

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 13.13 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 7:34PM
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Інду Васара Уктыяям Stockholm, Sweden
 Svati Nakshatra Vajra* Yoga Talila/Gara Karana Dvityayam Titau Sutra 364

Gulika 1:37PM - 3:25PM
Yama 10:01AM - 11:49AM
Rahu 6:24AM - 8:13AM
Tamil New Year
Svati Until 7:34PM
Vajra* Until 6:07PM
Tailila Until 5:16PM
Dvitiya Until 6:28AM Tue

Ganesh: Yellow Sunrise: 4:38AM
Muruga: Clear Sunset: 7:09PM
Nataraja: Clear
 Moon - Green
Chaitra-Chaitra
Devaloka Day
 Vasavasu 5:127
 Moon 4 - Phase 1 - 1st Phase

1**Tuesday, April 15, 2025**

Tula Rasi: 25.04 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 10:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Mangala Vasara Uктыяям Stockholm, Sweden
 Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvityayam Titau Sun 1 Sutra 1

Gulika 11:49AM - 1:37PM
Yama 8:12AM - 10:00AM
Rahu 3:26PM - 5:14PM
Vishakha Until 10:40PM
Siddhi Until 7:01PM
Vanija Until 7:41PM
Dvitiya Until 6:28AM

Ganesh: Blue Sunrise: 4:35AM
Muruga: Clear Sunset: 7:09PM
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra
Bhuloka Day
 Devaloka Time: 3PM to 6PM
 Vasavasu 5:127
 Moon 4 - Phase 1 - 1st Phase

2**Wednesday, April 16, 2025**

Vischika Rasi: 6.58 Tithi 18 - 19
 Creative Work Siddha Yoga
 Until 1:24AM Thu
 Then Routine Work - Prabarishtha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Batha Vasara Uктыяям Stockholm, Sweden
 Anuradha Nakshatra Vyatipata* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau Sun 2 Sutra 2

Gulika 9:59AM - 11:48AM
Yama 6:21AM - 8:10AM
Rahu 11:48AM - 1:38PM
Anuradha Until 1:24AM Thu
Vyatipata* Until 7:47PM
Bava Until 9:55PM
Tritiya Until 8:49AM

Ganesh: Blue Sunrise: 4:22AM
Muruga: Clear Sunset: 7:09PM
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra
Bhuloka Day
 Devaloka Time: 3PM to 6PM
 Vasavasu 5:127
 Moon 4 - Phase 1 - 2 1st Phase

3**Thursday, April 17, 2025**

Vischika Rasi: 18.58 Tithi 19 - 20
 Routine Work Prabarishtha Yoga
 Until 3:40AM Fri
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Guru Vasara Uктыяям Stockholm, Sweden
 Jyeshtha* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sun 3 Sutra 3

Gulika 8:09AM - 9:58AM
Yama 4:29AM - 6:19AM
Rahu 1:38PM - 3:28PM
Jyeshtha* Until 3:40AM Fri
Varjyan Until 8:17PM
Kaulava Until 11:51PM
Chaturthi* Until 10:54AM

Ganesh: Blue Sunrise: 4:29AM
Muruga: Clear Sunset: 7:09PM
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra
Bhuloka Day
 Devaloka Time: 3PM to 6PM
 Vasavasu 5:127
 Moon 4 - Phase 1 - 3 1st Phase

4**Friday, April 18, 2025**

Dhanus Rasi: 1.05 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 5:51AM Sat
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Sukra Vasara Uктыяям Stockholm, Sweden
 Mula* Nakshatra Parigha* Yoga Talila/Gara Karana Panchami/Shashtham Titau Sun 4 Sutra 4

Gulika 6:17AM - 8:07AM
Yama 3:29PM - 5:19PM
Rahu 9:58AM - 11:48AM
Mula* Until 5:51AM Sat
Parigha* Until 8:31PM
Gara Until 1:22AM Sat
Panchami Until 12:39PM

Ganesh: Red Sunrise: 4:26AM
Muruga: Clear Sunset: 7:10PM
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day
 Vasavasu 5:127
 Moon 4 - Phase 1 - 4 1st Phase

5**Saturday, April 19, 2025**

Dhanus Rasi: 13.24 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 7:20AM Sun
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Manita Vasara Uктыяям Stockholm, Sweden
 Purvashadha* Nakshatra Shiva Yoga Vanja/Visti* Karana Shashthi/Saptamam Titau Sun 5 Sutra 5

Gulika 4:24AM - 6:15AM
Yama 1:39PM - 3:30PM
Rahu 8:06AM - 9:57AM
Purvashadha* Until 7:20AM Sun
Shiva Until 8:23PM
Visti Until 2:22AM Sun
Shashthi* Until 1:55PM

Ganesh: Red Sunrise: 4:24AM
Muruga: Clear Sunset: 7:12PM
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day
 Vasavasu 5:127
 Moon 4 - Phase 1 - 5 1st Phase

D**Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 25.56 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 7:20AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Bhanu Vasara Uктыяям Stockholm, Sweden
 Purvashadha* Nakshatra Shiva Yoga Vanja/Visti* Karana Saptami/Akshamam Titau Sun 6 Sutra 6

Gulika 3:31PM - 5:23PM
Yama 11:48AM - 1:39PM
Rahu 5:23PM - 7:14PM
Purvashadha* Until 7:20AM
Siddha Until 7:44PM
Balava Until 2:42AM Mon
Saptami Until 2:36PM

Ganesh: Red Sunrise: 4:21AM
Muruga: Clear Sunset: 7:14PM
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day
 Vasavasu 5:127
 Moon 4 - Phase 1 - 6 Ashtami

Monday, April 21, 2025**Retreat Star**

Makara Rasi: 8.48 Tithi 23 - 24
Family Home Evening
 Routine Work Marana Yoga
 Until 8:02AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Меса Крішна Пакше Indu Vasara Uктыяям Stockholm, Sweden
 Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamam Titau Sun 7 Sutra 7

Gulika 1:40PM - 3:32PM
Yama 9:55AM - 11:47AM
Rahu 6:10AM - 8:03AM
Uttarashadha Until 8:02AM
Sadya Until 6:32PM
Tailila Until 2:19AM Tue
Ashlami* Until 2:35PM

Ganesh: Red Sunrise: 4:18AM
Muruga: Clear Sunset: 7:17PM
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day
 Vasavasu 5:127
 Moon 4 - Phase 1 - 7 Navami

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Stockholm, Sweden on 12/20/23

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1 Tuesday, April 22, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Krishna Paksha: Mangala Vasara Yuktyayam Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Varija Karana Navami/Dashamam Titau				Stockholm, Sweden Sun 8 Sutra 8
Makara Rasi: 22.02 Tithi 24 – 25 Creative Work Siddha Yoga	293298578	Gulika Yama Rahu	11:47AM – 1:40PM 8:01AM – 9:54AM 3:33PM – 5:26PM	Shravana Until 8:18AM Subha Until 4:46PM Vanija Until 1:10AM Wed Navami* Until 1:49PM	Ganesh: Green Muruga: Clear Nataraja: Clear Moon - Purple Chaitra-Chaitra	Sunrise: 4:55AM Sunset: 7:19PM Moon 4 - Phase 2 - 8 2nd Phase
		Bhuloka Day Devaloka Time: 3PM to 6PM				

2 Wednesday, April 23, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Krishna Paksha: Bahu Vasara Yuktyayam Dhanishtha/Shukrabhishak Nakshatra Sukla/Brahma Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 9
Kumbha Rasi: 5.41 Tithi 25 – 26 Routine Work Prabalarishtha Yoga Until 7:40AM Then Creative Work - Siddha Yoga	293298578	Gulika Yama Rahu	9:53AM – 11:47AM 6:06AM – 8:00AM 11:47AM – 1:41PM	Dhanishtha Until 7:40AM Sukla Until 2:21PM Bava Until 11:16PM Dashami Until 12:17PM	Ganesh: Green Muruga: Clear Nataraja: Clear Moon - Purple Chaitra-Chaitra	Sunrise: 4:12AM Sunset: 7:19PM Moon 4 - Phase 2 - 9 2nd Phase
		Bhuloka Day Devaloka Time: 3PM to 6PM				

3 Thursday, April 24, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Krishna Paksha: Guru Vasara Yuktyayam Shatabhishak/Punvrosarthpada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 10
Kumbha Rasi: 19.48 Tithi 26 – 27 Creative Work Siddha Yoga	293298579	Gulika Yama Rahu	7:58AM – 9:52AM 4:10AM – 6:04AM 1:41PM – 3:35PM	Shatabhishak Until 6:10AM Brahma Until 11:23AM Kaulava Until 8:43PM Ekadashi* Until 10:03AM	Ganesh: Green Muruga: Clear Nataraja: Purple Moon - Purple Chaitra-Chaitra	Sunrise: 4:10AM Sunset: 7:29PM Moon 4 - Phase 2 - 10 2nd Phase
		Devaloka Day				

4 Friday, April 25, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Krishna Paksha: Sukra Vasara Yuktyayam Uttaraprosarthpada Nakshatra Indra/Vaidhiti* Yoga Tailla/Varija Karana Dvadashi/Troydashyam Titau				Stockholm, Sweden Sun 11 Sutra 11
Meena Rasi: 4.2 Tithi 27 – 28 Creative Work Siddha Yoga Until 1:52AM Sat Then Routine Work - Prabalarishtha Yoga	213298579	Gulika Yama Rahu	6:02AM – 7:57AM 3:36PM – 5:31PM 9:52AM – 11:47AM	Uttaraprosarthpada Until 1:52AM Sat Indra Until 7:57AM Vanija Until 3:54AM Sat Dvadashi* Until 7:13AM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Clear Chaitra-Chaitra	Sunrise: 4:07AM Sunset: 7:29PM Moon 4 - Phase 2 - 11 2nd Phase
		Pradosha Vata (Fasting)				
		Devaloka Day				

5 Saturday, April 26, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Krishna Paksha: Manu Vasara Yuktyayam Revati Nakshatra Vishkambha* Yoga Visi*/Isakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 12
Meena Rasi: 19.14 Tithi 29 Routine Work Prabalarishtha Yoga Until 10:56PM Then Creative Work - Siddha Yoga	213298579	Gulika Yama Rahu	4:04AM – 6:00AM 1:42PM – 3:37PM 7:55AM – 9:51AM	Revati Until 10:56PM Vishkambha* Until 11:59PM Visi Until 2:08PM Chaturdashi* Until 12:16AM Sun	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Clear Chaitra-Chaitra	Sunrise: 4:04AM Sunset: 7:29PM Moon 4 - Phase 2 - 12 2nd Phase
		Devaloka Day				

Sunday, April 27, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Krishna Paksha: Bharu Vasara Yuktyayam Ashvini Nakshatra Pili Yoga Catuspada* Naaga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 13
Retreat Star Mesha Rasi: 4.23 Tithi 30 Creative Work Siddha Yoga Until 8:05PM Then Routine Work - Prabalarishtha Yoga	224298579	Gulika Yama Rahu	3:39PM – 5:35PM 11:46AM – 1:42PM 5:35PM – 7:31PM	Ashvini Until 8:05PM Pili Until 7:45PM Catuspada Until 10:24AM Amavasya* Until 8:29PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White Chaitra-Chaitra	Sunrise: 4:01AM Sunset: 7:31PM Moon 4 - Phase 2 - 13 Amavasya
		Sivaloka Day				

Monday, April 28, 2025		Viswasa Nama Samvatsara Uтарыягe Naratara Ritau Mesha Mase Sukla Paksha: Indu Vasara Yuktyayam Bharani/Kriatika Nakshatra Agushman/Saadhya Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Stockholm, Sweden Sun 14 Sutra 14
Retreat Star Mesha Rasi: 19.37 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga Until 5:06PM Then Routine Work - Marana Yoga	224298579	Gulika Yama Rahu	1:43PM – 3:40PM 9:49AM – 1:42PM 5:56AM – 7:52AM	Bharani Until 5:06PM Ayushman Until 3:30PM Kintughna Until 6:35AM Prathama* Until 4:41PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White Vaisaka-Chaitra	Sunrise: 3:59AM Sunset: 7:33PM Moon 4 - Phase 2 - 14 Prathama
		Sivaloka Day				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Манга Васара Yuktayam Kritika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kauwala/Taila Karana Dvitya/Tritiyam Titau				Stockholm, Sweden
Wishabha Rasi: 4.47	Tilthi 2 - 3	Gulika 11:46AM - 1:43PM	Kritika Until 2:10PM	Ganesh: Orange	Sunrise: 3:56AM	Sun 15 Sutra 15 Viswasa 5:17
		Yama 7:51AM - 9:48AM	Saubhagya Until 11:23AM	Muruga: Clear	Sunset: 7:36PM	Moon 4 - Phase 3 - 15 3rd Phase
Creative Work	Siddha Yoga	244298579 Rahu 3:41PM - 5:38PM	Taila Until 11:23PM	Nataraja: Purple		
Until 2:10PM			Dvitya Until 1:03PM	Moon - White		Sivaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra		

2 Wednesday, April 30, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Бадха Васара Yuktayam Rohini/Migashira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Stockholm, Sweden
Wishabha Rasi: 19.44	Tilthi 3 - 4	Gulika 9:48AM - 11:46AM	Rohini Until 11:50AM	Ganesh: Clear	Sunrise: 3:53AM	Sun 16 Sutra 16 Viswasa 5:17
		Yama 5:52AM - 7:50AM	Sobhana Until 7:33AM	Muruga: Clear	Sunset: 7:39PM	Moon 4 - Phase 3 - 16 3rd Phase
Creative Work	Siddha Yoga	234298579 Rahu 11:46AM - 1:44PM	Vanija Until 8:19PM	Nataraja: Purple		
			Tritiya Until 9:46AM	Moon - Yellow		Sivaloka Day
		Akshaya Tritiya		Vaisaka-Chaitra		

3 Thursday, May 1, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Guru Vasara Yuktayam Migashira/Ardra Nakshatra Sukama Yoga Vesi*/Balava Karana Chaturthi/Panchamam Titau				Stockholm, Sweden
Mithuna Rasi: 4.2	Tilthi 4 - 5	Gulika 7:48AM - 9:47AM	Migashira Until 9:53AM	Ganesh: Purple	Sunrise: 3:51AM	Sun 17 Sutra 17 Viswasa 5:17
		Yama 3:51AM - 5:50AM	Sukama Until 1:09AM Fri	Muruga: Clear	Sunset: 7:40PM	Moon 4 - Phase 3 - 17 3rd Phase
Routine Work	Marana Yoga	234398579 Rahu 1:44PM - 3:43PM	Balava Until 4:49AM Fri	Nataraja: Purple		
			Chaturthi* Until 6:58AM	Moon - Yellow		Devaloka Day
				Vaisaka-Chaitra		

4 Friday, May 2, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhrivi Yoga Kauwala/Taila Karana Shashthi/Panchamam Titau				Stockholm, Sweden
Mithuna Rasi: 18.29	Tilthi 6	Gulika 5:48AM - 7:47AM	Ardra Until 8:27AM	Ganesh: Purple	Sunrise: 3:48AM	Sun 18 Sutra 18 Viswasa 5:17
		Yama 3:44PM - 5:44PM	Dhrivi Until 10:50PM	Muruga: Clear	Sunset: 7:43PM	Moon 4 - Phase 3 - 18 3rd Phase
Creative Work	Siddha Yoga	234398579 Rahu 9:46AM - 11:46AM	Kauwala Until 4:02PM	Nataraja: Purple		
			Shashthi* Until 3:24AM Sat	Moon - Yellow		Devaloka Day
				Vaisaka-Chaitra		

5 Saturday, May 3, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamam Titau				Stockholm, Sweden
Kataka Rasi: 2.1	Tilthi 7	Gulika 3:46AM - 5:46AM	Punarvasu Until 8:04AM	Ganesh: Clear	Sunrise: 3:46AM	Sun 19 Sutra 19 Viswasa 5:17
		Yama 1:45PM - 3:45PM	Shula* Until 9:09PM	Muruga: Clear	Sunset: 7:45PM	Moon 4 - Phase 3 - 19 3rd Phase
Creative Work	Siddha Yoga	244398579 Rahu 7:46AM - 9:45AM	Gara Until 3:02PM	Nataraja: Purple		
			Saptami Until 2:50AM Sun	Moon - Blue		Sivaloka Day
				Vaisaka-Chaitra		

Sunday, May 4, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vesi*/Bava Karana Ashtamam Titau				Stockholm, Sweden
Retreat Star		Gulika 3:46PM - 5:47PM	Pushya Until 8:22AM	Ganesh: Clear	Sunrise: 3:43AM	Sun 20 Sutra 20 Viswasa 5:17
Kataka Rasi: 15.22	Tilthi 8	Yama 11:45AM - 1:46PM	Ganda* Until 8:09PM	Muruga: Clear	Sunset: 7:48PM	Moon 4 - Phase 3 - 20 Ashtami
Creative Work	Siddha Yoga	244398579 Rahu 5:47PM - 7:48PM	Vesi Until 2:53PM	Nataraja: Purple		
			Ashtami* Until 3:06AM Mon	Moon - Blue		Sivaloka Day
				Vaisaka-Chaitra		

Monday, May 5, 2025		Viswasa Nama Samvatsare Uтарыны Нарана Рйтау Меша Месе Сабла Пакше Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Viddhi Yoga Balava/Kauwala Karana Navamam Titau				Stockholm, Sweden
Retreat Star		Gulika 1:46PM - 3:48PM	Ashlesha* Until 9:20AM	Ganesh: Clear	Sunrise: 3:40AM	Sun 21 Sutra 21 Viswasa 5:17
Kataka Rasi: 28.1	Tilthi 9	Yama 9:44AM - 11:45AM	Viddhi Until 7:48PM	Muruga: Red	Sunset: 7:50PM	Moon 4 - Phase 3 - 21 Navami
Family Home Evening	Siddha Yoga	244318579 Rahu 5:42AM - 7:43AM	Balava Until 3:33PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Navami* Until 4:09AM Tue	Moon - Blue		Sivaloka Day
Until 9:20AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1 Tuesday, May 6, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Сукіа Пакше Мангал Ваsара Yuktayam Stockholm, Sweden			
		Magha/Purvaphalguni Nakshatra Dhruva Yoga Talita/Gara Karana Ekadashyam Titau Sun 22 Sufra 22			
Simha Rasi: 11	Tithi 10	Gulika 11:45AM - 1:47PM	Magha* Until 11:20AM	Ganesha: White Sunrise: 3:38AM	Vasvasu 5:127
		Yama 7:42AM - 9:43AM	Dhruva Until 7:57PM	Muruga: Red Sunset: 7:59PM	Moon 4 - Phase 4 - 23
Creative Work	Siddha Yoga	Rahu 3:49PM - 5:50PM	Tailita Until 4:56PM	Nataraja: Purple	4th Phase
			Dashami Until 5:50AM Wed	Moon - Red	Devaloka Day
				Vaisaka-Chaitra	

2 Wednesday, May 7, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Сукіа Пакше Budha Vasaara Yuktayam Stockholm, Sweden			
		Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau Sun 23 Sufra 23			
Simha Rasi: 22.46	Tithi 11	Gulika 9:43AM - 11:45AM	Purvaphalguni Until 1:46PM	Ganesha: White Sunrise: 3:35AM	Vasvasu 5:127
		Yama 5:38AM - 7:40AM	Vyaghata* Until 8:33PM	Muruga: Red Sunset: 7:59PM	Moon 4 - Phase 4 - 23
Creative Work	Amrita Yoga	Rahu 11:45AM - 1:47PM	Vanija Until 6:54PM	Nataraja: Purple	4th Phase
			Ekadashi Until 8:01AM Thu	Moon - Red	Devaloka Day
				Vaisaka-Chaitra	

3 Thursday, May 8, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Сукіа Пакше Guru Vasara Yuktayam Stockholm, Sweden			
		Uttaraphalguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sufra 24			
Kanya Rasi: 4.44	Tithi 11 - 12	Gulika 7:39AM - 9:42AM	Uttaraphalguni Until 4:27PM	Ganesha: White Sunrise: 3:33AM	Vasvasu 5:127
		Yama 3:33AM - 5:36AM	Harshana Until 9:27PM	Muruga: Red Sunset: 7:59PM	Moon 4 - Phase 4 - 24
	Amrita Yoga	Rahu 1:48PM - 3:51PM	Bava Until 9:15PM	Nataraja: Purple	4th Phase
Until 4:27PM			Ekadashi Until 8:01AM	Moon - Red	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

4 Friday, May 9, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Сукіа Пакше Sukra Vasara Yuktayam Stockholm, Sweden			
		Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sufra 25			
Kanya Rasi: 16.35	Tithi 12 - 13	Gulika 5:34AM - 7:38AM	Hasta Until 7:40PM	Ganesha: Yellow Sunrise: 3:31AM	Vasvasu 5:127
		Yama 3:52PM - 5:56PM	Vajra* Until 10:28PM	Muruga: Red Sunset: 7:59PM	Moon 4 - Phase 4 - 25
Creative Work	Amrita Yoga	Rahu 9:41AM - 11:45AM	Kaulava Until 11:48PM	Nataraja: Purple	4th Phase
Until 7:40PM			Dvadashi Until 10:29AM	Moon - Green	Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	

Pradosha Vata

5 Saturday, May 10, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Сукіа Пакше Manta Vasara Yuktayam Stockholm, Sweden			
		Chitra Nakshatra Siddhi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26			
Kanya Rasi: 28.24	Tithi 13 - 14	Gulika 3:28AM - 5:32AM	Chitra Until 10:47PM	Ganesha: White Sunrise: 3:28AM	Vasvasu 5:127
		Yama 1:49PM - 3:53PM	Siddhi Until 11:31PM	Muruga: Red Sunset: 8:03PM	Moon 4 - Phase 4 - 25
Routine Work	Marana Yoga	Rahu 7:37AM - 9:41AM	Gara Until 2:22AM Sun	Nataraja: Purple	4th Phase
Until 10:47PM			Trayodashi Until 1:04PM	Moon - Green	Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	

6 Sunday, May 11, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Сукіа Пакше Bhanu Vasara Yuktayam Stockholm, Sweden			
		Svati Nakshatra Vyagripata* Yoga Vanija/Visi* Karana Chaturdashy/Purnimayam Titau Sun 27 Sufra 27			
Tula Rasi: 10.13	Tithi 14 - 15	Gulika 3:54PM - 5:59PM	Svati Until 1:39AM Mon	Ganesha: White Sunrise: 3:26AM	Vasvasu 5:127
		Yama 11:45AM - 1:50PM	Vyagripata* Until 12:32AM Mon	Muruga: Red Sunset: 8:04PM	Moon 4 - Phase 4 - 27
Creative Work	Siddha Yoga	Rahu 5:59PM - 8:04PM	Visi Until 4:50AM Mon	Nataraja: Purple	4th Phase
Until 1:39AM Mon			Chaturdashi* Until 3:36PM	Moon - Green	Subha Sivaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

Monday, May 12, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Krishna Pakshi Indu Vasara Yuktayam Stockholm, Sweden			
		Vishakha Nakshatra Vriyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sufra 28			
Tula Rasi: 22.04	Tithi 15 - 16	Gulika 1:50PM - 3:56PM	Vishakha Until 4:40AM Tue	Ganesha: Yellow Sunrise: 3:23AM	Vasvasu 5:127
Family Home Evening		Yama 9:39AM - 11:45AM	Vriyan Until 1:22AM Tue	Muruga: Red Sunset: 8:06PM	Moon 4 - Phase 4 - 27
Routine Work	Marana Yoga	Rahu 5:29AM - 7:34AM	Balava Until 7:07AM Tue	Nataraja: Purple	Purnima
Until 4:40AM Tue			Purnima* Until 5:59PM	Moon - Orange	Sivaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	

Tuesday, May 13, 2025

		Vishvasu Nama Samvatsara Uтарыяне Наратана Рібав Меша Месе Krishna Pakshi Mangala Vasara Yuktayam Stockholm, Sweden			
		Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sufra 29			
Vischika Rasi: 3.59	Tithi 16	Gulika 11:45AM - 1:51PM	Anuradha Until 7:17AM Wed	Ganesha: Yellow Sunrise: 3:21AM	Vasvasu 5:127
		Yama 7:33AM - 9:39AM	Parigha* Until 2:03AM Wed	Muruga: Red Sunset: 8:08PM	Moon 4 - Phase 4 - 27
Creative Work	Siddha Yoga	Rahu 3:57PM - 6:03PM	Balava Until 7:07AM	Nataraja: Purple	Prathama
			Prathama* Until 8:08PM	Moon - Orange	Sivaloka Day
				Vaisaka-Chaitra	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Wednesday, May 14, 2025****Gold Retreat Star**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Бадха Васара Yuktayam Stockholm, Sweden
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Tilau Sun 1 Sufra 30

Wilschika Rasi: 16.01 Tithi 17

Gulika 9:38AM - 11:45AM
Yama 5:25AM - 7:32AM
Rahu 11:45AM - 1:51PM**Anuradha Until 7:17AM**
Shiva Until 2:31AM Thu
Talila Until 9:08AM
Dvitiya Until 10:01PMGanesh: Yellow Sunrise: 3:19AM
Muruga: Red Sunset: 8:11PM
Nataraja: Purple
Moon - Orange
Vaisaka-ValkasiSunrise: 3:19AM
Sunset: 8:11PM
Moon 5 - Phase 5 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day**1 Thursday, May 15, 2025**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Гуну Васара Yuktayam Stockholm, Sweden
Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanja/Vesil* Karana Tritrayayam Tilau Sun 2 Sufra 31

Wilschika Rasi: 28.09 Tithi 18

Gulika 7:31AM - 9:38AM
Yama 3:17AM - 5:24AM
Rahu 1:52PM - 3:59PM**Jyeshtha* Until 9:27AM**
Siddha Until 2:42AM Fri
Vanja Until 10:51AM
Tritiya Until 11:34PMGanesh: Yellow Sunrise: 3:17AM
Muruga: Red Sunset: 8:11PM
Nataraja: Purple
Moon - Orange
Vaisaka-ValkasiSunrise: 3:17AM
Sunset: 8:11PM
Moon 5 - Phase 5 - 1
1st PhaseRoutine Work Prabalarishta Yoga
Until 9:27AM
Then Creative Work - Siddha Yoga**Sivaloka Day****2 Friday, May 16, 2025**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Sukra Vasara Yuktayam Stockholm, Sweden
Mula*/Purvashada* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sufra 32

Dhanus Rasi: 10.26 Tithi 19

Gulika 5:22AM - 7:30AM
Yama 4:00PM - 6:08PM
Rahu 9:37AM - 11:45AM**Mula* Until 11:37AM**
Sadhya Until 2:37AM Sat
Bava Until 12:14PM
Chaturthi* Until 12:46AM SatGanesh: Blue Sunrise: 3:14AM
Muruga: Red Sunset: 8:15PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-ValkasiSunrise: 3:14AM
Sunset: 8:15PM
Moon 5 - Phase 5 - 3
1st PhaseCreative Work Amrita Yoga
Until 11:37AM
Then Routine Work - Prabalarishta Yoga**Subha Sivaloka Day****3 Saturday, May 17, 2025**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Manta Vasara Yuktayam Stockholm, Sweden
Purvashada*/Uttarashada Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Tilau Sun 4 Sufra 33

Dhanus Rasi: 22.52 Tithi 20

Gulika 3:12AM - 5:20AM
Yama 4:00PM - 6:08PM
Rahu 7:28AM - 9:37AM**Purvashada* Until 1:14PM**
Subha Until 2:13AM Sun
Kaalava Until 1:13PM
Panchami Until 1:31AM SunGanesh: Blue Sunrise: 3:12AM
Muruga: Red Sunset: 8:17PM
Nataraja: Purple
Moon - Orange
Vaisaka-ValkasiSunrise: 3:12AM
Sunset: 8:17PM
Moon 5 - Phase 5 - 4
1st PhaseCreative Work Siddha Yoga
Until 1:14PM
Then Routine Work - Marana Yoga**Subha Sivaloka Day****4 Sunday, May 18, 2025**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Bhanu Vasara Yuktayam Stockholm, Sweden
Uttarashada/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthayam Tilau Sun 5 Sufra 34

Makara Rasi: 5.3 Tithi 21

Gulika 4:02PM - 6:11PM
Yama 11:45AM - 1:54PM
Rahu 6:11PM - 8:20PM**Uttarashada Until 2:15PM**
Sukla Until 1:24AM Mon
Gara Until 1:45PM
Shashthi* Until 1:47AM MonGanesh: Blue Sunrise: 3:10AM
Muruga: Red Sunset: 8:20PM
Nataraja: Purple
Moon - Light Blue
Vaisaka-ValkasiSunrise: 3:10AM
Sunset: 8:20PM
Moon 5 - Phase 5 - 5
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day**5 Monday, May 19, 2025**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Indu Vasara Yuktayam Stockholm, Sweden
Shravana/Dhanishtha Nakshatra Brahma Yoga Vesil* Bava Karana Sapthamayam Tilau Sun 6 Sufra 35

Makara Rasi: 18.23 Tithi 22

Gulika 1:54PM - 4:03PM
Yama 9:36AM - 11:45AM
Rahu 5:17AM - 7:26AM**Shravana Until 3:03PM**
Brahma Until 12:08AM Tue
Vesil Until 1:43PM
Saptami Until 1:28AM TueGanesh: Blue Sunrise: 3:08AM
Muruga: Red Sunset: 8:22PM
Nataraja: Purple
Moon - Purple
Vaisaka-ValkasiSunrise: 3:08AM
Sunset: 8:22PM
Moon 5 - Phase 5 - 6
1st PhaseFamily Home Evening
Creative Work Amrita Yoga
Until 3:03PM
Then Creative Work - Siddha Yoga**Devaloka Day****Tuesday, May 20, 2025****Retreat Star**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Mangala Vasara Yuktayam Stockholm, Sweden
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaalava Karana Ashtamayam Tilau Sun 7 Sufra 36

Kumbha Rasi: 1.34 Tithi 23

Gulika 11:45AM - 1:55PM
Yama 7:25AM - 9:35AM
Rahu 4:04PM - 6:14PM**Dhanishtha Until 3:06PM**
Indra Until 10:23PM
Balava Until 1:06PM
Ashtami* Until 12:31AM WedGanesh: Blue Sunrise: 3:06AM
Muruga: Red Sunset: 8:24PM
Nataraja: Purple
Moon - Purple
Vaisaka-ValkasiSunrise: 3:06AM
Sunset: 8:24PM
Moon 5 - Phase 5 - 7
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Then Routine Work - Marana Yoga

Wednesday, May 21, 2025**Retreat Star**Viswawasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Маса Крішна Пакша Budha Vasara Yuktayam Stockholm, Sweden
Shatabhishak/Purvashodhahada* Nakshatra Vaidhri* Yoga Talila/Gara Karana Navamayam Tilau Sun 8 Sufra 37

Kumbha Rasi: 15.06 Tithi 24

Gulika 9:35AM - 11:45AM
Yama 5:14AM - 7:24AM
Rahu 11:45AM - 1:55PM**Shatabhishak Until 2:22PM**
Vaidhri* Until 8:05PM
Talila Until 11:50AM
Navami* Until 10:56PMGanesh: Blue Sunrise: 3:04AM
Muruga: Red Sunset: 8:26PM
Nataraja: Purple
Moon - Purple
Vaisaka-ValkasiSunrise: 3:04AM
Sunset: 8:26PM
Moon 5 - Phase 5 - 8
Navami

Creative Work Siddha Yoga

Devaloka DayUntil 2:22PM
Then Creative Work - Amrita Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 22, 2025

Kumbha Rasi: 29.01 Tithi 25
Creative Work Siddha Yoga

Gulika
Yama
Rahu

Vishvasu Nama Samvatsara Uтарыае Nartana Ritau Vishabha Mase Krishna Paksha Guru Vasara Yuktyam
Puravproshthapada/Uttarproshthapada Nakshatra Vishkambha (Pithi Yoga Vanja/Visi)* Karana Dashamyam Titau
Gulika 7:23AM - 9:34AM
Yama 3:02AM - 5:13AM
Rahu 1:56PM - 4:07PM

Puravproshthapada* Until 1:17PM
Vishkambha* Until 5:18PM
Vanija Until 9:55AM
Dashami Until 8:43PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 3:04AM
Sunset: 8:28PM
Moon 5 - Phase 6 - 9
2nd Phase

Devaloka Day

Stockholm, Sweden
Sun 9 Sufra 38
Vishvasu 5:17

2 Friday, May 23, 2025

Mesha Rasi: 13.19 Tithi 26 - 27
Creative Work Siddha Yoga

Gulika
Yama
Rahu

Vishvasu Nama Samvatsara Uтарыае Nartana Ritau Vishabha Mase Krishna Paksha Sutra Visara Yuktyam
Uttarproshthapada/Revali Nakshatra Prithi Ayushman Yoga Bava/Kusava Karana Ekadashi/Dvadashyam Titau
Gulika 5:11AM - 7:23AM
Yama 4:08PM - 6:19PM
Rahu 9:34AM - 11:45AM

Uttarproshthapada Until 11:30AM
Prithi Until 2:03PM
Bava Until 7:26AM
Ekadashi* Until 5:58PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 3:04AM
Sunset: 8:30PM
Moon 5 - Phase 6 - 10
2nd Phase

Devaloka Day

Stockholm, Sweden
Sun 10 Sufra 39
Vishvasu 5:17

3 Saturday, May 24, 2025

Mesha Rasi: 27.59 Tithi 27 - 28
Routine Work Prabalarishta Yoga
Until 9:06AM
Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

Vishvasu Nama Samvatsara Uтарыае Nartana Ritau Vishabha Mase Krishna Paksha Mantra Visara Yuktyam
Revali/Ashvini Nakshatra Ayushman/Saubhagya Yoga Jallia/Gara Karana Dvadashi/Trayodashyam Titau
Gulika 2:58AM - 5:10AM
Yama 1:57PM - 4:09PM
Rahu 7:22AM - 9:33AM

Revali Until 9:06AM
Ayushman Until 10:25AM
Gara Until 1:05AM Sun
Dvadashi* Until 2:47PM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - Clear
Vaisaka-Vaikasi

Sunrise: 2:58AM
Sunset: 8:30PM
Moon 5 - Phase 6 - 11
2nd Phase

Devaloka Day

Stockholm, Sweden
Sun 11 Sufra 40
Vishvasu 5:17

4 Sunday, May 25, 2025

Mesha Rasi: 12.56 Tithi 28 - 29
Creative Work Siddha Yoga
Until 6:37AM
Then Routine Work - Prabalarishta Yoga

Gulika
Yama
Rahu

Vishvasu Nama Samvatsara Uтарыае Nartana Ritau Vishabha Mase Krishna Paksha Bharu Visara Yuktyam
Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau
Gulika 4:10PM - 6:22PM
Yama 11:45AM - 1:57PM
Rahu 6:22PM - 8:34PM

Ashvini Until 6:37AM
Saubhagya Until 6:30AM
Visti Until 9:30PM
Trayodashi* Until 11:18AM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - White
Vaisaka-Vaikasi

Sunrise: 2:56AM
Sunset: 8:34PM
Moon 5 - Phase 6 - 12
2nd Phase

Devaloka Day

Stockholm, Sweden
Sun 12 Sufra 41
Vishvasu 5:17

Monday, May 26, 2025

Retreat Star
Mesha Rasi: 28.02 Tithi 29 - 30
Family Home Evening
Routine Work Marana Yoga
Until 12:52AM Tue
Then Creative Work - Amrita Yoga

Gulika
Yama
Rahu

Vishvasu Nama Samvatsara Uтарыае Nartana Ritau Vishabha Mase Krishna Paksha Indu Vasara Yuktyam
Kritika Nakshatra Aihiganda* Yoga Sakuni/Naga* Karana Chaturdashi/Amavasyayam Titau
Gulika 1:58PM - 4:11PM
Yama 9:33AM - 11:45AM
Rahu 5:07AM - 7:20AM

Kritika Until 12:52AM Tue
Aihiganda* Until 10:21PM
Naga Until 4:01AM Tue
Chaturdashi* Until 7:39AM

Ganesh: White
Muruga: Red
Nataraja: Purple
Moon - White
Vaisaka-Vaikasi

Sunrise: 2:55AM
Sunset: 8:36PM
Moon 5 - Phase 6 - 13
Amavasya

Devaloka Day

Stockholm, Sweden
Sun 13 Sufra 42
Vishvasu 5:17

Tuesday, May 27, 2025

Retreat Star
Vishabha Rasi: 13.07 Tithi 1
Creative Work Amrita Yoga
Until 10:21PM
Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

Vishvasu Nama Samvatsara Uтарыае Nartana Ritau Vishabha Mase Sukta Paksha Mangala Vasara Yuktyam
Rohini Nakshatra Sukarma Yoga Kintughna* Bava Karana Prathamayam Titau
Gulika 11:45AM - 1:59PM
Yama 7:19AM - 9:32AM
Rahu 4:12PM - 6:25PM

Rohini Until 10:21PM
Sukarma Until 6:23PM
Kintughna Until 2:17PM
Prathama* Until 12:34AM Wed

Ganesh: Green
Muruga: Red
Nataraja: Purple
Moon - Yellow
Jyeshtha-Vaikasi

Sunrise: 2:53AM
Sunset: 8:38PM
Moon 5 - Phase 6 - 14
Prathama

Devaloka Day

Stockholm, Sweden
Sun 14 Sufra 43
Vishvasu 5:17

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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1	Wednesday, May 28, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Stockholm, Sweden		
	Mrigashira Nakshatra Dhin/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 44				
		Gulika 9:32AM - 11:46AM	Mrigashira Until 8:01PM	Ganesh: Green Sunrise: 2:51AM	Vasvasu 5:17
		Yama 5:05AM - 7:18AM	Dhinil Until 2:40PM	Muruga: Red Sunset: 8:49PM	Moon 5 - Phase 7 - 12
		Rahu 11:46AM - 1:59PM	Balava Until 10:59AM	Nataraja: Purple	3rd Phase
			Dvitiya Until 9:28PM	Moon - Yellow	Devaloka Day
				Jyeshtha-Vaikasi	

2	Thursday, May 29, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Stockholm, Sweden		
	Andra Nakshatra Shula*Ganda* Yoga Talilla/Gara Karana Tritiyayam Titau Sun 16 Sutra 45				
		Gulika 7:18AM - 9:32AM	Andra Until 6:03PM	Ganesh: Green Sunrise: 2:50AM	Vasvasu 5:17
		Yama 2:50AM - 5:04AM	Shula* Until 11:18AM	Muruga: Red Sunset: 8:48PM	Moon 5 - Phase 7 - 16
		Rahu 2:00PM - 4:14PM	Talilla Until 8:07AM	Nataraja: Purple	3rd Phase
			Tritiya Until 6:53PM	Moon - Yellow	Devaloka Day
				Jyeshtha-Vaikasi	

3	Friday, May 30, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam Stockholm, Sweden		
	Panarvasu/Pushya Nakshatra Ganda*Vidhih Yoga Visi*/Bava Karana Chaturthi/Panchmyam Titau Sun 17 Sutra 46				
		Gulika 5:02AM - 7:17AM	Punarvasu Until 5:02PM	Ganesh: White Sunrise: 2:48AM	Vasvasu 5:17
		Yama 4:15PM - 6:29PM	Ganda* Until 8:28AM	Muruga: Red Sunset: 8:49PM	Moon 5 - Phase 7 - 12
		Rahu 9:31AM - 11:46AM	Bava Until 4:18AM Sat	Nataraja: Purple	3rd Phase
			Chaturthi* Until 4:57PM	Moon - Blue	Devaloka Day
				Jyeshtha-Vaikasi	

4	Saturday, May 31, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Manta Vasara Yuktayam Stockholm, Sweden		
	Pushya/Ashlesha* Nakshatra Vidhih/Uraava Yoga Balava/Kaulava Karana Panchami/Skashthiyam Titau Sun 18 Sutra 47				
		Gulika 2:47AM - 5:01AM	Pushya Until 4:39PM	Ganesh: White Sunrise: 2:47AM	Vasvasu 5:17
		Yama 2:01PM - 4:16PM	Vidhih Until 6:15AM	Muruga: Red Sunset: 8:49PM	Moon 5 - Phase 7 - 18
		Rahu 7:16AM - 9:31AM	Kaulava Until 3:35AM Sun	Nataraja: Purple	3rd Phase
			Panchami Until 3:49PM	Moon - Blue	Devaloka Day
				Jyeshtha-Vaikasi	

5	Sunday, June 1, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Bhanu Vasara Yuktayam Stockholm, Sweden		
	Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 48				
		Gulika 4:16PM - 6:32PM	Ashlesha* Until 4:58PM	Ganesh: White Sunrise: 2:45AM	Vasvasu 5:17
		Yama 11:46AM - 2:01PM	Vyaghata* Until 3:50AM Mon	Muruga: Red Sunset: 8:49PM	Moon 5 - Phase 7 - 12
		Rahu 6:32PM - 8:47PM	Gara Until 3:45AM Mon	Nataraja: Purple	3rd Phase
			Shashthi* Until 3:32PM	Moon - Blue	Devaloka Day
				Jyeshtha-Vaikasi	

6	Monday, June 2, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Indu Vasara Yuktayam Stockholm, Sweden		
	Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Sapthami/Ashthamyam Titau Sun 20 Sutra 49				
		Gulika 2:02PM - 4:17PM	Magha* Until 6:26PM	Ganesh: White Sunrise: 2:44AM	Vasvasu 5:17
		Yama 9:31AM - 11:46AM	Harshana Until 3:39AM Tue	Muruga: Red Sunset: 8:49PM	Moon 5 - Phase 7 - 20
		Rahu 4:59AM - 7:15AM	Visi Until 4:45AM Tue	Nataraja: Purple	3rd Phase
			Sapthami Until 4:08PM	Moon - Red	Subha Sivaloka Day
				Jyeshtha-Vaikasi	

D	Tuesday, June 3, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Stockholm, Sweden		
	Purvaphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 50				
		Gulika 11:46AM - 2:02PM	Purvaphalguni Until 8:30PM	Ganesh: White Sunrise: 2:42AM	Vasvasu 5:17
		Yama 7:14AM - 9:30AM	Vajra* Until 3:59AM Wed	Muruga: Red Sunset: 8:50PM	Moon 5 - Phase 7 - 21
		Rahu 4:18PM - 6:34PM	Balava Until 6:26AM Wed	Nataraja: Purple	Ashtami
			Ashtami* Until 5:30PM	Moon - Red	Subha Sivaloka Day
				Jyeshtha-Vaikasi	

D	Wednesday, June 4, 2025		Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Stockholm, Sweden		
	Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 51				
		Gulika 9:30AM - 11:46AM	Uttaraphalguni Until 10:58PM	Ganesh: White Sunrise: 2:41AM	Vasvasu 5:17
		Yama 4:58AM - 7:14AM	Siddhi Until 4:45AM Thu	Muruga: Red Sunset: 8:50PM	Moon 5 - Phase 7 - 22
		Rahu 11:46AM - 2:03PM	Balava Until 6:26AM	Nataraja: Purple	Navami
			Navami* Until 7:28PM	Moon - Red	Subha Sivaloka Day
				Jyeshtha-Vaikasi	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Thursday, June 5, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ: Guru Vasara Yuktayam				Stockholm, Sweden
Kanya Rasi: 13.24 Tithi 10		Hasla Until 2:06AM Fri		Ganesh: Clear Sunrise: 2:40AM		Sun 23 Sutra 52
Routine Work Marana Yoga		Gulika 7:13AM - 9:30AM	Vyjalipata* Until 5:45AM Fri	Muruga: Red Sunset: 8:53PM	Vasavasu 5:17	
Until 2:06AM Fri		Yama 2:40AM - 4:57AM	Taitilla Until 8:39AM	Nataraja: Blue	Moon 5 - Phase 8 - 23 4th Phase	
Then Creative Work - Siddha Yoga		Rahu 2:03PM - 4:20PM	Dashami Until 9:51PM	Moon - Green Jyeshtha-Vaikasi	Sivaloka Day	
2 Friday, June 6, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ: Sukra Vasara Yuktayam				Stockholm, Sweden
Kanya Rasi: 25.14 Tithi 11		Chitra Until 5:12AM Sat		Ganesh: Clear Sunrise: 2:39AM		Sun 24 Sutra 53
Routine Work Marana Yoga		Gulika 4:56AM - 7:13AM	Variyan Until 6:48AM Sat	Muruga: Red Sunset: 8:59PM	Vasavasu 5:17	
Until 2:06AM Fri		Yama 4:21PM - 6:38PM	Vanija Until 11:08AM	Nataraja: Blue	Moon 5 - Phase 8 - 24 4th Phase	
Then Creative Work - Siddha Yoga		Rahu 9:30AM - 11:47AM	Ekadashi Until 12:23AM Sat	Moon - Green Jyeshtha-Vaikasi	Sivaloka Day	
3 Saturday, June 7, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ: Mania Vasara Yuktayam				Stockholm, Sweden
Tula Rasi: 7.03 Tithi 12		Svati Until 8:04AM Sun		Ganesh: Clear Sunrise: 2:38AM		Sun 25 Sutra 54
Routine Work Siddha Yoga		Gulika 2:38AM - 4:55AM	Variyan Until 6:48AM	Muruga: Red Sunset: 8:56PM	Vasavasu 5:17	
Until 8:04AM Sun		Yama 2:04PM - 4:21PM	Bava Until 1:40PM	Nataraja: Blue	Moon 5 - Phase 8 - 25 4th Phase	
Then Routine Work - Marana Yoga		Rahu 7:12AM - 9:30AM	Dvadashi Until 2:52AM Sun	Moon - Green Jyeshtha-Vaikasi	Sivaloka Day	
4 Sunday, June 8, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ: Bhanu Vasara Yuktayam				Stockholm, Sweden
Tula Rasi: 18.53 Tithi 13		Svati Until 8:04AM		Ganesh: White Sunrise: 2:27AM		Sun 26 Sutra 55
Routine Work Siddha Yoga		Gulika 4:22PM - 6:40PM	Parigaha* Until 7:49AM	Muruga: Red Sunset: 8:57PM	Moon 5 - Phase 8 - 26 4th Phase	
Until 8:04AM		Yama 11:47AM - 2:05PM	Kadava Until 4:04PM	Nataraja: Blue	Moon - Green Jyeshtha-Vaikasi	
Then Routine Work - Marana Yoga		Rahu 6:40PM - 8:57PM	Trayodashi Until 5:10AM Mon	Moon - Green Jyeshtha-Vaikasi	Devaloka Day	
5 Monday, June 9, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ: Indu Vasara Yuktayam				Stockholm, Sweden
Mithchika Rasi: 0.48 Tithi 14		Vishakha Until 11:03AM		Ganesh: Clear Sunrise: 2:36AM		Sun 27 Sutra 56
Family Home Evening		Gulika 2:05PM - 4:23PM	Shiva Until 8:40AM	Muruga: Red Sunset: 8:58PM	Moon 5 - Phase 8 - 27 4th Phase	
Routine Work Marana Yoga		Yama 9:29AM - 11:47AM	Gara Until 6:13PM	Nataraja: Blue	Moon - Orange Jyeshtha-Vaikasi	
Until 11:03AM		Rahu 4:54AM - 7:12AM	Chaturdashi* Until 7:09AM Tue	Moon - Orange Jyeshtha-Vaikasi	Sivaloka Day	
Then Creative Work - Siddha Yoga						
○ Tuesday, June 10, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Паکشэ: Mangala Vasara Yuktayam				Stockholm, Sweden
Copper Retreat Star		Anuradha Until 1:33PM		Ganesh: Clear Sunrise: 2:35AM		Sun 28 Sutra 57
Mithchika Rasi: 12.5 Tithi 14 - 15		Gulika 11:47AM - 2:05PM	Siddha Until 9:14AM	Muruga: Red Sunset: 8:59PM	Moon 5 - Phase 8 - Purnima	
Routine Work Siddha Yoga		Yama 7:11AM - 9:29AM	Visli Until 8:01PM	Nataraja: Blue	Moon - Orange Jyeshtha-Vaikasi	
Until 1:33PM		Rahu 4:23PM - 6:41PM	Chaturdashi* Until 7:09AM	Moon - Orange Jyeshtha-Vaikasi	Sivaloka Day	
Then Routine Work - Marana Yoga						
Wednesday, June 11, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе: Krishna Paksha Budha Vasara Yuktayam				Stockholm, Sweden
Silver Retreat Star		Jyeshtha* Until 3:32PM		Ganesh: Clear Sunrise: 2:35AM		Sun 29 Sutra 58
Mithchika Rasi: 25.01 Tithi 15 - 16		Gulika 9:29AM - 11:48AM	Sadhya Until 9:33AM	Muruga: Red Sunset: 9:01PM	Moon 5 - Phase 8 - Prathama	
Routine Work Siddha Yoga		Yama 4:53AM - 7:11AM	Balava Until 9:27PM	Nataraja: Blue	Moon - Orange Jyeshtha-Vaikasi	
Until 3:32PM		Rahu 11:48AM - 2:06PM	Purnima* Until 8:46AM	Moon - Orange Jyeshtha-Vaikasi	Sivaloka Day	
Then Routine Work - Marana Yoga						

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Крішна Пакша: Гара: Васара: Уктыяган
Mala/Puravashada/ Nakshatra Sukla/Sukla Yoga Kauśava/Taila Karana Prathamam/Dvityayam TitauStockholm, Sweden
Sun 5 Sutra 59

Dhanus Rasi: 7.22 Tithi 16 - 17

389418571

Gulika 7:11AM - 9:29AM

Yama 2:34AM - 4:53AM

Rahu 2:06PM - 4:25PM

Mula* Until 5:27PM

Subha Until 9:35AM

Taitila Until 10:30PM

Ganesha: Purple

Murgua: Red

Nataraja: Blue

Moon - Light Blue

Sunrise: 2:34AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 1st Phase

Creative Work Siddha Yoga

Prathama* Until 10:00AM

Jyeshtha-Vaikasi

Devaloka Day

Friday, June 13, 2025**1 Dhanus Rasi: 19.53 Tithi 17 - 18**

389418571

Gulika 4:52AM - 7:11AM

Yama 4:25PM - 6:44PM

Rahu 9:29AM - 11:48AM

Purvashada* Until 6:51PM

Sukla Until 9:17AM

Vanija Until 11:09PM

Dvitiya Until 10:51AM

Ganesha: Purple

Murgua: Red

Nataraja: Blue

Moon - Light Blue

Sunrise: 2:34AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 1st Phase

Routine Work Prabalashita Yoga

Until 6:51PM

Then Routine Work - Marana Yoga

Devaloka Day

Saturday, June 14, 2025**2 Makara Rasi: 2.34 Tithi 18 - 19**

389418571

Gulika 2:33AM - 4:52AM

Yama 2:07PM - 4:26PM

Rahu 7:11AM - 9:29AM

Uttarashada Until 7:43PM

Brahma Until 8:42AM

Bava Until 11:26PM

Tritiya Until 11:19AM

Ganesha: Purple

Murgua: Red

Nataraja: Blue

Moon - Light Blue

Sunrise: 2:33AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 2 1st Phase

Routine Work Marana Yoga

Until 7:43PM

Then Creative Work - Siddha Yoga

Devaloka Day

Sunday, June 15, 2025**3 Makara Rasi: 15.26 Tithi 19 - 20**

399418571

Gulika 4:26PM - 6:45PM

Yama 11:48AM - 2:07PM

Rahu 6:45PM - 9:04PM

Father's Day

Shravana Until 8:31PM

Indra Until 7:50AM

Kaulava Until 11:19PM

Chaturthi* Until 11:24AM

Ganesha: Clear

Murgua: Red

Nataraja: Blue

Moon - Purple

Sunrise: 2:33AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 3 1st Phase

Creative Work Amrita Yoga

Until 8:31PM

Then Routine Work - Marana Yoga

Sivaloka Day

Monday, June 16, 2025**4 Makara Rasi: 28.31 Tithi 20 - 21**

391418571

Gulika 2:08PM - 4:27PM

Yama 9:30AM - 11:49AM

Rahu 4:51AM - 7:10AM

Dhanishtha Until 8:45PM

Vaidhiti* Until 6:37AM

Gara Until 10:47PM

Panchami Until 11:05AM

Ganesha: Yellow

Murgua: Red

Nataraja: Blue

Moon - Purple

Sunrise: 2:33AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 4 1st Phase

Family Home Evening

Creative Work Siddha Yoga

Sivaloka Day

Tuesday, June 17, 2025**5 Kumbha Rasi: 11.48 Tithi 21 - 22**

391418571

Gulika 11:49AM - 2:08PM

Yama 7:10AM - 9:30AM

Rahu 4:27PM - 6:46PM

Shalabhishak Until 8:25PM

Prili Until 3:12AM Wed

Visiti Until 9:49PM

Shashthi* Until 10:20AM

Ganesha: Yellow

Murgua: Red

Nataraja: Blue

Moon - Purple

Sunrise: 2:33AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 5 1st Phase

Routine Work Marana Yoga

Sivaloka Day

Wednesday, June 18, 2025**Retreat Star****Kumbha Rasi: 25.21 Tithi 22 - 23**

311418571

Gulika 9:30AM - 11:49AM

Yama 4:51AM - 7:11AM

Rahu 11:49AM - 2:08PM

Purvashrothapada* Until 7:54PM

Ayushman Until 12:54AM Thu

Balava Until 8:23PM

Saptami Until 9:08AM

Ganesha: Clear

Murgua: Red

Nataraja: Blue

Moon - Clear

Sunrise: 2:33AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 6 Ashtami

Creative Work Amrita Yoga

Until 7:54PM

Then Creative Work - Siddha Yoga

Sivaloka Day

Thursday, June 19, 2025**Retreat Star****Meena Rasi: 9.1 Tithi 23 - 24**

311418571

Gulika 7:11AM - 9:30AM

Yama 2:32AM - 4:51AM

Rahu 2:08PM - 4:28PM

Uttarashrothapada Until 6:47PM

Saubhagya Until 10:15PM

Taitila Until 6:29PM

Ashlami* Until 7:28AM

Ganesha: Clear

Murgua: Red

Nataraja: Blue

Moon - Clear

Sunrise: 2:33AM

Sunset: 9:09PM

Moon 6 - Phase 9 - 7 Navami

Creative Work Siddha Yoga

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мазе Кішна Паکشэ Сакра Васара Yuktayam Stockholm, Sweden Revati/Ashvini Nakshatra Sobhana Yoga Vanja/Vesli* Karana Dashayam Titau Sun 8 Sutra 67				
Mesha Rasi: 23:17	Tithi 25	Gulika 4:51AM - 7:11AM	Revati Until 5:05PM	Ganesh: White	Sunrise: 2:20AM	Vishvasu 5:17
		Yama 4:28PM - 6:47PM	Sobhana Until 7:15PM	Muruga: Red	Sunset: 9:07PM	Moon 6 - Phase 10 - 8
Creative Work Siddha Yoga		311518571 Rahu 9:30AM - 11:49AM	Vanija Until 4:09PM	Nataraja: Blue		2nd Phase
Until 5:05PM			Dashami Until 2:49AM Sat	Moon - Clear		
Then Creative Work - Amrita Yoga				Jyestha-Ani		Subha Sivaloka Day

2 Saturday, June 21, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мазе Кішна Паکشэ Манта Vrsara Yuktayam Stockholm, Sweden Ashvini/Bharani Nakshatra Ahiganda*/Sukarna Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Sutra 68				
Mesha Rasi: 7:41	Tithi 26	Gulika 2:32AM - 4:52AM	Ashvini Until 3:18PM	Ganesh: Yellow	Sunrise: 2:20AM	Vishvasu 5:17
		Yama 2:09PM - 4:28PM	Ahiganda* Until 3:56PM	Muruga: Red	Sunset: 9:07PM	Moon 6 - Phase 10 - 9
Creative Work Siddha Yoga		321518571 Rahu 7:11AM - 9:30AM	Bava Until 1:26PM	Nataraja: Blue		2nd Phase
			Ekadashi* Until 11:57PM	Moon - White		
				Jyestha-Ani		Sivaloka Day

3 Sunday, June 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bhanu Visara Yuktayam Stockholm, Sweden Bharani/Krittika Nakshatra Sukarna/Dhriti Yoga Kaulava/Tailika Karana Dvadashyam Titau Sun 10 Sutra 69				
Mesha Rasi: 22:18	Tithi 27	Gulika 4:28PM - 6:48PM	Bharani Until 1:06PM	Ganesh: Yellow	Sunrise: 2:20AM	Vishvasu 5:17
		Yama 11:50AM - 2:09PM	Sukarna Until 12:24PM	Muruga: Red	Sunset: 9:07PM	Moon 6 - Phase 10 - 10
Routine Work Prabalarishta Yoga		321518571 Rahu 6:48PM - 9:07PM	Kaulava Until 10:26AM	Nataraja: Blue		2nd Phase
Until 1:06PM			Dvadashi* Until 8:51PM	Moon - White		
Then Creative Work - Siddha Yoga				Jyestha-Ani		Sivaloka Day

4 Monday, June 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktayam Stockholm, Sweden Krittika/Rohini Nakshatra Dhriti/Shuk* Yoga Gara/Vesli* Karana Trayodashi/Chaturdashyam Titau Sun 11 Sutra 70				
Wishabha Rasi: 7:04	Tithi 28 - 29	Gulika 2:09PM - 4:29PM	Krittika Until 10:36AM	Ganesh: Yellow	Sunrise: 2:20AM	Vishvasu 5:17
Family Home Evening		Yama 9:31AM - 11:50AM	Dhriti Until 8:45AM	Muruga: Red	Sunset: 9:07PM	Moon 6 - Phase 10 - 11
Routine Work Marana Yoga		321518571 Rahu 4:52AM - 7:11AM	Gara Until 7:16AM	Nataraja: Blue		2nd Phase
Until 10:36AM			Trayodashi* Until 5:39PM	Moon - White		
Then Creative Work - Amrita Yoga				Jyestha-Ani		Sivaloka Day
				<i>Pradosha Vata (Fasting)</i>		

● Tuesday, June 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Vrsara Yuktayam Stockholm, Sweden Rohini/Migashira Nakshatra Ganda* Yoga Sakuni*/Catuspadi* Karana Chaturdashini/Amavasyayam Titau Sun 12 Sutra 71				
Retreat Star		Gulika 11:50AM - 2:09PM	Rohini Until 8:22AM	Ganesh: Red	Sunrise: 2:20AM	Vishvasu 5:17
Wishabha Rasi: 21:52	Tithi 29 - 30	Yama 7:12AM - 9:31AM	Ganda* Until 1:28AM Wed	Muruga: Red	Sunset: 9:07PM	Moon 6 - Phase 10 - 12
Creative Work Amrita Yoga		331518571 Rahu 4:29PM - 6:48PM	Catuspadi Until 1:00AM Wed	Nataraja: Blue		Amavasya
Until 8:22AM			Chaturdashini* Until 2:29PM	Moon - Yellow		
Then Creative Work - Siddha Yoga				Jyestha-Ani		Sivaloka Day

Wednesday, June 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Sakti Paksho Bhuba Vrsara Yuktayam Stockholm, Sweden Migashira/Andra Nakshatra Viddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 13 Sutra 72				
Retreat Star		Gulika 9:31AM - 11:50AM	Migashira Until 6:10AM	Ganesh: Red	Sunrise: 2:20AM	Vishvasu 5:17
Mithuna Rasi: 6:34	Tithi 30 - 1	Yama 4:53AM - 7:12AM	Viddhi Until 10:08PM	Muruga: Red	Sunset: 9:07PM	Moon 6 - Phase 10 - 13
Creative Work Siddha Yoga		331518571 Rahu 11:50AM - 2:10PM	Kintughna Until 10:12PM	Nataraja: Blue		Prathama
			Amavasya* Until 11:32AM	Moon - Yellow		
				Ashada-Ani		Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 26, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Stockholm, Sweden Panarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 73	
Mithuna Rasi: 21.01	Tithi 1 – 2	Gulika 7:12AM – 9:31AM	Punarvasu Untill 2:52AM Fri	Ganesh: Yellow	Sunrise: 2:34AM	Vasavasu 5:17	
		Yama 2:34AM – 4:53AM	Dhruva Untill 7:09PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-12	3rd Phase
Creative Work Amrita Yoga	342518571	Rahu 2:10PM – 4:29PM	Balava Untill 7:50PM	Nataraja: Blue			
Untill 2:52AM Fri			Prathama Untill 8:56AM	Moon - Blue			Sivaloka Day
Then Routine Work - Marana Yoga				Ashada-Ani			

2		Friday, June 27, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sukra Vasara Yuktayam Stockholm, Sweden Pushya Nakshatra Vyaghata/Harshana/Yoga Kaulava/Tailita Karana Dvitiya/Trityayam Titau Sun 15 Sutra 74	
Kalkata Rasi: 5.08	Tithi 2 – 3	Gulika 4:54AM – 7:13AM	Pushya Untill 2:06AM Sat	Ganesh: White	Sunrise: 2:35AM	Vasavasu 5:17	
		Yama 4:29PM – 6:48PM	Vyaghata Untill 4:39PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-15	3rd Phase
Routine Work Marana Yoga	342518571	Rahu 9:32AM – 11:51AM	Tailita Untill 6:04PM	Nataraja: Blue			
			Dvitiya Untill 6:51AM	Moon - Blue			Devaloka Day
				Ashada-Ani			

3		Saturday, June 28, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mania Vasara Yuktayam Stockholm, Sweden Ashlesha Nakshatra Harshana/Vajra Yoga Vanja/Vesli Karana Chaturthiyam Titau Sun 16 Sutra 75	
Kalkata Rasi: 18.52	Tithi 4	Gulika 2:35AM – 4:54AM	Ashlesha Untill 1:55AM Sun	Ganesh: White	Sunrise: 2:35AM	Vasavasu 5:17	
		Yama 4:29PM – 6:48PM	Harshana Untill 2:45PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-16	3rd Phase
Routine Work Marana Yoga	342518571	Rahu 7:13AM – 9:32AM	Vanija Untill 5:01PM	Nataraja: Blue			
			Chaturthi Untill 4:46AM Sun	Moon - Blue			Devaloka Day
				Ashada-Ani			

4		Sunday, June 29, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Stockholm, Sweden Magha Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 76	
Simha Rasi: 2.08	Tithi 5	Gulika 4:28PM – 6:47PM	Magha Untill 2:52AM Mon	Ganesh: Clear	Sunrise: 2:36AM	Vasavasu 5:17	
		Yama 2:10PM – 4:29PM	Vajra Untill 1:28PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-17	3rd Phase
Routine Work Marana Yoga	352518571	Rahu 6:47PM – 9:06PM	Bava Untill 4:46PM	Nataraja: Blue			
Untill 2:52AM Mon			Panchami Untill 4:57AM Mon	Moon - Red			Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada-Ani			

5		Monday, June 30, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Stockholm, Sweden Purvaphalguni Nakshatra Siddhi/Vyagitpata Yoga Kaulava/Tailita Karana Sheshthiyam Titau Sun 18 Sutra 77	
Simha Rasi: 14.59	Tithi 6	Gulika 2:10PM – 4:28PM	Purvaphalguni Untill 4:26AM Tue	Ganesh: Clear	Sunrise: 2:37AM	Vasavasu 5:17	
Family Home Evening		Yama 9:33AM – 11:51AM	Siddhi Untill 12:51PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-18	3rd Phase
Creative Work Siddha Yoga	352518571	Rahu 4:56AM – 7:14AM	Kaulava Untill 5:21PM	Nataraja: Blue			
Untill 4:26AM Tue			Shashthi Untill 5:55AM Tue	Moon - Red			Sivaloka Day
Then Creative Work - Amrita Yoga				Ashada-Ani			

6		Tuesday, July 1, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Stockholm, Sweden Uttaraphalguni Nakshatra Vyagitpata/Variyan Yoga Gara Karana Saptamyam Titau Sun 19 Sutra 78	
Simha Rasi: 27.28	Tithi 7	Gulika 11:51AM – 2:10PM	Uttaraphalguni Untill 6:31AM Wed	Ganesh: Clear	Sunrise: 2:38AM	Vasavasu 5:17	
		Yama 7:15AM – 9:33AM	Vyagitpata Untill 12:52PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-19	3rd Phase
Creative Work Amrita Yoga	352518571	Rahu 4:28PM – 6:46PM	Gara Untill 6:41PM	Nataraja: Blue			
Untill 6:31AM Wed			Saptami Untill 7:34AM Wed	Moon - Red			Sivaloka Day
Then Routine Work - Marana Yoga				Ashada-Ani			

Retreat Star		Wednesday, July 2, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Stockholm, Sweden Uttaraphalguni Nakshatra Varjani/Parigha Yoga Vanja/Vesli Karana Saptami/Ashamyam Titau Sun 20 Sutra 79	
Kanya Rasi: 9.38	Tithi 7 – 8	Gulika 9:33AM – 11:52AM	Uttaraphalguni Untill 6:31AM	Ganesh: Clear	Sunrise: 2:39AM	Vasavasu 5:17	
		Yama 4:57AM – 7:15AM	Varjani Untill 1:20PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-20	Ashtami
Creative Work Amrita Yoga	352518571	Rahu 11:52AM – 2:10PM	Vesli Untill 8:37PM	Nataraja: Blue			
Untill 6:31AM			Saptami Untill 7:34AM	Moon - Red			Sivaloka Day
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		Ashada-Ani			

Retreat Star		Thursday, July 3, 2025				Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Stockholm, Sweden Hasta/Chitra Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 80	
Kanya Rasi: 21.38	Tithi 8 – 9	Gulika 7:16AM – 9:34AM	Hasta Untill 9:25AM	Ganesh: Purple	Sunrise: 2:40AM	Vasavasu 5:17	
		Yama 2:40AM – 4:58AM	Parigha Untill 2:09PM	Muruga: Red	Sunset: 9:09PM	Moon 6 - Phase 11-21	Navami
Routine Work Marana Yoga	362518571	Rahu 2:10PM – 4:28PM	Balava Untill 10:56PM	Nataraja: Blue			
Untill 9:25AM			Ashtami Untill 9:43AM	Moon - Green			Devaloka Day
Then Creative Work - Siddha Yoga				Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1	Friday, July 4, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yuktiyam Stockholm, Sweden Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashamam Titau Sun 22 Sutra 81			
	Tula Rasi: 3.3 Tithi 9 – 10 Creative Work Siddha Yoga	Gulika 4:59AM – 7:17AM Yama 4:27PM – 6:45PM Rahu 9:34AM – 11:52AM	Chitra Until 12:24PM Shiva Until 3:09PM Taila Until 1:22AM Sat Navami* Until 12:07PM	Ganesha: Purple Sunrise: 2:41AM Muruga: Red Sunset: 8:03PM Nataraja: Blue Moon – Green Ashada-Ani	Sun 22 Sutra 81 Vasavasu 5:127 Moon 6 - Phase 12 - 22 4th Phase

2	Saturday, July 5, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Manita Vasara Yuktiyam Stockholm, Sweden Svali/Vishakha Nakshatra Siddha/Sadhyha Yoga Gara/Vanija Karana Dashami/Ekaddashyam Titau Sun 23 Sutra 82			
	Tula Rasi: 15.2 Tithi 10 – 11 Creative Work Siddha Yoga	Gulika 2:43AM – 5:00AM Yama 2:09PM – 4:27PM Rahu 7:17AM – 9:35AM	Svali Until 3:14PM Siddha Until 4:07PM Vanija Until 3:44AM Sun Dashami Until 2:33PM	Ganesha: Purple Sunrise: 2:43AM Muruga: Red Sunset: 8:03PM Nataraja: Blue Moon – Green Ashada-Ani	Sun 23 Sutra 82 Vasavasu 5:127 Moon 6 - Phase 12 - 23 4th Phase

3	Sunday, July 6, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Bharu Vasara Yuktiyam Stockholm, Sweden Svali/Vishakha Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dvaddashyam Titau Sun 24 Sutra 83			
	Tula Rasi: 27.14 Tithi 11 – 12 Routine Work Marana Yoga	Gulika 4:26PM – 6:44PM Yama 11:52AM – 2:09PM Rahu 6:44PM – 9:01PM	Vishakha Until 6:13PM Sadhya Until 4:57PM Bava Until 5:49AM Mon Ekadashi Until 4:47PM	Ganesha: Purple Sunrise: 2:44AM Muruga: Red Sunset: 8:01PM Nataraja: Blue Moon – Orange Ashada-Ani	Sun 24 Sutra 83 Vasavasu 5:127 Moon 6 - Phase 12 - 24 4th Phase

4	Monday, July 7, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Indu Vasara Yuktiyam Stockholm, Sweden Anuradha Nakshatra Sadhya/Subha Yoga Balava Karana Dvaddashyam Titau Sun 25 Sutra 84			
	Vishika Rasi: 9.14 Tithi 12 Family Home Evening Creative Work Siddha Yoga	Gulika 2:09PM – 4:26PM Yama 9:36AM – 11:52AM Rahu 5:02AM – 7:19AM	Anuradha Until 8:42PM Subha Until 5:33PM Balava Until 6:42PM Dvaddashi Until 6:42PM	Ganesha: Purple Sunrise: 2:45AM Muruga: Red Sunset: 8:00PM Nataraja: Blue Moon – Orange Ashada-Ani	Sun 25 Sutra 84 Vasavasu 5:127 Moon 6 - Phase 12 - 25 4th Phase

5	Tuesday, July 8, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Mangala Vasara Yuktiyam Stockholm, Sweden Jyeshtha*/ Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Trayodashyam Titau Sun 26 Sutra 85			
	Vishika Rasi: 21.23 Tithi 13 Routine Work Marana Yoga Until 10:36PM Then Creative Work - Amrita Yoga	Gulika 11:53AM – 2:09PM Yama 7:20AM – 9:36AM Rahu 4:26PM – 6:42PM	Jyeshtha* Until 10:36PM Sukla Until 5:47PM Kaulava Until 7:31AM Trayodashi Until 8:10PM <i>Pradosha Vata</i>	Ganesha: Purple Sunrise: 2:47AM Muruga: Red Sunset: 8:00PM Nataraja: Blue Moon – Orange Ashada-Ani	Sun 26 Sutra 85 Vasavasu 5:127 Moon 6 - Phase 12 - 26 4th Phase

6	Wednesday, July 9, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Budha Vasara Yuktiyam Stockholm, Sweden Mula*/ Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 86			
	Dhanus Rasi: 3.44 Tithi 14 Routine Work Marana Yoga Until 12:21AM Thu Then Creative Work - Siddha Yoga	Gulika 9:37AM – 11:53AM Yama 5:04AM – 7:20AM Rahu 11:53AM – 2:09PM	Mula* Until 12:21AM Thu Brahma Until 5:39PM Gara Until 8:45AM Chaturdashi* Until 9:09PM	Ganesha: Clear Sunrise: 2:48AM Muruga: Red Sunset: 8:00PM Nataraja: Blue Moon – Light Blue Ashada-Ani	Sun 27 Sutra 86 Vasavasu 5:127 Moon 6 - Phase 12 - 27 4th Phase

7	Thursday, July 10, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Guru Vasara Yuktiyam Stockholm, Sweden Purvashadha*/ Nakshatra Indra/Vaidhriti*/Vishkamba* Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 87			
	Dhanus Rasi: 16.18 Tithi 15 Creative Work Siddha Yoga Until 1:28AM Fri Then Routine Work - Marana Yoga	Gulika 7:21AM – 9:37AM Yama 2:50AM – 5:05AM Rahu 2:09PM – 4:24PM	Purvashadha* Until 1:28AM Fri Indra Until 5:09PM Visi Until 9:29AM Purnima* Until 9:40PM	Ganesha: White Sunrise: 2:50AM Muruga: Red Sunset: 8:06PM Nataraja: Blue Moon – Light Blue Ashada-Ani	Sun 28 Sutra 87 Vasavasu 5:127 Moon 6 - Phase 12 - 28 Purnima

8	Friday, July 11, 2025	Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yuktiyam Stockholm, Sweden Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 88			
	Dhanus Rasi: 29.05 Tithi 16 Routine Work Marana Yoga Until 1:59AM Sat Then Creative Work - Siddha Yoga	Gulika 5:07AM – 7:22AM Yama 4:24PM – 6:39PM Rahu 9:37AM – 11:53AM	Uttarashadha Until 1:59AM Sat Vaidhriti* Until 4:15PM Balava Until 9:45AM Prathama* Until 9:42PM	Ganesha: White Sunrise: 2:51AM Muruga: Red Sunset: 8:05PM Nataraja: Blue Moon – Light Blue Ashada-Ani	Sun 29 Sutra 88 Vasavasu 5:127 Moon 6 - Phase 12 - 29 Prathama

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mania Visara Yuktayam
Shravana Nakshatra Pihli Yoga Talila/Gara Karana Dvityayam TilauStockholm, Sweden
Sun 1 Sutra 89

Makara Rasi: 12.06 Tithi 17

Gulika 2:53AM - 5:08AM
Yama 2:08PM - 4:23PM
Rahu 7:23AM - 9:38AMShravana Until 2:24AM Sun
Vishkambha* Until 3:02PM
Taitila Until 9:35AM
Dvitiya Until 9:19PMGanesha: Yellow Sunrise: 2:53AM
Muruga: Red Sunset: 8:59PM
Nataraja: Blue
Moon - Purple Ashada-Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 2:24AM Sun

Then Routine Work - Marana Yoga

1**Sunday, July 13, 2025**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bhanu Visara Yuktayam
Dhanishtha Nakshatra Pihli Ayushman Yoga Vanja/Vesli* Karana Trityayam TilauStockholm, Sweden
Sun 2 Sutra 90

Makara Rasi: 25.19 Tithi 18

Gulika 4:23PM - 6:37PM
Yama 9:39AM - 11:53AM
Rahu 6:37PM - 8:52PMDhanishtha Until 2:19AM Mon
Pihli Until 1:32PM
Vanja Until 9:01AM
Tritiya Until 8:35PMGanesha: Yellow Sunrise: 2:54AM
Muruga: Red Sunset: 8:59PM
Nataraja: Blue
Moon - Purple Ashada-Adi

Sivaloka Day

Routine Work Marana Yoga

Until 2:19AM Mon

Then Creative Work - Siddha Yoga

2**Monday, July 14, 2025**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Visara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam TilauStockholm, Sweden
Sun 3 Sutra 91

Kumbha Rasi: 8.43 Tithi 19

Gulika 2:08PM - 4:22PM
Yama 9:39AM - 11:53AM
Rahu 5:10AM - 7:25AMShatabhishak Until 1:47AM Tue
Ayushman Until 11:43AM
Bava Until 8:06AM
Chaturthi* Until 7:31PMGanesha: Yellow Sunrise: 2:56AM
Muruga: Red Sunset: 8:59PM
Nataraja: Blue
Moon - Purple Ashada-Adi

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

Until 1:47AM Tue

Then Routine Work - Marana Yoga

3**Tuesday, July 15, 2025**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Visara Yuktayam
Purvashrothapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taila Karana Panchmayam TilauStockholm, Sweden
Sun 4 Sutra 92

Kumbha Rasi: 22.18 Tithi 20

Gulika 11:53AM - 2:07PM
Yama 7:26AM - 9:39AM
Rahu 4:21PM - 6:35PMPurvashrothapada* Until 1:15AM Wed
Saubhagya Until 9:41AM
Kaulava Until 6:53AM
Panchami Until 6:09PMGanesha: Purple Sunrise: 2:58AM
Muruga: Red Sunset: 8:59PM
Nataraja: Blue
Moon - Clear Ashada-Adi

Devaloka Day

Routine Work Marana Yoga

Until 1:15AM Wed

Then Creative Work - Siddha Yoga

4**Wednesday, July 16, 2025**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Budha Visara Yuktayam
Uttarashrothapada Nakshatra Sobhana/Ahiganda* Yoga Vanja/Vesli* Karana Shashthi/Saptayam TilauStockholm, Sweden
Sun 5 Sutra 93

Meena Rasi: 6.03 Tithi 21 - 22

Gulika 9:40AM - 11:53AM
Yama 5:13AM - 7:27AM
Rahu 11:53AM - 2:07PMUttarashrothapada Until 12:19AM Thu
Sobhana Until 7:26AM
Vesli Until 3:38AM Thu
Shashthi* Until 4:32PMGanesha: Purple Sunrise: 3:00AM
Muruga: Red Sunset: 8:59PM
Nataraja: Blue
Moon - Clear Ashada-Adi

Devaloka Day

Creative Work Siddha Yoga

Until 10:59PM

Then Creative Work - Amrita Yoga

D**Thursday, July 17, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Guru Visara Yuktayam
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtayam TilauStockholm, Sweden
Sun 6 Sutra 94

Meena Rasi: 19.58 Tithi 22 - 23

Gulika 7:28AM - 9:41AM
Yama 3:02AM - 5:15AM
Rahu 2:06PM - 4:19PMRevati Until 10:59PM
Sukarma Until 2:16AM Fri
Balava Until 1:38AM Fri
Saptami Until 2:39PMGanesha: Purple Sunrise: 3:02AM
Muruga: Red Sunset: 8:59PM
Nataraja: Yellow
Moon - Clear Ashada-Adi

Bhuloka Day

Creative Work Siddha Yoga

Until 10:59PM

Then Creative Work - Amrita Yoga

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025**Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Sukra Visara Yuktayam
Ashvini Nakshatra Dhrili Yoga Kaulava/Taila Karana Ashtami/Navayam TilauStockholm, Sweden
Sun 7 Sutra 95

Mesha Rasi: 4.02 Tithi 23 - 24

Gulika 5:16AM - 7:29AM
Yama 4:19PM - 6:31PM
Rahu 9:41AM - 11:54AMAshvini Until 9:43PM
Dhrili Until 11:26PM
Tailila Until 11:25PM
Ashtami* Until 12:32PMGanesha: Clear Sunrise: 3:03AM
Muruga: Red Sunset: 8:59PM
Nataraja: Yellow
Moon - White Ashada-Adi

Devaloka Day

Creative Work Amrita Yoga

Until 9:43PM

Then Creative Work - Siddha Yoga

1	Saturday, July 19, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yuktayam Stockholm, Sweden			
	Bharani Nakshatra Shula* Yoga Gara/Varija Karana Navami/Dashamam Titau		Sun 8 Sutra 96			
Mesha Rasi: 18.14	Tithi 24 - 25	Gulika 3:05AM - 5:17AM	Bharani Until 8:07PM	Ganesha: Clear	Sunrise: 3:05AM	Vasavasu 5:17
		Yama 2:06PM - 4:18PM	Shula* Until 8:24PM	Muruga: Red	Sunset: 8:49PM	Moon 7 - Phase 14 - 8
		Rahu 7:30AM - 9:42AM	Vanija Until 9:01PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 10:13AM	Moon - White		Devaloka Day
Until 8:07PM				Ashada-Adi		
Then Creative Work - Amrita Yoga						

2	Sunday, July 20, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam Stockholm, Sweden			
	Kritika Nakshatra Ganda*Vidishi Yoga Vasil*/Bava Karana Dashami/Ekadashtyam Titau		Sun 9 Sutra 97			
Wishabha Rasi: 2.34	Tithi 25 - 26	Gulika 4:17PM - 6:28PM	Kritika Until 6:15PM	Ganesha: Clear	Sunrise: 3:07AM	Vasavasu 5:17
		Yama 11:54AM - 2:05PM	Ganda* Until 5:18PM	Muruga: Red	Sunset: 8:49PM	Moon 7 - Phase 14 - 9
		Rahu 6:28PM - 8:40PM	Bava Until 6:29PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 7:45AM	Moon - White		Devaloka Day
				Ashada-Adi		

3	Monday, July 21, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam Stockholm, Sweden			
	Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Taila Karana Dvadashtyam Titau		Sun 10 Sutra 98			
Wishabha Rasi: 16.57	Tithi 27	Gulika 2:05PM - 4:16PM	Rohini Until 4:38PM	Ganesha: White	Sunrise: 3:09AM	Vasavasu 5:17
Family Home Evening		Yama 9:43AM - 11:54AM	Widdhi Until 2:09PM	Muruga: Red	Sunset: 8:38PM	Moon 7 - Phase 14 - 10
		Rahu 5:20AM - 7:32AM	Kaulava Until 3:55PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dvadashti* Until 2:38AM Tue	Moon - Yellow		Bhuloka Day
				Ashada-Adi		Devaloka Time: 3PM to 6PM

4	Tuesday, July 22, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam Stockholm, Sweden			
	Migashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varija Karana Trayodashyam Titau		Sun 11 Sutra 99			
Mithuna Rasi: 1.2	Tithi 28	Gulika 11:54AM - 2:04PM	Mrigashira Until 2:55PM	Ganesha: White	Sunrise: 3:11AM	Vasavasu 5:17
		Yama 7:33AM - 9:43AM	Dhruva Until 11:02AM	Muruga: Red	Sunset: 8:36PM	Moon 7 - Phase 14 - 11
		Rahu 4:15PM - 6:26PM	Gara Until 1:24PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:11AM Wed	Moon - Yellow		Bhuloka Day
Until 2:55PM				Ashada-Adi		Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga						

5	Wednesday, July 23, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam Stockholm, Sweden			
	Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Vasil*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 100			
Mithuna Rasi: 15.37	Tithi 29	Gulika 9:44AM - 11:54AM	Ardra Until 1:15PM	Ganesha: White	Sunrise: 3:13AM	Vasavasu 5:17
		Yama 5:24AM - 7:34AM	Vyaghata* Until 8:03AM	Muruga: Red	Sunset: 8:34PM	Moon 7 - Phase 14 - 12
		Rahu 11:54AM - 2:04PM	Visil Until 11:04AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:59PM	Moon - Yellow		Bhuloka Day
				Ashada-Adi		Devaloka Time: 3PM to 6PM

●	Thursday, July 24, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam Stockholm, Sweden			
	Retreat Star		Punarvasu/Pushya Nakshatra Vajra* Yoga Caluspada*/Naja* Karana Amavasyayam Titau		Sun 13 Sutra 101	
Mithuna Rasi: 29.43	Tithi 30	Gulika 7:35AM - 9:44AM	Punarvasu Until 12:12PM	Ganesha: Orange	Sunrise: 3:16AM	Vasavasu 5:17
		Yama 3:16AM - 5:25AM	Vajra* Until 2:55AM Fri	Muruga: Red	Sunset: 8:32PM	Moon 7 - Phase 14 - 13
		Rahu 2:03PM - 4:13PM	Caluspada Until 9:02AM	Nataraja: Yellow		Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 8:10PM	Moon - Blue		Devaloka Day
				Ashada-Adi		

●	Friday, July 25, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sakra Vasara Yuktayam Stockholm, Sweden			
	Retreat Star		Pushya/Ahlesha* Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 102	
Kataka Rasi: 13.33	Tithi 1	Gulika 5:27AM - 7:36AM	Pushya Until 11:28AM	Ganesha: Orange	Sunrise: 3:18AM	Vasavasu 5:17
		Yama 4:12PM - 6:21PM	Siddhi Until 12:58AM Sat	Muruga: Red	Sunset: 8:30PM	Moon 7 - Phase 14 - 14
		Rahu 9:45AM - 11:54AM	Kintughna Until 7:27AM	Nataraja: Yellow		Prathama
Routine Work	Marana Yoga		Prathama* Until 6:51PM	Moon - Blue		Devaloka Day
				Sravana-Adi		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Stockholm, Sweden Ashlesha/Magha/Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 15 Sutra 103			
Kataka Rasi: 27.03	Tilhi 2	Gulika 3:20AM - 5:28AM	Ashlesha* Untill 11:10AM	Ganesha: Orange Sunrise: 3:20AM	Vasvasu 5:17
		Yama 2:02PM - 4:11PM	Vyalipala* Untill 11:34PM	Muruga: Red Sunset: 8:28PM	Moon 7 - Phase 15 - 12
		444618572 Rahu 7:37AM - 9:45AM	Balava Untill 6:27AM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Dvitiya Untill 6:10PM	Moon - Blue	
Untill 11:10AM				Sravana-Adi	Devaloka Day
Then Creative Work - Amrita Yoga					
2 Sunday, July 27, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktayam Stockholm, Sweden Magha/Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tilityayam Tilau Sun 16 Sutra 104			
Simha Rasi: 10.31	Tilhi 3	Gulika 4:10PM - 6:18PM	Magha* Untill 11:51AM	Ganesha: Clear Sunrise: 3:24AM	Vasvasu 5:17
		Yama 11:54AM - 2:02PM	Varyan Untill 10:42PM	Muruga: Red Sunset: 8:26PM	Moon 7 - Phase 15 - 12
		454618572 Rahu 6:18PM - 8:26PM	Talilla Untill 6:06AM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Tritiya Untill 6:11PM	Moon - Red	
Untill 11:51AM				Sravana-Adi	Devaloka Day
Then Creative Work - Siddha Yoga					
3 Monday, July 28, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Stockholm, Sweden Purvaphalguni/Nakshatra Parigraha* Yoga Vanija/Visi* Karana Chaturtham Tilau Sun 17 Sutra 105			
Simha Rasi: 22.57	Tilhi 4	Gulika 2:01PM - 4:09PM	Purvaphalguni Untill 1:05PM	Ganesha: Clear Sunrise: 3:24AM	Vasvasu 5:17
Family Home Evening		Yama 9:46AM - 11:54AM	Parigraha* Untill 10:24PM	Muruga: Red Sunset: 8:26PM	Moon 7 - Phase 15 - 12
		454618572 Rahu 5:31AM - 7:39AM	Vanija Untill 6:30AM	Nataraja: Yellow	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Untill 6:56PM	Moon - Red	
				Sravana-Adi	Devaloka Day
4 Tuesday, July 29, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Stockholm, Sweden Uttaraphalguni/Hasta Nakshatra Shiva Yoga Bava/Talilla Karana Panchamam Tilau Sun 18 Sutra 106			
Kanya Rasi: 5.23	Tilhi 5	Gulika 11:54AM - 2:01PM	Uttaraphalguni Untill 2:50PM	Ganesha: Clear Sunrise: 3:26AM	Vasvasu 5:17
		Yama 7:40AM - 9:47AM	Shiva Untill 10:38PM	Muruga: Red Sunset: 8:27PM	Moon 7 - Phase 15 - 18
		454618572 Rahu 4:08PM - 6:14PM	Bava Untill 7:35AM	Nataraja: Yellow	3rd Phase
Creative Work Amrita Yoga			Panchami Untill 8:21PM	Moon - Red	
Untill 2:50PM				Sravana-Adi	Devaloka Day
Then Creative Work - Siddha Yoga					
5 Wednesday, July 30, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Stockholm, Sweden Hasta/Chitra Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashthiyam Tilau Sun 19 Sutra 107			
Kanya Rasi: 17.35	Tilhi 6	Gulika 9:47AM - 11:54AM	Hasta Untill 5:27PM	Ganesha: Purple Sunrise: 3:28AM	Vasvasu 5:17
		Yama 5:35AM - 7:41AM	Siddha Untill 11:14PM	Muruga: Red Sunset: 8:19PM	Moon 7 - Phase 15 - 12
		464618572 Rahu 11:54AM - 2:00PM	Kaulava Untill 9:17AM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Shashthi* Untill 10:18PM	Moon - Green	
Untill 5:27PM				Sravana-Adi	Sivaloka Day
Then Creative Work - Siddha Yoga					
6 Thursday, July 31, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Stockholm, Sweden Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthamam Tilau Sun 20 Sutra 108			
Kanya Rasi: 29.34	Tilhi 7	Gulika 7:42AM - 9:48AM	Chitra Untill 8:16PM	Ganesha: Purple Sunrise: 3:31AM	Vasvasu 5:17
		Yama 3:31AM - 5:36AM	Sadya Untill 12:06AM Fri	Muruga: Red Sunset: 8:17PM	Moon 7 - Phase 15 - 20
		464618572 Rahu 1:59PM - 4:05PM	Gara Untill 11:26AM	Nataraja: Yellow	3rd Phase
Creative Work Siddha Yoga			Sapthami Untill 12:34AM Fri	Moon - Green	
Untill 8:16PM				Sravana-Adi	Sivaloka Day
Then Creative Work - Amrita Yoga					
Friday, August 1, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Stockholm, Sweden Retreat Star Svati Nakshatra Subha Yoga Visi*/Bava Karana Ashtamam Tilau Sun 21 Sutra 109			
Tula Rasi: 11.28	Tilhi 8	Gulika 5:38AM - 7:43AM	Svati Untill 11:03PM	Ganesha: Purple Sunrise: 3:34AM	Vasvasu 5:17
		Yama 4:04PM - 6:09PM	Subha Untill 1:03AM Sat	Muruga: Red Sunset: 8:14PM	Moon 7 - Phase 15 - 21
		464618572 Rahu 9:48AM - 11:54AM	Visi Untill 1:47PM	Nataraja: Yellow	Ashtami
Creative Work Siddha Yoga			Ashtami* Untill 2:57AM Sat	Moon - Green	
				Sravana-Adi	Sivaloka Day
Saturday, August 2, 2025		Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vasara Yuktayam Stockholm, Sweden Retreat Star Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamam Tilau Sun 22 Sutra 110			
Tula Rasi: 23.2	Tilhi 9	Gulika 3:35AM - 5:40AM	Vishakha Untill 2:05AM Sun	Ganesha: Clear Sunrise: 3:35AM	Vasvasu 5:17
		Yama 1:58PM - 4:03PM	Sukla Untill 1:54AM Sun	Muruga: Blue Sunset: 8:12PM	Moon 7 - Phase 15 - 22
		474628572 Rahu 7:44AM - 9:49AM	Balava Untill 4:08PM	Nataraja: Yellow	Navami
Creative Work Siddha Yoga			Navami* Untill 5:13AM Sun	Moon - Orange	
Untill 2:05AM Sun				Sravana-Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Stockholm, Sweden on 12/20/23

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1 Sunday, August 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yuktiyam				Stockholm, Sweden
Anuradha Nakshatra Brahma Yoga Talila Karana Dashamyam Tilau		Gulika	4:02PM - 6:06PM	Anuradha Untill 4:41AM Mon	Ganesh: Clear	Sunrise: 3:27AM
Wischika Rasi: 5.16 Tithi 10		Yama	11:53AM - 1:58PM	Brahma Until 2:33AM Mon	Muruga: Blue	Sunset: 8:10PM
Routine Work - Marana Yoga		Rahu	6:06PM - 8:10PM	Tailila Until 6:16PM	Nataraja: Yellow	Moon 7 - Phase 16 - 23
Until 4:41AM Mon						4th Phase
Then Creative Work - Siddha Yoga						Sivaloka Day
						Sravana-Adi

2 Monday, August 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yuktiyam				Stockholm, Sweden
Jyeshtha Nakshatra Indra Yoga Gara/Vanji Karana Dashami/Ekadashtyam Tilau		Gulika	1:57PM - 4:00PM	Jyeshtha Until 6:41AM Tue	Ganesh: Clear	Sunrise: 3:40AM
Wischika Rasi: 17.19 Tithi 10 - 11		Yama	9:50AM - 11:53AM	Indra Until 2:53AM Tue	Muruga: Blue	Sunset: 8:07PM
Family Home Evening		Rahu	5:43AM - 7:46AM	Vanija Until 8:01PM	Nataraja: Yellow	Moon 7 - Phase 16 - 24
Creative Work - Siddha Yoga						4th Phase
Until 6:41AM Tue						Sivaloka Day
Then Creative Work - Amrita Yoga						Sravana-Adi

3 Tuesday, August 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yuktiyam				Stockholm, Sweden
Jyeshtha Nakshatra Vaidhriti Yoga Visi/Bava Karana Ekadashi/Dvadashtyam Tilau		Gulika	11:53AM - 1:56PM	Jyeshtha Until 6:41AM Tue	Ganesh: Clear	Sunrise: 3:42AM
Wischika Rasi: 29.33 Tithi 11 - 12		Yama	9:50AM - 11:53AM	Vaidhriti Until 2:46AM Wed	Muruga: Blue	Sunset: 8:09PM
Routine Work - Marana Yoga		Rahu	3:59PM - 6:02PM	Bava Until 9:16PM	Nataraja: Yellow	Moon 7 - Phase 16 - 24
Until 6:41AM						4th Phase
Then Creative Work - Amrita Yoga						Sivaloka Day
						Sravana-Adi

4 Wednesday, August 6, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yuktiyam				Stockholm, Sweden
Mula/Purvashadha Nakshatra Vibhambha Yoga Balava/Kaulava Karana Dvadas/Dvadashtyam Tilau		Gulika	9:51AM - 11:53AM	Mula Until 8:29AM	Ganesh: Yellow	Sunrise: 3:44AM
Dhanus Rasi: 12.01 Tithi 12 - 13		Yama	7:48AM - 9:50AM	Vishkambha Until 2:12AM Thu	Muruga: Blue	Sunset: 8:07PM
Routine Work - Marana Yoga		Rahu	11:53AM - 1:55PM	Kaulava Until 9:55PM	Nataraja: Yellow	Moon 7 - Phase 16 - 26
Until 8:29AM						4th Phase
Then Creative Work - Amrita Yoga						Sivaloka Day
						Sravana-Adi

5 Thursday, August 7, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yuktiyam				Stockholm, Sweden
Purvashadha/Uttarashadha Nakshatra Prithi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau		Gulika	7:50AM - 9:51AM	Purvashadha Until 9:32AM	Ganesh: Yellow	Sunrise: 3:46AM
Dhanus Rasi: 24.45 Tithi 13 - 14		Yama	3:46AM - 5:48AM	Prithi Until 1:11AM Fri	Muruga: Blue	Sunset: 8:09PM
Creative Work - Siddha Yoga		Rahu	1:55PM - 3:56PM	Gara Until 9:58PM	Nataraja: Yellow	Moon 7 - Phase 16 - 27
Until 9:32AM						4th Phase
Then Routine Work - Marana Yoga						Sivaloka Day
						Sravana-Adi

Friday, August 8, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Salva Vasara Yuktiyam				Stockholm, Sweden
Copper Retreat Star		Uttarashadha/Shravana Nakshatra Ayuchman Yoga Vanja/Visi Karana Chaturdash/Pratishyam Tilau				Sutra 116
Makara Rasi: 7.47 Tithi 14 - 15		Gulika	5:50AM - 7:51AM	Uttarashadha Until 9:51AM	Ganesh: Yellow	Sunrise: 3:49AM
Routine Work - Marana Yoga		Yama	3:55PM - 5:56PM	Ayushman Until 11:41PM	Muruga: Blue	Sunset: 7:57PM
		Rahu	9:52AM - 11:53AM	Visi Until 9:27PM	Nataraja: Yellow	Moon 7 - Phase 16 - Purnima
						4th Phase
						Sivaloka Day
						Sravana-Adi

Saturday, August 9, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yuktiyam				Stockholm, Sweden
Silver Retreat Star		Shravana/Dhanishtha Nakshatra Saudhgya Yoga Bava/Balava Karana Purnima/Prathamyam Tilau				Sutra 117
Makara Rasi: 21.06 Tithi 15 - 16		Gulika	3:51AM - 5:51AM	Shravana Until 9:57AM	Ganesh: Yellow	Sunrise: 3:51AM
Routine Work - Marana Yoga		Yama	1:53PM - 3:54PM	Saudhgya Until 9:47PM	Muruga: Blue	Sunset: 7:59PM
		Rahu	7:52AM - 9:52AM	Balava Until 8:26PM	Nataraja: Yellow	Moon 7 - Phase 16 - Prathama
						4th Phase
						Sivaloka Day
						Sravana-Adi

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Bhanu Vasara Yukhtayam
Dhanishtha/Shabhbhishak Nakshatra Sodbhava Yoga Kaulava/Taila Karana Prabhava/Dvityayam Titau

Gulika 3:52PM – 5:52PM
Yama 11:53AM – 1:52PM
Rahu 5:52PM – 7:52PM

Dhanishtha Untill 9:25AM
Sobhana Untill 7:34PM
Taila Untill 6:58PM
Prathama* Untill 7:44AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Sunrise: 3:53AM
Sunset: 7:53PM

Stockholm, Sweden
Sutra 118

Kumbha Rasi: 4.42 Tithi 16 – 17
Routine Work - Marana Yoga
Untill 9:25AM
Then Creative Work - Siddha Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 1st Phase
Sivaloka Day

Monday, August 11, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Indu Vasara Yukhtayam
Shalabhshik/Puravroshthapad* Nakshatra Ahinganda/Sukama Yoga Gara/Visi* Karana Dvitya/Trityayam Titau

Gulika 1:52PM – 3:51PM
Yama 9:53AM – 11:52AM
Rahu 5:55AM – 7:54AM

Shalabhshik Untill 8:22AM
Ahinganda* Untill 5:03PM
Visi Untill 4:11AM Tue
Dvitiya Untill 6:06AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Sunrise: 3:56AM
Sunset: 7:49PM

Stockholm, Sweden
Sun 1 Sutra 119

1
Kumbha Rasi: 18.31 Tithi 17 – 18
Family Home Evening
Creative Work - Siddha Yoga
Untill 8:22AM
Then Routine Work - Marana Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 1st Phase
Sivaloka Day

Tuesday, August 12, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Mangala Vasara Yukhtayam
Puravroshthapad*/Ultravroshthapad Nakshatra Sukama/Dhrii Yoga Bava/Balava Karana Chaturtham Titau

Gulika 11:52AM – 1:51PM
Yama 7:55AM – 9:54AM
Rahu 3:50PM – 5:48PM

Puravroshthapad* Untill 7:21AM
Sukama Untill 2:21PM
Bava Untill 3:10PM
Chaturthi* Untill 2:04AM Wed

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 3:58AM
Sunset: 7:47PM

Stockholm, Sweden
Sun 2 Sutra 120

2
Meesa Rasi: 2.32 Tithi 19
Routine Work - Marana Yoga
Untill 7:21AM
Then Creative Work - Amrita Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 2 1st Phase
Sivaloka Day

Wednesday, August 13, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Budha Vasara Yukhtayam
Shalabhshik/Puravroshthapad* Nakshatra Ahinganda/Sukama Yoga Gara/Visi* Karana Dvitya/Trityayam Titau

Gulika 9:54AM – 11:52AM
Yama 5:58AM – 7:56AM
Rahu 11:52AM – 1:50PM

Revati Untill 4:24AM Thu
Dhrii Untill 11:33AM
Kaulava Untill 12:59PM
Panchami Untill 11:51PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 4:00AM
Sunset: 7:44PM

Stockholm, Sweden
Sun 3 Sutra 121

3
Meesa Rasi: 16.4 Tithi 20
Creative Work - Siddha Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 3 1st Phase
Sivaloka Day

Thursday, August 14, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Guru Vasara Yukhtayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 7:57AM – 9:55AM
Yama 4:02AM – 6:00AM
Rahu 1:49PM – 3:47PM

Ashvini Untill 3:03AM Fri
Shula* Untill 8:38AM
Gara Untill 10:44AM
Shashthi* Untill 9:35PM

Ganesha: Purple
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Sunrise: 4:03AM
Sunset: 7:41PM

Stockholm, Sweden
Sun 4 Sutra 122

4
Meesa Rasi: 0.51 Tithi 21
Creative Work - Amrita Yoga
Untill 3:03AM Fri
Then Creative Work - Siddha Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 4 1st Phase
Subha Sivaloka Day

Friday, August 15, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Sukra Vasara Yukhtayam
Bharani Nakshatra Viddhi Yoga Visi*/Bava Karana Sapthamam Titau

Gulika 6:02AM – 7:58AM
Yama 3:45PM – 5:42PM
Rahu 9:55AM – 11:52AM

Bharani Untill 1:34AM Sat
Viddhi Untill 2:50AM Sat
Visi Untill 8:27AM
Sapthami Untill 7:18PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Sunrise: 4:05AM
Sunset: 7:39PM

Stockholm, Sweden
Sun 5 Sutra 123

5
Meesa Rasi: 15.04 Tithi 22
Creative Work - Siddha Yoga
Untill 1:34AM Sat
Then Creative Work - Amrita Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 5 1st Phase
Sivaloka Day

Saturday, August 16, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Marita Vasara Yukhtayam
Kritika Nakshatra Dhruva Yoga Balava/Taila Karana Ashtami/Navamam Titau

Gulika 4:07AM – 6:03AM
Yama 1:48PM – 3:44PM
Rahu 7:59AM – 9:55AM

Kritika Untill 12:00AM Sun
Dhruva Untill 11:58PM
Balava Untill 6:12AM
Ashtami* Untill 5:05PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avani

Sunrise: 4:07AM
Sunset: 7:36PM

Stockholm, Sweden
Sun 6 Sutra 124

Meesa Rasi: 29.17 Tithi 23 – 24
Creative Work - Amrita Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 6 Ashtami
Sivaloka Day

Sunday, August 17, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yukhtayam
Rohini Nakshatra Vyaghala* Yoga Gara/Vanija Karana Navami/Dashamam Titau

Gulika 3:42PM – 5:38PM
Yama 11:51AM – 1:47PM
Rahu 5:38PM – 7:33PM

Rohini Untill 10:49PM
Vyaghala* Untill 9:11PM
Vanija Untill 1:56AM Mon
Navami* Untill 2:57PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Yellow
Savana-Avani

Sunrise: 4:09AM
Sunset: 7:33PM

Stockholm, Sweden
Sun 7 Sutra 125

Wishabha Rasi: 13.26 Tithi 24 – 25
Creative Work - Siddha Yoga

Vasavasa 5:17
Moon 8 - Phase 17 - 7 Navami
Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Monday, August 18, 2025		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Vasi* Bava Karana Dashami/Ekadashtyam Titau				Stockholm, Sweden Sun 8 Sutra 126
Wishabha Rasi: 27.32	TITHI 25 – 26	Gulika Yama	1:46PM – 3:41PM 9:56AM – 11:51AM	Mrigashira Until 9:38PM Harshana Until 6:32PM	Ganesh: Clear Muruga: Blue	Sunrise: 4:12AM Sunset: 7:31PM
Family Home Evening	536728572	Rahu	6:07AM – 8:01AM	Bava Until 12:01AM Tue	Nataraja: Yellow	Moon 8 - Phase 18 - 8 2nd Phase
Creative Work	Amrita Yoga			Dashami Until 12:56PM	Moon – Yellow Sravana-Avani	Sivaloka Day
Until 9:38PM						
Then Creative Work	Siddha Yoga					

2 Tuesday, August 19, 2025		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Stockholm, Sweden Sun 9 Sutra 127
Mithuna Rasi: 11.31	TITHI 26 – 27	Gulika Yama	11:51AM – 1:45PM 8:02AM – 9:57AM	Ardra Until 8:31PM Vajra* Until 4:01PM	Ganesh: Clear Muruga: Blue	Sunrise: 4:14AM Sunset: 7:28PM
	536728572	Rahu	3:39PM – 5:34PM	Kaulava Until 10:18PM	Nataraja: Yellow	Moon 8 - Phase 18 - 9 2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 11:06AM	Moon – Yellow Sravana-Avani	Sivaloka Day
Until 8:31PM						
Then Creative Work	Siddha Yoga					

3 Wednesday, August 20, 2025		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Viscara Yuktayam Punarvasu Nakshatra Siddhi/Vyaptara* Yoga Talila/Gara Karana Dwadashi/Trayodashyam Titau				Stockholm, Sweden Sun 10 Sutra 128
Mithuna Rasi: 25.21	TITHI 27 – 28	Gulika Yama	9:57AM – 11:51AM 6:10AM – 8:04AM	Punarvasu Until 7:58PM Siddhi Until 1:44PM	Ganesh: Purple Muruga: Blue	Sunrise: 4:16AM Sunset: 7:29PM
	546728572	Rahu	11:51AM – 1:44PM	Gara Until 8:52PM	Nataraja: Yellow	Moon 8 - Phase 18 - 10 2nd Phase
Creative Work	Siddha Yoga			Dwadashi* Until 9:31AM	Moon – Blue Sravana-Avani	Devaloka Day

Pradosha Vata (Fasting)

4 Thursday, August 21, 2025		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Viscara Yuktayam Pushya Nakshatra Vyaptara*/Varjyan Yoga Vanja/Vshi* Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 11 Sutra 129
Kataka Rasi: 9.01	TITHI 28 – 29	Gulika Yama	8:05AM – 9:57AM 4:19AM – 6:12AM	Pushya Until 7:37PM Vyaptara* Until 11:44AM	Ganesh: Purple Muruga: Blue	Sunrise: 4:18AM Sunset: 7:27PM
	546728572	Rahu	1:43PM – 3:36PM	Vishi Until 7:48PM	Nataraja: Yellow	Moon 8 - Phase 18 - 11 2nd Phase
Creative Work	Amrita Yoga			Trayodashi* Until 8:15AM	Moon – Blue Sravana-Avani	Devaloka Day
Until 7:37PM						
Then Creative Work	Siddha Yoga					

Friday, August 22, 2025		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Viscara Yuktayam Ashlesha* Nakshatra Varjyan/Parigha* Yoga Sakun*/Caluspada* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 12 Sutra 130
Kataka Rasi: 22.26	TITHI 29 – 30	Gulika Yama	6:13AM – 8:06AM 3:35PM – 5:27PM	Ashlesha* Until 7:34PM Varjyan Until 10:02AM	Ganesh: Light Blue Muruga: Blue	Sunrise: 4:21AM Sunset: 7:19PM
	547728572	Rahu	9:58AM – 11:50AM	Caluspada Until 7:11PM	Nataraja: Yellow	Moon 8 - Phase 18 - 12 Amavasya
Routine Work	Marana Yoga			Chaturdashi* Until 7:25AM	Moon – Blue Sravana-Avani	Devaloka Day

Saturday, August 23, 2025		Visavasu Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stockholm, Sweden Sun 13 Sutra 131
Simha Rasi: 5.35	TITHI 30 – 1	Gulika Yama	4:23AM – 6:15AM 1:42PM – 3:33PM	Magha* Until 8:21PM Parigha* Until 8:46AM	Ganesh: Purple Muruga: Blue	Sunrise: 4:23AM Sunset: 7:17PM
	557728572	Rahu	8:07AM – 9:58AM	Kintughna Until 7:06PM	Nataraja: Yellow	Moon 8 - Phase 18 - 13 Prathama
Creative Work	Amrita Yoga			Amavasya* Until 7:03AM	Moon – Red Bhadrapada-Avani	Devaloka Day
Until 8:21PM						
Then Creative Work	Siddha Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself — that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1 Sunday, August 24, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Parvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Titau			Stockholm, Sweden Sun 14 Sutra 132
Simha Rasi: 18.28	Tithi 1 – 2	Gulika 3:32PM – 5:23PM Yama 11:50AM – 1:41PM 57728572 Rahu 5:23PM – 7:14PM	Purvaphalguni Until 9:33PM Shiva Until 7:57AM Balava Until 7:37PM Prathama* Until 7:16AM	Ganesha: Purple Sunrise: 4:26AM Muruga: Blue Sunset: 7:14PM Nataraja: Yellow Moon - Red Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 12 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 9:33PM					
Then Creative Work - Amrita Yoga					

2 Monday, August 25, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhyo Yoga Kaulava/Tailita Karana Dvitya/Dvityayam Titau			Stockholm, Sweden Sun 15 Sutra 133
Kanya Rasi: 1.04	Tithi 2 – 3	Gulika 1:40PM – 3:30PM Yama 9:59AM – 11:49AM 57728572 Rahu 6:18AM – 8:09AM	Uttaraphalguni Until 11:10PM Siddha Until 7:34AM Tailita Until 8:42PM Dvitiya Until 8:04AM	Ganesha: Purple Sunrise: 4:26AM Muruga: Blue Sunset: 7:11PM Nataraja: Yellow Moon - Red Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 15 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Family Home Evening					
Then Creative Work - Amrita Yoga					

3 Tuesday, August 26, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhyo Yoga Gara/Vanija Karana Tritiya/Chalutrayam Titau			Stockholm, Sweden Sun 16 Sutra 134
Kanya Rasi: 13.24	Tithi 3 – 4	Gulika 11:49AM – 1:39PM Yama 8:10AM – 9:59AM 57728572 Rahu 3:29PM – 5:18PM	Hasla Until 1:37AM Wed Sadhyo Until 7:39AM Vanija Until 10:21PM Tritiya Until 9:27AM	Ganesha: Light Blue Sunrise: 4:30AM Muruga: Blue Sunset: 7:09PM Nataraja: Yellow Moon - Green Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 16 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Then Creative Work - Amrita Yoga					
		Ganesha Chaturthi			

4 Wednesday, August 27, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Chaturthi/Panchamam Titau			Stockholm, Sweden Sun 17 Sutra 135
Kanya Rasi: 25.32	Tithi 4 – 5	Gulika 10:00AM – 11:49AM Yama 6:22AM – 8:11AM 57728572 Rahu 11:49AM – 1:38PM	Chitra Until 4:17AM Thu Subha Until 8:08AM Bava Until 12:24AM Thu Chaturthi* Until 11:19AM	Ganesha: Light Blue Sunrise: 4:22AM Muruga: Blue Sunset: 7:05PM Nataraja: Yellow Moon - Green Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 4:17AM Thu					
Then Creative Work - Amrita Yoga					

5 Thursday, August 28, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svali Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau			Stockholm, Sweden Sun 18 Sutra 136
Tula Rasi: 7.31	Tithi 5 – 6	Gulika 8:12AM – 10:00AM Yama 4:35AM – 6:23AM 57728573 Rahu 1:37PM – 3:25PM	Svali Until 7:01AM Fri Sukla Until 8:51AM Kaulava Until 2:44AM Fri Panchami Until 1:32PM	Ganesha: Light Blue Sunrise: 4:25AM Muruga: Blue Sunset: 7:02PM Nataraja: White Moon - Green Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga				Sivaloka Day
Until 7:01AM Fri					
Then Creative Work - Siddha Yoga					

6 Friday, August 29, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Svali/Vishakha Nakshatra Brahma/Indra/Yoga Talita/Gara Karana Saptamam Titau			Stockholm, Sweden Sun 19 Sutra 137
Kanya Rasi: 19.24	Tithi 6 – 7	Gulika 6:25AM – 8:13AM Yama 3:24PM – 5:12PM 56872853 Rahu 10:00AM – 11:48AM	Svali Until 7:01AM Brahma Until 9:45AM Gara Until 5:09AM Sat Shashthi* Until 3:55PM	Ganesha: Purple Sunrise: 4:27AM Muruga: Blue Sunset: 7:00PM Nataraja: White Moon - Green Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga				Sivaloka Day
Then Creative Work - Amrita Yoga					

Saturday, August 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Vanija Karana Saptamam Titau			Stockholm, Sweden Sun 20 Sutra 138
Retreat Star		Gulika 4:39AM – 6:26AM Yama 1:35PM – 3:22PM 57872853 Rahu 8:14AM – 10:01AM	Vishakha Until 10:08AM Indra Until 10:41AM Vanija Until 6:17PM Saptami Until 6:17PM	Ganesha: Clear Sunrise: 4:39AM Muruga: Blue Sunset: 6:57PM Nataraja: White Moon - Orange Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 20 3rd Phase
Wishika Rasi: 1.16	Tithi 7				Subha Sivaloka Day
Creative Work	Siddha Yoga				
Then Creative Work - Amrita Yoga					

Sunday, August 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhri*/Vishkambha* Yoga Visi*/Bava Karana Ashtamam Titau			Stockholm, Sweden Sun 21 Sutra 139
Retreat Star		Gulika 3:21PM – 5:07PM Yama 11:48AM – 1:34PM 57872853 Rahu 5:07PM – 6:54PM	Anuradha Until 12:55PM Vaidhri* Until 11:27AM Visi Until 7:25AM Ashtami* Until 8:26PM	Ganesha: Clear Sunrise: 4:42AM Muruga: Blue Sunset: 6:54PM Nataraja: White Moon - Orange Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 21 Ashtami
Wishika Rasi: 13.12	Tithi 8				Subha Sivaloka Day
Routine Work	Marana Yoga				
Then Creative Work - Amrita Yoga					

Monday, September 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vibhikamba*/Pithi Yoga Balava/Kaulava Karana Navamam Titau			Stockholm, Sweden Sun 22 Sutra 140
Retreat Star		Gulika 1:33PM – 3:19PM Yama 10:01AM – 11:47AM 57872853 Rahu 6:30AM – 8:16AM	Jyeshtha* Until 3:12PM Vishkambha* Until 11:58AM Balava Until 9:23AM Navami* Until 10:10PM	Ganesha: Clear Sunrise: 4:44AM Muruga: Blue Sunset: 6:51PM Nataraja: White Moon - Orange Bhadrapada-Avani	Vasava: 5:17 Moon 8 - Phase 19 - 22 Navami
Wishika Rasi: 25.14	Tithi 9				Subha Sivaloka Day
Family Home Evening					
Creative Work	Siddha Yoga				
Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1 Tuesday, September 2, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktiyam Mula*Purvashadha* Nakshatra PriliAyushman Yoga TalilaGara Karana Dashaanyam Titau				Stockholm, Sweden
Dhanus Rasi: 7.28	Tithi 10	Gulika 11:47AM - 1:32PM	Mula* Until 5:18PM	Ganesh: White	Sunrise: 4:46AM	Sun 23 Sutra 141
		Yama 8:17AM - 10:02AM	Prili Until 12:07PM	Muruga: Blue	Sunset: 6:48PM	Vasarasu 5:27
		58872573 Rahu 3:17PM - 5:03PM	Tailila Until 10:52AM	Nataraja: White		Moon 8 - Phase 20 - 4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:21PM	Moon - Light Blue		Sivaloka Day
Until 5:18PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Wednesday, September 3, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bauha Vasara Yuktiyam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Titau				Stockholm, Sweden
Dhanus Rasi: 19.58	Tithi 11	Gulika 10:02AM - 11:47AM	Purvashadha* Until 6:37PM	Ganesh: Green	Sunrise: 4:46AM	Sun 24 Sutra 142
		Yama 6:33AM - 8:18AM	Ayushman Until 11:45AM	Muruga: Blue	Sunset: 6:49PM	Vasarasu 5:27
		58882573 Rahu 11:47AM - 1:31PM	Vanija Until 11:43AM	Nataraja: White		Moon 8 - Phase 20 - 4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 11:52PM	Moon - Light Blue		Sivaloka Day
				Bhadrapada-Avani		

3 Thursday, September 4, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktiyam Utlarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Titau				Stockholm, Sweden
Makara Rasi: 2.46	Tithi 12	Gulika 8:18AM - 10:02AM	Utlarashadha Until 7:06PM	Ganesh: White	Sunrise: 4:51AM	Sun 25 Sutra 143
		Yama 4:51AM - 6:35AM	Saubhagya Until 10:52AM	Muruga: Blue	Sunset: 6:49PM	Vasarasu 5:27
		58982573 Rahu 1:30PM - 3:14PM	Bava Until 11:53AM	Nataraja: White		Moon 8 - Phase 20 - 4th Phase
Routine Work	Marana Yoga		Dvadashti Until 11:40PM	Moon - Light Blue		Sivaloka Day
Until 7:06PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Friday, September 5, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Athiganda* Yoga Kadava/Tailila Karana Trayodashyam Titau				Stockholm, Sweden
Makara Rasi: 15.56	Tithi 13	Gulika 6:34AM - 8:19AM	Shravana Until 7:11PM	Ganesh: Yellow	Sunrise: 4:53AM	Sun 26 Sutra 144
		Yama 3:13PM - 4:56PM	Sobhana Until 9:25AM	Muruga: Blue	Sunset: 6:39PM	Vasarasu 5:27
		59982573 Rahu 10:03AM - 11:46AM	Kadava Until 11:20AM	Nataraja: White		Moon 8 - Phase 20 - 4th Phase
Routine Work	Marana Yoga		Trayodashi Until 10:47PM	Moon - Purple		Subha Sivaloka Day
Until 7:11PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

5 Saturday, September 6, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktiyam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden
Makara Rasi: 29.28	Tithi 14	Gulika 4:55AM - 6:38AM	Dhanishtha Until 6:29PM	Ganesh: Yellow	Sunrise: 4:55AM	Sun 27 Sutra 145
		Yama 1:28PM - 3:11PM	Athiganda* Until 7:24AM	Muruga: Blue	Sunset: 6:36PM	Vasarasu 5:27
		59982573 Rahu 8:20AM - 10:03AM	Gara Until 10:07AM	Nataraja: White		Moon 8 - Phase 20 - 4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:15PM	Moon - Purple		Subha Sivaloka Day
Until 6:29PM		Chidambaram Abhishekam		Bhadrapada-Avani		
Then Creative Work - Amrita Yoga						

O Sunday, September 7, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktiyam Copper Retreat Star Shalabhishak/Purvaproshtapada* Nakshatra Dhili Yoga Visi*/Bava Karana Purnimayam Titau				Stockholm, Sweden
Kumbha Rasi: 13.22	Tithi 15	Gulika 3:09PM - 4:51PM	Shalabhishak Until 5:06PM	Ganesh: Yellow	Sunrise: 4:57AM	Sutra 146
		Yama 11:45AM - 1:27PM	Dhili Until 2:03AM Mon	Muruga: Blue	Sunset: 6:33PM	Vasarasu 5:27
		59982573 Rahu 4:51PM - 6:33PM	Visi Until 8:18AM	Nataraja: White		Moon 8 - Phase 20 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:12PM	Moon - Purple		Subha Sivaloka Day
		Grandparent's Day		Bhadrapada-Avani		

Monday, September 8, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mese Kitchu Pakche Indu Vasara Yuktiyam Silver Retreat Star Purvaproshtapada*/Utlarproshthapada Nakshatra Shula* Yoga Balava/Tailila Karana Prathama/Dutyayam Titau				Stockholm, Sweden
Kumbha Rasi: 27.35	Tithi 16 - 17	Gulika 1:26PM - 3:08PM	Purvaproshtapada* Until 3:34PM	Ganesh: Yellow	Sunrise: 5:00AM	Sutra 147
		Yama 10:04AM - 11:45AM	Shula* Until 10:51PM	Muruga: Blue	Sunset: 6:30PM	Vasarasu 5:27
		51982573 Rahu 6:41AM - 8:22AM	Balava Until 6:02AM	Nataraja: White		Moon 8 - Phase 20 - Prathama
Family Home Evening	Marana Yoga		Prathama* Until 4:45PM	Moon - Clear		Subha Sivaloka Day
Until 3:34PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosrthapada/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 148

Vasavaasu 5:127

Meesa Rasi: 12.02 Tithi 17 - 18

Gulika

11:45AM - 1:25PM

Uttaraprosrthapada Until 1:38PM

Ganesha: Yellow

Sunrise: 5:03AM

Sunset: 6:27PM

Moon 9 - Phase 21 - 1

1st Phase

Creative Work Amrita Yoga

Until 1:38PM

Then Creative Work - Siddha Yoga

Ganda* Until 7:28PM

Vanija Until 12:36AM Wed

Dvitiya Until 2:00PM

Muruga: Blue

Nataraja: White

Moon - Clear

Bhadrapada-Avani

Subha Sivaloka Day

1

Wednesday, September 10, 2025

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Budha Vasara Yukatayam
Revati/Ashvini Nakshatra Dhruva/Vyaghta* Yoga Visi*/Bava Karana Tritiya/Chaturthayam Titau

Stockholm, Sweden

Sun 2 Sutra 149

Vasavaasu 5:127

Meesa Rasi: 26.37 Tithi 18 - 19

Gulika

10:04AM - 11:44AM

Revati Until 11:24AM

Ganesha: Yellow

Sunrise: 5:04AM

Sunset: 6:27PM

Moon 9 - Phase 21 - 2

1st Phase

Creative Work Marana Yoga

Until 9:26AM

Then Creative Work - Siddha Yoga

Gulika

6:44AM - 8:24AM

Vidhidi Until 4:01PM

Bava Until 9:42PM

Tritiya Until 11:08AM

Muruga: Blue

Nataraja: White

Moon - Clear

Bhadrapada-Avani

Subha Sivaloka Day

2

Thursday, September 11, 2025

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Gara Vasara Yukatayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghta* Yoga Balava/Kaulava Karana Chaturthi/Panchamayam Titau

Stockholm, Sweden

Sun 3 Sutra 150

Vasavaasu 5:127

Meesa Rasi: 11.14 Tithi 19 - 20

Gulika

8:25AM - 10:05AM

Ashvini Until 9:26AM

Ganesha: White

Sunrise: 5:06AM

Sunset: 6:27PM

Moon 9 - Phase 21 - 3

1st Phase

Creative Work Amrita Yoga

Until 9:26AM

Then Creative Work - Siddha Yoga

Gulika

5:06AM - 6:46AM

Dhruva Until 12:32PM

Kaulava Until 6:51PM

Chaturthi* Until 8:15AM

Muruga: Blue

Nataraja: White

Moon - White

Bhadrapada-Avani

Sivaloka Day

3

Friday, September 12, 2025

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukatayam
Bharani/Krittika Nakshatra Vyaghta*/Harshana Yoga Gara/Venija Karana Shashthiyam Titau

Stockholm, Sweden

Sun 4 Sutra 151

Vasavaasu 5:127

Meesa Rasi: 25.47 Tithi 21

Gulika

6:47AM - 8:26AM

Bharani Until 7:26AM

Ganesha: Blue

Sunrise: 5:09AM

Sunset: 6:28PM

Moon 9 - Phase 21 - 4

1st Phase

Creative Work Siddha Yoga

Until 4:10AM Sun

Then Creative Work - Siddha Yoga

Gulika

3:01PM - 4:40PM

Vyaghta* Until 9:11AM

Gara Until 4:09PM

Shashthi* Until 2:52AM Sat

Muruga: Blue

Nataraja: White

Moon - White

Bhadrapada-Avani

Sivaloka Day

4

Saturday, September 13, 2025

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Manita Vasara Yukatayam
Rohini Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Saptamayam Titau

Stockholm, Sweden

Sun 5 Sutra 152

Vasavaasu 5:127

Wishahba Rasi: 10.11 Tithi 22

Gulika

5:11AM - 6:49AM

Rohini Until 4:10AM Sun

Ganesha: Red

Sunrise: 5:11AM

Sunset: 6:28PM

Moon 9 - Phase 21 - 5

1st Phase

Creative Work Amrita Yoga

Until 4:10AM Sun

Then Creative Work - Siddha Yoga

Gulika

1:21PM - 2:59PM

Harshana Until 6:01AM

Visi Until 1:42PM

Saptami Until 12:34AM Sun

Muruga: Blue

Nataraja: White

Moon - Yellow

Bhadrapada-Avani

Subha Sivaloka Day

5

Sunday, September 14, 2025

Retreat Star

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukatayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamayam Titau

Stockholm, Sweden

Sun 6 Sutra 153

Vasavaasu 5:127

Wishahba Rasi: 24.24 Tithi 23

Gulika

2:58PM - 4:35PM

Mrigashira Until 3:01AM Mon

Ganesha: Red

Sunrise: 5:13AM

Sunset: 6:29PM

Moon 9 - Phase 21 - 6

Ashtami

Creative Work Siddha Yoga

Until 4:10AM Sun

Then Creative Work - Siddha Yoga

Gulika

11:43AM - 1:20PM

Siddhi Until 12:24AM Mon

Balava Until 11:34AM

Ashtami* Until 10:37PM

Muruga: Blue

Nataraja: White

Moon - Yellow

Bhadrapada-Avani

Subha Sivaloka Day

Monday, September 15, 2025

Retreat Star

Visavaasu Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Indu Vasara Yukatayam
Ardra Nakshatra Vyatipata* Yoga Talila/Gara Karana Navamayam Titau

Stockholm, Sweden

Sun 7 Sutra 154

Vasavaasu 5:127

Mithuna Rasi: 8.22 Tithi 24

Gulika

1:19PM - 2:56PM

Ardra Until 2:08AM Tue

Ganesha: Red

Sunrise: 5:15AM

Sunset: 6:29PM

Moon 9 - Phase 21 - 7

Navami

Family Home Evening

Creative Work Siddha Yoga

Gulika

10:06AM - 11:43AM

Vyatipata* Until 10:05PM

Talila Until 9:48AM

Navami* Until 9:03PM

Muruga: Blue

Nataraja: White

Moon - Yellow

Bhadrapada-Avani

Subha Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Tuesday, September 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mangala Vasara Yukhtayam Stockholm, Sweden Panavasu Nakshatra Varjanyam Yoga Vanija/Visli* Karana Dashamam Titau Sun 8 Sutra 155		
	Mithuna Rasi: 22:06	Tithi 25	Gulika 11:42AM – 1:18PM Yama 8:30AM – 10:06AM Rahu 2:54PM – 4:31PM	Purnavasru Untill 1:56AM Wed Varjanyam Untill 8:04PM Bava Untill 8:26AM Dashami Untill 7:54PM	Ganesha: Green Sunrise: 5:16AM Muruga: Blue Sunset: 6:07PM Nataraja: White Moon – Blue Bhadrapada-Puratasi
Creative Work Siddha Yoga		541828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 8 2nd Phase

2	Wednesday, September 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Budha Vasara Yukhtayam Stockholm, Sweden Pushya Nakshatra Parigha* Yoga Bava/Balavo Karana Ekadashyam Titau Sun 9 Sutra 156		
	Kalka Rasi: 5:35	Tithi 26	Gulika 10:06AM – 11:42AM Yama 6:55AM – 8:31AM Rahu 11:42AM – 1:17PM	Pushya Untill 2:02AM Thu Parigha* Untill 6:24PM Bava Untill 7:30AM Ekadashi* Untill 7:11PM	Ganesha: Green Sunrise: 5:20AM Muruga: Blue Sunset: 6:04PM Nataraja: White Moon – Blue Bhadrapada-Puratasi
Creative Work Siddha Yoga		541828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 9 2nd Phase

3	Thursday, September 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Guru Vasara Yukhtayam Stockholm, Sweden Ashlesha* Nakshatra Shiva/Siddha Yoga Kaulava/Talila Karana Dvadashyam Titau Sun 10 Sutra 157		
	Kalka Rasi: 18:5	Tithi 27	Gulika 8:32AM – 10:07AM Yama 5:22AM – 6:57AM Rahu 1:16PM – 2:51PM	Ashlesha* Untill 2:25AM Fri Shiva Untill 5:07PM Kaulava Untill 7:00AM Dvadashi* Untill 6:54PM	Ganesha: Green Sunrise: 5:22AM Muruga: Blue Sunset: 6:01PM Nataraja: White Moon – Blue Bhadrapada-Puratasi
Creative Work Siddha Yoga		541828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 10 2nd Phase
Then Routine Work - Marana Yoga					
Untill 2:25AM Fri					

4	Friday, September 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Sukra Vasara Yukhtayam Stockholm, Sweden Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau Sun 11 Sutra 158		
	Simha Rasi: 1:5	Tithi 28	Gulika 6:59AM – 8:33AM Yama 2:49PM – 4:24PM Rahu 10:07AM – 11:41AM	Magha* Untill 3:34AM Sat Siddha Untill 4:09PM Gara Untill 6:58AM Trayodashi* Untill 7:06PM	Ganesha: White Sunrise: 5:24AM Muruga: Blue Sunset: 5:58PM Nataraja: White Moon – Red Bhadrapada-Puratasi
Routine Work Marana Yoga		551828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 11 2nd Phase
Untill 3:34AM Sat					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vata (Fasting)</i>					

5	Saturday, September 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Mania Vasara Yukhtayam Stockholm, Sweden Purvaphalguni Nakshatra Sadhya/Subha Yoga Visli*/Sakuni* Karana Chaturdashyam Titau Sun 12 Sutra 159		
	Simha Rasi: 14:37	Tithi 29	Gulika 5:27AM – 7:00AM Yama 1:14PM – 2:48PM Rahu 8:34AM – 10:07AM	Purvaphalguni Untill 5:00AM Sun Sadhya Untill 3:34PM Visli Untill 7:24AM Chaturdashi* Untill 7:46PM	Ganesha: White Sunrise: 5:27AM Muruga: Blue Sunset: 5:59PM Nataraja: White Moon – Red Bhadrapada-Puratasi
Creative Work Siddha Yoga		551828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 12 2nd Phase
Untill 5:00AM Sun					
Then Creative Work - Amrita Yoga					

●	Sunday, September 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yukhtayam Stockholm, Sweden Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Niaga* Karana Amavasyayam Titau Sun 13 Sutra 160		
	Simha Rasi: 27:1	Tithi 30	Gulika 2:46PM – 4:19PM Yama 11:40AM – 1:13PM Rahu 4:19PM – 5:52PM	Uttaraphalguni Untill 6:44AM Mon Subha Untill 3:22PM Catuspada Untill 8:17AM Amavasya* Untill 8:53PM	Ganesha: White Sunrise: 5:29AM Muruga: Blue Sunset: 5:57PM Nataraja: White Moon – Red Bhadrapada-Puratasi
Creative Work Amrita Yoga		551828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 13 Amavasya
Untill 6:44AM Mon					
Then Creative Work - Siddha Yoga					
Mahalaya Amavasai (Tamil Nadu)					

●	Monday, September 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksho Indu Vasara Yukhtayam Stockholm, Sweden Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamam Titau Sun 14 Sutra 161		
	Kanya Rasi: 9:32	Tithi 1	Gulika 1:12PM – 2:44PM Yama 10:06AM – 11:40AM Rahu 7:03AM – 8:36AM	Uttaraphalguni Untill 6:44AM Sukla Untill 3:29PM Kintughna Untill 9:39AM Prathama* Untill 10:28PM	Ganesha: White Sunrise: 5:31AM Muruga: Blue Sunset: 5:59PM Nataraja: White Moon – Red Ashvina-Puratasi
Creative Work Siddha Yoga		551828573			Sivaloka Day Vasavasru 5:127 Moon 9 - Phase 22 - 14 Prathama
Then Creative Work - Siddha Yoga					
Navaratri Begins					

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktyam Stockholm, Sweden Hasta/Chitra Nakshatra Brahmalndra Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 15 Sutra 162				
Kanya Rasi: 21.43	Tilhi 2	Gulika 11:40AM – 11:11PM	Hasla Until 9:11AM	Ganesha: Red	Sunrise: 5:34AM	Vasavasu: 5:17
		Yama 8:37AM – 10:08AM	Brahma Until 3:54PM	Muruga: Blue	Sunset: 5:46PM	Moon 9 - Phase 23 - 12
		Rahu 2:43PM – 4:14PM	Balava Until 11:25AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:25AM Wed	Moon - Green		Subha Sivaloka Day
				Ashvina-Puratasi		
2 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktyam Stockholm, Sweden Chitra/Svati Nakshatra Indra/Vaidhiti/ Vishkambha* Yoga Talilla/Gara Karana Tillyayam Tilau Sun 16 Sutra 163				
Tula Rasi: 3.45	Tilhi 3	Gulika 10:08AM – 11:39AM	Chitra Until 11:49AM	Ganesha: Red	Sunrise: 5:36AM	Vasavasu: 5:17
		Yama 7:07AM – 8:38AM	Indra Until 4:36PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 23 - 16
		Rahu 11:39AM – 1:10PM	Talilla Until 1:32PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 2:40AM Thu	Moon - Green		Subha Sivaloka Day
				Ashvina-Puratasi		
3 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktyam Stockholm, Sweden Svati/Vishakha Nakshatra Vaidhiti/ Vishkambha* Yoga Vanija/Visli* Karana Chaturthiyam Tilau Sun 17 Sutra 164				
Tula Rasi: 15.41	Tilhi 4	Gulika 8:39AM – 10:09AM	Svati Until 2:31PM	Ganesha: Red	Sunrise: 5:38AM	Vasavasu: 5:17
		Yama 5:38AM – 7:08AM	Vaidhiti* Until 5:26PM	Muruga: Blue	Sunset: 5:49PM	Moon 9 - Phase 23 - 17
		Rahu 1:09PM – 2:39PM	Vanija Until 3:54PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 5:06AM Fri	Moon - Green		Subha Sivaloka Day
Until 2:31PM				Ashvina-Puratasi		
Then Creative Work - Siddha Yoga						
4 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktyam Stockholm, Sweden Vishakha/Anuradha Nakshatra Vishkambha* Yoga Bava Karana Panchamyam Tilau Sun 18 Sutra 165				
Tula Rasi: 27.34	Tilhi 5	Gulika 7:10AM – 8:39AM	Vishakha Until 5:40PM	Ganesha: Blue	Sunrise: 5:40AM	Vasavasu: 5:17
		Yama 2:38PM – 4:07PM	Vishkambha* Until 6:21PM	Muruga: Blue	Sunset: 5:37PM	Moon 9 - Phase 23 - 18
		Rahu 10:09AM – 11:39AM	Bava Until 6:22PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:35AM Sat	Moon - Orange		Subha Subha Sivaloka Day
				Ashvina-Puratasi		
5 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktyam Stockholm, Sweden Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashmyam Tilau Sun 19 Sutra 166				
Wishika Rasi: 9.25	Tilhi 5 – 6	Gulika 5:43AM – 7:12AM	Anuradha Until 8:37PM	Ganesha: Red	Sunrise: 5:43AM	Vasavasu: 5:17
		Yama 1:07PM – 2:36PM	Priti Until 7:16PM	Muruga: Blue	Sunset: 5:34PM	Moon 9 - Phase 23 - 19
		Rahu 8:40AM – 10:09AM	Kaulava Until 8:48PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:35AM	Moon - Orange		Subha Sivaloka Day
				Ashvina-Puratasi		
6 Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktyam Stockholm, Sweden Jyeshtha* Nakshatra Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau Sun 20 Sutra 167				
Wishika Rasi: 21.19	Tilhi 6 – 7	Gulika 2:35PM – 4:03PM	Jyeshtha* Until 11:12PM	Ganesha: Green	Sunrise: 5:45AM	Vasavasu: 5:17
		Yama 11:38AM – 1:06PM	Ayushman Until 8:00PM	Muruga: Blue	Sunset: 5:37PM	Moon 9 - Phase 23 - 20
		Rahu 4:03PM – 5:31PM	Gara Until 11:02PM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 9:56AM	Moon - Orange		Sivaloka Day
Until 11:12PM				Ashvina-Puratasi		
Then Creative Work - Amrita Yoga						
Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktyam Stockholm, Sweden Mula* Nakshatra Saubhagya Yoga Vanija/Visli* Karana Sapthami/Ashmtayam Tilau Sun 21 Sutra 168				
Retreat Star		Gulika 1:05PM – 2:33PM	Mula* Until 1:45AM Tue	Ganesha: Red	Sunrise: 5:47AM	Vasavasu: 5:17
Dhanus Rasi: 3.19	Tilhi 7 – 8	Yama 10:10AM – 11:38AM	Saubhagya Until 8:28PM	Muruga: Blue	Sunset: 5:28PM	Moon 9 - Phase 23 - 21
Family Home Evening		Rahu 7:15AM – 8:42AM	Visli Until 12:52AM Tue	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Saptami Until 12:00PM	Moon - Light Blue		Subha Sivaloka Day
		Durga Ashtami		Ashvina-Puratasi		
Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktyam Stockholm, Sweden Purvashadha* Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Tilau Sun 22 Sutra 169				
Retreat Star		Gulika 11:37AM – 1:04PM	Purvashadha* Until 3:35AM Wed	Ganesha: Red	Sunrise: 5:49AM	Vasavasu: 5:17
Dhanus Rasi: 15.29	Tilhi 8 – 9	Yama 8:43AM – 10:10AM	Sobhana Until 8:32PM	Muruga: Blue	Sunset: 5:25PM	Moon 9 - Phase 23 - 22
		Rahu 2:31PM – 3:58PM	Balava Until 2:09AM Wed	Nataraja: White		Navami
Creative Work	Siddha Yoga		Ashtami* Until 1:34PM	Moon - Light Blue		Subha Sivaloka Day
Until 3:35AM Wed		Saraswathi Puja (Tamil Nadu)		Ashvina-Puratasi		
Then Creative Work - Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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1		Wednesday, October 1, 2025				Stockholm, Sweden
Dhanus Rasi: 27.55		Tithi 9 - 10				Sun 23
Creative Work		Amrita Yoga				Sutra 170
Until 4:34AM Thu		Then Creative Work - Siddha Yoga				Vasarasu 5:127
		Vijaya Dasami				Subha Sivaloka Day

2		Thursday, October 2, 2025				Stockholm, Sweden
Makara Rasi: 10.41		Tithi 10 - 11				Sun 24
Creative Work		Siddha Yoga				Sutra 171
		Dashami Until 2:31AM Fri				Vasarasu 5:127
		Dashami Until 2:42PM				Moon 9 - Phase 24 - 24
		Ashvini-Puratasi				4th Phase
		Sivaloka Day				

3		Friday, October 3, 2025				Stockholm, Sweden
Makara Rasi: 23.5		Tithi 11 - 12				Sun 25
Creative Work		Siddha Yoga				Sutra 172
Until 4:41AM Sat		Then Creative Work - Amrita Yoga				Vasarasu 5:127
		Ekadashi Until 2:05PM				Moon 9 - Phase 24 - 25
		Ashvini-Puratasi				4th Phase
		Sivaloka Day				

4		Saturday, October 4, 2025				Stockholm, Sweden
Kumbha Rasi: 7.25		Tithi 12 - 13				Sun 26
Creative Work		Amrita Yoga				Sutra 173
Until 3:24AM Sun		Then Creative Work - Siddha Yoga				Vasarasu 5:127
		Kadalswami Mahasamadi				Moon 9 - Phase 24 - 26
		Dvadashi Until 12:42PM				4th Phase
		Ashvini-Puratasi				
		Sivaloka Day				

5		Sunday, October 5, 2025				Stockholm, Sweden
Kumbha Rasi: 21.26		Tithi 13 - 14				Sun 27
Creative Work		Siddha Yoga				Sutra 174
		Chidambaram Abhishekam				Vasarasu 5:127
		Trayodashi Until 10:36AM				Moon 9 - Phase 24 - 27
		Ashvini-Puratasi				4th Phase
		Sivaloka Day				

Monday, October 6, 2025		Stockholm, Sweden				
Copper Retreat Star		Sutra 175				
Meena Rasi: 5.53		Tithi 14 - 15				Vasarasu 5:127
Family Home Evening		613928573				Moon 9 - Phase 24 - Purnima
Creative Work		Siddha Yoga				Subha Sivaloka Day
		Chaturdashi Until 7:56AM				

Tuesday, October 7, 2025		Stockholm, Sweden				
Silver Retreat Star		Sutra 176				
Meena Rasi: 20.39		Tithi 16				Vasarasu 5:127
Creative Work		Siddha Yoga				Moon 9 - Phase 24 - Prathama
		Prathama Until 1:26AM Wed				Subha Sivaloka Day

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam Stockholm, Sweden
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam Titau Sutra 177

	Gulika	10:13AM - 11:35AM	Ashvini Untill 6:17PM	Ganesha: White	Sunrise: 6:08AM	Vasavasau 5:127
Mesha Rasi: 5.37	Tithi 17	Yama 7:30AM - 8:51AM	Harshana Untill 9:05PM	Muruga: Blue	Sunset: 5:02PM	Moon 10 - Phase 25 - 1st Phase
	Rahu	11:35AM - 12:57PM	Tailila Untill 11:42AM	Nataraja: Clear		
Routine Work Marana Yoga			Dvitiya Untill 9:56PM	Moon - White		Subha Sivaloka Day
Untill 6:17PM				Ashvina-Puratasi		
Then Creative Work - Siddha Yoga						

1 Thursday, October 9, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam Stockholm, Sweden
Bharani/Krittika Nakshatra Vajra/Siddhi Yoga Vanija/Visli/ Karana Tridhaya Titau Sutra 178

	Gulika	8:52AM - 10:13AM	Bharani Untill 3:35PM	Ganesha: White	Sunrise: 6:10AM	Vasavasau 5:127
Mesha Rasi: 20.4	Tithi 18	Yama 6:10AM - 7:31AM	Vajra Untill 5:04PM	Muruga: Blue	Sunset: 4:59PM	Moon 10 - Phase 25 - 1st Phase
	Rahu	12:56PM - 2:17PM	Vanija Untill 8:12AM	Nataraja: Clear		
Creative Work Siddha Yoga			Tritiya Untill 6:28PM	Moon - White		Subha Sivaloka Day
Untill 3:35PM				Ashvina-Puratasi		
Then Routine Work - Marana Yoga						

2 Friday, October 10, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam Stockholm, Sweden
Krittika/Rohini Nakshatra Siddhi/Vyjalpala/ Yoga Balava/Kaulava Karana Chalurithi/Panchamyam Titau Sutra 179

	Gulika	7:33AM - 8:53AM	Krittika Untill 12:55PM	Ganesha: White	Sunrise: 6:13AM	Vasavasau 5:127
Wishabha Rasi: 5.37	Tithi 19 - 20	Yama 2:15PM - 3:36PM	Siddhi Untill 1:13PM	Muruga: Blue	Sunset: 4:56PM	Moon 10 - Phase 25 - 2 1st Phase
	Rahu	10:14AM - 11:34AM	Kaulava Untill 1:42AM Sat	Nataraja: Clear		
Creative Work Siddha Yoga			Chalurithi Untill 3:12PM	Moon - White		Subha Sivaloka Day
Untill 12:55PM				Ashvina-Puratasi		
Then Routine Work - Marana Yoga						

3 Saturday, October 11, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam Stockholm, Sweden
Rohini/Mrigashira Nakshatra Vyjalpala/Variyan Yoga Talila/Gara Karana Panchami/Shashthiyam Titau Sutra 180

	Gulika	6:15AM - 7:35AM	Rohini Untill 10:51AM	Ganesha: Yellow	Sunrise: 6:15AM	Vasavasau 5:127
Wishabha Rasi: 20.22	Tithi 20 - 21	Yama 12:54PM - 2:14PM	Vyjalpala Untill 9:39AM	Muruga: Blue	Sunset: 4:53PM	Moon 10 - Phase 25 - 3 1st Phase
	Rahu	8:54AM - 10:14AM	Gara Untill 10:59PM	Nataraja: Clear		
Creative Work Amrita Yoga			Panchami Untill 12:16PM	Moon - Yellow		Sivaloka Day
Untill 10:51AM				Ashvina-Puratasi		
Then Creative Work - Siddha Yoga						

4 Sunday, October 12, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bharu Vasara Yuktayam Stockholm, Sweden
Mrigashira/Ardra Nakshatra Varjan/Parigra/ Yoga Vanija/Visli/ Karana Shashthi/Saptamyam Titau Sutra 181

	Gulika	2:12PM - 3:31PM	Mrigashira Untill 9:07AM	Ganesha: Yellow	Sunrise: 6:17AM	Vasavasau 5:127
Mithuna Rasi: 4.49	Tithi 21 - 22	Yama 11:34AM - 12:53PM	Varjan Untill 6:25AM	Muruga: Blue	Sunset: 4:50PM	Moon 10 - Phase 25 - 4 1st Phase
	Rahu	3:31PM - 4:50PM	Visli Untill 8:48PM	Nataraja: Clear		
Creative Work Siddha Yoga			Shashthi Untill 9:48AM	Moon - Yellow		Sivaloka Day
Untill 10:51AM				Ashvina-Puratasi		

Monday, October 13, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam Stockholm, Sweden
Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau Sutra 182

	Gulika	12:52PM - 2:11PM	Ardra Untill 7:47AM	Ganesha: Yellow	Sunrise: 6:20AM	Vasavasau 5:127
Mithuna Rasi: 18.53	Tithi 22 - 23	Yama 10:15AM - 11:34AM	Shiva Untill 1:23AM Tue	Muruga: Blue	Sunset: 4:48PM	Moon 10 - Phase 25 - 5 Ashtami
	Rahu	7:38AM - 8:57AM	Balava Untill 7:12PM	Nataraja: Clear		
Family Home Evening			Sapthami Untill 7:54AM	Moon - Yellow		Sivaloka Day
Creative Work Siddha Yoga				Ashvina-Puratasi		
Untill 7:47AM						
Then Creative Work - Amrita Yoga						

Tuesday, October 14, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangala Vasara Yuktayam Stockholm, Sweden
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau Sutra 183

	Gulika	11:33AM - 12:51PM	Punarvasu Untill 7:21AM	Ganesha: Blue	Sunrise: 6:22AM	Vasavasau 5:127
Kataka Rasi: 2.34	Tithi 23 - 24	Yama 8:58AM - 10:15AM	Siddha Untill 11:37PM	Muruga: Blue	Sunset: 4:45PM	Moon 10 - Phase 25 - 6 Navami
	Rahu	2:09PM - 3:27PM	Tailila Untill 6:15PM	Nataraja: Clear		
Creative Work Siddha Yoga			Ashtami Untill 6:38AM	Moon - Blue		Subha Sivaloka Day
Untill 6:17PM				Ashvina-Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktiyayam Stockholm, Sweden Pushya/Ashlesha Nakshatra Sadhya Yoga Gara/Visil Karana Navami/Dashmyam Tilau Sun 7 Sutra 184	
Kataka Rasi: 15.52	TITHI 24 – 25	Gulika 10:16AM – 11:33AM Yama 7:42AM – 8:59AM Rahu 11:33AM – 12:50PM	Pushya Untill 7:26AM Sadhya Untill 10:23PM Visiti Untill 6:03AM Thu Navami* Untill 6:01AM	Ganesh: Blue Muruga: Blue Nataraja: Clear Moon – Blue Ashvina-Puratasi	Sunrise: 6:24AM Sunset: 4:49PM Moon 10 - Phase 26 - 7 2nd Phase
Creative Work	Siddha Yoga			Subha Sivaloka Day	

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktiyayam Stockholm, Sweden Ashlesha/Magha Nakshatra Subha Yoga Visil/Bava Karana Dashami/Ekadashtyam Tilau Sun 8 Sutra 185	
Kataka Rasi: 28.5	TITHI 25 – 26	Gulika 9:00AM – 10:16AM Yama 6:27AM – 7:43AM Rahu 12:49PM – 2:06PM	Ashlesha* Untill 7:59AM Subha Untill 9:38PM Bava Untill 6:19PM Dashami Untill 6:03AM	Ganesh: Blue Muruga: Blue Nataraja: Clear Moon – Blue Ashvina-Puratasi	Sunrise: 6:27AM Sunset: 4:39PM Moon 10 - Phase 26 - 8 2nd Phase
Creative Work	Siddha Yoga			Subha Sivaloka Day	
Untill 7:59AM					
Then Creative Work	Amrita Yoga				

3		Friday, October 17, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktiyayam Stockholm, Sweden Magha/Purvaphalguni Nakshatra Sukla Yoga Bhlava/Kaulava Karana Ekadashi/Dvadashyam Tilau Sun 9 Sutra 186	
Simha Rasi: 11.32	TITHI 26 – 27	Gulika 7:45AM – 9:01AM Yama 2:04PM – 3:20PM Rahu 10:17AM – 11:33AM	Magha* Untill 9:25AM Sukla Untill 9:16PM Kaulava Untill 7:12PM Ekadashi* Untill 6:40AM	Ganesh: Red Muruga: Blue Nataraja: Clear Moon – Blue Ashvina-Alpasi	Sunrise: 6:29AM Sunset: 4:36PM Moon 10 - Phase 26 - 9 2nd Phase
Routine Work	Marana Yoga			Sivaloka Day	
Untill 9:25AM					
Then Creative Work	Siddha Yoga				

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Manta Vasara Yuktiyayam Stockholm, Sweden Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau Sun 10 Sutra 187	
Simha Rasi: 24	TITHI 27 – 28	Gulika 6:31AM – 7:47AM Yama 12:48PM – 2:03PM Rahu 9:02AM – 10:17AM	Purvaphalguni Untill 11:10AM Brahma Untill 9:17PM Gara Untill 8:34PM Dvadashi* Untill 7:49AM	Ganesh: Red Muruga: Blue Nataraja: Clear Moon – Red Ashvina-Alpasi	Sunrise: 6:31AM Sunset: 4:33PM Moon 10 - Phase 26 - 10 2nd Phase
Creative Work	Siddha Yoga			Sivaloka Day	
Untill 11:10AM					
Then Routine Work	Marana Yoga				
				<i>Pradosha Vata (Fasting)</i>	

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Shruva Vasara Yuktiyayam Stockholm, Sweden Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Visil Karana Trayodashi/Chaturdashyam Tilau Sun 11 Sutra 188	
Kanya Rasi: 6.16	TITHI 28 – 29	Gulika 2:01PM – 3:16PM Yama 11:32AM – 12:47PM Rahu 3:16PM – 4:31PM	Uttaraphalguni Untill 1:10PM Indra Untill 9:35PM Visiti Untill 10:19PM Trayodashi* Untill 9:23AM	Ganesh: Red Muruga: Blue Nataraja: Clear Moon – Red Ashvina-Alpasi	Sunrise: 6:34AM Sunset: 4:31PM Moon 10 - Phase 26 - 11 2nd Phase
Creative Work	Amrita Yoga			Sivaloka Day	
		Deepavali Hindu Solidarity Day			

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktiyayam Stockholm, Sweden Hasta/Chitra Nakshatra Vaidhiti* Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Tilau Sun 12 Sutra 189	
Kanya Rasi: 18.24	TITHI 29 – 30	Gulika 12:46PM – 2:00PM Yama 10:18AM – 11:32AM Rahu 7:50AM – 9:04AM	Hasla Untill 3:48PM Vaidhiti* Untill 10:04PM Catuspada Untill 12:22AM Tue Chaturdashi* Untill 11:18AM	Ganesh: Blue Muruga: Blue Nataraja: Clear Moon – Green Ashvina-Alpasi	Sunrise: 6:36AM Sunset: 4:28PM Moon 10 - Phase 26 - 12 Amavasya
Family Home Evening	Siddha Yoga			Devaloka Day	
Untill 3:48PM					
Then Routine Work	Prabalarishtha Yoga				

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktiyayam Stockholm, Sweden Chitra Nakshatra Vishkambha* Yoga Naga/Kintughni Karana Amavasya/Prathamayam Tilau Sun 13 Sutra 190	
Tula Rasi: 0.25	TITHI 30 – 1	Gulika 11:32AM – 12:45PM Yama 9:05AM – 10:19AM Rahu 1:59PM – 3:12PM	Chitra Untill 6:31PM Vishkambha* Untill 10:48PM Kintughna Untill 2:39AM Wed Amavasya* Untill 1:28PM	Ganesh: Blue Muruga: Blue Nataraja: Clear Moon – Green Kartika-Alpasi	Sunrise: 6:39AM Sunset: 4:25PM Moon 10 - Phase 26 - 13 Prathama
Creative Work	Siddha Yoga			Devaloka Day	
		Subramuniyaswami Mahasamadhi Skanda Shasthi Begins			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Wednesday, October 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Svali Nakshatra Pili Yoga Bava/Balava Karana Prathama/Duliyayam Titau			Stockholm, Sweden Sun 14	Sutra 191
	Tula Rasi: 12.22	Tilthi 1 – 2	Gulika 10.19AM – 11.32AM Yama 7.54AM – 9.06AM 664938574 Rahu 11.32AM – 12.44PM	Svali Untili 9:14PM Pili Untili 11.38PM Balava Untili 5:05AM Thu Prathama* Until 3:50PM	Ganesh: Blue Muruga: Yellow Nataraja: Clear Moon – Green Kartika-Alpasi	Sunrise: 6:41AM Sunset: 4:29PM	Vasvasu 5:127 Moon 10 - Phase 27 - 14 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

2	Thursday, October 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Kaulava Karana Dulliyayam Titau			Stockholm, Sweden Sun 15	Sutra 192
	Tula Rasi: 24.14	Tilthi 2	Gulika 9.08AM – 10.20AM Yama 6.43AM – 7.56AM 674138574 Rahu 12.44PM – 1.56PM	Vishakha Until 12:22AM Fri Ayushman Until 12.30AM Fri Kaulava Until 6:19PM Dvitiya Until 6:19PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:43AM Sunset: 4:29PM	Vasvasu 5:127 Moon 10 - Phase 27 - 15 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

3	Friday, October 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Sauhagya Yoga Talila/Gara Karana Triliyayam Titau			Stockholm, Sweden Sun 16	Sutra 193
	Wischika Rasi: 6.06	Tilthi 3	Gulika 7.57AM – 9.09AM Yama 1.54PM – 3.06PM 674138574 Rahu 10.20AM – 11.31AM	Anuradha Until 3:21AM Sat Sauhagya Until 1.24AM Sat Talila Until 7:36AM Tritiya Until 8:50PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:46AM Sunset: 4:17PM	Vasvasu 5:127 Moon 10 - Phase 27 - 16 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

4	Saturday, October 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantu Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Vanija/Vesli* Karana Chaluriyayam Titau			Stockholm, Sweden Sun 17	Sutra 194
	Wischika Rasi: 17.58	Tilthi 4	Gulika 6.48AM – 7.59AM Yama 12.42PM – 1.53PM 674138574 Rahu 9.10AM – 10.21AM	Jyeshtha* Until 6:05AM Sun Sobhana Until 2.14AM Sun Vanija Until 10:06AM Chalurihi* Until 11:17PM	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:48AM Sunset: 4:14PM	Vasvasu 5:127 Moon 10 - Phase 27 - 17 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

5	Sunday, October 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Talila Karana Shashiyayam Titau			Stockholm, Sweden Sun 18	Sutra 195
	Wischika Rasi: 29.52	Tilthi 5	Gulika 1.52PM – 3.02PM Yama 11.31AM – 12.41PM 674138574 Rahu 3.02PM – 4.12PM	Jyeshtha* Until 6:05AM Alhiganda* Until 2.54AM Mon Bava Until 12.29PM Panchami Until 1:33AM Mon	Ganesh: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 6:51AM Sunset: 4:12PM	Vasvasu 5:127 Moon 10 - Phase 27 - 18 3rd Phase
	Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

6	Monday, October 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Talila Karana Shashiyayam Titau			Stockholm, Sweden Sun 19	Sutra 196
	Dhanus Rasi: 11.51	Tilthi 6	Gulika 12.41PM – 1.50PM Yama 10.22AM – 11.31AM 684138574 Rahu 8.03AM – 9.12AM	Mula* Until 8:55AM Sukama Until 3.19AM Tue Kaulava Until 2.36PM Shashthi* Until 3:29AM Tue	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 6:53AM Sunset: 4:09PM	Vasvasu 5:127 Moon 10 - Phase 27 - 19 3rd Phase
	Family Home Evening	Siddha Yoga				Devaloka Day	

7	Tuesday, October 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhivli Yoga Gara/Vanija Karana Saptayam Titau			Stockholm, Sweden Sun 20	Sutra 197
	Dhanus Rasi: 23.59	Tilthi 7	Gulika 11.31AM – 12.40PM Yama 9.13AM – 10.22AM 684138574 Rahu 1.49PM – 2.58PM	Purvashadha* Until 11:14AM Dhivli Until 3:22AM Wed Gara Until 4.17PM Saptami Until 4:54AM Wed	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 6:56AM Sunset: 4:06PM	Vasvasu 5:127 Moon 10 - Phase 27 - 20 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day	

8	Wednesday, October 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Uttarashadha*Uttarashadha Nakshatra Shula* Yoga Vesli*/Bava Karana Ashtayam Titau			Stockholm, Sweden Sun 21	Sutra 198
	Makara Rasi: 6.2	Tilthi 8	Gulika 10.23AM – 11.31AM Yama 8.06AM – 9.15AM 684138574 Rahu 11.31AM – 12.39PM	Uttarashadha Until 12:51PM Shula* Until 2:52AM Thu Vesli Until 5:24PM Ashtami* Until 5:39AM Thu	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 6:58AM Sunset: 4:04PM	Vasvasu 5:127 Moon 10 - Phase 27 - 21 Ashtami
	Creative Work	Amrita Yoga				Devaloka Day	

9	Thursday, October 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navayam Titau			Stockholm, Sweden Sun 22	Sutra 199
	Makara Rasi: 18.58	Tilthi 9	Gulika 9.16AM – 10.23AM Yama 7.01AM – 8.08AM 694138574 Rahu 12.39PM – 1.46PM	Shravana Until 2:06PM Ganda* Until 1:47AM Fri Balava Until 5.45PM Navami* Until 5:37AM Fri	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple Kartika-Alpasi	Sunrise: 7:01AM Sunset: 4:01PM	Vasvasu 5:127 Moon 10 - Phase 27 - 22 Navami
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Friday, October 31, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Suktva Vasara Yuktyayam Dhanishtha/Shatabhishak Nakshatra Vitauh Yogi Talika/Gara Karana Dashantayam Titau				Stockholm, Sweden Sun 23	Sukra 200
	Kumbha Rasi: 2	Tithi 10	Gulika 8:10AM - 9:17AM Yama 1:45PM - 2:52PM	Dhanishtha Until 2:23PM Viddhi Until 12:04AM Sat Taitila Until 5:18PM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Purple Kartika-Alpasi	Sunrise: 7:03AM Sunset: 3:59PM	Vasvasau 5127	Moon 10 - Phase 2B - 23 4th Phase
Creative Work	Siddha Yoga	694138574	Rahu 10:24AM - 11:31AM	Dashami Until 4:44AM Sat			Bhuloka Day Devaloka Time: 3PM to 6PM	

2	Saturday, November 1, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mantra Vasara Yuktyayam Shatabhishak/Puravproshthapada* Nakshatra Dhruva Yoga Vanjiva/Visil* Karana Ekadashyam Titau				Stockholm, Sweden Sun 24	Sukra 201
	Kumbha Rasi: 15.28	Tithi 11	Gulika 7:06AM - 8:12AM Yama 12:37PM - 1:44PM	Shatabhishak Until 1:42PM Dhruva Until 9:39PM Vanija Until 4:00PM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - Purple Kartika-Alpasi	Sunrise: 7:06AM Sunset: 3:56PM	Vasvasau 5127	Moon 10 - Phase 2B - 24 4th Phase
Creative Work	Amrita Yoga	694138574	Rahu 9:18AM - 10:25AM	Ekadashi Until 3:02AM Sun			Bhuloka Day Devaloka Time: 3PM to 6PM	
Then Routine Work - Marana Yoga								

3	Sunday, November 2, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhava Vasara Yuktyayam Puravproshthapada*/Utarproshthapada Nakshatra Vyagha* Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 25	Sukra 202
	Kumbha Rasi: 29.26	Tithi 12	Gulika 1:42PM - 2:48PM Yama 11:31AM - 12:37PM	Puravproshthapada* Until 12:33PM Vyaghala* Until 6:39PM Bava Until 1:55PM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Clear Kartika-Alpasi	Sunrise: 7:08AM Sunset: 3:54PM	Vasvasau 5127	Moon 10 - Phase 2B - 25 4th Phase
Creative Work	Siddha Yoga	615138574	Rahu 2:48PM - 3:54PM	Dvadashi Until 12:36AM Mon			Devaloka Day	
Then Creative Work - Amrita Yoga								

4	Monday, November 3, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktyayam Utarproshthapada/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Tailika Karana Trayodashyam Titau				Stockholm, Sweden Sun 26	Sukra 203
	Mesha Rasi: 13.52	Tithi 13	Gulika 12:36PM - 1:41PM Yama 10:26AM - 11:31AM	Utarproshthapada Until 10:34AM Harshana Until 3:08PM Kaulava Until 11:10AM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Clear Kartika-Alpasi	Sunrise: 7:10AM Sunset: 3:51PM	Vasvasau 5127	Moon 10 - Phase 2B - 26 4th Phase
Family Home Evening	Siddha Yoga	615138574	Rahu 8:16AM - 9:21AM	Trayodashi Until 9:34PM			Devaloka Day	
Then Routine Work - Marana Yoga								

Pradosha Vata

5	Tuesday, November 4, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktyayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden Sun 27	Sukra 204
	Mesha Rasi: 28.43	Tithi 14	Gulika 11:31AM - 12:35PM Yama 9:22AM - 10:26AM	Revati Until 7:55AM Vajra* Until 11:11AM Gara Until 7:54AM	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon - Clear Kartika-Alpasi	Sunrise: 7:13AM Sunset: 3:49PM	Vasvasau 5127	Moon 10 - Phase 2B - 27 4th Phase
Creative Work	Siddha Yoga	615138574	Rahu 1:40PM - 2:44PM	Chaturdashi* Until 6:06PM			Devaloka Day	
Then Routine Work - Marana Yoga								

○	Wednesday, November 5, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vasara Yuktyayam Bharani Nakshatra Siddhi/Vyalyapata* Yoga Bava/Balava Karana Punima/Prathamayam Titau				Stockholm, Sweden Sun 28	Sukra 205
	Mesha Rasi: 13.51	Tithi 15 - 16	Gulika 10:27AM - 11:31AM Yama 8:19AM - 9:23AM	Bharani Until 2:06AM Thu Siddhi Until 6:58AM Balava Until 12:26AM Thu	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - White Kartika-Alpasi	Sunrise: 7:15AM Sunset: 3:46PM	Vasvasau 5127	Moon 10 - Phase 2B - Punima
Creative Work	Siddha Yoga	625138574	Rahu 11:31AM - 12:35PM	Punima* Until 2:21PM			Sivaloka Day	
Then Routine Work - Marana Yoga								

○	Thursday, November 6, 2025		Visvasau Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktyayam Kritika Nakshatra Varjyan Yoga Kaulava/Tailika Karana Prathama/Dvityayam Titau				Stockholm, Sweden Sun 29	Sukra 206
	Mesha Rasi: 29.08	Tithi 16 - 17	Gulika 9:24AM - 10:28AM Yama 7:18AM - 8:21AM	Kritika Until 10:55PM Varjyan Until 10:15PM Tailika Until 8:35PM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon - White Kartika-Alpasi	Sunrise: 7:16AM Sunset: 3:44PM	Vasvasau 5127	Moon 10 - Phase 2B - Prathama
Routine Work	Marana Yoga	625138574	Rahu 12:34PM - 1:37PM	Prathama* Until 10:29AM			Sivaloka Day	
Then Routine Work - Marana Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Sukra Vasara Yuktayam
 Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyam Titau

Stockholm, Sweden
 Sun 1 Subra 207

Wishabha Rasi: 14.24 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 8:09PM
 Then Creative Work - Siddha Yoga

735138574

Gulika 8:23AM - 9:26AM
Yama 1:36PM - 2:39PM
Rahu 10:28AM - 11:31AM

Rohini Until 8:09PM
Parigha* Until 6:02PM
Visiti Until 3:10AM Sat
Dvitiya Until 6:42AM

Ganesh: Purple
Muruga: Yellow
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Sunrise: 7:20AM
Sunset: 3:49PM
 Moon 11 - Phase 29 - 1
 1st Phase

Sivaloka Day**1 Saturday, November 8, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Marita Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthiyam Titau

Stockholm, Sweden
 Sun 2 Subra 208

Wishabha Rasi: 29.28 Tithi 19
 Creative Work Siddha Yoga

735138574

Gulika 7:23AM - 8:25AM
Yama 12:33PM - 1:35PM
Rahu 9:27AM - 10:29AM

Mrigashira Until 5:38PM
Shiva Until 2:07PM
Bava Until 1:33PM
Chalurthi* Until 12:02AM Sun

Ganesh: Purple
Muruga: Yellow
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Sunrise: 7:23AM
Sunset: 3:49PM
 Moon 11 - Phase 29 - 2
 1st Phase

Sivaloka Day**2 Sunday, November 9, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha/Sadhyha Yoga Kaulava/Taila Karana Panchamyam Titau

Stockholm, Sweden
 Sun 3 Subra 209

Mihuna Rasi: 14.11 Tithi 20
 Creative Work Siddha Yoga

735138574

Gulika 1:34PM - 2:36PM
Yama 11:31AM - 12:33PM
Rahu 2:36PM - 3:37PM

Ardra Until 3:30PM
Siddha Until 10:35AM
Kaulava Until 10:42AM
Panchami Until 9:29PM

Ganesh: Purple
Muruga: Yellow
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Sunrise: 7:25AM
Sunset: 3:49PM
 Moon 11 - Phase 29 - 3
 1st Phase

Sivaloka Day**3 Monday, November 10, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sadhyha/Subha Yoga Gara/Vanija Karana Shashthiyam Titau

Stockholm, Sweden
 Sun 4 Subra 210

Mihuna Rasi: 28.29 Tithi 21
Family Home Evening
 Creative Work Amrita Yoga
 Until 2:18PM
 Then Creative Work - Siddha Yoga

745138574

Gulika 12:32PM - 1:33PM
Yama 10:30AM - 11:31AM
Rahu 8:29AM - 9:29AM

Punarvasu Until 2:18PM
Sadhyha Until 7:35AM
Gara Until 8:29AM
Shashthi* Until 7:38PM

Ganesh: Clear
Muruga: Yellow
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Sunrise: 7:28AM
Sunset: 3:59PM
 Moon 11 - Phase 29 - 4
 1st Phase

Devaloka Day**4 Tuesday, November 11, 2025**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Mangala Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Sukla Yoga Visi* Bava Karana Saptamyam Titau

Stockholm, Sweden
 Sun 5 Subra 211

Kataka Rasi: 12.18 Tithi 22
 Creative Work Siddha Yoga

746138574

Gulika 11:31AM - 12:32PM
Yama 9:31AM - 10:31AM
Rahu 1:32PM - 2:32PM

Pushya Until 1:45PM
Sukla Until 3:27AM Wed
Visiti Until 7:02AM
Saptami Until 6:36PM

Ganesh: White
Muruga: Yellow
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Sunrise: 7:30AM
Sunset: 3:59PM
 Moon 11 - Phase 29 - 5
 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Wednesday, November 12, 2025**Retreat Star**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Budha Vasara Yuktayam
 Ashlesha*Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden
 Sun 6 Subra 212

Kataka Rasi: 25.38 Tithi 23
 Creative Work Siddha Yoga

746138574

Gulika 10:32AM - 11:31AM
Yama 8:32AM - 9:32AM
Rahu 11:31AM - 12:31PM

Ashlesha* Until 1:51PM
Brahma Until 2:22AM Thu
Balava Until 6:25AM
Ashlami* Until 6:24PM

Ganesh: White
Muruga: Yellow
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Sunrise: 7:33AM
Sunset: 3:30PM
 Moon 11 - Phase 29 - 6
 Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Guru Vasara Yuktayam
 Magha*Purvaphalguni Nakshatra Indra Yoga Talila/Gara Karana Navamyam Titau

Stockholm, Sweden
 Sun 7 Subra 213

Simha Rasi: 8.33 Tithi 24
 Creative Work Amrita Yoga
 Until 3:03PM
 Then Creative Work - Siddha Yoga

756138574

Gulika 9:33AM - 10:32AM
Yama 7:35AM - 8:34AM
Rahu 12:31PM - 1:30PM

Magha* Until 3:03PM
Indra Until 1:53AM Fri
Taila Until 6:37AM
Navami* Until 7:00PM

Ganesh: Yellow
Muruga: Yellow
Nataraja: Clear
 Moon - Red
Kartika-Alpasi

Sunrise: 7:35AM
Sunset: 2:28PM
 Moon 11 - Phase 29 - 7
 Navami

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1

Friday, November 14, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sasra Vasara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vanija/Visi* Karana Dashamyam Tilau				Stockholm, Sweden Sun 8	Sutra 214 Vasvasu 5127
Simha Rasi: 21.07	Tithi 25	Gulika 8:36AM - 9:35AM	Purvaphalguni Untill 4:47PM	Ganesha: Yellow	Sunrise: 7:37AM		
		Yama 1:29PM - 2:27PM	Vaidhri* Untill 1:52AM Sat	Muruga: Yellow	Sunset: 3:26PM	Moon 11 - Phase 30 - 8	2nd Phase
Creative Work	Siddha Yoga	Rahu 10:33AM - 11:32AM	Vanija Untill 7:35AM	Nataraja: Clear			
			Dashami Untill 8:17PM	Moon - Red			Devaloka Day
				Karttika-Alpasi			

2

Saturday, November 15, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Marita Vasara Yuktayam Uttaraphalguni Nakshatra Viskambha* Yoga Bava/Balava Karana Dvadashyam Tilau				Stockholm, Sweden Sun 9	Sutra 215 Vasvasu 5127
Kanya Rasi: 3.23	Tithi 26	Gulika 7:40AM - 8:38AM	Uttaraphalguni Untill 6:53PM	Ganesha: Yellow	Sunrise: 7:40AM		
		Yama 12:30PM - 1:28PM	Vishkambha* Untill 2:15AM Sun	Muruga: Yellow	Sunset: 3:24PM	Moon 11 - Phase 30 - 9	2nd Phase
Routine Work	Marana Yoga	Rahu 9:36AM - 10:34AM	Bava Untill 9:10AM	Nataraja: Clear			
			Ekadashi* Untill 10:08PM	Moon - Red			Devaloka Day
				Karttika-Alpasi			

3

Sunday, November 16, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam Uttaraphalguni Nakshatra Prithi Yoga Kaulava/Talita Karana Dvadashyam Tilau				Stockholm, Sweden Sun 10	Sutra 216 Vasvasu 5127
Kanya Rasi: 15.29	Tithi 27	Gulika 1:27PM - 2:24PM	Hasla Untill 9:42PM	Ganesha: Yellow	Sunrise: 7:42AM		
		Yama 11:32AM - 12:30PM	Prithi Untill 2:54AM Mon	Muruga: Yellow	Sunset: 3:22PM	Moon 11 - Phase 30 - 10	2nd Phase
Creative Work	Amrita Yoga	Rahu 2:24PM - 3:22PM	Kaulava Untill 11:13AM	Nataraja: Clear			
Untill 9:42PM			Dvadashi* Untill 12:20AM Mon	Moon - Green			Devaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai			

4

Monday, November 17, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Tilau				Stockholm, Sweden Sun 11	Sutra 217 Vasvasu 5127
Kanya Rasi: 27.27	Tithi 28	Gulika 12:29PM - 1:26PM	Chitra Untill 12:34AM Tue	Ganesha: Yellow	Sunrise: 7:45AM		
Family Home Evening		Yama 10:35AM - 11:32AM	Ayushman Untill 3:40AM Tue	Muruga: Yellow	Sunset: 3:20PM	Moon 11 - Phase 30 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	Rahu 8:42AM - 9:38AM	Gara Untill 1:33PM	Nataraja: Purple			
Untill 12:34AM Tue			Trayodashi* Untill 12:46AM Tue	Moon - Green			Sivaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai			
				Pradosha Vata (Fasting)			

5

Tuesday, November 18, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Tilau				Stockholm, Sweden Sun 12	Sutra 218 Vasvasu 5127
Tula Rasi: 9.21	Tithi 29	Gulika 11:32AM - 12:29PM	Svali Untill 3:21AM Wed	Ganesha: Blue	Sunrise: 7:47AM		
		Yama 9:40AM - 10:36AM	Saubhagya Untill 4:31AM Wed	Muruga: Yellow	Sunset: 3:18PM	Moon 11 - Phase 30 - 12	2nd Phase
Creative Work	Siddha Yoga	Rahu 1:25PM - 2:22PM	Visi Untill 4:02PM	Nataraja: Purple			
			Chaturdashi* Untill 5:17AM Wed	Moon - Green			Devaloka Day
				Karttika-Karttikai			

●

Wednesday, November 19, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Butha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Karana Amavasyam Tilau				Stockholm, Sweden Sun 13	Sutra 219 Vasvasu 5127
Retreat Star		Gulika 10:37AM - 11:33AM	Vishakha Untill 6:29AM Thu	Ganesha: Blue	Sunrise: 7:49AM		
Tula Rasi: 21.13	Tithi 30 - 1	Yama 8:45AM - 9:41AM	Sobhana Untill 5:24AM Thu	Muruga: Yellow	Sunset: 3:16PM	Moon 11 - Phase 30 - 13	Amavasya
Creative Work	Siddha Yoga	Rahu 11:33AM - 12:29PM	Caluspada Untill 6:34PM	Nataraja: Purple			
			Amavasya* Untill 7:48AM Thu	Moon - Orange			Devaloka Day
				Karttika-Karttikai			

Thursday, November 20, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Guru Vasara Yuktayam Vishakha Nakshatra Abhigand* Yoga Naga*/Kintughna* Karana Amavasya/Panthamayam Tilau				Stockholm, Sweden Sun 14	Sutra 220 Vasvasu 5127
Retreat Star		Gulika 9:42AM - 10:38AM	Vishakha Untill 6:29AM	Ganesha: Blue	Sunrise: 7:50AM		
Vishchika Rasi: 3.05	Tithi 30 - 1	Yama 7:52AM - 8:47AM	Abhiganda* Untill 6:12AM Fri	Muruga: Yellow	Sunset: 3:14PM	Moon 11 - Phase 30 - 14	Prathama
Creative Work	Siddha Yoga	Rahu 12:28PM - 1:24PM	Kintughna Untill 9:05PM	Nataraja: Purple			
			Amavasya* Untill 7:48AM	Moon - Orange			Devaloka Day
				Margasira-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Sukra Wesara Yuktayam Anuradha/Jyestha ¹ Nakshatra Abhiganda ² /Sukama Yoga Bava/Balava Karana Pratham/Dwiyayam Titau				Stockholm, Sweden Sun 15 Sutra 221
Wischika Rasi: 14.58	Tithi 1 – 2	Gulika 8:49AM – 9:44AM Yama 1:23PM – 2:18PM 787238575 Rahu 10:38AM – 11:33AM	Anuradha Until 9:24AM Abhiganda ² Until 6:12AM Balava Until 11:30PM Prathama¹ Until 10:17AM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Karttikai	Sunrise: 7:54AM Sunset: 3:12PM	Vaswasa 15:17 Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 9:24AM						
Then Routine Work	Marana Yoga					

2 Saturday, November 22, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Manta Wesara Yuktayam Jyeshtha ¹ /Mula ² Nakshatra Sukama/Uhrli ³ Yoga Kaulava/Taila Karana Dwitaya/Tritayam Titau				Stockholm, Sweden Sun 16 Sutra 222
Wischika Rasi: 26.53	Tithi 2 – 3	Gulika 7:56AM – 8:51AM Yama 12:28PM – 1:22PM 787238575 Rahu 9:45AM – 10:39AM	Jyeshtha¹ Until 12:04PM Sukama Until 6:57AM Taila Until 1:49AM Sun Dwitiya Until 12:39PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Orange Margasira-Karttikai	Sunrise: 7:56AM Sunset: 3:12PM	Vaswasa 15:17 Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day

3 Sunday, November 23, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Bharu Wesara Yuktayam Mula ² /Purwashada ³ Nakshatra Dhriti/Shula ⁴ Yoga Gara/Vanija Karana Tritaya/Chaturthayam Titau				Stockholm, Sweden Sun 17 Sutra 223
Dhanus Rasi: 8.52	Tithi 3 – 4	Gulika 1:21PM – 2:15PM Yama 11:34AM – 11:34AM 787238575 Rahu 2:15PM – 3:09PM	Mula² Until 2:55PM Dhriti Until 7:36AM Vanija Until 3:55AM Mon Tritiya Until 2:52PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 7:59AM Sunset: 3:09PM	Vaswasa 15:17 Moon 11 - Phase 31 - 17 3rd Phase
Creative Work	Amrita Yoga					Devaloka Day
Until 2:55PM						
Then Creative Work	Siddha Yoga					

4 Monday, November 24, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Indu Wesara Yuktayam Purwashada ³ /Uttarashada ⁴ Nakshatra Shula ⁵ /Ganda ⁶ Yoga Vasi ⁷ /Bava Karana Chaturthi/Panchayam Titau				Stockholm, Sweden Sun 18 Sutra 224
Dhanus Rasi: 20.55	Tithi 4 – 5	Gulika 12:27PM – 1:21PM Yama 10:41AM – 11:34AM 787238575 Rahu 8:54AM – 9:47AM	Purwashada³ Until 5:21PM Shula ⁵ Until 8:04AM Bava Until 5:44AM Tue Chaturthi⁴ Until 4:51PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 8:01AM Sunset: 3:07PM	Vaswasa 15:17 Moon 11 - Phase 31 - 18 3rd Phase
Family Home Evening						Devaloka Day
Routine Work	Marana Yoga					

5 Tuesday, November 25, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Mangala Wesara Yuktayam Purwashada ³ /Uttarashada ⁴ Nakshatra Ganda ⁵ /Widdhi ⁶ Yoga Balava Karana Panchayam Titau				Stockholm, Sweden Sun 19 Sutra 225
Makara Rasi: 3.05	Tithi 5	Gulika 11:34AM – 12:27PM Yama 9:49AM – 10:42AM 788238575 Rahu 1:20PM – 2:13PM	Uttarashada Until 7:18PM Ganda ⁵ Until 8:19AM Balava Until 6:28PM Panchami Until 6:28PM	Ganesh: Red Muruga: Yellow Nataraja: Purple Moon – Light Blue Margasira-Karttikai	Sunrise: 8:03AM Sunset: 3:06PM	Vaswasa 15:17 Moon 11 - Phase 31 - 19 3rd Phase
Routine Work	Prabalarishtha Yoga					Sivaloka Day
Until 7:18PM						
Then Creative Work	Siddha Yoga					

6 Wednesday, November 26, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Butha Wesara Yuktayam Shrawana ⁶ Nakshatra Dhruwa/Vyaghata ⁷ Yoga Gara/Vanija Karana Saptayam Titau				Stockholm, Sweden Sun 20 Sutra 226
Makara Rasi: 15.26	Tithi 6	Gulika 10:42AM – 11:35AM Yama 8:58AM – 9:50AM 798238575 Rahu 11:35AM – 12:27PM	Shrawana Until 9:05PM Widdhi Until 8:14AM Kaulava Until 7:07AM Shashthi⁶ Until 7:35PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 8:05AM Sunset: 3:04PM	Vaswasa 15:17 Moon 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga					Subha Sivaloka Day
Until 9:05PM						
Then Routine Work	Prabalarishtha Yoga					

Thursday, November 27, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Guru Wesara Yuktayam Dhanishtha ⁷ Nakshatra Dhruwa/Vyaghata ⁸ Yoga Gara/Vanija Karana Saptayam Titau				Stockholm, Sweden Sun 21 Sutra 227
Retreat Star		Gulika 9:51AM – 10:43AM Yama 8:07AM – 8:59AM 798238575 Rahu 12:27PM – 1:19PM	Dhanishtha Until 10:05PM Dhruwa Until 7:41AM Gara Until 7:56AM Saptami Until 8:05PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 8:07AM Sunset: 3:03PM	Vaswasa 15:17 Moon 11 - Phase 31 - 21 3rd Phase
Makara Rasi: 28.02	Tithi 7					Subha Sivaloka Day
Creative Work	Siddha Yoga					

Friday, November 28, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Sukra Wesara Yuktayam Shatabhishak ⁸ Nakshatra Vyaghata ⁹ /Harshana Yoga Vasi ¹⁰ /Bava Karana Ashtayam Titau				Stockholm, Sweden Sun 22 Sutra 228
Retreat Star		Gulika 9:01AM – 9:52AM Yama 1:18PM – 2:10PM 798238575 Rahu 10:44AM – 11:35AM	Shatabhishak Until 10:13PM Vyaghata ⁹ Until 6:38AM Vasi Until 8:04AM Ashtami⁸ Until 7:49PM	Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple Margasira-Karttikai	Sunrise: 8:09AM Sunset: 3:01PM	Vaswasa 15:17 Moon 11 - Phase 31 - 22 Ashtami
Kumbha Rasi: 10.57	Tithi 8					Subha Sivaloka Day
Creative Work	Siddha Yoga					

Saturday, November 29, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Manta Wesara Yuktayam Purvaprosarthpada ⁹ Nakshatra Vajra ¹⁰ Yoga Balava/Kaulava Karana Navamyam Titau				Stockholm, Sweden Sun 23 Sutra 229
Retreat Star		Gulika 8:11AM – 9:03AM Yama 12:27PM – 1:18PM 718238575 Rahu 9:54AM – 10:45AM	Purvaprosarthpada⁹ Until 9:53PM Vajra ¹⁰ Until 2:42AM Sun Balava Until 7:25AM Navami⁹ Until 6:47PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear Margasira-Karttikai	Sunrise: 8:11AM Sunset: 3:00PM	Vaswasa 15:17 Moon 11 - Phase 31 - 23 Navami
Kumbha Rasi: 24.16	Tithi 9					Subha Sivaloka Day
Routine Work	Marana Yoga					
Until 9:53PM						
Then Creative Work	Siddha Yoga					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1	Sunday, November 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Stockholm, Sweden			
	Uttaragrosdhapada Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 24 Subra 230		Gulika 1:17PM – 2:08PM	Uttaragrosdhapada Until 8:39PM	Ganesh: Purple Sunrise: 8:14AM	Vasavasa 5:17
Mesha Rasi: 8.02	Tithi 10 – 11	Yama 11:36AM – 12:27PM	Siddhi Until 11:49PM	Muruga: Yellow Sunset: 2:59PM	Moon 11 - Phase 32 - 24	
Creative Work	Amrita Yoga	Rahu 2:08PM – 2:59PM	Vanija Until 3:49AM Mon	Nataraja: Purple	4th Phase	
			Dashami Until 4:58PM	Moon – Clear	Subha Sivaloka Day	
				Margasira-Karttikai		

2	Monday, December 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vesara Yukatayam Stockholm, Sweden			
	Revati Nakshatra Vyatipala* Yoga Visi* Bava Karana Ekadashtidvadashtyam Titau Sun 25 Subra 231		Gulika 12:27PM – 1:17PM	Revati Until 6:36PM	Ganesh: Clear Sunrise: 8:15AM	Vasavasa 5:17
Mesha Rasi: 22.15	Tithi 11 – 12	Yama 10:46AM – 11:36AM	Vyatipala* Until 8:25PM	Muruga: Yellow Sunset: 2:57PM	Moon 11 - Phase 32 - 25	
Family Home Evening		Rahu 9:06AM – 9:56AM	Bava Until 1:00AM Tue	Nataraja: Purple	4th Phase	
Creative Work	Siddha Yoga			Moon – Clear	Sivaloka Day	
		Gita Jayanthi	Ekadashi Until 2:28PM	Margasira-Karttikai		

3	Tuesday, December 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vesara Yukatayam Stockholm, Sweden			
	Ashvini/Bharani Nakshatra Varjani/Parigat* Yoga Balava/Kaulava Karana Dvadashtitrayodeshtyam Titau Sun 26 Subra 232		Gulika 11:37AM – 12:27PM	Ashvini Until 4:17PM	Ganesh: White Sunrise: 8:17AM	Vasavasa 5:17
Mesha Rasi: 6.55	Tithi 12 – 13	Yama 9:57AM – 10:47AM	Varjani Until 4:34PM	Muruga: Yellow Sunset: 2:56PM	Moon 11 - Phase 32 - 26	
Creative Work	Siddha Yoga	Rahu 1:17PM – 2:06PM	Kaulava Until 9:42PM	Nataraja: Purple	4th Phase	
			Dvadashti Until 11:23AM	Moon – White	Devaloka Day	
				Margasira-Karttikai		

Pradosha Vata

4	Wednesday, December 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vesara Yukatayam Stockholm, Sweden			
	Bharani/Kritika Nakshatra Parigat* Shiva Yoga Talila/Gara Karana Trayodashitrayodeshtyam Titau Sun 27 Subra 233		Gulika 10:48AM – 11:37AM	Bharani Until 1:27PM	Ganesh: White Sunrise: 8:19AM	Vasavasa 5:17
Mesha Rasi: 21.56	Tithi 13 – 14	Yama 9:09AM – 9:58AM	Parigat* Until 12:24PM	Muruga: Yellow Sunset: 2:55PM	Moon 11 - Phase 32 - 27	
Creative Work	Siddha Yoga	Rahu 11:37AM – 12:27PM	Gara Until 6:02PM	Nataraja: Purple	4th Phase	
Until 1:27PM		Kritika Deepam	Trayodashi Until 7:53AM	Moon – White	Devaloka Day	
Then Creative Work - Amrita Yoga				Margasira-Karttikai		

○	Thursday, December 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vesara Yukatayam Stockholm, Sweden			
	Copper Retreat Star		Kritika/Rohini Nakshatra Shiva/Siddha Yoga Visi* Bava Karana Purnimayam Titau Subra 234			
Wisshaha Rasi: 7.11	Tithi 15	Gulika 9:59AM – 10:49AM	Kritika Until 10:16AM	Ganesh: White Sunrise: 8:21AM	Vasavasa 5:17	
Routine Work	Marana Yoga	Yama 8:21AM – 9:10AM	Shiva Until 8:04AM	Muruga: Yellow Sunset: 2:54PM	Moon 11 - Phase 32 - Purnima	
		Rahu 12:27PM – 1:16PM	Visi Until 2:13PM	Nataraja: Purple		
			Purnima* Until 12:16AM Fri	Moon – White	Devaloka Day	
				Margasira-Karttikai		

Friday, December 5, 2025	Silver Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vesara Yukatayam Stockholm, Sweden			
			Rohini/Mrgashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau Subra 235			
Wisshaha Rasi: 22.29	Tithi 16	Gulika 9:12AM – 10:00AM	Rohini Until 7:19AM	Ganesh: Yellow Sunrise: 8:23AM	Vasavasa 5:17	
Routine Work	Marana Yoga	Yama 1:16PM – 2:04PM	Sadhya Until 11:22PM	Muruga: Yellow Sunset: 2:53PM	Moon 11 - Phase 32 - Prathama	
Until 7:19AM		Rahu 10:49AM – 11:38AM	Balava Until 10:23AM	Nataraja: Purple		
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins	Prathama* Until 8:31PM	Moon – Yellow	Sivaloka Day	
				Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 7.4 TITHI 17 - 18

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Mania Vasara Yuktyam

Ardra Nakshatra Subha Yoga Talika/Venja Karaana Dvitya/Tritiyam Titau

Gulika 8:25AM - 9:13AM
Yama 12:27PM - 1:15PM
Rahu 10:02AM - 10:50AM

Ardra Until 1:41AM Sun

Subha Until 7:21PM

Talika Until 6:45AM

Dvitiya Until 5:03PM**Ganesh:** Yellow Sunrise: 8:25AM**Muruga:** Yellow Sunset: 2:59PM**Nataraja:** Purple

Moon - Yellow

Margasira-Kartikai

Stockholm, Sweden

Sun 1 Subra 236

Vasavasu 5127

Moon 12 - Phase 33 - 1

1st Phase

Sivaloka Day**1****Sunday, December 7, 2025**

Mithuna Rasi: 22.34 TITHI 18 - 19

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Bhamu Vasara Yuktyam

Punarvasu Nakshatra Sukla/Brahma Yoga Vasi/Bava Karaana Tritiya/Chaturtham Titau

Gulika 1:15PM - 2:03PM
Yama 11:39AM - 12:27PM
Rahu 2:03PM - 2:52PM

Punarvasu Until 11:46PM

Sukla Until 3:41PM

Bava Until 12:45AM Mon

Tritiya Until 2:01PM**Ganesh:** Blue Sunrise: 8:26AM**Muruga:** Yellow Sunset: 2:59PM**Nataraja:** Purple

Moon - Blue

Margasira-Kartikai

Stockholm, Sweden

Sun 2 Subra 237

Vasavasu 5127

Moon 12 - Phase 33 - 2

1st Phase

Devaloka Day**2****Monday, December 8, 2025**

Kataka Rasi: 7.02 TITHI 19 - 20

Family Home Evening

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Indu Vasara Yuktyam

Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karaana Chalurthi/Panchamyam Titau

Gulika 12:27PM - 1:15PM
Yama 11:39AM - 12:27PM
Rahu 9:16AM - 10:04AM

Pushya Until 10:24PM

Brahma Until 12:33PM

Kaulava Until 10:43PM

Chalurthi* Until 11:37AM**Ganesh:** Blue Sunrise: 8:26AM**Muruga:** Yellow Sunset: 2:59PM**Nataraja:** Purple

Moon - Blue

Margasira-Kartikai

Stockholm, Sweden

Sun 3 Subra 238

Vasavasu 5127

Moon 12 - Phase 33 - 3

1st Phase

Devaloka Day**3****Tuesday, December 9, 2025**

Kataka Rasi: 21.02 TITHI 20 - 21

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Mangala Vasara Yuktyam

Ashlesha* Nakshatra Indra/Vaidhiti* Yoga Talika/Gara Karaana Panchami/Shashtham Titau

Gulika 11:40AM - 12:27PM
Yama 10:05AM - 10:52AM
Rahu 1:15PM - 2:03PM

Ashlesha* Until 9:42PM

Indra Until 10:03AM

Gara Until 9:32PM

Panchami Until 10:00AM**Ganesh:** White Sunrise: 8:26AM**Muruga:** Yellow Sunset: 2:59PM**Nataraja:** Purple

Moon - Blue

Margasira-Kartikai

Stockholm, Sweden

Sun 4 Subra 239

Vasavasu 5127

Moon 12 - Phase 33 - 4

1st Phase

Devaloka Day**4****Wednesday, December 10, 2025**

Simha Rasi: 4.31 TITHI 21 - 22

Creative Work Siddha Yoga

Until 10:10PM

Then Creative Work - Amrita Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Budha Vasara Yuktyam

Magha* Nakshatra Vaidhiti*/Vishkambha* Yoga Vanja/Vel* Karaana Shashthi/Saptamyam Titau

Gulika 10:53AM - 11:40AM
Yama 9:18AM - 10:06AM
Rahu 11:40AM - 12:28PM

Magha* Until 10:10PM

Vaidhiti* Until 8:12AM

Vishi Until 9:14PM

Shashthi* Until 9:15AM**Ganesh:** Clear Sunrise: 8:21AM**Muruga:** Yellow Sunset: 2:59PM**Nataraja:** Purple

Moon - Red

Margasira-Kartikai

Stockholm, Sweden

Sun 5 Subra 240

Vasavasu 5127

Moon 12 - Phase 33 - 5

1st Phase

Sivaloka Day**D****Thursday, December 11, 2025****Retreat Star**

Simha Rasi: 17.31 TITHI 22 - 23

Creative Work Siddha Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Guru Vasara Yuktyam

Purvaphalguni Nakshatra Vishkambha* Prithi Yoga Bava/Balava Karaana Saptami/Ashtamam Titau

Gulika 10:07AM - 10:54AM
Yama 8:32AM - 9:19AM
Rahu 12:28PM - 1:15PM

Purvaphalguni Until 11:22PM

Vishkambha* Until 7:05AM

Balava Until 9:50PM

Saptami Until 9:24AM**Ganesh:** Purple Sunrise: 8:22AM**Muruga:** Yellow Sunset: 2:49PM**Nataraja:** Purple

Moon - Red

Margasira-Kartikai

Stockholm, Sweden

Sun 6 Subra 241

Vasavasu 5127

Moon 12 - Phase 33 - 6

Ashtami

Subha Sivaloka Day**Friday, December 12, 2025****Retreat Star**

Kanya Rasi: 0.06 TITHI 23 - 24

Creative Work Siddha Yoga

Until 1:08AM Sat

Then Routine Work - Marana Yoga

Vivavasu Nama Samvatsara Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksha Sulea Vasara Yuktyam

Uttaraphalguni Nakshatra Prithi/Ajyomam Yoga Kaulava/Talika Karaana Ashtami/Navamam Titau

Gulika 9:21AM - 10:07AM
Yama 1:15PM - 2:02PM
Rahu 10:54AM - 11:41AM

Uttaraphalguni Until 1:08AM Sat

Prithi Until 6:39AM

Talika Until 11:13PM

Ashtami* Until 10:25AM**Ganesh:** Purple Sunrise: 8:34AM**Muruga:** Yellow Sunset: 2:49PM**Nataraja:** Purple

Moon - Red

Margasira-Kartikai

Stockholm, Sweden

Sun 7 Subra 242

Vasavasu 5127

Moon 12 - Phase 33 - 7

Navami

Subha Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1		Saturday, December 13, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mantu Vesara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Stockholm, Sweden Sun 8	Sutra 243
Kanya Rasi: 12.22	Tithi 24 – 25	Gulika 8:35AM – 9:22AM	Hasla Until 3:49AM Sun	Ganesha: Clear	Sunrise: 8:35AM		Vishvasu 5127
		Yama 12:28PM – 1:15PM	Ayushman Until 6:44AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 12	2nd Phase
		Rahu 10:08AM – 10:55AM	Vanija Until 1:14AM Sun	Nataraja: Purple			
Routine Work	Marana Yoga		Navami* Until 12:08PM	Moon - Green			Sivaloka Day
Then Routine Work	Siddha Yoga			Margasira-Kartikali			
Then Creative Work	Siddha Yoga						

2		Sunday, December 14, 2025		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Visi* (Bava Karana Dashami/Ekadasmyam Titau)		Stockholm, Sweden Sun 9	Sutra 244
Kanya Rasi: 24.25	Tithi 25 – 26	Gulika 1:15PM – 2:02PM	Chitra Until 6:40AM Mon	Ganesha: Clear	Sunrise: 8:36AM		Vishvasu 5127
		Yama 11:42AM – 12:29PM	Saubhagya Until 7:15AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 9	2nd Phase
		Rahu 2:02PM – 2:48PM	Bava Until 3:38AM Mon	Nataraja: Purple			
Creative Work	Siddha Yoga		Dashami Until 2:23PM	Moon - Green			Sivaloka Day
Then Routine Work	Mon			Margasira-Kartikali			
Then Creative Work	Amrita Yoga						

3		Monday, December 15, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vesara Yuktayam Chitra/Svali Nakshatra Abhiganda* Yoga Balava/Kaulana Karana Ekadashi/Dwadashmyam Titau		Stockholm, Sweden Sun 10	Sutra 245
Tula Rasi: 6.19	Tithi 26 – 27	Gulika 12:29PM – 1:16PM	Chitra Until 6:40AM	Ganesha: Clear	Sunrise: 8:37AM		Vishvasu 5127
Family Home Evening		Yama 10:56AM – 11:43AM	Sobhana Until 8:02AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 10	2nd Phase
		Rahu 9:24AM – 10:10AM	Kaulava Until 6:13AM Tue	Nataraja: Purple			
Routine Work	Prabalarishta Yoga		Ekadashi* Until 4:54PM	Moon - Green			Sivaloka Day
Then Routine Work	Amrita Yoga			Margasira-Markali			
Then Creative Work	Amrita Yoga						

4		Tuesday, December 16, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam Svali/Vishakha Nakshatra Abhiganda* Yoga Balava/Kaulana Karana Dvadashmyam Titau		Stockholm, Sweden Sun 11	Sutra 246
Kanya Rasi: 18.1	Tithi 27	Gulika 11:43AM – 12:30PM	Svali Until 9:31AM	Ganesha: Purple	Sunrise: 8:38AM		Vishvasu 5127
		Yama 10:11AM – 10:57AM	Abhiganda* Until 8:54AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 11	2nd Phase
		Rahu 1:16PM – 2:02PM	Kaulava Until 6:13AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Dwadashi* Until 7:30PM	Moon - Green			Subha Sivaloka Day
Then Routine Work	Mon			Margasira-Markali			
Then Creative Work	Marana Yoga						

5		Wednesday, December 17, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau		Stockholm, Sweden Sun 12	Sutra 247
Wischika Rasi: 0.01	Tithi 28	Gulika 10:58AM – 11:44AM	Vishakha Until 12:42PM	Ganesha: Clear	Sunrise: 8:39AM		Vishvasu 5127
		Yama 9:25AM – 10:11AM	Sukarma Until 9:46AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 12	2nd Phase
		Rahu 11:44AM – 12:30PM	Gara Until 8:49AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Trayodashi* Until 10:04PM	Moon - Orange			Sivaloka Day
Then Routine Work	Prabalarishta Yoga			Margasira-Markali			
Then Creative Work	Amrita Yoga						

Pradosha Vata (Fasting)

6		Thursday, December 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktayam Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sukuni* Karana Chaturdashmyam Titau		Stockholm, Sweden Sun 13	Sutra 248
Wischika Rasi: 11.53	Tithi 29	Gulika 10:12AM – 10:58AM	Anuradha Until 3:35PM	Ganesha: Clear	Sunrise: 8:40AM		Vishvasu 5127
		Yama 8:40AM – 9:26AM	Dhriti Until 10:35AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 13	2nd Phase
		Rahu 12:30PM – 1:16PM	Visi Until 11:19AM	Nataraja: Purple			
Creative Work	Siddha Yoga		Chaturdashi* Until 12:28AM Fri	Moon - Orange			Sivaloka Day
Then Routine Work	Prabalarishta Yoga			Margasira-Markali			
Then Creative Work	Siddha Yoga						

●		Friday, December 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam Jyeshtha Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stockholm, Sweden Sun 14	Sutra 249
Retreat Star		Gulika 9:27AM – 10:13AM	Jyeshtha* Until 8:08PM	Ganesha: Clear	Sunrise: 8:41AM		Vishvasu 5127
Wischika Rasi: 23.5	Tithi 30	Yama 1:17PM – 2:03PM	Shula* Until 11:13AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 14	Amavasya
		Rahu 10:59AM – 11:45AM	Catuspada Until 1:37PM	Nataraja: Purple			
Routine Work	Marana Yoga		Amavasya* Until 2:41AM Sat	Moon - Orange			Sivaloka Day
Then Routine Work	Mon			Margasira-Markali			
Then Creative Work	Amrita Yoga						

●		Saturday, December 20, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mantu Vesara Yuktayam Mula* Nakshatra Ganda*/Viddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Stockholm, Sweden Sun 15	Sutra 250
Retreat Star		Gulika 8:42AM – 9:28AM	Mula* Until 8:48PM	Ganesha: Light Blue	Sunrise: 8:42AM		Vishvasu 5127
Dhanus Rasi: 5.52	Tithi 1	Yama 12:31PM – 1:17PM	Ganda* Until 11:43AM	Muruga: Yellow	Sunset: 2:49PM	Moon 12 - Phase 34 - 15	Prathama
		Rahu 10:13AM – 10:59AM	Kintughna Until 3:43PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Prathama* Until 4:38AM Sun	Moon - Light Blue			Devaloka Day
Then Routine Work	Mon			Pausha-Markali			
Then Creative Work	Siddha Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yuktyam Stockholm, Sweden Panashada* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Divlyitayam Tilau Sun 16 Subra 251		
Dhanus Rasi: 17.59	Tilhi 2	Gulika 1:18PM - 2:04PM	Purvashada* Until 11:02PM	Ganesh: Light Blue Sunrise: 8:43AM Vasavasa 5:17
		Yama 11:46AM - 12:32PM	Viddhi Until 12:02PM	Muruga: Yellow Sunset: 2:49PM Moon 12 - Phase 35 - 12
		Rahu 2:04PM - 2:49PM	Balava Until 5:32PM	Nataraja: Purple 3rd Phase
Creative Work Siddha Yoga		Day 1 of Pancha Ganapati	Dvitiya Until 6:19AM Mon	Devaloka Day
Until 11:02PM			Pausha-Markali	
Then Creative Work - Amrita Yoga				

2 Monday, December 22, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktyam Stockholm, Sweden Uttarashada* Nakshatra Dhruva/Vyaghat* Yoga Kaulava/Taila Karana Dvitya/Tityayam Tilau Sun 17 Subra 252		
Makara Rasi: 0.13	Tilhi 2 - 3	Gulika 12:32PM - 1:18PM	Uttarashada Until 12:50AM Tue	Ganesh: Light Blue Sunrise: 8:43AM Vasavasa 5:17
Family Home Evening		Yama 11:00AM - 11:46AM	Dhruva Until 12:07PM	Muruga: Yellow Sunset: 2:50PM Moon 12 - Phase 35 - 17
		Rahu 9:29AM - 10:15AM	Taila Until 7:04PM	Nataraja: Purple 3rd Phase
Routine Work Marana Yoga		Day 2 of Pancha Ganapati	Dvitiya Until 6:19AM	Devaloka Day
Until 12:50AM Tue			Pausha-Markali	
Then Creative Work - Siddha Yoga				

3 Tuesday, December 23, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktyam Stockholm, Sweden Uttarashada* Nakshatra Vyaghat* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau Sun 18 Subra 253		
Makara Rasi: 12.35	Tilhi 3 - 4	Gulika 11:47AM - 12:33PM	Shravana Until 2:37AM Wed	Ganesh: Purple Sunrise: 8:43AM Vasavasa 5:17
		Yama 11:00AM - 11:46AM	Vyaghat* Until 11:58AM	Muruga: Yellow Sunset: 2:50PM Moon 12 - Phase 35 - 18
		Rahu 1:19PM - 2:05PM	Vanija Until 8:16PM	Nataraja: Purple 3rd Phase
Creative Work Siddha Yoga		Day 3 of Pancha Ganapati	Tritiya Until 7:42AM	Devaloka Day
Until 2:37AM Wed			Pausha-Markali	
Then Routine Work - Prabalashita Yoga				

4 Wednesday, December 24, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktyam Stockholm, Sweden Uttarashada* Nakshatra Vajra/Vis* Bava Karana Chaturthi/Panchamam Tilau Sun 19 Subra 254		
Makara Rasi: 25.06	Tilhi 4 - 5	Gulika 11:01AM - 11:47AM	Dhanishtha Until 3:49AM Thu	Ganesh: Purple Sunrise: 8:44AM Vasavasa 5:17
		Yama 10:15AM - 11:01AM	Harshana Until 11:32AM	Muruga: Yellow Sunset: 2:51PM Moon 12 - Phase 35 - 19
		Rahu 11:47AM - 12:33PM	Bava Until 9:03PM	Nataraja: Purple 3rd Phase
Routine Work Prabalashita Yoga		Day 4 of Pancha Ganapati	Chaturthi* Until 8:42AM	Devaloka Day
Until 3:49AM Thu			Pausha-Markali	
Then Creative Work - Siddha Yoga				

5 Thursday, December 25, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktyam Stockholm, Sweden Shatabhishak Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamam Tilau Sun 20 Subra 255		
Kumbha Rasi: 7.49	Tilhi 5 - 6	Gulika 10:16AM - 11:02AM	Shatabhishak Until 4:23AM Fri	Ganesh: Purple Sunrise: 8:44AM Vasavasa 5:17
		Yama 8:44AM - 9:30AM	Vajra* Until 10:44AM	Muruga: Yellow Sunset: 2:51PM Moon 12 - Phase 35 - 20
		Rahu 12:34PM - 1:20PM	Kaulava Until 9:21PM	Nataraja: Purple 3rd Phase
Creative Work Siddha Yoga		Day 5 of Pancha Ganapati	Panchami Until 9:15AM	Devaloka Day
Until 3:49AM Thu			Pausha-Markali	
Then Creative Work - Siddha Yoga				

6 Friday, December 26, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Satra Vasara Yuktyam Stockholm, Sweden Puravproshthapada* Nakshatra Siddhi/Vyaghat* Yoga Taila/Gara Karana Shashthi/Saptamam Tilau Sun 21 Subra 256		
Kumbha Rasi: 20.47	Tilhi 6 - 7	Gulika 9:30AM - 10:16AM	Puravproshthapada* Until 4:41AM Sat	Ganesh: Green Sunrise: 8:44AM Vasavasa 5:17
		Yama 1:21PM - 2:07PM	Siddhi Until 9:32AM	Muruga: Yellow Sunset: 2:53PM Moon 12 - Phase 35 - 21
		Rahu 11:02AM - 11:48AM	Gara Until 9:05PM	Nataraja: Clear 3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 9:17AM	Bhuloka Day
Until 3:49AM Thu			Pausha-Markali	Devaloka Time: 3PM to 6PM
Then Creative Work - Siddha Yoga				

7 Saturday, December 27, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Manu Vasara Yuktyam Stockholm, Sweden Uttarproshthapada* Nakshatra Vyaghat* Nanyan Yoga Vanija/Vis* Karana Saptami/Ashamam Tilau Sun 22 Subra 257		
Retreat Star		Gulika 8:44AM - 9:30AM	Uttarproshthapada Until 4:14AM Sun	Ganesh: Green Sunrise: 8:44AM Vasavasa 5:17
Meena Rasi: 4.03	Tilhi 7 - 8	Yama 12:35PM - 1:21PM	Vyaghat* Until 7:53AM	Muruga: Yellow Sunset: 2:54PM Moon 12 - Phase 35 - 22
		Rahu 10:17AM - 11:03AM	Visi Until 8:13PM	Nataraja: Clear Ashtami
Creative Work Siddha Yoga			Saptami Until 8:43AM	Bhuloka Day
Until 4:14AM Sun			Pausha-Markali	Devaloka Time: 3PM to 6PM
Then Creative Work - Amrita Yoga				

8 Sunday, December 28, 2025		Vishvasu Nama Samvatsara Uтарыane Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yuktyam Stockholm, Sweden Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamam Tilau Sun 23 Subra 258		
Retreat Star		Gulika 1:22PM - 2:08PM	Revati Until 3:01AM Mon	Ganesh: Green Sunrise: 8:44AM Vasavasa 5:17
Meena Rasi: 17.4	Tilhi 8 - 9	Yama 11:49AM - 12:36PM	Parigha* Until 3:05AM Mon	Muruga: Yellow Sunset: 2:55PM Moon 12 - Phase 35 - 23
		Rahu 2:08PM - 2:55PM	Balava Until 6:42PM	Nataraja: Clear Navami
Creative Work Amrita Yoga			Ashlami* Until 7:31AM	Bhuloka Day
Until 3:01AM Mon			Pausha-Markali	Devaloka Time: 3PM to 6PM
Then Creative Work - Siddha Yoga				

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam				Stockholm, Sweden
		Ashvini Nakshatra Shiva Yoga Taitilla/Gara Karana Dashayam Titau				Sun 24 Sutra 259
Mesha Rasi: 1.4	Tithi 10	Gulika 12:36PM - 1:23PM	Ashvini Until 1:32AM Tue	Ganesh: Red	Sunrise: 8:44AM	Viswasa 5127
Family Home Evening		Yama 11:04AM - 11:50AM	Shiva Until 11:59PM	Muruga: Yellow	Sunset: 2:56PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	Rahu 9:31AM - 10:17AM	Taitilla Until 4:36PM	Nataraj: Clear		4th Phase
		Dashami Until 3:20AM Tue				Devaloka Day
		Moon - White				Pausha-Markali

2 Tuesday, December 30, 2025		Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam				Stockholm, Sweden
		Bharani Nakshatra Siddha Yoga Vanija/Visli" Karana Ekadashyam Titau				Sun 25 Sutra 260
Mesha Rasi: 16.01	Tithi 11	Gulika 11:50AM - 12:37PM	Bharani Until 11:25PM	Ganesh: Red	Sunrise: 8:44AM	Viswasa 5127
		Yama 10:17AM - 11:04AM	Siddha Until 8:28PM	Muruga: Yellow	Sunset: 2:57PM	Moon 12 - Phase 36 - 25
Creative Work	Siddha Yoga	Rahu 1:24PM - 2:10PM	Vanija Until 1:58PM	Nataraj: Clear		4th Phase
		Ekadashi Until 12:28AM Wed				Devaloka Day
		Valkuntha Ekadasi				Pausha-Markali

3 Wednesday, December 31, 2025		Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Sukla Paksho Budha Vasara Yuktayam				Stockholm, Sweden
		Kritika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 26 Sutra 261
Wishabha Rasi: 0.43	Tithi 12	Gulika 11:04AM - 11:51AM	Kritika Until 8:49PM	Ganesh: Red	Sunrise: 8:44AM	Viswasa 5127
		Yama 9:31AM - 10:17AM	Sadhya Until 4:40PM	Muruga: Yellow	Sunset: 2:59PM	Moon 12 - Phase 36 - 26
Creative Work	Amrita Yoga	Rahu 11:51AM - 12:38PM	Bava Until 10:55AM	Nataraj: Clear		4th Phase
Until 8:49PM		Dvadashi Until 9:16PM				Devaloka Day
Then Creative Work	Siddha Yoga	Moon - White				Pausha-Markali

4 Thursday, January 1, 2026		Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam				Stockholm, Sweden
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 262
Wishabha Rasi: 15.38	Tithi 13 - 14	Gulika 10:17AM - 11:04AM	Rohini Until 6:17PM	Ganesh: Blue	Sunrise: 8:43AM	Viswasa 5127
		Yama 8:43AM - 9:30AM	Subha Until 12:41PM	Muruga: White	Sunset: 2:59PM	Moon 12 - Phase 36 - 27
Routine Work	Marana Yoga	Rahu 12:38PM - 1:25PM	Kaulava Until 7:36AM	Nataraj: Clear		4th Phase
		Trayodashi Until 5:52PM				Devaloka Day
		Pradosha Vata				Pausha-Markali

Friday, January 2, 2026		Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam				Stockholm, Sweden
		Megashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visli" Karana Chaturdash/Purnimayam Titau				Sun 28 Sutra 263
Copper Retreat Star		Gulika 9:30AM - 10:17AM	Mrigashira Until 3:34PM	Ganesh: Blue	Sunrise: 8:43AM	Viswasa 5127
Mithuna Rasi: 0.4	Tithi 14 - 15	Yama 1:26PM - 2:14PM	Sukla Until 8:36AM	Muruga: White	Sunset: 3:01PM	Moon 12 - Phase 36 - Purnima
Creative Work	Siddha Yoga	Rahu 11:05AM - 11:52AM	Visli Until 12:44AM Sat	Nataraj: Clear		
		Chaturdash* Until 2:25PM				Devaloka Day
		Moon - Yellow				Pausha-Markali

Saturday, January 3, 2026		Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam				Stockholm, Sweden
		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29 Sutra 264
Silver Retreat Star		Gulika 8:43AM - 9:30AM	Ardra Until 12:51PM	Ganesh: Blue	Sunrise: 8:43AM	Viswasa 5127
Mithuna Rasi: 15.4	Tithi 15 - 16	Yama 12:40PM - 1:27PM	Indra Until 12:47AM Sun	Muruga: White	Sunset: 3:02PM	Moon 12 - Phase 36 - Prathama
Creative Work	Siddha Yoga	Rahu 10:17AM - 11:05AM	Balava Until 9:32PM	Nataraj: Clear		
		Purnima* Until 11:05AM				Devaloka Day
		Moon - Yellow				Pausha-Markali
		Arda Darshanam				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vashirhi* Yoga Kaulava/Taila Karana Prathamam/Ditayagam Titau

Stockholm, Sweden
Sun 1 Sutra 265

Kataka Rasi: 0.27	Tithi 16 - 17	Gulika 1:28PM - 2:16PM	Punarvasu Until 10:43AM	Ganesh: Red	Sunrise: 8:42AM	Vasvasu:5127
		Yama 11:53AM - 12:41PM	Vaidhirhi* Until 9:18PM	Muruga: White	Sunset: 3:04PM	Moon 1 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga	Rahu 2:16PM - 3:04PM	Tailita Until 6:43PM	Nataraja: Clear		
			Prathama* Until 8:03AM	Moon - Blue		Sivaloka Day
				Pausha-Markali		

1

Monday, January 5, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Indru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Tritiyam Titau

Stockholm, Sweden
Sun 1 Sutra 266

Kataka Rasi: 14.55	Tithi 18	Gulika 12:41PM - 1:29PM	Pushya Until 8:55AM	Ganesh: Red	Sunrise: 8:41AM	Vasvasu:5127
Family Home Evening		Yama 11:05AM - 11:53AM	Vishkambha* Until 6:16PM	Muruga: White	Sunset: 3:05PM	Moon 1 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga	Rahu 9:29AM - 10:17AM	Vanija Until 4:27PM	Nataraja: Clear		
			Tritiya Until 3:33AM Tue	Moon - Blue		Sivaloka Day
		Subramuniyaswami Jayanti		Pausha-Markali		

2

Tuesday, January 6, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Visara Yuktayam
Magha*/Purvaphalguni Nakshatra Ajayshman Yoga Bava/Balava Karana Chaluriyam Titau

Stockholm, Sweden
Sun 2 Sutra 267

Kataka Rasi: 28.58	Tithi 19	Gulika 11:54AM - 12:42PM	Ashlesha* Until 7:38AM	Ganesh: Yellow	Sunrise: 8:41AM	Vasvasu:5127
		Yama 10:17AM - 11:06AM	Priti Until 3:50PM	Muruga: White	Sunset: 3:07PM	Moon 1 - Phase 37 - 2 1st Phase
Creative Work	Siddha Yoga	Rahu 1:30PM - 2:19PM	Bava Until 2:52PM	Nataraja: Clear		
			Chalurithi* Until 2:22AM Wed	Moon - Blue		Sivaloka Day
				Pausha-Markali		

3

Wednesday, January 7, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ajayshman/Saubhagya Yoga Kaulava/Taila Karana Pancharayam Titau

Stockholm, Sweden
Sun 3 Sutra 268

Simha Rasi: 12.32	Tithi 20	Gulika 11:06AM - 11:54AM	Magha* Until 7:24AM	Ganesh: White	Sunrise: 8:40AM	Vasvasu:5127
		Yama 9:28AM - 10:17AM	Ajayshman Until 2:01PM	Muruga: White	Sunset: 3:09PM	Moon 1 - Phase 37 - 3 1st Phase
Creative Work	Siddha Yoga	Rahu 11:54AM - 12:43PM	Kaulava Until 2:07PM	Nataraja: Clear		
Until 7:24AM			Panchami Until 2:03AM Thu	Moon - Red		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali		

4

Thursday, January 8, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shantiyam Titau

Stockholm, Sweden
Sun 4 Sutra 269

Simha Rasi: 25.39	Tithi 21	Gulika 10:17AM - 11:06AM	Purvaphalguni Until 7:52AM	Ganesh: White	Sunrise: 8:39AM	Vasvasu:5127
		Yama 8:39AM - 9:28AM	Saubhagya Until 12:53PM	Muruga: White	Sunset: 3:11PM	Moon 1 - Phase 37 - 4 1st Phase
Creative Work	Siddha Yoga	Rahu 12:44PM - 1:33PM	Gara Until 2:14PM	Nataraja: Clear		
			Shashthi* Until 2:35AM Fri	Moon - Red		Devaloka Day
				Pausha-Markali		

5

Friday, January 9, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Ashganda* Yoga Visli*/Bava Karana Saphtayam Titau

Stockholm, Sweden
Sun 5 Sutra 270

Kanya Rasi: 8.2	Tithi 22	Gulika 9:27AM - 10:17AM	Uttaraphalguni Until 9:00AM	Ganesh: White	Sunrise: 8:38AM	Vasvasu:5127
		Yama 1:34PM - 2:23PM	Sobhana Until 12:24PM	Muruga: White	Sunset: 3:12PM	Moon 1 - Phase 37 - 5 1st Phase
Creative Work	Siddha Yoga	Rahu 11:06AM - 11:55AM	Visli Until 3:11PM	Nataraja: Clear		
Until 9:00AM			Saptami Until 3:56AM Sat	Moon - Red		Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali		

6

Saturday, January 10, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Manita Vasara Yuktayam
Hasta/Chitra Nakshatra Abhiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamiyam Titau

Stockholm, Sweden
Sun 6 Sutra 271

Kanya Rasi: 20.42	Tithi 23	Gulika 8:37AM - 9:27AM	Hasta Until 11:10AM	Ganesh: Clear	Sunrise: 8:37AM	Vasvasu:5127
		Yama 12:45PM - 1:35PM	Abhiganda* Until 12:28PM	Muruga: White	Sunset: 3:14PM	Moon 1 - Phase 37 - 6 1st Phase
Routine Work	Marana Yoga	Rahu 10:16AM - 11:06AM	Balava Until 4:52PM	Nataraja: Clear		Ashtami
			Ashtami* Until 5:54AM Sun	Moon - Green		Sivaloka Day
				Pausha-Markali		

Sunday, January 11, 2026

Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yuga Taila Karana Navamiyam Titau

Stockholm, Sweden
Sun 7 Sutra 272

Tula Rasi: 2.47	Tithi 24	Gulika 1:36PM - 2:26PM	Chitra Until 1:44PM	Ganesh: Clear	Sunrise: 8:36AM	Vasvasu:5127
		Yama 11:56AM - 12:46PM	Sukarma Until 12:57PM	Muruga: White	Sunset: 3:16PM	Moon 1 - Phase 37 - 7 1st Phase
Creative Work	Siddha Yoga	Rahu 2:26PM - 3:16PM	Tailita Until 7:04PM	Nataraja: Clear		
			Navami* Until 8:17AM Mon	Moon - Green		Sivaloka Day
				Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Inana Pada

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1

Monday, January 12, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mase Kṛishna Pakṣhe Indu Vasara Yuktayam		Stockholm, Sweden	
Svali/Vishikha Nakshatra Dhrui/Sula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8	Sutra 273
Gulika	12:47PM - 1:37PM	Svali Until 4:27PM	Ganesha: Clear Sunrise: 8:25AM
Yama	11:06AM - 11:56AM	Dhrui Until 1:44PM	Muruga: White Sunset: 3:18PM
Family Home Evening	863448576 Rahu	9:25AM - 10:16AM	Nataraja: Clear Moon 1 - Phase 38 - 8
Creative Work	Amrita Yoga	Navami* Until 8:17AM	Moon - Green 2nd Phase
Until 4:27PM			Sivaloka Day
Then Routine Work	Marana Yoga		Pausha-Markali

2

Tuesday, January 13, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mase Kṛishna Pakṣhe Mangala Vasara Yuktayam		Stockholm, Sweden	
Vishakha Nakshatra Shula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 9	Sutra 274
Gulika	11:57AM - 12:48PM	Vishakha Until 7:37PM	Ganesha: Purple Sunrise: 8:33AM
Yama	10:15AM - 11:06AM	Shula* Until 2:34PM	Muruga: White Sunset: 3:29PM
Routine Work	Marana Yoga	Bava Until 12:09AM Wed	Nataraja: Clear Moon 1 - Phase 38 - 9
Until 7:37PM		Dashami Until 10:51AM	Moon - Orange 2nd Phase
Then Creative Work	Siddha Yoga		Pausha-Markali

3

Wednesday, January 14, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Budha Vasara Yuktayam		Stockholm, Sweden	
Anuradha Nakshatra Ganda*/Vidhi* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Sun 10	Sutra 275
Gulika	11:06AM - 11:57AM	Anuradha Until 10:32PM	Ganesha: Purple Sunrise: 8:33AM
Yama	9:23AM - 10:15AM	Ganda* Until 3:24PM	Muruga: White Sunset: 3:29PM
Wischika Rasi: 8.28	Tithi 26 - 27	Kaulava Until 2:38AM Thu	Nataraja: Clear Moon 1 - Phase 38 - 10
Creative Work	Siddha Yoga	Ekadashi* Until 1:23PM	Moon - Orange 2nd Phase
	Thai Pongal		Pausha-Thai

4

Thursday, January 15, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Guru Vasara Yuktayam		Stockholm, Sweden	
Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodishtyam Titau		Sun 11	Sutra 276
Gulika	10:14AM - 11:06AM	Jyeshtha* Until 1:05AM Fri	Ganesha: Purple Sunrise: 8:31AM
Yama	8:31AM - 9:22AM	Vidhi Until 4:05PM	Muruga: White Sunset: 3:29PM
Wischika Rasi: 20.22	Tithi 27 - 28	Gara Until 4:51AM Fri	Nataraja: Clear Moon 1 - Phase 38 - 11
Creative Work	Prabalashita Yoga	Dvadashi* Until 3:45PM	Moon - Orange 2nd Phase
Until 1:05AM Fri			Pausha-Thai
Then Creative Work	Amrita Yoga		Devaloka Day

Pradosha Vata (Fasting)

5

Friday, January 16, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Sukra Vasara Yuktayam		Stockholm, Sweden	
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 12	Sutra 277
Gulika	9:21AM - 10:14AM	Mula* Until 3:39AM Sat	Ganesha: Purple Sunrise: 8:29AM
Yama	1:42PM - 2:34PM	Dhruva Until 4:32PM	Muruga: White Sunset: 3:29PM
Dhanus Rasi: 2.23	Tithi 28 - 29	Visi Until 6:45AM Sat	Nataraja: Clear Moon 1 - Phase 38 - 12
Creative Work	Amrita Yoga	Trayodashi* Until 5:50PM	Moon - Light Blue 2nd Phase
Until 3:39AM Sat			Pausha-Thai
Then Creative Work	Siddha Yoga		Devaloka Day

6

Saturday, January 17, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mani Vasara Yuktayam		Stockholm, Sweden	
Purvashada* Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Sun 13	Sutra 278
Gulika	8:28AM - 9:20AM	Purvashada* Until 5:41AM Sun	Ganesha: Purple Sunrise: 8:28AM
Yama	12:51PM - 1:44PM	Vyaghata* Until 4:44PM	Muruga: White Sunset: 3:29PM
Dhanus Rasi: 14.31	Tithi 29	Visi Until 6:45AM	Nataraja: Clear Moon 1 - Phase 38 - 13
Creative Work	Siddha Yoga	Chaturdashi* Until 7:32PM	Moon - Light Blue 2nd Phase
Until 5:41AM Sun			Pausha-Thai
Then Creative Work	Amrita Yoga		Devaloka Day

●

Sunday, January 18, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Bhanu Vasara Yuktayam		Stockholm, Sweden	
Uttarashada Nakshatra Harshana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 14	Sutra 279
Gulika	1:45PM - 2:38PM	Uttarashada Until 7:10AM Mon	Ganesha: Purple Sunrise: 8:26AM
Yama	11:59AM - 12:52PM	Harshana Until 4:38PM	Muruga: White Sunset: 3:31PM
Dhanus Rasi: 26.49	Tithi 30	Caluspada Until 8:16AM	Nataraja: Clear Moon 1 - Phase 38 - 14
Creative Work	Amrita Yoga	Amavasya* Until 8:50PM	Moon - Light Blue 2nd Phase
			Pausha-Thai

Monday, January 19, 2026

Visvassu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Pakṣhe Indu Vasara Yuktayam		Stockholm, Sweden	
Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15	Sutra 280
Gulika	12:53PM - 1:46PM	Uttarashada Until 7:10AM	Ganesha: Purple Sunrise: 8:25AM
Yama	11:05AM - 11:59AM	Vajra* Until 4:12PM	Muruga: White Sunset: 3:33PM
Makara Rasi: 9.17	Tithi 1	Kintughna Until 9:21AM	Nataraja: Clear Moon 1 - Phase 38 - 15
Family Home Evening	884448576 Rahu	9:18AM - 10:12AM	Moon - Light Blue Prathama
Creative Work	Marana Yoga	Prathama* Until 9:44PM	Magha-Thai
Until 7:10AM			Devaloka Day
Then Creative Work	Amrita Yoga		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1		Wednesday, January 28, 2026				Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Budha Varsara Yuktayam Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau	Stockholm, Sweden Sun 24	Sutra 289
Wishabha Rasi: 10.37	Tithi 10 – 11	Gulika 11:03AM – 12:01PM	Rohini Until 3:03AM Thu	Ganesh: Yellow	Sunrise: 8:08AM		Vasavasu 5127	
		Yama 9:06AM – 10:05AM	Brahma Until 7:25PM	Muruga: White	Sunset: 3:59PM	Moon 1 - Phase: 40 - 24	4th Phase	
		Rahu 12:01PM – 1:00PM	Vanija Until 10:51PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Dashami Until 12:09PM	Moon - Yellow		Sivaloka Day		
Until 3:03AM Thu				Magha-Thai				
Then Routine Work - Marana Yoga								

2		Thursday, January 29, 2026				Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Guru Varsara Yuktayam Mrigashira Nakshatra Indra/Vaidhri* Yoga Vasil/Bava Karana Ekadashi/Dwadashyam Titau	Stockholm, Sweden Sun 25	Sutra 290
Wishabha Rasi: 25.06	Tithi 11 – 12	Gulika 10:04AM – 11:03AM	Mrigashira Until 1:01AM Fri	Ganesh: Red	Sunrise: 8:06AM		Vasavasu 5127	
		Yama 8:06AM – 9:05AM	Indra Until 3:59PM	Muruga: White	Sunset: 3:57PM	Moon 1 - Phase: 40 - 25	4th Phase	
		Rahu 1:00PM – 1:59PM	Bava Until 8:07PM	Nataraja: Clear				
Routine Work	Marana Yoga		Ekadashi Until 9:29AM	Moon - Yellow		Sivaloka Day		
Until 1:01AM Fri				Magha-Thai				
Then Creative Work - Siddha Yoga								

3		Friday, January 30, 2026				Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Sukra Varsara Yuktayam Ardra Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Taila Karana Dvadashi/Trayodashyam Titau	Stockholm, Sweden Sun 26	Sutra 291
Mithuna Rasi: 9.41	Tithi 12 – 13	Gulika 9:03AM – 10:03AM	Ardra Until 10:50PM	Ganesh: Red	Sunrise: 8:04AM		Vasavasu 5127	
		Yama 2:01PM – 3:00PM	Vaidhri* Until 12:29PM	Muruga: White	Sunset: 4:09PM	Moon 1 - Phase: 40 - 26	4th Phase	
		Rahu 11:02AM – 12:02PM	Taila Until 3:58AM Sat	Nataraja: Clear				
Creative Work	Siddha Yoga		Dvadashi Until 6:42AM	Moon - Yellow		Sivaloka Day		
				Magha-Thai				

Pradosha Vata

4		Saturday, January 31, 2026				Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Manita Varsara Yuktayam Punarvasu Nakshatra Vishkambha*/Pili Yoga Gara/Vanija Karana Chaturdashyam Titau	Stockholm, Sweden Sun 27	Sutra 292
Mithuna Rasi: 24.14	Tithi 14	Gulika 8:01AM – 9:02AM	Punarvasu Until 9:04PM	Ganesh: Blue	Sunrise: 8:01AM		Vasavasu 5127	
		Yama 1:02PM – 2:02PM	Vishkambha* Until 9:03AM	Muruga: White	Sunset: 4:09PM	Moon 1 - Phase: 40 - 27	4th Phase	
		Rahu 10:02AM – 11:02AM	Gara Until 2:40PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Chaturdashi* Until 1:24AM Sun	Moon - Blue		Devaloka Day		
				Magha-Thai				

○		Sunday, February 1, 2026				Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Shnu Varsara Yuktayam Pushya Nakshatra Ayushman Yoga Vasil*/Bava Karana Purnimayam Titau	Stockholm, Sweden Sun 28	Sutra 293
Copper Retreat Star		Gulika 2:02PM – 3:02PM	Pushya Until 7:27PM	Ganesh: Blue	Sunrise: 8:01AM		Vasavasu 5127	
Kataka Rasi: 8.4	Tithi 15	Yama 12:02PM – 1:02PM	Ayushman Until 2:48AM Mon	Muruga: White	Sunset: 4:09PM	Moon 1 - Phase: 40 - Purnima		
		Rahu 3:02PM – 4:02PM	Visli Until 12:15PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Purnima* Until 11:09PM	Moon - Blue		Devaloka Day		
		Thai Pusam		Magha-Thai				

Monday, February 2, 2026		Silver Retreat Star				Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kitzhna Paksho Indu Varsara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prahnamayam Titau	Stockholm, Sweden Sun 29	Sutra 294
Kataka Rasi: 22.52	Tithi 16	Gulika 1:03PM – 2:03PM	Ashlesha* Until 6:07PM	Ganesh: Blue	Sunrise: 7:59AM		Vasavasu 5127	
		Yama 11:01AM – 12:02PM	Saubhagya Until 12:12AM Tue	Muruga: White	Sunset: 4:09PM	Moon 1 - Phase: 40 - Prathama		
		Rahu 9:00AM – 10:01AM	Balava Until 10:12AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Prathama* Until 9:21PM	Moon - Blue		Devaloka Day		
Until 6:07PM				Magha-Thai				
Then Routine Work - Marana Yoga								

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Мंगала Васара Yuktayam Stockholm, Sweden
Magha* Purnvaphalguni Nakshatra Sôbhana Yoga Taillia/Gara Karana Dvityayam Tilau Sun 1 Sutra 295

Simha Rasi: 6.44	Tithi 17	Gulika Yama	12:02PM - 1:03PM 10:00AM - 11:01AM	Magha* Untill 5:37PM Sôbhana Untill 10:06PM	Ganesha: Red Muruga: White Nataraja: Orange Moon - Red	Sunrise: 7:57AM Sunset: 4:07PM	Vasavasa 5127 Moon 2 - Phase 41 - 1 1st Phase
Creative Work	Siddha Yoga	955548577	Rahu 2:05PM - 3:06PM	Taillia Untill 8:41AM Dvitiya Untill 8:09PM	Magha-Thai		Sivaloka Day

1

Wednesday, February 4, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Бадха Васара Yuktayam Stockholm, Sweden
Purnvaphalguni/Ultrapahguni Nakshatra Ahigandha* Yoga Vanja/Visti* Karana Tritiyayam Tilau Sun 2 Sutra 296

Simha Rasi: 20.14	Tithi 18	Gulika Yama	11:00AM - 12:02PM 8:57AM - 9:58AM	Purnvaphalguni Untill 5:40PM Ahigandha* Untill 8:31PM	Ganesha: Red Muruga: White Nataraja: Orange Moon - Red	Sunrise: 7:55AM Sunset: 4:10PM	Vasavasa 5127 Moon 2 - Phase 41 - 2 1st Phase
Creative Work	Amrita Yoga	955548577	Rahu 12:02PM - 1:04PM	Vanija Untill 7:49AM Tritiya Untill 7:38PM	Magha-Thai		Sivaloka Day

2

Thursday, February 5, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Guru Visara Yuktayam Stockholm, Sweden
Ultraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sutra 297

Kanya Rasi: 3.21	Tithi 19	Gulika Yama	9:57AM - 11:00AM 7:52AM - 8:55AM	Ultraphalguni Untill 6:16PM Sukarna Untill 7:31PM	Ganesha: Red Muruga: White Nataraja: Orange Moon - Red	Sunrise: 7:52AM Sunset: 4:12PM	Vasavasa 5127 Moon 2 - Phase 41 - 3 1st Phase
Amrita Yoga		955548577	Rahu 1:05PM - 2:07PM	Bava Untill 7:41AM Chaturthi* Untill 7:52PM	Magha-Thai		Sivaloka Day
Untill 6:16PM							
Then Routine Work - Marana Yoga							

3

Friday, February 6, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Sukra Vasara Yuktayam Stockholm, Sweden
Hasta Nakshatra Dhriili Yoga Kaulava/Taillia Karana Panchmayam Tilau Sun 4 Sutra 298

Kanya Rasi: 16.05	Tithi 20	Gulika Yama	8:53AM - 9:56AM 2:09PM - 3:12PM	Hasta Untill 7:54PM Dhriili Untill 7:07PM	Ganesha: Green Muruga: White Nataraja: Orange Moon - Green	Sunrise: 7:50AM Sunset: 4:15PM	Vasavasa 5127 Moon 2 - Phase 41 - 4 1st Phase
Amrita Yoga		965548577	Rahu 10:59AM - 12:02PM	Kaulava Untill 8:18AM Panchami Untill 8:51PM	Magha-Thai		Devaloka Day
Creative Work	Amrita Yoga						
Untill 7:54PM							
Then Creative Work - Siddha Yoga							

4

Saturday, February 7, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Mania Vasara Yuktayam Stockholm, Sweden
Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthiyam Tilau Sun 5 Sutra 299

Kanya Rasi: 28.31	Tithi 21	Gulika Yama	7:48AM - 8:51AM 1:06PM - 2:10PM	Chitra Untill 10:00PM Shula* Untill 7:10PM	Ganesha: White Muruga: White Nataraja: Orange Moon - Green	Sunrise: 7:48AM Sunset: 4:17PM	Vasavasa 5127 Moon 2 - Phase 41 - 5 1st Phase
Marana Yoga		966548577	Rahu 9:55AM - 10:59AM	Gara Untill 9:36AM Shashthi* Untill 10:28PM	Magha-Thai		Devaloka Day
Routine Work	Marana Yoga						
Untill 10:00PM							
Then Creative Work - Siddha Yoga							

5

Sunday, February 8, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Ehanu Vasara Yuktayam Stockholm, Sweden
Svali Nakshatra Ganda* Yoga Visti* Bava Karana Saplamyam Tilau Sun 6 Sutra 300

Tula Rasi: 10.41	Tithi 22	Gulika Yama	2:11PM - 3:16PM 12:03PM - 1:07PM	Svali Untill 12:24AM Mon Ganda* Untill 7:38PM	Ganesha: White Muruga: White Nataraja: Orange Moon - Green	Sunrise: 7:45AM Sunset: 4:20PM	Vasavasa 5127 Moon 2 - Phase 41 - 6 1st Phase
Siddha Yoga		966548577	Rahu 3:16PM - 4:20PM	Visti Untill 11:30AM Saplami Untill 12:35AM Mon	Magha-Thai		Devaloka Day
Creative Work	Siddha Yoga						
Untill 12:24AM Mon							
Then Routine Work - Marana Yoga							

D

Monday, February 9, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Indu Visara Yuktayam Stockholm, Sweden
Vishakha Nakshatra Viddhi Yoga Balava/Kaulava Karana Ashtamyam Tilau Sun 7 Sutra 301

Tula Rasi: 22.41	Tithi 23	Gulika Yama	1:08PM - 2:13PM 10:58AM - 12:03PM	Vishakha Untill 3:25AM Tue Viddhi Untill 8:22PM	Ganesha: Clear Muruga: White Nataraja: Orange Moon - Orange	Sunrise: 7:43AM Sunset: 4:23PM	Vasavasa 5127 Moon 2 - Phase 41 - 7 Ashtami
Marana Yoga		976548577	Rahu 8:48AM - 9:53AM	Balava Untill 1:47PM Ashtami* Untill 2:59AM Tue	Magha-Thai		Sivaloka Day
Family Home Evening							
Routine Work	Marana Yoga						
Untill 3:25AM Tue							
Then Creative Work - Siddha Yoga							

Tuesday, February 10, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Мәсе Кітхна Пакше Мंगала Васара Yuktayam Stockholm, Sweden
Anuradha Nakshatra Dhruva Yoga Taillia/Gara Karana Navamyam Tilau Sun 8 Sutra 302

Vishika Rasi: 5	Tithi 24	Gulika Yama	12:03PM - 1:08PM 9:52AM - 10:57AM	Anuradha Untill 6:20AM Wed Dhruva Untill 9:09PM	Ganesha: Clear Muruga: White Nataraja: Orange Moon - Orange	Sunrise: 7:40AM Sunset: 4:25PM	Vasavasa 5127 Moon 2 - Phase 41 - 8 Navami
Siddha Yoga		976548577	Rahu 2:14PM - 3:20PM	Taillia Untill 4:15PM Navami* Untill 5:28AM Wed	Magha-Thai		Sivaloka Day
Creative Work	Siddha Yoga						

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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1		Wednesday, February 11, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksho Budha Vasara Yuktiyam Anuradha/Jyeshtha Nakshatra Vyaghata* Yoga Vanja Karana Dashami/Ekadashtyam Titau		Stockholm, Sweden Sun 9 Sutra 303	
Wischika Rasi: 16.29	TITHI 25	Gulika 10:57AM - 12:03PM	Anuradha Until 6:20AM	Ganesh: Clear	Sunrise: 7:38AM	Vasavasu 5:17	
		Yama 8:44AM - 9:50AM	Vyaghata* Until 9:55PM	Muruga: White	Sunset: 4:38PM	Moon 2 - Phase 42 - 9 2nd Phase	
Creative Work	Siddha Yoga	Rahu 12:03PM - 1:09PM	Bava Until 6:42PM	Nataraja: Orange		Sivaloka Day	
			Dashami Until 7:50AM Thu	Moon - Orange		Magha-Thai	

2		Thursday, February 12, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktiyam Jyeshtha/Mula Nakshatra Harshana Yoga Visi/Bava Karana Dashami/Ekadashtyam Titau		Stockholm, Sweden Sun 10 Sutra 304	
Wischika Rasi: 28.25	TITHI 25 - 26	Gulika 9:49AM - 10:56AM	Jyeshtha* Until 8:58AM	Ganesh: Clear	Sunrise: 7:35AM	Vasavasu 5:17	
		Yama 7:35AM - 8:42AM	Harshana Until 10:32PM	Muruga: White	Sunset: 4:30PM	Moon 2 - Phase 42 - 11 2nd Phase	
Routine Work	Prabalarishta Yoga	Rahu 1:10PM - 2:16PM	Bava Until 8:56PM	Nataraja: Orange		Sivaloka Day	
Until 8:58AM			Dashami Until 7:50AM	Moon - Orange		Magha-Masi	
Then Creative Work	Siddha Yoga						

3		Friday, February 13, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktiyam Mula/Purvashada Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau		Stockholm, Sweden Sun 11 Sutra 305	
Dhanus Rasi: 10.28	TITHI 26 - 27	Gulika 8:40AM - 9:48AM	Mula* Until 11:39AM	Ganesh: Purple	Sunrise: 7:33AM	Vasavasu 5:17	
		Yama 2:18PM - 3:25PM	Vajra* Until 10:49PM	Muruga: White	Sunset: 4:33PM	Moon 2 - Phase 42 - 11 2nd Phase	
Creative Work	Amrita Yoga	Rahu 10:55AM - 12:03PM	Kaulava Until 10:47PM	Nataraja: Orange		Devaloka Day	
Until 11:39AM			Ekadashi* Until 9:54AM	Moon - Light Blue		Magha-Masi	
Then Routine Work	Prabalarishta Yoga						

4		Saturday, February 14, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Manta Vasara Yuktiyam Purvashada/Uttarashada Nakshatra Siddhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 12 Sutra 306	
Dhanus Rasi: 22.41	TITHI 27 - 28	Gulika 7:30AM - 8:38AM	Purvashada* Until 1:43PM	Ganesh: Clear	Sunrise: 7:30AM	Vasavasu 5:17	
		Yama 1:11PM - 2:19PM	Siddhi Until 10:45PM	Muruga: White	Sunset: 4:35PM	Moon 2 - Phase 42 - 12 2nd Phase	
Creative Work	Siddha Yoga	Rahu 9:47AM - 10:55AM	Gara Until 12:08AM Sun	Nataraja: Orange		Sivaloka Day	
Until 1:43PM			Dvadashi* Until 11:30AM	Moon - Light Blue		Magha-Masi	
Then Routine Work	Marana Yoga					Pradosha Vata (Fasting)	

5		Sunday, February 15, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Shukra Vasara Yuktiyam Uttarashada/Shravana Nakshatra Vyajipata* Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 13 Sutra 307	
Makara Rasi: 5.07	TITHI 28 - 29	Gulika 2:20PM - 3:29PM	Uttarashada Until 3:08PM	Ganesh: Clear	Sunrise: 7:38AM	Vasavasu 5:17	
		Yama 12:03PM - 1:11PM	Vyajipata* Until 10:16PM	Muruga: White	Sunset: 4:38PM	Moon 2 - Phase 42 - 13 2nd Phase	
Creative Work	Amrita Yoga	Rahu 3:29PM - 4:38PM	Visi Until 12:56AM Mon	Nataraja: Orange		Sivaloka Day	
			Trayodashi* Until 12:35PM	Moon - Light Blue		Magha-Masi	

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktiyam Shravana/Uttarashada Nakshatra Varjyan Yoga Sakra/Kintughna* Karana Chaturdashi/Amavasyam Titau		Stockholm, Sweden Sun 14 Sutra 308	
Makara Rasi: 17.48	TITHI 29 - 30	Gulika 1:12PM - 2:22PM	Shravana Until 4:18PM	Ganesh: Orange	Sunrise: 7:25AM	Vasavasu 5:17	
Family Home Evening		Yama 10:53AM - 12:03PM	Varjyan Until 9:19PM	Muruga: White	Sunset: 4:40PM	Moon 2 - Phase 42 - 14 Amavasya	
Creative Work	Amrita Yoga	Rahu 8:35AM - 9:44AM	Caluspada Until 1:09AM Tue	Nataraja: Orange		Sivaloka Day	
Until 4:18PM			Chaturdashi* Until 1:06PM	Moon - Purple		Magha-Masi	
Then Creative Work	Siddha Yoga						

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksho Mangala Vasara Yuktiyam Dhanishtha/Shobhishtha Nakshatra Parigha* Yoga Naga/Kintughna* Karana Amavasya/Prathamam Titau		Stockholm, Sweden Sun 15 Sutra 309	
Kumbha Rasi: 0.45	TITHI 30 - 1	Gulika 12:03PM - 1:13PM	Dhanishtha Until 4:46PM	Ganesh: Orange	Sunrise: 7:22AM	Vasavasu 5:17	
		Yama 9:43AM - 10:53AM	Parigha* Until 7:58PM	Muruga: White	Sunset: 4:43PM	Moon 2 - Phase 42 - 15 Prathama	
Creative Work	Siddha Yoga	Rahu 2:23PM - 3:33PM	Kintughna Until 12:50AM Wed	Nataraja: Orange		Sivaloka Day	
Until 4:46PM			Amavasya* Until 1:02PM	Moon - Purple		Phalgun-Masi	
Then Routine Work	Marana Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Wednesday, February 18, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Budha Vаsara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityayam Titau			Stockholm, Sweden Sun 16	Sutra 310
	Gulika	10:52AM - 12:03PM	Shatabhishak Until 4:36PM	Ganesh: Orange	Sunrise: 7:20AM	Evening: 5:17PM	Vasarasu 5127
Kumbha Rasi: 13.59	Tithi 1 - 2	Yama 8:31AM - 9:41AM	Shiva Until 6:14PM	Muruga: White	Sunset: 4:49PM	Moon 2 - Phase 43 - 16	3rd Phase
Creative Work	Siddha Yoga	997548577 Rahu 12:03PM - 1:13PM	Balava Until 12:02AM Thu	Nataraja: Orange			
Until 4:36PM			Prathamam* Until 12:28PM	Moon - Purple			Sivaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi			

2	Thursday, February 19, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Guru Vasara Yuktayam Puravproshthapada*/Uttarproshthapada Nakshatra Siddha/Sadha Yoga Kauava/Tailita Karana Dvityayam Titau			Stockholm, Sweden Sun 17	Sutra 311
	Gulika	9:40AM - 10:51AM	Puravproshthapada* Until 4:19PM	Ganesh: Green	Sunrise: 7:17AM	Evening: 5:17PM	Vasarasu 5127
Kumbha Rasi: 27.28	Tithi 2 - 3	Yama 7:17AM - 8:29AM	Siddha Until 4:09PM	Muruga: White	Sunset: 4:49PM	Moon 2 - Phase 43 - 17	3rd Phase
Creative Work	Siddha Yoga	917548577 Rahu 1:14PM - 2:25PM	Tailita Until 10:50PM	Nataraja: Orange			
			Dvitiya Until 11:28AM	Moon - Clear			Subha Sivaloka Day
				Phalguna-Masi			

3	Friday, February 20, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Sukra Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Stockholm, Sweden Sun 18	Sutra 312
	Gulika	8:24AM - 9:38AM	Uttarproshthapada Until 3:33PM	Ganesh: Green	Sunrise: 7:15AM	Evening: 5:17PM	Vasarasu 5127
Meesha Rasi: 11.09	Tithi 3 - 4	Yama 2:26PM - 3:38PM	Sadhya Until 1:49PM	Muruga: White	Sunset: 4:50PM	Moon 2 - Phase 43 - 18	3rd Phase
Creative Work	Siddha Yoga	917548577 Rahu 10:50AM - 12:02PM	Vanija Until 9:20PM	Nataraja: Orange			
			Tritiya Until 10:06AM	Moon - Clear			Subha Sivaloka Day
				Phalguna-Masi			

4	Saturday, February 21, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Mani Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Vasi*/Bava Karana Chaturthi/Panchamam Titau			Stockholm, Sweden Sun 19	Sutra 313
	Gulika	7:12AM - 8:24AM	Revati Until 2:24PM	Ganesh: Red	Sunrise: 7:12AM	Evening: 5:17PM	Vasarasu 5127
Meesha Rasi: 25.01	Tithi 4 - 5	Yama 1:15PM - 2:28PM	Subha Until 11:17AM	Muruga: White	Sunset: 4:53PM	Moon 2 - Phase 43 - 19	3rd Phase
Routine Work	Prabalarishtha Yoga	918548577 Rahu 9:37AM - 10:50AM	Bava Until 7:35PM	Nataraja: Orange			
Until 2:24PM			Chaturthi* Until 8:27AM	Moon - Clear			Sivaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Masi			
							Subramuniyaswami Shiva Vision Day

5	Sunday, February 22, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Tailita Karana Panchami/Shashtham Titau			Stockholm, Sweden Sun 20	Sutra 314
	Gulika	2:29PM - 3:42PM	Ashvini Until 1:21PM	Ganesh: Blue	Sunrise: 7:09AM	Evening: 5:17PM	Vasarasu 5127
Mesha Rasi: 9.01	Tithi 5 - 6	Yama 12:02PM - 1:16PM	Sukla Until 8:34AM	Muruga: White	Sunset: 4:59PM	Moon 2 - Phase 43 - 20	3rd Phase
Creative Work	Siddha Yoga	928548577 Rahu 3:42PM - 4:55PM	Tailita Until 4:38AM Mon	Nataraja: Orange			
Until 1:21PM			Panchami Until 6:37AM	Moon - White			Devaloka Day
Then Routine Work - Prabalarishtha Yoga				Phalguna-Masi			

6	Monday, February 23, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Indu Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamam Titau			Stockholm, Sweden Sun 21	Sutra 315
	Gulika	1:16PM - 2:30PM	Bharani Until 12:01PM	Ganesh: Blue	Sunrise: 7:06AM	Evening: 5:17PM	Vasarasu 5127
Mesha Rasi: 23.07	Tithi 7	Yama 10:48AM - 12:02PM	Indra Until 2:53AM Tue	Muruga: White	Sunset: 4:59PM	Moon 2 - Phase 43 - 21	3rd Phase
Family Home Evening	Siddha Yoga	928548577 Rahu 8:20AM - 9:34AM	Gara Until 3:37PM	Nataraja: Orange			
Until 12:01PM			Sapthami Until 2:33AM Tue	Moon - White			Devaloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi			

D	Tuesday, February 24, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vasi*/Bava Karana Ashtamam Titau			Stockholm, Sweden Sun 22	Sutra 316
	Gulika	12:02PM - 1:17PM	Krittika Until 10:29AM	Ganesh: Blue	Sunrise: 7:04AM	Evening: 5:17PM	Vasarasu 5127
Wisshabha Rasi: 7.15	Tithi 8	Yama 9:33AM - 10:47AM	Vaidhriti* Until 11:57PM	Muruga: White	Sunset: 5:02PM	Moon 2 - Phase 43 - 22	Ashtami
Creative Work	Siddha Yoga	928548577 Rahu 2:31PM - 3:46PM	Vasi Until 1:31PM	Nataraja: Orange			
Until 10:29AM			Ashtami* Until 12:25AM Wed	Moon - White			Devaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Masi			

W	Wednesday, February 25, 2026		Viswasa Nama Samvatsare Uтарыае Mоkша Rіtau Kumbha Mase Sukla Pakше Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kauava Karana Navamam Titau			Stockholm, Sweden Sun 23	Sutra 317
	Gulika	10:47AM - 12:02PM	Rohini Until 9:12AM	Ganesh: Blue	Sunrise: 7:01AM	Evening: 5:17PM	Vasarasu 5127
Wisshabha Rasi: 21.26	Tithi 9	Yama 8:16AM - 9:31AM	Vishkambha* Until 9:02PM	Muruga: White	Sunset: 5:03PM	Moon 2 - Phase 43 - 23	Navami
Creative Work	Siddha Yoga	938648577 Rahu 12:02PM - 1:17PM	Balava Until 11:22AM	Nataraja: Orange			
			Navami* Until 10:17PM	Moon - Yellow			Subha Sivaloka Day
				Phalguna-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбхо Мазе Суліа Пакше Guru Vasara Yuktayam				Stockholm, Sweden
Mithuna Rasi: 5:37 Tithi 10		Mrigashira/Ardra Nakshatra Prili Yoga Taillia/Gara Karana Dashamayam Tilau				Sun 24 Sutra 318
Routine Work	Marana Yoga	Gulika 9:30AM - 10:46AM	Mrigashira Until 7:46AM	Ganesh: Blue	Sunrise: 6:58AM	Vasvasu 5127
		Yama 6:58AM - 8:14AM	Prili Until 6:08PM	Muruga: White	Sunset: 5:09PM	Moon 2 - Phase 44 - 24
		938648577 Rahu 1:18PM - 2:34PM	Taillia Until 9:15AM	Nataraja: Orange	4th Phase	
		Dashami Until 8:11PM				Subha Sivaloka Day
		Moon - Yellow Phalgun-Masi				

2 Friday, February 27, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбхо Мазе Суліа Пакше Sutra Vasara Yuktayam				Stockholm, Sweden
Mithuna Rasi: 19:45 Tithi 11		Ardra/Punarvasu Nakshatra Ajushman/Saubhagya Yoga Vanija/Visil' Karana Ekadashyam Tilau				Sun 25 Sutra 319
Creative Work	Siddha Yoga	Gulika 8:12AM - 9:28AM	Ardra Until 6:16AM	Ganesh: Yellow	Sunrise: 6:55AM	Vasvasu 5127
		Yama 2:35PM - 3:51PM	Ayushman Until 3:17PM	Muruga: White	Sunset: 5:08PM	Moon 2 - Phase 44 - 25
		939648577 Rahu 10:45AM - 12:02PM	Vanija Until 7:10AM	Nataraja: Orange	4th Phase	
		Ekadashi Until 6:10PM				Sivaloka Day
		Moon - Yellow Phalgun-Masi				

3 Saturday, February 28, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбхо Мазе Суліа Пакше Mantra Vasara Yuktayam				Stockholm, Sweden
Kataka Rasi: 3:49 Tithi 12 - 13		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadash/Trayodashyam Tilau				Sun 26 Sutra 320
Creative Work	Siddha Yoga	Gulika 6:53AM - 8:10AM	Pushya Until 4:07AM Sun	Ganesh: White	Sunrise: 6:53AM	Vasvasu 5127
		Yama 1:19PM - 2:36PM	Saubhagya Until 12:35PM	Muruga: White	Sunset: 5:10PM	Moon 2 - Phase 44 - 26
		949648577 Rahu 9:27AM - 10:44AM	Kaulava Until 3:29AM Sun	Nataraja: Orange	4th Phase	
		Dvadashi Until 4:19PM				Devaloka Day
		Moon - Blue Phalgun-Masi				
<i>Pradosha Vata</i>						

4 Sunday, March 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбхо Мазе Суліа Пакше Bharu Vasara Yuktayam				Stockholm, Sweden
Kataka Rasi: 17:44 Tithi 13 - 14		Ashlesha' Nakshatra Atbiganda' Yoga Taillia/Gara Karana Trayodashi/Chaturdashyam Tilau				Sun 27 Sutra 321
Creative Work	Siddha Yoga	Gulika 2:38PM - 3:57PM	Ashlesha' Until 3:13AM Mon	Ganesh: White	Sunrise: 6:47AM	Vasvasu 5127
		Yama 12:01PM - 1:20PM	Sobhana Until 10:04AM	Muruga: White	Sunset: 5:19PM	Moon 2 - Phase 44 - 27
Until 3:13AM Mon		949648577 Rahu 3:57PM - 5:15PM	Gara Until 2:03AM Mon	Nataraja: Orange	4th Phase	
Then Routine Work - Marana Yoga		Trayodashi Until 2:42PM				Devaloka Day
		Moon - Blue Phalgun-Masi				

Monday, March 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбхо Мазе Суліа Пакше Indu Vasara Yuktayam				Stockholm, Sweden
Copper Retreat Star		Magha' Nakshatra Atbiganda'/Sukama Yoga Vanija/Visil' Karana Chaturdash/Purnimayam Tilau				Sutra 322
Simha Rasi: 1:29	Tithi 14 - 15	Gulika 1:20PM - 2:39PM	Magha' Until 3:00AM Tue	Ganesh: Clear	Sunrise: 6:44AM	Vasvasu 5127
		Yama 10:42AM - 12:01PM	Atbiganda' Until 7:48AM	Muruga: White	Sunset: 5:18PM	Moon 2 - Phase 44 -
Family Home Evening		959648577 Rahu 8:03AM - 9:22AM	Visil' Until 12:59AM Tue	Nataraja: Orange	Purnima	
Routine Work - Marana Yoga		Chidambaram Abhishekam				Sivaloka Day
Until 3:00AM Tue		Holi				
Then Creative Work - Siddha Yoga		Chaturdashi' Until 1:27PM				
		Moon - Red Phalgun-Masi				

Tuesday, March 3, 2026		Vishvasu Nama Samvatsare Uтарыяне Мокша Рітау Кумбхо Мазе Суліа Пакше Mangala Vasara Yuktayam				Stockholm, Sweden
Silver Retreat Star		Purvaphalguni Nakshatra Dhriil' Yoga Bava/Balava Karana Purnima/Prathamayam Tilau				Sutra 323
Simha Rasi: 15	Tithi 15 - 16	Gulika 12:01PM - 1:20PM	Purvaphalguni Until 3:06AM Wed	Ganesh: Clear	Sunrise: 6:41AM	Vasvasu 5127
		Yama 9:21AM - 10:41AM	Dhriil' Until 4:20AM Wed	Muruga: White	Sunset: 5:20PM	Moon 2 - Phase 44 -
Creative Work - Siddha Yoga		959648577 Rahu 2:40PM - 4:00PM	Balava Until 12:25AM Wed	Nataraja: Orange	Prathama	
Until 3:06AM Wed		Purnima' Until 12:37PM				Sivaloka Day
Then Creative Work - Amrita Yoga		Moon - Red Phalgun-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Wednesday, March 4, 2026****Gold Retreat Star**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Budha Vasara Yuktayam Stockholm, Sweden
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamadivlyayam Titau Sutra 324

Simha Rasi: 28.14	Tithi 16 - 17	Gulika Yama 959648577 Rahu	10:40AM - 12:00PM 7:59AM - 9:19AM 12:00PM - 1:21PM	Uttaraphalguni Until 3:36AM Thu Shula* Until 3:12AM Thu Tailita Until 12:23AM Thu Prathama* Until 12:18PM	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Red Phalgun-Masi	Sunrise: 6:38AM Sunset: 5:29PM	Vasava: 5:127 Moon 3 - Phase 45 - 1st Phase
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Creative Work - Amrita Yoga
Until 3:36AM Thu
Then Routine Work - Marana Yoga

1**Thursday, March 5, 2026**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam Stockholm, Sweden
Hasta Nakshatra Ganda* Yoga Gara/Vanija Karana Divlyaya/Triyayam Titau Sutra 325

Kanya Rasi: 11.11	Tithi 17 - 18	Gulika Yama 169648577 Rahu	9:18AM - 10:39AM 6:35AM - 7:57AM 1:21PM - 2:43PM	Hasla Until 4:59AM Fri Ganda* Until 2:33AM Fri Vanija Until 12:56AM Fri Dvitiya Until 12:34PM	Ganesh: White Muruga: White Nataraja: Orange Moon - Green Phalgun-Masi	Sunrise: 6:35AM Sunset: 5:29PM	Vasava: 5:127 Moon 3 - Phase 45 - 1st Phase
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Routine Work - Marana Yoga
Until 4:59AM Fri
Then Creative Work - Siddha Yoga

2**Friday, March 6, 2026**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktayam Stockholm, Sweden
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturtham Titau Sutra 326

Kanya Rasi: 23.51	Tithi 18 - 19	Gulika Yama 169648577 Rahu	7:54AM - 9:16AM 2:44PM - 4:05PM 10:38AM - 12:00PM	Chitra Until 6:46AM Sat Viddhi Until 2:22AM Sat Bava Until 2:05AM Sat Tritiya Until 1:25PM	Ganesh: White Muruga: White Nataraja: Orange Moon - Green Phalgun-Masi	Sunrise: 6:33AM Sunset: 5:29PM	Vasava: 5:127 Moon 3 - Phase 45 - 2 1st Phase
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Creative Work - Siddha Yoga

3**Saturday, March 7, 2026**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Marta Vasara Yuktayam Stockholm, Sweden
Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sutra 327

Tula Rasi: 6.16	Tithi 19 - 20	Gulika Yama 161658577 Rahu	6:30AM - 7:52AM 2:44PM - 4:05PM 9:15AM - 10:37AM	Chitra Until 6:46AM Dhruva Until 2:33AM Sun Kaulava Until 3:45AM Sun Chaturthi* Until 2:50PM	Ganesh: Purple Muruga: Clear Nataraja: Orange Moon - Green Phalgun-Masi	Sunrise: 6:30AM Sunset: 5:30PM	Vasava: 5:127 Moon 3 - Phase 45 - 3 1st Phase
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Routine Work - Marana Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

4**Sunday, March 8, 2026**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Bhanu Vasara Yuktayam Stockholm, Sweden
Svali/Vishakha Nakshatra Vyaghala* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau Sun 4 Sutra 328

Tula Rasi: 18.28	Tithi 20 - 21	Gulika Yama 161658577 Rahu	2:46PM - 4:09PM 11:59AM - 1:23PM 4:09PM - 5:32PM	Svali Until 8:52AM Vyaghala* Until 3:04AM Mon Gara Until 5:50AM Mon Panchami Until 4:44PM	Ganesh: Purple Muruga: Clear Nataraja: Orange Moon - Green Phalgun-Masi	Sunrise: 6:27AM Sunset: 5:30PM	Vasava: 5:127 Moon 3 - Phase 45 - 4 1st Phase
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Creative Work - Siddha Yoga
Until 8:52AM
Then Routine Work - Marana Yoga

5**Monday, March 9, 2026**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Indu Vasara Yuktayam Stockholm, Sweden
Vishakha/Anuradha Nakshatra Harshana Yoga Vanija Karana Shashthiyam Titau Sun 5 Sutra 329

Witschika Rasi: 0.29	Tithi 21	Gulika Yama 171658577 Rahu	1:23PM - 2:47PM 10:35AM - 11:59AM 7:48AM - 9:12AM	Vishakha Until 11:41AM Harshana Until 3:49AM Tue Vanija Until 6:58PM Shashthi* Until 6:58PM	Ganesh: Clear Muruga: Clear Nataraja: Orange Moon - Orange Phalgun-Masi	Sunrise: 6:24AM Sunset: 5:30PM	Vasava: 5:127 Moon 3 - Phase 45 - 5 1st Phase
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Family Home Evening
Routine Work - Marana Yoga
Until 11:41AM
Then Creative Work - Siddha Yoga

6**Tuesday, March 10, 2026**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Mangala Vasara Yuktayam Stockholm, Sweden
Anuradha/Jyeshtha* Nakshatra Vajra* Yoga Visi* Bava Karana Saptamam Titau Sun 6 Sutra 330

Witschika Rasi: 12.25	Tithi 22	Gulika Yama 171658577 Rahu	11:59AM - 1:23PM 9:10AM - 10:35AM 2:48PM - 4:12PM	Anuradha Until 2:32PM Vajra* Until 4:37AM Wed Visi Until 8:11AM Saptami Until 9:23PM	Ganesh: Clear Muruga: Clear Nataraja: Orange Moon - Orange Phalgun-Masi	Sunrise: 6:21AM Sunset: 5:29PM	Vasava: 5:127 Moon 3 - Phase 45 - 6 1st Phase
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Creative Work - Siddha Yoga
Until 2:32PM
Then Routine Work - Marana Yoga

D**Wednesday, March 11, 2026****Retreat Star**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Budha Vasara Yuktayam Stockholm, Sweden
Jyeshtha/Mula* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau Sun 7 Sutra 331

Witschika Rasi: 24.19	Tithi 23	Gulika Yama 171658677 Rahu	10:34AM - 11:59AM 7:43AM - 9:08AM 11:59AM - 1:24PM	Jyeshtha* Until 5:15PM Siddhi Until 5:22AM Thu Balava Until 10:37AM Ashlami* Until 11:46PM	Ganesh: Clear Muruga: White Nataraja: Light Blue Moon - Orange Phalgun-Masi	Sunrise: 6:18AM Sunset: 5:30PM	Vasava: 5:127 Moon 3 - Phase 45 - 7 Ashlami
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Creative Work - Siddha Yoga
Until 5:15PM
Then Routine Work - Marana Yoga

Thursday, March 12, 2026**Retreat Star**Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam Stockholm, Sweden
Mula* Nakshatra Vyajpata* Yoga Tailita/Gara Karana Navamam Titau Sun 8 Sutra 332

Dhanus Rasi: 6.15	Tithi 24	Gulika Yama 181658677 Rahu	9:07AM - 10:33AM 6:15AM - 7:41AM 1:24PM - 2:50PM	Mula* Until 8:08PM Vyajpata* Until 5:56AM Fri Tailita Until 12:55PM Navam* Until 1:56AM Fri	Ganesh: White Muruga: White Nataraja: Light Blue Moon - Light Blue Phalgun-Masi	Sunrise: 6:15AM Sunset: 5:42PM	Vasava: 5:127 Moon 3 - Phase 45 - 8 Navami
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Creative Work - Siddha Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Friday, March 13, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam Stockholm, Sweden
Puravashada* Nakshatra Varjaya Vanja/Vishra* Karana Dvadasmyam Titau Sun 9 Sutra 333

Gulika	7:39AM - 9:05AM	Purvashada* Until 10:29PM	Ganesho: White	Sunrise: 6:12AM	Vasavasu 5127
Yama	2:51PM - 4:18PM	Varjaya Until 6:08AM Sat	Muruga: White	Sunset: 5:49PM	Moon 3 - Phase 46 - 9
181658677 Rahu	10:32AM - 11:58AM	Vanija Until 2:53PM	Nataraja: Light Blue		2nd Phase
		Dashami Until 3:39AM Sat	Moon - Light Blue		
			Phalguna-Masi		Bhuloka Day

Dhanu Rasi: 18.17 Tithi 25
Routine Work Prabalarisha Yoga
Until 10:29PM
Then Routine Work - Marana Yoga

2

Saturday, March 14, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mania Vasara Yuktayam Stockholm, Sweden
Uttarashada Nakshatra Varjaya Parigaha* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 334

Gulika	6:09AM - 7:37AM	Uttarashada Until 12:08AM Sun	Ganesho: White	Sunrise: 6:09AM	Vasavasu 5127
Yama	1:25PM - 2:52PM	Varjaya Until 6:08AM	Muruga: White	Sunset: 5:46PM	Moon 3 - Phase 46 - 12
181658677 Rahu	9:04AM - 10:31AM	Bava Until 4:19PM	Nataraja: Light Blue		2nd Phase
		Ekadashi* Until 4:47AM Sun	Moon - Light Blue		
			Phalguna-Panguni		Bhuloka Day

Makara Rasi: 0.31 Tithi 26
Routine Work Marana Yoga
Until 12:08AM Sun
Then Creative Work - Amrita Yoga

3

Sunday, March 15, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Bharu Vasara Yuktayam Stockholm, Sweden
Shravana Nakshatra Shiva Yoga Kaulava/Tallika Karana Dvadasmyam Titau Sun 11 Sutra 335

Gulika	2:53PM - 4:21PM	Shravana Until 1:27AM Mon	Ganesho: Yellow	Sunrise: 6:06AM	Vasavasu 5127
Yama	11:58AM - 1:25PM	Shiva Until 5:07AM Mon	Muruga: White	Sunset: 5:49PM	Moon 3 - Phase 46 - 11
191658678 Rahu	4:21PM - 5:49PM	Kaulava Until 5:07PM	Nataraja: Purple		2nd Phase
		Dvadasmi* Until 5:14AM Mon	Moon - Purple		
			Phalguna-Panguni		Bhuloka Day
				Devaloka Time: 6AM to 9AM	

Makara Rasi: 12.59 Tithi 27
Creative Work Amrita Yoga
Until 1:27AM Mon
Then Creative Work - Siddha Yoga

4

Monday, March 16, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Indu Vasara Yuktayam Stockholm, Sweden
Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 336

Gulika	1:26PM - 2:54PM	Dhanishtha Until 1:54AM Tue	Ganesho: Yellow	Sunrise: 6:04AM	Vasavasu 5127
Yama	10:29AM - 11:57AM	Siddha Until 3:45AM Tue	Muruga: White	Sunset: 5:51PM	Moon 3 - Phase 46 - 12
191658678 Rahu	7:32AM - 9:00AM	Gara Until 5:12PM	Nataraja: Purple		2nd Phase
		Trayodashi* Until 4:57AM Tue	Moon - Purple		
			Phalguna-Panguni		Bhuloka Day
				Devaloka Time: 6AM to 9AM	

Makara Rasi: 25.47 Tithi 28
Family Home Evening
Creative Work Siddha Yoga
Until 1:54AM Tue
Then Routine Work - Marana Yoga

Pradosha Vata (Fasting)

5

Tuesday, March 17, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Mangala Vasara Yuktayam Stockholm, Sweden
Shalabhishak Nakshatra Sadhya Yoga Visti/7'Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337

Gulika	11:57AM - 1:26PM	Shalabhishak Until 1:31AM Wed	Ganesho: Blue	Sunrise: 6:01AM	Vasavasu 5127
Yama	8:59AM - 10:28AM	Sadya Until 1:52AM Wed	Muruga: White	Sunset: 5:49PM	Moon 3 - Phase 46 - 13
192658678 Rahu	2:55PM - 4:24PM	Visti Until 4:33PM	Nataraja: Purple		2nd Phase
		Chaturdashi* Until 3:58AM Wed	Moon - Purple		
			Phalguna-Panguni		Devaloka Day

Kumbha Rasi: 8.56 Tithi 29
Routine Work Marana Yoga
Until 1:31AM Wed
Then Creative Work - Amrita Yoga

●

Wednesday, March 18, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksho Badha Vasara Yuktayam Stockholm, Sweden
Purvashrothapada* Nakshatra Subha Yoga Catuspada*Alaga* Karana Amavasyayam Titau Sun 14 Sutra 338

Gulika	10:27AM - 11:57AM	Purvashrothapada* Until 12:51AM Thu	Ganesho: Red	Sunrise: 5:58AM	Vasavasu 5127
Yama	7:27AM - 8:57AM	Subha Until 11:31PM	Muruga: White	Sunset: 5:56PM	Moon 3 - Phase 46 - 14
112658678 Rahu	11:57AM - 1:27PM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
		Amavasya* Until 2:24AM Thu	Moon - Clear		
			Phalguna-Panguni		Bhuloka Day
				Devaloka Time: 9AM to 12:PM	

Kumbha Rasi: 22.28 Tithi 30
Creative Work Amrita Yoga
Until 12:51AM Thu
Then Creative Work - Siddha Yoga

Thursday, March 19, 2026

Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam Stockholm, Sweden
Uttarashrothapada Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam Titau Sun 15 Sutra 339

Gulika	8:56AM - 10:26AM	Uttarashrothapada Until 11:33PM	Ganesho: Red	Sunrise: 5:55AM	Vasavasu 5127
Yama	5:55AM - 7:25AM	Sukla Until 8:44PM	Muruga: White	Sunset: 5:58PM	Moon 3 - Phase 46 - 15
112658678 Rahu	1:27PM - 2:57PM	Kintughna Until 1:27PM	Nataraja: Purple		Prathama
		Prathama* Until 12:22AM Fri	Moon - Clear		
			Chaitra-Panguni		Bhuloka Day
				Devaloka Time: 9AM to 12:PM	

Meena Rasi: 6.2 Tithi 1
Creative Work Siddha Yoga
Yugadi

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Friday, March 20, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktayam Stockholm, Sweden Revati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 16 Subra 340			
Mesha Rasi: 20.29	Tilhi 2	Gulika 7:23AM – 8:54AM Yama 2:58PM – 4:30PM 122658678 Rahu 10:25AM – 11:56AM	Revati Until 9:46PM Brahma Until 5:41PM Balava Until 11:14AM Dvitiya Until 9:59PM	Ganesha: Red Sunrise: 5:52AM Muruga: White Sunset: 6:09PM Nataraja: Purple Moon – Clear Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 16 3rd Phase
Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 9AM to 12PM
Until 9:46PM					
Then Creative Work - Amrita Yoga					
2 Saturday, March 21, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Manu Vasara Yuktayam Stockholm, Sweden Ashvini Nakshatra Indra/Vaidhiti Yoga Talila/Gara Karana Trityayam Tilau Sun 17 Subra 341			
Mesha Rasi: 4.51	Tilhi 3	Gulika 5:49AM – 7:21AM Yama 1:28PM – 2:59PM 122658678 Rahu 8:52AM – 10:24AM	Ashvini Until 8:04PM Indra Until 2:27PM Talila Until 8:44AM Trityaya Until 7:24PM	Ganesha: Yellow Sunrise: 5:49AM Muruga: White Sunset: 6:09PM Nataraja: Purple Moon – White Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 17 3rd Phase
Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 9AM to 12PM
		Chellappaswami Mahasamadh			
3 Sunday, March 22, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Bhanu Vasara Yuktayam Stockholm, Sweden Bharani Nakshatra Vaidhiti/Vishkambha Yoga Vanija/Bava Karana Chalurthi/Panchamyam Tilau Sun 18 Subra 342			
Mesha Rasi: 19.19	Tilhi 4 – 5	Gulika 3:00PM – 4:33PM Yama 11:56AM – 1:28PM 122758678 Rahu 4:33PM – 6:05PM	Bharani Until 6:09PM Vaidhiti Until 11:07AM Vanija Until 6:06AM Chalurthi Until 4:45PM	Ganesha: Blue Sunrise: 5:46AM Muruga: White Sunset: 6:09PM Nataraja: Purple Moon – White Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 18 3rd Phase
Routine Work	Prabalaristha Yoga				Bhuloka Day
Until 6:09PM					
Then Creative Work - Siddha Yoga					
4 Monday, March 23, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Indra Vasara Yuktayam Stockholm, Sweden Krittika/Rohini Nakshatra Vishkambha/Prithi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau Sun 19 Subra 343			
Wishabha Rasi: 3.47	Tilhi 5 – 6	Gulika 1:28PM – 3:01PM Yama 10:22AM – 11:55AM 122758678 Rahu 7:16AM – 8:49AM	Krittika Until 4:09PM Vishkambha Until 7:49AM Kaulava Until 12:53AM Tue Panchami Until 2:08PM	Ganesha: Blue Sunrise: 5:43AM Muruga: White Sunset: 6:08PM Nataraja: Purple Moon – White Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 19 3rd Phase
Family Home Evening					Bhuloka Day
Routine Work	Marana Yoga				
Until 4:09PM					
Then Creative Work - Amrita Yoga					
5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Mangala Vasara Yuktayam Stockholm, Sweden Rohini/Rohini Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptamyam Tilau Sun 20 Subra 344			
Wishabha Rasi: 18.12	Tilhi 6 – 7	Gulika 11:55AM – 1:29PM Yama 8:47AM – 10:21AM 132758678 Rahu 3:03PM – 4:36PM	Rohini Until 2:35PM Ayushman Until 1:32AM Wed Gara Until 10:31PM Shashthi Until 11:39AM	Ganesha: Yellow Sunrise: 5:40AM Muruga: White Sunset: 6:10PM Nataraja: Purple Moon – Yellow Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 20 3rd Phase
Creative Work	Amrita Yoga				Bhuloka Day Devaloka Time: 6AM to 9AM
Until 2:35PM					
Then Creative Work - Siddha Yoga					
Wednesday, March 25, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Budha Vasara Yuktayam Stockholm, Sweden Migashira/Andra Nakshatra Saubhagya Yoga Vanija/Vishti Karana Saptami/Ashtamyam Tilau Sun 21 Subra 345			
Mithuna Rasi: 2.28	Tilhi 7 – 8	Gulika 10:20AM – 11:55AM Yama 7:11AM – 8:46AM 132758678 Rahu 11:55AM – 1:29PM	Migashira Until 1:05PM Saubhagya Until 10:41PM Visiti Until 8:23PM Saptami Until 9:23AM	Ganesha: Yellow Sunrise: 5:37AM Muruga: White Sunset: 6:12PM Nataraja: Purple Moon – Yellow Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 21 Ashtami
Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 6AM to 9AM
Thursday, March 26, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam Stockholm, Sweden Andra/Punarvasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamyam Tilau Sun 22 Subra 346			
Mithuna Rasi: 16.34	Tilhi 8 – 9	Gulika 8:44AM – 10:19AM Yama 5:34AM – 7:09AM 132758678 Rahu 1:29PM – 3:05PM	Andra Until 11:44AM Sobhana Until 8:05PM Balava Until 6:32PM Ashtami Until 7:24AM	Ganesha: Yellow Sunrise: 5:34AM Muruga: White Sunset: 6:15PM Nataraja: Purple Moon – Yellow Chaitra-Panguni	Vasarasu 5127 Moon 3 - Phase 47 - 22 Navami
Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 6AM to 9AM
Until 11:44AM		Sri Rama Navami			
Then Creative Work - Amrita Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Sukra Varsara Yuktayam Stockholm, Sweden Panarvasu/Pushya Nakshatra Ahniganda/Sukama Yoga Taillila/Gara Karana Doshatnyam Titau Sun 23 Sutra 347				
Kataka Rasi: 0.28	Tithi 10	Gulika 7:07AM - 8:43AM	Punarvasu Untill 10:58AM	Ganesha: White	Sunrise: 5:31AM	Vasavasu 5:27
		Yama 3:06PM - 4:41PM	Ahiganda* Untill 5:43PM	Muruga: White	Sunset: 6:17PM	Moon 3 - Phase 4B - 23
Creative Work	Siddha Yoga	Rahu 10:18AM - 11:54AM	Taillila Untill 5:01PM	Nataraja: Purple		4th Phase
Untill 10:58AM			Dashami Untill 4:22AM Sat	Moon - Blue		Bhuloka Day
Then Routine Work - Marana Yoga				Chalra-Panguni		
2 Saturday, March 28, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Mantra Varsara Yuktayam Stockholm, Sweden Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Ekaadashyam Titau Sun 24 Sutra 348				
Kataka Rasi: 14.1	Tithi 11	Gulika 5:28AM - 7:05AM	Pushya Untill 10:24AM	Ganesha: White	Sunrise: 5:28AM	Vasavasu 5:27
		Yama 1:30PM - 3:07PM	Sukarma Untill 3:38PM	Muruga: White	Sunset: 6:19PM	Moon 3 - Phase 4B - 24
Creative Work	Siddha Yoga	Rahu 8:41AM - 10:17AM	Vanija Untill 3:50PM	Nataraja: Purple		4th Phase
Untill 10:24AM		Yogaswami Mahasamadi	Ekadashi Untill 3:21AM Sun	Moon - Blue		Bhuloka Day
Then Routine Work - Marana Yoga				Chalra-Panguni		
3 Sunday, March 29, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Bhanu Varsara Yuktayam Stockholm, Sweden Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 349				
Kataka Rasi: 27.4	Tithi 12	Gulika 3:06PM - 4:45PM	Ashlesha* Untill 10:01AM	Ganesha: White	Sunrise: 5:25AM	Vasavasu 5:27
		Yama 11:53AM - 1:31PM	Dhriti Untill 1:51PM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 4B - 25
Creative Work	Siddha Yoga	Rahu 4:45PM - 6:22PM	Bava Untill 3:01PM	Nataraja: Purple		4th Phase
Untill 10:01AM			Dvadashi Untill 2:43AM Mon	Moon - Blue		Bhuloka Day
Then Routine Work - Marana Yoga				Chalra-Panguni		
4 Monday, March 30, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Indu Varsara Yuktayam Stockholm, Sweden Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taillila Karana Trayodashyam Titau Sun 26 Sutra 350				
Simha Rasi: 10.57	Tithi 13	Gulika 1:31PM - 3:09PM	Magha* Untill 10:19AM	Ganesha: Clear	Sunrise: 5:20AM	Vasavasu 5:27
Family Home Evening		Yama 10:15AM - 11:53AM	Shula* Untill 12:21PM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 4B - 26
Routine Work	Marana Yoga	Rahu 7:00AM - 8:38AM	Kaulava Untill 2:34PM	Nataraja: Purple		4th Phase
Untill 10:19AM			Trayodashi Untill 2:28AM Tue	Moon - Red		Bhuloka Day
Then Creative Work - Siddha Yoga				Chalra-Panguni		Devaloka Time: 6AM to 9-AM
				<i>Pradosha Vata</i>		
5 Tuesday, March 31, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Mangala Varsara Yuktayam Stockholm, Sweden Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi Yoga Gara/Vanja Karana Chaturdashyam Titau Sun 27 Sutra 351				
Simha Rasi: 24.02	Tithi 14	Gulika 11:53AM - 1:31PM	Purvaphalguni Untill 10:51AM	Ganesha: Purple	Sunrise: 5:19AM	Vasavasu 5:27
		Yama 8:36AM - 10:14AM	Ganda* Untill 11:10AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 4B - 27
Creative Work	Siddha Yoga	Rahu 3:10PM - 4:48PM	Gara Untill 2:31PM	Nataraja: Purple		4th Phase
Untill 10:51AM			Chaturdashi* Untill 2:38AM Wed	Moon - Red		Devaloka Day
Then Creative Work - Amrita Yoga				Chalra-Panguni		
Wednesday, April 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Budha Varsara Yuktayam Stockholm, Sweden Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Visi*/Bava Karana Punimayam Titau Sun 28 Sutra 352				
Kanya Rasi: 6.55	Tithi 15	Gulika 10:14AM - 11:53AM	Uttaraphalguni Untill 11:38AM	Ganesha: Purple	Sunrise: 5:19AM	Vasavasu 5:27
		Yama 6:58AM - 8:36AM	Vidhi Untill 10:20AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 4B - Punima
Creative Work	Amrita Yoga	Rahu 11:53AM - 1:31PM	Visi Untill 2:54PM	Nataraja: Purple		
Untill 11:38AM		Panguni Uttiram	Purnima* Untill 3:13AM Thu	Moon - Red		Devaloka Day
Then Routine Work - Marana Yoga		Hanuman Jayanti		Chalra-Panguni		
Thursday, April 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Guru Varsara Yuktayam Stockholm, Sweden Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 353				
Kanya Rasi: 19.35	Tithi 16	Gulika 8:34AM - 10:14AM	Hasta Untill 1:09PM	Ganesha: Clear	Sunrise: 5:16AM	Vasavasu 5:27
		Yama 5:16AM - 6:55AM	Dhruva Untill 9:48AM	Muruga: White	Sunset: 6:29PM	Moon 3 - Phase 4B - Prathama
Routine Work	Marana Yoga	Rahu 1:32PM - 3:11PM	Balava Untill 3:42PM	Nataraja: Purple		
Untill 1:09PM			Prathama* Untill 4:15AM Fri	Moon - Green		Bhuloka Day
Then Creative Work - Siddha Yoga				Chalra-Panguni		Devaloka Time: 9AM to 12-PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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**Friday, April 3, 2026****Gold Retreat Star**

Tula Rasi: 2:04 Tithi 17

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Salara Vasara Yuktayam Stockholm, Sweden
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvityayam Titau Sutra 354Gulika 6:53AM - 8:33AM
Yama 3:12PM - 4:51PM
Rahu 10:13AM - 11:52AMChitra Until 2:55PM
Vyaghata* Until 9:38AM
Talila Until 4:57PM
Dvitiya Until 5:42AM SatGanesh: Clear Sunrise: 5:13AM
Muruga: White Sunset: 6:13PMMoon 4 - Phase 49 - 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Green
Chaitra-Panguni**Bhuloka Day**

Devaloka Time: 9AM to 12PM

1 Saturday, April 4, 2026

Tula Rasi: 14:22 Tithi 18

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam Stockholm, Sweden
Svali/Vishakha Nakshatra Harshana/Vajra* Yoga Vanija Karana Tritiyayam Titau Sutra 355Gulika 5:10AM - 6:51AM
Yama 1:32PM - 3:13PM
Rahu 8:31AM - 10:12AMSvali Until 4:56PM
Harshana Until 9:47AM
Vanija Until 6:36PM
Tritiya Until 7:32AM SunGanesh: Clear Sunrise: 5:10AM
Muruga: White Sunset: 6:10PMMoon 4 - Phase 49 - 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Green
Chaitra-Panguni**Bhuloka Day**

Devaloka Time: 9AM to 12PM

2 Sunday, April 5, 2026

Tula Rasi: 26:29 Tithi 18 - 19

Routine Work Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam Stockholm, Sweden
Vishakha Nakshatra Vajra/Siddhi Yoga Vasil/Bava Karana Tritiya/Chaturtham Titau Sutra 356Gulika 3:14PM - 4:55PM
Yama 1:32PM - 3:13PM
Rahu 4:55PM - 6:36PMVishakha Until 7:37PM
Vajra* Until 10:12AM
Bava Until 8:36PM
Tritiya Until 7:32AMGanesh: White Sunrise: 5:08AM
Muruga: White Sunset: 6:10PMMoon 4 - Phase 49 - 2 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Orange
Chaitra-Panguni**Devaloka Day****3 Monday, April 6, 2026**Vishkha Rasi: 8:3 Tithi 19 - 20
Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam Stockholm, Sweden
Anuradha Nakshatra Siddhi/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sutra 357Gulika 1:33PM - 3:15PM
Yama 10:10AM - 11:51AM
Rahu 6:46AM - 8:28AMAnuradha Until 10:24PM
Siddhi Until 10:52AM
Kaulava Until 10:52PM
Chaturthi* Until 9:41AMGanesh: White Sunrise: 5:05AM
Muruga: White Sunset: 6:09PMMoon 4 - Phase 49 - 3 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Orange
Chaitra-Panguni**Devaloka Day****4 Tuesday, April 7, 2026**

Vishkha Rasi: 20:26 Tithi 20 - 21

Routine Work Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam Stockholm, Sweden
Jyeshtha* Nakshatra Vysipata/Variyan Yoga Talila/Gara Karana Panchami/Shestham Titau Sutra 358Gulika 11:51AM - 1:33PM
Yama 8:26AM - 10:09AM
Rahu 3:16PM - 4:58PMJyeshtha* Until 1:09AM Wed
Vysipata* Until 11:42AM
Gara Until 1:17AM Wed
Panchami Until 12:03PMGanesh: White Sunrise: 5:02AM
Muruga: White Sunset: 6:11PMMoon 4 - Phase 49 - 4 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Orange
Chaitra-Panguni**Devaloka Day****5 Wednesday, April 8, 2026**

Dhanus Rasi: 2:19 Tithi 21 - 22

Routine Work Marana Yoga
Then Creative Work - Siddha YogaViswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam Stockholm, Sweden
Mula* Nakshatra Varayan/Parigha* Yoga Vanija/Visli* Karana Shashthi/Saptamam Titau Sutra 359Gulika 10:08AM - 11:51AM
Yama 6:42AM - 8:25AM
Rahu 11:51AM - 1:34PMMula* Until 4:12AM Thu
Varayan Until 12:33PM
Visli Until 3:40AM Thu
Shashthi* Until 2:28PMGanesh: Yellow Sunrise: 4:59AM
Muruga: White Sunset: 6:12PMMoon 4 - Phase 49 - 5 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni**Bhuloka Day**

Devaloka Time: 9AM to 12PM

6 Thursday, April 9, 2026

Dhanus Rasi: 14:13 Tithi 22 - 23

Creative Work Siddha Yoga
Until 6:53AM Fri
Then Routine Work - Marana YogaViswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yuktayam Stockholm, Sweden
Purvashadha* Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Titau Sutra 360Gulika 8:23AM - 10:07AM
Yama 4:56AM - 6:39AM
Rahu 1:34PM - 3:18PMPurvashadha* Until 6:53AM Fri
Parigha* Until 1:21PM
Balava Until 5:49AM Fri
Saptami Until 4:46PMGanesh: Yellow Sunrise: 4:56AM
Muruga: White Sunset: 6:09PMMoon 4 - Phase 49 - 6 1st Phase
Vasavasa 5:127Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni**Bhuloka Day**

Devaloka Time: 9AM to 12PM

Friday, April 10, 2026**Retreat Star**

Dhanus Rasi: 26:13 Tithi 23

Routine Work Prabalatarisha Yoga
Until 6:53AM
Then Routine Work - Marana YogaViswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sakra Vasara Yuktayam Stockholm, Sweden
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava Karana Ashtamam Titau Sutra 361Gulika 6:37AM - 8:22AM
Yama 3:19PM - 5:03PM
Rahu 10:06AM - 11:50AMPurvashadha* Until 6:53AM
Shiva Until 1:56PM
Kaulava Until 6:43PM
Ashlami* Until 6:43PMGanesh: Yellow Sunrise: 4:53AM
Muruga: White Sunset: 6:09PMMoon 4 - Phase 49 - 7 Ashtami
Vasavasa 5:127Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni**Bhuloka Day**

Devaloka Time: 9AM to 12PM

Saturday, April 11, 2026**Retreat Star**

Makara Rasi: 8:23 Tithi 24

Routine Work Marana Yoga
Until 8:57AM
Then Creative Work - Siddha YogaViswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Marita Vasara Yuktayam Stockholm, Sweden
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamam Titau Sutra 362Gulika 4:50AM - 6:35AM
Yama 1:35PM - 3:20PM
Rahu 8:20AM - 10:05AMUttarashadha Until 8:57AM
Siddha Until 2:05PM
Talila Until 7:32AM
Navam* Until 8:08PMGanesh: Yellow Sunrise: 4:50AM
Muruga: White Sunset: 6:09PMMoon 4 - Phase 49 - 8 Navami
Vasavasa 5:127Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni**Bhuloka Day**

Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yuktiyam Stockholm, Sweden ShravanaDhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Visti' Karana Dashamyam Titau Sun 9 Sutra 363			
Makara Rasi: 20.5	Tithi 25	Gulika 3:21PM - 5:07PM	Shravana Until 10:44AM	Ganesh: Blue Sunrise: 4:47AM	Vasavasu 5:17
		Yama 11:50AM - 1:35PM	Sadhya Until 1:44PM	Muruga: White Sunset: 6:59PM	Moon 4 - Phase 50 - 9
Creative Work Amrita Yoga		193758678 Rahu 5:07PM - 6:52PM	Vanija Until 8:36AM	Nataraja: Purple	2nd Phase
Until 10:44AM			Dashami Until 8:50PM	Moon - Purple	Devaloka Day
Then Routine Work - Marana Yoga				Chaitra-Panguni	

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yuktiyam Stockholm, Sweden Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 364			
Kumbha Rasi: 3.37	Tithi 26	Gulika 1:36PM - 3:22PM	Dhanishtha Until 11:35AM	Ganesh: Blue Sunrise: 4:44AM	Vasavasu 5:17
Family Home Evening		Yama 10:03AM - 11:49AM	Subha Until 12:47PM	Muruga: White Sunset: 6:59PM	Moon 4 - Phase 50 - 10
Creative Work Siddha Yoga		193758678 Rahu 6:31AM - 8:17AM	Bava Until 8:53AM	Nataraja: Purple	2nd Phase
			Ekadashi* Until 8:42PM	Moon - Purple	Devaloka Day
				Chaitra-Panguni	

3 Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Margala Visara Yuktiyam Stockholm, Sweden Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvadasyam Titau Sun 11 Sutra 1			
Kumbha Rasi: 16.5	Tithi 27	Gulika 11:49AM - 1:36PM	Shatabhishak Until 11:28AM	Ganesh: Blue Sunrise: 4:41AM	Parabhava 5:18
		Yama 10:03AM - 11:49AM	Sukla Until 11:09AM	Muruga: White Sunset: 6:59PM	Moon 4 - Phase 50 - 11
Routine Work Marana Yoga		294758678 Rahu 3:23PM - 5:10PM	Kaulava Until 8:21AM	Nataraja: Purple	2nd Phase
			Dvadashi* Until 7:45PM	Moon - Purple	Bhuloka Day
		Tamil New Year		Chaitra-Chaitra	

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Butha Visara Yuktiyam Stockholm, Sweden Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 2			
Meena Rasi: 0.29	Tithi 28	Gulika 10:01AM - 11:49AM	Puravroshthapada* Until 10:53AM	Ganesh: White Sunrise: 4:38AM	Parabhava 5:18
		Yama 6:26AM - 8:14AM	Brahma Until 8:54AM	Muruga: White Sunset: 6:59PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga		214758678 Rahu 11:49AM - 1:37PM	Gara Until 7:00AM	Nataraja: Purple	2nd Phase
Until 10:53AM			Trayodashi* Until 6:03PM	Moon - Clear	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra-Chaitra	
			<i>Pradosha Vata (Fasting)</i>		

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Guru Visara Yuktiyam Stockholm, Sweden Utarproshthapada*/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Chatuspada* Karana Chalurdashi/Amavasyayam Titau Sun 13 Sutra 3			
Meena Rasi: 14.35	Tithi 29 - 30	Gulika 8:12AM - 10:00AM	Utarproshthapada Until 9:28AM	Ganesh: Yellow Sunrise: 4:36AM	Parabhava 5:18
		Yama 4:36AM - 6:24AM	Indra Until 6:06AM	Muruga: White Sunset: 7:09PM	Moon 4 - Phase 50 - 13
Creative Work Siddha Yoga		214858678 Rahu 1:37PM - 3:25PM	Chatuspada Until 2:21AM Fri	Nataraja: Purple	2nd Phase
			Chalurdashi* Until 3:42PM	Moon - Clear	Bhuloka Day
				Chaitra-Chaitra	Devaloka Time: 9AM to 12PM

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Sukra Visara Yuktiyam Stockholm, Sweden Revati/Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya*/Prathamayam Titau Sun 14 Sutra 4			
Meena Rasi: 29.04	Tithi 30 - 1	Gulika 6:22AM - 8:11AM	Revati Until 7:22AM	Ganesh: Yellow Sunrise: 4:33AM	Parabhava 5:18
		Yama 3:26PM - 5:15PM	Vishkambha* Until 11:13PM	Muruga: White Sunset: 7:09PM	Moon 4 - Phase 50 - 14
Creative Work Siddha Yoga		214858678 Rahu 10:00AM - 11:48AM	Kintughna Until 11:19PM	Nataraja: Purple	Amavasya
Until 7:22AM			Amavasya* Until 12:51PM	Moon - Clear	Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra-Chaitra	Devaloka Time: 9AM to 12PM

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Manta Visara Yuktiyam Stockholm, Sweden Bharani Nakshatra Pithi Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 5			
Mesha Rasi: 13.5	Tithi 1 - 2	Gulika 4:30AM - 6:19AM	Bharani Until 2:39AM Sun	Ganesh: Red Sunrise: 4:30AM	Parabhava 5:18
		Yama 1:38PM - 3:27PM	Pithi Until 7:25PM	Muruga: White Sunset: 7:09PM	Moon 4 - Phase 50 - 15
Creative Work Siddha Yoga		224858678 Rahu 8:09AM - 9:59AM	Balava Until 8:02PM	Nataraja: Purple	Prathama
			Prathama* Until 9:41AM	Moon - White	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 9AM to 12PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1	Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Bhanu Vasara Yukhtayam Stockholm, Sweden			
	Kritika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Tilau		Sun 16 Sutra 6		Parabhava 5128	
	Mesha Rasi: 28.44	Tithi 2 – 3	Gulika 3:26PM – 5:19PM Yama 11:48AM – 1:38PM Rahu 5:19PM – 7:09PM	Kritika Until 11:58PM Ayushman Until 3:31PM Gara Until 3:00AM Mon Dvitiya Until 6:21AM	Ganesh: Red Sunrise: 4:27AM Muruga: White Sunset: 7:09PM Nataraja: Purple Moon – White Vaisaka-Chaitra	Sunrise: 4:27AM Sunset: 7:09PM Moon 4 - Phase 1 - 16 3rd Phase
Creative Work	Siddha Yoga	244858678				

2	Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Indu Vasara Yukhtayam Stockholm, Sweden			
	Rohini Nakshatra Saubhagya/Sobhana Yoga Vanja/Visli* Karana Chalurthiyam Tilau		Sun 17 Sutra 7		Parabhava 5128	
	Wishabha Rasi: 13.39	Tithi 4	Gulika 1:39PM – 3:29PM Yama 9:57AM – 11:48AM Rahu 6:15AM – 8:06AM	Rohini Until 9:40PM Saubhagya Until 11:41AM Vanija Until 1:24PM Chalurthi* Until 11:49PM	Ganesh: Yellow Sunrise: 4:24AM Muruga: White Sunset: 7:11PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:24AM Sunset: 7:11PM Moon 4 - Phase 1 - 17 3rd Phase
Creative Work	Amrita Yoga	234858678				

3	Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Mangala Vasara Yukhtayam Stockholm, Sweden			
	Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchmayam Tilau		Sun 18 Sutra 8		Parabhava 5128	
	Wishabha Rasi: 28.26	Tithi 5	Gulika 11:48AM – 1:39PM Yama 8:04AM – 9:56AM Rahu 3:31PM – 5:22PM	Mrigashira Until 7:31PM Sobhana Until 8:03AM Bava Until 10:20AM Panchami Until 8:54PM	Ganesh: Yellow Sunrise: 4:21AM Muruga: White Sunset: 7:10PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:21AM Sunset: 7:10PM Moon 4 - Phase 1 - 18 3rd Phase
Creative Work	Siddha Yoga	234858678	Adi Sankara Jayanthi			
Until 7:31PM						
Then Routine Work	– Marana Yoga					

4	Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Budha Vasara Yukhtayam Stockholm, Sweden			
	Ardra/Punarvasu Nakshatra Sukama Yoga Kaulava/Tailika Karana Shashthiyam Tilau		Sun 19 Sutra 9		Parabhava 5128	
	Mithuna Rasi: 12.59	Tithi 6	Gulika 9:55AM – 11:47AM Yama 6:11AM – 8:03AM Rahu 11:47AM – 1:39PM	Ardra Until 5:37PM Sukama Until 1:38AM Thu Kaulava Until 7:36AM Shashthi* Until 6:23PM	Ganesh: Yellow Sunrise: 4:19AM Muruga: White Sunset: 7:10PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:19AM Sunset: 7:10PM Moon 4 - Phase 1 - 19 3rd Phase
Creative Work	Siddha Yoga	234858678				

5	Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Guru Vasara Yukhtayam Stockholm, Sweden			
	Punarvasu/Pushya Nakshatra Dhriti Yoga Vanja/Visli* Karana Saptami/Ashtmayam Tilau		Sun 20 Sutra 10		Parabhava 5128	
	Mithuna Rasi: 27.13	Tithi 7 – 8	Gulika 8:01AM – 9:54AM Yama 4:16AM – 6:09AM Rahu 1:40PM – 3:33PM	Punarvasu Until 4:29PM Dhriti Until 11:03PM Visli Until 3:35AM Fri Saptami Until 4:22PM	Ganesh: White Sunrise: 4:16AM Muruga: White Sunset: 7:10PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sunrise: 4:16AM Sunset: 7:10PM Moon 4 - Phase 1 - 20 3rd Phase
Creative Work	Amrita Yoga	244858678				

D	Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Sukra Vasara Yukhtayam Stockholm, Sweden			
	Retreat Star		Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamayam Tilau		Sun 21 Sutra 11	
	Kataka Rasi: 11.07	Tithi 8 – 9	Gulika 6:07AM – 8:00AM Yama 3:34PM – 5:27PM Rahu 9:53AM – 11:47AM	Pushya Until 3:45PM Shula* Until 8:53PM Balava Until 2:24AM Sat Ashtami* Until 2:54PM	Ganesh: White Sunrise: 4:13AM Muruga: White Sunset: 7:11PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sunrise: 4:13AM Sunset: 7:11PM Moon 4 - Phase 1 - 21 Ashtami
Routine Work	Marana Yoga	244858678				

	Saturday, April 25, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksho Manu Vasara Yukhtayam Stockholm, Sweden			
	Retreat Star		Ashlesha/Magha* Nakshatra Ganda* Yoga Kaulava/Tailika Karana Navami/Dashmayam Tilau		Sun 22 Sutra 12	
	Kataka Rasi: 24.4	Tithi 9 – 10	Gulika 4:10AM – 6:04AM Yama 1:41PM – 3:35PM Rahu 7:59AM – 9:53AM	Ashlesha* Until 3:26PM Ganda* Until 7:12PM Tailika Until 1:46AM Sun Navami* Until 2:00PM	Ganesh: White Sunrise: 4:10AM Muruga: White Sunset: 7:23PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:10AM Sunset: 7:23PM Moon 4 - Phase 1 - 22 Navami
Routine Work	Marana Yoga	244858679				
Until 3:26PM						
Then Creative Work	– Amrita Yoga					

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Sunday, April 26, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Бһау Весага Уктыягым Magha/Puravaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stockholm, Sweden
1	Simha Rasi: 7.55	Tithi 10 - 11	Gulika 3:36PM - 5:31PM Yama 11:47AM - 1:41PM 254858679 Rahu 5:31PM - 7:26PM	Magha* Until 3:57PM Vridhhi Until 5:57PM Vanija Until 1:41AM Mon Dashami Until 1:39PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 4:08AM Sunset: 7:26PM Moon 4 - Phase 2 - 23 4th Phase
Routine Work - Marana Yoga Until 3:57PM Then Creative Work - Siddha Yoga						Devaloka Day

2 Monday, April 27, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Иду Весага Уктыягым Purvaphalguni/Ultrapahlguni Nakshatra Dhruva/Vyaghata* Yoga Visti/Bava Karana Ekadashi/Dvadashtyam Titau				Stockholm, Sweden
2	Simha Rasi: 20.53	Tithi 11 - 12	Gulika 1:42PM - 3:37PM Yama 9:51AM - 11:46AM 255858679 Rahu 6:00AM - 7:56AM	Purvaphalguni Until 4:49PM Dhruva Until 5:04PM Bava Until 2:04AM Tue Ekadashi Until 1:48PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 4:05AM Sunset: 7:26PM Moon 4 - Phase 2 - 24 4th Phase
Family Home Evening Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 6 PM to 9 PM

3 Tuesday, April 28, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Mangala Vesara Yuktayam Ultrapahlguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden
3	Kanya Rasi: 3.38	Tithi 12 - 13	Gulika 11:46AM - 1:42PM Yama 7:54AM - 9:50AM 255858679 Rahu 3:38PM - 5:34PM	Ultrapahlguni Until 5:57PM Vyaghata* Until 4:33PM Kaulava Until 2:53AM Wed Dvadashi Until 2:24PM	Ganesh: Purple Muruga: White Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 4:03AM Sunset: 7:26PM Moon 4 - Phase 2 - 25 4th Phase
Creative Work - Amrita Yoga Until 5:57PM Then Creative Work - Siddha Yoga						Bhuloka Day Devaloka Time: 6 PM to 9 PM

4 Wednesday, April 29, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Budha Vesara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden
4	Kanya Rasi: 16.11	Tithi 13 - 14	Gulika 9:49AM - 11:46AM Yama 5:56AM - 7:53AM 265858679 Rahu 11:46AM - 1:43PM	Hasla Until 7:47PM Harshana Until 4:22PM Gara Until 4:04AM Thu Trayodashi Until 3:25PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 3:59AM Sunset: 7:23PM Moon 4 - Phase 2 - 26 4th Phase
Routine Work - Marana Yoga Until 7:47PM Then Creative Work - Siddha Yoga						Devaloka Day

5 Thursday, April 30, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Guru Vesara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Vanija/Vesti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden
5	Kanya Rasi: 28.34	Tithi 14 - 15	Gulika 7:51AM - 9:49AM Yama 3:57AM - 5:54AM 265858679 Rahu 1:43PM - 3:40PM	Chitra Until 9:48PM Vajra* Until 4:25PM Visti Until 5:35AM Fri Chaturdash* Until 4:46PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 3:57AM Sunset: 7:26PM Moon 4 - Phase 2 - 27 4th Phase
Creative Work - Siddha Yoga Until 9:48PM Then Creative Work - Amrita Yoga						Devaloka Day

Friday, May 1, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Sukra Vesara Yuktayam Svali Nakshatra Siddhi/Vyalyalapa* Yoga Bava Karana Purnimayam Titau				Stockholm, Sweden
Copper Retreat Star			Gulika 5:50AM - 7:49AM Yama 3:43PM - 5:41PM 265858679 Rahu 9:47AM - 11:46AM	Svali Until 11:56PM Siddhi Until 4:43PM Bava Until 6:26PM Purnima* Until 6:26PM	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Vaisaka-Chaitra	Sunrise: 3:51AM Sunset: 7:49PM Moon 4 - Phase 2 - Purnima
Tula Rasi: 10.5 Creative Work - Siddha Yoga						Devaloka Day

Saturday, May 2, 2026

		Parabhava Nama Samvatsara: Uтарыяыя Нартапа Рйау Меша Месе Суло Сало Пакше Manita Vesara Yuktayam Vishakha Nakshatra Vyalyalapa*/Varjani Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden
Silver Retreat Star			Gulika 3:49AM - 5:48AM Yama 1:45PM - 3:44PM 275858679 Rahu 7:47AM - 9:46AM	Vishakha Until 2:40AM Sun Vyalyalapa* Until 5:15PM Balava Until 7:24AM Prathama* Until 8:23PM	Ganesh: White Muruga: White Nataraja: Clear Moon - Orange Vaisaka-Chaitra	Sunrise: 3:49AM Sunset: 7:49PM Moon 4 - Phase 2 - Prathama
Tula Rasi: 22.58 Creative Work - Siddha Yoga Until 2:40AM Sun Then Routine Work - Marana Yoga						Bhuloka Day Devaloka Time: 6 PM to 9 PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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