

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 13.13 Tithi 17
Family Home Evening
 Creative Work Amrita Yoga
 Until 7:34PM
 Then Routine Work - Marana Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Інду Васара Уктыяым Warsaw, Poland
 Swali Nakshatra Vajra* Yoga Talila/Gara Karana Dwlityayam Titau Sutra 3/4

Gulika 1:21PM - 3:04PM
Yama 9:53AM - 11:37AM
Rahu 6:24AM - 8:10AM
Tamil New Year
Dwlitya Until 6:28AM Tue

Ganesha: Yellow Sunrise: 4:42AM
Muruga: Clear Sunset: 6:29PM Moon 4 - Phase 1 - 1st Phase
Nataraja: Clear
 Moon - Green
Chaitra-Chaitra
Devaloka Day

1**Tuesday, April 15, 2025**

Tula Rasi: 25.04 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 10:40PM
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Мангала Васара Уктыяым Warsaw, Poland
 Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dwlityayam Titau Sutra 1

Gulika 11:37AM - 1:21PM
Yama 8:08AM - 9:52AM
Rahu 3:05PM - 4:49PM
Vishakha Until 10:40PM
Siddhi Until 7:01PM
Bava Until 7:41PM
Dwlitya Until 6:28AM

Ganesha: Blue Sunrise: 4:40AM
Muruga: Clear Sunset: 6:29PM Moon 4 - Phase 1 - 1st Phase
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra
Devaloka Time: 3PM to 6PM

2**Wednesday, April 16, 2025**

Wischika Rasi: 6.58 Tithi 18 - 19
 Creative Work Siddha Yoga
 Until 1:24AM Thu
 Then Routine Work - Prabarishtha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Бадха Васара Уктыяым Warsaw, Poland
 Anuradha Nakshatra Vyatipata* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau Sun 2 Sutra 2

Gulika 9:52AM - 11:36AM
Yama 6:22AM - 8:07AM
Rahu 11:36AM - 1:21PM
Anuradha Until 1:24AM Thu
Vyatipata Until 7:47PM
Bava Until 9:55PM
Tritiya Until 8:49AM

Ganesha: Blue Sunrise: 4:38AM
Muruga: Clear Sunset: 6:29PM Moon 4 - Phase 1 - 2 1st Phase
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra
Devaloka Time: 3PM to 6PM

3**Thursday, April 17, 2025**

Wischika Rasi: 18.58 Tithi 19 - 20
 Routine Work Prabarishtha Yoga
 Until 3:40AM Fri
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Guru Васара Уктыяым Warsaw, Poland
 Jyeshtha* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau Sun 3 Sutra 3

Gulika 8:04AM - 9:51AM
Yama 4:36AM - 6:21AM
Rahu 1:21PM - 3:06PM
Jyeshtha* Until 3:40AM Fri
Varjyan Until 8:17PM
Kaulava Until 11:51PM
Chaturthi* Until 10:54AM

Ganesha: Blue Sunrise: 4:36AM
Muruga: Clear Sunset: 6:29PM Moon 4 - Phase 1 - 3 1st Phase
Nataraja: Clear
 Moon - Orange
Chaitra-Chaitra
Devaloka Time: 3PM to 6PM

4**Friday, April 18, 2025**

Dhanus Rasi: 1.05 Tithi 20 - 21
 Creative Work Amrita Yoga
 Until 5:51AM Sat
 Then Creative Work - Siddha Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Sukra Васара Уктыяым Warsaw, Poland
 Mula* Nakshatra Parigha* Yoga Talila/Gara Karana Panchami/Shashtham Titau Sun 4 Sutra 4

Gulika 6:19AM - 8:05AM
Yama 3:07PM - 4:53PM
Rahu 9:50AM - 11:36AM
Mula* Until 5:51AM Sat
Parigha* Until 8:31PM
Gara Until 1:22AM Sat
Panchami Until 12:39PM

Ganesha: Red Sunrise: 4:33AM
Muruga: Clear Sunset: 6:38PM Moon 4 - Phase 1 - 4 1st Phase
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

5**Saturday, April 19, 2025**

Dhanus Rasi: 13.24 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 7:20AM Sun
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Manita Васара Уктыяым Warsaw, Poland
 Purvashadha* Nakshatra Shiva Yoga Vanja/Visti* Karana Shashthi/Saptamam Titau Sun 5 Sutra 5

Gulika 4:31AM - 6:17AM
Yama 1:22PM - 3:08PM
Rahu 8:04AM - 9:50AM
Purvashadha* Until 7:20AM Sun
Shiva Until 8:23PM
Visti Until 2:22AM Sun
Shashthi* Until 1:55PM

Ganesha: Red Sunrise: 4:31AM
Muruga: Clear Sunset: 6:40PM Moon 4 - Phase 1 - 5 1st Phase
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

D**Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 25.56 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 7:20AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Bhanu Васара Уктыяым Warsaw, Poland
 Purvashadha* Uktarashadha Nakshatra Siddha Yoga Balava/Balava Karana Saptami/Akshamam Titau Sun 6 Sutra 6

Gulika 3:09PM - 4:55PM
Yama 11:35AM - 1:22PM
Rahu 4:55PM - 6:42PM
Purvashadha* Until 7:20AM
Siddha Until 7:44PM
Balava Until 2:42AM Mon
Saptami Until 2:36PM

Ganesha: Red Sunrise: 4:29AM
Muruga: Clear Sunset: 6:42PM Moon 4 - Phase 1 - 6 Ashtami
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

Monday, April 21, 2025**Retreat Star**

Makara Rasi: 8.48 Tithi 23 - 24
Family Home Evening
 Routine Work Marana Yoga
 Until 8:02AM
 Then Creative Work - Amrita Yoga

Viswastu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Indu Васара Уктыяым Warsaw, Poland
 Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailita Karana Ashotami/Navamam Titau Sun 7 Sutra 7

Gulika 1:22PM - 3:09PM
Yama 9:48AM - 11:35AM
Rahu 6:14AM - 8:01AM
Uttarashadha Until 8:02AM
Sadya Until 6:32PM
Tailita Until 2:19AM Tue
Ashotami* Until 2:35PM

Ganesha: Red Sunrise: 4:27AM
Muruga: Clear Sunset: 6:44PM Moon 4 - Phase 1 - 7 Navami
Nataraja: Clear
 Moon - Light Blue
Chaitra-Chaitra
Devaloka Day

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1 Tuesday, April 22, 2025

Makara Rasi: 22.02 Tithi 24 – 25

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Mangala Vasara Yuktyayam
Shravana/Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashamya Tilau
Warsaw, Poland Sun 8 Sutra 8
Vishvasu 5:17
Gulika 11:35AM – 1:23PM **Shravana Until 8:18AM** Ganesh: Green Sunrise: 4:25AM
Yama 8:00AM – 9:48AM Subha Until 4:46PM Muruga: Clear Sunset: 6:49PM Moon 4 - Phase 2 - 8
Rahu 3:10PM – 4:58PM Vanija Until 1:10AM Wed Nataraja: Clear Moon – Purple
Navami* Until 1:49PM Chaitra-Chaitra Bhuloka Day
Devaloka Time: 3PM to 6PM

2 Wednesday, April 23, 2025

Kumbha Rasi: 5.41 Tithi 25 – 26

Routine Work Prabalarishta Yoga
Until 7:40AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Bahla Vasara Yuktyayam
Dhanishtha/Shubhshikha Nakshatra Sukla/Brahma Yoga Vish/Bava Karana Dashami/Ekadeshya Tilau
Warsaw, Poland Sun 9 Sutra 9
Vishvasu 5:17
Gulika 9:47AM – 11:35AM **Dhanishtha Until 7:40AM** Ganesh: Green Sunrise: 4:23AM
Yama 6:11AM – 7:59AM Sukla Until 2:21PM Muruga: Clear Sunset: 6:47PM Moon 4 - Phase 2 - 9
Rahu 11:35AM – 1:23PM Bava Until 11:16PM Nataraja: Clear Moon – Purple
Dashami Until 12:17PM Chaitra-Chaitra Bhuloka Day
Devaloka Time: 3PM to 6PM

3 Thursday, April 24, 2025

Kumbha Rasi: 19.48 Tithi 26 – 27

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Guru Vasara Yuktyayam
Shatabhishak/Punarproshthapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadeshya Tilau
Warsaw, Poland Sun 10 Sutra 10
Vishvasu 5:17
Gulika 7:58AM – 9:46AM **Shatabhishak Until 6:10AM** Ganesh: Green Sunrise: 4:21AM
Yama 4:21AM – 6:09AM Brahma Until 11:23AM Muruga: Clear Sunset: 6:46PM Moon 4 - Phase 2 - 10
Rahu 1:23PM – 3:12PM Kaulava Until 8:43PM Nataraja: Purple Moon – Purple
Ekadashi* Until 10:03AM Chaitra-Chaitra Devaloka Day

4 Friday, April 25, 2025

Meena Rasi: 4.2 Tithi 27 – 28

Creative Work Siddha Yoga
Until 1:52AM Sat
Then Routine Work - Prabalarishta Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Sukra Vasara Yuktyayam
Uttarproshthapada Nakshatra Indra/Vaidhiti* Yoga Tailla/Vanija Karana Dvadesh/Troyadeshya Tilau
Warsaw, Poland Sun 11 Sutra 11
Vishvasu 5:17
Gulika 6:08AM – 7:57AM **Uttarproshthapada Until 1:52AM Sat** Ganesh: Purple Sunrise: 4:19AM
Yama 3:12PM – 5:01PM Indra Until 7:57AM Muruga: Clear Sunset: 6:50PM Moon 4 - Phase 2 - 11
Rahu 9:46AM – 11:35AM Vanija Until 3:54AM Sat Nataraja: Purple Moon – Clear
Dvadesh* Until 7:13AM Chaitra-Chaitra Devaloka Day

Pradosha Vata (Fasting)

5 Saturday, April 26, 2025

Meena Rasi: 19.14 Tithi 29

Routine Work Prabalarishta Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Mania Vasara Yuktyayam
Revati Nakshatra Vishkambha* Yoga Visi*/Isakuni* Karana Chaturdashya Tilau
Warsaw, Poland Sun 12 Sutra 12
Vishvasu 5:17
Gulika 4:17AM – 6:06AM **Revati Until 10:56PM** Ganesh: Purple Sunrise: 4:17AM
Yama 1:24PM – 3:13PM Vishkambha* Until 11:59PM Muruga: Clear Sunset: 6:50PM Moon 4 - Phase 2 - 12
Rahu 7:55AM – 9:45AM Visi Until 2:08PM Nataraja: Purple Moon – Clear
Chaturdashi* Until 12:16AM Sun Chaitra-Chaitra Devaloka Day

● Sunday, April 27, 2025

Retreat Star

Mesha Rasi: 4.23 Tithi 30

Creative Work Siddha Yoga
Until 8:05PM
Then Routine Work - Prabalarishta Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Krishna Paksha Bharu Vasara Yuktyayam
Ashvini Nakshatra Pithi Yoga Catuspada* Naaga* Karana Amavasyayam Tilau
Warsaw, Poland Sun 13 Sutra 13
Vishvasu 5:17
Gulika 3:14PM – 5:04PM **Ashvini Until 8:05PM** Ganesh: Orange Sunrise: 4:15AM
Yama 11:34AM – 1:24PM Pithi Until 7:45PM Muruga: Clear Sunset: 6:54PM Moon 4 - Phase 2 - 13
Rahu 5:04PM – 6:54PM Catuspada Until 10:24AM Nataraja: Purple Moon – White
Amavasya* Until 8:29PM Chaitra-Chaitra Sivaloka Day

Monday, April 28, 2025

Retreat Star

Mesha Rasi: 19.37 Tithi 1 – 2

Family Home Evening
Creative Work Siddha Yoga
Until 5:06PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uttarayana Nartana Ritau Mesha Mase Sukla Paksha Indu Vasara Yuktyayam
Bharani/Kritika Nakshatra Ajyushman/Saubhagya Yoga Kintughna*/Balava Karana Prathama/Dvityayam Tilau
Warsaw, Poland Sun 14 Sutra 14
Vishvasu 5:17
Gulika 1:24PM – 3:15PM **Bharani Until 5:06PM** Ganesh: Orange Sunrise: 4:13AM
Yama 9:44AM – 11:34AM Ayushman Until 3:30PM Muruga: Clear Sunset: 6:55PM Moon 4 - Phase 2 - 14
Rahu 6:03AM – 7:53AM Kintughna Until 6:35AM Nataraja: Purple Moon – White
Prathama* Until 4:41PM Vaisaka-Chaitra Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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1 Tuesday, April 29, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Мэрга Васара Yuktayam Kritika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau				Warsaw, Poland Sun 15 Sufra 15 Voxvasu 5:17	
Wishabha Rasi: 4.47	Tilthi 2 - 3	Gulika Yama Rahu	11:34AM - 1:25PM 7:52AM - 9:43AM 3:16PM - 5:06PM	Kritika Untill 2:10PM Saubhagya Untill 11:23AM Taila Untill 11:23PM Dvitiya Untill 1:03PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon - White Vaisaka-Chaitra	Sunrise: 4:17AM Sunset: 6:57PM	Moon 4 - Phase 3 - 15 3rd Phase
Creative Work Siddha Yoga Untill 2:10PM Then Creative Work - Amrita Yoga						Sivaloka Day	

2 Wednesday, April 30, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Бадха Васара Yuktayam Rohini/Migshira Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Warsaw, Poland Sun 16 Sufra 16 Voxvasu 5:17	
Wishabha Rasi: 19.44	Tilthi 3 - 4	Gulika Yama Rahu	9:42AM - 11:34AM 6:00AM - 7:51AM 11:34AM - 1:25PM	Rohini Untill 11:50AM Sobhana Untill 7:33AM Vanija Untill 8:19PM	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:09AM Sunset: 6:59PM	Moon 4 - Phase 3 - 12 3rd Phase
Creative Work Siddha Yoga		Akshaya Tritiya		Tritiya Untill 9:46AM		Sivaloka Day	

3 Thursday, May 1, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Guru Vasara Yuktayam Migshira/Ardra Nakshatra Sukarma Yoga Vesi*/Balava Karana Chaturthi/Panchamam Titau				Warsaw, Poland Sun 17 Sufra 17 Voxvasu 5:17	
Mithuna Rasi: 4.2	Tilthi 4 - 5	Gulika Yama Rahu	7:50AM - 9:42AM 4:07AM - 5:58AM 1:25PM - 3:17PM	Migshira Untill 9:53AM Sukarma Untill 1:09AM Fri Balava Untill 4:49AM Fri Chaturthi* Untill 6:58AM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:07AM Sunset: 7:07PM	Moon 4 - Phase 3 - 17 3rd Phase
Routine Work Marana Yoga						Devaloka Day	

4 Friday, May 2, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Kaulava/Taila Karana Shashthi/Panchamam Titau				Warsaw, Poland Sun 18 Sufra 18 Voxvasu 5:17	
Mithuna Rasi: 18.29	Tilthi 6	Gulika Yama Rahu	5:57AM - 7:49AM 4:07AM - 5:10PM 9:41AM - 11:33AM	Ardra Untill 8:27AM Dhriti Untill 10:50PM Kaulava Untill 4:02PM Shashthi* Untill 3:24AM Sat	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:05AM Sunset: 7:07PM	Moon 4 - Phase 3 - 18 3rd Phase
Creative Work Siddha Yoga						Devaloka Day	

5 Saturday, May 3, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamam Titau				Warsaw, Poland Sun 19 Sufra 19 Voxvasu 5:17	
Kataka Rasi: 2.1	Tilthi 7	Gulika Yama Rahu	4:03AM - 5:55AM 1:26PM - 3:19PM 7:48AM - 9:41AM	Punarvasu Untill 8:04AM Shula* Untill 9:09PM Gara Untill 3:02PM Saptami Untill 2:50AM Sun	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:03AM Sunset: 7:04PM	Moon 4 - Phase 3 - 19 3rd Phase
Creative Work Siddha Yoga						Sivaloka Day	

Sunday, May 4, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vesi*/Bava Karana Ashtamam Titau				Warsaw, Poland Sun 20 Sufra 20 Voxvasu 5:17	
Retreat Star		Gulika Yama Rahu	3:19PM - 5:13PM 11:33AM - 1:26PM 5:13PM - 7:06PM	Pushya Untill 8:22AM Ganda* Untill 8:09PM Vesi Untill 2:53PM Ashlami* Untill 3:06AM Mon	Ganesh: Clear Muruga: Clear Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 4:01AM Sunset: 7:07PM	Moon 4 - Phase 3 - 20 Ashtami
Kataka Rasi: 15.22 Creative Work Siddha Yoga						Sivaloka Day	

Monday, May 5, 2025		Vishvasu Nama Samvatsare Uтарыны Нартаи Рйау Меша Месе Саббо Пакхе Indu Vasara Yuktayam Ashlesha/Magha* Nakshatra Viddhi Yoga Balava/Kaulava Karana Navamam Titau				Warsaw, Poland Sun 21 Sufra 21 Voxvasu 5:17	
Retreat Star		Gulika Yama Rahu	1:27PM - 3:20PM 9:40AM - 11:33AM 5:53AM - 7:46AM	Ashlesha* Untill 9:20AM Viddhi Untill 7:48PM Balava Untill 3:33PM Navami* Untill 4:09AM Tue	Ganesh: Clear Muruga: Red Nataraja: Purple Moon - Blue Vaisaka-Chaitra	Sunrise: 2:59AM Sunset: 7:07PM	Moon 4 - Phase 3 - 21 Navami
Kataka Rasi: 28.1 Family Home Evening Creative Work Siddha Yoga Untill 9:20AM Then Routine Work - Marana Yoga						Sivaloka Day	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1 Tuesday, May 6, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукія Пакше Мангала Васара Yuktayam Warsaw, Poland			
		Magha/Purvaphalguni Nakshatra Dhruva Yoga Talita/Gara Karana Dushamyam Titau Sun 22 Sufra 22			
	Gulika	11:33AM - 1:27PM	Magha* Until 11:20AM	Ganesh: White	Sunrise: 3:57AM
Simha Rasi: 11	Tithi 10	Yama 7:45AM - 9:39AM	Dhruva Until 7:57PM	Muruga: Red	Sunset: 7:09PM
Creative Work	Siddha Yoga	Rahu 3:21PM - 5:15PM	Tailita Until 4:56PM	Nataraja: Purple	Moon 4 - Phase 4 - 22
		Dashami Until 5:50AM Wed		Moan - Red	4th Phase
				Vaisaka-Chaitra	Devaloka Day

2 Wednesday, May 7, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукія Пакше Budha Vasara Yuktayam Warsaw, Poland			
		Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija Karana Ekadashi/Dvadashtyam Titau Sun 23 Sufra 23			
	Gulika	9:39AM - 11:33AM	Purvaphalguni Until 1:46PM	Ganesh: White	Sunrise: 3:55AM
Simha Rasi: 22.46	Tithi 11	Yama 5:50AM - 7:44AM	Vyaghata* Until 8:33PM	Muruga: Red	Sunset: 7:07PM
Creative Work	Amrita Yoga	Rahu 11:33AM - 1:27PM	Bava Until 9:15PM	Nataraja: Purple	Moon 4 - Phase 4 - 22
		Ekadashi Until 8:01AM Thu		Moan - Red	4th Phase
				Vaisaka-Chaitra	Devaloka Day

3 Thursday, May 8, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукія Пакше Guru Vasara Yuktayam Warsaw, Poland			
		Uttaraphalguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadashtyam Titau Sun 24 Sufra 24			
	Gulika	7:43AM - 9:38AM	Uttaraphalguni Until 4:27PM	Ganesh: White	Sunrise: 3:54AM
Kanya Rasi: 4.44	Tithi 11 - 12	Yama 3:54AM - 5:48AM	Harshana Until 9:27PM	Muruga: Red	Sunset: 7:12PM
Creative Work	Amrita Yoga	Rahu 1:28PM - 3:23PM	Bava Until 9:15PM	Nataraja: Purple	Moon 4 - Phase 4 - 24
		Ekadashi Until 8:01AM		Moan - Red	4th Phase
				Vaisaka-Chaitra	Devaloka Day
		Then Routine Work - Marana Yoga			

4 Friday, May 9, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукія Пакше Sukra Vasara Yuktayam Warsaw, Poland			
		Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadasht*/Trayodashyam Titau Sun 25 Sufra 25			
	Gulika	5:47AM - 7:42AM	Hasta Until 7:40PM	Ganesh: Yellow	Sunrise: 3:52AM
Kanya Rasi: 16.35	Tithi 12 - 13	Yama 3:23PM - 5:19PM	Vajra* Until 10:28PM	Muruga: Red	Sunset: 7:14PM
Creative Work	Amrita Yoga	Rahu 9:38AM - 11:33AM	Kaulava Until 11:48PM	Nataraja: Purple	Moon 4 - Phase 4 - 25
		Dvadasht Until 10:29AM		Moan - Green	4th Phase
				Vaisaka-Chaitra	Sivaloka Day
		Then Creative Work - Siddha Yoga			
		Pradosha Vata			

5 Saturday, May 10, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукія Пакше Manta Vasara Yuktayam Warsaw, Poland			
		Chitra Nakshatra Siddhi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26			
	Gulika	3:50AM - 5:46AM	Chitra Until 10:47PM	Ganesh: White	Sunrise: 3:50AM
Kanya Rasi: 28.24	Tithi 13 - 14	Yama 1:28PM - 3:24PM	Siddhi Until 11:31PM	Muruga: Red	Sunset: 7:15PM
Creative Work	Marana Yoga	Rahu 7:42AM - 9:37AM	Gara Until 2:22AM Sun	Nataraja: Purple	Moon 4 - Phase 4 - 26
		Trayodashi Until 1:04PM		Moan - Green	4th Phase
				Vaisaka-Chaitra	Subha Sivaloka Day
		Then Creative Work - Siddha Yoga			

6 Sunday, May 11, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Сукія Пакше Bhanu Vasara Yuktayam Warsaw, Poland			
		Svati Nakshatra Vyajipata* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 27			
	Gulika	3:25PM - 5:21PM	Svati Until 1:39AM Mon	Ganesh: White	Sunrise: 3:49AM
Tula Rasi: 10.13	Tithi 14 - 15	Yama 11:33AM - 1:29PM	Vyajipata* Until 12:32AM Mon	Muruga: Red	Sunset: 7:17PM
Creative Work	Siddha Yoga	Rahu 5:21PM - 7:17PM	Visi Until 4:50AM Mon	Nataraja: Purple	Moon 4 - Phase 4 - 27
		Mother's Day		Moan - Green	4th Phase
		Chalurdashi* Until 3:36PM		Vaisaka-Chaitra	Subha Sivaloka Day
		Then Routine Work - Marana Yoga			

Monday, May 12, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Кришна Pakshi Indu Vasara Yuktayam Warsaw, Poland			
		Vishakha Nakshatra Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sufra 28			
	Gulika	1:29PM - 3:26PM	Vishakha Until 4:40AM Tue	Ganesh: Yellow	Sunrise: 3:47AM
Tula Rasi: 22.04	Tithi 15 - 16	Yama 9:36AM - 11:33AM	Varyan Until 1:22AM Tue	Muruga: Red	Sunset: 7:19PM
Family Home Evening	Marana Yoga	Rahu 5:43AM - 7:40AM	Balava Until 7:07AM Tue	Nataraja: Purple	Moon 4 - Phase 4 - 28
		Purnima* Until 5:59PM		Moan - Orange	Purnima
				Vaisaka-Chaitra	Sivaloka Day
		Then Creative Work - Siddha Yoga			

Tuesday, May 13, 2025

		Vishvasu Nama Samvatsare Uтарыяне Наратана Рібату Меша Месе Кришна Pakshi Mangala Vasara Yuktayam Warsaw, Poland			
		Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sufra 29			
	Gulika	11:33AM - 1:30PM	Anuradha Until 7:17AM Wed	Ganesh: Yellow	Sunrise: 3:45AM
Mithika Rasi: 3.59	Tithi 16	Yama 7:39AM - 9:36AM	Parigha* Until 2:03AM Wed	Muruga: Red	Sunset: 7:20PM
Creative Work	Siddha Yoga	Rahu 3:26PM - 5:23PM	Balava Until 7:07AM	Nataraja: Purple	Moon 4 - Phase 4 - 29
		Prathama* Until 8:08PM		Moan - Orange	Prathama
				Vaisaka-Chaitra	Sivaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Wednesday, May 14, 2025****Gold Retreat Star**

Wisilchika Rasi: 16.01 Tithi 17
 Creative Work Siddha Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Будха Васара Yuktayam Warsaw, Poland
 Anuradha/Jyeshtha* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Tilau Sun 1 Sufra 30
Gulika 9:35AM - 11:33AM **Anuradha Until 7:17AM** **Ganesh:** Yellow Sunrise: 3:44AM Vivasasu 5:17
 Yama 5:41AM - 7:38AM Shiva Until 2:31AM Thu **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 1
Rahu 11:33AM - 1:30PM Talila Until 9:08AM **Nataraja:** Purple 1st Phase
 Moon - Orange **Sivaloka Day**
 Vaisaka-Vaikasi

1**Thursday, May 15, 2025**

Wisilchika Rasi: 28.09 Tithi 18
 Routine Work Prabalarishta Yoga
 Until 9:27AM
 Then Creative Work - Siddha Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Гуну Васара Yuktayam Warsaw, Poland
 Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanja/Vesli* Karana Tritrayayam Tilau Sun 2 Sufra 31
Gulika 7:37AM - 9:35AM **Jyeshtha* Until 9:27AM** **Ganesh:** Yellow Sunrise: 3:43AM Vivasasu 5:17
 Yama 3:42AM - 5:40AM Siddha Until 2:42AM Fri **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 2
Rahu 1:30PM - 3:28PM Vanja Until 10:51AM **Nataraja:** Purple 1st Phase
 Moon - Orange **Sivaloka Day**
 Tritiya Until 11:34PM Vaisaka-Vaikasi

2**Friday, May 16, 2025**

Dhanus Rasi: 10.26 Tithi 19
 Creative Work Amrita Yoga
 Until 11:37AM
 Then Routine Work - Prabalarishta Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Sukra Vasara Yuktayam Warsaw, Poland
 Mula*/Purvashadha* Nakshatra Sadya Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sufra 32
Gulika 5:39AM - 7:37AM **Mula* Until 11:37AM** **Ganesh:** Blue Sunrise: 3:41AM Vivasasu 5:17
 Yama 3:29PM - 5:27PM Sadya Until 2:37AM Sat **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 3
Rahu 9:35AM - 11:33AM Bava Until 12:14PM **Nataraja:** Purple 1st Phase
 Moon - Light Blue **Subha Sivaloka Day**
 Chaturthi* Until 12:46AM Sat Vaisaka-Vaikasi

3**Saturday, May 17, 2025**

Dhanus Rasi: 22.52 Tithi 20
 Creative Work Siddha Yoga
 Until 1:14PM
 Then Routine Work - Marana Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Marta Vivasu Yuktayam Warsaw, Poland
 Purvashadha*/Uttarashadha Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Tilau Sun 4 Sufra 33
Gulika 3:39AM - 5:37AM **Purvashadha* Until 1:14PM** **Ganesh:** Blue Sunrise: 3:39AM Vivasasu 5:17
 Yama 1:31PM - 3:30PM Subha Until 2:13AM Sun **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 4
Rahu 7:36AM - 9:34AM Kaalava Until 1:13PM **Nataraja:** Purple 1st Phase
 Moon - Orange **Subha Sivaloka Day**
 Panchami Until 1:31AM Sun Vaisaka-Vaikasi

4**Sunday, May 18, 2025**

Makara Rasi: 5.3 Tithi 21
 Creative Work Amrita Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Bhanu Vasara Yuktayam Warsaw, Poland
 Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthayam Tilau Sun 5 Sufra 34
Gulika 3:30PM - 5:29PM **Uttarashadha Until 2:15PM** **Ganesh:** Blue Sunrise: 3:38AM Vivasasu 5:17
 Yama 1:33AM - 1:32PM Sukla Until 1:24AM Mon **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 5
Rahu 5:29PM - 7:28PM Gara Until 1:45PM **Nataraja:** Purple 1st Phase
 Moon - Light Blue **Subha Sivaloka Day**
 Shashthi* Until 1:47AM Mon Vaisaka-Vaikasi

5**Monday, May 19, 2025**

Makara Rasi: 18.23 Tithi 22
Family Home Evening
 Creative Work Amrita Yoga
 Until 3:03PM
 Then Creative Work - Siddha Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Indu Vasara Yuktayam Warsaw, Poland
 Shravana/Dhanishtha Nakshatra Brahma Yoga Vesli* Bava Karana Sapthamayam Tilau Sun 6 Sufra 35
Gulika 1:32PM - 3:31PM **Shravana Until 3:03PM** **Ganesh:** Blue Sunrise: 3:36AM Vivasasu 5:17
 Yama 9:34AM - 11:33AM Brahma Until 12:08AM Tue **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 6
Rahu 5:35AM - 7:34AM Vesli Until 1:43PM **Nataraja:** Purple 1st Phase
 Moon - Purple **Devaloka Day**
 Sapthami Until 1:28AM Tue Vaisaka-Vaikasi

D**Tuesday, May 20, 2025****Retreat Star**

Kumbha Rasi: 1.34 Tithi 23
 Creative Work Siddha Yoga
 Until 3:06PM
 Then Routine Work - Marana Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Mangala Vasara Yuktayam Warsaw, Poland
 Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaalava Karana Ashtamayam Tilau Sun 7 Sufra 36
Gulika 11:33AM - 1:32PM **Dhanishtha Until 3:06PM** **Ganesh:** Blue Sunrise: 3:35AM Vivasasu 5:17
 Yama 7:34AM - 9:33AM Indra Until 10:23PM **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 7
Rahu 3:32PM - 5:31PM Balava Until 1:06PM **Nataraja:** Purple 1st Phase
 Moon - Purple **Devaloka Day**
 Ashtami* Until 12:31AM Wed Vaisaka-Vaikasi

Wednesday, May 21, 2025**Retreat Star**

Kumbha Rasi: 15.06 Tithi 24
 Creative Work Siddha Yoga
 Until 2:22PM
 Then Creative Work - Amrita Yoga

Visavassu Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Масе Кгішна Пакіше Budha Vasara Yuktayam Warsaw, Poland
 Shatabhishak/Purvashadha* Nakshatra Vaidhri* Yoga Talila/Gara Karana Navamayam Tilau Sun 8 Sufra 37
Gulika 9:33AM - 11:33AM **Shatabhishak Until 2:22PM** **Ganesh:** Blue Sunrise: 3:34AM Vivasasu 5:17
 Yama 5:33AM - 7:33AM Vaidhri* Until 8:05PM **Muruga:** Red Sunset: 7:29PM Moon 5 - Phase 5 - 8
Rahu 11:33AM - 1:33PM Talila Until 11:50AM **Nataraja:** Purple 1st Phase
 Moon - Purple **Devaloka Day**
 Navami* Until 10:56PM Vaisaka-Vaikasi

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1 Thursday, May 22, 2025		Viswastu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Кгішна Паікхе Гату Васара Үктыяым Warsaw, Poland				
		Puravproshthapada/Uttaraproshtapada Nakshatra Vishkambha (Pithi Yoga Vanja/Visil) Karana Dashamam Titau Sun 9 Sufra 38				
Kumbha Rasi: 29.01	Tithi 25	Gulika 7:33AM - 9:33AM	Puravproshthapada* Until 1:17PM	Ganesha: White	Sunrise: 3:22AM	Vasavasu 5:17
		Yama 3:32AM - 5:32AM	Vishkambha* Until 5:18PM	Muruga: Red	Sunset: 7:24PM	Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga	Rahu 1:33PM - 3:33PM	Vanija Until 9:55AM	Nataraja: Purple		2nd Phase
			Dashami Until 8:43PM	Moon - Clear		Devaloka Day
				Vaisaka-Vaikasi		

2 Friday, May 23, 2025		Viswastu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Кгішна Паікхе Сатра Вісану Үктыяым Warsaw, Poland				
		Uttaraproshtapada/Revati Nakshatra Prithi Agnyenam Yoga Bava/Kusava Karana Ekadashi/Dvadashyam Titau Sun 10 Sufra 39				
Mesha Rasi: 13.19	Tithi 26 - 27	Gulika 5:31AM - 7:32AM	Uttaraproshtapada Until 11:30AM	Ganesha: White	Sunrise: 3:31AM	Vasavasu 5:17
		Yama 3:34PM - 5:35PM	Prithi Until 2:03PM	Muruga: Red	Sunset: 7:25PM	Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga	Rahu 9:32AM - 11:33AM	Bava Until 7:26AM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 5:58PM	Moon - Clear		Devaloka Day
				Vaisaka-Vaikasi		

3 Saturday, May 24, 2025		Viswastu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Кгішна Паікхе Манта Вісану Үктыяым Warsaw, Poland				
		Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Jallila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sufra 40				
Mesha Rasi: 27.59	Tithi 27 - 28	Gulika 3:30AM - 5:31AM	Revati Until 9:06AM	Ganesha: White	Sunrise: 3:30AM	Vasavasu 5:17
		Yama 1:34PM - 3:35PM	Ayushman Until 10:25AM	Muruga: Red	Sunset: 7:27PM	Moon 5 - Phase 6 - 11
Routine Work	Prabalarishta Yoga	Rahu 7:31AM - 9:32AM	Gara Until 1:05AM Sun	Nataraja: Purple		2nd Phase
Until 9:06AM			Dvadashi* Until 2:47PM	Moon - Clear		Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi		
				Pradosha Vata (Fasting)		

4 Sunday, May 25, 2025		Viswastu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Кгішна Паікхе Ітану Вісану Үктыяым Warsaw, Poland				
		Ashvini/Bharani Nakshatra Saubhagya Yoga Vanja/Visil Karana Trayodashi/Chaturdashyam Titau Sun 12 Sufra 41				
Mesha Rasi: 12.56	Tithi 28 - 29	Gulika 3:36PM - 5:37PM	Ashvini Until 6:37AM	Ganesha: White	Sunrise: 3:28AM	Vasavasu 5:17
		Yama 11:33AM - 1:34PM	Saubhagya Until 6:30AM	Muruga: Red	Sunset: 7:28PM	Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga	Rahu 5:37PM - 7:38PM	Visil Until 9:30PM	Nataraja: Purple		2nd Phase
Until 6:37AM			Trayodashi* Until 11:18AM	Moon - White		Devaloka Day
Then Routine Work - Prabalarishta Yoga				Vaisaka-Vaikasi		

Monday, May 26, 2025		Viswastu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Кгішна Паікхе Інду Васара Үктыяым Warsaw, Poland				
Retreat Star		Kritika Nakshatra Aihiganda* Yoga Sakuni/Naga Karana Chaturdashi/Amavasyayam Titau Sun 13 Sufra 42				
Mesha Rasi: 28.02	Tithi 29 - 30	Gulika 1:35PM - 3:36PM	Kritika Until 12:52AM Tue	Ganesha: White	Sunrise: 3:27AM	Vasavasu 5:17
Family Home Evening		Yama 9:32AM - 11:33AM	Aihiganda* Until 10:21PM	Muruga: Red	Sunset: 7:29PM	Moon 5 - Phase 6 - 13
Routine Work	Marana Yoga	Rahu 5:29AM - 7:30AM	Naga Until 4:01AM Tue	Nataraja: Purple		Amavasya
Until 12:52AM Tue			Chaturdashi* Until 7:39AM	Moon - White		Devaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi		

Tuesday, May 27, 2025		Viswastu Nama Samvatsare Uтарыяне Нартана Рітау Вішвабха Мазе Сукта Паікхе Мангала Васара Үктыяым Warsaw, Poland				
Retreat Star		Rohini Nakshatra Sukarma Yoga Kintughna* Bava Karana Prathamam Titau Sun 14 Sufra 43				
Wishabha Rasi: 13.07	Tithi 1	Gulika 11:33AM - 1:35PM	Rohini Until 10:21PM	Ganesha: Green	Sunrise: 3:26AM	Vasavasu 5:17
		Yama 7:30AM - 9:32AM	Sukarma Until 6:23PM	Muruga: Red	Sunset: 7:41PM	Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga	Rahu 3:37PM - 5:39PM	Kintughna Until 2:17PM	Nataraja: Purple		Prathama
Until 10:21PM			Prathama* Until 12:34AM Wed	Moon - Yellow		Devaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Budha Vasara Yuktayam Mrigashira Nakshatra Dhrivi/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Warsaw, Poland Sun 15 Sutra 44	
Wishabha Rasi: 28.04	Tilhi 2	Gulika 9:31AM - 11:33AM	Mrigashira Until 8:01PM	Ganesh: Green	Sunrise: 3:25AM	Voxazou 5:17	
		Yama 5:27AM - 7:29AM	Dhrivi Until 2:40PM	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 12	
Creative Work	Siddha Yoga	Rahu 11:33AM - 1:36PM	Balava Until 10:59AM	Nataraja: Purple		3rd Phase	
			Dvitiya Until 9:28PM	Moon - Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			
2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Guru Vasara Yuktayam Andra Nakshatra Shula*/Ganda* Yoga Talilla/Gara Karana Tritiyayam Titau		Warsaw, Poland Sun 16 Sutra 45	
Mithuna Rasi: 12.42	Tilhi 3	Gulika 7:29AM - 9:31AM	Andra Until 6:03PM	Ganesh: Green	Sunrise: 3:24AM	Voxazou 5:17	
		Yama 3:24AM - 5:27AM	Shula* Until 11:18AM	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 16	
Routine Work	Marana Yoga	Rahu 1:36PM - 3:38PM	Talilla Until 8:07AM	Nataraja: Purple		3rd Phase	
Until 6:03PM			Tritiya Until 6:53PM	Moon - Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			
3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vidhih Yoga Visi*/Bava Karana Chaturthi/Panchmyam Titau		Warsaw, Poland Sun 17 Sutra 46	
Mithuna Rasi: 26.56	Tilhi 4 - 5	Gulika 5:24AM - 7:28AM	Punarvasu Until 5:02PM	Ganesh: White	Sunrise: 3:23AM	Voxazou 5:17	
		Yama 3:39PM - 5:42PM	Ganda* Until 8:28AM	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 17	
Creative Work	Siddha Yoga	Rahu 9:31AM - 11:34AM	Bava Until 4:18AM Sat	Nataraja: Purple		3rd Phase	
Until 5:02PM			Chaturthi* Until 4:57PM	Moon - Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			
4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Merita Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vidhih/Urausa Yoga Balava/Kaulava Karana Panchami/Saasthyam Titau		Warsaw, Poland Sun 18 Sutra 47	
Kalkata Rasi: 10.42	Tilhi 5 - 6	Gulika 3:22AM - 5:25AM	Pushya Until 4:39PM	Ganesh: White	Sunrise: 3:22AM	Voxazou 5:17	
		Yama 1:37PM - 3:40PM	Vidhih Until 6:15AM	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 18	
Creative Work	Siddha Yoga	Rahu 7:28AM - 9:31AM	Kaulava Until 3:35AM Sun	Nataraja: Purple		3rd Phase	
Until 4:39PM			Panchami Until 3:49PM	Moon - Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			
5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau		Warsaw, Poland Sun 19 Sutra 48	
Kalkata Rasi: 23.59	Tilhi 6 - 7	Gulika 3:40PM - 5:43PM	Ashlesha* Until 4:58PM	Ganesh: White	Sunrise: 3:21AM	Voxazou 5:17	
		Yama 11:34AM - 1:37PM	Vyaghata* Until 3:50AM Mon	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 19	
Creative Work	Siddha Yoga	Rahu 5:43PM - 7:47PM	Gara Until 3:45AM Mon	Nataraja: Purple		3rd Phase	
Until 4:58PM			Shashthi* Until 3:32PM	Moon - Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			
6		Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Indu Vasara Yuktayam Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Saplami/Astamyam Titau		Warsaw, Poland Sun 20 Sutra 49	
Simha Rasi: 6.49	Tilhi 7 - 8	Gulika 1:38PM - 3:41PM	Magha* Until 6:26PM	Ganesh: White	Sunrise: 3:21AM	Voxazou 5:17	
Family Home Evening		Yama 9:31AM - 11:34AM	Harshana Until 3:39AM Tue	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 20	
Routine Work	Marana Yoga	Rahu 5:24AM - 7:27AM	Visi Until 4:45AM Tue	Nataraja: Purple		3rd Phase	
Until 6:26PM			Saplami Until 4:08PM	Moon - Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			
Retreat Star							
7		Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Warsaw, Poland Sun 21 Sutra 50	
Simha Rasi: 19.17	Tilhi 8 - 9	Gulika 11:34AM - 1:38PM	Purvaphalguni Until 8:30PM	Ganesh: White	Sunrise: 3:20AM	Voxazou 5:17	
		Yama 7:27AM - 9:31AM	Vajra* Until 3:59AM Wed	Muruga: Red	Sunset: 7:49PM	Moon 5 - Phase 7 - 21	
Creative Work	Siddha Yoga	Rahu 3:42PM - 5:45PM	Balava Until 6:26AM Wed	Nataraja: Purple		Ashtami	
Until 8:30PM			Ashtami* Until 5:30PM	Moon - Red		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			
Retreat Star							
8		Wednesday, June 4, 2025		Vishvasu Nama Samvatsare Uтарыяне Наратна Рітау Wishabha Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Warsaw, Poland Sun 22 Sutra 51	
Kanya Rasi: 1.26	Tilhi 9	Gulika 9:31AM - 11:34AM	Uttaraphalguni Until 10:58PM	Ganesh: White	Sunrise: 3:19AM	Voxazou 5:17	
		Yama 5:23AM - 7:27AM	Siddhi Until 4:45AM Thu	Muruga: Red	Sunset: 7:50PM	Moon 5 - Phase 7 - 22	
Creative Work	Amrita Yoga	Rahu 11:34AM - 1:38PM	Balava Until 6:26AM	Nataraja: Purple		Navami	
Until 10:58PM			Navami* Until 7:28PM	Moon - Red		Subha Sivaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Thursday, June 5, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукла Пакше Гору Васара Yuktayam			Warsaw, Poland
Kanya Rasi: 13.24 Tithi 10		Gulika 7:27AM - 9:31AM	Hasla Until 2:06AM Fri	Ganesh: Clear Sunrise: 3:16AM	Sun 23 Sutra 52
Routine Work Marana Yoga		Yama 3:18AM - 5:22AM	Vyjalipala* Until 5:45AM Fri	Muruga: Red Sunset: 7:51PM	Vasavasu 5:17
Until 2:06AM Fri		368418571 Rahu 1:39PM - 3:43PM	Taitilla Until 8:39AM	Nataraja: Blue	Moon 5 - Phase 8 - 23
Then Creative Work - Siddha Yoga			Dashami Until 9:51PM	Moon - Green	4th Phase
				Jyeshtha-Vaikasi	Sivaloka Day
2 Friday, June 6, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукла Пакше Sukra Vasara Yuktayam			Warsaw, Poland
Kanya Rasi: 25.14 Tithi 11		Gulika 5:22AM - 7:26AM	Chitra Until 5:12AM Sat	Ganesh: Clear Sunrise: 3:16AM	Sun 24 Sutra 53
Routine Work Marana Yoga		Yama 3:43PM - 5:47PM	Variyan Until 6:48AM Sat	Muruga: Red Sunset: 7:52PM	Vasavasu 5:17
Until 6:48AM Sat		368418571 Rahu 9:31AM - 11:35AM	Vaniya Until 11:08AM	Nataraja: Blue	Moon 5 - Phase 8 - 24
Then Creative Work - Siddha Yoga			Ekadashi Until 12:23AM Sat	Moon - Green	4th Phase
				Jyeshtha-Vaikasi	Sivaloka Day
3 Saturday, June 7, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукла Пакше Mani Vasara Yuktayam			Warsaw, Poland
Tula Rasi: 7.03 Tithi 12		Gulika 3:17AM - 5:22AM	Svali Until 8:04AM Sun	Ganesh: Clear Sunrise: 3:17AM	Sun 25 Sutra 54
Routine Work Marana Yoga		Yama 1:39PM - 3:44PM	Variyan Until 6:48AM	Muruga: Red Sunset: 7:53PM	Vasavasu 5:17
Until 8:04AM Sun		368418571 Rahu 7:26AM - 9:31AM	Bava Until 1:40PM	Nataraja: Blue	Moon 5 - Phase 8 - 25
Then Routine Work - Marana Yoga			Dvadashi Until 2:52AM Sun	Moon - Green	4th Phase
				Jyeshtha-Vaikasi	Sivaloka Day
4 Sunday, June 8, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукла Пакше Bhanu Vasara Yuktayam			Warsaw, Poland
Tula Rasi: 18.53 Tithi 13		Gulika 3:44PM - 5:49PM	Svali Until 8:04AM	Ganesh: White Sunrise: 3:17AM	Sun 26 Sutra 55
Routine Work Marana Yoga		Yama 11:35AM - 1:40PM	Parigaha* Until 7:49AM	Muruga: Red Sunset: 7:54PM	Vasavasu 5:17
Until 8:04AM		369418571 Rahu 5:49PM - 7:54PM	Kadava Until 4:04PM	Nataraja: Blue	Moon 5 - Phase 8 - 26
Then Routine Work - Marana Yoga			Trayodashi Until 5:10AM Mon	Moon - Green	4th Phase
		Vaikasi Visakam		Jyeshtha-Vaikasi	Deviloka Day
					Pradosha Vata
5 Monday, June 9, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукла Пакше Indu Vasara Yuktayam			Warsaw, Poland
Wishika Rasi: 0.48 Tithi 14		Gulika 1:40PM - 3:45PM	Vishakha Until 11:03AM	Ganesh: Clear Sunrise: 3:16AM	Sun 27 Sutra 56
Family Home Evening		Yama 9:31AM - 11:35AM	Shiva Until 8:40AM	Muruga: Red Sunset: 7:54PM	Vasavasu 5:17
Routine Work Marana Yoga		379418571 Rahu 5:21AM - 7:26AM	Gara Until 6:13PM	Nataraja: Blue	Moon 5 - Phase 8 - 27
Until 11:03AM			Chaturdashi* Until 7:09AM Tue	Moon - Orange	4th Phase
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi	Sivaloka Day
○ Tuesday, June 10, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукла Пакше Mangala Vasara Yuktayam			Warsaw, Poland
Copper Retreat Star		Gulika 11:35AM - 1:40PM	Anuradha Until 1:33PM	Ganesh: Clear Sunrise: 3:16AM	Sun 28 Sutra 57
Wishika Rasi: 12.5 Tithi 14 - 15		Yama 7:26AM - 9:31AM	Siddha Until 9:14AM	Muruga: Red Sunset: 7:55PM	Vasavasu 5:17
Routine Work Marana Yoga		379418571 Rahu 3:45PM - 5:50PM	Visli Until 8:01PM	Nataraja: Blue	Moon 5 - Phase 8 - Purnima
Until 1:33PM			Chaturdashi* Until 7:09AM	Moon - Orange	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi	Sivaloka Day
Wednesday, June 11, 2025		Viswasa Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Krishna Paksha Budha Vasara Yuktayam			Warsaw, Poland
Silver Retreat Star		Gulika 9:31AM - 11:36AM	Jyeshtha* Until 3:32PM	Ganesh: Clear Sunrise: 2:15AM	Sun 29 Sutra 58
Wishika Rasi: 25.01 Tithi 15 - 16		Yama 5:21AM - 7:26AM	Sadhya Until 9:33AM	Muruga: Red Sunset: 7:56PM	Vasavasu 5:17
Routine Work Marana Yoga		379418571 Rahu 11:36AM - 1:41PM	Balava Until 9:27PM	Nataraja: Blue	Moon 5 - Phase 8 - Prathama
Until 3:32PM			Purnima* Until 8:46AM	Moon - Orange	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi	Sivaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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Thursday, June 12, 2025

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса: Крішна Пакша: Гара: Висара: Уктыяган
Mala/Puravshada/ Nakshatra Sukla/Sukla Yoga Kauśava/Taila Karana Prathamam/Dvityayam Tilau

Warsaw, Poland
Sufra 59

Dhanus Rasi: 7.22 Tithi 16 - 17

Gulika 7:26AM - 9:31AM
Yama 3:15AM - 5:20AM
Rahu 1:41PM - 3:46PM

Mula* Until 5:27PM
Sukla Until 9:35AM
Taitila Until 10:30PM

Ganesh: Purple Sunrise: 3:15AM
Muruga: Red Sunset: 7:57PM

Vishvasu 5:127
Moon 6 - Phase 9
1st Phase

Creative Work Siddha Yoga

Prathama* Until 10:00AM

Nataraja: Blue
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

Friday, June 13, 2025

1 Dhanus Rasi: 19.53 Tithi 17 - 18

Gulika 5:20AM - 7:25AM
Yama 1:42PM - 3:47PM
Rahu 9:31AM - 11:36AM

Purvashada* Until 6:51PM
Sukla Until 9:17AM
Vanija Until 11:09PM

Ganesh: Purple Sunrise: 3:15AM
Muruga: Red Sunset: 7:57PM

Warsaw, Poland
Sun 1 Sufra 60
Vishvasu 5:127
Moon 6 - Phase 9 - 1
1st Phase

Routine Work Prabalashita Yoga

Until 6:51PM

Then Routine Work - Marana Yoga

Dvitiya Until 10:51AM

Nataraja: Blue
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

Saturday, June 14, 2025

2 Makara Rasi: 2.34 Tithi 18 - 19

Gulika 3:15AM - 5:20AM
Yama 1:42PM - 3:47PM
Rahu 7:25AM - 9:31AM

Uttarashada Until 7:43PM
Brahma Until 8:42AM
Bava Until 11:26PM

Ganesh: Purple Sunrise: 3:15AM
Muruga: Red Sunset: 7:57PM

Warsaw, Poland
Sun 2 Sufra 61
Vishvasu 5:127
Moon 6 - Phase 9 - 2
1st Phase

Routine Work Marana Yoga

Until 7:43PM

Then Creative Work - Siddha Yoga

Tritiya Until 11:19AM

Nataraja: Blue
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

Sunday, June 15, 2025

3 Makara Rasi: 15.26 Tithi 19 - 20

Gulika 3:47PM - 5:53PM
Yama 11:36AM - 1:42PM
Rahu 5:53PM - 7:58PM

Shravana Until 8:31PM
Indra Until 7:50AM
Kadava Until 11:19PM

Ganesh: Clear Sunrise: 3:15AM
Muruga: Red Sunset: 7:57PM

Warsaw, Poland
Sun 3 Sufra 62
Vishvasu 5:127
Moon 6 - Phase 9 - 3
1st Phase

Creative Work Amrita Yoga

Until 8:31PM

Then Routine Work - Marana Yoga

Father's Day

Chaturthi* Until 11:24AM

Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

Monday, June 16, 2025

4 Makara Rasi: 28.31 Tithi 20 - 21

Family Home Evening

Gulika 1:42PM - 3:48PM
Yama 9:31AM - 11:37AM
Rahu 5:20AM - 7:26AM

Dhanishtha Until 8:45PM
Vaidhiti* Until 6:37AM
Gara Until 10:47PM

Ganesh: Yellow Sunrise: 3:14AM
Muruga: Red Sunset: 7:59PM

Warsaw, Poland
Sun 4 Sufra 63
Vishvasu 5:127
Moon 6 - Phase 9 - 4
1st Phase

Creative Work Siddha Yoga

Panchami Until 11:05AM

Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

Tuesday, June 17, 2025

5 Kumbha Rasi: 11.48 Tithi 21 - 22

Gulika 11:37AM - 1:42PM
Yama 7:26AM - 9:31AM
Rahu 3:48PM - 5:54PM

Shalabhishak Until 8:25PM
Prili Until 3:12AM Wed
Visi Until 9:49PM

Ganesh: Yellow Sunrise: 3:14AM
Muruga: Red Sunset: 7:59PM

Warsaw, Poland
Sun 5 Sufra 64
Vishvasu 5:127
Moon 6 - Phase 9 - 5
1st Phase

Routine Work Marana Yoga

Shashthi* Until 10:20AM

Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

Wednesday, June 18, 2025

Retreat Star

Kumbha Rasi: 25.21 Tithi 22 - 23

Gulika 9:31AM - 11:37AM
Yama 5:20AM - 7:26AM
Rahu 11:37AM - 1:43PM

Purvashrothapada* Until 7:54PM
Ayushman Until 12:54AM Thu
Balava Until 8:23PM

Ganesh: Clear Sunrise: 3:14AM
Muruga: Red Sunset: 8:00PM

Warsaw, Poland
Sun 6 Sufra 65
Vishvasu 5:127
Moon 6 - Phase 9 - 6
Ashtami

Creative Work Amrita Yoga

Until 7:54PM

Then Creative Work - Siddha Yoga

Saptami Until 9:08AM

Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sivaloka Day

Thursday, June 19, 2025

Retreat Star

Meena Rasi: 9.1 Tithi 23 - 24

Gulika 7:26AM - 9:32AM
Yama 3:14AM - 5:20AM
Rahu 1:43PM - 3:49PM

Uttarashrothapada Until 6:47PM
Saubhagyia Until 10:15PM
Taitila Until 6:29PM

Ganesh: Clear Sunrise: 3:14AM
Muruga: Red Sunset: 8:00PM

Warsaw, Poland
Sun 7 Sufra 66
Vishvasu 5:127
Moon 6 - Phase 9 - 7
Navami

Creative Work Siddha Yoga

Ashlami* Until 7:28AM

Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1 Friday, June 20, 2025

		Vishvasu Nama Samvatsare Utharayane Nartana Ritau Mihuna Mase Krishna Paksho Sukra Vasara Yukhtayam				Warsaw, Poland	
		Revati/Ashvini Nakshatra Sobhana Yoga Vanja/Vesli* Karana Dashayamam Titau				Sun 8	Sutra 67
Mesha Rasi: 23.17	Tithi 25	Gulika	5:20AM – 7:26AM	Revati Until 5:05PM	Ganesh: White	Sunrise: 3:15AM	Vasvasu 5:17
		Yama	3:49PM – 5:55PM	Sobhana Until 7:15PM	Muruga: Red	Sunset: 8:09PM	Moon 6 - Phase 10 - 8
Creative Work	Siddha Yoga	311518571	Rahu	9:32AM – 11:37AM	Nataraja: Blue		2nd Phase
Until 5:05PM				Vanija Until 4:09PM	Moon – Clear		
Then Creative Work - Amrita Yoga				Dashami Until 2:49AM Sat	Jyestha-Ani		Subha Sivaloka Day

2 Saturday, June 21, 2025

		Vishvasu Nama Samvatsare Utharayane Nartana Ritau Mihuna Mase Krishna Paksho Manita Vasara Yukhtayam				Warsaw, Poland	
		Ashvini/Bharani Nakshatra Atihganda*/Sukama Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9	Sutra 68
Mesha Rasi: 7.41	Tithi 26	Gulika	3:15AM – 5:20AM	Ashvini Until 3:18PM	Ganesh: Yellow	Sunrise: 3:15AM	Vasvasu 5:17
		Yama	1:43PM – 3:49PM	Atihganda* Until 3:56PM	Muruga: Red	Sunset: 8:09PM	Moon 6 - Phase 10 - 9
Creative Work	Siddha Yoga	321518571	Rahu	7:26AM – 9:32AM	Nataraja: Blue		2nd Phase
				Bava Until 1:26PM	Moon – White		
				Ekadashi* Until 11:57PM	Jyestha-Ani		Sivaloka Day

3 Sunday, June 22, 2025

		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Paksho Bhanu Visara Yukhtayam				Warsaw, Poland	
		Bharani/Kritika Nakshatra Sukama/Dhriti Yoga Kaulava/Taitika Karana Dvadashyam Titau				Sun 10	Sutra 69
Mesha Rasi: 22.18	Tithi 27	Gulika	3:49PM – 5:55PM	Bharani Until 1:06PM	Ganesh: Yellow	Sunrise: 3:15AM	Vasvasu 5:17
		Yama	1:43PM – 3:49PM	Sukama Until 12:24PM	Muruga: Red	Sunset: 8:09PM	Moon 6 - Phase 10 - 10
Routine Work	Prabalarishta Yoga	321518571	Rahu	5:55PM – 8:01PM	Nataraja: Blue		2nd Phase
Until 1:06PM				Kaulava Until 10:26AM	Moon – White		
Then Creative Work - Siddha Yoga				Dvadashi* Until 8:51PM	Jyestha-Ani		Sivaloka Day

4 Monday, June 23, 2025

		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yukhtayam				Warsaw, Poland	
		Kritika/Rohini Nakshatra Dhriti/Shuk* Yoga Gara/Vesli* Karana Trayodashi/Chaturdashyam Titau				Sun 11	Sutra 70
Wishabha Rasi: 7.04	Tithi 28 – 29	Gulika	1:44PM – 3:50PM	Kritika Until 10:36AM	Ganesh: Yellow	Sunrise: 3:15AM	Vasvasu 5:17
Family Home Evening		Yama	9:32AM – 11:38AM	Dhriti Until 8:45AM	Muruga: Red	Sunset: 8:09PM	Moon 6 - Phase 10 - 11
Routine Work	Marana Yoga	321518571	Rahu	5:21AM – 7:27AM	Nataraja: Blue		2nd Phase
Until 10:36AM				Gara Until 7:16AM	Moon – White		
Then Creative Work - Amrita Yoga				Trayodashi* Until 5:39PM	Jyestha-Ani		Sivaloka Day
				<i>Pradosha Vata (Fasting)</i>			

● Tuesday, June 24, 2025

		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Krishna Paksho Mangala Visara Yukhtayam				Warsaw, Poland	
		Rohini/Migashira Nakshatra Ganda* Yoga Sakuni*/Catuspadi* Karana Chaturdashini/Amavasyayam Titau				Sun 12	Sutra 71
Wishabha Rasi: 21.52	Tithi 29 – 30	Gulika	11:38AM – 1:44PM	Rohini Until 8:22AM	Ganesh: Red	Sunrise: 3:16AM	Vasvasu 5:17
		Yama	7:27AM – 9:33AM	Ganda* Until 1:29AM Wed	Muruga: Red	Sunset: 8:09PM	Moon 6 - Phase 10 - 12
Creative Work	Amrita Yoga	331518571	Rahu	3:50PM – 5:55PM	Nataraja: Blue		Amavasya
Until 8:22AM				Catuspadi Until 1:00AM Wed	Moon – Yellow		
Then Creative Work - Siddha Yoga				Chaturdashini* Until 2:29PM	Jyestha-Ani		Sivaloka Day

Wednesday, June 25, 2025

		Vishvasu Nama Samvatsare Dakshinaya Nartana Ritau Mihuna Mase Sukla Paksho Butha Vasara Yukhtayam				Warsaw, Poland	
		Migashira/Andra Nakshatra Viddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13	Sutra 72
Mithuna Rasi: 6.34	Tithi 30 – 1	Gulika	9:33AM – 11:38AM	Migashira Until 6:10AM	Ganesh: Red	Sunrise: 3:16AM	Vasvasu 5:17
		Yama	5:22AM – 7:27AM	Viddhi Until 10:08PM	Muruga: Red	Sunset: 8:09PM	Moon 6 - Phase 10 - 13
Creative Work	Siddha Yoga	331518571	Rahu	11:38AM – 1:44PM	Nataraja: Blue		Prathama
				Kintughna Until 10:12PM	Moon – Yellow		
				Amavasya* Until 11:32AM	Ashada-Ani		Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1 Thursday, June 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Warsaw, Poland Panarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 73			
Mithuna Rasi: 21.01	Tithi 1 – 2	Gulika 7:27AM – 9:33AM	Punarvasu Untill 2:52AM Fri	Ganesh: Yellow	Sunrise: 3:16AM
		Yama 3:16AM – 5:22AM	Dhruva Untill 7:09PM	Muruga: Red	Sunset: 8:01PM
		Rahu 1:44PM – 3:50PM	Balava Untill 7:50PM	Nataraja: Blue	Moon 6 - Phase 11-17
Creative Work Amrita Yoga	341518571		Prathama* Untill 8:56AM	Moon - Blue	3rd Phase
Untill 2:52AM Fri				Ashada-Ani	Sivaloka Day
Then Routine Work - Marana Yoga					
2 Friday, June 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sukra Vasara Yuktayam Warsaw, Poland Pushya Nakshatra Vyaghata/Harshana Yoga Kaulava/Tailita Karana Dvitiya/Trityayam Titau Sun 15 Sutra 74			
Kalkata Rasi: 5.08	Tithi 2 – 3	Gulika 5:22AM – 7:28AM	Pushya Untill 2:06AM Sat	Ganesh: White	Sunrise: 3:17AM
		Yama 3:50PM – 5:55PM	Vyaghata* Untill 4:39PM	Muruga: Red	Sunset: 8:01PM
		Rahu 9:33AM – 11:39AM	Tailita Untill 6:04PM	Nataraja: Blue	Moon 6 - Phase 11-15
Routine Work Marana Yoga	342518571		Dvitiya Untill 6:51AM	Moon - Blue	3rd Phase
				Ashada-Ani	Devaloka Day
3 Saturday, June 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mania Vasara Yuktayam Warsaw, Poland Ashlesha* Nakshatra Harshana/Vajra* Yoga Vanja/Vesi* Karana Chaturthiyam Titau Sun 16 Sutra 75			
Kalkata Rasi: 18.52	Tithi 4	Gulika 3:17AM – 5:23AM	Ashlesha* Untill 1:55AM Sun	Ganesh: White	Sunrise: 3:17AM
		Yama 3:50PM – 5:55PM	Harshana Untill 2:45PM	Muruga: Red	Sunset: 8:01PM
		Rahu 7:28AM – 9:34AM	Vanija Untill 5:01PM	Nataraja: Blue	Moon 6 - Phase 11-16
Routine Work Marana Yoga	342518571		Chaturthi* Untill 4:46AM Sun	Moon - Blue	3rd Phase
				Ashada-Ani	Devaloka Day
4 Sunday, June 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bhanu Vasara Yuktayam Warsaw, Poland Magha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 76			
Simha Rasi: 2.08	Tithi 5	Gulika 3:50PM – 5:55PM	Magha* Untill 2:52AM Mon	Ganesh: Clear	Sunrise: 3:18AM
		Yama 1:45PM – 3:50PM	Vajra* Untill 1:28PM	Muruga: Red	Sunset: 8:01PM
		Rahu 5:55PM – 8:01PM	Bava Untill 4:46PM	Nataraja: Blue	Moon 6 - Phase 11-17
Routine Work Marana Yoga	352518571		Panchami Untill 4:57AM Mon	Moon - Red	3rd Phase
Untill 2:52AM Mon				Ashada-Ani	Sivaloka Day
Then Creative Work - Siddha Yoga					
5 Monday, June 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Warsaw, Poland Purvaphalguni Nakshatra Siddhi/Vyagitpata* Yoga Kaulava/Tailita Karana Shashthiyam Titau Sun 18 Sutra 77			
Simha Rasi: 14.59	Tithi 6	Gulika 1:45PM – 3:50PM	Purvaphalguni Untill 4:26AM Tue	Ganesh: White	Sunrise: 3:18AM
Family Home Evening		Yama 9:34AM – 11:39AM	Siddhi Untill 12:51PM	Muruga: Red	Sunset: 8:01PM
Creative Work Siddha Yoga	352518571	Rahu 5:24AM – 7:29AM	Kaulava Untill 5:21PM	Nataraja: Blue	Moon 6 - Phase 11-18
Untill 4:26AM Tue			Shashthi* Untill 5:55AM Tue	Moon - Red	3rd Phase
Then Creative Work - Amrita Yoga				Ashada-Ani	Sivaloka Day
6 Tuesday, July 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Warsaw, Poland Uttaraphalguni Nakshatra Vyagitpata* Vairyan Yoga Gara Karana Saptamyam Titau Sun 19 Sutra 78			
Simha Rasi: 27.28	Tithi 7	Gulika 11:40AM – 1:45PM	Uttaraphalguni Untill 6:31AM Wed	Ganesh: Clear	Sunrise: 3:19AM
		Yama 7:29AM – 9:35AM	Vyagitpata* Untill 12:52PM	Muruga: Red	Sunset: 8:01PM
		Rahu 3:50PM – 5:55PM	Gara Untill 6:41PM	Nataraja: Blue	Moon 6 - Phase 11-19
Creative Work Amrita Yoga	352518571		Saptami Untill 7:34AM Wed	Moon - Red	3rd Phase
Untill 6:31AM Wed				Ashada-Ani	Sivaloka Day
Then Routine Work - Marana Yoga					
Wednesday, July 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Warsaw, Poland Uttaraphalguni Nakshatra Vairyan/Parigha* Yoga Vanja/Vesi* Karana Saptami/Ashamyam Titau Sun 20 Sutra 79			
Retreat Star		Gulika 9:35AM – 11:40AM	Uttaraphalguni Untill 6:31AM	Ganesh: Clear	Sunrise: 3:20AM
Kanya Rasi: 9.38	Tithi 7 – 8	Yama 5:25AM – 7:30AM	Vairyan Untill 1:20PM	Muruga: Red	Sunset: 8:01PM
		Rahu 11:40AM – 1:45PM	Vesi Untill 8:37PM	Nataraja: Blue	Moon 6 - Phase 11-20
Creative Work Amrita Yoga	352518571		Saptami Untill 7:34AM	Moon - Red	Ashtami
Untill 6:31AM		Chidambaram Abhishekam		Ashada-Ani	Sivaloka Day
Then Routine Work - Marana Yoga					
Thursday, July 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Warsaw, Poland Hasta/Chitra Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 80			
Retreat Star		Gulika 7:30AM – 9:35AM	Hasta Untill 9:25AM	Ganesh: Purple	Sunrise: 3:21AM
Kanya Rasi: 21.38	Tithi 8 – 9	Yama 5:25AM – 7:30AM	Parigha* Untill 2:09PM	Muruga: Red	Sunset: 7:59PM
		Rahu 1:45PM – 3:50PM	Balava Untill 10:56PM	Nataraja: Blue	Moon 6 - Phase 11-21
Routine Work Marana Yoga	362518571		Ashtami* Untill 9:43AM	Moon - Green	Navami
Untill 9:25AM				Ashada-Ani	Devaloka Day
Then Creative Work - Siddha Yoga					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1	Friday, July 4, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yuktiyam Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashmyam Titau				Warsaw, Poland Sun 22	Sutra 81 Vasvasu 5127
	Tula Rasi: 3.3 Tithi 9 – 10 Creative Work Siddha Yoga	Gulika 5:24AM – 7:31AM Yama 3:50PM – 5:54PM Rahu 9:35AM – 11:40AM	Chitra Until 12:24PM Shiva Until 3:09PM Taila Until 1:22AM Sat Navami* Until 12:07PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 3:21AM Sunset: 7:59PM	Moon 6 - Phase 12 - 23 4th Phase	Devaloka Day

2	Saturday, July 5, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Manita Vasara Yuktiyam Svali/Vishakha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau				Warsaw, Poland Sun 23	Sutra 82 Vasvasu 5127
	Tula Rasi: 15.2 Tithi 10 – 11 Creative Work Siddha Yoga	Gulika 3:22AM – 5:27AM Yama 1:45PM – 3:49PM Rahu 7:31AM – 9:36AM	Svali Until 3:14PM Siddha Until 4:07PM Vanija Until 3:44AM Sun Dashami Until 2:33PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 3:22AM Sunset: 7:58PM	Moon 6 - Phase 12 - 23 4th Phase	Devaloka Day

3	Sunday, July 6, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Bhanu Vasara Yuktiyam Vishakha Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dwadshyam Titau				Warsaw, Poland Sun 24	Sutra 83 Vasvasu 5127
	Tula Rasi: 27.14 Tithi 11 – 12 Routine Work Marana Yoga	Gulika 3:49PM – 5:54PM Yama 11:40AM – 1:45PM Rahu 5:54PM – 7:58PM	Vishakha Until 6:13PM Sadhya Until 4:57PM Bava Until 5:49AM Mon Ekadashi Until 4:47PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 3:23AM Sunset: 7:58PM	Moon 6 - Phase 12 - 24 4th Phase	Devaloka Day

4	Monday, July 7, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Indu Vasara Yuktiyam Anuradha Nakshatra Subha/Sukla Yoga Balava Karana Dvadashyam Titau				Warsaw, Poland Sun 25	Sutra 84 Vasvasu 5127
	Wishika Rasi: 9.14 Tithi 12 Family Home Evening Creative Work Siddha Yoga	Gulika 1:45PM – 3:49PM Yama 9:36AM – 11:41AM Rahu 5:28AM – 7:32AM	Anuradha Until 8:42PM Subha Until 5:33PM Balava Until 6:42PM Dvadashi Until 6:42PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 3:24AM Sunset: 7:57PM	Moon 6 - Phase 12 - 25 4th Phase	Devaloka Day

5	Tuesday, July 8, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Mangala Vasara Yuktiyam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Trayodashyam Titau				Warsaw, Poland Sun 26	Sutra 85 Vasvasu 5127
	Wishika Rasi: 21.23 Tithi 13 Routine Work Marana Yoga Until 10:36PM Then Creative Work - Amrita Yoga	Gulika 11:41AM – 1:45PM Yama 7:33AM – 9:37AM Rahu 3:49PM – 5:53PM	Jyeshtha* Until 10:36PM Sukla Until 5:47PM Kaulava Until 7:31AM Trayodashi Until 8:10PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 3:25AM Sunset: 7:57PM	Moon 6 - Phase 12 - 26 4th Phase	Devaloka Day

6	Wednesday, July 9, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Budha Vasara Yuktiyam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland Sun 27	Sutra 86 Vasvasu 5127
	Dhanus Rasi: 3.44 Tithi 14 Routine Work Marana Yoga Until 12:21AM Thu Then Creative Work - Siddha Yoga	Gulika 9:37AM – 11:41AM Yama 5:30AM – 7:33AM Rahu 11:41AM – 1:45PM	Mula* Until 12:21AM Thu Brahma Until 5:39PM Gara Until 8:45AM Chaturdashi* Until 9:09PM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 3:26AM Sunset: 7:56PM	Moon 6 - Phase 12 - 27 4th Phase	Sivaloka Day

○	Thursday, July 10, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Guru Vasara Yuktiyam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visi*/Bava Karana Purnimayam Titau				Warsaw, Poland Sun 28	Sutra 87 Vasvasu 5127
	Copper Retreat Star Dhanus Rasi: 16.18 Tithi 15 Creative Work Siddha Yoga Until 1:28AM Fri Then Routine Work - Marana Yoga	Gulika 7:34AM – 9:38AM Yama 3:27AM – 5:30AM Rahu 1:45PM – 3:48PM	Purvashadha* Until 1:28AM Fri Indra Until 5:09PM Visi Until 9:29AM Purnima* Until 9:40PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 3:27AM Sunset: 7:55PM	Moon 6 - Phase 12 - 28 Purnima	Subha Sivaloka Day

○	Friday, July 11, 2025	Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yuktiyam Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland Sun 29	Sutra 88 Vasvasu 5127
	Silver Retreat Star Dhanus Rasi: 29.05 Tithi 16 Routine Work Marana Yoga Until 1:59AM Sat Then Creative Work - Siddha Yoga	Gulika 5:31AM – 7:35AM Yama 3:48PM – 5:51PM Rahu 9:38AM – 11:41AM	Uttarashadha Until 1:59AM Sat Vaidhriti* Until 4:15PM Balava Until 9:45AM Prathama* Until 9:42PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 3:28AM Sunset: 7:54PM	Moon 6 - Phase 12 - 29 Prathama	Subha Sivaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mania Visara Yuktayam

Warsaw, Poland

Shravana Nakshatra Vishkambha/Pihli Yuga Talila/Gara Karana Dvityayam Tilau

Sun 1 Sutra 89

Makara Rasi: 12.06 Tithi 17

Gulika 3:29AM - 5:32AM

Shravana Untill 2:24AM Sun

Ganesha: Yellow

Sunrise: 3:29AM

Sunset: 7:53PM

Moon 7 - Phase 13 - 1

Creative Work Siddha Yoga

Yama 1:44PM - 3:47PM

Vishkambha* Untill 3:02PM

Muruga: Red

Moon 7 - Phase 13 - 1

Untill 2:24AM Sun

Rahu 7:35AM - 9:38AM

Talitila Untill 9:35AM

Nataraja: Blue

Moon - Purple

Sivaloka Day

Then Routine Work - Marana Yoga

Dvitiya Untill 9:19PM

Ashada-Adi

1**Sunday, July 13, 2025**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Bharu Visara Yuktayam

Warsaw, Poland

Dhanishtha Nakshatra Pihli Ayushman/Yoga Vanja/Vesli* Karana Tritiyayam Tilau

Sun 2 Sutra 90

Makara Rasi: 25.19 Tithi 18

Gulika 3:47PM - 5:50PM

Dhanishtha Untill 2:19AM Mon

Ganesha: Yellow

Sunrise: 3:30AM

Sunset: 7:53PM

Moon 7 - Phase 13 - 2

Routine Work Marana Yoga

Yama 11:41AM - 1:44PM

Pihli Untill 1:32PM

Muruga: Red

Moon 7 - Phase 13 - 2

Untill 2:19AM Mon

Rahu 5:50PM - 7:53PM

Vanija Untill 9:01AM

Nataraja: Blue

Moon - Purple

Sivaloka Day

Then Creative Work - Siddha Yoga

Tritiya Untill 8:35PM

Ashada-Adi

2**Monday, July 14, 2025**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Indu Visara Yuktayam

Warsaw, Poland

Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Tilau

Sun 3 Sutra 91

Kumbha Rasi: 8.43 Tithi 19

Gulika 1:44PM - 3:47PM

Shatabhishak Untill 1:47AM Tue

Ganesha: Yellow

Sunrise: 3:31AM

Sunset: 7:53PM

Moon 7 - Phase 13 - 3

Family Home Evening

Yama 9:39AM - 11:42AM

Ayushman Untill 11:43AM

Muruga: Red

Moon 7 - Phase 13 - 3

Creative Work Siddha Yoga

Rahu 5:34AM - 7:36AM

Bava Untill 8:06AM

Nataraja: Blue

Moon - Purple

Sivaloka Day

Untill 1:47AM Tue

Chaturthi* Untill 7:31PM

Ashada-Adi

Then Routine Work - Marana Yoga

3**Tuesday, July 15, 2025**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Mihuna Mase Krishna Paksho Mangala Visara Yuktayam

Warsaw, Poland

Puravproshthapada* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Panchmiam Tilau

Sun 4 Sutra 92

Kumbha Rasi: 22.18 Tithi 20

Gulika 11:42AM - 1:44PM

Puravproshthapada* Untill 1:15AM Wed

Ganesha: Purple

Sunrise: 3:33AM

Sunset: 7:51PM

Moon 7 - Phase 13 - 4

Routine Work Marana Yoga

Yama 7:37AM - 9:39AM

Saubhagya Untill 9:41AM

Muruga: Red

Moon 7 - Phase 13 - 4

Untill 1:15AM Wed

Rahu 3:46PM - 5:48PM

Kaulava Untill 6:53AM

Nataraja: Blue

Moon - Clear

Devaloka Day

Then Creative Work - Siddha Yoga

Panchami Untill 6:09PM

Ashada-Adi

4**Wednesday, July 16, 2025**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Budha Visara Yuktayam

Warsaw, Poland

Uttarproshthapada Nakshatra Sobhana/Ahiganda* Yoga Vanja/Vesli* Karana Shashthi/Saptamiam Tilau

Sun 5 Sutra 93

Meena Rasi: 6.03 Tithi 21 - 22

Gulika 9:40AM - 11:42AM

Uttarproshthapada Untill 12:19AM Thu

Ganesha: Purple

Sunrise: 3:34AM

Sunset: 7:50PM

Moon 7 - Phase 13 - 5

Creative Work Siddha Yoga

Yama 5:36AM - 7:38AM

Sobhana Untill 7:26AM

Muruga: Red

Moon 7 - Phase 13 - 5

Untill 10:59PM

Rahu 11:42AM - 1:44PM

Vesli Untill 3:38AM Thu

Nataraja: Blue

Moon - Clear

Devaloka Day

Then Creative Work - Siddha Yoga

Shashthi* Untill 4:32PM

Ashada-Adi

D**Thursday, July 17, 2025****Retreat Star**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Guru Visara Yuktayam

Warsaw, Poland

Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamiam Tilau

Sun 6 Sutra 94

Meena Rasi: 19.58 Tithi 22 - 23

Gulika 7:38AM - 9:40AM

Revati Untill 10:59PM

Ganesha: Purple

Sunrise: 3:35AM

Sunset: 7:48PM

Moon 7 - Phase 13 - 6

Creative Work Siddha Yoga

Yama 3:35AM - 5:37AM

Sukarma Untill 2:16AM Fri

Muruga: Red

Moon 7 - Phase 13 - 6

Untill 10:59PM

Rahu 1:43PM - 3:45PM

Balava Untill 1:38AM Fri

Nataraja: Yellow

Moon - Clear

Bhuloka Day

Then Creative Work - Amrita Yoga

Saptami Untill 2:39PM

Ashada-Adi

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025**Retreat Star**

Viswasesu Nama Samvatsare Dakshinaya Naratana Ritau Kataka Mase Krishna Paksho Sukra Visara Yuktayam

Warsaw, Poland

Ashvini Nakshatra Dhivli Yoga Kaulava/Tailila Karana Ashtami/Navamiam Tilau

Sun 7 Sutra 95

Mesha Rasi: 4.02 Tithi 23 - 24

Gulika 5:38AM - 7:39AM

Ashvini Untill 9:43PM

Ganesha: Clear

Sunrise: 3:36AM

Sunset: 7:47PM

Moon 7 - Phase 13 - 7

Creative Work Amrita Yoga

Yama 3:45PM - 5:46PM

Dhivli Untill 11:26PM

Muruga: Red

Moon 7 - Phase 13 - 7

Untill 9:43PM

Rahu 9:40AM - 11:42AM

Talitila Untill 11:25PM

Nataraja: Yellow

Moon - White

Devaloka Day

Then Creative Work - Siddha Yoga

Ashtami* Untill 12:32PM

Ashada-Adi

1

Saturday, July 19, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yuktayam				Warsaw, Poland	
		Bharani Nakshatra Shula* Yoga Gara/Varija Karana Navami/Dashamyam Titau				Sun 8 Sutra 96	
Mesha Rasi: 18.14	Tithi 24 - 25	Gulika	3:38AM - 5:39AM	Bharani Until 8:07PM	Ganesha: Clear	Sunrise: 3:38AM	Vasavasu 5:17
		Yama	1:43PM - 3:44PM	Shula* Until 8:24PM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 8
Creative Work	Siddha Yoga	Rahu	7:40AM - 9:41AM	Vanija Until 9:01PM	Nataraja: Yellow		2nd Phase
Until 8:07PM				Navami* Until 10:13AM	Moon - White		
Then Creative Work - Amrita Yoga					Ashada-Adi		Devaloka Day

2

Sunday, July 20, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yuktayam				Warsaw, Poland	
		Kritika Nakshatra Ganda*Vidhih Yoga Vasil*/Bava Karana Dashami/Ekadashtyam Titau				Sun 9 Sutra 97	
Wishabha Rasi: 2.34	Tithi 25 - 26	Gulika	3:43PM - 5:44PM	Kritika Until 6:15PM	Ganesha: Clear	Sunrise: 3:39AM	Vasavasu 5:17
		Yama	11:42AM - 1:43PM	Ganda* Until 5:18PM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 9
Creative Work	Siddha Yoga	Rahu	5:44PM - 7:45PM	Bava Until 6:29PM	Nataraja: Yellow		2nd Phase
				Dashami* Until 7:45AM	Moon - White		
					Ashada-Adi		Devaloka Day

3

Monday, July 21, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam				Warsaw, Poland	
		Rohini/Mrigashira Nakshatra Widdhi/Dhruva Yoga Kaulava/Tailita Karana Dvadashtyam Titau				Sun 10 Sutra 98	
Wishabha Rasi: 16.57	Tithi 27	Gulika	1:42PM - 3:43PM	Rohini Until 4:38PM	Ganesha: White	Sunrise: 3:40AM	Vasavasu 5:17
Family Home Evening		Yama	9:42AM - 11:42AM	Widdhi Until 2:09PM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 10
Creative Work	Amrita Yoga	Rahu	5:41AM - 7:41AM	Kaulava Until 3:55PM	Nataraja: Yellow		2nd Phase
				Dvadashti* Until 2:38AM Tue	Moon - Yellow		
					Ashada-Adi		Bhuloka Day
							Devaloka Time: 3PM to 6PM

4

Tuesday, July 22, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam				Warsaw, Poland	
		Meghshira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varija Karana Trayodashyam Titau				Sun 11 Sutra 99	
Mithuna Rasi: 1.2	Tithi 28	Gulika	11:42AM - 1:42PM	Mrigashira Until 2:55PM	Ganesha: White	Sunrise: 3:40AM	Vasavasu 5:17
		Yama	7:42AM - 9:42AM	Dhruva Until 11:02AM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 11
Creative Work	Siddha Yoga	Rahu	3:42PM - 5:42PM	Gara Until 1:24PM	Nataraja: Yellow		2nd Phase
Until 2:55PM				Trayodashi* Until 12:11AM Wed	Moon - Yellow		
Then Routine Work - Marana Yoga					Ashada-Adi		Bhuloka Day
							Devaloka Time: 3PM to 6PM

5

Wednesday, July 23, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam				Warsaw, Poland	
		Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Vasil*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 100	
Mithuna Rasi: 15.37	Tithi 29	Gulika	9:42AM - 11:42AM	Ardra Until 1:15PM	Ganesha: White	Sunrise: 3:43AM	Vasavasu 5:17
		Yama	5:43AM - 7:43AM	Vyaghata* Until 8:03AM	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 12
Creative Work	Siddha Yoga	Rahu	11:42AM - 1:42PM	Visili Until 11:04AM	Nataraja: Yellow		2nd Phase
				Chaturdashi* Until 9:59PM	Moon - Yellow		
					Ashada-Adi		Bhuloka Day
							Devaloka Time: 3PM to 6PM

●

Thursday, July 24, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam				Warsaw, Poland	
		Punarvasu/Pushya Nakshatra Vajra* Yoga Caluspada*/Naja* Karana Amavasyayam Titau				Sun 13 Sutra 101	
Mithuna Rasi: 29.43	Tithi 30	Gulika	7:43AM - 9:43AM	Punarvasu Until 12:12PM	Ganesha: Orange	Sunrise: 3:45AM	Vasavasu 5:17
		Yama	3:45AM - 5:44AM	Vajra* Until 2:55AM Fri	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 13
Creative Work	Amrita Yoga	Rahu	1:42PM - 3:41PM	Caluspada Until 9:02AM	Nataraja: Yellow		Amavasya
				Amavasya* Until 8:10PM	Moon - Blue		
					Ashada-Adi		Devaloka Day

Friday, July 25, 2025

		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam				Warsaw, Poland	
		Pushya/Ashlesha* Nakshatra Siddhih Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 102	
Kataka Rasi: 13.33	Tithi 1	Gulika	5:45AM - 7:44AM	Pushya Until 11:28AM	Ganesha: Orange	Sunrise: 3:46AM	Vasavasu 5:17
		Yama	3:40PM - 5:39PM	Siddhi Until 12:58AM Sat	Muruga: Red	Sunset: 7:46PM	Moon 7 - Phase 14 - 14
Routine Work	Marana Yoga	Rahu	9:43AM - 11:42AM	Kintughna Until 7:27AM	Nataraja: Yellow		Prathama
				Prathama* Until 6:51PM	Moon - Blue		
					Sravana-Adi		Devaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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1 Saturday, July 26, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Tilau				Warsaw, Poland Sun 15 Sutra 103
Kataka Rasi: 27.03	Tilthi 2	Gulika 3:47AM – 5:46AM Yama 1:41PM – 3:39PM 444618572 Rahu 7:45AM – 9:43AM	Ashlesha* Untill 11:10AM Vyalipala* Untill 11:34PM Balava Untill 6:27AM Dvitiya Untill 6:10PM	Ganesh: Orange Muruga: Red Nataraja: Yellow Moon – Blue Savana-Adi	Sunrise: 3:47AM Sunset: 7:37PM	Vasava: 5:17 Moon 7 - Phase 15 - 12 3rd Phase
Routine Work Marana Yoga Untill 11:10AM Then Creative Work - Amrita Yoga		Devaloka Day				

2 Sunday, July 27, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varjaya Yoga Talila/Gara Karana Tritiyayam Tilau				Warsaw, Poland Sun 16 Sutra 104
Simha Rasi: 10.11	Tilthi 3	Gulika 3:39PM – 5:37PM Yama 11:42AM – 1:40PM 454618572 Rahu 5:37PM – 7:35PM	Magha* Untill 11:51AM Varjaya Untill 10:42PM Talila Untill 6:06AM Tritiya Untill 6:11PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon – Red Savana-Adi	Sunrise: 3:49AM Sunset: 7:35PM	Vasava: 5:17 Moon 7 - Phase 15 - 16 3rd Phase
Routine Work Marana Yoga Untill 11:51AM Then Creative Work - Siddha Yoga		Devaloka Day				

3 Monday, July 28, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Vanija/Visi* Karana Chaturthayam Tilau				Warsaw, Poland Sun 17 Sutra 105
Simha Rasi: 22.57	Tilthi 4	Gulika 1:40PM – 3:38PM Yama 9:44AM – 11:42AM 454618572 Rahu 5:48AM – 7:46AM	Purvaphalguni Untill 1:05PM Parigha* Untill 10:24PM Vanija Untill 6:30AM Chaturthi* Untill 6:56PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon – Red Savana-Adi	Sunrise: 3:50AM Sunset: 7:34PM	Vasava: 5:17 Moon 7 - Phase 15 - 17 3rd Phase
Family Home Evening Creative Work Siddha Yoga		Devaloka Day				

4 Tuesday, July 29, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Tilau				Warsaw, Poland Sun 18 Sutra 106
Kanya Rasi: 5.23	Tilthi 5	Gulika 11:42AM – 1:40PM Yama 7:47AM – 9:45AM 454618572 Rahu 3:37PM – 5:35PM	Uttaraphalguni Untill 2:50PM Shiva Untill 10:38PM Bava Untill 7:35AM Panchami Untill 8:21PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon – Red Savana-Adi	Sunrise: 3:52AM Sunset: 7:32PM	Vasava: 5:17 Moon 7 - Phase 15 - 18 3rd Phase
Creative Work Amrita Yoga Untill 2:50PM Then Creative Work - Siddha Yoga		Devaloka Day				

5 Wednesday, July 30, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Kaulava/Talila Karana Shashthiyam Tilau				Warsaw, Poland Sun 19 Sutra 107
Kanya Rasi: 17.35	Tilthi 6	Gulika 9:45AM – 11:42AM Yama 5:51AM – 7:48AM 464618572 Rahu 11:42AM – 1:39PM	Hasta Untill 5:27PM Siddha Untill 11:14PM Kaulava Untill 9:17AM Shashthi* Untill 10:18PM	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon – Green Savana-Adi	Sunrise: 3:53AM Sunset: 7:31PM	Vasava: 5:17 Moon 7 - Phase 15 - 19 3rd Phase
Routine Work Marana Yoga Untill 5:27PM Then Creative Work - Siddha Yoga		Sivaloka Day				

6 Thursday, July 31, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthamyam Tilau				Warsaw, Poland Sun 20 Sutra 108
Kanya Rasi: 29.34	Tilthi 7	Gulika 7:48AM – 9:45AM Yama 3:55AM – 5:52AM 464618572 Rahu 1:39PM – 3:36PM	Chitra Untill 8:16PM Sadya Untill 12:06AM Fri Gara Untill 11:26AM Sapthami Untill 12:34AM Fri	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon – Green Savana-Adi	Sunrise: 3:55AM Sunset: 7:29PM	Vasava: 5:17 Moon 7 - Phase 15 - 20 3rd Phase
Creative Work Siddha Yoga Untill 8:16PM Then Creative Work - Amrita Yoga		Sivaloka Day				

Friday, August 1, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visi*/Bava Karana Ashtamyam Tilau				Warsaw, Poland Sun 21 Sutra 109
Retreat Star		Gulika 5:53AM – 7:49AM Yama 3:35PM – 5:31PM 464618572 Rahu 9:46AM – 11:42AM	Svati Untill 11:03PM Subha Untill 1:03AM Sat Visi Untill 1:47PM Ashtami* Untill 2:57AM Sat	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon – Green Savana-Adi	Sunrise: 3:56AM Sunset: 7:27PM	Vasava: 5:17 Moon 7 - Phase 15 - 21 Ashtami
Tula Rasi: 11.28 Creative Work Siddha Yoga		Sivaloka Day				

Saturday, August 2, 2025		Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Tilau				Warsaw, Poland Sun 22 Sutra 110
Retreat Star		Gulika 3:58AM – 5:54AM Yama 1:38PM – 3:34PM 474628572 Rahu 7:50AM – 9:46AM	Vishakha Untill 2:05AM Sun Sukla Untill 1:54AM Sun Balava Untill 4:08PM Navami* Untill 5:13AM Sun	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange Savana-Adi	Sunrise: 3:58AM Sunset: 7:26PM	Vasava: 5:17 Moon 7 - Phase 15 - 22 Navami
Tula Rasi: 23.2 Creative Work Siddha Yoga Untill 2:05AM Sun Then Routine Work - Marana Yoga		Sivaloka Day				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1 Sunday, August 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukitayam				Warsaw, Poland
		Anuradha Nakshatra Brahma Yoga Talila Karana Dashamyam Tilau				Sun 23 Sutra 111
Wisikha Rasi: 5.16	Tithi 10	Gulika 3:33PM - 5:28PM	Anuradha Until 4:41AM Mon	Ganesha: Clear	Sunrise: 4:00AM	Viswasa 5:127
		Yama 11:42AM - 1:37PM	Brahma Until 2:33AM Mon	Muruga: Blue	Sunset: 7:24PM	Moon 7 - Phase 16 - 23
		474628572 Rahu 5:28PM - 7:24PM	Tailila Until 6:16PM	Nataraja: Yellow		4th Phase
Routine Work - Marana Yoga		Dashami Until 7:11AM Mon				Sivaloka Day
Until 4:41AM Mon		Savana-Adi				
Then Creative Work - Siddha Yoga						

2 Monday, August 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yukitayam				Warsaw, Poland
		Jyeshtha Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau				Sun 24 Sutra 112
Wisikha Rasi: 17.19	Tithi 10 - 11	Gulika 1:37PM - 3:32PM	Jyeshtha* Until 6:41AM Tue	Ganesha: Clear	Sunrise: 4:01AM	Viswasa 5:127
Family Home Evening		Yama 9:47AM - 11:42AM	Indra Until 2:53AM Tue	Muruga: Blue	Sunset: 7:22PM	Moon 7 - Phase 16 - 24
		474628572 Rahu 5:56AM - 7:51AM	Vanija Until 8:01PM	Nataraja: Yellow		4th Phase
Routine Work - Siddha Yoga		Dashami Until 7:11AM				Sivaloka Day
Until 6:41AM Tue		Savana-Adi				
Then Creative Work - Amrita Yoga						

3 Tuesday, August 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukitayam				Warsaw, Poland
		Jyeshtha Nakshatra Vaidhriti Yoga Visi/Bava Karana Ekadashi/Dwadashyam Tilau				Sun 25 Sutra 113
Wisikha Rasi: 29.33	Tithi 11 - 12	Gulika 11:42AM - 1:36PM	Jyeshtha* Until 6:41AM Tue	Ganesha: Clear	Sunrise: 4:03AM	Viswasa 5:127
		Yama 9:47AM - 11:42AM	Vaidhriti* Until 2:46AM Wed	Muruga: Blue	Sunset: 7:20PM	Moon 7 - Phase 16 - 25
		474628572 Rahu 3:31PM - 5:26PM	Bava Until 9:16PM	Nataraja: Yellow		4th Phase
Routine Work - Marana Yoga		Ekadashi Until 8:41AM				Sivaloka Day
Until 6:41AM		Savana-Adi				
Then Creative Work - Amrita Yoga						

4 Wednesday, August 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yukitayam				Warsaw, Poland
		Mula/Purvashadha Nakshatra Vibhambha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau				Sun 26 Sutra 114
Dhanus Rasi: 12.01	Tithi 12 - 13	Gulika 9:47AM - 11:41AM	Mula* Until 8:29AM	Ganesha: Yellow	Sunrise: 4:04AM	Viswasa 5:127
		Yama 7:52AM - 9:47AM	Vishkambha* Until 2:12AM Thu	Muruga: Blue	Sunset: 7:19PM	Moon 7 - Phase 16 - 26
		485628572 Rahu 11:41AM - 1:36PM	Kaulava Until 9:55PM	Nataraja: Yellow		4th Phase
Routine Work - Marana Yoga		Dvadashi Until 9:39AM				Sivaloka Day
Until 8:29AM		Savana-Adi				
Then Creative Work - Amrita Yoga		Pradosha Vata				

5 Thursday, August 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukitayam				Warsaw, Poland
		Purvashadha/Uttarashadha Nakshatra Prithi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau				Sun 27 Sutra 115
Dhanus Rasi: 24.45	Tithi 13 - 14	Gulika 7:54AM - 9:47AM	Purvashadha* Until 9:32AM	Ganesha: Yellow	Sunrise: 4:06AM	Viswasa 5:127
		Yama 4:06AM - 6:00AM	Prithi Until 1:11AM Fri	Muruga: Blue	Sunset: 7:17PM	Moon 7 - Phase 16 - 27
		485628572 Rahu 1:35PM - 3:29PM	Gara Until 9:58PM	Nataraja: Yellow		4th Phase
Creative Work - Siddha Yoga		Trayodashi Until 10:00AM				Sivaloka Day
Until 9:32AM		Savana-Adi				
Then Routine Work - Marana Yoga						

Friday, August 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Salva Vasara Yukitayam				Warsaw, Poland
		Uttarashadha/Shravana Nakshatra Aguchman Yoga Vanija/Visi Karana Chaturdashi/Purnimayam Tilau				Sun 27 Sutra 116
Makara Rasi: 7.47	Tithi 14 - 15	Gulika 6:01AM - 7:54AM	Uttarashadha Until 9:51AM	Ganesha: Yellow	Sunrise: 4:07AM	Viswasa 5:127
		Yama 3:28PM - 5:22PM	Ayushman Until 11:41PM	Muruga: Blue	Sunset: 7:15PM	Moon 7 - Phase 16 - Purnima
		485628572 Rahu 9:48AM - 11:41AM	Visi Until 9:27PM	Nataraja: Yellow		
Routine Work - Marana Yoga		Chaturdashi* Until 9:46AM				Sivaloka Day
		Savana-Adi				
		Varalakshmi Vratam				

Saturday, August 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukitayam				Warsaw, Poland
		Shravana/Dhanusha Nakshatra Saudhgya Yoga Bava/Balava Karana Purnima/Prathamam Tilau				Sun 28 Sutra 117
Makara Rasi: 21.06	Tithi 15 - 16	Gulika 4:09AM - 6:02AM	Shravana Until 9:57AM	Ganesha: Yellow	Sunrise: 4:09AM	Viswasa 5:127
		Yama 1:34PM - 3:27PM	Saudhgya Until 9:47PM	Muruga: Blue	Sunset: 7:13PM	Moon 7 - Phase 16 - Prathama
		495728572 Rahu 7:55AM - 9:48AM	Balava Until 8:26PM	Nataraja: Yellow		
Creative Work - Siddha Yoga		Purnima* Until 8:59AM				Sivaloka Day
		Savana-Adi				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Bhanu Vasara Yuktayam
Dhanishtha/Shabhbhishak Nakshatra Siddhanta Yoga Kaulava/Taila Karana Pratham/Dvityayam Titau
Gulika 3:24PM - 5:19PM
Yama 11:41AM - 1:34PM
Rahu 5:19PM - 7:11PM
Dhanishtha Untill 9:25AM
Sobhana Untill 7:34PM
Taila Untill 6:58PM
Prathama* Untill 7:44AM
Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Warsaw, Poland
Sutra 118
Viswasa 5127
Moon 8 - Phase 17 - 1st Phase

Routine Work - Marana Yoga
Untill 9:25AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, August 11, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Indu Vasara Yuktayam
Shabhbhishak/Puravroshthapada* Nakshatra Ahinganda/Sukarna Yoga Gara/Visi* Karana Dvitya/Tritayam Titau
Gulika 1:33PM - 3:25PM
Yama 9:49AM - 11:41AM
Rahu 6:04AM - 7:57AM
Shabhbhishak Untill 8:22AM
Ahinganda* Untill 5:03PM
Visi Untill 4:11AM Tue
Dvitiya Untill 6:06AM
Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Warsaw, Poland
Sutra 119
Viswasa 5127
Moon 8 - Phase 17 - 1st Phase

1
Kumbha Rasi: 18.31 Tithi 17 - 18
Family Home Evening
Creative Work - Siddha Yoga
Untill 8:22AM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, August 12, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Mangala Vasara Yuktayam
Puravroshthapada*/Utaravroshthapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturtham Titau
Gulika 11:41AM - 1:32PM
Yama 7:57AM - 9:49AM
Rahu 3:24PM - 5:16PM
Puravroshthapada* Untill 7:21AM
Sukarna Untill 2:21PM
Bava Untill 3:10PM
Chaturthi* Untill 2:04AM Wed
Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Warsaw, Poland
Sutra 120
Viswasa 5127
Moon 8 - Phase 17 - 2 1st Phase

Routine Work - Marana Yoga
Untill 7:21AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Wednesday, August 13, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Budha Vasara Yuktayam
Shabhbhishak/Puravroshthapada* Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturtham Titau
Gulika 9:49AM - 11:40AM
Yama 6:07AM - 7:58AM
Rahu 11:40AM - 1:32PM
Revati Untill 4:24AM Thu
Dhriti Untill 11:33AM
Kaulava Untill 12:59PM
Panchami Untill 11:51PM
Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Warsaw, Poland
Sutra 121
Viswasa 5127
Moon 8 - Phase 17 - 3 1st Phase

Creative Work - Siddha Yoga

Sivaloka Day

Thursday, August 14, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau
Gulika 7:59AM - 9:49AM
Yama 4:17AM - 6:08AM
Rahu 1:31PM - 3:22PM
Ashvini Untill 3:03AM Fri
Shula* Untill 8:38AM
Gara Untill 10:44AM
Shashthi* Untill 9:35PM
Ganesha: Purple
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Warsaw, Poland
Sutra 122
Viswasa 5127
Moon 8 - Phase 17 - 4 1st Phase

Creative Work - Amrita Yoga
Untill 3:03AM Fri
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Friday, August 15, 2025

Viswasa Nama Samvatsare Dakshinaya Narana Ritau Kataka Mese Krishna Paksha Sukra Vasara Yuktayam
Bharani Nakshatra Viddhi Yoga Visi*/Bava Karana Saptham Yam Titau
Gulika 6:09AM - 7:59AM
Yama 3:21PM - 5:11PM
Rahu 9:50AM - 11:40AM
Bharani Untill 1:34AM Sat
Viddhi Untill 2:50AM Sat
Visi Untill 8:27AM
Sapthami Untill 7:18PM
Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Warsaw, Poland
Sutra 123
Viswasa 5127
Moon 8 - Phase 17 - 5 1st Phase

Creative Work - Siddha Yoga
Untill 1:34AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day

Saturday, August 16, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Marita Vasara Yuktayam
Kritika Nakshatra Dhruva Yoga Balava/Taila Karana Ashtami/Navam Yam Titau
Gulika 4:20AM - 6:10AM
Yama 1:30PM - 3:20PM
Rahu 8:00AM - 9:50AM
Kritika Untill 12:00AM Sun
Dhruva Untill 11:58PM
Balava Untill 6:12AM
Ashtami* Untill 5:05PM
Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avani

Warsaw, Poland
Sutra 124
Viswasa 5127
Moon 8 - Phase 17 - 6 Ashtami

Creative Work - Amrita Yoga

Sivaloka Day

Sunday, August 17, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghala* Yoga Gara/Vanija Karana Navami/Dasham Yam Titau
Gulika 3:18PM - 5:08PM
Yama 11:40AM - 1:29PM
Rahu 5:08PM - 6:57PM
Rohini Untill 10:49PM
Vyaghala* Untill 9:11PM
Vanija Untill 1:56AM Mon
Navami* Untill 2:57PM
Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Yellow
Savana-Avani

Warsaw, Poland
Sutra 125
Viswasa 5127
Moon 8 - Phase 17 - 7 Navami

Creative Work - Siddha Yoga

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Monday, August 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visi/Bava Karana Dashami/Ekadashtyam Titau				Warsaw, Poland Sun 8 Sutra 126
Wishabha Rasi: 27.32	TITHI 25 – 26	Gulika	1:28PM – 3:17PM	Mrigashira Until 9:38PM	Ganesh: Clear	Sunrise: 4:24AM
Family Home Evening		Yama	9:51AM – 11:39AM	Harshana Until 6:32PM	Muruga:	Blue
Creative Work	Amrita Yoga	Rahu	6:13AM – 8:02AM	Bava Until 12:01AM Tue	Nataraja:	Yellow
Until 9:38PM				Dashami Until 12:56PM	Moon – Yellow	
Then Creative Work	Siddha Yoga				Sravana-Avani	Sivaloka Day

2 Tuesday, August 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Andra Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Warsaw, Poland Sun 9 Sutra 127
Mithuna Rasi: 11.31	TITHI 26 – 27	Gulika	11:39AM – 1:28PM	Andra Until 8:31PM	Ganesh: Clear	Sunrise: 4:25AM
		Yama	8:02AM – 9:51AM	Vajra Until 4:01PM	Muruga:	Blue
Routine Work	Marana Yoga	Rahu	3:16PM – 5:05PM	Kaulava Until 10:18PM	Nataraja:	Yellow
Until 8:31PM				Ekadashi Until 11:06AM	Moon – Yellow	
Then Creative Work	Siddha Yoga				Sravana-Avani	Sivaloka Day

3 Wednesday, August 20, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Viscara Yuktayam Punarvasu Nakshatra Siddhi/Vyaptara Yoga Talila/Gara Karana Dwadashi/Trayodashyam Titau				Warsaw, Poland Sun 10 Sutra 128
Mithuna Rasi: 25.21	TITHI 27 – 28	Gulika	9:51AM – 11:39AM	Punarvasu Until 7:58PM	Ganesh: Purple	Sunrise: 4:27AM
		Yama	6:15AM – 8:03AM	Siddhi Until 1:44PM	Muruga:	Blue
Creative Work	Siddha Yoga	Rahu	11:39AM – 1:27PM	Gara Until 8:52PM	Nataraja:	Yellow
				Dwadashi Until 9:31AM	Moon – Blue	
					Sravana-Avani	Devaloka Day

Pradosha Vata (Fasting)

4 Thursday, August 21, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Viscara Yuktayam Pushya Nakshatra Vyaptara/Variyan Yoga Vanja/Vihli Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 11 Sutra 129
Kalkata Rasi: 9.01	TITHI 28 – 29	Gulika	8:04AM – 9:51AM	Pushya Until 7:37PM	Ganesh: Purple	Sunrise: 4:29AM
		Yama	4:29AM – 6:16AM	Vyaptara Until 11:44AM	Muruga:	Blue
Creative Work	Amrita Yoga	Rahu	1:26PM – 3:14PM	Vihli Until 7:48PM	Nataraja:	Yellow
Until 7:37PM				Trayodashi Until 8:15AM	Moon – Blue	
Then Creative Work	Siddha Yoga				Sravana-Avani	Devaloka Day

Friday, August 22, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Viscara Yuktayam Ashlesha Nakshatra Varyan/Paniga/Yoga Sakuni/Catupada Karana Chaturdashi/Amavasyayam Titau				Warsaw, Poland Sun 12 Sutra 130
Retreat Star		Gulika	6:17AM – 8:04AM	Ashlesha Until 7:34PM	Ganesh: Light Blue	Sunrise: 4:30AM
Kalkata Rasi: 22.26	TITHI 29 – 30	Yama	3:13PM – 5:00PM	Varyan Until 10:02AM	Muruga:	Blue
Routine Work	Marana Yoga	Rahu	9:51AM – 11:38AM	Catupada Until 7:11PM	Nataraja:	Yellow
				Chaturdashi Until 7:25AM	Moon – Blue	
					Sravana-Avani	Devaloka Day

Saturday, August 23, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakshi Manu Vasara Yuktayam Magha Nakshatra Parigha/Shiva Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau				Warsaw, Poland Sun 13 Sutra 131
Retreat Star		Gulika	4:32AM – 6:18AM	Magha Until 8:21PM	Ganesh: Purple	Sunrise: 4:32AM
Simha Rasi: 5.35	TITHI 30 – 1	Yama	1:25PM – 3:11PM	Parigha Until 8:46AM	Muruga:	Blue
Creative Work	Amrita Yoga	Rahu	8:05AM – 9:52AM	Kintughna Until 7:06PM	Nataraja:	Yellow
Until 8:21PM				Amavasya Until 7:03AM	Moon – Red	
Then Creative Work	Siddha Yoga				Bhadrapada-Avani	Devaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1

Sunday, August 24, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam		Warsaw, Poland	
Parupaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Titau		Sun 14	Sutra 132
Simha Rasi: 18.28	Tithi 1 – 2	Gulika 3:10PM – 4:56PM	Purvaphalguni Untill 9:33PM
		Yama 11:38AM – 1:24PM	Ganesha: Purple Sunrise: 4:34AM
		Rahu 4:56PM – 6:42PM	Muruga: Blue Sunset: 6:42PM
Creative Work	Siddha Yoga		Moon 8 - Phase 19 - 17
Untill 9:33PM			3rd Phase
Then Creative Work - Amrita Yoga		Prathama* Untill 7:16AM	Devaloka Day
			Nataraja: Yellow
			Moon - Red
			Bhadrapada-Avani

2

Monday, August 25, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam		Warsaw, Poland	
Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Tailita Karana Dvityam/Tritayam Titau		Sun 15	Sutra 133
Kanya Rasi: 1.04	Tithi 2 – 3	Gulika 1:23PM – 3:09PM	Uttaraphalguni Untill 11:10PM
		Yama 9:52AM – 11:38AM	Ganesha: Purple Sunrise: 4:25AM
		Rahu 6:21AM – 8:06AM	Muruga: Blue Sunset: 6:49PM
Creative Work	Siddha Yoga		Moon 8 - Phase 19 - 15
Family Home Evening			3rd Phase
Then Creative Work - Amrita Yoga		Tailita Untill 8:42PM	Devaloka Day
		Dvitiya Untill 8:04AM	Nataraja: Yellow
			Moon - Red
			Bhadrapada-Avani

3

Tuesday, August 26, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam		Warsaw, Poland	
Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturthi/Panchamam Titau		Sun 16	Sutra 134
Kanya Rasi: 13.24	Tithi 3 – 4	Gulika 11:37AM – 1:23PM	Hasla Untill 1:37AM Wed
		Yama 8:07AM – 9:52AM	Sadha Untill 7:39AM
		Rahu 3:08PM – 4:53PM	Tailita Untill 8:42PM
Creative Work	Siddha Yoga		Moon 8 - Phase 19 - 16
Untill 4:17AM Thu			3rd Phase
Then Creative Work - Amrita Yoga		Ganesha Chaturthi	Devaloka Day
		Tritiya Untill 9:27AM	Nataraja: Yellow
			Moon - Green
			Bhadrapada-Avani

4

Wednesday, August 27, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam		Warsaw, Poland	
Uttaraphalguni Nakshatra Siddha/Sadha Yoga Visi/Bava Karana Chaturthi/Panchamam Titau		Sun 17	Sutra 135
Kanya Rasi: 25.32	Tithi 4 – 5	Gulika 9:52AM – 11:37AM	Chitra Untill 4:17AM Thu
		Yama 6:23AM – 8:08AM	Subha Untill 8:08AM
		Rahu 11:37AM – 1:22PM	Bava Untill 12:24AM Thu
Creative Work	Siddha Yoga		Moon 8 - Phase 19 - 17
Untill 4:17AM Thu			3rd Phase
Then Creative Work - Amrita Yoga		Chaturthi* Untill 11:19AM	Devaloka Day
			Nataraja: Yellow
			Moon - Green
			Bhadrapada-Avani

5

Thursday, August 28, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam		Warsaw, Poland	
Svati Nakshatra Sukla/Budha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 18	Sutra 136
Tula Rasi: 7.31	Tithi 5 – 6	Gulika 8:08AM – 9:53AM	Svati Untill 7:01AM Fri
		Yama 4:40AM – 6:24AM	Sukla Untill 8:51AM
		Rahu 1:21PM – 3:05PM	Kaulava Untill 2:44AM Fri
Creative Work	Amrita Yoga		Moon - Green
Untill 7:01AM Fri			Devaloka Day
Then Creative Work - Siddha Yoga		Panchami Untill 1:32PM	Nataraja: White
			Moon - Green
			Bhadrapada-Avani

6

Friday, August 29, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam		Warsaw, Poland	
Svati/Vishakha Nakshatra Brahma/Indra Yoga Talita/Gara Karana Shashthi/Saptamam Titau		Sun 19	Sutra 137
Kanya Rasi: 19.24	Tithi 6 – 7	Gulika 6:25AM – 8:09AM	Svati Untill 7:01AM
		Yama 4:40AM – 6:24PM	Brahma Untill 9:45AM
		Rahu 9:53AM – 11:37AM	Gara Untill 5:09AM Sat
Creative Work	Siddha Yoga		Moon - Green
Untill 4:17AM Thu			Devaloka Day
Then Creative Work - Siddha Yoga		Shashthi* Untill 3:55PM	Nataraja: White
			Moon - Green
			Bhadrapada-Avani

Saturday, August 30, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manu Vasara Yuktayam		Warsaw, Poland	
Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Vanija Karana Saptamam Titau		Sun 20	Sutra 138
Wshika Rasi: 1.16	Tithi 7	Gulika 4:43AM – 6:27AM	Vishakha Untill 10:08AM
		Yama 1:19PM – 3:03PM	Indra Untill 10:41AM
		Rahu 8:10AM – 9:53AM	Vanija Untill 6:17PM
Creative Work	Siddha Yoga		Moon - Orange
Untill 4:17AM Thu			Devaloka Day
Then Creative Work - Siddha Yoga		Saptami Untill 6:17PM	Nataraja: White
			Moon - Orange
			Bhadrapada-Avani

D

Sunday, August 31, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam		Warsaw, Poland	
Anuradha/Jyeshtha* Nakshatra Vaidhri/Vishkambha* Yoga Visi/Bava Karana Ashtamam Titau		Sun 21	Sutra 139
Wshika Rasi: 13.12	Tithi 8	Gulika 3:01PM – 4:44PM	Anuradha Untill 12:55PM
		Yama 11:36AM – 1:19PM	Vaidhri* Untill 11:27AM
		Rahu 4:44PM – 6:27PM	Visi Untill 7:25AM
Creative Work	Marana Yoga		Moon - Orange
Routine Work			Devaloka Day
Then Creative Work - Marana Yoga		Ashtami* Untill 8:26PM	Nataraja: White
			Moon - Orange
			Bhadrapada-Avani

Monday, September 1, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam		Warsaw, Poland	
Jyeshtha/Mula* Nakshatra Vishkambha*Pithi Yoga Balava/Kaulava Karana Navamam Titau		Sun 22	Sutra 140
Wshika Rasi: 25.14	Tithi 9	Gulika 1:18PM – 3:00PM	Jyeshtha* Untill 3:12PM
		Yama 9:53AM – 11:36AM	Vishkambha* Untill 11:58AM
		Rahu 6:29AM – 8:11AM	Balava Untill 9:23AM
Creative Work	Siddha Yoga		Moon - Orange
Family Home Evening			Devaloka Day
Then Creative Work - Siddha Yoga		Navami* Untill 10:10PM	Nataraja: White
			Moon - Orange
			Bhadrapada-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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1 Tuesday, September 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktiyam Mula*Purvashadha* Nakshatra Prili/Ayushman Yoga Talila/Gara Karana Dashaanyam Titau				Warsaw, Poland Sun 23 Sutra 141
Dhanus Rasi: 7.28	Tithi 10	Gulika 11:35AM - 1:17PM	Mula* Until 5:18PM	Ganesh: White	Sunrise: 4:46AM	Vasavasu 5:127
		Yama 8:12AM - 9:54AM	Prili Until 12:07PM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 20 - 23
Creative Work	Amrita Yoga	588728573 Rahu 2:59PM - 4:41PM	Tailila Until 10:52AM	Nataraja: White		4th Phase
Until 5:18PM			Dashami Until 11:21PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

2 Wednesday, September 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Baudha Vasara Yuktiyam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 142
Dhanus Rasi: 19.58	Tithi 11	Gulika 9:54AM - 11:35AM	Purvashadha* Until 6:37PM	Ganesh: Green	Sunrise: 4:50AM	Vasavasu 5:127
		Yama 6:31AM - 8:12AM	Ayushman Until 11:45AM	Muruga: Blue	Sunset: 6:29PM	Moon 8 - Phase 20 - 25
Creative Work	Amrita Yoga	588828573 Rahu 11:35AM - 1:16PM	Vanija Until 11:43AM	Nataraja: White		4th Phase
			Ekadashi Until 11:52PM	Moon - Light Blue		Sivaloka Day
				Bhadrapada-Avani		

3 Thursday, September 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktiyam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Titau				Warsaw, Poland Sun 25 Sutra 143
Makara Rasi: 2.46	Tithi 12	Gulika 8:13AM - 9:54AM	Uttarashadha Until 7:06PM	Ganesh: White	Sunrise: 4:52AM	Vasavasu 5:127
		Yama 4:52AM - 6:32AM	Saubhagya Until 10:52AM	Muruga: Blue	Sunset: 6:18PM	Moon 8 - Phase 20 - 25
Routine Work	Marana Yoga	589828573 Rahu 1:15PM - 2:56PM	Bava Until 11:53AM	Nataraja: White		4th Phase
Until 7:06PM			Dvadashti Until 11:40PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

4 Friday, September 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 144
Makara Rasi: 15.56	Tithi 13	Gulika 6:34AM - 8:14AM	Shravana Until 7:11PM	Ganesh: Yellow	Sunrise: 4:53AM	Vasavasu 5:127
		Yama 2:55PM - 4:35PM	Sobhana Until 9:25AM	Muruga: Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 26
Routine Work	Marana Yoga	599828573 Rahu 9:54AM - 11:34AM	Kaulava Until 11:20AM	Nataraja: White		4th Phase
Until 7:11PM			Trayodashi Until 10:47PM	Moon - Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

5 Saturday, September 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktiyam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 145
Makara Rasi: 29.28	Tithi 14	Gulika 4:55AM - 6:35AM	Dhanishtha Until 6:29PM	Ganesh: Yellow	Sunrise: 4:55AM	Vasavasu 5:127
		Yama 1:14PM - 2:54PM	Athiganda* Until 7:24AM	Muruga: Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	599828573 Rahu 8:14AM - 9:54AM	Gara Until 10:07AM	Nataraja: White		4th Phase
Until 6:29PM		Chidambaram Abhishekam	Chaturdashi* Until 9:15PM	Moon - Purple		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Avani		

O Sunday, September 7, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktiyam Shalabhishak/Purvaproshtapada* Nakshatra Dhivli Yoga Visi*/Bava Karana Purnimayam Titau				Warsaw, Poland Sun 28 Sutra 146
Copper Retreat Star		Gulika 2:52PM - 4:31PM	Shalabhishak Until 5:06PM	Ganesh: Yellow	Sunrise: 4:57AM	Vasavasu 5:127
Kumbha Rasi: 13.22	Tithi 15	Yama 11:34AM - 1:13PM	Dhivli Until 2:03AM Mon	Muruga: Blue	Sunset: 6:11PM	Moon 8 - Phase 20 - Purnima
Creative Work	Siddha Yoga	599828573 Rahu 4:31PM - 6:11PM	Visi Until 8:18AM	Nataraja: White		
		Grandparent's Day	Purnima* Until 7:12PM	Moon - Purple		Subha Sivaloka Day
				Bhadrapada-Avani		

Monday, September 8, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Kitchru Pakche Indu Vasara Yuktiyam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Balava/Tailila Karana Prathama/Dvitiyayam Titau				Warsaw, Poland Sutra 147
Silver Retreat Star		Gulika 1:12PM - 2:51PM	Purvaproshtapada* Until 3:34PM	Ganesh: Yellow	Sunrise: 4:58AM	Vasavasu 5:127
Kumbha Rasi: 27.35	Tithi 16 - 17	Yama 9:54AM - 11:33AM	Shula* Until 10:51PM	Muruga: Blue	Sunset: 6:08PM	Moon 8 - Phase 20 - Prathama
Family Home Evening	Marana Yoga	519828573 Rahu 6:37AM - 8:16AM	Balava Until 6:02AM	Nataraja: White		
Until 3:34PM			Prathama* Until 4:45PM	Moon - Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosphadapa/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Warsaw, Poland Sun 1 Sutra 148
Viswasa 5:127

Mesha Rasi: 12.02	Tithi 17 - 18	Gulika 11:33AM - 1:11PM	Uttaraprosphadapa Until 1:38PM	Ganesha: Yellow	Sunrise: 5:00AM	Moon 9 - Phase 21 - 1
		Yama 8:16AM - 9:55AM	Ganda* Until 7:28PM	Muruga: Blue	Sunset: 6:06PM	1st Phase
		519828573 Rahu 2:50PM - 4:28PM	Vanija Until 12:36AM Wed	Nataraja: White		
Creative Work	Amrita Yoga		Dvitiya Until 2:00PM	Moon - Clear		Subha Sivaloka Day
Until 1:38PM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

1

Wednesday, September 10, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Budha Vasara Yukatayam

Warsaw, Poland Sun 2 Sutra 149

Mesha Rasi: 26.37	Tithi 18 - 19	Gulika 9:55AM - 11:33AM	Revati Until 11:24AM	Ganesha: Yellow	Sunrise: 5:01AM	Viswasa 5:127
		Yama 6:39AM - 8:17AM	Viddhi Until 4:01PM	Muruga: Blue	Sunset: 6:04PM	Moon 9 - Phase 21 - 2
		519828573 Rahu 11:33AM - 1:10PM	Bava Until 9:42PM	Nataraja: White		1st Phase
Routine Work	Marana Yoga		Tritiya Until 11:08AM	Moon - Clear		Subha Sivaloka Day
				Bhadrapada-Avani		

2

Thursday, September 11, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Gara Vasara Yukatayam

Warsaw, Poland Sun 3 Sutra 150

Mesha Rasi: 11.14	Tithi 19 - 20	Gulika 8:18AM - 9:55AM	Ashvini Until 9:26AM	Ganesha: White	Sunrise: 5:03AM	Viswasa 5:127
		Yama 5:03AM - 6:40AM	Dhruva Until 12:32PM	Muruga: Blue	Sunset: 6:01PM	Moon 9 - Phase 21 - 3
		529828573 Rahu 1:10PM - 2:47PM	Kaulava Until 6:51PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:15AM	Moon - White		Sivaloka Day
Until 9:26AM				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

3

Friday, September 12, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukatayam

Warsaw, Poland Sun 4 Sutra 151

Mesha Rasi: 25.47	Tithi 21	Gulika 6:41AM - 8:18AM	Bharani Until 7:26AM	Ganesha: Blue	Sunrise: 5:05AM	Viswasa 5:127
		Yama 2:45PM - 4:22PM	Vyaghala* Until 9:11AM	Muruga: Blue	Sunset: 5:59PM	Moon 9 - Phase 21 - 4
		521828573 Rahu 9:55AM - 11:32AM	Gara Until 4:09PM	Nataraja: White		1st Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:52AM Sat	Moon - White		Sivaloka Day
				Bhadrapada-Avani		

4

Saturday, September 13, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Manita Vasara Yukatayam

Warsaw, Poland Sun 5 Sutra 152

Wishahba Rasi: 10.11	Tithi 22	Gulika 5:06AM - 6:43AM	Rohini Until 4:10AM Sun	Ganesha: Red	Sunrise: 5:06AM	Viswasa 5:127
		Yama 1:08PM - 2:44PM	Harshana Until 6:01AM	Muruga: Blue	Sunset: 5:57PM	Moon 9 - Phase 21 - 5
		531828573 Rahu 8:19AM - 9:55AM	Visli Until 1:42PM	Nataraja: White		1st Phase
Creative Work	Amrita Yoga		Saptami Until 12:34AM Sun	Moon - Yellow		Subha Sivaloka Day
Until 4:10AM Sun				Bhadrapada-Avani		
Then Creative Work	Siddha Yoga					

5

Sunday, September 14, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukatayam

Warsaw, Poland Sun 6 Sutra 153

Wishahba Rasi: 24.24	Tithi 23	Gulika 2:43PM - 4:19PM	Mrigashira Until 3:01AM Mon	Ganesha: Red	Sunrise: 5:08AM	Viswasa 5:127
		Yama 11:31AM - 1:07PM	Siddhi Until 12:24AM Mon	Muruga: Blue	Sunset: 5:54PM	Moon 9 - Phase 21 - 6
		531828573 Rahu 4:19PM - 5:54PM	Balava Until 11:34AM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashlami* Until 10:37PM	Moon - Yellow		Subha Sivaloka Day
				Bhadrapada-Avani		

Monday, September 15, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mase Krishna Paksha Indu Vasara Yukatayam

Warsaw, Poland Sun 7 Sutra 154

Mithuna Rasi: 8.22	Tithi 24	Gulika 1:06PM - 2:41PM	Ardra Until 2:08AM Tue	Ganesha: Red	Sunrise: 5:10AM	Viswasa 5:127
		Yama 9:56AM - 11:31AM	Vyailpala* Until 10:05PM	Muruga: Blue	Sunset: 5:52PM	Moon 9 - Phase 21 - 7
		531828573 Rahu 6:45AM - 8:20AM	Tailila Until 9:48AM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 9:03PM	Moon - Yellow		Subha Sivaloka Day
				Bhadrapada-Avani		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1

Tuesday, September 16, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakshe Mangala Vasara Yukhtayam
Panarasu Nakshatra Varjigha Yoga Vanija/Vsiti Karana Dashamyam TitauWarsaw, Poland
Sun 8 Sutra 155

Mithuna Rasi: 22.06 Tithi 25

Gulika 11:30AM - 1:05PM
Yama 8:21AM - 9:56AMPunarvasu Until 1:56AM Wed
Varjyan Until 8:04PMGanesha: Green Sunrise: 5:17AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

541828573

Rahu 2:40PM - 4:15PM

Dashami Until 7:54PM

Moon - Blue
Bhadrapada-Puratasi

Sivaloka Day

2

Wednesday, September 17, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakshe Budha Vasara Yukhtayam
Pushya Nakshatra Parigha Yoga Bava/Balavo Karana Ekadashyam TitauWarsaw, Poland
Sun 9 Sutra 156

Kalaka Rasi: 5.35 Tithi 26

Gulika 9:56AM - 11:30AM
Yama 6:47AM - 8:22AMPushya Until 2:02AM Thu
Parigha Until 6:24PMGanesha: Green Sunrise: 5:13AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

541828573

Rahu 11:30AM - 1:04PM

Bava Until 7:30AM

Nataraja: White
Moon - Blue
Bhadrapada-Puratasi

Sivaloka Day

3

Thursday, September 18, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakshe Guru Vasara Yukhtayam
Ashlesha Nakshatra Shiva/Siddha Yoga Kaulava/Talila Karana Dvadashyam TitauWarsaw, Poland
Sun 10 Sutra 157

Kalaka Rasi: 18.5 Tithi 27

Gulika 8:22AM - 9:56AM
Yama 5:15AM - 6:48AMAshlesha Until 2:25AM Fri
Shiva Until 5:07PMGanesha: Green Sunrise: 5:15AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 10
2nd Phase

Creative Work Siddha Yoga

541828573

Rahu 1:04PM - 2:37PM

Kaulava Until 7:00AM

Nataraja: White
Moon - Blue
Bhadrapada-Puratasi

Sivaloka Day

Until 2:25AM Fri
Then Routine Work - Marana Yoga

4

Friday, September 19, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakshe Sukra Vasara Yukhtayam
Magha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam TitauWarsaw, Poland
Sun 11 Sutra 158

Simha Rasi: 1.5 Tithi 28

Gulika 6:49AM - 8:23AM
Yama 2:36PM - 4:09PMMagha Until 3:34AM Sat
Siddha Until 4:09PMGanesha: White Sunrise: 5:16AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 11
2nd Phase

Routine Work Marana Yoga

551828573

Rahu 9:56AM - 11:29AM

Gara Until 6:58AM

Nataraja: White
Moon - Red
Bhadrapada-Puratasi

Sivaloka Day

Until 3:34AM Sat
Then Creative Work - Siddha Yoga

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakshe Mania Vasara Yukhtayam
Purvaphalguni Nakshatra Sadhya/Subha Yoga Visi/Sakuni Karana Amavasyayam TitauWarsaw, Poland
Sun 12 Sutra 159

Simha Rasi: 14.37 Tithi 29

Gulika 5:18AM - 6:51AM
Yama 1:02PM - 2:35PMPurvaphalguni Until 5:00AM Sun
Sadhya Until 3:34PMGanesha: White Sunrise: 5:18AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 12
2nd Phase

Creative Work Siddha Yoga

551828573

Rahu 8:23AM - 9:56AM

Visi Until 7:24AM

Nataraja: White
Moon - Red
Bhadrapada-Puratasi

Sivaloka Day

Until 5:00AM Sun
Then Creative Work - Amrita Yoga

●

Sunday, September 21, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada/Niaga Karana Amavasyayam TitauWarsaw, Poland
Sun 13 Sutra 160Retreat Star
Simha Rasi: 27.1 Tithi 30Gulika 2:33PM - 4:06PM
Yama 11:29AM - 1:01PMUttaraphalguni Until 6:44AM Mon
Subha Until 3:22PMGanesha: White Sunrise: 5:19AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 13
Amavasya

Creative Work Amrita Yoga

551828573

Rahu 4:06PM - 5:38PM

Catuspada Until 8:17AM

Nataraja: White
Moon - Red
Bhadrapada-Puratasi

Sivaloka Day

Until 6:44AM Mon
Then Creative Work - Siddha Yoga

Monday, September 22, 2025

Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakshe Indu Vasara Yukhtayam
Uttaraphalguni Nakshatra Sukla/Brahma Yoga Kintughna/Bava Karana Prathamayam TitauWarsaw, Poland
Sun 14 Sutra 161

Kanya Rasi: 9.32 Tithi 1

Gulika 1:06PM - 2:32PM
Yama 9:57AM - 11:28AMUttaraphalguni Until 6:44AM
Sukla Until 3:29PMGanesha: White Sunrise: 5:21AM
Muruga: Blue Sunset: 5:59PMVasavasu 5:127
Moon 9 - Phase 22 - 14
Prathama

Family Home Evening

551828573

Rahu 6:53AM - 8:25AM

Kintughna Until 9:39AM

Nataraja: White
Moon - Red
Ashvina-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Navaratri Begins

Prathama Until 10:28PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam Hasta/Chitra Nakshatra Brahmalndra Yoga Balava/Kaulava Karana Dvitiyayam Tilau				Warsaw, Poland Sun 15 Sutra 162
Kanya Rasi: 21.43	Tilhi 2	Gulika 11:28AM - 12:59PM	Hasla Until 9:11AM	Ganesha: Red	Sunrise: 5:23AM	Vasavasu 5:17
		Yama 8:25AM - 9:57AM	Brahma Until 3:54PM	Muruga: Blue	Sunset: 5:28PM	Moon 9 - Phase 23 - 15
Creative Work	Siddha Yoga	562828573 Rahu 2:31PM - 4:02PM	Balava Until 11:25AM	Nataraja: White		3rd Phase
			Dvitiya Until 12:25AM Wed	Moon - Green		
				Ashwina-Puratasi		Subha Sivaloka Day

2 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktiyam Chitra/Svati Nakshatra Indra/Vaidhiti/Vishkambha* Yoga Talilla/Gara Karana Tritiyayam Tilau				Warsaw, Poland Sun 16 Sutra 163
Tula Rasi: 3.45	Tilhi 3	Gulika 9:57AM - 11:28AM	Chitra Until 11:49AM	Ganesha: Red	Sunrise: 5:24AM	Vasavasu 5:17
		Yama 6:55AM - 8:26AM	Indra Until 4:36PM	Muruga: Blue	Sunset: 5:29PM	Moon 9 - Phase 23 - 16
Creative Work	Siddha Yoga	562828573 Rahu 11:28AM - 12:58PM	Talilla Until 1:32PM	Nataraja: White		3rd Phase
			Tritiya Until 2:40AM Thu	Moon - Green		
				Ashwina-Puratasi		Subha Sivaloka Day

3 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktiyam Svati/Vishakha Nakshatra Vaidhiti/Vishkambha* Yoga Vanija/Visli* Karana Chaturthiyam Tilau				Warsaw, Poland Sun 17 Sutra 164
Tula Rasi: 15.41	Tilhi 4	Gulika 8:27AM - 9:57AM	Svati Until 2:31PM	Ganesha: Red	Sunrise: 5:26AM	Vasavasu 5:17
		Yama 5:26AM - 6:56AM	Vaidhiti* Until 5:26PM	Muruga: Blue	Sunset: 5:29PM	Moon 9 - Phase 23 - 17
Creative Work	Amrita Yoga	562828573 Rahu 12:58PM - 2:28PM	Vanija Until 3:54PM	Nataraja: White		3rd Phase
Until 2:31PM			Chaturthi* Until 5:06AM Fri	Moon - Green		
Then Creative Work - Siddha Yoga				Ashwina-Puratasi		Subha Sivaloka Day

4 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktiyam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Bava Karana Panchamyam Tilau				Warsaw, Poland Sun 18 Sutra 165
Tula Rasi: 27.34	Tilhi 5	Gulika 6:58AM - 8:27AM	Vishakha Until 5:40PM	Ganesha: Blue	Sunrise: 5:28AM	Vasavasu 5:17
		Yama 2:27PM - 3:56PM	Vishkambha* Until 6:21PM	Muruga: Blue	Sunset: 5:29PM	Moon 9 - Phase 23 - 18
Creative Work	Siddha Yoga	572828573 Rahu 9:57AM - 11:27AM	Bava Until 6:22PM	Nataraja: White		3rd Phase
			Panchami Until 7:35AM Sat	Moon - Orange		
				Ashwina-Puratasi		Subha Subha Sivaloka Day

5 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktiyam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashmyam Tilau				Warsaw, Poland Sun 19 Sutra 166
Wishika Rasi: 9.25	Tilhi 5 - 6	Gulika 5:29AM - 6:59AM	Anuradha Until 8:37PM	Ganesha: Red	Sunrise: 5:29AM	Vasavasu 5:17
		Yama 12:56PM - 2:25PM	Priti Until 7:16PM	Muruga: Blue	Sunset: 5:29PM	Moon 9 - Phase 23 - 19
Creative Work	Siddha Yoga	672828573 Rahu 8:28AM - 9:57AM	Kaulava Until 8:48PM	Nataraja: White		3rd Phase
			Panchami Until 7:35AM	Moon - Orange		
				Ashwina-Puratasi		Subha Sivaloka Day

6 Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktiyam Jyeshtha* Nakshatra Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau				Warsaw, Poland Sun 20 Sutra 167
Wishika Rasi: 21.19	Tilhi 6 - 7	Gulika 2:24PM - 3:53PM	Jyeshtha* Until 11:12PM	Ganesha: Green	Sunrise: 5:31AM	Vasavasu 5:17
		Yama 11:26AM - 12:55PM	Ayushman Until 8:00PM	Muruga: Blue	Sunset: 5:31PM	Moon 9 - Phase 23 - 20
Routine Work	Marana Yoga	672928573 Rahu 3:53PM - 5:21PM	Gara Until 11:02PM	Nataraja: White		3rd Phase
Until 11:12PM			Shashthi* Until 9:56AM	Moon - Orange		
Then Creative Work - Amrita Yoga				Ashwina-Puratasi		Sivaloka Day

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktiyam Mula* Nakshatra Saubhagya Yoga Vanija/Visli* Karana Sapthami/Ashamyam Tilau				Warsaw, Poland Sun 21 Sutra 168
Retreat Star		Gulika 12:54PM - 2:23PM	Mula* Until 1:45AM Tue	Ganesha: Red	Sunrise: 5:33AM	Vasavasu 5:17
Dhanus Rasi: 3.19	Tilhi 7 - 8	Yama 9:58AM - 11:26AM	Saubhagya Until 8:28PM	Muruga: Blue	Sunset: 5:39PM	Moon 9 - Phase 23 - 21
Family Home Evening		682928573 Rahu 7:01AM - 8:29AM	Visli Until 12:52AM Tue	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Saptami Until 12:00PM	Moon - Light Blue		
		Durga Ashtami		Ashwina-Puratasi		Subha Sivaloka Day

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam Purvashadha* Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Tilau				Warsaw, Poland Sun 22 Sutra 169
Retreat Star		Gulika 11:26AM - 12:53PM	Purvashadha* Until 3:35AM Wed	Ganesha: Red	Sunrise: 5:34AM	Vasavasu 5:17
Dhanus Rasi: 15.29	Tilhi 8 - 9	Yama 8:30AM - 9:58AM	Sobhana Until 8:32PM	Muruga: Blue	Sunset: 5:37PM	Moon 9 - Phase 23 - 22
Creative Work	Siddha Yoga	682928573 Rahu 2:21PM - 3:49PM	Balava Until 2:09AM Wed	Nataraja: White		Navami
Until 3:35AM Wed		Saraswathi Puja (Tamil Nadu)	Ashtami* Until 1:34PM	Moon - Light Blue		
Then Creative Work - Amrita Yoga				Ashwina-Puratasi		Subha Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1		Wednesday, October 1, 2025				Warsaw, Poland	
Dhanus Rasi: 27.55		Tithi 9 - 10		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Budha Varsara Yuktayam Utlarashadha Nakshatra Abhiganda* Yoga Kaulava/Tailila Karana Navami/Dashamam Titau		Sun 23 Sutra 170	
Creative Work		Amrita Yoga		Gulika 9:58AM - 11:25AM Yama 7:03AM - 8:31AM Rahu 11:25AM - 12:53PM		Utlarashadha Until 4:34AM Thu Abhiganda* Until 8:03PM Tailila Until 2:44AM Thu Navami* Until 2:31PM	
Until 4:34AM Thu		Then Creative Work - Siddha Yoga		Vijaya Dasami		Ganesha: Red Sunrise: 5:36AM Muruga: Blue Sunset: 5:14PM Nataraja: White Moon - Light Blue Ashwini-Puratasi	
						Subha Sivaloka Day	

2		Thursday, October 2, 2025				Warsaw, Poland	
Makara Rasi: 10.41		Tithi 10 - 11		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Guru Varsara Yuktayam Shravana Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 171	
Creative Work		Siddha Yoga		Gulika 8:31AM - 9:58AM Yama 5:38AM - 7:05AM Rahu 12:52PM - 2:19PM		Shravana Until 5:05AM Fri Sukarma Until 6:59PM Vanija Until 2:31AM Fri Dashami Until 2:42PM	
Until 4:41AM Sat		Then Creative Work - Amrita Yoga		Kadalswami Mahasamadhhi		Ganesha: Blue Sunrise: 5:38AM Muruga: Blue Sunset: 5:12PM Nataraja: White Moon - Purple Ashwini-Puratasi	
						Sivaloka Day	

3		Friday, October 3, 2025				Warsaw, Poland	
Makara Rasi: 23.5		Tithi 11 - 12		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Sukra Varsara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visli*Beva Karana Ekadashi/Dwadashyam Titau		Sun 25 Sutra 172	
Creative Work		Siddha Yoga		Gulika 7:04AM - 8:32AM Yama 2:17PM - 3:44PM Rahu 9:58AM - 11:25AM		Dhanishtha Until 4:41AM Sat Dhriti Until 5:18PM Bava Until 1:30AM Sat Ekadashi Until 2:05PM	
Until 4:41AM Sat		Then Creative Work - Amrita Yoga		Kadalswami Mahasamadhhi		Ganesha: Blue Sunrise: 5:39AM Muruga: Blue Sunset: 5:10PM Nataraja: White Moon - Purple Ashwini-Puratasi	
						Sivaloka Day	

4		Saturday, October 4, 2025				Warsaw, Poland	
Kumbha Rasi: 7.25		Tithi 12 - 13		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Manu Varsara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodshyam Titau		Sun 26 Sutra 173	
Creative Work		Amrita Yoga		Gulika 5:41AM - 7:07AM Yama 12:50PM - 2:16PM Rahu 8:33AM - 9:59AM		Shatabhishak Until 3:24AM Sun Shula* Until 2:58PM Kaulava Until 11:45PM Dvadashi Until 12:42PM	
Until 3:24AM Sun		Then Creative Work - Siddha Yoga		Kadalswami Mahasamadhhi		Ganesha: Blue Sunrise: 5:41AM Muruga: Blue Sunset: 5:07PM Nataraja: White Moon - Purple Ashwini-Puratasi	
						Sivaloka Day	

5		Sunday, October 5, 2025				Warsaw, Poland	
Kumbha Rasi: 21.26		Tithi 13 - 14		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Bharu Varsara Yuktayam Purvaprosarthpada* Nakshatra Ganda/Vridhi Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 174	
Creative Work		Siddha Yoga		Gulika 2:15PM - 3:40PM Yama 11:24AM - 12:49PM Rahu 3:40PM - 5:05PM		Purvaprosarthpada* Until 1:47AM Mon Ganda* Until 12:05PM Gara Until 9:21PM Trayodashi Until 10:36AM	
Until 4:41AM Sat		Then Creative Work - Amrita Yoga		Chidambaram Abhishekam		Ganesha: White Sunrise: 5:43AM Muruga: Blue Sunset: 5:05PM Nataraja: White Moon - Clear Ashwini-Puratasi	
						Sivaloka Day	

Monday, October 6, 2025		Copper Retreat Star				Warsaw, Poland	
Meena Rasi: 5.53		Tithi 14 - 15		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Pakche Indu Varsara Yuktayam Utlarashadha Nakshatra Vridhi/Dhruva Yoga Vanja/Vesli* Karana Chaturdashi/Purnimayam Titau		Sun 28 Sutra 175	
Family Home Evening		Creative Work		Gulika 12:49PM - 2:13PM Yama 9:59AM - 11:24AM Rahu 7:09AM - 8:34AM		Utlarashadha Until 11:33PM Vridhi Until 8:45AM Visli Until 6:26PM Chaturdashi* Until 7:56AM	
Until 4:41AM Sat		Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Ganesha: Clear Sunrise: 5:45AM Muruga: Blue Sunset: 5:03PM Nataraja: White Moon - Clear Ashwini-Puratasi	
						Subha Sivaloka Day	

Tuesday, October 7, 2025		Silver Retreat Star				Warsaw, Poland	
Meena Rasi: 20.39		Tithi 16		Viswasesu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Pakche Mangala Varsara Yuktayam Revati Nakshatra Vyaghala* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 176	
Creative Work		Siddha Yoga		Gulika 11:23AM - 12:48PM Yama 8:35AM - 9:59AM Rahu 2:12PM - 3:36PM		Revati Until 8:52PM Vyaghala* Until 1:06AM Wed Balava Until 3:10PM Prathama* Until 1:26AM Wed	
Until 4:41AM Sat		Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Ganesha: Clear Sunrise: 5:46AM Muruga: Blue Sunset: 5:01PM Nataraja: White Moon - Clear Ashwini-Puratasi	
						Subha Sivaloka Day	

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam Titau

Warsaw, Poland

Sutra 177

Mesha Rasi: 5.37	Tithi 17	Gulika 9:59AM - 11:23AM	Ashvini Until 6:17PM	Ganesh: White	Sunrise: 5:46AM	Voxasau 5:127
		Yama 7:12AM - 8:36AM	Harshana Until 9:05PM	Muruga: Blue	Sunset: 4:58PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 11:23AM - 12:47PM	Tailila Until 11:42AM	Nataraja: Clear		
Routine Work	Marana Yoga		Dvitiya Until 9:56PM	Moon - White		Subha Sivaloka Day
Until 6:17PM				Ashvina-Puratasi		
Then Creative Work	Siddha Yoga					

1 Thursday, October 9, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra/Siddhi Yoga Vanja/Visli/ Karana Trilyayam Titau

Warsaw, Poland

Sutra 178

Mesha Rasi: 20.4	Tithi 18	Gulika 8:36AM - 10:00AM	Bharani Until 3:35PM	Ganesh: White	Sunrise: 5:50AM	Voxasau 5:127
		Yama 5:50AM - 7:13AM	Vajra Until 5:04PM	Muruga: Blue	Sunset: 4:56PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 12:46PM - 2:09PM	Vanija Until 8:12AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Tritiya Until 6:28PM	Moon - White		Subha Sivaloka Day
Until 3:35PM				Ashvina-Puratasi		
Then Routine Work	Marana Yoga					

2 Friday, October 10, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyjalpala/ Yoga Balava/Kaulava Karana Chalurithi/Panchamyam Titau

Warsaw, Poland

Sutra 179

Wishabha Rasi: 5.37	Tithi 19 - 20	Gulika 7:14AM - 8:37AM	Krittika Until 12:55PM	Ganesh: White	Sunrise: 5:51AM	Voxasau 5:127
		Yama 2:08PM - 3:31PM	Siddhi Until 1:13PM	Muruga: Blue	Sunset: 4:56PM	Moon 10 - Phase 25 - 2 1st Phase
		633928574 Rahu 10:00AM - 11:23AM	Kaulava Until 1:42AM Sat	Nataraja: Clear		
Creative Work	Siddha Yoga		Chalurithi Until 3:12PM	Moon - White		Subha Sivaloka Day
Until 12:55PM				Ashvina-Puratasi		
Then Routine Work	Marana Yoga					

3 Saturday, October 11, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mania Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyjalpala/Variyan Yoga Talila/Gara Karana Panchami/Shashthiyam Titau

Warsaw, Poland

Sutra 180

Wishabha Rasi: 20.22	Tithi 20 - 21	Gulika 5:53AM - 7:15AM	Rohini Until 10:51AM	Ganesh: Yellow	Sunrise: 5:53AM	Voxasau 5:127
		Yama 12:45PM - 2:07PM	Vyjalpala Until 9:39AM	Muruga: Blue	Sunset: 4:59PM	Moon 10 - Phase 25 - 3 1st Phase
		633928574 Rahu 8:38AM - 10:00AM	Gara Until 10:59PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Panchami Until 12:16PM	Moon - Yellow		Sivaloka Day
Until 10:51AM				Ashvina-Puratasi		
Then Creative Work	Siddha Yoga					

4 Sunday, October 12, 2025Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Varjyan/Parigraha/ Yoga Vanja/Visli/ Karana Shashthi/Saptamyam Titau

Warsaw, Poland

Sutra 181

Mithuna Rasi: 4.49	Tithi 21 - 22	Gulika 2:06PM - 3:28PM	Mrigashira Until 9:07AM	Ganesh: Yellow	Sunrise: 5:55AM	Voxasau 5:127
		Yama 11:22AM - 12:44PM	Varjyan Until 6:25AM	Muruga: Blue	Sunset: 4:49PM	Moon 10 - Phase 25 - 4 1st Phase
		633928574 Rahu 3:28PM - 4:49PM	Visli Until 8:48PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Shashthi Until 9:48AM	Moon - Yellow		Sivaloka Day
				Ashvina-Puratasi		

Monday, October 13, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Warsaw, Poland

Sutra 182

Mithuna Rasi: 18.53	Tithi 22 - 23	Gulika 12:43PM - 2:04PM	Ardra Until 7:47AM	Ganesh: Yellow	Sunrise: 5:57AM	Voxasau 5:127
		Yama 10:01AM - 11:22AM	Shiva Until 1:23AM Tue	Muruga: Blue	Sunset: 4:47PM	Moon 10 - Phase 25 - 5 Ashtami
		633928574 Rahu 7:18AM - 8:39AM	Balava Until 7:12PM	Nataraja: Clear		
Family Home Evening			Sapthami Until 7:54AM	Moon - Yellow		Sivaloka Day
Creative Work	Siddha Yoga			Ashvina-Puratasi		
Until 7:47AM						
Then Creative Work	Amrita Yoga					

Tuesday, October 14, 2025**Retreat Star**Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksho Mangata Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Warsaw, Poland

Sutra 183

Kataka Rasi: 2.34	Tithi 23 - 24	Gulika 11:22AM - 12:42PM	Punarvasu Until 7:21AM	Ganesh: Blue	Sunrise: 5:58AM	Voxasau 5:127
		Yama 8:40AM - 10:01AM	Siddha Until 11:37PM	Muruga: Blue	Sunset: 4:45PM	Moon 10 - Phase 25 - 6 Navami
		643928574 Rahu 2:03PM - 3:24PM	Tailila Until 6:15PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ashtami Until 6:38AM	Moon - Blue		Subha Sivaloka Day
				Ashvina-Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Budha Vasara Yuktayam Pushya/Ashlesha Nakshatra Sadhya Yoga Gara/Visli Karana Navami/Dashmyam Tilau		Warsaw, Poland Sun 7 Sutra 184
Kataka Rasi: 15.52	TITHI 24 – 25	Gulika 10:01AM – 11:21AM	Pushya Untill 7:26AM	Ganesh: Blue	Sunrise: 6:00AM	Vasavasu 5:17
		Yama 7:00AM – 8:41AM	Sadhya Untill 10:23PM	Muruga: Blue	Sunset: 4:49PM	Moon 10 - Phase 26 - 7
Creative Work	Siddha Yoga	Rahu 11:21AM – 12:42PM	Visli Untill 6:03AM Thu	Nataraja: Clear		2nd Phase
			Navami* Untill 6:01AM	Moon - Blue		
				Ashvina-Puratasi		Subha Sivaloka Day

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Guru Vasara Yuktayam Ashlesha/Magha Nakshatra Subha Yoga Visli/Bava Karana Dashami/Ekadashtyam Tilau		Warsaw, Poland Sun 8 Sutra 185
Kataka Rasi: 28.5	TITHI 25 – 26	Gulika 8:41AM – 10:01AM	Ashlesha* Untill 7:59AM	Ganesh: Blue	Sunrise: 6:02AM	Vasavasu 5:17
		Yama 6:02AM – 7:22AM	Subha Untill 9:38PM	Muruga: Blue	Sunset: 4:49PM	Moon 10 - Phase 26 - 8
Creative Work	Siddha Yoga	Rahu 12:41PM – 2:01PM	Bava Untill 6:19PM	Nataraja: Clear		2nd Phase
Untill 7:59AM			Dashami Untill 6:03AM	Moon - Blue		
Then Creative Work - Amrita Yoga				Ashvina-Puratasi		Subha Sivaloka Day

3		Friday, October 17, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Sukla Yoga Bhalava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Warsaw, Poland Sun 9 Sutra 186
Simha Rasi: 11.32	TITHI 26 – 27	Gulika 7:23AM – 8:42AM	Magha* Untill 9:25AM	Ganesh: Red	Sunrise: 6:04AM	Vasavasu 5:17
		Yama 2:00PM – 3:19PM	Sukla Untill 9:16PM	Muruga: Blue	Sunset: 4:38PM	Moon 10 - Phase 26 - 9
Routine Work	Marana Yoga	Rahu 10:02AM – 11:21AM	Kaulava Untill 7:12PM	Nataraja: Clear		2nd Phase
Untill 9:25AM			Ekadashi* Untill 6:40AM	Moon - Red		
Then Routine Work - Siddha Yoga				Ashvina-Alpasi		Sivaloka Day

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mrita Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Warsaw, Poland Sun 10 Sutra 187
Simha Rasi: 24	TITHI 27 – 28	Gulika 6:05AM – 7:24AM	Purvaphalguni Untill 11:10AM	Ganesh: Red	Sunrise: 6:05AM	Vasavasu 5:17
		Yama 12:40PM – 1:58PM	Brahma Untill 9:17PM	Muruga: Blue	Sunset: 4:36PM	Moon 10 - Phase 26 - 10
Creative Work	Siddha Yoga	Rahu 8:43AM – 10:02AM	Gara Untill 8:34PM	Nataraja: Clear		2nd Phase
Untill 11:10AM			Dvadashi* Untill 7:49AM	Moon - Red		
Then Routine Work - Marana Yoga				Ashvina-Alpasi		Sivaloka Day
				<i>Pradosha Vata (Fasting)</i>		

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Shrova Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Visli Karana Trayodashi/Chaturdashyam Tilau		Warsaw, Poland Sun 11 Sutra 188
Kanya Rasi: 6.16	TITHI 28 – 29	Gulika 1:57PM – 3:16PM	Uttaraphalguni Untill 1:10PM	Ganesh: Red	Sunrise: 6:07AM	Vasavasu 5:17
		Yama 11:21AM – 12:39PM	Indra Untill 9:35PM	Muruga: Blue	Sunset: 4:34PM	Moon 10 - Phase 26 - 11
Creative Work	Amrita Yoga	Rahu 3:16PM – 4:34PM	Visli Untill 10:19PM	Nataraja: Clear		2nd Phase
Untill 3:48PM			Trayodashi* Untill 9:23AM	Moon - Red		
Then Routine Work - Prabalashtha Yoga		Deepavali Hindu Solidarity Day		Ashvina-Alpasi		Sivaloka Day

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhiti* Yoga Sakuni/Catuspada Karana Chaturdashi/Amavasyayam Tilau		Warsaw, Poland Sun 12 Sutra 189
Kanya Rasi: 18.24	TITHI 29 – 30	Gulika 12:38PM – 1:56PM	Hasla Untill 3:48PM	Ganesh: Blue	Sunrise: 6:09AM	Vasavasu 5:17
Family Home Evening		Yama 10:03AM – 11:20AM	Vaidhiti* Untill 10:06PM	Muruga: Blue	Sunset: 4:32PM	Moon 10 - Phase 26 - 12
Creative Work	Siddha Yoga	Rahu 7:27AM – 8:45AM	Catuspada Untill 12:22AM Tue	Nataraja: Clear		Amavasya
Untill 3:48PM			Chaturdashi* Untill 11:18AM	Moon - Green		
Then Routine Work - Prabalashtha Yoga				Ashvina-Alpasi		Devaloka Day

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Naga/Kintughni Karana Amavasya/Prathamayam Tilau		Warsaw, Poland Sun 13 Sutra 190
Tula Rasi: 0.25	TITHI 30 – 1	Gulika 11:20AM – 12:38PM	Chitra Untill 6:31PM	Ganesh: Blue	Sunrise: 6:11AM	Vasavasu 5:17
		Yama 8:45AM – 10:03AM	Vishkambha* Untill 10:48PM	Muruga: Blue	Sunset: 4:30PM	Moon 10 - Phase 26 - 13
Creative Work	Siddha Yoga	Rahu 1:55PM – 3:12PM	Kintughni Untill 2:39AM Wed	Nataraja: Clear		Prathama
			Amavasya* Untill 1:28PM	Moon - Green		
		Subramuniyaswami Mahasamadhi		Kartika-Alpasi		Devaloka Day
		Skanda Shasthi Begins				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Wednesday, October 22, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Warsaw, Poland			
	Sivali Nakshatra Pili Yoga Bava/Balava Karana Prathama/Duliyayam Titau Sun 14 Sutra 191					
Tula Rasi: 12.22	Tilthi 1 – 2	Gulika 10:03AM – 11:20AM	Sivali Untill 9:14PM	Ganesh: Blue	Sunrise: 6:12AM	Vasawasu 5:127
		Yama 7:29AM – 8:46AM	Priili Untill 11:38PM	Muruga: Yellow	Sunset: 4:28PM	Moon 10 - Phase 27 - 14
Creative Work	Siddha Yoga	Rahu 11:20AM – 12:37PM	Balava Untill 5:05AM Thu	Nataraja: Clear		3rd Phase
			Prathama* Untill 3:50PM	Moon – Orange		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

2	Thursday, October 23, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Warsaw, Poland			
	Vishakha Nakshatra Ayushman Yoga Kaulava Karana Dulliyayam Titau Sun 15 Sutra 192					
Tula Rasi: 24.14	Tilthi 2	Gulika 8:47AM – 10:03AM	Vishakha Untill 12:22AM Fri	Ganesh: White	Sunrise: 6:14AM	Vasawasu 5:127
		Yama 6:14AM – 7:31AM	Ayushman Untill 12:30AM Fri	Muruga: Yellow	Sunset: 4:26PM	Moon 10 - Phase 27 - 15
Creative Work	Siddha Yoga	Rahu 12:36PM – 1:53PM	Kaulava Untill 6:19PM	Nataraja: Clear		3rd Phase
			Dvitiya Untill 6:19PM	Moon – Orange		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

3	Friday, October 24, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Warsaw, Poland			
	Anuradha Nakshatra Saubhaga Yoga Talila/Gara Karana Triliyayam Titau Sun 16 Sutra 193					
Wischika Rasi: 6.06	Tilthi 3	Gulika 7:32AM – 8:48AM	Anuradha Untill 3:21AM Sat	Ganesh: White	Sunrise: 6:16AM	Vasawasu 5:127
		Yama 1:52PM – 3:08PM	Saubhaga Untill 1:24AM Sat	Muruga: Yellow	Sunset: 4:24PM	Moon 10 - Phase 27 - 16
Creative Work	Siddha Yoga	Rahu 10:04AM – 11:20AM	Tailila Untill 7:36AM	Nataraja: Clear		3rd Phase
			Tritiya Untill 8:50PM	Moon – Orange		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

4	Saturday, October 25, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantu Vasara Yuktayam Warsaw, Poland			
	Anuradha Nakshatra Saubhaga Yoga Vanija/Vesli* Karana Chalutrayam Titau Sun 17 Sutra 194					
Wischika Rasi: 17.58	Tilthi 4	Gulika 6:18AM – 7:33AM	Jyeshtha* Untill 6:05AM Sun	Ganesh: White	Sunrise: 6:18AM	Vasawasu 5:127
		Yama 12:35PM – 1:51PM	Sobhana Untill 2:14AM Sun	Muruga: Yellow	Sunset: 4:22PM	Moon 10 - Phase 27 - 17
Creative Work	Siddha Yoga	Rahu 8:49AM – 10:04AM	Vanija Untill 10:06AM	Nataraja: Clear		3rd Phase
Untill 6:05AM Sun			Chalutrihi* Untill 11:17PM	Moon – Orange		Bhuloka Day
Then Creative Work - Amrita Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

5	Sunday, October 26, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam Warsaw, Poland			
	Mula*Purvashadha* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 195					
Wischika Rasi: 29.52	Tilthi 5	Gulika 1:50PM – 3:05PM	Jyeshtha* Untill 6:05AM	Ganesh: White	Sunrise: 6:20AM	Vasawasu 5:127
		Yama 11:20AM – 12:35PM	Athiganda* Untill 2:54AM Mon	Muruga: Yellow	Sunset: 4:20PM	Moon 10 - Phase 27 - 18
Routine Work	Marana Yoga	Rahu 3:05PM – 4:20PM	Bava Untill 12:29PM	Nataraja: Clear		3rd Phase
Untill 6:05AM			Panchami Untill 1:33AM Mon	Moon – Orange		Bhuloka Day
Then Creative Work - Amrita Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

6	Monday, October 27, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Warsaw, Poland			
	Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Tailila Karana Shashmyam Titau Sun 19 Sutra 196					
Dhanus Rasi: 11.51	Tilthi 6	Gulika 12:34PM – 1:48PM	Mula* Untill 8:55AM	Ganesh: Clear	Sunrise: 6:21AM	Vasawasu 5:127
Family Home Evening		Yama 10:05AM – 11:19AM	Sukama Untill 3:19AM Tue	Muruga: Yellow	Sunset: 4:18PM	Moon 10 - Phase 27 - 19
Creative Work	Siddha Yoga	Rahu 7:36AM – 8:50AM	Kaulava Untill 2:36PM	Nataraja: Clear		3rd Phase
Untill 8:55AM			Shashthi* Untill 3:29AM Tue	Moon – Light Blue		Devaloka Day
Then Routine Work - Marana Yoga		Skanda Shashi		Kartika-Alpasi		

7	Tuesday, October 28, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Warsaw, Poland			
	Purvashadha*Uttarashadha Nakshatra Dhivli Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 197					
Dhanus Rasi: 23.59	Tilthi 7	Gulika 11:19AM – 12:33PM	Purvashadha* Untill 11:14AM	Ganesh: Clear	Sunrise: 6:23AM	Vasawasu 5:127
		Yama 8:51AM – 10:05AM	Dhivli Untill 3:22AM Wed	Muruga: Yellow	Sunset: 4:16PM	Moon 10 - Phase 27 - 20
Creative Work	Siddha Yoga	Rahu 1:47PM – 3:02PM	Gara Untill 4:17PM	Nataraja: Clear		3rd Phase
Untill 11:14AM			Saptami Untill 4:54AM Wed	Moon – Light Blue		Devaloka Day
Then Routine Work - Prabalarishta Yoga				Kartika-Alpasi		

8	Wednesday, October 29, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Warsaw, Poland			
	Uttarashadha*Uttarashadha Nakshatra Shula* Yoga Vesli*/Bava Karana Ashtamyam Titau Sun 21 Sutra 198					
Makara Rasi: 6.2	Tilthi 8	Gulika 10:06AM – 11:19AM	Uttarashadha Untill 12:51PM	Ganesh: Clear	Sunrise: 6:25AM	Vasawasu 5:127
		Yama 7:39AM – 8:52AM	Shula* Untill 2:52AM Thu	Muruga: Yellow	Sunset: 4:14PM	Moon 10 - Phase 27 - 21
Creative Work	Amrita Yoga	Rahu 11:19AM – 12:33PM	Vesli Untill 5:24PM	Nataraja: Clear		Ashtami
Untill 12:51PM			Ashlami* Untill 5:39AM Thu	Moon – Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Kartika-Alpasi		

9	Thursday, October 30, 2025		Viswawasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Warsaw, Poland			
	Shravana/Dhanishta Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 199					
Makara Rasi: 18.58	Tilthi 9	Gulika 8:53AM – 10:06AM	Shravana Untill 2:06PM	Ganesh: Purple	Sunrise: 6:27AM	Vasawasu 5:127
		Yama 6:27AM – 7:40AM	Ganda* Untill 1:47AM Fri	Muruga: Yellow	Sunset: 4:12PM	Moon 10 - Phase 27 - 22
Creative Work	Siddha Yoga	Rahu 12:32PM – 1:45PM	Balava Untill 5:45PM	Nataraja: Clear		Navami
			Navami* Untill 5:37AM Fri	Moon – Purple		Bhuloka Day
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1 Friday, October 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Sakra Vasara Yuktyayam Dhanishtha/Shatabhishak Nakshatra Vitau				Warsaw, Poland Sun 23 Sutra 200	
Kumbha Rasi: 2	Tithi 10	Gulika 7:41AM - 8:54AM	Dhanishtha Untill 2:23PM	Ganesha: Purple	Sunrise: 6:29AM	Vasavasu 5:17	
		Yama 1:44PM - 2:57PM	Viddhi Untill 12:04AM Sat	Muruga: Yellow	Sunset: 4:10PM	Moon 10 - Phase 2B - 23	
Creative Work	Siddha Yoga	694138574 Rahu 10:07AM - 11:19AM	Tailita Untill 5:18PM	Nataraja: Clear		4th Phase	
			Dashami Untill 4:44AM Sat	Moon - Purple		Bhuloka Day	
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM	

2 Saturday, November 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Mantra Vasara Yuktyayam Shatabhishak/Puravroshthapada Nakshatra Dhruva Yoga Vanjira/Visli Karana Ekadashyam Titau				Warsaw, Poland Sun 24 Sutra 201	
Kumbha Rasi: 15.28	Tithi 11	Gulika 6:30AM - 7:43AM	Shatabhishak Untill 1:42PM	Ganesha: Purple	Sunrise: 6:30AM	Vasavasu 5:17	
		Yama 12:31PM - 1:44PM	Dhruva Untill 9:39PM	Muruga: Yellow	Sunset: 4:08PM	Moon 10 - Phase 2B - 24	
Creative Work	Amrita Yoga	694138574 Rahu 8:55AM - 10:07AM	Vanjira Untill 4:00PM	Nataraja: Clear		4th Phase	
Untill 1:42PM			Ekadashi Untill 3:02AM Sun	Moon - Purple		Bhuloka Day	
Then Routine Work - Marana Yoga				Kartika-Alpasi		Devaloka Time: 3PM to 6PM	

3 Sunday, November 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Bhava Vasara Yuktyayam Puravroshthapada/Ultravroshthapada Nakshatra Vyagata Yoga Bava/Balava Karana Dvadashyam Titau				Warsaw, Poland Sun 25 Sutra 202	
Kumbha Rasi: 29.26	Tithi 12	Gulika 1:43PM - 2:54PM	Puravroshthapada Untill 12:33PM	Ganesha: Clear	Sunrise: 6:22AM	Vasavasu 5:17	
		Yama 11:19AM - 12:31PM	Vyagata Untill 6:39PM	Muruga: Yellow	Sunset: 4:06PM	Moon 10 - Phase 2B - 25	
Creative Work	Siddha Yoga	615138574 Rahu 2:54PM - 4:06PM	Bava Untill 1:55PM	Nataraja: Clear		4th Phase	
Untill 12:33PM			Dvadashi Untill 12:36AM Mon	Moon - Clear		Devaloka Day	
Then Creative Work - Amrita Yoga				Kartika-Alpasi			

4 Monday, November 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Indu Vasara Yuktyayam Ultravroshthapada/Revati Nakshatra Harshana/Vajra Yoga Kaulava/Tailita Karana Trayodashyam Titau				Warsaw, Poland Sun 26 Sutra 203	
Meena Rasi: 13.52	Tithi 13	Gulika 12:30PM - 1:42PM	Ultravroshthapada Untill 10:34AM	Ganesha: Clear	Sunrise: 6:24AM	Vasavasu 5:17	
Family Home Evening		Yama 10:08AM - 11:19AM	Harshana Untill 3:08PM	Muruga: Yellow	Sunset: 4:04PM	Moon 10 - Phase 2B - 26	
Creative Work	Siddha Yoga	615138574 Rahu 7:45AM - 8:57AM	Kaulava Untill 11:10AM	Nataraja: Clear		4th Phase	
			Trayodashi Untill 9:34PM	Moon - Clear		Devaloka Day	
				Kartika-Alpasi			

Pradosha Vata

5 Tuesday, November 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Mangala Vasara Yuktyayam Revati/Ashvini Nakshatra Vajra/Siddhi Yoga Gara/Vanjira Karana Chaturdashyam Titau				Warsaw, Poland Sun 27 Sutra 204	
Kumbha Rasi: 28.43	Tithi 14	Gulika 11:19AM - 12:30PM	Revati Untill 7:55AM	Ganesha: Clear	Sunrise: 6:26AM	Vasavasu 5:17	
		Yama 8:57AM - 10:08AM	Vajra Untill 11:11AM	Muruga: Yellow	Sunset: 4:03PM	Moon 10 - Phase 2B - 27	
Creative Work	Siddha Yoga	615138574 Rahu 1:41PM - 2:52PM	Gara Untill 7:54AM	Nataraja: Clear		4th Phase	
			Chaturdashi Untill 6:06PM	Moon - Clear		Devaloka Day	
				Kartika-Alpasi			

Wednesday, November 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Budha Vasara Yuktyayam Bharani Nakshatra Siddhi/Vyalipata Yoga Bava/Balava Karana Prathamam Titau				Warsaw, Poland Sun 28 Sutra 205	
Copper Retreat Star		Gulika 10:09AM - 11:19AM	Bharani Untill 2:06AM Thu	Ganesha: Purple	Sunrise: 6:28AM	Vasavasu 5:17	
Mesha Rasi: 13.51	Tithi 15 - 16	Yama 7:48AM - 8:58AM	Siddhi Untill 6:58AM	Muruga: Yellow	Sunset: 4:01PM	Moon 10 - Phase 2B - Purnima	
Creative Work	Siddha Yoga	625138574 Rahu 11:19AM - 12:30PM	Balava Untill 12:26AM Thu	Nataraja: Clear			
Untill 2:06AM Thu			Purnima Untill 2:21PM	Moon - White		Sivaloka Day	
Then Routine Work - Marana Yoga				Kartika-Alpasi			

Thursday, November 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Sukla Pakhe Guru Vasara Yuktyayam Kritika Nakshatra Varjyan Yoga Kaulava/Tailita Karana Prathamam/Dvityayam Titau				Warsaw, Poland Sun 29 Sutra 206	
Silver Retreat Star		Gulika 8:59AM - 10:09AM	Kritika Untill 10:55PM	Ganesha: Purple	Sunrise: 6:30AM	Vasavasu 5:17	
Mesha Rasi: 29.08	Tithi 16 - 17	Yama 6:39AM - 7:49AM	Varjyan Untill 10:15PM	Muruga: Yellow	Sunset: 2:59PM	Moon 10 - Phase 2B - Prathama	
Routine Work	Marana Yoga	625138574 Rahu 12:29PM - 1:39PM	Tailita Untill 8:35PM	Nataraja: Clear			
			Prathama Untill 10:29AM	Moon - White		Sivaloka Day	
				Kartika-Alpasi			

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Friday, November 7, 2025****Gold Retreat Star**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyayam Titau				Warsaw, Poland Sun 1 Sutra 207	
Wishabha Rasi: 14.24	Tithi 17 - 18	Gulika 7:51AM - 9:00AM	Rohini Until 8:09PM	Ganesha: Purple	Sunrise: 6:47AM		Vasavasu 5127
		Yama 1:38PM - 2:48PM	Parigha* Until 6:02PM	Muruga: Yellow	Sunset: 3:57PM	Moon 11 - Phase 29 - 1	1st Phase
Routine Work	Marana Yoga	Rahu 10:10AM - 11:19AM	Visiti Until 3:10AM Sat	Nataraja: Clear			
Until 8:09PM			Dvitiya Until 6:42AM	Moon - Yellow		Sivaloka Day	
Then Creative Work	Siddha Yoga			Kartika-Alpasi			

1**Saturday, November 8, 2025**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Manita Vasara Yuktayam Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chalurthiyam Titau				Warsaw, Poland Sun 2 Sutra 208	
Wishabha Rasi: 29.28	Tithi 19	Gulika 6:43AM - 7:52AM	Mrigashira Until 5:38PM	Ganesha: Purple	Sunrise: 6:43AM		Vasavasu 5127
		Yama 12:28PM - 1:37PM	Shiva Until 2:07PM	Muruga: Yellow	Sunset: 3:56PM	Moon 11 - Phase 29 - 2	1st Phase
Creative Work	Siddha Yoga	Rahu 9:01AM - 10:10AM	Bava Until 1:33PM	Nataraja: Clear			
			Chalurthi* Until 12:02AM Sun	Moon - Yellow		Sivaloka Day	
				Kartika-Alpasi			

2**Sunday, November 9, 2025**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddha/Sadhyha Yoga Kaulava/Tailia Karana Panchamyam Titau				Warsaw, Poland Sun 3 Sutra 209	
Mithuna Rasi: 14.11	Tithi 20	Gulika 1:37PM - 2:45PM	Ardra Until 3:30PM	Ganesha: Purple	Sunrise: 6:45AM		Vasavasu 5127
		Yama 11:19AM - 12:28PM	Siddha Until 10:35AM	Muruga: Yellow	Sunset: 3:56PM	Moon 11 - Phase 29 - 3	1st Phase
Creative Work	Siddha Yoga	Rahu 2:45PM - 3:54PM	Kaulava Until 10:42AM	Nataraja: Clear			
			Panchami Until 9:29PM	Moon - Yellow		Sivaloka Day	
				Kartika-Alpasi			

3**Monday, November 10, 2025**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sadhyha/Subha Yoga Gara/Vanija Karana Shashthyam Titau				Warsaw, Poland Sun 4 Sutra 210	
Mithuna Rasi: 28.29	Tithi 21	Gulika 12:28PM - 1:36PM	Punarvasu Until 2:18PM	Ganesha: Clear	Sunrise: 6:47AM		Vasavasu 5127
Family Home Evening		Yama 10:11AM - 11:19AM	Sadhyha Until 7:35AM	Muruga: Yellow	Sunset: 3:57PM	Moon 11 - Phase 29 - 4	1st Phase
Creative Work	Amrita Yoga	Rahu 7:55AM - 9:03AM	Gara Until 8:29AM	Nataraja: Clear			
Until 2:18PM			Shashthi* Until 7:38PM	Moon - Blue		Devaloka Day	
Then Creative Work	Siddha Yoga			Kartika-Alpasi			

4**Tuesday, November 11, 2025**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukla Yoga Visi*/Bava Karana Saptamyam Titau				Warsaw, Poland Sun 5 Sutra 211	
Kataka Rasi: 12.18	Tithi 22	Gulika 11:20AM - 12:27PM	Pushya Until 1:45PM	Ganesha: White	Sunrise: 6:48AM		Vasavasu 5127
		Yama 9:04AM - 10:12AM	Sukla Until 3:27AM Wed	Muruga: Yellow	Sunset: 3:57PM	Moon 11 - Phase 29 - 5	1st Phase
Creative Work	Siddha Yoga	Rahu 1:35PM - 2:43PM	Visiti Until 7:02AM	Nataraja: Clear			
			Saptami Until 6:36PM	Moon - Blue		Bhuloka Day	
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM	

5**Wednesday, November 12, 2025****Retreat Star**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau				Warsaw, Poland Sun 6 Sutra 212	
Kataka Rasi: 25.38	Tithi 23	Gulika 10:12AM - 11:20AM	Ashlesha* Until 1:51PM	Ganesha: White	Sunrise: 6:50AM		Vasavasu 5127
		Yama 7:58AM - 9:05AM	Brahma Until 2:22AM Thu	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 29 - 6	Ashtami
Creative Work	Siddha Yoga	Rahu 11:20AM - 12:27PM	Balava Until 6:25AM	Nataraja: Clear			
			Ashlami* Until 6:24PM	Moon - Blue		Bhuloka Day	
				Kartika-Alpasi		Devaloka Time: 3PM to 6PM	

Thursday, November 13, 2025**Retreat Star**

		Viswasa Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Paksho Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Talila/Gara Karana Navamyam Titau				Warsaw, Poland Sun 7 Sutra 213	
Simha Rasi: 8.33	Tithi 24	Gulika 9:06AM - 10:13AM	Magha* Until 3:03PM	Ganesha: Yellow	Sunrise: 6:52AM		Vasavasu 5127
		Yama 6:52AM - 7:59AM	Indra Until 1:53AM Fri	Muruga: Yellow	Sunset: 3:48PM	Moon 11 - Phase 29 - 7	Navami
Creative Work	Amrita Yoga	Rahu 12:27PM - 1:34PM	Tailia Until 6:37AM	Nataraja: Clear			
Until 3:03PM			Navami* Until 7:00PM	Moon - Red		Devaloka Day	
Then Creative Work	Siddha Yoga			Kartika-Alpasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1 Friday, November 14, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sakra Vasara Yuktayam Parvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Titau				Warsaw, Poland Sun 8	Sutra 214
Simha Rasi: 21.07	Tithi 25	Gulika 8:00AM - 9:07AM	Purvaphalguni Untill 4:47PM	Ganesh: Yellow	Sunrise: 6:54AM	Vasavasu 5:27	
		Yama 1:33PM - 2:40PM	Vaidhri* Untill 1:52AM Sat	Muruga: Yellow	Sunset: 3:46PM	Moon 11 - Phase 30 - 8	2nd Phase
Creative Work	Siddha Yoga	Rahu 10:13AM - 11:20AM	Vanija Untill 7:35AM	Nataraja: Clear			
			Dashami Untill 8:17PM	Moon - Red			Devaloka Day
				Karttika-Alpasi			

2 Saturday, November 15, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manu Vasara Yuktayam Uttaraphalguni Nakshatra Viskambha* Yoga Bava/Balava Karana Ekadashyam Titau				Warsaw, Poland Sun 9	Sutra 215
Kanya Rasi: 3.23	Tithi 26	Gulika 6:56AM - 8:02AM	Uttaraphalguni Untill 6:53PM	Ganesh: Yellow	Sunrise: 6:56AM	Vasavasu 5:27	
		Yama 12:26PM - 1:32PM	Vishkambha* Untill 2:15AM Sun	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 30 - 9	2nd Phase
Routine Work	Marana Yoga	Rahu 9:08AM - 10:14AM	Bava Untill 9:10AM	Nataraja: Clear			
			Ekadashi* Untill 10:08PM	Moon - Red			Devaloka Day
				Karttika-Alpasi			

3 Sunday, November 16, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Bhamu Vasara Yuktayam Hasta Nakshatra Pili Yoga Kaulava/Talita Karana Dvadashyam Titau				Warsaw, Poland Sun 10	Sutra 216
Kanya Rasi: 15.29	Tithi 27	Gulika 1:32PM - 2:38PM	Hasta Untill 9:42PM	Ganesh: Yellow	Sunrise: 6:57AM	Vasavasu 5:27	
		Yama 11:20AM - 12:26PM	Pili Untill 2:54AM Mon	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 30 - 10	2nd Phase
Creative Work	Amrita Yoga	Rahu 2:38PM - 3:43PM	Kaulava Untill 11:13AM	Nataraja: Clear			
Untill 9:42PM			Dvadashi* Untill 12:20AM Mon	Moon - Green			Devaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai			

4 Monday, November 17, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Warsaw, Poland Sun 11	Sutra 217
Kanya Rasi: 27.27	Tithi 28	Gulika 12:26PM - 1:31PM	Chitra Untill 12:34AM Tue	Ganesh: Yellow	Sunrise: 6:59AM	Vasavasu 5:27	
Family Home Evening		Yama 10:15AM - 11:21AM	Ayushman Untill 3:40AM Tue	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 30 - 11	2nd Phase
Routine Work	Prabalarishta Yoga	Rahu 8:04AM - 9:10AM	Gara Untill 1:33PM	Nataraja: Purple			
Untill 12:34AM Tue			Trayodashi* Untill 12:46AM Tue	Moon - Green			Sivaloka Day
Then Creative Work	Siddha Yoga			Karttika-Karttikai			
				Pradosha Vata (Fasting)			

5 Tuesday, November 18, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Warsaw, Poland Sun 12	Sutra 218
Tula Rasi: 9.21	Tithi 29	Gulika 11:21AM - 12:26PM	Svali Untill 3:21AM Wed	Ganesh: Blue	Sunrise: 7:01AM	Vasavasu 5:27	
		Yama 9:11AM - 10:16AM	Saubhagya Untill 4:31AM Wed	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 30 - 12	2nd Phase
Creative Work	Siddha Yoga	Rahu 1:31PM - 2:36PM	Visi Untill 4:02PM	Nataraja: Purple			
			Chaturdashi* Untill 5:17AM Wed	Moon - Green			Devaloka Day
				Karttika-Karttikai			

Wednesday, November 19, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Budha Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Caluspada* Karana Amavasyayam Titau				Warsaw, Poland Sun 13	Sutra 219
Retreat Star		Gulika 10:16AM - 11:21AM	Vishakha Untill 6:29AM Thu	Ganesh: Blue	Sunrise: 7:03AM	Vasavasu 5:27	
Tula Rasi: 21.13	Tithi 30	Yama 8:07AM - 9:12AM	Sobhana Untill 5:24AM Thu	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 30 - 13	Amavasya
Creative Work	Siddha Yoga	Rahu 11:21AM - 12:26PM	Caluspada Untill 6:34PM	Nataraja: Purple			
			Amavasya* Untill 7:48AM Thu	Moon - Orange			Devaloka Day
				Karttika-Karttikai			

Thursday, November 20, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Vishika Mase Sakra Paksha Guru Vasara Yuktayam Vishakha Nakshatra Abhigand* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Warsaw, Poland Sun 14	Sutra 220
Retreat Star		Gulika 9:13AM - 10:17AM	Vishakha Untill 6:29AM	Ganesh: Blue	Sunrise: 7:04AM	Vasavasu 5:27	
Vishika Rasi: 3.05	Tithi 30 - 1	Yama 7:04AM - 8:08AM	Abhiganda* Untill 6:12AM Fri	Muruga: Yellow	Sunset: 3:49PM	Moon 11 - Phase 30 - 14	Prathama
Creative Work	Siddha Yoga	Rahu 12:25PM - 1:30PM	Kintughna Untill 9:05PM	Nataraja: Purple			
			Amavasya* Untill 7:48AM	Moon - Orange			Devaloka Day
				Margasira-Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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1 Friday, November 21, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Sdra Vesara Yuktayam Anuradha/Jyestha ¹ Nakshatra Abhigand ² /Sukama Yoga Bava/Balava Karana Pratham ³ Dvijayam Titau				Warsaw, Poland Sun 15 Sutra 221	
Wischika Rasi: 14.58	Tithi 1 – 2	Gulika Yama 7:10AM – 9:14AM 1:29PM – 2:33PM	Anuradha Until 9:24AM Abhigand ² Until 6:12AM Balava Until 11:30PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:06AM Sunset: 3:27PM	Devaloka Day	Vesava 5127 Phase 11 - Phase 31 - 15 3rd Phase
Creative Work	Siddha Yoga	787238575	Prathama³ Until 10:17AM	Margasira-Karttikai			
Until 9:24AM							
Then Routine Work	Marana Yoga						

2 Saturday, November 22, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Manta Vesara Yuktayam Jyestha ¹ /Mula ² Nakshatra Sukama/Uhril ³ Yoga Gara/Vanija Karana Dvija/Trityayam Titau				Warsaw, Poland Sun 16 Sutra 222	
Wischika Rasi: 26.53	Tithi 2 – 3	Gulika Yama 7:08AM – 8:11AM 12:25PM – 1:29PM	Jyestha¹ Until 12:04PM Sukama Until 6:57AM Taitila Until 1:49AM Sun Dvitiya Until 12:39PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange	Sunrise: 7:08AM Sunset: 3:26PM	Devaloka Day	Vesava 5127 Phase 11 - Phase 31 - 16 3rd Phase
Creative Work	Siddha Yoga	787238575		Margasira-Karttikai			

3 Sunday, November 23, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Bharu Vesara Yuktayam Mula ² /Puruvashada ³ Nakshatra Dhruva/Shula ⁴ Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Warsaw, Poland Sun 17 Sutra 223	
Dhanus Rasi: 8.52	Tithi 3 – 4	Gulika Yama 1:28PM – 2:32PM 11:22AM – 1:29PM	Mula² Until 2:55PM Dhruva Until 7:36AM Vanija Until 3:55AM Mon Tritiya Until 2:52PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:09AM Sunset: 3:25PM	Devaloka Day	Vesava 5127 Phase 11 - Phase 31 - 17 3rd Phase
Creative Work	Amrita Yoga	787238575		Margasira-Karttikai			
Until 2:55PM							
Then Creative Work	Siddha Yoga						

4 Monday, November 24, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Indu Vesara Yuktayam Puruvashada ³ Nakshatra Shula ⁴ /Ganda ⁵ Yoga Vasi ⁶ /Bava Karana Chaturth ⁷ Panchayam Titau				Warsaw, Poland Sun 18 Sutra 224	
Dhanus Rasi: 20.55	Tithi 4 – 5	Gulika Yama 12:25PM – 1:28PM 8:14AM – 9:17AM	Puruvashada³ Until 5:21PM Shula ⁴ Until 8:04AM Bava Until 5:44AM Tue Chaturthi ⁷ Until 4:51PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:11AM Sunset: 3:24PM	Devaloka Day	Vesava 5127 Phase 11 - Phase 31 - 18 3rd Phase
Family Home Evening		787238575		Margasira-Karttikai			
Routine Work	Marana Yoga						

5 Tuesday, November 25, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Mangala Vesara Yuktayam Puruvashada ³ Nakshatra Ganda ⁵ /Viddhi ⁶ Yoga Balava Karana Panchayam Titau				Warsaw, Poland Sun 19 Sutra 225	
Makara Rasi: 3.05	Tithi 5	Gulika Yama 11:23AM – 12:25PM 9:18AM – 10:20AM	Uttarashada Until 7:18PM Ganda ⁵ Until 8:19AM Balava Until 6:28PM Panchami Until 6:28PM	Ganesha: Red Muruga: Yellow Nataraja: Purple Moon – Light Blue	Sunrise: 7:12AM Sunset: 3:23PM	Sivaloka Day	Vesava 5127 Phase 11 - Phase 31 - 19 3rd Phase
Routine Work	Prabalarishya Yoga	788238575		Margasira-Karttikai			
Until 7:18PM							
Then Creative Work	Siddha Yoga						

6 Wednesday, November 26, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Butha Vesara Yuktayam Shravana Nakshatra Dhruva/Vyaghata ⁷ Yoga Kaulava/Taitila Karana Shashthiyam Titau				Warsaw, Poland Sun 20 Sutra 226	
Makara Rasi: 15.26	Tithi 6	Gulika Yama 10:21AM – 11:23AM 8:16AM – 9:18AM	Shravana Until 9:05PM Viddhi Until 8:14AM Kaulava Until 7:07AM Shashthi ⁷ Until 7:35PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 7:14AM Sunset: 3:22PM	Subha Sivaloka Day	Vesava 5127 Phase 11 - Phase 31 - 20 3rd Phase
Creative Work	Siddha Yoga	798238575		Margasira-Karttikai			
Until 9:05PM							
Then Routine Work	Prabalarishya Yoga						

Thursday, November 27, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Guru Vesara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata ⁷ Yoga Gara/Vanija Karana Saptayam Titau				Warsaw, Poland Sun 21 Sutra 227	
Makara Rasi: 28.02	Tithi 7	Gulika Yama 9:19AM – 10:21AM 7:16AM – 8:18AM	Dhanishtha Until 10:05PM Dhruva Until 7:41AM Gara Until 7:56AM Saptami Until 8:05PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 7:16AM Sunset: 3:21PM	Subha Sivaloka Day	Vesava 5127 Phase 11 - Phase 31 - 21 3rd Phase
Creative Work	Siddha Yoga	798238575		Margasira-Karttikai			

Friday, November 28, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Sukra Vesara Yuktayam Shatabhishak Nakshatra Vyaghata ⁷ /Harshana Yoga Vasi ⁶ /Bava Karana Ashtayam Titau				Warsaw, Poland Sun 22 Sutra 228	
Kumbha Rasi: 10.57	Tithi 8	Gulika Yama 8:19AM – 9:20AM 1:27PM – 2:28PM	Shatabhishak Until 10:13PM Vyaghata ⁷ Until 6:38AM Vasi Until 8:04AM Ashlami ⁸ Until 7:49PM	Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Purple	Sunrise: 7:17AM Sunset: 3:20PM	Subha Sivaloka Day	Vesava 5127 Phase 11 - Phase 31 - 22 Ashtami
Creative Work	Siddha Yoga	798238575		Margasira-Karttikai			

Saturday, November 29, 2025

		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sula Pakhe Manta Vesara Yuktayam Puruvashada ³ Nakshatra Vajra ⁹ Yoga Balava/Kaulava Karana Navamyam Titau				Warsaw, Poland Sun 23 Sutra 229	
Kumbha Rasi: 24.16	Tithi 9	Gulika Yama 7:19AM – 8:20AM 12:25PM – 1:27PM	Puruvashada³ Until 9:53PM Vajra ⁹ Until 2:42AM Sun Balava Until 7:25AM Navami ¹⁰ Until 6:47PM	Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Clear	Sunrise: 7:19AM Sunset: 3:20PM	Subha Sivaloka Day	Vesava 5127 Phase 11 - Phase 31 - 23 Navami
Routine Work	Marana Yoga	718238575		Margasira-Karttikai			
Until 9:53PM							
Then Creative Work	Siddha Yoga						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

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1	Sunday, November 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Warsaw, Poland			
	Mesha Rasi: 8.02	Tithi 10 – 11	Gulika 1:26PM – 2:27PM	Uttarashrothapada Until 8:39PM	Ganesh: Purple Sunrise: 7:20AM	Sutra 230
Creative Work	Amrita Yoga	718238575	Yama 11:24AM – 12:25PM	Siddhi Until 11:49PM	Muruga: Yellow Sunset: 3:28PM	Moan 11 - Phase 32 - 25
			Rahu 2:27PM – 3:28PM	Vanija Until 3:49AM Mon	Nataraja: Purple	4th Phase
				Dashami Until 4:58PM	Moon - Clear	Subha Sivaloka Day
					Margasira-Karttikai	

2	Monday, December 1, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vesara Yukatayam Warsaw, Poland			
	Mesha Rasi: 22.15	Tithi 11 – 12	Gulika 12:25PM – 1:26PM	Revati Until 6:36PM	Ganesh: Clear Sunrise: 7:22AM	Sutra 231
Family Home Evening		719238575	Yama 10:24AM – 11:25AM	Vyatalpa* Until 8:25PM	Muruga: Yellow Sunset: 3:28PM	Moan 11 - Phase 32 - 25
Creative Work	Siddha Yoga		Rahu 8:22AM – 9:23AM	Bava Until 1:00AM Tue	Nataraja: Purple	4th Phase
				Ekadashi Until 2:28PM	Moon - Clear	Sivaloka Day
			Gita Jayanthi		Margasira-Karttikai	

3	Tuesday, December 2, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vesara Yukatayam Warsaw, Poland			
	Mesha Rasi: 6.55	Tithi 12 – 13	Gulika 11:25AM – 12:26PM	Ashvini Until 4:17PM	Ganesh: White Sunrise: 7:23AM	Sutra 232
Creative Work	Siddha Yoga	729238575	Yama 9:24AM – 10:25AM	Variyan Until 4:34PM	Muruga: Yellow Sunset: 3:27PM	Moan 11 - Phase 32 - 26
			Rahu 1:26PM – 2:27PM	Kaulava Until 9:42PM	Nataraja: Purple	4th Phase
				Dvadashi Until 11:23AM	Moon - White	Devaloka Day
					Margasira-Karttikai	
				<i>Pradosha Vata</i>		

4	Wednesday, December 3, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vesara Yukatayam Warsaw, Poland			
	Mesha Rasi: 21.56	Tithi 13 – 14	Gulika 10:25AM – 11:25AM	Bharani Until 1:27PM	Ganesh: White Sunrise: 7:24AM	Sutra 233
Creative Work	Siddha Yoga	729238575	Yama 8:25AM – 9:25AM	Parigaha* Until 12:24PM	Muruga: Yellow Sunset: 3:26PM	Moan 11 - Phase 32 - 27
Until 1:27PM			Rahu 11:25AM – 12:26PM	Gara Until 6:02PM	Nataraja: Purple	4th Phase
Then Creative Work - Amrita Yoga				Trayodashi Until 7:53AM	Moon - White	Devaloka Day
			Kritika Deepam		Margasira-Karttikai	

○	Thursday, December 4, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vesara Yukatayam Warsaw, Poland			
	Copper Retreat Star		Gulika 9:26AM – 10:26AM	Kritika Until 10:16AM	Ganesh: White Sunrise: 7:26AM	Sutra 234
Wisshaha Rasi: 7.11	Tithi 15	729238575	Yama 7:26AM – 8:26AM	Shiva Until 8:04AM	Muruga: Yellow Sunset: 3:26PM	Moan 11 - Phase 32 - Punima
Routine Work	Marana Yoga		Rahu 12:26PM – 1:26PM	Visli Until 2:13PM	Nataraja: Purple	
				Purnima* Until 12:16AM Fri	Moon - White	Devaloka Day
					Margasira-Karttikai	

	Friday, December 5, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vesara Yukatayam Warsaw, Poland			
	Silver Retreat Star		Gulika 8:27AM – 9:27AM	Rohini Until 7:19AM	Ganesh: Yellow Sunrise: 7:27AM	Sutra 235
Wisshaha Rasi: 22.29	Tithi 16	739238575	Yama 1:26PM – 2:26PM	Sadhya Until 11:22PM	Muruga: Yellow Sunset: 3:25PM	Moan 11 - Phase 32 - Prathama
Routine Work	Marana Yoga		Rahu 10:27AM – 11:26AM	Balava Until 10:23AM	Nataraja: Purple	
Until 7:19AM				Prathama* Until 8:31PM	Moon - Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins		Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 7.4 TITHI 17 - 18

Creative Work Siddha Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Mania Vasara Yuktyam
 Ardra Nakshatra Subha Yoga
 Gulika 7:28AM - 8:28AM
 Yama 12:26PM - 1:26PM
 Rahu 9:28AM - 10:27AM

Ardra Until 1:41AM Sun
 Subha Until 7:21PM
 Taillika Until 6:45AM
Dvitiya Until 5:03PM

Ganesh: Yellow Sunrise: 7:38AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Yellow
 Margasira-Kartikiki

Warsaw, Poland Sun 1
 Sutra 236
 Vivarasu 5:17
 Moon 12 - Phase 33 - 1
 1st Phase

Sivaloka Day**Sunday, December 7, 2025****1**

Mithuna Rasi: 22.34 TITHI 18 - 19

Creative Work Siddha Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Bhamu Vasara Yuktyam
 Purnavasu Nakshatra Sukla/Brahma Yoga Vasi/Bava Karana Tritiya/Chaturtham Tila
 Gulika 1:26PM - 2:25PM
 Yama 11:27AM - 12:27PM
 Rahu 2:25PM - 3:25PM

Purnavasu Until 11:46PM
 Sukla Until 3:41PM
 Bava Until 12:45AM Mon
Tritiya Until 2:01PM

Ganesh: Blue Sunrise: 7:30AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Blue
 Margasira-Kartikiki

Warsaw, Poland Sun 2
 Sutra 237
 Vivarasu 5:17
 Moon 12 - Phase 33 - 2
 1st Phase

Devaloka Day**Monday, December 8, 2025****2**

Kataka Rasi: 7.02 TITHI 19 - 20

Family Home Evening

Creative Work Siddha Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Indu Vasara Yuktyam
 Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurthi/Panchamam Tila
 Gulika 12:27PM - 1:26PM
 Yama 10:28AM - 11:28AM
 Rahu 8:30AM - 9:29AM

Pushya Until 10:24PM
 Brahma Until 12:33PM
 Kaulava Until 10:43PM
Chalurthi Until 11:37AM

Ganesh: Blue Sunrise: 7:31AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Blue
 Margasira-Kartikiki

Warsaw, Poland Sun 3
 Sutra 238
 Vivarasu 5:17
 Moon 12 - Phase 33 - 3
 1st Phase

Devaloka Day**Tuesday, December 9, 2025****3**

Kataka Rasi: 21.02 TITHI 20 - 21

Creative Work Siddha Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Mangala Vasara Yuktyam
 Ashlesha Nakshatra Indra/Vaidhiti Yoga Talika/Gara Karana Panchami/Shashtham Tila
 Gulika 11:28AM - 12:27PM
 Yama 9:30AM - 10:29AM
 Rahu 1:26PM - 2:25PM

Ashlesha Until 9:42PM
 Indra Until 10:03AM
 Gara Until 9:32PM
Panchami Until 10:00AM

Ganesh: White Sunrise: 7:22AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Blue
 Margasira-Kartikiki

Warsaw, Poland Sun 4
 Sutra 239
 Vivarasu 5:17
 Moon 12 - Phase 33 - 4
 1st Phase

Devaloka Day**Wednesday, December 10, 2025****4**

Simha Rasi: 4.31 TITHI 21 - 22

Creative Work Siddha Yoga

Until 10:10PM

Then Creative Work - Amrita Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Budha Vasara Yuktyam
 Magha Nakshatra Vaidhiti/Vishkambha Yoga Vanja/Vel Karana Shashthi/Saptamam Tila
 Gulika 10:30AM - 11:29AM
 Yama 8:32AM - 9:31AM
 Rahu 11:29AM - 12:27PM

Magha Until 10:10PM
 Vaidhiti Until 8:12AM
 Visti Until 9:14PM
Shashthi Until 9:15AM

Ganesh: Clear Sunrise: 7:23AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Red
 Margasira-Kartikiki

Warsaw, Poland Sun 5
 Sutra 240
 Vivarasu 5:17
 Moon 12 - Phase 33 - 5
 1st Phase

Sivaloka Day**Thursday, December 11, 2025****Retreat Star**

Simha Rasi: 17.31 TITHI 22 - 23

Creative Work Siddha Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Guru Vasara Yuktyam
 Purnvahalguni Nakshatra Vishkambha/Prithi Yoga Bava/Balava Karana Saptami/Ashtamam Tila
 Gulika 9:32AM - 10:30AM
 Yama 7:34AM - 8:33AM
 Rahu 12:28PM - 1:26PM

Purnvahalguni Until 11:22PM
 Vishkambha Until 7:05AM
 Balava Until 9:50PM
Saptami Until 9:24AM

Ganesh: Purple Sunrise: 7:34AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Red
 Margasira-Kartikiki

Warsaw, Poland Sun 6
 Sutra 241
 Vivarasu 5:17
 Moon 12 - Phase 33 - 6
 Ashtami

Subha Sivaloka Day**Friday, December 12, 2025****Retreat Star**

Kanya Rasi: 0.06 TITHI 23 - 24

Creative Work Siddha Yoga

Until 1:08AM Sat

Then Routine Work - Marana Yoga

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkila Mase Krishna Paksha Sulea Vasara Yuktyam
 Uttarvahalguni Nakshatra Prithi/Ajyotham Yoga Kaulava/Tailika Karana Ashtami/Navamam Tila
 Gulika 8:34AM - 9:32AM
 Yama 1:27PM - 2:25PM
 Rahu 10:31AM - 11:29AM

Uttarvahalguni Until 1:08AM Sat
 Prithi Until 6:39AM
 Tailika Until 11:13PM
Ashtami Until 10:25AM

Ganesh: Purple Sunrise: 7:35AM
 Muruga: Yellow Sunset: 3:29PM
 Nataraja: Purple
 Moon - Red
 Margasira-Kartikiki

Warsaw, Poland Sun 7
 Sutra 242
 Vivarasu 5:17
 Moon 12 - Phase 33 - 7
 Navami

Subha Sivaloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1 Saturday, December 13, 2025		Vivavasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Mantu Vesara Yuktayam				Warsaw, Poland	
Kanya Rasi: 12.22 Tithi 24 – 25		Gulika 7:36AM – 8:35AM	Hasla Until 3:49AM Sun	Ganesh: Clear	Sunrise: 7:36AM	Sun 8	Sutra 243
Routine Work Marana Yoga		Yama 12:28PM – 1:27PM	Ayushman Until 6:44AM	Muruga: Yellow	Sunset: 3:24PM	Moon 12 - Phase 34 - 10	Vasavasu 5127
Then Creative Work - Siddha Yoga		Rahu 9:33AM – 10:32AM	Vanija Until 1:14AM Sun	Nataraja: Purple			2nd Phase
			Navami* Until 12:08PM	Moon - Green			Sivaloka Day
				Margasira-Kartikali			

2 Sunday, December 14, 2025		Vivavasu Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktayam				Warsaw, Poland	
Kanya Rasi: 24.25 Tithi 25 – 26		Gulika 1:27PM – 2:25PM	Chitra Until 6:40AM Mon	Ganesh: Clear	Sunrise: 7:37AM	Sun 9	Sutra 244
Routine Work Siddha Yoga		Yama 11:30AM – 12:29PM	Saubhagya Until 7:15AM	Muruga: Yellow	Sunset: 3:24PM	Moon 12 - Phase 34 - 9	Vasavasu 5127
Then Routine Work - Mon		Rahu 2:25PM – 3:24PM	Bava Until 3:38AM Mon	Nataraja: Purple			2nd Phase
Then Creative Work - Amrita Yoga			Dashami Until 2:23PM	Moon - Green			Sivaloka Day
				Margasira-Kartikali			

3 Monday, December 15, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vesara Yuktayam				Warsaw, Poland	
Tula Rasi: 6.19 Tithi 26 – 27		Gulika 12:29PM – 1:27PM	Chitra Until 6:40AM	Ganesh: Clear	Sunrise: 7:38AM	Sun 10	Sutra 245
Family Home Evening		Yama 10:33AM – 11:31AM	Sobhana Until 8:02AM	Muruga: Yellow	Sunset: 3:24PM	Moon 12 - Phase 34 - 10	Vasavasu 5127
Routine Work Prabalarishta Yoga		Rahu 8:36AM – 9:35AM	Kaulava Until 6:13AM Tue	Nataraja: Purple			2nd Phase
Then Routine Work - 4:40AM			Ekadashi* Until 4:54PM	Moon - Green			Sivaloka Day
Then Creative Work - Amrita Yoga		Markali Pillayar		Margasira-Markali			

4 Tuesday, December 16, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam				Warsaw, Poland	
Tula Rasi: 18.1 Tithi 27		Gulika 11:31AM – 12:30PM	Svali Until 9:31AM	Ganesh: Purple	Sunrise: 7:39AM	Sun 11	Sutra 246
Routine Work Siddha Yoga		Yama 9:35AM – 10:33AM	Alhiganda* Until 8:54AM	Muruga: Yellow	Sunset: 3:24PM	Moon 12 - Phase 34 - 11	Vasavasu 5127
Then Routine Work - 9:31AM		Rahu 1:28PM – 2:26PM	Kaulava Until 6:13AM	Nataraja: Purple			2nd Phase
Then Creative Work - Marana Yoga			Dvadashi* Until 7:30PM	Moon - Green			Subha Sivaloka Day
				Margasira-Markali			

5 Wednesday, December 17, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam				Warsaw, Poland	
Wischika Rasi: 0.01 Tithi 28		Gulika 10:34AM – 11:32AM	Vishakha Until 12:42PM	Ganesh: Clear	Sunrise: 7:40AM	Sun 12	Sutra 247
Routine Work Siddha Yoga		Yama 8:38AM – 9:36AM	Sukarma Until 9:46AM	Muruga: Yellow	Sunset: 3:24PM	Moon 12 - Phase 34 - 12	Vasavasu 5127
Then Routine Work - Prabalarishta Yoga		Rahu 11:32AM – 12:30PM	Gara Until 8:49AM	Nataraja: Purple			2nd Phase
			Trayodashi* Until 10:04PM	Moon - Orange			Sivaloka Day
				Margasira-Markali			

Pradosha Vata (Fasting)

6 Thursday, December 18, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktayam				Warsaw, Poland	
Wischika Rasi: 11.53 Tithi 29		Gulika 9:36AM – 10:34AM	Anuradha Until 3:35PM	Ganesh: Clear	Sunrise: 7:41AM	Sun 13	Sutra 248
Routine Work Siddha Yoga		Yama 7:41AM – 8:38AM	Dhriti Until 10:35AM	Muruga: Yellow	Sunset: 3:24PM	Moon 12 - Phase 34 - 13	Vasavasu 5127
Then Routine Work - 3:35PM		Rahu 12:30PM – 1:28PM	Visiti Until 11:19AM	Nataraja: Purple			2nd Phase
Then Creative Work - Prabalarishta Yoga			Chalurdashi* Until 12:28AM Fri	Moon - Orange			Sivaloka Day
				Margasira-Markali			

Friday, December 19, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam				Warsaw, Poland	
Retreat Star		Gulika 8:39AM – 9:37AM	Jyeshtha* Until 6:08PM	Ganesh: Clear	Sunrise: 7:41AM	Sun 14	Sutra 249
Wischika Rasi: 23.5 Tithi 30		Yama 1:29PM – 2:27PM	Shula* Until 11:13AM	Muruga: Yellow	Sunset: 3:25PM	Moon 12 - Phase 34 - 14	Vasavasu 5127
Routine Work Marana Yoga		Rahu 10:35AM – 11:33AM	Catuspada Until 1:37PM	Nataraja: Purple			Amavasya
Then Routine Work - 6:08PM			Amavasya* Until 2:41AM Sat	Moon - Orange			Sivaloka Day
Then Creative Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira-Markali			

Saturday, December 20, 2025		Vivavasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mantu Vesara Yuktayam				Warsaw, Poland	
Retreat Star		Gulika 7:42AM – 8:40AM	Mula* Until 8:48PM	Ganesh: Light Blue	Sunrise: 7:42AM	Sun 15	Sutra 250
Dhanus Rasi: 5.52 Tithi 1		Yama 12:31PM – 1:29PM	Ganda* Until 11:43AM	Muruga: Yellow	Sunset: 3:25PM	Moon 12 - Phase 34 - 15	Vasavasu 5127
Routine Work Siddha Yoga		Rahu 9:38AM – 10:36AM	Kintughna Until 3:43PM	Nataraja: Purple			Prathama
Then Routine Work - 6:08PM			Prathama* Until 4:38AM Sun	Moon - Light Blue			Devaloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswastu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yukhtayam Parushadha* Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Divlyitayam Titau			Warsaw, Poland Sun 16 Sutra 251
Dhanus Rasi: 17.59	Tithi 2	Gulika 1:30PM - 2:28PM Yama 11:34AM - 12:32PM Rahu 2:28PM - 3:25PM	Purvashadha* Untill 11:02PM Viddhi Untill 12:02PM Balava Untill 5:32PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:42AM Sunset: 3:29PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work Siddha Yoga Untill 11:02PM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati	Dvitiya Untill 6:19AM Mon	Pausha-Markali	Devaloka Day

2 Monday, December 22, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yukhtayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dhvilya/Titayam Titau			Warsaw, Poland Sun 17 Sutra 252
Makara Rasi: 0.13	Tithi 2 - 3	Gulika 12:32PM - 1:30PM Yama 10:37AM - 11:34AM Rahu 8:41AM - 9:39AM	Uttarashadha Untill 12:50AM Tue Dhruva Untill 12:07PM Taila Untill 7:04PM	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moon - Light Blue	Sunrise: 7:43AM Sunset: 3:29PM Moon 12 - Phase 35 - 17 3rd Phase
Family Home Evening Routine Work Marana Yoga Untill 12:50AM Tue Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati	Dvitiya Untill 6:19AM	Pausha-Markali	Devaloka Day

3 Tuesday, December 23, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yukhtayam Uttarashadha Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Charuthayam Titau			Warsaw, Poland Sun 18 Sutra 253
Makara Rasi: 12.35	Tithi 3 - 4	Gulika 11:35AM - 12:33PM Yama 9:39AM - 10:37AM Rahu 1:31PM - 2:29PM	Shravana Untill 2:37AM Wed Vyaghata* Untill 11:58AM Vanija Untill 8:16PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:43AM Sunset: 3:29PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work Siddha Yoga Untill 2:37AM Wed Then Routine Work - Prabalarishta Yoga		Day 3 of Pancha Ganapati	Tritiya Untill 7:42AM	Pausha-Markali	Devaloka Day

4 Wednesday, December 24, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yukhtayam Shravana Nakshatra Harshana/Vajra* Yoga Visi* Bava Karana Karana Tritiya/Panchamayam Titau			Warsaw, Poland Sun 19 Sutra 254
Makara Rasi: 25.06	Tithi 4 - 5	Gulika 10:38AM - 11:35AM Yama 8:42AM - 9:40AM Rahu 11:35AM - 12:33PM	Dhanishtha Untill 3:49AM Thu Harshana Untill 11:32AM Bava Untill 9:03PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:44AM Sunset: 3:29PM Moon 12 - Phase 35 - 19 3rd Phase
Routine Work Prabalarishta Yoga Untill 3:49AM Thu Then Creative Work - Siddha Yoga		Day 4 of Pancha Ganapati	Charuthi* Untill 8:42AM	Pausha-Markali	Devaloka Day

5 Thursday, December 25, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yukhtayam Shalabhishak Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamayam Titau			Warsaw, Poland Sun 20 Sutra 255
Kumbha Rasi: 7.49	Tithi 5 - 6	Gulika 9:40AM - 10:38AM Yama 7:44AM - 8:42AM Rahu 12:34PM - 1:32PM	Shalabhishak Untill 4:23AM Fri Vajra* Untill 10:44AM Kaulava Untill 9:21PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Purple	Sunrise: 7:44AM Sunset: 3:29PM Moon 12 - Phase 35 - 20 3rd Phase
Creative Work Siddha Yoga		Day 5 of Pancha Ganapati	Panchami Untill 9:15AM	Pausha-Markali	Devaloka Day

6 Friday, December 26, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Satru Vasara Yukhtayam Puravproshthapada* Nakshatra Siddhi/Vyagata* Yoga Talila/Gara Karana Shashthi/Saptamayam Titau			Warsaw, Poland Sun 21 Sutra 256
Kumbha Rasi: 20.47	Tithi 6 - 7	Gulika 8:42AM - 9:40AM Yama 1:33PM - 2:31PM Rahu 10:38AM - 11:37AM	Puravproshthapada* Untill 4:41AM Sat Siddhi Untill 9:32AM Gara Untill 9:05PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 7:44AM Sunset: 3:29PM Moon 12 - Phase 35 - 21 3rd Phase
Creative Work Siddha Yoga			Shashthi* Untill 9:17AM	Pausha-Markali	Bhuloka Day Devaloka Time: 3PM to 6PM

Saturday, December 27, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Manu Vasara Yukhtayam Uttarproshthapada Nakshatra Vyagata* Nanyan Yoga Vanija/Visi* Karana Sapthami/Ashamayam Titau			Warsaw, Poland Sun 22 Sutra 257
Retreat Star		Gulika 7:45AM - 8:43AM Yama 12:35PM - 1:33PM Rahu 9:41AM - 10:39AM	Uttarproshthapada Untill 4:14AM Sun Vyagata* Untill 7:53AM Visi Untill 8:13PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 7:45AM Sunset: 3:29PM Moon 12 - Phase 35 - 22 Ashtami
Meena Rasi: 4.03	Tithi 7 - 8		Saptami Untill 8:43AM	Pausha-Markali	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga Untill 4:14AM Sun Then Creative Work - Amrita Yoga					

Sunday, December 28, 2025		Viswastu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yukhtayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamayam Titau			Warsaw, Poland Sun 23 Sutra 258
Retreat Star		Gulika 1:34PM - 2:32PM Yama 11:38AM - 12:36PM Rahu 2:32PM - 3:30PM	Revati Untill 3:01AM Mon Parigha* Untill 3:05AM Mon Balava Untill 6:42PM	Ganesh: Green Muruga: Yellow Nataraja: Clear Moon - Clear	Sunrise: 7:45AM Sunset: 3:30PM Moon 12 - Phase 35 - 23 Navami
Meena Rasi: 17.4	Tithi 8 - 9		Ashlami* Untill 7:31AM	Pausha-Markali	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Amrita Yoga Untill 3:01AM Mon Then Creative Work - Siddha Yoga					

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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1 Monday, December 29, 2025		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam Warsaw, Poland			
		Ashvini Nakshatra Shiva Yoga Taitilla/Gara Karana Dashamyam Titau Sun 24 Sutra 259			
Mesha Rasi: 1.4	Tithi 10	Gulika 12:36PM - 1:35PM	Ashvini Until 1:32AM Tue	Ganesho: Red Sunrise: 7:45AM	Viswvasu 5:17
Family Home Evening	822338576	Yama 10:40AM - 11:38AM	Shiva Until 11:59PM	Muruga: Yellow Sunset: 3:31PM	Moon 12 - Phase 36 - 24
Creative Work	Siddha Yoga	Rahu 8:43AM - 9:42AM	Taitilla Until 4:36PM	Nataraja: Clear	4th Phase
		Dashami Until 3:20AM Tue		Moon - White:	Devaloka Day
				Pausha-Markali	

2 Tuesday, December 30, 2025		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam Warsaw, Poland			
		Bharani Nakshatra Siddha Yoga Vanija/Visli* Karana Ekadashyam Titau Sun 25 Sutra 260			
Mesha Rasi: 16.01	Tithi 11	Gulika 11:39AM - 12:37PM	Bharani Until 11:25PM	Ganesho: Red Sunrise: 7:45AM	Viswvasu 5:17
	822338576	Yama 9:42AM - 10:40AM	Siddha Until 8:28PM	Muruga: Yellow Sunset: 3:29PM	Moon 12 - Phase 36 - 25
Creative Work	Siddha Yoga	Rahu 1:35PM - 2:34PM	Vanija Until 1:58PM	Nataraja: Clear	4th Phase
		Valkuntha Ekadasi	Ekadashi Until 12:28AM Wed	Moon - White:	Devaloka Day
				Pausha-Markali	

3 Wednesday, December 31, 2025		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vasara Yuktayam Warsaw, Poland			
		Kritika Nakshatra Sadya/Subha Yoga Bava/Balava Karana Dvadashyam Titau Sun 26 Sutra 261			
Wishabha Rasi: 0.43	Tithi 12	Gulika 10:41AM - 11:39AM	Kritika Until 8:49PM	Ganesho: Red Sunrise: 7:45AM	Viswvasu 5:17
	822338576	Yama 8:44AM - 9:42AM	Sadya Until 4:40PM	Muruga: Yellow Sunset: 3:29PM	Moon 12 - Phase 36 - 25
Creative Work	Amrita Yoga	Rahu 11:39AM - 12:37PM	Bava Until 10:55AM	Nataraja: Clear	4th Phase
Until 8:49PM		Dvadashi Until 9:16PM		Moon - White:	Devaloka Day
Then Creative Work	Siddha Yoga			Pausha-Markali	

4 Thursday, January 1, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam Warsaw, Poland			
		Rohini Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 262			
Wishabha Rasi: 15.38	Tithi 13 - 14	Gulika 9:42AM - 10:41AM	Rohini Until 6:17PM	Ganesho: Blue Sunrise: 7:45AM	Viswvasu 5:17
	832348576	Yama 7:45AM - 8:44AM	Subha Until 12:41PM	Muruga: White Sunset: 3:49PM	Moon 12 - Phase 36 - 27
Routine Work	Marana Yoga	Rahu 12:38PM - 1:37PM	Kaulava Until 7:36AM	Nataraja: Clear	4th Phase
		Trayodashi Until 5:52PM		Moon - Yellow:	Devaloka Day
				Pausha-Markali	

Pradosha Vata

Friday, January 2, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam Warsaw, Poland			
		Megashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Chaturdashy/Purnimayam Titau Sun 28 Sutra 263			
Copper Retreat Star		Gulika 8:44AM - 9:42AM	Mrigashira Until 3:34PM	Ganesho: Blue Sunrise: 7:45AM	Viswvasu 5:17
Mithuna Rasi: 0.4	Tithi 14 - 15	Yama 1:37PM - 2:36PM	Sukla Until 8:36AM	Muruga: White Sunset: 3:39PM	Moon 12 - Phase 36 - Purnima
Creative Work	Siddha Yoga	Rahu 10:41AM - 11:40AM	Visli Until 12:44AM Sat	Nataraja: Clear	
		Chaturdashy* Until 2:25PM		Moon - Yellow:	Devaloka Day
				Pausha-Markali	

Saturday, January 3, 2026		Viswvasu Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam Warsaw, Poland			
		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 264			
Silver Retreat Star		Gulika 7:45AM - 8:44AM	Ardra Until 12:51PM	Ganesho: Blue Sunrise: 7:45AM	Viswvasu 5:17
Mithuna Rasi: 15.4	Tithi 15 - 16	Yama 12:39PM - 1:38PM	Indra Until 12:47AM Sun	Muruga: White Sunset: 3:39PM	Moon 12 - Phase 36 - Prathama
Creative Work	Siddha Yoga	Rahu 9:43AM - 10:42AM	Balava Until 9:32PM	Nataraja: Clear	
		Purnima* Until 11:05AM		Moon - Yellow:	Devaloka Day
				Pausha-Markali	

Ardra Darshanam

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Bhano Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaishiti* Yoga Kaulava/Taila Karana Prathamam/Dityayam Tilau				Warsaw, Poland Sutra 265	
Kataka Rasi: 0.27	Tithi 16 - 17	Gulika Yama Rahu	1:39PM - 2:38PM 11:41AM - 12:40PM 2:38PM - 3:37PM	Punarvasu Until 10:43AM Vaichriti* Until 9:18PM Tailita Until 6:43PM Prathama* Until 8:03AM	Ganesh: Red Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 7:45AM Sunset: 3:37PM	Vasvasu 5127 Moon 1 - Phase 37 - 1st Phase
Creative Work	Siddha Yoga					Sivaloka Day	

1

Monday, January 5, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Indru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Tritiyayam Tilau				Warsaw, Poland Sutra 266	
Kataka Rasi: 14.55	Tithi 18	Gulika Yama Rahu	12:41PM - 1:40PM 10:42AM - 11:41AM 8:44AM - 9:43AM	Pushya Until 8:55AM Vishkambha* Until 6:16PM Vanija Until 4:27PM Tritiya Until 3:33AM Tue	Ganesh: Red Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 7:44AM Sunset: 3:39PM	Vasvasu 5127 Moon 1 - Phase 37 - 1st Phase
Family Home Evening						Sivaloka Day	
Creative Work	Siddha Yoga	Subramuniyaswami Jayanti					

2

Tuesday, January 6, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthayam Tilau				Warsaw, Poland Sutra 267	
Kataka Rasi: 28.58	Tithi 19	Gulika Yama Rahu	11:42AM - 12:41PM 9:43AM - 10:42AM 1:41PM - 2:40PM	Ashlesha* Until 7:38AM Priti Until 3:50PM Bava Until 2:52PM Chaturthi* Until 2:22AM Wed	Ganesh: Yellow Muruga: White Nataraja: Clear Moon - Blue Pausha-Markali	Sunrise: 7:44AM Sunset: 3:40PM	Vasvasu 5127 Moon 1 - Phase 37 - 2 1st Phase
Creative Work	Siddha Yoga					Sivaloka Day	

3

Wednesday, January 7, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ajayshman/Saubhagya Yoga Kaulava/Taila Karana Panchmayam Tilau				Warsaw, Poland Sutra 268	
Simha Rasi: 12.32	Tithi 20	Gulika Yama Rahu	10:43AM - 11:42AM 8:43AM - 9:43AM 11:42AM - 12:42PM	Magha* Until 7:24AM Ajayshman Until 2:01PM Kaulava Until 2:07PM Panchami Until 2:03AM Thu	Ganesh: White Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 7:44AM Sunset: 3:41PM	Vasvasu 5127 Moon 1 - Phase 37 - 3 1st Phase
Creative Work	Siddha Yoga					Devaloka Day	
Until 7:24AM							
Then Creative Work	Amrita Yoga						

4

Thursday, January 8, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shasthiyam Tilau				Warsaw, Poland Sutra 269	
Simha Rasi: 25.39	Tithi 21	Gulika Yama Rahu	9:43AM - 10:43AM 7:43AM - 8:43AM 12:43PM - 1:43PM	Purvaphalguni Until 7:52AM Saubhagya Until 12:53PM Gara Until 2:14PM Shashthi* Until 2:35AM Fri	Ganesh: White Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 7:43AM Sunset: 3:42PM	Vasvasu 5127 Moon 1 - Phase 37 - 4 1st Phase
Creative Work	Siddha Yoga					Devaloka Day	

5

Friday, January 9, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sobhana/Ahiganda* Yoga Visli*/Bava Karana Sapthmayam Tilau				Warsaw, Poland Sutra 270	
Kanya Rasi: 8.2	Tithi 22	Gulika Yama Rahu	8:43AM - 9:43AM 1:43PM - 2:44PM 10:43AM - 11:43AM	Uttaraphalguni Until 9:00AM Sobhana Until 12:24PM Visli Until 3:11PM Saptami Until 3:56AM Sat	Ganesh: White Muruga: White Nataraja: Clear Moon - Red Pausha-Markali	Sunrise: 7:43AM Sunset: 3:44PM	Vasvasu 5127 Moon 1 - Phase 37 - 5 1st Phase
Creative Work	Siddha Yoga					Devaloka Day	
Until 9:00AM							
Then Creative Work	Amrita Yoga						

6

Saturday, January 10, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Manita Vasara Yuktayam Hasta/Chitra Nakshatra Ahiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtmayam Tilau				Warsaw, Poland Sutra 271	
Kanya Rasi: 20.42	Tithi 23	Gulika Yama Rahu	7:42AM - 8:42AM 12:44PM - 1:44PM 9:43AM - 10:43AM	Hasta Until 11:10AM Ahiganda* Until 12:28PM Balava Until 4:52PM Ashtami* Until 5:54AM Sun	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 7:42AM Sunset: 3:45PM	Vasvasu 5127 Moon 1 - Phase 37 - 6 Ashtami
Routine Work	Marana Yoga					Sivaloka Day	

Sunday, January 11, 2026

		Viswasa Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Sukarma/Dhriti Yuga Taila Karana Navamayam Tilau				Warsaw, Poland Sutra 272	
Tula Rasi: 2.47	Tithi 24	Gulika Yama Rahu	1:45PM - 2:46PM 11:44AM - 12:45PM 2:46PM - 3:47PM	Chitra Until 1:44PM Sukarma Until 12:57PM Tailita Until 7:04PM Navami* Until 8:17AM Mon	Ganesh: Clear Muruga: White Nataraja: Clear Moon - Green Pausha-Markali	Sunrise: 7:41AM Sunset: 3:47PM	Vasvasu 5127 Moon 1 - Phase 37 - 7 Navami
Creative Work	Siddha Yoga					Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Inana Pada

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1

Monday, January 12, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mase Kṛishna Pakṣhe Indu Vasara Yuktayam		Warsaw, Poland	
Svali/Vishikha Nakshatra Dhrui/Sula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8	Sutra 273
Gulika	12:45PM - 1:46PM	Svali Untili 4:27PM	Ganesha: Clear Sunrise: 7:41AM
Yama	10:44AM - 11:44AM	Dhrui Untili 1:44PM	Muruga: White Sunset: 3:49PM
Family Home Evening	863448576 Rahu	8:42AM - 9:43AM	Nataraja: Clear Moon 1 - Phase 38 - 12
Creative Work	Amrita Yoga	Navami* Untili 8:17AM	Moon - Green Sivaloka Day
Untili 4:27PM			Pausha-Markali
Then Routine Work	Marana Yoga		

2

Tuesday, January 13, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mase Kṛishna Pakṣhe Mangala Vasara Yuktayam		Warsaw, Poland	
Vishakha Nakshatra Sula*/Ganda* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Sun 9	Sutra 274
Gulika	11:45AM - 12:46PM	Vishakha Untili 7:37PM	Ganesha: Purple Sunrise: 7:40AM
Yama	9:42AM - 10:44AM	Shula* Untili 2:34PM	Muruga: White Sunset: 3:50PM
Routine Work	Marana Yoga	Bava Untili 12:09AM Wed	Nataraja: Clear Moon 1 - Phase 38 - 12
Untili 7:37PM	873448576 Rahu	1:47PM - 2:48PM	Moon - Orange Devaloka Day
Then Creative Work	Siddha Yoga	Dashami Untili 10:51AM	Pausha-Markali

3

Wednesday, January 14, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Budha Vasara Yuktayam		Warsaw, Poland	
Anuradha Nakshatra Ganda*/Vidhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau		Sun 10	Sutra 275
Gulika	10:44AM - 11:45AM	Anuradha Untili 10:32PM	Ganesha: Purple Sunrise: 7:39AM
Yama	8:41AM - 9:42AM	Ganda* Untili 3:24PM	Muruga: White Sunset: 3:51PM
Wischika Rasi: 8.28	Tithi 26 - 27	Kaulava Untili 2:38AM Thu	Nataraja: Clear Moon 1 - Phase 38 - 12
Creative Work	Siddha Yoga	Ekadashi* Untili 1:23PM	Moon - Orange Devaloka Day
			Pausha-Thai
	Thai Pongal		

4

Thursday, January 15, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Guru Vasara Yuktayam		Warsaw, Poland	
Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11	Sutra 276
Gulika	9:42AM - 10:44AM	Jyeshtha* Untili 1:05AM Fri	Ganesha: Purple Sunrise: 7:39AM
Yama	7:39AM - 8:40AM	Vidhi Untili 4:05PM	Muruga: White Sunset: 3:51PM
Wischika Rasi: 20.22	Tithi 27 - 28	Gara Untili 4:51AM Fri	Nataraja: Clear Moon 1 - Phase 38 - 12
Routine Work	Prabalashita Yoga	Dvadashi* Untili 3:45PM	Moon - Orange Devaloka Day
Untili 1:05AM Fri	873448576 Rahu	12:47PM - 1:49PM	Pausha-Thai
Then Creative Work	Amrita Yoga		
			Pradosha Vata (Fasting)

5

Friday, January 16, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Sukra Vasara Yuktayam		Warsaw, Poland	
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titau		Sun 12	Sutra 277
Gulika	8:40AM - 9:42AM	Mula* Untili 3:39AM Sat	Ganesha: Purple Sunrise: 7:38AM
Yama	1:50PM - 2:52PM	Dhruva Untili 4:32PM	Muruga: White Sunset: 3:51PM
Dhanus Rasi: 2.23	Tithi 28 - 29	Visi Untili 6:45AM Sat	Nataraja: Clear Moon 1 - Phase 38 - 12
Creative Work	Amrita Yoga	Trayodashi* Untili 5:50PM	Moon - Light Blue Devaloka Day
Untili 3:39AM Sat	884448576 Rahu	10:44AM - 11:46AM	Pausha-Thai
Then Creative Work	Siddha Yoga		

6

Saturday, January 17, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Mani Vasara Yuktayam		Warsaw, Poland	
Purvashada* Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Sun 13	Sutra 278
Gulika	7:37AM - 8:39AM	Purvashada* Untili 5:41AM Sun	Ganesha: Purple Sunrise: 7:37AM
Yama	12:49PM - 1:51PM	Vyaghata* Untili 4:44PM	Muruga: White Sunset: 3:56PM
Dhanus Rasi: 14.31	Tithi 29	Visi Untili 6:45AM	Nataraja: Clear Moon 1 - Phase 38 - 12
Creative Work	Siddha Yoga	Chaturdashi* Untili 7:32PM	Moon - Light Blue Devaloka Day
Untili 5:41AM Sun	884448576 Rahu	9:41AM - 10:44AM	Pausha-Thai
Then Creative Work	Amrita Yoga		

●

Sunday, January 18, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kṛishna Pakṣhe Bhanu Vasara Yuktayam		Warsaw, Poland	
Uttarashada Nakshatra Harshana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau		Sun 14	Sutra 279
Retreat Star			
Gulika	1:52PM - 2:55PM	Uttarashada Untili 7:10AM Mon	Ganesha: Purple Sunrise: 7:36AM
Yama	11:47AM - 12:49PM	Harshana Untili 4:38PM	Muruga: White Sunset: 3:57PM
Dhanus Rasi: 26.49	Tithi 30	Caluspada Untili 8:16AM	Nataraja: Clear Moon 1 - Phase 38 - 14
Creative Work	Amrita Yoga	Amavasya* Untili 8:50PM	Moon - Light Blue Devaloka Day
			Pausha-Thai

Monday, January 19, 2026

Viswastu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Pakṣhe Indu Vasara Yuktayam		Warsaw, Poland	
Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15	Sutra 280
Retreat Star			
Gulika	12:50PM - 1:53PM	Uttarashada Untili 7:10AM	Ganesha: Purple Sunrise: 7:35AM
Yama	10:44AM - 11:47AM	Vajra* Untili 4:12PM	Muruga: White Sunset: 3:59PM
Makara Rasi: 9.17	Tithi 1	Kintughna Untili 9:21AM	Nataraja: Clear Moon 1 - Phase 38 - 15
Family Home Evening	884448576 Rahu	8:38AM - 9:41AM	Moon - Light Blue Prathama
Routine Work	Marana Yoga	Prathama* Untili 9:44PM	Magha-Thai
Untili 7:10AM			
Then Creative Work	Amrita Yoga		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1

Tuesday, January 20, 2026

Makara Rasi: 21:57 Tilthi 2
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Siddhi/Vyjalipala* Yoga Balava/Kaulava Karana Dhivhyam Titau

Gulika	11:47AM - 12:51PM	Shravana Untill 8:35AM	Ganesh: Light Blue	Sunrise: 7:34AM
Yama	9:40AM - 10:44AM	Siddhi Untill 3:28PM	Muruga: White	Sunset: 4:09PM
Rahu	1:54PM - 2:57PM	Balava Untill 10:02AM	Nataraja: Clear	Moon 1 - Phase 39 - 17
		Dvitiya Untill 10:12PM	Moon - Purple	3rd Phase
			Magha-Thai	

Warsaw, Poland
Sun 16 Sutra 281
Visvavasu 5:17
Moon 1 - Phase 39 - 17
3rd Phase

Devaloka Day

2

Wednesday, January 21, 2026

Kumbha Rasi: 4:48 Tilthi 3
Routine Work Prabalarishta Yoga
Untill 9:26AM
Then Creative Work - Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Balha Vasara Yuktayam
Dhanishtha/Shabdhishak Nakshatra Vyalipala*/Varjan/Parigra* Yoga Vanija/Vist/ Karana Chaturthyan Titau

Gulika	10:44AM - 11:48AM	Dhanishtha Untill 9:26AM	Ganesh: Light Blue	Sunrise: 7:33AM
Yama	8:36AM - 9:40AM	Vyalipala* Untill 2:27PM	Muruga: White	Sunset: 4:09PM
Rahu	11:48AM - 12:51PM	Tailita Untill 10:19AM	Nataraja: Clear	Moon 1 - Phase 39 - 17
		Tritiya Untill 10:17PM	Moon - Purple	3rd Phase
			Magha-Thai	

Warsaw, Poland
Sun 17 Sutra 282
Visvavasu 5:17
Moon 1 - Phase 39 - 17
3rd Phase

Devaloka Day

3

Thursday, January 22, 2026

Kumbha Rasi: 17:5 Tilthi 4
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Gaur Vasara Yuktayam
Shabdhishak Nakshatra Varjan/Parigra* Yoga Vanija/Vist/ Karana Chaturthyan Titau

Gulika	9:40AM - 10:44AM	Shabdhishak Untill 9:46AM	Ganesh: Light Blue	Sunrise: 7:31AM
Yama	7:31AM - 8:36AM	Varjan Untill 1:05PM	Muruga: White	Sunset: 4:09PM
Rahu	12:52PM - 1:56PM	Vanija Untill 10:11AM	Nataraja: Clear	Moon 1 - Phase 39 - 18
		Chaturthi* Untill 9:58PM	Moon - Purple	3rd Phase
			Magha-Thai	

Warsaw, Poland
Sun 18 Sutra 283
Visvavasu 5:17
Moon 1 - Phase 39 - 18
3rd Phase

Devaloka Day

4

Friday, January 23, 2026

Meena Rasi: 1:05 Tilthi 5
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Sukra Vasara Yuktayam
Uttarproshthapada/Revati Nakshatra Parigra*/Shiva Yoga Bava/Balava Karana Panchamyan Titau

Gulika	8:35AM - 9:39AM	Purvaproshthapada* Untill 10:01AM	Ganesh: White	Sunrise: 7:30AM
Yama	1:57PM - 3:02PM	Parigra* Untill 11:26AM	Muruga: White	Sunset: 4:09PM
Rahu	10:44AM - 11:48AM	Bava Untill 9:41AM	Nataraja: Clear	Moon 1 - Phase 39 - 19
		Panchami Untill 9:15PM	Moon - Clear	3rd Phase
			Magha-Thai	

Warsaw, Poland
Sun 19 Sutra 284
Visvavasu 5:17
Moon 1 - Phase 39 - 19
3rd Phase

Devaloka Day

5

Saturday, January 24, 2026

Meena Rasi: 14:32 Tilthi 6
Creative Work Siddha Yoga
Untill 9:44AM
Then Routine Work - Prabalarishta Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Mania Vasara Yuktayam
Uttarproshthapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Shashthyan Titau

Gulika	7:29AM - 8:34AM	Uttarproshthapada Untill 9:44AM	Ganesh: White	Sunrise: 7:29AM
Yama	12:53PM - 1:58PM	Shiva Untill 9:30AM	Muruga: White	Sunset: 4:09PM
Rahu	9:39AM - 10:44AM	Kaulava Untill 8:46AM	Nataraja: Clear	Moon 1 - Phase 39 - 20
		Shashthi* Untill 8:10PM	Moon - Clear	3rd Phase
			Magha-Thai	

Warsaw, Poland
Sun 20 Sutra 285
Visvavasu 5:17
Moon 1 - Phase 39 - 20
3rd Phase

Devaloka Day

6

Sunday, January 25, 2026

Meena Rasi: 28:13 Tilthi 7
Creative Work Amrita Yoga
Untill 8:56AM
Then Creative Work - Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Bharu Vasara Yuktayam
Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyan Titau

Gulika	1:59PM - 3:04PM	Revati Untill 8:56AM	Ganesh: Clear	Sunrise: 7:28AM
Yama	11:49AM - 12:54PM	Siddha Untill 7:14AM	Muruga: White	Sunset: 4:10PM
Rahu	3:04PM - 4:10PM	Gara Untill 7:29AM	Nataraja: Clear	Moon 1 - Phase 39 - 21
		Saptami Untill 6:41PM	Moon - Clear	3rd Phase
			Magha-Thai	

Warsaw, Poland
Sun 21 Sutra 286
Visvavasu 5:17
Moon 1 - Phase 39 - 21
3rd Phase

Sivaloka Day

D

Monday, January 26, 2026

Retreat Star
Mesha Rasi: 12:08 Tilthi 8 - 9
Family Home Evening
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyan Titau

Gulika	12:54PM - 2:00PM	Ashvini Untill 8:02AM	Ganesh: White	Sunrise: 7:26AM
Yama	10:43AM - 11:49AM	Subha Untill 1:50AM Tue	Muruga: White	Sunset: 4:11PM
Rahu	8:32AM - 9:38AM	Balava Untill 3:47AM Tue	Nataraja: Clear	Moon 1 - Phase 39 - 22
		Ashtami* Untill 4:49PM	Moon - White	Ashtami
			Magha-Thai	

Warsaw, Poland
Sun 22 Sutra 287
Visvavasu 5:17
Moon 1 - Phase 39 - 22

Devaloka Day

Tuesday, January 27, 2026

Retreat Star
Mesha Rasi: 26:16 Tilthi 9 - 10
Creative Work Siddha Yoga

Visvavasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Suklo Paksho Mangala Vasara Yuktayam
Bharani/Kittika Nakshatra Sukla Yoga Kaulava/Tailita Karana Navami/Dashamyan Titau

Gulika	11:49AM - 12:55PM	Bharani Untill 6:39AM	Ganesh: White	Sunrise: 7:25AM
Yama	9:37AM - 10:43AM	Sukla Untill 10:43PM	Muruga: White	Sunset: 4:13PM
Rahu	2:01PM - 3:07PM	Tailita Untill 1:26AM Wed	Nataraja: Clear	Moon 1 - Phase 39 - 23
		Navami* Untill 2:38PM	Moon - White	Navami
			Magha-Thai	

Warsaw, Poland
Sun 23 Sutra 288
Visvavasu 5:17
Moon 1 - Phase 39 - 23

Devaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

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1	Wednesday, January 28, 2026	Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Budha Vesara Yukhtayam				Warsaw, Poland
		Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Sun 24 Sutra 289
	Wishabha Rasi: 10.37 Tithi 10 – 11	Gulika 10:43AM – 11:49AM	Rohini Until 3:03AM Thu	Ganesha: Yellow	Sunrise: 7:24AM	Vishvasu 5127
		Yama 8:30AM – 9:36AM	Brahma Until 7:25PM	Muruga: White	Sunset: 4:15PM	Moon 1 - Phase: 40 - 21
		Rahu 11:49AM – 12:56PM	Vanija Until 10:51PM	Nataraja: Clear		4th Phase
	Creative Work Siddha Yoga		Dashami Until 12:09PM	Moon - Yellow		Sivaloka Day
	Until 3:03AM Thu			Magha-Thai		
	Then Routine Work - Marana Yoga					

2	Thursday, January 29, 2026	Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Guru Vesara Yukhtayam				Warsaw, Poland
		Mrigashira Nakshatra Indra/Vaidhri* Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Titau				Sun 25 Sutra 290
	Wishabha Rasi: 25.06 Tithi 11 – 12	Gulika 9:36AM – 10:43AM	Mrigashira Until 1:01AM Fri	Ganesha: Red	Sunrise: 7:22AM	Vishvasu 5127
		Yama 7:22AM – 8:29AM	Indra Until 3:59PM	Muruga: White	Sunset: 4:17PM	Moon 1 - Phase: 40 - 25
		Rahu 12:56PM – 2:03PM	Bava Until 8:07PM	Nataraja: Clear		4th Phase
	Routine Work Marana Yoga		Ekadashi Until 9:29AM	Moon - Yellow		Sivaloka Day
	Until 1:01AM Fri			Magha-Thai		
	Then Creative Work - Siddha Yoga					

3	Friday, January 30, 2026	Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Sukra Vesara Yukhtayam				Warsaw, Poland
		Ardra Nakshatra Vaidhri*/Vishkambha* Yoga Balava/Taila Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 291
	Mithuna Rasi: 9.41 Tithi 12 – 13	Gulika 8:28AM – 9:35AM	Ardra Until 10:50PM	Ganesha: Red	Sunrise: 7:21AM	Vishvasu 5127
		Yama 2:04PM – 3:11PM	Vaidhri* Until 12:29PM	Muruga: White	Sunset: 4:19PM	Moon 1 - Phase: 40 - 26
		Rahu 10:42AM – 11:50AM	Taila Until 3:58AM Sat	Nataraja: Clear		4th Phase
	Creative Work Siddha Yoga		Dvadashi Until 6:42AM	Moon - Yellow		Sivaloka Day
				Magha-Thai		

Pradosha Vata

4	Saturday, January 31, 2026	Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Manita Vesara Yukhtayam				Warsaw, Poland
		Punarvasu Nakshatra Vishkambha*/Pili Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 292
	Mithuna Rasi: 24.14 Tithi 14	Gulika 7:19AM – 8:27AM	Punarvasu Until 9:04PM	Ganesha: Blue	Sunrise: 7:19AM	Vishvasu 5127
		Yama 12:57PM – 2:05PM	Vishkambha* Until 9:03AM	Muruga: White	Sunset: 4:20PM	Moon 1 - Phase: 40 - 27
		Rahu 9:35AM – 10:42AM	Gara Until 2:40PM	Nataraja: Clear		4th Phase
	Creative Work Siddha Yoga		Chaturdashi* Until 1:24AM Sun	Moon - Blue		Devaloka Day
				Magha-Thai		

○	Sunday, February 1, 2026	Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Suko Paksho Shanu Vesara Yukhtayam				Warsaw, Poland
		Pushya Nakshatra Ayushman Yoga Visi*/Bava Karana Puninmayam Titau				Sun 28 Sutra 293
	Copper Retreat Star	Gulika 2:05PM – 3:13PM	Pushya Until 7:27PM	Ganesha: Blue	Sunrise: 7:19AM	Vishvasu 5127
	Kataka Rasi: 8.4 Tithi 15	Yama 11:50AM – 12:57PM	Ayushman Until 2:48AM Mon	Muruga: White	Sunset: 4:20PM	Moon 1 - Phase: 40 - Punima
		Rahu 3:13PM – 4:20PM	Visi Until 12:15PM	Nataraja: Clear		
	Creative Work Siddha Yoga		Purnima* Until 11:09PM	Moon - Blue		Devaloka Day
		Thai Pusam		Magha-Thai		

○	Monday, February 2, 2026	Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Kitzhna Paksho Indu Vesara Yukhtayam				Warsaw, Poland
		Ashlesha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prahanmayam Titau				Sun 29 Sutra 294
	Silver Retreat Star	Gulika 12:58PM – 2:06PM	Ashlesha* Until 6:07PM	Ganesha: Blue	Sunrise: 7:18AM	Vishvasu 5127
	Kataka Rasi: 22.52 Tithi 16	Yama 10:42AM – 11:50AM	Saubhagya Until 12:12AM Tue	Muruga: White	Sunset: 4:22PM	Moon 1 - Phase: 40 - Prathama
		Rahu 8:26AM – 9:34AM	Balava Until 10:12AM	Nataraja: Clear		
	Creative Work Siddha Yoga		Prathama* Until 9:21PM	Moon - Blue		Devaloka Day
	Until 6:07PM			Magha-Thai		
	Then Routine Work - Marana Yoga					

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026
Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktyam				Warsaw, Poland	
		Magha* Purnvaphalguni Nakshatra Sobhana Yoga Taillia/Gara Karana Dvilyayam Titau				Sun 1 Sutra 295	
Simha Rasi: 6.44	Tithi 17	Gulika	11:50AM - 12:59PM	Magha* Untill 5:37PM	Ganesh: Red	Sunrise: 7:16AM	Vasavasu 5:17
		Yama	9:33AM - 10:42AM	Sobhana Untill 10:06PM	Muruga: White	Sunset: 4:26PM	Moon 2 - Phase 41 - 1
Creative Work	Siddha Yoga	Rahu	2:07PM - 3:16PM	Taillia Untill 8:41AM	Nataraja: Orange		1st Phase
					Dvitiya Untill 8:09PM		Sivaloka Day
					Moon - Red		
					Magha-Thai		

1

Wednesday, February 4, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Baahya Vasara Yuktyam				Warsaw, Poland	
		Purnvaphalguni/Ultrapahguni Nakshatra Abhigand* Yoga Vanja/Vist* Karana Tritrayam Titau				Sun 2 Sutra 296	
Simha Rasi: 20.14	Tithi 18	Gulika	10:41AM - 11:50AM	Purnvaphalguni Untill 5:40PM	Ganesh: Red	Sunrise: 7:14AM	Vasavasu 5:17
		Yama	7:13AM - 8:22AM	Abhigand* Untill 8:31PM	Muruga: White	Sunset: 4:26PM	Moon 2 - Phase 41 - 2
Creative Work	Amrita Yoga	Rahu	11:50AM - 12:59PM	Vanija Untill 7:49AM	Nataraja: Orange		1st Phase
					Tritiya Untill 7:38PM		Sivaloka Day
					Moon - Red		
					Magha-Thai		

2

Thursday, February 5, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktyam				Warsaw, Poland	
		Hasta Nakshatra Dhrivi Yoga Kaulava/Balava Karana Chaturtham Titau				Sun 3 Sutra 297	
Kanya Rasi: 3.21	Tithi 19	Gulika	9:32AM - 10:41AM	Ultraphalguni Untill 6:16PM	Ganesh: Red	Sunrise: 7:13AM	Vasavasu 5:17
		Yama	7:13AM - 8:22AM	Sukarma Untill 7:31PM	Muruga: White	Sunset: 4:26PM	Moon 2 - Phase 41 - 3
	Amrita Yoga	Rahu	1:06PM - 2:09PM	Bava Untill 7:41AM	Nataraja: Orange		1st Phase
Untill 6:16PM		Maha Sankatahara Chaturthi		Chaturthi* Untill 7:52PM	Moon - Red		Sivaloka Day
					Magha-Thai		
Then Routine Work - Marana Yoga							

3

Friday, February 6, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktyam				Warsaw, Poland	
		Hasta Nakshatra Dhrivi Yoga Kaulava/Taillia Karana Panchamam Titau				Sun 4 Sutra 298	
Kanya Rasi: 16.05	Tithi 20	Gulika	8:21AM - 9:31AM	Hasta Untill 7:54PM	Ganesh: Green	Sunrise: 7:11AM	Vasavasu 5:17
		Yama	2:10PM - 3:20PM	Dhrivi Untill 7:07PM	Muruga: White	Sunset: 4:30PM	Moon 2 - Phase 41 - 4
Creative Work	Amrita Yoga	Rahu	10:41AM - 11:50AM	Kaulava Untill 8:18AM	Nataraja: Orange		1st Phase
Untill 7:54PM				Panchami Untill 8:51PM	Moon - Green		Devaloka Day
					Magha-Thai		
Then Creative Work - Siddha Yoga							

4

Saturday, February 7, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mantra Vasara Yuktyam				Warsaw, Poland	
		Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashtham Titau				Sun 5 Sutra 299	
Kanya Rasi: 28.31	Tithi 21	Gulika	7:09AM - 8:20AM	Chitra Untill 10:00PM	Ganesh: White	Sunrise: 7:09AM	Vasavasu 5:17
		Yama	1:01PM - 2:11PM	Shula* Untill 7:10PM	Muruga: White	Sunset: 4:33PM	Moon 2 - Phase 41 - 5
Routine Work	Marana Yoga	Rahu	9:30AM - 10:40AM	Gara Untill 9:36AM	Nataraja: Orange		1st Phase
Untill 10:00PM				Shashthi* Untill 10:28PM	Moon - Green		Devaloka Day
					Magha-Thai		
Then Creative Work - Siddha Yoga							

5

Sunday, February 8, 2026

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Ehanu Vasara Yuktyam				Warsaw, Poland	
		Svati Nakshatra Ganda* Yoga Vist* Bava Karana Sapthamam Titau				Sun 6 Sutra 300	
Tula Rasi: 10.41	Tithi 22	Gulika	2:12PM - 3:23PM	Svati Untill 12:24AM Mon	Ganesh: White	Sunrise: 7:08AM	Vasavasu 5:17
		Yama	11:51AM - 1:01PM	Ganda* Untill 7:38PM	Muruga: White	Sunset: 4:33PM	Moon 2 - Phase 41 - 6
Creative Work	Siddha Yoga	Rahu	3:23PM - 4:33PM	Visti Untill 11:30AM	Nataraja: Orange		1st Phase
Untill 12:24AM Mon				Sapthami Untill 12:35AM Mon	Moon - Green		Devaloka Day
					Magha-Thai		
Then Routine Work - Marana Yoga							

Monday, February 9, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktyam				Warsaw, Poland	
		Vishakha Nakshatra Viddhi Yoga Balava/Kaulava Karana Ashtamam Titau				Sun 7 Sutra 301	
Tula Rasi: 22.41	Tithi 23	Gulika	1:02PM - 2:13PM	Vishakha Untill 3:25AM Tue	Ganesh: Clear	Sunrise: 7:06AM	Vasavasu 5:17
		Yama	10:39AM - 11:51AM	Viddhi Untill 8:22PM	Muruga: White	Sunset: 4:35PM	Moon 2 - Phase 41 - 7
Family Home Evening		Rahu	8:17AM - 9:28AM	Balava Untill 1:47PM	Nataraja: Orange		Ashtami
Routine Work	Marana Yoga			Ashtami* Untill 2:59AM Tue	Moon - Orange		Sivaloka Day
Untill 3:25AM Tue				Magha-Thai			
Then Creative Work - Siddha Yoga							

Tuesday, February 10, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktyam				Warsaw, Poland	
		Anuradha Nakshatra Dhriva Yoga Taillia/Gara Karana Navamam Titau				Sun 8 Sutra 302	
Vishkika Rasi: 5	Tithi 24	Gulika	11:51AM - 1:02PM	Anuradha Untill 6:20AM Wed	Ganesh: Clear	Sunrise: 7:04AM	Vasavasu 5:17
		Yama	9:27AM - 10:39AM	Dhriva Untill 9:09PM	Muruga: White	Sunset: 4:37PM	Moon 2 - Phase 41 - 8
Creative Work	Siddha Yoga	Rahu	2:14PM - 3:26PM	Taillia Untill 4:15PM	Nataraja: Orange		Navami
					Navami* Untill 5:28AM Wed		Sivaloka Day
					Magha-Thai		

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Warsaw, Poland on 12/20/23

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1		Wednesday, February 11, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakshi Budha Vasara Yukatayam Anuradha/Jyeshtha Nakshatra Vyaghata* Yoga Vanja Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 9 Sutra 303	
Wischka Rasi: 16.29	TITHI 25	Gulika 9:26AM - 11:51AM	Anuradha Until 6:20AM	Ganesh: Clear	Sunrise: 7:00AM	Vasavasu 5:17	
		Yama 8:14AM - 9:27AM	Vyaghata* Until 9:55PM	Muruga: White	Sunset: 4:39PM	Moon 2 - Phase 42 - 9 2nd Phase	
Creative Work	Siddha Yoga	Rahu 11:51AM - 1:03PM	Vanija Until 6:42PM	Nataraja: Orange			
			Dashami Until 7:50AM Thu	Moon - Orange		Sivaloka Day	
				Magha-Thai			

2		Thursday, February 12, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yukatayam Jyeshtha/Mula Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashyam Titau		Warsaw, Poland Sun 10 Sutra 304	
Wischka Rasi: 28.25	TITHI 25 - 26	Gulika 9:26AM - 10:38AM	Jyeshtha* Until 8:58AM	Ganesh: Clear	Sunrise: 7:00AM	Vasavasu 5:17	
		Yama 7:00AM - 8:13AM	Harshana Until 10:32PM	Muruga: White	Sunset: 4:19PM	Moon 2 - Phase 42 - 10 2nd Phase	
Routine Work	Prabalarishta Yoga	Rahu 1:03PM - 2:16PM	Bava Until 8:56PM	Nataraja: Orange			
Until 8:58AM			Dashami Until 7:50AM	Moon - Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			

3		Friday, February 13, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yukatayam Mula/Purvashada Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau		Warsaw, Poland Sun 11 Sutra 305	
Dhanus Rasi: 10.28	TITHI 26 - 27	Gulika 8:12AM - 9:25AM	Mula* Until 11:39AM	Ganesh: Purple	Sunrise: 6:59AM	Vasavasu 5:17	
		Yama 2:17PM - 3:30PM	Vajra* Until 10:49PM	Muruga: White	Sunset: 4:43PM	Moon 2 - Phase 42 - 11 2nd Phase	
Creative Work	Amrita Yoga	Rahu 10:38AM - 11:51AM	Kaulava Until 10:47PM	Nataraja: Orange			
Until 11:39AM			Ekadashi* Until 9:54AM	Moon - Light Blue		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Magha-Masi			

4		Saturday, February 14, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Manta Vasara Yukatayam Purvashada/Uttarashada Nakshatra Siddhi Yoga Talita/Gara Karana Dwadashi/Trayodashyam Titau		Warsaw, Poland Sun 12 Sutra 306	
Dhanus Rasi: 22.41	TITHI 27 - 28	Gulika 6:57AM - 8:10AM	Purvashada* Until 1:43PM	Ganesh: Clear	Sunrise: 6:57AM	Vasavasu 5:17	
		Yama 1:04PM - 2:18PM	Siddhi Until 10:45PM	Muruga: White	Sunset: 4:49PM	Moon 2 - Phase 42 - 12 2nd Phase	
Creative Work	Siddha Yoga	Rahu 9:24AM - 10:37AM	Gara Until 12:08AM Sun	Nataraja: Orange			
Until 1:43PM			Dwadashi* Until 11:30AM	Moon - Light Blue		Sivaloka Day	
Then Routine Work - Marana Yoga				Magha-Masi			
				Pradosha Vata (Fasting)			

5		Sunday, February 15, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Shukra Vasara Yukatayam Uttarashada/Shravana Nakshatra Vrajipata* Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau		Warsaw, Poland Sun 13 Sutra 307	
Makara Rasi: 5.07	TITHI 28 - 29	Gulika 2:19PM - 3:33PM	Uttarashada Until 3:08PM	Ganesh: Clear	Sunrise: 6:55AM	Vasavasu 5:17	
		Yama 11:51AM - 1:05PM	Vyajipata* Until 10:16PM	Muruga: White	Sunset: 4:47PM	Moon 2 - Phase 42 - 13 2nd Phase	
Creative Work	Amrita Yoga	Rahu 3:33PM - 4:47PM	Visi Until 12:56AM Mon	Nataraja: Orange			
Until 4:18PM			Trayodashi* Until 12:35PM	Moon - Light Blue		Sivaloka Day	
				Magha-Masi			

Monday, February 16, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi Indu Vasara Yukatayam Shravana/Shatshobhak Nakshatra Varjaya Yoga Sakra/Kintughna* Karana Chaturdashi/Amavasyayam Titau		Warsaw, Poland Sun 14 Sutra 308	
Makara Rasi: 17.48	TITHI 29 - 30	Gulika 1:05PM - 2:20PM	Shravana Until 4:18PM	Ganesh: Orange	Sunrise: 6:53AM	Vasavasu 5:17	
Family Home Evening		Yama 10:36AM - 11:51AM	Varjaya Until 9:19PM	Muruga: White	Sunset: 4:48PM	Moon 2 - Phase 42 - 14 Amavasya	
Creative Work	Amrita Yoga	Rahu 8:07AM - 9:22AM	Caluspada Until 1:09AM Tue	Nataraja: Orange			
Until 4:18PM			Chaturdashi* Until 1:06PM	Moon - Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			

Tuesday, February 17, 2026		Retreat Star		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukra Pakshi Mangala Vasara Yukatayam Dhanishtha/Shatshobhak Nakshatra Parigha* Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Warsaw, Poland Sun 15 Sutra 309	
Kumbha Rasi: 0.45	TITHI 30 - 1	Gulika 11:51AM - 1:06PM	Dhanishtha Until 4:46PM	Ganesh: Orange	Sunrise: 6:51AM	Vasavasu 5:17	
		Yama 9:21AM - 10:36AM	Parigha* Until 7:58PM	Muruga: White	Sunset: 4:50PM	Moon 2 - Phase 42 - 15 Prathama	
Creative Work	Siddha Yoga	Rahu 2:20PM - 3:35PM	Kintughna Until 12:50AM Wed	Nataraja: Orange			
Until 4:46PM			Amavasya* Until 1:02PM	Moon - Purple		Sivaloka Day	
Then Routine Work - Marana Yoga				Phalgun-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Wednesday, February 18, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше Баджа Івароа Үктыям Шабатшых/Paruroshthapada/ Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityam Titau				Warsaw, Poland
	Kumbha Rasi: 13.59	Tithi 1 – 2	Gulika 10:35AM – 11:51AM Yama 8:04AM – 9:20AM 997548577 Rahu 11:51AM – 1:06PM	Shatabhishak Untill 4:36PM Shiva Untill 6:14PM Balava Untill 12:02AM Thu Prathama* Untill 12:28PM	Ganesh: Orange Muruga: White Nataraja: Orange Moon – Purple Phalguna-Masi	Sunrise: 6:49AM Sunset: 4:59PM	Sun 16 Sutra 310 Viswasa 5127 Moon 2 - Phase 43 - 17 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
	Untill 4:36PM						
	Then Creative Work - Amrita Yoga						

2	Thursday, February 19, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Гара Васара Үктыям Paruroshthapada/Ultarproshthapada Nakshatra Siddha Yoga Kauava/Tailia Karana Dvitiyam/Titau				Warsaw, Poland
	Kumbha Rasi: 27.28	Tithi 2 – 3	Gulika 9:19AM – 10:35AM Yama 6:47AM – 8:03AM 917548577 Rahu 1:06PM – 2:22PM	Puravproshthapada* Untill 4:19PM Siddha Untill 4:09PM Tailia Untill 10:50PM Dvitiya Untill 11:28AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalguna-Masi	Sunrise: 6:47AM Sunset: 4:54PM	Sun 17 Sutra 311 Viswasa 5127 Moon 2 - Phase 43 - 17 3rd Phase
	Creative Work	Siddha Yoga					Subha Sivaloka Day

3	Friday, February 20, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Сура Васара Үктыям Ultarproshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiyam/Chaturtham Titau				Warsaw, Poland
	Meena Rasi: 11.09	Tithi 3 – 4	Gulika 8:01AM – 9:18AM Yama 6:47AM – 8:03AM 917548577 Rahu 10:34AM – 11:50AM	Ultarproshthapada Untill 3:33PM Sadhya Untill 1:49PM Vanija Untill 9:20PM Tritiya Untill 10:06AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalguna-Masi	Sunrise: 6:45AM Sunset: 4:56PM	Sun 18 Sutra 312 Viswasa 5127 Moon 2 - Phase 43 - 18 3rd Phase
	Creative Work	Siddha Yoga					Subha Sivaloka Day

4	Saturday, February 21, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Марта Васара Үктыям Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Chaturthi/Panchamam Titau				Warsaw, Poland
	Meena Rasi: 25.01	Tithi 4 – 5	Gulika 6:43AM – 8:00AM Yama 1:07PM – 2:24PM 918548577 Rahu 9:17AM – 10:33AM	Revati Untill 2:24PM Subha Untill 11:17AM Bava Untill 7:35PM Chaturthi* Untill 8:27AM	Ganesh: Red Muruga: White Nataraja: Orange Moon – Clear Phalguna-Masi	Sunrise: 6:43AM Sunset: 4:58PM	Sun 19 Sutra 313 Viswasa 5127 Moon 2 - Phase 43 - 19 3rd Phase
	Routine Work	Prabalarishtha Yoga					Sivaloka Day
	Untill 2:24PM						
	Then Creative Work - Siddha Yoga	Subramuniyaswami Siva Vision Day					

5	Sunday, February 22, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Бхану Васара Үктыям Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Tailia Karana Panchami/Shashthyam Titau				Warsaw, Poland
	Mesha Rasi: 9.01	Tithi 5 – 6	Gulika 2:25PM – 3:42PM Yama 11:50AM – 1:08PM 928548577 Rahu 3:42PM – 5:00PM	Ashvini Untill 1:21PM Sukla Untill 8:34AM Tailia Untill 4:38AM Mon Panchami Untill 6:37AM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalguna-Masi	Sunrise: 6:41AM Sunset: 5:09PM	Sun 20 Sutra 314 Viswasa 5127 Moon 2 - Phase 43 - 20 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day
	Untill 1:21PM						
	Then Routine Work - Prabalarishtha Yoga						

6	Monday, February 23, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Инду Васара Үктыям Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Sapthamam Titau				Warsaw, Poland
	Mesha Rasi: 23.07	Tithi 7	Gulika 1:08PM – 2:26PM Yama 10:32AM – 11:50AM 928548577 Rahu 7:57AM – 9:14AM	Bharani Untill 12:01PM Indra Untill 2:53AM Tue Gara Untill 3:37PM Sapthami Untill 2:33AM Tue	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalguna-Masi	Sunrise: 6:39AM Sunset: 5:01PM	Sun 21 Sutra 315 Viswasa 5127 Moon 2 - Phase 43 - 21 3rd Phase
	Family Home Evening	Siddha Yoga					Devaloka Day
	Untill 12:01PM						
	Then Routine Work - Marana Yoga						

D	Tuesday, February 24, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Мангала Васара Үктыям Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti/Bava Karana Ashtamam Titau				Warsaw, Poland
	Wisshabha Rasi: 7.15	Tithi 8	Gulika 11:50AM – 1:08PM Yama 9:13AM – 10:32AM 928548577 Rahu 2:27PM – 3:45PM	Krittika Untill 10:29AM Vaidhriti* Untill 11:57PM Visti Untill 1:31PM Ashtami* Untill 12:25AM Wed	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalguna-Masi	Sunrise: 6:37AM Sunset: 5:03PM	Sun 22 Sutra 316 Viswasa 5127 Moon 2 - Phase 43 - 22 Ashtami
	Creative Work	Siddha Yoga					Devaloka Day
	Untill 10:29AM						
	Then Creative Work - Amrita Yoga						

W	Wednesday, February 25, 2026		Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Месе Суліа Пакше: Баджа Васара Үктыям Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kauava Karana Navamam Titau				Warsaw, Poland
	Wisshabha Rasi: 21.26	Tithi 9	Gulika 10:31AM – 11:50AM Yama 7:53AM – 9:12AM 938648577 Rahu 11:50AM – 1:09PM	Rohini Untill 9:12AM Vishkambha* Untill 9:02PM Balava Untill 11:22AM Navam* Untill 10:17PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:34AM Sunset: 5:05PM	Sun 23 Sutra 317 Viswasa 5127 Moon 2 - Phase 43 - 23 Navami
	Creative Work	Siddha Yoga					Subha Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Guru Vasara Yuktayam				Warsaw, Poland
Mithuna Rasi: 5:37 Tithi 10		Gulika 9:11AM - 10:30AM		Mrigashira Until 7:46AM		Sun 24 Sutra 318
Routine Work Marana Yoga		Yama 6:32AM - 7:52AM		Phili Until 6:08PM		Vasavasu 5:17
		938648577 Rahu 1:09PM - 2:28PM		Taitilla Until 9:15AM		Moon 2 - Phase 44 - 24 4th Phase
				Dashami Until 8:11PM		Subha Sivaloka Day
				Moon - Yellow Phalgun-Masi		

2 Friday, February 27, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Satara Vasara Yuktayam				Warsaw, Poland
Mithuna Rasi: 19:45 Tithi 11		Gulika 7:50AM - 9:10AM		Ardra Until 6:16AM		Sun 25 Sutra 319
Creative Work Siddha Yoga		Yama 2:29PM - 3:49PM		Ayushman Until 3:17PM		Vasavasu 5:17
		939648577 Rahu 10:30AM - 11:50AM		Vanija Until 7:10AM		Moon 2 - Phase 44 - 25 4th Phase
				Ekadashi Until 6:10PM		Sivaloka Day
				Moon - Yellow Phalgun-Masi		

3 Saturday, February 28, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Mantra Vasara Yuktayam				Warsaw, Poland
Kalka Rasi: 3:49 Tithi 12 - 13		Gulika 6:28AM - 7:48AM		Pushya Until 4:07AM Sun		Sun 26 Sutra 320
Creative Work Siddha Yoga		Yama 1:10PM - 2:30PM		Saubhagya Until 12:35PM		Vasavasu 5:17
		949648577 Rahu 9:09AM - 10:29AM		Kaulava Until 3:29AM Sun		Moon 2 - Phase 44 - 26 4th Phase
				Dvadashi Until 4:19PM		Devaloka Day
				Moon - Blue Phalgun-Masi		

Pradosha Vrata

4 Sunday, March 1, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Bharu Vasara Yuktayam				Warsaw, Poland
Kalka Rasi: 17:44 Tithi 13 - 14		Gulika 2:32PM - 3:53PM		Ashlesha* Until 3:13AM Mon		Sun 27 Sutra 321
Creative Work Siddha Yoga		Yama 11:49AM - 1:10PM		Sobhana Until 10:04AM		Vasavasu 5:17
Until 3:13AM Mon		949648577 Rahu 3:53PM - 5:14PM		Gara Until 2:03AM Mon		Moon 2 - Phase 44 - 27 4th Phase
Then Routine Work - Marana Yoga				Trayodashi Until 2:42PM		Devaloka Day
				Moon - Blue Phalgun-Masi		

Monday, March 2, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Indu Vasara Yuktayam				Warsaw, Poland
Copper Retreat Star		Gulika 1:11PM - 2:32PM		Magha* Until 3:00AM Tue		Sutra 322
Simha Rasi: 1:29 Tithi 14 - 15		Yama 10:27AM - 11:49AM		Alhiganda* Until 7:48AM		Vasavasu 5:17
Family Home Evening		959648577 Rahu 7:43AM - 9:05AM		Visiti Until 12:59AM Tue		Moon 2 - Phase 44 - Purnima
Routine Work Marana Yoga		Chidambaram Abhishekam		Chalurdashi* Until 1:27PM		Sivaloka Day
Until 3:00AM Tue		Holi		Moon - Red Phalgun-Masi		
Then Creative Work - Siddha Yoga						

Tuesday, March 3, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рітау Кумбха Масе Суліа Пакше Mangala Vasara Yuktayam				Warsaw, Poland
Silver Retreat Star		Gulika 11:49AM - 1:11PM		Purvaphalguni Until 3:06AM Wed		Sutra 323
Simha Rasi: 15 Tithi 15 - 16		Yama 9:04AM - 10:26AM		Dhriti Until 4:20AM Wed		Vasavasu 5:17
Creative Work Siddha Yoga		959648577 Rahu 2:33PM - 3:56PM		Balava Until 12:25AM Wed		Moon 2 - Phase 44 - Prathama
Until 3:06AM Wed				Purnima* Until 12:37PM		Sivaloka Day
Then Creative Work - Amrita Yoga				Moon - Red Phalgun-Masi		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Wednesday, March 4, 2026****Gold Retreat Star**

Simha Rasi: 28.14 Tithi 16 - 17

Creative Work - Amrita Yoga

Until 3:36AM Thu

Then Routine Work - Marana Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Budha Vasara Yuktayam
Utaraphalguni Nakshatra Shula* Yoga Kaulava/Taila Karana Prathamam/Dvitiyayam Tila

Gulika	10:26AM - 11:48AM	Utaraphalguni Until 3:36AM Thu	Ganesh: Clear	Samet: 6:17AM	
Yama	7:40AM - 9:03AM	Shula* Until 3:12AM Thu	Muruga: White	Samet: 5:29PM	Moon 3 - Phase 45 - 1st Phase
Rahu	11:48AM - 1:11PM	Taila Until 12:23AM Thu	Nataraja: Orange		
		Prathama* Until 12:18PM	Moon - Red		Sivaloka Day
			Phalgunam-Masi		

Warsaw, Poland
Sutra 324

Vasavasu 5127

1 Thursday, March 5, 2026

Kanya Rasi: 11.11 Tithi 17 - 18

Routine Work - Marana Yoga

Until 4:59AM Fri

Then Creative Work - Siddha Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tila

Gulika	9:01AM - 10:25AM	Hasla Until 4:59AM Fri	Ganesh: White	Samet: 6:15AM	
Yama	6:15AM - 7:38AM	Ganda* Until 2:33AM Fri	Muruga: White	Samet: 5:29PM	Moon 3 - Phase 45 - 1st Phase
Rahu	1:11PM - 2:35PM	Vanija Until 12:56AM Fri	Nataraja: Orange		
		Dvitiya Until 12:34PM	Moon - Green		Devalka Day
			Phalgunam-Masi		

Warsaw, Poland
Sun 1 Sutra 325

Vasavasu 5127

2 Friday, March 6, 2026

Kanya Rasi: 23.51 Tithi 18 - 19

Creative Work - Siddha Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Sukra Vasara Yuktayam
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturthayam Tila

Gulika	7:36AM - 9:00AM	Chitra Until 6:46AM Sat	Ganesh: White	Samet: 6:13AM	
Yama	2:36PM - 3:59PM	Viddhi Until 2:22AM Sat	Muruga: White	Samet: 5:29PM	Moon 3 - Phase 45 - 2 1st Phase
Rahu	10:24AM - 11:48AM	Bava Until 2:05AM Sat	Nataraja: Orange		
		Tritiya Until 1:25PM	Moon - Green		Devalka Day
			Phalgunam-Masi		

Warsaw, Poland
Sun 2 Sutra 326

Vasavasu 5127

3 Saturday, March 7, 2026

Tula Rasi: 6.16 Tithi 19 - 20

Routine Work - Marana Yoga

Until 6:46AM

Then Creative Work - Siddha Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Marta Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tila

Gulika	6:10AM - 7:35AM	Chitra Until 6:46AM	Ganesh: Purple	Samet: 6:10AM	
Yama	1:12PM - 2:36PM	Dhruva Until 2:33AM Sun	Muruga: Clear	Samet: 5:29PM	Moon 3 - Phase 45 - 3 1st Phase
Rahu	8:59AM - 10:23AM	Kaulava Until 3:45AM Sun	Nataraja: Orange		
		Chaturthi* Until 2:50PM	Moon - Green		Bhuloka Day
			Phalgunam-Masi		Devalka Time: 3PM to 6PM

Warsaw, Poland
Sun 3 Sutra 327

Vasavasu 5127

4 Sunday, March 8, 2026

Tula Rasi: 18.28 Tithi 20 - 21

Creative Work - Siddha Yoga

Until 8:52AM

Then Routine Work - Marana Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Bhanu Vasara Yuktayam
Svali Nakshatra Vyaghata* Yoga Taila/Gara Karana Panchami/Shashthiyam Tila

Gulika	2:37PM - 4:02PM	Svali Until 8:52AM	Ganesh: Purple	Samet: 6:08AM	
Yama	11:47AM - 1:12PM	Vyaghata* Until 3:04AM Mon	Muruga: Clear	Samet: 5:29PM	Moon 3 - Phase 45 - 4 1st Phase
Rahu	4:02PM - 5:27PM	Gara Until 5:50AM Mon	Nataraja: Orange		
		Panchami Until 4:44PM	Moon - Green		Bhuloka Day
			Phalgunam-Masi		Devalka Time: 3PM to 6PM

Warsaw, Poland
Sun 4 Sutra 328

Vasavasu 5127

5 Monday, March 9, 2026

Mithika Rasi: 0.29 Tithi 21

Family Home Evening

Until 11:41AM

Then Creative Work - Siddha Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Indu Vasara Yuktayam
Vishaka/Anuradha Nakshatra Harshana Yoga Vanija Karana Shashthiyam Tila

Gulika	1:13PM - 2:38PM	Vishaka Until 11:41AM	Ganesh: Clear	Samet: 6:06AM	
Yama	10:22AM - 11:47AM	Harshana Until 3:49AM Tue	Muruga: Clear	Samet: 5:29PM	Moon 3 - Phase 45 - 5 1st Phase
Rahu	7:31AM - 8:56AM	Vanija Until 6:58PM	Nataraja: Orange		
		Shashthi* Until 6:58PM	Moon - Orange		Devalka Day
			Phalgunam-Masi		

Warsaw, Poland
Sun 5 Sutra 329

Vasavasu 5127

6 Tuesday, March 10, 2026

Mithika Rasi: 12.25 Tithi 22

Creative Work - Siddha Yoga

Until 2:32PM

Then Routine Work - Marana Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Mangala Vasara Yuktayam
Anuradha/Nakshatra Vajra* Yoga Visi* Bava Karana Saptamyam Tila

Gulika	11:47AM - 1:13PM	Anuradha Until 2:32PM	Ganesh: Clear	Samet: 6:03AM	
Yama	8:55AM - 10:21AM	Vajra* Until 4:37AM Wed	Muruga: Clear	Samet: 5:30PM	Moon 3 - Phase 45 - 6 1st Phase
Rahu	2:39PM - 4:05PM	Visi Until 8:11AM	Nataraja: Orange		
		Saptami Until 9:23PM	Moon - Orange		Devalka Day
			Phalgunam-Masi		

Warsaw, Poland
Sun 6 Sutra 330

Vasavasu 5127

Wednesday, March 11, 2026**Retreat Star**

Mithika Rasi: 24.19 Tithi 23

Creative Work - Siddha Yoga

Until 5:15PM

Then Routine Work - Marana Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Budha Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Siddhi Yoga Taila/Gara Karana Navamyam Tila

Gulika	10:20AM - 11:47AM	Jyeshtha* Until 5:15PM	Ganesh: Clear	Samet: 6:01AM	
Yama	7:28AM - 8:54AM	Siddhi Until 5:22AM Thu	Muruga: White	Samet: 5:30PM	Moon 3 - Phase 45 - 7 1st Phase
Rahu	11:47AM - 1:13PM	Balava Until 10:37AM	Nataraja: Light Blue		
		Ashlami* Until 11:46PM	Moon - Orange		Bhuloka Day
			Phalgunam-Masi		Devalka Time: 6AM to 9AM

Warsaw, Poland
Sun 7 Sutra 331

Vasavasu 5127

Thursday, March 12, 2026**Retreat Star**

Dhanu Rasi: 6.15 Tithi 24

Creative Work - Siddha Yoga

Vasavasu Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho: Guru Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Taila/Gara Karana Navamyam Tila

Gulika	8:53AM - 10:20AM	Mula* Until 8:08PM	Ganesh: White	Samet: 5:59AM	
Yama	5:59AM - 7:26AM	Vyatipata* Until 5:56AM Fri	Muruga: White	Samet: 5:30PM	Moon 3 - Phase 45 - 8 1st Phase
Rahu	1:13PM - 2:40PM	Taila Until 12:55PM	Nataraja: Light Blue		
		Navami* Until 1:56AM Fri	Moon - Light Blue		Bhuloka Day
			Phalgunam-Masi		

Warsaw, Poland
Sun 8 Sutra 332

Vasavasu 5127

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1

Friday, March 13, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vasara Yuktayam
Purvashada* Nakshatra Varjya Yoga Vanja/Visra* Karana Dvashyam TitauWarsaw, Poland
Sun 9 Sutra 333Dhanu Rasi: 18.17 Tithi 25
Routine Work Prabalarisha Yoga
Until 12:09PM
Then Routine Work - Marana YogaGulika 7:24AM - 8:51AM
Yama 2:41PM - 4:08PM
Rahu 10:19AM - 11:46AMPurvashada* Until 10:29PM
Varjya Until 6:08AM Sat
Vanija Until 2:53PM
Dashami Until 3:39AM SatGanesh: White Sunrise: 5:57AM
Muruga: White Sunset: 5:36PM
Nataraja: Light Blue
Moon - Light Blue
Phalguna-Masi

Bhuloka Day

Vasavasu 5:127
Moon 3 - Phase 46 - 9
2nd Phase

2

Saturday, March 14, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yuktayam
Uttarashada* Nakshatra Varjya Parigaha* Yoga Bava/Balava Karana Ekadshyam TitauWarsaw, Poland
Sun 10 Sutra 334Makara Rasi: 0.31 Tithi 26
Routine Work Marana Yoga
Until 12:08AM Sun
Then Creative Work - Amrita YogaGulika 5:54AM - 7:22AM
Yama 1:14PM - 2:42PM
Rahu 8:50AM - 10:18AMUttarashada Until 12:08AM Sun
Varjya Until 6:08AM
Bava Until 4:19PM
Ekadashi* Until 4:47AM SunGanesh: White Sunrise: 5:54AM
Muruga: White Sunset: 5:37PM
Nataraja: Light Blue
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Vasavasu 5:127
Moon 3 - Phase 46 - 10
2nd Phase

3

Sunday, March 15, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Shravana Nakshatra Shiva Yoga Kaulava/Tallia Karana Dvashyam TitauWarsaw, Poland
Sun 11 Sutra 335Makara Rasi: 12.59 Tithi 27
Creative Work Amrita Yoga
Until 1:27AM Mon
Then Creative Work - Siddha YogaGulika 2:42PM - 4:11PM
Yama 11:46AM - 1:14PM
Rahu 4:11PM - 5:39PMShravana Until 1:27AM Mon
Shiva Until 5:07AM Mon
Kaulava Until 5:07PM
Dvadashti* Until 5:14AM MonGanesh: Yellow Sunrise: 5:52AM
Muruga: White Sunset: 5:39PM
Nataraja: Purple
Moon - Purple
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6AM to 9AM

Vasavasu 5:127
Moon 3 - Phase 46 - 11
2nd Phase

4

Monday, March 16, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodshyam TitauWarsaw, Poland
Sun 12 Sutra 336Makara Rasi: 25.47 Tithi 28
Family Home Evening
Creative Work Siddha Yoga
Until 1:54AM Tue
Then Routine Work - Marana YogaGulika 1:14PM - 2:43PM
Yama 10:16AM - 11:45AM
Rahu 7:19AM - 8:47AMDhanishtha Until 1:54AM Tue
Siddha Until 3:45AM Tue
Gara Until 5:12PM
Trayodashi* Until 4:57AM TueGanesh: Yellow Sunrise: 5:50AM
Muruga: White Sunset: 5:47PM
Nataraja: Purple
Moon - Purple
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 6AM to 9AM

Pradosha Vata (Fasting)

Vasavasu 5:127
Moon 3 - Phase 46 - 12
2nd Phase

5

Tuesday, March 17, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Shalabhishak Nakshatra Sadya Yoga Visti/Sakuni* Karana Chaturdshyam TitauWarsaw, Poland
Sun 13 Sutra 337Kumbha Rasi: 8.56 Tithi 29
Routine Work Marana Yoga
Until 1:31AM Wed
Then Creative Work - Amrita YogaGulika 11:45AM - 1:14PM
Yama 8:46AM - 10:16AM
Rahu 2:44PM - 4:13PMShalabhishak Until 1:31AM Wed
Sadya Until 1:52AM Wed
Visti Until 4:33PM
Chaturdashi* Until 3:58AM WedGanesh: Blue Sunrise: 5:47AM
Muruga: White Sunset: 5:43PM
Nataraja: Purple
Moon - Purple
Phalguna-Panguni

Devaloka Day

Vasavasu 5:127
Moon 3 - Phase 46 - 13
2nd Phase

●

Wednesday, March 18, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Badha Vasara Yuktayam
Purvashrothapada* Nakshatra Subha Yoga Catuspada*Alaga* Karana Amavasyayam TitauWarsaw, Poland
Sun 14 Sutra 338Kumbha Rasi: 22.28 Tithi 30
Creative Work Amrita Yoga
Until 12:51AM Thu
Then Creative Work - Siddha YogaGulika 10:15AM - 11:45AM
Yama 7:15AM - 8:45AM
Rahu 11:45AM - 1:15PMPurvashrothapada* Until 12:51AM Thu
Subha Until 11:31PM
Catuspada Until 3:17PM
Amavasya* Until 2:24AM ThuGanesh: Red Sunrise: 5:45AM
Muruga: White Sunset: 5:46PM
Nataraja: Purple
Moon - Clear
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

Vasavasu 5:127
Moon 3 - Phase 46 - 14
Amavasya

Thursday, March 19, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam
Uttaraprosrothapada* Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam TitauWarsaw, Poland
Sun 15 Sutra 339Meena Rasi: 6.2 Tithi 1
Creative Work Siddha YogaGulika 8:44AM - 10:14AM
Yama 5:43AM - 7:13AM
Rahu 1:15PM - 2:45PMUttaraprosrothapada Until 11:33PM
Sukla Until 8:44PM
Kintughna Until 1:27PM
Prathama* Until 12:22AM FriGanesh: Red Sunrise: 5:43AM
Muruga: White Sunset: 5:46PM
Nataraja: Purple
Moon - Clear
Chaitra-Panguni

Bhuloka Day

Devaloka Time: 9AM to 12PM

Vasavasu 5:127
Moon 3 - Phase 46 - 15
Prathama

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God, Rig Veda

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1 Friday, March 20, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Warsaw, Poland Revati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Tilau Sun 16 Sutra 340				
	Gulika	7:11AM – 8:42AM	Revati Until 9:46PM	Ganesh: Red	Sunrise: 5:40AM	Vasavas: 5:17
Mesha Rasi: 20.29	Tilhi 2	Yama 2:46PM – 4:17PM	Brahma Until 5:41PM	Muruga: White	Sunset: 5:49PM	Moon 3 - Phase 47 - 16
Creative Work	Siddha Yoga	126256878 Rahu 10:13AM – 11:44AM	Balava Until 11:14AM	Nataraja: Purple		3rd Phase
Until 9:46PM			Dvitiya Until 9:59PM	Moon - Clear		
Then Creative Work - Amrita Yoga				Chaitra-Panguni		Bhuloka Day Devaloka Time: 9AM to 12:PM

2 Saturday, March 21, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mani Vasara Yuktayam Warsaw, Poland Ashvini Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Tilau Sun 17 Sutra 341				
	Gulika	5:38AM – 7:09AM	Ashvini Until 8:04PM	Ganesh: Yellow	Sunrise: 5:38AM	Vasavas: 5:17
Mesha Rasi: 4.51	Tilhi 3	Yama 1:15PM – 2:47PM	Indra Until 2:27PM	Muruga: White	Sunset: 5:50PM	Moon 3 - Phase 47 - 17
Creative Work	Siddha Yoga	122658678 Rahu 8:41AM – 10:12AM	Talila Until 8:44AM	Nataraja: Purple		3rd Phase
				Moon - White		
		Chellappaswami Mahasamadi	Tritiya Until 7:24PM	Chaitra-Panguni		Bhuloka Day Devaloka Time: 9AM to 12:PM

3 Sunday, March 22, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Warsaw, Poland Bharani Nakshatra Vaidhiti/Vishkambha* Yoga Vanija/Bava Karana Chaturthi/Panchamam Tilau Sun 18 Sutra 342				
	Gulika	2:48PM – 4:19PM	Bharani Until 6:09PM	Ganesh: Blue	Sunrise: 5:36AM	Vasavas: 5:17
Mesha Rasi: 19.19	Tilhi 4 – 5	Yama 11:44AM – 1:16PM	Vaidhiti* Until 11:07AM	Muruga: White	Sunset: 5:51PM	Moon 3 - Phase 47 - 18
Routine Work	Prabalarista Yoga	122758678 Rahu 4:19PM – 5:51PM	Vanija Until 6:06AM	Nataraja: Purple		3rd Phase
Until 6:09PM				Moon - White		
Then Creative Work - Siddha Yoga			Chaturthi* Until 4:45PM	Chaitra-Panguni		Bhuloka Day

4 Monday, March 23, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indra Vasara Yuktayam Warsaw, Poland Kritika/Rohini Nakshatra Vishkambha* (Pithi) Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau Sun 19 Sutra 343				
	Gulika	1:16PM – 2:48PM	Kritika Until 4:09PM	Ganesh: Blue	Sunrise: 5:33AM	Vasavas: 5:17
Wishabha Rasi: 3.47	Tilhi 5 – 6	Yama 10:11AM – 11:43AM	Vishkambha* Until 7:49AM	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 19
Family Home Evening		122758678 Rahu 7:06AM – 8:38AM	Kaulava Until 12:53AM Tue	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Moon - White		
Until 4:09PM			Panchami Until 2:08PM	Chaitra-Panguni		Bhuloka Day
Then Creative Work - Amrita Yoga						

5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Warsaw, Poland Rohini/Rohini Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptamam Tilau Sun 20 Sutra 344				
	Gulika	11:43AM – 1:16PM	Rohini Until 2:35PM	Ganesh: Yellow	Sunrise: 5:31AM	Vasavas: 5:17
Wishabha Rasi: 18.12	Tilhi 6 – 7	Yama 8:37AM – 10:10AM	Ayushman Until 1:32AM Wed	Muruga: White	Sunset: 5:59PM	Moon 3 - Phase 47 - 20
Creative Work	Amrita Yoga	132758678 Rahu 2:49PM – 4:22PM	Gara Until 10:31PM	Nataraja: Purple		3rd Phase
Until 2:35PM				Moon - Yellow		
Then Creative Work - Siddha Yoga			Shashthi* Until 11:39AM	Chaitra-Panguni		Bhuloka Day Devaloka Time: 6AM to 9-AM

Wednesday, March 25, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Warsaw, Poland Migashira/Andra Nakshatra Saubhaga Yoga Vanija/Vishti* Karana Saptami/Ashtamam Tilau Sun 21 Sutra 345					
Retreat Star		Gulika	10:09AM – 11:43AM	Migashira Until 1:05PM	Ganesh: Yellow	Sunrise: 5:29AM	Vasavas: 5:17
Mithuna Rasi: 2.28	Tilhi 7 – 8	Yama 7:02AM – 8:36AM	Saubhaga Until 10:41PM	Muruga: White	Sunset: 5:57PM	Moon 3 - Phase 47 - 21	
Creative Work	Siddha Yoga	132758678 Rahu 11:43AM – 1:16PM	Visi Until 8:23PM	Nataraja: Purple		Ashtami	
				Moon - Yellow			
			Saptami Until 9:23AM	Chaitra-Panguni		Bhuloka Day Devaloka Time: 6AM to 9-AM	

Thursday, March 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Warsaw, Poland Andra/Punarvasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamam Tilau Sun 22 Sutra 346					
Retreat Star		Gulika	8:34AM – 10:08AM	Andra Until 11:44AM	Ganesh: Yellow	Sunrise: 5:26AM	Vasavas: 5:17
Mithuna Rasi: 16.34	Tilhi 8 – 9	Yama 5:26AM – 7:00AM	Sobhana Until 8:05PM	Muruga: White	Sunset: 5:58PM	Moon 3 - Phase 47 - 22	
Routine Work	Marana Yoga	132758678 Rahu 1:16PM – 2:50PM	Balava Until 6:32PM	Nataraja: Purple		Navami	
Until 11:44AM				Moon - Yellow			
Then Creative Work - Amrita Yoga		Sri Rama Navami	Ashtami* Until 7:24AM	Chaitra-Panguni		Bhuloka Day Devaloka Time: 6AM to 9-AM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1 Friday, March 27, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Сукра Вєсара Yuktayam Warsaw, Poland Panaravasu/Pushya Nakshatra Añhiganda'Sukarma Yoga Tañilla/Gara Karana Dīshatayam Tītau Sun 23 Sutra 347			
Kataka Rasi: 0.28	Tithi 10	Gulika 6:59AM - 8:33AM	Punarvasu Untill 10:58AM	Ganesh: White	Sunrise: 5:24AM
		Yama 2:51PM - 4:26PM	Añhiganda' Untill 5:43PM	Muruga: White	Sunset: 6:09PM
Creative Work Siddha Yoga	142758678	Rahu 10:08AM - 11:42AM	Tañilla Untill 5:01PM	Nataraja: Purple	Moon 3 - Phase 4B - 23 4th Phase
Untill 10:58AM			Dashami Untill 4:22AM Sat	Moon - Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra-Panguni	

2 Saturday, March 28, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Манта Вєсара Yuktayam Warsaw, Poland Pushya/Ashlesha' Nakshatra Sukarma/Dhriti' Yoga Vanja/Visi' Karana Ekadashyam Tītau Sun 24 Sutra 348			
Kataka Rasi: 14.1	Tithi 11	Gulika 5:22AM - 6:57AM	Pushya Untill 10:24AM	Ganesh: White	Sunrise: 5:22AM
		Yama 1:17PM - 2:52PM	Sukarma Untill 3:38PM	Muruga: White	Sunset: 6:09PM
Creative Work Siddha Yoga	142758678	Rahu 8:32AM - 10:07AM	Vanija Untill 3:50PM	Nataraja: Purple	Moon 3 - Phase 4B - 24 4th Phase
Untill 10:24AM		Yogaswami Mahasamadhi	Ekadashi Untill 3:21AM Sun	Moon - Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra-Panguni	

3 Sunday, March 29, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Bhanu Vєsara Yuktayam Warsaw, Poland Ashlesha'Magha' Nakshatra Dhriti/Shula' Yoga Bava/Balava Karana Dvadashyam Tītau Sun 25 Sutra 349			
Kataka Rasi: 27.4	Tithi 12	Gulika 2:52PM - 4:28PM	Ashlesha' Untill 10:01AM	Ganesh: White	Sunrise: 5:19AM
		Yama 1:17PM - 2:52PM	Dhriti Untill 1:51PM	Muruga: White	Sunset: 6:09PM
Creative Work Siddha Yoga	142758678	Rahu 4:28PM - 6:04PM	Bava Untill 3:01PM	Nataraja: Purple	Moon 3 - Phase 4B - 25 4th Phase
Untill 10:01AM			Dvadashi Untill 2:43AM Mon	Moon - Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra-Panguni	

4 Monday, March 30, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Indu Vєsara Yuktayam Warsaw, Poland Magha'Purvaphalguni Nakshatra Shula'Ganda' Yoga Kaulava/Tañilla Karana Trayodashyam Tītau Sun 26 Sutra 350			
Simha Rasi: 10.57	Tithi 13	Gulika 1:17PM - 2:53PM	Magha' Untill 10:19AM	Ganesh: Clear	Sunrise: 5:17AM
Family Home Evening		Yama 10:05AM - 11:41AM	Shula' Untill 12:21PM	Muruga: White	Sunset: 6:09PM
Routine Work Marana Yoga	152758678	Rahu 6:53AM - 8:29AM	Kaulava Untill 2:34PM	Nataraja: Purple	Moon 3 - Phase 4B - 26 4th Phase
Untill 10:19AM			Trayodashi Untill 2:28AM Tue	Moon - Red	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra-Panguni	Devaloka Time: 6AM to 9AM
				<i>Pradosha Vata</i>	

5 Tuesday, March 31, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Mangala Vєsara Yuktayam Warsaw, Poland Purvaphalguni/Uttaraphalguni Nakshatra Ganda'Viddhi' Yoga Gara/Vanija Karana Chaturdashyam Tītau Sun 27 Sutra 351			
Simha Rasi: 24.02	Tithi 14	Gulika 11:41AM - 1:17PM	Purvaphalguni Untill 10:51AM	Ganesh: Purple	Sunrise: 5:15AM
		Yama 8:28AM - 10:04AM	Ganda' Untill 11:10AM	Muruga: White	Sunset: 6:09PM
Creative Work Siddha Yoga	153758678	Rahu 2:54PM - 4:30PM	Gara Untill 2:31PM	Nataraja: Purple	Moon 3 - Phase 4B - 27 4th Phase
Untill 10:51AM			Chaturdashi' Untill 2:38AM Wed	Moon - Red	Devaloka Day
Then Creative Work - Amrita Yoga				Chaitra-Panguni	

Wednesday, April 1, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Сукия Пакше Budha Vєsara Yuktayam Warsaw, Poland Uttaraphalguni/Hasta Nakshatra Viddhi/Dhruva Yoga Visi'/Bava Karana Punimayam Tītau Sun 27 Sutra 352			
Copper Retreat Star		Gulika 10:04AM - 11:41AM	Uttaraphalguni Untill 11:38AM	Ganesh: Purple	Sunrise: 5:15AM
Kanya Rasi: 6.55	Tithi 15	Yama 6:51AM - 8:28AM	Viddhi Untill 10:20AM	Muruga: White	Sunset: 6:09PM
Creative Work Amrita Yoga	153758678	Rahu 11:41AM - 1:17PM	Visi Untill 2:54PM	Nataraja: Purple	Moon 3 - Phase 4B - Punima
Untill 11:38AM		Panguni Uttiram	Purnima' Untill 3:13AM Thu	Moon - Red	Devaloka Day
Then Routine Work - Marana Yoga		Hanuman Jayanti		Chaitra-Panguni	

Thursday, April 2, 2026		Viswastu Nama Samvatsare Uтарыяне Мокша Рйтау Меена Месе Кришна Пакше Garu Vєsara Yuktayam Warsaw, Poland Hasta/Chitra Nakshatra Dhruva/Vyaghata' Yoga Balava/Kaulava Karana Prathamayam Tītau Sun 28 Sutra 353			
Silver Retreat Star		Gulika 8:26AM - 10:04AM	Hasta Untill 1:09PM	Ganesh: Clear	Sunrise: 5:12AM
Kanya Rasi: 19.35	Tithi 16	Yama 5:12AM - 6:49AM	Dhruva Untill 9:48AM	Muruga: White	Sunset: 6:09PM
Routine Work Marana Yoga	163758678	Rahu 1:18PM - 2:55PM	Balava Untill 3:42PM	Nataraja: Purple	Moon 3 - Phase 4B - Prathama
Untill 1:09PM			Prathama' Untill 4:15AM Fri	Moon - Green	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra-Panguni	Devaloka Time: 9AM to 12PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 2:04 Tithi 17
Creative Work Siddha Yoga

Gulika 6:48AM - 8:25AM
Yama 2:55PM - 4:33PM
Rahu 10:03AM - 11:40AM

Chitra Until 2:55PM
Vyaghra* Until 9:38AM
Tailila Until 4:57PM
Dvitiya Until 5:42AM Sat

Ganesh: Clear
Muruga: White
Nataraja: Purple
Moon - Green
Chaitra-Panguni

Sunrise: 5:10AM
Sunset: 6:10PM
Moon 4 - Phase 4 - 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM
Warsaw, Poland Sutra 354
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Сакра Васара Уктыям
Chitra/Svali Nakshatra Vyahata/Harshana Yoga Tailila/Gara Karana Dvityyam Titau

1

Saturday, April 4, 2026

Tula Rasi: 14:22 Tithi 18
Creative Work Siddha Yoga

Gulika 5:08AM - 6:46AM
Yama 1:18PM - 2:56PM
Rahu 8:24AM - 10:02AM

Svali Until 4:56PM
Harshana Until 9:47AM
Vanija Until 6:36PM
Tritiya Until 7:32AM Sun

Ganesh: Clear
Muruga: White
Nataraja: Purple
Moon - Green
Chaitra-Panguni

Sunrise: 5:08AM
Sunset: 6:12PM
Moon 4 - Phase 49 - 3 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM
Warsaw, Poland Sutra 355
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Марта Васара Уктыям
Svali/Vishakha Nakshatra Harshana/Vajra* Yoga Vanija Karana Tritiyam Titau

2

Sunday, April 5, 2026

Tula Rasi: 26:29 Tithi 18 - 19
Routine Work Marana Yoga

Gulika 2:57PM - 4:35PM
Yama 11:40AM - 1:18PM
Rahu 4:35PM - 6:14PM

Vishakha Until 7:37PM
Vajra* Until 10:12AM
Bava Until 8:36PM
Tritiya Until 7:32AM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sunrise: 5:05AM
Sunset: 6:14PM
Moon 4 - Phase 49 - 2 1st Phase

Devaloka Day
Warsaw, Poland Sutra 356
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Bharu Vasara Uктыям
Vishakha Nakshatra Vajra*/Siddhi Yoga Vasil*/Bava Karana Tritiya/Chaturtham Titau

3

Monday, April 6, 2026

Vischika Rasi: 8:3 Tithi 19 - 20
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:18PM - 2:57PM
Yama 10:00AM - 11:39AM
Rahu 6:42AM - 8:21AM

Anuradha Until 10:24PM
Siddhi Until 10:52AM
Kaulava Until 10:52PM
Chaturthi* Until 9:41AM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sunrise: 5:03AM
Sunset: 6:16PM
Moon 4 - Phase 49 - 3 1st Phase

Devaloka Day
Warsaw, Poland Sutra 357
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Indu Vasara Uктыям
Anuradha Nakshatra Siddhi/Vyalpata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

4

Tuesday, April 7, 2026

Vischika Rasi: 20:26 Tithi 20 - 21
Routine Work Marana Yoga

Gulika 11:39AM - 1:19PM
Yama 8:20AM - 10:00AM
Rahu 2:58PM - 4:38PM

Jyeshtha* Until 1:09AM Wed
Vyalpata* Until 11:42AM
Gara Until 1:17AM Wed
Panchami Until 12:03PM

Ganesh: White
Muruga: White
Nataraja: Purple
Moon - Orange
Chaitra-Panguni

Sunrise: 5:01AM
Sunset: 6:17PM
Moon 4 - Phase 49 - 4 1st Phase

Devaloka Day
Warsaw, Poland Sutra 358
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Mangala Vasara Uктыям
Jyeshtha* Nakshatra Vyalpata*/Varjan Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

5

Wednesday, April 8, 2026

Dhanus Rasi: 2:19 Tithi 21 - 22
Routine Work Marana Yoga
Until 4:12AM Thu
Then Creative Work - Siddha Yoga

Gulika 9:59AM - 11:39AM
Yama 6:39AM - 8:19AM
Rahu 11:39AM - 1:19PM

Mula* Until 4:12AM Thu
Varjan Until 12:33PM
Visti Until 3:40AM Thu
Shashthi* Until 2:28PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Sunrise: 4:59AM
Sunset: 6:19PM
Moon 4 - Phase 49 - 5 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM
Warsaw, Poland Sutra 359
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Batha Vasara Uктыям
Mula* Nakshatra Varjan/Parigaha* Yoga Vanija/Visti* Karana Shashthi/Saptamam Titau

6

Thursday, April 9, 2026

Dhanus Rasi: 14:13 Tithi 22 - 23
Creative Work Siddha Yoga
Until 6:53AM Fri
Then Routine Work - Marana Yoga

Gulika 8:17AM - 9:58AM
Yama 4:56AM - 6:37AM
Rahu 1:19PM - 3:00PM

Purvashadha* Until 6:53AM Fri
Parigaha* Until 1:21PM
Balava Until 5:49AM Fri
Saptami Until 4:46PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Sunrise: 4:56AM
Sunset: 6:21PM
Moon 4 - Phase 49 - 6 1st Phase

Bhuloka Day
Devaloka Time: 9AM to 12PM
Warsaw, Poland Sutra 360
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Caru Vasara Uктыям
Purvashadha* Nakshatra Parigaha*/Shiva Yoga Bava/Balava Karana Saptami/Ashthamam Titau

D

Friday, April 10, 2026

Retreat Star
Dhanus Rasi: 26:13 Tithi 23
Routine Work Prabalatarisha Yoga
Until 6:53AM
Then Routine Work - Marana Yoga

Gulika 6:35AM - 8:16AM
Yama 3:00PM - 4:41PM
Rahu 9:57AM - 11:38AM

Purvashadha* Until 6:53AM
Shiva Until 1:56PM
Kaulava Until 6:43PM
Ashlami* Until 6:43PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Sunrise: 4:54AM
Sunset: 6:22PM
Moon 4 - Phase 49 - 7 Ashtami

Bhuloka Day
Devaloka Time: 9AM to 12PM
Warsaw, Poland Sutra 361
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Sakra Vasara Uктыям
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Kaulava Karana Ashthamam Titau

Saturday, April 11, 2026

Retreat Star
Makara Rasi: 8:23 Tithi 24
Routine Work Marana Yoga
Until 8:57AM
Then Creative Work - Siddha Yoga

Gulika 4:52AM - 6:33AM
Yama 1:19PM - 3:01PM
Rahu 8:15AM - 9:56AM

Uttarashadha Until 8:57AM
Siddha Until 2:05PM
Tailila Until 7:32AM
Navami* Until 8:08PM

Ganesh: Yellow
Muruga: White
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni

Sunrise: 4:50AM
Sunset: 6:24PM
Moon 4 - Phase 49 - 8 Navami

Bhuloka Day
Devaloka Time: 9AM to 12PM
Warsaw, Poland Sutra 362
Viswasa Nama Samvatsare Uтарыяне Мокша Рітау Меена Месе Крішна Пакше Marita Vasara Uктыям
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Navamam Titau

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yuktiyam Warsaw, Poland ShravanaDhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Visti' Karana Dashamyam Titau Sun 9 Sutra 363			
Makara Rasi: 20.5	Tithi 25	Gulika 3:02PM - 4:44PM	Shravana Until 10:44AM	Ganesh: Blue Sunrise: 4:49AM	Vasvasu 5:17
		Yama 11:38AM - 1:20PM	Sadhya Until 1:44PM	Muruga: White Sunset: 6:26PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga		Rahu 4:44PM - 6:26PM	Vanija Until 8:36AM	Nataraja: Purple	2nd Phase
Until 10:44AM			Dashami Until 8:50PM	Moon - Purple Chaitra-Panguni	Devaloka Day
Then Routine Work - Marana Yoga					

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yuktiyam Warsaw, Poland Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dashamyam Titau Sun 10 Sutra 364			
Kumbha Rasi: 3.37	Tithi 26	Gulika 1:20PM - 3:02PM	Dhanishtha Until 11:35AM	Ganesh: Blue Sunrise: 4:47AM	Vasvasu 5:17
Family Home Evening		Yama 9:55AM - 11:37AM	Subha Until 12:47PM	Muruga: White Sunset: 6:26PM	Moon 4 - Phase 50 - 11
Creative Work Siddha Yoga		Rahu 6:30AM - 8:12AM	Bava Until 8:53AM	Nataraja: Purple	2nd Phase
			Ekadashi* Until 8:42PM	Moon - Purple Chaitra-Panguni	Devaloka Day

3 Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Margala Visara Yuktiyam Warsaw, Poland Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvadhshyam Titau Sun 11 Sutra 1			
Kumbha Rasi: 16.5	Tithi 27	Gulika 11:37AM - 1:20PM	Shatabhishak Until 11:28AM	Ganesh: Blue Sunrise: 4:45AM	Parabhava 5:18
		Yama 8:11AM - 9:54AM	Sukla Until 11:09AM	Muruga: White Sunset: 6:26PM	Moon 4 - Phase 50 - 11
Routine Work Marana Yoga		Rahu 3:03PM - 4:46PM	Kaulava Until 8:21AM	Nataraja: Purple	2nd Phase
		Tamil New Year	Dvadhshi* Until 7:45PM	Moon - Purple Chaitra-Chaitra	Bhuloka Day

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Butha Visara Yuktiyam Warsaw, Poland Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodshyam Titau Sun 12 Sutra 2			
Meena Rasi: 0.29	Tithi 28	Gulika 9:53AM - 11:37AM	Puravroshthapada* Until 10:53AM	Ganesh: White Sunrise: 4:43AM	Parabhava 5:18
		Yama 6:26AM - 8:10AM	Brahma Until 8:54AM	Muruga: White Sunset: 6:31PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga		Rahu 11:37AM - 1:20PM	Gara Until 7:00AM	Nataraja: Purple	2nd Phase
Until 10:53AM			Trayodashi* Until 6:03PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day
Then Creative Work - Siddha Yoga			Pradosha Vata (Fasting)		

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Krishna Pakshi Guru Visara Yuktiyam Warsaw, Poland Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Chaluspada* Karana Chalurdashi/Amavasyayam Titau Sun 13 Sutra 3			
Meena Rasi: 14.35	Tithi 29 - 30	Gulika 8:09AM - 9:53AM	Utarproshthapada Until 9:28AM	Ganesh: Yellow Sunrise: 4:41AM	Parabhava 5:18
		Yama 4:41AM - 6:25AM	Indra Until 6:06AM	Muruga: White Sunset: 6:33PM	Moon 4 - Phase 50 - 13
Creative Work Siddha Yoga		Rahu 1:21PM - 3:05PM	Chaluspada Until 2:21AM Fri	Nataraja: Purple	2nd Phase
			Chalurdashi* Until 3:42PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Sukra Visara Yuktiyam Warsaw, Poland Revati/Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 4			
Meena Rasi: 29.04	Tithi 30 - 1	Gulika 6:23AM - 8:07AM	Revati Until 7:22AM	Ganesh: Yellow Sunrise: 4:38AM	Parabhava 5:18
		Yama 3:05PM - 4:50PM	Vishkambha* Until 11:13PM	Muruga: White Sunset: 6:36PM	Moon 4 - Phase 50 - 14
Creative Work Siddha Yoga		Rahu 9:52AM - 11:36AM	Kintughna Until 11:19PM	Nataraja: Purple	Amavasya
Until 7:22AM			Amavasya* Until 12:51PM	Moon - Clear Chaitra-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM
Then Creative Work - Amrita Yoga					

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыяне Nartana Ritau Meha Mase Sukla Pakshi Manta Visara Yuktiyam Warsaw, Poland Bharani Nakshatra Pili* Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 5			
Mesha Rasi: 13.5	Tithi 1 - 2	Gulika 4:36AM - 6:21AM	Bharani Until 2:39AM Sun	Ganesh: Red Sunrise: 4:36AM	Parabhava 5:18
		Yama 1:21PM - 3:06PM	Pili Until 7:25PM	Muruga: White Sunset: 6:36PM	Moon 4 - Phase 50 - 15
Creative Work Siddha Yoga		Rahu 8:06AM - 9:51AM	Balava Until 8:02PM	Nataraja: Purple	Prathama
			Prathama* Until 9:41AM	Moon - White Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 9AM to 12PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1	Sunday, April 19, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Bhanu Vesara Yukhtayam				Warsaw, Poland	
	Kritika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Divliya/Trilyayam Tilau		Sun 16		Sutra 6		Parathava 5128	
	Mesha Rasi: 28.44	Tilthi 2 - 3	Gulika 3:07PM - 4:52PM	Kritika Untill 11:58PM	Ganesha: Red	Sunrise: 4:34AM		
	Creative Work	Siddha Yoga	Yama 11:36AM - 1:21PM	Ayushman Untill 3:31PM	Muruga: White	Sunset: 6:38PM	Moon 4 - Phase 1 - 16 3rd Phase	
		Rahu 4:52PM - 6:38PM	Gara Untill 3:00AM Mon	Nataraja: Purple			Bhuloka Day	
			Dvitiya Untill 6:21AM	Moon - White:	Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM	

2	Monday, April 20, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Indu Vesara Yukhtayam				Warsaw, Poland	
	Rohini Nakshatra Saubhagya/Sobhana Yoga Vanja/Visli* Karana Chalurthyam Tilau		Sun 17		Sutra 7		Parathava 5128	
	Wishabha Rasi: 13.39	Tilthi 4	Gulika 1:22PM - 3:08PM	Rohini Untill 9:40PM	Ganesha: Yellow	Sunrise: 4:22AM		
	Family Home Evening		Yama 9:50AM - 11:36AM	Saubhagya Untill 11:41AM	Muruga: White	Sunset: 6:40PM	Moon 4 - Phase 1 - 17 3rd Phase	
Creative Work	Amrita Yoga	Rahu 6:18AM - 8:04AM	Vanija Untill 1:24PM	Nataraja: Purple			Bhuloka Day	
			Chalurthi* Untill 11:49PM	Moon - Yellow:	Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM	

3	Tuesday, April 21, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Mangala Vesara Yukhtayam				Warsaw, Poland	
	Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchamyam Tilau		Sun 18		Sutra 8		Parathava 5128	
	Wishabha Rasi: 28.26	Tilthi 5	Gulika 11:35AM - 1:22PM	Mrigashira Untill 7:31PM	Ganesha: Yellow	Sunrise: 4:30AM		
	Creative Work	Siddha Yoga	Yama 8:03AM - 9:49AM	Sobhana Untill 8:03AM	Muruga: White	Sunset: 6:41PM	Moon 4 - Phase 1 - 18 3rd Phase	
Untill 7:31PM		Rahu 3:08PM - 4:55PM	Bava Untill 10:20AM	Nataraja: Purple			Bhuloka Day	
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi	Panchami Untill 8:54PM	Moon - Yellow:	Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM	

4	Wednesday, April 22, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Budha Vesara Yukhtayam				Warsaw, Poland	
	Ardra/Punarvasu Nakshatra Sukarna Yoga Kaulava/Tailika Karana Panchamyam Tilau		Sun 19		Sutra 9		Parathava 5128	
	Mithuna Rasi: 12.59	Tilthi 6	Gulika 9:48AM - 11:35AM	Ardra Untill 5:37PM	Ganesha: Yellow	Sunrise: 4:28AM		
	Creative Work	Siddha Yoga	Yama 6:14AM - 8:01AM	Sukarna Untill 1:38AM Thu	Muruga: White	Sunset: 6:43PM	Moon 4 - Phase 1 - 19 3rd Phase	
		Rahu 11:35AM - 1:22PM	Kaulava Untill 7:36AM	Nataraja: Purple			Bhuloka Day	
			Shashthi* Untill 6:23PM	Moon - Yellow:	Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM	

5	Thursday, April 23, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Guru Vesara Yukhtayam				Warsaw, Poland	
	Punarvasu/Pushya Nakshatra Dhriti Yoga Vanja/Visli* Karana Saptami/Ashtamyam Tilau		Sun 20		Sutra 10		Parathava 5128	
	Mithuna Rasi: 27.13	Tilthi 7 - 8	Gulika 8:00AM - 9:48AM	Punarvasu Untill 4:29PM	Ganesha: White	Sunrise: 4:25AM		
	Creative Work	Amrita Yoga	Yama 4:25AM - 6:13AM	Dhriti Untill 11:03PM	Muruga: White	Sunset: 6:45PM	Moon 4 - Phase 1 - 20 3rd Phase	
		Rahu 1:22PM - 3:10PM	Visli Untill 3:35AM Fri	Nataraja: Purple			Devaloka Day	
			Saptami Untill 4:22PM	Moon - Blue:	Vaisaka-Chaitra			

D	Friday, April 24, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Sukra Vesara Yukhtayam				Warsaw, Poland	
	Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Tilau		Sun 21		Sutra 11		Parathava 5128	
	Kataka Rasi: 11.07	Tilthi 8 - 9	Gulika 6:11AM - 7:59AM	Pushya Untill 3:45PM	Ganesha: White	Sunrise: 4:23AM		
	Routine Work	Marana Yoga	Yama 3:11PM - 4:59PM	Shula* Untill 8:53PM	Muruga: White	Sunset: 6:46PM	Moon 4 - Phase 1 - 21 Ashtami	
		Rahu 9:47AM - 11:35AM	Balava Untill 2:24AM Sat	Nataraja: Purple			Devaloka Day	
			Ashlami* Untill 2:54PM	Moon - Blue:	Vaisaka-Chaitra			

S	Saturday, April 25, 2026		Parathava Nama Samvatsara Uttarayane Nartana Ritau Mesha Mase Sakla Paksho Manu Vesara Yukhtayam				Warsaw, Poland	
	Ashlesha*Magha* Nakshatra Ganda* Yoga Kaulava/Tailika Karana Navami/Dashamyam Tilau		Sun 22		Sutra 12		Parathava 5128	
	Kataka Rasi: 24.4	Tilthi 9 - 10	Gulika 4:21AM - 6:10AM	Ashlesha* Untill 3:26PM	Ganesha: White	Sunrise: 4:21AM		
	Routine Work	Marana Yoga	Yama 1:23PM - 3:11PM	Ganda* Untill 7:12PM	Muruga: White	Sunset: 6:48PM	Moon 4 - Phase 1 - 22 Navami	
Untill 3:26PM		Rahu 7:58AM - 9:46AM	Tailika Untill 1:46AM Sun	Nataraja: Clear			Sivaloka Day	
Then Creative Work - Amrita Yoga			Navami* Untill 2:00PM	Moon - Blue:	Vaisaka-Chaitra			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Sunday, April 26, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Suko Paksho Bhanu Viscara Yukayam Magha/Puravphalguni Nakshatra Viddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Warsaw, Poland Sun 23 Sutra 13	
Simha Rasi: 7.55	Tithi 10 – 11	Gulika 3:12PM – 5:01PM	Magha* Untill 3:57PM	Ganesha: Clear	Sunrise: 4:19AM	Parabhava 5128	
		Yama 11:34AM – 1:23PM	Viddhi Untill 5:57PM	Muruga: White	Sunset: 6:59PM	Moon 4 - Phase 2 - 23	
254858679	Rahu 5:01PM – 6:50PM		Vanija Untill 1:41AM Mon	Nataraja: Clear		4th Phase	
Routine Work - Marana Yoga		Dashami Untill 1:39PM		Moon - Red	Devaloka Day		
Untill 3:57PM		Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga							

2 Monday, April 27, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Suko Paksho Indru Usara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghra* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Warsaw, Poland Sun 24 Sutra 14	
Simha Rasi: 20.53	Tithi 11 – 12	Gulika 1:24PM – 3:13PM	Purvaphalguni Untill 4:49PM	Ganesha: Purple	Sunrise: 4:17AM	Parabhava 5128	
		Yama 9:45AM – 11:34AM	Dhruva Untill 5:04PM	Muruga: White	Sunset: 6:52PM	Moon 4 - Phase 2 - 24	
255858679	Rahu 6:06AM – 7:56AM		Bava Untill 2:04AM Tue	Nataraja: Clear		4th Phase	
Family Home Evening		Ekadashi Untill 1:48PM		Moon - Red	Bhuloka Day		
Creative Work - Siddha Yoga		Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM			

3 Tuesday, April 28, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Suko Paksho Mangala Usara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghra*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Warsaw, Poland Sun 25 Sutra 15	
Kanya Rasi: 3.38	Tithi 12 – 13	Gulika 11:34AM – 1:24PM	Uttaraphalguni Untill 5:57PM	Ganesha: Purple	Sunrise: 4:15AM	Parabhava 5128	
		Yama 7:55AM – 9:44AM	Vyaghra* Untill 4:33PM	Muruga: White	Sunset: 6:53PM	Moon 4 - Phase 2 - 25	
255858679	Rahu 3:14PM – 5:03PM		Kaulava Untill 2:53AM Wed	Nataraja: Clear		4th Phase	
Creative Work - Amrita Yoga		Dvadashi Untill 2:24PM		Moon - Red	Bhuloka Day		
Untill 5:57PM		Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM			
Then Creative Work - Siddha Yoga		Pradosha Vata					

4 Wednesday, April 29, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Suko Paksho Budha Vesara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Warsaw, Poland Sun 26 Sutra 16	
Kanya Rasi: 16.11	Tithi 13 – 14	Gulika 9:44AM – 11:34AM	Hasla Untill 7:47PM	Ganesha: Clear	Sunrise: 4:13AM	Parabhava 5128	
		Yama 6:03AM – 7:53AM	Harshana Untill 4:22PM	Muruga: White	Sunset: 6:55PM	Moon 4 - Phase 2 - 26	
265858679	Rahu 11:34AM – 1:24PM		Gara Untill 4:04AM Thu	Nataraja: Clear		4th Phase	
Routine Work - Marana Yoga		Trayodashi Untill 3:25PM		Moon - Green	Devaloka Day		
Untill 7:47PM		Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga							

5 Thursday, April 30, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Suko Paksho Guru Vesara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Warsaw, Poland Sun 27 Sutra 17	
Kanya Rasi: 28.34	Tithi 14 – 15	Gulika 7:52AM – 9:43AM	Chitra Untill 9:48PM	Ganesha: Clear	Sunrise: 4:11AM	Parabhava 5128	
		Yama 4:11AM – 6:02AM	Vajra* Untill 4:25PM	Muruga: White	Sunset: 6:51PM	Moon 4 - Phase 2 - 27	
265858679	Rahu 1:25PM – 3:15PM		Visti Untill 5:35AM Fri	Nataraja: Clear		4th Phase	
Creative Work - Siddha Yoga		Chaturdash* Untill 4:46PM		Moon - Green	Devaloka Day		
Untill 9:48PM		Vaisaka-Chaitra					
Then Creative Work - Amrita Yoga							

Friday, May 1, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Suko Paksho Sukra Vesara Yuktayam Svati Nakshatra Siddhi/Vyjalpala* Yoga Bava Karana Purnimayam Titau				Warsaw, Poland Sun 28 Sutra 18	
Copper Retreat Star		Gulika 5:59AM – 7:50AM	Svati Untill 11:56PM	Ganesha: Clear	Sunrise: 4:07AM	Parabhava 5128	
Tula Rasi: 10.5	Tithi 15	Yama 3:17PM – 5:08PM	Siddhi Untill 4:43PM	Muruga: White	Sunset: 7:02PM	Moon 4 - Phase 2 - Purnima	
265858679	Rahu 9:42AM – 11:34AM		Bava Untill 6:26PM	Nataraja: Clear			
Creative Work - Siddha Yoga		Purnima* Untill 6:26PM		Moon - Green	Devaloka Day		
		Budha Purnima (Tamil Nadu)		Vaisaka-Chaitra			

Saturday, May 2, 2026

		Parabhava Nama Samvatsara: Uтарыяе Nartana Ritau Mecha Mese Sukra Vesara Yuktayam Vishakha Nakshatra Vyjalpala*/Varjani Yoga Balava/Kaulava Karana Prathamayam Titau				Warsaw, Poland Sun 29 Sutra 19	
Silver Retreat Star		Gulika 4:05AM – 5:57AM	Vishakha Untill 2:40AM Sun	Ganesha: White	Sunrise: 4:05AM	Parabhava 5128	
Tula Rasi: 22.58	Tithi 16	Yama 1:26PM – 3:18PM	Vyjalpala* Untill 5:15PM	Muruga: White	Sunset: 7:02PM	Moon 4 - Phase 2 - Prathama	
275858679	Rahu 7:49AM – 9:41AM		Balava Untill 7:24AM	Nataraja: Clear			
Creative Work - Siddha Yoga		Prathama* Untill 8:23PM		Moon - Orange	Bhuloka Day		
Untill 2:40AM Sun		Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM			
Then Routine Work - Marana Yoga							

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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