 9:29AM Purnima* Untill 9:40PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 6:26AM Sunset: 6:48PM	Vasavasu 5:127 Moon 6 - Phase 12 - 27 Purnima
Creative Work	Siddha Yoga					Subha Sivaloka Day
Then Routine Work	Marana Yoga	Satguru Purnima				

○	Friday, July 11, 2025	Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sukra Vasara Yuktiyam Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 88
	Silver Retreat Star	Gulika 7:59AM – 9:32AM Yama 3:43PM – 5:15PM Rahu 11:04AM – 12:37PM	Uttarashadha Untill 1:59AM Sat Vaidhriti* Untill 4:15PM Balava Untill 9:45AM Prathama* Untill 9:42PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 6:26AM Sunset: 6:48PM	Vasavasu 5:127 Moon 6 - Phase 12 - 28 Prathama
Routine Work	Marana Yoga					Subha Sivaloka Day
Then Creative Work	Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mania Vasara Yuktyam
Shravana Nakshatra Pihli Ayushman/Prili Yoga Talila/Gara Karana Dvityayam TilauPort Harcourt, Nigeria
Sun 1 Sufra 89Makara Rasi: 12.06 Tithi 17
Creative Work Siddha Yoga
Until 2:24AM Sun
Then Routine Work - Marana YogaGulika 6:27AM - 7:59AM
Yama 2:10PM - 3:43PM
Rahu 9:32AM - 11:05AMShravana Until 2:24AM Sun
Vishkambha* Until 3:02PM
Talitila Until 9:35AM
Dvitiya Until 9:19PMGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - Purple
Ashada-AdiSunrise: 6:27AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 1
1st Phase**Sivaloka Day****1****Sunday, July 13, 2025**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bhanu Vasara Yuktyam
Dhanishtha Nakshatra Pihli Ayushman/Yoga Vanja/Vesli* Karana Trityayam TilauPort Harcourt, Nigeria
Sun 2 Sufra 90Makara Rasi: 25.19 Tithi 18
Routine Work Marana Yoga
Until 2:19AM Mon
Then Creative Work - Siddha YogaGulika 3:43PM - 5:16PM
Yama 12:37PM - 2:10PM
Rahu 5:16PM - 6:48PMDhanishtha Until 2:19AM Mon
Prili Until 1:32PM
Vanija Until 9:01AM
Trityiya Until 8:35PMGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - Purple
Ashada-AdiSunrise: 6:27AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 2
1st Phase**Sivaloka Day****2****Monday, July 14, 2025**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktyam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam TilauPort Harcourt, Nigeria
Sun 3 Sufra 91Kumbha Rasi: 8.43 Tithi 19
Family Home Evening
Creative Work Siddha Yoga
Until 1:47AM Tue
Then Routine Work - Marana YogaGulika 2:10PM - 3:43PM
Yama 11:05AM - 12:38PM
Rahu 8:00AM - 9:32AMShatabhishak Until 1:47AM Tue
Ayushman Until 11:43AM
Bava Until 8:06AM
Chaturthi* Until 7:31PMGanesha: Yellow
Muruga: Red
Nataraja: Blue
Moon - Purple
Ashada-AdiSunrise: 6:27AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 3
1st Phase**Sivaloka Day****3****Tuesday, July 15, 2025**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktyam
Purvashrothapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Panchamyam TilauPort Harcourt, Nigeria
Sun 4 Sufra 92Kumbha Rasi: 22.18 Tithi 20
Routine Work Marana Yoga
Until 1:15AM Wed
Then Creative Work - Siddha YogaGulika 12:38PM - 2:10PM
Yama 9:32AM - 11:05AM
Rahu 3:43PM - 5:16PMPurvashrothapada* Until 1:15AM Wed
Saubhagya Until 9:41AM
Kaulava Until 6:53AM
Panchami Until 6:09PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - Clear
Ashada-AdiSunrise: 6:27AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 4
1st Phase**Devaloka Day****4****Wednesday, July 16, 2025**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktyam
Uttarashrothapada Nakshatra Sobhana/Ahiganda* Yoga Vanja/Vesli* Karana Shashthi/Saptamyam TilauPort Harcourt, Nigeria
Sun 5 Sufra 93Meena Rasi: 6.03 Tithi 21 - 22
Creative Work Siddha YogaGulika 11:05AM - 12:38PM
Yama 8:00AM - 9:33AM
Rahu 12:38PM - 2:10PMUttarashrothapada Until 12:19AM Thu
Sobhana Until 7:26AM
Vesli Until 3:38AM Thu
Shashthi* Until 4:32PMGanesha: Purple
Muruga: Red
Nataraja: Blue
Moon - Clear
Ashada-AdiSunrise: 6:27AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 5
1st Phase**Devaloka Day****D****Thursday, July 17, 2025****Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktyam
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam TilauPort Harcourt, Nigeria
Sun 6 Sufra 94Meena Rasi: 19.58 Tithi 22 - 23
Creative Work Siddha Yoga
Until 10:59PM
Then Creative Work - Amrita YogaGulika 9:33AM - 11:05AM
Yama 6:27AM - 8:00AM
Rahu 2:10PM - 3:43PMRevati Until 10:59PM
Sukarma Until 2:16AM Fri
Balava Until 1:38AM Fri
Saptami Until 2:39PMGanesha: Purple
Muruga: Red
Nataraja: Yellow
Moon - Clear
Ashada-AdiSunrise: 6:27AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 6
Ashtami**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025**Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktyam
Ashvini Nakshatra Dhriti Yoga Kaulava/Tailila Karana Ashtami/Navamyam TilauPort Harcourt, Nigeria
Sun 7 Sufra 95Mesha Rasi: 4.02 Tithi 23 - 24
Creative Work Amrita Yoga
Until 9:43PM
Then Creative Work - Siddha YogaGulika 8:00AM - 9:33AM
Yama 3:43PM - 5:16PM
Rahu 11:05AM - 12:38PMAshvini Until 9:43PM
Dhriti Until 11:26PM
Tailila Until 11:25PM
Ashtami* Until 12:32PMGanesha: Clear
Muruga: Red
Nataraja: Yellow
Moon - White
Ashada-AdiSunrise: 6:28AM
Sunset: 6:48PM
Moon 7 - Phase 13 - 7
Navami**Devaloka Day**

1 Saturday, July 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yuktayam Bharani Nakshatra Shula* Yoga Gara/Varijo Karana Navami/Dashamyam Titau			Port Harcourt, Nigeria Sun 8 Sutra 96
Mesha Rasi: 18.14	Tithi 24 - 25	Gulika 6:28AM - 8:00AM Yama 2:11PM - 3:43PM 433618572 Rahu 9:33AM - 11:05AM	Bharani Until 8:07PM Shula* Until 8:24PM Navami* Until 9:01PM Navami* Until 10:13AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - White Ashada-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 8 2nd Phase
Creative Work Siddha Yoga Until 8:07PM Then Creative Work - Amrita Yoga					Devaloka Day

2 Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam Kritika Nakshatra Ganda*Vidishi Yoga Vasil*/Bava Karana Dashami/Ekadashtyam Titau			Port Harcourt, Nigeria Sun 9 Sutra 97
Wishabha Rasi: 2.34	Tithi 25 - 26	Gulika 3:43PM - 5:16PM Yama 12:38PM - 2:11PM 433618572 Rahu 5:16PM - 6:48PM	Kritika Until 6:15PM Ganda* Until 5:18PM Bava Until 6:29PM Dashami Until 7:45AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - White Ashada-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 9 2nd Phase
Creative Work Siddha Yoga					Devaloka Day

3 Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Titau			Port Harcourt, Nigeria Sun 10 Sutra 98
Wishabha Rasi: 16.57	Tithi 27	Gulika 2:11PM - 3:43PM Yama 11:05AM - 12:38PM 433618572 Rahu 8:00AM - 9:33AM	Rohini Until 4:38PM Widdhi Until 2:09PM Kaulava Until 3:55PM Dvadashti* Until 2:38AM Tue	Ganesha: White Muruga: Red Nataraja: Yellow Moon - Yellow Ashada-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 10 2nd Phase
Family Home Evening Creative Work Amrita Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM

4 Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam Meghisira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varijo Karana Trayodashyam Titau			Port Harcourt, Nigeria Sun 11 Sutra 99
Mithuna Rasi: 1.2	Tithi 28	Gulika 12:38PM - 2:11PM Yama 9:33AM - 11:06AM 433618572 Rahu 3:43PM - 5:16PM	Mrigashira Until 2:55PM Dhruva Until 11:02AM Gara Until 1:24PM Trayodashi* Until 12:11AM Wed	Ganesha: White Muruga: Red Nataraja: Yellow Moon - Yellow Ashada-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 11 2nd Phase
Creative Work Siddha Yoga Until 2:55PM Then Routine Work - Marana Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM

5 Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Vasil*/Sakuni* Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 12 Sutra 100
Mithuna Rasi: 15.37	Tithi 29	Gulika 11:06AM - 12:38PM Yama 8:01AM - 9:33AM 433618572 Rahu 12:38PM - 2:11PM	Ardra Until 1:15PM Vyaghata* Until 8:03AM Vasil Until 11:04AM Chaturdashi* Until 9:59PM	Ganesha: White Muruga: Red Nataraja: Yellow Moon - Yellow Ashada-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 12 2nd Phase
Creative Work Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM

Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Caluspada*/Naja* Karana Amavasyayam Titau			Port Harcourt, Nigeria Sun 13 Sutra 101
Retreat Star		Gulika 9:33AM - 11:06AM Yama 6:28AM - 8:01AM 444618572 Rahu 2:11PM - 3:43PM	Punarvasu Until 12:12PM Vajra* Until 2:55AM Fri Caluspada Until 9:02AM Amavasya* Until 8:10PM	Ganesha: Orange Muruga: Red Nataraja: Yellow Moon - Blue Ashada-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 13 Amavasya
Mithuna Rasi: 29.43 Tithi 30 Creative Work Amrita Yoga					Devaloka Day

Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yuktayam Pushya/Ahlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Port Harcourt, Nigeria Sun 14 Sutra 102
Retreat Star		Gulika 8:01AM - 9:33AM Yama 3:43PM - 5:16PM 444618572 Rahu 11:06AM - 12:38PM	Pushya Until 11:28AM Siddhi Until 12:58AM Sat Kintughna Until 7:27AM Prathama* Until 6:51PM	Ganesha: Orange Muruga: Red Nataraja: Yellow Moon - Blue Savana-Adi	Sunrise: 6:28AM Sunset: 6:48PM Moon 7 - Phase 14 - 14 Prathama
Kataka Rasi: 13.33 Tithi 1 Routine Work Marana Yoga					Devaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 103
Kataka Rasi: 27.03	Tilthi 2	Gulika 6:28AM - 8:01AM	Ashlesha* Untill 11:10AM	Ganesha: Orange	Sunrise: 6:28AM	Vasavasu 5:17
		Yama 2:11PM - 3:43PM	Vyalipala* Untill 11:34PM	Muruga: Red	Sunset: 6:48PM	Moon 7 - Phase 15 - 15
		444618572 Rahu 9:33AM - 11:06AM	Balava Untill 6:27AM	Nataraja: Yellow		3rd Phase
Routine Work Marana Yoga			Dvitiya Untill 6:10PM	Moon - Blue		
Untill 11:10AM				Sravana-Adi		Devaloka Day
Then Creative Work - Amrita Yoga						
2 Sunday, July 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 104
Simha Rasi: 10.11	Tilthi 3	Gulika 3:43PM - 5:16PM	Magha* Untill 11:51AM	Ganesha: Clear	Sunrise: 6:29AM	Vasavasu 5:17
		Yama 12:38PM - 2:11PM	Varyan Untill 10:42PM	Muruga: Red	Sunset: 6:48PM	Moon 7 - Phase 15 - 16
		454618572 Rahu 5:16PM - 6:48PM	Talilla Untill 6:06AM	Nataraja: Yellow		3rd Phase
Routine Work Marana Yoga			Tritiya Untill 6:11PM	Moon - Red		
Untill 11:51AM				Sravana-Adi		Devaloka Day
Then Creative Work - Siddha Yoga						
3 Monday, July 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigraha* Yoga Vanija/Visi* Karana Chaturthayam Titau				Port Harcourt, Nigeria Sun 17 Sutra 105
Simha Rasi: 22.57	Tilthi 4	Gulika 2:11PM - 3:43PM	Purvaphalguni Untill 1:05PM	Ganesha: Clear	Sunrise: 6:29AM	Vasavasu 5:17
Family Home Evening		Yama 11:06AM - 12:38PM	Parigraha* Untill 10:24PM	Muruga: Red	Sunset: 6:48PM	Moon 7 - Phase 15 - 17
		454618572 Rahu 8:01AM - 9:33AM	Vanija Untill 6:30AM	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Untill 6:56PM	Moon - Red		
				Sravana-Adi		Devaloka Day
4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchmayam Titau				Port Harcourt, Nigeria Sun 18 Sutra 106
Kanya Rasi: 5.23	Tilthi 5	Gulika 12:38PM - 2:11PM	Uttaraphalguni Untill 2:50PM	Ganesha: Clear	Sunrise: 6:29AM	Vasavasu 5:17
		Yama 9:33AM - 11:06AM	Shiva Untill 10:38PM	Muruga: Red	Sunset: 6:48PM	Moon 7 - Phase 15 - 18
		454618572 Rahu 3:43PM - 5:15PM	Bava Untill 7:35AM	Nataraja: Yellow		3rd Phase
Creative Work Amrita Yoga			Panchami Untill 8:21PM	Moon - Red		
Untill 2:50PM		Nag Panchami		Sravana-Adi		Devaloka Day
Then Creative Work - Siddha Yoga						
5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashthiyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 107
Kanya Rasi: 17.35	Tilthi 6	Gulika 11:06AM - 12:38PM	Hasta Untill 5:27PM	Ganesha: Purple	Sunrise: 6:29AM	Vasavasu 5:17
		Yama 8:01AM - 9:33AM	Siddha Untill 11:14PM	Muruga: Red	Sunset: 6:48PM	Moon 7 - Phase 15 - 19
		464618572 Rahu 12:38PM - 2:11PM	Kaulava Untill 9:17AM	Nataraja: Yellow		3rd Phase
Routine Work Marana Yoga			Shashthi* Untill 10:18PM	Moon - Green		
Untill 5:27PM				Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga						
6 Thursday, July 31, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthmayam Titau				Port Harcourt, Nigeria Sun 20 Sutra 108
Kanya Rasi: 29.34	Tilthi 7	Gulika 9:33AM - 11:06AM	Chitra Untill 8:16PM	Ganesha: Purple	Sunrise: 6:29AM	Vasavasu 5:17
		Yama 6:29AM - 8:01AM	Sadya Untill 12:06AM Fri	Muruga: Red	Sunset: 6:47PM	Moon 7 - Phase 15 - 20
		464618572 Rahu 2:10PM - 3:43PM	Gara Untill 11:26AM	Nataraja: Yellow		3rd Phase
Creative Work Siddha Yoga			Sapthami Untill 12:34AM Fri	Moon - Green		
Untill 8:16PM				Sravana-Adi		Sivaloka Day
Then Creative Work - Amrita Yoga						
Friday, August 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visi*/Bava Karana Ashtmayam Titau				Port Harcourt, Nigeria Sun 21 Sutra 109
Retreat Star		Gulika 8:01AM - 9:33AM	Svati Untill 11:03PM	Ganesha: Purple	Sunrise: 6:29AM	Vasavasu 5:17
Tula Rasi: 11.28	Tilthi 8	Yama 3:43PM - 5:15PM	Subha Untill 1:03AM Sat	Muruga: Red	Sunset: 6:47PM	Moon 7 - Phase 15 - 21
		464618572 Rahu 11:06AM - 12:38PM	Visi Untill 1:47PM	Nataraja: Yellow		Ashtami
Creative Work Siddha Yoga			Ashtami* Untill 2:57AM Sat	Moon - Green		
				Sravana-Adi		Sivaloka Day
Saturday, August 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamayam Titau				Port Harcourt, Nigeria Sun 22 Sutra 110
Retreat Star		Gulika 6:29AM - 8:01AM	Vishakha Untill 2:05AM Sun	Ganesha: Clear	Sunrise: 6:29AM	Vasavasu 5:17
Tula Rasi: 23.2	Tilthi 9	Yama 2:10PM - 3:43PM	Sukla Untill 1:54AM Sun	Muruga: Blue	Sunset: 6:47PM	Moon 7 - Phase 15 - 22
		474628572 Rahu 9:33AM - 11:06AM	Balava Untill 4:08PM	Nataraja: Yellow		Navami
Creative Work Siddha Yoga			Navami* Untill 5:13AM Sun	Moon - Orange		
Untill 2:05AM Sun				Sravana-Adi		Sivaloka Day
Then Routine Work - Marana Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Sunday, August 3, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktiyam Anuradha Nakshatra Brahma Yoga Talila Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 111
Wisikha Rasi: 5.16	Tithi 10	Gulika 3:42PM – 5:15PM	Anuradha Until 4:41AM Mon	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 6:29AM Sunset: 6:47PM	Vasava 5:27 Moon 7 - Phase 16 - 23 4th Phase
Routine Work - Marana Yoga Until 4:41AM Mon Then Creative Work - Siddha Yoga		Yama 12:38PM – 2:10PM 474628572 Rahu 5:15PM – 6:47PM	Brahma Until 2:33AM Mon Tailila Until 6:16PM Dashami Until 7:11AM Mon	Savana-Adi		Sivaloka Day

2 Monday, August 4, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktiyam Jyeshtha Nakshatra Indra Yoga Gara/Vanji Karana Dashami/Ekadasmyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 112
Wisikha Rasi: 17.19	Tithi 10 – 11	Gulika 2:10PM – 3:42PM	Jyeshtha Until 6:41AM Tue	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 6:29AM Sunset: 6:47PM	Vasava 5:27 Moon 7 - Phase 16 - 24 4th Phase
Family Home Evening Creative Work - Siddha Yoga Until 6:41AM Tue Then Creative Work - Amrita Yoga		Yama 11:06AM – 12:38PM 474628572 Rahu 8:01AM – 9:33AM	Indra Until 2:53AM Tue Vanija Until 8:01PM Dashami Until 7:11AM	Savana-Adi		Sivaloka Day

3 Tuesday, August 5, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktiyam Jyeshtha/Mula Nakshatra Vaidhriti Yoga Visi/Bava Karana Ekadashi/Dwadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 113
Wisikha Rasi: 29.33	Tithi 11 – 12	Gulika 12:38PM – 2:10PM	Jyeshtha Until 6:41AM	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange	Sunrise: 6:29AM Sunset: 6:47PM	Vasava 5:27 Moon 7 - Phase 16 - 25 4th Phase
Routine Work - Marana Yoga Until 6:41AM Then Creative Work - Amrita Yoga		Yama 11:06AM – 12:38PM 474628572 Rahu 3:42PM – 5:14PM	Vaidhriti Until 2:46AM Wed Bava Until 9:16PM Ekadashi Until 8:41AM	Savana-Adi		Sivaloka Day

4 Wednesday, August 6, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktiyam Mula/Purvashadha Nakshatra Vibhambha Yoga Balava/Kaulava Karana Dvadas/Dwadashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 114
Dhanus Rasi: 12.01	Tithi 12 – 13	Gulika 11:05AM – 12:38PM	Mula Until 8:29AM	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:46PM	Vasava 5:27 Moon 7 - Phase 16 - 26 4th Phase
Routine Work - Marana Yoga Until 8:29AM Then Creative Work - Amrita Yoga		Yama 8:01AM – 9:33AM 485628572 Rahu 12:38PM – 2:10PM	Vishkambha Until 2:12AM Thu Kaulava Until 9:55PM Dvadashi Until 9:39AM	Savana-Adi		Sivaloka Day

5 Thursday, August 7, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktiyam Purvashadha/Uttarashadha Nakshatra Prithi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 115
Dhanus Rasi: 24.45	Tithi 13 – 14	Gulika 9:33AM – 11:05AM	Purvashadha Until 9:32AM	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:46PM	Vasava 5:27 Moon 7 - Phase 16 - 27 4th Phase
Creative Work - Siddha Yoga Until 9:32AM Then Routine Work - Marana Yoga		Yama 6:29AM – 8:01AM 485628572 Rahu 2:10PM – 3:42PM	Prithi Until 1:11AM Fri Gara Until 9:58PM Trayodashi Until 10:00AM	Savana-Adi		Sivaloka Day

Friday, August 8, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Salva Vasara Yuktiyam Uttarashadha/Shravana Nakshatra Ayushman Yoga Vanji/Visi Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 116
Makara Rasi: 7.47	Tithi 14 – 15	Gulika 8:01AM – 9:33AM	Uttarashadha Until 9:51AM	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:46PM	Vasava 5:27 Moon 7 - Phase 16 - Purnima
Routine Work - Marana Yoga		Yama 3:42PM – 5:14PM 485628572 Rahu 11:05AM – 12:37PM	Ayushman Until 11:41PM Visi Until 9:27PM Chaturdashi Until 9:46AM	Savana-Adi		Sivaloka Day

Saturday, August 9, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yuktiyam Shravana/Dhanusha Nakshatra Saudhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 117
Makara Rasi: 21.06	Tithi 15 – 16	Gulika 6:29AM – 8:01AM	Shravana Until 9:57AM	Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Purple	Sunrise: 6:29AM Sunset: 6:46PM	Vasava 5:27 Moon 7 - Phase 16 - Prathama
Creative Work - Siddha Yoga		Yama 2:09PM – 3:42PM 495728572 Rahu 9:33AM – 11:05AM	Saudhagya Until 9:47PM Balava Until 8:26PM Purnima Until 8:59AM	Savana-Adi		Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Bhanu Vasara Yuktayam
Dhanishtha/Shabhbhishak Nakshatra Siddhanta Yoga Kaulava/Taila Karana Prathamam/Dvityayam Titau

Gulika 3:41PM – 5:13PM
Yama 12:37PM – 2:09PM
Rahu 5:13PM – 6:46PM

Dhanishtha Untill 9:25AM
Sobhana Untill 7:34PM
Taila Untill 6:58PM
Prathama* Untill 7:44AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon – Purple
Savana-Adi

Sunrise: 6:29AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sutra 118
Visvasu 5127
Moon 8 - Phase 17 - 1st Phase

Routine Work - Marana Yoga
Untill 9:25AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, August 11, 2025

1

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Indu Vasara Yuktayam
Shalabhshishak/Purvashrothapada* Nakshatra Ahinganda/Sukarma Yoga Gara/Visi* Karana Dvitya/Tritayam Titau

Gulika 2:09PM – 3:41PM
Yama 9:33AM – 11:05AM
Rahu 8:01AM – 9:33AM

Shalabhshishak Untill 8:22AM
Ahinganda* Untill 5:03PM
Visi Untill 4:11AM Tue
Dvitiya Untill 6:06AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon – Purple
Savana-Adi

Sunrise: 6:29AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 1 Sutra 119
Visvasu 5127
Moon 8 - Phase 17 - 1st Phase

Kumbha Rasi: 18.31 Tithi 17 – 18
Family Home Evening
Creative Work - Siddha Yoga
Untill 8:22AM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, August 12, 2025

2

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Mangala Vasara Yuktayam
Purvashrothapada*/Uttarashrothapada Nakshatra Sukarma/Dhruva Bava/Balava Karana Chaturtham Titau

Gulika 12:37PM – 2:09PM
Yama 11:05AM – 12:37PM
Rahu 3:41PM – 5:13PM

Purvashrothapada* Untill 7:21AM
Sukarma Untill 2:21PM
Bava Untill 3:10PM
Chaturthi* Untill 2:04AM Wed

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon – Clear
Savana-Adi

Sunrise: 6:29AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 2 Sutra 120
Visvasu 5127
Moon 8 - Phase 17 - 2 1st Phase

Mesha Rasi: 2.32 Tithi 19
Routine Work - Marana Yoga
Untill 7:21AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Wednesday, August 13, 2025

3

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Budha Vasara Yuktayam
Shalabhshishak/Purvashrothapada* Nakshatra Ahinganda/Sukarma Yoga Gara/Visi* Karana Dvitya/Tritayam Titau

Gulika 11:05AM – 12:37PM
Yama 8:01AM – 9:33AM
Rahu 12:37PM – 2:09PM

Revati Untill 4:24AM Thu
Dhruvi Untill 11:33AM
Kaulava Untill 12:59PM
Panchami Untill 11:51PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon – Clear
Savana-Adi

Sunrise: 6:29AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 3 Sutra 121
Visvasu 5127
Moon 8 - Phase 17 - 3 1st Phase

Mesha Rasi: 16.4 Tithi 20
Creative Work - Siddha Yoga

Sivaloka Day

Thursday, August 14, 2025

4

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 9:32AM – 11:04AM
Yama 6:29AM – 8:01AM
Rahu 2:08PM – 3:40PM

Ashvini Untill 3:03AM Fri
Shula* Untill 8:38AM
Gara Untill 10:44AM
Shashthi* Untill 9:35PM

Ganesha: Purple
Muruga: Blue
Nataraja: Yellow
Moon – White
Savana-Adi

Sunrise: 6:29AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 4 Sutra 122
Visvasu 5127
Moon 8 - Phase 17 - 4 1st Phase

Mesha Rasi: 0.51 Tithi 21
Creative Work - Amrita Yoga
Untill 3:03AM Fri
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Friday, August 15, 2025

5

Visvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mese Krishna Paksha Sukra Vasara Yuktayam
Bharani Nakshatra Viddhi Yoga Visi*/Bava Karana Saptamam Titau

Gulika 8:00AM – 9:32AM
Yama 3:40PM – 5:12PM
Rahu 11:04AM – 12:36PM

Bharani Untill 1:34AM Sat
Viddhi Untill 2:50AM Sat
Visi Untill 8:27AM
Saptami Untill 7:18PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon – White
Savana-Adi

Sunrise: 6:29AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 5 Sutra 123
Visvasu 5127
Moon 8 - Phase 17 - 5 1st Phase

Mesha Rasi: 15.04 Tithi 22
Creative Work - Siddha Yoga
Untill 1:34AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day

Saturday, August 16, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Marita Vasara Yuktayam
Kritika Nakshatra Dhruva Yoga Balava/Taila Karana Ashtami/Navamam Titau

Gulika 6:28AM – 8:00AM
Yama 2:08PM – 3:40PM
Rahu 9:32AM – 11:04AM

Kritika Untill 12:00AM Sun
Dhruva Untill 11:58PM
Balava Untill 6:12AM
Ashtami* Untill 5:05PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon – White
Savana-Avani

Sunrise: 6:28AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 6 Sutra 124
Visvasu 5127
Moon 8 - Phase 17 - 6 Ashtami

Mesha Rasi: 29.17 Tithi 23 – 24
Creative Work - Amrita Yoga

Sivaloka Day

Sunday, August 17, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghala* Yoga Gara/Vanija Karana Navami/Dashamam Titau

Gulika 3:40PM – 5:12PM
Yama 12:36PM – 2:08PM
Rahu 5:12PM – 6:44PM

Rohini Untill 10:49PM
Vyaghala* Untill 9:11PM
Vanija Untill 1:56AM Mon
Navami* Untill 2:57PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon – Yellow
Savana-Avani

Sunrise: 6:28AM
Sunset: 6:46PM

Port Harcourt, Nigeria
Sun 7 Sutra 125
Visvasu 5127
Moon 8 - Phase 17 - 7 Navami

Wishahba Rasi: 13.26 Tithi 24 – 25
Creative Work - Siddha Yoga

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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Monday, August 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Vasi*/Bava Karana Dashami/Ekadashtyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 126
1	Wishabha Rasi: 27.32 TITHI 25 – 26	Gulika 2:08PM – 3:39PM	Mrigashira Until 9:38PM	Ganesh: Clear	Sunrise: 6:28AM	Vasavasau 5:17
	Family Home Evening	536728572	8:00AM – 9:32AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 18 - 8
Creative Work	Amrita Yoga		Bava Until 12:01AM Tue	Nataraja: Yellow		2nd Phase
Until 9:38PM			Dashami Until 12:56PM	Moon – Yellow		
Then Creative Work – Siddha Yoga				Sravana-Avani		Sivaloka Day

Tuesday, August 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Andra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 127
2	Mithuna Rasi: 11.31 TITHI 26 – 27	Gulika 12:35PM – 2:07PM	Andra Until 8:31PM	Ganesh: Clear	Sunrise: 6:28AM	Vasavasau 5:17
		536728572	9:32AM – 11:04AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 18 - 9
Routine Work	Marana Yoga		Vajra* Until 4:01PM	Nataraja: Yellow		2nd Phase
Until 8:31PM			Kaulava Until 10:18PM	Moon – Yellow		
Then Creative Work – Siddha Yoga			Ekadashi* Until 11:06AM	Sravana-Avani		Sivaloka Day

Wednesday, August 20, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Vicara Yuktayam Punarvasu Nakshatra Siddhi/Vyaltapa* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 128
3	Mithuna Rasi: 25.21 TITHI 27 – 28	Gulika 11:03AM – 12:35PM	Punarvasu Until 7:58PM	Ganesh: Purple	Sunrise: 6:28AM	Vasavasau 5:17
		546728572	8:00AM – 9:32AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 18 - 10
Creative Work	Siddha Yoga		Siddhi Until 1:44PM	Nataraja: Yellow		2nd Phase
Until 8:31PM			Gara Until 8:52PM	Moon – Blue		
Then Creative Work – Siddha Yoga			Dvadashi* Until 9:31AM	Sravana-Avani		Devaloka Day

Pradosha Vata (Fasting)

Thursday, August 21, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Vasara Yuktayam Pushya Nakshatra Vyaltapa*/Varjan Yoga Vanja/Velil* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 129
4	Kalkata Rasi: 9.01 TITHI 28 – 29	Gulika 9:31AM – 11:03AM	Pushya Until 7:37PM	Ganesh: Purple	Sunrise: 6:28AM	Vasavasau 5:17
		546728572	6:28AM – 8:00AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 18 - 11
Creative Work	Amrita Yoga		Vyalpala* Until 11:44AM	Nataraja: Yellow		2nd Phase
Until 7:37PM			Visti Until 7:48PM	Moon – Blue		
Then Creative Work – Siddha Yoga			Trayodashi* Until 8:15AM	Sravana-Avani		Devaloka Day

Friday, August 22, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Vasara Yuktayam Ashlesha* Nakshatra Varjan/Patnga*/Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 12 Sutra 130
Retreat Star	Kalkata Rasi: 22.26 TITHI 29 – 30	Gulika 7:59AM – 9:31AM	Ashlesha* Until 7:34PM	Ganesh: Light Blue	Sunrise: 6:28AM	Vasavasau 5:17
		547728572	9:32AM – 11:04AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 18 - 12
Routine Work	Marana Yoga		Varjan Until 10:02AM	Nataraja: Yellow		Amavasya
Until 7:37PM			Caluspada Until 7:11PM	Moon – Blue		
Then Creative Work – Siddha Yoga			Chaturdashi* Until 7:25AM	Sravana-Avani		Devaloka Day

Saturday, August 23, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 131
Retreat Star	Simha Rasi: 5.35 TITHI 30 – 1	Gulika 6:28AM – 7:59AM	Magha* Until 8:21PM	Ganesh: Purple	Sunrise: 6:28AM	Vasavasau 5:17
		557728572	9:31AM – 11:03AM	Muruga: Blue	Sunset: 6:49PM	Moon 8 - Phase 18 - 13
Creative Work	Amrita Yoga		Parigha* Until 8:46AM	Nataraja: Yellow		Prathama
Until 8:21PM			Kintughna Until 7:06PM	Moon – Red		
Then Creative Work – Siddha Yoga			Amavasya* Until 7:03AM	Bhadrapada-Avani		Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Paraphaguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityam Titau				Port Harcourt, Nigeria Sun 14 Sutra 132
Simha Rasi: 18.28	Tithi 1 – 2	Gulika 3:38PM – 5:09PM	Purvaphalguni Until 9:33PM	Ganesha: Purple Sunrise: 6:27AM	Muruga: Blue Sunset: 6:41PM	Vasavasa 5:17 Moon 8 - Phase 19 - 12 3rd Phase
Creative Work	Siddha Yoga	55772852	Rahu 5:09PM – 6:41PM	Shiva Until 7:57AM Balava Until 7:37PM	Nataraja: Yellow Moon - Red Bhadrapada-Avani	Devaloka Day
Until 9:33PM						
Then Creative Work - Amrita Yoga						

2 Monday, August 25, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Taila Karana Dvitya/Tritiyam Titau				Port Harcourt, Nigeria Sun 15 Sutra 133
Kanya Rasi: 1.04	Tithi 2 – 3	Gulika 2:04PM – 3:37PM	Uttaraphalguni Until 11:10PM	Ganesha: Purple Sunrise: 6:27AM	Muruga: Blue Sunset: 6:41PM	Vasavasa 5:17 Moon 8 - Phase 19 - 15 3rd Phase
Family Home Evening	Siddha Yoga	55772852	Rahu 7:59AM – 9:31AM	Siddha Until 7:34AM Taila Until 8:42PM	Nataraja: Yellow Moon - Red Bhadrapada-Avani	Devaloka Day
Creative Work						
Dvitiya Until 8:04AM						

3 Tuesday, August 26, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturthi/Panchamam Titau				Port Harcourt, Nigeria Sun 16 Sutra 134
Kanya Rasi: 13.24	Tithi 3 – 4	Gulika 12:34PM – 2:05PM	Hasla Until 1:37AM Wed	Ganesha: Light Blue Sunrise: 6:27AM	Muruga: Blue Sunset: 6:40PM	Vasavasa 5:17 Moon 8 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga	56772852	Rahu 3:37PM – 5:09PM	Sadha Until 7:39AM Vanija Until 10:21PM	Nataraja: Yellow Moon - Green Bhadrapada-Avani	Devaloka Day
Creative Work						
Ganesha Chaturthi Tritiya Until 9:27AM						

4 Wednesday, August 27, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Visi/Bava Karana Chaturthi/Panchamam Titau				Port Harcourt, Nigeria Sun 17 Sutra 135
Kanya Rasi: 25.32	Tithi 4 – 5	Gulika 11:02AM – 12:33PM	Chitra Until 4:17AM Thu	Ganesha: Light Blue Sunrise: 6:27AM	Muruga: Blue Sunset: 6:40PM	Vasavasa 5:17 Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	56772852	Rahu 12:33PM – 2:05PM	Subha Until 8:08AM Bava Until 12:24AM Thu	Nataraja: Yellow Moon - Green Bhadrapada-Avani	Devaloka Day
Until 4:17AM Thu						
Then Creative Work - Amrita Yoga						

5 Thursday, August 28, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svali Nakshatra Subha/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 136
Tula Rasi: 7.31	Tithi 5 – 6	Gulika 9:30AM – 11:01AM	Svali Until 7:01AM Fri	Ganesha: Light Blue Sunrise: 6:27AM	Muruga: Blue Sunset: 6:39PM	Vasavasa 5:17 Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga	56772853	Rahu 2:05PM – 3:36PM	Sukla Until 8:51AM Kaulava Until 2:44AM Fri	Nataraja: White Moon - Green Bhadrapada-Avani	Sivaloka Day
Until 7:01AM Fri						
Then Creative Work - Siddha Yoga						

6 Friday, August 29, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Svali/Vishakha Nakshatra Brahma/Indra Yoga Talila/Gara Karana Shashthi/Saptamam Titau				Port Harcourt, Nigeria Sun 19 Sutra 137
Tula Rasi: 19.24	Tithi 6 – 7	Gulika 7:58AM – 9:30AM	Svali Until 7:01AM	Ganesha: Purple Sunrise: 6:27AM	Muruga: Blue Sunset: 6:39PM	Vasavasa 5:17 Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga	56872853	Rahu 11:01AM – 12:33PM	Brahma Until 9:45AM Gara Until 5:09AM Sat	Nataraja: White Moon - Green Bhadrapada-Avani	Sivaloka Day
Creative Work						
Shashthi Until 3:55PM						

Saturday, August 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhri Yoga Vanija Karana Saptamam Titau				Port Harcourt, Nigeria Sun 20 Sutra 138
Wshchika Rasi: 1.16	Tithi 7	Gulika 6:26AM – 7:58AM	Vishakha Until 10:08AM	Ganesha: Clear Sunrise: 6:26AM	Muruga: Blue Sunset: 6:39PM	Vasavasa 5:17 Moon 8 - Phase 19 - 20 3rd Phase
Creative Work	Siddha Yoga	57872853	Rahu 9:29AM – 11:01AM	Indra Until 10:41AM Vanija Until 6:17PM	Nataraja: White Moon - Orange Bhadrapada-Avani	Subha Sivaloka Day
Creative Work						
Saptami Until 6:17PM						

Sunday, August 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Vaidhri/Vishkambha Yoga Visi/Bava Karana Ashtamam Titau				Port Harcourt, Nigeria Sun 21 Sutra 139
Wshchika Rasi: 13.12	Tithi 8	Gulika 3:35PM – 5:07PM	Anuradha Until 12:55PM	Ganesha: Clear Sunrise: 6:26AM	Muruga: Blue Sunset: 6:39PM	Vasavasa 5:17 Moon 8 - Phase 19 - 21 Ashtami
Routine Work	Marana Yoga	57872853	Rahu 5:07PM – 6:38PM	Vaidhri Until 11:27AM Visi Until 7:25AM	Nataraja: White Moon - Orange Bhadrapada-Avani	Subha Sivaloka Day
Creative Work						
Ashlami Until 8:26PM						

Monday, September 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Jyeshtha/Mula Nakshatra Veshikambha/Pithi Yoga Balava/Kaulava Karana Navamam Titau				Port Harcourt, Nigeria Sun 22 Sutra 140
Wshchika Rasi: 25.14	Tithi 9	Gulika 2:03PM – 3:35PM	Jyeshtha Until 3:12PM	Ganesha: Clear Sunrise: 6:26AM	Muruga: Blue Sunset: 6:39PM	Vasavasa 5:17 Moon 8 - Phase 19 - 22 Navami
Family Home Evening	Siddha Yoga	57872853	Rahu 7:57AM – 9:29AM	Vishkambha Until 11:58AM Balava Until 9:23AM	Nataraja: White Moon - Orange Bhadrapada-Avani	Subha Sivaloka Day
Creative Work						
Navami Until 10:10PM						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1 Tuesday, September 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktyam Mula*Purvashada* Nakshatra PriliAyushman Yoga TalilaGara Karana Ddashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 141
Dhanus Rasi: 7.28	Tithi 10	Gulika 12:32PM – 2:03PM	Mula* Until 5:18PM	Ganesh: White	Sunrise: 6:26AM	Vasavasu 5:27
		Yama 9:29AM – 11:00AM	Prili Until 12:07PM	Muruga: Blue	Sunset: 6:37PM	Moon 8 - Phase 20 - 123
		58872573 Rahu 3:34PM – 5:06PM	Tailila Until 10:52AM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Dashmi Until 11:21PM	Moon – Light Blue		Sivaloka Day
Until 5:18PM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

2 Wednesday, September 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bauha Vasara Yuktyam Purvashada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 142
Dhanus Rasi: 19.58	Tithi 11	Gulika 11:00AM – 12:31PM	Purvashada* Until 6:37PM	Ganesh: Green	Sunrise: 6:26AM	Vasavasu 5:27
		58882573 Rahu 12:31PM – 2:03PM	Ayushman Until 11:45AM	Muruga: Blue	Sunset: 6:37PM	Moon 8 - Phase 20 - 24
			Vanija Until 11:43AM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 11:52PM	Moon – Light Blue		Sivaloka Day
				Bhadrapada-Avani		

3 Thursday, September 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktyam Uttarashada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 143
Makara Rasi: 2.46	Tithi 12	Gulika 9:28AM – 10:59AM	Uttarashada Until 7:06PM	Ganesh: White	Sunrise: 6:25AM	Vasavasu 5:27
		58982573 Rahu 2:02PM – 3:34PM	Saubhagya Until 10:52AM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 20 - 25
			Bava Until 11:53AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashti Until 11:40PM	Moon – Light Blue		Sivaloka Day
Until 7:06PM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

4 Friday, September 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktyam Shravana Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 144
Makara Rasi: 15.56	Tithi 13	Gulika 7:56AM – 9:28AM	Shravana Until 7:11PM	Ganesh: Yellow	Sunrise: 6:25AM	Vasavasu 5:27
		59982573 Rahu 10:59AM – 12:31PM	Sobhana Until 9:25AM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 20 - 26
			Kaulava Until 11:20AM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 10:47PM	Moon – Purple		Subha Sivaloka Day
Until 7:11PM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

5 Saturday, September 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktyam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 145
Makara Rasi: 29.28	Tithi 14	Gulika 6:25AM – 7:56AM	Dhanishtha Until 6:29PM	Ganesh: Yellow	Sunrise: 6:25AM	Vasavasu 5:27
		59982573 Rahu 2:02PM – 3:33PM	Athiganda* Until 7:24AM	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 20 - 27
			Gara Until 10:07AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:15PM	Moon – Purple		Subha Sivaloka Day
Until 6:29PM		Chidambaram Abhishekam		Bhadrapada-Avani		
Then Creative Work	Amrita Yoga					

○ Sunday, September 7, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktyam Shalabhishak/Purvashrothapada* Nakshatra Dhivli Yoga Visi*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 146
Copper Retreat Star		Gulika 3:32PM – 5:04PM	Shalabhishak Until 5:06PM	Ganesh: Yellow	Sunrise: 6:25AM	Vasavasu 5:27
Kumbha Rasi: 13.22	Tithi 15	59982573 Rahu 5:04PM – 6:35PM	Dhivli Until 2:03AM Mon	Muruga: Blue	Sunset: 6:36PM	Moon 8 - Phase 20 - 28
			Visi Until 8:18AM	Nataraja: White		Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:12PM	Moon – Purple		Subha Sivaloka Day
		Grandparent's Day		Bhadrapada-Avani		

Monday, September 8, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Kirtira Pakche Indu Vasara Yuktyam Purvashrothapada*/Uttarashrothapada Nakshatra Shula* Yoga Balava/Tailila Karana Prathama/Dvityayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 147
Silver Retreat Star		Gulika 2:01PM – 3:32PM	Purvashrothapada* Until 3:34PM	Ganesh: Yellow	Sunrise: 6:24AM	Vasavasu 5:27
Kumbha Rasi: 27.35	Tithi 16 – 17	51982573 Rahu 7:56AM – 9:27AM	Shula* Until 10:51PM	Muruga: Blue	Sunset: 6:35PM	Moon 8 - Phase 20 - 29
			Balava Until 6:02AM	Nataraja: White		Prathama
Family Home Evening	Marana Yoga		Prathama* Until 4:45PM	Moon – Clear		Subha Sivaloka Day
Until 3:34PM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Mangala Vasara Yukayam
Uttaraprosphadpa/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 148

Mesha Rasi: 12.02	Tithi 17 - 18	Gulika 12:29PM - 2:00PM	Uttaraprosphadpa Until 1:38PM	Ganesha: Yellow	Sunrise: 6:24AM	Vaswasu 5:127
		Yama 9:27AM - 10:58AM	Ganda* Until 7:28PM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 1
		Rahu 3:32PM - 5:03PM	Vanija Until 12:36AM Wed	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Dvitiya Until 2:00PM	Moon - Clear		Subha Sivaloka Day
Until 1:38PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

1

Wednesday, September 10, 2025

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Budha Vasara Yukayam
Revati/Ashvini Nakshatra Dhruva/Vyaghta* Yoga Vasi/Bava Karana Tritiya/Chaturtham Titau

Port Harcourt, Nigeria
Sun 2 Sutra 149

Mesha Rasi: 26.37	Tithi 18 - 19	Gulika 10:58AM - 12:29PM	Revati Until 11:24AM	Ganesha: Yellow	Sunrise: 6:24AM	Vaswasu 5:127
		Yama 7:55AM - 9:26AM	Viddhi Until 4:01PM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 2
		Rahu 12:29PM - 2:00PM	Bava Until 9:42PM	Nataraja: White		1st Phase
Routine Work	Marana Yoga		Tritiya Until 11:08AM	Moon - Clear		Subha Sivaloka Day
				Bhadrapada-Avani		

2

Thursday, September 11, 2025

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Gara Vasara Yukayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghta* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 150

Mesha Rasi: 11.14	Tithi 19 - 20	Gulika 9:26AM - 10:57AM	Ashvini Until 9:26AM	Ganesha: White	Sunrise: 6:24AM	Vaswasu 5:127
		Yama 6:24AM - 7:55AM	Dhruva Until 12:32PM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 3
		Rahu 2:00PM - 3:31PM	Kaulava Until 6:51PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:15AM	Moon - White		Sivaloka Day
Until 9:26AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

3

Friday, September 12, 2025

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Sukra Vasara Yukayam
Bharani/Krittika Nakshatra Vyaghta* Harshana Yoga Gara/Venija Karana Shashthiyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 151

Mesha Rasi: 25.47	Tithi 21	Gulika 7:55AM - 9:26AM	Bharani Until 7:26AM	Ganesha: Blue	Sunrise: 6:24AM	Vaswasu 5:127
		Yama 3:30PM - 5:02PM	Vyaghta* Until 9:11AM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 4
		Rahu 10:57AM - 12:28PM	Gara Until 4:09PM	Nataraja: White		1st Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:52AM Sat	Moon - White		Sivaloka Day
				Bhadrapada-Avani		

4

Saturday, September 13, 2025

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Manita Vasara Yukayam
Rohini Nakshatra Harshana/Vajra* Yoga Vasi/Bava Karana Sapthamam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 152

Wishahba Rasi: 10.11	Tithi 22	Gulika 6:23AM - 7:54AM	Rohini Until 4:10AM Sun	Ganesha: Red	Sunrise: 6:23AM	Vaswasu 5:127
		Yama 1:59PM - 3:30PM	Harshana Until 6:01AM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 5
		Rahu 9:26AM - 10:57AM	Visi Until 1:42PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Saptami Until 12:34AM Sun	Moon - Yellow		Subha Sivaloka Day
Until 4:10AM Sun				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

5

Sunday, September 14, 2025

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yukayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 153

Wishahba Rasi: 24.24	Tithi 23	Gulika 3:30PM - 5:01PM	Mrigashira Until 3:01AM Mon	Ganesha: Red	Sunrise: 6:23AM	Vaswasu 5:127
		Yama 12:27PM - 1:59PM	Siddhi Until 12:24AM Mon	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 6
		Rahu 5:01PM - 6:32PM	Balava Until 11:34AM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:37PM	Moon - Yellow		Subha Sivaloka Day
				Bhadrapada-Avani		

Monday, September 15, 2025

Viswasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mase Krishna Paksho Indu Vasara Yukayam
Ardra Nakshatra Vyatipata* Yoga Talila/Gara Karana Navamam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 154

Mithuna Rasi: 8.22	Tithi 24	Gulika 1:58PM - 3:29PM	Ardra Until 2:08AM Tue	Ganesha: Red	Sunrise: 6:23AM	Vaswasu 5:127
		Yama 10:56AM - 12:27PM	Vyatipata* Until 10:05PM	Muruga: Blue	Sunset: 6:49PM	Moon 9 - Phase 21 - 7
		Rahu 7:54AM - 9:25AM	Tailila Until 9:48AM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 9:03PM	Moon - Yellow		Subha Sivaloka Day
				Bhadrapada-Avani		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1 Tuesday, September 16, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mangala Vasara Yukatayam Panavasu Nakshatra Varjaya Yoga Vanija/Vsiti/ Karana Dashamam Titau		Port Harcourt, Nigeria Sun 8 Sutra 155
Mithuna Rasi: 22.06	Tithi 25	Gulika 12:27PM - 1:58PM Yama 9:25AM - 10:56AM	Purnavasu Until 1.56AM Wed Varjaya Until 8:04PM Bava Until 8:26AM	Ganesh: Green <i>Sunrise: 6:23AM</i> Muruga: Blue <i>Sunset: 6:31PM</i> Nataraja: White Moon - Blue Bhadrapada-Puratasi
Creative Work	Siddha Yoga	541828573 Rahu 3:29PM - 5:00PM	Dashami Until 7:54PM	Sivaloka Day

2 Wednesday, September 17, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Budha Vasara Yukatayam Pushya Nakshatra Parigha/ Yoga Bava/Balavo Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 156
Kalka Rasi: 5.35	Tithi 26	Gulika 10:55AM - 12:26PM Yama 7:53AM - 9:24AM	Pushya Until 2:02AM Thu Parigha* Until 6:24PM Bava Until 7:30AM	Ganesh: Green <i>Sunrise: 6:23AM</i> Muruga: Blue <i>Sunset: 6:30PM</i> Nataraja: White Moon - Blue Bhadrapada-Puratasi
Creative Work	Siddha Yoga	541828573 Rahu 12:26PM - 1:57PM	Ekadashi* Until 7:11PM	Sivaloka Day

3 Thursday, September 18, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Guru Vasara Yukatayam Ashlesha/ Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 157
Kalka Rasi: 18.5	Tithi 27	Gulika 9:24AM - 10:55AM Yama 6:22AM - 7:53AM	Ashlesha* Until 2:25AM Fri Shiva Until 5:07PM Kaulava Until 7:00AM	Ganesh: Green <i>Sunrise: 6:23AM</i> Muruga: Blue <i>Sunset: 6:30PM</i> Nataraja: White Moon - Blue Bhadrapada-Puratasi
Creative Work	Siddha Yoga	541828573 Rahu 1:57PM - 3:28PM	Dvadashi* Until 6:54PM	Sivaloka Day
Then Routine Work - Marana Yoga				

4 Friday, September 19, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Sukra Vasara Yukatayam Magha/ Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 158
Simha Rasi: 1.5	Tithi 28	Gulika 7:53AM - 9:24AM Yama 3:28PM - 4:58PM	Magha* Until 3:34AM Sat Siddha Until 4:09PM Gara Until 6:58AM	Ganesh: White <i>Sunrise: 6:23AM</i> Muruga: Blue <i>Sunset: 6:29PM</i> Nataraja: White Moon - Red Bhadrapada-Puratasi
Routine Work	Marana Yoga	551828573 Rahu 10:55AM - 12:26PM	Trayodashi* Until 7:06PM	Sivaloka Day
Then Creative Work - Siddha Yoga				

5 Saturday, September 20, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mani Vasara Yukatayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Vasi/ Sakuni/ Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 159
Simha Rasi: 14.37	Tithi 29	Gulika 6:22AM - 7:53AM Yama 1:56PM - 3:27PM	Purvaphalguni Until 5:00AM Sun Sadhya Until 3:34PM Vasi Until 7:24AM	Ganesh: White <i>Sunrise: 6:23AM</i> Muruga: Blue <i>Sunset: 6:29PM</i> Nataraja: White Moon - Red Bhadrapada-Puratasi
Creative Work	Siddha Yoga	551828573 Rahu 9:23AM - 10:54AM	Chaturdashi* Until 7:46PM	Sivaloka Day
Then Creative Work - Amrita Yoga				

● Sunday, September 21, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yukatayam Uttaraphalguni/Hasta Nakshatra Sukla/Yoga Catuspada/ Niaga/ Karana Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 160
Retreat Star		Gulika 3:27PM - 4:58PM Yama 12:25PM - 1:56PM	Uttaraphalguni Until 6:44AM Mon Subha Until 3:22PM Catuspada Until 8:17AM	Ganesh: White <i>Sunrise: 6:21AM</i> Muruga: Blue <i>Sunset: 6:28PM</i> Nataraja: White Moon - Red Bhadrapada-Puratasi
Simha Rasi: 27.1	Tithi 30	551828573 Rahu 4:58PM - 6:28PM	Amavasya* Until 8:53PM	Sivaloka Day
Creative Work	Amrita Yoga	Mahalaya Amavasya (Tamil Nadu)		
Then Creative Work - Siddha Yoga				

Monday, September 22, 2025		Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yukatayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna/ Bava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 161
Retreat Star		Gulika 1:55PM - 3:26PM Yama 10:54AM - 12:25PM	Uttaraphalguni Until 6:44AM Sukla Until 3:29PM Kintughna Until 9:39AM	Ganesh: White <i>Sunrise: 6:21AM</i> Muruga: Blue <i>Sunset: 6:28PM</i> Nataraja: White Moon - Red Ashvina-Puratasi
Kanya Rasi: 9.32	Tithi 1	551828573 Rahu 7:52AM - 9:23AM	Prathama* Until 10:28PM	Sivaloka Day
Family Home Evening	Siddha Yoga	Navaratri Begins		
Creative Work				

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktyam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 162
Kanya Rasi: 21.43	Tilthi 2	Gulika	12:24PM – 1:55PM	Hasla Untill 9:11AM	Ganesha: Red	Sunrise: 6:21AM
		Yama	9:23AM – 10:53AM	Brahma Untill 3:54PM	Muruga: Blue	Sunset: 6:29PM
Creative Work	Siddha Yoga	562828573	Rahu	3:26PM – 4:57PM	Nataraja: White	Moon 9 - Phase 23 - 17
				Balava Untill 11:25AM	Moan – Green	3rd Phase
		Dvitiya Untill 12:25AM Wed				Subha Sivaloka Day

2 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktyam Chitra/Svati Nakshatra Indra/Vaidhithi/ Yoga Talilla/Gara Karana Tillyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 163
Tula Rasi: 3.45	Tilthi 3	Gulika	10:53AM – 12:24PM	Chitra Untill 11:49AM	Ganesha: Red	Sunrise: 6:21AM
		Yama	7:52AM – 9:22AM	Indra Untill 4:36PM	Muruga: Blue	Sunset: 6:29PM
Creative Work	Siddha Yoga	562828573	Rahu	12:24PM – 1:55PM	Nataraja: White	Moon 9 - Phase 23 - 16
				Vaniya Untill 3:54PM	Moan – Green	3rd Phase
		Tritiya Untill 2:40AM Thu				Subha Sivaloka Day

3 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktyam Svati/Vishaka Nakshatra Vaidhithi/Vishkambha/ Yoga Vanja/Visli/ Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 164
Tula Rasi: 15.41	Tilthi 4	Gulika	9:22AM – 10:53AM	Svati Untill 2:31PM	Ganesha: Red	Sunrise: 6:21AM
		Yama	6:21AM – 7:51AM	Vaidhithi/ Untill 5:26PM	Muruga: Blue	Sunset: 6:29PM
Creative Work	Amrita Yoga	562828573	Rahu	1:54PM – 3:25PM	Nataraja: White	Moon 9 - Phase 23 - 17
				Vaniya Untill 3:54PM	Moan – Green	3rd Phase
Untill 2:31PM		Chaturthi/ Untill 5:06AM Fri				Subha Sivaloka Day
Then Creative Work - Siddha Yoga						

4 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktyam Vishaka/Anuradha Nakshatra Vishkambha/ Yoga Bava Karana Panchmiam Titau				Port Harcourt, Nigeria Sun 18 Sutra 165
Tula Rasi: 27.34	Tilthi 5	Gulika	7:51AM – 9:22AM	Vishaka Untill 5:40PM	Ganesha: Blue	Sunrise: 6:20AM
		Yama	3:25PM – 4:55PM	Vishkambha/ Untill 6:21PM	Muruga: Blue	Sunset: 6:29PM
Creative Work	Siddha Yoga	572828573	Rahu	10:52AM – 12:23PM	Nataraja: White	Moon 9 - Phase 23 - 18
				Bava Untill 6:22PM	Moan – Orange	3rd Phase
		Panchami Untill 7:35AM Sat				Subha Subha Sivaloka Day

5 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktyam Anuradha Nakshatra Prithi Yoga Balava/Kaulava Karana Panchami/Shashmiam Titau				Port Harcourt, Nigeria Sun 19 Sutra 166
Vishchika Rasi: 9.25	Tilthi 5 – 6	Gulika	6:20AM – 7:51AM	Anuradha Untill 8:37PM	Ganesha: Red	Sunrise: 6:20AM
		Yama	1:54PM – 3:24PM	Prithi Untill 7:16PM	Muruga: Blue	Sunset: 6:29PM
Creative Work	Siddha Yoga	672828573	Rahu	9:21AM – 10:52AM	Nataraja: White	Moon 9 - Phase 23 - 19
				Kaulava Untill 8:48PM	Moan – Orange	3rd Phase
		Panchami Untill 7:35AM				Subha Sivaloka Day

6 Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktyam Jyeshtha/ Nakshatra Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamiam Titau				Port Harcourt, Nigeria Sun 20 Sutra 167
Vishchika Rasi: 21.19	Tilthi 6 – 7	Gulika	3:24PM – 4:55PM	Jyeshtha/ Untill 11:12PM	Ganesha: Green	Sunrise: 6:20AM
		Yama	12:23PM – 1:53PM	Ayushman Untill 8:00PM	Muruga: Blue	Sunset: 6:29PM
Routine Work	Marana Yoga	672928573	Rahu	4:55PM – 6:25PM	Nataraja: White	Moon 9 - Phase 23 - 20
				Gara Untill 11:02PM	Moan – Orange	3rd Phase
Untill 11:12PM		Shashthi/ Untill 9:56AM				Sivaloka Day
Then Creative Work - Amrita Yoga						

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktyam Mula/ Nakshatra Saubhagya Yoga Vanja/Visli/ Karana Sapthami/Ashtamiam Titau				Port Harcourt, Nigeria Sun 21 Sutra 168
Retreat Star		Gulika	1:53PM – 3:23PM	Mula/ Untill 1:45AM Tue	Ganesha: Red	Sunrise: 6:20AM
Dhanus Rasi: 3.19	Tilthi 7 – 8	Yama	10:52AM – 12:22PM	Saubhagya Untill 8:28PM	Muruga: Blue	Sunset: 6:29PM
		682928573	Rahu	7:50AM – 9:21AM	Nataraja: White	Moon 9 - Phase 23 - 21
Creative Work	Siddha Yoga			Visli Untill 12:52AM Tue	Moan – Light Blue	Ashtami
				Sapthami Untill 12:00PM	Ashvina-Puratasi	
		Durga Ashtami				Subha Sivaloka Day

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktyam Purvashadha/ Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamiam Titau				Port Harcourt, Nigeria Sun 22 Sutra 169
Retreat Star		Gulika	12:22PM – 1:52PM	Purvashadha/ Untill 3:35AM Wed	Ganesha: Red	Sunrise: 6:19AM
Dhanus Rasi: 15.29	Tilthi 8 – 9	Yama	9:21AM – 10:51AM	Sobhana Untill 8:32PM	Muruga: Blue	Sunset: 6:29PM
		682928573	Rahu	3:23PM – 4:54PM	Nataraja: White	Moon 9 - Phase 23 - 22
Creative Work	Siddha Yoga			Balava Untill 2:09AM Wed	Moan – Light Blue	Navami
				Ashlami/ Untill 1:34PM	Ashvina-Puratasi	
Untill 3:35AM Wed		Saraswathi Puja (Tamil Nadu)				Subha Sivaloka Day
Then Creative Work - Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Triramantram 1502

All times are standard time. Calculated for Port Harcourt, Nigeria on 12/20/23

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1		Wednesday, October 1, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Budha Vrsara Yuktayam Uttarashadha Nakshatra Abhiganda* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 170
Dhanus Rasi: 27.55	Tithi 9 – 10	Gulika 10:51AM – 12:22PM	Uttarashadha Until 4:34AM Thu	Ganesh: Red	Sunrise: 6:19AM		Vasavasa 5:127	
		Yama 7:50AM – 9:20AM	Abhiganda* Until 8:03PM	Muruga: Blue	Sunset: 6:24PM	Moon 9 - Phase 24 - 23		4th Phase
Creative Work Amrita Yoga		Rahu 12:22PM – 1:52PM	Tailita Until 2:44AM Thu	Nataraja: White				
Until 4:34AM Thu			Navami* Until 2:31PM	Moon - Light Blue				Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Vijaya Dasami		Ashwini-Puratasi				

2		Thursday, October 2, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Guru Vrsara Yuktayam Shravana Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Ekadasyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 171
Makara Rasi: 10.41	Tithi 10 – 11	Gulika 9:20AM – 10:51AM	Shravana Until 5:05AM Fri	Ganesh: Blue	Sunrise: 6:19AM		Vasavasa 5:127	
		Yama 6:19AM – 7:50AM	Sukarma Until 6:59PM	Muruga: Blue	Sunset: 6:29PM	Moon 9 - Phase 24 - 24		4th Phase
Creative Work Siddha Yoga		Rahu 1:52PM – 3:22PM	Vanija Until 2:31AM Fri	Nataraja: White				
			Dashami Until 2:42PM	Moon - Purple				Sivaloka Day
				Ashwini-Puratasi				

3		Friday, October 3, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Sukra Vrsara Yuktayam Dhanishth Nakshatra Dhriti/Shula* Yoga Visli*Beva Karana Ekadashi/Dwadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 172
Makara Rasi: 23.5	Tithi 11 – 12	Gulika 7:49AM – 9:20AM	Dhanishtha Until 4:41AM Sat	Ganesh: Blue	Sunrise: 6:19AM		Vasavasa 5:127	
		Yama 3:22PM – 4:52PM	Dhriti Until 5:18PM	Muruga: Blue	Sunset: 6:29PM	Moon 9 - Phase 24 - 25		4th Phase
Creative Work Siddha Yoga		Rahu 10:50AM – 12:21PM	Beva Until 1:30AM Sat	Nataraja: White				
Until 4:41AM Sat			Ekadashi Until 2:05PM	Moon - Purple				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashwini-Puratasi				

4		Saturday, October 4, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Manu Vrsara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 173
Kumbha Rasi: 7.25	Tithi 12 – 13	Gulika 6:19AM – 7:49AM	Shatabhishak Until 3:24AM Sun	Ganesh: Blue	Sunrise: 6:19AM		Vasavasa 5:127	
		Yama 1:51PM – 3:22PM	Shula* Until 2:58PM	Muruga: Blue	Sunset: 6:29PM	Moon 9 - Phase 24 - 26		4th Phase
Creative Work Amrita Yoga		Rahu 9:20AM – 10:50AM	Kaulava Until 11:45PM	Nataraja: White				
Until 3:24AM Sun			Dvadashi Until 12:42PM	Moon - Purple				Sivaloka Day
Then Creative Work - Siddha Yoga		Kadalswami Mahasamadi		Ashwini-Puratasi				
				<i>Pradosha Vata</i>				

5		Sunday, October 5, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Bhanu Vrsara Yuktayam Purvashrothapada* Nakshatra Ganda/Vridhi Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 174
Kumbha Rasi: 21.26	Tithi 13 – 14	Gulika 3:21PM – 4:52PM	Purvashrothapada* Until 1:47AM Mon	Ganesh: White	Sunrise: 6:18AM		Vasavasa 5:127	
		Yama 12:20PM – 1:51PM	Ganda* Until 12:05PM	Muruga: Blue	Sunset: 6:29PM	Moon 9 - Phase 24 - 27		4th Phase
Creative Work Siddha Yoga		Rahu 4:52PM – 6:22PM	Gara Until 9:21PM	Nataraja: White				
		Chidambaram Abhishekam	Trayodashi Until 10:36AM	Moon - Clear				Sivaloka Day
				Ashwini-Puratasi				

○		Monday, October 6, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Indu Vrsara Yuktayam Uttarashrothapada Nakshatra Vridhi/Dhruva Yoga Vanja/Vesli* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 175
Copper Retreat Star		Gulika 1:50PM – 3:21PM	Uttarashrothapada Until 11:33PM	Ganesh: Clear	Sunrise: 6:18AM		Vasavasa 5:127	
Meena Rasi: 5.53	Tithi 14 – 15	Yama 10:50AM – 12:20PM	Vridhi Until 8:45AM	Muruga: Blue	Sunset: 6:29PM	Moon 9 - Phase 24 - 28		Purnima
Family Home Evening		Rahu 7:49AM – 9:19AM	Visli Until 6:26PM	Nataraja: White				
Creative Work Siddha Yoga			Chaturdash* Until 7:56AM	Moon - Clear				Subha Sivaloka Day
				Ashwini-Puratasi				

●		Tuesday, October 7, 2025				Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakche Mangala Vrsara Yuktayam Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 176
Silver Retreat Star		Gulika 12:20PM – 1:50PM	Revati Until 8:52PM	Ganesh: Clear	Sunrise: 6:18AM		Vasavasa 5:127	
Meena Rasi: 20.39	Tithi 16	Yama 9:19AM – 10:49AM	Vyaghata* Until 1:06AM Wed	Muruga: Blue	Sunset: 6:29PM	Moon 9 - Phase 24 - 29		Prathama
Creative Work Siddha Yoga		Rahu 3:20PM – 4:51PM	Balava Until 3:10PM	Nataraja: White				
			Prathama* Until 1:26AM Wed	Moon - Clear				Subha Sivaloka Day
				Ashwini-Puratasi				

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam Titau

Port Harcourt, Nigeria

Sutra 177

Mesha Rasi: 5.37	Tithi 17	Gulika 10:49AM - 12:19PM	Ashvini Until 6:17PM	Ganesh: White	Sunrise: 6:08AM	Vasavas: 5:17
		Yama 7:48AM - 9:19AM	Harshana Until 9:05PM	Muruga: Blue	Sunset: 6:29PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 12:19PM - 1:50PM	Tailila Until 11:42AM	Nataraja: Clear		
Routine Work Marana Yoga			Dvitiya Until 9:56PM	Moon - White		Subha Sivaloka Day
Until 6:17PM				Ashvina-Puratasi		
Then Creative Work - Siddha Yoga						

1 Thursday, October 9, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra/Siddhi Yoga Vanija/Visli/ Karana Trilyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 178

Mesha Rasi: 20.4	Tithi 18	Gulika 9:18AM - 10:49AM	Bharani Until 3:35PM	Ganesh: White	Sunrise: 6:08AM	Vasavas: 5:17
		Yama 6:18AM - 7:48AM	Vajra Until 5:04PM	Muruga: Blue	Sunset: 6:29PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 1:49PM - 3:20PM	Vanija Until 8:12AM	Nataraja: Clear		
Creative Work Siddha Yoga			Tritiya Until 6:28PM	Moon - White		Subha Sivaloka Day
Until 3:35PM				Ashvina-Puratasi		
Then Routine Work - Marana Yoga						

2 Friday, October 10, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyjalpala/ Yoga Babava/Kaulava Karana Chalurithi/Panchamam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 179

Wishabha Rasi: 5.37	Tithi 19 - 20	Gulika 7:48AM - 9:18AM	Krittika Until 12:55PM	Ganesh: White	Sunrise: 6:08AM	Vasavas: 5:17
		Yama 3:19PM - 4:50PM	Siddhi Until 1:13PM	Muruga: Blue	Sunset: 6:29PM	Moon 10 - Phase 25 - 2 1st Phase
		633928574 Rahu 10:49AM - 12:19PM	Kaulava Until 1:42AM Sat	Nataraja: Clear		
Creative Work Siddha Yoga			Chalurithi Until 3:12PM	Moon - White		Subha Sivaloka Day
Until 12:55PM				Ashvina-Puratasi		
Then Routine Work - Marana Yoga						

3 Saturday, October 11, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyjalpala/Variyan Yoga Talila/Gara Karana Panchami/Shashtham Titau

Port Harcourt, Nigeria

Sun 3 Sutra 180

Wishabha Rasi: 20.22	Tithi 20 - 21	Gulika 6:17AM - 7:48AM	Rohini Until 10:51AM	Ganesh: Yellow	Sunrise: 6:17AM	Vasavas: 5:17
		Yama 1:49PM - 3:19PM	Vyjalpala Until 9:39AM	Muruga: Blue	Sunset: 6:29PM	Moon 10 - Phase 25 - 3 1st Phase
		633928574 Rahu 9:18AM - 10:48AM	Gara Until 10:59PM	Nataraja: Clear		
Creative Work Amrita Yoga			Panchami Until 12:16PM	Moon - Yellow		Sivaloka Day
Until 10:51AM				Ashvina-Puratasi		
Then Creative Work - Siddha Yoga						

4 Sunday, October 12, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varjyan/Parigraha/ Yoga Vanija/Visli/ Karana Shashthi/Saptamam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 181

Mithuna Rasi: 4.49	Tithi 21 - 22	Gulika 3:19PM - 4:49PM	Mrigashira Until 9:07AM	Ganesh: Yellow	Sunrise: 6:17AM	Vasavas: 5:17
		Yama 12:18PM - 1:49PM	Varjyan Until 6:25AM	Muruga: Blue	Sunset: 6:19PM	Moon 10 - Phase 25 - 4 1st Phase
		633928574 Rahu 4:49PM - 6:19PM	Visli Until 8:48PM	Nataraja: Clear		
Creative Work Siddha Yoga			Shashthi Until 9:48AM	Moon - Yellow		Sivaloka Day
				Ashvina-Puratasi		

Monday, October 13, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Babava/Balava Karana Sapthami/Ashtamam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 182

Mithuna Rasi: 18.53	Tithi 22 - 23	Gulika 1:48PM - 3:19PM	Ardra Until 7:47AM	Ganesh: Yellow	Sunrise: 6:17AM	Vasavas: 5:17
		Yama 10:48AM - 12:18PM	Shiva Until 1:23AM Tue	Muruga: Blue	Sunset: 6:19PM	Moon 10 - Phase 25 - 5 Ashtami
		633928574 Rahu 7:47AM - 9:18AM	Balava Until 7:12PM	Nataraja: Clear		
Family Home Evening			Sapthami Until 7:54AM	Moon - Yellow		Sivaloka Day
Creative Work Siddha Yoga				Ashvina-Puratasi		
Until 7:47AM						
Then Creative Work - Amrita Yoga						

Tuesday, October 14, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navamamam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 183

Kataka Rasi: 2.34	Tithi 23 - 24	Gulika 12:18PM - 1:48PM	Punarvasu Until 7:21AM	Ganesh: Blue	Sunrise: 6:17AM	Vasavas: 5:17
		Yama 9:17AM - 10:48AM	Siddha Until 11:37PM	Muruga: Blue	Sunset: 6:19PM	Moon 10 - Phase 25 - 6 Navami
		643928574 Rahu 3:18PM - 4:48PM	Tailila Until 6:15PM	Nataraja: Clear		
Creative Work Siddha Yoga			Ashtami Until 6:38AM	Moon - Blue		Subha Sivaloka Day
				Ashvina-Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Budha Vasara Yuktiyam Pushya/Ashlesha Nakshatra Sadhya Yoga Gara/Visil Karana Navami/Dashmyam Tilau		Port Harcourt, Nigeria Sun 7 Sutra 184	
Kataka Rasi: 15.52	TITHI 24 – 25	Gulika 10:47AM – 12:18PM	Pushya Untill 7:26AM	Ganesh: Blue	Sunrise: 6:17AM	Vishvasu:5127	
		Yama 7:47AM – 9:17AM	Sadhya Untill 10:23PM	Muruga: Blue	Sunset: 6:18PM	Moon 10 - Phase 26 - 7	
Creative Work	Siddha Yoga	Rahu 12:18PM – 1:48PM	Visil Untill 6:03AM Thu	Nataraja: Clear		2nd Phase	
			Navami* Untill 6:01AM	Moon - Blue		Subha Sivaloka Day	
				Ashvina-Puratasi			

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Guru Vasara Yuktiyam Ashlesha/Magha Nakshatra Subha Yoga Gara/Visil/Bava Karana Dashami/Ekadashtyam Tilau		Port Harcourt, Nigeria Sun 8 Sutra 185	
Kataka Rasi: 28.5	TITHI 25 – 26	Gulika 9:17AM – 10:47AM	Ashlesha* Untill 7:59AM	Ganesh: Blue	Sunrise: 6:17AM	Vishvasu:5127	
		Yama 6:17AM – 7:47AM	Subha Untill 9:38PM	Muruga: Blue	Sunset: 6:18PM	Moon 10 - Phase 26 - 8	
Creative Work	Siddha Yoga	Rahu 1:48PM – 3:18PM	Bava Untill 6:19PM	Nataraja: Clear		2nd Phase	
Untill 7:59AM			Dashami Untill 6:03AM	Moon - Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashvina-Puratasi			

3		Friday, October 17, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Sukra Vasara Yuktiyam Magha/Purvaphalguni Nakshatra Sukla Yoga Bhlava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Port Harcourt, Nigeria Sun 9 Sutra 186	
Simha Rasi: 11.32	TITHI 26 – 27	Gulika 7:47AM – 9:17AM	Magha* Untill 9:25AM	Ganesh: Red	Sunrise: 6:17AM	Vishvasu:5127	
		Yama 3:17PM – 4:48PM	Sukla Untill 9:16PM	Muruga: Blue	Sunset: 6:18PM	Moon 10 - Phase 26 - 9	
Routine Work	Marana Yoga	Rahu 10:47AM – 12:17PM	Kaulava Untill 7:12PM	Nataraja: Clear		2nd Phase	
Untill 9:25AM			Ekadashi* Untill 6:40AM	Moon - Red		Sivaloka Day	
Then Routine Work - Siddha Yoga				Ashvina-Alpasi			

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Manta Vasara Yuktiyam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Port Harcourt, Nigeria Sun 10 Sutra 187	
Simha Rasi: 24	TITHI 27 – 28	Gulika 6:17AM – 7:47AM	Purvaphalguni Untill 11:10AM	Ganesh: Red	Sunrise: 6:17AM	Vishvasu:5127	
		Yama 1:47PM – 3:17PM	Brahma Untill 9:17PM	Muruga: Blue	Sunset: 6:17PM	Moon 10 - Phase 26 - 10	
Creative Work	Siddha Yoga	Rahu 9:17AM – 10:47AM	Gara Untill 8:34PM	Nataraja: Clear		2nd Phase	
Untill 11:10AM			Dvadashi* Untill 7:49AM	Moon - Red		Sivaloka Day	
Then Routine Work - Marana Yoga				Ashvina-Alpasi			
				Pradosha Vata (Fasting)			

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Shruva Vasara Yuktiyam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Visil Karana Trayodashi/Chaturdashyam Tilau		Port Harcourt, Nigeria Sun 11 Sutra 188	
Kanya Rasi: 6.16	TITHI 28 – 29	Gulika 3:17PM – 4:47PM	Uttaraphalguni Untill 1:10PM	Ganesh: Red	Sunrise: 6:17AM	Vishvasu:5127	
		Yama 12:17PM – 1:47PM	Indra Untill 9:35PM	Muruga: Blue	Sunset: 6:17PM	Moon 10 - Phase 26 - 11	
Creative Work	Amrita Yoga	Rahu 4:47PM – 6:17PM	Visil Untill 10:19PM	Nataraja: Clear		2nd Phase	
Untill 3:48PM			Trayodashi* Untill 9:23AM	Moon - Red		Sivaloka Day	
Then Routine Work - Prabalarishtha Yoga				Ashvina-Alpasi			
				Deepavali Hindu Solidarity Day			

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksha Indu Vasara Yuktiyam Hasta/Chitra Nakshatra Vaidhriti* Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Tilau		Port Harcourt, Nigeria Sun 12 Sutra 189	
Kanya Rasi: 18.24	TITHI 29 – 30	Gulika 1:47PM – 3:17PM	Hasla Untill 3:48PM	Ganesh: Blue	Sunrise: 6:17AM	Vishvasu:5127	
Family Home Evening		Yama 10:47AM – 12:17PM	Vaidhriti* Untill 10:06PM	Muruga: Blue	Sunset: 6:17PM	Moon 10 - Phase 26 - 12	
Creative Work	Siddha Yoga	Rahu 7:47AM – 9:17AM	Catuspada Untill 12:22AM Tue	Nataraja: Clear		Amavasya	
Untill 3:48PM			Chaturdashi* Untill 11:18AM	Moon - Green		Devaloka Day	
Then Routine Work - Prabalarishtha Yoga				Ashvina-Alpasi			

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksha Mangala Vasara Yuktiyam Chitra Nakshatra Vishkambha* Yoga Naga/Kintughni Karana Amavasya/Prathamayam Tilau		Port Harcourt, Nigeria Sun 13 Sutra 190	
Tula Rasi: 0.25	TITHI 30 – 1	Gulika 12:16PM – 1:46PM	Chitra Untill 6:31PM	Ganesh: Blue	Sunrise: 6:16AM	Vishvasu:5127	
		Yama 9:16AM – 10:46AM	Vishkambha* Untill 10:48PM	Muruga: Blue	Sunset: 6:16PM	Moon 10 - Phase 26 - 13	
Creative Work	Siddha Yoga	Rahu 3:16PM – 4:46PM	Kintughna Untill 2:39AM Wed	Nataraja: Clear		Prathama	
Untill 3:48PM			Amavasya* Untill 1:28PM	Moon - Green		Devaloka Day	
Then Routine Work - Prabalarishtha Yoga				Kartika-Alpasi			
				Subramuniyaswami Mahasamadhi			
				Skanda Shasthi Begins			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 12/20/23

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1	Wednesday, October 22, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Svali Nakshatra Priti Yoga Bava/Balava Karana Prathama/Dhulyayam Titau			Port Harcourt, Nigeria Sun 14 Sutra 191	
	Tula Rasi: 12.22	Tilthi 1 – 2	Gulika 10:46AM – 12:16PM Yama 7:46AM – 9:16AM 664938574	Svali Until 9:14PM Priti Until 11:38PM Balava Until 5:05AM Thu Prathama* Until 3:50PM	Ganesh: Blue Muruga: Yellow Nataraja: Clear Moon – Green Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 14 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

2	Thursday, October 23, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Kaulava Karana Dulyayam Titau			Port Harcourt, Nigeria Sun 15 Sutra 192	
	Tula Rasi: 24.14	Tilthi 2	Gulika 9:16AM – 10:46AM Yama 6:16AM – 7:46AM 674138574	Vishakha Until 12:22AM Fri Ayushman Until 12:30AM Fri Kaulava Until 6:19PM Dvitiya Until 6:19PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 15 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

3	Friday, October 24, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Talila/Gara Karana Trilyayam Titau			Port Harcourt, Nigeria Sun 16 Sutra 193	
	Wischika Rasi: 6.06	Tilthi 3	Gulika 7:46AM – 9:16AM Yama 3:16PM – 4:46PM 674138574	Anuradha Until 3:21AM Sat Saubhagya Until 1:24AM Sat Talila Until 7:36AM Tritiya Until 8:50PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 16 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

4	Saturday, October 25, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantu Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Vanija/Vesli* Karana Chalutrayam Titau			Port Harcourt, Nigeria Sun 17 Sutra 194	
	Wischika Rasi: 17.58	Tilthi 4	Gulika 6:16AM – 7:46AM Yama 1:46PM – 3:16PM 674138574	Jyeshtha* Until 6:05AM Sun Sobhana Until 2:14AM Sun Vanija Until 10:06AM Chalutri* Until 11:17PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 17 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

5	Sunday, October 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bhanu Vasara Yuktayam Mula*Purvashadha* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 195	
	Wischika Rasi: 29.52	Tilthi 5	Gulika 3:16PM – 4:45PM Yama 12:16PM – 1:46PM 674138574	Jyeshtha* Until 6:05AM Athiganda* Until 2:54AM Mon Bava Until 12:29PM Panchami Until 1:33AM Mon	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 18 3rd Phase
	Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

6	Monday, October 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukarna Yoga Kaulava/Talila Karana Shashmyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 196	
	Dhanus Rasi: 11.51	Tilthi 6	Gulika 1:46PM – 3:15PM Yama 10:46AM – 12:16PM 684138574	Mula* Until 8:55AM Sukarna Until 3:19AM Tue Kaulava Until 2:36PM Shashthi* Until 3:29AM Tue	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 19 3rd Phase
	Family Home Evening	Siddha Yoga				Devaloka Day	

7	Tuesday, October 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhivli Yoga Gara/Vanija Karana Saptamyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 197	
	Dhanus Rasi: 23.59	Tilthi 7	Gulika 12:16PM – 1:45PM Yama 9:16AM – 10:46AM 684138574	Purvashadha* Until 11:14AM Dhivli Until 3:22AM Wed Gara Until 4:17PM Saptami Until 4:54AM Wed	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 20 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day	

8	Wednesday, October 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vesli*/Bava Karana Ashtamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 198	
	Makara Rasi: 6.2	Tilthi 8	Gulika 10:46AM – 12:16PM Yama 7:46AM – 9:16AM 684138574	Uttarashadha Until 12:51PM Shula* Until 2:52AM Thu Vesli Until 5:24PM Ashtami* Until 5:39AM Thu	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 21 Ashtami
	Creative Work	Amrita Yoga				Devaloka Day	

9	Thursday, October 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 199	
	Makara Rasi: 18.58	Tilthi 9	Gulika 9:16AM – 10:46AM Yama 6:16AM – 7:46AM 694138574	Shravana Until 2:06PM Ganda* Until 1:47AM Fri Balava Until 5:45PM Navami* Until 5:37AM Fri	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple Kartika-Alpasi	Sunrise: 6:16AM Sunset: 6:16PM	Vishvasu 5:127 Moon 10 - Phase 27 - 22 Navami
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1 Friday, October 31, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Vasara Yuktyayam Dhanishtha/Shatabhishak Nakshatra Vitau/Gita Karana Dashantayam Titau				Port Harcourt, Nigeria Sun 23 Sutra 200
Kumbha Rasi: 2	Tithi 10	Gulika 7:46AM - 9:16AM	Dhanishtha Untill 2:23PM	Ganesha: Purple	Sunrise: 6:16AM	Vishvasu 5:17
		Yama 3:15PM - 4:45PM	Viddhi Untill 12:04AM Sat	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B - 23
Creative Work	Siddha Yoga	694138574 Rahu 10:46AM - 12:15PM	Tailiia Untill 5:18PM	Nataraja: Clear		4th Phase
			Dashami Untill 4:44AM Sat	Moon - Purple		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

2 Saturday, November 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mantra Vasara Yuktyayam Shatabhishak/Puravproshthapada* Nakshatra Dhruva Yoga Vanija/Visil* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 201
Kumbha Rasi: 15.28	Tithi 11	Gulika 6:17AM - 7:46AM	Shatabhishak Untill 1:42PM	Ganesha: Purple	Sunrise: 6:17AM	Vishvasu 5:17
		Yama 1:45PM - 3:15PM	Dhruva Untill 9:39PM	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B - 24
Creative Work	Amrita Yoga	694138574 Rahu 9:16AM - 10:46AM	Vanija Untill 4:00PM	Nataraja: Clear		4th Phase
Untill 1:42PM			Ekadashi Untill 3:02AM Sun	Moon - Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

3 Sunday, November 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhava Vasara Yuktyayam Puravproshthapada*/Utarproshthapada Nakshatra Vyagata* Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 202
Kumbha Rasi: 29.26	Tithi 12	Gulika 3:15PM - 4:44PM	Puravproshthapada* Untill 12:33PM	Ganesha: Clear	Sunrise: 6:17AM	Vishvasu 5:17
		Yama 12:15PM - 1:45PM	Vyaghata* Untill 6:39PM	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B - 25
Creative Work	Siddha Yoga	615138574 Rahu 4:44PM - 6:14PM	Bava Untill 1:55PM	Nataraja: Clear		4th Phase
Untill 12:33PM			Dvadashi Untill 12:36AM Mon	Moon - Clear		Devaloka Day
Then Creative Work - Amrita Yoga				Kartika-Alpasi		

4 Monday, November 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktyayam Utarproshthapada/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Tailia Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 203
Meena Rasi: 13.52	Tithi 13	Gulika 1:45PM - 3:15PM	Utarproshthapada Untill 10:34AM	Ganesha: Clear	Sunrise: 6:17AM	Vishvasu 5:17
Family Home Evening		Yama 10:46AM - 12:15PM	Harshana Untill 3:08PM	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B - 26
Creative Work	Siddha Yoga	615138574 Rahu 7:46AM - 9:16AM	Kaulava Untill 11:10AM	Nataraja: Clear		4th Phase
			Trayodashi Untill 9:34PM	Moon - Clear		Devaloka Day
				Kartika-Alpasi		

Pradosha Vata

5 Tuesday, November 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktyayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 204
Meena Rasi: 28.43	Tithi 14	Gulika 12:15PM - 1:45PM	Revati Untill 7:55AM	Ganesha: Clear	Sunrise: 6:17AM	Vishvasu 5:17
		Yama 9:16AM - 10:46AM	Vajra* Untill 11:11AM	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B - 27
Creative Work	Siddha Yoga	615138574 Rahu 3:15PM - 4:44PM	Gara Untill 7:54AM	Nataraja: Clear		4th Phase
			Chaturdashi* Untill 6:06PM	Moon - Clear		Devaloka Day
				Kartika-Alpasi		

Wednesday, November 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vasara Yuktyayam Bharani Nakshatra Siddhi/Vyalipata* Yoga Bava/Balava Karana Prathamam Titau				Port Harcourt, Nigeria Sun 28 Sutra 205
Copper Retreat Star		Gulika 10:46AM - 12:15PM	Bharani Untill 2:06AM Thu	Ganesha: Purple	Sunrise: 6:17AM	Vishvasu 5:17
Mesha Rasi: 13.51	Tithi 15 - 16	Yama 7:47AM - 9:16AM	Siddhi Untill 6:58AM	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B -
Creative Work	Siddha Yoga	625138574 Rahu 12:15PM - 1:45PM	Balava Untill 12:26AM Thu	Nataraja: Clear		Purnima
Untill 2:06AM Thu			Purnima* Untill 2:21PM	Moon - White		Sivaloka Day
Then Routine Work - Marana Yoga				Kartika-Alpasi		

Thursday, November 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktyayam Kritika Nakshatra Varjyan Yoga Kaulava/Tailia Karana Prathamam/Dvityayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 206
Silver Retreat Star		Gulika 9:16AM - 10:46AM	Kritika Untill 10:55PM	Ganesha: Purple	Sunrise: 6:17AM	Vishvasu 5:17
Mesha Rasi: 29.08	Tithi 16 - 17	Yama 6:17AM - 7:47AM	Varjyan Untill 10:15PM	Muruga: Yellow	Sunset: 6:14PM	Moon 10 - Phase 2B -
Routine Work	Marana Yoga	625138574 Rahu 1:45PM - 3:15PM	Tailiia Untill 8:35PM	Nataraja: Clear		Prathama
			Prathama* Untill 10:29AM	Moon - White		Sivaloka Day
				Kartika-Alpasi		

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

Wishabha Rasi: 14.24 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 8:09PM
 Then Creative Work - Siddha Yoga

Gulika 7:47AM - 9:16AM
Yama 3:15PM - 4:44PM
Rahu 10:46AM - 12:15PM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Sukra Vasara Yuktayam
 Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyam Tilau
Rohini Until 8:09PM
 Parigha* Until 6:02PM
 Visti Until 3:10AM Sat
Dvitiya Until 6:42AM

Ganesh: Purple
Muruga: Yellow
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 1 Sutra 207
 Visavasu 5:17
 Moon 11 - Phase 29 - 1
 1st Phase

Sivaloka Day**1****Saturday, November 8, 2025**

Wishabha Rasi: 29.28 Tithi 19
 Creative Work Siddha Yoga

Gulika 6:17AM - 7:47AM
Yama 1:45PM - 3:15PM
Rahu 9:16AM - 10:46AM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Marita Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthiyam Tilau
Mrigashira Until 5:38PM
 Shiva Until 2:07PM
 Bava Until 1:33PM
Chalurthi* Until 12:02AM Sun

Ganesh: Purple
Muruga: Yellow
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 2 Sutra 208
 Visavasu 5:17
 Moon 11 - Phase 29 - 2
 1st Phase

Sivaloka Day**2****Sunday, November 9, 2025**

Mihuna Rasi: 14.11 Tithi 20
 Creative Work Siddha Yoga

Gulika 3:15PM - 4:44PM
Yama 12:16PM - 1:45PM
Rahu 4:44PM - 6:14PM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha/Sadhyha Yoga Kaulava/Taila Karana Panchamyam Tilau
Ardra Until 3:30PM
 Siddha Until 10:35AM
 Kaulava Until 10:42AM
Panchami Until 9:29PM

Ganesh: Purple
Muruga: Yellow
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 3 Sutra 209
 Visavasu 5:17
 Moon 11 - Phase 29 - 3
 1st Phase

Sivaloka Day**3****Monday, November 10, 2025**

Mihuna Rasi: 28.29 Tithi 21
Family Home Evening
 Creative Work Amrita Yoga
 Until 2:18PM
 Then Creative Work - Siddha Yoga

Gulika 1:45PM - 3:15PM
Yama 10:46AM - 12:16PM
Rahu 7:47AM - 9:17AM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sadhyha/Subha Yoga Gara/Vanija Karana Shashthiyam Tilau
Punarvasu Until 2:18PM
 Sadhyha Until 7:35AM
 Gara Until 8:29AM
Shashthi* Until 7:38PM

Ganesh: Clear
Muruga: Yellow
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 4 Sutra 210
 Visavasu 5:17
 Moon 11 - Phase 29 - 4
 1st Phase

Devaloka Day**4****Tuesday, November 11, 2025**

Kataka Rasi: 12.18 Tithi 22
 Creative Work Siddha Yoga

Gulika 12:16PM - 1:45PM
Yama 9:17AM - 10:46AM
Rahu 3:15PM - 4:44PM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Mangala Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Sukla Yoga Visti* Bava Karana Saptamyam Tilau
Pushya Until 1:45PM
 Sukla Until 3:27AM Wed
 Visti Until 7:02AM
Saptami Until 6:36PM

Ganesh: White
Muruga: Yellow
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 5 Sutra 211
 Visavasu 5:17
 Moon 11 - Phase 29 - 5
 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

D**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 25.38 Tithi 23
 Creative Work Siddha Yoga

Gulika 10:46AM - 12:16PM
Yama 7:48AM - 9:17AM
Rahu 12:16PM - 1:45PM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Budha Vasara Yuktayam
 Ashlesha*Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Tilau
Ashlesha* Until 1:51PM
 Brahma Until 2:22AM Thu
 Balava Until 6:25AM
Ashtami* Until 6:24PM

Ganesh: White
Muruga: Yellow
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 6 Sutra 212
 Visavasu 5:17
 Moon 11 - Phase 29 - 6
 Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

Simha Rasi: 8.33 Tithi 24
 Creative Work Amrita Yoga
 Until 3:03PM
 Then Creative Work - Siddha Yoga

Gulika 9:17AM - 10:47AM
Yama 6:18AM - 7:48AM
Rahu 1:45PM - 3:15PM

Visavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Guru Vasara Yuktayam
 Magha*Purvaphalguni Nakshatra Indra Yoga Taila/Gara Karana Navamyam Tilau
Magha* Until 3:03PM
 Indra Until 1:53AM Fri
 Taila Until 6:37AM
Navami* Until 7:00PM

Ganesh: Yellow
Muruga: Yellow
Nataraja: Clear
 Moon - Red
Kartika-Alpasi

Port Harcourt, Nigeria
 Sun 7 Sutra 213
 Visavasu 5:17
 Moon 11 - Phase 29 - 7
 Navami

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1 Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sakra Vasara Yuktayam Parvaphalguni/Ultrapahalguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Tilau				Port Harcourt, Nigeria Sun 8 Sutra 214
Simha Rasi: 21.07	Tithi 25	Gulika 7:48AM - 9:17AM	Purvaphalguni Untill 4:47PM	Ganesha: Yellow	Sunrise: 6:08AM	Vasvasu 5:27
		Yama 3:15PM - 4:44PM	Vaidhri* Untill 1:52AM Sat	Muruga: Yellow	Sunset: 6:14PM	Moon 11 - Phase 30 - 8
Creative Work	Siddha Yoga	Rahu 10:47AM - 12:16PM	Vanija Untill 7:35AM	Nataraja: Clear		2nd Phase
			Dashami Untill 8:17PM	Moon - Red		Devaloka Day
				Karttika-Alpasi		

2 Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mania Vasara Yuktayam Ultraphalguni Nakshatra Vshkambha* Yoga Bava/Balava Karana Dvadashyam Tilau				Port Harcourt, Nigeria Sun 9 Sutra 215
Kanya Rasi: 3.23	Tithi 26	Gulika 6:19AM - 7:48AM	Ultraphalguni Untill 6:53PM	Ganesha: Yellow	Sunrise: 6:09AM	Vasvasu 5:27
		Yama 1:46PM - 3:15PM	Vshkambha* Untill 2:15AM Sun	Muruga: Yellow	Sunset: 6:14PM	Moon 11 - Phase 30 - 9
Routine Work	Marana Yoga	Rahu 9:18AM - 10:47AM	Bava Untill 9:10AM	Nataraja: Clear		2nd Phase
			Ekadashi* Untill 10:08PM	Moon - Green		Devaloka Day
				Karttika-Alpasi		

3 Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Bhamu Vasara Yuktayam Hasta Nakshatra Pili Yoga Kaulava/Talita Karana Dvadashyam Tilau				Port Harcourt, Nigeria Sun 10 Sutra 216
Kanya Rasi: 15.29	Tithi 27	Gulika 3:15PM - 4:45PM	Hasta Untill 9:42PM	Ganesha: Yellow	Sunrise: 6:09AM	Vasvasu 5:27
		Yama 12:17PM - 1:46PM	Pili Untill 2:54AM Mon	Muruga: Yellow	Sunset: 6:14PM	Moon 11 - Phase 30 - 10
Creative Work	Amrita Yoga	Rahu 4:45PM - 6:14PM	Kaulava Untill 11:13AM	Nataraja: Clear		2nd Phase
Untill 9:42PM			Dvadashi* Untill 12:20AM Mon	Moon - Green		Devaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai		

4 Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Tilau				Port Harcourt, Nigeria Sun 11 Sutra 217
Kanya Rasi: 27.27	Tithi 28	Gulika 1:46PM - 3:15PM	Chitra Untill 12:34AM Tue	Ganesha: Yellow	Sunrise: 6:09AM	Vasvasu 5:27
Family Home Evening		Yama 10:47AM - 12:17PM	Ayushman Untill 3:40AM Tue	Muruga: Yellow	Sunset: 6:14PM	Moon 11 - Phase 30 - 11
Routine Work	Prabalarishta Yoga	Rahu 7:49AM - 9:18AM	Gara Untill 1:33PM	Nataraja: Purple		2nd Phase
Untill 12:34AM Tue			Trayodashi* Untill 12:46AM Tue	Moon - Green		Sivaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai		
				Pradosha Vata (Fasting)		

5 Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Tilau				Port Harcourt, Nigeria Sun 12 Sutra 218
Tula Rasi: 9.21	Tithi 29	Gulika 12:17PM - 1:46PM	Svali Untill 3:21AM Wed	Ganesha: Blue	Sunrise: 6:20AM	Vasvasu 5:27
		Yama 9:18AM - 10:48AM	Saubhagya Untill 4:31AM Wed	Muruga: Yellow	Sunset: 6:14PM	Moon 11 - Phase 30 - 12
Creative Work	Siddha Yoga	Rahu 3:16PM - 4:45PM	Visi Untill 4:02PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Untill 5:17AM Wed	Moon - Green		Devaloka Day
				Karttika-Karttikai		

Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Karana Amavasyam Tilau				Port Harcourt, Nigeria Sun 13 Sutra 219
Retreat Star		Gulika 10:48AM - 12:17PM	Vishakha Untill 6:29AM Thu	Ganesha: Blue	Sunrise: 6:20AM	Vasvasu 5:27
Tula Rasi: 21.13	Tithi 30	Yama 7:49AM - 9:18AM	Sobhana Untill 5:24AM Thu	Muruga: Yellow	Sunset: 6:14PM	Moon 11 - Phase 30 - 13
Creative Work	Siddha Yoga	Rahu 12:17PM - 1:46PM	Caluspada Untill 6:34PM	Nataraja: Purple		Amavasya
			Amavasya* Untill 7:48AM Thu	Moon - Orange		Devaloka Day
				Karttika-Karttikai		

Thursday, November 20, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishcha Mase Sakra Paksha Guru Vasara Yuktayam Vishakha Nakshatra Abhigand* Yoga Naga*/Kintughna* Karana Amavasya/Panthamayam Tilau				Port Harcourt, Nigeria Sun 14 Sutra 220
Retreat Star		Gulika 9:19AM - 10:48AM	Vishakha Untill 6:29AM	Ganesha: Blue	Sunrise: 6:20AM	Vasvasu 5:27
Vishcha Rasi: 3.05	Tithi 30 - 1	Yama 6:20AM - 7:49AM	Abhiganda* Untill 6:12AM Fri	Muruga: Yellow	Sunset: 6:15PM	Moon 11 - Phase 30 - 14
Creative Work	Siddha Yoga	Rahu 1:47PM - 3:16PM	Kintughna Untill 9:05PM	Nataraja: Purple		Prathama
			Amavasya* Untill 7:48AM	Moon - Orange		Devaloka Day
				Margasira-Karttikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Sukra Vesara Yuktayam Anuradha/Jyeshtha Nakshatra Athiganda/Sukama Yoga Bava/Balava Karana Pratham/Dvijayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 221
Wischika Rasi: 14.58	Tithi 1 – 2	Gulika 7:50AM – 9:19AM	Anuradha Until 9:24AM	Ganesha: Blue	Sunrise: 6:20AM	Vasavasu 5127
		Yama 3:16PM – 4:46PM	Athiganda Until 6:12AM	Muruga: Yellow	Sunset: 6:15PM	Moon 11 - Phase 31-15
Creative Work	Siddha Yoga	Rahu 10:48AM – 12:18PM	Balava Until 11:30PM	Nataraja: Purple		3rd Phase
Until 9:24AM			Prathama Until 10:17AM	Moon - Orange		Devaloka Day
Then Routine Work	Marana Yoga			Margasira-Karttikai		

2 Saturday, November 22, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Manta Vesara Yuktayam Jyeshtha/Mula Nakshatra Sukama/Uthiri Yoga Kaulava/Taila Karana Dvitiya/Tritayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 222
Wischika Rasi: 26.53	Tithi 2 – 3	Gulika 6:21AM – 7:50AM	Jyeshtha Until 12:04PM	Ganesha: Blue	Sunrise: 6:21AM	Vasavasu 5127
		Yama 1:47PM – 3:16PM	Sukarma Until 6:57AM	Muruga: Yellow	Sunset: 6:15PM	Moon 11 - Phase 31-16
Creative Work	Siddha Yoga	Rahu 9:19AM – 10:49AM	Taila Until 1:49AM Sun	Nataraja: Purple		3rd Phase
			Dvitiya Until 12:39PM	Moon - Orange		Devaloka Day
				Margasira-Karttikai		

3 Sunday, November 23, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Bharu Vesara Yuktayam Mula/Purvashada Nakshatra Dhriti/Shula Yoga Gara/Vanija Karana Tithya/Chaturtham Titau				Port Harcourt, Nigeria Sun 17 Sutra 223
Dhanus Rasi: 8.52	Tithi 3 – 4	Gulika 3:17PM – 4:46PM	Mula Until 2:55PM	Ganesha: Blue	Sunrise: 6:21AM	Vasavasu 5127
		Yama 1:47PM – 3:16PM	Dhriti Until 7:36AM	Muruga: Yellow	Sunset: 6:15PM	Moon 11 - Phase 31-17
Creative Work	Amrita Yoga	Rahu 4:46PM – 6:15PM	Vanija Until 3:55AM Mon	Nataraja: Purple		3rd Phase
Until 2:55PM			Tritiya Until 2:52PM	Moon - Light Blue		Devaloka Day
Then Creative Work	Siddha Yoga			Margasira-Karttikai		

4 Monday, November 24, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Indu Vesara Yuktayam Uttarashada Nakshatra Shula/Ganda Yoga Vasi/Bava Karana Chaturth/Panchamam Titau				Port Harcourt, Nigeria Sun 18 Sutra 224
Dhanus Rasi: 20.55	Tithi 4 – 5	Gulika 1:48PM – 3:17PM	Purvashada Until 5:21PM	Ganesha: Blue	Sunrise: 6:21AM	Vasavasu 5127
Family Home Evening		Yama 10:49AM – 12:18PM	Shula Until 8:04AM	Muruga: Yellow	Sunset: 6:15PM	Moon 11 - Phase 31-18
Routine Work	Marana Yoga	Rahu 7:51AM – 9:20AM	Bava Until 5:44AM Tue	Nataraja: Purple		3rd Phase
			Chaturthi Until 4:51PM	Moon - Light Blue		Devaloka Day
				Margasira-Karttikai		

5 Tuesday, November 25, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Mangala Vesara Yuktayam Purvashada/Uttarashada Nakshatra Ganda/Widdhi Yoga Balava Karana Panchamam Titau				Port Harcourt, Nigeria Sun 19 Sutra 225
Makara Rasi: 3.05	Tithi 5	Gulika 12:19PM – 1:48PM	Uttarashada Until 7:18PM	Ganesha: Red	Sunrise: 6:20AM	Vasavasu 5127
		Yama 9:20AM – 10:49AM	Ganda Until 8:19AM	Muruga: Yellow	Sunset: 6:16PM	Moon 11 - Phase 31-19
Routine Work	Prabalarishya Yoga	Rahu 3:17PM – 4:46PM	Balava Until 6:28PM	Nataraja: Purple		3rd Phase
Until 7:18PM			Panchami Until 6:28PM	Moon - Light Blue		Sivaloka Day
Then Creative Work	Siddha Yoga			Margasira-Karttikai		

6 Wednesday, November 26, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Butha Vesara Yuktayam Shravana Nakshatra Dhruva/Vyaghata Yoga Kaulava/Taila Karana Shashthiyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 226
Makara Rasi: 15.26	Tithi 6	Gulika 10:50AM – 12:19PM	Shravana Until 9:05PM	Ganesha: Blue	Sunrise: 6:20AM	Vasavasu 5127
		Yama 7:51AM – 9:21AM	Widdhi Until 8:14AM	Muruga: Yellow	Sunset: 6:16PM	Moon 11 - Phase 31-20
Creative Work	Siddha Yoga	Rahu 12:19PM – 1:48PM	Kaulava Until 7:07AM	Nataraja: Purple		3rd Phase
Until 9:05PM			Shashthi Until 7:35PM	Moon - Purple		Subha Sivaloka Day
Then Routine Work	Prabalarishya Yoga			Margasira-Karttikai		

Thursday, November 27, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Guru Vesara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata Yoga Gara/Vanija Karana Saptamam Titau				Port Harcourt, Nigeria Sun 21 Sutra 227
Retreat Star		Gulika 9:21AM – 10:50AM	Dhanishtha Until 10:05PM	Ganesha: Blue	Sunrise: 6:23AM	Vasavasu 5127
Makara Rasi: 28.02	Tithi 7	Yama 6:23AM – 7:52AM	Dhruva Until 7:41AM	Muruga: Yellow	Sunset: 6:16PM	Moon 11 - Phase 31-21
Creative Work	Siddha Yoga	Rahu 1:49PM – 3:18PM	Gara Until 7:56AM	Nataraja: Purple		3rd Phase
			Saptami Until 8:05PM	Moon - Purple		Subha Sivaloka Day
				Margasira-Karttikai		

Friday, November 28, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Sukra Vesara Yuktayam Shalabhishak Nakshatra Vyaghata/Harshana Yoga Vasi/Bava Karana Ashtamam Titau				Port Harcourt, Nigeria Sun 22 Sutra 228
Retreat Star		Gulika 7:52AM – 9:21AM	Shalabhishak Until 10:13PM	Ganesha: Blue	Sunrise: 6:23AM	Vasavasu 5127
Kumbha Rasi: 10.57	Tithi 8	Yama 3:18PM – 4:47PM	Vyaghata Until 6:38AM	Muruga: Yellow	Sunset: 6:16PM	Moon 11 - Phase 31-22
Creative Work	Siddha Yoga	Rahu 10:50AM – 12:20PM	Vasi Until 8:04AM	Nataraja: Purple		Ashtami
			Ashlami Until 7:49PM	Moon - Purple		Subha Sivaloka Day
				Margasira-Karttikai		

Saturday, November 29, 2025		Vasavasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sula Pakhe Manta Vesara Yuktayam Purvaproshtapada Nakshatra Vajra Yoga Balava/Kaulava Karana Navamam Titau				Port Harcourt, Nigeria Sun 23 Sutra 229
Retreat Star		Gulika 6:23AM – 7:52AM	Purvaproshtapada Until 9:53PM	Ganesha: Purple	Sunrise: 6:23AM	Vasavasu 5127
Kumbha Rasi: 24.16	Tithi 9	Yama 1:49PM – 3:18PM	Vajra Until 2:42AM Sun	Muruga: Yellow	Sunset: 6:17PM	Moon 11 - Phase 31-23
Routine Work	Marana Yoga	Rahu 9:22AM – 10:51AM	Balava Until 7:25AM	Nataraja: Purple		Navami
Until 9:53PM			Navami Until 6:47PM	Moon - Clear		Subha Sivaloka Day
Then Creative Work	Siddha Yoga			Margasira-Karttikai		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

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1	Sunday, November 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Uttaraprosrhhapada Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Port Harcourt, Nigeria Sun 24	Sutra 230
	Mesha Rasi: 8.02	Tithi 10 – 11	Gulika 3:19PM – 4:48PM	Uttaraprosrhhapada Until 8:39PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple	Sunrise: 6:24AM Sunset: 6:17PM	Moan 11 - Phase 32 - 24	Vishvasu 5:17 4th Phase
Creative Work	Amrita Yoga	718238575	Rahu 4:48PM – 6:17PM	Siddhi Until 11:49PM Vanija Until 3:49AM Mon Dashami Until 4:58PM	Moon – Clear Margasira-Karttikai		Subha Sivaloka Day	

2	Monday, December 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vesara Yukatayam Revati Nakshatra Vyalipala* Yoga Visi* Bava Karana Ekadashtidvadashtyam Titau				Port Harcourt, Nigeria Sun 25	Sutra 231
	Mesha Rasi: 22.15	Tithi 11 – 12	Gulika 1:50PM – 3:19PM	Revati Until 6:36PM	Ganesh: Clear Muruga: Yellow Nataraja: Purple	Sunrise: 6:24AM Sunset: 6:17PM	Moan 11 - Phase 32 - 25	Vishvasu 5:17 4th Phase
Family Home Evening	Siddha Yoga	719238575	Rahu 7:53AM – 9:22AM	Vyalipala* Until 8:25PM Bava Until 1:00AM Tue Ekadashi Until 2:28PM	Moon – Clear Margasira-Karttikai		Sivaloka Day	
Creative Work			Gita Jayanthi					

3	Tuesday, December 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vesara Yukatayam Ashvini/Bharani Nakshatra Varieris/Parigra* Yoga Balava/Kaulava Karana Dvadashtitrayodeshtyam Titau				Port Harcourt, Nigeria Sun 26	Sutra 232
	Mesha Rasi: 6.55	Tithi 12 – 13	Gulika 12:21PM – 1:50PM	Ashvini Until 4:17PM	Ganesh: White Muruga: Yellow Nataraja: Purple	Sunrise: 6:25AM Sunset: 6:18PM	Moan 11 - Phase 32 - 26	Vishvasu 5:17 4th Phase
Creative Work	Siddha Yoga	729238575	Rahu 3:19PM – 4:49PM	Varian Until 4:34PM Kaulava Until 9:42PM Dvadashti Until 11:23AM	Moon – White Margasira-Karttikai		Devaloka Day	
				<i>Pradosha Vata</i>				

4	Wednesday, December 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vesara Yukatayam Bharani/Kritika Nakshatra Parigra*/Shiva Yoga Talila/Gara Karana Trayodashitrayodeshtyam Titau				Port Harcourt, Nigeria Sun 27	Sutra 233
	Mesha Rasi: 21.56	Tithi 13 – 14	Gulika 10:52AM – 12:22PM	Bharani Until 1:27PM	Ganesh: White Muruga: Yellow Nataraja: Purple	Sunrise: 6:25AM Sunset: 6:18PM	Moan 11 - Phase 32 - 27	Vishvasu 5:17 4th Phase
Creative Work	Siddha Yoga	729238575	Rahu 12:22PM – 1:51PM	Parigra* Until 12:24PM Gara Until 6:02PM Trayodashi Until 7:53AM	Moon – White Margasira-Karttikai		Devaloka Day	
Until 1:27PM			Kritika Deepam					
Then Creative Work - Amrita Yoga								

○	Thursday, December 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vesara Yukatayam Kritika/Rohini Nakshatra Shiva/Siddha Yoga Visi*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28	Sutra 234
	Copper Retreat Star		Gulika 9:24AM – 10:53AM	Kritika Until 10:16AM	Ganesh: White Muruga: Yellow Nataraja: Purple	Sunrise: 6:25AM Sunset: 6:18PM	Moan 11 - Phase 32 -	Vishvasu 5:17 Purnima
Wishabha Rasi: 7.11	Tithi 15	729238575	Rahu 1:51PM – 3:20PM	Shiva Until 8:04AM Visi Until 2:13PM Purnima* Until 12:16AM Fri	Moon – White Margasira-Karttikai		Devaloka Day	
Routine Work	Marana Yoga							

Friday, December 5, 2025	Silver Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vesara Yukatayam Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathmayam Titau				Port Harcourt, Nigeria Sun 29	Sutra 235
	Wishabha Rasi: 22.29	Tithi 16	Gulika 7:55AM – 9:24AM	Rohini Until 7:19AM	Ganesh: Yellow Muruga: Yellow Nataraja: Purple	Sunrise: 6:26AM Sunset: 6:19PM	Moan 11 - Phase 32 -	Vishvasu 5:17 Prathama
Routine Work	Marana Yoga	739238575	Rahu 10:53AM – 12:22PM	Sadhya Until 11:22PM Balava Until 10:23AM Prathama* Until 8:31PM	Moon – Yellow Margasira-Karttikai		Sivaloka Day	
Until 7:19AM								
Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 7.4 TITHI 17 - 18

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktyam

Andra Nakshatra Subha Yoga

Gulika 6:24AM - 7:55AM

Yama 1:52PM - 3:21PM

Rahu 9:25AM - 10:54AM

Andra Until 1:41AM Sun

Subha Until 7:21PM

Taitilia Until 6:45AM

Dvitiya Until 5:03PM

Ganesh: Yellow Sunrise: 6:26AM

Muruga: Yellow Sunset: 6:19PM

Nataraja: Purple

Moon - Yellow Margasira-Kartikali

Port Harcourt, Nigeria

Sun 1 Sutra 236

Viswasa 5127

Moon 12 - Phase 33 - 1

1st Phase

Sivaloka Day**1****Sunday, December 7, 2025**

Mithuna Rasi: 22.34 TITHI 18 - 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Bhamu Vasara Yuktyam

Punarvasu Nakshatra Sukla/Brahma Yoga Vasi/Bava Karana Tritiya/Charuryam Titau

Gulika 3:21PM - 4:50PM

Yama 12:23PM - 1:52PM

Rahu 4:50PM - 6:19PM

Punarvasu Until 11:46PM

Sukla Until 3:41PM

Bava Until 12:45AM Mon

Tritiya Until 2:01PM

Ganesh: Blue Sunrise: 6:27AM

Muruga: Yellow Sunset: 6:19PM

Nataraja: Purple

Moon - Blue Margasira-Kartikali

Port Harcourt, Nigeria

Sun 2 Sutra 237

Viswasa 5127

Moon 12 - Phase 33 - 2

1st Phase

Devaloka Day**2****Monday, December 8, 2025**

Kataka Rasi: 7.02 TITHI 19 - 20

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktyam

Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurthi/Panchamam Titau

Gulika 1:53PM - 3:22PM

Yama 10:55AM - 12:24PM

Rahu 7:56AM - 9:25AM

Pushya Until 10:24PM

Brahma Until 12:33PM

Kaulava Until 10:43PM

Chalurthi* Until 11:37AM

Ganesh: Blue Sunrise: 6:27AM

Muruga: Yellow Sunset: 6:20PM

Nataraja: Purple

Moon - Blue Margasira-Kartikali

Port Harcourt, Nigeria

Sun 3 Sutra 238

Viswasa 5127

Moon 12 - Phase 33 - 3

1st Phase

Devaloka Day**3****Tuesday, December 9, 2025**

Kataka Rasi: 21.02 TITHI 20 - 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktyam

Ashlesha Nakshatra Indra/Vaidhiti* Yoga Taitilia/Gara Karana Panchami/Shashthi Titau

Gulika 12:24PM - 1:53PM

Yama 9:26AM - 10:55AM

Rahu 3:22PM - 4:51PM

Ashlesha* Until 9:42PM

Indra Until 10:03AM

Gara Until 9:32PM

Panchami Until 10:00AM

Ganesh: White Sunrise: 6:28AM

Muruga: Yellow Sunset: 6:20PM

Nataraja: Purple

Moon - Blue Margasira-Kartikali

Port Harcourt, Nigeria

Sun 4 Sutra 239

Viswasa 5127

Moon 12 - Phase 33 - 4

1st Phase

Devaloka Day**4****Wednesday, December 10, 2025**

Simha Rasi: 4.31 TITHI 21 - 22

Creative Work Siddha Yoga

Until 10:10PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktyam

Magha Nakshatra Vaidhiti*/Vishkambha* Yoga Vanja/Vel* Karana Shashthi/Saptamam Titau

Gulika 10:55AM - 12:24PM

Yama 7:57AM - 9:26AM

Rahu 12:24PM - 1:54PM

Magha* Until 10:10PM

Vaidhiti* Until 8:12AM

Vidhi Until 9:14PM

Shashthi* Until 9:15AM

Ganesh: Clear Sunrise: 6:28AM

Muruga: Yellow Sunset: 6:21PM

Nataraja: Purple

Moon - Red Margasira-Kartikali

Port Harcourt, Nigeria

Sun 5 Sutra 240

Viswasa 5127

Moon 12 - Phase 33 - 5

1st Phase

Sivaloka Day**D****Thursday, December 11, 2025****Retreat Star**

Simha Rasi: 17.31 TITHI 22 - 23

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Guru Vasara Yuktyam

Purvaphalguni Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Saptami/Ashtamam Titau

Gulika 9:27AM - 10:56AM

Yama 6:29AM - 7:58PM

Rahu 1:54PM - 3:23PM

Purvaphalguni Until 11:22PM

Vishkambha* Until 7:05AM

Balava Until 9:50PM

Saptami Until 9:24AM

Ganesh: Purple Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:21PM

Nataraja: Purple

Moon - Red Margasira-Kartikali

Port Harcourt, Nigeria

Sun 6 Sutra 241

Viswasa 5127

Moon 12 - Phase 33 - 6

Ashtami

Subha Sivaloka Day**Friday, December 12, 2025****Retreat Star**

Kanya Rasi: 0.06 TITHI 23 - 24

Creative Work Siddha Yoga

Until 1:08AM Sat

Then Routine Work - Marana Yoga

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksha Sulea Vasara Yuktyam

Uttaraphalguni Nakshatra Prithi/Ajyomhan Yoga Kaulava/Taitilia Karana Ashtami/Navamam Titau

Gulika 7:58AM - 9:27AM

Yama 3:23PM - 4:53PM

Rahu 10:56AM - 12:25PM

Uttaraphalguni Until 1:08AM Sat

Prithi Until 6:39AM

Taitilia Until 11:13PM

Ashtami* Until 10:25AM

Ganesh: Purple Sunrise: 6:29AM

Muruga: Yellow Sunset: 6:22PM

Nataraja: Purple

Moon - Red Margasira-Kartikali

Port Harcourt, Nigeria

Sun 7 Sutra 242

Viswasa 5127

Moon 12 - Phase 33 - 7

Navami

Subha Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Saturday, December 13, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mantu Vesara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 243
Kanya Rasi: 12.22	Tithi 24 – 25	Gulika	6:30AM – 7:59AM	Hasla Until 3:49AM Sun	Ganesh: Clear	Sunrise: 6:30AM
		Yama	1:55PM – 3:24PM	Ayushman Until 6:44AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	9:28AM – 10:57AM	Vanija Until 1:14AM Sun	Nataraja: Purple	Moon 12 - Phase 34 - 12
Routine Work Marana Yoga		Moon - Green				Sivaloka Day
Then Creative Work - Siddha Yoga		Navami* Until 12:08PM				Margasira-Kartikai

2 Sunday, December 14, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktayam Hasta Nakshatra Saubhagya/Sobhana Yoga Visi* (Bava Karana Dashami/Ekadasmyam Titau)				Port Harcourt, Nigeria Sun 9 Sutra 244
Kanya Rasi: 24.25	Tithi 25 – 26	Gulika	3:24PM – 4:53PM	Chitra Until 6:40AM Mon	Ganesh: Clear	Sunrise: 6:30AM
		Yama	10:58AM – 12:27PM	Saubhagya Until 7:15AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	4:53PM – 6:22PM	Bava Until 3:38AM Mon	Nataraja: Purple	Moon 12 - Phase 34 - 9
Creative Work Siddha Yoga		Moon - Green				Sivaloka Day
Then Routine Work - Mon		Dashami Until 2:23PM				Margasira-Kartikai
Then Creative Work - Amrita Yoga						

3 Monday, December 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vesara Yuktayam Chitra/Svali Nakshatra Abhiganda* Yoga Balava/Kaulana Karana Ekadashi/Dwadashmyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 245
Tula Rasi: 6.19	Tithi 26 – 27	Gulika	1:56PM – 3:25PM	Chitra Until 6:40AM	Ganesh: Clear	Sunrise: 6:31AM
		Yama	10:58AM – 12:27PM	Sobhana Until 8:02AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	8:00AM – 9:29AM	Kaulava Until 6:13AM Tue	Nataraja: Purple	Moon 12 - Phase 34 - 10
Routine Work Prabalashita Yoga		Moon - Green				Sivaloka Day
Then Routine Work - Amrita Yoga		Markali Pillayar				Margasira-Markali
Then Creative Work - Amrita Yoga		Ekadashi* Until 4:54PM				

4 Tuesday, December 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam Svali/Vishakha Nakshatra Abhiganda* Yoga Balava/Kaulana Karana Dvadashmyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 246
Tula Rasi: 18.1	Tithi 27	Gulika	12:27PM – 1:56PM	Svali Until 9:31AM	Ganesh: Purple	Sunrise: 6:31AM
		Yama	9:29AM – 10:58AM	Abhiganda* Until 8:54AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	3:25PM – 4:54PM	Kaulava Until 6:13AM	Nataraja: Purple	Moon 12 - Phase 34 - 11
Creative Work Siddha Yoga		Moon - Green				Subha Sivaloka Day
Then Routine Work - Marana Yoga		Dvadashi* Until 7:30PM				Margasira-Markali

5 Wednesday, December 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 247
Wischika Rasi: 0.01	Tithi 28	Gulika	10:59AM – 12:28PM	Vishakha Until 12:42PM	Ganesh: Clear	Sunrise: 6:30AM
		Yama	8:01AM – 9:30AM	Sukarma Until 9:46AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	12:28PM – 1:57PM	Gara Until 8:49AM	Nataraja: Purple	Moon 12 - Phase 34 - 12
Creative Work Siddha Yoga		Moon - Orange				Sivaloka Day
		Trayodashi* Until 10:04PM				Margasira-Markali
		Pradosha Vata (Fasting)				

6 Thursday, December 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktayam Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sukuni* Karana Chaturdashmyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 248
Wischika Rasi: 11.53	Tithi 29	Gulika	9:30AM – 10:59AM	Anuradha Until 3:35PM	Ganesh: Clear	Sunrise: 6:30AM
		Yama	6:32AM – 8:01AM	Dhriti Until 10:35AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	1:57PM – 3:26PM	Visi Until 11:19AM	Nataraja: Purple	Moon 12 - Phase 34 - 13
Creative Work Siddha Yoga		Moon - Orange				Sivaloka Day
Then Routine Work - Prabalashita Yoga		Chaturdashi* Until 12:28AM Fri				Margasira-Markali

Friday, December 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam Jyeshtha Nakshatra Shula*/Ganda* Yoga Catuspada*/Niaga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 249
Retreat Star		Gulika	8:02AM – 9:31AM	Jyeshtha* Until 6:08PM	Ganesh: Clear	Sunrise: 6:33AM
Wischika Rasi: 23.5	Tithi 30	Yama	3:27PM – 4:56PM	Shula* Until 11:13AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	11:00AM – 12:29PM	Catuspada Until 1:37PM	Nataraja: Purple	Moon 12 - Phase 34 - 14
Routine Work Marana Yoga		Moon - Orange				Sivaloka Day
Then Routine Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)				Margasira-Markali
Then Creative Work - Amrita Yoga		Amavasya* Until 2:41AM Sat				

Saturday, December 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mantu Vesara Yuktayam Mula* Nakshatra Ganda*/Viddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 250
Retreat Star		Gulika	6:33AM – 8:02AM	Mula* Until 8:48PM	Ganesh: Light Blue	Sunrise: 6:33AM
Dhanus Rasi: 5.52	Tithi 1	Yama	1:58PM – 3:27PM	Ganda* Until 11:43AM	Muruga: Yellow	Sunset: 6:29PM
		Rahu	9:31AM – 11:00AM	Kintughna Until 3:43PM	Nataraja: Purple	Moon 12 - Phase 34 - 15
Creative Work Siddha Yoga		Moon - Light Blue				Devaloka Day
		Prathama* Until 4:38AM Sun				Pausha-Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Suklo Paksho Bhanu Vasara Yukrayam Puravashada* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Dvityayam Tilau			Port Harcourt, Nigeria Sun 16 Sutra 251
Dhanus Rasi: 17.59	Tilhi 2	Gulika 3:28PM - 4:57PM Yama 12:30PM - 1:59PM Rahu 4:57PM - 6:26PM	Purvashada* Until 11:02PM Viddhi Until 12:02PM Balava Until 5:32PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 6:34AM Sunset: 6:29PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work	Siddha Yoga	Day 1 of Pancha Ganapati		Devaloka Day	
Until 11:02PM					
Then Creative Work - Amrita Yoga					

2 Monday, December 22, 2025		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Indu Vasara Yukrayam Uttarashada* Nakshatra Dhruva/Vyaghat* Yoga Kaulava/Taillo Karana Dvityayam Tilau			Port Harcourt, Nigeria Sun 17 Sutra 252
Makara Rasi: 0.13	Tilhi 2 - 3	Gulika 1:59PM - 3:28PM Yama 11:01AM - 12:30PM Rahu 8:03AM - 9:32AM	Uttarashada Until 12:50AM Tue Dhruva Until 12:07PM Taillo Until 7:04PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 6:34AM Sunset: 6:29PM Moon 12 - Phase 35 - 17 3rd Phase
Family Home Evening		Day 2 of Pancha Ganapati		Devaloka Day	
Routine Work	Marana Yoga				
Until 12:50AM Tue					
Then Creative Work - Siddha Yoga					

3 Tuesday, December 23, 2025		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Mangala Vasara Yukrayam Shravana Nakshatra Vyaghat* Harshana Yoga Gara/Vanija Karana Trityayam/Chaturtham Tilau			Port Harcourt, Nigeria Sun 18 Sutra 253
Makara Rasi: 12.35	Tilhi 3 - 4	Gulika 12:31PM - 2:00PM Yama 9:33AM - 11:02AM Rahu 3:29PM - 4:58PM	Shravana Until 2:37AM Wed Vyaghat* Until 11:58AM Vanija Until 8:16PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 6:35AM Sunset: 6:29PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work	Siddha Yoga	Day 3 of Pancha Ganapati		Devaloka Day	
Until 2:37AM Wed					
Then Routine Work - Prabalashita Yoga					

4 Wednesday, December 24, 2025		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Budha Vasara Yukrayam Shravana Nakshatra Harshana/Vajra* Yoga Visi* Bava Karana Chaturtham/Panchamam Tilau			Port Harcourt, Nigeria Sun 19 Sutra 254
Makara Rasi: 25.06	Tilhi 4 - 5	Gulika 11:02AM - 12:31PM Yama 8:04AM - 9:33AM Rahu 12:31PM - 2:00PM	Dhanishtha Until 3:49AM Thu Harshana Until 11:32AM Bava Until 9:03PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 6:35AM Sunset: 6:29PM Moon 12 - Phase 35 - 17 3rd Phase
Routine Work	Prabalashita Yoga	Day 4 of Pancha Ganapati		Devaloka Day	
Until 3:49AM Thu					
Then Creative Work - Siddha Yoga					

5 Thursday, December 25, 2025		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Guru Vasara Yukrayam Shalabhishak Nakshatra Vajra* Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamam Tilau			Port Harcourt, Nigeria Sun 20 Sutra 255
Kumbha Rasi: 7.49	Tilhi 5 - 6	Gulika 9:34AM - 11:03AM Yama 6:36AM - 8:05AM Rahu 2:01PM - 3:30PM	Shalabhishak Until 4:23AM Fri Vajra* Until 10:44AM Kaulava Until 9:21PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 6:36AM Sunset: 6:29PM Moon 12 - Phase 35 - 21 3rd Phase
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Devaloka Day	
		Vinayaga Viratam Ends			

6 Friday, December 26, 2025		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Satra Vasara Yukrayam Puravproshthapada* Nakshatra Siddhi/Vyaghat* Yoga Tallo/Gara Karana Shashthi/Saptamam Tilau			Port Harcourt, Nigeria Sun 21 Sutra 256
Kumbha Rasi: 20.47	Tilhi 6 - 7	Gulika 8:05AM - 9:34AM Yama 3:30PM - 5:00PM Rahu 11:03AM - 12:32PM	Puravproshthapada* Until 4:41AM Sat Siddhi Until 9:32AM Gara Until 9:05PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 6:36AM Sunset: 6:29PM Moon 12 - Phase 35 - 21 3rd Phase
Creative Work	Siddha Yoga	Shashthi* Until 9:17AM		Bhuloka Day	
				Devaloka Time: 3PM to 6PM	

Retreat Star		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Manu Vasara Yukrayam Uttarproshthapada Nakshatra Vyaghat* Nanyan* Yoga Vanija/Visi* Karana Sapthami/Ashamam Tilau			Port Harcourt, Nigeria Sun 22 Sutra 257
Meena Rasi: 4.03	Tilhi 7 - 8	Gulika 6:37AM - 8:06AM Yama 2:02PM - 3:31PM Rahu 9:35AM - 11:04AM	Uttarproshthapada Until 4:14AM Sun Vyaghat* Until 7:53AM Visi Until 8:13PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 6:37AM Sunset: 6:29PM Moon 12 - Phase 35 - 22 Ashtami
Creative Work	Siddha Yoga	Saptami Until 8:43AM		Bhuloka Day	
Until 4:14AM Sun				Devaloka Time: 3PM to 6PM	
Then Creative Work - Amrita Yoga					

Retreat Star		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Suklo Paksho Bhanu Vasara Yukrayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamam Tilau			Port Harcourt, Nigeria Sun 23 Sutra 258
Meena Rasi: 17.4	Tilhi 8 - 9	Gulika 3:31PM - 5:00PM Yama 12:33PM - 2:02PM Rahu 5:00PM - 6:29PM	Revati Until 3:01AM Mon Parigha* Until 3:05AM Mon Balava Until 6:42PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 6:37AM Sunset: 6:29PM Moon 12 - Phase 35 - 23 Navami
Creative Work	Amrita Yoga	Ashlami* Until 7:31AM		Bhuloka Day	
Until 3:01AM Mon				Devaloka Time: 3PM to 6PM	
Then Creative Work - Siddha Yoga					

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1	Monday, December 29, 2025		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Sukla Pakshе Indu Vasara Yuktayam				Port Harcourt, Nigeria
			Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Tilau				Sutra 259
Mesha Rasi: 1.4	Tithi 10	Gulika	2:03PM - 3:32PM	Ashvini Until 1:32AM Tue	Ganesh: Red	Sunrise: 6:38AM	Viswasa 5127
Family Home Evening	822338576	Yama	11:05AM - 12:34PM	Shiva Until 11:59PM	Muruga: Yellow	Sunset: 6:39PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	Rahu	8:07AM - 9:36AM	Taitila Until 4:36PM	Nataraj: Clear		4th Phase
					Devaloka Day		
					Dashami Until 3:20AM Tue	Moon - White	
						Pausha-Markali	

2	Tuesday, December 30, 2025		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Sukla Pakshе Mangala Vasara Yuktayam				Port Harcourt, Nigeria
			Bharani Nakshatra Siddha Yoga Vanija/Visli* Karana Ekadashyam Tilau				Sutra 260
Mesha Rasi: 16.01	Tithi 11	Gulika	12:34PM - 2:03PM	Bharani Until 11:25PM	Ganesh: Red	Sunrise: 6:38AM	Viswasa 5127
Creative Work	Siddha Yoga	Yama	9:36AM - 11:05AM	Siddha Until 8:28PM	Muruga: Yellow	Sunset: 6:39PM	Moon 12 - Phase 36 - 25
		Rahu	3:32PM - 5:01PM	Vanija Until 1:58PM	Nataraj: Clear		4th Phase
					Devaloka Day		
					Valkuntha Ekadasi		
					Ekadashi Until 12:28AM Wed	Moon - White	
						Pausha-Markali	

3	Wednesday, December 31, 2025		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Sukla Pakshе Budha Vasara Yuktayam				Port Harcourt, Nigeria
			Kritika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Tilau				Sutra 261
Wishaha Rasi: 0.43	Tithi 12	Gulika	11:06AM - 12:35PM	Kritika Until 8:49PM	Ganesh: Red	Sunrise: 6:39AM	Viswasa 5127
Creative Work	Amrita Yoga	Yama	8:08AM - 9:37AM	Sadhya Until 4:40PM	Muruga: Yellow	Sunset: 6:31PM	Moon 12 - Phase 36 - 26
		Rahu	12:35PM - 2:04PM	Bava Until 10:55AM	Nataraj: Clear		4th Phase
					Devaloka Day		
					Dvadashi Until 9:16PM	Moon - White	
						Pausha-Markali	
					Then Creative Work	Siddha Yoga	

4	Thursday, January 1, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Sukla Pakshе Guru Vasara Yuktayam				Port Harcourt, Nigeria
			Rohini Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayadashi/Chaturdashyam Tilau				Sutra 262
Wishaha Rasi: 15.38	Tithi 13 - 14	Gulika	9:37AM - 11:06AM	Rohini Until 6:17PM	Ganesh: Blue	Sunrise: 6:39AM	Viswasa 5127
Routine Work	Marana Yoga	Yama	6:39AM - 8:08AM	Subha Until 12:41PM	Muruga: White	Sunset: 6:31PM	Moon 12 - Phase 36 - 27
		Rahu	2:04PM - 3:33PM	Kaulava Until 7:36AM	Nataraj: Clear		4th Phase
					Devaloka Day		
					Trayodashi Until 5:52PM	Moon - Yellow	
						Pausha-Markali	
					<i>Pradosha Vata</i>		

○	Friday, January 2, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Sukla Pakshе Sukra Vasara Yuktayam				Port Harcourt, Nigeria
	Copper Retreat Star		Megashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Chaturdash/Purnimayam Tilau				Sutra 263
Mithuna Rasi: 0.4	Tithi 14 - 15	Gulika	8:08AM - 9:38AM	Mrigashira Until 3:34PM	Ganesh: Blue	Sunrise: 6:39AM	Viswasa 5127
Creative Work	Siddha Yoga	Yama	3:34PM - 5:03PM	Sukla Until 8:36AM	Muruga: White	Sunset: 6:32PM	Moon 12 - Phase 36 - Purnima
		Rahu	11:07AM - 12:36PM	Visli Until 12:44AM Sat	Nataraj: Clear		
					Devaloka Day		
					Chaturdash* Until 2:25PM	Moon - Yellow	
						Pausha-Markali	

○	Saturday, January 3, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mese Krishna Pakshе Marita Vasara Yuktayam				Port Harcourt, Nigeria
	Silver Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Sutra 264
Mithuna Rasi: 15.4	Tithi 15 - 16	Gulika	6:40AM - 8:09AM	Ardra Until 12:51PM	Ganesh: Blue	Sunrise: 6:40AM	Viswasa 5127
Creative Work	Siddha Yoga	Yama	2:05PM - 3:34PM	Indra Until 12:47AM Sun	Muruga: White	Sunset: 6:32PM	Moon 12 - Phase 36 - Prathama
		Rahu	9:38AM - 11:07AM	Balava Until 9:32PM	Nataraj: Clear		
					Devaloka Day		
					Purnima* Until 11:05AM	Moon - Yellow	
						Pausha-Markali	
					Ardra Darshanam		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Kataka Rasi: 0.27 Tithi 16 - 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam
Panarvasu/Pushya Nakshatra Vaohiti* Yoga Kaulava/Taila Karana Prathamam/Ditayagam Titau

Gulika 3:35PM - 5:04PM
Yama 12:37PM - 2:06PM
Rahu 5:04PM - 6:33PM

Punarvasu Until 10:43AM
Vaichriti* Until 9:18PM
Tailita Until 6:43PM
Prathama* Until 8:03AM

Ganesha: Red Sunrise: 6:40AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Blue
Pausha-Markali

Port Harcourt, Nigeria
Sutra 265

Vasvasu 5:127
Moon 1 - Phase 37 - 1st Phase

Sivaloka Day

1

Monday, January 5, 2026

Kataka Rasi: 14.55 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Indru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Tritayagam Titau

Gulika 2:06PM - 3:35PM
Yama 11:08AM - 12:37PM
Rahu 8:10AM - 9:39AM

Pushya Until 8:55AM
Vishkambha* Until 6:16PM
Vanija Until 4:27PM
Tritiya Until 3:33AM Tue

Ganesha: Red Sunrise: 6:41AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Blue
Pausha-Markali

Port Harcourt, Nigeria
Sun 1 Sutra 266

Vasvasu 5:127
Moon 1 - Phase 37 - 1st Phase

Sivaloka Day

2

Tuesday, January 6, 2026

Kataka Rasi: 28.58 Tithi 19

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Pitri/Ayushman Yoga Bava/Balava Karana Charutiyam Titau

Gulika 12:37PM - 2:07PM
Yama 9:39AM - 11:08AM
Rahu 3:36PM - 5:05PM

Ashlesha* Until 7:38AM
Pitri Until 3:50PM
Bava Until 2:52PM
Charutiri* Until 2:22AM Wed

Ganesha: Yellow Sunrise: 6:41AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Blue
Pausha-Markali

Port Harcourt, Nigeria
Sun 2 Sutra 267

Vasvasu 5:127
Moon 1 - Phase 37 - 2 1st Phase

Sivaloka Day

3

Wednesday, January 7, 2026

Simha Rasi: 12.32 Tithi 20

Creative Work Siddha Yoga

Until 7:24AM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ajayshman/Saubhagya Yoga Kaulava/Taila Karana Panchamyam Titau

Gulika 11:09AM - 12:38PM
Yama 8:11AM - 9:40AM
Rahu 12:38PM - 2:07PM

Magha* Until 7:24AM
Ajayshman Until 2:01PM
Kaulava Until 2:07PM
Panchami Until 2:03AM Thu

Ganesha: White Sunrise: 6:42AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Red
Pausha-Markali

Port Harcourt, Nigeria
Sutra 268

Vasvasu 5:127
Moon 1 - Phase 37 - 3 1st Phase

Devaloka Day

4

Thursday, January 8, 2026

Simha Rasi: 25.39 Tithi 21

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam
Purvaphalguni/Utтарaphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shantiyam Titau

Gulika 9:40AM - 11:09AM
Yama 6:42AM - 8:11AM
Rahu 2:07PM - 3:37PM

Purvaphalguni Until 7:52AM
Saubhagya Until 12:53PM
Gara Until 2:14PM
Shashthi* Until 2:35AM Fri

Ganesha: White Sunrise: 6:42AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Red
Pausha-Markali

Port Harcourt, Nigeria
Sun 4 Sutra 269

Vasvasu 5:127
Moon 1 - Phase 37 - 4 1st Phase

Devaloka Day

5

Friday, January 9, 2026

Kanya Rasi: 8.2 Tithi 22

Creative Work Siddha Yoga

Until 9:00AM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Abhiganda* Yoga Visli*/Bava Karana Saphtamyam Titau

Gulika 8:11AM - 9:41AM
Yama 3:37PM - 5:06PM
Rahu 11:10AM - 12:39PM

Uttaraphalguni Until 9:00AM
Sobhana Until 12:24PM
Visli Until 3:11PM
Saptami Until 3:56AM Sat

Ganesha: White Sunrise: 6:42AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Red
Pausha-Markali

Port Harcourt, Nigeria
Sun 5 Sutra 270

Vasvasu 5:127
Moon 1 - Phase 37 - 5 1st Phase

Devaloka Day

6

Saturday, January 10, 2026

Retreat Star

Kanya Rasi: 20.42 Tithi 23

Creative Work Siddha Yoga

Routine Work Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Manita Vasara Yuktayam
Hasta/Chitra Nakshatra Abhiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:43AM - 8:12AM
Yama 2:08PM - 3:37PM
Rahu 9:41AM - 11:10AM

Hasta Until 11:10AM
Abhiganda* Until 12:28PM
Balava Until 4:52PM
Ashtami* Until 5:54AM Sun

Ganesha: Clear Sunrise: 6:43AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Pausha-Markali

Port Harcourt, Nigeria
Sun 6 Sutra 271

Vasvasu 5:127
Moon 1 - Phase 37 - 6 Ashtami

Sivaloka Day

Sunday, January 11, 2026

Retreat Star

Tula Rasi: 2.47 Tithi 24

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam
Chitra/Svati Nakshatra Sukama/Dhriti Yoga Tailita Karana Navamyam Titau

Gulika 3:38PM - 5:07PM
Yama 12:40PM - 2:09PM
Rahu 5:07PM - 6:36PM

Chitra Until 1:44PM
Sukarma Until 12:57PM
Tailita Until 7:04PM
Navami* Until 8:17AM Mon

Ganesha: Clear Sunrise: 6:43AM
Muruga: White Sunset: 6:39PM
Nataraja: Clear
Moon - Green
Pausha-Markali

Port Harcourt, Nigeria
Sun 7 Sutra 272

Vasvasu 5:127
Moon 1 - Phase 37 - 7 Navami

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

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1 Monday, January 12, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Kṛishna Pakṣhe Indu Vasara Yuktayam Port Harcourt, Nigeria Svali/Vishkha Nakshatra Dhrui/Sula* Yoga Gara/Vanija Karana Navami/Dashamam Titau Sun 8 Sutra 273				
Tula Rasi: 14.44	Tithi 24 – 25	Gulika	2:09PM – 3:38PM	Svali Until 4:27PM	Ganesha: Clear Sunrise: 6:43AM	Vasavasu 5:17
Family Home Evening	863448576	Yama	11:11AM – 12:40PM	Dhrui Until 1:44PM	Muruga: White Sunset: 6:27PM	Moon 1 - Phase 38 - 12
Creative Work Amrita Yoga		Rahu	8:13AM – 9:42AM	Vanija Until 9:34PM	Nataraja: Clear	2nd Phase
Until 4:27PM				Navami* Until 8:17AM	Moon – Orange	Sivaloka Day
Then Routine Work – Marana Yoga					Pausha-Markali	

2 Tuesday, January 13, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Kṛishna Pakṣhe Mangala Vasara Yuktayam Port Harcourt, Nigeria Vishkha Nakshatra Sula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadasham Titau Sun 9 Sutra 274				
Tula Rasi: 26.36	Tithi 25 – 26	Gulika	12:40PM – 2:10PM	Vishkha Until 7:37PM	Ganesha: Purple Sunrise: 6:44AM	Vasavasu 5:17
	873448576	Yama	9:42AM – 11:11AM	Shula* Until 2:34PM	Muruga: White Sunset: 6:27PM	Moon 1 - Phase 38 - 9
Routine Work Marana Yoga		Rahu	3:39PM – 5:08PM	Bava Until 12:09AM Wed	Nataraja: Clear	2nd Phase
Until 7:37PM				Dashami Until 10:51AM	Moon – Orange	Devaloka Day
Then Creative Work – Siddha Yoga					Pausha-Markali	

3 Wednesday, January 14, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Budha Vasara Yuktayam Port Harcourt, Nigeria Anuradha Nakshatra Ganda*/Vidhi Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau Sun 10 Sutra 275				
Wisikha Rasi: 8.28	Tithi 26 – 27	Gulika	11:12AM – 12:41PM	Anuradha Until 10:32PM	Ganesha: Purple Sunrise: 6:44AM	Vasavasu 5:17
	873448576	Yama	8:13AM – 9:42AM	Ganda* Until 3:24PM	Muruga: White Sunset: 6:27PM	Moon 1 - Phase 38 - 10
Creative Work Siddha Yoga		Rahu	12:41PM – 2:10PM	Kaulava Until 2:38AM Thu	Nataraja: Clear	2nd Phase
				Ekadashi* Until 1:23PM	Moon – Orange	Devaloka Day
		Thai Pongal			Pausha-Thai	

4 Thursday, January 15, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Guru Vasara Yuktayam Port Harcourt, Nigeria Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 276				
Wisikha Rasi: 20.22	Tithi 27 – 28	Gulika	9:43AM – 11:12AM	Jyeshtha* Until 1:05AM Fri	Ganesha: Purple Sunrise: 6:44AM	Vasavasu 5:17
	873448576	Yama	6:44AM – 8:14AM	Vidhi Until 4:05PM	Muruga: White Sunset: 6:28PM	Moon 1 - Phase 38 - 11
Routine Work Prabalashita Yoga		Rahu	2:10PM – 3:39PM	Gara Until 4:51AM Fri	Nataraja: Clear	2nd Phase
Until 1:05AM Fri				Dvadashi* Until 3:45PM	Moon – Orange	Devaloka Day
Then Creative Work – Amrita Yoga					Pausha-Thai	
					Pradosha Vata (Fasting)	

5 Friday, January 16, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Sukra Vasara Yuktayam Port Harcourt, Nigeria Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 277				
Dhanus Rasi: 2.23	Tithi 28 – 29	Gulika	8:14AM – 9:43AM	Mula* Until 3:39AM Sat	Ganesha: Purple Sunrise: 6:45AM	Vasavasu 5:17
	884448576	Yama	3:40PM – 5:09PM	Dhruva Until 4:32PM	Muruga: White Sunset: 6:28PM	Moon 1 - Phase 38 - 12
Creative Work Amrita Yoga		Rahu	11:12AM – 12:41PM	Visi Until 6:45AM Sat	Nataraja: Clear	2nd Phase
Until 3:39AM Sat				Trayodashi* Until 5:50PM	Moon – Light Blue	Devaloka Day
Then Creative Work – Siddha Yoga					Pausha-Thai	

6 Saturday, January 17, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Mani Vasara Yuktayam Port Harcourt, Nigeria Purnvashada* Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 278				
Dhanus Rasi: 14.31	Tithi 29	Gulika	6:45AM – 8:14AM	Purnvashada* Until 5:41AM Sun	Ganesha: Purple Sunrise: 6:45AM	Vasavasu 5:17
	884448576	Yama	2:11PM – 3:40PM	Vyaghata* Until 4:44PM	Muruga: White Sunset: 6:28PM	Moon 1 - Phase 38 - 13
Creative Work Siddha Yoga		Rahu	9:43AM – 11:13AM	Visi Until 6:45AM	Nataraja: Clear	2nd Phase
Until 5:41AM Sun				Chaturdashi* Until 7:32PM	Moon – Light Blue	Devaloka Day
Then Creative Work – Amrita Yoga					Pausha-Thai	

● Sunday, January 18, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kṛishna Pakṣhe Bhanu Vasara Yuktayam Port Harcourt, Nigeria Uttarashada Nakshatra Hershana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 279				
Retreat Star		Gulika	3:41PM – 5:10PM	Uttarashada Until 7:10AM Mon	Ganesha: Purple Sunrise: 6:45AM	Vasavasu 5:17
Dhanus Rasi: 26.49	Tithi 30	Yama	12:42PM – 2:11PM	Harshana Until 4:38PM	Muruga: White Sunset: 6:28PM	Moon 1 - Phase 38 - 14
	884448576	Rahu	5:10PM – 6:39PM	Caluspada Until 8:16AM	Nataraja: Clear	Amavasya
Creative Work Amrita Yoga				Amavasya* Until 8:50PM	Moon – Light Blue	Devaloka Day
					Pausha-Thai	

Monday, January 19, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Pakṣhe Indu Vasara Yuktayam Port Harcourt, Nigeria Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 280				
Retreat Star		Gulika	2:12PM – 3:41PM	Uttarashada Until 7:10AM	Ganesha: Purple Sunrise: 6:45AM	Vasavasu 5:17
Makara Rasi: 9.17	Tithi 1	Yama	11:13AM – 12:42PM	Vajra* Until 4:12PM	Muruga: White Sunset: 6:28PM	Moon 1 - Phase 38 - 15
Family Home Evening	884448576	Rahu	8:15AM – 9:44AM	Kintughna Until 9:21AM	Nataraja: Clear	Prathama
Routine Work Marana Yoga				Prathama* Until 9:44PM	Moon – Light Blue	Devaloka Day
Until 7:10AM					Magha-Thai	
Then Creative Work – Amrita Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1 Tuesday, January 20, 2026

Makara Rasi: 21.57	Tilthi 2	Gulika 12:43PM - 2:12PM	Shravana Until 8:35AM	Ganesh: Light Blue	Sunrise: 6:46AM	Port Harcourt, Nigeria
		Yama 9:44AM - 11:13AM	Siddhi Until 3:28PM	Muruga: White	Sunset: 6:49PM	Sun 16 Sutra 281
		Rahu 3:41PM - 5:11PM	Balava Until 10:02AM	Nataraja: Clear		Vasavasa 5:17
Creative Work	Siddha Yoga		Dvitiya Until 10:12PM	Moon - Purple		Moon 1 - Phase 39 - 17
				Magha-Thai		3rd Phase

2 Wednesday, January 21, 2026

Kumbha Rasi: 4.48	Tilthi 3	Gulika 11:14AM - 12:43PM	Dhanishtha Until 9:26AM	Ganesh: Light Blue	Sunrise: 6:46AM	Port Harcourt, Nigeria
		Yama 8:15AM - 9:44AM	Vyatipala* Until 2:27PM	Muruga: White	Sunset: 6:49PM	Sun 17 Sutra 282
		Rahu 12:43PM - 2:12PM	Taillia Until 10:19AM	Nataraja: Clear		Vasavasa 5:17
Routine Work	Prabalarishtha Yoga		Tritiya Until 10:17PM	Moon - Purple		Moon 1 - Phase 39 - 17
Until 9:26AM				Magha-Thai		3rd Phase
Then Creative Work - Siddha Yoga						

3 Thursday, January 22, 2026

Kumbha Rasi: 17.5	Tilthi 4	Gulika 9:45AM - 11:14AM	Shababhishek Until 9:46AM	Ganesh: Light Blue	Sunrise: 6:46AM	Port Harcourt, Nigeria
		Yama 6:46AM - 8:15AM	Varjyan* Until 1:05PM	Muruga: White	Sunset: 6:49PM	Sun 18 Sutra 283
		Rahu 2:13PM - 3:42PM	Varinija Until 10:11AM	Nataraja: Clear		Vasavasa 5:17
Creative Work	Siddha Yoga		Chalurithi* Until 9:58PM	Moon - Purple		Moon 1 - Phase 39 - 18
				Magha-Thai		3rd Phase

4 Friday, January 23, 2026

Meena Rasi: 1.05	Tilthi 5	Gulika 8:16AM - 9:45AM	Puravproshthapada* Until 10:01AM	Ganesh: White	Sunrise: 6:46AM	Port Harcourt, Nigeria
		Yama 3:42PM - 5:12PM	Parigha* Until 11:26AM	Muruga: White	Sunset: 6:49PM	Sun 19 Sutra 284
		Rahu 11:14AM - 12:44PM	Bava Until 9:41AM	Nataraja: Clear		Vasavasa 5:17
Creative Work	Siddha Yoga		Panchami Until 9:15PM	Moon - Clear		Moon 1 - Phase 39 - 19
				Magha-Thai		3rd Phase

5 Saturday, January 24, 2026

Meena Rasi: 14.32	Tilthi 6	Gulika 6:46AM - 8:16AM	Uttarproshthapada Until 9:44AM	Ganesh: White	Sunrise: 6:46AM	Port Harcourt, Nigeria
		Yama 2:13PM - 3:43PM	Shiva Until 9:30AM	Muruga: White	Sunset: 6:49PM	Sun 20 Sutra 285
		Rahu 9:45AM - 11:14AM	Kaulava Until 8:46AM	Nataraja: Clear		Vasavasa 5:17
Creative Work	Siddha Yoga		Shashthi* Until 8:10PM	Moon - Clear		Moon 1 - Phase 39 - 20
Until 9:44AM				Magha-Thai		3rd Phase
Then Routine Work - Prabalarishtha Yoga						

6 Sunday, January 25, 2026

Meena Rasi: 28.13	Tilthi 7	Gulika 3:43PM - 5:12PM	Revati Until 8:56AM	Ganesh: Clear	Sunrise: 6:47AM	Port Harcourt, Nigeria
		Yama 12:44PM - 2:13PM	Siddha Until 7:14AM	Muruga: White	Sunset: 6:49PM	Sun 21 Sutra 286
		Rahu 5:12PM - 6:42PM	Gara Until 7:29AM	Nataraja: Clear		Vasavasa 5:17
Creative Work	Amrita Yoga		Saptami Until 6:41PM	Moon - Clear		Moon 1 - Phase 39 - 21
Until 8:56AM				Magha-Thai		3rd Phase
Then Creative Work - Siddha Yoga						

Monday, January 26, 2026

Mesha Rasi: 12.08	Tilthi 8 - 9	Gulika 2:14PM - 3:43PM	Ashvini Until 8:02AM	Ganesh: White	Sunrise: 6:47AM	Port Harcourt, Nigeria
		Yama 11:15AM - 12:44PM	Subha Until 1:50AM Tue	Muruga: White	Sunset: 6:49PM	Sun 22 Sutra 287
Family Home Evening		Rahu 8:16AM - 9:46AM	Balava Until 3:47AM Tue	Nataraja: Clear		Vasavasa 5:17
Creative Work	Siddha Yoga		Ashtami* Until 4:49PM	Moon - White		Moon 1 - Phase 39 - 22
				Magha-Thai		Ashtami

Tuesday, January 27, 2026

Mesha Rasi: 26.16	Tilthi 9 - 10	Gulika 12:45PM - 2:14PM	Bharani Until 6:39AM	Ganesh: White	Sunrise: 6:47AM	Port Harcourt, Nigeria
		Yama 9:46AM - 11:15AM	Sukla Until 10:43PM	Muruga: White	Sunset: 6:49PM	Sun 23 Sutra 288
		Rahu 3:43PM - 5:13PM	Taillia Until 1:26AM Wed	Nataraja: Clear		Vasavasa 5:17
Creative Work	Siddha Yoga		Navami* Until 2:38PM	Moon - White		Moon 1 - Phase 39 - 23
				Magha-Thai		Navami

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

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1		Wednesday, January 28, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Budha Vesara Yukhtayam Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 289
Wishabha Rasi: 10.37	Tithi 10 – 11	Gulika 11:15AM – 12:45PM	Rohini Until 3:03AM Thu	Ganesh: Yellow	Sunrise: 6:47AM	Vishvasu 5127
		Yama 8:16AM – 9:46AM	Brahma Until 7:25PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - 24
		Rahu 12:45PM – 2:14PM	Vanija Until 10:51PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:09PM	Moon – Yellow		Sivaloka Day
Until 3:03AM Thu				Magha-Thai		
Then Routine Work	– Marana Yoga					

2		Thursday, January 29, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Guru Vesara Yukhtayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Vasil/Bava Karana Ekadashi/Dvadashtyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 290
Wishabha Rasi: 25.06	Tithi 11 – 12	Gulika 9:46AM – 11:15AM	Mrigashira Until 1:01AM Fri	Ganesh: Red	Sunrise: 6:47AM	Vishvasu 5127
		Yama 6:47AM – 8:17AM	Indra Until 3:59PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - 25
		Rahu 2:14PM – 3:44PM	Bava Until 8:07PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:29AM	Moon – Yellow		Sivaloka Day
Until 1:01AM Fri				Magha-Thai		
Then Creative Work	– Siddha Yoga					

3		Friday, January 30, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Sukra Vesara Yukhtayam Ardra Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Taila Karana Dvadashti/Traydashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 291
Mithuna Rasi: 9.41	Tithi 12 – 13	Gulika 8:17AM – 9:46AM	Ardra Until 10:50PM	Ganesh: Red	Sunrise: 6:47AM	Vishvasu 5127
		Yama 3:44PM – 5:13PM	Vaidhri* Until 12:29PM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - 26
		Rahu 11:16AM – 12:45PM	Taila Until 3:58AM Sat	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashti Until 6:42AM	Moon – Yellow		Sivaloka Day
				Magha-Thai		

Pradosha Vata

4		Saturday, January 31, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Manita Vesara Yukhtayam Punarvasu Nakshatra Vishkambha* Pihli Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 292
Mithuna Rasi: 24.14	Tithi 14	Gulika 6:47AM – 8:17AM	Punarvasu Until 9:04PM	Ganesh: Blue	Sunrise: 6:47AM	Vishvasu 5127
		Yama 2:15PM – 3:44PM	Vishkambha* Until 9:03AM	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - 27
		Rahu 9:46AM – 11:16AM	Gara Until 2:40PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:24AM Sun	Moon – Blue		Devaloka Day
				Magha-Thai		

○		Sunday, February 1, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suko Paksho Shanu Vesara Yukhtayam Pushya Nakshatra Ayushman Yoga Vasil/Bava Karana Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 293
Copper Retreat Star		Gulika 3:44PM – 5:14PM	Pushya Until 7:27PM	Ganesh: Blue	Sunrise: 6:47AM	Vishvasu 5127
Kataka Rasi: 8.4	Tithi 15	Yama 12:45PM – 2:15PM	Ayushman Until 2:48AM Mon	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - Purnima
		Rahu 5:14PM – 6:43PM	Visli Until 12:15PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon – Blue		Devaloka Day
		Thai Pusam		Magha-Thai		

Monday, February 2, 2026		Silver Retreat Star		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kitzhna Paksho Indu Vesara Yukhtayam Ashlesha* Nakshatra Soubhagya Yoga Balava/Kaulava Karana Praahmayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 294
Kataka Rasi: 22.52	Tithi 16	Gulika 2:15PM – 3:44PM	Ashlesha* Until 6:07PM	Ganesh: Blue	Sunrise: 6:47AM	Vishvasu 5127
		Yama 11:16AM – 12:45PM	Soubhagya Until 12:12AM Tue	Muruga: White	Sunset: 6:09PM	Moon 1 - Phase: 40 - Prathama
		Rahu 8:17AM – 9:46AM	Balava Until 10:12AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Prathama* Until 9:21PM	Moon – Blue		Devaloka Day
Until 6:07PM				Magha-Thai		
Then Routine Work	– Marana Yoga					

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

Simha Rasi: 6.44 Tithi 17
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mangala Vasara Yukṭayam
Magha*Purvaphalguni Nakshatra Sōbhana Yoga Taillia/Gara Karana Dvityayam Tilau
Gulika 12:46PM - 2:15PM
Yama 9:46AM - 11:16AM
Rahu 3:45PM - 5:14PM
Magha* Until 5:37PM
Sōbhana Until 10:06PM
Taillia Until 8:41AM
Dvitiya Until 8:09PM

Port Harcourt, Nigeria
Sun 1 Sutra 295
Vasavasu 5:127
Moon 2 - Phase 41 - 1
1st Phase

Sivaloka Day

1

Wednesday, February 4, 2026

Simha Rasi: 20.14 Tithi 18
Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Bauha Vasara Yukṭayam
Purvaphalguni/Uttaraphalguni Nakshatra Abhiganga* Yoga Vanja/Visti* Karana Tritiyayam Tilau
Gulika 11:16AM - 12:46PM
Yama 8:17AM - 9:47AM
Rahu 12:46PM - 2:15PM
Purvaphalguni Until 5:40PM
Abhiganga* Until 8:31PM
Vanija Until 7:49AM
Tritiya Until 7:38PM

Port Harcourt, Nigeria
Sun 2 Sutra 296
Vasavasu 5:127
Moon 2 - Phase 41 - 2
1st Phase

Sivaloka Day

2

Thursday, February 5, 2026

Kanya Rasi: 3.21 Tithi 19
Amrita Yoga
Until 6:16PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Guru Vesara Yukṭayam
Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Tilau
Gulika 9:47AM - 11:16AM
Yama 6:47AM - 8:17AM
Rahu 2:15PM - 3:45PM
Uttaraphalguni Until 6:16PM
Sukarna Until 7:31PM
Bava Until 7:41AM
Chaturthi* Until 7:52PM

Port Harcourt, Nigeria
Sun 3 Sutra 297
Vasavasu 5:127
Moon 2 - Phase 41 - 3
1st Phase

Sivaloka Day

3

Friday, February 6, 2026

Kanya Rasi: 16.05 Tithi 20
Creative Work Amrita Yoga
Until 7:54PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Sukra Vasara Yukṭayam
Uttaraphalguni Nakshatra Kaulava/Taillia Karana Panchmayam Tilau
Gulika 8:17AM - 9:47AM
Yama 3:45PM - 5:15PM
Rahu 11:16AM - 12:46PM
Hasla Until 7:54PM
Dhriti Until 7:07PM
Kaulava Until 8:18AM
Panchami Until 8:51PM

Port Harcourt, Nigeria
Sun 4 Sutra 298
Vasavasu 5:127
Moon 2 - Phase 41 - 4
1st Phase

Devaloka Day

4

Saturday, February 7, 2026

Kanya Rasi: 28.31 Tithi 21
Routine Work Marana Yoga
Until 10:00PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mania Vasara Yukṭayam
Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthiyam Tilau
Gulika 6:47AM - 8:17AM
Yama 2:16PM - 3:45PM
Rahu 9:47AM - 11:16AM
Chitra Until 10:00PM
Shula* Until 7:10PM
Gara Until 9:36AM
Shashthi* Until 10:28PM

Port Harcourt, Nigeria
Sun 5 Sutra 299
Vasavasu 5:127
Moon 2 - Phase 41 - 5
1st Phase

Devaloka Day

5

Sunday, February 8, 2026

Tula Rasi: 10.41 Tithi 22
Creative Work Siddha Yoga
Until 12:24AM Mon
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Ehanu Vasara Yukṭayam
Svati Nakshatra Ganda* Yoga Visti* Bava Karana Saphtamam Tilau
Gulika 3:45PM - 5:15PM
Yama 12:46PM - 2:16PM
Rahu 5:15PM - 6:45PM
Svati Until 12:24AM Mon
Ganda* Until 7:38PM
Visti Until 11:30AM
Saphtami Until 12:35AM Mon

Port Harcourt, Nigeria
Sun 6 Sutra 300
Vasavasu 5:127
Moon 2 - Phase 41 - 6
1st Phase

Devaloka Day

D

Monday, February 9, 2026

Retreat Star

Tula Rasi: 22.41 Tithi 23
Family Home Evening
Routine Work Marana Yoga
Until 3:25AM Tue
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Indu Vesara Yukṭayam
Vishakha Nakshatra Viddhi Yoga Balava/Kaulava Karana Ashtamam Tilau
Gulika 2:16PM - 3:45PM
Yama 11:16AM - 12:46PM
Rahu 8:17AM - 9:47AM
Vishakha Until 3:25AM Tue
Viddhi Until 8:22PM
Balava Until 1:47PM
Ashtami* Until 2:59AM Tue

Port Harcourt, Nigeria
Sun 7 Sutra 301
Vasavasu 5:127
Moon 2 - Phase 41 - 7
Ashtami

Sivaloka Day

Tuesday, February 10, 2026

Retreat Star

Mitschika Rasi: 5 Tithi 24
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mangala Vasara Yukṭayam
Anuradha Nakshatra Dhruva Yoga Taillia/Gara Karana Navamam Tilau
Gulika 12:46PM - 2:16PM
Yama 9:47AM - 11:16AM
Rahu 3:45PM - 5:15PM
Anuradha Until 6:20AM Wed
Dhruva Until 9:09PM
Taillia Until 4:15PM
Navam* Until 5:28AM Wed

Port Harcourt, Nigeria
Sun 8 Sutra 302
Vasavasu 5:127
Moon 2 - Phase 41 - 8
Navami

Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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1		Wednesday, February 11, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktyam Anuradha/Jyeshtha Nakshatra Vyaghata* Yoga Vanija Karana Dashamyam Tilau		Port Harcourt, Nigeria Sun 9 Sutra 303
Wischika Rasi: 16.29	TITHI 25	Gulika 9:17AM - 9:47AM	Anuradha Until 6:20AM	Ganesh: Clear Muruga: White Nataraja: Orange	Sunrise: 6:47AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 9 2nd Phase
Creative Work	Siddha Yoga	Yama 8:17AM - 9:47AM	Vyaghata* Until 9:55PM	Moon - Orange		
		Rahu 12:46PM - 2:16PM	Bava Until 8:56PM	Magha-Thai		Sivaloka Day
			Dashami Until 7:50AM Thu			

2		Thursday, February 12, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktyam Jyeshtha/Mula Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashyam Tilau		Port Harcourt, Nigeria Sun 10 Sutra 304
Wischika Rasi: 28.25	TITHI 25 - 26	Gulika 9:47AM - 11:16AM	Jyeshtha* Until 8:58AM	Ganesh: Clear Muruga: White Nataraja: Orange	Sunrise: 6:47AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 10 2nd Phase
Routine Work	Prabalarishta Yoga	Yama 6:47AM - 8:17AM	Harshana Until 10:32PM	Moon - Orange		
Until 8:58AM		Rahu 2:16PM - 3:46PM	Bava Until 8:56PM	Magha-Masi		Sivaloka Day
Then Creative Work	Siddha Yoga		Dashami Until 7:50AM			

3		Friday, February 13, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktyam Mula/Purvashada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Tilau		Port Harcourt, Nigeria Sun 11 Sutra 305
Dhanus Rasi: 10.28	TITHI 26 - 27	Gulika 8:17AM - 9:47AM	Mula* Until 11:39AM	Ganesh: Purple Muruga: White Nataraja: Orange	Sunrise: 6:47AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 11 2nd Phase
Creative Work	Amrita Yoga	Yama 3:46PM - 5:15PM	Vajra* Until 10:49PM	Moon - Light Blue		
Until 11:39AM		Rahu 11:16AM - 12:46PM	Kaulava Until 10:47PM	Magha-Masi		Devaloka Day
Then Routine Work	Prabalarishta Yoga		Ekadashi* Until 9:54AM			

4		Saturday, February 14, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Manta Vasara Yuktyam Purvashada/Uttarashada Nakshatra Siddhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Tilau		Port Harcourt, Nigeria Sun 12 Sutra 306
Dhanus Rasi: 22.41	TITHI 27 - 28	Gulika 6:47AM - 8:17AM	Purvashada* Until 1:43PM	Ganesh: Clear Muruga: White Nataraja: Orange	Sunrise: 6:47AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 12 2nd Phase
Creative Work	Siddha Yoga	Yama 2:16PM - 3:46PM	Siddhi Until 10:45PM	Moon - Light Blue		
Until 1:43PM		Rahu 9:46AM - 11:16AM	Gara Until 12:08AM Sun	Magha-Masi		Sivaloka Day
Then Routine Work	Marana Yoga		Dvadashi* Until 11:30AM			
			Pradosha Vata (Fasting)			

5		Sunday, February 15, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Shukra Vasara Yuktyam Uttarashada/Shravana Nakshatra Vyajpata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau		Port Harcourt, Nigeria Sun 13 Sutra 307
Makara Rasi: 5.07	TITHI 28 - 29	Gulika 3:46PM - 5:16PM	Uttarashada Until 3:08PM	Ganesh: Clear Muruga: White Nataraja: Orange	Sunrise: 6:47AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 13 2nd Phase
Creative Work	Amrita Yoga	Yama 12:46PM - 2:16PM	Vyajpata* Until 10:16PM	Moon - Light Blue		
Until 4:18PM		Rahu 5:16PM - 6:45PM	Visi Until 12:56AM Mon	Magha-Masi		Sivaloka Day
			Trayodashi* Until 12:35PM			

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktyam Shravana/Uttarashada Nakshatra Varjyan Yoga Sakra/Catupada* Karana Chaturdashi/Amavasyam Tilau		Port Harcourt, Nigeria Sun 14 Sutra 308
Makara Rasi: 17.48	TITHI 29 - 30	Gulika 2:16PM - 3:46PM	Shravana Until 4:18PM	Ganesh: Orange Muruga: White Nataraja: Orange	Sunrise: 6:47AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 14 Amavasya
Family Home Evening		Yama 11:16AM - 12:46PM	Varjyan Until 9:19PM	Moon - Purple		
Creative Work	Amrita Yoga	Rahu 8:16AM - 9:46AM	Catupada Until 1:09AM Tue	Magha-Masi		Sivaloka Day
Until 4:18PM			Chaturdashi* Until 1:06PM			
Then Creative Work	Siddha Yoga					

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukra Paksho Mangala Vasara Yuktyam Dhanishtha/Shatshobhak Nakshatra Parigha* Yoga Naga/Kintughna* Karana Amavasya/Prathamyam Tilau		Port Harcourt, Nigeria Sun 15 Sutra 309
Kumbha Rasi: 0.45	TITHI 30 - 1	Gulika 12:46PM - 2:16PM	Dhanishtha Until 4:46PM	Ganesh: Orange Muruga: White Nataraja: Orange	Sunrise: 6:46AM Sunset: 6:59PM	Vasavasu 5127 Moon 2 - Phase 42 - 15 Prathama
Creative Work	Siddha Yoga	Yama 9:46AM - 11:16AM	Parigha* Until 7:58PM	Moon - Purple		
Until 4:46PM		Rahu 3:46PM - 5:16PM	Kintughna Until 12:50AM Wed	Phalgun-Masi		Sivaloka Day
Then Routine Work	Marana Yoga		Amavasya* Until 1:02PM			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Wednesday, February 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 310		
Kumbha Rasi:	13:59	Tithi 1 – 2	Gulika 11:16AM – 12:46PM Yama 8:16AM – 9:46AM 997548577 Rahu 12:46PM – 2:16PM	Shatabhishak Untill 4:36PM Shiva Untill 6:14PM Balava Untill 12:02AM Thu Prathamam Untill 12:28PM	Ganesh: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgunam-Masi	Sunrise: 6:46AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-16 3rd Phase	
Creative Work	Siddha Yoga						Sivaloka Day	
Untill	4:36PM							
Then Creative Work	- Amrita Yoga							

2		Thursday, February 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Puravproshthapada*/Uttarproshthapada Nakshatra Siddha/Sadha Yoga Kauva/Taila Karana Dvitiyam/Tritayam Titau		Port Harcourt, Nigeria Sun 17 Sutra 311		
Kumbha Rasi:	27:28	Tithi 2 – 3	Gulika 9:46AM – 11:16AM Yama 6:46AM – 8:16AM 917548577 Rahu 2:16PM – 3:46PM	Puravproshthapada* Untill 4:19PM Siddha Untill 4:09PM Taila Untill 10:50PM Dvitiya Untill 11:28AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:46AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-17 3rd Phase	
Creative Work	Siddha Yoga						Subha Sivaloka Day	

3		Friday, February 20, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Port Harcourt, Nigeria Sun 18 Sutra 312		
Meeana Rasi:	11:09	Tithi 3 – 4	Gulika 8:16AM – 9:46AM Yama 3:46PM – 5:16PM 917548577 Rahu 11:16AM – 12:46PM	Uttarproshthapada Untill 3:33PM Sadhya Untill 1:49PM Vanija Untill 9:20PM Tritiya Untill 10:06AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:46AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-18 3rd Phase	
Creative Work	Siddha Yoga						Subha Sivaloka Day	

4		Saturday, February 21, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mani Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Vasi*/Bava Karana Chaturthi/Panchamam Titau		Port Harcourt, Nigeria Sun 19 Sutra 313		
Meeana Rasi:	25:01	Tithi 4 – 5	Gulika 6:46AM – 8:16AM Yama 2:16PM – 3:46PM 918548577 Rahu 9:46AM – 11:16AM	Revati Untill 2:24PM Subha Untill 11:17AM Bava Untill 7:35PM Chaturthi* Untill 8:27AM	Ganesh: Red Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:46AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-19 3rd Phase	
Routine Work	Prabalarishtha Yoga						Sivaloka Day	
Untill	2:24PM							
Then Creative Work	- Siddha Yoga		Subramunyaswami Siva Vision Day					

5		Sunday, February 22, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Taila Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 314		
Mesha Rasi:	9:01	Tithi 5 – 6	Gulika 3:46PM – 5:16PM Yama 12:46PM – 2:16PM 928548577 Rahu 5:16PM – 6:46PM	Ashvini Untill 1:21PM Sukla Untill 8:34AM Taila Untill 4:38AM Mon Panchami Untill 6:37AM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 6:45AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-20 3rd Phase	
Creative Work	Siddha Yoga						Devaloka Day	
Untill	1:21PM							
Then Routine Work	- Prabalarishtha Yoga							

6		Monday, February 23, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamam Titau		Port Harcourt, Nigeria Sun 21 Sutra 315		
Mesha Rasi:	23:07	Tithi 7	Gulika 2:15PM – 3:45PM Yama 11:15AM – 12:45PM 928548577 Rahu 8:15AM – 9:45AM	Bharani Untill 12:01PM Indra Untill 2:53AM Tue Gara Untill 3:37PM Sapthami Untill 2:33AM Tue	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 6:45AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-21 3rd Phase	
Family Home Evening	Siddha Yoga						Devaloka Day	
Untill	12:01PM							
Then Routine Work	- Marana Yoga							

Retreat Star		Tuesday, February 24, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vasi*/Bava Karana Ashtamam Titau		Port Harcourt, Nigeria Sun 22 Sutra 316		
Wisshabha Rasi:	7:15	Tithi 8	Gulika 12:45PM – 2:15PM Yama 9:45AM – 11:15AM 928548577 Rahu 3:45PM – 5:15PM	Krittika Untill 10:29AM Vaidhriti* Untill 11:57PM Vasi Untill 1:31PM Ashtami* Untill 12:25AM Wed	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 6:45AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-22 Ashtami	
Creative Work	Siddha Yoga						Devaloka Day	
Untill	10:29AM							
Then Creative Work	- Amrita Yoga							

Retreat Star		Wednesday, February 25, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kauva Karana Navamam Titau		Port Harcourt, Nigeria Sun 23 Sutra 317		
Wisshabha Rasi:	21:26	Tithi 9	Gulika 11:15AM – 12:45PM Yama 8:15AM – 9:45AM 938648577 Rahu 12:45PM – 2:15PM	Rohini Untill 9:12AM Vishkambha* Untill 9:02PM Balava Untill 11:22AM Navam* Untill 10:17PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – Yellow Phalgunam-Masi	Sunrise: 6:45AM Sunset: 6:49PM	Vasavasu 5127 Moon 2 - Phase 43-23 Navami	
Creative Work	Siddha Yoga						Subha Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1	Thursday, February 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam				Port Harcourt, Nigeria
	Mithuna Rasi: 5:37 Tithi 10		Mrigashira/Ardra Nakshatra Prill Yoga Taillita/Gara Karana Dashamayam Tilau				Sutra 318
Routine Work	Marana Yoga	Gulika	9:45AM - 11:15AM	Mrigashira Until 7:46AM	Ganesh: Blue	Sunrise: 6:45AM	Vasavasu 5127
		Yama	6:45AM - 8:15AM	Prill Until 6:08PM	Muruga: White	Sunset: 6:59PM	Moon 2 - Phase 44 - 24
		938648577 Rahu	2:15PM - 3:45PM	Taillita Until 9:15AM	Nataraja: Orange		4th Phase
				Dashami Until 8:11PM	Moon - Yellow		Subha Sivaloka Day
					Phalgun-Masi		

2	Friday, February 27, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam				Port Harcourt, Nigeria
	Mithuna Rasi: 19:45 Tithi 11		Ardra/Punarvasu Nakshatra Ajushman/Saubhagya Yoga Vanija/Visil' Karana Ekadashyam Tilau				Sutra 319
Creative Work	Siddha Yoga	Gulika	8:14AM - 9:45AM	Ardra Until 6:16AM	Ganesh: Yellow	Sunrise: 6:44AM	Vasavasu 5127
		Yama	3:45PM - 5:15PM	Ayushman Until 3:17PM	Muruga: White	Sunset: 6:59PM	Moon 2 - Phase 44 - 25
		939648577 Rahu	11:15AM - 12:45PM	Vanija Until 7:10AM	Nataraja: Orange		4th Phase
				Ekadashi Until 6:10PM	Moon - Yellow		Sivaloka Day
					Phalgun-Masi		

3	Saturday, February 28, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yuktayam				Port Harcourt, Nigeria
	Kataka Rasi: 3:49 Tithi 12 - 13		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodashyam Tilau				Sutra 320
Creative Work	Siddha Yoga	Gulika	6:44AM - 8:14AM	Pushya Until 4:07AM Sun	Ganesh: White	Sunrise: 6:44AM	Vasavasu 5127
		Yama	2:15PM - 3:45PM	Saubhagya Until 12:35PM	Muruga: White	Sunset: 6:59PM	Moon 2 - Phase 44 - 26
		949648577 Rahu	9:44AM - 11:14AM	Kaulava Until 3:29AM Sun	Nataraja: Orange		4th Phase
				Dvadashi Until 4:19PM	Moon - Blue		Devaloka Day
					Phalgun-Masi		

Pradosha Vata

4	Sunday, March 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Vasara Yuktayam				Port Harcourt, Nigeria
	Kataka Rasi: 17:44 Tithi 13 - 14		Ashlesha' Nakshatra Abhiganda' Yoga Taillita/Gara Karana Trayodashi/Chaturdhyam Tilau				Sutra 321
Creative Work	Siddha Yoga	Gulika	3:45PM - 5:15PM	Ashlesha' Until 3:13AM Mon	Ganesh: White	Sunrise: 6:43AM	Vasavasu 5127
		Yama	12:44PM - 2:15PM	Sobhana Until 10:04AM	Muruga: White	Sunset: 6:59PM	Moon 2 - Phase 44 - 27
		949648577 Rahu	5:15PM - 6:45PM	Gara Until 2:03AM Mon	Nataraja: Orange		4th Phase
				Trayodashi Until 2:42PM	Moon - Blue		Devaloka Day
					Phalgun-Masi		

Monday, March 2, 2026	Copper Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam				Port Harcourt, Nigeria
	Simha Rasi: 1:29 Tithi 14 - 15		Magha' Nakshatra Abhiganda'Sukama Yoga Vanija/Visil' Karana Chaturdashi/Purnimayam Tilau				Sutra 322
Family Home Evening	Marana Yoga	Gulika	2:14PM - 3:45PM	Magha' Until 3:00AM Tue	Ganesh: Clear	Sunrise: 6:43AM	Vasavasu 5127
		Yama	11:14AM - 12:44PM	Abhiganda' Until 7:48AM	Muruga: White	Sunset: 6:59PM	Moon 2 - Phase 44 -
		959648577 Rahu	8:13AM - 9:44AM	Visil Until 12:59AM Tue	Nataraja: Orange		Purnima
				Chaturdashi' Until 1:27PM	Moon - Red		Sivaloka Day
					Phalgun-Masi		

Tuesday, March 3, 2026	Silver Retreat Star		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha: Mangala Vasara Yuktayam				Port Harcourt, Nigeria
	Simha Rasi: 15 Tithi 15 - 16		Purnaphalguni Nakshatra Dhriil Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Sutra 323
Creative Work	Siddha Yoga	Gulika	12:44PM - 2:14PM	Purnaphalguni Until 3:06AM Wed	Ganesh: Clear	Sunrise: 6:43AM	Vasavasu 5127
		Yama	9:43AM - 11:14AM	Dhriil Until 4:20AM Wed	Muruga: White	Sunset: 6:59PM	Moon 2 - Phase 44 -
		959648577 Rahu	3:44PM - 5:15PM	Balava Until 12:25AM Wed	Nataraja: Orange		Prathama
				Purnima' Until 12:37PM	Moon - Red		Sivaloka Day
					Phalgun-Masi		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamam/Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 324

Simha Rasi: 28.14 Tithi 16 - 17
Creative Work Amrita Yoga
Until 3:36AM Thu
Then Routine Work - Marana Yoga

Gulika 11:3AM - 12:44PM
Yama 8:13AM - 9:43AM
Rahu 12:44PM - 2:14PM

Uttaraphalguni Until 3:36AM Thu
Shula* Until 3:12AM Thu
Tailita Until 12:23AM Thu
Prathamam* Until 12:18PM

Ganesha: Clear Sunrise: 6:42AM
Muruga: White Sunset: 6:09PM
Nataraja: Orange
Moon - Red Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 1st Phase
Sivaloka Day

1

Thursday, March 5, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiyam/Tritiyayam Titau

Port Harcourt, Nigeria
Sutra 325

Kanya Rasi: 11.11 Tithi 17 - 18
Routine Work Marana Yoga
Until 4:59AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:43AM - 11:13AM
Yama 6:42AM - 8:12AM
Rahu 2:14PM - 3:44PM

Hasla Until 4:59AM Fri
Ganda* Until 2:33AM Fri
Vanija Until 12:56AM Fri
Dvitiya Until 12:34PM

Ganesha: White Sunrise: 6:42AM
Muruga: White Sunset: 6:09PM
Nataraja: Orange
Moon - Green Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 1st Phase
Devaloka Day

2

Friday, March 6, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturtham Titau

Port Harcourt, Nigeria
Sutra 326

Kanya Rasi: 23.51 Tithi 18 - 19
Creative Work Siddha Yoga

Gulika 8:12AM - 9:42AM
Yama 3:44PM - 5:14PM
Rahu 11:13AM - 12:43PM

Chitra Until 6:46AM Sat
Viddhi Until 2:22AM Sat
Bava Until 2:05AM Sat
Tritiya Until 1:25PM

Ganesha: White Sunrise: 6:42AM
Muruga: White Sunset: 6:09PM
Nataraja: Orange
Moon - Green Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 2 1st Phase
Devaloka Day

3

Saturday, March 7, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Port Harcourt, Nigeria
Sutra 327

Tula Rasi: 6.16 Tithi 19 - 20
Routine Work Marana Yoga
Until 6:46AM Fri
Then Creative Work - Siddha Yoga

Gulika 6:41AM - 8:12AM
Yama 2:13PM - 3:44PM
Rahu 9:42AM - 11:13AM

Chitra Until 6:46AM
Dhruva Until 2:33AM Sun
Kaulava Until 3:45AM Sun
Chaturthi* Until 2:50PM

Ganesha: Purple Sunrise: 6:41AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Orange
Moon - Green Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 3 1st Phase
Bhuloka Day
Devaloka Time: 3PM to 6PM

4

Sunday, March 8, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam
Vishaha/Anuradha Nakshatra Vyaghala* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Port Harcourt, Nigeria
Sutra 328

Tula Rasi: 18.28 Tithi 20 - 21
Creative Work Siddha Yoga
Until 8:52AM Mon
Then Routine Work - Marana Yoga

Gulika 3:44PM - 5:14PM
Yama 12:43PM - 2:13PM
Rahu 5:14PM - 6:44PM

Svali Until 8:52AM
Vyaghala* Until 3:04AM Mon
Gara Until 5:50AM Mon
Panchami Until 4:44PM

Ganesha: Purple Sunrise: 6:41AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Orange
Moon - Green Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 4 1st Phase
Bhuloka Day
Devaloka Time: 3PM to 6PM

5

Monday, March 9, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam
Vishaha/Anuradha Nakshatra Harshana Yoga Vanija Karana Shashthiyam Titau

Port Harcourt, Nigeria
Sutra 329

Mithila Rasi: 0.29 Tithi 21
Family Home Evening
Routine Work Marana Yoga
Until 11:41AM
Then Creative Work - Siddha Yoga

Gulika 2:13PM - 3:43PM
Yama 11:12AM - 12:43PM
Rahu 8:11AM - 9:42AM

Vishaha Until 11:41AM
Harshana Until 3:49AM Tue
Vanija Until 6:58PM
Shashthi* Until 6:58PM

Ganesha: Clear Sunrise: 6:41AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Orange
Moon - Orange Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 5 1st Phase
Devaloka Day

6

Tuesday, March 10, 2026

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Mangala Vasara Yuktayam
Anuradha/Jyeshtha Nakshatra Vajra* Yoga Visi* Bava Karana Saptamam Titau

Port Harcourt, Nigeria
Sutra 330

Vishika Rasi: 12.25 Tithi 22
Creative Work Siddha Yoga
Until 2:32PM
Then Routine Work - Marana Yoga

Gulika 12:42PM - 2:13PM
Yama 9:41AM - 11:12AM
Rahu 3:43PM - 5:14PM

Anuradha Until 2:32PM
Vajra* Until 4:37AM Wed
Visi Until 8:11AM
Saptami Until 9:23PM

Ganesha: Clear Sunrise: 6:40AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Orange
Moon - Orange Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 6 1st Phase
Devaloka Day

D

Wednesday, March 11, 2026

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Jyeshtha/Mula Nakshatra Siddhi Yoga Kaulava/Karana Aachamam Titau

Port Harcourt, Nigeria
Sutra 331

Vishika Rasi: 24.19 Tithi 23
Creative Work Siddha Yoga
Until 5:15PM
Then Routine Work - Marana Yoga

Gulika 11:11AM - 12:42PM
Yama 8:10AM - 9:41AM
Rahu 12:42PM - 2:13PM

Jyeshtha* Until 5:15PM
Siddhi Until 5:22AM Thu
Balava Until 10:37AM
Ashlami* Until 11:46PM

Ganesha: Clear Sunrise: 6:40AM
Muruga: White Sunset: 6:09PM
Nataraja: Light Blue
Moon - Orange Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 7 Ashlami
Bhuloka Day
Devaloka Time: 6AM to 9AM

Thursday, March 12, 2026

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Mula Nakshatra Vyatipata* Yoga Tailita/Gara Karana Navamam Titau

Port Harcourt, Nigeria
Sutra 332

Dhanu Rasi: 6.15 Tithi 24
Creative Work Siddha Yoga

Gulika 9:41AM - 11:11AM
Yama 6:40AM - 8:10AM
Rahu 2:12PM - 3:43PM

Mula* Until 8:08PM
Vyatipata* Until 5:56AM Fri
Tailita Until 12:55PM
Navam* Until 1:56AM Fri

Ganesha: White Sunrise: 6:40AM
Muruga: White Sunset: 6:09PM
Nataraja: Light Blue
Moon - Light Blue Phalgunam-Masi

Vasvasu: 5127
Moon 3 - Phase 45 - 8 Navami
Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Port Harcourt, Nigeria on 12/20/23

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1 Friday, March 13, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshе Sukra Vasara Yuktyayam Port Harcourt, Nigeria Purvashada* Nakshatra Varjaya Yoga Vanja/Visi* Karana Dvashyam Titau Sun 9 Sutra 333			
Dhanu Rasi: 18.17	Tithi 25	Gulika 8:10AM - 9:40AM Yama 3:43PM - 5:13PM 181658677 Rahu 11:11AM - 12:41PM	Purvashada* Until 10:29PM Varjaya Until 6:08AM Sat Vanija Until 2:53PM Dashami Until 3:39AM Sat	Ganesh: White Muruga: White Nataraja: Light Blue Moon - Light Blue Phalguna-Masi	Sunrise: 6:39AM Sunset: 6:49PM Moon 3 - Phase 46 - 9 2nd Phase Bhuloka Day
Routine Work Prabalarisha Yoga Until 10:29PM Then Routine Work - Marana Yoga					
2 Saturday, March 14, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Mania Vasara Yuktyayam Port Harcourt, Nigeria Uttarashada Nakshatra Varjaya Parigaha* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 334			
Makara Rasi: 0.31	Tithi 26	Gulika 6:39AM - 8:09AM Yama 2:12PM - 3:42PM 181658677 Rahu 9:40AM - 11:11AM	Uttarashada Until 12:08AM Sun Varjaya Until 6:08AM Bava Until 4:19PM Ekadashi* Until 4:47AM Sun	Ganesh: White Muruga: White Nataraja: Light Blue Moon - Light Blue Phalguna-Panguni	Sunrise: 6:39AM Sunset: 6:49PM Moon 3 - Phase 46 - 12 2nd Phase Bhuloka Day
Routine Work Marana Yoga Until 12:08AM Sun Then Creative Work - Amrita Yoga		Karadayani Nombu (Tamil Nadu)			
3 Sunday, March 15, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Bharu Vasara Yuktyayam Port Harcourt, Nigeria Shravana Nakshatra Shiva Yoga Kaulava/Tallia Karana Dvashyam Titau Sun 11 Sutra 335			
Makara Rasi: 12.59	Tithi 27	Gulika 3:42PM - 5:13PM Yama 12:41PM - 2:12PM 191658678 Rahu 5:13PM - 6:43PM	Shravana Until 1:27AM Mon Shiva Until 5:07AM Mon Kaulava Until 5:07PM Dvadashti* Until 5:14AM Mon	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:38AM Sunset: 6:48PM Moon 3 - Phase 46 - 11 2nd Phase Bhuloka Day Devaloka Time: 6AM to 9AM
Creative Work Amrita Yoga Until 1:27AM Mon Then Creative Work - Siddha Yoga					
4 Monday, March 16, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Indu Vasara Yuktyayam Port Harcourt, Nigeria Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 336			
Makara Rasi: 25.47	Tithi 28	Gulika 2:11PM - 3:42PM Yama 11:10AM - 12:41PM 191658678 Rahu 8:09AM - 9:39AM	Dhanishtha Until 1:54AM Tue Siddha Until 3:45AM Tue Gara Until 5:12PM Trayodashi* Until 4:57AM Tue	Ganesh: Yellow Muruga: White Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:38AM Sunset: 6:48PM Moon 3 - Phase 46 - 12 2nd Phase Bhuloka Day Devaloka Time: 6AM to 9AM
Creative Work Siddha Yoga Until 1:54AM Tue Then Routine Work - Marana Yoga		Pradosha Vata (Fasting)			
5 Tuesday, March 17, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Mangala Vasara Yuktyayam Port Harcourt, Nigeria Shalabhishak Nakshatra Sadya Yoga Visti/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337			
Kumbha Rasi: 8.56	Tithi 29	Gulika 12:40PM - 2:11PM Yama 9:39AM - 11:10AM 192658678 Rahu 3:42PM - 5:12PM	Shalabhishak Until 1:31AM Wed Sadya Until 1:52AM Wed Visti Until 4:33PM Chaturdashi* Until 3:58AM Wed	Ganesh: Blue Muruga: White Nataraja: Purple Moon - Purple Phalguna-Panguni	Sunrise: 6:38AM Sunset: 6:48PM Moon 3 - Phase 46 - 13 2nd Phase Devaloka Day
Routine Work Marana Yoga Until 1:31AM Wed Then Creative Work - Amrita Yoga					
Wednesday, March 18, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Badha Vasara Yuktyayam Port Harcourt, Nigeria Purvashrothapada* Nakshatra Subha Yoga Catuspada*Alaga* Karana Amavasyayam Titau Sun 14 Sutra 338			
Retreat Star		Gulika 11:09AM - 12:40PM Yama 8:08AM - 9:39AM 112658678 Rahu 12:40PM - 2:11PM	Purvashrothapada* Until 12:51AM Thu Subha Until 11:31PM Catuspada Until 3:17PM Amavasya* Until 2:24AM Thu	Ganesh: Red Muruga: White Nataraja: Purple Moon - Clear Phalguna-Panguni	Sunrise: 6:37AM Sunset: 6:47PM Moon 3 - Phase 46 - 14 Amavasya Bhuloka Day Devaloka Time: 9AM to 12:2PM
Kumbha Rasi: 22.28 Tithi 30 Creative Work Amrita Yoga Until 12:51AM Thu Then Creative Work - Siddha Yoga					
Thursday, March 19, 2026		Viswasa Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshе Guru Vasara Yuktyayam Port Harcourt, Nigeria Uttarashrothapada Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam Titau Sun 15 Sutra 339			
Retreat Star		Gulika 9:38AM - 11:09AM Yama 6:37AM - 8:07AM 112658678 Rahu 2:11PM - 3:41PM	Uttarashrothapada Until 11:33PM Sukla Until 8:44PM Kintughna Until 1:27PM Prathama* Until 12:22AM Fri	Ganesh: Red Muruga: White Nataraja: Purple Moon - Clear Chaitra-Panguni	Sunrise: 6:37AM Sunset: 6:47PM Moon 3 - Phase 46 - 15 Prathama Bhuloka Day Devaloka Time: 9AM to 12:2PM
Meena Rasi: 6.2 Tithi 1 Creative Work Siddha Yoga Yugadi					

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God, Rig Veda

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1 Friday, March 20, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Tilau			Port Harcourt, Nigeria Sun 16 Sutra 340
Mesha Rasi: 20.29	Tilhi 2	Gulika 8:07AM - 9:38AM 3:41PM - 5:12PM 122658678	Revati Untill 9:46PM Brahma Untill 5:41PM Balava Untill 11:14AM Dvitiya Untill 9:59PM	Ganesha: Red Muruga: White Nataraja: Purple Moon - Clear Chalra-Panguni	Sunrise: 6:36AM Sunset: 6:49PM Moon 3 - Phase 47 - 16 3rd Phase
Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 9AM to 12:PM
Untill 9:46PM					
Then Creative Work	- Amrita Yoga				
2 Saturday, March 21, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Manu Vasara Yuktayam Ashvini Nakshatra Andra/Vaidhiti Yoga Talila/Gara Karana Trityayam Tilau			Port Harcourt, Nigeria Sun 17 Sutra 341
Mesha Rasi: 4.51	Tilhi 3	Gulika 6:36AM - 8:07AM 2:10PM - 3:41PM 122658678	Ashvini Untill 8:04PM Indra Untill 2:27PM Talila Untill 8:44AM Trityaya Untill 7:24PM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - White Chalra-Panguni	Sunrise: 6:36AM Sunset: 6:49PM Moon 3 - Phase 47 - 17 3rd Phase
Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 9AM to 12:PM
		Chellappaswami Mahasamadi			
3 Sunday, March 22, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Bharani Nakshatra Vaidhiti/Vishkambha Yoga Vanija/Bava Karana Chalurthi/Panchamyam Tilau			Port Harcourt, Nigeria Sun 18 Sutra 342
Mesha Rasi: 19.19	Tilhi 4 - 5	Gulika 3:41PM - 5:11PM Yama 12:39PM - 2:10PM 122758678	Bharani Untill 6:09PM Vaidhiti Untill 11:07AM Vanija Untill 6:06AM Chalurthi Untill 4:45PM	Ganesha: Blue Muruga: White Nataraja: Purple Moon - White Chalra-Panguni	Sunrise: 6:35AM Sunset: 6:49PM Moon 3 - Phase 47 - 18 3rd Phase
Routine Work	Prabalarista Yoga				Bhuloka Day
Untill 6:09PM					
Then Creative Work	- Siddha Yoga				
4 Monday, March 23, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha/Prithi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau			Port Harcourt, Nigeria Sun 19 Sutra 343
Wishabha Rasi: 3.47	Tilhi 5 - 6	Gulika 2:09PM - 3:40PM Yama 11:08AM - 12:39PM 122758678	Krittika Untill 4:09PM Vishkambha Untill 7:49AM Kaulava Untill 12:53AM Tue Panchami Untill 2:08PM	Ganesha: Blue Muruga: White Nataraja: Purple Moon - White Chalra-Panguni	Sunrise: 6:35AM Sunset: 6:49PM Moon 3 - Phase 47 - 19 3rd Phase
Family Home Evening					Bhuloka Day
Routine Work	Marana Yoga				
Untill 4:09PM					
Then Creative Work	- Amrita Yoga				
5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Rohini/Rohini Nakshatra Ayushnani Yoga Talila/Gara Karana Shashthi/Saptamyam Tilau			Port Harcourt, Nigeria Sun 20 Sutra 344
Wishabha Rasi: 18.12	Tilhi 6 - 7	Gulika 12:38PM - 2:09PM Yama 9:36AM - 11:07AM 132758678	Rohini Untill 2:35PM Ayushman Untill 1:32AM Wed Gara Untill 10:31PM Shashthi Untill 11:39AM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Yellow Chalra-Panguni	Sunrise: 6:35AM Sunset: 6:49PM Moon 3 - Phase 47 - 20 3rd Phase
Creative Work	Amrita Yoga				Bhuloka Day Devaloka Time: 6AM to 9-AM
Untill 2:35PM					
Then Creative Work	- Siddha Yoga				
Wednesday, March 25, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Migashira/Andra Nakshatra Saubhagya Yoga Vanija/Vishti Karana Saptami/Ashthamyam Tilau			Port Harcourt, Nigeria Sun 21 Sutra 345
Mithuna Rasi: 2.28	Tilhi 7 - 8	Gulika 11:07AM - 12:38PM Yama 8:05AM - 9:36AM 132758678	Migashira Untill 1:05PM Saubhagya Untill 10:41PM Visiti Untill 8:23PM Saptami Untill 9:23AM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Yellow Chalra-Panguni	Sunrise: 6:34AM Sunset: 6:49PM Moon 3 - Phase 47 - 21 Ashtami
Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 6AM to 9-AM
Thursday, March 26, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Andra/Punarvasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamyam Tilau			Port Harcourt, Nigeria Sun 22 Sutra 346
Mithuna Rasi: 16.34	Tilhi 8 - 9	Gulika 9:36AM - 11:07AM Yama 6:34AM - 8:05AM 132758678	Andra Untill 11:44AM Sobhana Untill 8:05PM Balava Untill 6:32PM Ashlami Untill 7:24AM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Yellow Chalra-Panguni	Sunrise: 6:34AM Sunset: 6:49PM Moon 3 - Phase 47 - 22 Navami
Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 6AM to 9-AM
Untill 11:44AM		Sri Rama Navami			
Then Creative Work	- Amrita Yoga				

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Port Harcourt, Nigeria Panarasu/Pushya Nakshatra Aihiganda/Sukama Yoga Taillila/Gara Karana Doshatnyam Titau Sutra 347				
Kataka Rasi: 0.28	Tithi 10	Gulika 8:04AM - 9:35AM	Punarvasu Untill 10:58AM	Ganesh: White	Sunrise: 6:33AM	Vasavasu: 5:27
		Yama 3:39PM - 5:10PM	Aihiganda* Untill 5:43PM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - 23
Creative Work	Siddha Yoga	Rahu 11:06AM - 12:37PM	Taillila Untill 5:01PM	Nataraja: Purple		4th Phase
Untill 10:58AM			Dashami Untill 4:22AM Sat	Moon - Blue		
Then Routine Work - Marana Yoga				Chalra-Panguni		Bhuloka Day

2 Saturday, March 28, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yuktayam Port Harcourt, Nigeria Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekadashyam Titau Sutra 348				
Kataka Rasi: 14.1	Tithi 11	Gulika 6:33AM - 8:04AM	Pushya Untill 10:24AM	Ganesh: White	Sunrise: 6:33AM	Vasavasu: 5:27
		Yama 2:08PM - 3:39PM	Sukarma Untill 3:38PM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - 24
Creative Work	Siddha Yoga	Rahu 9:35AM - 11:06AM	Vanija Untill 3:50PM	Nataraja: Purple		4th Phase
Untill 10:24AM		Yogaswami Mahasamadhi	Ekadashi Untill 3:21AM Sun	Moon - Blue		
Then Routine Work - Marana Yoga				Chalra-Panguni		Bhuloka Day

3 Sunday, March 29, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Port Harcourt, Nigeria Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashtyam Titau Sutra 349				
Kataka Rasi: 27.4	Tithi 12	Gulika 3:39PM - 5:10PM	Ashlesha* Untill 10:01AM	Ganesh: White	Sunrise: 6:33AM	Vasavasu: 5:27
		Yama 12:37PM - 2:08PM	Dhriti Untill 1:51PM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - 25
Creative Work	Siddha Yoga	Rahu 5:10PM - 6:41PM	Bava Untill 3:01PM	Nataraja: Purple		4th Phase
Untill 10:01AM			Dvadashti Untill 2:43AM Mon	Moon - Blue		
Then Routine Work - Marana Yoga				Chalra-Panguni		Bhuloka Day

4 Monday, March 30, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Port Harcourt, Nigeria Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taillila Karana Trayodashyam Titau Sutra 350				
Simha Rasi: 10.57	Tithi 13	Gulika 2:08PM - 3:39PM	Magha* Untill 10:19AM	Ganesh: Clear	Sunrise: 6:33AM	Vasavasu: 5:27
Family Home Evening		Yama 11:05AM - 12:36PM	Shula* Untill 12:21PM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - 26
Routine Work	Marana Yoga	Rahu 8:03AM - 9:34AM	Kaulava Untill 2:34PM	Nataraja: Purple		4th Phase
Untill 10:19AM			Trayodashi Untill 2:28AM Tue	Moon - Red		
Then Creative Work - Siddha Yoga				Chalra-Panguni		Bhuloka Day
			<i>Pradosha Vata</i>			Devaloka Time: 6AM to 9-AM

5 Tuesday, March 31, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Port Harcourt, Nigeria Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi Yoga Gara/Vanija Karana Chaturdashyam Titau Sutra 351				
Simha Rasi: 24.02	Tithi 14	Gulika 12:36PM - 2:07PM	Purvaphalguni Untill 10:51AM	Ganesh: Purple	Sunrise: 6:33AM	Vasavasu: 5:27
		Yama 9:34AM - 11:05AM	Ganda* Untill 11:10AM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - 27
Creative Work	Siddha Yoga	Rahu 3:38PM - 5:10PM	Gara Untill 2:31PM	Nataraja: Purple		4th Phase
Untill 10:51AM			Chaturdashi* Untill 2:38AM Wed	Moon - Red		
Then Creative Work - Amrita Yoga				Chalra-Panguni		Devaloka Day

Wednesday, April 1, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Port Harcourt, Nigeria Copper Retreat Star				
Kanya Rasi: 6.55	Tithi 15	Gulika 11:05AM - 12:36PM	Uttaraphalguni Untill 11:38AM	Ganesh: Purple	Sunrise: 6:33AM	Vasavasu: 5:27
		Yama 8:03AM - 9:34AM	Vidhi Untill 10:20AM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - Punima
Creative Work	Amrita Yoga	Rahu 12:36PM - 2:07PM	Vidhi Untill 2:54PM	Nataraja: Purple		
Untill 11:38AM		Panguni Uttiram	Purnima* Untill 3:13AM Thu	Moon - Red		
Then Routine Work - Marana Yoga		Hanuman Jayanti		Chalra-Panguni		Devaloka Day

Thursday, April 2, 2026		Viswastu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam Port Harcourt, Nigeria Silver Retreat Star				
Kanya Rasi: 19.35	Tithi 16	Gulika 9:34AM - 11:05AM	Hasla Untill 1:09PM	Ganesh: Clear	Sunrise: 6:31AM	Vasavasu: 5:27
		Yama 6:31AM - 8:02AM	Dhruva Untill 9:48AM	Muruga: White	Sunset: 6:41PM	Moon 3 - Phase: 48 - Prathama
Routine Work	Marana Yoga	Rahu 2:07PM - 3:38PM	Balava Untill 3:42PM	Nataraja: Purple		
Untill 1:09PM			Prathama* Untill 4:15AM Fri	Moon - Green		
Then Creative Work - Siddha Yoga				Chalra-Panguni		Bhuloka Day
						Devaloka Time: 9AM to 12-PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Port Harcourt, Nigeria on 12/20/23

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**Friday, April 3, 2026****Gold Retreat Star**

Tula Rasi: 2:04 Tithi 17

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Salara Vasara Yuktayam
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvityayam TitauGulika 8:02AM - 9:33AM
Yama 3:38PM - 5:09PM
Rahu 11:04AM - 12:36PMChitra Until 2:55PM
Vyaghata* Until 9:38AM
Taitila Until 4:57PM
Dvitiya Until 5:42AM SatGanesh: Clear Sunrise: 6:31AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Green
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 354
Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase**Bhuloka Day**
Devaloka Time: 9AM to 12PM**1 Saturday, April 4, 2026**

Tula Rasi: 14:22 Tithi 18

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Svali/Vishakha Nakshatra Harshana/Vajra* Yoga Vanija Karana Tritiyayam TitauGulika 6:30AM - 8:02AM
Yama 2:06PM - 3:38PM
Rahu 9:33AM - 11:04AMSvali Until 4:56PM
Harshana Until 9:47AM
Vanija Until 6:36PM
Tritiya Until 7:32AM SunGanesh: Clear Sunrise: 6:30AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Green
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 355
Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase**Bhuloka Day**
Devaloka Time: 9AM to 12PM**2 Sunday, April 5, 2026**

Tula Rasi: 26:29 Tithi 18 - 19

Routine Work Marana Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Vishakha Nakshatra Vajra/Siddhi Yoga Vasil/Bava Karana Tritiya/Chaturtham TitauGulika 3:37PM - 5:09PM
Yama 12:35PM - 2:06PM
Rahu 5:09PM - 6:40PMVishakha Until 7:37PM
Vajra* Until 10:12AM
Bava Until 8:36PM
Tritiya Until 7:32AMGanesh: White Sunrise: 6:30AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Orange
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 356
Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase**Devaloka Day****3 Monday, April 6, 2026**

Vishkha Rasi: 8:3 Tithi 19 - 20

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam TitauGulika 2:06PM - 3:37PM
Yama 11:03AM - 12:35PM
Rahu 8:01AM - 9:32AMAnuradha Until 10:24PM
Siddhi Until 10:52AM
Kaulava Until 10:52PM
Chaturthi* Until 9:41AMGanesh: White Sunrise: 6:30AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Orange
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 357
Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase**Devaloka Day****4 Tuesday, April 7, 2026**

Vishkha Rasi: 20:26 Tithi 20 - 21

Routine Work Marana Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata/Variyan Yoga Talila/Gara Karana Panchami/Shestham TitauGulika 12:34PM - 2:06PM
Yama 9:32AM - 11:03AM
Rahu 3:37PM - 5:08PMJyeshtha* Until 1:09AM Wed
Vyaghata* Until 11:42AM
Gara Until 1:17AM Wed
Panchami Until 12:03PMGanesh: White Sunrise: 6:29AM
Muruga: White Sunset: 6:40PM
Nataraja: Purple
Moon - Orange
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 358
Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase**Devaloka Day****5 Wednesday, April 8, 2026**

Dhanu Rasi: 2:19 Tithi 21 - 22

Routine Work Marana Yoga

Until 4:12AM Thu

Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam
Mula* Nakshatra Varayan/Parigha* Yoga Vanija/Visli* Karana Shashthi/Saptamam TitauGulika 11:03AM - 12:34PM
Yama 8:00AM - 9:31AM
Rahu 12:34PM - 2:05PMMula* Until 4:12AM Thu
Varayan Until 12:33PM
Visli Until 3:40AM Thu
Shashthi* Until 2:28PMGanesh: Yellow Sunrise: 6:29AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Light Blue
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 359
Vasavasa 5:17
Moon 4 - Phase 49 - 1st Phase**Bhuloka Day**
Devaloka Time: 9AM to 12PM**6 Thursday, April 9, 2026**

Dhanu Rasi: 14:13 Tithi 22 - 23

Creative Work Siddha Yoga

Until 6:53AM Fri

Then Routine Work - Marana Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Caru Vasara Yuktayam
Purvashadha* Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam TitauGulika 9:31AM - 11:02AM
Yama 6:28AM - 8:00AM
Rahu 2:05PM - 3:37PMPurvashadha* Until 6:53AM Fri
Parigha* Until 1:21PM
Balava Until 5:49AM Fri
Saptami Until 4:46PMGanesh: Yellow Sunrise: 6:28AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Light Blue
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 360
Vasavasa 5:17
Moon 4 - Phase 49 - 6 1st Phase**Bhuloka Day**
Devaloka Time: 9AM to 12PM**Friday, April 10, 2026****Retreat Star**

Dhanu Rasi: 26:13 Tithi 23

Routine Work Prabalatarisha Yoga

Until 6:53AM

Then Routine Work - Marana Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava Karana Ashthamam TitauGulika 7:59AM - 9:31AM
Yama 3:36PM - 5:08PM
Rahu 11:02AM - 12:34PMPurvashadha* Until 6:53AM
Shiva Until 1:56PM
Kaulava Until 6:43PM
Ashlami* Until 6:43PMGanesh: Yellow Sunrise: 6:28AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Light Blue
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 361
Vasavasa 5:17
Moon 4 - Phase 49 - 7
Ashtami**Bhuloka Day**
Devaloka Time: 9AM to 12PM**Saturday, April 11, 2026****Retreat Star**

Makara Rasi: 8:23 Tithi 24

Routine Work Marana Yoga

Until 8:57AM

Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam TitauGulika 6:28AM - 7:59AM
Yama 2:05PM - 3:36PM
Rahu 9:30AM - 11:02AMUttarashadha Until 8:57AM
Siddha Until 2:05PM
Taitila Until 7:32AM
Navam* Until 8:08PMGanesh: Yellow Sunrise: 6:28AM
Muruga: White Sunset: 6:39PM
Nataraja: Purple
Moon - Light Blue
Chaitra-PanguniPort Harcourt, Nigeria
Sutra 362
Vasavasa 5:17
Moon 4 - Phase 49 - 8
Navami**Bhuloka Day**
Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Bharu Vesara Yuktayam Port Harcourt, Nigeria Shravana/Dhanishtha Nakshatra Sadhya/Sudha Yoga Vanja/Visti' Karana Dashamyam Titau Sun 9 Sutra 363			
Makara Rasi: 20.5	Tithi 25	Gulika 3:36PM - 5:07PM	Shravana Until 10:44AM	Ganesha: Blue Sunrise: 6:27AM	Vasavasu 5:17
		Yama 12:33PM - 2:04PM	Sadhya Until 1:44PM	Muruga: White Sunset: 6:39PM	Moon 4 - Phase 50 - 2nd Phase
Creative Work Amrita Yoga		193758678 Rahu 5:07PM - 6:39PM	Vanija Until 8:36AM	Nataraja: Purple	
Until 10:44AM			Dashami Until 8:50PM	Moon - Purple Chaitra-Panguni	Devaloka Day
Then Routine Work - Marana Yoga					

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshе Indu Vesara Yuktayam Port Harcourt, Nigeria Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 364			
Kumbha Rasi: 3.37	Tithi 26	Gulika 2:04PM - 3:36PM	Dhanishtha Until 11:35AM	Ganesha: Blue Sunrise: 6:27AM	Vasavasu 5:17
Family Home Evening		Yama 11:01AM - 12:33PM	Subha Until 12:47PM	Muruga: White Sunset: 6:39PM	Moon 4 - Phase 50 - 10 2nd Phase
Creative Work Siddha Yoga		193758678 Rahu 7:58AM - 9:30AM	Bava Until 8:53AM	Nataraja: Purple	
			Ekadashi* Until 8:42PM	Moon - Purple Chaitra-Panguni	Devaloka Day

3 Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Pakshе Margala Vesara Yuktayam Port Harcourt, Nigeria Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvadasyam Titau Sun 11 Sutra 1			
Kumbha Rasi: 16.5	Tithi 27	Gulika 12:32PM - 2:04PM	Shatabhishak Until 11:28AM	Ganesha: Blue Sunrise: 6:26AM	Parabhava 5:18
		Yama 9:29AM - 11:01AM	Sukla Until 11:09AM	Muruga: White Sunset: 6:38PM	Moon 4 - Phase 50 - 11 2nd Phase
Creative Work	Marana Yoga	294758678 Rahu 3:36PM - 5:07PM	Kaulava Until 8:21AM	Nataraja: Purple	
Routine Work			Dvadashi* Until 7:45PM	Moon - Purple Chaitra-Chaitra	Bhuloka Day
		Tamil New Year			

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Pakshе Budha Vesara Yuktayam Port Harcourt, Nigeria Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 2			
Meena Rasi: 0.29	Tithi 28	Gulika 11:01AM - 12:32PM	Puravroshthapada* Until 10:53AM	Ganesha: White Sunrise: 6:26AM	Parabhava 5:18
		Yama 7:58AM - 9:29AM	Brahma Until 8:54AM	Muruga: White Sunset: 6:38PM	Moon 4 - Phase 50 - 12 2nd Phase
Creative Work Amrita Yoga		214758678 Rahu 12:32PM - 2:04PM	Gara Until 7:00AM	Nataraja: Purple	
Until 10:53AM			Trayodashi* Until 6:03PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Then Creative Work - Siddha Yoga					

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Pakshе Guru Vesara Yuktayam Port Harcourt, Nigeria Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Chatuspada* Karana Chalurdashi/Amavasyayam Titau Sun 13 Sutra 3			
Meena Rasi: 14.35	Tithi 29 - 30	Gulika 9:29AM - 11:00AM	Utarproshthapada Until 9:28AM	Ganesha: Yellow Sunrise: 6:26AM	Parabhava 5:18
		Yama 6:26AM - 7:57AM	Indra Until 6:06AM	Muruga: White Sunset: 6:38PM	Moon 4 - Phase 50 - 13 2nd Phase
Creative Work Siddha Yoga		214858678 Rahu 2:04PM - 3:35PM	Chatuspada Until 2:21AM Fri	Nataraja: Purple	
Until 7:22AM			Chalurdashi* Until 3:42PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Then Creative Work - Siddha Yoga					Devaloka Time: 9AM to 12PM

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Pakshе Sukra Vesara Yuktayam Port Harcourt, Nigeria Revati/Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasyayam Titau Sun 14 Sutra 4			
Meena Rasi: 29.04	Tithi 30 - 1	Gulika 7:57AM - 9:28AM	Revati Until 7:22AM	Ganesha: Yellow Sunrise: 6:25AM	Parabhava 5:18
		Yama 3:35PM - 5:07PM	Vishkambha* Until 11:13PM	Muruga: White Sunset: 6:38PM	Moon 4 - Phase 50 - 14 Amavasya
Creative Work Siddha Yoga		214858678 Rahu 11:00AM - 12:32PM	Kintughna Until 11:19PM	Nataraja: Purple	
Until 7:22AM			Amavasya* Until 12:51PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 9AM to 12PM

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Pakshе Manta Vesara Yuktayam Port Harcourt, Nigeria Bharani Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 5			
Mesha Rasi: 13.5	Tithi 1 - 2	Gulika 6:25AM - 7:57AM	Bharani Until 2:39AM Sun	Ganesha: Red Sunrise: 6:25AM	Parabhava 5:18
		Yama 2:03PM - 3:35PM	Pili Until 7:25PM	Muruga: White Sunset: 6:38PM	Moon 4 - Phase 50 - 15 Prathama
Creative Work Siddha Yoga		224858678 Rahu 9:28AM - 11:00AM	Balava Until 8:02PM	Nataraja: Purple	
			Prathama* Until 9:41AM	Moon - White Vaisaka-Chaitra	Bhuloka Day
					Devaloka Time: 9AM to 12PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1	Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Bhanu Vesara Yukhtayam		Port Harcourt, Nigeria	
	Kritika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Dvitya/Tritiyayam Tilau		Kritika Until 11:58PM		Sun 16 Sutra 6	
	Mesha Rasi: 28.44	Tilthi 2 – 3	Gulika 3:35PM – 5:06PM Yama 12:31PM – 2:03PM	Kritika Until 11:58PM Ayushman Until 3:31PM Gara Until 3:00AM Mon	Ganesh: Red Sunrise: 6:25AM Muruga: White Sunset: 6:38PM	Parabhava 5:128 Moon 4 - Phase 1 - 16 3rd Phase
	Creative Work	Siddha Yoga	244858678 Rahu 5:06PM – 6:38PM	Dvitya Until 6:21AM	Nataraja: Purple Moon - White Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM

2	Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Indu Vesara Yukhtayam		Port Harcourt, Nigeria	
	Rohini Nakshatra Saubhagya/Sobhana Yoga Vanja/Visli* Karana Chalurthyam Tilau		Rohini Until 9:40PM		Sun 17 Sutra 7	
	Wishabha Rasi: 13.39	Tilthi 4	Gulika 2:03PM – 3:34PM Yama 9:27AM – 10:59AM	Rohini Until 9:40PM Saubhagya Until 11:41AM Vanija Until 1:24PM	Ganesh: Yellow Sunrise: 6:24AM Muruga: White Sunset: 6:38PM	Parabhava 5:128 Moon 4 - Phase 1 - 17 3rd Phase
	Family Home Evening	Amrita Yoga	244858678 Rahu 7:56AM – 9:28AM	Chalurthi* Until 11:49PM	Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM

3	Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Mangala Vesara Yukhtayam		Port Harcourt, Nigeria	
	Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchmyam Tilau		Mrigashira Until 7:31PM		Sun 18 Sutra 8	
	Wishabha Rasi: 28.26	Tilthi 5	Gulika 12:31PM – 2:03PM Yama 9:27AM – 10:59AM	Mrigashira Until 7:31PM Sobhana Until 8:03AM Bava Until 10:20AM	Ganesh: Yellow Sunrise: 6:24AM Muruga: White Sunset: 6:38PM	Parabhava 5:128 Moon 4 - Phase 1 - 18 3rd Phase
	Creative Work	Siddha Yoga	244858678 Rahu 3:34PM – 5:06PM	Panchami Until 8:54PM	Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM

4	Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Budha Vesara Yukhtayam		Port Harcourt, Nigeria	
	Ardra/Punarvasu Nakshatra Sukama Yoga Kaulava/Tailika Karana Shashthyam Tilau		Ardra Until 5:37PM		Sun 19 Sutra 9	
	Mithuna Rasi: 12.59	Tilthi 6	Gulika 10:59AM – 12:31PM Yama 7:55AM – 9:27AM	Ardra Until 5:37PM Sukama Until 1:38AM Thu Kaulava Until 7:36AM	Ganesh: Yellow Sunrise: 6:24AM Muruga: White Sunset: 6:38PM	Parabhava 5:128 Moon 4 - Phase 1 - 19 3rd Phase
	Creative Work	Siddha Yoga	244858678 Rahu 12:31PM – 2:02PM	Shashthi* Until 6:23PM	Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM

5	Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Guru Vesara Yukhtayam		Port Harcourt, Nigeria	
	Punarvasu/Pushya Nakshatra Dhriti Yoga Vanja/Visli* Karana Saptami/Ashtmyam Tilau		Punarvasu Until 4:29PM		Sun 20 Sutra 10	
	Mithuna Rasi: 27.13	Tilthi 7 – 8	Gulika 9:27AM – 10:59AM Yama 6:23AM – 7:55AM	Punarvasu Until 4:29PM Dhriti Until 11:03PM Visli Until 3:35AM Fri	Ganesh: White Sunrise: 6:23AM Muruga: White Sunset: 6:38PM	Parabhava 5:128 Moon 4 - Phase 1 - 20 3rd Phase
	Creative Work	Amrita Yoga	244858678 Rahu 2:02PM – 3:34PM	Saptami Until 4:22PM	Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Devaloka Day

D	Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Sukra Vesara Yukhtayam		Port Harcourt, Nigeria	
	Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navmyam Tilau		Pushya Until 3:45PM		Sun 21 Sutra 11	
	Kataka Rasi: 11.07	Tilthi 8 – 9	Gulika 7:55AM – 9:27AM Yama 3:34PM – 5:06PM	Pushya Until 3:45PM Shula* Until 8:53PM Balava Until 2:24AM Sat	Ganesh: White Sunrise: 6:23AM Muruga: White Sunset: 6:37PM	Parabhava 5:128 Moon 4 - Phase 1 - 21 Ashtami
	Routine Work	Marana Yoga	244858678 Rahu 10:58AM – 12:30PM	Ashlami* Until 2:54PM	Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Devaloka Day

S	Saturday, April 25, 2026		Parabhava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Manta Vesara Yukhtayam		Port Harcourt, Nigeria	
	Ashlesha/Magha* Nakshatra Ganda* Yoga Kaulava/Tailika Karana Navami/Dashmyam Tilau		Ashlesha* Until 3:26PM		Sun 22 Sutra 12	
	Kataka Rasi: 24.4	Tilthi 9 – 10	Gulika 6:23AM – 7:54AM Yama 2:02PM – 3:34PM	Ashlesha* Until 3:26PM Ganda* Until 7:12PM Tailika Until 1:46AM Sun	Ganesh: White Sunrise: 6:23AM Muruga: White Sunset: 6:37PM	Parabhava 5:128 Moon 4 - Phase 1 - 22 Navami
	Routine Work	Marana Yoga	244858679 Rahu 9:26AM – 10:58AM	Navami* Until 2:00PM	Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sivaloka Day

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Sunday, April 26, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Suko Paksho Bhanu Vasanara Yukatayam Magha/Puravaphalguni Nakshatra Viddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Edashyam Titau				Port Harcourt, Nigeria Sun 23 Sufra 13	
Simha Rasi: 7.55	Tithi 10 - 11	Gulika 3:34PM - 5:05PM	Magha* Untill 3:57PM	Ganesh: Clear	Sunrise: 6:20AM	Parabhava 5128	
		Yama 12:30PM - 2:02PM	Viddhi Untill 5:57PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 23	
		254858679 Rahu 5:05PM - 6:37PM	Vanija Untill 1:41AM Mon	Nataraja: Clear		4th Phase	
Routine Work - Marana Yoga			Dashami Untill 1:39PM	Moon - Red		Devaloka Day	
Untill 3:57PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

2 Monday, April 27, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Suko Paksho Indru Usara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visi/Bava Karana Ekadashi/Dvadasyam Titau				Port Harcourt, Nigeria Sun 24 Sufra 14	
Simha Rasi: 20.53	Tithi 11 - 12	Gulika 2:02PM - 3:33PM	Purvaphalguni Untill 4:49PM	Ganesh: Purple	Sunrise: 6:20AM	Parabhava 5128	
Family Home Evening		Yama 10:58AM - 12:30PM	Dhruva Untill 5:04PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 24	
		255858679 Rahu 7:54AM - 9:26AM	Bava Untill 2:04AM Tue	Nataraja: Clear		4th Phase	
Creative Work - Siddha Yoga			Ekadashi Untill 1:48PM	Moon - Red		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	

3 Tuesday, April 28, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Suko Paksho Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sufra 15	
Kanya Rasi: 3.38	Tithi 12 - 13	Gulika 12:30PM - 2:01PM	Uttaraphalguni Untill 5:57PM	Ganesh: Purple	Sunrise: 6:20AM	Parabhava 5128	
		Yama 9:26AM - 10:58AM	Vyaghata* Untill 4:33PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 25	
		255858679 Rahu 3:33PM - 5:05PM	Kaulava Untill 2:53AM Wed	Nataraja: Clear		4th Phase	
Creative Work - Amrita Yoga			Dvadashi Untill 2:24PM	Moon - Red		Bhuloka Day	
Untill 5:57PM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	
Then Creative Work - Siddha Yoga							

4 Wednesday, April 29, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Suko Paksho Budha Vasara Yuktayam Hasta Nakshatra Harshana/Naja* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sufra 16	
Kanya Rasi: 16.11	Tithi 13 - 14	Gulika 10:57AM - 12:29PM	Hasla Untill 7:47PM	Ganesh: Clear	Sunrise: 6:21AM	Parabhava 5128	
		Yama 7:53AM - 9:25AM	Harshana Untill 4:22PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 26	
		265858679 Rahu 12:29PM - 2:01PM	Gara Untill 4:04AM Thu	Nataraja: Clear		4th Phase	
Routine Work - Marana Yoga			Trayodashi Untill 3:25PM	Moon - Green		Devaloka Day	
Untill 7:47PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

5 Thursday, April 30, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Suko Paksho Guru Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Vanija/Vesi* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sufra 17	
Kanya Rasi: 28.34	Tithi 14 - 15	Gulika 9:25AM - 10:57AM	Chitra Untill 9:48PM	Ganesh: Clear	Sunrise: 6:21AM	Parabhava 5128	
		Yama 6:21AM - 7:53AM	Vajra* Untill 4:25PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - 27	
		265858679 Rahu 2:01PM - 3:33PM	Visi Untill 5:35AM Fri	Nataraja: Clear		4th Phase	
Creative Work - Siddha Yoga			Chaturdashi* Untill 4:46PM	Moon - Green		Devaloka Day	
Untill 9:48PM				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

Friday, May 1, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Suko Paksho Sukra Vasara Yuktayam Svati Nakshatra Siddhi/Vyjalpala* Yoga Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sufra 18	
Copper Retreat Star		Gulika 7:53AM - 9:25AM	Svati Untill 11:56PM	Ganesh: Clear	Sunrise: 6:21AM	Parabhava 5128	
Tula Rasi: 10.5	Tithi 15	Yama 3:33PM - 5:05PM	Siddhi Untill 4:43PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - Purnima	
		265858679 Rahu 10:57AM - 12:29PM	Bava Untill 6:26PM	Nataraja: Clear			
Creative Work - Siddha Yoga			Purnima* Untill 6:26PM	Moon - Green		Devaloka Day	
				Vaisaka-Chaitra			
		Budha Purnima (Tamil Nadu)					

Saturday, May 2, 2026		Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mese Krishna Paksho Manita Vasara Yuktayam Vishakha Nakshatra Vyjalpata*/Varjan Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sufra 19	
Silver Retreat Star		Gulika 6:21AM - 7:53AM	Vishakha Untill 2:40AM Sun	Ganesh: White	Sunrise: 6:21AM	Parabhava 5128	
Tula Rasi: 22.58	Tithi 16	Yama 2:01PM - 3:33PM	Vyjalpata* Untill 5:15PM	Muruga: White	Sunset: 6:39PM	Moon 4 - Phase 2 - Prathama	
		275858679 Rahu 9:25AM - 10:57AM	Balava Untill 7:24AM	Nataraja: Clear			
Creative Work - Siddha Yoga			Prathama* Untill 8:23PM	Moon - Orange		Bhuloka Day	
Untill 2:40AM Sun				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	
Then Routine Work - Marana Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for on 12/20/23

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